



Parents,  
4-H is for  
your son  
or  
daughter



# Why?

Because the goals of 4-H are what we believe you as parents want for your children!

## 4-H HELPS THEM . . .

to care for and about:

- themselves
- family
- all living things
- others
- community



## 4-H HELPS THEM . . .

to grow:

- in size and health
- in knowledge and skills
- in self-confidence
- in responsible behavior
- into effective citizens



## 4-H HELPS THEM FEEL . . .

wanted by:

- family
- friends
- society
- adult leaders
- community



## 4-H HELPS THEM BE SOMEBODY . . .

It gives them a feeling of:

- self-worth
- competence
- satisfaction
- belonging
- “growing up”
- achieving



# What is 4-H?

4-H is the youth development program of the Cooperative Extension Service. Support for 4-H programs is a joint effort of local county governments, North Carolina State University, A. & T. State University, the United States Department of Agriculture and private funding through the N.C. 4-H Development Fund.

4-H encourages creativity in a learn-by-doing environment and provides an effective way to citizenship and leadership development. 4-H encompasses all youth—rural, urban, suburban, teens, and pre-teens from all races, creeds, ethnic and economic backgrounds.

There are . . . today, in North Carolina approximately 1,714 community 4-H clubs with 35,697 members and 1,584 special interest groups involving 57,711 youth. Over 9,363 adults and 2,702 junior and teen leaders assist with the 4-H program.

4-H is boys and girls sharing, doing and learning together in all kinds of projects, events and activities in informal situations with the guidance of adult leaders.

Members choose projects that fit them and the places where they live. Group activities and events such as trips, camps, fairs, shows and conferences provide additional opportunities and learning experiences.

**PROJECTS**—Project areas include: **Management**—money, farm, home. **Family Living**—foods and nutrition, clothing, home furnishings, home grounds beautification, child care. **Personal Development**—leadership, arts and crafts, career exploration, communications, recreation. **Engineering**—electricity, automotive, small engines, tractor, safety. **Conservation**—forestry, soil and water, entomology, wildlife, terrariums. **Production and Marketing**—meat animals, small fruits, garden, dairy, poultry, crops, horse.

**DEMONSTRATIONS**—teaching others through showing and telling.

**JUDGING**—learning standards and making decisions based on those standards.

**GROUP ACTION**—working toward the objectives of the club or special interest group as determined by the membership.

**ACTIVITIES AND EVENTS**—giving boys and girls an opportunity for enriching experiences beyond the local club.

**RECREATION**—learning to enjoy life, self and association with others in purposeful social activities.

#### **4-H IS UNIQUE BECAUSE:**

- Learning is based on scientific facts from institutions of higher learning. Literature and activities are provided by specialists in each field of knowledge.
- 4-H projects start from any level of ability, providing new learning experiences, regardless of the beginning level of the member.
- 4-H promotes and stimulates useful work, based on family and personal situations.
- 4-H is home-centered, dealing with real-life situations.
- 4-H is co-educational.

#### **HOW CAN BOYS AND GIRLS ENROLL?**

They should contact the leader of a 4-H Club in your community or area and ask to join.

If there isn't a 4-H Club near you:

- Get five or more boys and girls interested.
- Volunteer to be a leader or get neighbors or others to help as leaders.
- Contact your County Extension Office located at the County Seat for help in organizing.

#### **FOR MORE INFORMATION CALL OR WRITE**



*The North Carolina Agricultural Extension Service offers its programs to all eligible persons regardless of race, color, sex or national origin, and is an equal opportunity employer.*

Published by

**THE NORTH CAROLINA  
AGRICULTURAL EXTENSION SERVICE**

North Carolina State University at Raleigh and the U. S. Department of Agriculture, Cooperating. State University Station, Raleigh, N. C., George Hyatt, Jr., Director. Distributed in furtherance of the Acts of Congress of May 8 and June 30, 1914.