

*4H ward*



*to camp*

1951

## THE VALUE OF A 4-H CAMP

No other activity in the 4-H Club program contributes more to the all-time objective of 4-H Club work - "4-H trains farm youth in the art of living" - than does the well-organized and properly conducted 4-H Club camp program. The well-planned program provides for the economic, social, spiritual and physical growth and development of all delegates attending.

The economic phase of the 4-H Club program is emphasized in that 4-H Club boys and girls are expected to make enough money to pay their expenses incurred in connection with their 4-H Club camp. The economic phase is further stressed in that the 4-H camp provides more for less in the field of camping than does any other organization in the world.

In social development the 4-H camp provides an opportunity whereby club members may become better acquainted with each other, the program of 4-H Club work in the county, and the farm and home agents. The camp program is a cooperative project with members sharing together work details, recreation, athletic events, classwork, tours, nature study, evening programs and vespers - all planned to provide opportunities for the social development of the individual members. Added to this the camp provides the medium whereby club members may become acquainted with their farm and home agents and where agents may become acquainted with their club members.

Grace at every meal and a vesper service at the close of every daily program contribute to the spiritual growth and development. Words cannot give a true picture or a true expression of the full meaning of a vesper program and the influence it has on the boys and girls in their spiritual growth and development until one has worshiped with them in the silence of the night under the light of the heavenly planets during an evening vesper on the millstone rocks overlooking the Millstone lake.

Provision should be made for every 4-H boy and girl who has done satisfactory work during the year to attend a 4-H Club camp. It should be held up to the member as one of the awards for work well done and looked upon by the Extension agent as an opportunity for strengthening the 4-H Club program in the county. For those camps operated by the State 4-H Club Office everything possible will be done that can be done within the limits of our budget and our ability to make these camps mean the most possible to the boys and girls who attend them. However, to a very large degree the effectiveness of the camp program and its true value within the county will be determined by the activity, the interest and the appreciation of the camp program and its value in the overall extension program on the part of the Extension agents in the county.

--L. R. Harrill

## CAMP ORGANIZATION

### A. PRE-CAMP PLANS

1. Several weeks in advance, all county extension personnel hold conference and outline all camp plans. If two or more counties are camping together, the conference should include all counties.
2. Explain camp plans to 4-H Club members at meetings or by letter and give requirements for eligibility for attending.
3. Send letter to those who will attend camp, giving the following:
  - a. Time and place of departure.
  - b. Mode of transportation.
  - c. Cost of camp.
  - d. What to bring.
  - e. Mail address while at camp.
  - f. Name of agents and counselors who will accompany the group.
  - g. Approximate time of return to county.
4. Plan daily menus based on food club members will bring or buy. (Camp fee at Manteo includes all meals.)
5. Plan camp program to use the time most effectively. (A program is provided for Millstone, Manteo, Schaub and Swannanoa camps.)
6. Select and bring at least two counselors, other than agents, for each of the four groups into which the camp will be organized.
7. It is always advisable to bring a camp nurse and medical supplies.
8. Select instructors. (Camps Manteo, Millstone, Schaub and Swannanoa will be staffed with instructors.)
9. Assign duties to all camp personnel. One person may assume more than one duty.
  - a. Chairman, afternoon activities.
  - b. Chairman, recreation for evening programs.
  - c. Chairman, assembly programs for each program.
  - d. Cabin inspectors for boys' and girls' cabins.
  - e. Counselors for boys.
  - f. Counselors for girls.
  - g. Bugler.
  - h. Registrar.
  - i. Business manager and treasurer.
  - j. Director of all dining room duties.
  - k. Menu planner or dietitian.
  - l. Chairman for flag-raising and setting-up exercises.
  - m. Pianist and song leader.
  - n. Chairman, camp newspaper.
  - o. Chairman, stunt night.

10. Publish 4-H Camp Program for each camper and leader (furnished at Manteo, Millstone, Swannanoa and Schaub).
11. Plan programs for the following:
  - a. Flag-raising exercise each morning.
  - b. Camp assembly for each morning (take approximately thirty minutes for announcements, plans for daily camp events, community singing, devotionals, and short demonstrations by 4-H members).
  - c. Organized recreation for each afternoon.
  - d. Campfire program for each night in camp if desired.
  - e. Evening recreation for each night in camp.
  - f. Vespers for each night in camp. (The last night may be climaxed with an impressive Candlelighting Service.)
  - g. Plan stunt and talent program for last evening in camp.
12. Plan for a banquet if group desires one.

#### B. ARRIVAL AT CAMP

1. Agents arrive at camp with group.
2. Register and assign boys and girls to sleeping quarters.
3. Campers make bunks and unpack.
4. Assemble for information concerning camp program and grounds.
5. Get acquainted with other campers.

#### C. IN CAMP

1. Look neat at all times. Shorts and play clothes may be used for hikes and outdoor recreation. For tours and the evening meals, dress in school clothes.
2. Agents and counselors each assume the responsibility of keeping alert to the well-being of each individual camper. Promote a feeling of camp unity, friendliness, and enthusiasm every minute while in camp. The actions of the counselors and agents largely determine the conduct of the members.
3. Hold daily councils for camp personnel to review camp program and duties.
4. Before the group leaves camp, the cabins, dining hall and grounds should be cleaned thoroughly. Agents should carefully inspect these prior to camp departure.
5. Make it your goal as a camper to leave the camp property in as good or better condition than you found it.
6. A good camper forgets selfish interests and enters wholeheartedly into all camp activities - work and play alike.



A LETTER TO EACH CAMPER GIVES THE REQUIREMENTS FOR THOSE ATTENDING 4-H CLUB CAMP (The following is an example.)

Smithfield, North Carolina  
June 5, 1950

Dear 4-H Club Member:

You are one of the 100 who can attend the Johnston County 4-H camp to be held at Millstone 4-H Camp, June 12-16.

Our camp group will assemble at the vacant lot next to the Gabriel Johnston Hotel in Smithfield at 8:30 o'clock on Monday morning, June 12, to pack food and baggage. Transportation by bus will be furnished from Smithfield to camp and return. When you arrive, come immediately to the check booth with your food packed as listed. You will be expected to bring the following:

A. Personal Articles

- |                    |                   |                  |
|--------------------|-------------------|------------------|
| 1 blanket or quilt | 3 bath towels     | A light wrap     |
| 2 sheets           | Toilet articles   | Swim suit        |
| 1 pillow case      | Simple clothes    | Flashlight       |
| 1 bath cloth       | Comfortable shoes | 4-H record books |

Favorite book of games (if you own one)  
Only one piece of baggage per person will be permitted, and all of your belongings except food must be in it. Tag the baggage with your name.

B. The remaining \$3 of your \$8 camp fee. (Bring exact sum.)

C. Food: Picnic lunch for Monday noon packed in a small box and kept with you on the bus. (Enough for yourself.)

- 1 lb. bacon or ham, sliced
- 1/2 lb. butter (bring in a jar) or cheese
- 1 cup lard (bring in a jar)
- 1 pt. jelly, jam, preserves, applesauce or pickles
- 1 (2 1/2 lb.) fryer (live)
- 18 cookies
- 7 medium Irish potatoes
- 3 medium size onions
- 1 doz. eggs
- 1 cup sugar

Select three of the following items:

- 12 sweet potatoes
- 1 small cabbage
- 8 fresh tomatoes (not too ripe), 1 qt. tomatoes, or 1 qt. tomato juice
- 1 qt. peaches or pears
- 3 lbs. fresh (or 2 pts. canned) string beans
- 3 lbs. butter beans in the shell or 2 pts. canned
- 2 lbs. field peas in shell or 2 pts. canned.

Gather fresh vegetables on Monday morning before you leave. Wrap each article separately and label each package.

Your address while at camp will be: c/o Millstone 4-H Camp, Rt. 3, Rockingham, N. C.

Sincerely yours,

Goldie Knowles  
Assistant Home Agent

Walter McPherson  
Assistant County Agent

Ruth Whitfield  
Assistant Home Agent

C. W. Tarlton  
Assistant County Agent

# AMOUNTS OF FOODS NEEDED TO SERVE 50 PEOPLE

(Prepared by Miss Virginia Wilson)

FRUITS	EQUIVALENT WEIGHT AND MEASURES	TO SERVE 50
Apples	2-3 medium per lb.	15 to 20 lbs. for sauce or pies
Bananas	3-4 Medium per lb.	15 lbs. (1 per person)
Berries (canned)		6-7 qts. for 8-8 inch pies
Grapefruit	Fruit per crate - Large 36-46 med. 54-64	25 grapefruits
Lemons	Fruit per - Large, 180-300 crate Medium, 300-420 Small, 440-540	4 to 5 medium lemons 1 cup juice
Oranges	Fruit per - Large, 80-126 crate Medium, 150-216 Small, 250-392	50 to 75
Peaches	3 to 5 per pound 1 bushel equals 48 lbs.	10-12 lbs. for slicing 1 lb. gives 2 cups sliced
Pears	1 #2 can contains 32-36 halves 1 #3 can contains 8-10 halves	Depends on number of halves served
Pineapple, canned	1 # 2 1/2 can has 8 slices	
" , sliced	1 #10 can has 50 slices and 1 1/2 quarts juice	
Strawberries	1 qt. yields 3 cups hulled, or 1 pt. hulled and mashed	8 to 10 quarts
Raisins	1 lb. seedless raisins - 3 cups 1 lb. seeded raisins - 2 1/2 cups	
<b>VEGETABLES</b>		
Beans, snap	1 bushel weighs 30 lbs.	10 lbs.
dried lima	1 lb. gives 3 cups cut up.	
dried navy	1 lb. gives 6-7 cups cooked	5-6 lbs.
Beets, fresh	1 lb. gives 4-6 cups cooked	5-6 lbs.
	4 medium per pound	1 peck
	1 lb. raw yields 1 1/2 - 2 cups cooked	
	1 bushel equals 52 lbs.	
Cabbage, slaw	1 lb. shredded measures 2 qts.	8 lbs.
cooked	4 servings per lb.	12 lbs.
Carrots	4 medium carrots per lb.	
	4-6 medium carrots per bunch	14 lbs.
	1 lb. gives 3 1/2 cups sliced raw or 2 cups cooked	2 1/2 lbs. for strips
Lettuce, head		4-5 heads for garnish 6-8 heads for salad
Onions	4 medium equal 1 lb. 1 cup yields 2 1/2-3 cups chopped	
Peas, fresh	1 lb. yields 1 cup shelled 1 bu. unshelled weighs 30 lbs.	
canned	1 #2 can drained gives 2 1/2 cups 1 #10 can drained gives 12 1/2 cups	10-12 #2 cans 2 #10 cans
Potatoes, white	3 medium per pound 1 bushel equals 60 lbs.	15 lbs. (1 peck) diced or mashed
sweet	3 medium per pound 1 lb. yields 1 1/2 cups mashed	17-20 lbs.

Continued

Spinach or		
Turnip greens	18 lbs. per bushel	1 bushel
Tomatoes, fresh	3 to 4 medium per lb.	10 lbs. for slicing
canned	1 lug equals 31 lbs.	5 #3 cans or quarts

### Meats

#### Beef:

uncooked ground	1 lb. equals 2 cups	Meat cakes - 12 lbs.
cooked ground	1 lb. equals 3 cups	Meat loaf - 10 lbs.
diced cooked	1 lb. equals 4 cups	
round steak		Country fried, 15 lbs.

Chicken, for frying	1 chicken serves 5	10 chickens - 1 1/2-2 lb. dressed
for roasting		6-8 hens, 5 lbs. each
Fish, fresh		15-20 lbs.

salmon canned, for  
salad or croquettes

Pork Chops	3 to 4 per lb.	8 one-pound cans
Bacon	15 to 20 strips per lb.	15 lbs.
Ham, fresh or smoked		5 to 6 lbs.
Shoulder		15 to 20 lbs.
Roast - veal, lamb, beef		12 to 14 lbs.
Sausage - cakes		15 to 20 lbs.
links	8 to 9 links per lb.	8 to 10 lbs.
Weiners	8 to 14 per lb.	6 to 12 lbs.
		9 lbs.

### MISCELLANEOUS

Bread, sliced	16 slices per lb. loaf	6 to 10 loaves
	26 slices per Pullman loaf	4 to 6 loaves
rolls	3 per person	9 dozen
Beverage - milk, fruit drink, tea, or coffee	1 glass or cup per person	2 1/2 gallons
Corn meal	1 lb. equals 3 cups	
Cheese	1 lb. chopped equals 3 cups	3 lbs. for Welsh rabbit or sandwiches
Crackers	1 lb. equals 100-120 crackers	1 lb.
Grits		1 one-pound package
Ice Cream	1 qt. brick cuts 6-8 slices	7-9 quarts
	1 gal. bulk, 25-30 servings	2 gallons
Potato chips	1 lb. - 5 quarts	2 lbs.
Rice	1 lb. - 2 1/8 cups uncooked	3 to 4 lbs.
Salad Mixture		7 to 8 quarts
Salad Dressing		1 pt. for mixing with salad
		1 pt. for garnish
Tea	1 lb. measures 6 cups	For iced tea, 3 oz. bulk tea to 2 1/2 gals. of water
Sandwich filling		2 to 3 quarts

# SAMPLE - DAY MENU FOR 100

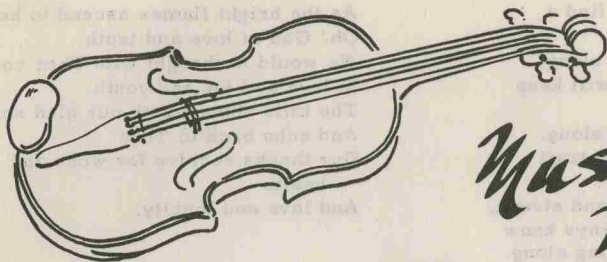
(Prepared by Miss Virginia Wilson)

MENU	AMOUNT FOOD NEEDED	TO BE PURCHASED DAILY	SERVERS DUTIES	FOOD TO BE PRE- PARED BY CAMPERS
<b>BREAKFAST</b> Tomato juice Corn flakes Fried apples Bacon Toast Jelly Coffee (for adults)	5 large cans tomato juice 8 boxes corn flakes 1 1/2 pecks apples 150 slices bacon 200 slices toast 8 glasses jelly 2 1/2 gal. coffee	5 large cans tomato juice 12 quarts milk 10 pullman loaves bread (26 slices of bread in a loaf)	Set table with: plate, cereal dish, cups, saucers, glass, knife, fork, spoon & napkin. Put cereal in bowls. Place on table: butter, salt, pepper, milk for cereal, jelly, water and coffee. Clear table -- Arrange centerpiece for table.	
<b>LUNCH</b> Weiners Cabbage Sliced onions Beets Sliced bread or refrigerator rolls Cookies Iced tea or milk	1 quart mustard 18 lbs. weiners 15 lbs. cabbage 1/2 pk. onions sliced 1 1/2 pks. beets boiled, sliced with salt, pepper and vinegar 12 pullman loaves bread or 18 doz. finger rolls 18 doz. cookies 5 gallons tea 1 doz. lemons each cut in 12 pieces 9 doz. 1/2 pts. milk	18 lbs. weiners 10 loaves bread Tea 1 doz. lemons 9 doz. 1/2 pts. milk	Set table with: plate, knife, fork, spoon, glass & napkin. Place on table: butter, salt, pepper, mustard, bread, sliced onion, sliced lemons, pitchers of tea, water, and cookies. Get from kitchen hot food. Clear table.	
<b>DINNER</b> Fried chicken Mashed potatoes String beans Rolls Pickles Fresh peaches Cookies Milk	18 chickens 1 1/2 pks. potatoes 1 1/2 pks. string beans 18 doz. rolls 4 qts. pickles 7 doz. 1/2 pts. choco- late milk 2 doz. 1/2 pts. sweet milk 1/2 bu. peaches, sliced 200 cookies	1/2 bu. fresh peaches 9 doz. 1/2 pts. milk 18 doz. rolls	Set table with: knife, fork, spoon, glass, & napkin. Place on table: butter, salt, pepper, rolls, pickles, milk, pitcher of water. Serve hot food from kitchen. Clear table.	Pick 18 chickens. Peel 1 1/2 pks. potatoes. String 1 1/2 pks. beans



### Formation of Campers

of  
by  
e  
lines,  
s  
all



# Musical Notes

## ROUNDS

(Tune: "Are You Sleeping")

Rheumatism, rheumatism,  
How it pains, how it pains,  
Up and down your system,  
Up and down your system,  
When it rains, when it rains.

### CAROLINA SMILES

(Tune: "Smiles")

There are smiles from Indiana  
There are smiles from Idaho  
There are smiles from Maine to California  
There are smiles from north to Mexico.  
There are smiles all over this great nation  
In whatever state your footsteps fall  
But the smiles that come from old Carolina  
Are the smiles that are best of all.

### LET THE REST OF THE WORLD GO BY

With someone like you  
A pal so good and true  
I'd like to leave it all behind  
And go and find  
A place that's known to God alone  
Just a spot to call our own  
We'll find perfect peace  
Where joys never cease  
Out there beneath the Western sky  
We'll build a sweet little nest  
Somewhere out in the West  
And let the rest of the world go by.

(Tune: "Row, Row, Row Your Boat")

Sing, sing, sing your songs,  
Happily every day  
Clearly, clearly, sweetly, sweetly  
Sing your songs today.

### MUMMY SONG

(Tune: "Long, Long Trail")

It's a short, short life we live here  
So let us laugh while we may;  
With a song for every moment  
Of the whole bright day.  
What's the use of looking gloomy  
Or what's the good of our tears,  
When we know a mummy's had no fun  
The last three thousand years.

### SING!

(Tune: "My Hero")

Sing, sing, sing for the joy of it  
All through the town,  
Sing, sing, sing for the strength of it  
Nothing can down.  
Sing, sing, whatever betide you,  
Sing with the lift of the song that's  
inside you  
"Let freedom ring!"  
Free, strong, joining together,  
Let's sing, sing, sing!

# THE 4-H TRAIL

(Tune: The Caissons Go Rolling Along)

Over hill over dale, We will find a  
greenwood trail  
As we club folks go swinging along,  
Let it rain, let it shine, We will keep  
a steady line,  
As we club folks go swinging along.  
And it's hi, hi, hee! The 4-H trail  
for me.  
Shout out your numbers long and strong,  
Where'er we go, You will always know  
that we club folks go swinging along.

# CAMP FIRE SONG

(Tune: Drink to Me Only)

As the bright flames ascend to heaven,  
Oh! God of love and truth,  
We would in thought with Thee commune,  
In love and joy and youth.  
The hills abound with our glad song  
And echo back to Thee  
Our thanks receive for work and  
health  
And love and loyalty.

# STATE SONG

1. Oh, what did Delaware, boys?

What did Delaware?

Oh, what did Delaware, boys?

What did Delaware?

Oh, what did Delaware, boys?

What did Delaware?

Oh tell me again as a personal  
friend

What did Delaware?

2. She wore her New Jersey, boys,

She wore here New Jersey,

She wore her New Jersey, boys,

She wore her New Jersey,

She wore her New Jersey, boys,

She wore her New Jersey,

I tell you again as a personal  
friend

She wore her New Jersey.

3. Oh why was Pennsylvain boys?

Ans: ~~1~~ She had a date with George,

5. Oh why did Wisconsin?

Ans: ~~2~~ She stole her New Bras-key,

7. Oh-what did Connecticut?

Ans: ~~3~~ She cut her Miss-a-pie,

9. Oh what did Tennessee boys?

Ans: ~~4~~ She saw what Arkansas.

11. Oh what did Iowa?

Ans: ~~5~~ She weighed a Washington,

13. Oh where did Maryland?

Ans: ~~6~~ She landed on the Maine,

15. Oh where's Oregon?

Ans: ~~7~~ She's gone with Oklahoma.

## VESPER SERVICES

I. Theme: JUDGE NOT (contributed by Wilson County)

Hymn - "Come Thou Almighty King"

Call to Worship - I call you to the worship of that God of truth, the Spirit behind and above and in the visible realities of life.

I call you to worship Him with your minds, by honest thought.

I call you to worship Him with your hearts; for the heart, as we know from some of the dearest of life's common experiences, often sees where the mind is blind.

I call you to worship Him with your wills, which means that you do not merely listen and look, yourselves inactive, but that you pledge and give your very selves.

Prayer - Our Heavenly Father, we bow our heads and our hearts in humbleness to Thee. We do earnestly seek Thee and pray Thy guidance and presence in this quiet time of worship and throughout the remainder of this week. Amen.

Talk - "Probably the most precious thing a man or woman can possess is a good name. The curious part of it is, scarcely a day passes that you do not have an opportunity to give someone a good name.

"Any time you find yourself in a group of people who are talking about a friend or neighbor or fellow worker, if someone starts to criticize, you can easily say something kind, or at least tolerant. It is surprising how often this will cause another to speak up and add something favorable to what you have said. Many a time the conversation will end by giving a good name to the person under discussion. When this happens, everybody in the group feels better.

"Is there not this the best authority in the world for tolerance? The Bible says: 'Judge not, and ye shall not be judged: Condemn not, and ye shall not be condemned: Forgive, and ye shall be forgiven.'" --David Dunn.

Prayer - Let us pray --  
The day with all its choices, good or ill,  
Is now beyond recall;  
And we are alone with Thee;  
To make answer for deed and word and thought.  
We cannot play the hypocrite with Thee;  
We cannot excuse or justify the blots that stain the day;  
We cannot lightly laugh at our transgressions now,  
For Thou dost know us altogether.  
But Thou dost know the good in us and not the evil only,  
Dost see our struggles and mark our resolutions.  
Hear our silent prayers in Heaven, Thy dwelling place  
Thy heart is kind



There is forgiveness with Thee  
It was for people like us that Jesus died  
For His sake, let us know Thy peace tonight. Amen

## II. Theme: FAITH

Call to Worship - "I was taught to work as well as play;  
My life has been one long, happy holiday --  
Full of work and full of play,  
I dropped the worry on the way,  
And God was good to me every day."

---John D. Rockefeller, Sr.

Hymn - "Work for the Night is Coming"

Scripture - Ecclesiastes 2

Story - One summer day in the country, our attention was called to the activity of a little wren who had her house just outside our door. This particular day we found her struggling and tugging at a branch several times larger than herself. It seemed like a big task to bring the branch into the little house, but she kept at it valiantly. Here was the extraordinary thing about it all. Every now and then she would stop and, dropping the branch, she would pour forth a joyous happy little song; and then, picking up the branch, she would go again at her task until she finally accomplished the thing that she had set out to do.

Sometimes it seems as if we are called upon to wrestle with a problem a great deal bigger than ourselves; but it is never bigger than our understanding and ability to meet it. If we, like that little wren, can sing a song, a prayer of gratitude, we shall pick up the task with renewed faith that divine love has given us the intelligence and wisdom to meet every situation; and we shall press on toward its successful completion.

Poem - The hills ahead look hard and steep and high,  
Often we behold them with a sigh,  
But as we near them, level grows the road,  
We find on every slope, with every load,  
The climb is not so steep, the top so far,  
The hills ahead look harder than they really are.

And so it is with work, tho it seems so great,  
That men complain, and fear, and hesitate,  
Less difficult the job than we dreamed  
It never proves as hard as once it seemed.  
There never comes a hill, a task, a day,  
But, as we near it, easier the way.

Prayer - Our Father, Thou knowest that we have trials and burdens,  
Guide our footsteps in life, that we may have victory over  
every hard thing. Grant us Thy power; for we need it to share  
in the tasks Thou wouldst have us do. Make it our desire above

all others to do the will of Christ every day; and may the spirit of joy be with us in all that we do. Amen.

Hymn - "Faith of Our Fathers"

III. Theme: GOD'S WORLD

Call to Worship -

I sat in church and watched the light	I knelt beside my mother's knee
Shine through the window square.	To say my good-night prayer,
It made soft-colored rainbow rays,	And when I snuggled into bed
And surely God was there.	I felt that God was there.
I went exploring in the woods.	It really is the strangest thing--
A breeze played in my hair	I find if I take care
And made such music in the trees,	To stop and listen quietly
I knew that God was there.	That God is everywhere.

--Barbara S. Bates

Hymn - "This Is My Father's World"

Meditation - In his infinite wisdom and love, God gave us a vast universe in which to live. What one of us has not stopped at the end of the day to watch the lights of the night come on? At first we see one star or two - then another, and another until the whole sky is ablaze with glory. Thousands of years ago the shepherds, as they watched over their sheep at night, proclaimed, "The heavens declare the glory of God."

God has spread around us everywhere amazing beauty if we only have eyes to see it and ears to enjoy its music. Sometimes we are not aware of these beauties which surround us. Step outside some cool morning in spring, summer or early fall before the sun is high enough to strike the grass at your feet. Carefully cut a spear of the grass and hold it under a magnifying glass. A dozen glistening dewdrops, like jewels, hang there. One movement, and they are gone. One bright ray of sunshine and the little balls become vapor, shooting up into the air.

Everywhere we see the touch of God's paintbrush - on the mountain-top and the plain, forest and desert, and even beneath the surface of the earth - in the colors of the trees and the flowers, in the tinting of the furs of animals and the feathers of birds, in the precious stones found in the depths of the earth. Has not God also given beauty of color to man whom he created in his own image - rich copper-colored Malaysians; ebony-skinned Africans; yellow Chinese; paler Scandinavians?

Some of the beauty of the universe is in sound. Have you listened to Nature's symphony? The trilling notes of the birds are the violins, the flutes and the trumpets. The whispering singing of the pines, the rustle of dead oak leaves in November, the gurgle of the brook, you may think of as the clarinets and the oboes. Raindrop

patter, the buzz of bees, the howl of the wolf are the outdoor cello, tenor saxophone and English horn. The croak of the bullfrog, the roar of the lion and the rush of the sea take the place of bass violins, trombones and the tubas. Thunder, the crack of frozen twigs and branches, the call of the cricket and katydid are the drums, the castanets, the cymbals and bells. --

Again the Psalmist said, "When I consider thy heavens, the work of thy fingers, the moon and the stars, which thou hast ordained; What is man, that thou art mindful of him? and the son of man, that thou visitest him? For thou hast made him a little lower than the angels, and hast crowned him with glory and honour." When we think of the responsibility which is ours as caretakers of God's World, we know that we have been entrusted with the greatest job of all; and we accept this responsibility with humility, knowing that among all the glories of God's World man is only one of his creatures.

Prayer - "Sometimes, dear Father, we forget  
The sea, the sky, the land,  
The birds and flowers are not manmade,  
They're formed by thine own hand.  
In this world which thou hast given  
May our spirit, Lord, we pray,  
Match the beauty of creation  
And make a better world today." Amen.

Hymn - "For the Beauty of the Earth"

#### MY PLEA WOULD BE

Let me at times be quiet so that I  
May hear Thy voice when Thou shall speak to me;  
Oh, may I also listen patiently  
Above the world's most tempting, selfish cry.  
Yet if Thy call I still would disregard,  
Forgive me, Lord. Please grant there soon will be  
A time when I shall find it not so hard.

---Dorothy F. Bristol

## A 4-H CANDLE LIGHTING SERVICE

Processional - (by concealed chorus)

Father of Lights, in whom there is no shadow  
Giver of every good and perfect gift,  
With one accord we seek thy holy presence;  
Gladly, our hearts to Thee in praise we lift.

CANDLE BEARER - carrying large lighted candle

4-H BANNER BEARER

LEADER

HEAD)

HEART) Carrying unlighted candles

HANDS)

HEALTH)

Call to Worship - "And God said, let there be LIGHT." - LEADER

LEADER: When Jesus said, "I am the Light of the world," He meant that  
through His clear and clean thinking, His loyalty to God,  
His service to all mankind, He would bring the world to a  
higher standard of living - to physical and spiritual health.

Christ meant that we should follow His example for He said,  
"Ye are the Light of the world."

Tonight, \_\_\_\_\_ County 4-H Club pledges itself anew -

"Arise, shine, for thy light is come."

HEAD: (Steps forward and kneels before CANDLE BEARER.)

LEADER: "The fear of the Lord is the beginning of wisdom."

HEAD: (Lights candle, then stands.)  
I pledge my head to clearer thinking. I would act with good  
judgment, speak with knowledge and study in order to grow in  
wisdom. At all times I will hold the principles of Christ before  
me as a guide to my thinking.

HEART: (Steps forward and kneels before CANDLE BEARER.)

LEADER: "Take my will and make it Thine,  
It shall be no longer mine,  
Take my HEART, it is Thine own,  
It shall be Thy royal throne."

HEART: (Lights candle, then stands.)  
I pledge my HEART to greater loyalty. I would enrich my  
life with understanding and confidence in mankind, and a  
steadfast faith in God.



HANDS: (Steps forward and kneels before CANDLE BEARER.)

LEADER: "Christ has no hands but our hands  
To do His work today;  
He has no feet but our feet  
To lead men on His way;  
He has no tongues but our tongues  
To tell men how He died;  
He has no help but our help  
To bring them to His side."

HANDS: (Lights candle, then stands.)  
I pledge my HANDS to larger service. May I find needed work that  
I may serve God and mankind.

HEALTH: (Steps forward and kneels before CANDLE BEARER.)

LEADER: "I beseech ye therefore brethren by the mercies of God that ye  
present your bodies a living sacrifice, holy, acceptable unto  
God, which is your reasonable service."

HEALTH: (Lights candle and stands.)  
I pledge my HEALTH to better living, that I may find joy in work  
and play and that I may live fully and well.

LEADER: Again Jesus said, "Let your light so shine before men that they  
may see your good works and glorify your Father which is in heaven."

Will you join me in the 4-H Pledge.

UNISON: I pledge my Head to clearer thinking,  
my Heart to greater loyalty,  
my Hands to larger service, and  
my Health to better living,  
for my club, my community, and my country.

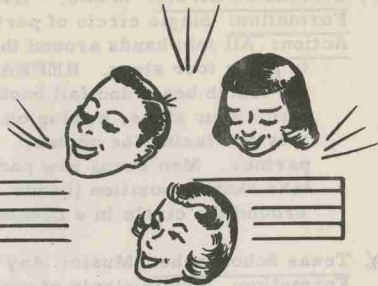
LEADER: Let us sing "Follow the Gleam" and continue singing until the girls  
reach their cabins. Then wait quietly and meditatively until the  
boys sing "Taps."

-----  
HOW TO MAKE FRIENDS  
(And Keep Them)

Set no pet standard,  
Make no set measure,  
But find in each one  
Some good to treasure!

--Evelyn R. Wald

# IT'S FUNTIME!



## Mixers

**I've Got Your Number:** Give each guest a number which is to be pinned in a conspicuous place and worn throughout the game. Now give to each person a slip of instructions, such as the following: "Introduce four to three"; "shake hands with six and seven"; "go to ten and shake hands three ways - Chinese fashion (each shakes his own hand), society grip (hands held high), and good old pump-handle shake"; "Kneel before twelve and meow three times"; "find out the color of eleven's eyes"; "ask one what he likes best for breakfast"; "ask two why good men are hard to find." It would simplify matters if odd numbers were given to men and even numbers to the ladies.

**Bumpety-Bump-Bump:** The players stand or sit in a large circle. Have one player acting as "it" for each ten players in the circle. The "Its" are in the center of the circle.

The players are given a moment to learn the names of their neighbors on either side. The "its" run up to anyone in the circle, point to him and say "Right - bumpety, bump, bump," to which the player pointed to must instantly respond with the name of the person on his right. If he fails to respond before "it" says "Bumpety, bump, bump," he changes places with the "it" who pointed to him. "Left - bumpety, bump, bump," may also be used.

## MUSICAL MIXERS - Folk Games

### \* Pat-A-Cake Polka: Music: "Little Brown Jug"

**Formation:** Double circle, partners facing each other, both hands joined.

- Step 1: Heel and toe and heel and toe (gentleman using left foot and lady using right.)
- Step 2: Four slides to man's left.
- Step 3: Heel and toe and heel and toe (gentleman using right foot and lady using left).
- Step 4: Four slides to men's right.
- Step 5: Clap own hands three times (hold); clap partner's right hand with own right three times; clap partner's left hand three times with own left; clap both hands with partner's three times; clap own hands three times; clap own thighs three times.
- Step 6: Turn once around with partner, right elbows joined. Let go elbows and all move to own right to face new partner. Repeat as many times as you like.

\* Circassian Circle: Music: "Irish Washerwoman"

Formation: Single circle of partners, facing center.

Action: All join hands around the circle. Walk to the center 4 steps, fall back to place four steps. REPEAT. Women move forward four steps, bowing on the fourth beat, and fall back to places four steps. Men move toward center of circle four steps, bowing on fourth beat; then make a half-turn to the left (as they are facing the center). They take the girl who was at their left as new partner. Men swing new partners 16 steps in place with a two-hand swing, then take skating position (hands crossed, the partners hold hands) and promenade around the circle in a counter-clockwise direction, men on the inside.

\* Texas Schottische: Music: Any Schottische

Formation: Double circle of partners, men on inside, ladies on outside, ready to promenade. Girls raise both hands, men take them in a cross shoulder hold; man reaches across girl's shoulder to take her right hand in his, and reaches across his chest to take her left hand in his.

Action: Each person takes a step diagonally forward, slightly toward center of circle, with left foot; draws right foot up to the left; step again with left foot, pause one count. (This takes one measure of music.) Do the same with the right foot leading, draw left to it, step right again, pause.

Next are four walking steps (left, right, left, right) to one measure of music.

Then: Each person puts down left heel (count 1) then toe (2) and then the girl takes three quick walking steps, dropping right hands, going over to the left side of the man (pausing on count 4). Next is right heel, toe, and three more walking steps, completing her turn and ending up at the right of the man who was behind her. She has hands raised, and he takes her as before, she being his new partner.

## ACTIVE GAMES

\* String Winding Relay: The first player in each line is given a ball of cord. Upon a given signal the first player on each team winds the cord around his body and passes it on to the next player; he, in turn, does likewise and so on down the line. When the last player has wound the string around his waist, he unwinds himself and rewinds the string. This continues until the last player has finished. The team finishing first wins.

\* Clothespin Relay: Arrange players in a line (two teams) standing or seated. Give the head player on each team five clothespins. At a given signal the first player snaps the clothespins, one at a time, on his finger (to form an extension of the fingers) then asks his neighbor to take them off one at a time. The neighbor does this and then puts them on the fingers of the third player in line. This procedure continues until the last player has the clothespin on his fingers. The team finishing first wins.

## \* QUIET GAMES

Shopping: A player who is the shopper walks around, stops before one of the group, and says, "I'm going to Denver. What can I buy?" He then counts to 10. Before he finishes counting, the player before whom he is standing must name three objects



that begin with "D" (as "dishes", "dogs", "doughnuts"). If he fails, he must take the place of the shopper. Any city may be named. The things to be bought must always begin with that city's initial.

- \* Hot Handkerchief: All the players except one sit in a circle with chairs close together. An open handkerchief is passed from player to player. The odd player stands in the center and tries to get possession of the handkerchief. If he gets hold of it or touches it, the seated player responsible for this must go to the center as "It".
- \* Find The Leader: The players are seated in a circle. Select a player to act as "it," and have him leave the room. The players then select one of their number to act as their leader. "It" is then called into the center of the circle. The one selected as leader slyly starts some motion such as waving the hand, making faces, or kicking a foot. All immediately imitate the leader. "It" keeps watchful eyes on everyone, frequently turning about suddenly in an effort to find who is starting the motions. When he succeeds, the leader becomes "it".

### SQUARE DANCE

Hinky Dinky Parley-Vous: Music: The same.

Formation: Hollow square; couples number 1st, 2nd, 3rd, 4th.

"Head" couples are first and third.

Two and four are "side" couples.

#### Words:

1. The two head ladies forward and back, parley-vous.
2. The two head ladies forward and back, do-si-do
3. Do-si-do with your corners all
4. Allemande left and heed my call
5. Hinky Dinky Parley-Vous.

#### Action:

1. The two head ladies walk to center of their set, bow and walk backwards to place.
2. The head ladies walk to center and pass right shoulders to right shoulders and walk backward to place.
3. All face corners and pass right shoulders with them, walking backward to place.
4. All join left hands with corners, walk around and finish facing partners (Allemande left).
5. All turn partner once around in place.  
(Repeat all with two side ladies, two head men, two side men consecutively.)



## STUNTS

### GRANDMAW AND GRANDPAW AT THE RAILROAD TRACK

Dressed up as old country folk, a boy and a girl limp slowly upon the stage, upon which a toy railroad track has been placed. They talk about their farm and what they will buy in town as they come in. Seeing the track, they stop and exclaim that that is a "new-fangled locomotive road" placed there since their last trip to town. They call to the station master, seated at a desk across the stage, and ask if there is a train at that hour, eight o'clock. He replies that there is not. They sit down in chairs and talk several moments, then Grandpaw asks the agent if there is a train at nine o'clock. There is no train at nine, the agent informs them. After a few more minutes, he asks about every hour until the agent is thoroughly disgusted and tells him the next train is at five fifteen in the afternoon.

The country people breathe a sigh of relief and state that they think it will be safe to cross the track.

### GROCERY STORE EDUCATION

Characters: The Grocer, Mother, Darling.

Scene: Grocery store. The grocer stands behind a counter in front of shelves laden with real or imaginary groceries.

MOTHER: (Enters leading Darling -- an adult dressed in exaggerated child's clothing.) You sell groceries, do you not? You know beans and potatoes and things?

GROCER: Yes indeed, mam. How many beans and potatoes did you wish?

MOTHER: No beans or potatoes, that was just to illustrate what I mean by groceries.

GROCER: I see. Now perhaps there is something else that you wish.

MOTHER: Where is the list, Darling? (Darling fumbles around and finally finds list.) Three cans of soups at ten cents a can.

GROCER: Soup is three cans for a quarter.

MOTHER: No, I'm sorry but I prefer it ten cents a can.

GROCER: Very well. Now what flavor: mushroom, chicken, vegetable, beef -?

MOTHER: Oh I don't care what flavor, just soup.

GROCER: All right, here are three cans of beef.

DARLING: I want chicken soup, mother.

MOTHER: Quiet, Darling. Mother knows best. Twenty-eight cents of cheese.

GROCER: Now would you care for Swiss, American or--

MOTHER: Oh, American. My husband mentioned something about always buying American things.

GROCER: (Weighing cheese) This comes to twenty-seven cents.

MOTHER: I'm very sorry, it must be twenty-eight cents. (Grocer cuts small piece and adds to other.) Twenty cents worth of lettuce.

GROCER: We don't have lettuce, but the green-grocer down the street does and I'll send for it. (Calls) Jim, go and get twenty cents worth of lettuce for the lady. Now what else?

MOTHER: One twenty cent can of carrots.

GROCER: Do you wish the quartered or diced carrots?

MOTHER: You are really making this very difficult with so many questions. Since you insist upon my selecting one, I select the quartered--the diced sound a bit wicked, don't you think? And, then thirteen cents worth of rice.

GROCER: Rice is fifteen cents a pound.

MOTHER: I am not at all interested in what it is a pound. I want thirteen cents worth. That will be all. How much is the bill?

GROCER: One dollar and eleven cents.

MOTHER: One dollar and eleven cents (Looks at list). That's just what Darling got, now isn't that just too cunning for words?

GROCER: Will you take these with you?

MOTHER: Oh dear, no.

GROCER: Where shall I send them?

MOTHER: Send them? Who said I wanted them sent anywhere?

GROCER: I'm afraid I don't understand.

MOTHER: You are really very exasperating, I shall go elsewhere in the future. I don't want these silly groceries. Darling brought home a problem about the stupid things and I thought the little dear would understand this problem better if he could really see the things right here in the store. Good-day.

A similar stunt to Grocery Store Education may be arranged using a mother and about 10 children who go into a shoe store and get the shoe clerk to try shoes

or measure the feet of every child. Humorous remarks about each measurement will add to the stunt. The stunt is concluded with a remark, "Oh! We don't want to buy any shoes. I just wanted to know the size so we could order from Sears Roebuck."

## OPERATING STUNT

Equipment consists of a sheet with light 12 feet back of it, so as to cast shadows. Light should be about on a level with top of subject, who lies on a table close to the sheet. Any number of funny stunts can be performed with this setting. Operator and attendants should keep face at right angles with sheet, so as to cast features upon it.

## IN THE BARBER SHOP

Characters: Barber, a patron, a youth.

Patron enters, mounts the barber's chair, leaves hat on.

Barber: Good morning, sir.

Patron: Good morning. Nice day.

Barber: Yes, it certainly is. Last week I thought it was going to rain, but so far it hasn't. What shall it be this morning?

Patron: Oh, gimme a haircut.

Barber: Would you mind taking off your hat, then?

Patron: (Absent-mindedly) Oh, pardon me. I didn't know there were ladies present!

Barber: Yessir. Now, how you like your hair cut, sir?

Patron: Off, please.

Barber: Yes, I know. But, I mean--what style?

Patron: What are the prices?

Barber: Haircut 75¢, shave 35¢.

Youth enters, sees chair occupied. Interrupts.

Youth: How long will I have to wait for a shave?

Barber: (eyeing him closely) About three years, son, I'd say. Now, sir, what do you say? (This said to patron)

Patron: Haircut 75¢, shave 35?

Barber: That's right, sir.

Patron: Well--just shave my hair off!

"The real leader is one who kindles a fire in the club member's mind as one candle lights another -- who stimulates what is in the youth and helps him in his normal growth."

--Frank Crane.

## A HIGHLIGHT OF THE YEAR

WHEN: July 23-28, 1951

WHERE: North Carolina State College

WHO: 4-H Club members 14 years of age as of January 1, 1951

HOW: Delegates selected by fellow club members to attend. One boy and one girl from each organized club.

COST: Because of an increase in cost of food, services, and supplies, it may be necessary to increase the registration fee to \$11. The registration fee includes room and meals for the week.

WHAT: A program that is being planned by and for 4-H Club members.

DEMONSTRATIONS by club members: Four team demonstrations will be given by club members. All delegates to 4-H Club Week will have the opportunity of seeing and hearing these demonstrations.

EVENING FEATURES: Recreation for all  
Health Pageant  
Candle Lighting Ceremony  
State 4-H Dress Revue

ASSEMBLY: Singing  
Governor W. Kerr Scott  
Nomination of State Council Officers

AFTERNOON: Tours - Capital Buildings  
Governor's Mansion

Recreation - Softball  
Swimming

CLOTHING: Girls will wear the regulation 4-H uniform. Each girl should have a minimum of: two skirts, one jacket, one pair of comfortable shoes, one blouse and one dickey or two blouses, and one bathing suit.

Boys will wear the regulation 4-H uniform. Each boy should have at least two white shirts, two pairs of white pants, one pair of comfortable shoes, and one bathing suit.

LAUNDRY SERVICE: The College laundry will give one day service to club members during the week. Clothing left at the laundry by 10:00 a.m. will be ready by 4:00 p.m. Prices will be as follows: pants, 25¢; shirts, 14¢; dresses, 40¢.



## DELEGATES TO REPRESENT NORTH CAROLINA AT NATIONAL 4-H CLUB CAMP

Evelyn Waugh of Surry County, Margaret Lee Stevens of Wayne County, Gerald Bolick of Caldwell County, and Robert Parker of Edgecombe County will represent North Carolina 4-H club members at the National 4-H Club Camp in Washington, D. C., June 13-20. To be selected as a delegate to National Club Camp is recognized as the highest honor that can come to a 4-H Club member. Congratulations to Evelyn, Margaret Lee, Gerald and Robert, and to their farm, home and assistant agents, local leaders and others who have helped to make possible this achievement.

Evelyn Waugh, a member of the White Plains 4-H Club, has been a member of the 4-H Club for nine years and has completed thirty-three projects. She was State and National Clothing Achievement winner in 1949 and State Achievement winner in 1950. Evelyn was also first place winner in the state in the North Carolina Bankers Association Public Speaking Contest. She has held offices in her local 4-H Club and has served as president of the County 4-H Council.

Margaret Lee Stevens is a member of the Grantham 4-H Club and in her nine years of 4-H Club work has completed forty-one projects and given twenty-eight demonstrations. She has served as president, vice-president, secretary and treasurer, and song leader of the local club, as president and treasurer of the County 4-H Council, and has taken an active leadership in various community activities. Margaret was State and National winner in Food Preparation in 1949 and State winner in Citizenship in 1950.

Gerald Bolick is a member of the Happy Valley 4-H Club and during eight years of club work has completed a total of 44 projects. He was State winner in Tractor Maintenance in 1949. Offices held by him have been president and reporter of the local 4-H Club and vice president and secretary of the Caldwell 4-H County Council. As a result of his 4-H Club work, he owns one heifer cow, one Berkshire brood sow, one hundred baby chicks, fifty hens, two acres of timber; and he has \$800 in his college scholarship fund.

Robert Parker is a member of the Macclesfield 4-H Club and during his eight years of club work has completed 38 projects. He has participated in livestock judging contests, public speaking contests, radio programs, 4-H demonstration teams, and in various community projects and activities. In his local club he has served for two years as president, three years as vice president, and as reporter. He has served as president and secretary-treasurer of the Edgecombe County 4-H Council; and at the present time he is president of the State 4-H Council. Bobby was State, Regional and National winner in the Recreation and Rural Arts program in 1950.



June 13 - 20

National 4-H Camp,  
Washington, D. C.

July 23 - 28

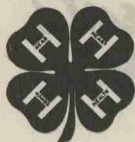
4-H Club Week, Raleigh, N. C.

August 20 - 24

State Wildlife Conference  
Camp Millstone

August 27 - 31

State YMW Conference and  
Rural Youth Talk Meet,  
Camp Millstone



## THE CLUB PLEDGE

### I PLEDGE:

*My Head to clearer thinking;*

*My Heart to greater loyalty;*

*My Hands to larger service; and*

*My Health to better living for*

*My Club, my Community, and my Country.*

---

### THE CLUB MOTTO:

*"To Make the Best Better."*

---

North Carolina  
State College of Agriculture And Engineering  
And  
U. S. Department of Agriculture Cooperating  
N. C. AGRICULTURAL EXTENSION SERVICE  
D. S. Weaver, Director  
State College Station  
Raleigh

---

Distributed in Furtherance of the Acts of Congress of May 8 and June 30, 1914.