

# ANNUAL NARRATIVE REPORT

1949

DUEHAM

County

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NORTH CAROLINA  
AGRICULTURAL EXTENSION  
SERVICE

## HOME DEMONSTRATION REPORT

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Durham County

North  
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HOME DEMONSTRATION ENROLLMENT

1. Bahama	32
2. Belmont	44
3. Bethany	20
4. Fairview	17
5. Glenn	13
6. Hope Valley	45
7. Loves Grove	24
8. Lynn's Crossroads	14
9. Maybrook	26
10. Nelson	28
11. Oak Grove	25
12. Pineland	27
13. Rose of Sharon	15
14. Rougemont	18
15. Sherron Acres	20
16. Victory	25
17. White Cross	25

Total 408

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SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

A. Introduction

1,471 farm families, 1127 white and 344 negro, make up the population of Durham County. Since the city of Durham covers approximately one-third of the county and five of the Home Demonstration clubs are on the border line of the city, the program competes with urban and broad civic activities.

B. General Policies

17 Home Demonstration Clubs have been organized in that many communities of the county.

16 4-H Clubs meet monthly during the school session conducted jointly by Farm and Home Agents. Joint programs carried were food production, poultry, safety, electricity and home beautification.

C. Organization

The 17 Home Demonstration Clubs of Durham County have a total enrollment of 408. The Bethany club was organized in February by Mrs. Marvin Williams, a former club member of the Pineland section. With all members of this new group new to the Extension program, leadership has been slow but the members are beginning to assume the responsibility and assist with the programs.

The Agents gave method demonstrations at seven meetings with the leaders giving demonstrations or arranging for the program at the remaining five meetings. The agents furnish demonstration material to the project leaders at a central training school.

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## 1. COUNTY COUNCIL

President - Mrs. C. C. Clark, Lowes Grove  
Vice President - Mrs. J. D. Bacon, Maybrook  
Secretary - Mrs. O. R. Gallagher, Lynn's Crossroads  
Treasurer - Mrs. C. E. McAdams, Rougemont

The Home Demonstration Council met four times (January, April, July and September) and the Executive Board composed of Council officers and club presidents met in March, June and September.

At the Council meetings an attempt was made to instruct the women in the work that was going on throughout the county and to give them information and inspiration in addition to club meetings for carrying out the aims of the program.

Mrs. Irene Pope and Miss Mary Anna Howard, County Librarians, were on hand for the January Council with an exhibit of late books, the book mobile for inspection, and each lady appeared on the program encouraging the women to make use of the library services and offering assistance to local book chairmen.

A special discussion followed by a short movie was held on "Enriched Cornbread" at the January meeting.

The April Council was combined with the County Spring Federation at which Miss Ruth Current, State Home Agent, addressed the women and finals in the County Dress Revis were selected.

The Council contributed \$35 toward District Federation Chairman's expenses to National Council meeting in Colorado and \$25 to Mrs. T. W. Lloyd for same.

The Executive Board meets to take stock of what the clubs are doing and to get a preview from the agent of what is before the clubs and council for the next three or four months. This board was responsible for the fine work done with program planning.

## 2. DISTRICT FEDERATION

Wake, Orange, Chatham, and Durham Counties, composing the 14th District, met in Siler City on April 13 for the Annual Federation Meeting. Durham County chartered a bus and several drove cars. A total of 61 women attended and participated in the

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program and on committees. Mrs. Charles W. Sewell, Director of the Associated Women of the Farm Bureau, was the charming speaker of the day.

### 3. COUNTY FEDERATION ACHIEVEMENT PROGRAM

The Annual Achievement Program attended by 150 of the leading men and women of the county was highlighted by reports of club activities throughout the county. (Sample of these reports follow this account.)

The annual award was made to the club judged to have meant the most to the community during the year. The 1949 award went to Nelson who presented their report in the form of a passing parade. The narrator, Mrs. Hubert Page, explained how each activity had been sponsored and the results seen in the community.

The men were recognized for corn production. Reading certificates - 41 regular and 14 advanced, were awarded to the women and a financial report was given.

A social hour followed the program and helped to acquaint those present with the recreational activities of the clubs' program.

### 4. STATE FEDERATION AND FARM AND HOME WEEK

During August 8-12, eighteen club members registered and spent the entire week at State College for all activities of Farm and Home Week. It was the fourth year for only one delegate, Mrs. C. E. Weatherly of Oak Grove.

Approximately 40 women attended the State Federation Day's program for which Mrs. Raymond Sayre, President of the Associated Country Women of the World, spoke.

### D. Plan of Work

The club presidents began work towards the 1950 program of work in June by asking the club members to consider their needs and give her suggestions. The Executive board which included these presidents met in June and discussed the needs in light of county-wide consideration. Certain goals were adopted by this group and returned to the entire membership for further consideration. These were also presented at the July Council for discussion. In September the board met again

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with additional leaders from the county and suggested detail goals to strive for during the next year. Following this a detail committee of seven women met with the Home Agents and set up first, second, and third points to place emphasis during 1950. They also made requests for demonstrations that would help to meet these goals and meet the desires of the membership.

#### E. Procedure

The Home Demonstration Clubs meet monthly, some in members homes and community houses, and others in Home Ec Departments at school. At the end of the year the members receive the new year books and immediately the program for the ensuing year is written into it with assignments as to place, time and hostesses or leaders responsible for the meeting. The project leaders are selected according to their interest and abilities, keeping in mind the idea of training for leadership and responsibility. It is most gratifying to see some members as they begin to feel confidence in being able to review the "Clothes Line", "Garden Suggestions" or to to prepare something original for her report. A score sheet kept by the secretary of each club is an incentive for the leaders to report on their subject. Points are given for leader report, exhibit, leader's assistance with demonstration, etc.

Leader training schools are conducted by the Agents during the last week of the month preceding the one the leaders give the demonstration and conduct the meeting in the absence of the Agents. The project leaders are requested to bring another member with her to the school so that she may assist with the demonstration and at the same time train as the next possible project leader for that subject. Club attendance to training school in 1949 was 86%.

4-H Leaders - Each Home Demonstration Club has a member who is designated as the 4-H leader who is to attend 4-H training schools and assist the girls in her community. Also to keep the women informed on the program and projects carried by the 4-H boys and girls.

NELSON CLUB REPORT

We'd like to present to you the Nelson Club Achievement Parade. (As each activity was mentioned someone paraded across stage with material used in the activity.)

This year we re-covered the outside walls of our club house, with the help of our men. (Craven Page carrying tools and lumber)

Our biggest helper we couldn't overlook - Mrs. C. E. Green, who's been our faithful club treasurer for many a year. It's really no joke, without her to study up ways and means our club would soon be broke. (Mrs. Green, carrying the treasurer's book)

We've used our club house too. Last spring we met nearly every week and quilted in the old fashioned way for this neighbor and then for that. (Mrs. Jodie Shipp, carrying a quilt on her arm)

Seeking an easier way to do the hard jobs, we had demonstrations on washing and ironing. Newer ways and tools, we learned, make these as out of date as the old carriage pulled by Moll and Kate. (Mrs. Hubert Green, with sad iron and wash board.)

Smoother, better floors help our backs and our spirits too, so we sought expert help and had a demonstration of the best methods and materials for sanding and finishing floors. (Mrs. J. L. Colclough, with sandpaper and wax)

When it came time for the spring dress revue, we joined in with the rest, and came dressed in our newest and best. Three entrants we had and for one prize we were glad. (Mrs. J. C. Thomas in her best dress and hat)

Of our health we're keenly aware, and especially cancer - that No. 1 scare. The Cancer Center answered our call for information, and showed us a film on how to control that deadly germ. Many of us went to the Detection Center at Watts Hospital. Have you been? Better go! (Mrs. J.H. Goodwin with informational material)



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We keep up intellectually by reading the latest books, and expect to carry home a good number of those certificates they have around some place. (Mrs. N. R. Shipp reading as she walked across)

For needlework Guild we made garments for a four year-old girl at Wright's Refuge, but we made so many it looks as though there will be enough for two. We also sent to Wright's Refuge a nice lot of canned food for the Thanksgiving collection. (Mrs. E. A. King with dresses and jar of canned peaches.)

To encourage our children to do better work we helped with the expenses of a boy and girl to 4-H Camp last summer. (Joyce Lloyd and Leroy Page in camp dress with luggage)

This year two of the County Project Leaders came from our club - Mrs. Fred Lloyd, County 4-H leader; and Mrs. H. L. Page, Family Life Leader.

Under the sponsorship of our Arts and Crafts leader we had exhibits by our members at several of our meetings of things we can make at home, such as quilts, bedspreads, bags, and Christmas gifts of many kinds. (Mrs. T. O. Sorrell with basket of home tailored accessories.)

To make our program interesting and well balanced we've closed each meeting with a brief period of recreation. In December we had a Christmas party and in August an Ice Cream Party at which a neighbor told of her trip to Mexico. If all work and no play makes Jack a dull boy, we think a little play will help us too.

We tried to tell a little we've done, but if you want to know more just give us a ring - Nelson has telephones!

newspaper and radio staffs is excellent in Durham County.  
 articles appeared in the two local papers on Home Demonstration  
 pictures were published receiving many comments from the town  
 the paper is used for regular club announcements and special attention for  
 schools, and special interest meetings. It is also used to advertise  
 the curb market in an attempt to boost the sales by additional customers.

The merchants are also very cooperative in giving window space for exhibits  
 during National Observance and for recognition of special work done by the club  
 women.

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1. FOODS AND NUTRITION

No. women enrolled 367      No. completing 367  
No. Project leaders 17  
No. Training Schools held by Agent 2 .  
by Specialist 2 .

"Three Meals a Day That Measure Up" was the topic for a food preparation demonstration given by leaders following a training school conducted by the Agents. Following the dietary survey findings, we continued to stress the use of green and yellow vegetables and Vitamin C foods at the same time attempting to increase the daily amount of milk drunk by the person. Recipes were used for preparation of dried beans, and new ways of using cheese, eggs and tomatoes were introduced. Comments from the leaders who sampled the dishes were favorable and each selected the two recipes she thought her group would be most interested in to prepare before them at the club meetings.

The recipes used and reported accepted by families trying same were: macaroni-cheese and hamburger with tomato sauce instead of white sauce; cheese strata, using eggs, cheese and milk; dried lima casserole; and a cranberry salad holiday idea for Thanksgiving and Christmas meals. Broccoli was introduced in one of the two food preparation demonstrations and many reported it as a new food now eaten and enjoyed in the family. Other foods mentioned as being used by the families since club demonstrations are brussel sprouts, chinese cabbage, cauliflower, and egg plant. Carrots and squash were mentioned by several as being used since getting recipes for preparation.

2. FOOD CONSERVATION

Darham County has one central frozen foods locker plant. Of the 1100 lockers, approximately 650 are rented by rural residents. Many renters have given up their lockers upon purchase of the home freezing cabinet, however, many are keeping a rented locker and using the services of the plant to greater advantage. Seventeen Home Demonstration members have bought home cabinets this year while thirty reported owning such. A survey of 140 women reported the following about the use of frozen foods in family meals - 50 very often - 43 occasionally - 15 hardly ever. Thirty-two did not answer the question at all.

Frozen brocolli and brassel sprouts were introduced in demonstrations with many reporting the families like for them.

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### 3. HOME MARKETING

Durham County is proud of the most outstanding Home Demonstration Curb Market in the state. The physical set-up is recognized as the only one of its kind in several surrounding states. Nineteen years old, the organization is run by the women who sell. An executive committee of five women with a chairman and secretary meet monthly to discuss any problems that arise or make any necessary changes. A meeting of all sellers is called quarterly during the middle of the week to avoid conflicting with weekly Saturday sales.

A. The building is owned by the county and the market pays a nominal rental fee per month. Showcases used are owned by individual sellers. Stools and scales are owned by the association of sellers.

B. Each seller is required to have a Health Card from the County Health Department, certifying him or her for food handling. All pork sold on the market is inspected by a veterinarian or member of a freezer or cold storage plant. This inspection slip is displayed while meat is being sold, then turned over to the book-keeper.

White uniforms, head bands and butcher aprons with white caps add much to the attractiveness of the market. Each seller is responsible for the appearance of her space which remains the same as long as she comes to the market.

C. A training school was conducted to encourage the sellers to grade eggs. A cake improvement demonstration was successful and the women, by discussing each others recipes have achieved uniformity in size and layers so that the quality of cakes has improved this year. There are six women who have an excellent cake trade. Four of these sell only a few vegetables in season in addition to their baking.

D. The total volume of sales for 1949 was \$54,886.41 with the following high sellers:

Mrs. D. W. Fletcher	2,748.55
Mr. and Mrs. Levi Edwards	2,625.34
Mrs. C. V. Clayton	2,552.82
Mr. and Mrs. R. V. Millikan	2,521.35
Mr. and Mrs. J. D. Page	2,518.18
Mr. and Mrs. A. B. Wilder	2,293.15

E. Women who have been on the market one month to 19 years say - "I like the market because it gives me an income of my own, it helps me to pay the family expenses, the fellowship among both sellers and customers is beyond description, it is a change from my daily routine.

Mrs. J. E. Perry said after her first day on the market, "I don't know which I was more afraid of - walking into the market or driving the car alone. After I found my space I soon lost all fears. Everyone was so nice to me and made me feel like they wanted me to sell all that I could."

The following are taken from a survey of 54 sellers taken November 1949.

- 43 plan and plant to sell
- 11 just bring the surplus
- 16 spend two days in preparation for Saturday sales
- 38 spend one day in preparation for sales
- 8 have all profit from sales
- 46 use it for self and family expenses
- 2 are paying debt on farm
- 8 are spending their profits for children's education
- 7 have taken trips because of market cash
- 4 have new cars because of market income

Equipment bought during the year with market cash includes:

- 2 water heaters
- 1 electric stove
- 1 washing machine
- 2 refrigerators
- 1 home freezer
- 1 oil circulator
- 1 paid for house painting inside and out
- 1 living room suit
- 1 bed room suit
- 1 new mattress
- 1 comfortable chair
- 1 kitchen sink
- 3 rugs

Publicity has been given the market through the newspaper and by visitors who come to other Agricultural offices in the building. The Greenville, South Carolina, mayor and Councilmen made their second visit and a third is expected to learn all details before opening their market which has been patterned after this one. Radio advertising was successfully used in an attempt to increase customers.

5. FAMILY RELATIONS

No. women enrolled	<u>203</u>	No. Completing	<u>203</u>
No. Project leaders	17	Leader school by specialist	<u>1</u>

The family life program is one that all the club women have enjoyed. Their discussions are good and many request extra bulletins to carry to a neighbor or young mother not present. One training school was conducted by the specialist with all clubs attending and conducting a similar discussion for their club on Family teamwork.

One combined meeting of five clubs was held at Dukes Chapel Church. Miss Lizzie Grey Chandler, Matron of the local children's home spoke to the group of experiences with children from broken homes.

Several women reported yard work done to provide recreation area for children. Lights and outdoor fireplace were added in three yards. Mr. and Mrs. E. B. Glenn built a basketball court. Mrs. R. M. Love provided space and equipment for croquet and horseshoe.

6. CLOTHING

No. women enrolled	<u>255</u>	No. completing	<u>215</u>
No. project leaders	<u>29</u>		
No. Leaders' schools held by specialist	<u>1</u>		

Almost every Home Demonstration woman sews for herself and family. Only 29 reported keeping account of the sewing done in 1949. 250 women reported remodeling and renovating clothing. Seventy-three entered the local and county dress revue. The training school conducted by the specialist for leaders was one of the most talked about events of the year. The hints and short-cuts learned there were carried over into the hours of family sewing done. These leaders carried the know-how to the club meetings and were sought by non-club members and neighbors for assistance in making easy and quick tucks, even scallops, easy sewed in zippers and types of trimming for home sewing.

Twenty-five women used their machine attachments for the first time. 148 pairs of curtains have improved the appearance of many homes. Sixteen have arranged a sewing center by grouping together things used while sewing. Approximately 162 hats were remodeled for current wearing

The "Clothesline" offered by the specialists has been enjoyed and used by the women.



8. HOUSING

The families of Mrs. Boyd Browning and Mrs. R. C. Whitfield are proudly enjoying the newly installed bathrooms, while the Lee Kirklands have an additional bath.

Mrs. J. E. Hayes and Mrs. J. R. Buchanan and five other families installed running water in the kitchen with up-to-date sink and cabinets.

Resulting from last year's demonstration on better home lighting, 16 families reported making changes in 1949 in the lighting of their homes.

Eight demonstrations were held on refinishing floors and 27 result demonstrations were reported. Approximately 700 floors have been refinished by the home owners themselves since these demonstrations.

Much of the Agent's time was spent discussing ideas and plans for buildings, remodeling and showing the model kitchen storage in the Agent's laboratory. The Agent has a kitchen file for all suggestions for modernizing and adding storage space.

Mrs. L. R. Tiller and Mrs. J. H. Roberts increased the storage space in their home by the addition of spacious closets and extra shelves for linens. Mr. and Mrs. Frank Mann installed a micromet attachment for purifying the family water supply. They also added a floor furnace for the comfort and economy of the family. Three families reported insulating the house to conserve heat.

Many families renewed screens and several screened in the back porch.

9. HOUSE FURNISHINGS

Home Demonstration members reported making 65 slip covers, 158 pairs of curtains and 41 pieces of furniture refinished resulting from the special interest meeting. The pattern for scalloped curtains continues to be popular and is often borrowed from the office. Mrs. E. D. Evans did an excellent job upholstering her living room furniture.

Sixty-three women reported washing the furniture with soap followed by waxing instead of the use of furniture polish as was their habit.

The demonstration on selection of prints, framing and hanging pictures resulted in 59 women reporting hanging, rehanging, or finding prints for discarded frames.

The demonstration on electrical equipment resulted in 200 women becoming conscious of the way electricity is used in the home.

A very interesting job and conversation piece done by Mrs. Pearl Johnson in her home at Quailroost is an old high winged love seat which she tightly covered with a basket weave monks cloth. In the center of the back and seat she appliqued a floral design cut from coarse slip cover material. At a distance and upon first glance one thinks the seat has needle point work. Everyone comes closer for further inspection of such a beautiful thing and is surprised to find only an appliqued design.

### C. COMMUNITY ACTIVITIES

1. Library - Mrs. Irene Pope and Miss Mary Anna Howard, rural workers from the city-county library have been very cooperative with the demonstration reading program. They have attempted to help each club chairman with her reading program for the members. Both attended and appeared on the program of January Council. Also had the new book mobile for the women to inspect and better understand the services offered. The mobile makes regular stops at homes of club book chairman and in many communities makes several stops for the convenience of those taking advantage of the service. A special shelf in the mobile is used for Home Demonstration books. Each chairman has copy of approved list of books and the members who request same are given it.

Forty-one members received reading certificates with 14 of these bearing the advanced seal.

The reading program has improved and many new members are reading, but some continue to be slow in reporting to the group the books read.

### 2. Recreation

The Belmont, Rose of Sharon, Hope Valley, Bahama, White Cross, Pineland and Fairview clubs reserve August and December for husband and family occasions. The August outdoor picnic and Christmas supper party is a much looked forward to affair by the men and women as well as children. The women work hard in planning a full evening of fun.

The Nelson, Glenn, Maybrook, Rougemont, Lowes Grove and Sherron Acres Clubs prefer recreation occasions only for the members. Ice cream parties are popular in summer and Christmas games, gift exchange, etc. are enjoyed in December.

### 3. Club Houses

There are four club houses in the county used as community buildings. Each is maintained by the Home Demonstration Club and used by it for the monthly meetings. They are also for church recreational events, community suppers, farm meetings, voting centers and are a focal point in general for the community.

4. Special Activities

The Home Demonstration Clubs have participated in county and national drives as follows with club members serving as community canvass leaders in some instances.

March of Dimes	\$ 42.00
Cancer Drive	35.00 (25 members went through Cancer Detection Center)
Red Cross	<hr/>
Community Chest	114.00
Penny for Friendship	3.50
T. B. Seals	215.00
Thanksgiving Contribution to local children's home and T. B. Sanatorium	200 quarts food

G. HOME BEAUTIFICATION

Always interesting is the work seen done towards beautifying the home - The following has been done on the outside of the home.

Ten painted exterior of house, nine the interior, Mrs. Boyd Browning and one other family had houses underpinned, Mrs. E. H. Ferguson and Mrs. J. L. Scott speak proudly of the grading work done on their yards; several changes have been made in moving the clothes line from it's prominent place in view of passers-by, 33 members mail boxes were replaced and 50 painted name on theirs. Very noticeable are the mail boxes on all roads for a radius of about 3-5 miles around Durham where city delivery has been extended. New boxes and numbers on the houses add much to the ease of finding families.

Flower Show

For the first time in many years the Home Demonstration members took quite an active part in the annual flower show sponsored by the Durham Garden Council. Mrs. David Smith served efficiently as Home Demonstration Chairman and assisted by several members who arranged the entries brought by other members had an exhibit that received many favorable comments. Hanging over the tables on which potted plants, dish gardens, table arrangements, and specimens were displayed were two 3x6 foot homestead scenes. The before and after scene of work done in beautifying the rural homestead were framed and used for this. The three-inch molding of the frames were stained dark to simulate pictures.

#### F. OUTLOOK AND RECOMMENDATIONS

Even though the response of leaders for Home Demonstration programs and some 4-H have been good, there is a great deal of work to be done to get new leaders to assume responsibility and leadership in the group near them. Leaders for 4-H girls are needed more than in the demonstration program. It is recommended that one person be selected from each Home Demonstration Club to attend as many 4-H activities as possible and assist the girls during the month when the agents cannot visit them personally as often as they need.

The appearance in most of the school auditoriums can be improved and provision for adequate first aid kits made. That is a goal for 1950.