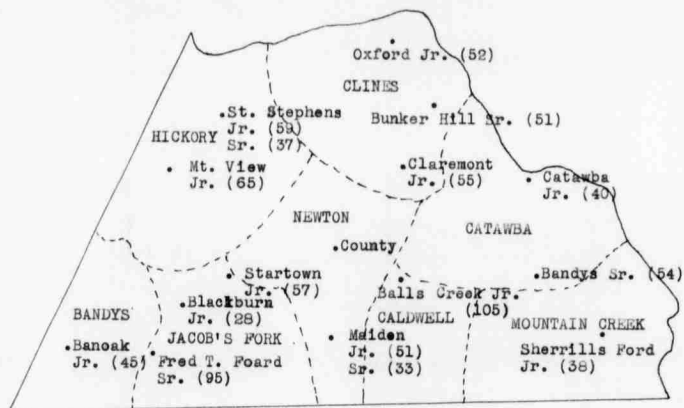


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MAP OF CATAWBA COUNTY



Introduction

At the beginning of 1954 we had seven junior 4-H Clubs, five joint 4-H clubs with juniors and seniors (enrollment did not warrant two clubs) and five senior 4-H clubs. The senior clubs included three new consolidated high schools. During the year two other new high schools were completed so for the latter part of 1954 we had eleven junior clubs; five senior clubs and one joint club.

This separation of elementary and high school children has made a decided difference in the 4-H organizations, particularly in the junior clubs. They take more responsibility since they do not have the older club members in their school and too they are the ones to represent the 4-H Club from their school. Of course there is evidence of the rivalry between the new high schools reflecting in the 4-H organizations, which is good.

We needed more work done on getting record books completed so early in the year the County Council made plans for the officers to encourage their local club members to keep records and to turn them in at the end of the year.

We have had outstanding cooperation from Adult Leaders, County Superintendent of Schools, School Principals, Teachers, and Parents. The number of projects and activities sponsored by civic clubs is a great encouragement to the 4-H girls and boys.

Organization

Program Planning

Suggestions for demonstrations and special meetings were worked out with the home agent to correlate with the Home Demonstration Program. These were presented to the 4-H County Council discussed, changes made if desired and given approval by the council.

The dates and programs for all special events are left to the decision of the 4-H County Council with suggestions from the agents.

We find the adult leaders are very helpful in planning special events. They assist in making decisions about these events and in planning programs for them.

4-H Club Enrollment

There were 308 girls in the senior 4-H Clubs and 560 girls in the junior 4-H Clubs.

4-H County Council

Officers for 1954:

President - Johnny Moore, Catawba

Vice-President - Nancy Johnson, Fred T. Foard

Secretary & Treasurer - Gail Coulter, Catawba

Program Chairman - Michele Barringer, Balls Creek

Publicity Chairman - Juanita Wood, Fred T. Foard

Ninety 4-H girls and boys who are officers of their local clubs make up the membership of the 4-H County Council. The Council meets regularly the fourth Monday night of each month.

December - Meeting cancelled due to Christmas.

January - (Program explained under House Furnishings and Equipment.)

February - Plans were completed and committees were appointed for the annual Rally which is held to begin the county's observance of National 4-H Club Week. Plans were also worked out by 4-H members and leaders for the full page donated by the local newspapers in observance of National 4-H Club Week. (Explained in detail under National 4-H Club Week.) The council set March 16 for a Clothing Training Meeting and April 20 for the County 4-H Dress Revue.

March - The 4-H Council designated the clubs that were to prepare educational booths for the county fair and recommended that these clubs appoint their committees in the May club meetings. Date for the 4-H Church Sunday Program was set for May 16. An arrangement committee and a program committee were appointed to work out the details.

April - The County 4-H Public Speaking Contest was held in connection with this meeting. Judy Ames, Fred T. Foard Club, was the winner in the girls division. Committees were appointed for the Annual 4-H Church Sunday Program. The council recommended that the 4-H Committees working on educational booths for the county fair meet before school closes.

May - The council discussed at length the class that was held during State 4-H Club Week on "It's Nice To Know How." They made a list of items they would like included in this class. This was their own thinking and the agents were very pleased with the items included. Again this year the council voted in favor of each club paying the registration fee of their delegates to State Club Week.

June - The council discussed and made plans for the annual 4-H Camp, State 4-H Club Week and the July Council meeting. Due to the camp the council cancelled the July meeting and decided to have a picnic on August 6, inviting camp and club week delegates to attend.

August - The council passed on two rules to be observed in September by the clubs when electing their officers. First, county project winners are to be considered first for officers; Second, if no county project winners in the club then the girls and boys who have completed project work and turned in record books. An installation service for officers was planned for each club, also a similar service for the council officers who will be elected at the September meeting. A discussion was held on the County Fair stressing the 4-H Club's part in individual exhibits.

September - Due to the county fair postponed to October.

October - The first council meeting in October was devoted entirely to the election of county council officers and a very impressive installation ceremony conducted by Nancy Mason of Iredell County, Vice-President State 4-H Council.

During the regular October meeting the council planned the Annual 4-H Achievement Program to be held November 18, 1954; made plans for the weekly 4-H Radio Program over WHNC, Newton, N. C. by assigning each club the week they are to have charge of this program. The council accepted the invitation of Mr. and Mrs. W. B. Gwin, Adult Leaders, to have a Christmas Party December 20, 1954 at the Oxford Community Center.

November - The council was shown color slides of State 4-H Club week. They included scenes from the time of arrival at State College until the finish of the weeks activities. During a short business session the group made plans for the December club meetings, December council meeting which is to be a Christmas party and the January council meeting at which time the girls and boys requested that we make arrangements to visit one of the banks in the county.

Health

The 4-H girls and boys needed more attention put on their health. Their diet was impaired due to between meal snacks which is reflected in skin troubles and defective teeth. Also the girls and boys did not have dental attention as needed.

Objective:

For 4-H girls and boys to become conscious of all factors contributing to good health and to help others with this information.

For 4-H girls and boys to check themselves with their Health Checksheets.

We felt that this program should be started early in the year so in January the demonstration in the local 4-H clubs was "Changing New Habits For Old." For this demonstration we drew on two white flannel boards the outline of a figure representing the girl or boy, both front and rear view on both boards with only the face drawn in. On one the mouth was turned down, there was a frown and just an unhappy appearing individual. On the other we drew a happy face. The clothes were cut from green cardboard and each article of clothing cut apart, both front and back, as: left and right pants leg cut apart, same for the shirt, sleeves separate from shirt, even to the belt, collar and hat. On each of these we printed one of the following: 1 quart of milk each day; Fruits and vegetables needed each day; Good Health Habits; Required Amount of Sleep Each Night; Visit Dentist twice each year; Have Chest X-Rays; Sunny Disposition; Mentally Alert; Always Eat a Good

Breakfast; Limit Desserts and only at end of Meal; Ready to Join in the Fun; Do My Share of the Work; Encourage My Family in Health; and Help My Neighbors.

On the other set of clothes cut from cardboard we printed just the opposite. These were used first and when we got the sad looking fellow dressed we called him "Pokey." Then to see how he should change we dressed the happy fellow with the good items listed above and we called him "Perkey."

This demonstration was very effective and certainly held the attention of the group every minute. Following the demonstration we handed out the "Song of Health" sheets to be used in the Health Activity and Health Check sheets for girls and boys. These were explained.

Results: All during the year the 4-H girls and boys have been conscious of the health problems. In club meetings and in personal contacts they refer to the health and food habits and what they have corrected.

They have kept their health check sheets very carefully and have turned them in with their record books.

I believe that next year we may do a lot on improving health by securing from the Public Health Nurses the list of girls and boys they have given dental and medical referral slips or recommended they have an examination for their eyes; then encourage these girls and boys and their parents through our 4-H Club work to get the attention they need. I think this could be done without making an issue of each case but by working with them individually.

Clothing

Assistance and recommendations were needed on what to buy and how to select the small equipment that goes into a sewing box. There was lack of understanding concerning the various phases of the 4-H Clothing Project.

Objectives: For 4-H girls to learn good sewing equipment and to invest their money wisely.

For 4-H girls to take full advantage of the 4-H Clothing Project so they may be better qualified to select and make clothing for the appearance, comfort and health of their family.

A demonstration was given in each club on the "Sewing Box." We fitted a sturdy cardboard box with the small equipment that is needed and is an aid to sewing. We emphasized that a fancy box isn't necessary but it is more important to take good care of the equipment and more convenient to keep everything together. Each item was discussed and recommendations on buying these, for an example: To buy a tape measure that begins the numbering of inches at opposite ends or, select the type scissors or shears to suit the job for which they are to be used. After discussing the equipment the different phases of the Clothing project were explained and printed material available was shown.

One county-wide Clothing meeting was held to give more detailed assistance on construction. Any of the girls could attend. The ones attending were principally those planning to

enter the Style Dress Revue. In this meeting we laid a full pattern on the material to show the correct way, stressing following the guide sheet. Finishes such as collars, hems, seams, openings, sleeves, button holes and zippers were demonstrated by illustrative material.

Three 4-H Radio Programs were devoted to 4-H Clothing. Two of these programs featured two girls each who told of their 4-H Clothing Projects. On the third program the outstanding Clothing record of a senior club member was discussed.

4-H Style Dress Revue

The annual 4-H Style Dress Revue was held at the American Legion Building in Newton with 47 girls participating. The girls modeled on an improvised stage flanked with large baskets of flowers and pines. The girls were very practical in selection of patterns and materials and every dress was either for school or was a best dress. Nancy Johnson was narrator for the event. The dresses were carefully judged by Mrs. Vernon Wilkinson and Miss Frances Williams. Helen Bumgarner, Fred T. Foard Club was first place winner in the senior division and represented Catawba County in the state contest. Other winners were Nancy Jo Mackie, Balls Creek, second; Faye Young, Fred T. Foard, third; Annette Reinhardt Cline, Maiden, fourth.

In the Junion division Balls Creek 4-H Club came through with first, second and fourth place winners in the following order: Shirley Moose, Elaine Lee and Veloxly Wyant; Neoma Young, Banoak, was third place winner.

Results: Actually the Dress Revue was one of the outstanding results of all the Clothing instruction. The finishes on the dresses and especially the hems were very, very good. Of course the revue served as further training for each girl and to those who attended.

There has been definite evidence in the record books of the girls applying the 4-H Clothing Project to the needs of their family.

427 girls were enrolled in Clothing with 306 completing.

House Furnishings and Equipment

With the numerous items of equipment and furnishings that are bought each year there is a need for the information as to what to buy; which article is a good investment; which should be bought and which could be provided through the talents of the family. The questions of better buymanship we feel is needed for the older girls since so many of them are marrying as soon as they graduate from high school.

Objectives:

For girls to work with their families in providing adequate storage in their homes through built-ins -- remembering it isn't necessary to buy expensive pieces of furniture.

Select and buy kitchen utensils for the needs of the family.

Keeping in mind the true meaning of Christmas, provide decorations at home that the family will enjoy working on together.

To develop an appreciation for good handmade articles.

In each club a demonstration was given on "Build-Ins". We discussed the difference between built-ins and closets showing that built-ins are taking the place of buying many pieces of furniture, in every room in the house. On a flannel board we placed the list of articles to be stored in the girl's bedroom then had the girls name the type of storage space needed. We discussed the possibility of taking one side of a room and

building in storage. A miniature set of sliding doors were borrowed from a contractor and shown in each meeting. The girls were reminded how the sliding doors could be used where space is limited or may be used any place, but were cautioned to be sure they are installed properly. Brackets for adjustable shelves were shown. Miniature built-ins for clothes and linens were demonstrated. These were painted green with a yellow interior to show how the built-ins are painted just as the color scheme in the room. Along with the demonstration material we had good pictures from magazines showing built-in storage. Bulletins on storage were distributed on request.

"Selection of Kitchen Utensils" was another demonstration given in each club. This demonstration was devoted to cooking utensils with a sample of the different types of material available. We discussed each material, pointing out the characteristics of each one. We especially called attention to the features that should be in a good utensil, such as tight fitting lid, properly placed handles, etc. We emphasized buying utensils in accordance with the family needs.

One 4-H County Council meeting was held in the Duke Power offices in Hickory, N. C. Mr. William Mitchell, Agricultural Engineer, Duke Power Company, Greensboro, N. C. gave a demonstration on adequate wiring for the home. He also explained and demonstrated the correct ampere fuses to use. Mrs. O. B. Austin, Home Advisor, Duke Power Company, Hickory, gave a demonstration on Use and Care of Small Electrical Appliances. Food

was prepared with each, then the cleaning and care explained.

The main emphasis in the "Christmas Decorations" demonstration was the true meaning of Christmas. We cut a cardboard box in half, covered it with green paper and lined it with white paper, we wired it for a small bulb and arranged a manger scene with figurines placed on cotton. It was very inexpensive and real attractive. The other decorations were suitable for tables, mantles and windows and were handmade.

The Sherrills Ford 4-H Club assisted the Home Demonstration Club in converting an old potato house into a community building. The boys sanded the floor and the girls applied three coats of a penetrating seal and then a good coat of wax. It was a nice job and one they as well as the agents were very proud of.

"Handmade Articles" - "Handmade Articles for the Home" was discussed with the senior clubs. Mimeographed sheets giving recommended sizes, shapes, and designs for different articles were handed out and discussed in detail. The girls were very interested in this and asked many questions.

Results: First of all the general interest created in House Furnishings and Equipment has been wonderful.

The work done by the girls and boys in refinishing the community building floor has created interest among others to have their floors finished correctly.

In every club some of the girls remarked after Christmas that they had made part of their decorations for the home. Many of them made a manger scene similar to what we had prepared.

The girls are conscious that care should be taken in the selection and care of kitchen utensils and small electrical appliances and are reminding their mothers of these facts.

103 girls were enrolled in this project with 76 completing.

Foods and Nutrition

The families do not consume the amount of milk recommended and particularly the young people need more instruction on the importance of dairy products.

Objective: To encourage the girls and boys to drink the milk served them at school and to cut down on the number of soft drinks between meals may be substituting milk for some of these.

In the seventeen 4-H Clubs we gave a simple demonstration on Dairy Foods to both girls and boys. We stressed a circular graph we had drawn on a flannel board and was filled in with wedge shape pieces of different colors of cardboard on each of which was printed a different food element and the percentage of it furnished by milk. The size of these wedges of course were in relation to the percentage of the food element furnished. All of the members asked many questions.

Assistance was given individual girls who were interested in the Dairy Foods Demonstrations. Some started training were unable to enter the contest.

We do feel that the girls and boys are drinking more milk and are taking advantage of the milk available in their schools.

	Girls Enrolled	Girls Completing
Breakfast	204	176
Lunch or Supper Unit	96	52
Dinner Unit	40	32
Baking Unit	25	22
Food For Special Occasions Unit	30	20

House and Surroundings

There is still a need for improvement in mail-boxes and for names to be placed on these boxes.

Objective: For all 4-H Club members to visit at least one family and encourage them to improve their mailbox and place a name on it.

The county council again this year adopted Rural Mail-box Improvement as their county project. The council has discussed this at each meeting reminding the clubs of their duty. The officers have in turn discussed the project at club meetings. There has been articles written for the newspapers concerning this project. The council has been ordering name plates for those desiring them at a rate offered to clubs. However, the idea was to get the people to buy name plates regardless of where they may wish to get them. One 4-H Radio Program was given on this project with one 4-H girl participating.

This is the third year the council has sponsored the mail-box project.

Results: Sixty-five name plates have been ordered through the 4-H Clubs. A large number have been bought from other sources many of which we know is direct results from the 4-H Project.

Canning

96 girls have completed the requirements for this project. Many of the older girls did all of the canning of food for the family.

Freezing

81 girls have completed the Freezing Project and again many of the girls do the major part of the Frozen Foods Work for the family. A two-day Frozen Foods School was held for adults and 4-H club members.

Forestry

8 girls completed projects in Forestry. Judy Ames completed four Forestry Projects this year, and was district winner in this project.

Farm and Home Electric

5 girls completed the Farm and Home Electric Project. Martha Moretz represented Catawba County at the State Electric Congress in Charlotte as results of her good record.

Home Improvement

76 girls completed work in Home Improvement and House Furnishings.

Recreation

The rural children do not have community recreation provided. For the third year the Newton Lions Club, Newton Kiwanis Club, and the American Legion Post 16 in Newton have sponsored monthly recreation meetings for the 4-H girls and boys. These organizations pay the rent on the Legion Building where the meetings are held. 4-H'ers from all sections of the county come into Newton for the recreation meetings along with leaders and parents. An average of around 200 have attended each month this year. The interest in these meetings is depicted in the many telephone calls we receive both at the office and at home the couple of days before each meeting. Even though this is a standing meeting on our schedule the 4-H'ers are anxious and check with us each time.

The interest of the adult leaders and parents is shown first of all in their attendance and the number of 4-H'ers they bring in each month; then in the assistance given us in directing the recreation and last but probably the most help is taking charge of the refreshments. We have milk each month for which the girls and boys pay 7¢ per bottle. The leaders take over this job and handle it perfectly.

Of course we keep in mind the recreation meetings are for enjoyment yet we want to train leaders to help in their churches and local organizations and too we are developing poise, rhythm and an appreciation for organized recreation.

We teach folk games, square and round dancing and how to

keep in step with music by having the girls and boys do marching. We repeat ones they know and teach at least one new folk game each month.

"I'll be glad when it's time for our next recreation meeting" and as the 4-H'ers leave each meeting, "I sure had a good time." Statements such as these make us happy that we can contribute this much to their happiness and future.

Community Projects

Maiden is one of the new consolidated high schools so the 4-H Club there knowing that a lot of equipment would be needed voted to spend part of their money to help the school. A committee contacted the principal and one of the first things he said was, "We don't have a single bible in the school."

Along with some other recommendations this was presented to the club. They immediately voted to buy a bible for each room. Ten new nice bibles were purchased and presented to the principal, Mr. H. S. Shepherd, by Kay Moose, representing the 4-H Club. This was an impressive ceremony witnessed by the entire school. Kay remarked when selecting the bibles, "I am glad our club is buying these nice bibles for the school and I think it is \$35.00 well spent."

A community project conducted by the Sherrills Ford 4-H Club is explained under House Furnishings and Equipment.

A project conducted by each club is explained under House and Surroundings.

Special ActivitiesState 4-H Club Week

17 girls and 11 boys attended State 4-H Club Week on State College Campus in Raleigh. Each senior 4-H club pays the registration fee (\$11.00) for one girl and one boy as delegates from their club. The other 11 members paid all of their expenses. The clubs paying part of the delegates expenses has certainly created more interest and the delegates realize they are truly representing their club and county. The girls and boys enjoy a week of classes, demonstrations, programs, and recreation. Each girl and boy strives to be a delegate for they must have outstanding records to even be considered.

Achievement Program

Approximately 400 4-H'ers, parents, and leaders attended the annual Achievement Program. A resume of the years work was given by Frances Ann Sigmon, St. Stephens 4-H Club. As she told of each project and activity she announced the county winners and they were presented medals by the agents. A recreation program followed. (Printed Program in back)

National 4-H Club Week

An annual event for Catawba County 4-H Clubs is a county-wide Rally as a "kick-off" meeting for National 4-H Club Week. 500 4-H'ers, parents and leaders attended the Rally last March. The events for the evening begin with a weiner roast at 5:30

followed with a talent program put on by each club. The talent is judged, juniors and seniors separately, and the winners in the senior division represent the county in the district contest. The 4-H'ers look forward to the Rally and plan to make it bigger and better each year. (Printed program in back)

Also during National 4-H Club Week the two local papers donate a full page co-sponsored by local business firms. Activity and project pictures along with information and stories concerning 4-H Club work in the county were printed. (Copy of page in back)

4-H Church Sunday

For the third year a county-wide 4-H Church Sunday Program was held. First Methodist Church, Newton, was the host church this year. The girls and boys had full charge of the program except for the sermon which was given by The Rev. J. Julian Holmes, Pastor, First Methodist Church. 415 4-H'ers, parents, and leaders attended. We feel that this was one of our most successful events of the year. The interest grows each year and it is so gratifying to see rural people from all sections and denominations come together to worship. The fine way in which the 4-H'ers carry on the program is an outstanding feature. (Printed program in back)

Civic Club ProgramsNewton Kiwanis

Two girls and one boy who were declared the most outstanding 4-H'ers for 1954 told the Newton Kiwanis Club of their 4-H Club experience. These 4-H'ers were winners of the cups presented each year by the Kiwanians to the outstanding girl and boy of the year. Judy Ames and Nancy Johnson as co-winners of the girls cup in a most interesting way related the 4-H Projects and events in which they have participated. The presentation of the cup was made by Mr. Hugh Moretz, President Newton Kiwanis Club. This meeting was held the same evening and just prior to the annual Achievement Program.

Hickory Rotary Club

The assistant home agent attended the Hickory Rotary Club along with one 4-H girl and four 4-H boys who were winners of the Rotary 4-H Poultry Chain. At this time the five 4-H'ers were presented premium money from the Poultry Show and Sale.

Radio Programs

A weekly 4-H radio program is presented from Station WNNC, Newton, N. C. Twenty-three of these were directed by the assistant home agent, others by the assistant farm agent and a few of them by the farm agent. During the major part of the year each club was responsible for certain programs as designated by the 4-H County Council. When special 4-H events were on schedule these weeks were not assigned usually and the radio program was concerning these events and presented by 4-H'ers who were in the events, such as the County Rally, Church Sunday, Camp, etc.

The 4-H radio programs which have been on the schedule since 1948 we know have done much to promote the 4-H program in the county. Listeners in the towns and the rural sections tell us each day of hearing our programs.

Of most importance is the training received by the 4-H girls and boys. They develop poise and confidence and an eagerness to improve their 4-H Club work. Many of the girls and boys have visited radio studios for the first time when they have presented these 4-H programs. One of the most gratifying experiences was the time after having presented a program assisted by one 4-H girl and we were leaving the station she said in all sincerity "Miss Gilbert, I want to thank you for asking me to be on this program."

The programs are informal with the participants entering into a discussion. One of the 4-H'ers act as leader sometimes instead of the agents.

4-H Camp

21 girls and 13 boys from Catawba County attended 4-H Camp at Millstone, a state camp near Rockingham, North Carolina, along with one adult leader and the assistant agents.

During the week the 4-H'ers attended classes on Recreation, Handicrafts, Forestry, Electricity, and Swimming. Softball and Volley Ball were enjoyed competitively during late afternoon followed by swimming. The evening program was recreation consisting of folk games and dances. Each day was complete with a vesper service.

Each morning was started with a flag raising ceremony before breakfast. Immediately after breakfast the four different groups: Head, Heart, Hands, and Health had camp duties before going to classes. These duties were clean grounds, clean dining hall, clean recreation hall, and clean bath house. Camp activities also assigned to these groups each day were: flag raising ceremony, morning assembly, evening program and vespers.

The 1954 Camp was very successful and enjoyed by everyone.

Carolyn Rhoney, who was homesick at the beginning, "I have enjoyed camp very much and I want to go next year."

Martha Ann Ervin, "I am so glad I came to 4-H Camp. I have learned new friends and the program has been real good."

Danny Huffman, a few weeks after camp said, "Miss Gilbert, I am ready to go back to 4-H Camp."

ExhibitsCounty:Catawba County Fair

The number of individual exhibits in the 4-H Club Department was greatly increased this year and the quality was much improved. They included sewing, cooking, canning, crafts, crops, and livestock projects.

Six educational booths were prepared by the following clubs:

Maiden Senior Club - To further assist with the Rat Eradication Campaign sponsored by the Grange Organizations the Maiden Club prepared a booth on this subject. The booth showed where the poison would be available by means of a map of Catawba County. Recommended bait stations were shown, poison that would be available and the estimated damage by rats in Catawba County was emphasized. Blue Ribbon Booth.

Bandys Senior Club - 4-H Highway Project was their choice. The theme of the booth was an appeal to "Obey the Signs of Life" which are the many highway signs. A road system with a railway crossing made by using an electric train was shown and the highway signs placed at proper locations. Red Ribbon Booth.

Startown Junior Club - This booth was on the 4-H Recreation Program. The back-drop brought out that the Recreation Program trains leadership and provides recreation for everyone. The booth was divided to show indoor and outdoor recreation with both quiet and active games. These were shown in miniature with properties made by the club members and with dolls. Red Ribbon Booth.

Banoak Junior Club - Quality Egg Production was chosen by Banoak. The four grades of eggs were depicted with drawings on the back and by having secured these grades and breaking them into plastic dishes so the public could see the difference. The steps in producing quality eggs and the necessary precautions in maintaining this quality were shown in the exhibit. Colored flickering bulbs called attention to these items. Red Ribbon Booth.

Bunker Hill Senior Club - Wildlife Conservation was the subject of this booth. Bicolor and sericea Lespedeza were planted at the sides in the booth. A couple of quail were shown under cover at the lespedeza. A farm pond was prepared with a small tractor on a cultivated field. A nail keg nest for squirrels was also made and placed in the booth. The back drop pointed out things that may be done to conserve wildlife. Blue Ribbon Booth.

County Club - The County 4-H Club prepared an educational booth on Care of Farm Equipment. By using miniature tractors, equipment and buildings, some of which were made by the 4-H'ers this booth emphasized the following four points: (1) Study operators manual, (2) Provide shelter for equipment, (3) Clean and lubricate properly, (4) Operate safely. Blue Ribbon Booth.

Contests

County:

Dress Revue - 47 girls participating
Public Speaking - 3 girls participating
Clothing Achievement - 250 girls participating
Gardening - 40 girls participating
Canning - 68 girls participating
Frozen Foods - 86 girls participating
Food Preparation - 210 girls participating
Poultry - 5 girls participating
Farm and Home Electric - 4 girls participating
Farm and Home Safety - 4 girls participating
Health - 340 girls participating
Home Grounds Beautification - 30 girls participating
Leadership - 120 girls participating
Junior Canning - 25 girls participating
Achievement - 325 girls participating
Entomology - 18 girls participating
Forestry - 5 girls participating
Better Grooming - 125 girls participating
Home Improvement - 105 girls participating

District:

Public Speaking - 1 girl

State:

Catawba County 4-H girls submitted records in the following contests:

Farm and Home Electric

Frozen Foods

Forestry

Better Grooming

Honors Won

District

Judy Ames was district winner in the Forestry Project.

Looking to the Future

We plan to recruit more adult leaders during 1955 and to broaden our program by the responsibilities they assume.

The program of work for 1955 is as follows:

Demonstrations

January - What to Wear When

February - Home Accidents

March - Senior: Hard Floor Covers
Junior: Room Improvement Project

April - Senior: Out of the Frying Pan into the Broiler
Junior: An Egg A Day in the Right Way

May - Senior: Modern Laundry Methods
Junior: This is the Way We Wash

June - Home Visiting

July - Home Visiting

August - Home Visiting

September - Milk in Our Breakfast

October - Color in Dress

November - Senior: Wall Finishes
Junior: Projects

December - Pardon Me, But Your Manners Are Showing

Special Events

February - 4-H Clothing Meeting

March - County 4-H Rally
Dairy Foods Training Meeting

April - 4-H Dress Revue

May - 4-H Church Sunday

July - State 4-H Club Week

4-H Camp

September - 4-H Exhibits for County Fair

November - 4-H Achievement

Other Activities

Fourth Monday night of each month - 4-H County Council

Second Monday night of each month - County-wide 4-H

Recreation Meeting