

NORTH CAROLINA
AGRICULTURAL EXTENSION SERVICE

COMMUNICATING 4-H



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THE NAME AND EMBLEM OF 4-H CLUB WORK

by

Dalton Proctor

Enclosed please find one copy of the revised publication for "Regulations Governing the Use and Authorization of the Name and Emblem of 4-H Club Work". This publication has just recently been revised by the Extension Service/United States Department of Agriculture. Please read this publication and become familiar with the contents. This publication should be kept in a permanent file in your county offices or should be included in the North Carolina 4-H Agents guide for quick reference. We do not have extra copies for distribution. If you find that you will be needing more copies, you will need to copy them for your use.

Dalton R. Proctor

THE 4-H SYSTEM

As 4-H professionals, we often need visuals to help explain the 4-H program. In recent months I have had a number of requests for masters of "The 4-H System". These masters should make acceptable transparencies or could be used in a flip chart. We need to elevate 4-H to the position it deserves within the American system of service to people.

Dalton R. Proctor



Cooperative Extension Work in Agriculture and Home Economics
A&T and N.C. State Universities,
100 Counties, and U.S. Department of Agriculture, Cooperating.

**PROGRAM SUPPORT SOURCE
IDENTIFIED**

American Express, Inc., has instituted a program called "Project Hometown America." The program will provide funds to groups whose programs best demonstrate an innovative approach to solving a pressing local human problem. The approach must include: a dramatic increase in public awareness of the problem, a "work group" formed specifically to address the problem, and new ways of involving the private sector as "social entrepreneurs." Sounds pretty "Extension" to me! For more information write:

Project Hometown America
P. O. Box 19484
Alexandria, Virginia 22320

Mike Davis

STATE 4-H RETREAT

What do you call 300 4-H'ers descending upon Raleigh for work on the state council project? VAST POTENTIAL! Enclosed is the registration form for this year's retreat to be held February 8-9, 1986 at the Raleigh Hilton on Hillsborough Street. This is the same weekend as the state volunteer convention, so transportation may be coordinated. Begin to recruit now--pre-reservations will be accepted on a first-come basis. This retreat, centered around the "Heritage" theme, promises to be one of the best fun and educational retreats ever! A detailed agenda will be sent later. Return your pre-registrations by January 15.

Mike Davis

SPECIALIST RETIRES

Bill Garmon, 4-H Specialist, has announced his retirement to be effective December 31, 1985. Mr. Garmon, began his Extension career as an agent in Transylvania County. He later served as Extension benefits officer and as a member of the university foundations office. During his tenure on the 4-H staff he has served as specialist and district program leader. Most recently his primary responsibilities have been in the program development (county

SPECIALIST RETIRES (continued)

and district councils) and program support areas. Bill and his wife Martha live in Cary where Bill is a member of the City Council. They reside at 910 Ralph Drive, Cary, North Carolina 27511.

Mike Davis

"I DARE YOU" AWARDS

What cost are we willing to pay to encourage excellence in youth? Agents should have recently received a letter from the American Youth Foundation regarding the "I Dare You" Leadership Award. The award, co-sponsored by foundation and you (\$6.00 county charge for two books) is offered as recognition of excellence in character, balanced personal development, and demonstrated qualities of constructive leadership. Please do not let the small cost of this award deter you from presenting it at your achievement program to deserving youth. The book is a classic in human motivation and receipt of this award can be the recognition and challenge to greatness needed by a young person. Make it a part of your annual awards program. If you have misplaced the order form contact:

The I Dare You Committee
P. O. Box 1606
St. Louis Missouri 63188

Mike Davis

"THE AMERICAN SPIRIT"

The Massachusetts 4-H Center is offering the newest, perhaps most important, addition to your 4-H Citizenship/Heritage programming. It is called "The American Spirit".

The American Spirit Program is a study tour of Boston and surrounding areas geared for groups of 25 or more. Although the program can be altered to accommodate your group's needs, the usual program is a five-day experience that visits Plymouth, Boston, Concord, Lexington and other historic areas. This program can be arranged for groups of youth or adults

**"THE AMERICAN SPIRIT"
(Continued)**

—or a mixture! The typical five-day experience includes lodging, breakfasts, dinners and entry fees/program costs.

The package also includes a Massachusetts 4-H Center Program Interpreter who will accompany your group as they explore the beginnings of the American Spirit. The 1986 five-day package price for youth is \$128.75 per participant.

Come and learn in Massachusetts. The spirit of Massachusetts is the spirit of America. So, come to Massachusetts and capture the American Spirit.

If you would like to participate in this program or need further information, write to Ron Drum, Program Director, Massachusetts 4-H Center, 466 Chestnut Street, Ashland, MA 01721, or phone (617) 881-1243.

Sharon L. Runion

FOREVER YOUNG IN 4-H

I'm just a kid, grown up! But I'm still growing through 4-H. Some of you may call me "old," still others think of me as a young man. I am 38 years old and here is a brief story of my growth through 4-H.

I was active in 4-H as a youngster. I completed projects and turned in my project books. Some I did quite well and in others I failed to achieve recognition. I was proud of my achievements when I did well and was disappointed when I failed to do well. I was even on the County Council. Then I grew too old for 4-H, I thought.

Years later I had children of my own who wanted to take part in 4-H activities. Through the 4-H activities, I found myself once again involved in 4-H. In helping my children learn that they are exposed to many opportunities in many areas if only a desire to succeed is present, I have broadened my views on ways to accomplish goals.

FOREVER YOUNG IN 4-H (Continued)

4-H teaches that "Yes, you can if only you will try." My children and I have converted an old farm trailer into a "horse trailer" so that they could take their pony to the 4-H District Horse Show, have built a barn and stables behind our house so that they could keep and tend their horses (for 4-H projects), have built a dog lot in our back yard, and have worked together on many other 4-H related projects. The point is that they are learning to do things for themselves.

I have helped put 4-H demonstrations together coached my children to State and National winning levels. I have seen my children win in sewing competition. They have won prizes with garments that they have made, also winning sewing projects and demonstrations.

The list of their accomplishments go on and on.

Then I begin to realize that as they participated in 4-H activities, they always came out winners. There are no losers in 4-H, only those who don't try. Even if one fails to win first or second place in any competition, the knowledge gained in competing can be used later, so the 4-H'er is better off than he was. He is a winner!

As any 4-H'er grows and wins, an active parent will soon get the feeling that "we" (parent and child) are winners.

4-H gives parents a chance to work with their children and to grow with their children. Through this growth, one can learn to lose with dignity, but what is more important, one can learn to win with dignity. This is important to us parents as well as our children.

Parents, I invite you to join me in 4-H. As we help our children, we help ourselves.

Gene Myers

4-H LEADERS' ASSOCIATION QUILT

You should have received information from Betsy Mitchell, volunteer leader in Stokes County, regarding a 4-H quilt to be donated as a fund raiser at the Leaders' Conference. You are encouraged to help with the promotion of this quilt so that the Leaders' Association will have a successful venture. They plan to utilize the revenue to carry on projects and activities in the association. Please do what you can to get your leaders involved in promoting this activity.

Judy M. Groff



Dalton R. Proctor
Assistant Director
Extension State 4-H Leader