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WEDNESDAY

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TECHNICIAN

North Carolina State University's Student Newspaper Since 1920

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Pack heads to Final Four

Post-play leads State past UConn, 60-52, on to Kansas City.

K. GAFFNEY
Sports Editor

Dayton, Ohio — N.C. State is pretty comfortable with uncharted territory; case-in-point, the Wolfpack women are 1-0 in the regional finals.

NCSU advanced to the Final Four for the first time in history with a 60-52 win over the University of Connecticut.

State struggled in the first half, unable to get its inside game in motion.

In that half, both teams collected just 14 points in the paint, but UConn faced over 13 minutes of the half without Paige Sauer, the 6-foot-5-inch sophomore, who had played so well for the Huskies in the regional semi-final.

Stacy Hansmeyer sank four field goals in the UConn frontcourt in the

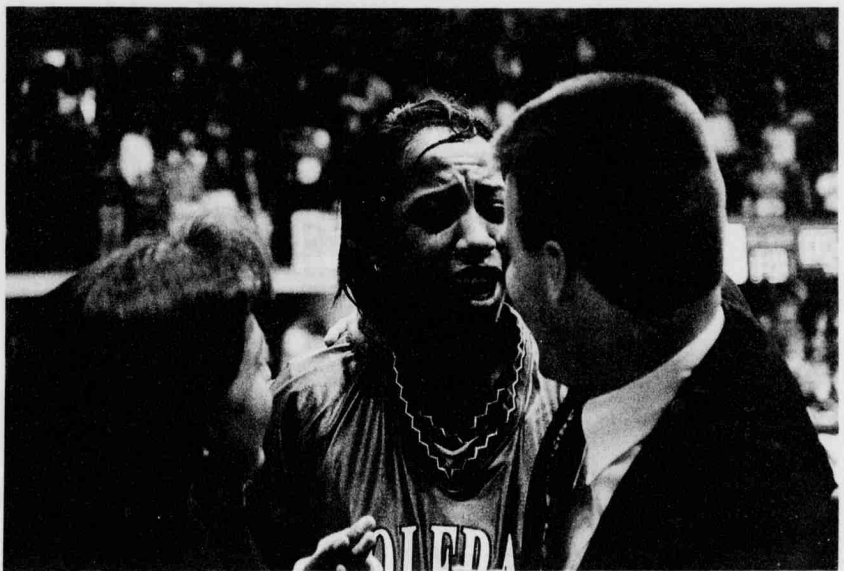
first half, while Sauer picked up just two points.

State post-players Chasity Melvin, Peace Shepard and Summer Erb combined for just 11 points. State also allowed the Huskies the advantage on the boards, collecting just 16 rebounds to the Huskies' 23 and a mere three on the offensive end, picking up just one second-chance basket.

State also found themselves in foul trouble early, with 10 in the first half, giving Connecticut seven points of their 28-23 half-time lead from the line.

Concentrating on the fundamentals, State took control in the second half.

While UConn, in its 13th year under the direction of Geno Auremma, pushed their lead to 10 points within the first three minutes of the half, State worked the inside and took a four-point lead just five minutes later.



See GAME, Page 2

Chasity Melvin helped lead the Wolfpack to its first-ever Final Four with 12 second-half points against UConn on Monday.

Civil rights leader draws crowd, security

High-profile lecturer speaks out against militia groups.

FRANCESCA CARPENTER
Staff Writer

On March 23, no one was allowed to enter the Witherpoon Student Center until they were searched and frisked.

The high security was due to Morris Dees, civil rights attorney and keynote speaker for Human Rights Week. Wake County and N.C. State police heavily guarded this founder of the Southern Poverty Law Center.

Dees has launched an attack on the Ku Klux Klan and white hate groups across the country.

As a result of the rise in racial violence, Dees launched a program in 1986 focusing on teaching tolerance. According to Dees, "Getting along is a problem in this country and has been ever since this country was founded."

Dees spent a lot of time talking about the cause of the Oklahoma City bombing.

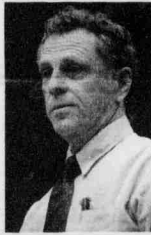
Even though the country was devastated at the sheer destruction, Dees believes that "the reaction was what the people behind the bombing expected." Dees went on to explain that the bombers were expecting the bombing to be the start of a race war in the United States.

According to Dees, Timothy McVeigh "felt he was a good soldier saving the country from the terror within."

The bombers obtained their knowledge and hate for the government from the Turner Diaries. The fictional book records the destruction and genocide of people of

Morris Dees speaks out at the Witherpoon Student Center, which was surrounded by sheriff's deputies for the event.

PHIL TERADA/STAFF



Sgt. K.A. Mathias and Officer J.A. Naylor bring Quatro, a 3-year-old German Shepherd, to search Witherpoon Student Center before the speech.

PHIL TERADA/STAFF

color in the late 1990s from the account of a survivor of the race war. The author of the book is the founder of the National Alliance, which is the largest white power group in the country.

Dees explained that the culmination of some white supremacist's hatred of the American government began in 1992 after the battle in Ruby Ridge, Idaho. The mother and son of Randy Weaver were

kill because they belonged to the Christian Identity group.

"The Christian Identity believe Jews are children of the devil and Aryans are God's chosen people," Dees said.

The membership to the racist group was not the cause of the FBI and ATF investigation, but rather was Randy

See SPEAKER, Page 2

Policy attracts attention

Course-repeat-without-penalty policy comes up for further debate.

TIM CRONE
Staff Writer

Freshman course repeat without penalty is an important topic for many N.C. State community members, both faculty and students.

With many in support and many in opposition to the policy, a review was scheduled for this year. Now that process is drawing to a close.

The policy, as it currently stands, allows first-year students who fail a course to retake the course without a negative impact on their grade point average. For instance, an entering student who fails computer programming is able to take it again the next semester and not have the impact of the zero quality points that

would be otherwise added to his/her GPA.

The Faculty Senate looked at the issue and proposed an extension of the policy for three years.

Many do not like the message that this policy seems to send. These critics feel that the policy is counterproductive.

Frank Abrams, associate provost for academic affairs, said these people do not feel that the policy is "consistent with inspiring students to take responsibility for their own learning."

However, he added that both sides were able to reach a consensus: that there needs to be better advising support for freshmen, both in the area of course selection before the semester begins and in giving students a "fair chance at the course."

This does not mean, Abrams hastens to add, that every student who signs up for the course

See POLICY, Page 2

Students celebrate India

India Nite '98 draws huge crowds.

LOUISA JONES
Staff Writer

Even people with tickets had to stand in the aisles of Stewart Theater Sunday night as India Nite '98 drew a crowd of over 800 people.

The International Activities Committee and Indian student associations, Ektaa and Matri, sponsored the event, which celebrated Indian cuisine and culture.

The festivities began at 5 p.m. with crowds of people waiting in line at the Student Center ballroom for a taste of Indian cuisine. The meal consisted of exotic dishes such as "shahi matar pulao" (basmati rice with spices), dried fruits and cashews. Another tasty dish was

"mutter paneer," which consists of green peas and a sort of "condensed cheese." The cheese had to be made by the cooks of India Nite since it is not sold in stores, said Umesh Rustogi, one of the organizers in charge of cooking.

The "chicken masala" was a delicious, slightly spicy dish. "Masala" means "spices" in Hindi and is a way of naming dishes, Rustogi explained. All of the dishes tasted even better with the "naan" bread, which looks a little like pita bread and is perfect for dipping into sauces.

And for dessert there was "gulab jamun," a sort of dough ball deep-fried and put in a sweet, syrupy sauce.

Rustogi and 10 other students started

See INDIA, Page 2

Wednesday IN BRIEF

N.C. State awards Watauga Medals

N.C. State presented three Watauga Medals on March 9 to citizens who have demonstrated distinguished service to the university.

Chancellor Larry Monteith at the 1998 NCSU Founders' Day Dinner presented the Watauga Medals, the highest nonacademic honor bestowed by the university.

The Watauga Medal was presented to Burton Beers of Raleigh, NCSU emeritus professor of history, in recognition of his lifelong contributions to education and public service. William Jenkins of Creedmoor, president of the N.C. Farm Bureau Federation, was recognized for the time and expertise he has invested in support of the university, the College of Agriculture and Life Sciences and the citizens of North Carolina.

Randall Ward of Raleigh, co-founder of This End Up Furniture Co., was recognized for his enthusiastic and generous support of NCSU.

Calendar committee adds class days

N.C. State in recent years had an academic calendar of 142 class days per academic year, beginning last semester, that number was increased to 150, as mandated by the University of North Carolina Board of Governors.

In 1996, Provost Phillip Stiles asked the NCSU Registration, Records and Calendar Committee to determine how best to add eight class days to the academic calendar.

To develop a balanced calendar that observed the objectives outlined by then UNC President C.D. Spangler, the committee developed a calendar with 45 Monday/Wednesday/Friday classes, 30 Tuesday/Thursday classes per semester and 25 classes per summer session.

The new spring semester calendar adds a day to the Martin Luther King holiday, maintains Spring Break and adds two days to the Easter holiday. The other four days were gained by starting on Monday instead of Wednesday.

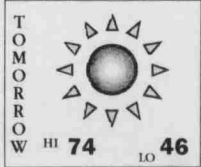
N.C. Museum of Art hosts events

The N.C. Museum of Art is featuring a tribute to Stéphane Grappelli at 8 p.m. Friday in the museum auditorium. Featuring Barney Pilgrim, Robbie Link, Don Merz and Tony Williamson, the acoustic string jazz performance celebrates the legacy of jazz violin master Stéphane Grappelli. Admission is \$12 and \$10 for museum members.

In the museum auditorium on Sunday at 3 p.m. is a lecture, "Gnomes for Angels: The Portraits of Georg Baselitz," by Michael Auping, chief curator at the Modern Art Museum of Fort Worth. Admission is free.

The museum will also hold an expressionist painting workshop from 10 a.m. to 4 p.m. Saturday and 1 to 3 p.m. Sunday, taught by Lisa Pearce. Students will explore techniques of arranging compositional elements to achieve a personal approach to the subject matter. Participants should bring their own portrait or landscape images. The cost is \$39 and \$34 for museum members.

OUTSIDE





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Game

Continued from Page 1

The Wolfpack's 14-0 run was sparked by six caused turnovers on the Huskies' end of the court and eight points from Melvin.

"They are bigger than any team that we faced," said Aurieanna of the Wolfpack's interior game. "And they took us away from what we wanted to do inside."

Among those eight points was

Melvin's 2,000th of her career. The 6-foot-3-inch senior's 18 point, 11 rebound performance on Monday night put her in the elite company of being only the second Wolfpack player ever to score over 2,000 points and collect 1,000 rebounds in a career.

Summer Erb also came alive in the final 1:13 of the game, helping put the Huskies away.

With 1:37 left in the game, State was up by just four points, but then with eight points from the charity stripe by Erb and junior guard

Kristen Gillespie, the Wolfpack earned its first ever trip to the Final Four.

LySchale Jones and Tynesha Lewis added 23 points, nine rebounds and seven assists in the backcourt for N.C. State.

Sauer and Amy Duran each finished with 11 points for the Huskies.

Melvin, Erb, Lewis and Sauer, along with Arizona's Lisa Griffith, were named to the All-East Regional team, with Melvin taking home honors as the Regional's Most Outstanding Player.

India

Continued from Page 1

cooking at 8 a.m. on Sunday morning in time to get the meal ready on time. A chef from the restaurant Royal India on Capital Boulevard in Raleigh supervised the cooks.

Following the meal was the performance section of India Nite, which was supposed to start at 7 p.m. but was delayed, due to the throngs of people waiting to see the show.

The show consisted of an ongoing skit intertwined with songs, dances and a fashion show. The skit told the story of a young man (Omer Salim) returning to his family in India after completing his studies in the United States. He brings with him his American friend Peter (Jim Wood), who is studying anthropology and stands out a mile in his baseball cap turned backwards, Hawaiian shirt, backpack and sneakers.

Through humorous interactions between the characters, the skit revealed some aspects of traditional Indian culture that many American viewers were probably not aware of. For example, in one scene Jim is interviewing Chachi (Seema

Farooqui), an outspoken middle-aged woman, for his dissertation.

He asked her if people date in India. At first, Chachi doesn't know what "dating" is, but Peter explained that it is getting to know a person and finding out what he/she is like before considering marriage.

"Oh, we do dating after marriage," Chachi replied, getting a laugh from the audience.

Later, Peter tells Chachi he heard some girls cry when they have to leave their families and go and live with a husband they had not even seen before the marriage.

Chachi said she didn't cry so much when she left home, but "I cried when I saw my husband," she joked.

The family ends by moving to Bombay with the son, who is looking for a job, and is exposed to the city life, which is a change from the village where the family used to live.

Incorporated into the skit were young men and women dancers in spectacular outfits. The women wore iridescent gold, magenta, red, green and yellow saris, pieces of lightweight cloth wrapped around the waist and draped over the head or shoulders. Gold and silver jewelry often accented the bright colors, and some clothes had tiny mirrors sewn into the fabric, making it sparkle under the lights.

After the intermission there was a fashion show highlighting various Indian wedding costumes and customs from different parts of the country. One young woman wore a dazzling red outfit with heavy gold embroidery, the traditional wedding colors in one area of India.

More dances and two songs followed the fashion show, much to the delight of the audience, which cheered loudly for every performance.

India Nite has been held for 30 years and is "traditional for almost all colleges across the nation," Arpit Shah, one of the co-presidents of Ektaa, said.

Over 100 participants and volunteers took part in the event, including N.C. State students, members of the faculty and other schools, with smaller Indian organizations who prepared dances for the occasion. Some dancers started practicing in January, Shah said.

"We are very hyped up about the event," he said. "Everyone looks forward to it."

Shah believes part of India Nite's success is due to the fact that it was held on campus this year. It was held off-campus for the past two years.

"This year, we brought it back to campus," Shah said. "It brings out the charm of it."

Speaker

Continued from Page 1

Weaver's involvement in the selling of sawed-off shotguns.

The murder of the Weavers caused other white supremacists to fight against what they call the ZOG. Zionist Occupied Government, and the NWO, New World Order. According to Dees, their purpose is to save "God's chosen people."

Due to the rise in membership of

hate groups, Dees enforced his already existing Klan Watch and Militia Task Force to tape conversations and meetings held by the Militia Movement.

"These people have tremendous potential for violence," Dees said. "Our government is playing into the militia's message."

He believes that the United States tends to underestimate the influence that these groups have.

According to Dees, the recent bombings in Atlanta — the gay nightclub bombing, the abortion clinic bombing and the Olympic village bombing — all have one

thing in common: they all go against the Christian Identity's message.

"Real patriots line up at the ballot box," Dees said.

Even though militia groups have a passion to cause great harm, Dees believes that the United States must "keep the door open to hear these people." The only way the United States will be able to deal with hate groups is by listening to them and challenging what they have to say.

Dees closed by saying, "We have to trust our government because it separates us from totalitarian regimes in the world."

Policy

Continued from Page 1

will pass. Instead, it means that students who apply themselves, go to optional instruction and do their work are able to pass.

Many feel that this is the only way to help students and that course repeat without penalty encourages laziness. Others feel that entering freshmen need to find out how well they will do with various course

loads before they bear the brunt of poor decisions.

Because of the debate, Provost Phillip Stiles appointed a committee of students and faculty to study the subject. Its "report was not entirely cohesive," said Abrams.

While the official report to the University Council recommended that the current course repeat policy be extended for three years, with the addition of more advising and academic support, a strong minority within the group felt that the policy should be extended only one year at a time for change-over.

"The provost has not made a

decision on what to do." However, Abrams felt it likely that one of two possible outcomes would soon be revealed from the provost's office.

The first and most likely possibility is a three-year continuation of the course repeat policy, with an in-depth review taking place at the end of each academic year. The other is that the policy will continue for only one year, with increased academic and advising support taking up the slack.

"It will be in effect for the coming academic year," Abrams said.

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6,000 faculty

226 majors

87 countries

50 states



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K. Gaffney

COMMENTARY



The fat lady has yet to sing.

N.C. State's women's basketball team, in case you have been living in a shell, has moved on to the NCAA Final Four, or as Summer Erb would say, "the HUGGE dance."

Of the three Atlantic Coast Conference teams to make the elite eight in the women's post-season tournament this year, most people would say that NCSU was the most unlikely of the bunch to be making reservations for Kansas City this weekend.

The Pack, who was picked to finish fourth in the conference in the pre-season polls, finished in a tie for second in the conference regular season standings, despite a strong run during the middle of the season, and bowed out of the conference post-season tournament in the first round with a rather embarrassing loss to Maryland, a team that the Pack had handily defeated twice in the regular season.

Most said NCSU wouldn't beat Old Dominion in the East Regional Semi-finals.

Most said that NCSU wouldn't beat Connecticut in the East Regional Finals.

Most don't follow Wolfpack women's basketball.

Which is not a stretch — even the local media is partial, firstly to the men's ACC teams and secondly to the high-profile UNC-Chapel Hill women's team, the only team in the triangle to hang a National Championship banner in their home arena.

In a press conference on Monday night after the 60-52 win over UConn in Dayton, Ohio, Kristen Gillespie, Tynesha Lewis, Chasity Melvin and Summer Erb were collectively asked if they had ever played Cinderella in the school play. All four answered no. And all four answered with a tone that implied that they didn't intend to, ever.

The Wolfpack doesn't see its run as improbable. Sure, the team had the equivalent of two No. 1 seeds in its NCAA tournament bracket to knock off to get there; sure, it was (and is) a No. 4 seed, trying to win a National Championship, something that no No. 4 seed has ever done.

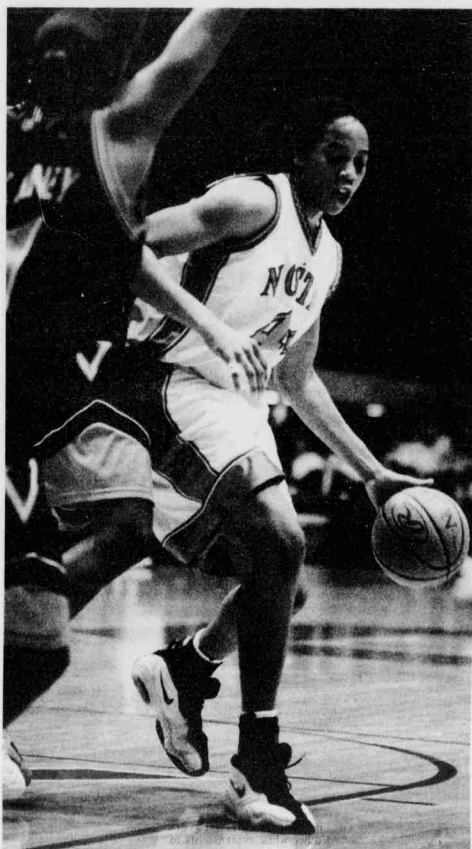
But the Wolfpack women are no Cinderellas on the way to the big (HUGE) dance — not just because Arkansas is now the lowest seed in the history of the tournament to make the Final Four, but because NCSU has had its dancing shoes on since the season tipped off in November.

State enters the Final Four with six losses, four of which came at the hands of teams that had made the Tournament. Three of those were to Duke and UNC-CH, who both advanced to the Elite Eight.

And so in Kansas City awaits La. Tech, Arkansas and Tennessee, a match-up that could draw a few more analogies about elephants and trees.

But, that too, would put history on the Pack side. It's just like Kristen Gillespie's cousin told her before the UConn game: no one thought that his team could do it, but he knew they could pull through.

Oh, did you know — Kristen's cousin played at State; his name is Terry Gannon.



Chasity Melvin, an impact player on the court since her freshman season, has learned this year that her impact off of the court is just as valuable.

Go-to player

Chasity Melvin regroups in the second half of the Wolfpack's regional championship game on Monday to lead the Pack to its first-ever Final Four.

K. GAFFNEY
Sports Editor

Dayton, Ohio —

When the 1997-98 basketball season started, senior Chasity Melvin wasn't worried about the pressure to put points on the board. She knew she could do that.

She was worried about being a leader.

While Melvin made an immediate impact on the Wolfpack's floor game, this season brought the six-foot-three-inch center from Roseboro, N.C., into the spotlight in a much different role, one that made her a little nervous.

"In the past, I've always had someone about me to act as the leader of the team," Melvin said in a pre-season interview. "But now I am the one that has to be the leader."

If there was any doubt amongst fans or foes alike that Melvin has added excellent leadership on and off the court to her resume this season, it was cleared up in this past weekend's trip to Dayton.

This past weekend, the N.C. State women accomplished something that had never been done before — advancing to the Final Four with wins over No. 1-seeded Old Dominion and No. 2-seeded Connecticut, largely due to Melvin.

In Saturday's match-up with ODU, a familiar team for Melvin and the Wolfpack, State's two-time All-ACC first-team honoree had a lackluster performance on the court. Collecting two fouls early, Melvin played just nine minutes in the first half and scored just nine points and added eight rebounds.

But at the crucial point in the game, Melvin took control of her team.

Over the first nine minutes of the second half, the Wolfpack watched a four-point halftime lead turn into a six-point deficit behind the three-point sharp shooting of the Old Dominion guards.

Wolfpack Coach Kay Yow took a timeout, and Melvin went to work, reassuring her teammates that the Monarchs were just making a run — something they had seen game in and game out, throughout 29 other

games that season.

No reason to hit the panic button.

The result? A 12-0 run in which the Wolfpack held ODU scoreless for over eight minutes en route to a 55-54 win.

Crisis averted.

Sunday's match-up with the Huskies could have been messy.

According to UConn Head Coach Geno Auriemma, the only game bigger than the regional final is the national championship.

And he should know, because he has played in a few of both.

State, on the other hand, had never played in either.

And while both teams knew that points in the paint would be important and while both teams struggled down low in the first half, it was Melvin and the Wolfpack that showed up in the second.

Whether it was the sense of urgency surrounding the Regional Final, whether it was the idea of playing in the Final Four or whether it was the knowledge that a loss would mean the end of her and three other teammates' careers at State, Chasity Melvin

See WOLF, Page 4



Chasity Melvin has scored over 2,000 points and collected 1,000 rebounds.

Pack baseball continues hot streak

Aaron Maher singles home the game-winning run in the ninth.

TIM HUNTER
Staff Writer

After blowing a five-run lead in the eighth inning, the N.C. State baseball team needed a little heroics to pull out a win.

Enter Aaron Maher.

The junior was inserted into the game as a pinch hitter in the bottom of the ninth inning, with the score even at 10.

"That's the kind of opportunity everybody wants," Maher said. "You want to be at the plate when the game is on the line."

Maher calmly dropped a single into shallow right field to give the Wolfpack an 11-10 win over Richmond in dramatic fashion.

"I saw the gap in the outfield, and I wanted to drive the ball up the middle," Maher said of his game-winning. "We had a good runner at second in Jimmy (Slaughter), and I knew if I hit the ball in the outfield he would score."

"They threw me a pitch that I didn't really get a good handle on, but it just fell in."

State had taken a commanding 10-5 lead in the seventh inning, only to see the Spiders rally back to tie the game. The Spiders battled back against the Pack in the top of the eighth, knotting the score at 10.

Richmond did most of their damage on a three-run double by first baseman Mike Dwyer.

State didn't panic despite the rally.

"We never really panic on this team. We have this aura of being invincible at home," Maher said confidently.

The win was the ninth out of the last ten for the surging Wolfpack.

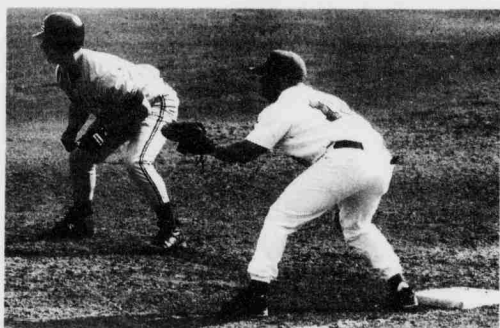
While Maher was the hero, it was another junior who led the Pack throughout the game.

Centerfielder Brad Piercy shined for State, going 2-4 from the plate and stealing five bases. Piercy also accounted for State's first in-the-park home run of the year.

"We think we are pretty much invincible at home," Piercy said of State's play. "Every time we come out here, no one wants to loose. We have had a lot of comebacks in my three years. No matter how many runs we are down by, we know we can win."

The junior from Shelby, N.C., lined a pitch to the top of the centerfield wall and had enough speed to circle the bases, beating the throw to the plate with a head-first slide.

Junior Whitney Hughes picked up his second win of the year for the Pack, despite an ailing foot. Hughes came on in relief in the eighth inning and was State's only anecdote for the Spiders' venom.



N.C. State's baseball team survived a late inning comeback from the Richmond Spiders, avoiding Syracuse-Syndrome in March.

"I admire Whitney for going out and doing what he did in the eighth and ninth," Avent said. "He was pitching hurt today. I questioned him going in, but he told me he wanted to pitch."

Several other batters got in the act for the

Wolfpack. Junior Noel Manley lined a two-run home run over the rightfield wall to give State its five-run lead in the seventh.

Four players had at least two RBI's for the

See PACK, Page 4

Wolfpack NOTES



Clark ranked No. 8 in National Polls

N.C. State golfer Tim Clark is currently ranked No. 8 in the country in the MasterCard Collegiate Golf Rankings top 100 list of national collegiate golfers.

Clark is directly behind the Georgia Tech duo of Matt Kuchar and Bryce Molder.

Of the 10 top players in District 3N, one of the eight national districts, nine of the golfers hail from schools that are members of the Atlantic Coast Conference.

In all, there are 15 golfers from the ACC in the top 100, including nine in the top 47.

Rory Sabatini, from the University of Arizona, continues to have a stronghold on the No. 1 position and is awarded 250,150 points, followed by UNLV's Jeremy Anderson, who has 198,505.

As a team, Arizona is ranked second behind UNLV and is followed by Georgia Tech and Clemson, respectively.

The Wolfpack is currently competing in the Georgia Tech Invitational in Atlanta, Ga.

Bracone, ACC players ranked in polls

In the latest Rolex Collegiate Tennis Rankings, N.C. State junior Roberto "the Machine" Bracone, out of St. Petersburg, Fla., appeared at No. 82, slipping from No. 51 in the previous rankings.

This comes despite upsetting No. 32-ranked Esteban Carril, who was previously ranked No. 25 for the Texas Christian University team.

Three Atlantic Coast Conference players are ranked above Bracone in the National rankings.

Duke University sophomore Doug Root ranks the highest among ACC players, moving up one spot from the previous rankings to eighth overall.

Clemson's Bruce Li and UNC-Chapel Hill's Tripp Phillips rank 69th and 79th, respectively. Li moved up thirty spots in the newest set of rankings.

Virginia Cavalier Brian Vahaly, Blue Devils' Jordan Wile and Alberto Brause also earned rankings in the top 100.

Men's, women's Final Fours complete

What do N.C. State, Arkansas, Louisiana Tech, Tennessee, Kentucky, UNC-Chapel Hill, Utah and Stanford all have in common?

Yeah, they are all Universities.

They are all also going to the Final Four. This weekend, the men's and women's Final Fours were decided across the nation. Three other teams got beat out in the Elite Eight, including both teams from Duke University. The Blue Devil women lost to Arkansas in the West Regional finals, while the men's team fell at the hands of first-year coach Tubby Smith and the Kentucky Wildcats in St. Petersburg, Fla.

The UNC-CH women took a 12-point lead over the undefeated Lady Vols of Tennessee in the second half, but couldn't hold on, while the Tar Heels men's team was able to hold off a pesky University of Connecticut team.

Tickets are available for the Women's Final Four; information is available through the N.C. State ticket office at 515-2106 or 1-800-310-PACK.

NCAA

Final Four teams

Women's

N.C. State
Arkansas
La. Tech
Tennessee

Men's

UNC-CH
Kentucky
Utah
Stanford

Women's College Basketball Poll

1. Tennessee	33-0
2. Old Dominion	27-2
3. Connecticut	29-2
4. Louisiana Tech	23-3
5. Stanford	19-5
6. Texas Tech	22-4
7. North Carolina	23-6
8. Duke	21-7
9. Arizona	19-6
10. N.C. State	21-6
11. Florida Intl	25-1
12. Alabama	22-9
13. Florida	21-8
14. Clemson	24-7
15. Western Kentucky	23-7
16. Hawaii	24-2
17. Illinois	18-9
18. Virginia	18-8
19. Vanderbilt	20-8
20. Stephen F. Austin	23-3
21. Utah	21-4
22. Iowa St.	23-6
23. UCLA	18-7
24. Iowa	17-10
25. Nebraska	22-8

Men's College Basketball Poll

1. North Carolina	30-3
2. Kansas	34-3
3. Duke	29-3
4. Arizona	27-4
5. Kentucky	29-4
6. Connecticut	29-4
7. Utah	25-3
8. Princeton	26-1
9. Cincinnati	26-5
10. Stanford	26-4
11. Purdue	26-7
12. Michigan	24-8
13. Mississippi	22-6
14. South Carolina	23-7
15. TCU	27-5
16. Michigan St.	20-7
17. Arkansas	23-8
18. New Mexico	23-7
19. UCLA	22-8
20. Maryland	19-10
21. Syracuse	24-8
22. Illinois	22-9
23. Xavier	22-7
24. Temple	21-8
25. Murray St.	29-3

ACC times two for Pack

Men's tennis tries to rebound against GT while the women take on UNC-CH.

JAMES HOPE
Staff Writer

"It's all I can think about," Francie Barragan said with grin. Barragan is of course referring to today's match-up with UNC-Chapel Hill. She, and the rest of the N.C. State women's tennis team, is seething with anticipation for today's bout with Carolina.

"It's a fun rivalry," Coach Jenny Garrity remarked. Garrity went on to say her team had been working extra hard for this match, and she was sure that the Tar Heels were doing the same.

State women's tennis has been on a tear lately, winning its last six matches. The Pack has not dropped an individual match since March 15 when State won a close match over Florida State where several of the Lady Wolfpack suffered losses.

Blair Sutton even has a gleam in her eye. Sutton will more than likely go up against UNC-CH's Jessica Zaganczyk. Sutton and Zaganczyk have played each other twice, each winning once.

"Tomorrow will tell the story," Sutton stated.

Ramsey Roberts, who has been absent from the courts due to an injury, is ready to lock horns with her Tar Heel opponent.

"I am so excited," Roberts laughed. She went on to say that even though she was a freshman, she understood the intense rivalry between the two schools.

While the ladies are taking care of business with the Tar Heels, the men will try to rebound from a weekend loss to FSU. Coach Hayes' squad only won two of the singles matches against the Noles and dropped two of the three double matches.

With the weekend loss, today's meet against Georgia Tech is crucial for any thoughts of post-season play.

Matt Brannon put his teammates' feelings into words.

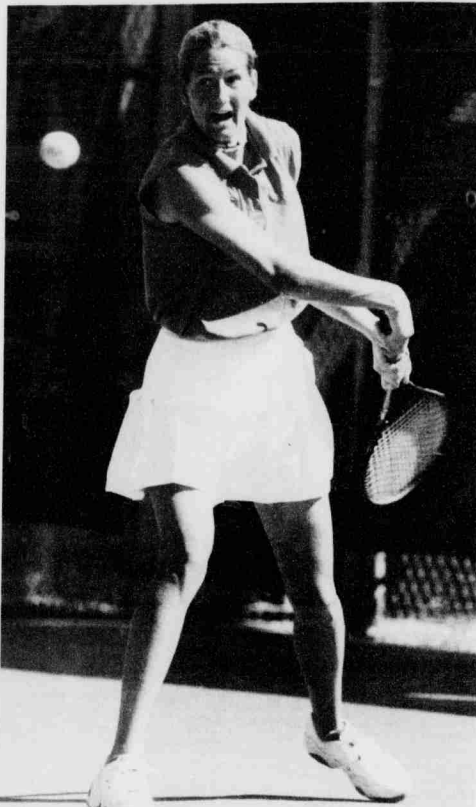
"It's a really big match...we really need to come out on top."

With post-season hopes hanging in the balance, Brent Kilray is looking forward to playing the Yellow Jackets' Trey Harris.

"He is a solid player," Kilray remarked.

Eric Jackson is the most confident of the Wolfpack players. When asked about today, he said he believed that State could "get it together."

Jackson not only believes that he will



N.C. State's men and women face-off against ACC foes today at the Wolfpack Tennis Complex on West Campus. Both matches start at 2 p.m.

Wolf

Continued from Page 3

did the thing that makes great players great.

She stepped up and led the Wolfpack charge right down the middle of the Husky offense.

In 20 minutes of play, Melvin collected 12 points, eight rebounds, two steals, one assist, committed just one turnover and no fouls and sank every free throw she attempted for the first time since State's match-up with Maryland in the Pack's 14th game of the season.

She was named, to the surprise of no one, as the Regional's Most Outstanding Player and, in the process, became only the second basketball player ever at State to collect 2,000 points and 1,000 rebounds in her career.

Pack

Continued from Page 3

Pack including Manley, Piercy and Brian Ward.

All-America candidate Jake Weber collected three runs batted in for State.

The win improved State's record to 19-6, while Richmond dropped to 18-7. State is 14-1 at home this season.

The Wolfpack will take the field again tomorrow, settling a score with the UNC-Greensboro Spartans. The two played to a 5-5 tie earlier in the season in Raleigh, before the game was postponed due to inclement weather.

The teams will finish the original game, then play another in Greensboro starting at 4:00.

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Put sleep before stress

College students need a lot more rest.

CHRISTINE OLDHAM
Staff Writer

You know the scenario: It's three in the morning, but you're still awake, studying for one thing or another. Next thing you know, your alarm goes off at 7 a.m. for your 8:05 class, which you could kick yourself for signing up for. You stumble out of your bed onto the icy cold floor, ready to start another lovely day. Too bad you've only had about four hours of sleep, half of which is needed by the majority of people.

So, you suffer through your classes, not really paying attention, just sitting there in a daze, fighting to stay awake. You doze over for a while, only to find the whole class, professor included, staring at you because you've been drooling and snoring. (Well, maybe not drooling and snoring, but definitely sleeping.) You leave class and frantically run to a coffee shop for a caffeine injection, which will temporarily help alleviate the problem.

Finally, you're back home and you find some time to eat. But the day is still not over — you've got studying to do, and perhaps you can fit in some time to just relax, but you really doubt a half-hour of "Southpark" can be that relaxing. So, what am I trying to say here?

Well, first of all, the idea that college students live these wild and crazy lives, partying non-stop, is not necessarily true. While we all may find time to fit in fun, it's usually at the expense of something else — namely, sleep. Students may look like they get everything done, but really, they don't, because they're not giving their bodies the amount of rest they need.

Lately, much attention in the media has been focused on Americans and their chronic sleep loss. College students are not often considered in this information. People take the attitude, "Oh, those kids are young. They can handle it. Back in my day..."

That's what many people think about college students — that they can handle it because their bodies are young. But no one can survive on three hours of sleep a night, at least not indefinitely. Most doctors agree that six to eight hours a night is the amount needed by most people, especially teenagers who are still growing.

But more and more students are finding they just don't have the time to sleep. As college careers become more and more demanding, students feel they have to take on numerous activities for the sake of their resume, or be considered lazy.

More than 90 percent of Americans need about eight hours of sleep. But most people don't get it — especially college students. A lot of the problem centers on stress, and sleep is one of several factors to

balancing stress, along with the RESTED list, provided by the N.C. State Counseling Center.

The RESTED list is "R" for relationships, which offer meaningful connections to other people and a way to deal with stressful situations. "E" is for exercise, "S" is for sleep and "T" is for time alone. "E" is for escape time, such as 10 minutes for each hour of studying, and "D" is for diet. Unfortunately, the list does not account for time spent going to various committee meetings or a job.

It's very difficult to find time to eat and sleep correctly, and living in a residence hall doesn't give a person much chance of time alone. Moreover, exercising, while on the "to do" list of many, falls by the wayside when it comes time to pick between it, and say, watching a favorite television show. Exercising can help you sleep better at night, though, as it helps you to wind down.

But sleep deprivation experiments demonstrate something more interesting than that exercise can help you sleep at night. Subjects deprived of sleep, on the first night, are often chipper — they can handle the deprivation. But the second night is marked by strong urges to sleep. As most students will tell you, sitting in class, trying to quietly listen to instructors can

See SLEEP, Page 8 ▶



A well-balanced diet wins out

Don't be afraid of carbohydrates and fats — they're good for you.

MEGAN RILEY
Features Editor

The Dr. Atkins' low-carbohydrate diet, popular in the 70's, is now back in vogue. Likewise, "The Zone" by Barry Sears, published in 1995, was on the New York Times Best Seller list this past fall.

The sales of these books increase despite the American Dietetic Association, the American College of Sports Medicine, the Woman's Sports Foundation and the Cooper Institute for Aerobics Research's joint statement, released in December of 1997, which said that high-protein plans are neither the answer for weight loss nor for athletic performance, and they can cause harm.

But who wouldn't be attracted to these low-carbohydrate diets? The nutritionists claim the diets cure midday sleepiness, bloating, mental fatigue, poor physical performance, sweets and caffeine cravings, hunger directly after meals, obesity and depression. They say the diets stop complications such as high blood pressure, high cholesterol, diabetes, heart disease, breast cancer and polycystic ovaries.

Sarah Ash, who has a Ph.D. in nutrition and has taught at N.C. State since 1988, warns against these cure-all diets. She said that you cannot isolate one aspect, such as the diet, and expect to solve all of the body's problems. "There is nothing straight-forward about the way the body works. It is very complicated and there are many layers of neurological, hormonal and metabolic controls."

She teaches her nutrition classes the recommendations of the 1977 Senate Committee, which set the Dietary Goals for the human diet as 12% protein, no more than 30% fat and at least 58% carbohydrate. She also supports the Food Guide Pyramid, developed by the U.S. Department of Agriculture, which advises people to have six to 11 servings of grain products, and only two to three servings of meats and alternatives daily.

Carbohydrates are important, Ash said, because they break down into glucose, which is the primary source of energy for the brain and

nervous system. It is also stored in the form of glycogen in the muscles, which is used as an intermediate energy source to work the muscles. She said that athletic endurance — the maximum amount of time one can exercise at a given time — is limited by a person's glycogen levels.

An athlete usually has a 90-minute supply of glycogen for a constant energy source. However, Ash said, if the person starts out with a low level of glycogen as a result of a low-carbohydrate diet, then that amount of time decreases. "There's just no getting around it — athletes need carbohydrates. You cannot maximize performance over the long term without maximizing carbohydrates."

Barry Sears' basic recommendation in the best-selling "The Zone" is to eat a 40-30-30 diet: one composed of 40% carbohydrate, 30% fat, and 30% protein. The numbers double the amount of protein called for by the Dietary Goals and significantly lower the amount of carbohydrates.

Sears theorizes that the human body is not set up to handle large amounts of carbohydrates. He looks at the evolution of humankind, where for millions of years humans existed on a hunter and gatherer's diet of berries, plants and animals. The modern agriculture system, which provides the grains for carbohydrates, started only 5,000 years ago. Sears says that the human body has not yet adapted to such a change.

Ash said that there are two problems with this theory. First, the average life span for the hunters and gatherers was only 18 years. Secondly, Ash said that changing eating habits on the basis of a no-longer-existing group of people when there are better, modern-day examples is a mistake. "When you look around the world today, you can certainly see a lot of populations who are living very long and healthy lives on a 60-20-20 diet, or even a 70-20-10 diet, like the Asian culture," she said.

Another mistake Sears makes, according to Ash, is that he takes the traits of a small percentage of a population, the Type II Diabetics, and generalizes them to the whole population. He says that too much insulin (the hormone that acts as a building-block for nutrients to turn into muscle and fat) is produced in response to large amounts of carbohydrates. He claims that this causes the carbohydrates to turn to fat.

Ash said that this would only be true if the person is insulin-resistant, or in other words, a diabetic. She said that while diabetics do go undiagnosed, only seven out of 100 people have the disease.

Furthermore, it is not proven that the insulin resistance comes before the obesity. She said that there is a significant amount of evidence to prove that high levels of insulin are the result of obesity, rather than the cause of obesity.

The reason why the high-protein diets do cause dieters to lose weight is because it restricts daily food intake to between 1,000 and 1,700 calories. Ash said that the old rule remains constant: if a person consumes fewer calories than he or she spends, weight-loss occurs. The dieter also experiences a large degree of dehydration during the first few weeks of the diet. That is because carbohydrates promote water retention and protein acts as a diuretic.

A N.C. State aerobics, fitness walking and gymnastics instructor, Riki McElroy, has a different viewpoint of the low-carbohydrate diet than Ash. She said that not only are two of her colleagues on the "Zone" diet, but two years ago she adjusted her diet by adding fewer carbohydrates and more "good" fats. Because she had some degree of "carb-

See FOOD, Page 8 ▶

Stress workshop at gym

If you can't take the heat, figure out how to.

SABINA SHAMDASANI
Staff Writer

Between research papers, midterm exams, projects and presentations, not to mention jobs and club activities, there are squabbles with roommates, hard times sleeping or social frustrations. Let's face it — college life can be stressful.

And if most college students have been lucky enough to have all major assignments due in the same week, they have come up with a special plan to help themselves handle the workload. A rare few decide to prepare ahead of time, but the most popular way to go is to cram. But this adds to the stress factor: besides worrying about receiving good grades, we must now also worry about having enough time to finish a project or paper.

It also doesn't help that while we are up all night, our roommate is getting the beauty sleep we need. So then we lash out at the roommate, have pesky arguments, call each other names and so on.

All of this builds up. But just when you think there is no way out, along comes an article in the newspaper, such as this one, and then you find out how you can deal with your life. Here is the best part: your solution is right here on campus and it is free! Are you ready yet?

Our Counseling Center is holding a Stress Management Workshop on April 1 at 5:45 p.m. in the athletics office. It is open to all students and faculty. Grace Finkle and Marie Bairdridge will present the workshop.

The major goals of the workshop are to teach students about stress and stress reactions, good and bad stressors, coping techniques and determining when you need help. Figure out what the optimum stress levels are and how your body subconsciously reacts to stress. If you think you are living a stress-free life right now, think again, because everything in life can cause stress (sorry if that last sentence just made you freak out).

This workshop is designed to change the way people look at stress. Finkle is a clinical psychologist and has been at N.C.

State since 1986. She works in the Counseling Center in Harris Hall where there is a professionally trained staff of experienced psychologists.

The Counseling Center can do more for you than you may think. Any kind of problem — school, roommate, family, career or personal — the center can help. Appointments are completely confidential. They are also available to talk to groups, such as fraternities or other organizations. They hold several workshops per semester. Some previous ones have dealt with time management, study skills and leadership development. An upcoming workshop, to be held on April 14, deals with male/female relations. You know if you need to go to that one.

If you want to find out more about upcoming workshops, you can check the university home page or call the Counseling Center. Registration for the Stress Management Workshop is in the Intramural-Recreational Sports Office of Carmichael Gym. If you would like to attend, contact them at 515-3161 and don't stress out, there is still time to register.

Deserved awards to filmmakers at last night's Oscars

The Oscars belonged to "Titanic" as it sailed away with 11 awards.

ROBERT GREENE
Staff Writer

During Jack Nicholson's acceptance speech for his third Oscar for Best Actor when he joked, "I've had a sinking feeling

all night," refer-ring to "Tit-anic" s almost laughable dominance of the 70th Acad-emy Awards this past Monday night, he could easily have been fore-telling the anti-climax that was to come.

Yes indeed, it was "Titanic" — that \$200 million, three-hour epic full of breath-taking visuals and a made-for-tear-jerking storyline — that ended up being the big winner. And the 11 Oscars the film garnered, including Best Picture and Best Director going to survivor James Cameron, certainly came as no surprise.

This year's Oscars, however, was something far more than simply the final coronation of historical greatness for the biggest movie ever. And had I not had problems with "Titanic" itself (the story had way too much built-in emotion and the characters were little more than 90's cliched cutouts), I might have dubbed 1998's Academy Awards the best ever.

In almost every instance, the winners were wonderfully right on. Robin Williams was perhaps the

best surprise as he won his first Oscar for Best Supporting Actor. It was Williams' performance as Matt Damon's friend/psychiatrist/father-figure that gave "Good Will Hunting" its uncharacteristic

texture of melodrama that felt absolutely grounded and beautifully real.

The victory for "Good Will Hunting" s Matt Damon and Ben Affleck (who both were the butt of the older jealous guys' jokes all night) for Best Original Screenplay was also a good pick, though not as big a surprise. And when the 20-something best friends received the award from another, slightly more experienced pair of buds, Jack Lemmon and Walter Matthau, the world got to see a truly inspirational crossing of generations.

Kim Basinger's somewhat surprising victory in the Best Supporting Actress category and Helen Hunt's win for Best Lead

Actress were both very deserved, as well. Basinger's role of bruised grace as the seductress in "L.A. Confidential" was easily her best performance ever. And Hunt was perfectly human in "As Good as It

Gets."

The two stars that shone brightest in the midst of the "Titanic" supernova, however, were obvious audience favorites. The first, "The Full Monty," won the Oscar for Best Musical or Comedy Score while providing the night with a jiggly undercurrent of fun. The second, Nicholson, was the un-Cameron man of the night, the Hollywood old canker sore that Hollywood wouldn't clear up if it could. His third Oscar for his role in "As Good as It Gets" was his eleventh nomination, making him the most celebrated leading man ever — and he played the part of clown king for the even-ing, perfect as usual.

If only a few things would have been different, I would have declared the 70th edition of Oscar night the most wonderful ever. If there weren't the glaring omissions of worthy films such as "Boogie Nights," "Ice Storm," "Chasing Amy," and to some extent "Kundun" from any real Oscar consideration, I would have been happier. And oh, there's that issue of "Titanic," No. 1, honestly did not think it deserved to be Best Picture of the Year.

Every other Oscar the film won I agreed with, but not the final one. In the end, though, as Cameron — the most thanked man of the evening — called for a poignant moment of silence to remember the 1500 people who died on the real Titanic, I gave in a little. It might not be "The Wizard of Oz," or "Gone With the Wind," as everybody seems to think it is. But "Titanic" just might be "E.T.," and I think I still tear up a little

every time I see that film. Oh, and there can't be a sequel — a bonus reason to just relax and watch the



most revered movie of the last two decades said into cinematic history.

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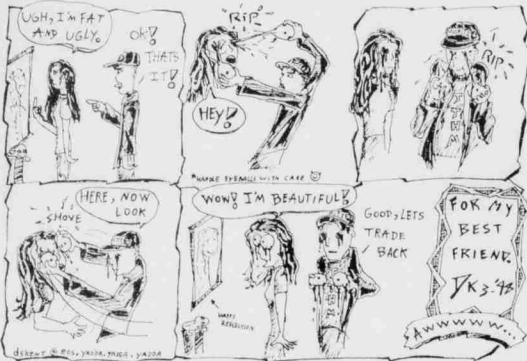
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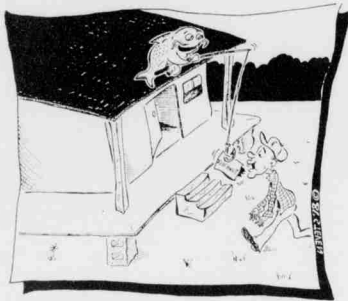
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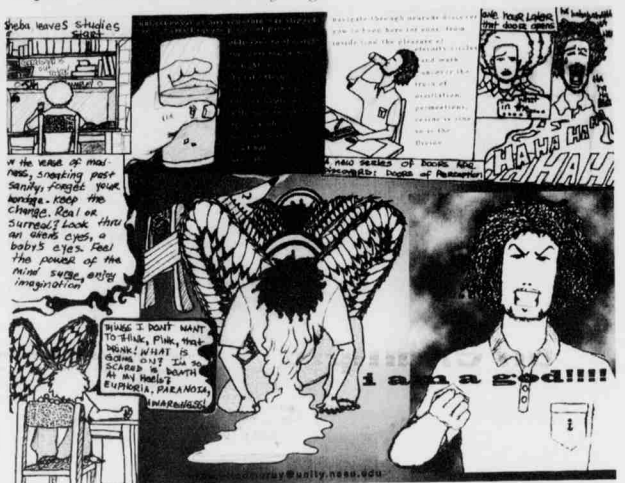
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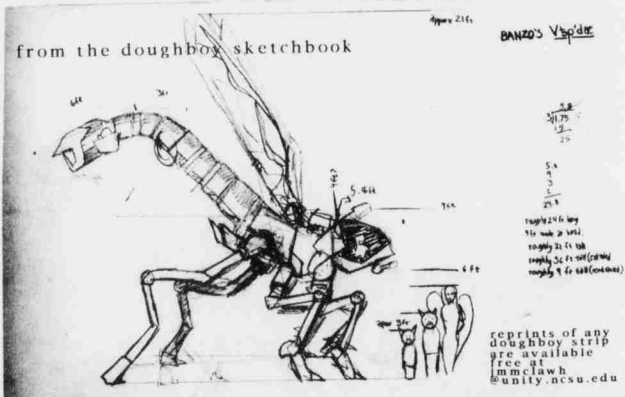
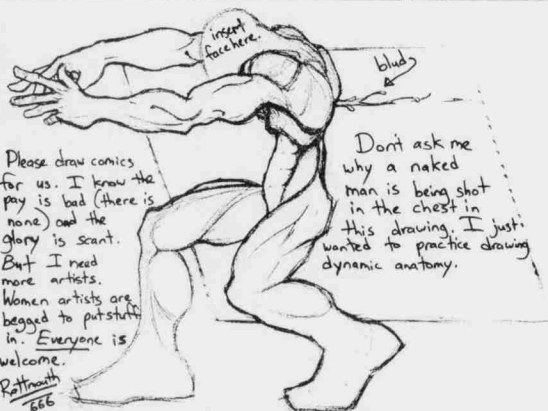
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Editorials

Keep repeat policy

■ Freshmen deserve to have the course-repeat policy.

Once again, the topic of course-repeat without penalty is making the news. Some people like it, some people don't. But all that really matters is that this policy helps out freshmen. It's too bad it can't be applied to all students, but we'll settle for the freshmen.

Students who come to this school, namely you typical, average freshmen, don't have a clue. When we say "typical, average freshmen," we're talking about kids just out of high school who've been on this campus a few times to check it out, sit in on classes, etc. They decide to come here and they sign up for orientation.

At orientation, many things happen. It's the first opportunity to spend the night in the residence halls with no parental supervision and get a taste of what's to come.

But the next day, the students at orientation learn about TRACS. While TRACS may be better than standing in line to register for classes, it still is not the easiest system to master, especially when you really have no idea what classes you want to take. If you do know what you want to take, they're already taken by everyone else who got to register before you,

and then you get to try your four other options they say to keep on hand.

So most people, not just the freshmen, usually get stuck taking some classes that may not have been part of the grand scheme of their original course schedule.

That's one strike against them already. And we haven't even mentioned that meetings with advisers are usually short or non-existent. And that means students coming straight out of high school don't get this whole credit only, drop period, audit only, etc. stuff because you don't have it in high school and people don't really explain it to you when you get here.

The Faculty Senate is currently proposing an extension of three years for this policy, and the University Council also proposed a three-year extension. The only thing that would be better is if it was permanently put in place. Future students should be counting their blessings.

The bottom line is that this policy helps out students who might otherwise feel a little overwhelmed. Not every student comes to college and immediately does well. And, really — we want to keep these students here and not punish them with bad grades before they've got a firm footing in college.



The debate: Does God exist?

PHIL BARETTA
Staff Columnist

I've reached my belief in God through two separate paths. Being raised a Christian, I was taught to accept the presence of God on faith, which I do. However, I have spent the last six years of my life as a "student of science" — a field in which reason and rational thought take precedence over faith. This training gradually led me to think very seriously about my religious convictions and whether or not monotheism is a logical belief. I eventually came to the conclusion that the existence of a supreme God is not only logical but also highly probable.

My train of thought began with, well, the beginning. The beginning of the universe, that is. The Bible simply states that, "In the beginning, God created the heavens and the earth." From a scientific point of view, this statement is not very satisfying. So I delved into the generally accepted scientific model for the origin of the universe — the Big Bang theory. This theory states that all the matter in the universe was once contained in a very small, very dense volume which suddenly exploded and distributed itself throughout space.

The scientific literature then goes on into elaborate calculations discussing how this matter then condensed into stars and planets and so forth and so on. However, all of these books fail to answer the key question involved with this theory — why did this Big Bang take place? Greenwood and Earnshaw's "Chemistry of the Elements" says this dense mass of matter exploded "for some reason." What reason? If scientists can trace this history of the universe all the way back to the Big Bang, why can't they explain the actual "bang" itself?

My answer to this question is simple: because God did it. Scientists today can tell just about

anything anyone asks about how the universe works (we even know how much an electron weighs), but understanding God's supernatural powers is beyond our reach. It's my belief that God created this dense volume of matter, caused it to explode and let it form itself into the universe as we know it. Other arguments arise if you consider the universe as it exists today. Many atheists, such as the great physicist Steven Hawking, say that science can explain so fully the workings of nature that there is basically no room for a Supreme Being.

He makes a valid point — science can explain rationally most natural phenomena — but, in my opinion, that's only because God designed

CHAD MESSER
Staff Columnist

Just imagine it: me, a small-town, God-fearing southern boy, writing a column defending the belief that God does not exist. While I may not agree with this position, it is important that all sides of an argument be given equal amount of time, so here goes.

There are many reasons why people say that there is no God, and some make a lot of sense. Some of these arguments are not against the concept of God, just the concept of one all-powerful One. Such is the case when one brings the wide variety of organized religions into question. This argument states that

People back up this argument with examples like the Wizard of Oz, where one man pulled all the strings, making him look much more powerful than he actually was.

Some people believe that if God existed, he wouldn't allow bad things to happen to good people. This argument holds a lot of water because bad things happen only to good people. The real butt-plugs out there in "Readerland," and you know who you are, constantly skate by, suffering no ill effects of their dastardly actions. Meanwhile the truly good people, like myself, are constantly having their genitalia run through the weed-wacker of life on a regular basis. I guess it builds character. Things like AIDS, Asian flu, cancer, Chapel Hill and Hanson still exist, just waiting to pounce on us and eat us alive, while some all-powerful entity watches over us and supposedly cares for us without lifting a finger to help. All the while singing "MMMhoo."

A generalized argument against God arises when people look at some of those bad apples that have managed to spoil the whole bunch. Priests fondle altar boys. Ministers fondle secretaries. Jimmy Swaggart fondles a whole lot of Fawn Hall. If everyone has his or her hand down somebody else's pants, then it is easier to dismiss God than to admit that human nature is to be as depraved and worthless as possible, stopping the fornication only long enough to take a swig of Southern Comfort before tackling the next sin. But who am I to fight human nature?

I admit that it is tough to swallow that a God came up with all these things that people could do, and then set the rules so that it was a sin to do them. I think that Al Pacino said it best in "The Devil's Advocate" when he ranted "Look, but don't touch. Touch, but don't taste. Taste, but don't swallow." At

since almost everyone believes in something different and everyone cannot be right, none of us are right. Hey, it might be a bit childish, but it is still a valid argument. Many nations believe in a Santa Claus and each one has a different interpretation of him, but that does not make him exist. The same can be said of the concept of God. Belief does not make Him exist, it just makes the Palestinians and Israelis drop bombs on each other.

Another argument is that God is a hoax made up by a precocious few who wanted to control the masses, and that the hoax is continued by a loyal order of devout followers.

Speaker sets an example

■ Hate groups are not the answer.

There has ever been a constant during the reign of humans on earth, it has been hate. The hate and intolerance of people considered "different" by other people has forever plagued the planet.

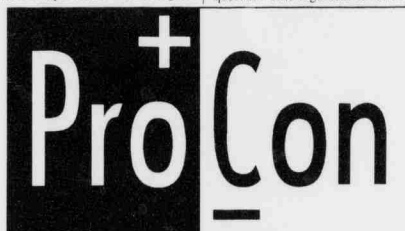
On Monday, a warrior in the fight against racism and racist militia groups spoke to N.C. State students, faculty and staff. Morris Dees, the founder of the Southern Poverty Law Center, spoke at the Witherspoon Student Center amidst a platoon of Public Safety officers, who were present for security reasons.

Awareness of the existence and violence of hate groups does not end with the speech Dees gave. Hate groups are present in North Carolina, namely the Ku Klux Klan. Dees has formed groups such as "Klan Watch" and the "Militia Task Force" to spy on the operations and movements of numerous types of hate groups. Hate groups such as Christian

Identity, the KKK, the National Alliance and the White Aryan Resistance (WAR) are the most plain-blank examples of violence in America. These groups practice their beliefs by bombing abortion clinics, aiming terror at minority groups burning churches, mosques and temples and marching on city streets chanting "White Power!" and "White is Right."

Every American has the right to say what he or she believes via the First Amendment, but when hate groups come into question, the line has to be drawn somewhere. These organizations are a horrid influence on the youth of America, and the images of Swastikas on flags and crosses ablaze will only cause storms of fear and confusion in young minds.

Students, faculty and staff must be on the lookout for hate crimes around the NCSU community and their homes. If anyone witnesses evidence of hate aimed at specific races, please inform local law enforcement officials as soon as possible.



the universe such that it operates logically, without His interference. For a good analogy, think of a car. Cars are designed in a similar logical fashion, so that they can operate without the assistance of those who actually created them.

While we're on the topic of machines, think of the most perfect machine you know — a vital machine, an essential machine, the one that is most important to you in your everyday life. That's right — the most amazing, most efficient machine mankind knows is the human body. Think about it — the complex circuitry of the nervous

See Pro, Page 9

See Con, Page 9

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BRANDY ANDERSON
Assistant Opinion Editor

There's nothing better than a good ol' country song to make you cry or realize that the song sounds a bit like your own life. Country music is making its way into the hearts of many people, young and old. And even though some still think that country music is a redneck's tune, I beg to differ.

I love listening to classic rock and even a little rap, but there's nothing like country music. When I listen to a country song on the radio, it makes me proud of who I am. Yes, I was raised a country girl, and I am very proud of it. I am proud to be what some call "redneck." Just

because I listen to country music does not mean that I am a redneck. That's actually nowhere near the truth. I wear surfer-chic clothes, and I love to hang out at the beach. I wear cowboy boots, or Wrangler jeans. I just appreciate the sweet rhythm of country music.

And no, my radio is not always on a country station. In fact, it's on the new local rock station. I love Aerosmith and what used to be Nirvana. I want everyone to understand that country music is not all I listen to. I just want to make all I listen to that "rednecks" are not the only people who listen to country music. In fact, several rock stars have been known to comment that they actually enjoyed listening

to country music. And this year pop great Sting recorded a song with a country star.

However, I don't think that you can blend country and rock. Each type of music has its own style and rhythm. But, the new hip and updated style of country music has me listening to what is considered "rock" country. In January, my roommate and I drove to Greensboro to hear the young voices of LeeAnn Rimes and Bryan White. We were so excited that we had actually got the tickets. After all, this was deemed country music's hottest tour on the road this fall.


We arrived an hour and a half early just to be the first ones in the

coliseum. And then, after a long wait, Bryan White stepped out onto the stage. His first song was one of his older songs, and my roommate and I were hooked. Then he started singing all these songs that sounded like a low-key Pearl Jam. The drums were pounding, and the guitars were electrifying. It was nice, but not what I paid to see. I thought I was at a band-aging concert. I think I even got scared at one point.

Then the long-awaited Rimes took the stage. If anybody could give my roommate and I good country tunes, it had to be her. And that's exactly what she did. Things were great.

See COUNTRY, Page 9


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Sleep

Continued from Page 5

be difficult. Researchers will tell you that 20 minutes is the ideal time it should take for a person to fall asleep, and that it is no surprise to see a head bobbing in class after that amount of time. And, many times, grades depend on a student's ability to stay awake in class and get the notes they need. Lack of sleep can affect grades. Students get stressed, causing a lack of concentration and motivation.

But, surprisingly, students don't always have a lack of motivation — it's just that in finding time to do everything you want to do — sleep, read, eat, study, work, study, exercise, etc. — sleep comes last. They just don't have time to enjoy doing anything, because they're like walking zombies going from one activity to the next.

The idea of going without sleep so as not to miss out on anything has been with the human race for centuries. The German poet and

Mystic Novalis, at the end of the eighteenth century, praised sleeplessness, commenting that "the less sleep we need, the more closely we approach perfection."

Unfortunately, though, the less sleep we get, the less perfectly we act. Teenagers are often accused of acting moodily. But it doesn't help when one has only had a few hours of sleep. You all know what it's like — one of your friends is complaining about all the tests they have, or how much sleep they haven't gotten, and you want to bite their head off because you've had three hours of sleep and don't have time for their drivel.

This aggression is characteristic of the sleep-deprived subject in studies. They often have mood swings, going from overexcited anxiety to easily provoked temper. But, as soon as they get sleep, they go back to being their normal selves. After many nights of sleeplessness, though, it often takes an extended period of sleep to erase the effects of the lack of sleep. In general, sleep deprivation subjects would sleep for 14 hours after four nights of sleep deprivation. This means that many of us are too busy

during the week to sleep and have to catch up on our sleep on the weekend. This, however, kills off any "fun" time without obligations.

So, is there any solution to our chronically sleep deprived souls? One solution is to learn to survive on less sleep. Start the first two weeks sleeping eight hours, then reduce by a half hour every week until you're down to your ideal level. Or, perform this test to see how much sleep you need a night: go to sleep the same time for three nights in a row. Sleep until you wake up. On the third day, wake up and count the hours of sleep you had — this is how much sleep you need every night. This will vary with every person, but should give you some idea of your ideal sleep levels and a yard stick for measuring how sleep deprived you are.

And, just remember this: when you're crying with frustration, it's time to give up and go to sleep. Despite men and women's noblest intentions, no one has ever been able to survive indefinitely without sleep. And when you start crying with frustration, it's time to go to bed.

Food

Continued from Page 5

sensitivity," this increased her energy and decreased her moodiness.

McElroy, M.A. has taught physical education and been a gymnastics coach at several universities across the country. She offers two sets of guidelines to her students. She wants them to find the diet that best suits them — that makes them feel the best. While she does offer the Food Guide Pyramid, she also teaches the information in the course's textbook, "In Fitness and In Health" by Philip Maffetone. Maffetone's book is like Sears' "The Zone" in that it cites carbohydrates as a problem in many people's lives, saying that "up to three-quarters of our population may be unable to process the amount of carbohydrates they are eating." However, instead of spelling out the diet food by food, he offers a plan to find the right amount of nutrients for each

individual. McElroy said: "The thing I like about Maffetone's ideas... is that each one of us has different fingerprints — we have our specific requirements for carbohydrates, proteins, and fats. That's going to vary from person to person. There really is no one-size-fits-all diet."

She only recommends taking Maffetone's "Carbohydrate Intolerance" test if the person has some of the symptoms that he lists, such as low energy, irritability and hunger directly after meals. The two-week test deprives the dieter of carbohydrates to see if the problems go away, and then gradually increases them until they reappear. The amount of carbohydrate the dieter can have without the symptoms reappearing is the amount that Maffetone recommends he or she should have.

The test helped McElroy find her "instincts" on what her body can eat. She said that "tuning into your body; learning to listen to it" is very important in eating. Instead of reading fad diet books, she recommends listening to yourself. She said that many diets recommend an unrealistic low fat

intake. She learned with Maffetone's book that natural fats are good in the diet. Instead of emptying out of the stomach quickly like carbohydrates, fat remains in the stomach to give the eater a sense of fullness. With the addition of eggs, cheese and peanut butter to her diet, she has stayed physically fit, her cholesterol level has been excellent, and she has energy that she never had before with her low-fat, high-carbohydrate diet.

Both McElroy and Ash warned against fat free foods, which have low fat but are loaded with sugar and calories. In the end, "a calorie is a calorie," Ash said. If you eat more carbohydrates than you can burn off, then you are going to gain weight, just as you would by eating an excess of fats.

They also said diets that are hard to maintain, such as ones where the dieter must count and weigh out every calorie, are unrealistic. Ash added: "Eating ought to be a pleasurable activity. It ought to be something you do in response to hunger. It ought to be something you enjoy."

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Con

Continued from Page 7

times, this does seem to be the gist of most organized religions, and it gets a little odd.

In my not-so-extensive study of this matter, the main reason I found that people don't believe in God is that people want to be in. They don't believe in rules; they don't believe in loss; and they don't believe in second chances. To these people, doing what they think is best for themselves — there is nothing wrong with that. In this "survival of the fittest" world, a person needs to look out for him/herself. No one has the right to tell them that "Thou Shalt Not yada, yada, yada." You get the point. They don't believe in being punished for their actions, as long as they are not illegal.

But, in the spirit of patriotism and good cheer, let everyone have his or her own opinion and "Freedom of Religion."

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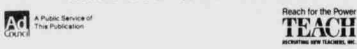
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Pro

Continued from Page 7

system, the way it's able to heal itself (don't you wish your car did that?), the fact that, if taken care of properly, it can last for close to 100 years. It is my belief that the human body itself is too much of a well-designed machine to have been formed by chance. In my mind, someone (or something) engineered the human body to be as wonderful a machine as it is. That someone or something has to be God.

Thinking about human beings leads one to consider an even more important concept — life. What is life? Where did it come from? Why do we have it, along with plants and animals, while other objects do not? I think we, as human beings, cannot answer these questions about life because we truly don't understand it — much like we don't understand why the Big Bang happened. If we truly did understand the creation of life, we would be able to create life on our own. Instead, we leave it up to God to provide this magic.

These rational considerations have served to provide a rational foundation upon which my faith in God exists.

Country

Continued from Page 7

Country tunes were filling the coliseum, and I was actually enjoying the 15-year-old sensation that has a tendency to make me sick.

Then, it happened. She started singing non-country songs. She had the audacity to sing Aerosmith's "Cryin'." As if that wasn't bad enough, her stage turned to purple and she sang Prince's song "Purple Rain." After all that, Bryan White came back on stage and together, the two of them sang Bonnie Raitt's "Let's give em' something to talk about." After that, they sang a few songs from the '70s.

I thought I was going to die. If I wanted to hear Prince, I wouldn't have paid to see LeeAnn Rimes. I was very disappointed. Although I love Aerosmith and Prince, I find it hard to believe that Rimes can sing these songs as well as the original artists. I can understand her singing old Patsy Cline and Loretta Lynn songs, but to have the nerve to sing songs from hot rock bands just baffles me. How does she think she can compete? Why deem yourself a country music singer and then sing rock songs? I don't understand it, and I really don't take care to.

Overall, the concert was not a bad one. I just learned a lot about country music that night.

What happened to the original twang and rhythm of country music? Artists like Dolly Parton and Kenny Rogers set the stage for more modern country music. Their music was not the original twangy and bluegrass-like music like that of Keith Whitley and Patsy Cline. When Dolly and Kenny changed the sound of country music, I don't think this is what they had in mind. Their tunes were perfect. Not too country, just enough.

When new country artists decide to trace country music's roots, only then will they be truly successful in the country music industry. When a country song is played over the pop radio stations, then it's not really a country song. Country music has different meaning and style, so when country artists sing non-country songs, it makes me realize that one day country music will probably not exist. And if it does, it will only survive in Nashville. That's pretty sad considering how far country music has come.

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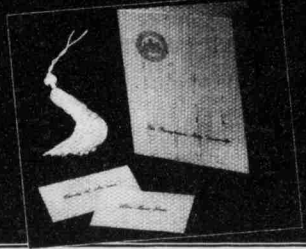
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Yale studies shuttle combustion

Combustion, a surprisingly little-understood phenomenon, is at the heart of a new study in New Haven.

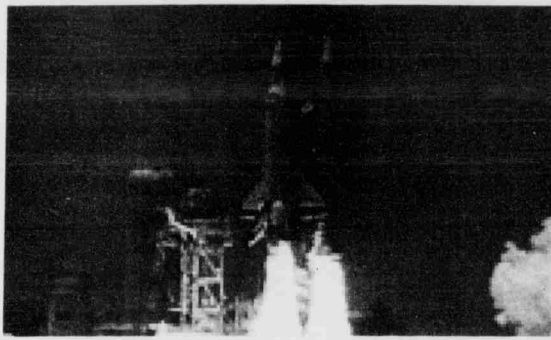
SUNG IL MOON
Yale Daily News (Yale U.)

(U-WIRE) NEW HAVEN, Conn. — Nothing scares an astronaut — or the National Aeronautics and Space Administration — more than a mid-flight explosion. Yet despite a complex web of safety measures, surprisingly little is known about one of the most fundamental chemical processes — combustion. "All of the U.S.'s space tragedies have been combustion-related," Yale mechanical engineering chairman Mitchell Smooke said.

Today, two Yale engineers are trying to shed light on what happens in the engine of a space shuttle when it blasts off from the Kennedy Space Center in Cape Canaveral, Fla. In a four-year, NASA-funded research program, mechanical engineers Smooke and Marshall Long are investigating the combustion process in near zero-gravity environments.

"It's one of man's oldest technologies, but a lot of basic understanding has yet to be done," Long said. He points out that scientists still do not know precisely what happens when something burns, or how the process varies depending on environmental conditions such as gravity and atmospheric composition.

Smooke and Long are studying what happens when methane, the simplest kind of fuel, burns. When methane burns, a chain of more than 100



The shuttle shown here uses combustion in much the same manner as other shuttles.

different chemical reactions takes place, forming various byproducts along the way. This makes it difficult for Smooke and Long to keep track of every step.

To simplify the science, they are conducting their experiments under zero-gravity conditions, where gravity does not affect how methane burns.

"It's the only place you can look at it without buoyancy," said Kevin Walsh GRD '00, who assists Long and Smooke and helped conduct the experiments. Walsh said many factors come into play during the combustion process and working in zero gravity "helps you isolate one variable."

However, Long and Walsh could not collect their data in a traditional lab setting. Three weeks ago they boarded a KC-135 aircraft — dubbed the "vomit comet" — that simulates zero-gravity conditions by flying in parabolic loops.

"Typically 40 to 55 parabolas are performed on each flight," said Dr. Karen Weiland, who monitored the duo's flight. "The micro gravity

time on each parabola is about 15 to 20 seconds and depends on the wind, weather and air crew."

At the NASA Lewis Research Center in Cleveland, Ohio, the team experienced zero-gravity conditions a total of 205 times over three days.

After Long gathered the experimental data, Smooke analyzed the results, using computer-generated models to better understand the underlying science behind the combustion process.

With improved comprehension of combustion, engineers would be able to construct sophisticated computer models similar to those the Boeing Corporation has used to study design changes on an aircraft's flight. By applying such models to combustion, engineers could create cleaner, more efficient engines in a relatively shorter period of time.

Such a computer model would make travel — both on earth and in space — safer and cleaner, as it would allow engineers to experiment with more creative designs at much lower cost.

Half-baked shooting goes awry

Two men at Iowa State University learn that faking an attack is not the best way to meet a girl.

KATE KOMPAS
Iowa State Daily (Iowa State U.)

(U-WIRE) AMES, Iowa — At the start of spring semester, many Iowa Staters were shocked to discover a fellow student and his friend were charged with taking part in a staged shooting during semester break.

ISU student Matthew Nels Bergman and Timothy James Hedden, of Odebolt, pleaded guilty on Monday, March 16, to various charges, including reckless use of a firearm causing bodily injury.

The men were originally charged with reckless use of a firearm causing serious injury, which is a class C felony and carries a maximum 10-year prison term.

The duo plea-bargained, and the new charges are a class D felony with a five-year maximum prison term.

In addition to the firearm charges, both men pleaded guilty to aggravated assault, an aggravated misdemeanor and filing a false report with police, a serious misdemeanor.

Bergman, 19, was a freshman in pre-architecture at the time of the shooting, which took place Dec. 16, 1997. Aided by Hedden, who is not an ISU student, Bergman conjured up a scheme to impress Julie Rens, sophomore in architecture.

According to police reports, the duo lured Rens to Stuart Smith Park, 1501 S. 4th St., where an armed and masked Hedden attacked her. Bergman then arrived to "save" her, and the two men struggled in front of her.

Police reports said Hedden shot Bergman in the right shoulder on purpose. When Hedden fled the scene of the staged attack, Rens took Bergman to get medical attention.

The Ames Police Department filed charges against Bergman and Hedden the same day of the incident. Sgt. Randy Kessel, who was in charge of the investigation, told the Daily on Jan. 13 that the police figured out the "attack" was a set-up almost immediately.

"It appeared to be a ruse they concocted for her to meet Bergman," Kessel said.

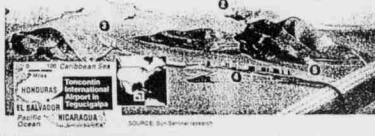
Bergman was arrested on Dec. 19, immediately after his release from Mary Greeley Medical Center.

Bergman, a native of Arthur, did not return to ISU after the incident.

Tricky landing

Plane crashes: Through international airports in Honduras one of the most dangerous in the world. What pilots face during landing.

1. Airplane begins approach about 3 miles from airport.
2. Within that distance, plane must descend rapidly, from 7,000 feet to 3,200 feet. There is no radar to help guide approach.
3. There must be some sharp turn to avoid mountains and valleys.
4. The runway slopes downward, making braking and stopping difficult.
5. Runway is only 5,037 feet (2,250 meters) long, and at least 20 feet wide. It is not a wide, flat strip of asphalt, but a narrow strip of gravel, with a lot of bumps.



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INTERNATIONAL NIGHT

"Around the World in 2 Hours"

April 17, 1998 Student Center Ballroom

Republican bill eases college bills

The college loan program may be saved.

KAERIE SIMONS
The Crow's Nest (University of South Florida-St. Petersburg)

(U-WIRE) ST. PETERSBURG, Fla. — Ask students on campus how they are funding their education and you'll often hear the answer: student loans. This is usually followed by the doomday forecast: "I'll be paying them back until I retire." Unfortunately for some people, that may not be far from the truth. But thanks to the tireless efforts of a few congressional leaders and some welcomed bipartisan agreements, applying for and receiving student loans may be a little less frightening and a lot less costly.

Recent discussions and decisions in Washington mean big changes for students and the financing of higher education. But reports often get clouded with figures and quotes and don't provide a clear enough picture of what the changes in the Higher Education Act really mean and how they'll effect students. This article seeks to remedy that situation by discussing the amendments in more detail and in more understandable terms.

In voting on amendments to the

Higher Education Act, one of the biggest issues facing the U.S. House of Representatives was student loan interest rates. When college students take out federal loans, the loan rate they pay is set by Congress rather than the marketplace. In other words, it's not necessarily the current average rate established by lending institutions.

Many Congressional representatives want to lower the interest rates students have to pay so college can be more affordable for a greater number of people. The lending companies don't feel the same way, however, because if the rates are lowered, they make less profit.

So to get lower interest rates passed, Congressional leaders had a battle on their hands for several reasons.

For one, it's an election year. Many of their constituents are in the very same financial businesses that don't want to see the rates dropped. When you hear people warn Congressional leaders, "Don't play election-year politics," it usually means don't let the threat of lost votes get in the way of legislative decisions you believe in.

When the U.S. House Committee on Education and the Workforce met to discuss the changes and come up with a plan that would work to satisfy all concerned parties, they were warned by both Chairman Bill Goodling (R-

PA) and Rep. Howard P. "Buck" McKeon (R-CA) not to let election-year politics play a role. Unfortunately, that is usually easier said than done.

Another problem facing the Committee: if lending institutions are not happy with interest rates on student loans, they could bail out of the program altogether. The point at which lenders would get out of the program, said Goodling, "is reached when their return on making these loans falls short of the return they could be making by investing elsewhere." A bailout would mean far fewer loans would be available to students. The lower interest rate won't mean much to the student who doesn't get a loan simply because there aren't any left. Congress had to find a way to keep the lending institutions from pulling out of student loan programs.

There's an even bigger problem associated with the threat of a bailout to consider and that is an interest rate change scheduled to take place on July 1.

Currently, a student who takes out a loan pays a rate based on an "index." The current index for variable rates would change on July 1 from the 91-day Treasury bill (T-bill) to the 10-year Treasury note (10-year Note). The current in-school rate of T-bill + 2.5% and the current in-repayment

rate of T-bill + 3.1% will change to a rate of 10-year Note + 1%.

What does all that mean? According to the Department of Treasury, these changes will make the student loan interest rates drop for the 1998 academic year...from 7.63% to 6.86% during the in-school period (the rate you are paying on your loan while you're still in school) and from 8.23% to 6.86% during the repayment period (the rate you pay shortly after you've graduated and are now simply paying back the lender).

The 6.86% rate would be great for students, but not for lenders. The lenders in the student loan program would lose a significant amount when the change takes place and, according to the Committee, have all indicated they are out of the student loan business under these rates. Again, what good would a lower rate be if there were no loans available?

In response, the first thing that happened was the Administration proposed something different than what would take place on July 1. They recommended keeping the current T-bill index but setting the interest rates at T-bill + 1.7% (6.83%) during the in-school period and T-bill + 2.3% (7.43%) during the repayment period.

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March 29 Has Been Named Special Olympics North Carolina Night By The Carolina Hurricanes

Raleigh, NC — Sunday, March 29, 1998, has been named Special Olympics North Carolina night by the Carolina Hurricanes of the National Hockey League. The game will heighten the awareness of the Special Olympics movement and provide a fund raising opportunity.

For every ticket sold by Special Olympics volunteers for the game, Special Olympics will receive a portion of the proceeds. The game features the Hurricanes hosting the Philadelphia Flyers at the Greensboro Coliseum at 7pm.

Three seating locations are available. For every \$50 lower level seat sold, Special Olympics will receive \$20. For every upper level seat sold, priced at \$45 and \$30, Special Olympics will receive \$15 and \$10, respectively. It is important to note that for the donation to count for Special Olympics, the tickets must be purchased from a Special Olympics volunteer. Tickets sold for the game through the usual ticket outlets will not be credited toward the Special Olympics fund raiser.

If interested in purchasing a ticket through Special Olympics, please call Venisha Bowler, Special Olympics Piedmont Triad area director, at 1-888-849-6260 or Courtenay Davis, Special Olympics Triangle area director, at 1-800-843-6276 ext. 105

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Baylor U. LSAT program helps minorities

■ The racial balance at the school is at the heart of the matter.

ADRIENNE BARINA
The Lambert/LBJ

(U-WIRE) WACO, Texas — Applications are now being accepted for the Texas Applesseed-Kaplan Minority Legal Scholars Program, which will provide free Law School Admissions Test preparatory classes for minority students.

Fifty students will be accepted into the program after an application screening process. Student eligibility is based on grades, financial need, essays and recommendations.

The number of students accepted, "is based on the number of students we can effectively service and fundraising done by Texas Applesseed and Kaplan," said Trent Anderson, executive director of Kaplan's graduate and professional division.

Anderson said Kaplan and Texas Applesseed expect to raise the number of students involved with the program in the following years.

The course typically runs \$800, and students who take it score an average of seven points higher, Kaplan officials said in a recent story for The Associated Press.

"We have had a very positive response and a large number of applicants so far," Anderson

said. Amber Slayton, a Carthage law student, said this kind of program will help increase racial balance in law schools.

Baylor law school's minority enrollment was up to 17 percent in 1994, Dr. Bradley Toben, dean of the law school, said. Since Baylor has been subject to the Hopwood decision, passed in March of 1997, which does not allow schools to take race into account when making admissions decisions, the law schools' percentage of minorities has been declining, Toben said.

"One of the big drawbacks at Baylor Law is the lack of diversity," Slayton said.

The Minority Legal Scholars Program "is open to all minorities that are under-represented in Texas law schools," Anderson said.

Texas Applesseed and Kaplan's goal is to improve minority scores on the LSAT which is an admissions requirement at law schools all over the country.

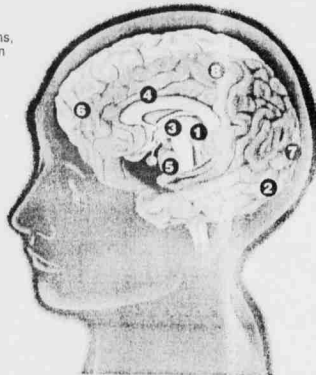
Applications can be downloaded from the Kaplan home page. Students must send in applications postmarked by April 17 for the June 15 LSAT; June 1 for the Sept. 26 LSAT and Sept. 14 for the Dec. 5 LSAT. Applicants accepted into the program for the June LSAT will be notified around April 25.

The dreaming brain

Sleep and dreaming are still poorly understood. Most dreams take place during the rapid eye movement (REM) phase of sleep, when some parts of the brain are aroused while others remain quiet.

ACTIVE AREAS

- 1 **Limbic system:** Source of strong emotions, aggression and long-term memory. Activity gives dreams emotional and sexual power.
- 2 **Extrastriate:** Processes complex visual patterns, such as faces. May explain dreams' vivid imagery.
- 3 **Thalamus:** Carries sensory signals to and from the cortex.
- 4 **Anterior cingulate:** Motivation, curiosity, interest in surroundings.
- 5 **Pons:** Triggers REM sleep by stimulating brain into activity.



INACTIVE

- 6 **Prefrontal cortex:** Crucial to intelligence, conscious thought. Inactivity may be why dreams are bizarre, illogical.
- 7 **Primary visual cortex:** Crucial for vision when person is awake.
- 8 **Inferior parietal lobe:** Processes experiences into memory. Dreams may be hard to remember because this part of brain doesn't process them in normal way.

SOURCES: Walter Reed Sleep Laboratory, National Institute for Deafness and Other Communication Disorders

Film portrays Nike CEO negatively

■ Children in sweatshops are not cool, according to filmmaker Michael Moore.

CRAIG ANDERSON
Arizona Daily Wildcat (U. Arizona)

(U-WIRE) PHOENIX — UA protesters opposing a pending athletic department contract with Nike spoke with labor rights advocate Michael Moore last week and previewed his new documentary, which negatively portrays the company's chief executive officer.

The preview, at Harkins Christown Theater March 16, was sponsored by the Phoenix chapter of Arizona Jobs with Justice. It included an appearance by Moore, the former host of the alternative news show "TV Nation," who answered audience members' questions after the film.

"Originally, we had hoped to have the film shown at Gallagher Theatre," said media arts graduate student James Tracy, co-founder of the University of Arizona chapter of Students Against Sweatshops.

Tracy said Moore's film tour is timely because the UA is negotiating a multi-million-dollar deal with Nike that would provide swoosh-laden athletic apparel to the university's 18 Division I sports teams.

The movie's title, "The Big One," refers to a scene in which Moore and a radio disc jockey try to come up with a less descriptive, more intimidating name for the United States.

During one segment of the film, which was made during a 1996 tour for his book, *Downsize This!: Random Threats from an Unarmed American*, Moore invites Nike CEO Philip Knight to fly with him to Indonesia to examine the company's factory working conditions.

"Here are two tickets to Indonesia, one with your name on it and one with my name on it," Moore said to the athletic shoe tycoon, showing him the tickets. When Knight declined the offer, Moore asked him to open a shoe factory in unemployment-ridden Flint, Mich. — Moore's hometown.

Although he initially agreed to consider

the idea, Knight later said he didn't think Americans would want to make shoes for a living — even after Moore showed Knight video clips of Flint residents shouting and pleading for jobs.

Tracy said the film's portrayal of Knight reinforced concerns that UA President Peter Likins is relying on him for information about Nike's conduct — especially since Likins has refused to officially meet with protesters.

Nike has been criticized for allowing its predominantly female factory workers to work 12-to 16-hour days for less-than-livable wages while breathing in noxious fume fumes.

"He (Likins) is like the cop that goes to a house to investigate spousal abuse and only questions the husband," Tracy said. After the movie, Moore told the audience that Knight is a likable person who has a conscience — although it is buried deep beneath his thick corporate skin.

"Phil Knight is one of my favorite crooks," Moore said. The film was made for British television.

Ex-grad student sues over bad dorms

■ Among other things, the living quarters were "dangerous, flooded, and moldy."

EMILY BLISS
Daily Princetonian (Princeton U.)

(U-WIRE) PRINCETON, N.J. — Former graduate student Jim Connell is suing the University for 60 counts ranging from personal injury to criminal negligence, citing several years of ignored complaints regarding his residential housing and laboratory conditions while studying neurophysiology, he said yesterday.

Among other grievances, Connell accused the University of providing "living quarters which were dangerous, flooded and moldy," causing him to develop a dangerous lung condition called aspergillosis, according to the complaint he filed last year. In addition, Connell "had to perform research in a laboratory that was undergoing asbestos removal and lacked a functioning fume hood," according to the same document.

Further, Connell said in the document that his repeated requests for improved living conditions were ignored by the housing department.

National



NEWS

Housing Associate Director Harold Szenes refused to comment on Connell's allegations. The University's legal representative in the case, Peter McDonough, was unavailable for comment, according to the University Counsel office.

Aspergillosis, a disease that involves mold growing in the lungs, can be cured only through daily high-level doses of steroids for a prolonged period of time, Connell said in an e-mail yesterday. He also said the steroids have caused an otherwise inactive brain cyst to grow, the cartilage on his knees to deteriorate and his stomach to erode, resulting in regular bloody vomiting.

According to Connell's official complaint, the University also made several attempts to deny him his student status. Connell said these attempts included accusations of general harassment and sexual harassment as well as a fallacious assertion that he was failing statistics. Connell said his professor told him he would pass the course if he did well on the final exam.

Technician Fun Fact #4:

Primrose Hall was the first home of the School of Agriculture. It was named after William Stuart Primrose one of the founders of N.C. State University.

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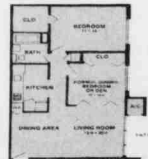
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Minutes From Campus!



Women Volunteers

Family Health International, a non-profit organization conducting research in women's reproductive health in the Research Triangle Park, is seeking sexually active women to help test a scientific survey questionnaire.

- To be eligible, volunteers must be:
 - willing to keep a simple record about condom use for six weeks
 - between 18 and 35 years of age
 - in a stable heterosexual relationship for the last six months
 - using condoms for the last three months

Volunteers will be paid \$75.00. Free condoms will be provided, or you may use your own.

For more information, please call Belinda at 1-800-706-6524 or E-mail birula@fhi.org



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