

Information from the State 4-H-Youth Office

Volume XIX, Number 4, April 1980

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*Donald L. Stormer*  
 Donald L. Stormer  
 Assistant Extension Director, 4-H

*Roger J. Doherty*  
 Roger J. Doherty  
 Ext. 4-H Media Coordinator - Editor



PUBLICATION UPDATE

The following publications are now available from the Publications Office:

<u>Judging 4-H Demonstrations</u>	4H 0-1-1
<u>Your 4-H Demonstration</u>	4H 0-1-7
<u>4-H Horse Manual</u>	4H M-5-4
<u>4-H Horse Judging Manual</u>	4H M-5-10
<u>Getting Acquainted With Your Tractor</u>	4H M-3-8P
<u>Assuring Safe, Efficient Operation</u>	4H M-3-9P
<u>4H Dog Care and Training Leader Guide</u>	4H M-1-17P

The following publications are not currently in stock:

<u>Woodfinishing</u>	4H M-14-12
<u>Winning Ways With Yeast Breads</u>	4H M-13-33
All Crafts publications	

The following publications are being revised and are not currently available:

<u>Adult Leadership Record</u>	4H 0-1-40
<u>4H Photography Record</u>	4H R-2-2
<u>Living in a Family</u>	4H M-10-16
<u>Babysitting</u>	4H M-10-21
<u>Hiking and Backpacking</u>	4H M-13-51
<u>Junior Leadership</u>	4H M-1-6
<u>4H Project Selection Guide</u>	4H 0-1-13
<u>4H Community Service Program</u>	4H F-1-15

Roger J. Doherty

HORSE BOWL WINNERS

Davidson County 4-H members won the Junior and Mixed Divisions of the State Horse Bowl on Saturday, March 8. Davie County 4-H'ers won the Senior Division. The senior team will receive \$300 from Nationwide Insurance Company to pay for travel expenses to the national horse bowl this fall.

Jimmy C. Tart

DRAMATIC ARTS WORKSHOP

We still have space for volunteer leaders (adult and teen) to participate in the state-wide leader training workshop on Dramatic Arts to be held on May 20-22, 1980, at Betsy-Jeff Penn 4-H Center.

As previous correspondence from Julie Landry indicated, the workshop will be comprised of actual "hands on" training in set designing, costuming, characterization and makeup as well as an actual implementation plan to carry back to the counties.

Unit I of the newly developed project materials in Dramatic Arts will be mailed to participating leaders prior to the workshop. Units II and III will be introduced at the workshops. These materials have been developed by the Ashe County 4-H Staff in consultation with Mr. Alec Dantre, dramatist. These individuals, some adults and teen volunteers, and I will make up the training staff for the workshop.

Subsistence, lodging, and \$.04/mile/leader will be paid for leaders through grant funds from the Mary Biddle Duke Foundation.

We must confirm our number of participants with Betsy-Jeff Penn 4-H Center by April 21. Therefore, please let us hear from you as soon as possible if you have leaders who are interested in participating.

If you have other questions, please let me hear from you, also.

Mary C. Nesbitt

SMALL ANIMALS DEMONSTRATION

Yes, there will be a Small Animals Demonstration in 1980. It will allow for inclusion of all small animals which do not fit into the Wildlife Demonstration. Demonstrations which deal with goats will continue to be categorized as Open Class Demonstrations.

The Small Animals Demonstration will be open for 9 - 19 year olds and can include such topics as breeding, care, feeding, grooming, training, and selection. Details concerning scholarships and awards will be announced later. If you don't know where your critter belongs, contact me.

Del Bachert

ANITA-ALTA 4-H OUTPOST CAMP

"Exploring North Carolina Through Adventure." Anita-Alta offers three options for 1980.

1. The cabins or tent areas are available for counties to provide their own primitive camping programs. Limited staff will be available to assist leaders.
2. ADVENTURING, a program for 13-19 year old youth will involve backpacking in the adjacent Pisgah National Forest and canoeing John's River. Qualified staff will lead a group of 15 youth and two adults. Emphasis will be outdoor living skills and leadership.
3. EXPLORING, a program for 9-12 year old youth to introduce them to the joys of primitive camping. It will involve some backpacking and canoeing experiences with the emphasis on fun and awareness.

Cost for both ADVENTURING and EXPLORING programs will be \$60.00. These programs will be from Sunday through Friday. Quality backpacking and safety equipment as well as food will be supplied.

Space is limited. If your county or district 4-H youth are interested, contact me for details.

Del Bachert

NEEDS ASSESSMENT VIDEOTAPE

A videotape entitled "4-H Needs Assessment" is available from Reese Edward's office. A packet of supplementary materials and aids for working with the 4-H and Youth Committee and Specialized Committees will be mailed to you soon.

This videotape attempts to show how to determine what are the real needs of youth as opposed to interests of youth. The Stanly County Specialized Committee on Older Youth illustrates the process in a series of three committee meetings.

The supplementary material will offer suggestions of how the videotape might be used as a training tool for a series of meetings.

Judy M. Groff

VOLUNTEER CONSTITUTION

The seven-person committee of volunteers who are working hard to develop a constitution for the proposed North Carolina Volunteer 4-H Leaders' Association asked me to express their thanks to you for your response to their request for suggestions. The objective of the committee in asking for your suggestions is to develop a constitution with as few potential "stumbling blocks" as possible. You have made many excellent suggestions. If you have not responded to the committee's request, please take the time to do so. Find enclosed another copy of the rough draft. Should you need additional copies for volunteer groups in your county for review and response, please let me know.

The rough draft of the constitution has been mailed directly to all 4-H coordinators, Extension administration, and state staff and to those individual volunteers who have attended "Rock Eagle" the past four years, those attending the "Share-In" in March of 1977, and the Volunteer Convention last November. Please assist the committee in its job by encouraging as many members of the state "4-H Team" as possible to respond to the rough draft with suggestions. The soundness of the final document is very important to all of us and North Carolina 4-H. Thanks again for your help.

Thearon T. McKinney

OUTWARD BOUND SCHOLARSHIPS

Do you have a volunteer leader who could benefit your program from an Outward Bound experience? Contact me or T. McKinney at once if you have a prospective applicant.

Del Bachert

NATIONAL VOLUNTEER WEEK

Volunteers across the nation will be recognized the week of April 20-26. Hopefully, you have special plans for the 4-H Volunteers involved in your program during that week. It makes a natural entre to your local newspaper, radio and television media resources and gives you another chance to recognize what 4-H Volunteers are doing in your county. Don't miss the chance.

Find enclosed an "open" news release to help in your planning.

Thearon T. McKinney

ARCHERY PROJECT TRAINING

A series of workshops designed for 4-H archery project coordinators and leaders has been scheduled for the weekend of May 30 - June 1 at Camp Millstone. The training will give participants the chance for certification by the National Archery Association. Instructors will include:

Julia Bowers - Co-Author of the National Archery Association Instructor's Manual

Ed Jones - Extension Forestry Specialist

Rick Hamilton - Extension Forestry Specialist

Larry Walker - Well known North Carolina Archer

4-H archery project coordinators and leaders who will have the opportunity to become associate instructors and current associate instructors will be able to become certified instructors. Emphases of the course will be safety, skills, and teaching technique.

The cost for the weekend will be approximately \$50. Partial scholarships for subsistence and travel will be available. Watch your mail for registration materials.

Take this opportunity to bolster your archery program or begin a new one.

Ed Jones  
Del Bachert  
Thearon T. McKinney

IFYE ASSIGNMENT

Jill Kinton, Harnett County, has been assigned to participate in the International Four-H Youth Exchange Program in Greece. The tentative schedule is from June 8 - December 11, 1980. Jill will graduate from the University of North Carolina at Greensboro in May, 1980. She is majoring in Parks and Recreation with emphasis on training to work with special audiences.

Pauline E. Moore

NUTRITION COORDINATORS FORUM

"I have been so energized to share with other volunteers what I have learned here," was an evaluation comment of a leader attending the 4-H Nutrition Coordinators Forum, March 26 and 27 at Betsy-Jeff Penn 4-H Center. The forum brought together eighteen volunteer leader/teachers and four specialists for the purpose of preparing participants to work with other volunteer 4-H leaders to make foods and nutrition fun for youth. The experience was a success due largely to leader involvement and leadership. A first of its kind in the North Carolina 4-H Program, the nutrition forum has set a stage for leader-led conferences.

The swap shops were met with much enthusiasm and idea sharing. This was the backbone of the forum as discussion on "Nutrition and Physical Fitness," "Foods as a Tool for Cross-Cultural Understanding," and "Reaching the Unreached" were conducted by leaders who attended the National Forum in the Fall of '79. Inspired by Dr. John Stone's treatment of the word CARE, the volunteer leaders were "E" energized to develop a plan of action for their return home.

"All subject matter was interesting; leaders need more of this type to keep us up-to-date; 'incentive' is the key word, and certainly you have given it to us." The State 4-H Program is depending on volunteer leadership and we feel that the nutrition forum was a step in the right direction to prepare leaders for quality involvement.

Ann Frazier

4-H FORESTRY - WILDLIFE CAMP

The Annual 4-H Forestry - Wildlife Camp is scheduled for July 7-12 at Millstone 4-H Camp. This is an awards camp with a full scholarship for each delegate. There is space for one delegate between the ages of 14-19 for each county. You should select your delegate and at least one alternative as soon as possible. Do a deserving teenager a service; camp could give him/her a chance to further a career goal. Contact Leon Harkins, In Charge, Extension Forest Resources, for further information.

Del Bachert

OPPORTUNITIES

Peace Corps positions in the Philipines are available for working with out-of-school youth to form Anak Bukid Clubs (similar to 4-H). The emphasis of Anak Bukid, which means "Children of the Farm," is primarily agriculture. If you are interested, contact Anak Bukid program. Inquire now, as training is scheduled to begin around September. You may also write to the following Peace Corps volunteers (who also happen to have been IFYEs to India in '76) if you want additional information.

Susan Long  
Igaras  
Iloilo 5917  
Philippines

or

Nancy Walker  
c/o BAEK  
Bangued Abra 0101  
Philippines

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The leader of a Young Farmers Club in Upper Volta has contacted National 4-H Council with a request for contacts with young farmers in the United States to "help us establish friendly ties between young farmers in your country and ours." The young boys in the Upper Volta group are from 16-20 years of age. They organize to run a common farm and enhance the betterment of the economic, social and cultural position of their families and village. They are organized similarly to our 4-H clubs. If you know of a group or an individual interested in making contact with this group in Upper Volta, please contact International Programs, 7100 Connecticut Ave., Washington, D.C. 20015

Pauline E. Moore

LEADER TRAINING OPPORTUNITIES

Red Cross Canoeing Instructor Courses will be held at Betsy Jeff Penn 4-H Center in May. Cost will be \$30.00. Participants should provide their own linen, old clothing, and shoes and be prepared to get WET. May 16-18 or May 25-27.

A Red Cross Sailing Instructor Course will be offered at Presbyterian Point on Kerr Lake the weekend of June 6-8. Cost is \$30.00. Contact me for more information.

Del Bachert



INTERSTATE EXCHANGE

Jefferson County, Kansas 4-H members are looking for a partner in a two-year exchange program. They have had previous successful exchanges with counties in Texas, Illinois, Maryland, and Oregon. Their exchange committee has decided they are most interested in an exchange with a state in the Southeast or West.

They are situated in the northeast portion of Kansas about 45 miles west of Kansas City. Their agriculture would resemble cornbelt agriculture with some rangeland for livestock production. Their main crops are corn, soybeans, grain sorghum, and wheat. They do have good numbers of beef, dairy, and hogs. There is also a 12,000 acre lake in the county that offers a number of recreational possibilities.

Their 4-H program consists of approximately 500 members in 14 community clubs. They have a high percentage of older members due to in part, at least, to the exchange program.

They are flexible as to whether they host or visit this year but would prefer to travel in '80 and host in '81. If you are interested in visiting Kansas contact:

Arthur R. Johnson  
County Extension Agricultural Agent  
Jefferson County Extension Office  
Courthouse  
Oskaloosa, Kansas 66066  
913-863-2212

Pauline E. Moore

"HELPING YOU HELP YOUTH"

Materials entitled "Helping You Help Youth" were distributed state wide three years ago and ultimately put on cassette tapes and again distributed to each county. The original distribution was on plastic discs designed for volunteers to play on home record players.

We are clearing the files and have a minimum number of these plastic discs left over. Please let me know if you would like sets. "First come, first served."

Thearon T. McKinney

NCAVA MEETING

The North Carolina Association of Volunteer Administrators will hold its annual training conference April 9-11 at the Raleigh Hilton. Conference participants will be able to choose three out of the twelve three hour workshops in addition to a three hour session on "Current Issues in Volunteer Administration." Registration is \$15 per day or \$40 for all three days.

An outstanding group of workshop presenters will be on hand to coordinate workshops on the following topics:

Bridging the Gap: Volunteers and Youth	Cost/Effectiveness Analysis
Marketing for Volunteer Programs	The Adult Learner
Dynamics of the Older Volunteer	Transactional Analysis for
Effective Public Speaking/Communication	Volunteers
Management and Program Development	Volunteers from the Workplace
The Legislative Process	Staff/Board Relations
	Burnout: Conflict and Stress

4-H Coordinators received the early draft of the program brochure last month. Should you have any questions, please call me.

4-H agents have been cleared for time only to participate in the conference.

Thearon T. McKinney

FRED WAGONER HONORED

Did you know that North Carolina's Resident 4-H camps are all ACA accredited? Did you know there are over 200 resident camps in NC but only 46 belong to the American Camping Association and meet their standards for both facilities and program?

Fred Wagoner was honored in February at the National Conference of the ACA. He was selected for the Regional ACA Leadership and Service Award. This tribute to Fred is also a tribute to the NC 4-H camping system he developed.

Del Bachert

NEW VOLUNTEER SLIDE/TAPE

"Getting Closer," a slide tape designed as a philosophical and motivational statement of the importance of volunteer involvement in North Carolina 4-H is now ready for your use and available through the audio-visuals library. Please add it to your audio-visuals bibliography.

The nine minute presentation was originally developed as a multi-projector slide presentation for last year's Volunteer 4-H Leader Convention and has been adapted to a single projector. The show was extremely well received at the convention and makes an excellent presentation of our volunteer philosophy and the value of sharing experiences for improved volunteer satisfaction and performance.

The presentation could be used in any setting with volunteers where the atmosphere is one of sharing. It is also particularly suited to county and district association usage. It could be particularly effective during spring District Leaders' Association conferences when presented by a volunteer who either helped execute or plan the 1979 "North Carolina Volunteer 4-H Leaders' Convention: Getting Closer."

Order a copy and preview it. I think you'll find it valuable.

Thearon T. McKinney

OUTDOOR EDUCATION CONFERENCE

Enclosed is a copy of Outdoor Education News. Note in particular the announcement of the upcoming N. C. Outdoor Education Conference at Penn 4-H Center on April 18-20. Agents would find the following sessions of particular interest:

- "Tips for Effective Day Camping Administration"
- "The 4-H Wilderness Experience"
- "Safety- A Primary Consideration in Outdoor Pursuits"

Write to the conference coordinator at the address in the Outdoor Education News for registration materials. Should you or your leaders need further information contact me.

Del Bachert

WASHINGTON FOCUS

Three copies of a promotional leaflet for Citizenship - Washington Focus are enclosed in the 4-H Coordinator Newsletter. This leaflet was designed to be used two years. You are free to duplicate it to meet your county's needs. Be sure to get those applications in early for Citizenship - Washington Focus, 1980.

Pauline E. Moore

VISUAL AIDS BIBLIOGRAPHY

As I visit across the state, I have discovered an inconsistent amount of knowledge about the audio-visual materials available to you through our Visual Aids Department. Many of you know about and make regular use of the materials in the library while others are not aware of the library and its offerings.

The library has excellent offerings and; in the area of volunteer management, is one of the best if not the best in the country.

Find enclosed a bibliography for the library. If you find listings with which you are not familiar, order them for previewing. Make the library and its offerings a part of your program resource "tool kit."

Note that the videotapes listed at the end of the bibliography are not ordered from the Visual Aids Department. They are ordered from the Radio-TV Department.

Thearon T. McKinney

DISTRICT 4-H ACTIVITY DAYS

The pre-registration materials for District 4-H Activity Days should be on the 4-H Coordinator's desk by May 15. If not, buzz me.

Pauline Moore

EARTH DAY '80

April 22, 1980, is the tenth anniversary of Earth Day. If you are interested in getting further information regarding Earth Day, contact Mr. Mike McCabe at the following address:

Executive Director  
Earth Day '80  
1638 R Street, N.W.  
Washington, DC 20009

Phone: 202-293-2550

Donald L. Stormer

DONOR BEING SOUGHT

As of March 19, 1980, the Photography Demonstration did not have a sponsor for 1980. Consequently, district winner scholarships to North Carolina 4-H Congress and state winner awards will not be presented this year unless a donor is secured prior to North Carolina 4-H Congress.

Under usual circumstances, the North Carolina 4-H Development Fund covers program awards on a single year when a sponsor is not secured. However, this program has been without full sponsorship for three years.

Jerry Rodgers, the specialist contact for the Photography Demonstration, is negotiating with a sponsor now. If he is successful, he will be in contact with all 4-H coordinators soon. In the meantime, if you know of a good potential sponsor for this demonstration area, you might wish to contact Jerry.

Donald L. Stormer

4-H

AUDIO-VISUAL AIDS

Available on Loan From:

Visual Aids Library  
P. O. Box 5037  
Raleigh, N. C. 27650

Compiled and Annotated by:

John Rutledge, Special Contract  
Mary C. Nesbitt, 4-H Staff Associate  
James P. West, 4-H Program Leader  
Dalton R. Proctor, Associate State  
4-H Leader

With the Assistance of  
Other State 4-H Staff Members  
and  
Mrs. Isabelle Wilder,  
Visual Aids Library

April 1, 1978

FILMS

- BEFORE YOU GO** 15 min. sd-color West Virginia Univ. National version. Offers an introduction to the 4-H Automotive Safety program. Vivid, imaginative photography leaves an impression on the viewer.
- BE SAFE MY FRIEND** 15 min. sd-color Goldway Productions, 1973. A bicycle safety film designed to introduce all the positive safety concepts kids need to know to drive a bicycle safely.
- BILLY MEETS TOMMY TOOTH** 4 1/2 min. sd-B&W National Apple Institute. The need for dental health education is underlined by statistics on tooth decay, which show that today in this country, 80% of all children over six years of age, and the 95% of all adults, have tooth decay. Dental caries is the most prevalent degenerative disease in this country.
- CIPHER IN THE SNOW** 24 min. sd-color Brigham Young University. A motivational leader training tool. A young boy dies mysteriously. Upon investigation, it is discovered that his teachers, parents and peers neglect him, and he begins to believe that he is no better than what they think of him. The investigator resolves to be more sensitive to these who need love and attention.
- COLOR THE CITY GREEN** 25 min. sd-color Four-H. Shows 4-H youth engaged in the development of home and city beautification. Steps in renovation of poor lawns with the advice of the Cooperative Extension Service are explained.
- DRIVER IN COMMAND** 14 min. sd-color North Carolina State University. Describes why and how one should organize a 4-H Automotive Skills Driving Event.
- GIRLS ARE BETTER THAN EVER** 13 1/2 min. sd-color American Dairy Association. Shows an expert's ideas on diet and exercise for lively teen-age girls. Suitable to seventh grade level and above.
- HAPPINESS IS 4-H** 13 min. sd-color Kansas University. A fast-moving combination of animated cartoons and real life activities of the 4-H program. Highly entertaining for all age groups, as well as civic clubs.

e.g. **INDIA** 18 min. sd-color International Minerals and Chemicals Corporation, 1965. Film introduced by Dana Andrews, former movie star. An example of the International 4-H Youth Exchange Program (IFYE). Stresses the sharing and exchanging of cultural differences, technologies and youth attitudes toward tradition and progress.

**INSECTS** sd-B&W Texas Industrial Film Co. A series of 13 films, 4-6 min. each, on insects and their control. Individual listings by title:

ARMYWORMS  
COTTON BOLL WEEVIL, THE  
COTTON PLANT AND ITS INSECT ENEMIES  
DOLLARS AND CENTS OF INSECT CONTROL  
EQUIPMENT FOR SPRAYING FARM CROPS  
GRASSHOPPERS  
HOW INSECTICIDES WORK  
LYGUS BUG, THE  
OUR INSECT ENEMIES  
OUR INSECT FRIENDS  
SAFETY WITH INSECTICIDES  
SPITTLEBUG, THE  
WHAT IS AN INSECT?

**THE INVENTION OF THE ADOLESCENT** 28 min. sd-B&W National Film Board of Canada. Depicts the development of the concept and designation of "adolescent." It generates consideration of the present status and difficulties of this group perched between childhood and adulthood.

**JARS FULL OF IDEAS** 8 min. sd-color. Presents hundreds of ideas for making terrariums and related crafts. It, by example, shows how to work closely with youth, to keep their interest, and to encourage creativity. The film has two national honors for its excellence.

**JOHNNY LINGO** 25 min. sd-color. Brigham Young University. This film is designed to be used in family-life education, parent education, and religious education. It will prove particularly appropriate in any situation where people are working with each other and where the building of self-worth is important, such as relations between teacher and student, parent and child, and employer and employee. It defines self-worth by discussing the ways through which people manifest it and the importance of self-worth such as ways it affects productivity, motivation, and personal adjustment.



**MAKE TOMORROW HAPPEN** 13 min. sd-color General Motors, 1969.  
A documentary of the 1969 National 4-H Congress which stresses the Safety Program. Discusses the importance of record keeping and encourages young people to use this avenue to top 4-H awards.

**MR. PEANUT'S GUIDE TO NUTRITION** 14 min. sd-color Standard Brands, Inc., 1973. Everyone knows that Mr. Peanut is a nut, but maybe they don't know he's an expert on nutrition, too. After all, the first three letters in the word nutrition are N U T.  
- One of the most important things is good eating habits. In this film Mr. Peanut tells you all about how you should eat.

**MULLIGAN STEW FILMS** 28 min. sd-color U.S. Department of Agriculture Motion Pictures.

"The Great Nutrition Turn On." Mulligan Stew tackles a "Mission Impossible" - waking up a sleeping town - moms 'n dads, firemen, a mailman, barber, bank robber and a cop (lucky for the robber the cop was sleeping), and, would you believe, a cow too tired to give milk?

"Look Inside Yourself." The Mulligan's rock music and songs beat out why "ya gotta eat breakfast". A high school gal is no longer "up-tight" and gets lots of dates, while her brother again becomes a star athlete.

"The Flim Flam Man." A culprit is foiled by Wilbur Doorright when he tries to sell fad diets and food pills to the Mulligan Stews. The mission has intrigue and physical competition as the far-out diets are proven taboos and lose out.

"Getting It All Together." Maggie, Mike, Manny, Micki, and Mulligan (the Mulligan Stews) plan, shop, and prepare a dinner for a world population. Hundreds of guests in native costume offer their kind of entertainment and fun.

"Count Down...4432." The Mulligans get help from our astronauts at NASA as well as famous research scientists when their mission involves saving their pal, Wilbur Doorright, from a life or death fight with the elements of old Mother Nature.

"The Racer That Lost His Edge." A fat race car driver (who keeps losing) and his new bride, who keeps stuffing him with "goodies," learn why a healthy body is for champions. They learn you are what you eat...and ya gotta plan right, buy right, and prepare right.

**NATIONAL 4-H CONGRESS: A CHALLENGE FOR TOMORROW** 16 min. sd-color  
National 4-H Service Committee, 1972. Documents the 1971  
Golden Anniversary 4-H Congress. Highlights President Nixon's  
address to 4-H delegates, encourages younger 4-H members to  
set high goals for themselves and shares one of the country's  
top youth events with the general public.

**NEW RIDE, THE** 25 min. sd-color, 1973. This minibike safety film  
emphasizes the need for a thorough knowledge of basic mechan-  
ical maintenance, riding equipment, safety precautions and the  
personal obligation and responsibilities of those riding  
minibikes. It is recommended that young persons who ride  
these vehicles, parents and adults associated with them, see  
this film.

**PADUCAH STORY, THE** 15 min. sd-color Firestone. A filmed report  
of the Paducah County, Ky. 4-H automotive program which would  
be helpful in building interest in such a program anywhere.  
The film shows what elements go into the program and how a  
community can work to develop it. This film would be good at  
service club and other civic group meetings.

**PARENTS ARE NECESSARY** 18 min. sd-color Eastman Kodak, 1965.  
Promotes volunteer adult leadership and junior leadership in  
general, and in 4-H photography in particular. Excellent for  
use in leader recruitment and orientation.

**PROMISE AND THE GLORY, THE** 21 min. 37 sec. sd-color Amoco. Story  
of America and how it came about. Four-H'ers visit Jamestown,  
Williamsburg, and Yorktown. Life in early days and early  
America battles are reenacted. Interesting historical film  
of the area. Culminates by showing briefly parts of the  
Eastern Regional Tractor Operator's Contest.

**REAL TALKING SINGING ACTION MOVIE ABOUT NUTRITION** 14 min. sd-color  
Sunkist, 1973. The movie is about a junior high class that  
makes its own film about nutrition. They select their own  
crew, write the script and do the narration. With kids talk-  
ing to kids, they can tell it the way it is without preaching.  
The thrust of the whole film is toward making your own choice.  
It's done in a light, fun-to-watch vein, but comes through  
with serious points that concern every youngster who sees it.  
When used as an introduction to the study of nutrition, it  
will open up the unit to lively discussion of personal values,  
life styles, and produce personal commitments to better nutri-  
tion.

**THINK LIKE A MOUNTAIN** 28 min. sd-color, U.S.D.A. 1973. This is a picture dealing with rare and endangered species of wildlife and the Forest Service's concern with protecting them. Mountain men, cowboys, wolf trappers, and a hermit on the desert recall the changes they have witnessed in the land and its wildlife, the former abundance of species now considered endangered.

**TRACKS IN THE COTTON PATCH** 12 min. sd-color, N. C. Cotton Promotion Association, Inc., 1973. This 4-H utilization film may be used for 4-H workshop purposes, a program feature at 4-H clubs and other youth activities.

**WE'RE ON OUR WAY** 25 min. sd-color National Youth Conference on Natural Beauty & Conservation, 1968. Youth action programs in actual operation in urban and rural areas, in large communities and small--as captured by on-location newsreel cameras. Highlights of the five-day National Youth Conference on Natural Beauty and Conservation, in Washington, D.C. Former President and Mrs. Johnson express their confidence in what youth can do for a more beautiful America. The Serendipity Singers perform the film's theme song: "We're On Our Way."

**YE OLE VEGETABLE STORAGE** An example of a team demonstration on three outdoor vegetable storage methods given in the National Junior Horticultural Marketing Program.

**YOU CAN SURPASS YOURSELF** 28 min. sd-color Ramic Productions. A motivational training tool which helps people grasp the truth that effort is in itself pleasurable. Learning can be fun. You have to risk failure to experience success. What you say to yourself determines practically everything you do.

**YOU PACK YOUR OWN CHUTE** 30 min. sd-color Ramic Productions. A motivational training tool which develops the attitude that you create your own successes and failures. You choose your own behavior. Failure is never permanent unless you let it be. You create your own fears, so you can eliminate them.

**YOU'LL BE RICHER FOR IT** 28 min. sd-color Purdue University. 4-H leaders share their thoughts about their 4-H experiences. They discuss what impresses them about 4-H; what 4-H'ers do and what they learn, and the support provided by county, state and federal sources.

FILMSTRIPS

**ART AND SPORT** (script, reel to reel tape). Brings to the attention of the viewer the bond between art and sport pointing out that movement is beautiful.

**THE BLACK CHILD** (script, cassette tape). Dramatized episodes provide specific examples of situations likely to be significant in determining the black child's racial self-concept. How an adult handles a child's first experience in dealing with a racial insult is explored in depth. How parents' attitudes affect the child's attitude is also examined in detail.

**EVERYBODY'S SKIN MAKES EVERYBODY KIN**, Part I, "Appearance" (cassette tape). Designed to help teach young people how to care for their skin, hair and nails. Tips are offered on how to help the skin function more efficiently. Part II, "Sensation and Feeling" (cassette tape). Discusses how skin is involved with each person's sense of touch and the feelings aroused by that sense.

**THE INDIAN CHILD** (script, cassette tape). Provides information on the Indian's child background. The viewer learns that each family member has a specific role and that children are encouraged to become self-reliant at an early age. Included is an overview of the Indian population in the United States showing the varying lifestyles of different tribes.

**PREPARATION FOR PARENTHOOD**, Part I, "The Decisions" (cassette tape). Characters discuss how they decided to become parents or not to become parents. Part II, "The Alternatives" (cassette tape). Presents an explanation of the demands of parenthood. Part III, "Memories" (cassette tape). Deals with the truth that one learns about being a parent from having a child. Participants are encouraged to take a look at their own parents as a way to begin learning about parenting.

**VALUES FOR DATING**, Part I, "Pressures" (cassette tape). Young people often encounter considerable pressures when deciding whether or not to engage in sex. Though these pressures have been exerted primarily on the female, the program shows that males, too, are often pressured into accepting predetermined roles.

Using actual case studies of high school and college students, this program shows how a variety of young people have responded to dating pressures. The program encourages students to examine their attitudes toward dating and the opposite sex and to decide for themselves what they want from a relationship. Part II, "Traditional Values" (cassette tape).

Traditional values still thrive, and their influence on young people is traced in the second part of this program. Religion, fear of pregnancy, parental attitudes and a concern for personal reputation all influence young people to conform to certain standards.

Personal decisions must be made, but the program stresses that these decisions are often extremely difficult because of many subtle, conflicting pressures. The program shows how various individuals have successfully integrated traditional values into their lives and suggests a criteria of personal responsibility for student decisions. Part III, "Love and Friendship" (cassette tape). The many different facets of love -- parental love, religious love, brotherly love, self-love, sexual love, etc. -- are the focus of the third part of the program. Love, however, is not easily subjected to logical analysis, so the program discusses some of the paradoxes inherent in love.

How does "falling in love" fit with the idea of a life-long relationship? What about the disparate goals of compromise versus the need to remain true to oneself; the desire for union versus the need to be distinct and unique? This filmstrip ends with discussion frames which help students clarify their ideas regarding love. Part IV, "Two Couples in Love" (cassette tape). Two very different couples involved in love relationships provide the basis for this last filmstrip. The program examines their varying attitudes on love, sex, jealousy, independence and compromise.

Through the filmstrip, students come to see that there are no set rules for love, but that to be fulfilling, love must meet the needs of both partners. Again, provocative discussion questions at the end of the filmstrip encourage students to relate the material in the program to their own experiences.

SLIDE SETS

- ARRANGING FOR LEARNING (script, reel to reel tape). A training tool designed to help leaders understand the basic learning principles and the importance of the individual in setting the atmosphere for learning to take place.
- BACK TO NATURE (script). Describes career potentials in the fields of agriculture and life sciences.
- BETSY JEFF PENN 4-H CAMP (script). Describes the facilities of the camp and the types of activities conducted during the summer residential camping program.
- BICYCLE SAFETY (script). For young members. Describes bicycle safety rules, potential dangers of cycling and how to care for bikes.
- CAMP MINIWANCA (script, cassette tape). Discusses the events and activities which occur as a part of the annual conference conducted by the American Youth Foundation, commonly called Danforth Camp in North Carolina.
- 4-H CARAVANS (script). A 4-H'er describes the experience of participating in a 4-H Caravan to Austria.
- COUNTY EXTENSION AGENT (script, discussion guide, cassette tape). Side A of tape (with script and slides) conveys the responsibilities of the agent in organizing and maintaining a 4-H and youth committee, a county 4-H council, and a county 4-H leader's association. Side B (with discussion guide) presents in skit fashion some situations with which the agent might be confronted and leads to thought and discussion on how to deal with them.
- COUNTY 4-H COUNCIL (script, discussion guide, cassette tape). Side A of tape (with script and slides) conveys the purposes and functions of the council. Side B of tapes (with discussion guide) presents in skit fashion some situations with which the council members might be confronted and leads to discussion on how to deal with them.
- COUNTY 4-H LEADERS' ASSOCIATION (script, discussion guide, cassette tape). Side A of tape (with script and slides) conveys the purposes and functions of the association. Side B of tapes (with discussion guide) presents in skit fashion some situations with which the association members might be confronted and leads to discussion on how to deal with them.

DESIGNING LEARNING EXPERIENCES (script). A training tool to help leaders plan a better program for youth. The concepts presented include (a) setting goals and objectives, (b) deciding the best ways and means to accomplish the goals and (c) evaluation. The purpose is to explore the process of decision making which leads to choosing methods and techniques for achieving specific goals and objectives.

A DESIRE TO DO - A DESIRE TO GUIDE (script, cassette tape). A leader training tool. Four-H'ers have a desire to do and leaders must have a desire to guide. Types of leaders involved in 4-H are described. The organizational leader is instructed in the relationships that must be developed and the planning that must be done to give guidance to an organized 4-H club.

DISH GARDENS (Script shows on slide when projected.). Step by step directions on how to make and care for dish gardens.

AN EFFECTIVE DEMONSTRATION (script, reel-to-reel tape). A teaching tool to help members and leaders become more familiar with planning, preparing and presenting demonstrations.

EXPLORING THE CURIOUS WORLD OF INSECTS (script, cassette tape). Promotes interest in the 4-H Entomology Program for both the beginner and those already enrolled. Good narration and color pictures

4-H AND YOUTH COMMITTEE (script, discussion guide, cassette tape). Side A of tape (with script and slides) conveys the purposes and functions of the committee. Side B of tapes (with discussion guide) presents in skit fashion some situations with which the committee members might be confronted and leads to discussion on how to deal with them.

4-H FOOD PRESERVATION (script). Promotes participation in the 4-H Food Preservation Project.

THE 4-H MEETING (script, cassette tape). The "how's and why's" of a 4-H Club meeting are discussed for the 4-H leader. A good general overview of this topic.

4-H IN NORTH CAROLINA (script, cassette tape). A promotional tool designed primarily to recruit leaders, donors and other support for 4-H. The 4-H Program in North Carolina is described emphasizing the importance of adult involvement.

- 4-H - SOMETHING TO SING ABOUT (script, cassette tape). A promotional tool for youth and adults. It explains the contemporary 4-H program from national to local levels in an appealing musical format.
- THE 4-H SYSTEM (script, cassette tape). A general overview of how various Extension sub-parts and support groups interrelate. Members, leaders and others are interviewed.
- GETTING IT ALL TOGETHER (script, reel-to-reel tape). A 4-H organizational leadership tool. It briefly describes the responsibilities of organizational leaders; emphasizes the child-centered approach and group-centered leadership and identifies tasks and groups of people with which organizational leaders must deal.
- GETTING THE THINGS YOU WANT (script, cassette tape). A short slide set discussing management. Designed for a very young audience. Considers nine resources to help you get the things you want. These are: interests, talents, attitudes, time, go power, brain power, material goods, money and community services.
- GROWTH AND DEVELOPMENT (script, reel-to-reel tape). A leader training tool. A very detailed description of youth development broken down into the following areas: Physical, mental, social, emotional and vocational.
- GUIDELINES FOR ESTABLISHING A 4-H AUTOMOTIVE SAFETY PROGRAM (script). Described by title.
- HANGING BASKETS (Script shows on slide when projected.). Step by step directions on how to make and care for hanging baskets.
- HATS OFF TO LEADERS (script, cassette tape). Designed for use in training 4-H project leaders although it has something to say to all leaders. The main concepts covered include the purpose of 4-H; the importance of the project leader; using the child-centered approach to developing life skills; involving members in leadership roles; involving parents; using community resources and knowing success as a project leader.
- IF (script, cassette tape). Emphasizes the importance of adult involvement in 4-H and how youth and adults can work together through 4-H to better their community.
- JOINING THE 4-H DOG CARE AND TRAINING PROGRAM (script). Discusses the responsibilities of dog ownership and promotes participation in the Dog Care and Training Project.



- MAKING AN INSECT COLLECTION** (script). Explains how to make and display an insect collection. Descriptions of materials and how to construct equipment needed are also included.
- A MATTER OF RECORD** (script, cassette tape). Describes explicitly the proper procedures for completing a 4-H cumulative record. The health project is used as an example.
- MILLSTONE 4-H CAMP** (script). Describes the facilities of the camp and the types of activities conducted during the summer residential camping program.
- MITCHELL 4-H CAMP** (script). Describes the facilities of the camp and the types of activities conducted during the summer residential camping program.
- NATIONAL 4-H CONFERENCE IN REVIEW - 1977** (script, cassette tape). Describes the activities in which 4-H'ers participated while attending National 4-H Conference.
- NATIONAL 4-H CONGRESS, 1975** (script). Describes the activities in which 4-H'ers participate while attending National 4-H Congress.
- NATIONAL 4-H CONGRESS, 1976** (script). See above.
- PARENTS IN 4-H** (script, cassette tape). A training tool which helps leaders recognize the importance of including parents in the 4-H program and offers suggestions on how to involve parents.
- A PET NEEDS MORE THAN LOVE** (script). Discusses care of pets including diet, grooming, housebreaking, immunizations, safety precautions, and basic training.
- THE PURPOSE OF YOUTH PROGRAMS** (script, cassette tape). A training tool designed to help leaders understand how to develop intelligent behavior among youth by imparting knowledge, developing positive self concepts and helping youth to function in their social settings.
- RECRUITING COMMUNITY LEADERS FOR A 4-H AUTOMOTIVE SAFETY PROGRAM** (script). Described by title.
- SCHAUB 4-H CAMP** (script). Describes the facilities of the camp and the types of activities conducted during the summer residential camping program.
- OUR SPREADING 4-H CLOVER** (script). A very brief (17 slides) inspirational presentation of the 4-H clover as the emblem of 4-H developed by the North Carolina 4-H Honor Club. Excellent slides of a live, growing 4-leaf clover.

SWANNANOVA 4-H CAMP (script). Describes the facilities of the camp and the types of activities conducted during the summer residential camping program.

TERRARIUMS (Script shows in slide when projected.) Step by step directions on how to make and care for a terrarium.

THERE'S A NEW WORLD COMING (script, reel-to-reel tape). Pictures and music are used to describe social issues and social responsibilities with which youth must contend today. Developed by youth for youth in 1970.

THIS IS 4-H (script, cassette tape). Describes briefly the history and contemporary nature of 4-H. The ties with the land-grant institutions, USDA, and the National 4-H Council are emphasized. A fairly large amount of the text is descriptive of Illinois 4-H and would require modification or interpretation to a N.C. audience.

TOTEMS (Script shows on slide when projected.) Step by step directions on how to make and care for foliage plants grown on wood/stake (totems) in a pot.

VALUES (script). A training tool for leaders. It describes how youth arrive at their sets of values and how these values influence their behavior. The leader is given help in dealing with value systems different from his own.

#### 4-H VETERINARY SCIENCE SERIES (scripts) (Three units)

##### Unit I Lesson 1 Attitude and Behavior

- 2 The Skin, membranes, and intestinal discharges
- 3 Body temperature, pulse, and respiration rate
- 4 Maintaining animal health
- 5 Cleaning and disinfecting
- 6 The cells of the animal body
- 7 The tissues of the animal body
- 8 The organs and systems of the animal body

##### Unit II

- 1 Introduction to disease
- 2 Bacteria and disease
- 3 Viruses and disease
- 4 External parasites
- 5 Internal parasites
- 6 Nutrition and disease
- 7 Poisons and disease
- 8 Stress and disease
- 9 Heredity and disease

4-H VETERINARY SCIENCE SERIES (CONT.)

- Unit III Lesson 1 Introduction to immunology  
2 Mechanism of invasion by pathogens  
3 Development of immunity  
4 Immunization of animals  
5 The allergin theory  
6 Introduction to zoonoses  
7 Environmental health  
8 Public health  
9 Consumer protection

4-H WILDLIFE PROJECT AND DEMONSTRATION (script). Designed to provide a better understanding of the 4-H Wildlife Project. Tips on giving a better demonstration or talk on wildlife subjects are also described.

WORKING WITH YOUTH (script). A training tool designed to help leaders understand how they might work most effectively with youth. Outlined is the type of leadership and the process that produces increased creativity and intelligent behavior in youth.

THE WORLD OF 4-H ACTIVITIES (script, cassette tape). Activities available to Illinois 4-H'ers are discussed; however, much of the information is applicable to North Carolina.

## Audio Visual Aids

Additions since April 1, 1978 and through April 1, 1979

### Films

GRAB HOLD OF TODAY. 28 min. sd-color Ramic Productions.

A motivational training film valuable for leader groups. Utilizes the "Pike Syndrome" to illustrate the tendency for individuals and groups to become demotivated over time. Also points up the value of striving to be creative in group and individual goal setting.

JOHN BAKER'S LAST RACE. 24 min. sd-color Brigham Young University

A motivational leader training tool. The story of a young teacher who is a tract and field star who contracts stomach cancer and can no longer himself run but continues to work with the young people he has grown to love. An emotional, true story which gets to the basic motivational question about why becoming involved with young people can be so fulfilling.

TV 1/2 INCH REEL TO REEL SD COLOR TAPE

Available by writing or calling

Reese Edwards, Radio/TV Editor  
317 Ricks Hall  
NCSU  
Raleigh, NC 27650

4-H VOLUNTEER INTERVIEWS. 55 min. sd-color NCSU

Ten minute interviews with 4-H volunteers discussing their involvement and motivations for becoming active in 4-H leadership. Roles of the volunteers include:

1. Organizational Leader
2. Advocacy/Fund Raiser, Advisory Committee Member
3. 4-H Parent
4. Horse Project Leader
5. County Leaders' Association President/Leader Trainer

4-H VIP'S--VOLUNTEERS IN PRACTICE. (9 modules, 8-30 min.) sd-color  
Nebraska

A series of nine modules illustrating principles of 4-H and 4-H leadership skills. Actors are real volunteers and 4-H'ers in real settings.

1. 4-H, What's It All About?	15 min.
2. Role of a 4-H Leader	20 min.
3. The 4-H Club Meetings	12 min.
4. 4-H Program Planning	16 min.
5. Understanding Youth	30 min.
6. Training Methods For Effect Learning	10 min.
7. Finding, Asking and Using Resources	20 min.
8. 4-H Projects and Activities	13 min.
9. Working With Parents	8 min.

#### SLIDE/TAPE SETS

THE "ROCK EAGLE" EXPERIENCE. (slides, cassette, script) NCSU

A description of the annual Southern Regional Leaders' Forum conducted at Rock Eagle 4-H Conference Center near Eatonton, Georgia. Designed to promote leader participation in the forum and to answer questions about the week of activities.

SHARING VOLUNTEER LEADERSHIP. (slides, tape, script) Colorado State University

A Part of Colorado's "Designing 4-H With People" materials, the slide/tape makes an excellent presentation of the logic of expanding the club volunteer staff in response to the needs of youngsters. Excellent for organizational, project and activity leaders to help in understanding volunteer staffing of club unit.

TODAY'S VOLUNTEER. (slides, tape, script) California

Valuable for volunteer recruitment. The content relates to the volunteer situation in America today and presents general statistics on involvement. A generic presentation, not specific to 4-H but to voluntarism in a broad sense.

ROUGH DRAFT  
CONSTITUTION AND BY-LAWS  
OF THE  
NORTH CAROLINA VOLUNTEER 4-H LEADERS' ASSOCIATION

ARTICLE I: NAME

Section 1. The name of the association shall be The North Carolina Volunteer 4-H Leaders' Association.

ARTICLE II: OBJECTIVES

- Section 1. A. To promote, publicize, and broaden the image of 4-H by encouraging, assisting in recruitment, training, and utilization of volunteer 4-H leaders across North Carolina.
- B. To improve and encourage communications among North Carolina volunteer 4-H leaders.
- C. To support the 4-H program of North Carolina through an ongoing leadership development/"volunteer effort."
- D. To provide a forum for communication and sharing of ideas of for 4-H volunteers from all sections of the state.

ARTICLE III: MEMBERSHIP

The membership of the association shall consist of all 4-H volunteer leaders in the state of North Carolina.

ARTICLE IV: OFFICERS

- Section 1. The officers shall consist of president, president-elect, vice-president, secretary, treasurer, reporter, historian, and parliamentarian. \*President and secretary shall come from the same districts.
- Section 2. The slate of officers shall constitute the association's Executive Committee.
- Section 3. One officer shall be drawn from each of the seven Extension districts in the state with the president and secretary coming from the same district.
- A. Rotation of officers by district shall be maintained except when there are nominations from the floor and should that candidate nominated from the floor be successful then the rotation is superceded and not mandatory.
- B. Terms of office: An officer may serve for three consecutive years but no officer may hold the same office for more than two consecutive years.

ARTICLE V: ELECTION

Election and installation of officers will be held at the annual state meeting.

ARTICLE VI: NOMINATIONS

Officers shall be nominated by a committee. The nominating committee should be appointed by the president and be made up of seven volunteers, one from each district. The nominating committee shall meet annually at the first board of directors meeting.

## ARTICLE VII: DUTIES OF OFFICERS

- Section 1. A. President: The president shall preside at all meetings and uphold the force of proper observance of the constitution, by-laws, rules, regulations and resolutions, appoint chairman of committees, and call special meetings when necessary. The president shall vote in all business matters including the election of officers.
- B. President-Elect: The president-elect shall work closely with the president in order to insure orientation training for the presidency.
- C. Vice-President: The vice-president shall assist the president in the performance of his duties and in the absence of the president or in the case of his inability to preside, he shall perform all duties required of the president. In the event of a vacancy of the office of president he shall fill the same until the successor to the president is elected and installed in the office. Vice-president shall chair the program committee and shall serve as his/her district chairperson.
- D. Secretary: The secretary shall attend all meetings of the executive board, board of directors, and membership. He/she shall keep correct and precise records of proceedings of all meetings and make copies of minutes for each officer and keep one such copy in a permanent file. Secretary shall serve as his/her district chairperson.
- E. Treasurer: The treasurer shall sign all checks, keep an accurate record of all financial details of the association; including checkbooks, cash receipts, disbursements, and shall perform such other duties as may properly fall within the scope of the office, and serve as chairperson of his/her district.
- F. Parliamentarian: Parliamentarian shall guide the business meeting process of the association adhering to the constitution, by-laws, rules and regulations, and Robert's rules of order.
- G. Reporter: The reporter shall prepare news releases, shall direct public relations and write and distribute the state newsletter at least once a year.
- H. Historian: The historian shall prepare a historical resume of the year's activities and shall work with the D.H. Hill library in preparing historical records of volunteer leader work in 4-H youth work in North Carolina.
- Section 2. The board of directors shall consist of the executive committee, two representatives from each district. Immediate past president serves as a chairperson. The board of directors shall meet first within a six month period after annual meeting nominating committee to be named by or at such a meeting.
- Section 3. Nominating committee is to be prepared to present slate of officers at the second board of directors meeting and to the present slate of officers at the annual meeting.

## ARTICLE VIII: STANDING COMMITTEES

- Section 1. A. Finance Committee  
B. Program Committee

- C. Publicity Committee
- D. Nominating Committee
- E. Historical Committee
- F. Special Committee shall be appointed by the president when needed to work on short term projects.

ARTICLE IX: QUORUM

The quorum shall consist of a two-thirds majority vote of the assembly of members present.

ARTICLE X: DISTRICT REPRESENTATION

Board of directors shall consist of the elected officers of the association and two representatives from each district to be elected at the district level.

ARTICLE XI: MEETINGS

General membership meetings shall be held annually. The executive committee and board of directors will meet as is necessary when called by the president and without called meeting meet bi-annually to consider slates of officers and conduct the business of the association.

ARTICLE XII: AMENDMENTS AND BY-LAWS

- Section 1.
- A. Amendments to this constitution may be made at the general membership meeting.
  - B. By-laws may be adopted which are not in conflict with this constitution.
  - C. Action to add or remove the by-laws require that the entire membership be notified in writing of the suggested change 30 days prior to the general meeting at which the by-law is being considered.



(Note to agents: This release has been prepared for your use during National Volunteer Week, April 20-26. You should localize as much as possible, adding any local activities you have planned to recognize leaders. Please retype, making enough copies for your local news media.)

\_\_\_\_\_ County 4-H members will join forces with other 4-H'ers across the state April 20-26 to salute their junior and adult leaders.

(\_\_\_\_\_, \_\_\_\_\_, says the recognition is (agent's name) (title) being held during National Volunteer Week.

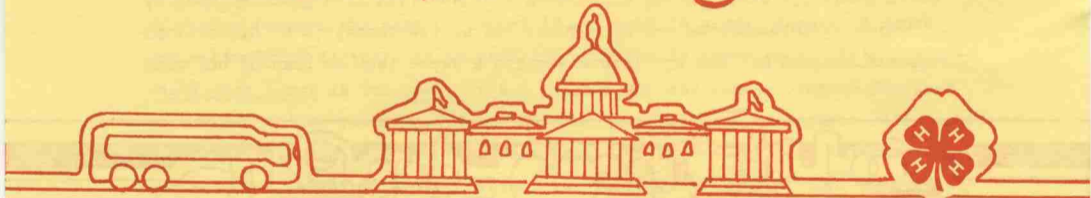
During the week, which is sponsored by the National Center for Citizen Involvement in Boulder, Colo., more than \_\_\_\_\_ adults and older teens in \_\_\_\_\_ County will be honored. These adults and teen-agers assume voluntary leadership roles in the 4-H program.

"The quality and number of 4-H experiences available to \_\_\_\_\_ youngsters are directly related to the effectiveness of the volunteer staff in providing leadership," the agent said.

"These volunteers work directly with 4-H members in organized clubs and project activities, as well as short-term activities. Many work with community clubs, while others share skills and talents in special learning activities."

The 4-H program is conducted by the Agricultural Extension Service at North Carolina State and A.&T. State universities with the aid of county governments and the U.S. Department of Agriculture.

# Citizenship-Washington Focus



### HOW YOU CAN PARTICIPATE

If you're between the ages of 15 and 18 and want to study, debate, discuss and actively participate in an exciting citizenship experience, Citizenship - Washington Focus is for you. It's a special six day summer program designed to use the unique resources of the National Capital Area to explore citizenship and leadership and help you take your knowledge home. For more information, contact your County Extension Office, the State 4-H Office at your Land-Grant University or National 4-H Council, 7100 Connecticut Avenue, Washington, D.C. 20015.

# Citizenship - Washington Focus

Have you focused on what being a citizen means? On how 4-H members practice citizenship in different states and towns? On how your government works in Washington, D.C.? Citizenship - Washington Focus brings all these areas into focus for you. It's an opportunity to meet and work with 4-H'ers from all over the country -- a chance to see government in action, plan for action in your hometown, and learn how you can be an effective member of your community, country and world.

## PLACES YOU'LL GO

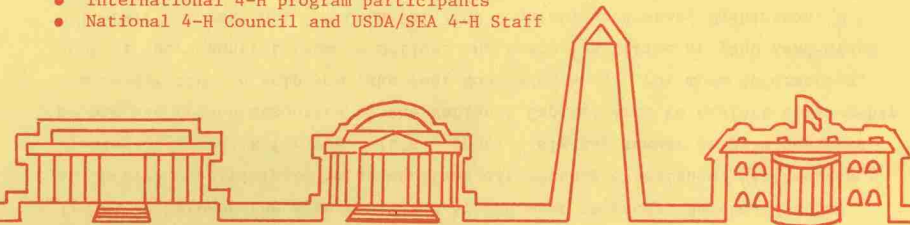
- You'll stay at the National 4-H Center, on the outskirts of Washington, D.C.
- Capitol Hill -- the legislative and judicial branches of government
- Kennedy Center for the Performing Arts -- Washington, D.C.'s cultural center
- Mount Vernon -- home of George Washington
- The Washington, Lincoln and Jefferson Memorials
- Arlington Cemetery -- location of the Tomb of the Unknown Soldier
- Washington Cathedral
- The Smithsonian -- National Gallery of Art, Museum of Air and Space, History and Technology, Natural History and other places of interest.

## THINGS YOU'LL DO

- Discuss and debate national issues with 4-H members and leaders and representatives of national agencies and organizations
- Serve on committees to strengthen your leadership skills
- Develop a plan of action for back home programs

## PEOPLE YOU'LL MEET

- 4-H members and leaders from 12-14 different states
- U.S. Senators and Representatives
- Representatives of national agencies and organizations
- International 4-H program participants
- National 4-H Council and USDA/SEA 4-H Staff



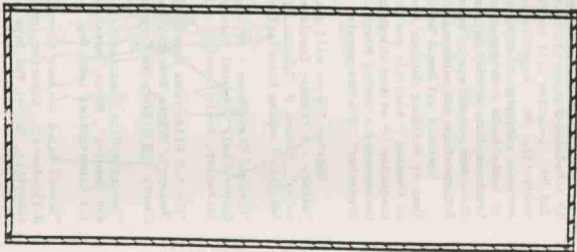


The Citizenship - Washington Focus program is conducted by National 4-H Council in behalf of the Cooperative Extension Service of the State Land-Grant Universities and the U.S. Department of Agriculture.

**NORTH CAROLINA  
WILDLIFE  
FEDERATION**

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NORTH CAROLINA 27605

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## THE COMMUNICATOR

The Communicator is the journal of the New York Outdoor Education Association. It is acclaimed as the finest journal in the field. For a subscription or ordering back issues, contact:

Vice President for Public Information  
Box 26

Syracuse, New York 13215

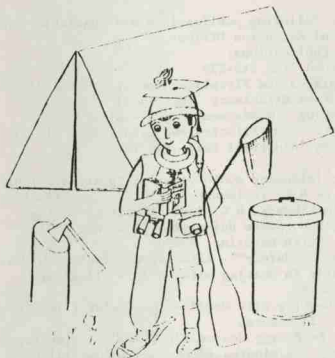
Would you like to be a contributing author to The Communicator? Let the world know about your program; your innovations, philosophy, ideas; or write a natural history article. For the criteria for submitting manuscripts write to:

Del Bachert, Editorial Board

The Communicator

208 Ricks Hall, NCSU

Raleigh, North Carolina 27650



The Complete Outdoor Educator

## OUTDOOR EDUCATION NEWS

Outdoor Education News has been well received since the first issue in the Spring of 1979. It has reached over 3500 individuals and programs. It has helped initiate the North Carolina Outdoor Education Association.

The Wake County Wildlife Club's Betsy Tharrington Memorial Fund and Extension Forest Resources at NCSU have been responsible for funding and editing. Increased demands on time and other resources necessitate a change in format for the future. Thank you for your interest and enthusiasm for Outdoor Education.

ADVENTURE IN LEARNING THROUGH  
OUTDOOR EDUCATION

The Second Annual Outdoor Education Conference

is scheduled for April 18, 19, and 20. Cost is \$45.00. Location will be Penn 4-H Center near Reidsville, NC. Registration is limited to 200 persons. Be part of this eclectic representation of individuals interested in education out-of-doors; teachers, school administrators, naturalists, camp directors, youth agency personnel, museum staff, interpreters and students.

Featured will be: "A Tribute to the 50th Year of Resident Outdoor Education"; "The Future of Camping - Analysis and Trends" by Ernie Schmidt, Executive VP of the ACA (retired); "The Nature Conservancy - Saving North Carolina's Natural Treasures", Tom Massengale, NC Nature Conservancy.

Session Topics will include:

"Safety - A Primary Consideration in Outdoor Pursuits", Ernest F. Schmidt, Executive Vice-President, American Camping Association (Retired).

"Outdoor Classrooms - Let the Soil Conservation Service Help", Russel Laday, District Soil Conservationist, Davie County.

"The 4-H Wilderness Experience - Wild Outdoors for Therapy", Maggie Everett, Camp Coordinator, Ashe County 4-H Wilderness Experience.

"Understanding Experiential Learning - Its Value and Meaning", Murray Durst, Director, Collaborative for Experiential Learning.

"School-Based Outdoor Adventure Program", Pop Hollandsworth, Director, Mountaineering Program, Asheville, School for Boys.

"Tips for Effective Day Camping Administration", Dr. Betsy Umstead, Chair, Day Camping, Southeastern Section - American Camping Association.

"Exploring Nature's Wonders in Miniature", Michael Godfrey, Natural History Writer/Photographer.

"North Carolina's Rivers/Trails Systems", Kay Scott, Rivers/Trails Coordinator, North Carolina Division of Parks and Recreation

"Environmental Education - Let the U.S. Forest Service Help", Iva L. Bray, Environmental Education Coordinator, U.S. Forest Service.

Interest Session - These are times set aside for the participants to design, organize and participate in their own "special" topical sessions.

For registration materials, write to:  
Conference Coordinator  
Piney Lake Field Campus  
4016 Blumenthal Road  
Greensboro, North Carolina 27406

TRANSCONTINENTAL HIKE

The American Hiking Society is planning a transcontinental hike for early fall. Write to:  
Lawrence O. (Monty) Montgomery  
AHS 1980 Transcontinental Hike Coordinator  
190 West Clahoun St.  
Macomb, Illinois 61455

"TILDA" - THE TERRIBLE TICK

A cartoon film strip/tape for children, but adults love it too. Available with a student-teacher activity packet for \$10.00. Help prevent Rocky Mountain Spotted Fever. Write to:

NC Agricultural Extension Service  
Department of Agricultural Information  
P.O. Box 5037  
Raleigh, North Carolina 27650

1980 YEAR OF THE COAST

To focus public attention on the value of the coast and the dangers that threaten and degrade its vitality, 1980 has been designated "Year of the Coast" according to the Coast Alliance. For packet of information write to:  
William Painter, Executive Director  
Year of the Coast  
P.O. Box 2708  
Washington, D.C. 20013

GREEN AMERICA

A periodical publication of the American Forest Institute. Contains timely information printed on the reverse of a 32 X 25 inch poster. Subscription rate is \$1.00 per year. Write to:  
Green America  
American Forest Institute  
1619 Massachusetts Ave., N.W.  
Washington, D.C. 20036

BLUEBIRDS

Introducing the:  
North American Bluebird Society  
P.O. Box 6295  
Silver Spring, Maryland 20906

AUDUBON CONFERENCE

The Southeast Regional Audubon Conference will be held May 16-18, 1980. Location will be the YMCA, Blue Ridge Assembly, Black Mountain, North Carolina. Write to: National Audubon Society  
950 Third Avenue  
New York, N.Y. 10022

EARTH DAY 80

Yes it has been a decade since Earth Day. For information and guidance write to:  
Mike McCabe, Executive Director  
Earth Day 80 Room 510  
1001 Connecticut Ave. N.W.  
Washington, D.C. 20036

WOOD FOR FUEL

The following publications are available from your local Extension Office:  
Synergy Publications:  
Firewood (HE 214-23)  
Fireplaces and Fireplace Accessories (HE 214-14)  
Woodstove Efficiency (HE 214-7)  
Selecting a Woodstove (HE 214-6)  
Woodstove Installation and Safety (HE 214-2)  
Wood as an Industrial Fuel (AG 171)

The following audio visual aids are available on loan to N.C. residents for \$2.00 from Visual Aids Film Library, N.C. Agricultural Extension Service, N.C. State University, P.O. Box 5037, Raleigh, North Carolina 27650.  
"Chain Saw Safety" - slide/tape/script - 20 min.  
"Pitfalls in Heating with Wood" - slide/tape 20 minutes  
"Home Heating with Wood" - 16mm color film with sound - 23 minutes  
"Wood, An Energy Source for Today" - slide/tape/script - 25 minutes (discusses industrial use of wood)

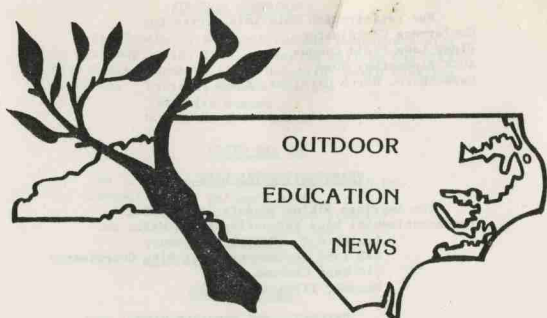
CAREERS IN CONSERVATION

This book is subtitled, "Opportunities in Natural Resource Management." Available for \$11.95 from John Wiley and Sons, Third Ave., N.Y., N.Y. 10016

WETLANDS PUBLICATION AVAILABLE

"Our Nation's Wetlands" is a fine interagency task force report put together by the Department of Agriculture, Army, Commerce, Interior, and the Environmental Protection Agency, according to the Wildlife Management Institute. Copies are available from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402





Volume 1 No. 3

EDITOR: DELMAR W. BACHERT

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**Outdoor Education News**

*Outdoor Education News* represents an effort to inform you of events and resources related to outdoor education. Both traditional and non-traditional educational programs are "branching out" into the outdoors all over North Carolina.

Outdoor education is education *in* the out-of-doors, *for* the out-of-doors and *about* the out-of-doors, as stated by Julian Smith, et al.

We will try to keep you informed. Send us your comments and share your ideas and programs with other outdoor educators.

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