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SPECIAL SPRING BREAK EDITION

TECHNICIAN



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Researchers prove conclusively:



Beach Horror Story! Razor burn, ocean salt don't mix!

How to say 'No' to Daytona Romeos... and still get free drinks

Getting bail fast: Don't leave home without it

Sun-in: Friend or foe?



AMAZING SPRING BREAK DIET:

Woman loses 268 lbs. on New Technician Diet



Index

6	2
Get in the mood	
THE WHILE	
Music and videos to prepare voictor break	

I forgot the toothpaste......3

Technician travel experts make sure you don't leave home without it

Going home.....**4-5**

Visiting Mom and Dad doesn't have to be

Spring Break in Raleigh......4

There is some hope for Wolfpackers trapped in the Capitol City

On the road.....

Staff columnist Corey follows Kerouac's legend as he travels to the nation's capitol and the city of baked beans

Catching the rays.....5

Helpful tips for sun worshippers

Bringing the books??.....6

Reading list for Spring Break bookworms

North Carolina's Outer Banks............7

Surf and sun without a major road trip

It's not "Spring" Break anyway......9 Snow skiing offers an alternative for cold weather lovers

How's the weather down there?....11

Check the Technician "weather page" for all the details

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Thanks . . .

I realize it's a little early in the semester to get into the Spring Break mood, but it's never too early to start making vacation plans. The Technician Spring Break issue is a collection of our staff's suggestions for making Spring Break 1988 one to remember

And I'm sure nobody deserves a break right now more than the folks who helped me get this thing together. I couldn't have produced this special 12-page addition to the paper without the help of some very dedicated (and fast-working) members of the staff.

Photographer and graphics man Mark Inman is responsible for the cover and several photos. Thanks again, Mark, for getting things together on such short notice (and for not killing me).

I have Managing Editor Mike Hughes and Assitant Managing Editor Dwuan June to thank for staying around until everything was designed. laid-out and in bed. I know it's nothing unusual for you guys to put in extra hours on regular production nights, but thanks for sticking with me Monday

Sorry you had to miss "Designing Women." Dwuan.

No one brainstorms better than the MadSuMeg team. My special thanks to Madelyn Rosenberg and Meg Sullivan for coming up with many of the original (if not totally bizarre) ideas for this issue. Don't worry, Mad - you can work here and think too.

Katrina Waugh, in addition to bringing the Cheetos, supplied much-needed moral support and helped me deal with this whole crazy project my first try at supervising a tabloid's production. Thanks for the tips and the help . . . and (most of all) for the munchies. "When your cool turns to drool

I also thank General Manager Lib Seigh and the advertising sales and production staffs for dealing with the people who give us money. I knew there had to be a reason behind this Spring Break Special other than just making something to drive us crazy

Anyone and everyone else who had anything to do with putting together this special issue writers, typesetters and Bill, the "computer man" - thanks.

Finally, I'd like to apologize to my roommate, Dawn. I know I woke you up in the wee hours of the morning on several occasions, complaining about all the work and crap that went into this. Well, it's all over now . .

- Suzanne Perez Features Editor

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Springtime spurs requests, videos

By Madelyn Rosenberg

It's mid-afternoon, and "espe WKNC DJ Michael Propst is time. working the day shift again.

He takes off his headphones and wanders into the office. He reaches under his backpack where he hides the beach music, which is excluded from the WKNC playlist. He eases it out of the record jacket and over the airwaves.

Propst says he has "been known" to play beach music on the air of the mostly-hard-rock station.

"This summer, we played rock and roll. I could get away with (playing beach music) by calling it 'classic rock'." Propst

But Propst hasn't played the forbidden music since July.

"I'm working the later shift now, and there is a stricter format," he said.

Any beach music tand there isn't much) played on WKNC comes from private collections. "The station really doesn't have it," Propst said.

At home, Propst says he plays beach music "all year round. But when the sun starts shining and it gets hotter, I play it more."

People play the music "when they want to relax and think about the beach," he said. It helps create "a party

atmosphere."

Among Propst's favorite mood music is "Under the Boardwalk" by the Drifters. Other favorites include The Embers' "I Love Beach Music' and "Give Me Just a Little More Time" by General Johnson and the Chairmen of the Board.

Dewey McCafferty, music that although beach music is "out" on WKNC, the play list includes music that definitely reflects the feeling of the

and people are out on Tucker caters to the beach-bound Beach or driving around, we get more requests," he said.
"People tend to listen more when they're outside during

the spring and summer. McCafferty said the station's ratings go up in spring. especially during the day

Although WKNC plays primarily hard rock and new music ("And hopefully always will," McCafferty added) an occasional classic may slip into the repetoire.

The Who's "Summertime Blues" gets dusted off from time to time, along with anything by Boston and "Twisting by the Pool" by Dire Straits.

Requests pour in for "cruising music" once the weather is warm enough for open car windows

"Last year Boston's new album was big," McCafferty said, "And Tesla (who will open for Def Leppard this weekend) and Dokken.

The big bands tour during the summer, and McCafferty said he expects David Lee Roth and AC/DC requests to pour in this spring.

"There is a change in programming when it gets warm," McCafferty said.

Video rentals increase for beach movies when the weather warms up, said Lee Simmons, assistant manager of North American Video at Cameron Village.

"'Spring Break' and several spring break and several other comedies like 'Back to the Beach' are popular," he said. Other films include "Animal House," "Vacation" and "Summer Rental" with learn Cardy became John Candy, he said.

"A lot of people come and get stuff like that to get themselves in the mood. When the weather gets nicer they get psyched up and ready to go.

Dewey McCafferty, music Simmons said rental of director for the station, said spring films also increases when the weather "gets really nasty. We rent more of them near Spring Break and when it snows

ason. ACC Tavern, which plays "When school is in session about 25 percent beach music. crowd year round, said owner John Hopkins. "On Saturday nights we add a little extra beach," he said

Spring Break Checklist

The statement is always the "I knew I would forget something.

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FOR WARM VACATION PLACES:

bathing sui
short
t-shirt
underwea
something to sleep in
"going out" clothe
sweater or sweatshirt (ii
case it gets cold, or fo
those evening walks or
the beach
umbrella or raincoa

real shoes
sunscreen
beach towel
beach blanket
cooler
radio
batteries
tapes
cheap and sleazy book
or magazine
alcohol
alka-seltzer
aspirin
mixer
toothpaste
toothbrush
hairbrush or comb
shampoo
soap tif you don't want to
use the little hotel ones)
гаzог
first aid kit
credit card
postcard stamps
extra towels
camera

flip flops FOR COLD VACATION PLACES

sweaters	
long pants	
waterproof pants	
extra socks	
two pairs of long johns	
something warm to sleep in	
"going out" clothes	
coat	
gloves or mittens	
scarf	
lboots	
bat	
earmuffs	
skis tif you don't plan	
on renting)	
ski boots	
ski goggles	
first aid kit	
lip balm	
LD. (if you have it)	
bearskin rug	
extra suitcase (for souvenirs)	
credit card	
cash	
all lift tickets, etc. tif	
you've already purchased them)	
Trivial Pursuit or other	

game (for evenings at the lodge)

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Going home, staying here or on the road,

By Katrina Waugh

You've tried your damnedest to avoid it. You've scraped the bottom of your credit card accounts, but you just can't make it to vacationland this Spring

Face it. You'll have to go

All of a sudden it doesn't seem like it's been more than a week since you were home for winter break. You remember winter break - everyone was nice and cheery until you ran out of holiday things to say, and you had to start facing questions like

what you're going to do with the rest of your life?" and "When are you going to graduate?"

Then there was that annoving way your parents kept showing you off to their friends, and their friends asked, "What are you majoring in?" and "What are you going to do with that?"

And don't forget the way parents think you're the same person you were when you were

"Mom, could you please pass the peas?" you said

"But you don't like peas," Mom replied.

What a terrible joke life's been 'So, how did you do this playing on you. You've been

though you don't like them. Maybe your taste buds have been lying to you.

It's almost more than you can do to keep from screaming.

It wasn't just your parents that got on your nerves over break. No. that would be too easy.

Why did all your old friends get together and do the same things you did on Friday nights in high school? Are you the only one who isn't into sitting around in someone's basement stealing their parents' liquor teven though you're old enough to go out and buy your own) or cruising up and down the local Strip, honking at

You almost never do anything like that at school. Why does everyone expect you to revert to being a 16-year-old when you cross the city limits of your home

But this is Spring Break - a time to relax and regroup before returning to the day-to-day grind. The time you spend at home should be your chance to take time out and just enjoy yourself.

How can you change the patterns your home vacations have taken on before they turn into the routine of a lifetime?

The pattern has probably al-ready started. You've done every-

other people who have nothing to thing you could to get out of it now you've turned a complete flip-flop, and you're starting to look forward to it. You probably won't start to dread it again until you are actually on your way

> Once you're there, all your trepidations will seem like silly butterflies. Right up until they start coming true. By the weekend, you're back to longing for the return trip.

> The first step to breaking the pattern is to prepare for it. Once you've decided to go home, give yourself some time to look back at your last visit home highlight the good times and the had.

Spring Break in Raleigh great time to read book, rent movies

By Meg Sullivan

O.K., so maybe you can't afford to go to Key West or the Bahamas this year. Or maybe Apex is even out of your budget. Whatever the reason, some folks will have to stay in Raleigh during Spring Break - you may be one of them.

But there is hope.

First, get the rotten jobs out of the way. The first few days are a perfect opportunity to take care of neglected chores like laundry. (Your neighbors will thank you). Get that spring cleaning out of the way as well and give your place a thourough scrub-down. Throw out old junk. Give usable junk to Goodwill and the Salva-

Then you can do the fun stuff. Redecorate your room/apartment. Give it a fresh coat of paint. Move your furniture around. Be daring and creative, the year is almost over. If you hate the changes, you won't have to live with them for very long.

Cook. Try to cook a "real" full-course meal for once instead of opening a can. Really out-do yourself and invite friends over who are staying in town, too. Try something exotic like fondue or stir-fried vegetables

Watch movies. If you're lucky enough to have a VCR, rent movies that you always wanted to see, but never had the chance. If you don't have a VCR, go to the dollar movies.

Watch daytime TV. Watch all the new game shows like "Win, Lose or Draw" just to keep up with what's hot. Take a quick look at all the soaps; you only have to watch them once a year to figure out what's going on

If the weather is nice, go to the park and read a (non-academic) book. If the weather is not so hot.

stay in and turn up the radio while you read.

Go to the flea market at the fairgrounds. Find bargin furniture or cheap Reebok's. Or don't buy anything, just people-watch.

Have a beach party. Even if you can't get away to the surf and sand you can create the same effect. Decorate your place with Florida posters. Toss around a beach ball and shag. Serve pink drinks with little stirrers and umbrellas.

Go ice skating in Cary. If you have never skated before, don't dispair, it's not that difficult. It's especially entertaining to watch ople try and do the Hokey-Pokey on ice skates. If you are feeling really brave, join in the

nightly ritual. And on Tuesday nights it only costs \$2 for college students

Educate yourself. The Emerg-ing Issues Forum will be held during the break this year, and you can find out how local and nationwide business leaders plan to improve the world. This year's special guests are the chief of the Ford Motor Co. and former chairman of the Federal Reserve Board. It's at McKimmon Center on March 10.

And finally (gulp) you can really educate yourself, improve your GPA and your future by doing homework If that doesn't grab you, it could be worse. You could have

to go to classes.

The N.C. Museum of Art will be open to the public Tuesday through Thursday and Saturday from 9 a.m. to 5 p.m., Friday from 9 a.m. to 9 p.m. and Sunday from noon to 5 p.m.



The Raleigh Convention and Civic Center will hold regular can still do so on Mondays through Fridays at 10:30 a.m. to 5 business hours over Spring Break. Students staying in p.m. at the Convention Center box office. The center will also Raleigh who had plan to get tickets to an upcoming concert host several exciting shows over the break

avoid those Spring Break bores 'n burns

Most of the time the step will. Try taking a mini-vacation to a show you how to avoid major trouble spots.

You realize that the best times you had were watching bowl games with your dad. The worst time was going to a party in somebody's basement where everyone had a date except for you and your high school sweetheart (the one you have yet to figure out what you saw in). Now

you have something to go on. First, make more time to hang out with Dad. The great thing about being grown up is that you have time to discover your parents as people, instead of as parents. Sometimes they're a lot better people than parents.

Then, avoid basement parties that are paired off before you even get there. If your friends insist on trying to get you into another nasty situation, go back home and watch another game with your father. That's another great thing adults get to doignore peer pressure.

If your worst times were with your parents, you'll probably have more trouble dealing with it. Try to figure out if it's your parents' personalities or just the relationship that has develled between you and them that causes problems for you. If it's their personalities, try finding ways to avoid them

If there are things you must do at home try to do them while your parents for the parent you don't get along with) aren't home. Arrange to have friends or other family members around you when you are home with them.

friend's house (a half hour or more away) and spend the night. maybe even a few nights.

If it's the relationship between you and your parents that makes you uncomfortable, try to change it. Don't waltz into the house demanding to be treated like an adult. Just act like one.

Try to change the things you do with your parents. If school is the only subject both parties seem to talk seriously about, bring something else up. (Bring it up before they start talking about what you're going to do with the rest of your life. Don't change the subject: they'll think there's something terrible happening at

Try talking to them about something in your local newspaper. Maybe ask them the backround of a story that has been going on while you were away. Or talk about politics or world events.

Just make sure it's something you are genuinely interested in talking about. If you couldn't care less about the economic difficulties of Siberia, don't bring it up. You could end up making your parents angry when you fall asleep in the middle of their theory for saving Siberia's

Don't talk to them about their jobs, unless you are interested in the specifics of what they do. The idea is to avoid conversations that cast them in the role of parent/provider and you as the helpless child.

Try doing something as a

family that you wouldn't normally do. Tell your parents about the excellent Indian restau rant you found in Raleigh, and take them out to a similar one at home. Go out to a park or tourist attration near your home with your parents for the whole

Chances are you haven't been there since your fifth grade field trip, and it will give you an opportunity to re-establish a relationship with your hometown and at the same time redefine your relationship with your parents.

If you have an extended family at home - with grandmothers, cousins and various other rela tives who hold the same 16-year-old image of youforging a new relationship won't be easy. Try using the same tactics you used with your parents, but give yourself time. The more you present yourself as and adult to others, the more they will treat you as one.

Just remember that they haven't seen you regularly since you graduated from high school. It will take them some time to get to know the grown up person you

Your family problems may pale in comparison with those you have with the gang you used to hang out with.

Half of them are married, some are parents, some have been working at the same burger joint you all worked at when you were in high school and some went to Carolina or Duke.

You may find yourself - to Break

your astonishmentmore in common with a Carolina student than with your high school best friend who is married and expecting a child in May.

You just feel a little uneasy when the conversation turns to diaper changing and troubles with the spouse. You feel at a loss for a contribution to the conversa

In fact, you may find that the best times you have now are with people you never really talked to in high school. How do you find new things to do, or new people to do them with? Once again, try going somewhere in your hometown your friends never go. Or, next time you see someone you vaguely remember from your high school P.E. class, stop and talk to him or her instead of your usual polite smile and wave.

Not everyone you never used to talk to will turn out to be a great companion now tyour judgement never was all that screwed upi, but you may find someone new to add to your list of friends.

Don't abandon your old friends, but, if you don't feel comfortable with them, don't force yourself to spend all your time with them.

The most important thing to remember about going home is that it is home. It will probably always be your home, and the people there will always be a part of your life. Don't get angry with them, and don't cut yourself off from them. You don't have to change the world over Spring

Staying safe in the sun

By Clyde Grady

Many college students are ooking for more from Spring Break 1988 than just a break from classes. They'll be look ng to retrieve the golden tans that cold weather and indoor Inscreams stale away

While no southern United States coastline will be free rom anxious sunbathers this March, students can learn to protect themselves from dan gerous solar rays and prevent painful sunburns.

Dr. Harry Fagan, of N.C. State's Clark Infirmary, and Diane Holliday, owner of I an n Glo tanning salon in Cary, offered the following tips for safely grabbing Spring Break sunshine and keeping it through the semester

· Choose your suntan lo tion's sun protection factor (SPF) depending on your skin's sensitivity, your natural pigmentation, how long you plan to be outside and what part of the country you will be visiting.

For example, an SPF of six means that the lotion will allow you six times the protection your skin normally

See LEARN, page 6

Spring Break on the road: Washington D.C., Boston

I sleep with my eyes open. The jungle drums pound from behind a crushed velvet portrait of Elvis. The humidity seeps into my ears and floods my thoughts.

The heat from 23 half-naked bodies passed out all over the hotel room makes the spilled beer smell rancid.

I can sense the cops pounding their devil sticks on nearby skulls. The tide brings in fresh sand to cover the decaying bodies of business majors.

Why did I come to Florida, the spring? The ghost of Jack Kerouac appears to me, "I-95," is all he says. He fades away. The drums increase. The moans of delerious girls that

have succumbed to Pepe's magic water is too much. I climb into new skin, grab my car keys and head out

of the black hole of Daytona. I cruise up with Miles Davis on the stereo and an eve out for kicks. The car windows are rolled down as I try

to get the smell of the commercialized sodom out of the upholstery. Counting the signs to South of the Border, I decide that Washington D.C. is my next real stop. After I get a

new load of bottle rockets. Washington D.C. is a pit of excitement, with a buffer zone of boredom 70 miles thick called suburbs. Two miles outside of Richmond is considered commuter land

Instead of going straight for the excitement of the night clubs, I go visit my good friend and fellow party demon Jesse Helms. Jesse is in a good mood and ready to groove in the City of Red Tape. He's been chilling out to Dave Brubeck's "Time Out."

Jesse invites me in and we eat a couple microwave burritos. He says we gotta' wait for Robert Bork before we slip into the scene.

"Georgetown is dead," Jesse tells me. "Stupid tourists

Joe Corey

ON THE ROAD . . .

flock the bars looking for an easy score. The whole place is so fake. The people are plastic, they pay for their

drinks in plastic. Why, even the ice cubes are plastic."
"But what about those college girls?" I ask. "Forget it.
But if you want to try. You'll do better carring a
thermometer than a condom."

Jesse breaks out his bongos and jams with the record. Bork shows up. He's changed.

"I found free verse poetry." Bork tells me

"I have found the pipline from my mind to my soul and tapped it to let my true spirit flow from me.

Joe Biden explained it to me after my confirmation failed. Biden used to use Burrough's cut up method on his speeches. He took his favorite parts of speeches, mixed up the pieces, and used them. They were fantastic speeches. Too bad the media came down hard on him. Don't they understand what art is? They didn't end a presidential campaign, they ruined an artist," Bork says We pile into my car. Bork keeps chanting his mantra

and banging finger cymbals. The giant phallus is lit brightly and beckons us to join

it in our search for kicks. We go to Chinatown. The place is chocked full o' people who don't understand English, but what blockage can that be? Just ask for plate 13 and use exact change to avoid any further complications

One of the neatest places Bork shows me is D.C. Space at 7th & E. NW. The bands change, and tonight is a hot jazz combo.

Blow daddy o, blow," Jesse oozes at the saxophonist. Bork looks at me and says, "You know that Anthony

Kennedy is trying so damn hard to look boring, but he's hiding something

What's that?" Lask

"For two years in the 70s. Kennedy was a groupie with Led Zeppelin and the Rolling Stones Ever wondered who's fishing rod caught the shark?

But before I can get any more good tidbits of gossip, Bork leaps on stage and sings his broken verge to the band. Jesse joins him on the double bass

After the jam session, we hit a couple bars near George Washington University. The prices are steep, but who cares. It's Spring Break. The drinks flow like a fountain to my mouth. I wake up dazed and confused in Gary Hart's townhouse. Jesse and Burt have gone. Gary's not around. I'm hungry and enjoy a bowl of puffed rice. I leave the place from the back exit and wave at the press corp hidden in the shrubs.

I was going to get a tour of the White House so I could size up the changes I should make when the revolution comes. But the ticket line is too long. Tickets

I end up meandering through the Smithsonian Supposedly, you could never see everything this place has to offer in one lifetime. Of course you can buy replicas of everthing at the gift shop

See VISIONS, page 9

Learn to protect yourself from harmful solar rays

Continued from page 5

has. With this level of sunscreen, your skin would be able to tolerate six hours of sun and receive the effects of only one hour. This does not suggest, however, that you should stay outside that long.

The more sensitive or fair your skin is, the higher the sunscreen protection you should use. The same applies with higher temperatures and longer amounts of time spent outdoors.

 If you are sunbathing on Florida or Gulf Coast beaches, be especially careful.

"People tanning on the Florida beaches will receive a sunburn in half the time it takes (in Raleigh)." Fagan said. "This is true with the Gulf Coast, too, because of its white sand and southern location."

 Apply your sunscreen indoors, before you go out into the sun

Holliday said it is a common practice — but not a healthy one — to wait until you're outside on the beach to apply suntan lotion or oil.

"Carefully rub the lotion in evenly and give it a chance to absorb before you go outside," she said. Your face may need a slightly stronger sunscreen than the rest of your body, she added. • Lay out a little at a time, especially during the early days of vacation. Don't try to lay out for hours, go inside for a day or two and expect the red to turn brown.

To tan safely and successfully, lay out for 30 to 60 minutes the first day and slowly build up to longer suntan sessions.

Reapply your sunscreen often. Remember that if you're swimming or playing beach sports, lotton or oil comes off easily.

• If you jog on the beach, use suntan lotion — not oil. Oil clogs the pores, preventing the skin from breathing.

• If you are currently taking medication, make sure you know all potential side effects. Some medicines, such as tetracycline, cause skin to burn faster. If you are not sure about your particular medication or need more in formation, call your doctor or drugstore and ask if the medicine tends to make skin more sensitive to the sun.

• Know when you've had enough sun, and go indoors when you have. Keep a long-sleeved shirt around to cover up with if you plan to stay out.

 If you happen to burn, moisturize burned areas and stay indoors for a while.

If you have to crack a book . .

By Robert Trogdon

For most students. Spring Break is a time to forget their studies and books. But to get the most out of your break, you must be prepared. For this reason, I offer this list of books you should read before or during Spring

Break:

"Fear and Loathing in Las Vegas," by Hunter S. Thompson. This book contains the philoso phy of Spring Break. It also contains advice on how to deal with the police, It should be noted that some of Thompson's suggestions are a bit extreme, so you had better leave the ether at home.

•Exercise books. You don't want to hit the beach looking like Orson Wells or Oprah Winfrey. Greenpeace may attempt to drag you into the ocean. While there are many books on exercise to choose from, my personal favor-

ite is "The Royal Canadian Air Force Exercise Plans From Physical Fitness," The illustrations alone are worth the price of the book.

• Play Safe: How to Avoid Getting Sexually Transmitted Diseases, by Bea Mandel. An ounce of prevention is worth a pound of cure tif there is a cure).

•Road maps and "The Rand McNolly Glove Compartment Guide To Emergency Car Repair," by Richard V. Num. Nothing is more embarrassing than having to ask directions or waiting to have your car fixed.

*Basic Bartending Made Easy: The Bartender's School In a Book, by J. Flash. Everyone can open a beer or mix a Screwdriver, but how many people know how to make a Screaming Orgasm; People respect a person who knows their way around a bar

you into the ocean. While there knows their way around a bar, are many books on exercise to choose from, my personal favor Guide To Gambling," by John

Scarne. This is for those people who are heading to Las Vegas, Atlantic Gity or the Bahamas. You'll learn how to handle yourself at the roulette table and cheat at poker. Remember that most casino owners frown on cheating and will have you arrested if you are caught in the act.

•Books to read while on the beach. This list includes Harlequin Romances and Steven King novels. Anything by Shirley Maclaine is also a good choice. My personal favorites to read while my brain is frying in the sun are "His Way." The Unauthorized Biography of Frank Sinatra." by Kitty Kelley, and "Sweet Life." Adventure On The Way to Paradise." by Barry Manilow, Both are classics."

Feel free to add any books to this list, but don't read too much. You'll have plenty to read after Spring Break anyway.



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N.C. shores 'hottest surf' on East Coast

By J. Ward Best

The mention of Spring Break instantly conjures visions of sand and sun. Most of the time, the beach scene is in Florida. But what about those of us without the funds for the trip south? Take heart - the home state offers the same vision - a little colder maybe, but ocean-washed North Carolina shores offer much better

North Carolina owns a reputation for the hottest surf on the East Coast, Cape Hatteras hosts a number of national, regional and local surf contests.

And along with the surfers comes the whole sub-culture -surfshops (with the corner on the market of summer fashions). cheap eateries and even a really novel way to pick up the after-hours supplies

Surf shops

In the past five years, with the increasing crush of tourists to the Outer Banks, the number of surfshops has more than doubled. The first shops offered mere basics - boards, wax, wetsuits and a very short line of baggies. No more - fashions have out stripped surfboards as the main

Whalebone Junction surfshops on the Banks. "But we're here for surfing." Whalebone itself is a testament to the growing popularity of the Banks as a hot vacation spot and surfshops as the hottest clothing outlets.

Vaughn started out two-room shop in Nags Head. That shop closed, but two others opened up - one at each end of the beach

Remaining true to Vaughn's word, both shops stock a wide range of boards. Vaughn said he just returned from Hawaii with an impressionn of the latest cuts and innovations for surfboards.

The latest cuts in clothing are actually nothing new at all. "Everybody's getting back to the basics of surfwear," Vaughn said. basics of surfwear." The outrageous stuff is out. What you'll see this summer "won't hit you in the face with a shovel with loudness," he said.

Spring break offers Vaughn "a feel of the new trends," but he said his shops will have some-thing "new and fresh" to offer.

and probably a sale as well.

Wave Riding Vehicles also reaped the rewards of surfing's increased popularity and the vacation boom on the Banks. Opened in Kitty Hawk as an outlet for the popular Virginia Beach shop, WRV also has



Although much colder than their Florida counterparts, N.C. shores own the reputation as the hottest shores on the East Coast

Mickey Bednarek manages the store when the waves aren't pumping. In the past couple of years, he's had fewer op portunities to surf. not from lack of waves but abundance of business. WRV's logo, six jump ing porpoises forming a wave, has become a familiar symbol up and down the East Coast, and even

inland WRV also rents boards for those unlucky enough not to own their own. You take your chances the boards, but the price certainly beats buying one to use for only a week - \$10 a day or \$40 a week

Even though WRV stocks a full range of cuts and sizes of the original wave riding vehicles for sale, clothes occupy more than half of the floor space at the Kitty Hawk shop. Mickey, as he's

known to the locals, says the first Eateries fashion wave of the summer should hit the shop just in time for Spring Break shoppers. Just as Vaughn predicted a return to basics in fashion. Benarek said washed cottons and canvas for both men and women should be at the top of heap.

"It should be a strong presentation "Benarek said

At last count there were eight shops in the 17 mile stretch from Nags Head to Duck tyes, that is a town). One shop has a sand floor and an easily recognizable name. Fat Boy's. Other shops offer boards from East Coast shapers (Vitamin Sea); some shops carry their own lines (New Sun), and farther south - toward Cape Hatteras and the famous lighthouse - even more stores offer surf gear for eager shoppers

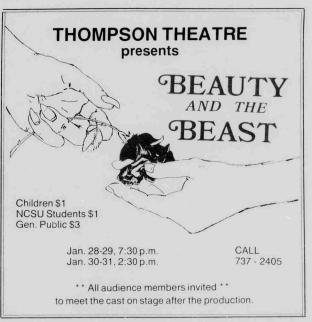
Anyone who has ever milled session knows the gnawing feel ing in the stomach that demands

The Outer Banks offers the standards – McDonalds, Burger King, Hardee's and Pizza Hut – but that just won't do. Leave the grease for the tourists and give the taste buds a treat.

Many moms and pops have opened "the only one of its kind the universe" restaurants on the Carolina coast. These restaurants (although any place that less you in with wet shorts and no shoes really shouldn't be called a restaurant) offer a variety of truly memorable food.

See OUTER page 10





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Spring Break skiing???

By Suzanne Perez

You may think it's "Spring Break," but it's not. N.C. State students will be vacationing in early March, when winter winds are still blowing and wardrobe essentials include jackets and sweaters.

For this reason, many students decide to skip the beach and head for the mountains — great scenery, warm lodges and fantatic skilling.

tastic skiing.
Katrina Sanchez, of Slope &
Sail Tours on Glenwood Avenue,
says ski conditions are expected
to be "just terrifie" through late
March.

"We had some trips (to Wintergreen, Va.) last year around the third week of March, and the conditions were still great." Sanchez said. "I think lots of people enjoy skiing later in the winter, around Spring Break."

The agency schedules several trips to popular eastern ski resorts, including Wintergreen and Snowshoe, W.Va.

A discount weekend trip to the Wintergreen resort is planned for the first weekend of Spring Break, March 4 through 6, Sanchez said. The price is \$119 per person, based on four people staying in a two-bedroom condominium. The price includes accommodations and daytime lift tuckets for Friday, Saturday and Sunday, as well as nighttime tuckets for Fridav and Saturday evenings.

Transportation is not included, she said.

If you enjoy skiing but don't want to spend your entire Spring Break doing it. Slope & Sail also schedules daily bus trips to Wintergreen.

"We have a bus that leaves from Alpine Ski Center (on Glenwood Avenue) at 4:30 in the

morning and returns around 10 p.m. the same evening." Sanchez said. The price is \$43 for students and \$45 for adults and includes transportation and lift tickets.

Ski rentals are not included in the bus trip price, but usually cost \$11, \$13 or \$15 depending on the type of rental, she said, A Wednesday special offers the regular bus trip price along with a reduced ski rental of \$5.

For students who crave skiing on Rocky Mountain powder slopes, flights leaving Raleigh-Durham airport for Denver are filling up fast.

Students planning Spring Break ski trips to Colorado have almost completely booked all flights around March 4 and 5. according to a spokesman from Eastern Airlines.

Remaining tickets cost between \$300 and \$330 per person, but interested students should reserve seats as soon as possible.



Many students opt for the mountains instead of the beaches since Spring Break actually occurs during the winter season.

Visions of Jack Kerouac

Continued from page 5

couple duds. But the place has something for everyone.

An exhibit of crayon drawings by kindergarten students are tacked onto refrigerators with fake fruit magnets.

I meet a hardboiled blond eating a Picasso.

"What do you do for a living?" She asks me.

"Live on the edge." I reply. "Good, let's go to Boston."

We're back on 1-95, and spending three hours on the New Jersey Turnpike can only be compared to watching three episodes of the "Love Boat."

The girl starts telling how wonderful Sartre was, but with a minor effort I convert her to Camus

We pass underneath New York City, narrowly avoiding Jim Valvano's ego in a red BMW.

Boston is cold. I slip on fur over the new skin.

The John Hancock Center towers over the city, along with Kevin McHales's sneakers.

But instead of staying in Boston, we take the red line (part of the subway system) over the Charles River into Cambridge. This town is the home to both Harvard and MT. Slide ruler is a primary language to half the people wandering the streets.

The bars in Boston are nervous on how they card people: Washinton D.C. once had a grandfather clause, but most of the old men grew up. The clubs have stuck with 21 instead of hassling to find out if you qualify for the program.

Boston bars will actually reject you if you don't have local driver's license. So don't get hyper, just find a new bar.

The Bull and Finch is the bar where "Cheers" was thought up. The prices of beer equal that of

the crummy T-shirts, but that's life. Remember not to seem too chummy with the regulars. They can smell you're just a stupid tourist.

Cambridge is loaded with bars. Some are cheap and sleazy. Others are clean and yuppified. Avoid any bar with U2 playing in

The place also has several used record stores and places loaded with bootleg recordings. Joy Division's complete English tours avalaible at some of these places, but costs run between \$15 and \$35 for a single platter.

Cambridge also has nice little novelty shops. My favorite is a used leather goods store with a metal crown of thorns for a couple bucks. Leather masks without mouths cost more than with.

We head back to Boston for dinner. The best Italian restuarant in the North End of Boston is The European. Ranked as having the best pizza in America, it's aiso a good place to spot tomorrow's leaders in business.

Violin cases are optional.

Passing through Quincy Marketplace, you can see every cute couple in the hub bobnobbing. The smells of the different foods served around the place is too much for one nose to understand.

We get to the harbor and I sit down on a park bench overlooking the sea. She wanders off to take a closer look at the statue of Columbus.

Kerouac appears to me again. He sits next to me.

"America is so big. Why waste your time in an overpriced roach motel when you can find cheap ones in even more interesting towns. Go boy. Go."

I nod my head and hum "Body and Soul" by Thelonious Monk.



Outer Banks restaurants offer 'memorable' food

Continued from page 7

Beverages

For sub lovers, Newby's is required eating. This stuff goes down real well after five gallons one thing missing now — beer. of salt water - compliments of a few missed waves. Newby's also offers bagels, ice cream and frozen vogurt and will be glad to make you a beer float if you look weird enough to want one.

Kill Devil Hills, home of the Wright Brothers' memorial, can also boast about Newby's.

The burger place on the Banks is John's Drive in on the beach road in Kitty Hawk. The sign on top of John's has faded, so the ice cream cone is now white and green, but don't let that put you off of eating there. It's an indescribable pleasure.

If you travel to Hatteras to surf the famous cape, travel a little farther to Frisco to eat.

In a state known for barbequed pork and pig pickings, how could barbeque restaurant stand out? Bubba's does. The place looks like car a screened porch with a fireplace in the middle - it is. When it's 95 degrees, the heat is damn near unbearable, but that problem probably won't come up in March.

All right, the food and surf supplies are covered, there's only

Some really enterprising and auto minded person has come up with one of the best ideas of the modern age — drive through beverage stores. These ultraconvenience stores offer whatever you want to drink and a limited stock of eats.

The Brew Thru started the craze on the Outer Banks. Other businesses have started-up, but none have received as much attention as the original. The annual Brew Thru T-shirts alone have made the store famous.

Besides offering six-packs and 12-packs of domestic and imports. Brew Thru and the others (Cooler Cruise and Oceanside Drive Thru to mention two also sell kegs. All this without ever leaving your

Jeff Spicole said it years ago in classic Ridgemont High. "Tastey waves, a cool buzz and I'm alright." It's all possible — and just a four-hour drive away at the Outer Banks.



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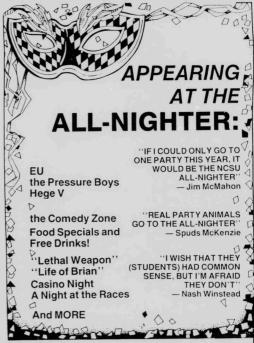
The Weather Page

Willard Scott, we're not, but we've tried to make your Spring Break go smoother weatherwise. Here is some weather data for a typical March in some of the most popular Spring Break spots. If your destination isn't listed, there may be a nearby place on chart (for example, Wrightsville Beach isn't listed, but Wilmington is).

	Average Norm	Normal	Normal	l Record	Record	Daily %	Clear	Partly	Cloudy	Rainy	Total.	Av. humidity	
	temp	high	low	high	low	sunshine	days	cloudy days	days	days	snow	A.M.	P.M.
Los Angeles	57.4	68.7	49.7	93	34	73	13	9	9	6	0	78%	65%
Colorado Springs	36.6	49.3	23.8	81	-11	70	9	9	13	8	9.9	60	38
Washington	42.4	55.0	36.6	84	11	55	7	9	15	11	2.2	69	49
Daytona Beach	64.1	74.6	53.6	91	26	67	9	10	12	8	0	86	55
Ft. Lauderdale	71.7	79.3	64.1	92	32	77	9	14	8	6	0	82	56
Key West	74.1	78.6	69.5	87	49	82	13	12	6	5	0	78	66
Tampa	66.2	76.2	56.1	91	29	71	10	10	11	7	0	86	55
Atlanta	52.5	63.2	41.7	85	26	58	9	7	15	12	0	77	51
Honolulu	74.4	81.4	67.3	88	55	68	7	14	10	9	0	7.3	58
Chicago	36.0	44.3	27.6	87	-8	50	5	9	17	13	7.3	79	61
New Orleans	61.4	71.2	51.6	89	25	57	8	8	15	9	0	84	60
Boston	38.4	45.0	31.8	81	6	57	8	8	15	12	7.7	68	57
New York City	41.4	48.6	34.1	86	3	56	9	10	12	12	5.1	67	55
Asheville	46.4	58.4	34.4	83	9	62	9	9	13	11	3.2	85	54
Wilmington	54.1	64.8	43.3	89	9	63	10	8	13	10	0.5	81	52
Cape Hatteras	51.1	58.8	43.3	79	19	60	10	7	14	10	0.6	80	62
Charleston, S.C.	56.7	68.0	45.3	90	15	67	9	8	14	10	0.1	84	48
Galveston	61.4	66.4	56.5	85	26	55	7	7	17	8	0	85	74
Norfolk	48.5	57.5	39.4	88	18	63	9	7	15	11	1.2	73	53

Source: National Climatic Data Center





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A Year in the Life of N.C. State

Yearbook portraits in that little room behind information

Portraits will be taken during the first two weeks of February, and that's the first through twelveth. They'll be taken by that crazed guy with the beard who whistles at your legs. You'll find him in that little room behind the information desk on the second floor of the Student Center. This is the last time the protrait people will be on campus, so now's your chance. Make Mom proud. Prove you went to school.

Senior portrait sign-up

Seniors need to sign up for their portrait sitting. The sign up sheet is out side of the Agromeck office on the Third Floor of the Student Center.

Everybody else portrait walk-ins

That's right: everyone, Grad students to froshes. You don't need to make an appointment, just come in anytime from February 1 through 12. You'll get shot. Watch out.

Groups and Greeks

Call the Agromeck Business staff and sign up for your group picture. Now, 737-2409, 10 a.m. to 3 p.m. Deadline's approaching and it looks like the Society of Industrial Cheeto-eaters wants a four page section. Space is going quick, so hurry up. Deadline is Febuary 5.

1988 book sales

Go to the Agromeck Table in the Student Center Lobby and fork over your \$10 for the book. Do not pass go, do not go to your 7:50. Tell them I said it's ok: you bought your book.

Call Mom

If worse come to worse, call Mom and tell her to buy you an Agromeck. We mailed her a card, and we know she's waiting to hear from you.

Agromeck N.C. State's yearbook