

VOLUME XIII, Number 5 May 21, 1975

TO: Agents Responsible for 4-H and Youth Development

FROM: The 4-H Staff - Chester D. Black, Assistant Director, 4-H

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#### 4-H AND THE ZOO

The State 4-H Council will complete their "Operation Zoo" at the North Carolina 4-H Congress. District 4-H officers are planning to accept county donations at District Activity Day. Your county and 4-H Council's cooperation will add enthusiasm and purpose to some dedicated efforts.

Chester D. Black

#### MARINE SCIENCE WORKSHOP

Your assistance is still needed to recruit more young people to attend the Marine Science Environment Workshops to be held at the Harbor House Marine Science Center. The deadline has been extended to June 16, 1975, since there are still quite a few vacancies. Some methods of recruitment might be:

- If you have not contacted the science teachers in your county, do so before school is out.
- Those of you who did contact the teachers earlier, might consider a follow-up, especially to inform them of the extended deadline.
- Re-emphasize this program at any county events as well as in your county newsletter.
- Consider additional radio spots and news releases.

In hopes that you have distributed your brochures, we are including another one for you.

We urge your support of this Harbor House program since it is an Extension operated enterprise.

Vivian T. Hammond



#### REPORT ANYTIME FOR APRIL

Ashe: Thirteen youth attended a weekend session called "Project Challenge" at the Special Force Camp near Aberdeen. The group gained skills to cope with new and different situations.

A weekend cultural arts retreat at Appalachian State University gave 27 youth an opportunity to develop a greater appreciation of music, drama, art and dance. This program also involved 22 volunteers.

Anson: Forty 4-H Club members participated in the Anson County Fashion Revue and Talent Show. The Wadesboro Sparkling Clovers 4-H Club was responsible for staging the event.

Forsyth: The Forsyth County 4-H Bowling Classic attracted 190 young people to match skills in the sport of bowling.

Onslow: The 4-H Adult Leader Organization is the news in this county. This group planned, implemented and funded the 4-H Fashion Revue for 53 youth. They also assisted with the first County-wide Archery Contest. In addition to this, they found time to attend the First Annual Leader Recognition Banquet where the guest speakers were the president of the Virginia Leaders Organization as well as the president of the local Jaycees.

<u>Sampson</u>: Twenty-six youth participated in a series of special interest workshops on rocketry which was climaxed with a model rocketry rodeo.

The Environmental Education Day sponsored by the Agricultural Extension Service for a two-day period involved 257 youth. Specialists involved were in the areas of wild-life, forestry, soils, outdoor recreation and 4-H and youth.

<u>Wayne</u>: Forty-five volunteers involved 800 youth in a bike safety program conducted in three schools.

Vivian T. Hammond

#### CLEAR-UP THE CONFUSION!

 Terrarium demonstrations for 4-H District Activity Day should be given in the forestry category. The Forestry staff prepared the project materials and are our resource persons.

Henry Revell's letter on Open Class announced that terrariums could be entered in either forestry or home environment. Since that time some changes have been made, which make this impractical. Terrariums will NOT be eligible in home environment demonstrations.

- (2) Live pets can be used in Open Class. They must be caged, on a leash, or otherwise under the control of the demonstrator.
- (3) Counties may have an entry in both junior and senior divisions in Open Class. There will be sponsorship <u>ONLY</u> at the State level. There are <u>NO</u> district scholarships.

My letter of April 16, 1975, to all 4-H Coordinators on demonstrations and District Activity Day gives these changes. Please check this letter to be sure you have the latest information.

Cleo J. Edwards

### HIGHWAY MAP

A revised copy of the highway map (to replace the ones mailed on May 12) for North Central District 4-H Activity Day is enclosed in the coordinator's copy of the newsletter for the North Central District ONLY.

Cleo J. Edwards

#### HORSE CAMP SPACE AVAILABLE

There is still space available for Horse Camp the first and third weeks - June 8-14 and June 22-28. Contact Dr. Tom Leonard, Extension Animal Husbandry Specialist, 118 Polk Hall, N. C. State University, Raleigh, N. C. 27607 if you have 4-H'ers who would like to attend one of these horse camps. The camps will be held at Millstone 4-H Camp.

Fred H. Wagoner

#### PUBLIC SPEAKING

<u>Public Speaking and You</u>, is the revised edition for public speaking and is available for distribution.

Make requests to the Mail Room of Agricultural Information Department, NCSU, 2 Ricks Hall, Raleigh, N. C. 27607.

Pauline E. Moore

#### OUT-OF-STATE DELEGATES

Out-of-state delegates have been selected and assigned as follows:

Richard Renegar (Iredell) and Barbara Nance (Anson) to Virginia's State 4-H Congress.

Rusty Kanupp (Buncombe) and Karen Thornton (Wayne) to Georgia's 4-H Council.

Shirley Goodnight (Rowan) and Deon Robinson (Duplin) to Pennsylvania's 4-H Leadership Congress.

Ann Williamson (Wilson) and Stanley Rash (Forsyth) to Tennessee's 4-H Roundup.

Robert Attaway (Hoke) and Dakeita Vanderburg (Cabarrus) to Maryland's State 4-H Conference.

We know each of them will represent North Carolina 4-H'ers in the very best way.

Pauline E. Moore

#### IFYE DELEGATES

We have three confirmed arrival dates for IFYE's that will be visiting North Carolina this year.

Immo Vucrinen from Finland will be here from August 6 to October 5.

Cornelia van der Well from the Netherlands will be here from July 16 to October 5.

Marianne Kuhni from Switzerland will be here from July 16 to October 5.

If any counties are interested in hosting one of these IFYE's, please contact me.

Pauline E. Moore

#### AWARDS PROGRAM

If you have NOT ordered "The 1975 Handbook For Local Leaders - National 4-H Awards Programs", please write the National 4-H Service Committee Inc., 150 North Wacker Drive, Chicago, Illinois 60606, and request the number you need. Request a copy for each of your 4-H leaders.

Please notice a new feature in this year's handbook: a list of the person in each donor's organization to whom letters of appreciation can be addressed.

Lyman B. Dixon

## MEMORIAL SCHOLARSHIP FUND

Eight \$1000 scholarships are awarded each year by the American-International Junior Charolais Foundation, Inc., under the auspices of the American-International Charolais Association. These scholarships are available on a competitive basis to any high school senior who intends to continue his or her education in an agricultural field. If you have a 4-H Club member that might be interested, contact the State 4-H Office for additional information and an application. North Carolina has succeeded before: Danny Moore of Caldwell County has one of these scholarships!

Chester D. Black

Preceding the ceremony, N. C. Development Fund Director, Galdwell County Civic and government leaders, State and County Extension Staff members, 4-H leaders and members and other guests enjoyed a lunch and a tour of the facilities.

Twenty-four 4-H agents from throughout the state came to the camp a day early to receive training in semi-primitive camping. A similar training session is scheduled for late summer for additional agents. This training should qualify agents to assist their county delegation in utilizing this new facility to its greatest potential.

An application form for this new facility is included. You will note that it contains information in regard to rates as well as available facilities and equipment. If you need additional copies of this form, order them from James Bradshaw, Superintendent, Anita-Alta 4-H Outpost Camp, Route 8, Box 377, Lenoir, N. C. 28645.

We feel that this new facility can offer another vital dimension to the North Carolina 4-H Camp Program and that 4-H Club members throughout the state will greatly profit from this generous gift of Mr. & Mrs. Luther B. Robinson.

Fred H. Wagoner

#### "A CAPITAL IDEA"

"A Capital Idea," the information listing places of interest in Raleigh, was not available at the time of mailing the N. C. 4-H Congress information; so you will find your copy enclosed in this Newsletter. Please file it with your Congress packet.

Vivian T. Hammond

Public Species

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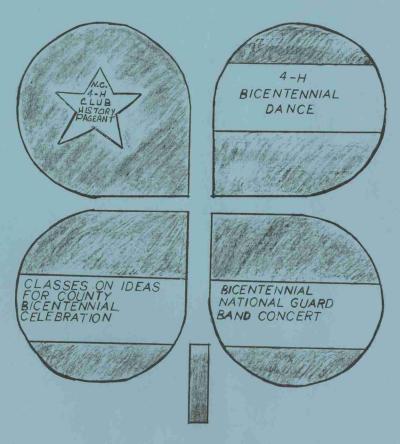
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## CELEBRATE THE BICENTENNIAL AT NORTH CAROLINA 4-H CONGRESS



JULY 21-25, 1975

## ANITA ALTA 4-H OUTPOST CAMP REGISTRATION AND INCOME (To be completed by person in charge, in duplicate and two copies given to superintendent at registration)

#### A. OVERNIGHT CAMP ATTENDANCE AND FEES

NAME OF GROUP	ADDRESS	34	DATES	BOYS	GIRLS	ADULTS	TOTAL ATTEND,	NO. DAYS	@ 50¢	LESS	PAID
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1. Each 24 hour or less overnight stay is considered as a day for overnight rates.

2. Daytime group rates apply to group using any camp area or facility for such as picnics, environmental education program, nature hikes, backpacking, etc and not staying overnight.

3. Boys and girls are those under 18 years of age, adults are 18 and over.

4. Check-in period is 3:00 p.m. or later. Check-out time is before 2:00 p.m.

5. Groups are responsible to pay for damages (other than normal wear and tear) or lost equipment - at replacement cost.

## ANITA-ALTA 4-H OUTPOST CAMP EQUIPMENT INVENTORY

ITEM SHELTER:  Axe 1 Round Shovel 1 Bow Saws 3 Broom 1 Water Hose 1 Hose Nozzle 1 Wheelbarrow 1 Garbage Cans 2 Stock Pots for heating water 3  COOKING AREAS (3 cooking ar following items) In storage 12 qt. pan 1 5 qt. pan 2 10" fry pan w/lid 1 9" fry pan w/lid 1 9" fry pan w/lid 1 Dipper 1 Fork 1 Knife 1 Strainer 1 Pot Handle 3 Bail Handle 1 Leather Strap 1 Dishpan 1 Cast Iron Fry Pan 1 Army Shovel 1 Dutch Oven 1 EACH GROUP SHOULD SUPPLY: 1. Sleeping bags, air m 2. Dining and eating ut	eas, each wi	th the	SLEEPING AREA BOYS AREA Washhouse: Water Hose w/nozzle Bucket Broom Toilet Brush Trash Can Toilets Lavatory Laundry Sink Cold Shower Tents on Wooden Platform (without beds or mattresses or lights) GIRLS AREA Washhouse:	1 1 1 1 2 1 1 1	TO SECTION SECTIONS OF THE PROPERTY OF THE PRO	7, 7, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2,
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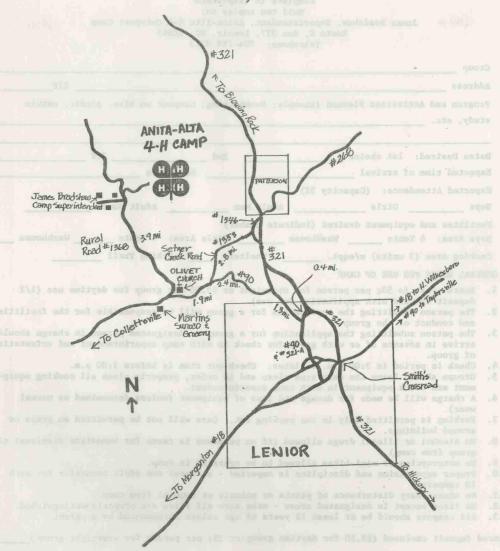
#### APPLICATION FOR USE ANITA-ALTA 4-H OUT-POST CAMP Complete in Triplicate

Mail two copies to:

James Bradshaw, Superintendent, Anita-Alta 4-H Out-post Camp Route 8, Box 377, Lenoir, NC 28645 Telephone: 704-758-8513

1. Group	
2. Address	ZIP
<ol> <li>Program and Activities Planned (Example: Backpacking, Campout on site, picn: study, etc.</li> </ol>	ic, nature
ALM-MINA /	
4. Dates Desired: 1st choice 2nd 3rd	
5. Expected time of arrival Departure	
6 Expected Attendence: (Canacity 32)	
Boys Girls Adult Men Adult Women	
7. Facilites and equipment desired (indicate number)  Boys Area: 4 Tents Washhouse Girls Area: 4 Tents	Washhouse
Cooking Area (3 units) w/eqpt Shelter Hiking Trail	
3. GENERAL RULES FOR USE OF CAMP	
<ol> <li>Rental cost is 50¢ per person for overnight or \$5.00 per group for daytin deposit is paid with application for use)</li> <li>The person submitting the application for a group will be responsible for and conduct of the group.</li> <li>The person submitting the application for a group or designated person in arrive in advance of or with group for check in with camp superintendent of group.</li> <li>Check in period is 3:00 p.m. or later. Check-out time is before 2:00 p.m.</li> <li>Groups should leave the camp area clean and in order, properly clean all ment and check equipment in with camp superintendent.</li> <li>A charge will be made for damage and loss of equipment (unless determined wear).</li> <li>Parking is permitted only in the parking lot. Cars will not be permitted around buildings.</li> <li>No alcohol or illegal drugs allowed (if on premises is cause for immediate group from camp).</li> <li>No motorcycles or mini-bikes allowed to be operated in camp.</li> <li>Proper supervision and discipline is expected - at least one adult counse 10 campers.</li> <li>No unnecessary disturbance of plants or animals or removal from camp.</li> <li>No fires except in designated areas - make sure all fires are properly extended deposit enclosed (\$2.50 for daytime group or 25¢ per person for overnighted to the person for</li></ol>	the facilities charge should and orientation cooking equip- i as normal d on grass or de dismissal of clor for each stinguished. arent. at group)
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## ANITA-ALTA 4-H CAMP Lenoir, N.C.



For easiest route to camp turn west off Hwy 321, between Lenoir and Blowing Rock, at camp direction sign at Patterson community: go about ½ mile to another camp sign; turn on Setzer Creek Rd. and travel 2.3 miles to dead end; turn right and travel towards Collettsville to Olivet; turn right on Mulberry Creek Rd. and travel 3.9 miles to camp. (Turn left to check in with Superintendent, James Bradshaw, in house on right.)

Applicants are accepted on a first come basis.

The attached application form and registration fee must be sent to:

Dr. Chester Black

Assistant Director, 4-H P. O. Box 5157

North Carolina State University

Raleigh, North Carolina 27607

Applications must be received by June 2, 1975. Applicants will receive acceptance letters, a parents' permission form, necessary health forms, insurance information, and additional information on schedules in early June.

County Extension Agent's Endorsement	Teacher's or Principal's Endorsament	June 29-July 5  (Include check for \$55 registration fee.)	June 22-28 July 20-26	Rising Junior Rising Senior Male Female Please indicate first, second, and third Workshop preferences:	Street City Zip	Applicant's Name	1975 MARINE ENVIRONMENT SUMMER WORKSHOPS	
				Age	T	I	1	



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SERVICE

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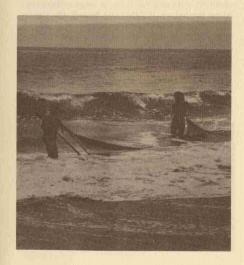
4-H F-1-51

## 4-H and the Harbor House Marine Science Center

proudly announce the

1975 4-H Marine Environment Workshops

for advancing
High School Juniors and
Seniors in North Carolina



#### PURPOSE

The North Carolina 4-H Program and the North Carolina State University Harbor House Marine Science Center sponsor summer workshops for rising high school juniors and seniors to explore many facets of the marine environment. Three major objectives of the Marine Environment Summer Workshops are to:

- Create an awareness of marine life and its potential use to man.
- Develop an awareness of ecological problems affecting marine life and the complexity of their solutions.
- 3. Explore career opportunities in marine science.

The coastal program provides learning experiences and fellowship for young people with common interests. Outstanding research facilities and an excellent staff furnish an atmosphere of learning, fun, and exploration for participants to work together and to do their own thing.

#### FACILITIES

The Harbor House Marine Science Center has excellent workshop facilities. A large cottage-type house located on Wrightsville Sound, the Center has informal meeting areas, classrooms, library and laboratory. Complete lodging and meal service are provided. Facilities and services are directly managed by the North Carolina Agricultural Extension Service.

#### PROGRAM

Each workshop participant will be able to complete a marine science project of his own choosing



during the 6-day period. Information will be provided through field trips and tours. New ideas will



be developed in group discussions and lectures with staff experts.

Activities will include:

#### Tours

- 1. Research vessel and oceanography facilities at Cape Fear Technical Institute.
- 2. Wrightsville Marine Bio-Med Lab and Waterway Lab.
- 3. International Nickel Company Marine Corrosion Facilities.
- 4. Underwater Sales and Engineering—Diving Exhibition.

Each tour will include a lecture by professionals in the area.

#### Field Trips

- 1. Marsh habitat study.
- 2. Ocean beach and rock jetty.
- 3. Mudflat.
- 4. An all-day field trip.
- 5. Trawling and water sampling.
- 6. Night plankton haul.
- 7. Fossil pits.

Each trip will include group discussions of observations and will be coordinated by professional instructors.

All activities will be enriched with classroom lecture-discussions, movies and laboratory experiences. A special program will be held Saturday morning. Parents are invited to this session and to lunch following the program.

#### INSTRUCTORS

The workshops will be supervised by Durwood Baggett, Director of Harbor House and County Extension Chairman, George Everett, M.S. Zool-

ogy (Marine Science—Ecology) N.C.S.U. 1974, will return. The Workshop Director, staff instructors, and guest lecturers will be North Carolina State University personnel and local professionals.

#### DATES

The 1975 Marine Environment Summer Workshops will be held:

June 29-July 5 July 27-August 2 July 20-26

Registration will be from 1 p.m. to 4 p.m. Sunday. The workshop program will begin at 4:30 p.m. Sunday and will end with lunch Saturday.

#### COSTS

Total cost for the 6-day workshop is \$115, including the \$55 registration fee payable with the application. The registration fee will be refunded only if the applicant is denied or in cases of family emergency.

Cost for the workshop includes all field trips, tours, insurance, equipment fees, lodging and all meals except Sunday night. Sunday dinner is "Dutch treat."

#### TRANSPORTATION

Transportation to and from the Center at Wrightsville Beach is not included in the cost of the workshop. Gasoline will be available on Sunday afternoon for parents to purchase for returning home. Names and addresses of fellow participants will be sent with letters of acceptance so that participants can organize carpools.

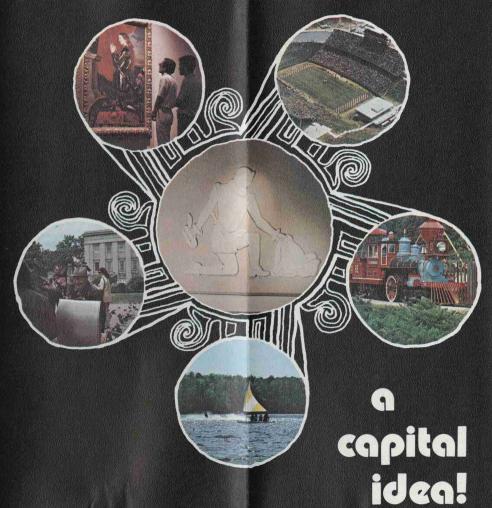
#### PARTICIPANTS

Rising high school juniors and seniors may apply on the attached form. Persons who have attended previous marine environment summer workshops are not eligible.

Applications must include:

- 1. A signature of endorsement from the applicant's Extension Agent;
- 2. A signature of endorsement from the applicant's science teacher or principal;
- 3. A check made payable to N. C. State 4-H Club Account in the amount of \$55 for registration fee.

# DISCOVER RALEIGH



In the sixteenth century, a young Englishmen named Sir Walter Raleigh established what was the first English colony on the shores of the New World. Although the colony was doomed to vanish, this young explorer's name would not be forgotten.

Some two hundred years later, the General Assembly of North Carolina voted to perpetuate this young man's name by naming the Capital City in his honor. Thus, in 1792, the City of Raleigh was born.

Today, Raleigh combines much of this gracious past with an energetic impatience for the future. It is, in reality, a reflection of the state. North Carolina in miniature.

Whether you're a visitor or a prospective resident, you'll find Raleigh unique. A step out of the past or a step into the future -- there's a variety for all interests.

Raleigh is an increasingly cosmopolitan City that offers bright lights, fine restaurants, a number of the smartest shopping areas including the largest shopping mall in the Southeast, excellent transportation facilities, as well as athletic, cultural, and educational interests.

As the state capital, there's more of North Carolina in Raleigh than any place else.

Whether your visit is for a few hours, or several days, Raleigh offers a diversity of attractions.

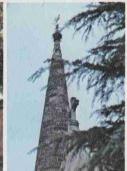
The stylized map inside depicts some of the significant points of interest described in more detail in this brochure. Each is keyed to the descriptive material by number.

In addition to at-random sightseeing, the visitor can take a leisurely two-hour driving tour of about 30 of the City's historical and cultural points of interests designated by the Capital City Trail markers, initiated as a guide to visitors by the Raleigh Woman's Club (see photo). A copy of this interesting tour can be obtained at the Chamber of Commerce office, 411 South Salisbury Street in downtown Raleigh.







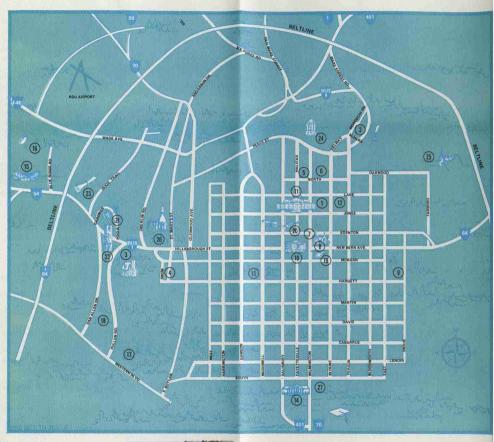


### Emergency Number

In case of emergency, there is a single number which visitors can call for assistance in reaching the Fire/Police Departments and Rescue Squad.

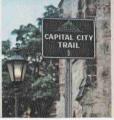
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PREPARED BY THE RALEIGH CHAMBER OF COMMERCE PUBLISHED BY THE CITY OF RALEIGH



Look For This Sign

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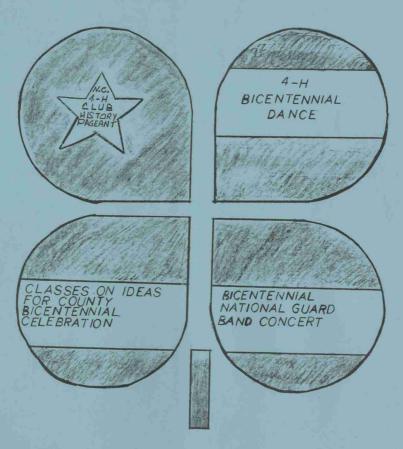


### Research Triangle Park

Located on a 5,000 acre site in the center of a triangle formed by the cities of Raleigh, Durham and Chapel Hill, the Research Triangle Park is recognized as one of the nation's most unique centers for the research activities of private industry and governmental agencies.

The Park is located about 16 miles from Raleigh on Interstate 40. Visitors are invited to view the facilities. A drive through the Park takes about 10 minutes.

## CELEBRATE THE BICENTENNIAL AT NORTH CAROLINA 4-H CONGRESS



JULY 21-25, 1975

## ANITA ALTA 4-H OUTPOST CAMP REGISTRATION AND INCOME (To be completed by person in charge, in duplicate and two copies given to superintendent at registration)

#### A. OVERNIGHT CAMP ATTENDANCE AND FEES

NAME OF GROUP	ADDRESS		DATES	BOYS	GIRLS	ADULTS	TOTAL ATTEND,	NO. DAYS	@ 50¢	LESS   DEPOSIT	PAID
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	1 2 2				Other	(List)					

1. Each 24 hour or less overnight stay is considered as a day for overnight rates.

3. Boys and girls are those under 18 years of age, adults are 18 and over.

4. Check-in period is 3:00 p.m. or later. Check-out time is before 2:00 p.m.

5. Groups are responsible to pay for damages (other than normal wear and tear) or lost equipment - at replacement cost.

<sup>2.</sup> Daytime group rates apply to group using any camp area or facility for such as picnics, environmental education program, nature hikes, backpacking, etc and not staying overnight.

### ANITA-ALTA 4-H OUTPOST CAMP EQUIPMENT INVENTORY

ITEM	INVENTORY	ISSUED	RETURNED	ITEM 1	NVENTORY	ISSUED	RETURNE
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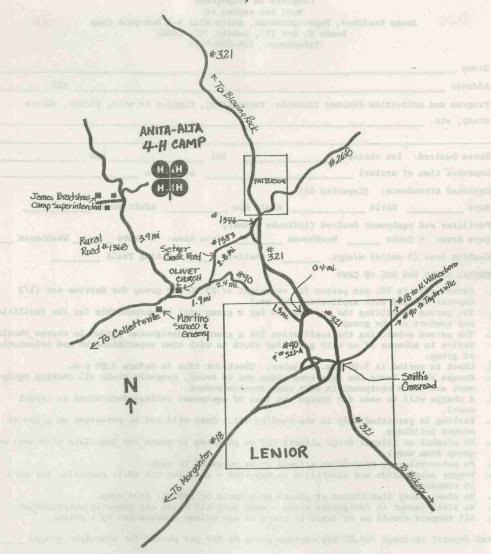
### APPLICATION FOR USE ANITA-ALTA 4-H OUT-POST CAMP Complete in Triplicate

Mail two copies to:

James Bradshaw, Superintendent, Anita-Alta 4-H Out-post Camp Route 8, Box 377, Lenoir, NC 28645 Telephone: 704-758-8513

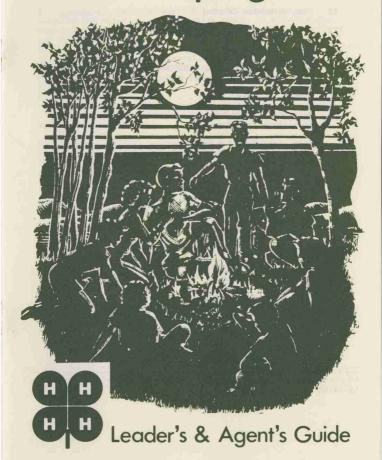
1.	. Group	
2.	. AddressZIP	
3.	. Program and Activities Planned (Example: Backpacking, Campout on site, picnic, nature study, etc.	
	- Allerton Control of the Control of	
4.	Dates Desired: 1st choice 2nd 3rd	
5.		
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	Boys Girls Adult Men Adult Women	
7.	Facilites and equipment desired (indicate number)  Boys Area: 4 Tents Washhouse Girls Area: 4 Tents Washhouse	
	Cooking Area (3 units) w/eqpt Shelter Hiking Trail	
8.	GENERAL RULES FOR USE OF CAMP	
] ] Adva	<ol> <li>Rental cost is 50¢ per person for overnight or \$5.00 per group for daytime use (1/2 deposit is paid with application for use)</li> <li>The person submitting the application for a group will be responsible for the facil and conduct of the group.</li> <li>The person submitting the application for a group or designated person in charge sh arrive in advance of or with group for check in with camp superintendent and orient of group.</li> <li>Check in period is 3:00 p.m. or later. Check-out time is before 2:00 p.m.</li> <li>Groups should leave the camp area clean and in order, properly clean all cooking eq ment and check equipment in with camp superintendent.</li> <li>A charge will be made for damage and loss of equipment (unless determined as normal wear).</li> <li>Parking is permitted only in the parking lot. Cars will not be permitted on grass around buildings.</li> <li>No alcohol or illegal drugs allowed (if on premises is cause for immediate dismissa group from camp).</li> <li>No motorcycles or mini-bikes allowed to be operated in camp.</li> <li>Proper supervision and discipline is expected - at least one adult counselor for ea 10 campers.</li> <li>No unnecessary disturbance of plants or animals or removal from camp.</li> <li>No fires except in designated areas - make sure all fires are properly extinguished</li> <li>All campers should be at least 12 years of age unless accompanied by a parent.</li> </ol>	ities ould ation uip- or 1 of
	ADDRESS ZIP	
PPF	PROVED: DATE:	*
	Superintendent Superintendent	

## ANITA-ALTA 4-H CAMP Lenoir, N.C.



For easiest route to camp turn west off Hwy 321, between Lenoir and Blowing Rock, at camp direction sign at Patterson community: go about ½ mile to another camp sign; turn on Setzer Creek Rd. and travel 2.3 miles to dead end; turn right and travel towards Collettsville to Olivet; turn right on Mulberry Creek Rd. and travel 3.9 miles to camp. (Turn left to check in with Superintendent, James Bradshaw, in house on right.)

# North Carolina 4-H Camping 1975



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Prepared by: C. D. Black, Neal Conoley, Mary L. Cranford,
W. T. Huxster, Tom Leonard, C. E. Lewis,
Dalton Proctor, and Fred H. Wagoner

Published by

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11-74-5M 4-H L-1-59

#### INTRODUCTION

The purpose of this leaflet is to provide 4-H leaders and agents a quick and ready reference to the total North Carolina 4-H camping program for 1975. It is designed to help you decide which camps will best meet the camping needs and desires of your 4-H members. The leaflet is divided into four sections. The first section describes the Regular 4-H camp (for campers age 9-14); the second section describes Semi-Primitive Camping; the third section describes special camps available for 4-H'ers this year; and the fourth section describes the physical facilities, locations, provisions and features of each camp facility.

This is not a hand-out for 4-H members but you are encouraged to use this reference to present information to them. Leaflets describing the five regular 4-H camp programs are available for distribution to prospective campers and may be secured from the State 4-H Office, P. O. Box 5157, NCSU, Raleigh, N. C. 27607.

#### I. Regular 4-H Camp

<u>Purpose</u>: Young people will be provided the opportunity for fun and fellowship as they develop leadership and obtain a greater appreciation of the natural environment, make new friends, strengthen moral and spiritual values, and learn new skills.

Requirements: Any boy or girl between the ages of 9-14 may attend.

Activities: Each county group helps plan their activities during the week but most groups include the activities for which the staff is provided to teach. Additional activities include such things as flag ceremonies daily, vesper programs, talent shows, hikes, softball and volleyball games, cookouts, and social recreation of folk games, relays, square and popular dancing. An important strength of camps is plenty of delicious wholesome food. Some county groups will plan a short trip away from camp to some scenic attraction such as to the Cherokee Indian Village near Schaub, Mt. Mitchell near Swannanoa, the Chinqua-Penn Plantation near Penn, or to visit an outer bank island near Mitchell.

Dates and Location: The dates and place of camping are determined by the county group in cooperation with the State 4-H Office. Counties usually rotate their place of camp from one year to another to provide a new experience and trip for their campers. Each county in the state may choose to take a group of young people to any one of our five resident camps in North Carolina: Betsy-Jeff Penn, Millstone, Mitchell, Schaub, or Swannanoa.

Staff: The resident staff includes a camp director plus program counselors in archery and recreation, handicraft, swimming, nature and ecology. Counselors are also provided for canoeing at Penn, Millstone, Mitchell, and Schaub; in horsemanship at Penn and Schaub; and in sailing at Mitchell. In addition to the resident staff, each county group brings its own volunteers to serve as cabin counselors and group leaders to help with all phases of the camp program.

Fees: The cost of the camp is \$35 per camper. Volunteer counselors (18 or more years of age) who accompany campers pay no camp fee. Horsemanship is offered optional at Penn and Schaub for \$12.00 extra fee and sailing at Mitchell for \$2.00 extra.

For Additional Information and Applications: Leaders should contact their County Extension Office.

(NOTE: Agents contact the specialist responsibile: Mr. Fred Wagoner, P. O. Box 5157, NCSU, Raleigh, N. C. 27607.)

#### II. Semi-Primitive Camping at Anita-Alta 4-H Outpost Camp

<u>Purpose</u>: The camp has been designed (a) to provide an opportunity and facilities for 4-H'ers to participate in a semi-primitive camping experience; (b) to foster an appreciation of out-of-door and environmental education; and (c) to encourage the teaching of skills and knowledge necessary for the enjoyment of a semi-primitive camping experience.

Requirements: Since the semi-primitive camping experience generally requires that each participant assumes given responsibilities, it is recommended that all campers be at least 12 years of age unless accompanied by a parent. There must be one adult supervisor (18 years of age or older) for each group of 10 campers. Groups using the camp will be responsible for damage to camp property or loss of camp equipment.

Activities: Camp groups will plan their own programs. Tents and basic camping and cooking equipment are provided. Nature trails, nearby U. S. Forest Service land and recreational areas, and numerous rivers and streams provide a vast reservoir of resources for developing a total environmental and recreational education program to include such things as hiking, back packing, canoeing, fishing, nature study, etc.

Location: Anita-Alta 4-H Outpost Camp is in Caldwell County (12 miles northwest of Lenoir). It is bounded on three sides by U. S. Forest Service land which further enhances the natural unpolluted beauty of the area.

<u>Staff</u>: A camp superintendent will be available to issue camping equipment.

<u>Dates</u>: The camp may be scheduled for daytime use, <u>or</u> for any number of 24-hour overnight periods from April 15 through October 15. Earlier or later dates may be reserved by special request.

<u>Fees</u>: Daytime use only, with no equipment provided, carries a charge of \$5 for any size group. Overnight use (24-hour period beginning at 3:00 p.m.) carries a charge of 50 cents per individual. For overnight camping the fee is the same whether or not camping equipment is provided.

Applications: Applications should be made to: Anita-Alta 4-H Outpost Camp, Box 5157, North Carolina State University, Raleigh, N. C. 27607. A non-returnable deposit of one half the required camp fee (\$2.50 for daytime use, 25¢ per individual for overnight use) must accompany the application.

#### III. 1975 4-H Specialty Camp Programs

#### Forestry and Wildlife Camp

<u>Purpose</u>: The 1975 4-H Forestry and Wildlife Camp is designed to help both boys and girls to acquire the understanding and knowhow they need to be a successful timber owner and grower. The educational opportunities presented help youth develop into leaders who can help other 4-H members to recognize and take advantage of their forestry and wildlife opportunities.

Requirements: This will be the first year that both boys and girls can attend the Forestry and Wildlife Camp. Age requirements are 14 and older. Only one camper per county may attend and must have completed one year project enrollment in forestry or wildlife.

Activities: Campers will receive approximately 18 hours of outdoor classroom instruction and practical exercise in timber management, hunter's safety involving both archery and firearms including familiarization of shotguns and/or rifle, learn proper care and safety uses of forestry hand tools and power equipment, identify forest insects and diseases and their effects on timber management, measurement of trees and timber products, map and compass, and involvement in wildlife management. Ample time is devoted to recreational activities such as swimming, softball, horseshoes, etc., and an educational program each night is provided.

Location: The camp will be held at Camp Millstone.

<u>Facilities</u>: Campers stay in rustic-type cabins. Linen and blankets are provided. New shower and bathroom facilities are available.

Staff: The instruction and operation of the camp are conducted by professional Forestry Extension specialists and other professional foresters and wildlife persons. The Millstone 4-H resident staff will also assist with activities and programs.

Dates: July 28 - August 2, 1975.

Fees: Transportation and costs of the camp are provided to one camper from each county in North Carolina.

Applications: Applications should be forwarded to Extension Forestry Department, Biltmore Hall, Box 5488,NCSU, Raleigh, N. C. 27607, to arrive not later than <u>June</u> 15,1975.

For Additional Information: Leaders should contact their County Extension Office. (NOTE: Agents contact the specialist responsible: W. T. Huxster, Jr., Box 5488, NCSU, Raleigh, N. C. 27607.)

#### Horsemanship Camps

<u>Purpose</u>: The 4-H Horsemanship Camp will train youth in good horsemanship practices and riding. Youth will be given lectures and demonstrations on how to care for horses and methods to use in preparing horses for shows and training.

Requirements: Enrollment for each camp is limited to 100 youth. Each youth must bring a horse to camp which they can ride.

Activities: Riding lessons, trail ride, horse demonstrations and lectures, free time activities (swimming, archery, canoeing, softball, volley ball, dances).

<u>Location</u>: Millstone 4-H Camp will be the site for Horsemanship Camp.

Facilities: Riding ring, 120 - 10' x 10' stalls, riding trails plus all the other facilities of Millstone 4-H Camp.

Staff: Tom Leonard - Horse Camp Coordinator and professional horsemen from throughout the country, advanced 4-H'ers and resident camp staff will conduct all sessions.

Dates: June 8-14, 15-21, and 22-28, 1975.

Fees: \$60/camper - to include room and board, instruction, program activities, stall fee and bedding. \$3/camper - crafts fee to include saddle soap,

\$3/camper - crafts fee to include saddle soap, neats-foot oil, and rope and snaps to make his own leadrope.

Each camper needs to furnish his and his horse's transportation to and from camp and his horse's feed.

Applications: Applications should be mailed to 4-H County Extension Agent with a \$10 non-refundable deposit by April 1, 1975. These will be forwarded to Tom Leonard at NCSU. The balance is due by May 1.

For Additional Information: Leaders contact their County Extension Office. (NOTE: Agents contact the specialist responsible: Dr. Tom Leonard, P. O. Box 5127, NCSU, Raleigh, N. C. 27607.)

#### Teen Leadership - Community Development Conferences

<u>Purpose</u>: The Teen 4-H Leadership-C.D. Conference will provide senior 4-H members an opportunity to develop and strengthen their leadership abilities and to gain knowledge and learn skills that enable them to apply this knowledge in their home, community and county. C.D. is a process whereby those in the community arrive at group decisions and take action to enhance the social and economic well-being of the community. To be effective, it must have input from the total population; therefore, youth need to play a vital part in the process.

Requirements: Training in leadership is a prerequisite for this involvement. Members must be 14 years of age and older.

Activities: Discussion groups, lectures by experts, rap sessions and other planned activities will explore the roles of young people in effective community development and leadership. Swimming and other sports as well as athletic competition will be available.

Staff: The staff and resource people who conduct the conference will be carefully selected based on the planned program. Group involvement will be the key to the conference.

Locations and Dates: Conferences will be held at
Mitchell, July 7-12 and at Swannanoa, August 4-9. Four-H
members may attend either camp.

Fees: The cost of the camp will be \$35. The 4-H member must provide his own transportation.

Applications: Applications will be limited to four senior boys and four senior girls per county.

For Additional Information: Leaders should contact their County Extension Office. (NOTE: Agents contact the specialists responsible: Dr. Dalton R. Proctor or Dr. C. E. Lewis, P. O. Box 5157, NCSU, Raleigh, N. C. 27607.)

#### Marine Environment Summer Workshops

<u>Purpose:</u> Three major objectives of the Marine Environment Summer Workshops are to create an awareness of marine life and its potential use to man, to develop an awareness of ecological problems affecting marine life and the complexity of their solutions, and to explore career opportunities in marine science. The coastal program provides learning experiences and fellowship for young people with common interests to work together and to do their own thing.

Requirements: The N. C. 4-H Program and the NCSU Harbor House Marine Science Center sponsor summer workshops for rising high school juniors and seniors, who have not previously participated in these workshops.

Activities: Each workshop participant will complete a marine science project of his own choosing during the 6-day period. Information will be provided through field trips and tours, and in group discussions and lectures with staff experts.

Activities will include: A. Tours - Research vessel and oceanography facilities at Cape Fear Technical Institute; Wrightsville Marine Bio-Med Lab and Waterway Lab; International Nickel Company Marine Corrosion Facilities; Underwater Sales and Engineering - Diving Exhibition. Each tour

will include a lecture by professionals in the area.

B. Field Trips - Marsh habitat study; ocean beach and rock jetty; mudflat; Bear Island; trawling and water sampling; night plankton haul; fossil pits. Each trip will include group discussions of observations, and will be coordinated by professional instructors.

All activities will be enriched with classroom lecturediscussions, movies and laboratory experiences. A special program will be held Saturday morning. Parents are invited to this session and to lunch following the program.

Staff: The workshops will be supervised by Durwood Baggett, Director of Harbor House. George Everett, Ph. D. Zoology (Marine Science - Ecology) NCSU, 1974, will again serve as Workshop Director. Staff instructors and guest lecturers will be North Carolina State University personnel and local professionals.

Dates: The 1975 Marine Environment Summer Workshops will be held: June 22-28 July 27-August 2
June 29-July 5 August 3-9.
July 13-19

Location: NCSU Harbor House Marine Science Center. Registration will be from 1-4 p.m. Sunday. The workshop program will begin at 4:30 p.m. Sunday afternoon and will end at 2 p.m. Saturday.

<u>Fees</u>: Total cost for the 6-day workshop is \$110, including the \$55 registration fee payable with the application. Registration fee will be refunded only if the applicant is denied or in cases of family emergency.

Cost for the workshop includes all field trips, tours, insurance, equipment fees, lodging and all meals except Sunday night. Sunday dinner is "Dutch treat." Transportation from home to and from the Center is not included in the cost of the workshop. Names and addresses of fellow participants will be sent with letters of acceptance so that participants can organize carpools.

For Additional Information and Applications: Leaders should contact the County Extension Office. (NOTE: Agents contact: Dr. Chester Black, Asst. Director, 4-H, P. O. Box 5157, NCSU, Raleigh, N. C. 27607) Applications must be received by June 3, 1975.

#### Pedal Power Camp

<u>Purpose:</u> Pedal Power Camp involves boys and girls in a bicycle safety educational program so that they will learn how to ride safely, know what accessories are needed, what laws and ordinances apply to bike riders, learn to do basic bike maintenance, and to acquire safe riding skills.

Requirements: Ages from 9 through and including 13year olds. They do not have to be a 4-H member, but must provide their own bike and transportation to and from the camp.

Activities: Bicycle safety rules and regulations, workshops, bike hikes, maintenance courses, care workshops, swimming, canoeing, and other recreational and inspirational activities are provided.

Location: Betsy-Jeff Penn 4-H Camp

Staff: Bike shop owners, N. C. Highway Department officials, local and state law enforcement officials, resident camp staff and other adults give guidance and supervision to campers.

Dates: Sunday, July 20 through Saturday, July 26,1975.

Fees: \$40 per camper

Applications: Pedal Power Camp, P. O. Box 5157, NCSU, Raleigh, N. C. 27607

For Additional Information: Leaders should contact their County Extension Office. (NOTE: Agents contact the specialist responsible: Mr. Neal Conoley, Jr., at the above address.)

#### Senior Teen Camp (Emphasis on Aquatic Activities)

<u>Purpose</u>: The purpose is to provide the opportunity for senior teens to have fun and fellowship as they develop leadership, and obtain a greater appreciation of the natural environment and learn new skills.

Requirements: Any boy or girl between the ages of 14-19 may attend.

Activities: The major emphasis of the camp will be on aquatic activities. Junior and Senior Life Saving and possibly Water Safety Instruction will be offered to those who want to get their Red Cross certification. Basic and advanced canoeing will be taught and those interested will make overnight river canoe trips. Instruction in fishing, making fish equipment, preparing fish for eating, etc., and a class in aquatic environmental management will be offered. Water skiing, instructional and participation, and swimming will be available. Choice of other activities include: horsemanship, music and song leadership, teen-age discussions, archery, crafts, other recreation, etc. Group activities will include cook-outs, tour of Chinqua-Penn Plantation, program on International 4-H Youth Exchange, worship programs, landsports, talent program, etc.

Staff: The staff will include the Betsy-Jeff Penn program counselors in archery, horsemanship, music, swimming, crafts, and nature study. Professional resource people will include representatives of American Red Cross, N. C. Wildlife Commission, N. C. State Museum of Natural History, N. C. State 4-H staff and others.

Dates and Location: The camp will be held at Betsy-Jeff Penn 4-H Camp at Reidsville, June 30-July 5, 1975.

Fees: The fee is \$35 per person to cover all costs except those who choose horsemanship (1 hr 45-min class each day) will pay \$12 extra. Campers are responsible for their own transportation.

Applications: Applications for attendance should be made with the 4-H agent in each county by April 15, 1975.

For Additional Information: Leaders should contact their County Extension Office. (NOTE: Agents contact the specialist responsible: Mr. Fred Wagoner, Box 5157, NCSU, Raleigh, N. C. 27607.)

## IV. North Carolina 4-H Camp Facilities, Location, Provisions, and Features

Seven camp locations are now available for North Carolina 4-H members. Five of these are traditional residence camps, one is a semi-primitive camp and one is a marine science laboratory.

The five residence camps all have athletic fields, nature trails, vesper areas, swimming areas, recreational and educational equipment and supplies including: softballs, volleyballs, tether ball, horseshoes, bows and arrows, etc. Rifle ranges and rifles are available if requested in advance. Pour camps have canoes, one has sailboats and two have horses. The residence camps are all equipped with program materials such as: record player and amplifier, records, piano, song books, candles, recreation and vesper handbooks, and Bibles.

During the summer, all five residence camps are staffed with director, program staff and kitchen staff. A complete camping program is operated. All meals are provided. Insurance coverage and first aid supplies are also furnished. Campers furnish their towels, pillow, bed linens, toilet articles, bathing suit and other camp clothes.

During 1975 fees are \$35 per person per week for regular residence camp programs. Counties bringing \$35 or more campers pay \$30 per person.

Camps are also available in late spring and early fall for small groups furnishing their own staff, program, meals, program supplies, etc. Off-season fees are based on the number of campers and the facilities used and are available from Mr. Fred Wagoner.

Anita-Alta, the semi-primitive campsite, and the Marine Science Center at Wrightsville Beach are also available. These are designed to provide unique learning activities and are described below.

Applications for use of Betsy-Jeff Penn should be sent to: Director, Betsy-Jeff Penn 4-H Center, Route 3, Box 5A, Reidsville, N. C. 27320

Applications for use of all other campsites should be sent to: N. C. State 4-H Office, P. O. Box 5157, NCSU, Raleigh, N. C. 27607.

#### BETSY-JEFF PENN 4-H CENTER

Capacity: 192 (225 for off-season groups, including staff house)

Location: The camp is 4 miles northwest of Reidsville adjoining the Chinqua-Penn Plantation. From the intersection of Highway 29 bypass and Highway 87 on the west side of Reidsville; travel north on 29 Bypass toward Danville one-half mile to a sign on left side of road indicating "Betsy-Jeff Penn 4-H Center." Turn left and follow directional signs 3 miles to camp.

Address: Route 3, Box 5A, Reidsville, N. C. 27320 Telephone: 919-349-9445

#### Facilities:

- 1. Four girls' cottages and four boys' cottages with bathroom in each
  - 2. Combination dining hall and kitchen
  - 3. Recreational hall with office and campstore
  - 4. Handicraft shelter
  - 5. Two classrooms
  - 6. Swimming pool
  - 7. First aid room
  - 8. Twenty-acre lake for canoeing, boating, and fishing
- 9. Campfire area
- 10. Horse stables, riding ring and trails

#### Features:

- 1. Horsemanship optional with extra fee
- Arrangements can be made to tour or visit the following Chinqua-Penn Plantation Mansion and American Tobacco Plant,
  - 3. Hiking in the vicinity of the camp
  - Open year around, except January, with director, meals provided at all times. No off-season program staff. Off season rates vary from summer.

## MILLSTONE

#### Capacity: 160

Location: This is the only campsite in the Sandhills region. Located between Hoffman and Ellerbe. Turn west off US 1 in Hoffman at Exxon Station; follow markers 9 miles to camp or turn east off Highway 220 in Ellerbe at the Firestone Exxon Station and follow directional signs 5 miles to camp.

Address: Route 2, Ellerbe, N. C. 28338
Telephone: 919-652-5343

#### Facilities:

- 1. Seven girls' cabins and seven boys' cabins
- 2. Two central bathhouses
- Combination dining hall and kitchen with campstore attached
- 4. Recreation hall
- 5. Three class shelters
- Eighteen-acre lake with H-type pier for swimming, canoeing and fishing.
- 7. First aid room
- 8. Campfire circle

#### Features:

- 1. Hiking in the vicinity of camp
- Arrangements can be made to tour a federal fish hatchery or the North Carolina Motor Speedway or Town Creek Indian Mound at Mt. Gilead.
- During certain weeks each summer special horsemanship camps are held with each camper bringing own horse and camp furnishing stables, riding ring and trails, and instruction.

#### MITCHELL

#### Capacity: 150

<u>Location</u>: Mitchell is on Queens Creek near Bogue Sound about 3 miles southwest of Swansboro. When traveling east on NC 24 from Jacksonville, go past Swansboro High School

and turn right at intersection of paved road leading to Hammock Beach. When traveling west from Swansboro, turn left off NC 24 approximately 1-1/2 miles from Swansboro. Travel about 1 mile to camp.

Address: Swansboro, N. C. 28584.

#### Facilities:

- Four girls' cabins and four boys' cabins with bathhouse in each area
- 2. Combination dining hall and kitchen
- 3. Recreation hall with campstore
- 4. Handicraft shelter
- 5. Class shelter
- Queens Creek for swimming in roped-off area, canoeing, sailing, motor boating, fishing and water skiing (if group brings own boat and equipment)
- 7. Campfire area

#### Features:

- Arrangements can be made to tour and visit Fort Macon and Outer Bank beaches or pedestrian ferry ride to Bear Island.
- Marine science or general nature hikes can be taken in area.

#### SCHAUE

#### Capacity: 150

Location: Schaub 4-H Camp is nestled in the mountains, about one-half mile east of Waynesville. Turn south off Highway 23B at outdoor theater and follow directional signs 2 miles to camp (behind Mountain Research Experiment Station).

Address: Waynesville, N. C. 28786

#### Facilities:

- 1. Five girls' and six boys' cabins
- 2. Two central bathhouses
- Main building includes kitchen, dining-recreation hall with campstore, classroom, and first aid room
- 4. Handicraft shelter

- 5. Class shelter
- 6. Swimming pool
- 7. Small lake for canoeing and fishing
- 8. Campfire area

#### Features:

- Horsemanship class at nearby private stable optional with extra fee
- Arrangements can be made to tour or visit the following: Drama "Unto These Hills" in Cherokee;
   Ghost Mountain in Maggie Valley; State Fish Hatchery west of Waynesville; and Blue Ridge Parkway,
- 3. Hikes may be taken in the area near the camp.

#### SWANNANOA

#### Capacity: 160

Location: Swannanoa is also in the mountains. Turn north at stoplight on Highway 70 in Swannanoa. From there follow highway directional markers at three intersections to camp about 1-1/2 miles from Highway 70.

Address: Swannanoa, N. C. 28778.

#### Facilities:

- Four girls' and four boys' cabins with bathroom in each
- Main building includes kitchen, dining-recreation hall, campstore, and classroom
- 3. Handicraft shelter
- 4. Class shelter
- 5. Swimming pool
- 6. Staff house with first aid area
- 7. Recreation Hall (now under construction)
- 8. Campfire area

#### Features:

- Arrangements can be made to tour and visit the following: Drama "Unto These Hills" in Cherokee; Ghost Mountain in Maggie Valley (about 125-mile round trip); Mt. Mitchell; Blue Ridge Parkway; Biltmore House and Gardens in Biltmore.
- 2. Hikes may be taken near the camp area.

#### ANITA-ALTA 4-H OUTPOST CAMP

#### Capacity: 32

Location: Located in the beautiful mountains of Caldwell County, the camp is 12 miles from Lenoir. Follow N. C. Highway 321 around Lenoir. North of Lenoir, exit off 321 onto 321-A. Go 4/10 mile to N. C. Highway 90. Turn right (north) onto 90 (watch for sharp left turn after 1 - 3/10 miles), and go 5½ miles to Olivet Community. Turn right onto county road 1368 (Mulberry Church Road) and go about 4 miles to camp on right.

#### Facilities and Equipment:

- Eight four-man tents located on platforms for preferably 16 females and 16 males
- 2. Camping equipment three cooking-dining fly units, four picnic tables, three food storage chests (no refrigeration), three cast-iron fry pans, three cast-iron Dutch ovens, three cook kits containing four assorted pots, a fork and a dipper, three dishpans are available for each of three cooking areas. An electrical outlet and one water spigot are in the cooking area.
- 3. Two washhouses latrines, cold showers, sinks
- 4. Firewood for cooking
- Axe, shovel, bow saw, brooms, rakes, bucket, trashcans
- 6. One open shelter for group use

#### Camper Groups Provide:

- Sleeping bags, air mattresses, etc. (no beds or bedding furnished)
- Dining and eating utensils (plates, knives, forks, spoons, cups, etc.)
- 3. Food
- 4. Washing powder, soap, towels
- 5. First aid kit
- 6. Emergency transportation
- 7. Insurance coverage
- 8. Program resources and materials

#### HARBOR HOUSE MARINE SCIENCE CENTER

#### Capacity: 25

<u>Location</u>: Take Highway 74E from Wilmington to Wrightsville Beach. In Wrightsville Beach, 74 and 76 merge. Turn right onto Live Oak Drive which leads to Channel Drive and Harbor House.

Address: 209 South Channel Drive, P. O. Box 564, Wrightsville Beach, N. C. 28480. Telephone 919-256-3766

#### Facilities:

 Large cottage with lodging, meeting areas, and food preparation and service areas for 25 people including:

Two informal meeting areas

A classroom with audio/visual equipment

A library

A marine laboratory with aquaria for collected specimens

Sleeping accommodations, with bed linens and towels furnished, and

First aid

2. Boat dock

#### Features:

Special tours and activities are listed under the Marine Environment Workshops' description.

