

***THE 4-H CAMP IS  
THE GATEWAY TO:***

**ADVENTURE · GROWTH  
· INSPIRATION**



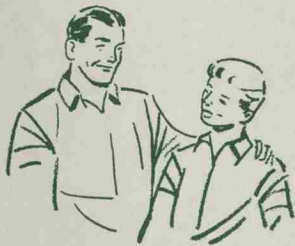
**MORE  
OPPORTUNITY  
FOR  
NORTH  
CAROLINA  
YOUTH**

## THE 4-H CLUB CAMP

A 4-H Camp provides a program for some selected activity; this is basic in promotion of self-reliance. Sanitation and health care are essential. Tidiness and good order are desirable qualities campers are asked to develop.

### A 4-H Camp Program:

1. Helps a person to mature and gain independence.
2. Helps timid person to gain courage and learn to do things with confidence he previously lacked.
3. Helps a person who has been overshadowed by brothers and sisters to discover own abilities.
4. Helps develop sense of good fellowship, of sportsmanship, of the solidarity encouraged in camp groups.
5. Teaches one to get along with others by enjoying them and liking to share what one has with them.



## PURPOSE OF THE 4-H CAMP

1. To provide opportunities to express and develop the true ideals of our 4-H Club Program. These opportunities are difficult to provide in other areas of our work.
2. To recognize the achievements of the 4-H Club Members. 4-H Club Camping is a reward for good work because the members get a chance to add enriching experiences and accomplishments.
3. To stimulate more interest in the 4-H Club Program. Sharing experiences and discovering new skills helps the Club Member have a deeper appreciation for 4-H work and the contribution he can make to it.
4. To provide a week of inspiration, information and wholesome recreation. Camping helps a 4-H Member to reconsider and revalue everyday experiences and develop an improved attitude toward them.
5. To broaden the horizon of rural young people and to give them a look at rural life difficult to get through regular 4-H Club work.
6. To experience group responsibility; to train and use leadership ability; to explore subject-matter such as nature study, handicraft, music, and program planning; to meet the necessity for taking responsibility; to meet and learn to live and get along with other young people.

## CAMP ORGANIZATION

Every 4-H Club Camp is a small democracy in action. Each Camper helps to make the Camp a success.

The total camp delegation is organized into four different groups - Head, Heart, Hands, and Health. Every camper is a member of one of the groups which elects a captain and to which adult advisers are assigned.

The individual group members work together all during camp for all activities, including class work, swimming, devotionals, tours, hikes, and camp outings.

Each activity is carried out under adult supervision; counselors sleep in the cabins with the campers. Every 4-H Program is organized to help the young people grow into better leaders through development of;

Cooperation - working with others

Industry - Dignifying honest labor

Thoughtfulness - consideration of others

Imagination - developing a creative mind

Zest - enthusiasm in work and play

Efficiency - economy of time and effort

Nature appreciation - love of out-of-doors

Service - mutual helpfulness

Health - sound minds in sound bodies

Ideals - physically, mentally, spiritually

Patriotism - love of home, community, county

## WHAT WE DO IN CAMP

1. Eat well-prepared wholesome meals. Most of the meals are served family style.
2. Swim under watchful eyes of life guard.
3. Play all games and sports under supervision of trained adults.
4. Participate in handicraft, first aid, swimming, electrical, and nature study classes.
5. Go hiking and fishing; we sing and fellowship.
6. Have devotional services and educational programs.
7. Have flag ceremonies and camp fires.

### DAILY CAMP SCHEDULE

6:30	Rising Gong - Clean Cabins
7:20	Flag Raising
7:30 - 8:00	Breakfast
8:00 - 8:30	Work detail and cabin inspection
8:30 - 9:00	Assembly
9:00 - 9:45	Class period
9:55 - 10:40	Class period
11:05 - 11:50	Class period
12:00 - 12:45	Class period
1:00 - 1:30	Lunch
1:30 - 2:15	Free time but quiet
2:25	Meeting in dining hall
2:30 - 3:15	Choice of Recreation
3:30 - 4:45	Organized Recreation (Group Competition)
4:45 - 5:45	Swimming
6:30	Supper
7:30 - 9:30	Evening Program
9:40	Vespers
10:00	Taps

Camping is America's contribution to education - CHARLES W. ELLIOT. Every 4 - H Member should have the opportunity to go to Camp.

## I AM CAMP

- I AM CAMP - I am Sunlight, a sheen on the water, a mist on the mountains and stars, I am a Doorway out of the commonplace into new adventuring experience.
- I am a place where youth learns the joy of play without a sting, a fellowship without regrets, of creative effort that wearies not, of good time that leaves no headache - or heartache - behind.
- I am a New Purpose for life that makes the years differerent.
- I am Noise and silence with a thrill in it. I am laughter, and quiet resolution that seeks the comfort of the hills.
- I am Energy and the touch of loving service.
- I am Youth and the slowly emerging habits that make mature experience worthy.
- I am today and also the tomorrow that is being shaped.
- I am Giver of gifts that pass not away, that time will not chill, that poverty will not quench, that riches will not deceive.
- I am Habits, Ideals, and Ways of living.

BECAUSE I AM THESE AND MORE - I INVITE  
YOUTH INTO FELLOWSHIP WITH ME

I AM CAMP

*Percy Howard*

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North Carolina  
State College of Agriculture And Engineering  
And  
U. S. Department of Agriculture Cooperating  
N. C. AGRICULTURAL EXTENSION SERVICE  
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