

NEWS

Information from the State 4-H-Youth Office

VOLUME XIII, Number 9
November 1, 1975

TO: Agents Responsible for 4-H and Youth Development

FROM: The 4-H Staff - Chester D. Black, Assistant Director, 4-H

Chester D. Black

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DR. PROCTOR PROMOTED

Dr. Dalton Proctor assumed the responsibilities of Associate State 4-H Leader and Specialist in Charge effective October 1. In this position he will be responsible for 4-H program management and relate to other specialists in charge on 4-H matters. Dr. Proctor is a native North Carolinian with B.S. and M.S. degrees from NCSU and his doctorate from VPI. He has served as Extension Agent in Greene and Caswell Counties and as Community Development and 4-H Specialists. He fills the position vacated by the retirement of Lyman B. Dixon.

Chester D. Black

4-H SPECIALIST POSITION OPEN

Included with this month's newsletter is a position announcement for a 4-H Specialist position at NCSU. This is a most responsible position and important to the future of 4-H in North Carolina. We invite those interested to apply or make recommendations for the position to our office.

Chester D. Black

IMPORTANT CHANGE IN 4-H RECORDS

Effective in 1977, no cumulative records will be accepted from previous trip winners to National 4-H Congress. This includes leadership, citizenship and achievement. This is in accordance with the 4-H Subcommittee's decision that there will be no second trips to 4-H Congress effective in 1977.

Chester D. Black



REPORT ANYTIME FOR SEPTEMBER

Have you any unique happenings in your county? Please pass on your ideas so we can share them with others throughout the state!

Anson: Follow-up Fire Safety Participants pays off. Two new clubs formed following the mailing of 4-H, A World of Possibilities to those participants.

Bladen: Adult Leader Workshops focused on concerns leaders face. Following a chicken dinner, leaders listened to a panel discussion about concerns. Later club forms and records were collected and new leader materials were distributed.

Gaston: A Child Care Service project is going three days a week to a nursery mini-school. Four-H members can learn about children and even find out about themselves.

Haywood: A Christmas bazaar to raise money for community service projects involved 4-H leaders, 4-H families and their grandparents in making items to sell.

McDowell: Junior high teens went on an Agricultural Tour that included a visit to a water shed, a dairy operation, an orchard, a tree plantation and swine production unit to increase their awareness and understanding.

Vance: Four-H'ers spread the news of 4-H through an exhibit at a local shopping mall. Serving shoppers Coke, members had a fantastic opportunity to explain 4-H programs through their display and discussions with about 500 people.

NORTH CAROLINA 4-H CALENDAR - 1976

Enclosed with each newsletter is a copy of the 1976 North Carolina 4-H Calendar. The new theme is "4-H '76 - Spirit of Tomorrow".

Chester D. Black

WINTER GRADUATE COURSE

ED 596, Organization and Administration of Volunteer Youth Development Program, (three hours) will be offered for the second year at Betsy-Jeff Penn under the leadership of Dr. G. L. Carter. The dates are January 5-9 and March 22-26 with a third week to be devoted to individual study within the county.

Participants will be expected to carry out an on-the-job project based on classroom concepts covered the first week.

Positive evaluation was given the program last year on the basis of a sound theoretical base and their practical application.

Class size will be limited to 20 persons. Application for the course should be made through your District Chairman. Limited scholarships of \$125 each are available.

Chester D. Black

NEW FILM HAS BEEN SECURED FOR OLDER 4-H'ERS

Did you ever bury a dead pet? How did you feel? What would life be like if people never died? Do you think your value system would change if you knew you were going to die soon?

The 4-H Department has secured a 14-1/2 minute film, TO BE AWARE OF DEATH, produced in color with music. In the film a youth group has a lively discussion of their experiences with the death of a close friend or relative. In addition to the film, there is a study guide and discussion questions for the leaders. There is also a complete script of the film that could be previewed by the 4-H agent or the human development agent. The film with study guide may be scheduled through the Visual Aids Department. Dr. Leo Hawkins has written a leaflet, Death: The Final Stage of Growth. This leaflet would be helpful backgroup program material for the agent or leader.

Isabelle Buckley

MULLIGAN STEW TV SERIES

Plans are shaping up for the 1976 telecast of Mulligan Stew. Training sessions have recently been conducted for new 4-H and foods agents and/or agents working with the television series for the first time.

By now all counties who indicated they planned to participate should have received their promotional kits and guidelines for county procedure. If you want to get in on the series and have received no information on it, please get in touch with me.

Cleo J. Edwards

4-H BICENTENNIAL IDEAS FROM OTHER STATES

North Carolina 4-H'ers are involved in some outstanding Bicentennial celebration events and a great deal of enthusiasm has been activated. Four-H members in other states have also come up with some interesting and creative ideas. Several of these are described on an enclosed mimeographed page (coordinator's letter only). Look for the enclosure with the N. C. 4-H Bicentennial logo and check to see if your 4-H'ers might like to prepare a "host" brochure or start a 4-H Bicentennial Community Pride Plan.

C. E. Lewis

IFYE CARAVAN OPPORTUNITIES - 1976

The new Caravan brochure, Climb Aboard, was sent to each county office with the National 4-H Week Kit. Be sure all interested 4-H'ers are informed of this opportunity.

Pauline E. Moore

NEW LITERATURE

Outdoor Meals (4-H M-13-23) has been revised and the new version is entitled Campout Meals (4-H M-13-36), the first of three manuals, fresh from the print shop. You will be receiving more information about this project later.

Rebecca W. Martin

IFYE NEWSLETTERS

Enclosed are two newsletters from Ann Rushing, IFYE to France. One she tells about her work in the vineyards and the other about mushroom hunting. Both very interesting.

Also enclosed are two newsletters from Rebecca Clapp (McDowell County), IFYE to Jamaica. These are about her experiences during her first three months in Jamaica.

Pauline E. Moore

4-H PUBLICATIONS

Tips for having material when needed...

1. Check your office supply.
2. Order materials when you need them.
3. Use the Project and Literature Guide Notebook for obtaining code numbers of literature.
4. Place small orders at a time.

A few years back, ordering material was changed. Now you can request 4-H publications whenever you need them. With new clubs or special interest clubs forming throughout the year, publications should be ordered based on need that is projected from the project selection sheets or members in special interest area.

Rebecca W. Martin

PROJECT SELECTION GUIDE SHEETS

Project Selection Guide Sheets are in the process of being printed and we should have them out to you soon. In the meantime, please use the 1974-75 sheets with the revision sheet sent in last month's newsletter.

Rebecca W. Martin

NICKELS FOR KNOW-HOW

Once again we would like to remind you about voting for the Nickels for Know-How Program. A referendum will be voted on November 25. At this time users of feed and fertilizer will determine whether they will continue to contribute a nickel per ton of feed or fertilizer to support programs in research, teaching and Extension.

Please refer to the brochure that your county chairman has received for further details.

Chester D. Black

REMEMBER TO ORDER MEDALS

Remember the County Report Form for County Winners in 1975 National 4-H Awards Programs is due in the State 4-H Office no later than November 15. Please get these in as we have to send an inventory report to the National 4-H Service Committee by December 1.

Dalton R. Proctor

WILLIAM STEW TO SERVICE

It is the privilege of the 4-H Club to have a member who has served the community in a special way. William Stew has done this in a most commendable way. He has been a member of the 4-H Club for many years and has been active in many of our programs. He has also been a member of the community and has done many good deeds. We are proud to have him as a member of our club and we hope that he will continue to do good for many years to come.

A 4-H MEMBERMENT BEARS FROM OTHER STATES

It is a great honor for a 4-H member to be invited to attend a convention or to represent their club at a state or national level. This is a chance for them to meet other members from other states and to learn about the latest in 4-H programs. It is also a chance for them to show off their club and to receive recognition for their achievements. We are proud to have members who are invited to attend these events and we hope that they will have a great time and that they will bring back new ideas and inspiration to their clubs.

C. E. Latta

THE 4-H CLUBS - 1975

The 4-H Clubs are the backbone of the 4-H program. They are the place where young people learn about themselves and the world around them. They are also the place where they can have fun and enjoy themselves. The 4-H Clubs are a great way for young people to learn about the world and to become better citizens. We are proud to have so many 4-H Clubs in our county and we hope that they will continue to grow and thrive for many years to come.

HOW TO JOIN

Joining a 4-H Club is a simple process. First, you need to find a 4-H Club in your area. You can do this by contacting your county 4-H agent or by looking in the Yellow Pages. Once you have found a club, you can go to a meeting and meet the other members. If you like what you see, you can fill out a membership application form and pay the fee. You will then be a member of the club and you can start participating in all the activities that the club has to offer.

William V. Proctor

AGRICULTURAL EXTENSION SERVICE
NORTH CAROLINA STATE UNIVERSITY AT RALEIGH

SCHOOL OF AGRICULTURE AND LIFE SCIENCES

OFFICE OF 4-H CLUB WORK
Box 5157 Zip 27607

POSITION DESCRIPTION

Position: 4-H Specialist

Location: North Carolina State University

Geographic Responsibility: Statewide

Position Availability: Immediately

Application Deadline: November 15, 1975

Major Position Responsibilities:

- Provide expertise and enhance staff efforts in the development, implementation and evaluation of county 4-H programs. This includes the development of educational materials, conduct of training and pragmatic application of modern 4-H program development concepts.
- Serve as 4-H liaison with designated academic departments on the North Carolina State University Campus.
- As a State 4-H Staff "team" member provide leadership and motivation for the design, development, implementation and evaluation of a progressive 4-H program.

Academic Preparation and Requirements:

- Minimum of a master's degree with course work concentration in such areas as education, sociology, human development, communications and other behavioral sciences.
- Successful work experience in planning, implementing and evaluating educational programs for youth.
- Evidence of ability to communicate effectively through oral and written means.
- Knowledge of principles and methods of youth and adult education especially as they relate to informal, volunteer out-of-school programs.
- Indications of ability to relate to individuals and groups of diverse, racial, ethnic and economic backgrounds.



COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS, NORTH CAROLINA STATE UNIVERSITY AT RALEIGH, 100 COUNTIES AND U. S. DEPARTMENT OF AGRICULTURE COOPERATING

Salary: Commensurate with professional qualifications and experience.

Other Benefits: Civil Service Retirement, optional State Retirement benefits, group life and health insurance, vacation and sick leave.

Application Procedures: Send resume' and letter of application to:

Chester D. Black

Chester D. Black
Assistant Director, 4-H
P. O. Box 5157
North Carolina State University
Raleigh, North Carolina 27607

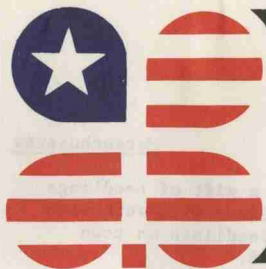
A completed application will consist of resume', college transcripts and the North Carolina Agricultural Extension Service application available through the above address. All application materials and references must be received no later than 10 days after the application deadline.

ISSUED: October 6, 1975

AN EQUAL OPPORTUNITY EMPLOYER

North Carolina State University is an equal opportunity employer and operates under Affirmative Action Policy. The University strongly encourages all qualified applicants.





AGRICULTURAL EXTENSION SERVICE

4-H Celebrates Bicentennial

October 1, 1975

4-H BICENTENNIAL FROM OTHER STATES

Restoring Historic Cemeteries

Rhode Island

In Northern Rhode Island nearly half of all the organized clubs in rural areas have undertaken the work of improving and restoring historic cemeteries. Early colonists maintained a family burial plot on nearly every farm. Many of these small plots have grown up to brush and weeds and have been forgotten. Fortunately, however, many of them are recorded and classified in the State House as Rhode Island historical cemeteries. However, no regular maintenance is provided. The 4-H clubs have thus undertaken a very practical, historical project which ties in quite naturally with the bicentennial observance.

Bicentennial "Host" Brochure

Colorado

Colorado 4-H'ers will be hosting people from all over the U. S. and other countries for their own Centennial celebration as well as the Nation's Bicentennial in '76. The State 4-H staff has just prepared a booklet, "From Stone Age to Space Age, A travel Guide to Colorado". This booklet will help them to be informed hosts and encourage family participation in exploring Colorado together. The information was compiled on a county by county basis, but also suggests studying history of trails, land purchases or grants, map changes, events, people, preserving historical sites and interviewing old-timers and preserving their memories. They also suggest study of geography, legends, clothing, transportation, dramatic arts, music of the old west, architecture through the years and the livestock industry as they relate to Colorado.

Cultural Heritage Preservation

Wisconsin

Polk County, Wisconsin 4-H'ers are learning about the part their Danish ancestors played in the settlement of Polk County. A project to undertake this study was developed by a history specialist working with the Youth Development staff. 4-H'ers are now involved in performing Danish folk dance in authentic costumes, tracing family trees to learn about early settlers, restoring furniture used by past generations, visiting historical sites related to the Danish settlers, and obtaining pen pals in Denmark. They have also gotten adults interested in family and community history.

(OVER)



Massachusetts

Bicentennial Wildlife Shrub Project

A Wildlife Shrub Project has been developed in Massachusetts. It is a gift of seedlings to their towns in observance of the Bicentennial. 4-H members and leaders will work with their local officials to determine where the 4-H'ers will plant the seedlings on town property. Actual planting will be done in the spring of 1975 and 1976.

The benefits are:

4-H'ers are presenting a Bicentennial gift to their communities.

4-H'ers may do related study of horticulture and wildlife.

Good publicity for local 4-H clubs and supporting agencies.

Seedlings run about \$5 per bundle of 25. Garden clubs, historical societies or conservation commissions could be approached for support in obtaining them. One county staff person will be designated in each county to coordinate with the conservation district supervisor (supplier of seedlings) and 4-H clubs.

4-H Bicentennial Plan

South Dakota

South Dakota has an active program recognizing the upcoming Bicentennial celebration in 1975-76. Ella Ollenburg, State 4-H Agent, recently reported to us on their 4-H Bicentennial Community Pride Plan.

In Aurora County, 4-H'ers, aided by Soil Conservation Service (SCS) and Extension personnel, planted over 200 trees in the initial phase of their community beautification project.

4-H leaders in Campbell County purchased property in Mound City for developing a community park.

In Bon Homme, Clay, and Falk Counties, 4-H'ers are planning many projects, including an "old junk car" crushing, clean-up promotion, landfill and recycling and one about history.

Youth in Lawrence County are conducting monthly pickups of newspapers, computer punch cards and paper, cardboard, aluminum, and rags for recycling.

The South Dakota theme is community service and community pride -- an excellent way for youth and adults to work together to mark the end of the first 200 years of this nation and to begin the next 200!

Compiled by: Charles E. Lewis
Extension Sociologist/4-H

AGRICULTURAL EXTENSION SERVICE
NORTH CAROLINA STATE UNIVERSITY AT RALEIGH

SCHOOL OF AGRICULTURE AND LIFE SCIENCES

OFFICE OF 4-H CLUB WORK
Box 5157 Zip 27607

Newsletter Number 2

I have been requested by Rebecca Clapp, IFYE to Jamaica to include you on the mailing list of her letters. Her address is: c/o Jamaica 4-H Clubs, 6 Richmond Avenue, Kingston, 10 Jamaica. The International Four-H Youth Exchange is conducted by the National 4-H Foundation in behalf of the Cooperative Extension Service. Friends of 4-H in McDowell County, North Carolina and the 4-H Foundation assisted in financing this exchange.

Sincerely,

Pauline E. Moore
Pauline E. Moore
4-H Specialist

PEM/pg

Have you ever become the "rabbit specialist" having never handled rabbits before in your life? Such is what the Salisbury Plains 4-H Training Centre has afforded me, as IFYE to Jamaica, this opportunity. During the month of October I have taught the various aspects of rabbitry from breed identification to disease prevention.

The training centre I use as a base is one of the eleven 4-H training centres now established in Jamaica. Several hundred boys and girls, generally from the ages of sixteen to twenty-two, engage in various vocational courses including home economics, metal and wood-working, tractor driving, auto and tractor mechanics, small and large animal husbandry, vegetable production, and the propagation of tropical crops. Each club member chooses a major field of study; however, each person must pass a proficiency test covering all subject areas.

The training centres are supported by a number of methods - private organizations such as the bauxite companies, Lions and other civic clubs, have played a major role. Examples of these are New Forest in Trelawny, Warminxster in St. Elizabeth, and Rose Hall in St. Catherine. The government also budgets money for the 4-H Movement each year, some of which is appropriated for training centre use. Many of the training centres are self supporting; for instance, Salisbury Plains and Denbigh, the largest of the training centres. The production of vegetable and small cash crops, rabbit raising for meat and breeding stock; and the native folk arts have proven themselves profit making skills for the training centres.

In recent years, there has been a shift in the organization of the training centres. Previously, the parish 4-H organizer was given the responsibility of coordinating the training centre activities along with his duty of organizing all 4-H clubs in his parish. These 4-H clubs often number thirty-five or more per parish. Presently, each centre has a coordinator whose activities include teaching, training and maintaining the 4-H centre.

Hippity-hop along we go, the 4-H training centre way - a new experience every day!

Rebecca Clapp, IFYE to Jamaica



COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS, NORTH CAROLINA STATE UNIVERSITY AT RALEIGH, 100 COUNTIES AND U. S. DEPARTMENT OF AGRICULTURE COOPERATING

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Newsletter Number 1

I have been requested by Rebecca Clapp, IFYE to Jamaica to include you on the mailing list of her letters. Her address is: c/o Jamaica 4-H Clubs, 6 Richmond Avenue, Kingston, 10 Jamaica. The International Four-H Youth Exchange is conducted by the National 4-H Foundation in behalf of the Cooperative Extension Service. Friends of 4-H in McDowell County, North Carolina and the 4-H Foundation assisted in financing this exchange.

Sincerely,



Pauline E. Moore
4-H Specialist

PEM/pg

Greetings from Jamaica!

I have been living with several host families for a period of three weeks each since I came to Jamaica as an IFYE two months ago. I will try to include several experiences and unique situations that have happened to me since I left North Carolina.

The first thing an IFYE gets accustomed to is the food! It is either very spicy (hot!) or so bland it has no taste. New dishes such as oxtail, fish head stew, cow's hoof, ackee and codfish, curried goat and ram soup are certainly a first for my taste buds! The basic diet consists of starch - not just one starch but many starches! At one meal I have seen breadfruit, boiled green bananas, yams, sweet potatoes (different from our yams), potatoes, rice and beans and dumplings on the table at once. If you're trying to watch your waistline, forget it! However, the fruits of mangoes, papayas, avocado, pears, oranges, grapefruits and bananas are fantastic. Growing unaccustomed to desserts was a trying experience especially since I have a sweet tooth. Desserts are rarely served - after all, who needs them after a huge meal!

If you are looking for the modern conveniences of cake mixes, brownie mixes or instant foods, you will need to search elsewhere. The food products are extremely different. For instance, instead of using sugar and cream in your coffee or tea, try sweetened condensed milk, a fairly cheap item costing about thirty cents for a fourteen ounce tin. It is more nutritious also! Sugar sells for only eight cents a pound and bananas for fifty cents a seven pound bunch. These items may seem quite inexpensive to the average shopper, but the other household necessities overpower the food prices considerably. For example, a standard size fitted sheet sells for fifteen dollars and all electronic equipment is more than double in price as compared to the United States.

(Over)



COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS, NORTH CAROLINA STATE UNIVERSITY AT RALEIGH, 100 COUNTIES AND U. S. DEPARTMENT OF AGRICULTURE COOPERATING

Driving on the left side of the road (or the wrong side as I call it) can be a harrowing experience! It is especially scary at night because the roads are narrow and winding. Most all cars are small and expensive. A Volkswagon Bug costs the Jamaican anywhere from five to seven thousand dollars or a Cheverolet Impala costs about ten thousand dollars. Expensive? Indeed, it is because the government taxes items about fifty per cent with a preferential treatment on English goods. Let us also not complain about our price of gasoline. The Jamaican pays \$1.26 per gallon of regular gas. How would you like to own a Lincoln Continental with gas at that price?

Many of our everyday conveniences are true luxuries here. Hot water, running water and electricity are examples of these. Can you imagine showering during a tropical rainstorm underneath the gutter of a house? Talk about going back to nature - one can tend to survive and rely upon it quite a bit.

You can't afford to miss another exciting adventure of the continuing experiences of an IFYE to Jamaica. Don't touch that dial - Stay tuned for next month's continuation!

Rebecca Clapp - IFYE to Jamaica

The first thing an IFYE gets accustomed to is the food. It is either very spicy (hot) or so bland it has no taste. The dishes such as oxtails, fish head stew, cow's foot, snake and scotch goat and rum soup are certainly a first for my taste buds. The basic diet consists of starch - not just one starch but many starches! At one meal I have seen breadfruit, boiled green bananas, yams, sweet potatoes, different types of yams, potatoes, rice and beans and dumplings on the table at once. It would be hard to eat your meals - I am afraid! However, the fruits of mangoes, pineapples, watermelon, oranges, grapefruit and banana are fantastic. Breaded items, such as chicken and fish, are a treat. Experience especially since I have a sweet tooth! Biscuits are really good - like all who made this after a huge meal!

It was also looking for the woman counterparts of the local, stylish dress. In my first week, you will find to make a statement. The good products are designed to be for the woman, for the woman, for the woman. In my first week, you will find to make a statement. The good products are designed to be for the woman, for the woman, for the woman. In my first week, you will find to make a statement. The good products are designed to be for the woman, for the woman, for the woman.

(Over)



STATE AND DISTRICT OFFICERS, 1975-76

State President

Carol Myers, Forsyth County
2780 Stratford Road
Winston-Salem, North Carolina 27103
(919) 765-0536

875 Reynolds Hall, Box 4875
UNC-Greensboro
Greensboro, North Carolina 27412
(919) 379-5070

State Vice-President

Neil Carter, Buncombe County
Route 1, Box 388
Fletcher, North Carolina 28732
(704) 684-6184

Box 511-C, Mars Hill College
Mars Hill, North Carolina 28754
(704) 689-1295

State Secretary-Treasurer

Bobby Crews, Vance County
R.F.D. 4, Box 265
Henderson, North Carolina 27536
(919) 438-6430

232 Owen Dorm, Box 4487
North Carolina State University
Raleigh, North Carolina 27607
(919) 833-3074

State Reporter

Mary Landen, Anson County
P. O. Box 113
Lillesville, North Carolina 28091
(704) 848-4010

314 Gray Hall, Box 756
UNC-Greensboro
Greensboro, North Carolina 27412
(919) 379-5111

WESTERN DISTRICT

President

Selma Carter, Buncombe County
Route 1, Box 388
Fletcher, North Carolina 28732
(704) 684-6184

Vice-President

Phil Leftwich, Jackson County
P. O. Box 114
Cullowhee, North Carolina 28723
(704) 293-9666

P. O. Box 1826
Appalachian State University
Boone, North Carolina 28608
(704) 262-2787

Secretary-Treasurer

Mike E. Bayne, Henderson County
Route 1, Box 133-B
Zirconia, North Carolina 28790
(704) 692-3581

Reporter

Leslie Gibson, Buncombe County
4 Green Valley Court
Asheville, North Carolina 28806
(704) 667-2710

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President

Teresa Cox, Randolph County
Route 1, Box 453
Asheboro, North Carolina 27203
(919) 629-6948

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Terry Southard, Guilford County
Route 2
Stokesdale, North Carolina 27357
(919) 643-4811

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David Weavil, Forsyth County
1716 Chamelin Road
Kernersville, North Carolina 28349
(919) 769-2240

Reporter

Gail Martin, Surry County
Route 6, Box 294
Mount Airy, North Carolina 27030
(919) 352-4180

728 Doughton Hall, Box 3282
Appalachian State University
Boone, North Carolina 28608
(704) 262-3491

SOUTHWESTERN DISTRICTPresident

Susan Simpson, Union County
Route 10
Monroe, North Carolina 28110
(704) 279-3429

Box 1737

Wingate College
Wingate, North Carolina 28174

Vice-President

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Route 2
Harmony, North Carolina 28634
(704) 546-7530

Secretary-Treasurer

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Route 4, Box 348
Kings Mountain, North Carolina 28086
(704) 739-2697

P. O. Box 464

UNC-Greensboro
Greensboro, North Carolina 27412
(319) 379-5192

Reporter

Gena Poovey, Catawba County
Route 4, Box 115
Newton, North Carolina 28658
(704) 464-2196

NORTH CENTRAL DISTRICTPresident

Kaye Johnson, Chatham County
Route 3, Box 127
Siler City, North Carolina 27344
(919) 742-2767

Vice-President

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Route 3, Box 6
Kenly, North Carolina 27542

3210 Kings Row

Avent Ferry Road
Raleigh, North Carolina 27606
(919) 851-2852

Secretary-Treasurer

Randy Burnette, Northampton County
P. O. Box 185
Gaston, North Carolina 27832
(919) 537-5216

Reporter

Janet Lorraine Forte, Warren County
P. O. Box 176
Norlina, North Carolina 27563
(919) 456-2861

SOUTH CENTRAL DISTRICTPresident

Mary Beth Thrower, Richmond County
Route 4, Box 75
Rockingham, North Carolina 28379
(919) 997-2301

Vice-President

Mike Ritter, Moore County
Star Route, Box 24
Robbins, North Carolina 27325
(919) 464-5913

Secretary-Treasurer

Michael L. Helms, Anson County
P. O. Box 235
Peachland, North Carolina 28133
(919) 272-5642

Reporter

Jill Kinton, Harnett County
Route 1
Fuquay-Varina, North Carolina 27526
(919) 552-4166

NORTHEASTERN DISTRICTPresident

Marta Rogerson, Chowan County
Route 1, Box 213
Tyner, North Carolina 27980
(919) 221-4719

Secretary-Treasurer

Keith Worrell, Hertford County
Route 1
Como, North Carolina 27818
(919) 398-3515

Vice-President

Chuck Owens, Tyrrell County
Route 2
Columbia, North Carolina 27925
(919) 796-4556

Reporter

Pat Perry, Chowan County
Route 3
Edenton, North Carolina 27932
(919) 482-4623

SOUTHEASTERN DISTRICTPresident

Kim Dietz, Columbus County
P. O. Box 382
Bolton, North Carolina 28423
(919) 452-3331

308 Whitehead Hall
UNC-Chapel Hill
Chapel Hill, North Carolina 27514
(919) 933-6525

Secretary-Treasurer

Alex Newton Jordan, Columbus County
Route 2, Box 94
Clarkton, North Carolina 28433
(919) 648-4387

Reporter

Henrietta Stroud, Lenoir County
Route 4
Kinston, North Carolina 28501

Vice-President

Deon Robinson, Duplin County
Route 1, Box 79
Wallace, North Carolina 28466
(919) 285-3878

P. O. Box 805
Fayetteville State University
Fayetteville, North Carolina 28301
(919) 483-6144, Ext. 340

PAST STATE OFFICERS, 1974-75President

Chris S. Heavner, Lincoln County
Route 2, Box 117
Vale, North Carolina 28168
(704) 735-2743

Box 4597
North Carolina State University
Raleigh, North Carolina 27607
(919) 833-6764

Secretary-Treasurer

Robin Kinton, Harnett County
Route 1
Fuquay-Varina, North Carolina 27526
(919) 552-4166

1001 E. Rock Spring Road
Greenville, North Carolina 27834
(919) 758-1346

Reporter

Adrian Gaskins, Craven County
Route 5, Box 284-A
New Bern, North Carolina 28560
(919) 638-1718

430 Morrison Dormitory
UNC-Chapel Hill
Chapel Hill, North Carolina
(919) 933-4284

Vice-President

Sharon Runion, Mitchell County
Route 4, Box 28
Bakersville, North Carolina 28705
(704) 688-2494

Box 5175, Hawkins Hall
UNC-Greensboro
Greensboro, North Carolina 27412

AGRICULTURAL EXTENSION SERVICE
NORTH CAROLINA STATE UNIVERSITY AT RALEIGH

SCHOOL OF AGRICULTURE AND LIFE SCIENCES

OFFICE OF 4-H CLUB WORK
Box 5157 Zip 27607

Newsletter Number 4

I have been requested by Ann Rushing, IFYE to France, to include you on the mailing list of her letters. Her address is: c/o Lucie Roman-Faisnel, rue de Boulogne, 30290 Laudun, France. The International Four-H Youth Exchange is conducted by the National 4-H Foundation in behalf of the Cooperative Extension Service. Friends of 4-H in Union County, North Carolina and the 4-H Foundation assisted in financing this exchange.

Sincerely,

Pauline E. Moore

Pauline E. Moore
4-H Specialist

PEM/pg

The Saga of the Mushroom

One day, deep in the forest of southwestern France, just after a hearty rain, a mushroom decided to venture above ground. He had no idea that one of the joys of the region is to chase after the poor unsuspecting mushrooms. He was in particular danger for he was a "Cépes of Bordeaux", the favorite and most delicious of all.

Just after dawn on that fateful day, the woods began to fill with people, young and old, baskets in hand. The proper way to hunt mushrooms is to carry a large stick to hunt through the leaves and brush and to wear a hat so the mushrooms will not recognize you. It is absolutely important to remain quiet so as not to attract the other mushroom hunters if you happen to find a good spot for mushrooms. It is also said that you need the stick to hit the mushrooms for the "cépes" supposedly run very fast at the slightest noise. I never got to use my stick for I never found a "cépes". I suppose they always heard me coming and ran far away into the forest. After three days of luckless hunting, I broke my stick in complete frustration.

Fortunately some of my co-hunters were able to sneak up on a few "cépes", so I got to taste the delicious creatures. Once captured, they are cooked in butter with parsley and garlic. Eaten with French bread and a little wine, they are fantastic.

After hearing my story you should be able to recognize mushroom hunters with no trouble. If you see cars parked at the edge of a forest and people running madly with their sticks, the mushroom chase is in progress. BEWARE!!

With stick in hand, au revoir from your IFYE in France, Ann Rushing.



COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS. NORTH CAROLINA STATE UNIVERSITY AT RALEIGH. 100 COUNTIES AND U. S. DEPARTMENT OF AGRICULTURE COOPERATING

NORTH CAROLINA 4-H CALENDAR - 1976

Theme: "4-H '76 - Spirit of Tomorrow"

- REMINDER FOR
DECEMBER 9, 1975
- February 6, 1976
- February 16
- March 1
- March 8-22
- March 15
- April
- April 23-25
- April 30-May 2
- May 31-June 4
- June 6-12
- June 9-11
- June 13-19
- June 15
- June 16
- June 17
- June 18
- June 20-25
- June 22
- June 23
- June 24
- June 26-27
- June 28-July 3
- July 12-14
- July 12-17
- July 26
- Applications for all 1976 International Programs due in State 4-H Office
 - Applications for Danforth Camp, National 4-H Conference, Out-of-State Opportunities due in State 4-H Office
 - Applications for 4-H Development Fund, L. R. Harrill, Smith-Douglass Scholarships due to: N. C. 4-H Development Fund, Inc., P. O. Box 5067, NCSU, Raleigh, N.C. 27607
 - Interviews for Danforth and National Conference Delegates, NCSU Student Center
 - Submit to judging sites (to be announced):
 - * Cumulative 4-H Records
 - * Leader Recognition Nomination Forms
 - * Honor Club Membership Applications
 - * District 4-H Officer Nomination Form III
 - 4-H Cumulative Record Judging
 - Applications for N. C. Rural Safety Council Awards Program
 - National 4-H Conference, Washington, D. C.
 - 4-H Camp Counselor/Instructor Training Conference
 - 4-H Clothing Camp, Betsy-Jeff Penn 4-H Center, Reidsville
 - 4-H Regional Resources Development Conference, Fontana
 - 4-H Horsemanship Camp, Millstone
 - State 4-H Junior Dairyman's Conference, Raleigh
 - 4-H Horsemanship Camp, Millstone
 - South Central District Activity Day, Robeson County
 - Southeastern District Activity Day, Lenoir County
 - Northeastern District Activity Day, Pitt County
 - North Central District Activity Day, Wake County
 - 4-H Leadership and Community Development Conference, Mitchell 4-H Camp
 - Western District Activity Day, Madison County
 - Southwestern District Activity Day, Alexander County
 - Northwestern District Activity Day, Alamance County
 - State Honor Club Conference, Betsy-Jeff Penn 4-H Center, Reidsville
 - Senoir Teen Camp, Betsy-Jeff Penn 4-H Center, Reidsville
 - N. C. 4-H Electric Congress, Charlotte
 - State 4-H Forestry and Wildlife Camp, Millstone 4-H Camp
 - State Livestock Judging Finals, NCSU
 - State 4-H Horticultural Judging, Identification, Information Contest, NCSU
 - 4-H Dairy Judging Finals, Raleigh

- July 26-30 - N. C. 4-H Congress, Raleigh
- July 27 - State Automotive Skill Driving Contest during N. C. 4-H Congress
- 4-H Dairy Bowl State Finals, Raleigh
- August 8-14 - Citizenship Short Course, Washington, D.C.
- August 8-13 - 4-H Leadership and Community Development Conference, Swannanoa
4-H Camp
- September 1- - Submit 1976 4-H Medal Request Forms 1 and 1A and Certificate Order
November 1 Forms to State 4-H Office
- September 1 - Due in State 4-H Office:
 - * Certain State winning Cumulative 4-H Records
 - * Special forms on local and county-wide programs
 - * 4-H Scholarship Application Forms for National 4-H Service
Committee sponsored Scholarships
- September 6-10 - State judging of local and county-wide 4-H programs and national
scholarship applications.
- October 3 - National 4-H Church Sunday
- October 3-9 - National 4-H Week
- October 11-15 - Southern Region 4-H Leader Forum, Rock Eagle 4-H Center, Eatonton,
Georgia
- October 15 - Junior Market Steer Show, N. C. State Fair
- October 15-17 - State Executive 4-H Council Annual Meeting (District & State
Officers), Betsy-Jeff Penn 4-H Center, Reidsville
- October 16 - Junior Beef Heifer Show, N. C. State Fair
- October 18 - Junior Swine Show, N. C. State Fair
- October 19 - Junior Barrow Show, N. C. State Fair
- October 23 - State Junior Dairy Show, N. C. State Fair
- October 29- - National Junior Horticultural Convention, King of Prussia, Pa.
November 1
- November 1 - Camp Reservation Applications due in State 4-H Office
- Pre-Teen and Early-Teen county winning canning records due in
Foods Department
- November 28- - National 4-H Congress, Chicago, Illinois
December 2
- December 9 - Applications for all 1977 International Programs due in State
4-H Office

4-H'76



Spirit of Tomorrow

AGRICULTURAL EXTENSION SERVICE
NORTH CAROLINA STATE UNIVERSITY AT RALEIGH

SCHOOL OF AGRICULTURE AND LIFE SCIENCES

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Sincerely,

Pauline E. Moore
Pauline E. Moore
4-H Specialist

PEM/pg

Bonjour!

Greetings from the vineyards. I've been hard at work picking grapes for my family who lives in Soussac, a little town of 250 near Bordeaux. Their vineyards are spread over 120 hectares of beautiful countryside. For the "vendange" or grape harvest, Mr. Greffier has mostly Spanish workers who come every year from the same towns in Spain. This year there are about 60 Spaniards which is fewer than in the past years, because Mr. Greffier is experimenting with a grape picking machine. With cooks, family and personnel, there are about 85 people for the vendange and the noise at meals is unbearable.

A typical day for the "vendangers" (grape pickers) begins with breakfast at 7:30 a.m. There are always beans for breakfast which I never got up the courage to eat that early in the morning. Being a little pig, I always eat French bread in the morning. Work begins at 8:00 a.m. with the ringing of the bell (similar to 4-H camp - a bell for every occasion). The workers are divided into two groups. One group near the house and one in the vineyards far away. Each grape picker has a small basket and a pair of sharp scissors (I have plenty of cuts to prove they are sharp). The older guys carry large baskets on their backs and walk along the rows of grape vines and the smaller baskets are emptied into a wagon to be transported for wine making.

There is no way to escape from becoming tired while picking grapes. The vines can be planted either high or low. With the low vines, you get a backache if you bend over to pick, your legs go to sleep if you sit and if you rest on your knees, your clothes get terribly dirty and your knees begin to hurt. With the high vines you always have tired arms. Work continues until 7:00 p.m. after an hour and a half lunch break. At the end of the day, one returns home tired, sticky from juice and full of delicious grapes. One of the advantages of the work is that you can eat all you want and drink wine too!!

(Over)



COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS, NORTH CAROLINA STATE UNIVERSITY AT RALEIGH, 100 COUNTIES AND U. S. DEPARTMENT OF AGRICULTURE COOPERATING

AGRICULTURAL EXTENSION SERVICE
NORTH CAROLINA STATE UNIVERSITY

Meanwhile, back at the house, all is not fun and games. Eighty-five people must be fed and housed during the harvest. There are 3 cooks who prepare the food on an old wood burning stove. There are always potatoes to be peeled, chickens to kill and dishes to wash. One day I cut all the french fries for 85 people and dried most of the plates after they ate! I could go to great lengths to describe the amount of food consumed at each meal but let it suffice to say that we eat well.

As always, I remain your fat but happy IFYE in France, Ann Rushing.

EWYpg

6antour

Greeting from the vineyards. I've been hard at work picking grapes for my family who lives in Senevas, a little town of 250 near Bordeaux. Their vineyards are spread over 120 hectares of beautiful countryside. For the "vendange" or grape harvest, Mr. Grotter has mostly Spanish workers who come every year from the same towns in Spain. This year there are about 60 Spaniards which is fewer than in the past years, because Mr. Grotter is experimenting with a grape picking machine. With cooks, family and personnel, there are about 85 people for the vendange and the noise at meals is unbearable.

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(over)

