## The North Carolina 4-H Plan and Record

PROJECT OR ACTIVITY

| Name                  |                    | Parents' Names         |                   |
|-----------------------|--------------------|------------------------|-------------------|
| Address               | The state          | County                 |                   |
| Age                   | Years in This Pro  | ject                   | Years in 4-H Club |
| Community 4-H Club    |                    |                        |                   |
| Date Project Started  | : Month/Day/Year   | Date Project Completed | d: Month/Day/Year |
|                       |                    |                        |                   |
|                       |                    |                        |                   |
| In my opinion, this   | record has been sa | tisfactorily completed |                   |
|                       | Signature of       | 4-H Member             |                   |
| Signature of 4-H Lead | der                | Signature of           | f Extension Agent |

#### Project Timetable

- Study the 4-H project record guide "Hints to Help You Complete Your 4-H Plan and Record."
- 2. Study the project or activity manual. This is very important.
- 3. Discuss your project with your parents and ask for their help.
- 4. Discuss your project with your leader.
- 5. Turn your record in on time.
- 6. Tell the complete story in your record. Use additional pages if needed.

### MY 4-H PLAN

4-H Project Goals. List the things you want to learn and do in your 4-H project this year.

4-H Group Activities. List the things from your club's plan that you want to take part in this year.

Sharing With Others. List the ways you plan to share your 4-H experience with others this year.

Plan Approved by:

Parent or Guardian 4-H Leader

#### MY 4-H RECORD

I. List all expenses, income and/or savings. In other words, explain how successful you were. All projects will not show a profit or loss; therefore, estimating savings as a result of a project is important. (See "Hints to Help You Complete Your 4-H Plan and Record.")

II. List demonstrations, talks, exhibits, radio and television appearances, newspaper articles written, tours, workshops, camps, judging events and field trips which you participated in through this project or activity. (See "Hints to Help You Complete Your 4-H Plan and Record.")

III. Sharing with others is an important part of 4-H. List ways you have shared what you have learned with others or how you served as a leader of a small group.

IV. Did other members become involved in your project or activity? Did you participate in any group activities? If so, list all group work.

- V. On a separate sheet of paper, write a story about this project. Tell what it has meant to you, your family and others. Include lessons learned, joys and satisfactions you had, problems overcome, skills learned, special recognitions and ways you have served others. Project pictures may also be attached to a separate page and included with the record.
- VI. Your project is completed. Did you learn the things you planned to learn? (See "My 4-H Plan.") List all new things learned by completing this project or activity.

Prepared by: Dalton R. Proctor, Associate Extension State 4-H Leader

# Published by THE NORTH CAROLINA AGRICULTURAL EXTENSION SERVICE

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