

MAY



JUNE

# 4H-WARD

## TO CAMP

1949

## INTRODUCTION

### Value of Camps in the 4-H Club Program

Realization of the value of outdoor camps in extension service programs is increasing as the quality of camps improves. Not only is camp looked forward to by 4-H Club members, as one of the high points of the year, but each of us are working to enrich the year's work through adding experiences and knowledge that cannot be so well presented in any other way.

For the rural boy and girl, camp experience means much in physical, mental, and emotional growth. It may be thought that such a brief time in camp cannot affect anyone very much, but since the experience is a vivid one, for many children it stands out as the only variation of importance in the year.

### Aims of 4-H Camps

The purpose of the camp from the camper's point of view is to offer him a good time. He may want to develop some special skill, to pursue a particular interest, or to achieve a place of honor, but most of all he wants plenty of fun.

The program should be planned to give the campers an opportunity to gain as many as possible of the following experiences:

1. To have recreational and educational experiences away from home.
2. To meet and learn to get along with other young people of their own age and interests through committee work, program planning, and living together, as well as through sports and trips.
3. To explore subject matter such as nature study, handicraft, and music, that cannot be given as successfully through local leaders; to introduce new subjects that will be of interest when the boys and girls go home.
4. To train and use leadership abilities as well as to develop intelligent followership.
5. To experience group responsibilities and learn to meet them.
6. To be rewarded for good club work and inspired to better Club membership.



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Many camps have found that morning assembly, lasting about one half hour, is an asset since it offers an opportunity for creating a sense of comfortable unity through group singing and group action on any questions that may be raised.

This one half hour should be carefully planned in order that the greatest benefit be received from it. Here is a suggested list of activities that seem appropriate for this occasion.

Announcements for the day should be made.

Plans for whole-camp events such as talent night or a festival discussed.

Camp business transacted.

Cabin inspection report given - winners announced.

Speakers - used occasionally.

Community sings - sing some of the old songs and teach a few new ones.

Plan to use the small song books sent to you from the 4-H Office. Mr. Harrill hopes that you will teach each song in this publication.

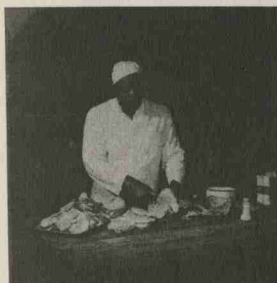
Demonstrations are most effective - we suggest these:

1. "Table Manners and Etiquette Drill" (copy can be found in last year's issue of 4-H Ward. Many counties used this demonstration for their first assembly program last summer and it was most effective. We recommend that you plan to use it also.)
2. "Better Lighting for the Farm Home" - a representative from Duke Power, Carolina Power and Light, or another commercial company might put on this demonstration for you.
3. "Making a Bed Properly" - the information for this demonstration is found in the Red Cross Book, "Home Nursing and Care of the Sick."
4. "How to Make A Good Study Lamp" - a simple illustrated bulletin is available from Duke Power Company, Greensboro, N. C.

5. "Good Magazines for the Home" - have examples of the magazines to show and discuss what is found in each. Have club members tell what magazines they have in their home.
6. "First Aid" - simple instructions and demonstrations on how to treat common accidents, cuts, burns, bites, etc.
7. "Everyday Courtesies or Manners" - on the street, at the theatre, the restaurant, etc.
8. "Good Grooming for Boys and Girls" - care of nails, hair, shoes, complexion and clothes.
9. "How to compile Long-time Records" - have a boy and girl's record book to show them.

#### CAMP ORGANIZATION

(Material chiefly designed for those attending a camp that is not staffed)



The success of your camp will greatly depend on how well it is organized. Knowing what is to be done, having a time to do it and someone responsible for the job is important.

There are those who say, "But I want my boys and girls to be free to have a good time. I don't want a set program. That's too much like school. I want them to roam the woods or play baseball or just loaf if they want to." There may be adults who enjoy "just loafing" and who have learned to use such time to advantage, but the boy, or girl, who can entertain himself very long in a strange place without help is rather rare. There is no surer way to have an epidemic of home-sickness than to serve large doses of unfilled time to young people away from home. Plan for interesting loafing.

#### Precamp Plans:

1. Send letter to those attending camp explaining detail plans for transportation, etc.
2. Publish camp bulletin to be given to each camper.
3. Assign duties of camp personnel well in advance.
4. Camp duties are listed below and should be definitely assigned to some person. The same person may assume more than one responsibility.

Business Manager-Treasurer	Assembly Conductor
Dining Room Manager-Menu Planner	Registrar
Counselor for Boys	Bugler
Counselor for Girls	Athletic Director
Cabin Inspector	
5. Plan programs for the following:
  - a. Flag Raising Exercise
  - b. Camp Assembly
  - c. Campfire
  - d. Candlelighting Services - Vespers
  - e. Evening recreation
6. Select instructors for activities in:

Swimming - 45 minutes
Handicraft - 45 minutes
Recreation - 45 minutes (other classes might be added, Nature Study is a good one)



7. Secure camp nurse or someone for First Aid treatment.
8. Plan organized play for afternoon (competitive sports between groups)

Nature Hikes	Volley Ball
Horseshoe	Tennis
Baseball	Badminton
9. Make detail plans for banquet if your group desires one.

#### ARRIVAL AT CAMP

##### Registration:

Assign boys and girls to their cabins.

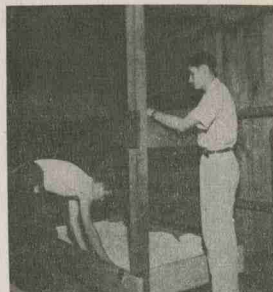
##### Unpacking and Making Bunks:

Hang up clothes and make beds

Read over camp bulletin

##### Get Acquainted:

Take a stroll around camp and locate the different buildings. Make new friends with 4-H members from your county.



Pattern schedule for day's program will be mailed to you in bulletin form.

"What happens tomorrow depends on what we do today.  
And what happens today depends upon us."

"I will govern any life and my thoughts, As if the whole world were to see the one, and read the others."

-----Seneca

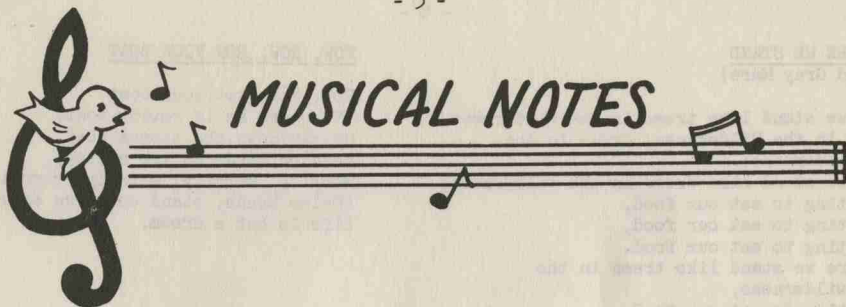
"Time is one thing on which we can't get a refund. We only have what's left. We can grow as far as we want in any director. We are limited only by the number of years we can keep on living."

----Jane Farwell

As you plan your 4-H camp program, we suggest that you refer to two previous 4-H-Wards to camp -- the 1947 and 1948 issues.

Here's personal wishes for the best camp your county has ever held!

*Z. R. Larice*  
*Eleanor Barber*  
*Mary Sue Moyer*  
*Jesse James*  
*Oscar Phillips*



### CAMP MUSIC

Singing is a camp feature that depends for its quality and its popularity on the personality of the music leader. If the music counselor starts poor songs they will be sung with gusto. If good music is offered, it will be accepted and sung with just as much enjoyment. If the counselor is sensitive to the needs and interests of the campers, music that will mean much to them will fill an important place in camp.

### Choice of Songs

Singing runs all through the day. A bugle call or a simple tune rouses the camp. The flag goes up to music. Songs are sung in assembly and through the rest of the day. What kind of singing is it -- Pa's Old Mule, Old McDonald Had a Farm, Tell Me Why, and their numerous company, or the vigorous beautiful songs that have come down through the years to us, a rich heritage?

There are a few 4-H songs that are used rather generally. To sing them frequently in assembly programs so that they will be well learned seems a good idea. Dreaming, A Ploughing Song, The Four Leaf Clover, Field Song, and Song of Health are most generally used. When the old songs that are sung by groups all around this country are not familiar to the campers, they should be taught. Old Black Joe, Old Folks at Home, Carry Me Back to Old Virginny, Home on the Range, are of this type.

### SPRINGTIME IN THE ROCKIES

When the 4-H clubs are camping,  
I'll be going there with you.  
To the place of friendly greeting  
Where the sky is always blue.  
When the 4-H Clubs are calling,  
Then I know it is for me,  
As we see our emblem waving  
In the sky for you and me.

### HAIL, HAIL

Hail, hail, the gang's all here  
Never mind the weather,  
Here we are together,  
Hail, hail, the gang's all here,  
Let the pleasure start right now.  
  
Hail, hail, the gang's all here.  
Just a bunch of live ones,  
Not a single dead one.  
Hail, hail, the gang's all here;  
Sure I'm glad that I'm here too.

HERE WE STAND  
(Old Gray Mare)

Here we stand like trees in the wilderness,  
Trees in the Wilderness, trees in the  
wilderness;  
Here we stand like trees in the wilderness,  
Waiting to eat our food,  
Waiting to eat our food,  
Waiting to eat our food.  
O, here we stand like trees in the  
wilderness,  
Waiting to eat our food.

THE MORE WE GET TOGETHER

Formation: Group seated.

Words: The more we get together, together, together  
The more we get together, the happier we'll be  
For your friends are my friends and my friends  
are your friends,  
The more we get together, the happier we'll be.

Action: Sing through twice, rising on the words  
"together" and "friends" (if seated) and  
sitting on the words "together" and "friends"  
--- (if standing)

ROW, ROW, ROW YOUR BOAT

Row, row, row your boat  
(Move arm as if rowing boat)  
Gently down the stream (Lay  
head on hands as tho asleep)  
Merrily, merrily, merrily, merrily  
(Raise hands, stand and turn around)  
Life is but a dream.

CHICKEN  
(America)

My chicken, 'tis of thee,  
Sweet bird with gra-a-vy,  
Of thee I sing.  
I love thy breast and wings,  
Back, legs, and other things,  
I love thy sweet stuffings,  
All but the neck.

SONG MEDLEY

Merrily we roll along, roll along, roll along  
Merrily we roll along, O'er the deep blue-----

See the boat go round the bend, Goodbye my lover, goodbye,  
Loaded down with fisher-men, Goodbye, my lover Good----  
Bye-low, my baby - bye-low, my baby  
Bye'low, my baby - we're going to leave-----

The old oaken bucket, the iron bound bucket,  
The moss covered bucket, that hung-----

In the evening by the moonlight, you can hear those Banjos  
ringing-----

Gone are the days when my heart was young and gay  
I hear their gentle voices calling-----

Way down upon the Swanee River, Far from the old folks at-----

Home, home on range; where the deer and the antelope play  
Where seldom is heard a discouraging word,  
And the Skies are not cloudy for-----

He's a jolly good fellow; For he's a jolly good fellow,  
He's a jolly good fellow, which nobody can deny.



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CAMPFIRE No. 1

SONG: Sing Your Way Home

POEM: Kneel Always When You Light a Fire

PROGRAM: Five Members

SONGS: 4-H Pledge Song, Upward Trail, Over My Head, I Want a Girl,  
I'm Looking Over a 4-H Clover, For Me and My Gal

"KNEEL ALWAYS WHEN YOU LIGHT A FIRE"

Kneel always when you light a fire.  
Kneel reverently and thankful be  
for God's unfailing charity.  
And on the ascending flame inspire  
A little prayer that shall upbear  
The incense of your thankfulness  
For this sweet grace  
Of warmth and light!  
For here again is sacrifice  
For your delight.

Oak, elm and chestnut, beech and red pine bole,  
God shrined his sunshine, and entombed  
For you these stores of light and heat  
Your life joys to complete.  
These all have died that you might live;  
Yours now the high prerogative  
To loose their captivities  
To give them new sweet span of life  
And fresh activities.

Kneel always when you light a fire!  
Kneel reverently,  
And grateful be  
To God for his unfailing charity!

-----Author Unknown



### PROGRAM

1st member - "Pine bough and cones stand for service. The pine tree does not live for self alone. It provides shelter from the storm and warmth from its wood. Medicine made from its needles heals wounds. Gifts of service from the pine bough and cone placed upon our fellowship fire is for service."

2nd member - "The oak is the symbol of sharing -- sharing friendships, joys, hopes, fun and experiences. Sharing together will make new friends, strengthen old friendships."

3rd member - "Adding the pine knot to the campfire is a symbol of cheer, fellowship, and lasting friendship. It has always been used for decorating and lighting for parties. The messenger carried the light from clan to clan. It adds sparkle to a fire. Pine knots express the gift of friends."

4th member - "The dogwood is the symbol of being bound together. The branches point in every direction suggestive of the way we have come from different parts of the country. These branches are closely bound together, showing the way we are united in common need and purpose."

5th member - "As these flames leap upward we think of the mounting spirit of this our 4-H camp. We will dance and laugh and sing. In the fire are many colors, and shooting sparks. During our camp our hands have started toward new skills, and new interests, new songs and new ideas will brighten our lives as the sparks do the night. The camp activities bring us the warm satisfaction of new friends, and how we can be of more service to others. When we leave, we will dedicate ourselves to a purpose like that of the pine trees that grow around us, conserving the land for the enrichment of the lives close to it."

(The trees used should be selected to fit the surroundings.)

### THE 4-H CAMP (Jingle Bells)

Skies are warm and bright  
Hearts are light and gay;  
Ev'rything's all right.  
Bright the world today;  
Let's be on the march  
Over the hills we'll tramp  
On a happy hike once more  
To the good old 4-H Camp!

When the camp fire's lit,  
Many miles from home.  
Singing, ringing songs,  
Telling many a tale  
Of happy days we've known  
On the 4-H campers' trail!  
Round it we all sit and sing  
While the stars are looking down.

Chorus: Club work boys, club work girls,  
Club work yes, we say  
Oh, what fun it is to camp  
And oh! what fun to play  
Heart and Head, Hand and Health,  
That is what we say,  
Stands for club work everywhere  
In the good old U.S.A.

4-H FIRELIGHT SONG

(Tune - Let the Lower Lights Be Burning)

Brightly beams our 4-H firelight,  
As we gathered here once more,  
Pledged to keep our candles burning  
As they gleam forever more.

Go, yet forth, with faith and fervor,  
To the tasks you find to do;  
Tho' in joy, distress--or sorrow--  
Let your flickering lights shine through.

Chorus: Let your 4-H fires keep burning  
Send their gleams a 'near and far,  
To those eager eyes still yearning,  
You may be a guiding star.

CAMPFIRE - No. 2

Assemble quietly around camp circle.

SONG: Home on the Range

POEM: Fire

STORY: How Fire Came to Earth (to be told by a good story teller who does not read it.)

SONGS: Down in the Valley, Old Texas, Day is Done, I've Been Working on The Railroad

CAMPFIRE

CLOSING: Poem

"FIRE"

Each color or tint that a tree has known  
In the heart of a wood-fire glows;  
Look into the flames and you will see  
Blue duck and the dawn's pale rose,  
The golden light of the noonday sun,

The purple of darkening night,  
The crimson glow of the sunset,  
The sheen of soft moonlight.  
Fire brings forth from the heart of  
a tree  
Beauty stored there in memory.

---Mary Edgar

"HOW FIRE CAME TO EARTH"

It was in the long ago. Yelth, the Raven, was a spirit of good, and he was king; but his uncle, the great Gray Eagle, was a spirit of evil.

The eagle kept in his lodge the Sun, Moon, Stars, Fire, and Fresh Water, and he guarded them, that the children of men should not get any part of them. He hated the children of men and wished them evil. But Yelth wished them well, and therefore the Gray Eagle hated him.

The Great Gray Eagle's daughter, however, did not hate the handsome youth; and when Yelth spoke smooth words to her, she bade him enter her father's lodge. Yelth looked well within the lodge to see what he could find that the children of men could use.

"Who are you?" he asked a great, shining ball; and the ball answered: "I am Sun. All day long I can shine and give light and warmth. Why am I shut up here?"

Then Yelth say a smaller ball and he asked:

"Who are you?" and a gentle voice said:

"I am moon, and by night I can shed soft radiance over all the world to make it fair and well nigh bright as day. Yet here I rest in this dark place," and she sighed.

Yelth turned to some small twinkling lights and asked of them their names, and they answered:

"We are stars. We are Moon's children, flowers of the sky; but the great Gray Eagle keeps us here, although we long to see the bright and beautiful world."

Yelth looked once more in the lodge and saw two other things, and these were Fire and Water, and he said to himself:

"All of these things I must have for the use of my friends, the children of men."

Then Yelth, the Raven, gathered up Sun, Moon, Stars, Fire and Water, and bearing them all with him, he flew up out of the smoke hole of the lodge. He flew straight up to the blue, and there he hung Sun where all men might see him. Then he rested for a while in a tree top. And soon came night.

Yelth could not see to fly; but he hung Moon in her place, and scattered the Stars all about the sky, and they made the heavens bright with light. And Yelth flew swiftly through the air.

He flew and flew toward his own lodge, and carried with him fresh water and burning fire.

At length, however, he grew tired of his task. He dropped Water upon the earth, and it flowed and flowed into rivers and lakes and springs, and thereafter men had plenty of fresh water to drink.

Now fire was burning upon a fire stick, and Yelth carried the stick in his bill. The slow flames burned and burned, and the smoke blackened the Raven's coat until it was like a coal. The flames became hotter until they burned the stick away and touched Yelth's bill with pain, and Yelth dropped the fire and it fell to earth. To the rocks and trees it fell, and there it is to this day. For the children of men make fire by striking together two bits of rock, or by rubbing together two dry sticks.

And this is how Fire came to the Earth by Yelth, the Raven, in the time of long ago.

#### "CAMPFIRE CLOSING"

The sun has sunk beneath the hills  
The evening shadows fall  
Across the silence of the lake  
We hear the loon's low call.

So let us, too, the silence keep  
And softly steal away  
To rest and sleep until the morn  
Brings forth another day.

#### CAMPFIRE CIRCLE - No. 3 "Fellowship"

OPENING: Around the Camp Fire Bright

SONG: Tell Me Why

POEM: My God and I

SONGS: Carry Me Back to Ole Virginia, Home on the Range, In the Evening

SONG OR

POEM: Each Campfire Lights Anew

PRAYER: Indian Sign Language Benediction

"AROUND THE CAMPFIRE BRIGHT"

Oh! set the campfire burning, let's sit  
around the blaze.  
We'll store some right good memories up,  
To use in coming days.  
A picture of good comrades with faces all  
alight,  
Who sat beneath the stars and sang,  
Around the campfire bright.

"EACH CAMPFIRE LIGHT ANEW"

Each campfire lights anew  
The flame of friendship true.  
The joy we've had in knowing you  
Will last the whole year through.

"MY GOD AND I"

My God and I, go in the fields together.  
We work and talk as good friends should and do;  
We clasp our hands, our voices ring with laughter.  
My God and I, walk through the meadows hue.

He tells me of the years that went before me,  
When heavenly plans were made for me to be,  
When all was but a dream of dim conception,  
To come to life, earth's verdant glory see.

My God and I, will go for aye together.  
We'll talk and talk and jest as good friends do.  
This earth will pass and with it common trifles,  
My God and I, we'll go unendingly.

-----Sergei

\*"INDIAN SIGN LANGUAGE BENEDICTION"

1. "May the Great Spirit" - right hand move upward like curling smoke.
2. "Put sunshine" - right hand held high, thumb and forefinger closed in a circle, other three fingers out like the sun's rays.
3. "Into your heart" - place sign of sun over the heart.
4. "Now: - both hands outstretched, waist high, palms upward.
5. "And forever more" - right hand stretched upward as far as possible forefinger extended; same with left hand but extended downward.
6. "Heap much" - same position as #4 but move hands as if scooping up and heaping high.

\*Done silently; words not spoken.



### A 4-H Camp Candle Light Ceremony

The setting -

- |                            |                                       |
|----------------------------|---------------------------------------|
| *1                         | 1 - The Guardian                      |
|                            | 2 - The pedestal with lighted candle. |
| *6                      *3 | 3 - Truth                             |
|                            | 4 - Love                              |
| *2                         | 5 - Fortitude                         |
| *5                      *4 | 6 - Beauty                            |

A lighted candle is on a standard or pedestal, labelled "Candle of the 4 square life." The guardian stands back of the candle holding an unlighted candle. On the sides surrounding the pedestal, representing a square or 4 leaf clover, stands 4 members (Truth, Love, Fortitude, Beauty), each holding an unlighted candle.

The guardian of the candle speaks:

"The little ceremony that follows is taken from an Indian Camp Fire Ceremonial. To the Indian the 4 sided council fires suggested a code of living and dealing with his fellow man, much as the 4-H's guide us along the path of every day life. The 4 leaf clover suggests this 4 sided council fire of the Indian. The 4 sides of the council fire symbolized to the Indian:" -

(Each in turn speaks up) -

Head - "Truth, as sought by the clear thinking mind."

Heart - "Love, which grows out of service to others."

Hands - "Fortitude, which comes with days and weeks of trying work well done."

Health - "Beauty, as seen in a healthy body."

Guardian - "These were the lamps that lighted the way to a rich once contented life listen, then, to the words of wisdom as spoken by Truth, Love, Fortitude and Beauty."

(At the juncture the members representing the above virtues, step up in turn and light their candle, repeating as they hold their candle high the words as given.)

Truth - (representing Head) "Speak true, be reverent, play fair when you strive."

Love - (representing Heart) "Be kind, be helpful, be glad you are alive."

Fortitude - (representing Hands) "Be brave, be silent, and obey."

Beauty - (representing Health) "Be clean, be strong, enjoy the common things about you."

Now, each member tries hard separately to light the 4-H candle held by the guardian, but each in turn is unsuccessful.

Truth - "All are needed by each one  
Nothing is good or fair alone.  
Suppose all our torches together  
Might light the 4-H Candle?"

Fortitude - "We can but try!"

Then all together approach the 4-H Candle held by the Guardian try in unison to light the candle, and are successful.

Guardian closes with

"One small torch did naught alone,  
No matter how it tried  
But - Head, Heart, Hand and Health  
Four torches side by side

Lit up the 4-H candle.  
Each alone tried so hard to light  
And made it gold and mellow through  
The darkness of the night."

All repeat in unison the 4-H Pledge.

While we sing "Follow the Gleam," let each of us light anew the 4-H flame and live the 4-H Pledge.

## V E S P E R S

### Cleanness of Thought

#### Call to Worship:

"Give Us, O Father"

Give us, O Father  
Hearts that are new,  
Faith that is daring,  
Love that is true,  
Farseeing vision,  
Big as the race,  
Teach us to serve thee,  
Each in his place.

Give us, O Father,  
Thoughts that are pure,  
Hope that is noble,  
Truth that is sure,  
Motives unselfish,  
Minds that are free;  
Lead us and teach us  
More about thee.

Give us O Father  
Dreams that are fair,  
High aspirations,  
Ideals to share,  
Strength for achievement,  
Courage to be--  
Live in our living  
Make us like thee.

-----Chauncey R. Piety.

Hymn: "Gracious Spirit, Dwell With Me."

Scripture: Matt.5:8, Psalm.139:37

Story: "Purity is Dearer Than Life"

In the forests of northern Europe and Asia there lives a little animal called the ermine. Because of his snow-white fur, he is considered the most beautiful of animals, and yields one of the most valuable of commercial furs. Ermine is used for neckpieces, muffs, and trimmings of various garments. It is also used to line the robes of kings, queens, and judges of England. The pure white of the fur has made it a symbol of purity, a quality usually associated with the office of a judge.

The best skins are taken in extremely cold sections of northern Russia, Norway, Sweden, and Canada. The color of the fur is affected greatly by the climate. From a reddish brown it turns to a yellowish white in moderate weather, and to a pure white in intense cold, but the very tip of the tail is always black.

The ermine lives in thickets and in stony places; and, frequently, makes use of deserted homes of moles and other underground mammals.

Trapping requires great patience and exposure to bitterly cold weather; consequently, few skins are taken yearly. Since an ordinary trap would tear the soft silky fur, other means must be used to catch this wary little creature.

The ermine has a peculiar pride in his white coat, and at all hazards protects it from anything that would soil it. So the fur hunters take cruel advantage of this little animal's desire to keep his coat clean. They do not set a trap to take him at some unwary moment, but, instead, they find his home---a cleft in a rock or a hollow tree--- and daub the entrance and interior with repulsive dirt. The dogs then start the chase. Frightened, the little ermine flees for his home---his only place of refuge. When he reaches it, he finds it daubed with filth and will not enter for fear of soiling his pure white coat.

Rather than go into the unclean place, the ermine faces the yelping dogs and preserves the purity of his fur at the price of his life. It is better that his coat be stained with blood than soiled with dirt. This instinct for cleanliness leads him to regard his white fur as his dearest possession, and he keeps it clean regardless of what happens. He has only a white coat, but he gives his life to keep it spotless.

Poem:

"God, Who Touchest Earth With Beauty"

God, who touchest earth with beauty,  
Make me lovely too,  
With Thy Spirit re-create me,  
Make my heart anew.

Like thy dancing waves in sunlight  
Make me glad and free,  
Like the straightness of the pine trees,  
Let me upright be.

Like Thy springs and running waters,  
Make me crystal pure,  
Like thy rocks of towering grandeur,  
Make me strong and sure.

Like the arching of the heavens,  
Lift my thoughts above,  
Turn my dreams to noble action,  
Ministries of love.

God, who touchest earth with beauty,  
Make me lovely too,  
Keep me ever, by Thy Spirit,  
Pure and strong and true.

---Mary S. Edgar

Prayer: Our Father, help us to realize that if we would live by the standards which Jesus set, we must guard against unclean thoughts or unworthy motives. Grant that we may make our decisions in such a way that there will be nothing in our lives to hide from the world. Help us to realize that purity is dearer than life; and may we hold on to it regardless of what happens.

"We would affirm our faith in life and call life good and not evil. We accept the limitations of our own life and believe it is possible for us to live a beautiful and Christlike life within the conditions set for us. Through the power of Christ which descends on us, and which dwells in our spirit, we know that we can be more than conquerors through Christ our Lord."

Hymn:

"I Would Be True"

Benediction: Now unto him that is able to keep you from falling, and to present you faultless before the presence of his glory; to God the Father, be glory and majesty, dominion and power, both now and forever more.  
Amen.

Sharing

Call to Worship: Wait on the Lord: be of good courage,  
And He shall strengthen thy heart.  
The Lord is my light and my salvation;  
Whom shall I fear?  
The Lord is the strength of my life;  
Of whom shall I be afraid?

Hymn: "Spirit of God, Descend upon My Heart"

Scripture: Matt.20:20-28

Story:

"The White Fire"

Three men came to Love the Lord, asking a gift of his white fire, and the gift was not denied. "Take it, keep it, use!" said Love the Lord; and they answered joyfully, "Yea, Lord, this will we do!"

Then the three fared forth on their way, the old way, the new way, and the only way' yet; they went not together, but each by himself alone.

Presently one came to a dark valley, full of men who groped with their hands, seeking the way, and finding it not, for they had no light; and they moaned, and cried, "O! that we had light to show us the way!"

Then that man answered aloud, "Yes, and there shall be light!"

And he took the fire that was given him of Love the Lord, and made of it a torch, and held it aloft, and it flashed through the darkness like a sword, and showed the way; and with him leading, they followed, and came safely through that place into the light of day.

The second man went by another path of the way, and it led him over a bleak moor, where the wind blew bitter keen, and the rocks stood like frozen iron; and here were men shivering with cold, huddling together for warmth, yet finding none, for they had no fire. And they moaned and cried, "Ah! if we had but fire to keep the life in us, for we perish!"

And the man said, "Yes, there shall be fire!"

And he took the fire that he had of Love the Lord, and spread it out, and set fagots to it, and it blazed up broad and bright; and the folks gathered round it, and held their hands and warmed themselves at it, and forgot the bitter wind.

Now the third man went his way also; and as he went he said to himself, "How shall I keep my fire safe, that no fierce wind blow it out, and no foul vapor stifle it? I know what I will do: I will hide it in my heart, and so no harm can come to it." And he hid the fire in his heart, and carried it so and went on.



Now by and by those three came to the end of the way, and there waited for them one in white, and his face veiled. He said to the first man, "What of your fire?"

And the man said, "I found folk struggling in darkness, and I made a torch of my fire, and showed them the way; now it is well-nigh wasted, yet it still burns."

And he in white said, "It is well; this fire shall never die."

Then came the second, and of him, too, that one asked, "What of your fire?"

And he said, "I found men shivering with nought to warm them, and I gave my fire, that they might live and not die."

And he in white answered again, "It is well; this fire, too, shall never die."

Then came the third and answered boldly, and said, "I have brought my fire safe, through peril and through strife; lo, see it here in my heart!"

Then that one in white put aside his veil; and it was Love the Lord himself. "Alas!" he said; "what is this you have done?"

And he opened the man's heart; and inside it was a black char, and white ashes lying in it.

Poem:

"I Sought His Love in Sun and Stars"

I sought His love in sun and stars,  
And where the wild seas roll;  
I found it not, as mute I stood,  
Fear overwhelmed my soul;  
But when I gave to one in need,  
I found the Lord of Love indeed.

I sought His love in lore of books,  
In charts of science's skill;  
They left me orphaned as before---  
His love eluded still;  
Then in despair I breathed a prayer---  
The Lord of Love was standing there!

---Thomas Curtis Clark.

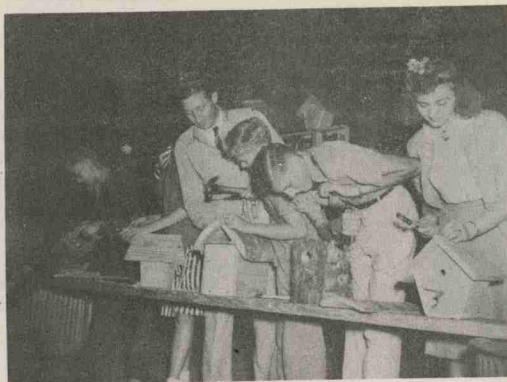
Prayer: Heavenly Father, every good and perfect gift comes from Thee, and it is of Thine own that we give to Thee. Help us to hold all our resources in trust for Thy use. May we, by means of them, create untold blessings for Thy children. Forgive us that we have ever exploited others for our gain instead of expressing to them Thy love. Through Jesus Christ our Lord.

Amen.

Hymn: "The Light of God is Falling."

Benediction: The Lord mercifully with his favor look upon you, and fill you with all spiritual blessings and grace; that in this life, and in the world to come, ye may be partakers of eternal life.

Amen.



### HANDICRAFT SUGGESTIONS

Crafts that can be satisfactorily completed in two or three days require an abundance of preliminary planning.

Enough equipment so that one need not lose his enthusiasm while waiting his turn makes for success in crafts.

#### Suggestions for handicraft:

- Textile painting - on small aprons, head scarfs or household linen.
- Leathercraft - key cases, bill folds, change purses, comb cases, belts, etc. (useful articles can be made of scrap leather obtained inexpensively from furniture factories.)
- Woodwork - Book ends, carved animals, notebook back, bird boxes, bases for reading lamps, buttons, and tie slides.
- Metal Craft - Bracelets, bowls, and ash trays.
- Weaving - Table mats, pot holders, rugs and purses.
- Nut Craft - buttons made from walnuts, polished peach stones, pecans.
- Potato Prints - Use India ink on brown unglazed wrapping paper or with colored drawing ink on muslin, or white paper makes attractive camp cards, notebook covers, camp cards or costume decorations.

#### Directions for Potato Printing:

Medium potatoes can be cut into several large hunks. Shape pieces to suit user. Cut out design on the meaty part of potato. Paint the printing end with ink and stamp on paper or cloth.

Bedroom Slippers - Can be made out of braided percale or corn shucks.

#### Address of Craft Companies:

American Handicraft Co., Inc.  
45-49 South Harrison St.  
East Orange, New Jersey

Magnus Brush and Craft Materials  
108 Franklin Street  
New York 13, New York

The Handcrafters  
Waupun, Wisconsin

## TIPS IN RECREATION

### Progressive Hand Shake:



Players stand in a circle with "it" in the center. "It" starts at any point, counts seven persons right or left, introduces himself, and shakes hands. The person whose hand is shaken starts in the opposite direction from "it", counts seven, and so on. Each person whose hand is shaken starts in the opposite direction from the person who shook hands with him. Everybody continues shaking hands after they once start until the whistle blows, when all run for their original places in line. The last person in place is "it" for the next game. In large circle there can be two "its" to start with.

### Number Partner Mixer:

Formation Single circle facing counter clockwise. Players are numbered off 1 to 5 (larger number if group is very large)

Action Players march in line of direction. When whistle blows all run to center with finger raised showing their number, get a partner with same number and march together. All left without partners stay in center until whistle blows again. Repeat several times.

### Morrah:

Formation: Players seated in circle formation. One person chosen to start the game. All have hands in front of them and are to show a number of outstretched fingers. Before the fingers are quite out, the leader calls out a number and at the same time has his fingers (the amount called) extended. All those who have the same number out are eliminated and stand back of their chairs. The object is that all should read the leader's mind and not extend that number of fingers. The player to the right of leader calls the next number and the next to his right calls the third and so on. This really is exciting especially when there are only two left. The last person to be seated is the winner.

Variation: All players who extend the same number of fingers as the one calling the number is one point. 12 points decide the contest.

Note: Do not use both of the above for the same party.

### Rhythm:

Entire group stands in circle and is numbered off 1 to whatever number persons there are in the group. Practice rhythm, using both hands slap legs, then clap hands, then snap thumb of left hand, then right. This will take four counts. After group has acquired this technique, when player No. 15, for instance is playing, he calls out 15 on the snap of the left hand and some other players number when he snaps the right. (15-3) then 3 must call (3-8, etc.) always keeping the rhythm. When player misses rhythm or calling his number, he must go to the foot of the group, and all players below his number move up and change numbers accordingly. The chair retains the number. Whoever is in position number one at the end of reasonable playing time, is the winner of the game.





Paw Paw Patch:

Music Paw Paw Patch or Ten Little Indians

Formation Sets of six to eight couples, boys and girls in opposite lines

Song

- (1) Where, oh where is sweet little "Mary?" (2) Come on, boys, let's go find her,  
Where, oh where is sweet little "Mary?" Come on, boys, let's go find her,  
Where, oh where is sweet little "Mary?" Come on, boys, let's go find her,  
Way down yonder in the paw paw patch. Way down yonder in the paw paw patch.
- (3) Scooping up paw paws puttin' 'em in your pocket,  
Scooping up paw paws puttin' 'em in your pocket,  
Scooping up paw paws puttin' 'em in your pocket,  
Way down yonder in the paw paw patch.
- (4) Repeat verse 3.  
Use player's real name instead of "Mary."

Action (1) First girl in line skips to right around entire set and back to place. (2) First girl again skips around set. This time the boys follow her single file, and return to their places. (3) All partners join hands and promenade to right the length of set back to their places. On the word "scooping" each couple makes a sweeping motion down as if scooping with their hands. (4) Head couple goes to foot of set under the arched hands of the other couples. Continue with each girl in the set. The game may be repeated as each boy skips to left.

Bundle Relay:

The first player in each line is given a ball of cord or tape. When the signal is given, he passes it to his neighbor but holds the end. The ball is passed from player to player, unrolling as it goes. When it arrives at the lower end it is passed up the line behind the backs of the players until it reaches the first player again. The team that first wraps itself into a bundle is the winner. The sequel to the race consists in untying the bundle by passing the ball back and winding it as it goes.

Pass Fast: Players number off "1, 2, 3, 4," etc. All even numbers form one line; all odd numbers another. Lines stand facing each other. A ball or any article is passed from No. 1 across to No. 2 back across to No. 3, and so on down the line. Music is played during the passing. If the music stops while an "Even" holds the article, the "odds" score a point and vice versa. Work for a certain number of points.

Slide Right:

All the players except one are seated in a close circle which contains one extra chair. The extra player, who is "it" takes his place in the center, then he tries to seat himself in the vacant chair that is continually being taken by the person next to it. He calls "slide right" or "slide left" and thus controls the direction of the group's motion. When he calls "slide right," the person who finds that the chair on his right is vacant must slide into it. As soon as "slide left" is called each player is responsible for the chair on his left. When "it" gets a chair, the person who should have taken this chair must go to the center as "it".

Musical Pan:

Players form circle. A tin pan is passed quickly from one to the other around circle while music plays. When music stops, whoever holds pan is eliminated. Game continues until find person who is not touching pan when music stops.



### A What:

Players divide into groups of about eight players. Each group forms a line. The person at each end is given a small object, such as a pencil. The article at one end is labeled "A pair of sharp, steel shears." The other object is labeled, "A slippery, slimy, string." The person on the end passes the article to the person next to him, and says "This is a -----." The person receiving the article says, "what?" The new owner turns to the next person and says, "I have here a -----." The new person says, "A what?" The first person replies, "A - - - -." The second person repeats, "A - - - -," and the third person states, "A - - - -." Both articles are moving in opposite directions at the same time, and each person who has handled the object first asks "A what?" in turn, and then gives the name of the object, in turn.

NOTE: Square Dancing)

Virginia Reel)

Grand March )

Directions and calls in 1947 RECREATION MATERIAL COM-  
PILED by Eleanor Barber, Ass't State 4-H Club Leader

Other games from this publication we suggest are: Circassin Circle -  
Pigs in the Parlor - Folding Chair Relay - Stoop - Human Lotto

From Jane Farwell's RECREATION TIPS - Organ Grinder Man - Red River  
Valley - Ladies to the Center - Somebody Waiting

### Action Story

Ask the audience to do every motion that the leader does and continue every motion once it has been started until the end of the story.

"I was in town shopping the other day and bought a lot of material for drapes. As soon as I got home I wanted to cut it up so I got my scissors (action of cutting with two fingers of righthand). I had a lot of material so I want all of you to help me-- just keep on cutting. I am rather impatient so I want to start sewing right away so I sat down at my sewing machine. It is an old fashioned kind you have to peddle (action of moving feet on treadle of sewing machine). I was getting along fine cutting my material and pumping my sewing machine but I got rather warm so I picked up a fan and began to fan myself. (action of fanning with a left hand). I was getting along fine cutting my material, peddling my machine and fanning myself."

Continue in this same way adding chewing gum, and sitting in a rocking chair and rocking. Always name each action from the beginning clear through as soon as a new one is added.

You can end this story by saying the fuller brush man knocked at the door or a little girl came in and started to do the hula and got me all mixed up.

You can make up a story using any other motions such as a little boy in a toy store, etc.

### Choir Stunt

The staff presented a choir number, parts of which had the German flavor. Each member portrayed the different types of singers; that is, the uninteresting, the monotone, the nasal-singing type, the so-called high soprano. The director wore enumerable jackets and every time he heard a discord, he would get very disgusted and remove a jacket, expound some German, and brutally take that member away, beating him when out of sight, and terrific screams came pouring forth. It ends when the last member is singing, the director gives him the same treatment, beating, etc. and takes him outside, but lo and behold, the singer returns after a terrific noise, and completes the song.

### A Sure Cure for Falsehoods

A house wife is discovered comfortably seated in a chair reading a daily newspaper. She is soon interrupted by a loud knock on the door. She admits a salesman and, during the course of the conversation with him, learns about a new invention that he has for sale -- in reality it is only a deflated top rubber ballon. She is informed that the invention is a sure cure for falsehoods. If it is placed on the wall it will expand every time someone tells a "fib." She tells him she does not, and will not, believe such nonsense. Eventually, however, she becomes interested in it when the salesman reduces the price and persuades her to try it on her husband. Finally she purchases one and hangs it on a screen or the back curtain of the stage. The neck of the deflated ballon is hung on the screen or curtain so that a person back stage can inflate or deflate the ballon as the stunt is being presented.

The husband returns and his wife asks him many questions as to where he has been. His answers are all falsehoods. The ballon expands with each reply. The troubled wife then tells him of her afternoon purchase, pointing to the ballon. He is astonished and bewildered and asks her if she never in her life told a falsehood. When she answers no, the unseen property man inflates the ballon until it bursts.

References in the questions and answers to people in the audience adds to the hilarity and fun of this impromptu skit.

### In The Barber Shop

CHARACTERS: Barber, a patron, a youth

PATRON enters, mounts the barber's chair, leaves hat on.

Barber: Good morning, sir.

Patron: Good morning. Nice day.

Barber: Yes, it certainly is. Last week I thought it was going to rain but so far it hasn't. What shall it be this morning?

Patron: Oh, gimme a haircut.

Barber: Would you mind taking off your hat, then?

Patron: (ABSENT-MINDEDLY) Oh, pardon me. I didn't know there were ladies present!

Barber: Yessir. Now, how you like your hair cut, sir?

Patron: Off, please.

Barber: Yes, I know. But, I mean---what style?

Patron: What are the prices?

Barber: Haircut 75¢, shave 35¢.

YOUTHS ENTERS, SEES CHAIR OCCUPIED. INTERRUPTS.

Youth: How long will I have to wait for a shave?

Barber: (eyeing him closely) About six months, son, I'd say. Now sir, what do you say? (THIS SAID TO PATRON)

Patron: Haircut 75¢, shave 35¢?

Barber: That's right, sir

Patron: Well---just shave my hair off!

# *A Highlight of the Year*

- When* August 1-6, 1949
- Where* North Carolina State College
- Who* 4-H Club members 14 years of age as of January 1, 1949
- How* Members selected by fellow club members to attend. One boy and one girl from each organized community.
- Cost* \$10.00 registration fee - includes room and meals for the week.
- What Demonstrations* A program that's being planned by and for 4-H'ers.  
by Club members
- Dairy Foods - State competition  
Dairy Production - State competition  
Poultry  
"A Home is What You Make It"  
"To The 'Teens Taste"
- Evening Features* Recreation for all at football Stadium  
Health Festival  
"Romance of Uncle Sam" - Curtiss Candy Company  
Candlelighting Ceremony
- Assembly* Governor Kerr Scott  
Dr. Kenneth MacFarland - General Motors  
Election State Council officers  
State 4-H Dress Revue  
Singing
- Afternoon* Tours of the Capital buildings  
and the Governor's Mansion  
Athletics - swimming, etc.
- Clothing* Girls will wear the regulation 4-H uniform. She should have a minimum of: 2 skirts, 1 beanie, 1 jacket, 1 pair comfortable shoes, 1 blouse and 1 dickey or 2 blouses, and 1 bathing suit.
- Boys should have at least 1 white shirt, 1 black tie and 1 pair white pants - these for specials during the week - other comfortable clothing and a bathing suit.



## COMING EVENTS

May 22	4-H Church Sunday
May	Mother's Day
June 2-4	Pre-season Camp - Millstone
June 6	4-H Camps open (Millstone, Manteo, White Lake)
June 13-17	Farm and Home Agents Conference
June 15-22	National 4-H Camp
August 1-6	4-H Club Week
August 8-13	Farm and Home Week
August 22-27	Wildlife Conference - Millstone
August 27-30	Older Youth Camp - Millstone
August 1-14	Danforth Camp - Older Girls
August 15-28	Danforth Camp - Older Boys

### 4-H Livestock Judging Teams

There will be classes in:

Beef Cattle  
Sheep  
Swine  
Work Stock

The contest will be held during  
4-H Club Week.

Winning team will get a trip to  
International Livestock Exposi-  
tion in Chicago, Illinois.



COMING EVENTS

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NORTH CAROLINA STATE COLLEGE OF AGRICULTURE AND ENGINEERING  
OF THE  
UNIVERSITY OF NORTH CAROLINA  
AND  
U. S. DEPARTMENT OF AGRICULTURE, CO-OPERATING  
N. C. AGRICULTURAL EXTENSION SERVICE  
I. O. SCHAUB, DIRECTOR  
STATE COLLEGE STATION  
RALEIGH

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