ANNUAL NARRATIVE REPORT

1949

Henderson County

Mary Ruth Church
Home Demonstration Agent

NORTH CAROLINA AGRICULTURAL EXTENSION SERVICE
1949
ANNUAL HOME DEMONSTRATION REPORT
HENDERSON COUNTY

Home Agents:
December 1, 1948 - June 30, 1949 - Helen H. Allisch
July 15, 1949 - November 30, 1949 - Mary Ruth Church
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Number Home Demonstration Clubs - 12

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<thead>
<tr>
<th>Home Demonstration Clubs</th>
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<tr>
<td>1. Big Willow</td>
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<td>2. Boylston</td>
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<td>3. Dana</td>
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<td>4. Ebenemer</td>
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<td>5. Edneyville</td>
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<td>6. Etowah</td>
<td>25</td>
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<td>7. Fletcher</td>
<td>26</td>
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<td>8. Horse Shoe</td>
<td>44</td>
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<td>9. Mountain Home</td>
<td>35</td>
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<td>10. Mountain Page</td>
<td>25</td>
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<td>11. Tracey Grove</td>
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<td><strong>Total</strong></td>
<td><strong>296</strong></td>
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Number 4-H Clubs - 13

<table>
<thead>
<tr>
<th>4-H Clubs</th>
<th>Girls</th>
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<td>Spring of '49</td>
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<tr>
<td>1. Balfour</td>
<td>25</td>
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<td>2. Dana</td>
<td>32</td>
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<td>3. East Flat Rock</td>
<td>32</td>
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<td>4. Edneyville Jr</td>
<td>16</td>
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<td>5. Edneyville Sr</td>
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<td>6. Etowah</td>
<td>6</td>
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<tr>
<td>7. Flat Rock</td>
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<td>8. Flat Rock Community</td>
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<td>9. Fletcher</td>
<td>20</td>
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<td>10. Mills River</td>
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<td>11. Tuxedo</td>
<td>31</td>
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<td>12. Valley Hill</td>
<td>22</td>
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<td>13. Willing Workers</td>
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| **Total** | **261** | **365** |

Number of Project Leaders - 142

Number of Neighborhood Women Leaders - 11
SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS.

A. Introduction:

Henderson County is located in the southwestern mountain area of North Carolina. The Southern part of the county is bordered by South Carolina.

According to the 1946 Federal Census, there are 2,703 farms in Henderson County. Only 53 of these farms are under supervision of non-white operators. The rural population is made up of many groups of people -- the richest to poorest; thus the Extension programs vary greatly as does the types of all farming in the county. Dairying and truck cropping exceed other types. Although the small subsistence farmer who does general farming makes up a large group of the county's inhabitants.

USDA Council: The Agricultural Worker's Council, which was organized in October 1946 is very active. This Council is composed of: Home Administration Supervisor, PMA Chairman, Veterans Rehabilitation Officer, Editors of the local papers, Superintendent of Welfare, Manager of radio station, Assistant Vocational Agriculture teachers, a Test Demonstration Farmer, a Home Demonstration member and Extension workers. The Council meets every second Monday of the Month at 3:30 o'clock. Much work has been carried out by the Council this year.

The Council sponsored the County wide Farm and Home Field Day in September, Soil Conservation Speaking Contest, 100 bushel Corn Club Contest, Horse and Mule Clinic, Ten minute radio program six days of each week, and planned a
Longtime Agricultural Program for Henderson County.

B. General Policies:

Whenever there is a request for a new Home Demonstration Club in an area, home visits are made to several interested families. Following these visits a meeting is called and the organization explained to the group. If they desire to become a club, officers are elected and committees set up.

Other meetings held jointly this year were January and August meetings of Home Demonstration Clubs and a number of called joint meetings. It is a policy for all Extension Workers to attend meetings when both men and women are included.

All 4-H clubs are met jointly by the Farm and Home Agents, then separate for demonstration, however six joint demonstrations were given by the agents during the year.

C. Organization:

There are 12 Home Demonstration clubs in Henderson County with a membership of 306 members, 200 of which are active. No new clubs have been organized during the year.

1. County Council

The county council of Home Demonstration clubs meets quarterly on the fourth Friday of the following months: January, March, June, and October.

The County Council of Home Demonstration clubs, which is composed of the officers of all clubs of the county, County Project leaders, County Committee Chairman, and past Presidents of the council, discussed their plans for the year at the meeting held February 4, 1949 at the home of Mrs. J. R. Powell of Horse Shoe.
Eight of the twelve clubs were represented with 17 members present. Mrs. A. M. Fetherstone, Vice President presided. A report was given by the nominating committee and Mrs. E. M. Stewart was elected President and Mrs. Charles Playford Treasurer of the Council. The home Agent gave a report of the objectives and goals of the County for the year and summarized the work to be done. A report was given by Mrs. Charles Blayford on the work done by the Etowah club in furthering the Health Program in the County. Progress made by other clubs on this program were also summarized.

A discussion followed on club members not attending meetings regularly. A motion was passed to put club members on the inactive list if they missed as many as three successive meetings without a just cause.

Mrs. Allison, Home Agent, then made a report on the 4-H camp building fund and urged all clubs to cooperate and assist with raising the Henderson County quota.

Mrs. Lucinda Cole, supervisor of Public Welfare, made a very interesting and enlightening talk on the duties of the County Welfare Department and the services rendered the public by this Board.

The County Project leaders and Committee Chairman named were:

Foods and Nutrition, Mrs. A. M. Featherstone; Home Gardens, Mrs. Ed Hill; Home Poultry, Mrs. Margaret Ingle; Home Dairy, Mrs. Helen Brannon; Food Preservation, Mrs. M. R. Anderson; House furnishings, Mrs. Charles Playford; Home Management, Mrs. T. N. Renshaw; Family Life, Mrs. S. M. Garren; Home Beautification, Mrs. H. C. Brannon; and Clothing, Mrs. Mrs. L. H. McKay.
Community Service, Mrs. J. I. Taylor; Health, Mrs. E. M. Stewart; Education, Mrs. Paul Phillips; Citizenship, Miss Blanche Searcy; Recreation, Mrs. Walter K. Pike; Loan Fund, Mrs. Ernest Smith; Markets, Mrs. Herbert Pace; and 4-H Club Leader, Mrs. O. D. Biddy.

Miss Blanche Searcy, Ebenezer, extended an invitation to the Council to meet in her home on May 6.

On May 6, the Council held its second meeting at the home of Mrs. E. M. Stewart, Big Willow, with seventeen members attending and seven clubs represented. Mrs. E. M. Stewart, newly-elected president, presided.

The Home Agent discussed the District Federation meeting to be held in Asheville on May 26, after which the program was outlined and plans were made for the trip. The Home Demonstration choral club, which was invited to sing at the District Federation meeting, practiced several suggested songs, and two days a week—Tuesday and Friday were scheduled for the group to practice at the Hendersonville Methodist Church.

Mrs. Allison, Home Agent, also asked each club to send a representative to Farm and Home week to be held in Raleigh August 8-12. It was suggested for clubs to pay expenses of delegates and that officers be selected to attend, if possible.

Miss Lee Corbett, State Nutritionist and guest speaker, summarized the results of the surveys of diets made of the Henderson County School children. It was astonishing how inadequate she found the diets to be and ways of improving them were discussed.
The Council adjourned to meet with Mrs. Paul Phillips, Edneyville for the next meeting.

A special meeting of the Council was called on June 23 due to the resignation of the home agent, which necessitated a summary of the accomplishments of the year and make plans for the remainder of this year and next year. The meeting was held in the home of Mrs. Paul Phillips with twenty-one members present; nine clubs being represented. Mrs. Pauline Pierce, Western District Agent, and the new home Agent Miss Mary Ruth Church, Home Agent from Person County, were guests for this meeting.

The home agent, Mrs. Allison summarized the accomplishments for the year and Mrs. Pierce discussed the plan of work for 1950. Emphasis was placed on analyzing the problems and needs of the County and planning a program, which would be needed to aid in the solution of prevalent County and community problems. Each club president was urged to ask for suggestions for the 1950 plan of work from club members at the regular July and August meetings and submit these suggestions to the Program Planning Committee in September.

A delicious covered dish luncheon was enjoyed by all attending. After lunch, a delegate was voted on for corresponding secretary of the North Carolina Federation of Home Demonstration clubs, Mrs. D. C. Higdon, Jackson County, received the majority of votes.

The motion was passed for the council to pay the expenses of Mrs. E. M. Stewart, President Henderson County Council to Farm and Home week held in Raleigh August 5th.

Mrs. S. M. Garren, Mountain Home extended an invitation to the Council to meet with her for the September meeting.
The Henderson County Home Demonstration Council met September 29, 1950, at the home of Mrs. Charles Playford, with Mrs. E. M. Stewart, president, presiding. Nine of the twelve clubs were represented with 25 members attending.

Mrs. S. M. Garren of the Mountain Home Club was elected vice president of the Council and succeeds Mrs. A. M. Petherstone. Mrs. Josiah Johnson, Jr. of Tracey Grove Club was elected secretary to succeed Mrs. Robert Ingle of the Upper Mills River Club.

The 1950 Program of work was discussed at length and plans made for the program planning committee which is composed of all County Project leaders to meet Thursday, October 13, to complete the program for the coming year.

A program committee was named to plan the Fall Achievement Program to be in the form of a tour in early November. The members are: Mrs. Robert Ingle, Upper Mills River; Mrs. Jimmie Cantrell, Big Willow; Mrs. Charles Playford, Etowah; Mrs. J. H. Stepp, Jr. Dana; and Mrs. J. M. Allen, Mountain Home.

The Etowah Club asked to be in charge of serving lunch for the tour and the Big Willow club asked to make the Program covers.

Plans were mapped out for conducting a membership campaign in each club during the months of October and November.

Home Demonstration Club members pledged full cooperation with the County Grange for the State Meeting held in Hendersonville October 24-26.

The Council voted for the Fall Achievement Tour to take the place of another Council meeting, after which the meeting adjourned to meet with Mrs. S. M. Garren in January.
DISTRICT #3 EXECUTIVE BOARD COMMITTEE MEETING: The District #3 Executive Board Committee met in Asheville on Saturday, March 6th at 10:00 o'clock to plan the District #3 Federation program for June 14th. Each County Council was represented by its officers. Those attending from Henderson County were Mrs. A. M. Fetherstone, Vice President; Mrs. Charles Playford, Treasurer; Mrs. R. H. McCull, representing the secretary; and Mrs. J. R. Powell, Secretary of District #3 Federation. A very interesting program was planned.

District #3 Federation Meets in Asheville: The District #3 Federation of Home Demonstration Clubs met May 26, 1949 at 10:00 o'clock in Asheville, with Mrs. J. A. Glazner, Presiding. The following program was presented:

Song
Devotional
Collect
Welcome
Response
Greetings - Mr. Coke Candler, Chairman Board of County Commissioners
Mr. David Weaver, Ass't. Director of Extension N.C. State College,
Mrs. J. S. Gray Vice President State Federation of Women's clubs
Mrs. A. G. Etheridge, Representing Federation of women's clubs
Mr. W. Riley Palmer, County Agent, Buncombe County

Recognition of Guests

Reading of Minutes
Roll Call by Counties
Tribute to Leaders

Song
County Reports:
Buncombe County
Henderson County
Transylvania County

Madison County

America
Mrs. S. M. Garren
By Group
Mrs. S. B. Tweed, Buncombe County
Mrs. S. S. Geer, Transylvania County

Mrs. M. Sue Evans, Home Demonstration Agent, Buncombe County
Mrs. J. R. Powell, Henderson County
Buncombe, Henderson, Madison and Transylvania
Mrs. Pauline Pierce, Western District Agent.
Committee Reports

Resolutions
Steering
Announcements
Lunch
Afternoon Program
Special Music
Buncombe County
Henderson County
Madison County
Transylvania County
Introduction of Speaker
Address

Committee Reports

Courtesy
Place
Song
Adjourn

Mrs. W. C. Morris, Transylvania
Mrs. S. B. Tweed, Buncombe

Group Singing
Choral Club
Walnut Home Demonstration Club
Mrs. Marvin Whitmire
Mrs. Epps McClure, Madison County
Mrs. W. H. Garrison, Chairman
13 District, Federation of Home Demonstration clubs.

Mrs. E. O. Burnette, Madison County
Mrs. E. M. Stewart, Henderson County

Mrs. J. R. Powell, Henderson County served as secretary
of District #3 this year. Mrs. Robert Ingle, Mills River Club
served on the resolutions committee; Mrs. Charles Playford, Etowah,
was a member of the courtesy committee and Mrs. A. M. Fetherstone
assisted with registration.

The Henderson County Choral club gave an excellent performance
Mrs. E. M. Stewart, Henderson County Council President, ex-
tended an invitation to the group to meet in Henderson County in 1950.
The invitation was accepted.

The Agents and club members of Buncombe County spent
considerable time and thought in planning and carrying out this
most successful District meeting. They are to be congratulated.

The gavel which is given for attendance and based upon
mileage traveled by the county, was presented Henderson County.
This is the first time in the history of Home Demonstration work
that Henderson County has won the honor. Naturally we were all
thrilled.
Mrs. E. M. Stewart, County Council President gave the following narrative report of Henderson County. She turned in to the secretary a statistical report also.

Madam Chairman:

I wish to submit the following report for Henderson County.

In Henderson County we have twelve organized Home Demonstration clubs with an active membership of 299 and an inactive membership of 61 making a total enrollment of 360. Our clubs meet regularly once a month in the home of a club member.

This past year has been a most interesting one for us club women. We have had our "ups and downs" of course but our accomplishments have been many.

Selling Home Demonstration Club work to the public was one of our goals. We feel that an excellent job has been done along this line. Probably our Annual Achievement Day Tour on November 16th was our most outstanding activity during the past year.

An achievement Day Committee was appointed in January by the County Council president. This committee planned the program and outlined the tour, of course, with the help of our Home Demonstration Agent, Mrs. Helen Allison. The Committee worked hard and long but were gratified with the results. Never have we had a tour as well planned, arranged and carried out in Henderson County. We drove into each farm on schedule and spent only out allotted time. I make this statement because it was made by two men who had attended all tours held in the County during the past year. On this tour result demonstrations on the subjects demonstrated by our Home Agent or by our leaders at the
regular monthly meetings were observed in the various homes of Home Demonstration Club members. These demonstrations were discussed by the homemaker and summarized by Mrs. Allison. Result demonstrations included: kitchen improvement, clothing, home freezers, floor finishes, food storage, handicrafts, laundry equipment, house construction, remodeled kitchen, and bathroom planning. Eight different farm and homes were visited; therefore in some homes more than one result demonstration was observed.

After the picnic lunch we assembled for greetings and recognition of guests. Approximately 70 Home Demonstration Club members heard Mrs. R. J. Powell, County Council President, review the Home Demonstration Club’s accomplishments during the year.

Another method we used to publicize Home Demonstration Club Work was through the Western North Carolina Fair. Eight Home Demonstration clubs set up eight educational booths. Each club received a cash prize. Many favorable comments were given our booths.

Other activities include:
Four leader Training Schools held for project leaders.
Four County Council of Home Demonstration Clubs held.
Continuation of the Henderson County Choral Club.
Home Demonstration Club Committee judged the 4-H club records.

These are a few of the highlights of the Home Demonstration club program carried out by the Henderson County clubwomen. I would like to thank each woman and Mrs. Allison, our Home Demonstration Agent for their efforts and always willingness to help.

Thank you.
Henderson County Annual Farm and Home Tour was sponsored by the Agricultural Workers Council on Friday, August 5. The tour started from the Hendersonville High School auditorium promptly at 8:45 A.M. The complete itinerary is as follows:

First Stop at Grady Hill Farm. Here, production of good clean apples, cover crops for orchards, and pollination were discussed.

Second Stop was at the Lee Hill and Son Farm near Dana. A Hybrid seed corn dryer, hay dryer and grain dryer project was studied and discussed.

Third Stop was at the Jack Gilliam Farm. The object of this visit was to study a new home, recently built under the sponsorship of the farm and Home Administration. Corn variety tests and pastures was studied.

Fourth Stop was at Gary Harthcock Farm. Here, a new enterprise for Henderson County, of growing commercial cut flowers under a cloth house, was studied.

Following this a lunch of sandwiches and drinks were sold by the Flat Rock 4-H club.

Fifth Stop was at Zeb Cabe Farm. Farm and Home administration Farm was studies. Also a small grade A dairy and pastures.

Sixth Stop was at John McLean Farm in Holly Springs community where soil conservation and farm management was studied.

Seventh Stop was at the J. C. Norton and Son Farm which is a Unit Test Demonstration Farm. A Forestry Project and a small Grade A Dairy was observed.

WESTERN NORTH CAROLINA FAIR

Home Demonstration and 4-H members exhibits and displays
constituted a large part of the agricultural exhibits at the Western North Carolina Fair, September 12-17. There were nine very good Home Demonstration Club booths and 4-H booths that were creditable to any community.

The subject of the exhibits and the clubs in charge are as follows:

**Home Demonstration:**


2. Second place - Room Improvement, Mountain Home Home Demonstration Club, showed a before and after picture of a bedroom.

3. Third place - The Little Extras that make life worthwhile.

**Dana Home Demonstration Club** showing a before and after of a dining and living area.

4. "Wheel of Good Eating" Fletcher Home Demonstration Club telling how much of each group of basic seven is needed each day and showing foods in each group.

5. "Beautify Your Home", Edneyville Home Demonstration Club showing slip covering refinishing of furniture and home built furniture.


8. "101 Uses of Feed Bags", Etowah Home Demonstration Club

4-H:

1. First place - "Production of Apples for Health", Dana Willing workers 4-H Club, showing the steps of how to Produce Apples for Quality and how to Market Apples.

2. Second place - "Dairying a Profitable Type of Farming", Valley Hill Jr. 4-H Club, showing a layout of steps necessary for profitable dairying.

3. Third Place - "Home Beautification", Edneyville Jr. and Sr. 4-H clubs, showing the before and after of a farm home and surroundings.

4. "Highway Safety in the Flat Rock Community", East Flat Rock 4-H Club which showed the layout of highways in that community and the number of accidents that had occurred on highways in North Carolina in 1949.

There were also many Home Demonstration and 4-H entries in the general exhibits of the women's division of the fair. A large number of the persons attending the fair filed past the rows of displays exhibited by the different communities, Home Demonstration and 4-H Clubs, Veterans, and the Vocational Agricultural Divisions, and everyone commented, "This is the largest and best fair we have ever had".

This agent attended at least on fair booth planning meeting of each Home Demonstration Club and 4-H Club during the month in addition to the regular Home Demonstration meetings.
Farm and Home Field Day

The Henderson County Miracle Field Day, sponsored by the Agricultural Workers Council, was held September 21 at the Charles Sparling Farm in the Ebenezer Community. Mr. D. W. Bennett, County Agent, was chairman of this event; Trueman Westmoreland, FHA supervisor, was in charge of all remodeling and building, assisted by Mary Ruth Church, home agent. A program for the day is enclosed.

4-H Neighborhood leaders and 4-H members served lunch for the benefit of the Henderson County 4-H Clubs.

Approximately 1500 interested persons visited the farm during the course of the day to see what could be done with old worn out farm buildings and land.

All of the remodeling, painting, etc, could not be completed by this date as planned; therefore, another all day meeting is being planned to show the completion of the farm home. A copy of the program appears on the following pages.
Fall Achievement Day and Tour Planning Committee Meeting

On Tuesday morning, October 11, the Committee composed of Mrs. E. M. Stewart, Mrs. Jimmie Cantrell, Mrs. Robert Ingel, Mrs. J. H. Stepp Jr., and Mrs. Charles Playford met to complete plans for the Home Demonstration Achievement Program and Tour. The Committee suggested visiting the homes of club members who had improved their homes on an average farm income, so that everyone could see improvements that they could make on their own homes.

The Committee selected the following homes:

Mrs. Geneva Morris - Etowah
Mrs. Jimmie Cantrell - Big Willow
Mrs. E. M. Stewart - Big Willow
Mrs. T. C. Stewart - Big Willow
Mrs. J. I. Taylor - Etowah
Mrs. J. A. Anderson - Etowah
Mrs. Emma Clark - Upper Mills River
Mrs. Laura Moore - Upper Mills River
Mrs. Ed Gillespie - Upper Mills River
Mr. & Mrs. Robert Ingel - Upper Mills River

The tour was planned for November 4th.

Annual Home Demonstration Achievement Day

The Henderson County Annual Home Demonstration Club Achievement Program and Tour was held Friday, November 4, 1949 from 9:45 to 3:30 P.M. Approximately 45 Home Demonstration Club members attended the tour which began at the home of Mrs. Geneva Morris, Etowah, to observe the home electric and gas power plant and the remodeling that Mrs. Morris has done, with the aid of an unexperienced carpenter.

The second stop was at the home of Mrs. Jimmie Cantrell Big Willow, where the group was shown a recently constructed food storage room for canned and cured foods and also a utility room. The addition of an upstairs bedroom, two bathrooms, and ample storage spaces were also observed, as Mrs. Cantrell told how they were built and planning and money involved.
Much interest was shown in the Cantrell's home freezer and packaging materials used to package the food.

The third home visited was Mrs. E. M. Stewart's, Big Willow, where good house planning was discussed. Mrs. Stewart's home is under construction, yet can be lived in, and Mr. Stewart is building whenever he has the time and money. Special emphasis was placed on room arrangement, storage spaces, and kitchen arrangements.

The home of Mrs. T. C. Stewart, Big Willow, was the fourth home toured, and yard improvement was discussed. The improvement had been made in the past three years and no appreciable amount of money had been spent. Planning the lawn and planting native shrubs, trees, and grass, then taking care of what you have is Mr. and Mrs. Stewart's formula for the beautiful lawn. Mrs. Stewart also showed the group the recent improvement made in the kitchen.

Mrs. J. I. Taylor, Etowah, gave a splendid result demonstration on making draperies, slip covers, and a dressing table cover from feed bags, and re-decorating the interior of the home. Careful planning of kitchen arrangement and clothes storage were illustrated.

Mrs. J. A. Anderson, Etowah, discussed the landscaping plans of her lawn, then showed the progress made on the plan in the past year.

The group then went to the Mills River Recreation Park for lunch, which was served by the Etowah Home Demonstration Club. After lunch the group assembled in the park for the program. Mrs. E. M. Stewart, County Council President, welcomed the group.
and introduced the speaker, Mr. D. G. Wilkie, Chairman of Board of County Commissioners. Mr. A. V. Edwards, Mayor, also brought greetings to the group, after which Mr. Dwight Bennett and Mr. Hoyt Thompson gave a brief report on the accomplishments of 4-H and Joint Home Demonstration Farm Programs during the past year. The home Agent gave a report on the outstanding accomplishments of Home Demonstration Club members during the past year.

The tour then moved to the home of Mrs. Laura Moore, to see the addition of four rooms to the Moore Home, and floors finished by using penetrating seal.

Mrs. Ed Gillespie, of Upper Mills River, gave a review of the improvements made in her kitchen so that she now has a place for everything in its place.

The last home visited was that of Mrs. Robert Ingle, Upper Mills River, where a utility room, bedroom, and bathroom are under construction. Wiring was studied for the three room addition and the placing of receptacles and outlets was noted.

The homes toured were average income farm families who make improvements as the money is earned. Enough time was spent in each home to actually realize the home situation and see the improvements made. Several husbands said that they didn't realize what could be done with such small amount of money and a large amount of planning, plus, will power.

The day was very enjoyable for everyone and even though there were not many people on the tour, those that were present were very much inspired with the splendid work being done by fellow club members and citizens of Henderson County.
Farm and Home Week

Henderson County was represented at the Farm and Home week held in Raleigh August 8-13 by the following delegates: Mrs. S. M. Garren, President of Mountain Home Club; Mrs. J. M. Allen, Mt. Home; Mrs. Bryan Merrill, Horse Shoe; Mrs. J. R. Powell, Horse Shoe; Mrs. E. M. Stewart, President of Big Willow Club and County Council; Mrs. R. H. McCall, Etowah; Mrs. Robert Gillespie, Upper Mills River; Mrs. Rupert Gordon, Upper Mills River; Mr. and Mrs. Paul Phillips, Edneyville; Mrs. Hoyt Paxton, Edneyville; and Mrs. Walter Pike, Tracey Grove; Mr. Dwight Bennett, County Agent and Mary Ruth Church, home Agent.

The group thoroughly enjoyed the week and learned many new and excellent ideas for the 1950 Program of work.

Henderson County was also represented at Western North Carolina Farm and Home week held at Cullowhee, August 15-18, by Mrs. L. J. Vollmer, Tracey Grove, who attended the entire session while Mrs. S. M. Garren, Mountain Home, Mrs. W. E. Wirtz, Mrs. Finley Pace, Mrs. Willie Crayan, Horse Shoe; and this agent attended for one day. The group was very pleased with the Program and plans are being made for a larger delegation to attend next year. Mary Corpening, County 4-H Dress Revue winner; Anna Gebe, runner-up in the 4-H Dress Revue, Joan Gebe, County Health Queen; Grayson Bradley, County Health King; Mary Gebe Edneyville Jr. 4-H club; Mrs. Walter Pike, Tracey Grove Home Demonstration club; and this agent attended the dressrevue and health pageant held on Thursday, Aug. 18. Henderson County was very proud to have Mrs. Walter Pike elected as Vice-President of Western North Carolina Farm and Home week for 1950.
D. **Plan of Work for 1949**

After much discussion, the Council voted to plan the 1949 Program of Work as was done in 1948. The procedure used last year was for each club member to write her suggestions on a slip of paper. These slips of paper were turned over to the club presidents who summarized the suggestions made by her club. These suggestions were presented to the County Council members at their meeting in September and the program was planned according to these suggestions and the needs of the County based on the census report and the long time Henderson County program worked out by the Agricultural board. It was decided to collect the suggestions from the club members at the July meeting.

**Plan of Work for 1950**

The Council voted to plan the 1950 Program of Work in the same manner as the 1949 Program. The procedure used was for each club member to write suggestions on a slip of paper at July meeting, give them to the club president, then the club presidents summarized the suggestions made by the club members and presented them to Council members at the September meeting of the Home Demonstration Council. The 1950 program was planned in this manner and planned according to these suggestions made by club members and the needs of the County based on the census report, the long time Henderson County Program formulated by the Agricultural board, and the present and future economic conditions. The Home Demonstration Council discussed the program at length and made plans for the program planning committee, which is composed of all County Project leaders, 4-H neighborhood leaders, County Committee
Chairman, and Council Officers, to meet October 13 to complete the program for the coming year.

The Program Planning Committee, met Thursday, October 13, in the Home Agents office to complete the program of work for 1950. Suggestions for the program that were made by club members during July, August, and September and correlated by club Presidents and discussed at the September Council Meeting, were weighed and discussed at length by this committee, then the program was planned. The committee planned leader project reports for each regular club meeting. These reports are to be worked up by the County project leaders aided by the home Agent. In this manner, each leader will have a definite place and realize that they are a leader, also, it will not be such a dreaded task when they are selected to give a demonstration.

Leaders will also be in charge of the demonstration for at least four regular Home Demonstration club meetings during the year.

E. Procedures

The twelve Home Demonstration Clubs are met regularly once a month, and are held in the homes of club members.

Home Demonstration Club Monthly Meetings

In December, the family life project leaders gave the demonstration, "Teen-Agers", in each Home Demonstration club meeting. The discussions aroused a great deal of interest and led to accounts of various experiences in many families.
After this demonstration, each recreation leaders led the group in playing Christmas games.

Seven Home Demonstration Clubs sponsored joint community meetings in January, at which time the farm and home agents presented "The Farm and the Home Outlook for 1949". Interesting discussions concluded the meetings followed by recreation. The other five Home Demonstration clubs met and discussed the "Home Outlook for 1949".

"Know Your Organization" was the theme of the February meetings. Leaders gave eight of the demonstrations, and the Home Agent four. Maps of Henderson County, North Carolina, United States, and world posters were used in addition to the 1949 yearbook to illustrate the discussion.

The March demonstration given in each of the twelve Home Demonstration clubs was "Planning and Using Our Time More Efficiently". The demonstration was highly accepted and much discussion followed the demonstration.

In April "Learning to Sew" was the demonstration given to each of the twelve Home Demonstration clubs. Members were very much interested in the demonstration.

"Three meals that Measure Up" was the demonstration presented to the twelve clubs at their regular meeting in May. This food demonstration created a great deal of interest among members. The graph shown to the group presented a very striking picture.

At the regular June meeting, a "Refinishing Furniture" demonstration was given by the Home Agent, assisted by the House Furnishings Project leaders.
The demonstration included actually repairing a piece of furniture and then the steps necessary to refinish a piece of furniture practiced on different pieces of furniture.

The members assured the agent and leaders that learning by doing is the best method to learn how to repair and refinish furniture.

The subject of the demonstration given at each Home Demonstration club meeting is July was "Storage of Fresh Preserved" and "Cured Fruits and Vegetables." Leaders gave the demonstration at five meetings and the home agent gave it at seven.

Ten of the twelve clubs held their annual picnics during the month of August. Recreation Leaders were in charge of the recreation for each picnic. The other two clubs held their picnics in September.

The demonstration "Posture at Work or Play" was given to one club in August.

In September, "New Ideas Transform Old Clothes" was the demonstration given in each of the twelve clubs. Many excellent suggestions were shown by club members.

The demonstration, "Improving Interior Walls" was given in eleven Home Demonstration clubs during October. Mrs. E. M. Stewart, President County Council said, "This was one of the most needed and most helpful demonstrations we have ever had."

Family Life Leaders gave the demonstration "Questions Children Ask" in each club in November. Leader reports show that every member was very much interested in this
subject and everyone entered the discussion freely.

2. 4-H Club Monthly Meetings

Mr. Oscar Phillips, Assistant State 4-H Club Leader, attended eleven 4-H club meetings in December, and discussed projects and awards offered in each County, State, and National contest. The County Agent discussed the German Youth Program.

In January, the Farm and Home Agent gave a demonstration on Forestry to each of the thirteen 4-H clubs.

In February, "Gulling Your Flock" was the joint demonstration given by the home agent and assistant farm agent to eleven 4-H clubs. Adult leaders gave the demonstration in the two community clubs.

"Home Beautification" was the subject of the joint demonstration given in each 4-H club in March.

In April and May a joint demonstration was given by home and assistant farm agent in each club on "Better Electric Methods".

In June the County 4-H Health Contest was held and plans made for attending 4-H camp and 4-H club week.

July - County 4-H Dress Revue in which seven girls entered.

In August several clubs held their annual picnic. Some met with the Home Demonstration clubs and others had their own recreation meetings.

No regular 4-H meetings were held in September due to the Western North Carolina Fair. Four splendid 4-H exhibits were arranged by 4-H clubs.

In October, the new home agent Mary Ruth Church,
was introduced to each 4-H club, then both Agents gave a joint demonstration on "How to Conduct a 4-H Meeting". Officers were elected in each club.

No demonstration was given in November because the time was consumed by planning definite ways and means of each club raising their quota of the 4-H Building Fund.

3. Project Leaders.

Two project leader training schools have been held during the past year, however, one training school was conducted in November 1948 by Mrs Corinne Grimsley for family life leaders who gave the demonstration in each club during December.

On Friday, April 22, from 9:30 to 2:30 o'clock, a "Refinishing Furniture" demonstration was given to leaders of twelve clubs by Miss Pauline Gordon, Home Management and House Furnishings Specialist. With the help of Miss Gordon, a mahogany veneer dining table was refinished using an oil finish. After having such an experience, the leaders expressed themselves regarding the demonstration. All of them felt more capable of doing the demonstration in their respective clubs. Miss Gordon always gives those useful extras in her training schools which we continue to use over and over.

We were very fortunate to have Mrs. Corinne Grimsley, Assistant State Family Life Specialists, State College, Raleigh, give a training school on "Questions Children Ask" to 14 Henderson County Family Life Leaders on Thursday October 27th, in the Ladies Parlor on the Methodist Church. Ten of the 12 Home Demonstration clubs and the Hendersonville P.T.A. were represented.
The leaders were very interested in this subject and entered into the discussion led by Mrs. Grimsley. Mrs. Grimsley had planned to show the film on Human Growth to the group but due to mechanical trouble, was unable to show it. This agent plans to show the film at every Home Demonstration club meeting during December.

The leaders said they felt sure that they could lead a helpful discussion in their clubs after having heard Mrs. Grimsley lead such an interesting and helpful discussion.

4. Neighborhood Leaders

There were five active 4-H Neighborhood leaders in the County during the year, three of which are Home Demonstration members. These leaders have conducted several regular meetings in community 4-H clubs and have taken a very active part in the 4-H Building Fund campaign and 4-H Fair Exhibits.

There are approximately 28 neighborhood leaders in the County, only four being non-club members. Approximately 75 non-club families have been assisted during the year.

Thirty tenant families have been assisted.

5. Agents Training School

The training school and conferences conducted by the State Specialists for the Home agents during the past year have been most helpful. A brief summary of these meetings follow:

The Home Agent had the privilege of attending the frozen foods lecture and demonstration and the Clothing clinics given by the respective Extension Specialists. These meetings were most informative and interesting.
Miss Jane Gibb, Extension Clothing Specialist, spent one day with the home Agent giving her subject matter training for the March demonstration, "Learning to Sew". Miss Gibb always has an interesting trick to offer as well as much valuable illustrative material.

"Home Beautification" was John Harris' subject for the training school conducted for Home and Farm agents in Western North Carolina. This demonstration was very clever as well as interesting and full of subject matter. Mr. Harris showed how to make the "outing" board for our county use in 4-H and Adult work. Demonstration material of this nature is valuable to us.

Miss Pauline Gordon, State House Furnishings and home Management Specialist, spent one morning in conference with the home agent in regard to the October demonstration on "Wall Finishes", and "Miracle Day" which was held September 21, at Charles Sparlings farm in the Ebenezer Community.

This training gives each agent an opportunity to quickly grasp changes in the various fields of subject matter, so as to be fortified for questions which arise in each county.

F. Publicity:

1. Radio

The Agricultural Worker's Council has a six days a week program on Station WHKP of Hendersonville each week from 1:00-1:10 P.M. The home agent and home economics teachers are in charge of the program each Tuesday. Twenty two broadcast have been given or assisted with by the home agent during the year.
The monthly schedule of Home Demonstration and 4-H club meetings are announced by the "Home Town Reporter" over the station. The radio has been most helpful in carrying on the Extension Program in the County and the station personnel has given splendid cooperation. Some topics of Programs given or assisted with are:

Latest Fashions for Teen Agers (Clothing)
Storage
Western North Carolina Fair (2)
Series of Family Life Programs
4-H Building Fund
4-H Camp
4-H club week
Farm and home Week,
Farm and Home Field Day,
State Grange Meeting,
National 4-H Achievement Week
National Home Demonstration Week

2. Newspaper: The daily and weekly newspaper reporters visit the home agent's office regularly. They are happy to publish schedules of meetings, reports of meetings, and human interest stories, as well as to write stories about special events.

One hundred eleven news articles have been published on the Home Demonstration and 4-H club program during the past year.

3. Exhibits

Western North Carolina Fair

Henderson County Home Demonstration and 4-H members' exhibits and displays constituted a large part of the agricultural exhibits at the Western North Carolina Fair, September 12-17. There were nine very good Home Demonstration Club booths and four 4-H booths exhibited by Henderson County and one Transylvania Home Demonstration
exhibit and one Jackson County 4-H exhibit which were creditable to any community.

The subject of the Henderson County exhibits and the clubs in charge are as follows:

Home Demonstration:

2. Second place - "Room Improvement", Mountain Home Home Demonstration club showed a before and after picture of a bedroom.
3. Third place - "The Little Extras that Make Life Worthwhile", Dana Home Demonstration Club, showing a before and after of a dining and living area.
4. "Wheel of Good Eating", Fletcher Home Demonstration Club, telling how much of each group of Basic Seven is needed each day and showing foods in each group.
5. "Beautify Your Home", Edneyville Home Demonstration Club, showing slip covering, refinishing of furniture, and home built furniture.

4-H

1. First place - "Production of Apples for Health", 
Dana Willing Workers 4-H club showing the steps of how to produce apples for quality and how to market apples.

2. Second Place — "Dairying, a Profitable type of farming" Valley Hill Jr. 4-H club, showing a layout of steps necessary for profitable dairying.

3. Third place — "Home Beautification", Edneyville Jr. and Sr. 4-H clubs, showing the before and after of a farm home and surroundings.

4. "Highway Safety in the Flat Rock Community", East Flat Rock 4-H club which showed the layout of highways in that community and the number of accidents that had already occurred on highways in North Carolina in 1949.

There were also many Home Demonstration and 4-H entries in the general exhibits of the women's division of the fair. A large number of the persons attending the fair filed past the rows of displays exhibited by the different communities, Home Demonstration and 4-H clubs, Veterans, and the Vocational Agricultural Divisions, and everyone commented, "This is the largest and best fair we have ever had".

This agent attended at least one fair booth planning meeting of each Home Demonstration Club and 4-H Club during the month in addition to the regular Home Demonstration meetings.

Fifteen 4-H girls from Transylvania and Henderson County entered the 4-H Dress Revue held at the fair. The winners in the Senior divisions were:
School Dresses:
Jean Gebe, Edneyville
Anna Gebe, Edneyville
Barbara Talley, Brevard

Winners in the Junior Division were:
Martha Fortune, Brevard
Mary Gebe, Edneyville
Elizabeth Freeman, Edneyville

General Wear:
Elizabeth Guice, Dana
Ernestine Medd, Dana
Anna Garren, Brevard

Western North Carolina Apple Harvest Festival
The Apple Harvest Festival, September 2-5, was a beautiful occasion. Many of our farm families exhibited their luscious apples in the windows of the business houses. The winners, Mr. and Mrs. S. Schnyder of Dana, are very active in Extension activities.

The Henderson County 4-H Clubs, assisted by Mr. C. H. Thompson, Assistant County Agent, and Mary Ruth Church, Home Agent, built and decorated a float in green and white colors for the parade which was held on September 5. The theme of the float was "Henderson County 4-H'ers grow apples for Health and Wealth". Three cogged wheels with steps involved in the Production, the Quality, and the Marketing of apples printed on each cog formed the top of the float. The County Health King and Queen rode on the front of the float and four baskets of luscious apples were placed at intervals on the float. The King and Queen were wearing gold crowns, and the King was dressed in the boy's 4-H uniform while the Queen was dressed in a white evening dress.

This was the first year that the Henderson County 4-H'ers
have participated in the parade and many complimentary comments were made by spectators about the fine educational value of the float, as well as its beauty.


II. COUNTY PROGRAM OF WORK

A. "Three Meals That Measure Up" A food demonstration was presented to the twelve Home Demonstration Clubs at their regular monthly meetings in May. A flannel board was made to show how each meal planned contributed to meet its part of the day's body requirements for the food nutrients charts with the twenty three menus for a day and a chart showing the day's body requirements for the various food nutrients was also prepared and used. The food models were used in connection with the menu poster. The Home Agent demonstrated one food included in one of the three meals planned.

This demonstration created lots of interest among the club members. The graph presented a very striking picture.

B. Project Activities and Results

1. Foods and Nutrition
   Number of women enrolled 275
   Number completing 275
   Number project leaders 12
   Number leader schools held by agent 0
   Number leader schools held by specialists 0
   Number leader schools held by others 0

   608 families assisted in improving diets
   450 families assisted in food preparation
   626 families assisted in improving food supply
   15 families assisted with butchering, meat cutting, or curing.
   18 families assisted with butter and cheese making
   15 families assisted with child feeding problems
   6 schools assisted in maintaining hot lunches

Mrs. J. S. Stroup, Fletcher Home Demonstration Club says: "One of our best lessons this year was the one on foods- "Three Meals that Measure Up", The chemistry of foods, why we should eat certain foods and how they nourish our bodies. I wish every mother in Henderson
county and North Carolina could hear this lecture. They would know how and why to feed their children right.

The Home Agent was asked by the chairman of the County Board of Commissioners to plan three weeks of menus to be used in feeding the County Home occupants. These menus had to be planned for aged persons. Recipes were furnished the cook along with the menus.

2. Food Conservation

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<table>
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<tbody>
<tr>
<td>Number women enrolled</td>
<td>255</td>
</tr>
<tr>
<td>Number completing</td>
<td>250</td>
</tr>
<tr>
<td>Number project leaders</td>
<td>12</td>
</tr>
<tr>
<td>Number leaders schools held by agent</td>
<td>0</td>
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<tr>
<td>Number leaders schools held by specialists</td>
<td>1</td>
</tr>
<tr>
<td>Number leaders schools held by others</td>
<td>0</td>
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324 families were assisted with canning problems
275 families were assisted with freezing problems
38 families were assisted with drying problems
293 families were assisted with storage problems
15 families were assisted with canning according to a budget.

Reports show that approximately 203 club woman canned 11,588 qts. of fruit, 34,360 qts. of vegetables, 5,970 qts. of meat; dried 410 lbs. of fruit, and 438 pounds of vegetables; cured 24,250 lbs. of meat; and froze 19,500 qts. of fruit, 4,800 qts. of vegetables, and 7,380 lbs. of meat.

Frozen Foods:

There is one freezer locker in the County. Approximately 150 club members have rented space in this plant, and approximately 25 club members have home frozen food cabinets. Henderson County people are very pleased to have the services rendered by the freezer locker plant and seem to realize the necessity of a plant in connection with
successful freezing in a home cabinet.

Mrs. S. M. Garren, Mountain Home Home Demonstration Club said, "I have been more successful with my canning since our canning demonstration. My peas and beans have been canned with a pressure canner this year for the first time. I know my family will enjoy them this winter."

There are four pressure canners in the Home Agent's office which are loaned upon request to homemakers in the County. A large majority of Home Demonstration Club members have pressure canners; therefore these canners are used more by non-club members than by club members.

The pressure canners have been checked by a local hardware dealer this year. The Home Agent tested several with a master gauge and this gauge was loaned to several Home Demonstration club members, who checked their own gauges.

Mrs. Charles Playford, Etowah Home Demonstration Club said, "The garden is very important and we have had good sensible advice from the Home Agent. We have already frozen a great many quarts of strawberries, broccoll, peas, wax beans, green beans, and peas, but from now on we will have to return to pressure canning as our freezer lockers are filled. This method has been so ably demonstrated I know we can take care of the limas, squash, corn, and other vegetables still to come. This gardening was of small interest to us until I became a member of club work. Now I find great pleasure in it. I am now an ardent member of the Etowah Home Demonstration club of Henderson County and hope that North Carolina
will continue this wonderful work for the benefit of so many of its people.

b. Pickles, Jelly, Jam and Preserves

On Friday, April 29th at 2:00 o'clock, Miss Rose Elwood Bryan, Extension Food Conservation and Marketing Specialist, gave a most interesting demonstration on Pickle Making. Thirty one attended the demonstration in spite of the down-pour of rain.

As a result of this demonstration, a large number of beautiful pickles were exhibited at the Western North Carolina Fair September 12-17.

c. Food Conservation Budget

Fifteen families are canning by a planned food conservation budget. These budgets have aided in the production of an adequate amount and variety of foods for the family. This food was conserved in the home, which greatly reduced the amount of money spent for food and furnished a large variety of food for nutritious meals.

3. Home Marketing

<table>
<thead>
<tr>
<th>Number women enrolled</th>
<th>150</th>
<th>Number completing</th>
<th>150</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number project leaders</td>
<td>12</td>
<td>Number leaders schools held by agent</td>
<td>0</td>
</tr>
<tr>
<td>Number leaders schools held by specialists</td>
<td>0</td>
<td>Number leaders schools held by others</td>
<td>0</td>
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The curb market in Henderson County is a Farmer's Mutual Market in Hendersonville. This market was started by Home Demonstration Club women twenty one years ago. Each producer pays 5% on sales, as well as 25% for her space three days a week.
In order to hold space, she must sell once a week. This market is a very successful one. Over half of the producers and sellers are Home Demonstration Club Members. The Home Agent assists these ladies whenever possible to improve standards.

4. Handicrafts

| Number of women enrolled | 35 |
| Number completing        | 35 |
| Number project leaders   | 12 |
| Number leaders schools held by agent | 0 |
| Number leaders schools held by specialists | 0 |
| Number leaders schools held by others | 0 |

Many club members use materials from local hosiery mills for making rugs, pot holders, and ladies bags.

5. Family Relations

| Number women enrolled | 255 |
| Number completing     | 255 |
| Number Project leaders| 13 |
| Number leaders schools held by agent | 0 |
| Number leaders schools held by specialists | 1 |
| Number leaders schools held by others | 10 |

184 families assisted with child development problems
290 families assisted in improving family relationships

a/ Selection of Family Life Project Leaders:

(1) Club officers selected the family life project leaders.

(2) Club members who are mothers or grandmothers are selected to serve as leaders.

(3) No alternate or assistant leader was selected; however, if the leader is not able to serve, the leader selects an alternate to attend the training school.

(4) Most family life leaders serve two years. The County Chairman is selected for a two year period.
b. Training of Family Life Project Leaders:

(1) When leaders did not attend a training school the home agent trained the leaders individually.

(2) No leaders gave the program in more than one club.

(3) No clubs subscribe to a family life magazine for their project leaders, however approximately 30 members subscribe to the Parents Magazine through the Home Demonstration Club.

c. Participation of Project Leaders:

The project leaders trained by Mrs. Corrine Grimsley, Family Life Specialist, assisted with the discussion, "Teen-Agers", at the regular meetings of the Home Demonstration Clubs in December 1948. Everyone is interested in young people, and clubwomen were especially interested in the discussion of teen-agers. A majority of the clubwomen were especially interested in the discussions that led to various experiences in their own families. Many of the clubwomen have children and grandchildren.

After this series of meetings this agent feels that the parents have a better concept of understanding their children.

Family Life Leaders gave the demonstration "Questions Children Ask" in each of the twelve Home Demonstration clubs during November with an attendance of 160 members. Ten of these leaders attended the training school given by Mrs. Corrine Grimsley, October 27, the other two were trained by the home agent prior to the local club meeting.
A brief summary of the discussion given by each leader is as follows:

1. Children's questions are normal
2. Where do children get their information?
3. Why have so many children failed to get the information from their parents?
4. How important are our answers?
5. Your attitude is more important than your answers.

Common questions asked by children were discussed and the better ways in Sex Education reviewed. As a follow-up of this discussion the films, Human Growth and Human Reproduction will be shown at each meeting in December.

Leaders' reports show that every member was very much interested in this demonstration and everyone entered the discussion. One mother commented "My children are being taught more in school than I know," therefore there is now an increasing demand for educating the parents in Henderson County.

A series of family life radio programs centered around the theme "Happy Family Living In the Home," have been given by this Agent, Charlotte Turner, Hendersonville Vocational Home Economic Teacher, and Julia Fisher, Public Health Nurse. Several family life leaders have assisted with these programs and are leading the discussions on family life at Parent Teacher Association meetings.

The following phases of family life has been selected for programs during 1949.

Introduction "Happy Family Living"
"Parent to Parent" How do we rate as parents?
"Thanksgiving In the Home"
"What Kind of a Mother are You?"
"A Baby Enters the Family Circle"
"Children's Play Interest"
"The Child from 1-6"
"Your Child from 6-12"
and
"Family Recreation"

This series will be continued in 1950 and programs on teenagers etc. will be included.

The monthly leaders' reports have been given as leader project reports two months.

Number news articles written 14
Number radio programs 10

The film strips "Human Growth and Human Reproduction" have been shown to several classes in all schools in the county and at the P.T.A. meetings. Sex Education is being discussed at length by all groups and the Home Economics Teachers, science teachers, public health nurse, and Home Agent are taking advantage of every possible opportunity to present educational material to the groups by presenting these film strips, wherever the groups are ready for them.

d. Special Family Life Projects

The recreation leaders in each club led the group in playing Christmas games at the close of the December meetings. Gifts of homemade articles were exchanged. Many useful gifts were received, as well as ideas and suggestions for future use.

Each Horse Shoe Home Demonstration Club member brought a toy to the December meeting. These toys were collected and taken to the Asheville Orthopedic Childrens Home. Thirty lovely toys were contributed by this club.
This club also collected used clothing for an unfortunate family in the community. These clothes were delivered by a special committee. Many clubs remembered elderly men and women of the communities with Christmas Greetings.

At the joint community meetings held in January Farm and Home Agents presented the "Farm and Home Outlook for 1949". Charts were used to illustrate the lectures. Interesting discussions concluded the meetings followed by recreation.

Ten of the twelve Home Demonstration Clubs held their annual picnics during the month of August with an attendance of 166 Home Demonstration Club members and their families. Recreation suggestions were sent to each recreation leader who was in charge of recreation in each club.

The good food and wholesome recreation was enjoyed by everyone. The low attendance was due to the rainy season. The Home attended each picnic and enjoyed meeting the families of each Home Demonstration member, as well as the good food and recreation.

The Dana Home Demonstration Club held their recreation meeting in October, in the form of a family coverdish supper.

Approximately thirty Home Demonstration Club members subscribe to the Parent's Magazine.

F. Cooperation With Other Agencies:

The vocational Home Economics Teachers, the
Health Department and Home Agent have worked closely together in promoting the family life program. The P.T.A.s and Grange are very eager to receive information from these groups.

6. Clothing

Number women enrolled 275
Number completing 260
Number project leaders 12
Number leaders schools held by agents 0
Number leaders schools held by specialists 0
Number leaders schools held by others 0

a. Clothing Plans and Costs

Number women making plans for self 250
Number women making plans for family 275

These plans aid in stretching the clothing dollars because clothing can be made cheaper than bought already made and by planning only clothing that is needed is purchased. As a result of planning the family is more adequately dressed for all occasions; thus improving the appearance of the family.

b. Clothing Construction

Number of women making own clothes 125
Number of women making most of family's clothes 75

c. Clothing Conservation

Number garments repaired 1714
Number garments remodeled 819
Number garments made over 510
Number garments hats remodeled 18

d. Cleaning and adjusting Sewing Machine

Number of sewing machines cleaned and adjusted 15

e. Sewing Machine Attachments

Number of women learning to use attachments 30
Number of women putting into use an attachments for the first time 22
f. Home Sewing Center
   Number of women arranging sewing centers 8

g. Income Earned from Clothing
   Number of women taking in sewing 25
   Number of women making special clothing for sale 60

h. Exhibits
   Western North Carolina Fair:
   A large number of well made articles were
   exhibited at Western North Carolina Fair in addition to the
   Mountain Page Home Demonstration booth on "New Ideas
   Transform Old Clothes".

i. Publicity
   Number radio programs by Agent 2
   Number radio programs by club women 0
   Number articles written for paper by agent 2
   Number articles written for paper by club members 6

j. Monthly Meetings:
   The subject of the demonstration in April was
   "Learning to Sew". This demonstration was given to the
   twelve Home Demonstration Clubs with 141 attending. For the
demonstration a sewing kit was assembled, including the
essential equipment, samples of hems, buttonholes, and putting in
sleeves were made. A miniature pattern was pinned correctly
on material. How to put in a zipper was demonstrated. The
ladies were most interested in the demonstration. Mrs.
E. H. Sparfield, Edneyville Home Demonstration Club member,
says that she likes to spend the long winter evenings
at her sewing machine. Her results for the past winter are:
four pairs boy's pajamas, two pairs of men's pajamas, two
boy's robes, four boy's corduroy sport shirts, three boy's
corduroy overalls, one boy's jacket, four ladies dresses.
Yes she has two small boys to sew for as well as a husband.

One sewing machine was cleaned for Mrs. Jimmy Cantrell Big Willow Home Demonstration Club.

"New Ideas Transform Old Clothes" was the theme of the Demonstration given in each of the twelve Home Demonstration Clubs during the month of September. This home agent gave each demonstration with 139 members attending. Each member was asked to bring at least one remodeled or made over garment to the club meeting.

A brief outline of the demonstration is as follows:

1. Discussion of ways of transforming old clothes and illustrations of each.

2. Discussion of made over garments.

3. Demonstration on cutting circular ruffles.

4. Illustration of a lady's suit made from a man's suit, and three pattern layouts for the suits.

5. Illustrations of articles made from men's shirts.

6. Illustrations of children's suits made from parents clothing.

7. Illustrations of new patterns available which can be used in transforming old clothes.

8. General discussion on garments brought by club members.

Every member was very much interested in this demonstration and entered into the discussion by telling and showing what ideas were being used. This agent emphasized the fact that remodeled or re-made clothing was not to look pieced or old, but fashionable, new and worth remodeling. Many good suggestions were made by club members.
k. Human Interest Stories

Mrs. S. M. Garren - "My home-made clothes look much better since we have had the demonstration Proper Selection of Patterns and Use of them."

Mrs. L. G. Blodgett - "Although I have done a great deal of sewing, I learned things about enlargement of patterns that I find very helpful."

Mrs. Virginia Gillespie, Upper Mills River Home Demonstration Club - "I have done quite a lot of sewing including shirts, pants, play suits for my children and myself. I wish to say that without the untiring help of our Home Agent we as club members would not have learned all these things and how to apply them to our individual needs."

7. Home Management

Number women enrolled 300
Number completing _122_
Number project leaders 12
Number leaders schools held by agent 0
Number leaders schools held by specialists 0
Number leaders schools held by others 0

305 families assisted with time management problems
16 families assisted with home accounts
192 families assisted with financial planning
160 families assisted in improving use of credit for family living expenses
275 families assisted in development of home industries as a means of supplementing income
230 families assisted in buying house furnishings and equipment
450 families assisted this year with consumer-buying problems.

The March demonstration given to the twelve Home Demonstration Clubs was "Planning and Using our Time More Efficiently." For this demonstration, the Home Agent assembled kitchen gadgets that save time and displayed them at the meeting.
She also demonstrated setting the table correctly and discussed the order in which dishes are washed. The demonstration went over in a big way with the women. Much discussion came out of it.

8. Housing

<table>
<thead>
<tr>
<th>Number of women enrolled</th>
<th>750</th>
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<tr>
<td>Number completing</td>
<td>750</td>
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<tr>
<td>Number project leaders</td>
<td>12</td>
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<tr>
<td>Number leaders school held by agent</td>
<td>1</td>
</tr>
<tr>
<td>Number leaders school held by specialists</td>
<td>0</td>
</tr>
<tr>
<td>Number leaders school held by others</td>
<td>1</td>
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</tbody>
</table>

Number of families assisted this year in:
(a) constructing dwellings | 31 |
(b) remodeling dwellings | 62 |
(c) installing sewage systems | 38 |
(d) installing water systems | 27 |
(e) installing heating systems | 13 |
(f) providing needed storage space | 52 |

b. Report on demonstrations given:

(5) Floor Finishes

A Floor Finishing, Maintenance and Care and Interior Decoration Demonstration was given at the Home of Mrs. Josiah Johnson, Sr. with the cooperation of the Clarke Sanding Company. Both 4-H Club members and Home Demonstration Club members were invited. Thirty three attended this all day county event.

The demonstration including floor sanding, applying the finish, waxing, polishing and care of the dining room, also the bathroom was repainted and redecorated. As a special phase rug shampoo was demonstrated using wool rug. The people attending were taught how to use the equipment and actually did most of the work. To say the least we had a full day and learned a lot.

c. Stories
Annual Home Demonstration Achievement "ay

Approximately forty five Home Demonstration Club members attended the annual achievement tour, which began at the home of Mrs. Geneva Morris, Etowah to observe the home electric and gas power plant and the remodeling that Mrs. Morris has done, with the aid of an unexperienced carpenter.

The second stop was at the home of Mrs. Jimmy Cantrell, Big Willow, where the group was shown a recently constructed food storage room for canned and cured foods and also a utility room. The addition of an upstairs bedroom, two bathrooms, and ample storage spaces were also observed, as Mrs. Cantrell told how they were built and the planning and money involved. Much interest was shown in the Cantrell's home freezer and packaging materials used to package the food.

The third home visited was Mrs. E. M. Stewart's, Big Willow, where good house planning was discussed. Mrs. Stewart's home is under construction, yet can be lived in, and Mr. Stewart is building when ever he has the time and money. Special emphasis was placed on room arrangement, storage spaces, and kitchen arrangement.

The home of Mrs. T. C. Stewart, Big Willow, was the fourth home toured and yard improvement was discussed. The improvements had been made in the past three years, and no appreciable amount of money had been spent. Planning the lawn and planting native shrubs, trees, and grass, then taking care of what you have is Mr. and Mrs. Stewart's
formula for the beautiful lawn. Mrs. Stewart also showed the group the recent improvements made in the kitchen.

Mrs. J. I. Taylor, Etowah, gave a splendid result demonstration on making draperies, slip covers, and a dressing table cover from feed bags, and re-decorating the interior of the home. Careful planning of kitchen arrangement and clothes storage were illustrated.

Mrs. J. A. Anderson, Etowah, discussed the landscaping plans of her lawn, then showed the progress made on the plan in the past year.

The group then went to the Mills River Recreation Park for lunch, which was served by the Etowah Home Demonstration Club. After lunch the group assembled in the park for the program. Mrs. E. M. Stewart, County Council President, welcomed the group and introduced the speakers: Mr. D. G. Wilkie, Chairman of Board of County Commissioners; Mr. A. V. Edwards, Mayor, also brought greetings to the group. After the speeches, Mr. D. W. Bennett, and Mr. Hoyt Thompson gave a brief report on the accomplishments of 4-H and joint Home Demonstration Farm programs during the past year.

The tour then moved to the home of Mrs. Laura Moore, to see the addition of four rooms to the Moore Home, and floors finished by using penetrating seal.

Mrs. Ed Gillespie, of Upper Mills River, gave a review of the improvements made in her kitchen so that she now has a place for everything and everything in its place.
The last home visited was that of Mrs. Robert Ingle, Upper Mills River, where a utility room, bedroom and bathroom are under-construction. Wiring was studied for the three room addition and the placing of receptacles and outlets was noted.

The homes toured were average income farm families who make improvements as the money is earned. Enough time was spent in each home to actually realize the home situation and see the improvements made. Several husbands said that they didn't realize what could be done with such small amount of money and a large amount of planning plus will power.

The day was very enjoyable for everyone, and even though there were not many people on the tour, those that were present were very much inspired with the splendid work being done by fellow club members and citizens of Henderson County.

House Furnishings and Surroundings: Three home visits were made during May regarding result demonstrations on remodeling. Mrs. Laura Moore, Upper Mills River Home Demonstration Club member, gives this following account of their remodeling:

"We had wanted a bath room for several years, but we did not have water enough for one; so two years ago last September 20th, we had a well dug and put in an electric pump, and last December we decided to install a bath. In order to do this we had to do some remodeling.

On December 26, 1948, my husband and son began cutting logs
to start the work. On January 2, 1949, they took off the old front porch and began pouring the foundation. We added three rooms - one big living room, 14x18', one bedroom, 12'x12', one upstairs bedroom, 17'x12'. We took what we used to have for a dining room and made the bath room. When the floors were put down, we rented two sanding machines from Kenyon Auto Supplies and my son and husband did the sanding. The machine cost $5.00 per day and it took one day to sand them.

For the refinishing, I bought Bruce's floor finish, which cost $12.35 and called Mrs. Helen H. Allason, Home Demonstration Agent. She came out and showed me how to put on the finish and I did the rest myself. I could not get my window screens done, so I went to Bagwell's at Fletcher and bought wire and material and made and painted them myself, which cost me less than $2.00 per screen.

Mrs. Eunice Tripp of the Horse Shoe Home Demonstration Club, has done some excellent planning in Remodeling her kitchen. She says, "Since the first of the year, we have accomplished the one thing that I feel will save me more time as well as steps than any other improvement in our home could do. We have installed base and wall cabinets in our kitchen, and rearranged the sink, stove, and refrigerator in a more workable arrangement.

By carefully planning just what was needed we now have all of the necessary storage space for dishes, cooking utensils, etc. as well as ample working space. The entire room is much easier to keep in order. As we had lived in our house a couple of years before these improvements were made we were better able to determine our needs and to fully
appreciate the added convenience."

Mrs. E. M. Stewart, Big Willow Home Demonstration Club.

"We started to build our home about four years ago but for three years it was at a standstill, so now as we go ahead with it bit by bit, I call it remodeling.

This summer two down stairs bedrooms have been added, not plastered yet, but we use them, this saves lots of steps. I also have a new screened-in back porch, cement floor, wide cement steps, with strong, iron hand rail."

Mrs. Charles Playford, Etowah Home Demonstration Club

"As a member of the Etowah Home Demonstration Club, I do want to tell you how much this membership has meant to me. The advice and judgment of our Home Demonstration Agent, so willingly and cheerfully given at all times, has helped the "Home Makers" of this area so much that we feel this work must continue. We needed another bedroom and had no place for it except in the basement which was rather damp but it was demonstrated to us how we could fix the outside walls and the cement floor with air spaces and after the rains we have had to date, the room is as dry as any room in the house. We put in a new pine floor and finished it as per directions and it is beautiful; we also refinished several furniture pieces and now we have a very lovely room. We also have carpeted living room and made new drapes with her advice, and they are very satisfactory."

Mrs. Mack Rogers, Edneyville Home Demonstration Club- "In our Home Demonstration Club we had had refinishing furniture and floors. I have refinished the living and dining rooms floor
with Bruce floor finish; also with help of club members finished my dining-room table.

I have put new floor on porch and new paint job

Mrs. Ray Jones, Edneyville Home Demonstration Club -

"Being a new Home Maker, the Home Demonstration Club has meant much to me, for naturally I am interested in making an attractive and comfortable home for my husband and in doing it the most efficient way possible.

The Demonstrations given by the Home Agent have been a great help to me in planning and furnishing my new home. They have also helped in doing my work in ways to save both time and energy."

Mrs. Laxton Cantrell, Big Willow Home Demonstration Club - "I'd like to say I am well pleased with our new additions. You see we built a 12x14 bedroom, moved a partition from two rooms to make one long cooking and dining center. We removed one front porch and extended our sitting room on to a new one seven feet. This left us a new porch of 7' x 14'. Now we have a living room 14' x 19' and we have another porch entrance which is about 14' x 12'. By using large windows we were able to make a cramped up tiny house with tiny rooms into one that is fairly spacious and comfortable. Thanks for your interest in us and our efforts."

Mrs. Robert Ingle, Upper Mills River Home Demonstration Club - "On January 3, 1940, my husband and I bought our farm. We didn't move to it until two years later. We had hoped to be able to build a dream house on it, but the war came along and we decided to quit our handicraft business and help grow food."
A four room log house was started, and it was a far cry from what we wanted in a house. It had a cheap tar paper roof, no bedroom closets, rough floor etc. In short every thing was to do over. We started out by putting insulating board on walls and ceiling. The kitchen was large so we cut it in half and made a kitchen and dining room. We put in hardwood floors, new doors and windows, and new woodwork. We did this work ourselves with help of one carpenter. I painted the outside with white enamel paint. We put a new roof on the house, finished the floors, and then laid some enlaid linoleum on kitchen floors. We put wall paper on the walls except for the kitchen, and we used wall-tex and linoleum tile for it.

The outside is logs. I scraped and stained them. I also painted porch ceiling.

The house had no bathroom. We decided while building an addition we would add another much needed bedroom and work room. We are now working on this. The plumbing has been roughed in and the hot water installed. The work room will have a place to wash, closet for work clothes, space for cold freezer and built in storage cabinets.

The home agents have been very helpful in all our work and supplied invaluable information on proper storage space using color in th home, room arrangements, and many things too numerous to mention. When we finished our floors we didn't have a Home Demonstration Club in the community, so we didn't know the best way to have them finished. Now after a short time they are to refinish and this time I plan to finish them under the direction of the home Agent.
We are hoping in the near future to have a better looking and more comfortable home. By using our resources on the farm and doing most the work ourselves, we are keeping within our income and are very pleased so far with what we are getting done.

Home of Mr and Mrs. H. A. Clark, Mills River:

"In April 1949 my husband and I bought an old farm house in Henderson County.

Immediately, I consulted the Home Agent and ever since then have been helped constantly by her bulletins, scrapbooks, sketches, and most of all, her sound advice and clear instructions. We have added two rooms, restored wornout parts, have torn down worthless old porch, installed modern equipment throughout. Since it was necessary to do all this as economically as possible, the Home Agent's advice was the greatest help we had, in every phase of our "Job".

The help and cooperation I have had in Henderson County has been the best I have received anywhere. I have lived in other states and have found their Extension work of high orders also, but here, there is a most unusual combination of sound judgment, advice, good taste, calm, genuine, interest, on the part of the Home Agent and the Specialists."
"A Dream That Came True" is a story written by Mrs. J. R. Powell who is a member of the Horse Shoe Home Demonstration Club, past president of the Council, and present secretary of District # 3 Federation of Home Demonstration Clubs. This is Mrs. Powell's story:

"In 1937 we went back to Mr. Powell's home to take over a small dairy, 165 acre farm, and 10 room old fashioned farm house, on the French Broad River near Horse Shoe, North Carolina.

The next year we decided to build a five room log cabin. Being forced by circumstances to keep our construction costs as low as possible, and with no help in making plans for it, we naturally made many mistakes which we determined not to repeat, if possible, if we ever build another house.

After three years of dairying, my husband went into truck farming and produce business.

In 1944, we bought the home place and spent about $1200.00 remodeling and repairing the old house, but after living in it for two years with sloping rough floors, windows and doors out of line, accumulated dust between walls and ceiling and hard to heat rooms, we decided to move back to the smaller log house.

But after living there with my growing family - Billy, 17 years old; George, 15; and Sharon, 8; we found that we needed more room.

When I started planning the new home, my husband laughed at first at the idea and said we would never be able to afford it.
I told him we would have the joy of planning it even if it never became a reality. Soon he was interested, too, and we started search magazines and papers for plans, sent for samples of building products, wall paper, etc. and clipped all pictures and articles that were especially interesting to us.

When I confided our plans to Mrs. Helen Allison, our Henderson County Home Demonstration Agent, she gave me her house plans, designed by the Department of Agriculture to look over. She and Mr. Martin L. Bridges, Henderson County Assistant Farm Agent, came out and looked over the old 10 room house to see if it would be practical to remodel again. They decided to ask Miss Pauline Gordon, Home Management and House Furnishings Specialist at State College, Raleigh, to give her opinion on this. She came out the 5th of October 1948, and after examining it advised us to tear it down which we did immediately.

After looking over plans we liked the outside of a plan which I found for a ranch type house with garage attached but liked the inside of No. 461 (Department of Agriculture Plan) with the exception of a few changes so we combined the two.

We asked Mr. Dwight Bennett, Henderson County Farm Agent, and Assistant M. L. Bridges again to help us select a site and we decided on a spot about 100 yards back from the road, on the side of a hill, with plenty of space for a large lawn.

We hired a reputable contractor and put him in charge of construction.
We did quite a lot of excavating too with a bulldozer to allow plenty of air space underneath and yet have house set close to the ground, and dug a 20' by 12' basement. A good foundation was poured and 2' by 10' joints were used. We determined to use the best materials available at that time. The sub-floor was laid then framing set up. We used the best grade of compostition shingles over sheathing for roof. We used the best we could of chestnut sheathing on outside walls, then building paper and quarry rock for finish of all outside walls, except back and end of a garage which was finished in asbestos shingles. The chimney and furnace flue combined were made of brick with mantel of quarry rock. After a family conference, we decided to name our farm "Killarney" and this we had engraved in rock in the center of the mantel. We decided to steel casement and copper wire screens for windows and use rock wool insulation between all outside walls and our ceiling. Following the advice of Home Agent not to finish all inside walls of pine paneling, because it might in time darken we decided to make the fireplace wall and book shelves on each side of white pine paneling and finished all other inside walls with rock lath and smooth white plaster. Our Home Agent helped with planning our electric wiring outlets in most convenient places and advised us to use fixtures that fit close to the ceiling. We already had the deep well electric pump that was used in the old house so we used all copper pipes and built a septic tank. We left outlets in the
basement for laundry and two drains in concrete basement floor. Building paper was used between sub floor and top floor and number of standard oak flooring was used and finished with Bruce's Floor Finish, a penetrating oil finish and wax. The woodwork was finished with three coats of good enamel. Twenty-six inch eaves were built outside then tin water gutters were placed all around roof. I decided to use yellow linoleum on the kitchen floor and light blue enamel above work space. Again I called for help from Mrs. Allison in planning kitchen cabinets, and we decided on an "L" shaped work space for an all electric kitchen. The white pine paneling was finished with one coat of clear shellac and two coats of clear varnish. We installed an oil burning furnace in the basement with a large hot air outlet in the central hall and small hot air outlet in the bathroom and cold air returns in all rooms.

The changes that we made in Plan 461 are: Added 4 feet to the front living room wall, combined living and dining room by leaving our partition, moved front door to dining area next to living room, set chimney forward two feet to allow space for book shelves, and placed a large picture window in front living room wall. We combined kitchen and porch making a large farm kitchen and moved back door to right corner next to dining room wall. Sliding doors were used in pantry to allow easy installation of a home freezer later. We enlarged closet in large master bedroom to make double closet.
and used sliding doors. We also made the small bedroom closet smaller. We changed the hall closet to other end of hall and made a linen closet behind chimney, thus leaving space near kitchen—living room area for installing central heater upstairs if needed with thimble in blue there. A French door was used between living room and hall for light in hall. We joined the garage lengthwise to the front of the house by having six foot breezeway between. We poured an eight foot concrete front porch from outset of living room around to breezeway. Concrete basement steps were made at the back of the breezeway.

With a bulldozer again we shaped yard by pushing dirt up against house, and grading yard and sloping banks. Then we raked, fertilized and planted lawn with lawn mixture of seed.

A small playhouse for eight year old Sharon was made in the back yard of old material and painted white.

Our house was started October 15, 1948, and we moved in January 15, 1949. After living here for five months the things we especially enjoy are plenty of room and closet space; our dust free furnace with thermostatic control; the easy to keep floors; the laundry unit in basement with electric hot water heater and dirty clothes chute; the breezeway where we can step from kitchen to garage without going outdoors; the large sunny kitchen complete with a large davenport and easy chair, as well as everyday dining table and chairs, where I can have the family around me while I work, yet not in the way—thanks
to the "L" shaped work space; the pantry with plenty of storage space and cleaning supply closet within reach of the kitchen; the porch and breezeway; and the large picture window bringing the ever changing beautiful mountains and river view right into the house.

The approximate cost of the house, including oil furnace, was about $14,000.00."

Mrs. Bryan Merrill Sr., of Horse Shoe Home Demonstration Club and a past council president has been busy also. She says, "Our five room house was too small for our family and after much planning and saving we started building on and remodeling. We added two rooms, dining room and kitchen each 12' by 16' and over these, one large room and two storage closets were built.

We ran a partition in the old dining room, making a narrow hall. The rest of the room was made into a bathroom. We put asphalt tile on the dining room, kitchen and bathroom floors. Linoleum wall board was put in the kitchen and bath. The rest of the kitchen and the dining room walls and ceilings were papered. We repainted the living room, bath room, and bed rooms.

We had a long base cabinet and two wall cabinets built to the kitchen. We also built a linen closet and closet for clothes in the bathroom.

The outside of the house is being painted. We are proud of the things we have been able to do, but we still have plenty to do yet."

\[d. \text{Kitchen}\]

During the Annual Farm and Home Tour in
August, the Farm and Home Field Day in September and the Home Demonstration Achievement Day Tour in November, much interest was created in modern, convenient kitchen. In the home of Mrs. T. C. Stewart, Mrs. Ed Gillespie, Mrs. Emma Clark, and Mrs. D.G. Blodgett, we observed kitchens arrangements to save steps, time, and energy by having a place for everything and everything in its place. The lighting and color schemes are most attractive also.

3. Storage

The subject of the demonstration in July was "Storage of Fresh, Preserved, and Cured Fruits and Vegetables". This demonstration was given to the twelve Home Demonstration Clubs. Seven demonstrations being given by the home agent with an attendance of 87, and five given by leaders with 75 attending. The demonstration was a round table discussion on storage space for home fruits and vegetables, using pictures and blue prints of storage spaces as illustrative material. A brief outline of the discussion is as follows:

I. Importance and convenience of well planned storage space.

II. Principles to consider in planning a storage space

III. Construction of Storage Space


IV. Arrangement of Foods on Shelves

V. Storage conditions for Fresh, Dried, Canned, and
Cured Foods.

It was agreed by all clubs that a well planned storage space is a wise investment of time and money, and that if everyone would dispose of unnecessary articles in the storage space and plan the arrangement of what they already have, then many club members would have a place for everything.

9. HOUSE FURNISHINGS

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<th>Number of women enrolled</th>
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<td>Number completing</td>
<td>280</td>
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<td>Number project leaders</td>
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<td>School held by others</td>
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Number of families assisted this year in

(a) rearranging or improving kitchens 72
improving arrangement of rooms 73
improving methods of repairing, remodeling, or refinishing furniture or furnishings 96
selecting house furnishings or equipment 36
improving housekeeping methods 138
laundry arrangement 36
installing sanitary closets or outhouses 12
screening or using recommended methods of controlling flies or other insects 54
improving home grounds 75

a. Care and Repair of Furniture

Repair and Refinishing Furniture At the regular monthly Home Demonstration club meetings a "Refinishing Furniture" demonstration was given by the Home Agent assisted by the House Furnishing Project Leader. The first part of the demonstration consisted of actually repairing a piece of furniture. The next step was removing the old finish with remover. Each member present took part and actually did the work. The furniture used did belong to the hostess in most cases.
The home Agent carried with her pieced already finished or under refinishing to move the demonstration along. The ladies assured us that "Learning by doing" is the best method. They are all confident they know how now.

b. Exhibits at Western North Carolina Fair are as follows:

"Room improvement, showing a before and after of a bedroom."

"The Little Extras That Make Life Worthwhile, showing a before and after of a dining and living area."

"Beautify Your Home," showing slip covering, refinishing of furniture and home built furniture.

10. Report on other Demonstrations

(1) Posture at work or play was given to the Dana Home Demonstration club in August. The demonstration was highly accepted and several members have commented on how much less pain and energy results from using the correct posture while doing the house hold tasks.

(2) Christmas Decorations

On November 23, the Home Agent gave a demonstration on Christmas Decorations and Tasty Holiday Recipes to 45 members of the Junior Women's Club of Hendersonville. The demonstration consisting of the following suggestions for decorations made at home:

Wreathes made of native evergreens, evergreens-natural and silvered, candlesticks made from logs, candles made from old candles, santa claus made from apples, suggestions of arrangements of evergreens and fruits and several recipes were given to every member.

(3) Economic Outlook for 1949

At the joint community meetings held in January,
the Farm and Home Agents presented the "Farm and Home Outlook for 1949". Charts were used to illustrate the lectures. Interesting discussions concluded the meetings followed by recreation. Five Home demonstration clubs held regular meetings at which was discussed the "Home Outlook for 1949".

(4) Finishing Walls and Woodwork,

The Demonstration "Improving Interior Walls" was given in eleven of the twelve Home Demonstration Clubs during the month of October with 136 members attending. A brief outline of the demonstration is as follows:

1. Types of walls and finishes for each type - illustrated

2. Types of wall points and their uses
   (a) Oil Paint.
   (b) Water Paint.

3. Finishes for Plastered Walls.
   (a) Repairing plastered walls.
   (b) Sizing plastered walls.
   (c) Paint for plastered walls.
      (1) type of paint to use.
      (2) how to apply paint.

4. Finishes For Ceiled Walls

5. How to choose Color and Design for walls.

This demonstration was highly accepted by club members and everyone was very eager to learn more about wall finishes - particularly about the selection of color and design for walls and furniture.

The Home Agent used Miss Pauline Gordon's "Colorama" for demonstration material on choosing color and design for walls.
Several club members selected a room with furniture similar to what they had. The group selected the color of wall that would make the best background for the furnishings, then selected a suitable rug.

Emphasis was placed on the addition of a small amount of color to walls instead of pure white and this was vividly illustrated.

Several homes were taken as illustrations of wall finishes, for instance, the home of Mrs. L. G. Blodgett of Upper Mills River. Mrs. Blodgett selected plastered walls with spattered roughness because her furnishings are antiques which are very large, heavy and crude, yet beautiful. Her living room walls are the flat ivory satin paint finish and all wood work the same color in semigloss paint. This color brought out the beauty of the furnishings forming a nice background for them.

Mrs. Bryan Merrills home was a nice illustration of wall papering, showing how two rooms with an arch between could be tied together by careful selection of wall paper, yet use two different designs of wallpaper.

Mrs. Kelley's home of Ebenezier, was a good example of painting walls and woodwork the same color to increase the appearance of the room, also how to add light colors to brighten dark, drab corners.

Whenever the homes were selected for the October meetings, we tried to pick homes that could illustrate finished walls, so that the members could all see good illustrations.

Mrs. E. M. Stewart, President of County Council commented
"This is one of the most needed and most helpful demonstrations we have ever had".

11. **Special Methods Worth Reporting on Home Management and Use Furnishings**

   (a) Tours - Henderson County Annual Home Demonstration Club Achievement Day Program and Tour, Friday November 4, 1949.

9:45 - Assemble Home Agents Office - 3rd. Ave. East

10:00 - First Stop -
   Mrs. Geneva Morris - Etowah
   Home electric Power Plant
   Remodeling - removed partition between dining and living room

10:30 Second Stop -
   Mrs. Jimmie Cantrell - Big Willow
   Home Freezer
   Food Storage of canned foods and utility room
   Clothes storage
   Addition of bedroom, bathroom, and enlarged back porch.

11:00 - Third Stop -
   Mrs. E. M. Stewart - Big Willow
   House Construction - Room Arrangement
   Storage Spaces
   Kitchen arrangement

11:30 - Fourth Stop -
   Mrs. T. C. Stewart - Big Willow
   Yard Improvement
   Kitchen Improvement - built in cabinets

12:00 - Fifth Stop -
   Mrs. J. I. Taylor - Etowah
   Clothes storage,
   Re-decorating the home - color in the home,
   Bedroom planning and designing
   Kitchen Arrangement.

   Mrs. J. A. Anderson - Etowah
   Landscaping and Yard Improvement.

1:00 - Sixth Stop -
   Lunch - Mills River Recreation Park
   Greetings -
   Mr. D. G. Wilkie
   Mr. A. V. Edwards, Mayor of Hendersonville
   Recognition of Guests - Mary Ruth Church, Home Agent
2:00 - Seventh Stop -
Mrs. Emma Clark - Upper Mills River
Kitchen Improvement - built in cabinets
Remodeling - dinette - wall finishes - Pine
paneling, wall paper, paint
floor finishes - penetrating seal
Storage spaces
A Bathroom planning - storage, color
scheme, location of fixtures

2:30 - Eighth Stop -
Mrs. Laura Moore - Upper Mills River
Floor Finishes - Penetrating Seal
Remodeling

3:00 - Ninth Stop -
Mrs. Ed Gillespie - Upper Mills River
Kitchen Improvement

3:30 - Tenth Stop -
Mr. and Mrs. Robert Ingle - Upper Mills River
Construction of Utility room, bathroom planning.
C. COMMUNITY ACTIVITIES

Recreation -

The recreation leaders in each club led Christmas games at the close of the December meetings.

Ten clubs held their annual picnics during the month of August. The recreation leader of each club was in charge of recreation in each club. The good food and wholesome recreation was enjoyed by everyone.

Recreation has a definite part of every Home Demonstration Club meeting. The Recreation leader or hostess has at least one game following the demonstration and while refreshments are being prepared for serving. The one or two games tend to boost the morale of all members and everyone enjoys the meetings more. More members attend these meetings than they do those that have no recreation.

Special Activities

Amount of money contributed to

Cancer Drive, --- $29.63
Polio Drive, 22.50
Red Cross, 12.50
Penny for friendship, 1
Jane S. McKinnon Loan Fund, --- 6.00
D. **Cooperation With Other Agencies**

1. **Farmers Home Administration**
   
   The Home Agent has worked with the Farmers Home Administration Supervisor or District Home Supervisor in homes where help was needed. Individual help has been given to FHA clients.

2. **Health Department**
   
   The Henderson County Health Department gave a physical examination to 30 4-H Club members and have organized clinics in Home Demonstration Club communities, if the community felt the need for the clinic.

   The Health Nurses and this agent have worked closely together in planning and giving several Radio programs.

3. **Vocational Home Economics Department**
   
   The cooperation of Home Economics teachers and the Home Agent has been splendid. The radio programs and USDA Council promote further opportunities for cooperation.

4. **Orchard Field Day**
   
   Orchard field Day sponsored annually by the Blue Ridge Apple Growers and the Extension Service, was observed August 18 with headquarters in the Dana School Building.
5. Grange

The home agent is a member of the Dana Grange which meets two times each month. This agent also served as a judge for the Dana Grange sewing contest held on August 22.

This Agent attended the State Grange meeting held in Hendersonville October 24, 25, 26, and assisted wherever needed, as well as serving as stenographic chairman for the meeting.

On Tuesday morning, October 25th, a tour was conducted by this agent to the curb market. At this time Mr. Frank FitzSimons, Chairman of Board of Directors of the Curb Market, gave a brief summary of the History of the curb market. This agent also assisted with planning the Women's forum held on Wednesday October 26th, and with judging the women's clothing and Christmas Gift suggestion exhibits.

6. Unit Test Demonstration Banquet

The Unit Test Demonstration Farmers Banquet was held on December 16, 1948 at the First Methodist Church. The Home Demonstration Agent Spoke briefly on "Understanding Our Families.

7. USDA Council

The Henderson County USDA Council meets the second Monday of each month in the home economics Department of the Hendersonville High School. The entire Extension personnell attend the meetings regularly. Mrs. Helen Allison home agent served as secretary of the organization until June, then Mr. G. H. Thompson,
Assistant County Agent, was made secretary due to the resignation of Mrs. Allison in June. During the year, the home agent has served chairman of the social committee, Long Time Home Program Planning Committee, and co-chairman of Home Committee for Farm and Home Field Day.

8. **State Library Commission**

North Carolina Library Commission - Miss Helen Rex, supervisor of Rural Libraries spent two days in May in Henderson County in the interest of organizing a county library. The purpose of her visit was to acquaint Henderson County residents with the facts. She explained that State funds are available to any county which makes an appropriation for County-wide library service. During the coming year $3240 will be available from State funds each year Miss Rex said. Miss Rex accompanied the Home Agent to the Mt. Home and Fletcher Home Demonstration Clubs and explained her program. Henderson County does need rural library service. This goal is one we can all work toward.

9. **Red Cross**

The Home Demonstration members have cooperated with the Red Cross in the Blood Bank, Red Cross Fund Drive, and First Aid Classes.

10. **Womens Club**

The home Agent gave the demonstration "Christmas Decorations and tasty Holiday recipes" to 45 members of the Hendersonville Junior Woman's Club. The Home Demonstration clubs and women's club are working together in giving gifts for "the Christmas Tree for Needy Families".
E. Goals Reached in 1949

1. Full support of Health Department
2. Held Four County Council Meetings
3. Seventy Seven Club women attended the District Federal Meeting
4. Annual Achievement Day Program conducted as a Tour
5. Eleven club members attended Farm and Home week held in Raleigh
6. Three club members attended Farm and Home week held in Cullowhee
7. Fifteen result demonstrations held with 207 attending
9. Each Home Demonstration Club paid $5.00 to County Council
10. Contributed on expenses of delegate to National Federation Meeting.
F. OUTLOOK AND RECOMMENDATIONS:

1. Henderson County Objectives: 1950

EDUCATION: 1. To assist in establishing a county library service

2. To encourage tours and trips to State and District meetings

Health: 1. To educate the public toward the control and eradication of T.B. and venereal disease.

2. To promote the health program through improved sanitation and cooperation with the Health Department.

3. To stimulate people into doing something to improve the health of themselves and their families.

CLOTHING: 1. To select appropriate and adequate clothing.

2. To make more clothing in the home.

3. To add the professional touch to hand made clothing.

4. To take care of clothes in the home and remodeling of old clothing.

HOUSING: 1. To improve the exterior appearance of our homes and surroundings.

2. To improve sanitary conditions within the homes.

3. To remove hazards including defective wiring in the home.

FOOD AND NUTRITION: 1. To detect the food deficiencies of our people and improve our diets.

2. To promote the health programs through proper preparation of the daily food essentials.

Home Management: 1. To make the inside of our homes more attractive.

CRAFTS: 1. To improve skills in making craft articles and to improve standards of crafts now made.

FOOD CONSERVATION: 1. To encourage conservation of enough food produced to furnish family with an adequate diet the year around.

2. To improve appearance of food and to retain food value.

3. To demonstrate quality canned and frozen foods.
RECREATION: 1. To conduct recreation schools for both adults and young people  
       2. To make recreation a part of every 4-H and Home Demonstration meeting.  
       3. To organize older youth organizations.  

FAMILY LIFE:  
       1. To plan and develop programs to fit the interests of all age groups.  
       2. To encourage and teach happy relationships in a home for happy family living.  

2. COUNTY PROJECTS AND GOALS FOR 1960  
       1. Cooperate with Red Cross and in First Aid courses, Health department with immunizations, pre-natal clinics, and eradication of T. B. and venereal diseases.  
       2. To organize an active neighborhood Leader system and have leader project reports at each regular Home Demonstration meetings.  
       3. To encourage and promote roadside beautification with emphasis on mailbox beautification.  
       4. To cooperate with County library in getting a county bookmobile.  
       5. To teach skills in making craft articles and to improve standards of crafts now made.  
       6. To improve health of our people by detecting our food deficiencies and encourage the planning of adequate meals  
       7. To develop standards of dress that will improve appearance of the family and give poise and satisfaction and advance better living.  
       8. To secure electricity in every Home in Henderson County working through Duke Power Company and R.E.A.  
       9. To secure a full time assistant home agent.
3. Home Demonstration Program of Work for 1950

January - Organization - Study of Home Demonstration Program

February - County Citizenship (Joint)

March - Deeds, Mills, and Insurance (Leaders)

April - Selection of Material, style, and color for the best dress

May - Care and Repair of Electrical equipment

June - The Professional Touch in Sewing (Leaders)

July - Salads - Get More Color in Meals

August - Recreation

September - Fair Exhibits

October - Crafts

November - Care of Sick

December - Character and How It Grows

Christmas Party

Special Interest Meetings

January - Meat Cutting and Curing

March - Window Treatment

April - Remodeling Hats, Making Lampshades

June - Music Appreciation

July - Packaging of Frozen Foods

September - Flower Arrangements

November - Christmas Gift Suggestions

4. 4-H Girls Program of Work for 1950

January - Explanation of record books and Health Improvement

February - Serve a Better Breakfast

March - Jr. How to select Material and Pattern for fit

Sr. Pattern Selection for different types of alterations
April  Jr. Finishes for the first dress  
      Sr. Finishes  
May  Jr. Hot Water Bath Canning  
      Sr. Pressure Canner Canning  
June  Project Activities  
July  Project Activities and Camp  
August  Recreation and 4-H club week  
September - Reorganization and Record-  
October - Explanation of Room Improvement and Food Preparation Projects  
November  Safety at Home  
December  Jr. Making and Keeping Friends  
      Sr. How Datable Are You?  
      Special Interest:  
      June  Room Improvement  

I am not pleased with the way Neighborhood Leaders are functioning, however, we plan for more active functioning next year.  

In Henderson County, we are reaching more families each year, but they are not always the families who need help most.