

IREDELL COUNTY

1949

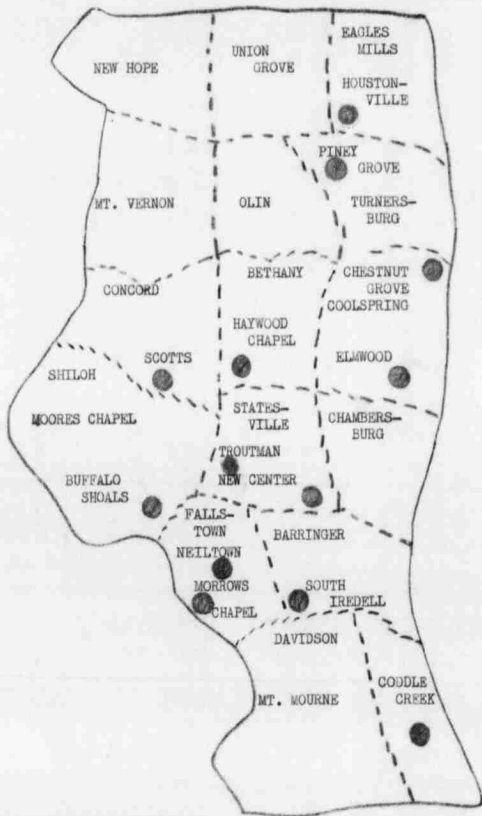
4-H CLUB WORK

IREDELL COUNTY

Table of Contents

<u>Title</u>	<u>Page</u>
Introduction -----	1
Organization -----	2
4-H Achievement Days -----	3
4-H County Council -----	4
Schedule of Meetings -----	5
Monthly Program as Executed -----	6
Clothing -----	8
4-H Dress Revue -----	10
Foods and Nutrition -----	11
Team Demonstration Contest -----	12
Food Preservation -----	13
Canning Contest -----	14
Room Improvement -----	15
Family Relationships -----	17
Wildlife Conservation -----	18
Home Beautification -----	19
Gardening -----	20
Poultry -----	21
Contests -----	22
Recreation -----	23
Church Sunday -----	24
Achievement Week -----	25
4-H Contributions -----	26
Exhibits -----	27
Looking to the Future -----	28
Program of Work -----	29

IREDELL COUNTY



4-H CLUBS

Enrollment: 311 girls

Iredell County

4-H Club Work

Introduction

At the beginning of the year there were twelve 4-H Clubs organized in the county with an enrollment of 250 girls ranging in ages from 10 - 18.

To date there are 13 clubs organized in twelve Agricultural Communities in the county, comprising 311 4-H club girls. One club was consolidated and two new clubs organized. The schools located in these 12 communities where higher ideals and higher standards of living are realized through the training given in 4-H club work, are staffed with efficient teachers ranging in numbers from one to fourteen per school.

Through the strenuous efforts and cooperation of the teacher sponsors and leaders much has been done to further these ideals as well as to raise the standards which are conducive to continuous improvements in the homes of these two hundred and fifty industrious 4-H club members.

Members have been led to feel that they have a useful part of the world's work to do and in doing it they have grown mentally, socially and spiritually; that they as an integral part of the community have a definite responsibility in improving their community and in making it finer in every way.

Iredell-County

Organization

4-H Club Members and neighborhood leaders played a vital part in planning the 4-H program for the year. Members of each club, assisted by their Neighborhood Leaders made recommendations relative to their major problems and needs. These recommendations were considered by the agent and were presented to the county council for final considerations.

The Neighborhood Leader system is growing rapidly and marked improvements in number of adequately kept records have been noted along with the completing of better and more projects as a result of the cooperation received from Neighborhood Leaders.

Through 4-H project activities this year, 4-H Club members were able to save many dollars for themselves and their parents by carrying out projects in clothing, food preservation, food preparation, home management, room improvement, gardening, and many others.

Iredell County

3

4-H Achievement Days

were held in eleven 4-H Clubs with an attendance of 1,200. Club members were anxious to "show off" their products and let their fellow club members and others know of the success they had with their projects. Interesting and well planned exhibits and programs were held in each club with a large number of boys and girls participating.

A County-wide Achievement Day was also held which featured the awarding of certificates, achievement awards and charters to outstanding clubs, leaders and 4-H club members. A canning contest was also held in conjunction with the Achievement Program.

Iredell County
4-H County Council

The 4-H County Council is composed of officers and outstanding members of each 4-H club. The present slate of officers elected this year consists of a president, vice-president, secretary, assistant secretary, treasurer, song leader, and reporter.

The council has 77 active members who help in the formulation and execution of the annual plan of activities.

The council meets quarterly on the fourth Saturday.

SCHEDULE of MEETINGS

	First Week	Second Week	Third Week	Fourth Week
Monday				
Tuesday	Troutman O. Y. 7:30 P. M.	Piney Grove 4-H 9:30-10:30 Houstonville 4-H 11:00-12:00	Troutman 4-H 9:30-10:30 Neiltown 4-H 11:00-12:00	
Wednesday		Scotts 4-H 9:30-10:30 New Center 4-H 11:00-12:00	Mooreville 4-H 9:30-10:30 Morrows Chapel 4-H 11:00-12:00	
Thursday	Chestnut Gr. O. Y. 7:30 P. M.	Chestnut Grove 4-H 9:30-10:30 Elmwood 4-H 11:00-12:00	Unity 4-H (Jr. & Sr.) 9:30-11:30	
Friday		South Iredell 4-H 9:30-10:30 Coddle Creek 4-H 11:00-12:00	Mooreville 4-H (Senior) 9:30-10:30	
Saturday		Project and Neighbor- hood Leaders' Meeting 10:00 A. M.		County Council Meeting 10:00 A. M.

Iredell County

4-H Club Work

Monthly Program as Executed

All 4-H Clubs hold a regular meeting once a month. The program for these monthly meetings consists of four parts, namely:

1. Opening
2. Business
3. Demonstration
4. Recreation

About eight or ten minutes are devoted to a joint opening which generally consists of the call to order by the president, some club songs, and the club pledge. About ten or fifteen minutes are usually required for the business part of the meeting which is also held jointly. Careful attention is given to the reading, correction and approval of the minutes. The roll is called and dues are collected simultaneously, business matters are next in order.

At this point the group is divided for project study or demonstration (as the agents see fit). This is a very important part of the meeting for the club members for this is where they are really able to learn something constructive that they can take home with them and apply it to their everyday living and also learn more about the entire 4-H Club program. Usually about twenty to forty minutes are devoted to this feature.

At the end of the meeting about ten or fifteen minutes are taken for recreation. During this time inactive games are played and songs are called upon. If no one responds, the agent proceeds with recreation as suggested by the members. In all cases the member who knows games and has a natural ability to lead is given an opportunity to develop this talent.

Monthly Program as Executed (Cont'd)

A new song or game is taught each month.

In all four parts of the meeting the important role of the 4-H member in executing the program is evident and is placed foremost.

In some instances when meetings are held in the absence of the president, or vice-president there is always a willing member to take his or her place, whose real joy or satisfaction of a job well done can be noted when he is congratulated for his fine qualities of leadership.

The following demonstrations were given by the Home Agent and leaders:

History of 4-H Club Work

How Well Do You Know Your County

Clean Surroundings for Better Health

How to Get More Color in Meals with Salads

Proper Use of Canning Equipment

Planned Recreation

Care of Clothing

Planning the Study Unit

Getting along With People

Christmas Suggestions

Iredell County

Clothing

Winter Storage of Clothing

In order to save summer clothing from deteriorating during the winter months, the agent stressed the importance of having clothes cleaned before packing or storing away. Methods of treating and storing clothing for protection against moths etc. were demonstrated to 304 4-H Club Members.

Iredell County

Clothing

Number of girls enrolled ----- 62
Number completing ----- 51

To help 4-H members in carrying out their projects in clothing - 12 demonstrations were given on "The Selection of Dress Patterns" to 255 club members. The Home Agent showed how measurements of the body should be taken and explained how each member could use her measurements in determining the correct size to buy. Patterns for different figure types were also shown.

Out of the 62 girls enrolling in this project there were 51 completions. Five hundred and ten garments, including dresses, slips, skirts, aprons, blouses, pajamas and scarfs, were made at a cost of \$387.00 and valued at \$1,461.00. 4-H members were able to save their parents \$1074.00 as a result of this project. One hundred and sixty-four articles were exhibited, 72 garments were remodeled and mended.

Iredell County

Clothing

4-H Dress Revue

A Spring 4-H dress revue was held in the county with 13 members participating. Cotton school dresses were modeled and ribbons were awarded for the three best dresses.

Winners were: First place - Margaret Louise Morrison; second - Dorothy Mae Dalton; third - Annie Lee Oligy; and honorable mention - Vivian Gray and Jessie Ann Sharpe.

Margaret Morrison, a junior 4-H club member, modeled her dress in the District dress revue and was placed in the blue ribbon group.

Margaret says that she experienced quite a bit of difficulty in putting in her zipper but now she understands why its so important that plackets and hems are put in correctly and why every little construction detail should be done right because if everything isn't just right the judges will certainly see it.

All of the girls advised others to take part in the dress revue next year because - as they put it - "Certain techniques in sewing can only be learned through actual experience in doing the job."

Iredell County

Foods and Nutrition

Number of girls enrolled -----	49
Number of girls completing -----	37
Number of meals planned -----	4,233
Number of meals served -----	5, 617

This year, emphasis was again placed on producing and eating the proper foods to maintain good health. Growing out of a need for vitamins A and C to be included in diets of Iredell County allies, demonstrations were given to 4-H clubs by the Home Agent and leaders on "Add More Color to Meals with Salads," in which a salad was made from canned yellow peaches. The basic 7 chart and a recent dietary survey were used in discussing the body's need for vitamins A and C foods. Excellent sources of these two important vitamins were shown. 4-H members enjoyed the salads to the highest and said they were glad to learn that peaches taste so much better and are more nutritious in the form of a salad than they are "just sweetened."

Resulting from the food preparation project 37 girls planned, prepared and served 9,850 meals, 28 girls assisted in preparing and serving 119 meals, 96 packed lunches were prepared, 27 improved methods of cooking and 31 improved food habits.

Iredell County
Foods and Nutrition
Team Demonstration Contest

Twenty-six demonstration teams were trained this year-two in each club - using as a theme, "Get More Color in Meals with Salads." In this demonstration the girls showed how meals could be made more attractive and nutritious by using garden fresh tomatoes in meals in the form of salads. Three salads were made by the girls - the Tomato Rose, Tomato Pinshell, and Tomato Cotton Bowl Salads.

Fifteen audiences were reached through these demonstrations which offered a wonderful opportunity for the girls to receive training in the fundamentals of nutrition, techniques in food preparation and a greater use of home grown foods containing vitamins A and C.

This was also a means of conveying information to community groups on how to make the best possible use of tomatoes.

Iredell County
Food Preservation

Number of girls enrolled ----- 84
Number completing ----- 67

In order to supplement their family's diets with necessary foods during non-production months, 67 4-H Club members canned for home use - 1,709 quarts of meats, 3,168 quarts of vegetables, 2,021 quarts of fruits including jelly, preserves and pickles. In addition to this - 37 quarts of fruits and vegetables, and 293 pounds of meats were frozen in home freezers and cooperative freezer lockers.

Iredell County
Food Preservation
Canning Contest

Fifty-eight 4-H Club girls participated in the 4-H canning contest which was made possible by the Savannah Sugar Refinery.

The objectives of this contest were as follows:

1. To emphasize the importance of conserving every bit of food produced.
2. To acquire the knowledge and develop skills essential to successful preservation of fruits and vegetables.
3. To have club members take an active part in canning for the family.
4. To utilize products raised on farms.
5. To promote a more varied, well-balanced diet and reduce cash expenditures for food by the use of a family food preservation plan.

County winners were: First - Ervinia Leach, second - Margaret Ann Norman, and Third - Loleen Dalton. The jars of tomatoes and berries, exhibited by the first place county winner, were entered in the District Contest.

4-H canning exhibits and contests have served as an incentive for greater participation by 4-H members in food preservation projects.

Iredell County
Room Improvement

Number of girls enrolled ----- 67
Number completing ----- 47

Forty-seven 4-H club girls successfully completed their Room Improvement projects for the year which included refinishing furniture, improvement of walls and floors, making curtains, selection of new furniture, making chair cushions, and building or improving clothes closets.

Resulting from this project, seven pieces of furniture were made 51 pieces repaired, 11 pieces refinished, 19 improved closets, 17 improved floors and walls, 41 girls hung pictures correctly, 7 worked out color schemes for their homes and 235 articles such as wastebaskets, curtains, doilies, rugs, bedspreads, and dressing table; skirts were made.

Parents of the 4-H club girls enrolled in this project, as well as the girls themselves, were pleased with the results which served to create a greater interest, on the part of all family members, in the home.

Iredell County

Room Improvement

Arranging the Study Unit

Eleven demonstrations were given on "Arranging the Study Unit" by the Home Agent. As a result of this demonstration 400 girls and boys learned how they could arrange study units in their homes by using a table and wainscot chair of correct height, study lamp, bookcase or shelves, and waste paper basket. Forty seven members gave a report of having improved her bedroom by arranging it into units, thus making it more convenient, attractive, and livable.

Iredell County

Family Relationships

Demonstrations were given to 114 4-H Clubs on "Measuring Happiness in Our Homes" with an attendance of 289.

Personality rating sheets were distributed to 250 girls who checked themselves over a period of three weeks and returned the rating sheets to the agent at the end of that period.

Through these demonstrations and check sheets, 250 girls were able to note their faults and improvements in the following qualities were made: loyalty, courtesy, truthfulness, tactfulness, and friendliness.

Basel Roseboro, Route 4, Statesville, N. C. said that she soon discovered her weak points and now that she has improved on those qualities she has more friends and she's really happy.

Iredell County

Wildlife Conservation

Number of girls enrolled ----- 15
 Number completing ----- 10

Ten girls completed wildlife projects during the year. Ruby Nell Starks of the Troutman 4-H Club - having the most complete and well kept record on Tree Study was eligible to attend Wildlife Conservation Camp which was held at Camp Whispering Pines, Cary, N. C. Ruby Nell was also chosen as Champion in the tree study project. She identified and mounted the leaves and bark from thirty different trees grown on her Father's farm. She also gave the description and uses of each kind of wood along with the common and scientific name of each tree. Because of Ruby's trip to camp many 4-H girls in her club throughout the county have been benefitted. Ruby gave a report of the various camp activities at the county-wide Achievement Day Program.

Iredell County
Home Beautification

Number of girls enrolled ----- 9

Number completing ----- 9

Home Beautification is another project carried by 4-H members from which the whole family as well as the community is benefited. Nine girls completed the Home Beautification project-making improvements in the general appearance of their homes by planting shrubbery, seeding permanent lawns, constructing walks and driveways, and a general clean-up of surroundings.

Iredell County

Gardening

Number of girls enrolled ----- 143
Number completing ----- 117

4-H members again sought an answer to their food problems this year by growing a variety of vegetables in their home gardens for family use. Surplus of vegetables were conserved and offered for sale. One hundred and seventeen girls raised gardens comprising a total of 5 acres which yielded approximately 500 bushels, 5,000 quarts, and 2,700 heads of eight different kinds of vegetables.

Products sold were valued at \$32.00, value of products used at home or given away \$ 2,950.00. Total of garden products - \$ 3,270.00

Iredell County

Poultry

Number of girls enrolled ----- 14
Number completing ----- 11

Broiler production and the production of quality eggs for sale were emphasized this year. Eleven 4-H club girls completed this project and gave reports of having raised 1,573 birds, 976 dozens of eggs were produced of which 583 dozens, valued at \$ 349.80, were sold.

Eleven girls carried out recommended practices for gathering, storing, and grading eggs for home use and for sale.

Iredell County

Contests

1. Local:

Kind --- Team Demonstration -- No. Participating ----- 54

2. County:

Kind --- Team Demonstration -- No. Participating ----- 18

3. District:

Kind --- Team Demonstration -- No. Participating ----- 2

1. County:

Kind --- Dress Revue -- No. Participating ----- 13

2. District:

Kind --- Dress Revue -- No. Participating ----- 1

1. Local:

Kind --- Canning Contest -- No. Participating ----- 58

2. County:

Kind --- Canning Contest -- No. Participating ----- 16

3. District:

Kind --- Canning Contest -- No. Participating ----- 1

Iredell County

Recreation

A Leaders' Training School was held for Neighborhood and Project Leaders on recreation.

Active and inactive games and songs were taught 4-H Leaders who conducted recreation meetings during the year. The Annual 4-H Recreation Meetings or Picnics held during August, Christmas programs and parties and club recreation were conducted by leaders.

Iredell County

4-H Church Sunday

One hundred and seventeen club members participated in 4-H Church Sunday Programs in thirteen communities.

They took part in such church activities as Sunday School, served as ushers for regular church services, rendered music, and collected offerings.

Resulting from this program, Junior Choirs have been organized in several churches and young people in general have been placed in more prominent places in various activities in the churches.

Iredell County

National 4-H Achievement Week

During the celebration of National 4-H Achievement week outstanding activities of the organization were highlighted through the press and on the air.

Local and County-wide Achievement Day Programs were held which featured exhibits, the awarding of prizes, certificates, and charters to outstanding members, leaders, and clubs, and the newly-elected 4-H County Council Officers were installed in a special ceremony - all of which served to acquaint the public with 4-H club work and what it offers rural youth.

Iredell County

4-H Contribution to the World Community

Christian Rural Overseas Program

Through the Christian Rural Overseas Program, 4-H Club members were able to participate in a World Citizenship effort by helping foreign indigent families. They contributed small grain and approximately 50 cases of milk.

Iredell County

Exhibits

Individual exhibits of canned food were displayed at each of the 11 local Achievement Day Meetings and the county-wide Achievement Meeting by 157 4-H Club girls.

County winners in these exhibits were: First - Ervinia Leach; Second - Ann Norman; and third - Loleen Dalton.

These exhibits were very beautifully displayed and served to stimulate interest and to inspire others to participate in exhibits and other 4-H activities.

Iredell County
Looking to the Future

Much attention is being devoted to long range program planning a County-wide basis. Local problems are being cited in every farm community and plans are made for the year ahead.

Through program planning basic facts are collected and studied and the best possible solutions to existing problems are outlined and evaluated.

One of the major problems cited is a need for stronger 4-H Club work which can be realized through the concerted efforts of all eligible girls and boys, parents, teachers, leaders, and Extension Workers to make 4-H Club work what we hope for it to be in 1950 and the ensuing years.

There is a possibility of organizing two new clubs this year and with this possibility of increased enrollment, the future in 4-H Club work looks promising.

Two Young Men and Women's Clubs will be organized early in 1950.

Iredell County

4-H Program of Work - 1950

January	-----	Making 4-H Meetings Interesting
February	-----	Growing Vegetable Plants Indoors for Transplanting.
March	-----	How to Use a Pattern
April	-----	Care of Milk in the Home
May	-----	Room Improvement
June	-----	Canning Acid Foods
July	-----	Home Visits (project activity)
August	-----	Planned Recreation
September	-----	Understanding our Parents
October	-----	Foods We should eat for Breakfast
November	-----	Making Woodboxes the correct Height
December	-----	Christmas Suggestions