

Information from the State 4-H-Youth Office

VOLUME XVI, Number 3
March, 1977

TO: Agents Responsible for 4-H and Youth Development

FROM: The 4-H Staff - *Donald L. Stormer*, Assistant Director, 4-H

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Dr. McKinney received his degrees from Quachita Baptist University and the University of Georgia. In addition to his experience in Florida, he has worked with the American Youth Foundation Camps sponsored by the Danforth Foundation. Will you join us in welcoming him to North Carolina?

Donald L. Stormer

4-H IN CENTURY III

The document titled 4-H in Century III is attached to the 4-H coordinator's copy of the newsletter. Four-H coordinators should share the document with their co-workers in the county. A copy of 4-H in Century III has been given to each specialist in charge. They will be sharing the document with staff members in their unit.

Four-H in Century III is the national counterpart to 4-Sight. It is designed to set the national direction for 4-H in the next decade.

A video cassette on 4-H in Century III is available from Reese Edwards. The video cassette is 48 minutes long and is divided into three segments. A
(continued on page 2)

MCKINNEY JOINS STATE 4-H STAFF

Dr. Thearon McKinney joined the State 4-H Staff on February 1. His primary responsibility will be volunteer leadership development, volunteer leader organizations and specialized leader roles. Dr. McKinney comes to us from the Florida State 4-H Staff where he worked with the 4-H camp program and leadership development. He also worked with Dr. Jerry Parsons in developing the ten modules in the Incentives in 4-H Research and Development Project.



4-H IN CENTURY III (cont.)

brief description of each of the three segments is attached to the 4-H coordinator's copy of the newsletter.

Donald L. Stormer

COUNSELORS NEEDED

We have several vacancies in camp staff positions this year. I'm enclosing in coordinators' letter a copy of a promotion sheet I sent to several colleges. Please post this at an appropriate place and refer capable applicants to me. Our greatest need is those with aquatic skills.

Fred H. Wagoner

REPORT ANYTIME

Ashe 4-H Playcrafters are a traveling group of eight 4-H'ers who put on plays for high school students. This special interest group has fun and at the same time exposes other teens to the variety of activities in which 4-H members can get involved.

Brunswick Basic skin care was the theme for a workshop conducted with 4-H'ers. A list of homemade beauty aids were compiled as a result of the training.

Davie Both young and old attended a standard First Aid Course which was conducted for 4-H families by the Red Cross. Five evenings were planned and certificates were given to those completing the course.

Gaston Making use of a students' school holiday, craft workshops were held. Letters to schools, newsletters and personal contact were ways used to promote the workshop. Registration was done over the phone for the three, six and nine hour sessions.

Hyde A 4-H Wildlife Club helped the Fish and Wildlife Service by capturing swan and banding them. 4-H'ers learned waterfowl identification and taxidermy.

TRAFFIC SAFETY UPDATE

The statewide 4-H Traffic Safety Poster Contest has involved 57 entries from counties. Only the county winning poster is to be submitted for state competition. Include, along with your winning poster, the number of participants eligible for the safety belt game.

Enclosed is a list of insurance associations with a contact person for local sponsorship of the poster contest. If there is no contact person listed for your county, contact person in county nearest you.

H. Revell, Jr.

NEED SOCIAL SECURITY NUMBERS

Many awards offered through the 4-H Program are Savings Bonds which cannot be secured without the recipient's social security number. You would be doing a service for your 4-H'ers if you would encourage them, regardless of present age, to apply for their SS numbers. Having their SS numbers will save them time in the future, too, when they begin to apply for employment.

Applications to obtain social security numbers may be obtained at most post offices, banks and the local Social Security Administration Office.

4-H WEEKEND AT CAROWINDS

Enclosed in the coordinator's letter is information on the 4-H Weekend at Carowinds. If additional information is needed, please contact Carowinds or me.

Dalton R. Proctor

DANFORTH LEADERSHIP TRAINING
SCHOLARSHIPS

Each year the Ralston Purina Company sponsors scholarships to the American Youth Foundation Leadership Conference for 4-H club boys and girls. William H. Danforth, founder of Ralston Purina Company, established these camp-conferences more than sixty years ago.

The American Youth Foundation Camp is built on the principle of four-fold balance, physical, mental, social and religious development. These four points represent four-square development in the individual, as opposed to a one-sided emphasis.

A copy of the announcement of Danforth Leadership Training scholarships is enclosed for your information. Applications and descriptive brochures are available in our office for interested persons. Due date for 1978 applications will be announced soon.

Pauline E. Moore

PUBLICATIONS

It is spring cleaning time! Please refer to the 1977 4-H Inventory for all 4-H materials we are currently using. If you have materials that are not listed and appear dated, please contribute to the paper drive in your county.

Thank you for sending a copy of your county's inventory to me. It is very useful as we determine the number of copies to print.

Discard

Recreation Manual & Record(4H C-1-12)
The Leisure Education Manuals replace it.

Now available from the mailroom:

Judging 4-H Demonstration (4H 0-1-1)
International Foods Record(4H R-13-45)
Meals for Today Record(4H R-13-46)
Teans Entertain Record(4H R-13-47)
Tricks for Treats Record (4H R-13-48)
Craft Manual (4H M-17-8)
Craft Record (4H R-17-2)
Craft Leaders Guide (4H L-17-7)

Rebecca W. Martin

CANOE TRAINING

Do you have junior or adult leaders who need canoe training? We are proposing an overnight training program at which participants may receive the Red Cross Basic Canoeing Badge. We can schedule it at Betsy-Jeff Penn on a Friday night and Saturday in May for \$19.00 to include instruction materials, lodging and meals.

We are scheduling a Red Cross Canoeing Instructor's Certification program in late May or early June in cooperation with the Girl Scouts at Camp Graham on Kerr Lake. It will be for two full days on a Saturday and Sunday and will cost about \$15.00. We will arrange for white water canoe training if needed and desired.

With this training you or your leader would be eligible to rent the canoes with trailer from Betsy-Jeff Penn or Anita-Alta to take groups on river trips, etc. Let me know immediately if you think you have someone who would like canoe training.

Fred H. Wagoner

SCHOLARSHIPS FOR WORLD AFFAIRS
CONFERENCE

The North Carolina Extension Homemakers Association, Inc. is sponsoring two \$50 scholarships for two 4-H'ers, ages 15-19 years, to attend The Southeastern World Affairs Institute. (cont. page 4)

SCHOLARSHIPS FOR WORLD AFFAIRS
CONFERENCE (Cont.)

Held this year on the campus of Warren Wilson College in Swannonoa, N. C., July 29, 30 and 31, the institute is conducted by the American Freedom Association.

The purpose of the institute is to study major problems of world law. Participants become better able to make informed decisions about the establishment of international institutions where conflict can be settled peacefully.

The scholarships cover expenses while in attendance at the conference. Travel expenses will be the responsibility of the delegate and/or county.

Each county may submit two applications. Each applicant should complete a copy of the North Carolina Application Form (2 copies are enclosed). In addition, he or she should write a statement (not to exceed six pages typed, double-spaced on one side only) defining the importance of young people becoming involved in world affairs today. Applications with statements attached should be mailed to Miss Pauline E. Moore, Box 5157, NCSU, Raleigh, N. C. 27607, on or before June 1, 1977. Winners will be notified by June 15. If you have questions, please let me know.

Pauline E. Moore

SENIOR TEEN CAMP - 1977

July 4-9, 1977 is Senior Teen Camp at Betsy Jeff Penn 4-H Camp. In November 36 counties indicated they wanted to be included. On the enclosed sheet these counties are listed with their quotas. If you

have overlooked this opportunity or have 4-H'ers who are interested now, please let me know.

Fred H. Wagoner

ANITA-ALTA 4-H OUTPOST CAMP

New applications are enclosed in coordinators' letter for use of Anita-Alta 4-H Camp. Please destroy the old ones you have in file. The price is still the same for 4-H groups but has been increased for other groups.

You will note we have pack frames at the camp to rent for backpacking and canoes for river trips if desired. We want to construct some challenge courses at the camp to include repelling, rope bridges, etc. If you have a group who wants to help, let me know.

An additional camp area is now under construction to accommodate another 32 campers. We hope it will be completed this summer.

We are tentatively planning an advanced campcraft training course at Anita-Alta in May to include firebuilding, outdoor cookery, ropecraft, toolcraft, backpacking, etc., so let me know if you have leaders interested in such.

This camp provides an exciting, adventuresome experience in outpost camping. We encourage you to get your leaders to use it. If I can help with plans for such camping, let me know.

Fred H. Wagoner

INTERSTATE EXCHANGE TRIP

Huntingdon County, Pennsylvania is searching for a possible Interstate Exchange trip. Huntingdon County is located 31 miles south of Penn State. The county is rural with a total population of 40,000. 4-H enrollment is (continued on page 5)

over 1,000 in 40 clubs. They have about 300 full-time farmers with Dairy being the most important.

They are interested in hosting in 1977 and would be able to host 40 4-H'ers, plus 4 adult leaders. The age group is 14 to 19 but 13 to 19 would be acceptable. They would like to travel in 1978. If you are interested, contact:

Mr. Byron H. Ginther
Associate County Agent
723 Portland Avenue
Huntingdon, PA 16652

NATIONAL 4-H POSTER ART PROGRAM

The National 4-H Council has announced plans for the 3rd National 4-H Poster Art Exhibit during National 4-H Congress, 1977. 4-H'ers may submit poster designs in any of the selected theme areas. The 1978 poster will be based on one of the three areas. The selected areas are:

- 4-H - Where the Action Is
- 4-H - Gets You Involved
- 4-H - The Sound of Youth

The enclosed sheet contains other information and regulations regarding 1977-78 National 4-H Poster Art Program.

Pauline E. Moore

NEW COLLEGIATE CLUB

If you know of any former 4-H'ers who are students at U.N.C. - Charlotte, please send me their names and addresses. We are planning to organize a new Collegiate 4-H Club.

Fred H. Wagoner

MONEY AND CHILDREN

"Is money destroying your children?" is a complex question, yet it is extremely important. The relationships between parents, money and children are discussed in Dr. Jerome S. Fass' excellent article that recently appeared in Mainliner magazine. A copy of the article is attached to the 4-H coordinator's copy of the 4-H Newsletter. We hope that you will carefully read the article to further prepare yourself as a professional youth agent. You might consider the article as the focus for a 4-H adult volunteer leader training session.

I would appreciate your reactions to the idea of receiving a similar article in each copy of the 4-H Newsletter.

Our thanks to Mainliner for allowing us to reprint the article.

C. E. Lewis

RECORDS

Upon checking record books, a county found this project summary.

Matthew Anderson, age 11, writes of his alfalfa project:

"The summer was too dry, my father was too crabby, this record sheet is too complicated, the bales were too heavy and if I didn't need the feed for my cows, I wouldn't care if I ever saw an alfalfa field again."

Becky Martin

1977-78 NATIONAL 4-H POSTER ART PROGRAM
Regulations & Other Information

1. The National 4-H Poster Art Exhibit is an exhibition--not a contest. The 1978 poster design will be based on ideas presented in the poster entries of this exhibit.
2. 4-H'ers are encouraged to submit poster designs in any of the three selected theme areas on which the 1978 poster will be based. The three selected areas are:

4-H - Where the Action Is

4-H - Gets You Involved

4-H - The Sound of Youth

The theme areas for the 1977 poster design were selected from some 200 themes suggested by 4-H delegates to the 1976 National 4-H Congress. By offering three theme areas, 4-H members are given some guidance, while still leaving opportunity for creativity.

3. Posters must be created by currently enrolled 4-H members.
4. Selected state posters sent to Chicago must be of uniform dimensions. All posters must be designed on, or affixed to standard poster board (solid fibre board) of 14" x 22" dimensions. They may be horizontal or vertical. Posters submitted to Chicago may be produced by any medium...watercolor, ink, crayon, acrylic, charcoal, oils, collage... so long as they are not 3-dimensional. Posters incorporating copyrighted material, like the cartoon character "Peanuts", will not be accepted.
5. The 4-H member's name, age, full address and a brief artwork interpretive statement must be affixed to the back of the poster board in the upper left hand corner (see suggested layout on reverse side of this sheet).
6. All state entries will be exhibited at the 1977 National 4-H Congress, Conrad Hilton Hotel, Chicago, Illinois.
7. Additional showings of the National 4-H Poster Art Exhibit will be arranged as a traveling exhibit.
8. All state entries will receive a certificate signifying participation in the National 4-H Poster Art Exhibit, courtesy of Coats & Clark, Inc.
9. States may submit up to three entries; however, the entries need not represent each of the three areas, i.e. all three entries could be in a single theme area category.
10. States may submit no more than one poster design by any one 4-H member, i.e. one entry per member.
11. Entries in the State Poster Art Exhibit must reach the State 4-H Office not later than September 15, 1977. It is absolutely essential that all entries be submitted to the State Office for screening and selection of the 3 that will be entered in the National Exhibit from North Carolina.

over

State _____

Theme Area _____

Name of 4-H Member _____

Age _____

Address _____

City _____

State _____

Zip _____

Interpretive Statement

Do You Want an Exciting Summer Camp Experience?

CAMP COUNSELORS
and
PROGRAM SPECIALISTS
for
NORTH CAROLINA STATE 4-H CAMPS

At a choice of Mountain, Piedmont or Coastal Sites

PROGRAM AREAS NEEDED

Canoeing	Sailing
Crafts	Social Recreation & Landsports
Horsemanship	Swimming
Music and Song Leadership	Wildlife & Nature Study
Marine Science	Campcraft

QUALIFICATIONS

Interested in working with boys and girls; sound moral character and pleasant personality; enthusiastic, mature, dependable, cooperative; ability to lead and follow; neat clean appearance; competence in area in which will serve as counselor or capable of preparing for the job; willing to work hard.

This is a very responsible position--one of the resident staff members who will, under the guidance of a camp director (school teacher), operate one of our State 4-H Camps. These staff members will be responsible for the teaching of a specific class each morning in groups of about 30 campers. They are on duty during the day and evening sharing in a wonderful variety of leadership roles including: vespers, evening programs, landsports, social recreation, flag ceremonies, clean-up details, etc. They are not required to serve as cabin counselors. A special camp instructors' training program is held to help prepare them for these duties.

The camps are coeducational with about 120 boys and girls (Junior camps ages 9-13, Senior camps ages 14-18) attending with 8-12 volunteer adult leaders and Extension agents serving as cabin counselors and group leaders. The campers attend camp for one week, Monday afternoon through Saturday morning. The program provides a balance of educational and recreational activities. Camps operate for eleven weeks.

CAMPS AND LOCATIONS

Camp Betsy-Jeff Penn at Reidsville, N. C.
Camp Millstone at Ellerbe, N. C.
Camp Mitchell at Swansboro, N. C.
Camp Schaub at Waynesville, N. C.
Camp Swannanoa at Swannanoa, N. C.

FOR APPLICATION AND FURTHER INFORMATION WRITE TO:

Fred H. Wagoner
4-H Specialist
208 Ricks Hall
N. C. State University
Raleigh, N. C. 27607

Telephone: 919-737-3242

Traffic Safety Poster Contest

Fact Sheet

PURPOSE:

To increase traffic safety consciousness of youth 9-12 years of age.

WHO MAY PARTICIPATE:

Any boy or girl in North Carolina 9-12 years of age.

WHAT TO DO:

Make a poster about one of the following topics: bicycle safety, pedestrian safety, automotive safety, safety belt usage, motorcycle safety and school bus safety.

Make the poster on 8½ x 11" paper. Write on the back of poster: name, address, age, parent's name and county. Contact your 4-H agent about turning in your poster for county competition.

Judging will be based on creativeness, attractiveness and educational value.

Send the county winning poster to: 4-H Poster Contest, H. Revell, Jr., 4-H Specialist, P. O. Box 21928, Greensboro, N. C. 27420 by March 15.

THE AWARDS:

Participants will receive for making a poster:

1. A safety belt game (for the number of participants in each county).
2. One winner in each county will receive a bicycle decal and maintenance kit.
3. One state winner will receive a bicycle.

LOCAL SPONSORS FOR 4-H TRAFFIC SAFETY POSTER CONTEST

Alamance Association of Independent Agents, Inc.

President: James L. Massey
James L. Massey Ins. Service, Inc.
1629 South Church Street
Burlington, N. C. 27215

Asheville Insurance Agents Exchange

President: Robert W. Adams
Coleman & Adams
302 Public Service Bldg.
Asheville, N. C. 28801

Independent Insurance Agents of Charlotte-Mecklenburg

President: William G. Dean
Dean & Company, Inc.
P. O. Box 95
Matthews, N. C. 28105

Independent Insurance Agents of Cleveland County, Inc.

President: C. M. Peeler, Jr.
Peeler Ins. & Rlty., Inc.
P. O. Box 1829
Shelby, N. C. 28150

Columbus County Association of Insurance Agents

President: Neil Hector McNeill
Insurance Center of Columbus, Inc.
130 Jefferson Street
Whiteville, N. C. 28472

Independent Insurance Agents of Cumberland County

President: Neill A. Lindsay, III
Neill Lindsay Insurance Agency
P. O. Box 543
Fayetteville, N. C. 28301

Independent Insurance Agents of Durham, Inc.

President: George Williams
Home Insurance Agency
P. O. Box 1887
Durham, N. C. 27702

Greensboro Association of Insurance Agents, Inc.

President: Mr. Larry Willard
Senn, Willard & Senn
P. O. Box 9375
Greensboro, N. C. 27408

Halifax County Association of Independent Insurance Agents

President: Kesler Askew, Jr.
Enfield Insurance Agency, Inc.
P. O. Box 725
Enfield, N. C. 27823

Henderson Board of Fire and Casualty Underwriters

President: Jimmy Adams
Collier Cobb/American Commercial Agency
P. O. Box 1635
Henderson, N. C. 27536

Hendersonville Insurance Exchange

President: Frank W. Ewbank
Ewbank & Ewbank
P. O. Box 1361
Hendersonville, N. C. 28739

High Point Insurance Exchange

President: John Diffendal
Jones & Peacock, Inc.
P. O. Box 2598
High Point, N. C. 27261

Independent Insurance Agents Association of Johnston County

Vice President: Nathan W. Upchurch
Nathan W. Upchurch Ins. Agcy.
P. O. Box 336
Four Oaks, N. C. 27524

Lenoir County Association of Independent Insurance Agents

President: Ray Rouse
Burcham & Rouse Agency
P. O. Box 1011
Kinston, N. C. 28501

Martin County Independent Insurance Agents Association

President: Wheeler Manning
Manning Insurance Agency
Manning Building
Williamston, N. C. 27892

New Bern/Craven County Independent Insurance Agents Association

President: Mr. Cloyce Anders
C. H. Stith, Inc.
P. O. Box 1207
New Bern, N. C. 28560

Independent Insurance Agents of Oxford

President: George E. Daniel
Daniel & Averett
P. O. Box 645
Oxford, N. C. 27565

Pitt County Insurance Exchange, Inc.

President: James W. Lee
H. A. White & Sons
543 Evans Street
Greenville, N. C. 27834

Raleigh Association of Independent Agents, Inc.

President: Ronald R. Bagwell
Bagwell & Bagwell, Inc.
P. O. Box 2326
Raleigh, N. C. 27602

Richmond County General Insurance Agents Association

President: Vance L. Hudson
Vance L. Hudson Insurance Agency, Inc.
P. O. Box 450
Rockingham, N. C. 28379

Independent Insurance Agents of Rocky Mount

President: J. Robert Bourne
Wilkinson, Bulluck & Company
P. O. Box 511
Rocky Mount, N. C. 27801

Rutherford County Insurance Exchange

President: R. Bruce Hoyle
Wilson-Hoyle Agency, Inc.
P. O. Box 30
Rutherfordton, N. C. 28139

Sanford General Insurance Agencies, Inc.

President: Nello Thomas
Shaw Insurance Agency
P. O. Box 67
Broadway, N. C. 27505

Independent Insurance Agents of Sampson County

President: Frank Wiggins
Frank F. Wiggins Insurance Agency
Route 3
Clinton, N. C. 28328

Unifour Insurance Agents Association

President: Floyd Annas
Granite Insurance Agency, Inc.
P. O. Drawer 620
Granite Falls, N. C. 28630

Warren County Insurance Exchange

President: W. Monroe Gardner
Warrenton Insurance Agency
P. O. Box 633
Warrenton, N. C. 27589

Wayne County Independent Insurance Agents, Inc.

President: Russell S. Barrett
Wayne Realty & Insurance Co., Inc.
P. O. Box 248
Goldsboro, N. C. 27530

Western N. C. Independent Agents Association

President: Dave Felmet, Jr.
Felmet Insurance Agency
P. O. Box 600
Waynesville, N. C. 28786

Wilmington Association of Independent Insurance Agents, Inc.

President: George Chadwick, Jr.
George Chadwick Insurance
3205 Wrightsville Avenue
Wilmington, N. C. 28401

Wilson County Association of Fire & Casualty Insurance Agents, Inc.

President: Sandy Arens
Roy B. Webb Insurance Agency
106 N. Tarboro Street
Wilson, N. C. 27893

Winston-Salem Association of Insurance Agents

President: Herman Gray Hoots
Jack Hoots Insurance Service, Inc.
597 Woughtown Street
Winston-Salem, N. C. 27107

4-H WEEKEND AT CAROWINDS

General Information

1. Tickets will be valid for May 14 and 15.
2. Orders must be submitted as a county order. An Extension Agent and/or Volunteer should be designated as the coordinator and should handle all correspondence with Carowinds. The coordinator may submit more than one order if time permits.
3. Order Forms. Several copies of a form that may be sent to Volunteers is enclosed. This form may be changed and reproduced in the county. The coordinator may prefer to have the due date from the Leaders earlier than May 2. The second form (one copy enclosed) should be used by the coordinator in ordering tickets. It is suggested that you retain a copy of your correspondence and orders.
4. The net cost for the tickets to the county is \$5.00; therefore, you should send only \$5.00 per ticket. Tickets should be sold for \$5.50.
5. All orders should be sent in by May 2. These tickets will be returned by mail. Tickets ordered after May 3 may be picked up at the Group Sales Office at Carowinds, located near the main gate, on May 14 or May 15. You will need to give the county name and the name of the coordinator.

Important! Orders will not be accepted by telephone; therefore, you should mail your orders early.

Important! There will be no refunds on tickets. If you have transportation problems or an extreme emergency, contact Dalton Proctor.

6. Additional tickets. Additional tickets may be secured at the Group Sales Office on May 14 and 15 for \$5.50. The 50¢ refund will be mailed to the State 4-H Office and put in the general 4-H Development Fund. We cannot expect Carowinds to mail checks ranging from 50¢ to \$5.00 to counties. To purchase additional tickets, give your county and the coordinator's name at the Group Sales Office.*
7. For more information on camping, stables, etc., write or call Carowinds.
8. Special effort will be made to recognize various counties over the P.A. system on May 14; for example, largest group, county traveling the most miles, special means of raising funds, etc. Let us know if there is something special about your group.
9. We encourage you to publicize this event in any way you prefer.
10. Please encourage your 4-H'ers, leaders and friends to attend the 4-H Talent Show. The location and time will be announced later.
11. If you have questions or problems, call Dalton Proctor.

*Refunds of \$5.00 or more will be returned to counties by the State 4-H Office. These refunds will be based on records submitted by Carowinds. Please let us know if you qualify for a refund and do not hear from us by June 1.

IS MONEY DESTROYING YOUR CHILDREN

by Dr. Jerome S. Fass*

"Reprinted courtesy Mainliner Magazine carried aboard United Airlines © 1976 East/West Network, Inc."

Buying a child's affection can do a lot more harm than just spoiling the youngster. All of us are concerned about money-how to make it, how to spend it. But we seldom stop to think about what money is doing to our children. As a father of four and a child psychiatrist, I've had to give the matter of money and children a great deal of thought both personally and professionally. I'd like to share some of these thoughts and observations with you.

When it comes to money, parents are always on a tightrope trying to keep a proper balance. As parents, we can be too miserly with money, but more often we err in the other direction-we are overindulgent and thereby destructive. Why?

There are a number of unconscious factors that affect how we deal with money. Unconsciously, we equate money with power. We use money to make ourselves feel more powerful. There is a residual child within each of us who often can be harmful to ourselves and our loved ones. We are all born small, weak, and quite vulnerable. Some of that feeling of vulnerability lingers long after we have grown into adulthood, and money is one of the things we use to combat it.

The phenomenon of acting the big shot is well-known to all of us. Many parents have the need to bellow loudly and clearly to the world, "Look, I am powerful." The clothes, the house, the cars, and the country club all proclaim the message of power. When feelings of inner strength are lacking, the fancy trappings of wealth are used as a protective mantle, and a message is imparted, quite unconsciously, to the child. The child then begins to use money to protect himself against what he perceives as a hostile world.

We parents oftencourage this use of money as a protection against reality by letting it run interference for our children so that they need not experience the stresses of life. We do so because we don't want our children to suffer the anxieties we felt as children. Yet we live in an anxiety-provoking world, and we cannot-and should not-protect our children from every anxiety.

Overindulgence with money is destructive. It destroys reality. It destroys responsibility. It destroys the need for initiative and motivation. Too often it creates in a child a constant expectation to be given things without giving anything in return. When the goodies suddenly stop, the child is angered-and rightfully so. The child asks, "What have I done to deserve this new state of affairs?" In fact, he has done nothing. The parent asks, "Haven't I done and given you everything?" But the answer is no. The child was not given a lesson in reality and responsibility early enough in life. You cannot spoil a child for years, and then, when he reaches young adulthood, say "Okay, you're on your own." Such a young adult is unprepared. Never having had to be realistic about money, he hasn't the vaguest idea of how to earn a dollar or how to spend it wisely.

In many situations our children are unconscious extensions of ourselves. When a parent says aye to a child's money requests, he frequently is really say "I." The parent uses the child as a vehicle for indulging himself, often to make up for a lack the parent felt as a child. How many of us know of a father who once sold newspapers to earn a bicycle and now has a seventeen-year-old driving a sports car?

I am reminded of a young man in his thirties who came to me for consultation. His wife insisted he seek help or she would divorce him. The major difficulty was that, although he was personable and bright, and a college graduate with honors, he did not seem to be able to last more than a year at any job. The problem began with a father who, starting as a laborer, had succeeded to a partnership in a multi-million-dollar construction conglomerate. For his son, "Little Ed," nothing was too much or too good. As the family income and fortune grew, little Ed was treated to exclusive camps, boarding schools, a fine car upon graduation, and a "secure" position in the firm. Sounds great, doesn't it? But, as often occurs in life, fortunes changed quickly. The death of "Big Ed" and the ensuing estate battle forced Little Ed to find other employment. Though in his early thirties, Little Ed was unprepared. A life of comfort became one of concern. Never pressured, always guarded against the anxieties of responsibility, Little Ed had always been dominated by the presence of his protective father. In therapy, Little Ed began to see how he unconsciously yearned to be taken care of and thus avoid the harsh realities of life and independence. But seeing and accepting reality is a must for survival; it should start during the formative years, lest it be left for therapists like myself to teach years later.

Another way the overindulgent parent can damage a child is by playing the "money martyr." A money martyr is a parent who tells the child and the world that all is being sacrificed for the child's needs. It is a destructive attitude, for it engenders needless guilt. It is far healthier for each member of the family to be treated as an economic equal.

These are some of the ways we unconsciously convey harmful attitudes about money to our children. Now let's look at what we can do to foster a more healthy outlook.

Parents who constantly buy their children unnecessary and unwanted possessions may be using money as a way of avoiding close communication. First and foremost, the child must be taught the two R's of money: Reality and Responsibility. An important way to teach reality and responsibility is to expose the child to the parents' means of making a living. It amazes me to find many children totally unaware of how their fathers or mothers earn their incomes. Not too many years ago most children were active participants in earning the family's money. Such children readily learned responsibility and the reality of money. At the very least, parents should take the time to explain to their children about their jobs; where possible children should be invited to participate actively in their parents' businesses.

Another way of teaching children the responsibilities of handling money is to give them an allowance. As soon as a child is ready for school, he is prepared to begin learning the responsibilities of handling money.

The size of the allowance will vary, of course, according to such factors as the child's age, his financial needs, and the financial circumstances of the family. A mutually agreed sum should be binding to both child and parents. Should the child overspend too quickly, talk the situation over; you might try smaller sums at more frequent intervals. The allowance should be realistic for both the child and the parents; a child should not be given too little or too much. Whatever the amount, the allowance generally should not be used to reward or punish the child. Good or bad grades, cooperation around the house, or obedience to parents should not be the basis for regulating the size of the allowance.

Most important, the child must never be "bought" by either parent. Parents who constantly buy their children unnecessary and unwanted possessions may be using money as a way of avoiding close communication. The message perceived by the child is, "Here, take this and leave me alone." Or it can be a parent's way of holding on to a child by making him dependent.

The message then is, "Here take this; you see, you still need me." In either case, the message is destructive.

Like nuclear energy, money is a double-edged sword. It can be constructive and do wonderful things. But, used unwisely, it can be devastating.

*Dr. Jerome S. Fass is chief of child and adolescent psychiatry at the Queens Hospital Center and is the author of A Primer for Parents (Simon & Schuster, Inc., Trader Press).

Mail two copies to:

James Bradshaw, Superintendent, Anita-Alta 4-H Out-Post Camp
Route 8, Box 377, Lenoir, NC 28645 Phone: 704-758-8513

1. Group _____
2. Address _____ ZIP _____
3. Program and activities planned (example: backpacking, campout on site, picnic, nature study, etc. _____

4. Dates desired: 1st choice _____ 2nd choice _____ 3rd _____

5. Expected time of arrival _____ Departure _____

6. Expected attendance: (each campsite has capacity for 32 - 8 tents, 2 bathhouses, 1 shelter and 3 cook units)

Boys _____ Girls _____ Adult men _____ Adult women _____

7. Facilities and equipment desired (indicate number)

Boys area: Tents _____ Washhouse _____ Girls area: Tents _____ Washhouse _____

Cooking area w/eqpt. _____ Shelter _____ Archery _____ Canoes _____ Packframes _____

8. GENERAL RULES FOR USE OF CAMP

1. Rental cost per day is 50¢ per person for 4-H groups and \$1.00 per person for other groups, or \$10.00 per group for picnics, etc. (1/2 deposit must be submitted with application and is not refundable upon cancellation.)
2. Six Grumman Aluminum canoes may be rented with trailer for river trips (about 20 miles away) at \$3.00 per canoe per day for 4-H groups and \$4.00 per canoe per day for other groups with life jackets and paddles provided. Groups are responsible for replacement of broken paddles, jackets, or canoes or satisfactory repair. Transportation should be provided by group.
3. Pack frames may be rented at 25¢ per day each.
4. The person submitting the application for a group will be responsible for the facilities and conduct of the group.
5. The person submitting the application for a group or designated person in charge should arrive in advance of or with group for check in with camp superintendent and orientation of group.
6. Check in period is 3:00 p.m. and no later than 6:30 p.m. Check-out is before 2:00 p.m. unless other arrangements are made.
7. Groups should leave the camp area clean and in order, properly clean all cooking equipment and check equipment in with camp superintendent.
8. A charge will be made for damage and loss of equipment (unless determined as normal wear).
9. Parking is permitted only in the parking lot. Cars will not be permitted on grass or around buildings.
10. No alcohol or illegal drugs allowed (if on premises is cause for immediate dismissal of group from camp).
11. No motorcycles or mini-bikes allowed to be operated in camp.
12. Proper supervision and discipline is expected - at least one adult counselor for each 10 campers.
13. No unnecessary disturbance of plants or animals or removal from camp.
14. No fires except in designated areas - make sure all fires are properly extinguished.
15. All campers should be at least 12 years of age unless accompanied by a parent.
16. If groups are taken on canoe or swimming trips they should be supervised by a person with Red Cross Water Safety Instructor's Certification.

Advanced deposit enclosed (1/2 total costs)

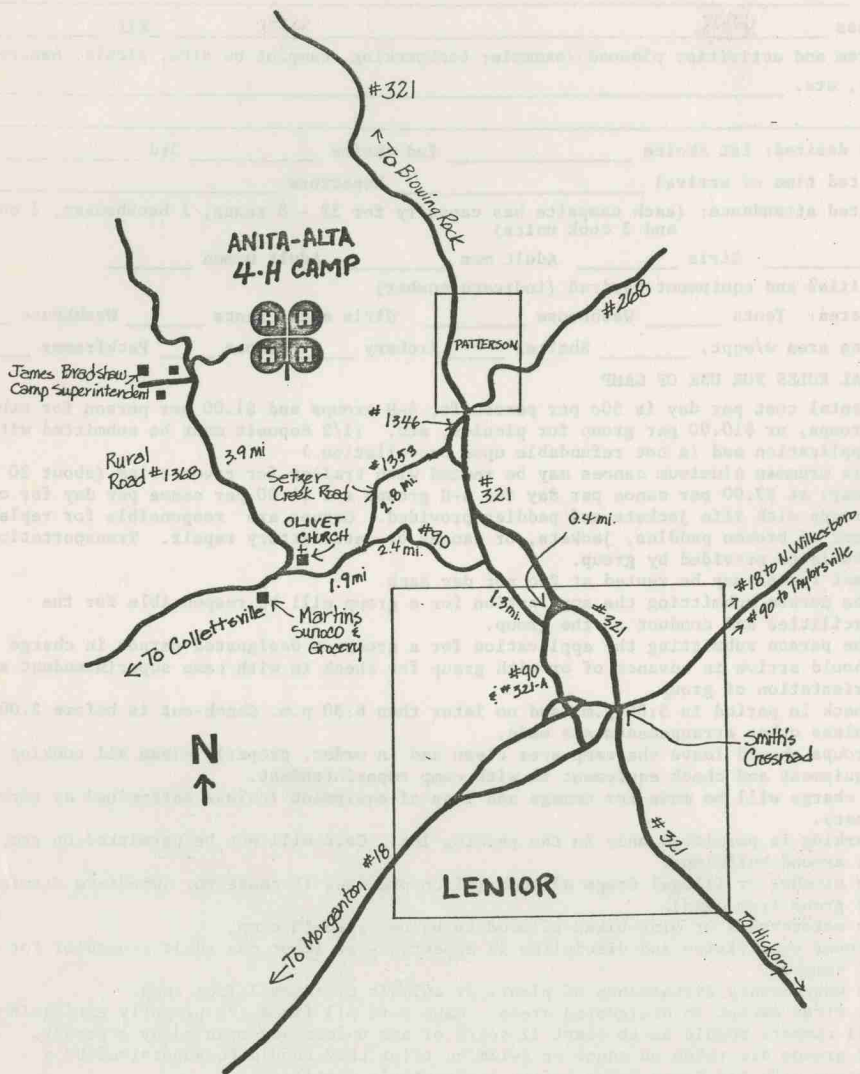
SIGNATURE OF PERSON RESPONSIBLE _____ TELEPHONE _____

ADDRESS _____ ZIP _____

APPROVED: _____ Supt. DATE: _____

ANITA-ALTA 4-H CAMP

Lenoir, N.C.



For easiest route to camp turn west off Hwy 321, between Lenoir and Blowing Rock, at camp direction sign at Patterson community: go about ½ mile to another camp sign; turn on Setzer Creek Rd. and travel 2.3 miles to dead end; turn right and travel towards Collettsville to Olivet; turn right on Mulberry Creek Rd. and travel 3.9 miles to camp. (Turn left to check in with Superintendent, James Bradshaw, in house on right.)

ANITA-ALTA 4-H OUTPOST CAMP EQUIPMENT INVENTORY

ITEM	INVENTORY	ISSUED	RETURNED
<u>SHELTER:</u>			
Axe	2		
Wedge	1		
Bow Saws	3		
Broom	1		
Water Hose	1		
Hose Nozzle	1		
Wheelbarrow	1		
Garbage Cans	4		
Buckets	2		
Stock Pots for Heating water	3		
Archery Bows			
Archery Arrows			

COOKING AREAS (3 cooking areas, each with the following items): In storage unit.

12 qt. pan	1		
5 qt. pan	2		
10" fry pan	1		
9" fry pan	1		
Dipper	1		
Fork	1		
Knife	1		
Strainer	1		
Pot Handle	3		
Bail Handle	1		
Leather Strap	1		
Dishpan	1		
Cast Iron Fry Pan	1		
Can Opener	1		
Army Shovel	1		
Grill	1		
Dutch Oven	1		
Spatula	1		

EACH GROUP SHOULD SUPPLY:

1. Sleeping bags, air mattresses, etc. (no beds or bedding furnished)
2. Dining and eating utensils (plates, knives, forks, spoons, cups, etc.)
3. Food
4. Flashlights - (Lights only in washhouses and shelter)
5. Washing powder, soap, towels
6. First aid kit
7. Emergency transportation
8. Insurance coverage
9. Program resources and materials
10. Counselors

RECEIVED: _____ DATE: _____
 (Signature)

RETURNED: _____ DATE: _____
 (Superintendent)

ITEM	INVENTORY	ISSUED	RETURNED
<u>SLEEPING AREA</u>			
<u>BOYS AREA</u>			
Washhouse:			
Water Hose w/nozzle	1		
Bucket	1		
Broom	1		
Toilet Brush	1		
Trash Can	1		
Toilets	2		
Lavatory	2		
Laundry Sink	1		
Cold Shower	1		
Tents on Wooden platform (without beds or lights)	4		

ITEM	INVENTORY	ISSUED	RETURNED
<u>GIRLS AREA</u>			
Washhouse:			
Water Hose w/nozzle	1		
Bucket	1		
Broom	1		
Toilet Brush	1		
Trash Can	1		
Toilets	2		
Lavatory	2		
Laundry Sink	1		
Cold Shower	1		
Tents	4		

ANITA-ALTA 4-H OUTPOST CAMP REGISTRATION AND INCOME
(To be completed by person in charge, in duplicate and two copies
given to superintendent at registration)

A. DAILY CAMP ATTENDANCE AND FEES

NAME OF GROUP	ADDRESS	DATES	BOYS	GIRLS	ADULTS	TOTAL	NO.	@ 50¢	LESS	PAID
						ATTEND.	DAYS	or \$1	DEPOSIT	

B. GROUP ATTENDANCE AND FEES

NAME OF GROUP	ADDRESS	DATES	BOYS	GIRLS	ADULTS	TOTAL	NO.	\$10.00/	LESS	PAID
						ATTEND.	DAYS	GROUP	DEPOSIT	

C. OTHER INCOME

NAME OF GROUP	ADDRESS	DALES	SOURCE	PAID
			Deposits	
			Damages or loss	
			Canoes	
			Pack Frames	
			Other (List)	

- Each 24 hour or less is considered as a day.
- Group rates apply to group using camp area or facility for picnics, environment education program, etc. for less than 4 hours.
- Boys and girls are those under 18 years of age, adults are 18 and over.
- Check-in period is 3:00 p.m. no later than 6:30 p.m. Check-out time is before 2:00 p.m. unless other arrangements made with superintendent.
- Groups are responsible to pay for damages (other than normal wear and tear) or lost equipment - at replacement cost.

NORTH CAROLINA APPLICATION FORM
Limit response to space on form

ATTACH SMALL PHOTOGRAPH

Name _____ Boy _____ Girl _____

County _____ Extension District _____

Age on January 1 _____ Date and Year of Birth _____

Home Address _____
Street, Route or P. O. Box City State Zip Phone

College Address _____
Phone _____

Name of Parent or Guardian _____

Number of Years in 4-H _____ Name of 4-H Club _____

Grade in High School _____ or Year in College _____

Name of High School or College _____

Name your main 4-H projects in order of importance to you and show number of years each project was conducted: _____

List major 4-H offices and other evidences of 4-H leadership: _____

List offices, leadership, and achievements in school, church or other youth organizations: _____

Describe your public speaking, radio and television experiences: _____

Signature of 4-H Leader Submitting

Signature of Extension Agent Submitting

SENIOR TEEN CAMP - 1977

The Senior Teen Camp at Betsy-Jeff Penn, July 4-9, 1977 will cost \$35.00 per camper. The quota you requested is listed below.

We want good volunteers to come as counselors for Senior Teen Camp and need a few agents. Leaders come free regardless of the number of campers from your county. If you want to come as an agent, let me know immediately.

Our new director, Kenneth Campbell, is anxious to make this a great Senior Teen Camp so we'd certainly appreciate suggestions from you on what you would like to see included in the program. If you have some of your 4-H'ers or leaders who have special competencies in an area and would like to help with programs, we would be glad to know about them.

Some activities being considered are: advanced lifesaving, river canoe trips, human development, junior leadership, music and song leadership, recreation leadership, primitive camping, water skiing, environmental education, etc.

If you have 4-H'ers or leaders who would be willing to meet together as a group at Betsy-Jeff Penn early in April for a planning session for this camp, we would like to have their names.

QUOTAS

Alamance	12	Moore	12
Anson	10	Nash	4
Ashe	8	New Hanover	6
Burke	10	Onslow	11
Cabarrus	2	Orange	12
Caswell	6	Person	8
Catawba	1	Pitt	15
Cleveland	15	Polk	10
Davidson	7	Richmond	6
Durham	8	Rockingham	10
Granville	10	Robeson	10
Guilford	4	Rutherford	10
Halifax	8	Scotland	7
Hoke	6	Stokes	5
Johnston	10	Surry	3
Jones	6	Union	10
Martin	4	Vance	10
Montgomery	4	Wake	10