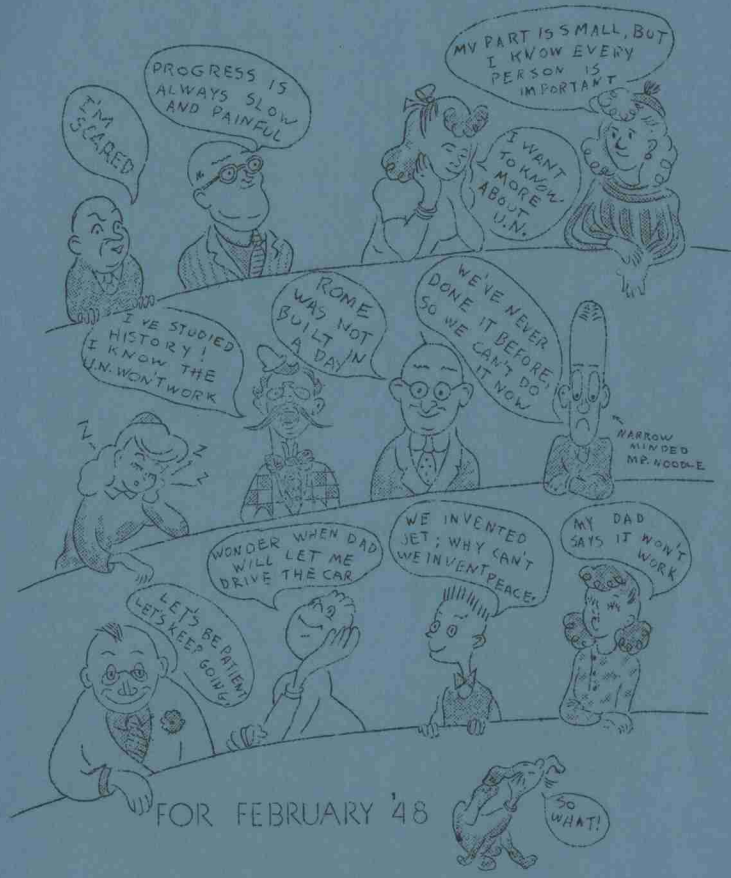
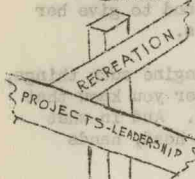


FOUR-H-WARD



FOR FEBRUARY '48

THIS YEAR'S WORK WITH 4-H NEIGHBORHOOD LEADERS IN NORTH CAROLINA



We have admitted that a weakness in our neighborhood leader program is not giving leaders specific jobs to do and expecting too much from them.

Train leaders to assist with 4 activities.

1. Recreation (Summer picnics, tours, camps)
2. 4-H Church Sundays
3. Achievement Days
4. Project work and help check records in October.

A neighborhood leader's success depends not so much on what he or she does for club members as on what they get club members to do for themselves. The leader is one who is interested in young people.

Recreation -- Four recreation schools are being planned to be held over the State for the one purpose of training leaders. We cannot reach every county with these recreation schools but you can give helps to your leaders in order that they can help you with a recreation program for the young people.

4-H Church Sunday is in May. This is one program that we feel neighborhood leaders can carry and do an excellent job. Suggestions for conducting 4-H Church Sunday will be sent you and you should make contacts with ministers, inform 4-H members about Church Sunday and give suggestions and other helps to neighborhood leaders.

4-H Achievement Day this fall needs the support of leaders to make it successful.

Project work - Having training schools for neighborhood leaders to give help to 4-H members in project activity is the best assistance a leader can give to the program. Some counties have worked

hard in training leaders and they have received satisfying results. They have done it by planning neighborhood leader schools and by following through with personal contacts with the leader. Not only personal visits by the agent in their homes or in the agent's office, but through personal letters and by helping the leaders plan their work with 4-H members. Last but not least they recognize and show appreciation to the leaders for the work they have done.

Through the trial and error method we learn and the Leaders Lament often expresses our feeling-- "My days are full of blunders."

Oh, how I've always yearned To live one life for practice and Another when I've learned! --From Cheerful Cherub

INTEREST IN REGULAR 4-H CLUB MEETING The club meeting acts as the hinge which holds the door that swings out on our wide and varied 4-H program.

Make plans for club meetings - Someone has said "A man without plans is like a clock without hands, as useless if it goes or if it stands."

A well thought-out and complete set of plans made jointly by the Farm and Home agent prior to each meeting will contribute more to the success of that meeting than any other one thing.

Club members part on the program - They should be made aware of the fact that the 4-H Club is their club and its success will be their success. The club members should be entirely responsible for conducting the meeting, of course, with the necessary help from the leaders.

NATIONAL 4-H CLUB WEEK, MARCH 1-7, 1948

OUR MAGIC WAND

Theme

"Creating better homes today for a more responsible citizenship tomorrow"

The following quotation fits in well with this theme and can be used to advantage in talks with 4-H young people.

BEGIN YOUR CITIZENSHIP IN THE HOME

"The foundations of your whole life--physical, emotional, and mental--are laid in the home. The well-ordered home based on love, mutual helpfulness, and intelligent cooperation is the highest achievement of mankind. It is the cradle of civilization. By living and working together in the home we acquire the virtues, habits, and skills needed for the highest success in life. By doing your part in the tasks about the home; by helping to keep it clean, orderly, and beautiful; by seeking to make it a peaceful, friendly, and happy place; you learn to think, to plan, and to work with others in ways that will help you to perform well your part in any community. Exalt, enrich, and beautify your home. It is the foundation of your life and happiness; the first school of citizenship and democracy."

---Joy Elmer Morgan

This is a time when we can feature our "4-H Dreaming Song" in a very advantageous way in connection with our theme for the year.

Make plans now for National 4-H Club Week

1. Publicity
2. Window displays
3. Radio programs
4. Civic clubs and similar meetings

For further information refer to page 3 "Better 4-H Club work in 1948."

4-H HELPS

- (Film slides in color)
- Fitting and Showing Dairy Cattle
- Fitting and Showing Beef Cattle
- Fitting and Showing Swine
- 4-H Wildlife Conservation
- 4-H Camp
- General 4-H Activities

At some time or other, almost every young girl dreams of being a princess. Like Cinderella, she may hope for a fairy Godmother with a magic wand to give her beauty and lovely clothes.

Of course it's fun to imagine such things, but now that you are older you know that the real magic is in you. And in what you can do with your own head, hands and health!

By taking Clothing as one of your 4-H projects you can learn to sew and make some of your own clothes. Then the needle is your own magic wand. Let's see what you can do to make clothes that are pretty and useful.

(Taken from Circular 4-H 58
Ext. Service, Univ. of Wis.

The Simplicity Pattern Company has a new movie "Pattern for Smartness" that glorifies sewing for teen-agers. It is planned and photographed in full color to make girls want to sew, to show them how easy it is to learn to sew, to give tips in sewing, etc. It is a 16 mm color-sound movie. Book it through:
Modern Miss
200 Madison Avenue
New York 16, N. Y.

HOME

Noah Webster definition of home: The social unit formed by a family living together.

Country school boy's definition: Home is where Ma is.

City boy's definition: Home is the place where you change your clothes to go to the show.

Victor Hugo's "The Home"
A house is built of bricks and stones
of sills and posts and piers,
But a home is built of loving deeds
that stand a thousand years.

SCRIPTURE - Romans 12:9-16

GAMES

YOU AND I ARE AMERICA. Unless we change, America will not change. Unless we are willing to experiment boldly with the application of absolute honesty, absolute purity, absolute unselfishness, and absolute love in our lives and in our relationships and responsibilities, America, the land of the free, may lose her freedom because she no longer has the moral and spiritual values to maintain it.

--J. Herbert Smith

YOUNG AMERICA

I'm proud of this America
In which I had my birth;
To me it is the finest land
Of any on this earth.
I'm proud to know the stars and stripes
Floats over great and small,
And gives, regardless of their race,
Security to all.
And, for the blessed privilege
Of being safe and free,
I'll try my very best to make
My country proud of me.
--Anna M. Priestly

IDEALS are like stars. You will not succeed in touching them with your hands; but, like the seafaring man, you choose them as your guides, and following them, you will reach your destiny.

--Carl Schurz

PRAYER

I thank Thee, O Lord, for the expression of Thyself in the world of nature. For the fresh air and the open sky and the growing grass and the tiny flowers and the setting sun and the wooded hill and the brown earth beneath our feet. They are all good and they speak the truth, and we rest ourselves, and get new strength to go back to the world of restless men. Keep us ever like Thy good world, rugged and wholesome and true. Amen.

BALANCE THE MARBLES - This is one of those riotous games that gets funnier as it goes along. All you need is one pie plate, six or more marbles, and any number of players. Players take turns, competing for high score.

Place all marbles on the floor in front of a Club member. Have him balance the pie plate on his head, then place his hands on his hips and do a full deep-knee bend. He then begins to pick up the marbles one at a time and put them in the pie plate. The number of marbles in the plate before it falls off his head is his score.

Each marble, of course, multiplies the difficulty of balancing the plate, as all the marbles roll around. A metal pie plate is noisier, hence a bit more fun than a paper plate.

CUPID'S DART - Hang a heart-shaped framework of wire covered with red paper in the doorway. Have the players throw a soft ball through this heart, scoring two points every time it goes through, or suspend a small bell in center of heart and score 5 points each time a player rings the bell. Vary this game if you prefer by hanging up a pasteboard heart and having guests shoot at it with bow and arrow. Or have each player blindfolded and grope his way to the heart to pin the dart on, seeing how close he can come.

BROKEN HEARTS - Give each guest a piece of a heart or a piece of a valentine. Now he goes out to hunt the person with the other piece. This is a good way to match up for supper.

"The world is now a neighborhood but not a brotherhood."

"Harmony can build a symphony of love and understanding."

YOU AND THE UNITED NATIONS

Lois Fisher*

It took thirteen years to unite the United States into one nation under the Constitution and the thirteen quarrelling colonies talked the same language. It will take the long-sighted faith of leaders like Washington, Jefferson, and Madison. And it will take time.

Once upon a time there were many different peoples, separated by little fences. These fences were made up of mountains, rivers, oceans, jungles, and deserts. The fences were nailed together with prejudice, ignorance and fear. Each nation thought it was most important. They had little to do with each other.

It was not easy for people to get together. For thousands and thousands of years, animals were about the only way of travel and carrying things long distances.

Then suddenly, in the short space of just one century, airplanes, radios, diesels, and jet made all people neighbors.

Actually we are living and moving in one world. But all this has happened so fast that our minds have not kept pace.

Of all living things, men and ants are the only ones who go in for organized destruction of their own kind. Ants will continue to practice the art of war.

But men have the power of reason. Men should know enough to fight their real enemies -- ignorance, hunger, disease. It is plain silly to fight each other.

People began to think seriously about how they could live together as world citizens, and that is how the United Nations began. First it was just an idea in people's minds. Then they put their thoughts into action.

As 4-H members we can play a great part in helping to get people into the habit of working together. Peace is in the minds of men. Do you realize what great effect your own thinking has on your neighbor? Is your mind big or little? Do you say - my part is small, but I know every person is important? Or, Oh well, it doesn't affect me! Or, Who cares?

Every nation and every individual, little or big, has an important part to play and the peace and security of the world depends on how you think, what you say, and how you act.

*Parts taken from her book "You and the United Nations"

People seem to know how bad they are, but they don't half realize how good they can be!



CARE

-5-



"A PECK FOR PEACE"

The people of Europe desperately need the help of their friends in America as they face the most critical emergency since the end of the war.

Chicago, December 4, 1947--
1500 4-H club members and
leaders attending National
4-H Club Congress here today contributed
a "Peck for Peace."

CARE is a non-profit organization and we think it offers a good plan through which we can make our contribution.

For \$10.00 it provides ready-assembled food and clothing packages for needy folks in many countries of the world. During 1947 it delivered some 4 million packages worth \$39 million.

4-H clubs desiring to send a \$10.00 package should:

1. Send check or money order to:

Beatrice Schalet, Director
Office of CARE
Dupont Building, Room 319
Washington, D. C.

2. Write letter designating type of package--"Standard Food," "Cotton Goods," etc.
3. Give country to which you desire it sent--France, Italy, Greece, etc., and designate to whom it is to be sent--"A Needy Family," "A Student" (in some city), "A Clergyman," "A Friend" (giving name and address) or other.

In time--usually a few weeks--you should receive a receipt showing to whom your package was delivered.

The great need now is for more \$10.00 orders. CARE can handle 50,000 daily.

NEW CONTESTS

Recreation and Rural Arts
Forestry
Food Production and Marketing

In a panel discussion--"The Battle of the Mikes"--eight 4-H club members discussed world relationships. They talked about what might be done in a concrete way to bring about better relationships among the youth of the United States and those of other countries.

It was suggested that the best place to begin is right here and the best time is now. "Why not a peck for peace?" someone queried.

The result of the suggestion and the discussion that followed was that hats were passed to receive a contribution of money. The quarters and half-dollars and dollars poured in. When counted, the total amounted to \$612.20.

This money will be turned over to CARE, an organization which will see that it is sent to places where it will do the greatest amount of good for the most people.

That was a splendid thing to do, don't you think? The young folk in foreign lands who receive this money will certainly feel kindly toward the "Peck for Peace" contributors.

As a result of this token of interest in the welfare of foreign youth, there should come about a better understanding among the youth of our and other lands. That understanding should be promoted in other ways--by correspondence, by the exchange of youth representatives at youth meetings.

That "Peck for Peace" was a grand gesture from the 4-H Club members at National Club Congress. A great many more "pecks" need to be added.

Would your 4-H Club like to add a "peck"? It may be a small one or it may be large. Talk it over at your next club meeting. Agree on something to do, then do it. Youth in other lands needs your help.

A SHORT STORY TO TELL
TO THE CLUB MEMBERS

(Adapted from story taken from
newspaper)

"The Old Grandfather's clock had been faithfully telling the time for many years. Suddenly one day it stopped. The works were investigated and the trouble was located in the second hand.

"Why did you quit?" asked the hour hand.

"Well it's this way," replied the second hand, "too much is expected of me. Just think how much ticking I have to do! Every minute I must tick 60 times and I've been doing this for at least 30 years -- I've ticked millions and millions of ticks. I tell you it's too much, the task is too great, I'm not equal to it, right here and now I quit."

The rest of the works talked the matter over, but were at a loss to know what to do. As long as the second hand refused to do his bit the whole works were tied up.

At last the wise old hour hand said to the second hand "Do you feel able to tick just once?"

"Oh yes, I can easily do that", answered the second hand.

"Well, just tick once, then again, and again, that is all there is to it. You never need to tick more than once at a time", said the hour hand.

By the time the hour hand had finished speaking the little second hand was ticking cheerfully again, one tick at a time, and the old clock was running as usual.

Note: This story is helpful when club members are feeling sorry for themselves because they have so much to do, or when caring for animals, or preparing a meal looks like too big a task to tackle, when of course they do not have to do everything at once, but one bit at a time, and like the second hand, they can all do that.

FOR 4-H CLUB REPORTERS

Writing 4-H Club News*

Write "news" instead of mere "reports". Real news tells the most important things first - regardless of the order in which they happened. The biggest things at the top -- like this:

1. The Lead Paragraph

Lead off in your very first sentence with the most important part of your news item. Tell what seemed the biggest thing done or said or decided upon. Tell, too, in a general way - quickly - who said it or did it, how and why it was done, and when and where all this took place.

2. Fill in the Details

Your first paragraph was told in a rush, to win the reader's interest. Now tell the details. Tell these things in the order of their importance.

3. Stick to Facts

Just tell what was done or said. Don't say the meeting was interesting, but report the facts that made it interesting.

4. Look Ahead

Give place and date of your next meet.

*Approved by the Missouri Agricultural Extension editorial staff.

LOOK HERE -7-

Freedom Gardens

Health Skit - December, 1947 National Club News

This playlet's characters are: Hank, a slouchy, clownish fellow. John Smith a clean-cut 4-H'er. A small, retiring child to operate the clock.

It's a real laugh producer and you may not need the playlet now but file it for future use.

Teen-Topics - Do you receive this publication?

For 25¢ per year from Dennison Manufacturing Company, Framingham, Mass.

It has good ideas for girls, things to do, things to make, fads and fun.

THIS MONTH WE HONOR

Miss Cora Bell of the Mt. Mourne Community in Iredell County for 33 years of leadership in 4-H Club work. Few counties can boast of a leader who has served 4-H for a longer period of years.

John Collins, Iredell County, winner of the four-year scholarship to N. C. State College offered by the Chilean Nitrate Educational Bureau for the best long-time record.

Bobby Cockerham, Surry County, winner of a one-year scholarship to State College for having submitted the best poultry record in 1947. Scholarship given by Farmers' Cooperative Exchange.

D. G. Harwood, Jr., Stanly County, winner of the one-year scholarship to N.C. State College offered by the North Carolina Cottonseed Crushers' Association to the boy submitting the most outstanding record in dairying in 1947.

A letter from H. W. Hochbaum, Chief, Division of Field Coordination says, "The world food situation is as critical this year as at any time since the close of World War II. Prices paid by farmers for family living continue to rise.

"4-H Club Gardens have been a big factor in food production. They can be again made so to help in the present crisis.

"The Secretary of Agriculture, Clinton Anderson, has called for 20,000,000 Freedom Gardens in 1948. He stated that 'produce from freedom gardens can take the place of many foods vitally needed for export'.

"For many people, also, home gardens will be a great aid to food conservation besides making our diets more enjoyable and healthful. Having a garden will help to stretch the food dollar and this is something needed in these days.

"We are asking you and your workers, together with local leaders, to do everything possible to push the garden project. It is probably the most important 4-H activity this year."

Here in North Carolina we want to encourage gardens first of all, to see to it that enough food is produced for home use and a surplus for the people who are starving in many parts of the world.

The food production and marketing awards recently announced might well be used to encourage boys and girls to participate in garden projects.

National 4-H Club Week stickers are available from the National Committee, 59 E. Van Buren Street, Chicago 5, Illinois. Order now so you'll have them to advertise. Local restaurants will use them on menus. Put them on your letters, etc.

DEMONSTRATIONS AVAILABLE FROM 4-H OFFICE
(upon request)

- At The Store
- A Good Citizen At Home
- Better Lights For Better Sight In The Farm Home
- Birds of North Carolina
- Broiler Production Demonstration
- 4-H Boys' Clothes and Appearance
- Clothing Storage for the Bedroom
- Choric Speaking
- The Conservation of Wildlife
- Control of Cockroaches
- Cotton Cultivation
- Cotton Picking - High Grade
- Securing Cotton Yield
- Egg Grading and Marketing Demonstration
- Elementary Chart of Parliamentary Procedure
- A Corn Champion
- Making an Extension Cord
- 4-H Farm and Home Safety Demonstration
- Series of Six 4-H Club programs on Farm Management
- Fish Ponds
- Good Laying House and Good Flock Management Increases Profit
- The Health "H" in 4-H Club Work
- Health For Better Living
- The Heart "H" in 4-H Club Work
- The History and Background of 4-H Club Work
- Home Beautification Demonstration
- The 4-H's in Club Work
- Homes For Our Birds
- Home Membership -- a self test for 4-H Club members on Everyday Courtesy
- The Meaning of the 4-H's
- Lice Control on Poultry
- 4-H Pasture Demonstration
- Peach Tree Borer Control
- Personality
- Planning a Constructive Program of 4-H Club Work
- Good Looks Through Good Posture Exercises
- So You Want To Be A Farmer
- Standing Up To The World
- Tractor Check-Up Demonstration
- How To Construct A V-Drum
- Preventing Milk Loss
- Selecting A Good Dairy Cow and Handling Milk On The Farm
- 4-H Corn Production
- Cotton Grades and Prices
- Painting Out Buildings
- Plant Identification
- Lawns
- Transplanting and Care of Shrubs
- Arranging the Plantings

1000

THE NEW 4-H FOOD PREPARATION MANUAL ENTITLED "COOKING THE 4-H WAY" WILL BE OFF THE PRESS IN MARCH. THE REQUIREMENTS FOR COMPLETING THE UNITS DESCRIBED IN THE BOOK ARE:

THE BREAKFAST UNIT

1. a. Prepare 3 different beverages 6 times each.
b. Prepare 2 different cooked cereals 3 times each.
c. Prepare fruits for breakfast 6 times.
d. Prepare biscuits at least 6 times.
e. Prepare toast 3 times.
f. Cook eggs 3 different ways (for breakfast) 2 times each.
2. Plan 6 breakfast menus.
3. Set table for breakfast and arrange suitable centerpiece 12 times.
4. Wash breakfast dishes 12 times.
5. Cook and serve breakfast by yourself 6 times.
6. Keep a record of all meals and dishes you prepare.
7. Keep a Health Improvement Record.
8. It is suggested that you keep a scrap book of recipes, pictures, and magazine articles on breakfast foods.

THE LUNCH OR SUPPER UNIT

1. a. Cook 6 different vegetables.
b. Prepare 6 salads and 2 kinds of dressing.
c. Prepare 6 different kinds of sandwiches.
d. Prepare muffins 10 times.
e. Pack lunch for yourself or someone else 10 times.
f. Cook soft or baked custard 5 times.
2. Help mother plan, prepare, and serve supper 6 times.
3. Plan, prepare, and serve supper by yourself 6 times.
4. Set table for supper and arrange suitable centerpiece 12 times.
5. Wash supper dishes 12 times.
6. Keep a record of all the meals and dishes you prepare.
7. Keep a Health Improvement Record.
8. It is suggested that you keep a scrap book of recipes, pictures, and magazine articles on supper or luncheon foods.

THE DINNER UNIT

1. a. Cook 3 different cream soups 2 times each.
b. Cook potatoes 3 different ways 2 times each.
c. Cook meat 3 different ways 2 times each.
d. Prepare corn meal muffins or egg cornbread at least 5 times.
e. Prepare 6 different desserts 2 times each.
2. Help Mother plan, prepare, and serve the family dinner 6 times.
3. Plan, prepare, and serve the family dinner by yourself 6 times.
4. Set dinner table and arrange suitable centerpiece 12 times.
5. Wash dinner dishes 12 times.
6. Keep a record of all the meals and dishes you prepare.
7. Keep a Health Improvement Record.
8. It is suggested that you keep a scrap book of recipes, pictures, and magazine articles on dinner foods.

The other 4-H food preparation projects are: Eggs
Use, Do Not Abuse Vegetables
Better Breads

In each of these are listed the requirements.

PLEASE MAKE A CAREFUL INVENTORY OF YOUR 4-H SUPPLIES, FILL IN THE INFORMATION AS REQUESTED AND RETURN THIS FORM TO L. R. HARRILL. REQUEST ONLY THE NUMBER OF PUBLICATIONS ACTUALLY NEEDED. THIS INFORMATION WILL HELP US TO KEEP MATERIAL AVAILABLE FOR YOUR USE.

4-H INVENTORY	Number on Hand	Number 1948	Number Needed 1949
Pig Club Manual			
Pig Club Record Book			
Sheep Club Record Book			
Sheep Club Manual			
Garden Record Book			
Dairy Calf Record Book			
Dairy Calf Manual			
Baby Beef Record Book			
Baby Beef Manual			
Brood Sow Record Book			
Crop Record Book			
Health Improvement Bulletin			
Secretary's Record Book			
Irish Potato Manual			
Small Fruits Manual			
Tomato Manual			
Wildlife Conservation Manual			
Forestry Record Book			
Broiler Record and Manual			
Poultry Record Book			
Tobacco Record Book (Burley)			
Tobacco Record Book (Flue Cured)			
Sweet Potato Manual			
Agent _____	County _____		

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University of North Carolina
and
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N. C. Agriculture Extension Service

I. O. Schaub, Director
State College Station
Raleigh

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