


JUST WHEN YOU THOUGHT IT WAS SAFE TO GO BACK TO CAMPUS....

FRESHMEN!

A BRUCE POULTON PRODUCTION



OPENS AUG. 25!

FRESHMEN! starring FRED FRESHMAN * FRIDA FROSH * CAESAR ROMERO * CHARLES NELSON REILEY * CHARO * BOB, THE WONDER PUPPY
guest appearances by RON REAGAN * JESSE JACKSON * CHRIS WASHBURN * BOB HOPE * BROOKE SHIELDS * DR. RUTH * ZACK DIGGERHOLE as THE MAN
Technician  also starring JANICE RHODES * NASH WINSTEAD * JAMES VALVANO * ART WHITE
Directed by BRUCE ROULTON Produced by JAMES MARTIN Story by JASPER D. MEMORY & WILLIAM C. FRIDAY Music by FRANK HAMMOND

**IMPORTANT NOTICE:
SIGN-UP FOR
IHC 101...**



**I HATE CAROLINA (IHC) 101
IS A MANDATORY COURSE
FOR ALL FRESHMEN.**

Welcome Class of 1990! Now that you've decided to become a student of the largest university in North Carolina, **Technician** would like to acquaint you with N.C. State to hopefully ease your transition to college. In this issue you will find reviews of services available on campus, restaurants, banks, entertainment and intramurals. Freshmen are the most inquiring of kind, and we hope through this issue to answer many of the questions you have as you enter the collegiate world. Part of being a freshman means taking your share of abuse from upperclassmen, and we have done so at times in this issue so you will know what to expect when you return in August. As you live through your first year in college, keep a quote by Al McGuire in mind: The best thing about freshmen is they'll be sophomores next year.

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Staff photo by John Stauber
 Comedian Pat Miller performs at Charlie Goodnight's, one of many entertainment spots in the area. Page 10.

DROP-ADD
 Drop in and add 10 great food courses...all electives...all fun!!
ELECTRIC CO. MALL
 2526 Hillsborough St.
 OPEN Monday-Saturday 10am-9:30 pm

Immunization records required

Carolyn Davis
 Staff Writer

Beginning July 1 college freshmen must show proof of immunization before attending classes to comply with a new North Carolina law.

Dr. Gay Strickland, medical

director of Student Health Services, said freshmen need to send the university complete, accurate immunization records.

All incoming freshmen and their physicians must complete medical forms which were sent out this spring. This completed form and school or health department records with proper verification provide acceptable proof of immunization, Strickland said.

Dr. Strickland, who is assisting nurses in handling the forms, said "many freshmen are returning incomplete forms and then failing to get the shots they need."

Freshmen who have failed to submit complete information

will have 30 days in the fall to comply before their class schedules are canceled.

Measle outbreaks on college campuses in recent years have prompted tougher immunization rules, Strickland said.

Because of the difficulty of handling immunization on a campus as large as State's, Dr. Strickland asks freshmen to follow instructions on the forms and to get their shots completed early.

Students who did not receive immunization forms may obtain one while on campus during orientation at the Admissions Office in Peele Hall or the Student Health Services at Clark Infirmary.



YOU SHOULD LIVE AT IVY COMMONS BECAUSE...

Ivy Commons is convenient to the campus and on the Wolfline Route. The interior features all kitchen appliances plus a washer-dryer. Energy-efficient one- and two-bedroom units are available.

Rental Information.....834-2580
 Sales Information.....829-0907
 (after 1 pm)

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25% OFF!
Technician
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BEST, ONLY, AND FREE
CAMPUS NEWSPAPER

<p>\$6.00 SPECIAL ONLY \$6.00 FOR A 1-ITEM PIZZA AND 1 FREE 32 OZ. COKE *ONE COUPON PER ORDER *WE LIMIT OUR DELIVERY AREA FREE DELIVERY</p>	<p>\$9.00 SPECIAL ONLY \$9.00 FOR A 16" 2-ITEM PIZZA AND 2 FREE 32. OZ. COKES *ONE COUPON PER ORDER *WE LIMIT OUR DELIVERY AREA FREE DELIVERY</p>
---	---

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 THICK CRUST PIZZA
 3010 Hillsborough St. (NCSU)
 FREE DELIVERY
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Find a place to stash Dad's cash

Paul Woolverton
News Writer

With the variety of services, accounts, and charges, choosing the right bank or savings and loan can be a chore.

To save freshmen (and their parents) some footwork, a summary of local institutions and their financial packages follows (alphabetically).

BB&T

BB&T does not charge for use of their 24-hour teller machines with a \$400 minimum balance. The machines are located at the Student Center and at their branch on the corner of Hillsborough St. and Oberlin Road.

Because BB&T is part of the Plus and Relay networks, customers with BB&T cards can access their accounts at any Plus or Relay machine, BB&T employee Gail Barefoot said.

Barefoot said BB&T also offers a NOW checking account earning 5 1/4 percent interest and a savings account earning 5 1/2 percent interest. Both require a \$500 minimum balance.

If the NOW account balance dips below \$500, Barefoot said, there is an \$8 monthly charge.

First Federal Savings and Loan
FFS&L offers "totally free checking," according to Linda Clark of the Cameron Village Branch.

Checking accounts have no minimum balance and FFS&L does not charge for each check written.

Clark said FFS&L also offers a passbook savings account earning 5 1/4 percent interest with a minimum balance of \$100. If the account drops below the minimum, Clark said, one dollar per month is charged on the account.

FFS&L also has 24-hour teller cards with a checking account, however they are usable only at branches with automatic tellers.

Clark added that FFS&L is in the process of adding the Relay system.

"We certainly welcome all students who open an account with us," Clark said. "We look forward to having young people come in."

First Union National Bank

Edna Scarborough of FUNB said, "We try to assist students anyway we can."

One way is with two of FUNB's 24-hour teller machines

convenient to campus at Cameron Village and on Western Boulevard (there are 17 in Raleigh).

An initial deposit of \$200 is required to open a checking account, Scarborough said.

A minimum balance of \$400 is required. If the balance falls below minimum, the account is charged \$3 per month and 20 cents per check.

North Carolina National Bank

NCNB is a part of Plus, Relay and Visa networks, so a NCNB card can be used anywhere those network machines are located, according to NCNB marketing representative Melissa Jones.

Jones said customers get free checking and use of the 24-hour tellers with a minimum \$500 checking balance or \$600 savings balance.

Otherwise, the bank imposes a \$3 per month, 25 cents per check, 15 cents per 24-hour teller use charges.

Jones said NCNB savings accounts generate 5 1/2 percent interest compounded daily. If the balance is below \$100, \$1.50 per month is charged.

(See 'Area' page 4)



Staff photo by P.B. Marcus

Wachovia's Teller II machine located at the Student Center.

STUDENT AID
...no applications, no forms—just great shopping, food and fun!
ELECTRIC CO. MALL
2526 Hillsborough St.
OPEN Monday-Saturday 10am-9:30 pm

WHAT DO THESE PEOPLE HAVE IN COMMON...?

RONALD REAGAN

CAROL BURNETT

DAVID LETTERMAN

JESSE JACKSON

LEE IACOCCA

MIKE DITKA

MARTIN LUTHER KING Jr.

TOM WATSON

STEPHEN SPIELBERG

SANDRA DAY O'CONNER

...THE GREEK EXPERIENCE

THE GREEK SYSTEM: A TRADITION AT N.C. STATE SINCE 1895

FRATERNITIES AND SORORITIES: SOMETHING FOR EVERYONE

Sponsored by the Interfraternity Council

BANK	CHECKING		SAVINGS		24-HOUR TELLER
	Min. Bal.	Chrg. Below Min	Min. Bal.	Charge Below Min	
BB&T	\$500	\$8/mo.	*	*	Relay & Plus
First Federal S & L	none	none	\$100 (5 1/2 %)	\$1/mo.	Branch Only
First Union	\$400	\$3/mo. 20¢/ch	*	*	Branch Only
NCNB	\$500 (or \$600 sav.)	\$3/mo. 25¢/ch 15¢/teller use	\$100 (5 1/2 %)	\$1.50/mo.	Plus, Visa, & Relay
Raleigh Fed. Savings	\$300	\$7/mo.	\$100 (5 1/2 %)	\$1/mo.	Relay & Branch Units
Wachovia	\$500 (or \$400 sav.)	\$3/mo. 25¢/ch., auto teller	*	*	Relay (75¢) & Cirrus

* Figure not available at present time

Area banks welcome students' accounts

(Continued from page 3)

NCNB also offers a debit card, called "Checkmate," Jones said.

Checkmate looks like and is used like a Visa card, but instead of giving a customer a credit charge, the money comes out of his checking account.

Checkmate service costs 75 cents per month.

NCNB also offers special services to international students and home banking through the Compuserve computer network.

NCNB has 24-hour tellers located at the Cameron Village Branch and at Fastfare on Western Boulevard.

Raleigh Federal Savings Bank

RFSB does not have a branch teller on campus, but because RFSB is on the Relay network, students can still access their accounts on campus, according to Rhonda Hurt of the Cameron Village branch

Use of a Raleigh Federal 24-hour teller is free, but use of the Relay is 75 cents per use, Hunt said.

A checking account requires a \$300 minimum balance or \$7 per month is charged. A savings account requires a \$100 minimum balance or \$1 per month is charged.

Above \$1,000, savings account interest is tiered, increasing from 5 1/2 percent to 6 1/4, Hunt said.

Wachovia Bank & Trust

Wachovia checking accounts have a \$500 minimum balance or a \$3 monthly service charge and 25 cents per check or Teller II use is incurred, according to Margaret Jenkins of the Hillsborough St. Branch of Wachovia.

Wachovia Teller II machines are hooked to the Relay and Cirrus networks for customer convenience.

Jenkins said during freshman orientation, Wachovia will have representatives on campus to help new students open accounts.

While not all area banks are represented here, this summary is aimed to give freshmen a head start in the search for a good bank.



"2420 Hillsborough St. Just Across the Street"

IT'S A GOOD TIME FOR THE GREAT TASTE



© 1984 McDonald's Corporation



Welcome to the Neighborhood

Hello, boys and girls. Let me remind you of a couple of things before you begin your college careers. Never play frisbee with your roomies' Grateful Dead records. Never eat anything larger than your head in one bite. Never play racquetball in your dorm room - without eye protection. Never let your roommate borrow your underwear or your date. Never play with the rats in Sullivan Dorm. And never let them see you sweat. Can you say that - sweat? I knew you could.



How to get the most for your \$\$\$...

Mark Bumgardner
Opinion Editor

A couple of weeks before classes begin incoming freshmen will receive their schedules in the mail. This packet will also include an unassuming, rectangular, fruity-colored card surrounded by the words: "fold," "cut" and "detach here."

Don't throw it away!

That fruity-colored rectangle is henceforth known as a "registration card."

Registration cards give State students access to the facilities and services paid for by student fees. To get the most for your money, we have compiled a list of some benefits to which it entitles State students.

Most importantly, students may go to all home athletic events free of charge. To get basketball and football tickets, students must stand in line in front of Reynolds Coliseum (on announced dates) with their registration card and picture ID. It helps to get there early (like three weeks for basketball) to get good seats.

Students must again show their picture ID, registration card and ticket to enter the gate. Most other sporting events are either free or require only a registration card.

The infirmary, located on east campus, is also available to students. Before checking in, students must first find the darned place. This certainly is not an easy task. (From the Student Center, walk down Clark Avenue toward Pullen Park. The infirmary is on the

left, near Pullen Road.)

Students must show the attendant their registration card before a doctor will see them.

Unless the student's condition is clearly an emergency, the staff will handle almost any problem. Many lab tests are free and X-rays carry a modest charge.

Prescriptions are dispensed on the second floor pharmacy and, according to Director Jerry Barker, will no longer be free.

"Starting this coming year, all prescriptions will have a small charge," he said. "We would like for people to pay cash."

The infirmary also publishes pamphlets educating students on common health-related problems.

"Alcohol and sex cause students a lot of difficulty, and we want students to avoid that difficulty," Barker said.

Contraceptives, including birth control pills and condoms, are available at a reasonable price from the Student Health Services.

(see 'Services,' page 11)



Staff photo by Scott Rivenbark

Runny noses and scratchy throats send freshmen on a hunt for Clark Infirmary when cooler weather begins to settle in Wolfpack Country. The infirmary, located on Clark Ave. beside the parking deck, provides some of the many free or low-cost services students are entitled with their tuition.



YEAH...THAT'S THE TICKET

Come on over to my uncle's, no, my brothers, no, **MY MALL!!** Yeah that's it, that's the ticket!

ELECTRIC CO. MALL

2526 Hillsborough St.
OPEN Monday-Saturday 10am-9:30 pm

COUPON

Gelato Amare
HOMEMADE ICE CREAM
HOMEMADE ICE CREAM CONES

25¢ OFF!

This coupon good for 25¢ Off any of our delicious ice cream treats!

Indulge yourself with the best tasting homemade ice cream ever! Enjoy Sicilian Chocolate, Praline with Candied Pecans, Chocolate Malt Chip, Vanilla with Sherry Wine, Real Strawberry, Spumoni, Lime Italian Ice or one of our many, many other delicious flavors. You'll also love our sundaes, shakes, splits, floats and lots of other fantastic ice cream treats.

Electric Company Mall store only. Not good in conjunction with any other coupon. Only one coupon may be redeemed per person or family per day. Offer expires July 14, 1986.

Electric Company Mall

2526 Hillsborough Street
(across from NCSU, opposite Wachovia Bank) Phone: 832-8900
Open Sun.-Thurs. until 11 p.m. Fri. & Sat. until midnight

COUPON

THE 86-87 SEASON

Deros: A Vietnam Trilogy June 19-21 and 26-28
Premiere presentation of an original play that won the Playwriting Award sponsored by Thompson Theatre.

Barefoot In The Park September 26-28 and 30 thru October 4
One of Neil Simon's best known plays performed by an all student cast.

The Sea Gull October 30, 31, and November 1 and 4-8
A classic play of the modern theatre by one of the world's great playwrights, Anton Chekhov.

The Seventh Annual Madrigal Dinner November 21-24 and December 1 & 2
Once again we present the festive Elizabethan feast with colorful pageantry and delightful entertainment.

Pollywog Productions February 5-8
The annual children's theatre production that opens its tour season with performances in Thompson Theatre. The production will tour elementary schools throughout this area.

The Runner Stumbles February 12-14 and 17-19
A powerful compelling play that functions on two levels; both as a gripping courtroom drama, and as a deeply moving tale of repressed passion.

She Stoops To Conquer March 26-28 and April 1-4
A delightful comedy of manners from the pen of Oliver Goldsmith.

THOMPSON THEATRE

By and For Students

AT NCSU

FALL CLASSES

SP 103 INTRODUCTION TO THE THEATRE
MWF 8:55-9:45 Introduces students to artistic, technical, historical, and literature areas of theatre.
TH 9:35-10:50

SP 203 THEORY AND PRACTICE OF ACTING
MW 10:00-10:40 Introduction to certain contemporary theories of acting and their practical application through classroom participation.

SP223 STAGECRAFT
TH 11:05-12:20 Introduction to the fundamentals of scenery design and set construction and practical applications with the use of design media and shop facilities.

SP298 MAKEUP
TH 9:35-10:50 Theories and applications of makeup design and usage from classical to contemporary theatre.

SP298 MIME AND MOVEMENT
MWF 12:10-13:00 Theories of stage movement and classical review of techniques of physical expression.



Wolfpack Glossary

ACC BASKETBALL: Freshmen from the Big East area, get ready for *real* college basketball.

ALEXANDER HALL: State's foreign embassy.

THE BRICKYARD: Former party place for Wolfpackers celebrating basketball victories. The area no longer exists, due to construction of a new library wing.

BRUCE POULTON: Our beloved chancellor, who recently underwent surgery to remove his foot from his mouth.

DESIGNO: A person who dresses in black, shaves his or her head, listens to New music and majors in design. Can usually be found working in east campus studios until 6 a.m.

FOOTBALL: A sport played at State in the '70s, now played only in the Southeastern part of the country.

FREE EXPRESSION TUNNEL: A central campus pedestrian tunnel allowing students access to classrooms. The mural of graffiti gives freshmen something to read on their way to class.

THE FRESHMEN 10: The curviest, most bodacious beau of the Class of 1990. More commonly, the excessive poundage all freshmen are guaranteed to gain by paying their tuition. Spurred more rapidly by keg parties. Barfing does not impede its progress, however.

HARRELSON HALL: The four-story building in the middle of campus noted for its oval shape. Rumor has it, the structure was modeled after the Holiday Inn downtown and was originally planned to be 12 stories tall until heavy activity inside after dark caused it to sink. Beware in the nighttime hours, unless serving "T" is your bag.

HILLSBOROUGH STREET: A street running parallel to campus that is available to partiers with big sticks after basketball victories. The street usually resembles Johannesburg when filled with brutal police and out-of-control revelers.

LINES: Not to be associated with razor blades and mirrors, lines are like the ones at Disney World, except instead of going on a ride, you get taken for one. Though times are picking up, lines aren't around here.

LOTTERY: Like most lotteries, if your number comes up, you win. Prize is a loss of your dorm room after your first year.

MOO-U: Another name for Cow College because of our fine agricultural reputation.

1974: The year of the Wolfpack's first national basketball championship. David Thompson ("DT" in these parts), Tommy Burleson and Monte Towe led a Pack team that ended UCLA's nine-year reign as king of the college basketball world. When playing Wolfpack Trivia, remember: State beat UCLA in the semifinals in Greensboro and Marquette in the finals.

1983: The year the Pack won its second NCAA basketball title. State, 19-10 heading into the tournament, was heavy underdogs but stunned UNLV, Ralph Sampson and Virginia and top-ranked Houston and Akeem Olajuwon, in addition to defeating Pepperdine (2 OT), Utah and Georgia. The "Cardiac Pack," as they were dubbed because of their habit of coming back from deficits to win in the NCAAs, were led throughout the season by seniors Sidney Lowe, Derek Whittenburg and Thurl Bailey, but sophomore Lorenzo Charles was the unlikely hero in the finals when he dunked a shot by Whittenburg for a two-point win at the buzzer.

PARKING SPACE: Where?

REYNOLDS COLISEUM: More people have seen college basketball games here than any place in the country.

REYNOLDS COLISEUM EAST: Also known as the Wake County Courthouse. More people have seen college basketball *players* here than any place in the country.

SOCIAL SECURITY NUMBER: See Student ID Number.

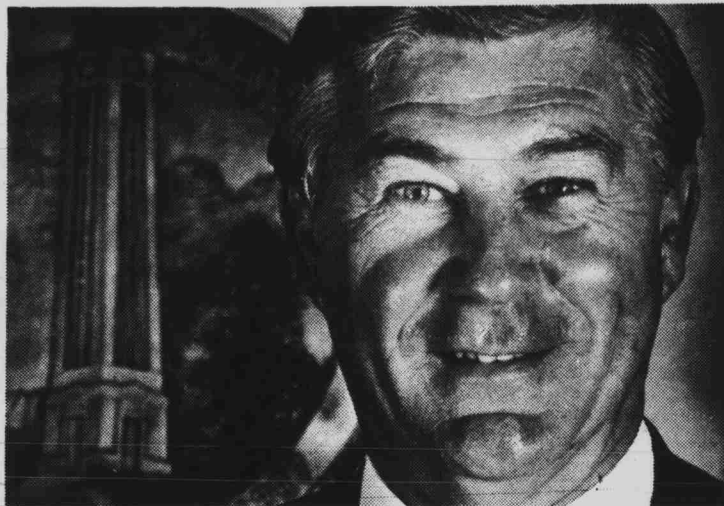
STUDENT-ID NUMBER: Your greatest fears have come true. You are now nothing but a number. Forget your number, you die.

TUCKER BEACH: An shoreline on Central Campus that draws all kinds of fish, ranging from mermaids to whales.

UNC: Can you say "Carolina sucks"? You should learn this before you learn your Student ID number.

VISITATION POLICY: A campus statute prohibiting people of the opposite sex entrance into your dorm room.

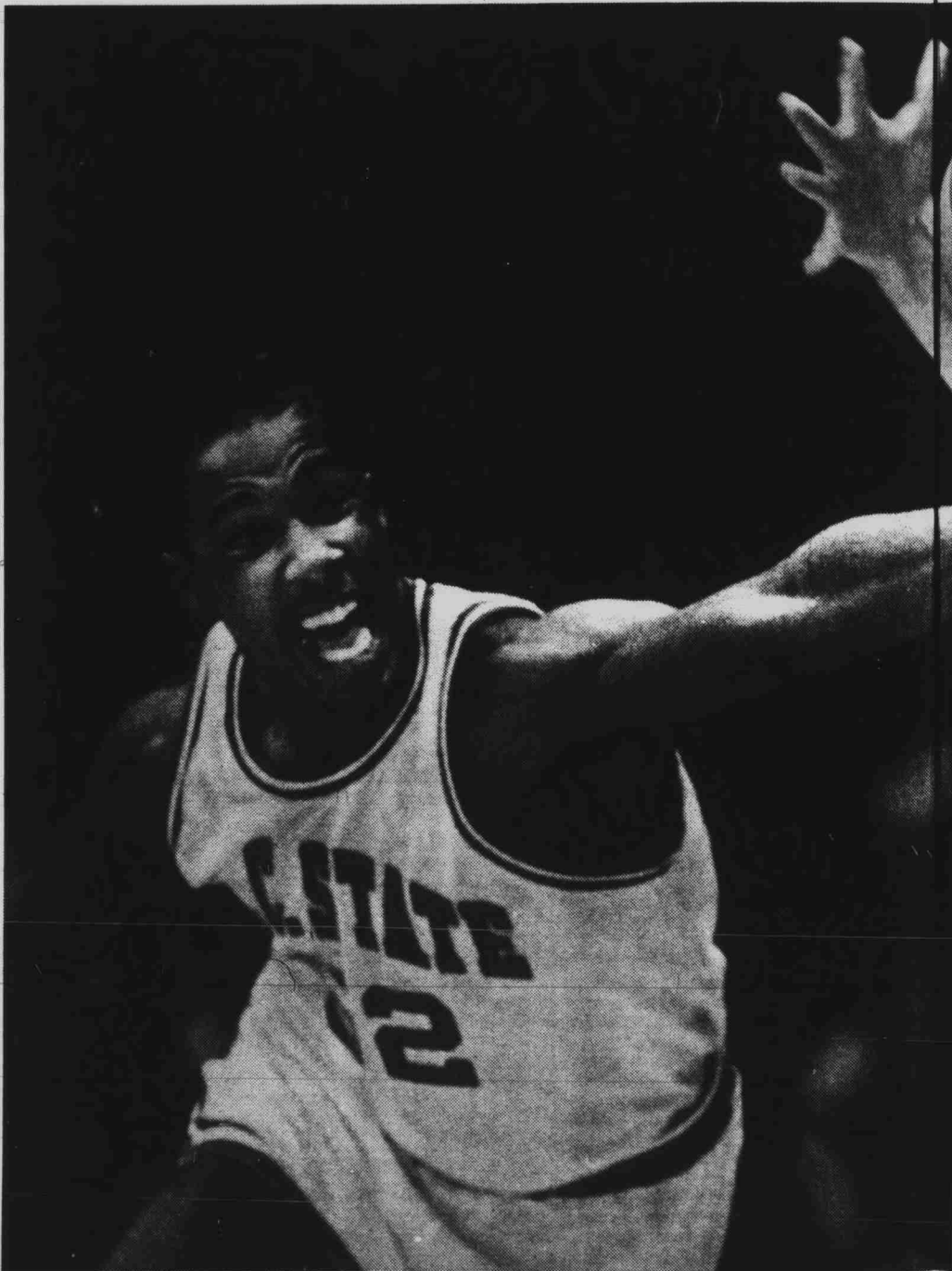
WOLFSTOCK: An April outdoor concert on the intramural fields. The Who, The Rolling Stones and Black Sabbath are scheduled for next year, if all of the band members can show **proof they are over 21.**



Roger W. Winstead

A YEA EXP

Over the course of an academic year, young men and women for a week we at *Technician* offer to you, no matter how hard it gets, that basics and beyond, but life at UNC. Good luck.



Roger W. Winstead



AR'S PERIENCE

academic year, a student has the opportunity to sample some of the finer things in life. College prepares for a world beyond a family's shelter and allows them ample time to discover the world on their own. May you congratulations on making it this far and some small advice: never give up. Always keep in mind that there's always the chance to make it better. College teaches many subjects, including the academic at university extends further than classes and books. Experience the people and learn of life.



William Hansley





Restaurants

In pursuit of the hot meal. . .

Joe Corey
Features Editor

After being on the campus for a couple of days and eating nightly at the Dining Hall like a real trooper, thoughts of escaping to a real restaurant for dinner are inevitable. (Or perhaps your 15 meals have been used up for the week.)

Since freshman are not supposed to have cars on campus, they are limited in their pursuit of a hot meal. But this does not limit the possibilities of what to eat.

Hillsborough Street is a gourmet's delight, surrounding

the campus with a variety of restaurants.

Most of the restaurants on Hillsborough are not too expensive.

Baxley's Restaurant has a very fine buffet and wonderful atmosphere - especially the old wing. Unfortunately, it is open only for breakfast and lunch.

Brothers and Two Guys', right next to each other, both serve an Italian menu, but are distinguished by their decor. While Two Guys' is rather conservative with the decorations, Brothers is the place to relive State's championship seasons. Each of the long walls is covered with photos of those classic NCAA champion teams from State. Prices at both these places run neck and neck with no definite cheaper price at either.

The Breakfast House is open 24 hours a day and is a great place to go if you get the munchies around 3 a.m. Although specializing in breakfast dishes (pancakes, waffles and omlets), they also serve sandwiches and steaks.

The Fast Fare on Hillsborough, contrary to its sign, is not open 24 hours a day. It closes for about an hour around 4 a.m. But it is good for those odd cravings for munchies and a large drink.

Blimpies and Subway remain open rather late to meet those desperate submarine sandwich needs. Blimpies also features video games and pool tables for the late night gamer.

Angotti's is a nice little restaurant squeezed between McDonalds and D.J. Books. It serves pizza, pasta, chili and sandwiches.

McDonald's unique '50s atmosphere transforms the old

Studio One movie theater into more than just a fast-food chain store. Their menu is just like all the others, but they also charge a little bit more than the one on Western Blvd. does.

Darryl's is rather expensive for "poor college kids" budgets. But it does serve some really great baby back ribs, and the decor is conversation-conducive with old car parts, animals heads and old signs mounted on the walls. People under 19 note: after 9 p.m. the management won't allow you to enter.

Players Retreat, just around the bend from Darryl's on Oberlin Road, has a fine selection of sandwiches from the grill. The walls in the main room are covered with old beer cans from around the country and large tropical fish swim in big tanks behind the bar.

For an oriental night, 4-5-6 Chinese restaurant is nice. Its cafeteria setup allows the customer to make individual selections, rather than buying plate meals.

What about students who are undecided about their dinner-time desires but don't want to trudge down the street? Well, The Electric Company may be the answer.

The Electric Company is a mini-mall with mostly restaurants and not retailers.

The Electric Company's bizarre design lends itself for an interesting dining experience.

The second floor has numerous restaurants around a common eating balcony which gives everybody what they want.

Andy's Pizza sells pizza by the slice and grinders. The Oriental Express serves a multitude of dishes including



Staff photo by Scott Rivenbark

Brothers' Pizza, which features walls of memorabilia from State's two basketball national championships, is one of many fine eateries along "Restaurant Row," alias Hillsborough Street.

fortune cookies. Deli Works offers sandwiches and other delicatessen delights.

The inside stores in the mini-mall close at 9:30 p.m. The restaurants with street entrances, Popeye's, T.J. Cinnamons, Mighty Casey's and Gelato Amare, stay open later.

Popeye's offers fried chicken basted with a cajun batter and comes in both mild and hot

potenciés. T.J. Cinnamons sells cinnamon buns which are a great quick bite. Mighty Casey's serves burgers and hotdogs. Gelato Amare serves ice cream in waffle cones.

Even hungry and without a car, a good restaurant is just an easy stroll down the street.

Assistant copy editor Suzie Tutza contributed to this report.

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PRECISION STYLED HAIRCUT \$4.50

You get the look and style you want! We take the extra time to get your cut right. All services are provided by our senior student stylists under supervision of instructing Cosmetologists.

NO APPOINTMENT NECESSARY ... open some evenings.

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Friday 9: a.m.-4: p.m.
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\$5.00 OFF with this coupon

TUNE-UP



833-4588 1211 Hillsborough Street

VALUABLE COUPON!

FREE DORM HEAT

ONE MONTH (NOVEMBER) ABSOLUTELY FREE!

TO REDEEM: PRESENT THIS COUPON TO YOUR RESIDENT ADVISOR (R.A.) ON THE DAY YOU MOVE IN YOUR DORM IN AUGUST.



BEAT CAROLINA!!

...we sure did, 'cause they don't have one...

N.C. State's own!!

ELECTRIC CO. MALL

1211 Hillsborough St.
OPEN Monday-Saturday 10am-8:30 pm

Intramurals



Stay active, break a sweat...

Mac Harris
Sports Editor

What's the second largest organization with a common goal on this campus?

Fraternities and sororities, right?

Wrong.

Well, how about the sports teams?

Try again. Try intramurals. That's right, freshmen. After the registrar's office — every student here is part of that — the intramural program has the largest active body of students on this campus.

Last year alone over 8,000 different students, about 30 percent of the student body, chose to take to the fields, courts and other facilities of the university's intramural department, to compete in a mind-boggling 40,000 athletic contests. Yep, forty thousand.

The facilities here at State are excellent. Carmichael Gym, the Miller Fields, the university's track, pool, and multiple tennis courts, provide an almost limitless area (except maybe basketball, which gets a little crowded sometimes) for the pursuit of your favorite activity.

And that activity is more likely a part of one of the most organized, diverse intramural programs in North Carolina, maybe even in the U.S.

With over 22 different athletic events to choose from, for both male and female participants, no one is left out in the intramural sphere of operation.

If your favorite activity is not part of the intramural program, then you can probably find it somewhere in the realm of the 19 active club sports. These activities provide a little more diversity for the student who is interested in water skiing, hiking, sailing, camping, hockey, and other sports which need more individualized attention.

Getting involved is easy with either the intramural or club sports program. All a student has to do, if he or she is in a dorm, is to find out who the athletic director is. The AD signs students up for participation in whatever sport they are interested in.

For students who live off campus, a highly competitive open league is an option for anyone who can field a team for participation. Of course, the fraternities and sororities also offer well-organized intramurals.

Intramural Sports

- Flag Football
- 5-Player Basketball
- 3-Player Basketball
- Dixie Classic Basketball
- Softball
- Soccer
- Volleyball
- Badminton
- Swimming
- Track
- Racquetball
- Tennis
- Cross Country
- Pitch & Putt
- Bowling
- Table Tennis
- Handball
- Squash

Club Sports

- Aerobics
- Angling
- Archery
- Badminton
- Barbell
- Bowling
- Frisbee
- Ice Hockey
- Lacrosse
- Outing
- Racquetball
- Rodeo
- Rugby
- Sailing
- Snow Skiing
- Sports Officials
- Tae Kwon Do
- Water Skiing
- Volleyball

The place for interested persons to go is 2012 Carmichael Gym. The staff there will help you become involved as a participant.

Another way to get involved in the intramurals program to become an athletic director, official, supervisor, intramural recreational sports advisory board member or even Technician reporter. Many of these positions are paid, such as official and supervisor.

Intramurals are just fun and games — nothing more, right? Not true, according to Sam Halstead, director of the intramural-recreational sports department.

"Intramurals are another vehicle for the student to further reach his potential and mature," says Halstead. "The program tests leadership skills, organizational qualities, and decision-making capacity. Many times in the classroom no opportunity occurs to show these skills — it's often a one way street."

Intramurals are also a release from the daily grind of the classroom, Halstead said.

"Sports and activities, through participation in intramurals, aid stress management, the socialization process, and the overall adjustment to college life.

"There has to be a balance. Once you cease activity, and become inactive, it affects not only the physical well-being, but the psychological and mental well-being as well," Halstead said.

Halstead cited the physical programs of many companies in the high-pressure, high-tech Silicon Valley as proof positive that individuals need to release stress through recreation and physical activity.

"Most of the high-tech, high-stress, demanding organizations provide an opportunity for recreation. People who have regular physical activity usually perform their work responsibilities better," he said.

What, then, is the overall objective of the intramural program?

Mr. Halstead was quick to answer.

"I see us as another unit on campus providing opportunity for the development of the student attending North Carolina State University," he said.

"We're more than just the things you see, the tournaments, the games, etc. We contribute to the development of the student. We're not perfect, but we do have a quality program. With over 8,000 people participating, we must be meeting their needs somewhere along the line," he said.

Intramurals. The second largest organization on campus and certainly the most active. Everybody deserves a chance to keep that competitive desire in sports alive, as well as the opportunity to pick up a new activity or improve the ones you already enjoy.

Intramurals provide that opportunity and the chance to become involved and develop as an individual.



Technician file photo

Football is one of many sports that students play through State's Intramural program.

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Entertainment

City offers wide diversions, art



Rich Hall performs at Charlie Goodnight's Comedy Club.

Roger W. Winstead
Entertainment Editor

There really isn't that much more one could asked for in the world of the arts. From waltzing with Bach to pogoing on Naugahyde Chihuahua, from the romantic "Casablanca" to the radical "Eraserhead" and from being cultured by Matisse to being cut on by Jay Leno, the Raleigh area offers many entertaining opportunities for each and all.

The capital's music scene seems better than most, when considering how conservative the area has become. The past deaths of many great clubs (Cafe Deja Vu, Culture Club and The Pier come to mind) make it hard to believe that Raleigh supports such an active musical taste.

Just about all types of music appear nightly throughout the city. *The Longbranch Saloon* (600 Creekside Dr.) offers country and the occasional beach band shagging in the sand with ice cold beer in hand, while *The Switch* (2506 Paula St.) rocks most evenings with tops in rock-n-roll. For the punk in everyone, there happens to be a place named *The Fallout Shelter* (2 S. West St.), giving idle feet the chance to bop up and down like they do in Chapel Hill so much. Also, for the righteousness of rad, *The Brewery* (3009 Hillsborough St.) allows those of difference to dance and chill to

the nation's newest tunes by the newest artists (The Bodeans, Del Fuegos, The Connells, Suzanne Vega, The White Animals, etc. etc.).

Not everyone enjoys the aforementioned brands of music and for them there are *Berkeley Cafe* (217 W. Martin St. - jazz), *Lulu's* (6339 Glenwood Ave. - covers), *Papagayo* (7431 Six Forks - folk) and *The Soong Room* (Eastgate Shopping Centre - jazz), which appeal to the calmer of heart.

With the change in drinking age (21 becomes law in fall) many clubs and bars are, changing around their own rules to suit the change in clientele.

However, such dining/drinking establishments such as *Crowley's*, *Berkeley Cafe*, *Rathskeller* and *Darryl's* allow immature, collegiate youngsters to mix freely with the more "responsible," upperclass-type drinkers. Some musically inclined businesses will adopt new policies in the fall and there may be some differences come August, so don't totally rely on this for fun next year.

If a music scene cramps the mood and the mood strikes at the funny bone, then *Charlie Goodnight's Comedy Club* (861 W. Morgan St.) heals the laughing wound. Featuring the tops in stand-up comedy acts from across the world, *Charlie's* makes any dull date a lively party full of vim and vigor. Past

acts include Rich Hall, Willie Tyler and Lester, Joe Bolster, Pat Paulsen and of course, the hardest working comedian in showbusiness - Jay Leno. There's no age requirement to enter the club, making *Chuck's* one of the few places available for incoming frosh to the Capital area.

The arts are alive and well in Raleigh as well. Down Hillsborough St. from campus is the *N.C. Museum of Art*, on the campus there are various opportunities for gallery shows in both the *Student Center* and at the *Crafts Center*, and there are many private galleries throughout the city itself.

Movies come and go as they do in most cities and even some films find their way to this part of world. *Stewart Theatre*, in the Student Center, provides *Packers* a chance to sample current hits along with creative crowd participation not witnessed since the closing of *Studio One* (ask a senior, kiddies).

There's the usual assortment of movie houses around town with the closest being *Mission Valley Cinemas* across Western Blvd. from campus. With five or six choices daily, *MVC* offers box office smashes along with an occasional award winner. For the connoisseur of fine films, there lies *The Rialto*. This vintage one screen theatre (Gasp! What's that?) dishes out classic foreign and experimental films rarely seen east of Chapel Hill, must less in Lizard Lick. A few more recent runs include "Brazil," "Ran," "28 Up" and choice festivals from time to time honor such greats as Bogart and Hitchcock.

From films to live stage, Raleigh presents a neverending amount of talent studded theatric performances. State's own *Thompson Theatre* supplies buffs with quality shows ranging from original one-act plays to elaborate Broadway musicals performed entirely by members of the campus family of students, staff and faculty. Across from campus in Pullen Park sits the famous *Theatre in the Park* which sponsors plays and shows on a regular basis, as does *Raleigh Little Theatre*, *St. Mary's* and *Peace College*.

As far as the brain can tell, the Capital city slightly stimulates. It's no New York City, San Francisco or London, but Raleigh's okay for the size, money and the corner room at the YMCA. Best put - it's better than Lizard Lick.

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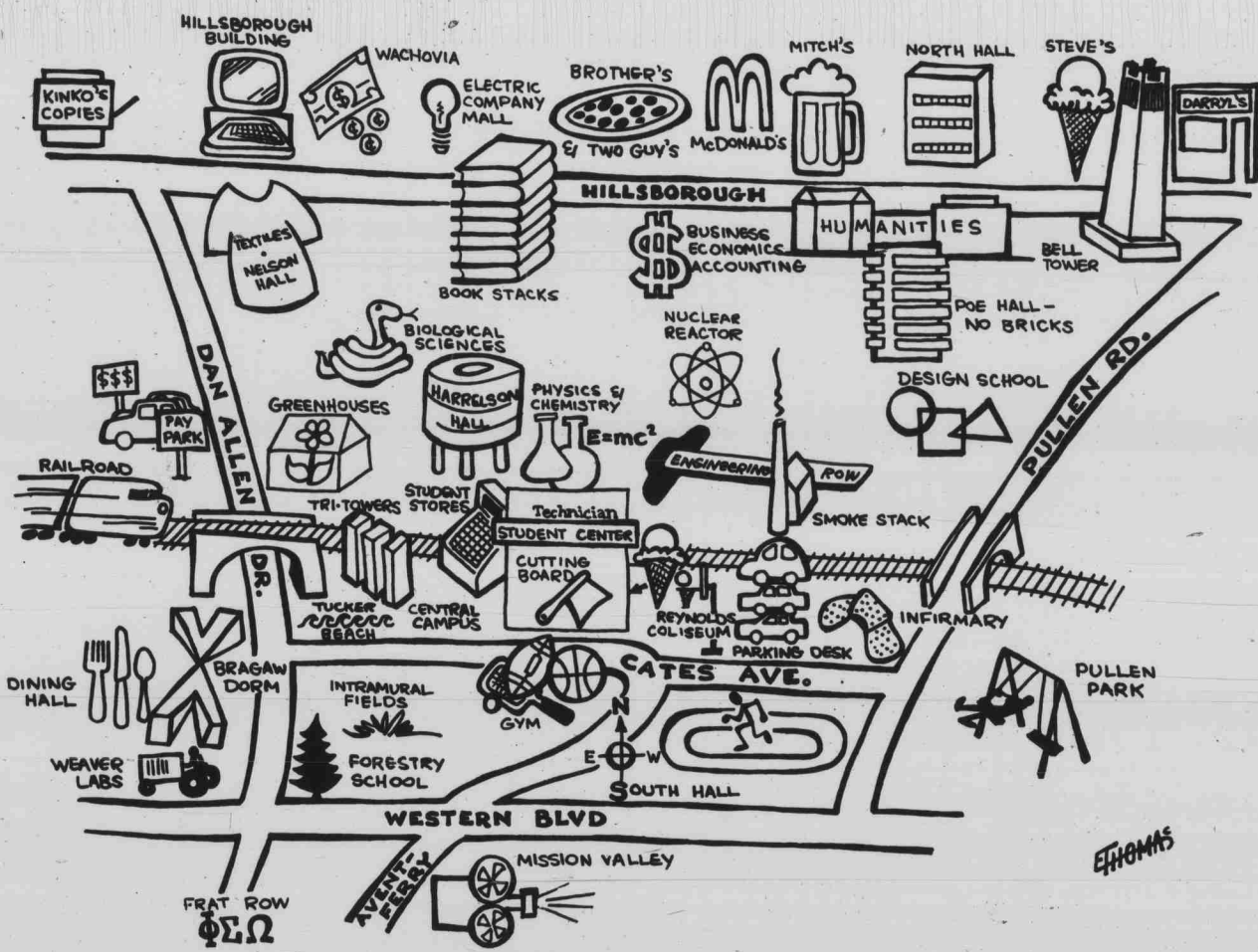
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Services

(continued from page 5)

Mental health care is available at the Counseling Center in 200 Harris Hall. Service is confidential and students are encouraged to drop by for problems ranging from depression to learning how to take a test.

Carmichael Gymnasium, a place PE 100 acquaints students with, is an excellent facility for staying in shape. As an incentive, State students can check out all types of recreation equipment and clothing. All it takes is a (guess what) registration card.

Soiled gym shirts, shorts, etc. can be traded for fresh ones in the locker rooms.

Throughout the year, the Union Activities Board (UAB) sponsors free and discounted movies, games and other fun activities. Check the UAB calendar, available in the Student Center, or watch the *Technician* for UAB advertisements.

Center Stage and Thompson Theater offer quality plays and concerts at a discount. Friends of the College brings to campus nationally famous orchestras, ensembles and ballets free of charge for students and one guest.

DEAN'S LIST

Our resident list expert, Dean, says, "Shopping, food, and fun! Electric Company Mall is a 4.0 all the way!!" (Come say "hi" to Dean. He's a bit strange, but a nice guy!)

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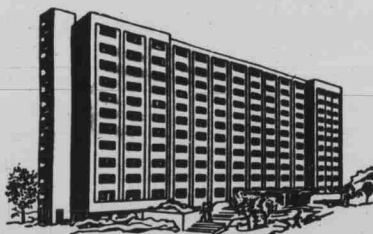
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