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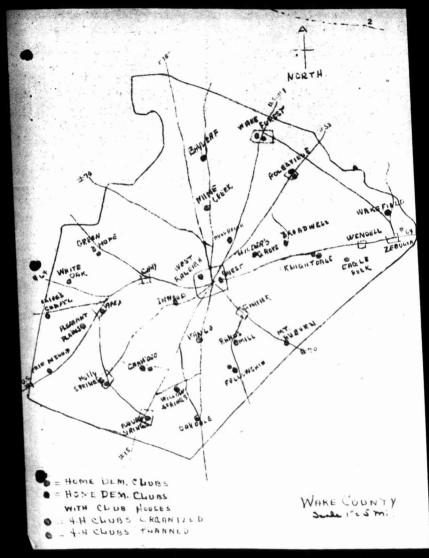
WAKE COUNTY

- Mrs. Maude P. Mc Innes



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	FIRST WEEK	SECOND HEEK	THIRD NEX	POURTH WESE
ed v	A. M. Office	A. H. Make Forest 4-H	A. M. Millbrook	A. H. Office
			P. M. Eagle Rook	
	P. M. Rolesville	P. M. Hine Creek	P. M. Oakwood 4-R	P. M. Holly Springs
Tuesday	A. M. Office	A. M. Orrice	A. M. Office	A. M. Office
	P. M. Willow Sprin	ge L. M. Rolesville 4-		
	P. H. Oakdale	P. H. Ht. Aburn	P.M. Pleasant Plains	P. M. Wake Perest
Odnes lay	A. M. Office	A. M. Office	A. M. Holly Springs 4-H	A. M. Office
	P. M. Enightdale	P. M. Quest Study		P. M. Wekefield
	P. M. Fellowship	P. M. Bayleaf	P. M. Green Hope	P. M. West Raleigh
Thursday	A. M. Green Hope	A. M. Office	P. M. Home Dem. Co., Council	A. M. Office
				P. M. Rand's Mill
	P. M. Vance	P. M. Broadwall	P. M. Co. Agricul- ture Council	P. M. Pollowship
Priday	A. M. Office	A. M. Office	A. M. Office	A. M. Office
	P. M. Swift Ore	P ¹		
	P. M. Wilders	P. M. White Oak	P. M. Oakwood	P. M. Oliveta Char
	A. M. Office	A. M. Office	A. M. Office	A. M. Office
Saturday				

SUMMARY OF HOME DEMONSTRATION ACTIVITIES

WAKE COUNTY

1942

Through our also progress and with the help of neighborhood leaders the following activities were undertaken in 1942:

- 1. Since vigorous health is one of our national goals stress was placed on protective foods vegetables in the February meetings, whole grains or earliched grain products in may meetings (1700 fares in Make County grow sheat), sufficient protein foods such as meats, milk, and eggs in November meetings. Firty women grow edible soy beans (an excellent vegetable protein) for the first time this year, making seed available in larger quantity for next year.
 - 2. More and better gardens were planted on the farms and in towns this year. One thousand six hundred and seventy five families made an effort to produce seventy five per cent of their food and feed meeds during the year. Since tests show our North Carolina diets are lower in vitamin "C" than any other one thing continued stress was and is, placed on fresh vegetables such as cablage and towntoes and other green and leafy vegetables.
 - J. Eating what we can fresh and locally produced foods to conserve transportation and canning or drying as much of the balance for the same reason as well as to keep as fit. This was stressed in Victory Garden plans in February and conservation programs in summer.
 - 4. Taking care of our resources was stressed in two clothing meetings in March and October and in the April meeting on Care of Household metals and fabrics.
 - 5. Health needs were stressed in June meeting on Home Care of the Sick

This was followed by local Red Gross classes in Home Rursing in six communities and loan hits for the sick room in two. Emphasia was given in prevention of illness in home and community dish washing in September. One club - the Next Raleigh put on a rat credtection campaign which remaded five hundred families in their seigh-Berhood.

- 6. Wake County women added to their incomes both by producing more food at home and by selling some of it as individuals and as a group on the Farm Women's Market. Thirty moven women sold \$23,005,31 at this market in 1942.
- Community parties and picnics were planned and encouraged. We need to realise the war surely but we also need to get together as friends and neighbors.
- 8. Wake County women helped with Defense activities in sewing for the Red Gross - six clubs, Saking Red Gross courses, serving as neighborhood leaders in garden and share the meat programs.
- Wake County women have planned to spend carefully, pay debts, waste nothing and buy war bonds and stamps.

THE COUNTY

Altho Make County has is it Raleigh, the capital of the State, it is a strictly rural county. There are seven small towns which serve as trading centers and school senters. These with Raleigh serve the 5,355 farms of the county. Of these farms 3,919 are operated by which families and 1,336 by negro families. Tokasse is the chief grop grown, with cotton the second one. However since avery farm grows some corn there are perhaps more acres devoted to this than any other grop,

The fact that so many of the county women help with getting tobacco ready for market affects plans for work with the women. The whole family if busy in "housing" time, July usually, when the green tobacco must be pulled, put on sticks and got on into the barns. This is done the first of the week but the housework which has been neglected must be done the last of the week. Canning, witch also comes at this time, is often done at night if it is done at all, A late crop of something such as teams or tomatoes is often planned but drought may interferes with this. Truly the family on the tobacco furm works under difficulties both in growing and canning vegetables. There is a bull, after housing time, of a few weeks and then they must begin "working" the tobacco morting and tying it into bundles according to grades by soler and feel. Everyone rushes, with scarcely a pause, to get this don to ease they are always afraid the price will drop, and too getting to to market means oach for all the things hoped for during the shole year. Tomoragiving comes by this: time and then hog killing and preparations for wister and Christmas - the sewing neglected all fall for children in school. The most active club work with women in the tobacco sections of the county is some in the winter and early spring.

Poods And Nutritions

Number of women enrolled Number of women Leaders

Planting schedules with return cards signifying the intention of the family to grow at least seventy - five per cent of the mecessary food for the family and feed for stock, sees sent every farm in the county last fall. Sixteen hundred

Families signed and returned these cards and 378 qualified for certific tess as having denothin.

The following examples show some ways in which families carried this outs

Planting of Edible Soybeans:

Mrs. J. S. Travis of the White Oak slub had ordered a pound seed of the Easy Cook variety last year. In reporting to her club on this she said that her family had used them to take the place of the lima beans and peas they had not grown in the usual quantity because of the drought and insect damage and while she could not say her family liked them as well as the other beans they were available when the others were not. She let me have about thirty pounds of seed from these to let other women try them. A few women from each club did this.

Among these women was Mrs. John Murray of Raleigh Route # 3. Mrs.
Murray had took of interested in the beans after serving a jar of canned
butter beans, she thought, given her by brother. They were the best they
had ever had, she said, and when she asked her brother about the variety
he said they were Roknson soy beans. She planted the Easy Cook beans I got
from Mrs. Travis, ordered some Roknson from a seed house and bought a package of Seminole we heard leater was one of the best table varieties. From
these she harvested about two bushels of teams from each. Mrs. Eurray also
put on an exhibit of the three varieties for her club at the county achieve-

cereal or making the homemade grape mate. Just last Saturday a Raleigh
momen Mrs. Hashin Simon, inquired at the market for whole wheat flour or
cereal sines has doctor had ordered it for an invalid mother. He one
happened to have it that day so she bought wheat, which she cleaned and ground
with the little hand will I loned her. She called to know where she could
get one like it and to have me send her a half dozen of the bulletins on
the use of the wheat - one for her doctor, Dr. Kemp Neal, who had been
interested both in the bulletin and the mill others for friends who wished
to try some of the whole wheat.

During May when we were giving the wheat demonstrations more than one woman remarked "we use whole wheat bread entirely at our house, except when I'm fixing refreshments like for the club today or lunch as our school cleaning yesterday". I tried to make then see that was their chance to help spread the use of whole wheat and that their sandwiches might be as dainty with whole wheat and taste much better. But such remarks as this and that of the club women who said "yes the bread I buy is marked Enriched but it doesn't taste very rich to me" make you see that we still have a lot of work to do.

Nutrition Committees

Several meetings have been held with all county home Economics teachers with plans for mutrition work in their local schools. Copies of the Army Cook were ordered for these teachers to help them with canteen work and work in their local school lunch rooms. An all day training meeting on the Red Cross Canteen course was given them in May.

Three Red Cross commess were given in this office by other teachers.

Two in mutrition were given in the spring by kies Bessie Starling - one of
these in the mornings for write women and one at Might for me ro women and
another is now being given by kirs. Leavingston at night for negro canteen

ment day for club somen October 29 and has furnished the agents with beans to use for the demonstrations given in November. Here, Eurray also helped furnish green soy beans for a demonstration lunch served to sixty people by the American Home Department of the Raisigh scenas sint at their opening fall meeting. This was result of a sort of barter as angument, Hre. O. F. No Grary, chairman of the department had given me a pressure cooker she no longer used to give some county woman. I gave it to kee, Eurray and later when ithappened kee, No Grary need the beans kee, Marray was glad to be able to give her something she manted.

Another interesting little result of the scyless campaign put on with neighborhood leaders in Grange county has been the green beans sold by one of the State College junitors who planted those sweet up from the floor in making the small packages to be given leaders. This junitor sold shelled green beans all fall at forty cents per quart, The postman and other visitors to our office while we were cooking the beans for our demonstrations have all santed to taste them and get seed afterwards.

Whole Grain Products:

The May demonstration in all clubs was "The use of Whole Grain Products". Getting them actually used is a slow process even the many of our farmers grow wheat for their own use. The small miles grinding it will grind whole wheat products but our people still this mitte biscuit the best tasting bread they can have - unless the doctor orders some member of the family to eat the whole wheat, This is happening more and more often, and perhaps we are gradually making some progress. Fractically all Raleigh stores sell a homemade honey sweetened whole wheat her now made by a Raleigh woman. Mrs. S. T. Mitchiner sells some whole wheat bread and rolls on our Farm woman market and several of the women sell whole wheat flour there.

Among these are Mrs. J. B. Faucett, Mrs. Zeb Saith and Mrs. H. T. Meaver.

A number of club women report using the cracked meat as a breakfast

workers.

Twenty clubs have accepted their appointment on Disanter Relief Feeding local communities upon the request of Mr. Earl Fincher, manager of the S and M Cafeteria, who is county Red Gross chairman for Disanter Feedin. We are thankful not to have been called upon however.

The agent not with the welfare department case workers recently to discuss plans for good mutrition of their local families and ways to evaluate home produced foods. By ohief suggestions following this was for more attention to an understanding by the families of the foods and amounts the money they are allowed should buy. The workers were getting prices of the Bureau of Home Economics list for good diets at low incomes but were merely using this to arrive at a sum of money to be allowed. I feel they whould also be given a list of what things it might buy to make up the best diet for that money.

Food Conservations

Canning:

All ever the county and in the terms as well there has been an increased interest in canning and other methods of food preservation. Demonstrations were given in local clubs, and in the agents office both for women and for the twelve county Home Economics teachers in High Schools so that we would all be giving the same information. The Home Economics teachers came back to the county June 15th for an extra months work in canning instructions on an augar rationing. Club somen also gave canning demonstrations to small local groups. A number of women report canning one thousand to twelve hundred jars of fruits and vegetables and nearly every woman reports some increase over previous amounts. The sixteen pressure cookers which belong to the office have been in constant use all summer and we made up a card index of people who had asked us to help then locate second hand cookers which sight be bought. About a half dosen were placed in this way.

The agent has a guage tester and in addition to checking the guages of the effice cookers and adjusting them when necessary has done this for a number of county people. I have wanted to get a maximu thermometer for a double check but have been unable to find one from any of the instrument companies written.

Mrs. Royal Poole, of the Broadwell club told her club members, in urging canning, that she had found it much easier to keep her family well fed when she made canning a year around job and that she filled jurs as fast as she aspited them putting up next as she used vegetables, canning even such things as grouns when they were tenier for use on the cold winter days when every thing was too frozen up to get outside.

The Carolina Freezer Looker plant has all of 'ts space taken up completely with a waiting list for vacancies: County people who have used this means of food preservation have been most enthusiastic about it.

Era. J. C. Bowris of the Inseed club is one of the these. She reports that a calf which they would previously have sold to the butcher for very small amount furnished them with the vest variety of meat they have ever had. By own family feels the same may about it. We put guineas in there when just grown, a calf when it is four or five months old and some other things as they come along and find that it practically takes care of our meat supply.

Ers. Glarence Geodwin from Olive's Cahpel is another county woman using it.

Others are Mrs. Vaden Clifton, Mrs. Webb Allen and Mrs. Cary Upchurch of the Breadwall club and Mrs. Geo White of Mine Greek, Mrs. H. O. Layton of Mine Greek and Mrs. Dillard of Swift Greek are on the waiting list to get a locker when one is available.

Other Methods of Food Preservation Used:

A number of county women report trying drying of fresh vegetables after blanching as for canning. Mrs. Edwin Hunt of Wake Forest tried green butterbeans - as did Mrs. K. M. Morgan of Broadwell and Mrs Percy Strother. They were all angious to try the esting qualities of these as compared with canned ones and report they think they compare and very favoriably - even more like fresh ones than those canned.

Dr. Ivan Jones, of the Herticulture Department at State College, was asked to talk to our agriculture workers council on the experiments in dehydration which they had been doing. He showed a number of products blanched as compared with the same product dried without blanching.

Clothings

Two clothing demonstrations were given all clubs this year. Planning the wardrobe was given in March with special emphasis on the selection of proper work clothies. The patterns were shown of the work clothes designed by the Bureau of Home Economics and some of the actual garments modelled. The use of the right type garment for the work to be done and the basic dress and coat which may be sorn on all accastons was one point of emphasis too. The October meeting was also a clothing one -"Fashions for Victory". In this was given suggestions for carrying out L-85 and ways this order would affect our styles even tho we made our own clothes. Care of clothes was given too. The same topic was also given in the 4-H clubs to both boys and girls. Miss Freeman and Mr. Thompson giving this as a skit showing a boy how to keep his clothes in order. Many of the clubs held club dress reviews the following month with an average of from six to a dozen women particitrating in each club. Mrs. R. A. Wilder of the Knightdale club came this month, for example, wearing a very good looking black crepe dress with dull gold buttons which the club president asked her to tell the club about. She said she had made it from and eighty nine cent bundel of remnants from one of the mills in the state and had used buttons from an old dress. It looked like at least a fifteen dollar dress. Other women have made over coats into coat dresses and cut down over coats men in their families were not wearing.

Six of the clubs have done Red Gross sewing and others plan to do some this winter.

A sewing machine clinic was held in the H⁰me Demonstration office in March with twelve women bringing in their machines for adjustment.

There has been an increased interest in home sewing both in the county and town. The stores say they have sold more yard goods and patterns than in many years.

Red Gross Sewings

A number of club, among them Amburn, Engle Rock, Pleanant Plains, Wilders Grove and Makefield have sade garments for the Red Gross. The president at Engle Rock amounced at the last meeting "Our season for Red Gross saving begins again - we she work in tobacce have had to stop, since last spring but most of us are through now in Hovember and we can take up our sewing spain. Mrs. J. R. Recter has the garments for distribution."

Home Managements

Four club sectings with somen have been given on home management topics. These were "The Form Family Outlook for 1942", in January, Conservation of our ordinary Rousehold Materials" in April, "Home Gare of the Stak" in june and the Conservation of Time" in September. The secting planned for December is "Keepfour House in Repairt to adapted the naterial of all of these for use with young people and presented parts of the same subjects to 4-H clube also during the year.

In January the playlet The Adams Family Plans for 1942 was of great interest in all of the clubs. In those the agent was not able to attend the women reported having a good time with the play and fine discussions following it. A few clubs dressed in costume for it. Hrs. Carlos Williams, of the West Releigh club, declares she did not know the men who appeared at the door to give the play for her club even the they were some of her own members— and that everyone took part in the discussion on family plans for 1942.

Mr. Ed Poole, Mrs. Henry Poole, Mrs. Purcy Wall and Mrs. Jim Land dressed in costume with the men in overalls and women in house dresses to give the play in the Mt. Anburn club.

Discussion in many of the clube centered around plans for having more home grown food. Mrs. A. F. Taylor of the Immood club whose humband is not a farmer, but a salesman for a cracker company, even the they live in the country said, she figured that three pigs she raised last year on table scraps had save the thirty-dollars in meat costs and that this was based on records and not guess work. Mrs. J. E. Morr's of the same club said she thought saving a calf a few months instead of selling it to the butcher had meant they could have Smesh steaks and reasts for many months by putting it in the freezer looker and that she was so enthusiastic over this she meant

to do more of it. Mrs. Vaden Clifton of the Broadwell slap told of the same experience, and said she meant to use this method of having meat the year round instead of caming.

At the Rand's Hill club the discussion centered around the garden and while some of the women complained of the dry weather having cannot then to have almost no vegetables, Mrs. George Bryan said they had been selling them all along.

In the demonstration of "Care of the Things We Have" was we emphasized the care of rubber articles against the four enemies of rubbers 1. Dirt. 2. Heat. 3. Light, and 4. Grease and the care of wool articles in washing and blocking afterwards and in putting away clean with paradichloricide or some other moth repellant. Some of the women discovered that the dichoor'c'de was bought on the'r farms in fairly large quantities for other uses as with peach tree borer prevention or for some use with young tobacco plants and that they might use some of this father than by extra. Care of alumium and other kitchen utensils was also stressed in the demonstration. The meeting at Holly Springs was held at the home of Mrs. N. L. Norris and Mrs. Norris invited the women into her kitchen to see the new cabinets built with money from her sales at the ourb market. Mr. Norris did the work using plywood for doors. The babinets were built all the way across one wall of the kitchen with a base two feet wide having good toe space at the floor and of good working height. Above these were other cabinets to the ceiling, one side of the kitchen was a sink bought second hand for three dollars and also put in by Mr. Morris. Mrs. Morris says they are only disappointed in that the thought of how long she waited to get things which were so simple, convenient and inexpensive.

In June the subject given was "Home Care of the Sick". In this was emphasised the necessity for precautions to avoid accidents and unnecessary

illness and of knowing how to do early some simple thingsin home care. Several clubs followed this meeting with Red Gross courses in Rome Nursing. Nrc. E. A. Lewis of the White Oak club taught the Red Gross course to one hundred and twenty women and girls and they got together some simple home made equipment following the course for loan use in the community. The Oakwood club also sponsored a course which was taken by eighteen of their members. Mrs. J. R. Wiggins of the Bake Forest club taught the Red Gross course in the Righ School there.

The Rand's Will club desided after the demonstration to get together
a kit for loan use in the community. In the suit case which holds the
supplies they put a list of things making up the kit to be charged out
as borrowed. They used such things as a pair of pillow cases and extra
sheets as well as hot water bottle, thermometer and bed pan. They made
the back rest shown in the bulletin and included it too with their supplies.
All of these are kept at a sentral place ready to be borrowed.

"Planning Your Time Nisely", was the subject of the Septenter meeting. At each club the women were given first of all slips of paper on which they were asked to write down everything they had done the day before. In checking over them the wonder was that they had found time to do so many things. Make County women are all busy these days. They were then asked to place a check mark by the things some one else in the family could and have done and in many cases there was literally no one else who would and could share the work. In others they said they had already worked out a sharing plan and they felt they were the ones who could best share some of the numerous things their husbands had to do. However they all agreed that taking time to do some planning and deciding upon most necessary jobs was time well spent. The next thing they were asked to write at the bottom of the page was the job they disliked most. I was struck by the number

she replied that they enjoyed all of their work and couldn't actually name one they disliked. Some of them said they had disliked churing before getting an electric churn or some other remarked about tools which made work easier. Since dishwashing was the job which was most often given as being disliked the demonstration given was on this with emphasis given to organisation of the job by use of a large light tray so that clearing up was easier. The one we used was homemade for about fifty cents and would really hold all of the dishes used by six or eight people. Another reason for the selection of this demonstration was the fact that both the government and the Red Crossfelt that the housewife can help greatly in the prevention of an epidemic such as the flu on of 1918, by such a simple means as the use of two dishpans - one of scary water, other of water near boiling into which the dishes are placed before draining. The health department regulation for public eating places of not allowing towel drying was stressed. The use of make shift types of arrangements for meals for large groups such as a bucket with holes in it for dipping the dishes into a pot of hot water or a wire egg basket for the same purpose. In this way both home care in the prevention of disease and the community care recommended by the Red Cross and Health Department also. Surprisingly the women really seemed to enjoy the demonstration I wondered if it were just the fun of seeing someone else do a job they disliked!

Markets

Number Noven Selling - - - - - 37 Total Amountof Sales - - 1942 - - \$ 23,005,31

Vegetables--\$1006.02 Butter-\$1677.43 Heat-\$1787.21 McL--- \$655.33
Poultry -- \$7651.95 Flowers-\$ 279.05 Eggs-\$3262.93 Canned Pro.-\$291.21
Handtoraft-\$ 58.85 Bread -\$ 445.74 Cake-\$4877.21 Fr.&Ber.-\$128.71

Thirty - seven somen have sold on the Wake County Fara Homens Market held each Saturday from seven to twolve in the Basement of the Raleigh Memorial Auditorium. This is about the same number as last year but is not entirely the same group as some have dropped out and others come in.

The women elect officers who are this years

Chairmans Mrs. E.H.Saule, Raleigh, #.3, M. C. Secretary: Mrs. John Sears. Morrisville, H. C.

There is also a price fixing committee of three who set prices. Mrs. Sauls, as chairses is given the girst space inside the door so she can greet new somers and keep a general look out for things. Sales have increased this year from \$19,049.27 to \$23,005.31. Thr trouble is not that is to supply the demand.

As many stories sould be told of what the market means as there are women selling but the one of Mrs. N. L. Norris will illustrate these. Mrs. Norris has been selling cakes, dressed chicken etc. since the very beginning of the market. Back is the depression they had practically lost their farm. Her sales helped redoes the farm and now after some years they are out of debt for it. Last spring stem we not there Mrs. Norris invited us all back to her kitchen to see the babinets Mr. Norris had built all the way agross the kitchen for her with deeper supposerds below a work surface and enclosed shelves above. A sink bought second hand for three - dollars was put in which carried water

off even the it had to be brought infrom the well on the perch. Hre. Herris says her only regret is that she had matted so long to have these thing done since they really did not cost so such besides the effort. In these past years while she has been selling the children have grown up and left home so that now Mrs. Herris sells her butter and eggs such rather than as calos which took so much of her time and effort.

Beighborhood Leaders:

Meetings were held last fall in every section of the county for a discussion of the county map and establishment of the lines dividing one neighborhood from another. The groups meeting with Extension workers suggested the names of people in each locality who were the natural lead ers there and these were asked to serve. We have at present a hundred and three men and ninety eight women and are still working on the completion of this. Agriculture and Home Economics teachers and farm men and women have all helped with it. In some sections, as that around Garner. where Mr. Tow, the agriculture teacher and Mrs. Yeargan, the Home Economic teacher. Mrs. Geo. Bryan, Home Demonstration club leader, Mrs. Sonny Brooks. a neighborhood farmer and other visited every suggested leader and have the lists complete with a leader for about every dozen families. In some other sections for too many people are on the lists of the leaders and more effort will have to be made to break the groups into smaller sizes. Four-H club members have helped too and David Lee Jones our Health King for 1941 has assumed the responsibility for seeing twenty people in his neighborhood.

Leadars have helped with the county-wide Salvage campaign, with the campaign for Repair of Farm Machinery in the springs, with the Victory Garden Campaign, with interpretation of the Presidents SevenSoint Program and are now working with the "Share the Meat" campaigns.

All through the year we have stressed the fact with all olub members the fact with all olub members that it is their job to act as leaders, I consider every club member we have a leader and her club work as leadership training. She may not always be one of the neighborhood leaders but most of the momen among the meighborhood leaders are members of some Rome Bemonstration Club.

Civilian Defense:

Note County c ab somen have, like women all over the country, been ammious to do their part in Defense activities, and have responded to every call. Hrs. O. F. He Crary, a member of the Nest Raleigh club is chairman of the women's division of the county Salvage committee which includes the city of Raleigh as well as the county. Hrs. R. A. Lewis, a number of the White Oak club, has tempht the Hed Gross Home Surveing course to a hundred and twenty women and girls in her community.

Six clubs have done Red Gross sewing. The Wake Forest almb has helped the county murses with prenatal and child clinics held in Wake Forest.

Club families have bought stamps and bonds. At a check at the Knightdale club in December every member was buying stamps and the sixteen members present owned a twenty - five dollar bonds. The club decided to begin a stamp book then for the purchase of a club bond. A farmer coming to a meeting last week explained to us afterwards that he was a little late because of the time spent in buying two one thousand dollar bonds on his way to the meeting. He said, "My son is in the army and the least I can do is put this years crop money in Bonds."

Contributions to Chinese Reliefs

Gounty club women took a contribution at their October meeting of a penny per member and sent this to the State Home Demonstration treasurer to be used as an offering for the Chinese Relief Fund.

Several clubs have citemsenship chairman who being timely questions of citizenship for dis useion at the club meeting. Mrs. Ashley Wall of the Eagle Rock club is perhaps the most active of these and has given such thought precking short reading from the edit torial of a paper or magazine each time her club met.

Extension Orge ... itions

The county map will show distribution of club organization for momen. We have made a real effort to have this reach different sections of the county but since momen travel only short distances, except when going with other members of the family, we realise that there are many sections not in easy reach of a club. The club radius is an average of three to five miles and with those who must malk even less than this,

Leaderships

At the fall meeting of the council of Home Demonstration Clubs the county map was taken up in detail with the women showing the eightyfive natural met shorhoods into which the twenty one communities of the county are divided with a discussion by the women of the affectiveness of the extension organization in reaching these. The women then voted to ask each club to try to form some sort of small groups of women living nearby who did not attend club meetings to show they would attempt to carry information. The West Raleigh club here have done this through a recently or animed group at the Y.W.C.A. called the Home Makers group. Twenty women were present at the organization of this group. Different members of the West Raleigh group will give the demonstrations from month to month. Hrs. David Wesser gave the one last month and Mrs. Herman Taylor is giving the one this month.

The Olives Chapel group met with the women between their community and New Hill and called a meeting to which the agent was asked. They decided that the members of this group would try to go to Olive Chapel for their meetings provided the Olive Chapel group would occasionally meet with them.

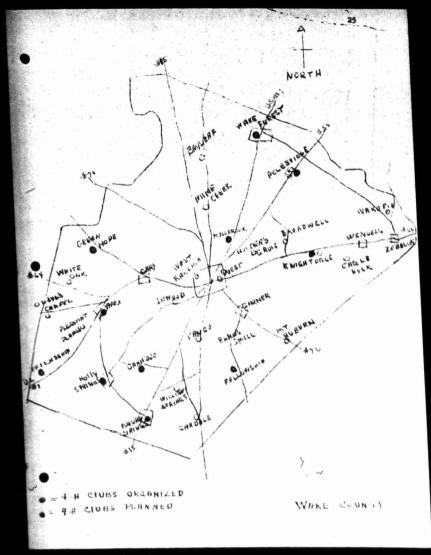
As the woman who make the motion asking each club to try some sister

with whom she has some influence - maybe she might not be just the person we would pick for a lender but to some people - perhaps the very ones may could not reach other size - she is a leader and I believe that one such group even if made up of only two or three women - would be sponsored by each olub;

Outlook And Reccomendations:

We have used the county highway map as suggested by the Land Use Planning Division from State College and have taken up the distribution of work as shown on this map with a masher of county wide groups. One such discussion materialized in the interest of the council of Home Demonstration clubs in securing an assistant Home Demonstration Apent. Miss. Marjoric Pressan, former assistant Home Supervisor for the Fars Security Administration was secured and began work in midsukmer. Since then we have organized four new 4-H club groups in cosolidated schools and one new group of women. However, since we already had twenty-four womens groups, we have not wished to have more somens clubs. One other new group at New Hill was met this past month and arrangements were made for the women to join with the Olives Chapel club meeting one south at Olive Chapel and one month further down the road. The club women decided that all clubs would try to extend their services by asking club women to get information to small groups of women not belonging to a club.

The leaders in the Home Bomonstration clubs have responded well when ever called upon. In the West Raleigh club the leaders have taken the organization of a Homemaker club through the Y.W.C.A. which had an attendance of twenty at the organization meeting, November 4th.



Pour - I Contribution to the Har Efforts

The regular program for 4-H clubs in the county has been adjusted faring the year to meet wer conditions and the energoney. No club meets without some emphasis being placed on what the 4-H member can do to help contribute to the war effort. Food projects such as victory gardens, pomitry, pigs, and dairy calves have been stressed. Several programs have been given on conservation of naterial and clothing. Also, nembers have been encouraged to participate in all the sorap campaigns, Hed cross, United for Fund, and stamp and bond purchases and sales. The boys and girls have been responding one hundred per cent,

Many boys and girls took Victory Garden Projects and are justly proud of their results. Grace Sauls of the Fallowship club reports: I took a victory garden for my project and with the proceeds above expenses purchases mine dellars worth of war stamps.

among the girls who conducted food preservation projects Maxine Sauls of the Fellowship club reported camfing a hundred and thirty seven quarts of regulables, hundred and fifteen quarts of fruit and finit juices sixteen pints of jelly and preserves and forty eix pints of pickle. Making a total of two hundred and eighty three quarts. She says: "I learned to use the steam pressure cooker and did sost of my canning with our any help".

Seventy five giral carried food preservation projects.

Several citizensh'p programs were given by the club members in the past year, and a new emphasis is being placed on citizenship in the plan of programs for the coming year. One club gave a very effective citizenship shapel program before the student boyd entitled "The A-H Club Members Pledge to Vistory".

The Make county clubs have contributed hundred per cent in almost all of the campaigns. Every club member collected sqrap paper, rubber, iron, tin, aluminum and other metals in the salvage driver. Quite a few have helped in wer bond and stemp sales, and many more are themselves regularily purchaning war stemps and bonds. At the present time the two hundred and twenty seven A-H members in the county can stemps and bonds totaling approxumetally eight hundred dollars.

The Pellowship 4-E clab make an outstanding record in their scrap metal collection. They heaped makeup metals on their own scrap pile and sold it to a junk dealer much to their scrapise it brought twenty three dollars and forty five cents. This assume the penhers would be contribute to the fund for the purchase of an antularse to be presented to the Red Gross. Such spirit and cooperation is typical of this fine group of boys and girls.

In addition to the contributing to the United Ear Fund and Red Cross, many boys and girls have ami are taking part in active Red Cross work. They are taking First Aid and defing seating and knitting. Some of the boys are taking special defense courses at school which will prepare them for defense jobs when they graduate. Others are on fire patrols for preventing and combating forest fires.

Elwood Damson of the Breen Hope 4-H club, well summarises the part each of then are taking to help win the war when he said, "I have sent in iron scrap, rubber, and other metals to help in this war. I have cut down my "going" to save gas and tires. I write on both sides of my paper I use in school. I also help more things at home such as clothing, food, fat, and other things, as I hope every one does."

Clothings

About fifty girls sere enrolled in elothing projects during the year. Hore than a mundred garments are made by the girls, and a larger number or more than ever before were remodeled or mended to conserve materials. The 4-H mobilization for victory reports show that thirty two conts, sixty three dresses, nine hate and twenty four other garments have been mended or remodeled by the girls.

We had no dress reviews or fair exhibits this year.

The October club program was devoted to a demonstration in the form of a playlet on greening. We stressed the cleaning, repairing and pressing of clothes to make them last longer and at the same time improve the A- H Hember's appearance. We demonstrated the correct way to press clothes (especially both boys and girls woolen garments) with the same of a pressing block and damp cloths. Emphasis was also placed on the same of shoes, and a homemade shoe box was demonstrated. Many of the boys and girls reported at the following club meeting that they had been caring for their own clothes in the month collowing the demonstration and a number showed marked improvement in appearance.

At this same meeting the girls were given patterns to make a simple coolars, dickies, hats, sittens, belts, etc. A large number are already wearing articles made by the patterns.

The girls seem to be showing definite improvements in their appearance, and increased interest in making their own shottes.

Looking to the Future:

We are looking forward to outstanding club work during the coming year. In the past few months we have reorganized the clubs in the county in an effort to contact more boys and girls with less travel for all concerned. In order to do this clubs have been reorganized in seven schools and other two communities. Plans are under way to organize new clubs in two additional schools right away.

During the approaching year we expect to emphsize citizenship more than ever before and encourage participation in projects that would help in the war effort, such as food and conservation. We will be meeting the clubs for an how once a month during the school year. Through out the summer we plan to hold community meetings and stress individual project work. Although the school clubs are made up of boys and girls from many communities, we are encouraging that they still maintain, under local leadership, neighbor recreational gatherings.

The programs topics following the woman's plan of work as suggested by the state office are being adapted to suit our local mosts and joint meetings of the boys and girls.