Hunt previews spending cuts

Raleigh, N.C. (UPI) — Gov. James Hunt previewed his proposals to cut federal government overspending Thursday after chiding President Ronald Reagan for not attacking growing budget deficits head-on. In his weekly news conference, Hunt said Reagan's Wednesday State of the Union address did not provide any substantial solutions for curbing deficits. He said although Reagan's proposal for a bipartisan committee to study the deficit was a good idea, the president has a duty to come up with his own answers to the preblem. "I think that's something the president should be dealing with and I'm very disappointed the president is not doing something about it," Hunt said.

The mounting deficit threatens to sour the autorization of the said strong and the president source the autorization of the said strong the president is not doing something about it,"

Hunt said.

The mounting deficit threatens to sour the current economic recovery, Hunt said, and unless it is reduced the c-untry is likely to face another recession. Hunt said he is preparing a budget position paper as part of his senatorial bid that will outline a program for reducing overspending and ensuring economic recovery will last.

Hunt's proposal centers on cutting wasteful spending and closing "non-productive" tax loopholes.
"I do not propose a tax increase,"

"I do not propose a tax increase," he said.
Hunt also criticized Reagan's treatment of farmers. He said although the economy appears to be improving, farmers still are in financial trouble because of high interest rates and the strength of the dollar, which makes American produce less competitive on overseas markets. He said Reagan avoided that problem altogether in his State of the Union address.

"I think the president as usual did a good job with his speech...but frankly, I did not notice any mention of agriculture," Hunt said.

Reagan's policies have been particularly hard on tobacco farmers, Hunt said.

"We know the Reagan administra-tion has cut the heck out of the tobacco program," he said.

Hunt, a Democrat, predicted Rea-gan's popularity and improving un-employment and interest rates would no- balance the cards in favor of Republican Sen. Jesse Helms if the men face off in the race for Helms' Senate seat. Hunt said his own record on North Carolina's economy will offset any national trend in favor of Republican candidates.

"Obviously to have the economy in pretty good shape...will be of some advantage" to Republicans, Hunt said. "But the people of North Carolina will choose whoever will best represent them in the U.S. Senate."

Hunt said travellers spent a record \$3.4 billion in the state last year, 11 percent more than the previous high in 1982 when the World's Fair in Knoxville funnelled tourists through western North Carolina.

Hunt said activities planned around the 400th anniversary of the English colonization of North Carolina will boost tourism spending this year.



Hold your mouth right

Phi Kappa Phi took on Sigma Alpha Mu in Fraternity league at recently. Intramural action resumes today with the Friday after league games starting at 5 p.m. on courts 7 and 8 in Carmichael Gym.

Senate enacts parking, flagpole resolutions

Co-News Editor

The Student Senate enacted four resolutions in its first meeting of this semester Wednesday night.

The Student Senate recommended in the first resolution to the Transportation Department that parking ticketing be stopped at 2 p.m. on Fridays, except in "N" and "S" (faculty) lots, due to Friday ticketing of people picking up students before 5 p.m.

The Senate passed the parking ticket resolution concerning the sign marking of buildings on campus was also passed unanimously by the Senate. The Senate requested that the university administration expand a pilot program that marks selected buildings surrounding the Brickyard with rectangular red on white building designation signs. The goal of the resolution is to help students and visitors find particular buildings.

The third resolution passed by the senators concerning the increase in student fees building succeeding the senators concerning the increase in student fees outlines where the additional funds received from the increase will be used and recommends that Student Government fees be raised from \$2.65 per year to \$4 derivant. "We (the Student Senate) didn't

per year.

"We (the Student Senate) didn't have a definite idea, to begin with, how much money we needed and could use." Rich Holloway, Student Senate President, said in reference to the initial proposal of raising the fee to \$5 per year.

to \$5 per year.

During a meeting of the Student Government officers, "we had to take a long hard look at it (the increase) and see what we wanted to do. If we had asked for less we might have come up short in the next few years," Holloway stated.



honors traise the flag.).

"I think the flagpole is a great idea," Holloway said. "I think it's a chance to get some of the spirit from last spring stirred up again. Also, ten years down the road, we can come back to State and be reminded of the great event (the National Championship)." Holloway stated.

In other business the Senate granted \$1,020 to State's Dance Visions, a dance organization for students, for an educational field trip to New York over spring break.

Professors study women in courts, prisons

Student Health Service sponsors smoking clinic

Start" and is designed to help people stop smoking and stay off eigarettes, said Holmes. The program consists of four small-group sessions. The program's focus is to make quitting smoking a positive and successful experience.

The clinic gives participants a chance to ask questions concerning smoking, said Holmes. "We will discuss three approaches to quitting which requires you to begin smoking and the program of the first proposed in the program of the clinic of the clinic. One method is the clinic of the clinic. One method is the clinic of the clinic. One method is the cold turkey approach" — one stops smoking on the dime, said Clay. This approach has the highest success rate. The second is the "tapering approach" — simply cutting back gradually (not longer than a week). The third approach is postponing which requires you to begin smoking at alter time each day.

Kathy Jones, a convicted murderer who escaped from Women's Correctional Center, is just one of 500 women of 1,600 prisoners in the North Carolina prison system.

Why is the number so small? Could no ffender's can have such in the control of the c

Why is the number so small? Could an offender's sex have anything to do with it? Matthew Zingraff and Ran-dall Thomson, associate professors in State's department of sociology and anthropolgy, said they think it does. Zingraff and Thomson, after ana-

"It's like the judge comes up and says, I normally give so many years for this offense; I'm going to give you 12 years less because you're a woman,'" Thomson said. This treatment is "partially the result of a kind of stereotype we have of criminals," said Zingraff.

Zingrafi and Thomson studied 9,464 felony and misdemeanor sentences from 1969 through 1977. Though felony charges, in most cases, received preferential treatment, misdemeanors did not. "If it's a felony offense, then the possible range of sentences is much larger

unan if it's a misdemeanor... senten-cing in misdemeanor cases is just kind of routine." Zingraff said. De-spite this, women guilty of child abandonment were given harsher sentences.

The paternalism theory is not the only thing responsible for sentencing differences. Women's expected roles also effect sentencing. Women are not typical murderers, "Zingraff said. Women who abandon their children may possibly violate a judge's expectations and be dealt with more harshly.

These differences are big, and Thomson said "women should be upset about it." Zingraff and Thomson said they agree that changes in judges' practices usually lag behind public opinion.

What effect North Carolina's Fair Sentencing Act will have is unknown. However, Zingraff and Thomson said they don't think this will eliminate discrimination in the courts, Still Zingraff said, "If equality is in fact demanded, women will start receiv-ing harsher treatment."

Dr. Elliot Cobb will be speaking to the group in one of the sessions. He should be able to answer any medical-related questions the group has about cigarette smoking, said

has about cigarette smoking, said Clay.

The three main reasons people smoke, said Clay, are: physical addiction to nicotine, habit or psychological dependence. People smoke to reduce stress, in relation to other events and peer pressure, said Holmes.

other events and peer pressure, said Holmes.
Holmes said, "Ask yourself three questions: Why do you smoke, how much do you smoke and what is your greatest difficulty in quitting (if you have tried?" Clay said one of the best aspects of the clinic is that you have the support of your peers who are experiencing the same problems which you are.

Honor Societies invite promising freshmen not admit women," according to Doris King.

Qualified freshmen will be invited to join two honorary societies within the next two weeks.

Phi Eta Sigma and Alpha Lambda Delta are selecting freshmen who attained a grade point average of 3.5 or above last semester. Those who qualify will be invited to join the societies and attend an initiation ceremony.

societies and attend an initiation ceremony.

Phi Eta Sigma, which was traditionally a male-only society, is committed "to encourage good scholastic performance among entering students," according to G.G. Long, State chemistry professor and faculty adviser for the society.

Students are inducted during the spring semester, and initiation ceremonies might include a dinner and a speaker, according to Long.

Most members remain active for only one year and participate in various service projects.

Alpha Lambda Delta was founded in the early 1920s at the University of Illinois because Phi Eta Sigma "did

Doris King.

King, State history professor, is co-founder and the faculty adviser of the society.

Of "several hundred chapters" nationwide, the first chapter in North Carolina was founded at State by King and Carolyn Jessup in 1970.

ring and Carolyn Jessup in 1970.

The society, which originally existed "to give recognition and encouragement to young women" has performed past service projects such as throwing a Christmas party for the county nursing home and helping a kidney transplant patient return to school, said King.

Although members are active for only one year, they are eligible to receive one of several awards given to seniors with high GPAs or one of 13 graduate school scholarships.

Exceptions are occasionally made to the entrance requirements. Any student who feels qualified may contact Student Development.

inside

Religious groups legislate in tolerance. Page 2.

- Anthony Webb establishes his goals. Page 3.

- Women face Terps. Page 5.

Gymnastics teams regroup.
 Page 6.

I used to have three theories on children. Now I have three children and no theories.

Friday: Chance of rain this morning, with partial clearing in the afternoon. Highs in mid 50s, low near 30°.

Weekend: Clearing and partly cloudy. Highs Saturday in the 40s, highs Sunday in the 50s.

Attention Students, Faculty and Staff: The Landscaping Project has been postponed until February 18. Raleigh's Parks and Recreations Department does not have the staff to supervise the project this weekend (January 28) due to illness. Thank you — Volunteer Services.

Committee: A meeting to discuss parking fee structures has been scheduled for Thursday, Feb. 9, at 11-05 a.m., in the Field House Conference Room.

University Transportation

Pack holds off late rally

A Quit Smoking Clinic is being sponsored by the Student Health Service in conjunction with the American Cancer Society, according to Gene Holmes, a volunteer with the American Cancer Society and facilitator of the clinic.

The program is called "Fresh

Men cagers top Duke 79-76

Devin Steele Sports Editor

Assistant Sports Editor

Durham — The Cardiac Pack's '84 visist to Cardiac Cameron was just that — a Cardiac affair.

But when all pacemakers were restored it was State's well-posed Wolfpack which escaped with victory, a 79-76 decision over Duke Thursday night.

It was freshman Bennie Bolton who quieted 8,564 noisy Blue Devil fans by sinking a one-and-one to complete a three point play with 73 seconds left. That gave State a 77-72 lead, but the Wolfpack also needed a shot deflection by reserve "defensive specialist". Harold Thompson with 31 seconds left to come away with its 19th win in 20 starts and its third straight. Gaurd Terry Gannon sank two free throws to seal the victory with 28 seconds left.

"I was able to come in and play as hard as I could," Thompson said. "All I ask of myself to give an honest effort."

State sank 11 of 12 free throws in the final 5:45 and 19 of 22 for the game, while Duke could manage only 12 of 25 for the game. The Wolfpack was nearly as hot from the field, hitting 30 of 49 shots (61.0% and 72% in the first half.)

The Wolfpack, 2-5 in the ACC, relied on the inside-outside punch of forward Lorenzo Charles (27 points, 8 rebounds) and point guard Spud Webb (19 points) to gain as much as a 13 point lead in the second half.

"The team and coach believe in me now," said Webb who out-quicked the Blue Devils and even awed their fans with a breakaway dunk in the second half. "He told us just to go out,relax and have fun. We feel like we are playing like we were at the beginning of the season. It's time for us to start winning."

Forward Mark Alarie kept life in the sluggish, slow-starting Blue Devils, scoring 17 of their first 24 points. He lead the Devils with a career-high 27 on a 12 for 16 accuracy from the floor.

The Wolfpack gained as much as a 12 point lead in the first hall Dehind Webb's outside shooting and Charles'

inside manuevers. It lead 38-31 at halftime.

The Pack was able to stave off the Devils' late charge, despite having three starters — Russell Pierre, Ernie Meyers and Webb — benched with five fouls.

Gannon added 12 points and lead State with six assists. Cozell McQueen and Pierre each grabbed 13 rebounds as State dominated the boards, 40 to 25.

"I was pleased with our board work, said State coach Jim Valvano. "When Peirre, Lorenzo and Cozell are in there we seem to board very well."

The Blue Devils, 14-5 overall 1-4 in the leaves also

are in there we seem to board very well."

The Blue Devils, 14-5 overall 1-4 in the league, also got 11 points from guard Johnny Dawkins, who was well below his number two ACC average of 20.0. Dan Meagher and David Henderson each added 10.

"Overall I'm not pleased because I thought we could beat this team." Duke coach Mike Krzyzewski said. "We were very tentative offensively. We missed some shots and we really shot poorly. Some of it had to do with State's defense and some of it had to do with our being tentative."

- Grapplers go for it all. Page 4

r that is entirely the product of the student body becomes at once the onicias or an interest that is, the activity and in fact the very life of the campus are registered. It is the mouthpiece through students themselves talk. College life without its journal is blank.

— Technician, vol. 1, no. 1, Feb. 1, 1920

Budget needs balancing

In his State of the Union address to a point session of Congress Wednesday sight, President Ronald Reagan prosed a bipartisan panel designed to ome up with a plan to reduce the ederal deficit. We think that this is an

idea long overdue.

The reduction of the federal deficit should be a top priority in the upcoming year and in years to come. In fact, it is an issue that should have been mar and in years to come. In tact, it is issue that should have been didressed long ago.

The deficit puts the United States in a society of the states of the seconomically. Being

The deficit puts the United States in a precarious position economically. Being in the "red" to the amount of billions of dollars means that the government has to borrow money to stay in operation. This puts the government in competition with the private sector for the monies available, causing increased interest rates. This is bad for private business because it makes capital harder to get and more expensive.

rates. This is bad for private ousness because it makes capital harder to get and more expensive.

Certainly this is a simplified explanation of one of the problems caused by the enormous deficit; however, this may be the greatest problem with it because this characteristic of a deficit can stifle private business. Without a healthy private sector, our economy is obviously in trouble.

The point to keep in mind now is how to reduce the deficit. Reagan campaigned in 1980 on a platform that included supporting a balancing of the budget. He chided then-President Jimmy Carter for his large deficits. Now, three years later, Reagan is the owner of the largest deficit in our nation's history. Apparently balancing the budget took a back seat to some of the other aspects of

the Republican platform, primarily military spending.

Early in his term, Reagan undertook an effort to cut federal spending with the goal of balancing the budget in mind, or at least reducing it. However, since then something else in the budget has gobbled up the gains made in reduced spending.

Close advisers to Reagan have emphasized the necessity to reduce the deficit. This need has been documented. The only question is how, and there is no clear answer without making some cuts in military spending.

Reagan has indicated that building and strengthening the national defense is a primary goal of his administration. It appears to be almost the sole goal. Reagan should try to tell an unemployed worker, put out of work by the strain on the private sector caused by the deficit, what is most important. Granted, a strong national defense is necessary; a national defense that is capable of starting and winning a war is not necessary.

starting and winning a war is not necessary.
Reagan needs to reevaluate his desire to massively increase defense spending. Possibly after reducing the deficit, when the economy may be stronger and able to handle some of the costs that the government now handles (i.e. employing unemployed workers) military spending could be reevaluated.

Certainly we are not advocating weakening the national defense. We do believe, however, that the same goals could be accomplished while spending less. Let's take care of our problems at home first while keeping an eye on problems abroad, not vice versa.

CENTRAL

Texas restricts education

According to the Bible, evolution never took place. At least that's what most fundamentalists believe. Recently the Texas board of education agreed with them by not requiring Darwin's theory of evolution in text books. And that is only the beginning.

Let's think for a minute what this means for academic freedom. Could you imagine a biology instructor covering up a picture of human genitals? Could you imagine a religion course that excludes almost every religion except Christianity?

And let's also think what it could mean for various publications. Some schools have banned Mark Twain's "Huckleberry Finn" for being racist. Newsweek has been banned for being too liberal. It's surprising that the Bible has not been banned for the sex and violence in it.

There is nothing wrong with offering other theories.

There is nothing wrong with offering other theories or opinions. What is wrong is excluding them. Public schools — primary,



Editorial Columnist

secondary, colleges and universities—should reflect the diversity within society. And that includes diversity in what is taught. If a group starts gaining control of what is taught, then it can shape the knowledge of those being taught. Suppose the postulated theory that blacks are genetically inferior to whites was taught to elementary school students. At that age many students would believe it.

The act of censoring could gain appeal. If

you can ban books then you ban the pre President Ronald Reagan had no regrets banning the press in the invasion Grenada. A federal judge in Winston-Sale had no regrets banning the press from ju selection at the Klan-Nazitrial.

And if this trend continues, then let's scr the Constitution. What good are ba constitutional guarantees if they are r followed?

The fundamentalists in Texas did r directly violate the constitution. But they colstort it for their own interest. They con have compromised with the Texas board education. They could have allowed be Darwin's theory of evolution and alternative theory to be taught.

No group should have veto power or expression of thought. Once it happens the can censor the press and speech. And aft those freedoms are gone all others a worthless

You didn't hear it here first

Here are some of the things I doubt you'll ear said in 1984.

hear said in 1984.

From John McEnroe: "Sir, my ball was out, and you called it in. Jimmy Connors deserves the point."

From Jesse Jackson: "I have no intention of making waves in the Democratic Party. The system as it operates is fair to all the candidates."

President Ronald Reagan: "I received a touching letter from a little girl in Madison, Wis., but I have no desire to read it to you."

Secretary of Defense Caspar Weinberger: "We overestimated our defense needs, and we're asking Congress to cut our budget in half."

natt."

An IRS agent (any IRS agent): "You're ight, and we're wrong."

Frank Sinatra: "Look at all the photographers. Let's go over and have our picture

Sex preoccupies Technician

forum

ART BUCHWALD Editorial Columnist

Henry Kissinger: "I have no comment."

Nancy Reagan: "What's that little kid doing in the White House?"

Secretary of State George Shultz: "See that the press gets a copy of everything we discussed here today."

Vice President George Bush: "I hope President Reagan isn't going to run because I'd like to go for it myself."

Rev. Jerry Falwell: "If there is a God, and I'm not saying there is. . ."

Fritz Mondale: "If I am elected I will continue the policies and philosophy of President Jimmy Carter."

David Stockman: "Mr. President, I think

there should be a little more fat in our soci programs."

The editor of Pravda: "When we're wror we're wrong, and we should admit it. Th Soviets overreacted when the United Statuplaced Pershing 2 missiles in Europa They're not the threat to the Warsaw Panations that we thought they would be, an we would like to return to Geneva as quick as possible."

James Watt: "If I had it to do all ow again, I would have kept my mouth shut an taken time to smell the flowers."

Anne Gorsuch Burford: "We all mak mistakes, but the EPA was my departmen and I take full blame for the chaos."

Johnny Carson: "I believe a wife deserve every penny she can get when she feels she' been wronged."

A power company executive: "We hav just discovered that our new nuclear plan was built with cheap materials and shoddlabor. This is no fault of our customers, and therefore we intend to pay for our mistake without passing on any cost to the consumer."



WHEN THEY LEAVE THE HOUSE, DO THEY REQUISIVE THEIR INMIXERBOOKERS
BELOW THE KNEET? TROUBLE! ARE YOU STARTING TO NOTICE—NOTICE
HOUGHING STAME ON THEIR HOES, FINGERS? TITEDUELS...TROUBLE! ARE
THEY MEMORITZING JORGE OUT OF CAPTAN BILLYS WHITEAMS? TROUBLE!
ARE WORDS SHEALOHG! INTO THEIR LANGUAGE? WORDS LIKE - SWELL!
TROUBLE! AND - 50'S YOUR OLD MAN! TROUBLE! TOOLSE!

Personal relationship with God breeds true happiness Once again, Technician has made another unsuccessful attempt to convince the average student that he is incomplete and, in some way, inferior if he refrains from sexual promiscuity. First, in Wednesday's main feature article, "New Year's resolutions made to be broken," I was particularly interested to find that, as a sophomore, two of "my" resolutions should be to I. Make love to my girlfined and 2. try to have sex with every girl I meet. In "Double standard still exists." an editorial that only a man that conquers women is macho, and is, in fact, "the epitome of the male race." Alas, I suppose I am a failure. Nonsensel If sex determines one's manhood, let's find some loose girl or even a prostitute, and all become men. That is absurd. The point is this: today's society places both too much, and at the same time, too little emphasis on sex. A contradiction of terms, you say. Let me explain. loving relationship with God and those around us. In the same manner, however, we also put too little emphasis on what ser really is. It is seen as a means of conquest, a gadget to play with as much as we can. From this attitude stems the seeds of guilt, frustration and slavery.

sex with every girl i meet.

In "Double standard still exists," an editorial column, I was informed that if I was successful in going to bed with a fernale professor for an "A" in her class, I would be slapped on the back by my friends for a job well done. Secondly, I discovered

We need to open our eyes and face reality. If sex is really as important as society has tried to make it, then life is indeed futile. "There is a way that seems right unto a man, but the end thereof, are the ways of death." Proverbs 14:12.

Salvadoran government represses human rights

Reagan's pocket veto provides for murder of opposition leaders with American dollars

Not long after Congress adjourned for the holidays, President Ronald Reagan quietly slipped an important piece of legislation in his desk drawer and let it sit the required number of days before moving it to the round file. This "Pocket veto" of the law requiring the certification of improvements in human rights in El Salvador was shrewdly timed. Had Congress been in session, it most certainly could have mustered a two thirds majority willing to oppose U.S. sponsored terrorism by the Salvadoran government.

and overlooked the progress made and "reforms" instituted since the 1982 elections. In reality, this law was one of the few restraints on Reagan's support of the repressive government of El Salvador. Its veto represents a major defeat for those Americans unwilling to have their tax dollars spent killing opposition political leaders, social workers and American church women.

The record of the Salvadoran government is clear. Small wonder the rebel leaders have so farefused to come down from the mountains and participate in "free election;" when they can see

leaders of even the moderate opposition murdered by death squads under the direction of the personal body guard of the President of El Salvador: Terror in El Salvador is countenanced by its highest government officials and financed by the American public. It is the responsibility of every one of us who pays taxes to hold our leaders accountable for the way they are spent. Will we let Reagan include in this year's budget the cost of murder in El Salvador?

Recognition means work



Jack Reynolds Feature Writer

Feature Writer

A pair of hands place a basketball on the floor of the court about five or six feet in front of the basket. The hands withdraw, and the basketball remains still. In the blink of an eye, the ball is whisked into the air and slammed home, dunked with immaculate precision. The pair of hands hang onto the rim briefly. And Spud Webb lets go of the rim and falls four feet to the floor, landing cat-like on his feet, ready to steal it away and dunk it again. "I started playing basketball in the sixth grade at a boys' club, mainly because my friends played," said Webb, State's 5-6 point guard. "When it came time for our first game, we needed physicals. Only a few of us had then, so we got to play. I started and scored 20 points."

CAN

BE.

Webb was able to dunk the ball before his senior year in high school. "People ask me if I have a trick to jump so high. I don't have a trick. I just take it in and do it. The first one gives me more juice to get another one."

Webb was named ACC rookie basketball player of the week after scoring 18 points against Wake Forest Saturday, but his contribution doesn't stop there. He had 13 assists and five rebounds and only committed one turnover in 39 minutes of action.

and five rebounds and only committed one turnover in 39 minutes of action.
"The (lack of) recognition doesn't bother me. After the Houston game, the media talked about the scoring," said Webb, who led Midland Junior College (Tx.) to the national title last season. "I had a lot of assists, and they didn't cover that. So, mainly, I have to establish myself this year. Then, they'll start to respect me."

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Webb said establishing himself will be no easy task. "There are so many great players in the ACC that are already established," he said. "Michael Jordan established himself his freshman year, and now he's getting everything. People are just starting to take me seriously."

Webb didn't find it hard to transfer from a junior college to a major university, "I just had to get used to the big campus and the ACC — larger crowds and bigger teams. I just play like I always have.

"The team's great.

"The team's great. There's no animosity," he said. "Everybody gets along."

Spud's given name is Anthony, although he doesn't necessarily prefer one over the other. When he was young, he had a big head and was nicknamed after the Russian satellite



"Sput Webb"
"Sputnik" or "Spud" for short. "Tve been called Spud for as long as I can remember. I think I might've been nine or 10 before I knew my name was Anthony."

Spud's future plans include graduating with a degree in political science, specifically criminology. After college, he leans toward teaching political science or coaching bastward teaching political science or coaching bastwall athough playing in the NBA has been a childhood dream.

And you've got to dream.

Leg length not factor in workout

ellness

Have you got a Wolf Wellnes nestion? Send it to us at Technician

Q. DOES SNEEZING MAKE THE HEART STOP?

A. The heart has a regular relaxation phase (diastolic when it allows itself to fill up with blood. There is nothing pathological or dangerous about this temporary rest phase. Whether or not a sneeze makes the heart stop is questionable. But this concern probably was responsible for the saying of "God bless you" when someone sneezes!

Q. DO I GET MORE AEROBIC FITNESS BENEFIT FROM RUNNING THREE CONTINUOUS MILES IN 24 MINUTES THAN FOR THREE SEPARATE MILES, EACH ONE IN LESS THAN 8 MINUTES?

A. The training effect is the same in both cases (from The New Aerobics, Dr. Kenneth H. Cooper).

Q. DOES KNUCKLE POPPING CAUSE JOINT PROBLEMS?

Q. CAN A WOMAN GET PREGNANT DURING HER PERIOD?

A. Although it is highly unlikely and theoretically not possible, some women have reported they have conceived during their period. The problem with saying one cannot get pregnant during one's period boils down to the problem of irregularity in a monthly cycle length which can be 28 to 40 days, more or less. One cannot judge just when their ovulation will occur, nor can one without a doubt count on any bleeding being their menstrual bleeding.

Q. I'M 5'3" AND RUN WITH A 6'1" FRIEND. WITH MY SHORT LEGS, I HAVE TO TAKE ALMOST TWICE AS MANY STEPS AS HE. DOESN'T THIS MAKE MY WORKOUT MUCH MORE VIGOROUS AND BENEFICIAL THAN HIS?

A. The answer given by Dr. Kenneth Cooper, author of Aerobics, may disappoint you. He says it may sound unfair, but the energy expenditure of tall and short people running on the treadmill has been measured, and there is no significant difference once you compensate for body weight. Only the very short one — below five feet in height — have to work harder to keep up.



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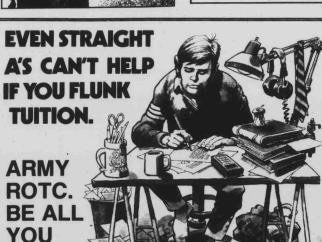
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For more information contact Cpt. Dan Thomas at 737-2428 or come to our information session on Tuesday, Jan. 31 from 4-6 p.m. in the Blue Room, University Student Center.





Tonight! \$1.00 STEWART THEATRE *******



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Saturday, January 28

7,9,11 pm \$1.00

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STEWART THEATRE

ports

Pack vs. Heels: big-time wrestling hits Reynolds

Reynolds Coliseum, not orton Arena, will be the te of a big-time wrestling ent tonight, and the per-rmers will not be Ricky eamboat and Greg Val-

The rivalry traditionally roduces a great turnout

and probably outdraws any other collegiate wrestling meet in the state other than the ACC Tournament. The defending ACC champion Wolfpack puts a three-year, six-match winning streak on the line. The Tar Heels finished second to the Pack in the conference tournament the past two-years.

"A meet like this is a very emotional situation," Wolfpack coach Bob Guzzo said. "I don't know what the outcome will be, but I know one thing — we will

give our best effort."

The Wolfpack is 9-4 and ranked 9th nationally while Carolina is 7-4 and ranked 16th.

The ratings, Guzzo said, does not make State the favorite, despite the assumption.

"Carolina beat Navy rather soundly (23-13), and Navy beat us soundly (27-15)," he said, "so what looked like a favorable situation at the beginning of the year doesn't look as good now.

"We've had as many as

six wrestlers out of the lineup at one time, and a few are doubtful at this time, so really Carolina has to be considered the favor-ite."

to be considered the favorite."

Billy Starke, State's
118-pound starter, and 158
pounder Chris Mondragon,
an all-America and ACC
champ, are questionable.
Starke has been slowed
with the flu, and Mondragon has been sidelined for several matches
with a rotator cuff injury.
Mondragon may return to the lineup against the Tar
Heels, according to Guzzo.
Guzzo said the match
should be exciting because
there will be as many as
five national-calibre
wrestlers involved.
Carolina's 118-pounder
Chip McCardle, 20-7, is
ranked 6th in the country
as is Bill Gaffney in the
167-pound class. Gaffney,
7-0-1, has been selected to
represent the east in the

State vs. Carolina Record: 7-4 overall, 1-0 ACC. Ranking: 16th nationally Series: 30-34-2

ACC Matches: def. Duke,

jured Matt King; and Robert Shriner, 14-3-1 in the 190-pound division.

Heavyweight Tab Thacker, ranked No. 1 at 16-0, also has been picked to represent the east in the East West event for the second consecutive year.

Vince Bynum, a 134-pound senior, is 14-2 and ranked 5th.

Guzzo said that
Mondragon, 8-1-1, would be
ranked if he had not been
injured. If the score is
close, Guzzo contended,
Thacker should get to

In the past two matches the opposing teams have forfeited to Thacker because the bout would not make a difference in the

Thacker has beaten Carolina's heavyweight Tommy Gorry, 8-6, several times in the past.

Easterling said. "However, we can't think past (Clem-ion). That would be fool-

State is coming off three consecutive losses against nationally-ranked teams Missouri, Maryland and the Naval Academy. Carolina is coming off a 45-0 blowout over Duke.

45-0 blowout over Duke.
Guzzo said Duke was not
that strong but "you still
have to consider us the
underdog because of our
injuries.
"I'm really proud of the
people we are putting in.
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Tankers entertain Tigers, Gamecocks amount of quality work since Christmas, " Easterling said. "However,

This weekend promises to be a busy one for both of State's swim teams as they host Clemson and South Carolina, in addition to holding their annual Parents Weekend.

For the men, the two meets offer an opportunity to preserve a glittering record and also avenge a 69-44 loss to the Tigers last year. The setback was one of only two Wolfpack defeats last year.

The Pack, 7-0, will probably put more emphasis on Clemson, according to State coach Don Easterling. An ACC rival, the Tigers are coached by Bob Boettner, a former assistant to Easterling.

"Getting beat by them last year is definitely an added incentive, since it was the first time we had lost to (Clemson)." Easterling said. "They just won all the close races."

For State, points will have to come in the sprint events and the diving

competition. Clemson will probably dominate all the distance events, according to Easterling.

One bright spot for the Pack will be the return of several swimmers, notably sophomore Eric Wagner and freshman Simon Drissoll. They, along with several other members of the squad, are recovering from illnesses.

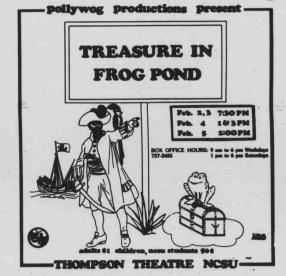
In assessing the weekends events, Easterling displayed a sense of guarded optimism.

"We've done a tremendous

son). That would be foolish."
The Gamecocks, like the Tigers, are ranked nationally in several events. They are led by senior Chris Berry, the team's MVP last year, and sophomore Soren Ostberg, a butterflier from Nauskov, Denmark.
In women's action, State coach Bob Wiencken is

faced with a puzzling dilemma. Each of this weekend's opponents presents a different challenge for his squad. Clemson excels in the distance events, while South Carolina is better in sprint competition.

(see 'Tigers,' page 6)





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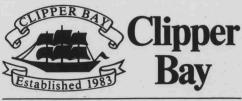
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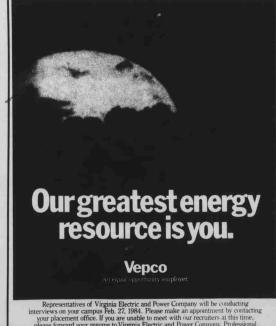


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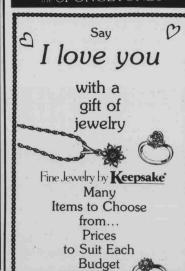
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Women's ranking on line against Terps

Sports Writer

When Maryland rolls into Raleigh Saturday to take on State's women's basketball team, history could be in the making. The game taps off at 7:30 p.m. in Reynolds Coliseum.

Besides being the only two teams to win an ACC championship, these bitter rivals also own the two longest current streaks of appearances in the top 20.

The 14th-ranked Terrapins have been ranked since the women's polls began in the 1976-77 season, 121 weeks ago. State, meanwhile, missed the first two weeks of the rankings in the initial year, but has stayed among the elite ever since.

This week, however, the Pack has dropped to the lowest possible spot in the poll, a tie for 20th with Vanderbilt. With a tough schedule in the weeks ahead, State is in danger of slipping out.

Traditionally, the matappearances in the top 20.

The 14th-ranked Terrapins have been ranked since the women's policy of the part of the

place in the ACC, but this year is different. The Terrapins, 4-2 in league play, and the Wolfpack, 3-8, both trail Virginia (6-1), Clemson (6-2) and undefeated North Carolina (5-0). Assistant State coach Trudi Lacey said the parity in the league is not unexpected.

"We're not really surprised," she said. "We anticipated the league being a lot like the men's league this year."

The conference's balance is evidenced by the latest

State

Record: 13-5 overall, 3-3 ACC Ranking: 20th Series: 8-9

Series: 8-9
ACC Games:
def. Ga. Tech, 65-52
lost Clemson, 67-73
def. Wake Forest, 86-68
lost Virginia, 64-75
lost North Carolina, 70-71
def. Duke, 86-62

Coach: Kay Yow, ninth season (103-60)

Players to watch:
G.—Robyn Mayo (5.7 ppg.)
G.—Debbie Mulligan (4.7 ppg.) or G.—
Tereas Rouse (6.2 ppg.)
C.—Priscilla Adams (8.9 ppg., 5.4 rpg.)
F.—Claudia Kreicker (6.4 ppg.)
F.—Linda Page (19.8 ppg., 4.4 rpg.)

guard Marcia Richardson (17.8 points per game), center Chiquita Wood (15.2 ppg. 8.1 rebounds per game) and forward Belinda Pearman (147 ppg.).

Coach Kay Yow's Wolfpack, which has been experimenting with various combinations this season, appears to have settled on a starting

lineup. Against Maryland. Yow will start Robyn Mayo (5.7 ppg.) at point guard, Debbie Mulligan (4.7 ppg.) at the No. 2 guard, Linda Page (19.8 ppg. 4.4 rpg.) at small forward, Claudia Kreicker (6.4 ppg. 3.2 rpg.) at big forward and Priseilla Adams (8.9 ppg. 5.4 rpg.) at center.

Other State players who

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should see action are Teresa Rouse, Angela Daye, Trena Trice and Carla Hillman.

Maryland

Becord: 12-4 overall, 4-2 ACC Ranking: 14th Series: 9-8

ACC Games: def. Wake Forest, 76-49 def. Duke, 81-54 def. Ca. Tech, 80-59 lost North Carolina, 79-80 lost Clemson, 63-70 def. Ga. Tech, 67-48

Coach: Chris Weller, ninth season (189-55)

Players to watch:
G-Marcia Richardson (17.8 ppg.)
G-Jaile Silverberg (4.0 ppg.)
G-Chequita Wood (15.2 ppg. 8.1 rpg.)
F-Belinda Peerman (14.7 ppg. 4.8 rpg.)
F-Clara Faison (5.3 ppg.)

twice last year during the regular season, 76-71 and 71-67, but bowed to the Terrapins in the ACC Tournament finals, 84-81.

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Tigers, 'Cocks to challenge

Carolina."
Against Clemson, especially tough races are expected in the 1000-yard freestyle and in the butterfly events. Sophomore Tricia Butcher has consistently won the 1000 in past meets and will try to continue the streak against

another consistent with this season.

As for South Carolina, in Wiencken's opinion, the crucial event will be the relays, since all of the other events should be

relays, since all of the other events should be close.

A talented field is expected in the diving events, as Pack coach John Candler's group faces several opponents who qualified for regional competition last year.

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After a discouraging debacle at Virginia last weekend, Candler's club is in a good position to bounce back from adversity.

Junior Tom Neunsinger and sophomore Glen Baroneini will lead a strong State men's squad. For the women, sophomore Susan Gornak and freshmen Helen Antonelle and Sandy Metko have all placed first several times on each board. Also, all the divers have now qualified for regional competition on both boards, a Pack first.



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Gymnasts teams in weekend tilts

State's gymnastics facility has resembled an infirmary rather, than an athletic center this week. A case of the flu slowed several members of the two squads, and injuries continued to plague the preparation for this weekend's competition. However, the Wolfpack teams must regroup as they venture to Athens, Ga. for the Bulldog Invitational Sunday at 4 p.m. State's women tune up for Georgia tonight in Chapel Hill with their second of five showdowns against the Tar Heels.

Coach Mark Stevenson will be depending on the

.

members on the State squad.

"We're gonna have to have good performances out of the people that are healthy." Stevenson said. "Annette (Evans), Karen (Nagle) and Ann (Gibson) will be really important. If they have good meets, then we will be in good shape." Colleen Bosnic, Leah Ranney and Angela Regan have battled the flu throughout the week. Regan also suffered a slight foot injury which could hinder her performance. An infection prohibited Vicki Kreider from practicing Wednesday, but all members of the team are expected to compete in both meets.

spots for the State women, despite the aforementioned ailments. Tonight marks the return of senior Jenny Ladner, who has recovered from a calf pull.

The most important matter for the Pack is an extended break following the trip to Georgia, according to Stevenson.

"What we are really looking forward to right now is a week and-a-half off after (the two meets)." Stevenson said. "We're gonna try to get healthy and get ready for the second half of the season."

The State men enter the Bulldog Invitational with a 7-5 mark. The weekend stint marks State's midway point of a demanding road

which has sidelined him for three meets. Gregory Blanchard will provide some assistance in two events, while Doug Ernst and Scott Mackall share duties in the four remain-ing events. Jamie Carr and Rick Crescini must maintain their consistency if the Pack is to remain above the 500 level. Crescini has turned in three consecutive 50-plus performances and Carr solidifies the due with a 50.65 average.



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