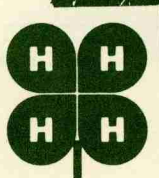
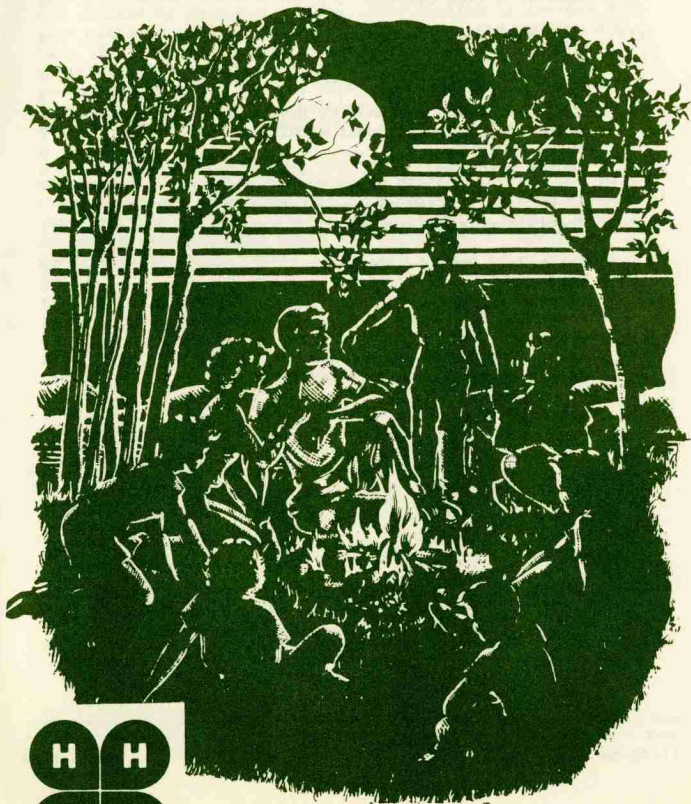


# North Carolina 4-H Camping 1975



Leader's & Agent's Guide

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## INTRODUCTION

The purpose of this leaflet is to provide 4-H leaders and agents a quick and ready reference to the total North Carolina 4-H camping program for 1975. It is designed to help you decide which camps will best meet the camping needs and desires of your 4-H members. The leaflet is divided into four sections. The first section describes the Regular 4-H Camp (for campers age 9-14); the second section describes Semi-Primitive Camping; the third section describes special camps available for 4-H'ers this year; and the fourth section describes the physical facilities, locations, provisions and features of each camp facility.

This is not a hand-out for 4-H members but you are encouraged to use this reference to present information to them. Leaflets describing the five regular 4-H camp programs are available for distribution to prospective campers and may be secured from the State 4-H Office, P. O. Box 5157, NCSU, Raleigh, N. C. 27607.

## I. Regular 4-H Camp

Purpose: Young people will be provided the opportunity for fun and fellowship as they develop leadership and obtain a greater appreciation of the natural environment, make new friends, strengthen moral and spiritual values, and learn new skills.

Requirements: Any boy or girl between the ages of 9-14 may attend.

Activities: Each county group helps plan their activities during the week but most groups include the activities for which the staff is provided to teach. Additional activities include such things as flag ceremonies daily, vesper programs, talent shows, hikes, softball and volleyball games, cookouts, and social recreation of folk games, relays, square and popular dancing. An important strength of camps is plenty of delicious wholesome food. Some county groups will plan a short trip away from camp to some scenic attraction such as to the Cherokee Indian Village near Schaub, Mt. Mitchell near Swannanoa, the Chingqua-Penn Plantation near Penn, or to visit an outer bank island near Mitchell.

Dates and Location: The dates and place of camping are determined by the county group in cooperation with the State 4-H Office. Counties usually rotate their place of camp from one year to another to provide a new experience and trip for their campers. Each county in the state may choose to take a group of young people to any one of our five resident camps in North Carolina: Betsy-Jeff Penn, Millstone, Mitchell, Schaub, or Swannanoa.

Staff: The resident staff includes a camp director plus program counselors in archery and recreation, handicraft, swimming, nature and ecology. Counselors are also provided for canoeing at Penn, Millstone, Mitchell, and Schaub; in horsemanship at Penn and Schaub; and in sailing at Mitchell. In addition to the resident staff, each county group brings its own volunteers to serve as cabin counselors and group leaders to help with all phases of the camp program.

Fees: The cost of the camp is \$35 per camper. Volunteer counselors (18 or more years of age) who accompany campers pay no camp fee. Horsemanship is offered optional at Penn and Schaub for \$12.00 extra fee and sailing at Mitchell for \$2.00 extra.

For Additional Information and Applications: Leaders should contact their County Extension Office.  
(NOTE: Agents contact the specialist responsible: Mr. Fred Wagoner, P. O. Box 5157, NCSU, Raleigh, N. C. 27607.)

## II. Semi-Primitive Camping at Anita-Alta 4-H Outpost Camp

Purpose: The camp has been designed (a) to provide an opportunity and facilities for 4-H'ers to participate in a semi-primitive camping experience; (b) to foster an appreciation of out-of-door and environmental education; and (c) to encourage the teaching of skills and knowledge necessary for the enjoyment of a semi-primitive camping experience.

Requirements: Since the semi-primitive camping experience generally requires that each participant assumes given responsibilities, it is recommended that all campers be at least 12 years of age unless accompanied by a parent. There must be one adult supervisor (18 years of age or older) for each group of 10 campers. Groups using the camp will be responsible for damage to camp property or loss of camp equipment.

Activities: Camp groups will plan their own programs. Tents and basic camping and cooking equipment are provided. Nature trails, nearby U. S. Forest Service land and recreational areas, and numerous rivers and streams provide a vast reservoir of resources for developing a total environmental and recreational education program to include such things as hiking, back packing, canoeing, fishing, nature study, etc.

Location: Anita-Alta 4-H Outpost Camp is in Caldwell County (12 miles northwest of Lenoir). It is bounded on three sides by U. S. Forest Service land which further enhances the natural unpolluted beauty of the area.

Staff: A camp superintendent will be available to issue camping equipment.

Dates: The camp may be scheduled for daytime use, or for any number of 24-hour overnight periods from April 15 through October 15. Earlier or later dates may be reserved by special request.



Fees: Daytime use only, with no equipment provided, carries a charge of \$5 for any size group. Overnight use (24-hour period beginning at 3:00 p.m.) carries a charge of 50 cents per individual. For overnight camping the fee is the same whether or not camping equipment is provided.

Applications: Applications should be made to: Anita-Alta 4-H Outpost Camp, Box 5157, North Carolina State University, Raleigh, N. C. 27607. A non-returnable deposit of one half the required camp fee (\$2.50 for daytime use, 25¢ per individual for overnight use) must accompany the application.

### III. 1975 4-H Specialty Camp Programs

#### Forestry and Wildlife Camp

Purpose: The 1975 4-H Forestry and Wildlife Camp is designed to help both boys and girls to acquire the understanding and knowhow they need to be a successful timber owner and grower. The educational opportunities presented help youth develop into leaders who can help other 4-H members to recognize and take advantage of their forestry and wildlife opportunities.

Requirements: This will be the first year that both boys and girls can attend the Forestry and Wildlife Camp. Age requirements are 14 and older. Only one camper per county may attend and must have completed one year project enrollment in forestry or wildlife.

Activities: Campers will receive approximately 18 hours of outdoor classroom instruction and practical exercise in timber management, hunter's safety involving both archery and firearms including familiarization of shotguns and/or rifle, learn proper care and safety uses of forestry hand tools and power equipment, identify forest insects and diseases and their effects on timber management, measurement of trees and timber products, map and compass, and involvement in wildlife management. Ample time is devoted to recreational activities such as swimming, softball, horse-shoes, etc., and an educational program each night is provided.

Location: The camp will be held at Camp Millstone.

Facilities: Campers stay in rustic-type cabins. Linen and blankets are provided. New shower and bathroom facilities are available.

Staff: The instruction and operation of the camp are conducted by professional Forestry Extension specialists and other professional foresters and wildlife persons. The Millstone 4-H resident staff will also assist with activities and programs.

Dates: July 28 - August 2, 1975.

Fees: Transportation and costs of the camp are provided to one camper from each county in North Carolina.

Applications: Applications should be forwarded to Extension Forestry Department, Biltmore Hall, Box 5488, NCSU, Raleigh, N. C. 27607, to arrive not later than June 15, 1975.

For Additional Information: Leaders should contact their County Extension Office. (NOTE: Agents contact the specialist responsible: W. T. Huxster, Jr., Box 5488, NCSU, Raleigh, N. C. 27607.)

### Horsemanship Camps

Purpose: The 4-H Horsemanship Camp will train youth in good horsemanship practices and riding. Youth will be given lectures and demonstrations on how to care for horses and methods to use in preparing horses for shows and training.

Requirements: Enrollment for each camp is limited to 100 youth. Each youth must bring a horse to camp which they can ride.

Activities: Riding lessons, trail ride, horse demonstrations and lectures, free time activities (swimming, archery, canoeing, softball, volley ball, dances).

Location: Millstone 4-H Camp will be the site for Horsemanship Camp.

Facilities: Riding ring, 120 - 10' x 10' stalls, riding trails plus all the other facilities of Millstone 4-H Camp.

Staff: Tom Leonard - Horse Camp Coordinator and professional horsemen from throughout the country, advanced 4-H'ers and resident camp staff will conduct all sessions.

Dates: June 8-14, 15-21, and 22-28, 1975.

Fees: \$60/camper - to include room and board, instruction, program activities, stall fee and bedding.

\$3/camper - crafts fee to include saddle soap, neat's-foot oil, and rope and snaps to make his own leadrope.

Each camper needs to furnish his and his horse's transportation to and from camp and his horse's feed.

Applications: Applications should be mailed to 4-H County Extension Agent with a \$10 non-refundable deposit by April 1, 1975. These will be forwarded to Tom Leonard at NCSU. The balance is due by May 1.

For Additional Information: Leaders contact their County Extension Office. (NOTE: Agents contact the specialist responsible: Dr. Tom Leonard, P. O. Box 5127, NCSU, Raleigh, N. C. 27607.)

#### Teen Leadership - Community Development Conferences

Purpose: The Teen 4-H Leadership-C.D. Conference will provide senior 4-H members an opportunity to develop and strengthen their leadership abilities and to gain knowledge and learn skills that enable them to apply this knowledge in their home, community and county. C.D. is a process whereby those in the community arrive at group decisions and take action to enhance the social and economic well-being of the community. To be effective, it must have input from the total population; therefore, youth need to play a vital part in the process.

Requirements: Training in leadership is a prerequisite for this involvement. Members must be 14 years of age and older.

Activities: Discussion groups, lectures by experts, rap sessions and other planned activities will explore the roles of young people in effective community development and leadership. Swimming and other sports as well as athletic competition will be available.



Staff: The staff and resource people who conduct the conference will be carefully selected based on the planned program. Group involvement will be the key to the conference.

Locations and Dates: Conferences will be held at Mitchell, July 7-12 and at Swannanoa, August 4-9. Four-H members may attend either camp.

Fees: The cost of the camp will be \$35. The 4-H member must provide his own transportation.

Applications: Applications will be limited to four senior boys and four senior girls per county.

For Additional Information: Leaders should contact their County Extension Office. (NOTE: Agents contact the specialists responsible: Dr. Dalton R. Proctor or Dr. C. E. Lewis, P. O. Box 5157, NCSU, Raleigh, N. C. 27607.)

#### Marine Environment Summer Workshops

Purpose: Three major objectives of the Marine Environment Summer Workshops are to create an awareness of marine life and its potential use to man, to develop an awareness of ecological problems affecting marine life and the complexity of their solutions, and to explore career opportunities in marine science. The coastal program provides learning experiences and fellowship for young people with common interests to work together and to do their own thing.

Requirements: The N. C. 4-H Program and the NCSU Harbor House Marine Science Center sponsor summer workshops for rising high school juniors and seniors, who have not previously participated in these workshops.

Activities: Each workshop participant will complete a marine science project of his own choosing during the 6-day period. Information will be provided through field trips and tours, and in group discussions and lectures with staff experts.

Activities will include: A. Tours - Research vessel and oceanography facilities at Cape Fear Technical Institute; Wrightsville Marine Bio-Med Lab and Waterway Lab; International Nickel Company Marine Corrosion Facilities; Underwater Sales and Engineering - Diving Exhibition. Each tour

will include a lecture by professionals in the area.

B. Field Trips - Marsh habitat study; ocean beach and rock jetty; mudflat; Bear Island; trawling and water sampling; night plankton haul; fossil pits. Each trip will include group discussions of observations, and will be coordinated by professional instructors.

All activities will be enriched with classroom lecture-discussions, movies and laboratory experiences. A special program will be held Saturday morning. Parents are invited to this session and to lunch following the program.

Staff: The workshops will be supervised by Durwood Baggett, Director of Harbor House. George Everett, Ph. D. Zoology (Marine Science - Ecology) NCSU, 1974, will again serve as Workshop Director. Staff instructors and guest lecturers will be North Carolina State University personnel and local professionals.

Dates: The 1975 Marine Environment Summer Workshops will be held:   June 22-28                   July 27-August 2  
                  June 29-July 5       August 3-9.  
                  July 13-19

Location: NCSU Harbor House Marine Science Center. Registration will be from 1-4 p.m. Sunday. The workshop program will begin at 4:30 p.m. Sunday afternoon and will end at 2 p.m. Saturday.

Fees: Total cost for the 6-day workshop is \$110, including the \$55 registration fee payable with the application. Registration fee will be refunded only if the applicant is denied or in cases of family emergency.

Cost for the workshop includes all field trips, tours, insurance, equipment fees, lodging and all meals except Sunday night. Sunday dinner is "Dutch treat." Transportation from home to and from the Center is not included in the cost of the workshop. Names and addresses of fellow participants will be sent with letters of acceptance so that participants can organize carpools.

For Additional Information and Applications: Leaders should contact the County Extension Office. (NOTE: Agents contact: Dr. Chester Black, Asst. Director, 4-H, P. O. Box 5157, NCSU, Raleigh, N. C. 27607) Applications must be received by June 3, 1975.

### Pedal Power Camp

Purpose: Pedal Power Camp involves boys and girls in a bicycle safety educational program so that they will learn how to ride safely, know what accessories are needed, what laws and ordinances apply to bike riders, learn to do basic bike maintenance, and to acquire safe riding skills.

Requirements: Ages from 9 through and including 13-year olds. They do not have to be a 4-H member, but must provide their own bike and transportation to and from the camp.

Activities: Bicycle safety rules and regulations, workshops, bike hikes, maintenance courses, care workshops, swimming, canoeing, and other recreational and inspirational activities are provided.

Location: Betsy-Jeff Penn 4-H Camp

Staff: Bike shop owners, N. C. Highway Department officials, local and state law enforcement officials, resident camp staff and other adults give guidance and supervision to campers.

Dates: Sunday, July 20 through Saturday, July 26, 1975.

Fees: \$40 per camper

Applications: Pedal Power Camp, P. O. Box 5157, NCSU, Raleigh, N. C. 27607

For Additional Information: Leaders should contact their County Extension Office. (NOTE: Agents contact the specialist responsible: Mr. Neal Conoley, Jr., at the above address.)

### Senior Teen Camp (Emphasis on Aquatic Activities)

Purpose: The purpose is to provide the opportunity for senior teens to have fun and fellowship as they develop leadership, and obtain a greater appreciation of the natural environment and learn new skills.

Requirements: Any boy or girl between the ages of 14-19 may attend.

Activities: The major emphasis of the camp will be on aquatic activities. Junior and Senior Life Saving and possibly Water Safety Instruction will be offered to those who want to get their Red Cross certification. Basic and advanced canoeing will be taught and those interested will make overnight river canoe trips. Instruction in fishing, making fish equipment, preparing fish for eating, etc., and a class in aquatic environmental management will be offered. Water skiing, instructional and participation, and swimming will be available. Choice of other activities include: horsemanship, music and song leadership, teen-age discussions, archery, crafts, other recreation, etc. Group activities will include cook-outs, tour of Chingua-Penn Plantation, program on International 4-H Youth Exchange, worship programs, landsports, talent program, etc.

Staff: The staff will include the Betsy-Jeff Penn program counselors in archery, horsemanship, music, swimming, crafts, and nature study. Professional resource people will include representatives of American Red Cross, N. C. Wildlife Commission, N. C. State Museum of Natural History, N. C. State 4-H staff and others.

Dates and Location: The camp will be held at Betsy-Jeff Penn 4-H Camp at Reidsville, June 30-July 5, 1975.

Fees: The fee is \$35 per person to cover all costs except those who choose horsemanship (1 hr 45-min class each day) will pay \$12 extra. Campers are responsible for their own transportation.

Applications: Applications for attendance should be made with the 4-H agent in each county by April 15, 1975.

For Additional Information: Leaders should contact their County Extension Office. (NOTE: Agents contact the specialist responsible: Mr. Fred Wagoner, Box 5157, NCSU, Raleigh, N. C. 27607.)

#### IV. North Carolina 4-H Camp Facilities, Location, Provisions, and Features

Seven camp locations are now available for North Carolina 4-H members. Five of these are traditional residence camps, one is a semi-primitive camp and one is a marine science laboratory.

The five residence camps all have athletic fields, nature trails, vesper areas, swimming areas, recreational and educational equipment and supplies including: softballs, volleyballs, tether ball, horseshoes, bows and arrows, etc. Rifle ranges and rifles are available if requested in advance. Four camps have canoes, one has sailboats and two have horses. The residence camps are all equipped with program materials such as: record player and amplifier, records, piano, song books, candles, recreation and vesper handbooks, and Bibles.

During the summer, all five residence camps are staffed with director, program staff and kitchen staff. A complete camping program is operated. All meals are provided. Insurance coverage and first aid supplies are also furnished. Campers furnish their towels, pillow, bed linens, toilet articles, bathing suit and other camp clothes.

During 1975 fees are \$35 per person per week for regular residence camp programs. Counties bringing \$35 or more campers pay \$30 per person.

Camps are also available in late spring and early fall for small groups furnishing their own staff, program, meals, program supplies, etc. Off-season fees are based on the number of campers and the facilities used and are available from Mr. Fred Wagoner.

Anita-Alta, the semi-primitive campsite, and the Marine Science Center at Wrightsville Beach are also available. These are designed to provide unique learning activities and are described below.

Applications for use of Betsy-Jeff Penn should be sent to: Director, Betsy-Jeff Penn 4-H Center, Route 3, Box 5A, Reidsville, N. C. 27320



Applications for use of all other campsites should be sent to: N. C. State 4-H Office, P. O. Box 5157, NCSU, Raleigh, N. C. 27607.

#### BETSY-JEFF PENN 4-H CENTER

Capacity: 192 (225 for off-season groups, including staff house)

Location: The camp is 4 miles northwest of Reidsville adjoining the Chinqua-Penn Plantation. From the intersection of Highway 29 bypass and Highway 87 on the west side of Reidsville; travel north on 29 Bypass toward Danville one-half mile to a sign on left side of road indicating "Betsy-Jeff Penn 4-H Center." Turn left and follow directional signs 3 miles to camp.

Address: Route 3, Box 5A, Reidsville, N. C. 27320  
Telephone: 919-349-9445

#### Facilities:

1. Four girls' cottages and four boys' cottages with bathroom in each
2. Combination dining hall and kitchen
3. Recreational hall with office and campstore
4. Handicraft shelter
5. Two classrooms
6. Swimming pool
7. First aid room
8. Twenty-acre lake for canoeing, boating, and fishing
9. Campfire area
10. Horse stables, riding ring and trails

#### Features:

1. Horsemanship optional with extra fee
2. Arrangements can be made to tour or visit the following Chinqua-Penn Plantation Mansion and American Tobacco Plant.
3. Hiking in the vicinity of the camp
4. Open year around, except January, with director, meals provided at all times. No off-season program staff. Off season rates vary from summer.

### MILLSTONE

Capacity: 160

Location: This is the only campsite in the Sandhills region. Located between Hoffman and Ellerbe. Turn west off US 1 in Hoffman at Exxon Station; follow markers 9 miles to camp or turn east off Highway 220 in Ellerbe at the Firestone Exxon Station and follow directional signs 5 miles to camp.

Address: Route 2, Ellerbe, N. C. 28338  
Telephone: 919-652-5343

#### Facilities:

1. Seven girls' cabins and seven boys' cabins
2. Two central bathhouses
3. Combination dining hall and kitchen with campstore attached
4. Recreation hall
5. Three class shelters
6. Eighteen-acre lake with H-type pier for swimming, canoeing and fishing.
7. First aid room
8. Campfire circle

#### Features:

1. Hiking in the vicinity of camp
2. Arrangements can be made to tour a federal fish hatchery or the North Carolina Motor Speedway or Town Creek Indian Mound at Mt. Gilead.
3. During certain weeks each summer special horseman-ship camps are held with each camper bringing own horse and camp furnishing stables, riding ring and trails, and instruction.

### MITCHELL

Capacity: 150

Location: Mitchell is on Queens Creek near Bogue Sound about 3 miles southwest of Swansboro. When traveling east on NC 24 from Jacksonville, go past Swansboro High School

and turn right at intersection of paved road leading to Hammock Beach. When traveling west from Swansboro, turn left off NC 24 approximately 1-1/2 miles from Swansboro. Travel about 1 mile to camp.

Address: Swansboro, N. C. 28584.

Facilities:

1. Four girls' cabins and four boys' cabins with bath-house in each area
2. Combination dining hall and kitchen
3. Recreation hall with campstore
4. Handicraft shelter
5. Class shelter
6. Queens Creek for swimming in roped-off area, canoeing, sailing, motor boating, fishing and water skiing (if group brings own boat and equipment)
7. Campfire area

Features:

1. Arrangements can be made to tour and visit Fort Macon and Outer Bank beaches or pedestrian ferry ride to Bear Island.
2. Marine science or general nature hikes can be taken in area.

SCHAUB

Capacity: 150

Location: Schaub 4-H Camp is nestled in the mountains, about one-half mile east of Waynesville. Turn south off Highway 23B at outdoor theater and follow directional signs 2 miles to camp (behind Mountain Research Experiment Station).

Address: Waynesville, N. C. 28786

Facilities:

1. Five girls' and six boys' cabins
2. Two central bathhouses
3. Main building includes kitchen, dining-recreation hall with campstore, classroom, and first aid room
4. Handicraft shelter

5. Class shelter
6. Swimming pool
7. Small lake for canoeing and fishing
8. Campfire area

Features:

1. Horsemanship class at nearby private stable optional with extra fee
2. Arrangements can be made to tour or visit the following: Drama "Unto These Hills" in Cherokee; Ghost Mountain in Maggie Valley; State Fish Hatchery west of Waynesville; and Blue Ridge Parkway.
3. Hikes may be taken in the area near the camp.

SWANNANOA

Capacity: 160

Location: Swannanoa is also in the mountains. Turn north at stoplight on Highway 70 in Swannanoa. From there follow highway directional markers at three intersections to camp about 1-1/2 miles from Highway 70.

Address: Swannanoa, N. C. 28778.

Facilities:

1. Four girls' and four boys' cabins with bathroom in each
2. Main building includes kitchen, dining-recreation hall, campstore, and classroom
3. Handicraft shelter
4. Class shelter
5. Swimming pool
6. Staff house with first aid area
7. Recreation Hall (now under construction)
8. Campfire area

Features:

1. Arrangements can be made to tour and visit the following: Drama "Unto These Hills" in Cherokee; Ghost Mountain in Maggie Valley (about 125-mile round trip); Mt. Mitchell; Blue Ridge Parkway; Biltmore House and Gardens in Biltmore.
2. Hikes may be taken near the camp area.

## ANITA-ALTA 4-H OUTPOST CAMP

Capacity: 32

Location: Located in the beautiful mountains of Caldwell County, the camp is 12 miles from Lenoir. Follow N. C. Highway 321 around Lenoir. North of Lenoir, exit off 321 onto 321-A. Go 4/10 mile to N. C. Highway 90. Turn right (north) onto 90 (watch for sharp left turn after 1 - 3/10 miles), and go 5½ miles to Olivet Community. Turn right onto county road 1368 (Mulberry Church Road) and go about 4 miles to camp on right.

### Facilities and Equipment:

1. Eight four-man tents located on platforms for preferably 16 females and 16 males
2. Camping equipment - three cooking-dining fly units, four picnic tables, three food storage chests (no refrigeration), three cast-iron fry pans, three cast-iron Dutch ovens, three cook kits containing four assorted pots, a fork and a dipper, three dishpans are available for each of three cooking areas. An electrical outlet and one water spigot are in the cooking area.
3. Two washhouses - latrines, cold showers, sinks
4. Firewood for cooking
5. Axe, shovel, bow saw, brooms, rakes, bucket, trash-cans
6. One open shelter for group use

### Camper Groups Provide:

1. Sleeping bags, air mattresses, etc. (no beds or bedding furnished)
2. Dining and eating utensils (plates, knives, forks, spoons, cups, etc.)
3. Food
4. Washing powder, soap, towels
5. First aid kit
6. Emergency transportation
7. Insurance coverage
8. Program resources and materials



## HARBOR HOUSE MARINE SCIENCE CENTER

Capacity: 25

Location: Take Highway 74E from Wilmington to Wrightsville Beach. In Wrightsville Beach, 74 and 76 merge. Turn right onto Live Oak Drive which leads to Channel Drive and Harbor House.

Address: 209 South Channel Drive, P. O. Box 564, Wrightsville Beach, N. C. 28480. Telephone 919-256-3766

### Facilities:

1. Large cottage with lodging, meeting areas, and food preparation and service areas for 25 people including:

Two informal meeting areas

A classroom with audio/visual equipment

A library

A marine laboratory with aquaria for collected specimens

Sleeping accommodations, with bed linens and towels furnished, and

First aid

2. Boat dock

### Features:

Special tours and activities are listed under the Marine Environment Workshops' description.

