

NEWS

Information from the State 4-H-Youth Office

Volume XXI - Number 3  
March, 1982

CONTENTS

Page

1982 World's Fair	2
"SOS" - Camp Countdown	2
Costs for Congress	2
NAE4-HA Cultural Exchange	3
An Invitation To Serve	3
National 4-H History	4
The Year of the Dog	4
National Agriculture Day Set	4
IFYE Ambassador Program	5
Core Exhibit for Leader Training	5
"Energy Ideas"	6
Letters of Appreciation	6
Bell County Kentucky Exchange	6
Texas Exchange	7
Pennsylvania Exchange	7
Explore China	8
4-H/CD/Energy Retreat	8
Teamwork in 4-H Demonstrations	8
Dates to Remember	9

ENCLOSURES

- Interstate Exchange--Form #1
- 4-H Horizons Clipboard
- IFYE Ambassador Program Brochure
- Explore China Information
- 4-H/CD/Energy Retreat Information
- 4-H Literature Order Form

*Donald L. Stormer*

Donald L. Stormer  
Assistant Director,  
Extension State 4-H Leader



Cooperative Extension Work in Agriculture and Home Economics,  
A&T and N.C. State Universities,  
100 Counties, and U.S. Department of Agriculture, Cooperating.

1982 WORLD'S FAIR IN KNOXVILLE, TENNESSEE

We have received some information from Lloyd Downen, Extension Director in Tennessee regarding housing contacts, admission prices, special days and special groups at the 1982 World's Fair in Knoxville, Tennessee. Those of you who are planning to take groups to the World's Fair may find this information useful as it indicates housing opportunities on the University of Tennessee campus at Knoxville, 4-H centers at Greenville and Crossville, and a county 4-H camp at Benton. There are too many pages for distribution to you via the newsletter, but if you are interested, please call my office and we will send you copies.

Donald L. Stormer

"SOS" (SAVE OUR SHAPE) - CAMP COUNTDOWN

An "SOS" (Save Our Shape) Camp is being planned for youth ages 12 to 17 (both boys and girls) in the North Central and Northwestern Districts, between the dates of June 28 and June 30, 1982 at Camp Caroway in Asheboro. The purpose of the camp is to help overweight youth develop good eating habits, and at the same time, lose weight safely. In addition, emphasis will be placed on helping youth of normal weight maintain that weight. Other topics that will be addressed during Camp Countdown include calculating the number of calories to lose one or two pounds per week, clothing to flatter the overweight figure, dancersize and taking the calories out of food.

We are especially excited that Dr. Robert Senior, Specialist in Adolescent Medicine, from Chapel Hill will be a speaker at the Camp, addressing the topic of Anorexia Nervosa, Drugs and Alcohol, and their relationship to Weight Control. In addition to educational sessions, time for fun and fellowship will be incorporated into the schedule each day.

The cost of the Camp per person is \$70.00. For more information about the Camp, please contact the Foods and Nutrition Agent in your county. Registration for the Camp will be on a first-come, first-serve-basis and will be limited to 100 youth. The registration deadline is May 10, 1982.

Mary Ann Spruill

COSTS FOR CONGRESS

Due to an increase in housing costs, the fee for N.C. 4-H Congress will be \$40.00 for delegates. Congress is scheduled at NCSU during the week of July 19th.

Dalton R. Proctor

NAE4-HA CULTURAL INTERSTATE EXCHANGE

Once again NAE4-HA's Cultural Exchange Task Force will be gathering and distributing data on counties wishing to participate in interstate exchanges. Please help us get the information to the task force on schedule. If your county is interested, please complete Form #1 (enclosed in 4-H Coordinator's newsletter) and return to me by May 1, 1982.

"Travel Can Be Fun" brochure will be distributed to NAE4-HA members before the National Meeting in Baltimore.

Pauline E. Moore

AN INVITATION TO SERVE

Rachel Parker, IFYE to the Philippines has a very important message for you. She extends her willingness to share her experiences with you in the following thank you note. Please consider taking advantage of this opportunity.

"Dear Pauline,

My IFYE experience to the Philippines was an exotic and exciting climax to my 4-H career. The four months I spent immersed in another culture has been the single-most educational experience I have encountered. Furthermore, my travels aided me in my career choice - a Masters in International Management.

Thank you for your assistance during my travels and for your prompt publication of my newsletter. I hope others enjoyed reading them as much as I enjoyed writing them. My positive IFYE experiences exemplified to me the necessity of such exchange programs. I hope North Carolina 4-H continues its support of such a worthwhile program.

I would like to present my IFYE slide show to various 4-H groups, especially retreats. Any assistance you can provide in scheduling is appreciated, and if I can be of service, please call.

Thanks,  
Rachel Parker"

Pauline E. Moore

NATIONAL 4-H HISTORY BEING PUBLISHED

A nationwide history of the 4-H program is now being published. The 500-page book will cost about \$10.00 per copy when it is published. The Extension Service is planning to provide one copy per county when the book is off the press. We have not seen the material but it is being prepared by a well-known historian and journalist. It should be excellent.

Donald L. Stormer

HAPPY NEW YEAR - THE YEAR OF THE DOG

The Chinese New Year 4680 got under way on January 25, 1982. It's the Year of the Dog! It will end on February 12, 1983. And this new year will provide new horizons for 4-H - opportunities for travel to the People's Republic of China. More information on the Chinese New Year is found on the enclosed 4-H Horizons Clipboard.

A Chinese proverb says,

"To reach far, one must begin with the first step."

Pauline E. Moore

NATIONAL AGRICULTURE DAY SET

March 18, 1982 has been designated as National Agriculture Day by the Agriculture Council of America (ACA). ACA is a nonprofit, nonpartisan organization committed to telling the story of the farmer to the nonfarm public. ACA has a number of printed materials and other media items available. For more information write: Agriculture Council of America, Suite 708, 1625 Eye Street, N.W., Washington, D.C. 20006.

Pauline E. Moore

IFYE AMBASSADOR PROGRAM

Applications are still being accepted for participation in the 1982 IFYE Ambassador program. Plans are under way for programs with Denmark, Italy, Luxembourg, the Netherlands, Spain, Sweden, Trinidad and Tobago, France, and the United Kingdom. For additional information read the enclosure about the Ambassador program and/or call the State 4-H Office.

Pauline E. Moore

CORE EXHIBIT FOR 4-H LEADER TRAINING MEETING

Core Exhibits or 4-H merchandise for display and evaluation at state, area, and 4-H local leader training meetings are available for loan in 1982.

Each exhibit consists of 115 4-H items most used by local leaders. This includes new items and items that are representative of the quality of 4-H merchandise such as jewelry and trophies, etc. A hook stand and sign complete the exhibit. All items are easily laid out for display on a table. Thus, it is easy to set up and return. National Council will pay postage both ways.

We thank all who used these exhibits which were offered in 1979, 1980, and 1981 on an experimental basis. They have definitely increased the use of the emblem and the visibility of 4-H.

These exhibits came into being based on research showing that three times as many people will buy items if they can see and feel the items over the group who will buy from just seeing pictures of the items in a catalog or ad. You can use this fact to multiply the use of the 4-H emblem and the visibility of 4-H in your counties, as local leaders will spend their own money to buy 4-H items they can see and feel.

Because of the tax exempt status of all organizations involved, sales of items sent in the Core Exhibit is prohibited.

This exhibit was displayed at the Annual Extension Conference in November, 1981. An order form is enclosed in the 4-H Coordinators' newsletter. Each exhibit contains approximately \$500 worth of merchandise. Therefore, there is a limited number of exhibits on loan. So we advise you to reserve yours early if interested. Only Extension personnel may order and be responsible for the exhibits.

Pauline E. Moore

"ENERGY IDEAS"

Jon Sesso of the National Center for Appropriate Technology would like to incorporate "energy ideas" in the notebook being prepared for use in the county. If you have a successful event please let Jon know about it. Many counties have already had successful programs. It would be appropriate to send him copies of past programs.

Pauline E. Moore

Dalton R. Proctor

LETTERS OF APPRECIATION

Just a reminder to the 70 counties represented at the 4-H/CD/Energy Retreat to send letters of appreciation to those sponsors listed in the packet of materials given out during registration. I would also like to encourage you to write the Extension specialists and Extension agents that conducted workshops.

Dalton R. Proctor

BELL COUNTY KENTUCKY EXCHANGE

Bell County is situated in Southeast Kentucky in the heart of the Appalachian Mountains. They are interested in a cultural exchange for 1982-1983. Although rural, their main source of income is surface mining. They have a state park and the Cumberland Gap National Park within their county of 33,000 people. They are within 1 1/2 hours drive of the 1982 World's Fair to be held in Knoxville this summer. They have 1344 4-H members in clubs and special interest groups.

They are interested in exchanging 10 teens, 2 chaperones and would prefer to host in 1982.

If interested contact Betty Nagle, County Extension Agent for 4-H, Bell County Extension Office, P.O. Box 430, Pineville, KY 40977.

Pauline E. Moore

TEXAS EXCHANGE

Several counties in Texas are interested in an exchange with North Carolina. These counties are Grimes, Van Zandt, and Jefferson.

Grimes County is interested in an exchange of 10-12 4-H'ers between the ages of 14 and 15. They prefer the month of July and to host in 1982 and visit in 1983. Their points of interest are Astroworld, dairy operations, local industries, and fishing. If interested contact Leo J. Heinman, P.O. Box 1420, Navasota, TX 77868, (713)825-3495.

The next county interested in exchange is Van Zandt. They are interested in hosting and visiting during June, July, or August of 1982. The 21 4-H'ers should be 13-18 years old. There is much to be seen in this county. You can tour the Van Zandt County farms, ranches, dairies, and oilfields. There are also the Tyler Rose Gardens, Dallas, Fort Worth, country entertainment, lakes, swimming, and fishing. For more information contact Valerie Pace, P.O. Box 712, Canton, TX 75103, (214)567-4149.

Jefferson County is the last Texas county interested right now. They would like an exchange during the end of June or July, visiting in 1982 and hosting in 1983. Their 20-24 participants should be between the ages of 14-19. If interested contact Susan K. Warren, 1230 Pearl Street, Beaumont, TX 77701, (713)835-8461.

Pauline E. Moore

PENNSYLVANIA EXCHANGE

Mercer and Lawrence Counties, Pennsylvania are interested in working together on an exchange with North Carolina. They would like to travel in 1982 and host in 1983, with approximately 30 members and two to three adults traveling. Age of the members is 13-19, and July is the preferred month for traveling.

Mercer and Lawrence Counties are located along the Ohio border of Pennsylvania about midway between Pittsburg and Erie. Both counties have strong agricultural communities and also several larger towns such as New Castle and Sharon. There are also recreational sites and State Parks which bring out the true beauty of the Pennsylvania landscape.

If interested contact Corrine M. Wolff, Assistant Extension Agent, Mercer County Extension Service, Courthouse, Mercer, PA 16137, (412)662-3800 Extension 127 or 128.

Pauline E. Moore

EXPLORE CHINA

4-H International exchange participants will travel to countries around the world in 1982 - including the People's Republic of China! At least two groups will travel to mainland China for three weeks each in July and August, following orientation in San Francisco and Hong Kong.

Bicycling in South China. One group will visit an area of southern China by bicycling through the towns, cities, and countryside of this intriguing and mysterious country. July 5 - 24. Ages 15 - 21.

Living on a Chinese Commune. The other group will travel to northern China, where they will live and work on one of the world-famous Chinese communes, and visit the Great Wall and other historical and cultural sites. July 18 - August 10. Ages 18 - 25.

Each group will experience some of the traditions and cultures that make this country so intriguing to the rest of the world.

By this time each county should have received one copy of a detailed colorful brochure describing the two new opportunities to travel to the People's Republic of China this summer. A copy of the details contained in the brochure is enclosed in the 4-H Coordinator's newsletter. For further information contact me or the 4-H International Department, National 4-H Council.

Pauline E. Moore

4-H/CD/ENERGY RETREAT

Enclosed is an article on the 4-H/CD/Energy Retreat written by Danny Cook. It describes the weekend very well. Those counties not attending will receive information on the retreat soon. Please let us know if you have questions on concerns on this program.

Dalton R. Proctor

TEAMWORK IN 4-H DEMONSTRATIONS

Teamwork in 4-H demonstrations has many positive advantages. One advantage is increased participation that could result in more 4-H scholarships to N.C. 4-H Congress. Full scholarships for each individual participating in a winning team is offered in over a dozen demonstration areas. Check your N.C. 4-H Awards Handbook for 1982. Encourage teamwork and help your 4-H'ers reap the benefit of this invaluable method of giving a demonstration.

Pauline E. Moore



DATES TO REMEMBER

- March 1 Applications for 4-H Development Fund, L.R. Harrill, Smith-Douglas Scholarships due.
- March 4-5 Extension Leadership Update, McKimmon Center
- March 5 Submit to State 4-H Office:  
- Cumulative 4-H Records and Fact Sheets  
- Honor Club Membership Applications  
- International Intrigue Project Entries
- March 15-19 4-H Cumulative Record Judging, Raleigh
- March 18 National Agriculture Day
- April 3-4 Horse Project Coordinator Leader Forum, McKimmon Center
- April 18-24 Keep America Beautiful Week
- May 1 Leader Recognition Nomination Forms due to State 4-H Office, Thearon McKinney
- May 28-30 N.C. Volunteer Leader Forum on Careers, Betsy-Jeff Penn

**SEND YOUR ORDER TO:**  
**OKT/COLSON COMPANY**  
**4-H SERVICE DEPARTMENT**  
**901 NORTH MAIN STREET**  
**PARIS, ILLINOIS 61944**

**ORDER FORM**  
**4-H LITERATURE**  
 1992

Date \_\_\_\_\_  
 State \_\_\_\_\_  
 Delivery Date \_\_\_\_\_  
 Desired \_\_\_\_\_

SHIP TO: \_\_\_\_\_

INVOICE TO: \_\_\_\_\_

Name and Title of Person Placing Order \_\_\_\_\_

**PRICES BELOW DO NOT INCLUDE SHIPPING CHARGES. ALL PREPAID SHIPPING CHARGES WILL BE INVOICED TO THE PURCHASER.** (Prices Subject to Change Without Previous Written Notice)

**NOTE: When total order is less than \$20.00 there will be an extra charge of 5¢ each per item plus \$1.00 handling charge.**

**DO NOT SEND CHECK OR MONEY WITH ORDER — YOU WILL BE INVOICED WHEN SHIPMENT IS MADE**

QUANTITY	CATALOG NUMBER OF ARTICLE	NAME OF ARTICLE	UNIT PRICE	TOTAL AMOUNT	DO NOT WRITE IN THIS COLUMN
		<b>EXPLORING CITIZENSHIP SERIES</b>			
	S 4052	Me, My Family and Friends (Unit I)	54¢		
	S 4053	My Neighborhood (Unit II)	27¢		
	S 4054	My Clubs and Groups (Unit III)	35¢		
	S 4055	My Community (Unit IV)	44¢		
	S 4056	My Heritage (Unit V)	37¢		
	S 4057	My Government (Unit VI)	40¢		
	S 4058	My World (Unit VII)	29¢		
	S 4059	Leader's Guide	28¢		
		<b>WILDLIFE SERIES</b>			
	SW 401	Member's Manual	23¢		
	SW 402	Leader's Guide		(Availability & Price Later)	
	SW 403	Quail	13¢		
	SW 404	Mourning Dove	14¢		
	SW 405	Wild Turkey	18¢		
	SW 406	Non-Game Birds	14¢		
	SW 407	Birds of Prey	20¢		
	SW 408	Waterfowl Management	24¢		
	SW 409	Wildlife Careers	22¢		
	SW 410	Bird Houses & Bird Furniture	13¢		
	SW 411	Minor Game Birds of the S.E.		(Availability & Price Later)	
	SW 412	Cottontail Rabbit and Other Rabbits	19¢		
	SW 413	Raccoon	11¢		
	SW 414	Squirrel	18¢		
	SW 415	White-Tailed Deer	24¢		
	SW 416	Minor Game Mammals of the S.E.	22¢		
	SW 417	Fish Identification & Display	17¢		
	SW 418	Bass and Bream Pond Management	22¢		
	SW 419	Fish Culture	17¢		
	SW 420	Raising Earthworms	7¢		
	SW 421	Raising Crickets	7¢		
	SW 422	Learning About Snakes	13¢		
	SW 423	Learning About Lizards	10¢		
	SW 424	Learning About Turtles	10¢		
	SW 425	Ponds and Lakes	22¢		
	SW 426	Beaver Ponds	11¢		

(OVER)



## ... AS AN INTERNATIONAL FOUR-H YOUTH EXCHANGE (IFYE) AMBASSADOR.



JOIN A GROUP OF YOUNG PEOPLE FROM ACROSS THE UNITED STATES AND TRAVEL TO A COUNTRY IN EUROPE, CENTRAL AMERICA, OR THE CARIBBEAN!!!

Your adventures begin at the National 4-H Center in Washington, D.C.—An orientation session will prepare you for the excitement and learning experiences that lie ahead.

Travel to your host country and adopt a host family. As a family member you will experience a different way of living—new tastes, sights, sounds, smells, and customs.

You may even learn a new language!!

Following your host family stay, you'll have free time to tour with your group!

Your family and friends will be eager for you to share your experiences after you return home.

YOU WILL GAIN FAR MORE THAN AN AVERAGE TOURIST, BECAUSE YOU WILL BE INVOLVED IN REAL LIFE EXPERIENCES IN THE CULTURE OF ANOTHER LAND.

Trained adult leaders travel with the group. Group leaders are selected on the basis of overseas travel experience, foreign language capability, and demonstrated group leadership skills.

WHO? Young people, 15 to 19 years of age.

WHEN? Mid-June to early August.

COST? Approximately \$1,600 to \$1,850, depending on air fares.



HOW DO I APPLY? Send this coupon today or request an application from your county Extension office or state 4-H office. Apply early. Applications approved by your Cooperative Extension Service are accepted by National 4-H Council through April 30, as long as space is available.

**YES!! I WANT TO LEARN MORE ABOUT BEING AN IFYE AMBASSADOR**

NAME \_\_\_\_\_ TELEPHONE NO. \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

**4-H INTERNATIONAL**

**National 4-H Council, 7100 Connecticut Avenue, Chevy Chase, Maryland 20815**



## national 4-H supply service

150 NORTH WACKER DRIVE, CHICAGO, ILLINOIS 60606 • (312) 782-5021

TO: (Before 3/1/82)  
Tom Corcoran, Suite 1950  
NATIONAL 4-H SUPPLY SERVICE  
150 N. Wacker Drive  
Chicago, Ill. 60606

TO: (After 3/1/82)  
Tom Corcoran  
NATIONAL 4-H SUPPLY SERVICE  
National 4-H Center  
7100 Connecticut Ave.  
Chevy Chase, Md. 20815

Please send me the 4-H merchandise Core Exhibit for 4-H leader training meetings as listed below. Our meeting dates are \_\_\_\_\_ to \_\_\_\_\_  
Exhibit must arrive by \_\_\_\_\_ (date). After our meeting we will return it promptly on \_\_\_\_\_ (date). (Please specify a second meeting date in case all our exhibits are in use. Please allow us three weeks for delivery.) Supply Service pays shipping costs both ways. Please give street address for UPS delivery, not P.O. Box No.



SHIP TO: Name \_\_\_\_\_ Title \_\_\_\_\_  
Street \_\_\_\_\_ RFD \_\_\_\_\_ BOX \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: \_\_\_\_\_

### CORE EXHIBIT for 4-H LEADER TRAINING MEETINGS

- |                                     |  |                          |
|-------------------------------------|--|--------------------------|
| (1) J-795 Jacket A. Med.            | (1) C-515 Charm  | (1) S-960 Baseball shirt |
| (1) S-2644 White T-shirt A. Med.    | (1) C-323 Charm  | (1) S-1461 Shorts        |
| (1) S-1044 Green T-shirt A. Med.    | (1) C-365 Charm  | (1) M-661 Theme mug      |
| (1) S-2552 White sweatshirt A. Med. | (1) P-289 Bow knot pin   | (1) O-1551 Tree ornament |
| (1) S-925 C/w/in shirt A. Med.      | (1) N-248 Antique silver necklace  |                          |
| (1) S-1287 Knit scarf               | (1) C-1040 Hair comb   |                          |
| (1) S-1285 Knit cap                 | (1) P-1065 Barrette  |                          |
| (1) C-65 Sport cap                  | (1) P-1035 Wishbone pin  |                          |
| (1) C-52 Crew cap                   | (1) N-1070 Emblem pendant necklace   |                          |
| (1) B-617 Bandana                   | (1) S-664 Silk scarf   |                          |
| (1) B-438 Wide belt size 32         | (1) B-542 Buckle   |                          |
| (1) C-450 Teen leader chevron       | (1) B-544 Buckle   |                          |
| (1) C-98 Chenille chevron           | (1) B-94 Buckle  |                          |
| (1) C-35 Plaque chevron             | (1) S-741 Member bumper sticker  |                          |
| (1) C-610 Jr. leader chevron        | (1) S-749 Leader bumper sticker  |                          |
| (1) C-641 Official 4-H chevron      | (1) B-125 Leader button  |                          |
| (1) E-327 Stick on emblem           | (1) P-83 Wood pencils  |                          |
| (1) S-19 Sampler kit                | (1) P-92 Wood pencils  |                          |
| (1) B-97 Canvas tote bag            | (1) P-165 Plaque & P-940B Hereford   |                          |
| (1) B-845 Bank                      | (1) P-840 Trophy & P-9452 Clothing   |                          |
| (1) M-55 Mug                        | (1) T-1302 Trophy w/f-1969 Crown-fixture & F-1926 Western saddle horse figure. |                          |
| (1) P-73 Pitcher                    | (1) M-1821 4-H stretch fabric (sample piece)                                   |                          |
| (1) C-66 Cookie cutter              | (1) C-17 4-H Horse chevrons  |                          |
| (1) M-89 Candy mold                 | (1) C-171 4-H Horse chevrons   |                          |
| (1) M-152 Hot mitt                  | (1) C-172 4-H Horse chevrons   |                          |
| (1) B-777 Recipe box                | (1) C-173 4-H Horse chevrons   |                          |
| (1) C-200 Recipe cards              | (1) K-595 Plastic caps   |                          |
| (1) P-899 Plastic plaque            | (1) S-745 Salt & Pepper (new ones)   |                          |
| (1) T-181 Thimble                   | (1) K-54 Stained glass kit   |                          |
| (1) C-47 Gavel                      | (1) P-1580 Pacemat   |                          |
| (1) C-37 Hot and cold cups          | (1) P-866 Bike tag   |                          |
| (1) S-640 Lollipops, bag            | (1) P-1585 Poster, theme   |                          |
| (1) B-14 Pennant                    | (1) P-1081 4-H Fair poster   |                          |
| (1) P-135 Small pennant             | (1) M-28 Mirror  |                          |
| (1) F-317 Flag set                  | (1) S-1595 Theme sticker   |                          |
| (1) B-24 Heart jewel case           | (1) K-589 1 sheet of arrows, 1 sheet/motto & emblem (only from the kit)        |                          |
| (1) P-926 Gold clover               |  |                          |
| (1) D-155 Bicycle decal             | (1) B-91 Med. scrap book   |                          |
| (1) D-182 Round decal 3/2           | (1) S-79 Thank you notes   |                          |
| (1) D-197 Round decal 1 1/2         | (1) C-122 Comb & nail file   |                          |
| (1) S-2 Window sticker              | (1) P-38 Coin purse  |                          |
| (1) S-109 Miniature seal            | (1) K-220 Key tag  |                          |
| (1) S-315 Pledge seal               | (1) K-454 Key tag  |                          |
| (1) S-333 White margin sticker      | (1) N-355 Nail clipper   |                          |
| (1) S-32 Sunstine sticker           | (1) R-448 Participation Ribbon   |                          |
| (1) D-1008 Decal                    | (1) R-445 Blue award   |                          |
| (1) D-1004 Decal                    | (1) R-446 Champion   |                          |
| (1) S-29 Gold seal                  | (1) R-447 Gold award   |                          |
| (1) D-1001 Border decal             | (1) D-551 Cuddly pup, toy dog  |                          |
| (1) P-311 Stick pin                 | (25) Catalogs  |                          |
| (1) P-305 Stick pin                 | (1) Hook stand   |                          |
| (1) N-196 Locket                    | (1) 4-H Supply Service sign  |                          |
| (1) B-157 Charm bracelet            |  |                          |
| (1) C-615 Charm                     |  |                          |

## Bicycling in South China

Join the world's first overland excursion—by bicycle—across South China, an historic and geographic microcosm of the People's Republic.

Bicycling across China, you will have a unique opportunity to study the daily life-style of the Chinese and chances to share your own culture at the same time.

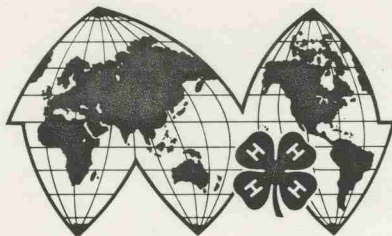
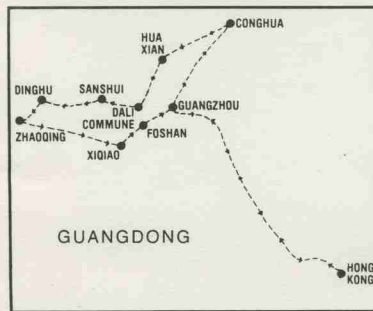
You will begin with orientation in Hong Kong; then bicycle through cities and towns in South China. Between stops, you'll cycle past terraced hills and the fabled hot springs spa of Conghua. Your travels will take you to a commune, a mountaintop Buddhist monastery, and the folk-art center of Foshan, where pottery, silk embroidery, and paper cuttings are still made.

Your return to the U.S. will follow two days of free time in Hong Kong.

Ages: 15-21

Cost ... \$2,190

### July 5-24, 1982



A Chinese proverb says,

*"To reach far, one must begin with the first step."*

行远必自迩  
登高必自卑

Get more details and an application from your county Extension or state 4-H office or write:



4-H International  
National 4-H Council  
7100 Connecticut Avenue  
Chevy Chase, Maryland 20815  
Telephone: 301/656-9000

4-H International programs are conducted by National 4-H Council in behalf of the Cooperative Extension Service of the State Land-Grant Universities and the U.S. Department of Agriculture. Programs and educational materials of National 4-H Council are available to all persons regardless of race, color, sex, age, religion, national origin, or handicap.

## Living on a Chinese Commune

Take advantage of a rare privilege to live and work with the Chinese people on their world-famous farming communes.

Imagine spending the day in a rice field and then playing volleyball with your hosts in the evening. Learn first-hand what makes the Chinese so different—and yet so similar—to Americans. Ten days of living and working on the commune will highlight this experience.

Following orientation in Hong Kong, your group will travel into mainland China where you will see Beijing (Peking), Han and Tang dynasty sites, the Great Wall, Ming Tombs, the Forbidden City, Guilin, and much more.

Your return to the U.S. will follow two days of free time in Hong Kong, with optional extension for other Far East travel.

Ages: 18-25

Cost ... \$2,590

### July 18-Aug. 10, 1982

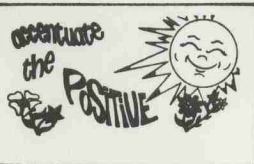
*Fee includes international travel from San Francisco, lodging, meals, medical insurance, bicycle rental, orientation and educational servicing costs, plus an experienced group leader and a translator. It does not include travel within the U.S., immunization, baggage insurance, passport or personal costs.*

# Clipboard.

"To reach far, one must begin with the first step."  
行遠必自近 謀遠必自近

"If we don't change our direction, we are likely to end up where we are headed."

Chinese Proverb



**COMPLAINT FORM**  
PLEASE WRITE YOUR COMPLAINT IN BOX BELOW  
WRITE LEGIBLY



**JUNK MAIL  
IS CARRIED ONLY  
BY JUNKS !**

Do ye hear the children weeping.  
O my brothers . . .  
The young, young children,  
O my brothers.  
They are weeping bitterly!  
They are weeping in the playtime  
of the others . . .

Elizabeth Barrett Browning  
"The City of the Children"

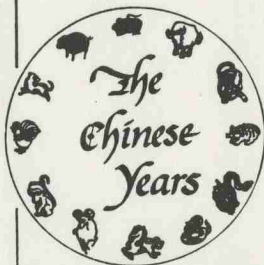
機會  
"Opportunity"



## The Dog

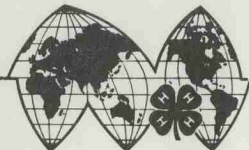
### THE YEARS OF THE DOG

February 10 1910 to January 30 1911  
January 28 1922 to February 16 1923  
February 14 1934 to February 4 1935  
February 2 1946 to January 22 1947  
February 16 1958 to February 8 1959  
February 6 1970 to January 26 1971  
January 25 1982 to February 12 1983  
February 10 1994 to January 30 1995



RAT	1900	1912	1924	1936	1948	1960	1972	1984	1996
OX	1901	1913	1925	1937	1949	1961	1973	1985	1997
TIGER	1902	1914	1926	1938	1950	1962	1974	1986	1998
CAT	1903	1915	1927	1939	1951	1963	1975	1987	1999
DRAGON	1904	1916	1928	1940	1952	1964	1976	1988	2000
SNAKE	1905	1917	1929	1941	1953	1965	1977	1989	
HORSE	1906*	1918	1930	1942	1954	1966*	1978	1990	
GOAT	1907	1919	1931	1943	1955	1967	1979	1991	
MONKEY	1908	1920	1932	1944	1956	1968	1980	1992	
ROOSTER	1909	1921	1933	1945	1957	1969	1981	1993	
DOG	1910	1922	1934	1946	1958	1970	1982	1994	
PIG	1911	1923	1935	1947	1959	1971	1983	1995	

\*Five Horse Years.



## International 4-Horizons

DEADLINE: May 1, 1982  
RETURN TO: Pauline E. Moore  
Extension 4-H Specialist  
P.O. Box 5157  
Raleigh, NC 27650

"TRAVEL CAN BE FUN"

Interstate Exchange Information

1983-84

If your county is interested in being included in the Interstate Exchange brochure "Travel Can Be Fun" please complete this form and return to the above address by May 1, 1982.

STATE \_\_\_\_\_ COUNTY \_\_\_\_\_

Year to Host: \_\_\_\_\_ Year to visit: \_\_\_\_\_ Month Preferred \_\_\_\_\_

Number of Exchange delegates: \_\_\_\_\_ Age Range of delegates \_\_\_\_\_

Number of Adult Chaperones \_\_\_\_\_

Person's Name and Address to contact in county \_\_\_\_\_

\_\_\_\_\_ Street

\_\_\_\_\_ City State Zip code

Phone number \_\_\_\_\_  
Area Number

Area or states interested in exchanging with: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

DEADLINE-----MAY 1, 1982