

ARRUAL RIPERS OF ROLE DESCRIPTION FOR IF HORTH CARCLING For a period of one year, Dec. 1, 1918 to Nov. 30,1916.

Mrs. Jane S. McKirmon, State Arent.

During the year 1916 forty-four counties were organized in home demonstration work and in these counties there were enrolled 5,781 girls and 2,864 woman, a total of 6,800 workers organized in clubs for the betterment of home and somemity and for the addition to the family income by gardening, comming, and other homeswifely arts. 5,465 girls and somem reported filling 470,614 tin came and 194,399 glass jars with fruits, vegetables, preserves, jams, and pickles; 11,867 glasses with jelly, and 4,171 bottles with intohup and grape juice; a total of 880,581 containers filled. These products represent a came value of \$117,016,45, cost \$25,482.50, and a met profit of \$86,585,96,

In estimating values the following male of prices was used:

	Cunned	in	Tin.		Canned	in	Glass.
Tomat ce s-	\$1.20	per	dosen		2.40	per	dozen.
Kraut					2.40		
Sweet potatoes				-	2.40	n	
String beans					3.00	9.	10 M
Soup mixture-					5.00		
Apple a		ar Mil			3.00		
Corn				-	3.00	11	
Peas				0.00	3.00		•
Berries				-	3.60		
Peaches				-	3.60		511
Pears	2.70		11	-	3.60		

Preserves and jum Other products in Glass.

75 per quart.

5011y 155 per glass.

Outsuber pickle 406 per quart

Ghow, chow, ste 506 per quart.

Extelup 206 per 10-cunce bottle.

Grape Julee 206 per 10-cunce bottle.

These prices are very conservative for the present market as only a few thousand caus of tomatoes sold unter \$1.20 per desen, most of them bringing from \$1.20 to 1.35. Preserves being anywhere from 75f to \$1.00 per quart and jelly

from 10% to Tod per glass. The sportness

jelly from 156 to 204 per glass. The shortness of the vegetable crop all over the state forced our products early into the market at fine prices and almost our whole output has been sold or engaged. Herchants, hotels, and institutions have been the buyers, taking what we could let them have at cash prices.

It is gratifying to see the attitude of these merchants towards Canning.

Club predicts. Five years are we had no reputation in the commercial world —
in fact worse than none, for we had to shoulder the reputation made by all the
hadly sterilized how products that had been offered the merchants for generations. Soday the North Carolina Canning Clubs are recognized by the buyers as
putting cut a commercially stendard product and they are able to like to the
local merchant as the assured market for their output.

During the spring and summer of 1916 conditions for gardening were most unfavorable. The long drought of April and May followed by the floods of July made a shortage of vegetables all over the state. Indeed, in the mountains where floods were most disastrous, many of the Glub gardens were completely wiped out. Under normal conditions for 1916 we could reasonably have looked for an output of 1,000,500 containers. With conditions as they were we were much encouraged to record 600,551 containers, an excess over 1915 of 47,104. This excess, with the advanced prices and the greater number of beans and sweets put upon the market, made a gain in profits of \$15,127,55 over the previous year. Several of our county agents sold tomstoes last spring to merchants for fall delivery at \$1.00 per dozen. It was gratifying to see that the Glub numbers were disposed to stand by the agent and deliver the products at contract price in spite of the fact that they were being offered from \$1.20 to \$1.50 per dozen. We had complaints from but two counties.

The three counties reporting greatest yields and profits in country by Club monhers are:

	No. Collegiant	• •	none Libertit.
Sampa on 425 -	65,503	- 411,082.55	2,770.60 - \$8,511.75
Anson 345 -	54,866	- 10,521.76	2,650.45 - 7,891.80
Walte 138 -	53,156	- 8,944.92	2,256,20 - 6,708,72

The following are the five best individual records:

Miss Blaic Yarborough, Gary, Walm County-	255.86	Profit.
Miss Bettie Vann Tapacott, Graham, Alamance County-	137.20	
Kiss Ella Kais Kelly, Rockingham, Richmond County	110,58	
	109.71	
	101.45	

The family record of Mr. and Mrs. Watts and their two daughters, Many and Clyde, of Amburn, Name County, is interesting. They canned in the summer of 1916;

2,000 cans tomatoes	-	200-00
5,000 came sweet potatoes		
500 cans string beans		75.00
200 cans corn		30,00
300 cans butterbeams		60.00
500 glasses apple jelly		45.00
8 quarts fig pickle		3,20
12 quarts fig preserves		9.60
6 quarte, scuppernong press		6.00
8 quarte tomato pickle		4.00
200 glasses blackberry jun-		
6,536 Total No. containers.	Estimated value	
	Extimated cost	
A STATE OF THE STA	Profit-	579.60

Margaret and May Belle Browne of Mecklenburg County have been consistent, energetic Canning Club members for five years and a report written by Margaret Covering that period is hiven:

"We joined the Tomate Club in the year of 1912 and have worked and harvested our fifth year's crop this the fall of 1916.

the first year we gained \$45.00 from our temate crop. It was just a late erop; plants were set out after the outs were out in June; and we sold all fresh, camming none that year. We did not have any trouble with discusses.

The second year, 1915, we had a different patch from 1912, and this was

the year that we made a pastry good profit on our work. We sold \$100.00 worth of fresh tomatoes, \$50.00 worth of cannot tomatoes, and used \$8.12 worth at home. In all, we made \$242.01 and our expenses were \$'9.74; so our gain was \$212.27. of did not have any vegetable except tomatoes on the patch this year. We had some trouble with blight and four pigs got in after the vines were full of tomatoes and tried to break the vines all up. We find that the fancy grocery stores are the best places to get top-of-the-market prices for our tonstoes and we never paddle them out to the houses as some people do. We grade as to size and quality and pack in boxes and got good prioss for each size. The merchant always knows he will find the fruit the same size throughout the pack. "The third year, 1914, we had lettuce and tomatoes both on our patch. The

lettuce was the fall orep and then we put tenatoes on in the spring. We sold \$125.56 worth of fresh tenatoes, \$27.46 worth we used at home, \$20.90 we cleared on our lettuce drop, and \$5.00 on our tomate ketchup. In all, \$178.00 was our year's receipts from our fifth acre and our expenses were \$7.70. Our profit was \$170.30. We put up two hundred jars of fruit from the farm averaging about 25d per jar and six hundred came of tomatoes worth 10s per can, averaging in all \$60.00 for fruit and \$60. for tomatoes. The cost of ome and sugar was \$17.50. The pro-

fit was 492.50.

Profit from farm----

Our fourth year, 1915, we had several kinds of vegetables on our plot-We had cabbage and onloss for fall crops and then our tomatoes for syring. We sold \$21.30 worth of cabbage. \$54.70 worth of onloss, and \$117.20 worth of tomatoes. 111 mided up, this gives us \$195.20. Our expenses were \$50.00 even; so we gained \$145.20 from our one-fifth agre. We had some trouble with the blight and out worms. From the farm we put up 90 quart jars of preserves walued at \$64.00, 125 jars of assued truit valued at \$51.25, 157 cans part of string beans and part tomatoes valued at \$15.70. The cost of cans and sugar was \$10.00. We had the jare already and the coat of new rubbers was very small. The total receipts for 1915 were \$294.15. The cost was \$60.00. The profit was \$234.15. Our fifth and last year that we have worked, 1916, we had beens, spinsel,

eress, masterd, corn and tomatoes. But we have a crop of spinach sown on our patch and beans started in rows for our fall crop. We made \$21.55 off of our lest fall beens, \$42.55 on spinach, 804 on mustard. We made \$6.00 on seed sorn of this year's raising. We used at home off of our fall crops, all put together \$11.55 worth and from this mumer's crop of tomatoes \$20.00 worth. We made \$102.15 and our expenses were \$15.90. Our total gain from one-fifth sore garden was \$36.55. From the farm we canned in 1916 two hundred quart lare of fruit valued at \$50.00, 150 came - part of beams and part of termtoes - at 104 per cam. making \$15.00. Our expenses were \$16.40. Our profit from the farm was \$48.30. The total receipts from our one-fifth sare and from the farm were \$167.85. - The expenses were \$22.30. The profit was \$35.55. This year of 1916, our county was badly hurt by the July floods and our garden crops were not sped.

the total profit of our five year's Gaming Glub work is \$888.77. We have received several nice prises which we have to be proud of, and one to think uf and be press of our thoughts, is that trip to Washington which we won as a prise in 1915.

Bettle Tenn Impenett of Burlington, Alemance County has written the story of how she marketed her 1915 crop, which is given;

one begin with, along in July when my tenetoes begin to ripen there was a decand for them from. I scarcely had enough to begin caming, so I ploint them off as they ripened, graded, placed in shallow heaket with the sten and down, putting about two layers in a basket with paper between. Having previous ly called and engaged them, I sold all I had for two weeks in this way at 15d and 20d per dos

I cannot only good firm tonatoes and made the over-large rumply, croshed, and small case into soup, batchup, etc. We filled an order of beams and pears to Beain Hall, at the University of North Caroline, Chapel Rill, N. C. Then that was delivered I sent Mr. Tischler, the man who buys for the Hall, a smaple of my tonatoes. Se immediately ordered 100 dozen. I had only 1,005 cans so the order was divided with a neighbor club member. I sent him 50 dosen.

I had already started a trade at a nearby village and did not core to lone

it by sending off all my goods.

I will tell you how I did this. I went to the people that I thought would be most likely to use towatoes and sold them just one can to try. I told them I would place them at one of the leading grocery stores of that place if they found they were better than those they had been getting at the stores and manted to use then they could go there and get them. He sold them at 10¢ per can. I paid him 20¢ per dozen for handling them.

The people soon began to call for 'Club Goods' and when the last-of my crop was exhausted and they had to fall back on factory filled goods the storekeeper told me the customers would look it over and say, 'I want tomatoes with

the Tapacott girl's name on them.

The Chapel Hill men told me if what I sent him last year proved O. K. he would give me another order this year. I guess it did, for he gave me just as Shoch as I would except - 150-gallons. I have filled it and sent it to him, and yesteriny I reserved an order from the same place for another fifty dozen. You see it is no trouble to find a market if you go at it right.

correctly mark, label, and crate all products I send off."

29 scholarships in schools and colleges are reported as having been awarded to girls in the different counties. 105 girls are reported as paying their way in school shelly or in part through their Cauning Club work. 191 winter gardens growing various wegetables where not one grew before have been planted. During the winter months the girls of the various Canning Clubs made a total number of 2,531 caps, agrons, and drespes. At the Club metings they gave 1,065 demonstrations in cooking meats and regressless and 555 in bread making.

Shinking it advisable that the disk girls and tops should one together to community work, Mr. E. E. Browne, State Agent for Dops' Clobe, has, with the cooperation of the Home Demonstration and the Burn Demonstration agents, organised 25 agricultural clube including in the numbership Omning Club girls and commonly of Com. Pig., Foultry and all other boys' clubs. These we hope to organise in every country.

Pollowing is a record by counties of Gaming Club work for 1916. . May apparent difference noted in number of containers reported and profit will be the difference in the value of fancy pages in class and the less expensive pages in class.

Counties.	Girls and Woman reporting.	Time and	Money		7	Girle'
	safatarid.	Glass.	Va.lue	Cost.	Profit. W	inter Gardens.
Alexanoe Anson Beaufort Bertie	. 34	20,880 54,868 8,375 12,220	4 4,283,36 10,521.75 1,057.35 5,095.78	\$2,070.85 2,650.45 259.40 778.95	\$5,212.50 7,891.30 777.96	Īī.
Cataria Chipping Chowas	1 16 56	2,014 5,350 2,940	865.33 442,55 844.10	119.50 110.65 211.00	445.83	Plood.
Croves Croves Cupterland	5 BB	15,498 5,452 4,731 16,647	2,116.70 782.45 1,016.80 5,275.45	529-20 196-60 254-20	1,587.50 586.85 762.60	Flood.
Darken	— 81 — 145	14,589 11,485 14,480	3,147,16 1,482.10 2,850.58	818.80 786.80 380.80 712.65	2,360.35	=
Freskiin	- 91 - 87 - 88	42,235 18,489 4,715 20,604	6,086.28 3,384.90 1,261.78	1,521.56 846.26 315.45	4,564.70 2,538.65 946.30	6 20 Flood.
Ballford Barnett	- 4	0,559 10,369 3,190	1,628.60 1,828.60 1,820.91 556.25		1,221.45	Ξ
Johnston Lee Lincoln	- 110 - 22	17,618 20,028 2,801	2,556,98 5,639.00 689,78	139.55 639.20 909.75 164.95	1,917.78	6 Flood.
Madison	_ 10	17,906 2,771 8,171	4,036.30 477.05 1,616,60	1,009.5	5 3,028.75	- Ploods

Summary of Conning Club Work for a Period of Pive Years.

1912 - 1916.

_ ze	ar:	No.counties organized	4 J	lo.girls : reporting:	No. came and jars	•	Value of products	: 2	otal cost	: 9 :	otal Profits.
191	2 :	14	•	, 229 s	33,019		\$ 3,301	.4	825		2,476
191	8 :	14	•	235 1	70,000		7,000	•	1,750		5,250
19	14:	82		814 1	259,019		35,361		8,425	•	25,935
191	5 1	37	•	2,886 1	655, 447	٠	104,241	•	28,985		75,256
191	6 1			3,453 1	680_553		117,816		29,432		88,383
	OTA	r d	•	7,117 :	1,676,036	1	\$267,719	•	70,417	•	1197,500
1912	_	and the		PERCHASION AND ADDRESS.		S.	M	,	建		Mark May 9
1913	_		-								
1914	_					1					
191	_				建筑			41			
191	5		43	Children .	304	1					Contract to the

Disgrap showing profits during five years.

Following is a total estimate for Comming Club work for the period of two years beginning December 1, 1916, and ending Nov. 30, 1916s

Total number products in tin and glass	1,313,995
Total value of products	222,058.35
Total cost of products	56,417.96 163,640.89

The poultry club work done by girls and boys under the county home demonstration agents supervision is recorded by Mr. Cliver, State Poultry Club Agent, who reports this work under the division of Agricultural Clubs.

HOME DESCRIPTION CLUBS.

Organizations for women received a great impetus this year in the enthusians of the county agents when plans which had been on trial in one or two
counties for a year had preven that they could be operated auccessfully. 30
counties report organized women's clabs with a membership of 2,864. 9 of the
remaining counties do not employ an agent long enough to carry on nyatematic work—
with the momen and 4 employed their whole-time agents too late to record work this
year.

county agent helps organize, as fast as possible the club is put upon a basis where it can conduct its own meetings. In the organization plant each local club is expected to have civic meetings which include smitation and the beautification of home and grounds, accial meetings, meetings where housewifely arts will be demonstrated, and meetings when the women come together to promote some industry that will add to the family income. In this last, famoy packs of preserves, pickles, and canning in tin take the lead because the momen have already learned to do these well. 1,147 women canned for the home, and for the market in 1916.

Fine needle besistry has been daits remmerative in some sections, as has cross stitch subroldery in others. The revival of the old hand loss for the weaving of rags is being pushed all over the state. It is going to take years to get women to market better and ages cooperatively in standard packs but a good beginning has been made. I quote from a report made by our innon County Americ.

We have one cooperative butter selling association. During the winter we sell our barsays and hams cooperatively at an increase of 24 per pound over the local market. All ages are seld on the local market as the price is good. In the cannot goods we have never yet put up more than we could dispose of."

Low of the claims argains that a large part of their winter program shall be the study of food values, the preparation of foods, and how to make and use home correlances. During the past year 2,830 demonstrations in coolding more made by these claim waven themselves. The following conveniences were constructed: 577 fireless cooling, 500 localess refrigerators, 1,644 fly traps, 90 kitchen cabinets, 55 floor caps, 21 sorubbing chariots, 39 wheeled traps, 64 ironing boards. 22 floors were stained under the direction of the agents. 51 water systems and 5 alones have been installed and a total of 1,070 butter paddles, moulds, theremselves, and shot gam cans purchased under the agent's advice. 259 winter gardless have been planted and cultivated.

We have a record of one woman who, to improve the looks of her place, painted her home with her own hands, asking the assistance of her husband only them the step ladder would not permit her to reach the caves. She planted blooming flowers, shrubs, and grass in front and so fired the anthusians of the ness on the place that they whitewashed all the fences and barns for her.

19 rest rooms have been installed and equipped in the different county tests for the confert of the rural woman when they come to town. These have been take possible by the cooperation with the county agent, chumbers of commerce, and somen's clubs. The rural clubs are getting strong support and cooperation from

the momen's clube of the term. In some instances women who have given emponential demonstrations in the rural clube have been maked to repeat these in a term club program. In two countries the Komp Demonstration Clube have formed a country federation which meets at the country sent four times a year in a clearing-house of club affairs.

Because of the strong organizations of girls and boys and the clube of men and women which the home demonstration and the farm demonstration agents have brought together it has been possible to organize community fairs where the results of the year's more may be shown and where a wholesome rivalry may be attendated. At many of these fairs convenient hitchens were installed, equipped with home-made conveniences, and the agent and club members demonstrated therein both how to use the devices and how to make them. But an agent might not be forced to judge in her our county, the agent from an adjoining county was sent over to not as arbiter. The judging was done in the presence of the people, standard score cards were used, and the whys and therefores of the smard were explained to the audience. The community fair thus becomes a community schools. One of the agents sent out as judge says:

"I judged the pastry supplies, canned goods, and seeing at six community fairs this week. All of these fairs were a decided success. There was keen interest shown, especially mong the women with when I come in close contact. I heard many women remark that they were going to exhibit better products next year. One could readily see at these fairs that the fam and home demonstration agents were doing notive work and they deserve much credit for the splendid results of their efforts."

Recklenburg and anson counties each had eix community fairs this year and Recklenburg is preparing for fourteen mext year. A total of 35 community fairs were promoted by our agents in the state. The best individual exhibit and sometimes the whole community subbit is east to the county fair. At 32 county fairs our trained agents were sent out as judges. 23 of these counties had convenient kitchens installed and operated by our agents as at the community fairs.

We were much limited in space at the state fair and ind room for only forty glass containers from each county exhibiting its Gauning Glub products.

These were so arranged that the advance in training was shown, the progress being from eacily storilised fruits and regetables to the more difficult regetables, preserves, pickles, and jellies. The exhibit as a shole showed a nursed uniformity and a wonderful fidelity to the standard. Guilford County received the prize for the best county exhibit and Wayne carried out first pressum in five different classes.

Sixty feet of space were alloted to the how pencentration division for the demonstration of its activities. Twelve county agents were called in to analyte the field force from the head office and an old loom was set in operation with an expert agent wearing rogs. Beauth miking went on in another booth with cross stitch embroidery mearby. A third booth was filled with all kinds of boxes and packages for parcel post marketing and the packing and grading of eggs, butter, regetables, and poultry were explained. The home convenience booth was very popular, particularly the demonstration of the making of the fireless cooker, the iceless refrigerator, and the home water system. Demonstrations of bread making and the preparation and cooking of mats and regetables were given in the convenient kitchen. In the last booth a demonstration of cauning in the was given and orders were taken for Glub products. Space did not permit us to show work done in home dress-making, the house beautiful, or in sanitation, but we hope to secure room from these next year.

Three counties have been added to the 44 reporting work toos, making 47 organised by November 1, 1916. 29 of these counties employ agents for their whole time, 4 for eight months in the year, 5 for six months, 7 for four months, and 1 for three months. For the supervision of the individual clubs in the county 156 sub agents are employed for three months at nominal salaries paid from local funds.

That shape women may do their work more effectually and cover the territory more thoroughly, 20 counties have either furnished automobiles and paid the running expenses or made it possible for the agent to operate her our machine. The 44 agents employed have traveled during the year 126,466 miles and held 11,561 meetings and conferences with an attendance of 142,135 people. They record 25,005 letters written.

mainteen effour women were sent out during the year to 91 Parmers' institutes to conduct the somen's meetings.

In August a Farm Woman's Convention, conducted by our home demonstration force, was held at the A. & N. College, Raleigh. Demonstrations in all our activities were given and 50 of our agents were in attendance. That this can be made a fine round-up meeting was evidenced by the attendance aggregating in the six Neetings 1,180 woman.

A home demonstration short course of twelve weeks was held at the State Sermal Gollege last winter for our workers, 16 agents and would be agents attending. Sefere the general casming work began, a state damning achool and coursement for agents was held. To agents and sub-agents attending. A one month short course in gardening, dairying, poultry and home demonstration work will be given at the A. & E. College in January, 1917.

Four technically trained women who wished to get practical training with the view of going into home demonstration work, were placed with well trained, gree tenatic agents during the hard canning season and remained longer for the training they received in marketing and the organization and conducting of wesents slabs.

We draw some of our best county agents from women who have satisfactorily gone through this probation period.

For some time there has been the med of a body of standard recipes for canned products with a simple explanation of modern methods of commercial canning. to fill this meed I propaged Extension Salletin No. 11, Coming and Propagating with All recipes, and in July the Division of Extension authorised the printing of 25,000 copies. From the first of July to December 1st, 12,000 of these bulletine have been sent out on request.

In Sevember a reprint of Extension Sulletin No. 7, "The Study of Foods and Household Conveniences," by Mics Jamison, home demonstration assistant specialising in foods, was authorized. This pushlet has proven so popular that the first edition of 10,000 captes was exhausted before eight months had passed.

The following compase the field staff from the sentral office of Home monstration Works

ire. June S. Medirmon, State Agent. Hiss Minnis L. Junison, Assistant Specializing in Pools.

Miss Grace & Schooffer, Organization assistant.

Mrs. J. H. Henley, Assistant in Canning for three months. Fra. Retelle Smith, County agent setting as Field Agent.

Mrs. Gretchen Bayne, County Agent acting as Field Agent.

Selow is given a record of niles traveled by home demonstration forces. onferences and meetings held, letters written, and demonstrations given:

kiles fraveled. Conferences, Rectings. Letters, Demonstra Bail - Feam No. Attendance. No. 1t. tions. Mrs. McKlemon State Agent. 7,069 147 385 7,171 8,360. Eiss Janison, Assistant 6,892 3,140 228 9,999 1,500 1,244 Miss Schaffer, Assis tout 1,382 200 County Agents 41,292 128,458 6,620 12,006 11,361 142,135 25,982 3,204 2,830 Girls 1.640 TOTAL 55,635: 152,182:7,083:12,745: 11,665:159,781:31042 8.918

Summary s

Sotal number of miles by rail and team traveled by state agent, assistants and county agents-	1 14
Total number of conferences and meetings held-	18.748
Total number of letters written	30 842
Total number of demonstrations given- Total number dairy implements bought under agent's advice-	- 1.070
Total number of home conveniences and devices unde-	- 3.193
Total number of rest room———————————————————————————————————	
Potal number of women sarolled-	2,864

See Page 14. Does not implude attendance at may community, county or state fair.

The following sketch by Mrs. Rosslind Radfearn, Home Demonstration

Agent from Anson County, shows something of the method of procedure in a county.

"In winning the confidence of the mean in the home I first try to find out that interests her most. In some instances she is won by working through the daughter's achievements in being, swing, or canning, which appeals to the mother her being a listing swing, or canning, which appeals to the mother help her nach her tomation at first became the mother would not let her mother help her nach her tomation at first became the mother would not let her mother help her nach her that saws the results of the sales of graded fruit the vary willingly agreed to peak two graded, one for sales and one for home use. One nother said, 'My folks all like big, fat biscuit and I don't believe that the little hard once are healthy myway.' After she agreed to let her little sampler make more bestem biscuit for the community fair by the Club recipe six was really as proud of the blue ribbon as the girl herself. Sometimes they argue that little beam don't taste good and that white butter is just like the or gives it. It is then that we try to teach them that a customer's tastes must be consulted before a sale can be made.

We have held several dairy schools showing good and had batter, churms, molds, wrapping paper, and cartons. We have had laders whides showing pictures of smitary and unsmitary conditions. At my two days' school in May it all special lessons on butter meding, demonstrated the isoless refrigerator and gave plans for building essent water troughs and spring houses. One demonstrator reports that she has sold mough butternilk to pay for her spring house. She uses an old stove to heat the water. One wemm who sent har butter to town two years ago in a tin bucket and received 15g per pound for it now sells all she on make at 50g per pound.

Caming for market appeals to the country women and they have many improvements in the hose from the proseeds. We amourage poultry growing also and have 150 club members in the county. Memower it is measure; I help them becare customers for their products. At the Club school in May I had four ladies give a report of what their egg, poultry and butter money amounted to in a year. The amounts were \$119.00, \$160.00, \$183.00, and \$227.00.

Holding the demonstrations in the communities and especially in the homes has resulted in purchasing better stemsils for cooking, better articles for the claims table, meatures in the home, and improvement in cooking.

I have tried to demonstrate that a good dinner does not commist of four kinds of pie, three kinds of preserves, two kinds of care, and beef, chicken, and has all at one time, but in a well-balanced diet. At the community fairs held so for this fall the heat plate of biscuit was made by Kurtle Lee, a little club girl twelve years old.

At our home demonstration meeting in March we divided and distributed bulbs, time, seeds, and home plats. The result of this has been good. One home that was especially here and forlers looking was so improved in appearance that it became a very domain occurrence to hear people sat, "the lives there?" One club member told me that it really rested her to get out end work in her filtowers.

At the Wharf Community Fair the display of flowers was a very attractive feature and all the summer have has been a friendly rivalry between the people as to who could grow the finest flowers. This formunity Glub was organized in January and one plan of activity decided upon was a compaign against flice. They report every home in the community screened either with wire or with mosquito meeting.

We have eleven community clubs in part of which both men and women are numbers. They have given special thought and study to the improvement of school buildings and grounds, better roads, commands against files, studies of goods, social lize for young and ald. At McParlam they used as the educational feature 'a Study of North Carolins, its People and Products.' At the close of this they had a spelling contest, using the names of counties, county seats, rivers, and mountains. This was very interesting and provided much fun as all acted as they did in school days years age. Mearly all these places observed 'Patron's Day' at the opening of school. We have had three lantern lectures from the Health Department, one from the animbon Society, two from the Dairy Division, and are now helding fine community hirs. These fairs are great factors in advertising the preducts of a community, in teaching leasons by compartson and observation, in impiring others to improve their schools, and in visiting the people in the community.

To my mind the outstanding results of home demonstration work are as follows:

The people are waking up to -

1. Better living committion.
2. The need of more conveniences for the home.

S. Better ways of earning money.

4. The relation of food to better health and to more efficient work.

5. The necessity of educating the children.

The women are lesing the feeling that all life is a drudgery because at the southly seelings, the samual picules, the institutes, and the community fairs, they get together and talk over better ways of doing homely household jobs, and led these are raised into the realm of interesting things.