

TECHNICIAN

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Raleigh, North Carolina

THE BIG MOVE

Move not so divisive

Thushan Suramyajith
Amarasiriwardena
Editor Emeritus

As contractors make their final touches on Engineering I on Centennial Campus, one thing is for sure; this place is slick.

Winding up the core of the building, a floating staircase replete with anodized railings overlooks an expansive four-story atrium.

Plush couches and group tables encircle each floor, framed by large glass windows in the new building for 700 chemical engineering and material science majors that will move there next semester. Studying might just be a pleasurable venture.

But with all its newness, the notion that Centennial will leave Main Campus behind is a growing one.

From the unveiling of James L. Oblinger as the new chancellor at the College of Textiles, to recent talks by the Board of Trustees to build the chancellor's residence over on Centennial, the campus is seemingly becoming the face of the University.

Administrators say that's not part of the plan.

"There is no conscious plan to make that the face of the University," Tom Stafford, vice chancellor for student affairs, said.

Instead, as the burgeoning University looks to grow, space on Main Campus has all but evaporated — and when talk of using the rare spaces left, things neat up quickly.

"There just is no other room to build on this campus," Stafford said.

Mentioning the proposed Catalano Pavilion that will carve up a segment of The Court of Carolinas, he said that debate over it has increased because of its prime location. "It's the one beautiful green spaces left and people are fighting to keep it the way it is."

In an already snug campus, Stafford said that projections are pointing to an increasing student population to some 35,000 by 2010.

"If we only maintain the current share [of North Carolina's

CENTENNIAL continued page 4



COLD WATER

FOR MANY, GRADUATION IS A CELEBRATION,
BUT FOR OTHERS, IT'S WHEN REALITY HITS THEM

STORY BY REBECCA HESLIN | PHOTO ILLUSTRATION BY RAY BLACK III

Watch out convertible-driving, Abercrombie & Fitch-wearing, balding mid-lifers, there's a new identity crisis pulling up next to you — and it's your kid you sent off to college four years ago behind the wheel.

Students spend the college years collecting the puzzle pieces of their lives such as the good GPA, the stellar internship, etc., only to realize after graduation that while the puzzle may appear completed, there is still no clear picture.

This harsh realization sends many into what has been coined the younger brother to the mid-life crisis — the "quarter-life crisis."

"The quarter-life crisis is a fourth through your life when you are uncertain of who you are and where you are suppose to be going, questioning what your purpose in life is," Anderson Hicks, a senior graduating in December in textile design, said.

As soon as students move their tassel from right to left, they are faced with the fact that they are about to close the door to the 20-some years of a structured life spent in school and open one to the often dreaded "real world."

While these post-graduation fears faced in one's early 20s may not be a new concept entirely, pop

CRISIS continued page 5

THE NEXT CHANCELLOR

Barnhardt back in class after chancellorship

Ben McNeely
Staff Writer

As the end of his term nears, Bob Barnhardt is looking back with fondness.

"I almost don't want it to end," he said at the recent Board of Trustees meeting.

During his tenure as interim chancellor, he has guided the University through the tailgate shootings at the first football game and the ensuing controversy over tailgating afterward.

He led the University while the chancellor search committee scoured to find a new leader — and found one in its own backyard.

In the midst of meetings, dinner parties, fundraisers and athletic events, Barnhardt found time to take a meal at Clark Dining Hall and teach a textile class, where he was dean until 1999, this semester.

Now, as Jan. 1 approaches, Barnhardt says he is looking forward to going back to his back office in the College of Textiles and — more importantly — retirement.

"I've had long, 15-hour days, where I've had a breakfast meeting and events at night. It's kind of hard," Barnhardt said. "It would be easier if I had weekends to rejuvenate, but with football, there is no chance of that."

He could definitely feel the energy component of the job at times, he said. But when he got tired, he would walk to the chancellor's residence and sneak in a quick nap.

"I am fortunate that I can fall asleep quickly and wake up happy and refreshed. I just had to remember to tell someone to give me a call and wake me up," Barnhardt said.

BARNHARDT continued page 5

Police not anticipating problems for annual Hillsborough Hike

Tyler Dukes
Deputy News Editor

With graduation approaching once again, seniors will be prepared to celebrate with the traditional Hillsborough Hike Friday night.

Both Campus Police and the Raleigh Police will be patrolling Hillsborough Street.

According to Campus Police officials, their involvement will be mainly for safety reasons.

"We're not anticipating problems," Captain Joe Goodrow of the Campus Police Department said. "We're hoping people just follow the rules and have a good time."

Raleigh Police, who will be coordinating the police presence at the event, said they will have a zero-tolerance policy for violations of

city or state laws, especially underage possession.

Some of the most common misdemeanors present at the Hike in the past have been violations of the open container laws, which prohibit open alcoholic beverages in public areas, and consumption of alcohol in areas with off-premises licenses, such as convenience stores and their parking lots.

The Hike, which drew around 1,500 people last year, did experience some incidents, such as reports of attendees throwing beer bottles at some stores.

Campus Police Chief Tom Younce said that the majority of those in attendance to last year's event were peaceful and cooperative.

"As police, we have to be prepared for the worst and expect the best," Younce said.

THEIR FAITH | BUDDHISM CHRISTIANITY ISLAM JUDAISM HINDUISM

Solitude and meditation enhance spirituality



Mrinmoyee, a Hindu, worships in her temple in Morrisville.

Erin Welch
Deputy News Editor

Mrinmoyee smiled as she glanced down at the ring on her finger, excitedly speaking of her upcoming wedding. But Mrinmoyee's wedding plans differ from most — she's planning for a wedding almost 8,000 miles away.

"I want to get married in India in a very typical, traditional way," Mrinmoyee Sanyal, a graduate student in computer science, said.

An Indian native who moved to the United States when she was 21, Mrinmoyee

opted for a gold ring with an intricate, specially-made pattern instead of the typical diamond engagement ring. Integrating her Hindu background into daily routine, Mrinmoyee's engagement ring displays one example of the intertwining cultures in her life.

Some Hindus arrange a ring ceremony before their wedding, however, not all Hindus have these ceremonies or even engagement rings.

Describing herself as a "cocktail," Mrinmoyee grew up in several locations in India, although she is

a Bengali and grew up in north India.

"I always tell my friends India is like Europe — different languages, cuisines and traditions," she said.

"One thing Hinduism fosters is tolerance, of different religions and ways of living," she said, describing how the states and people of India differ greatly from one another.

According to Mrinmoyee, Hinduism is not simply a religion that can be practiced, it is a way of life which must be exhibited. Unlike several

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Yow reaches milestone

Women's basketball coach Kay Yow records her 600th win at NCSU Thursday night in Reynolds Coliseum. See page 12.

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Correction

Due to a reporter's error, quotes from professor of philosophy and religion David Austin were misinterpreted and therefore used erroneously in the Nov. 29 article "Is God dead?"

Austin's quotes should have reflected his belief that the debate between religion and science should focus on the quality of the explanation given in answer, rather than asking which label — "science" or "religion" — is usually applied to the explanation's source. The label cannot tell us the quality of the explanation itself, Austin said. To discover the quality, we must instead use the universal standards of reasoning taught in courses on pure and applied logic and statistics, Austin said. Report all errors to Editor in Chief Matt Middleton at editor@technicianonline.com

MOVE

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graduating high schoolers] we would see a tremendous increase in our population," he said, citing growth patterns for a ballooning population.

"There's going to be growth here and it's only going to be constrained by the facilities," he said.

Somewhere, there will have to be new seats.

Raymond Fornes, associate dean for research, said that Centennial will help alleviate some of those issues.

"We need to expand classrooms for a number of growing programs," he said.

As engineering departments move out to the new campus, space is opening up for other disciplines — and their filling up quick.

"Buildings are being immediately filled as fast as we can get

the spaces ready," he said.

"There is already a pent up demand for these spaces," Charles Leffler, vice chancellor for business and finance, said.

As chemical engineering and material science moves out of Riddick Laboratories, College of Physical and Mathematical Sciences will move in.

When computer science gets their new building next year, Withers laboratories will open up to the College of Humanities and Social Sciences.

Both buildings are slated to undergo major renovations in the \$20 million range as part of the bond program, according to Leffler.

For departments moving out toward Centennial, the new buildings represent more than just new digs, it may also be a chance to revise their future.

For the College of Textiles, on Centennial since 1991 from Nelson Hall, the move to their building played a major part in its continued existence in the

face of a dying local industry.

"Had we not had this building we would be dead," Blanton Godfrey, the college's dean, said.

"It forced us to rethink how the industry has changed," saving it in the process, he explained. "Moving provides a natural opportunity to junk old equipment," Godfrey said, giving the college a chance to invest in a new sector of textiles, one that became the future of the state's waning industry; non-wovens.

Godfrey said that a similar boon could follow for engineering departments as they move onto Centennial.

College of Engineering Dean Nino Masnari, acknowledged that move is more than just a new building.

"This is going to be far better than carrying out modern research in antiquated facilities," Masnari said. "No one has this type of space and it will be something that will set the precedence for universities."



Sanyal sits for long periods in the temple, which is frequently empty. "The silence is what's so nice about it," she said. "The silence is peaceful."

FAITH

continued from page 1

other religions, Hinduism does not require that Mrinmoyee visit her temple in Morrisville on a regular basis; she goes when she wishes or when a religious function is held.

Mrinmoyee said she personally chooses to focus on spirituality in her life rather than only focusing on her religion.

"More than religion, I believe in spirituality," she said. "Religion is a means, but it's not the only means to strengthening spirituality."

As a result of living in the United States, Mrinmoyee's Hindu practices have been slightly altered. In India, Mrinmoyee meditated on a daily basis, often early in the morning or late in the evening. However, she said it is now difficult to meditate frequently given the typical student life filled with projects and classwork.

Meditation, Mrinmoyee said,

helps her to get in touch with her innermost being and find truth beyond society. She said focusing on spirituality helps to steer away from the mechanical way that some people worship.

Being part of the Hindu Students Council has also exposed Mrinmoyee to Hindus who worship different gods and goddesses as well as observe other celebrations.

Describing how she took part in a worship ceremony, which she had never taken part in before, Mrinmoyee said she just enjoyed interacting with other Hindus.

"Being far away from India, I want to be a part of anything Indian," she said.

While she lived in India, Mrinmoyee was surrounded by an older generation of Hindus who had more knowledge on the religion than she. Now, in the United States, she joined the HSC to have a network of others surrounding her in her faith.

"I wanted to know more about who I am — my culture, roots and traditions," Mrinmoyee said of her joining the HSC.

Now as president, Mrinmoyee enjoys the ability to interact and discuss ideas with other students in the organization and especially enjoys the opportunity to organize events and celebrations for the council.

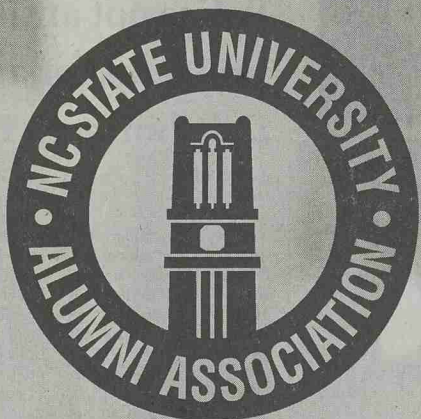
"I learn a lot by organizing and not just being a part of the function," Mrinmoyee said.

In India, she said she was not aware of the typical customs of religious celebrations because she only took part in them and did not understand the planning and organizing behind the scenes.

Hindus have several scriptures and, unlike almost all other religions, the religion's origin cannot be traced back to one particular person.

"That's the beauty of Hinduism," Mrinmoyee said. "It's a philosophy, a way of life."

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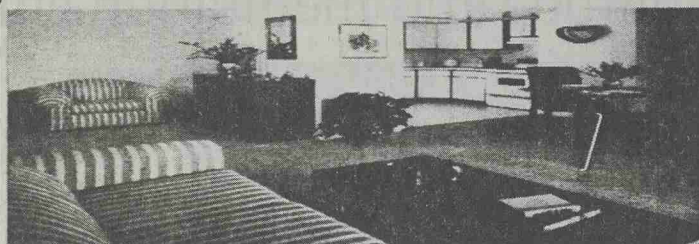
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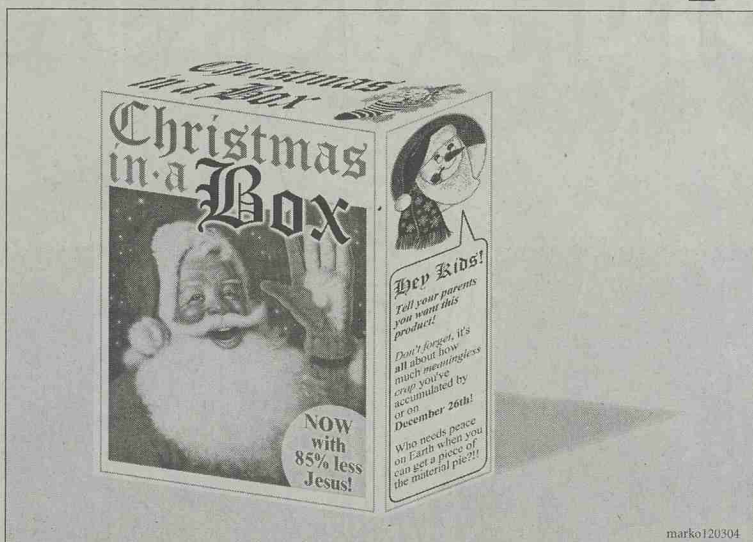
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marko120304

Evaluations need re-evaluating

Heather evaluates the efficacy of course evaluations and ponders on ways to better improve courses.

This week, students have been bombarded with end-of-the-course evaluations that professor's hand out to find out how they



Heather Cutchin
Senior Staff Columnist

A prime example is of a student in a chemistry class who tells of taking the same course two semesters in a row (she failed the first time).

She claims the professor was very rude to students during the first semester and not responsive to requests for help. He did not explain the material very well and often would put students down if they asked questions during class.

At course evaluation time, she politely but firmly wrote exactly what she thought of the course. Needless to say, these comments were not complimentary to the professor.

The next semester she took the course again, and unfortunately, had to take it with the same professor. She said that the same thing (the rudeness, the arrogance, and not helping students) happened this time during the semester. She was so fed up with the professor that she did not complete the course evaluation, stating "It won't do any good, he said in class he didn't care what we wrote, so why waste my time?"

Many students feel this way, and when it comes time to fill out those bubble sheets, they leave without even looking at one. The few students that do fill them out do so in hopes that someone will care

enough to read these evaluations and improve the course if needed.

Plus, if an instructor does an excellent job teaching, they need to know it! Many instructors out there teach well in one level of a course and not in another. The department heads need to know what courses the instructors work best in and put them there. We are here to learn, not to be frustrated by a professor who does not know how to teach the material.

The evaluations are not always confidential either. They are supposed to be completed and collected while the instructor is out of the room.

Then they are handed in to another person, supposedly without

connection to the instructor, typed up and handed back to the instructor for review.

However, in one class I took, the instructor told us how his wife typed up his evaluations, and he recognized some of the writing as he helped her to do it! Some instructors do not leave the room and will take up the evaluations themselves. When the evaluation is not confidential, students feel less at ease about being truthful.

What can fix this lack of interest from students and professors? What if we actually saw some good coming from the evaluations? While I enjoy improving things for future students, I would like to see some improvement while I am in the class.

Instructors that give evaluations midway through the course have a better chance of improving the way they are teaching in order to more effectively teach students.

It shows that a professor really

cares about their students when they ask for feedback early enough in the semester to actually do something about the bad aspects of the class.

Students that give honest and true feedback, not just "you suck," but opinions on what could be done to make it better really care about what they are learning.

Being honest on the evaluation can help a lot.

Many students feel uncomfortable giving an instructor a bad rating, and will therefore just answer "not applicable" to several questions. If an instructor is doing well, they need to know it so that they can continue the good aspects of what they are doing. However,

if an instructor is doing poorly, after enough evaluations of how bad of a job they are doing, someone will notice.

The administration needs to take a stand and review student evaluations more often. For the girl in the aforementioned story, if

"While I enjoy improving things for future students, I would like to see some improvement while I am in the class."

an administrator had taken the time to review the evaluations and then talked to the professor, could things have been changed?

Would the professor have been evaluated during class so that an administrator could see how he works?

It is possible.

A course evaluation given in the middle of the semester may have helped also.

Students have a responsibility to complete course evaluations so that something can be done about "problem teachers".

Give Heather your evaluations at
viewpoint@technicianonline.com

TECHNICIAN'S VIEW

A WORTHWHILE TRADITION AT N.C. STATE

OUR OPINION: IF N.C. STATE COULD CALL ANYTHING A TRADITION – IT WOULD BE THE HILLSBOROUGH HIKE. PARTAKERS ARE ENCOURAGED TO ENJOY THEMSELVES RESPONSIBLY AND FIRST-TIMERS ARE IN FOR A UNIQUE EXPERIENCE THAT CAN ONLY HAPPEN ON THIS CAMPUS.

N.C. State has very few things it can call a "tradition."

Basically, none at all.

There are even fewer things that have been around long enough to even be considered.

Homecoming and the football team are in the same boat – both are just "getting there." Brent Road was becoming the next biggest party succumbing only to Mardi Gras before it was promptly and forcefully shut down.

However, if there is one thing that NCSU could call its own – it would be the Hillsborough Hike.

On the last Friday before exams, students swarm into the bars of Hillsborough Street to drink at their heart's content and interact with friends of new and old.

All the stresses, good times and bad that have occurred throughout the semester are re-experienced and recreated into a unique experience of their own.

Exams are not on the mind of the hikers, even though they might coincide with the annual event.

The Raleigh Police Department is out in force to maintain alcohol laws and to ensure everyone has a safe and fun time. They are there to look out for the students and should be respected.

But there is more to the Hike: one last hurrah for those graduating and a celebration for those returning in the spring knowing one more semester is under the belt.

There is that kind of unspoken understanding between those on

the Hike – sitting on the barstools and laughing or not saying a word – it's merely an experience one must have while at NCSU.

Wolfstock, Brent Road, basketball campout – all have gone the way of Riddick Stadium, slowly, but surely slipping into the ages. But the Hillsborough Hike remains – a true testament to the students and the tenants that keep the main traffic artery on life support.

While it is an exciting time for students, it is also a time that could turn tragic if people do not celebrate responsibly. Brent Road died because of its own roudiness, and campout was squashed because of drunken stupidity. Thankfully, and with the help of the RPD, the Hike has remained.

With the tragic tailgate shootings at the first football game, everyone has been on edge whenever an event has involved alcohol. This year, students must be mindful of their actions and party smartly. Think ahead: have a designated driver, know your limits and go home when you've had enough. If you are underage, stay home and have a Coke and popcorn. You will get caught.

The University has always been viewed closely with the perception of Hillsborough Street – no matter how crummy, how extravagant, how nasty, how beautiful or how run down the street may appear.

Hopefully, with all cooperating, it will always host the Hillsborough Hike.

The unsigned editorial that appears above is the opinion of the members of Technician's editorial board and is the responsibility of the editor in chief.



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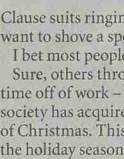
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The real meaning of Christmas is now meaningless

Jason describes the transformation of a religious holiday into one based upon commercialism and shows that the reason the holiday was created is not the same reason as it's celebrated.

Dec. 25 is Christmas Day.
That's a fact.

But when the term that is becoming more and more marred is used, I think the following: lists, shopping, credit card debt, extravagant meals, sucking up to in-laws, ornaments, gift wrapping, decorations, lights, searching for the perfect Christmas tree, important people in my life, unimportant people in my life, eggnog, alcohol, nauseating family trips on airplanes, gift wrapping, a lot of songs, drunk uncles, a lot of movies, sales, Walmart and pathetic-looking stick figures in Santa



Jason Eder
Viewpoint Editor

Clause suits ringing a stupid bell that makes me want to shove a spoon in my ear.

I bet most people hear something similar. Sure, others throw in things like family and time off of work – but let's face it, the majority of society has acquired the corporate interpretation of Christmas. This is the "hustle and bustle" of the holiday season where people are constantly moving from place to place trying to get everything in order for this one particular day.

We shop constantly – probably returning gifts two or three times before the actual day, we are always on the phone talking to unfamiliar rela-

tives trying to figure out sizes for our distant second cousin we haven't seen since we were three, or making the last-minute preparations for that dreaded family trip to the remote house in The Sticks, Nevada with the crazy grandmother who always thinks her shoes are on fire.

So why are we always in a rush when it comes to Christmas? It does happen once a year, so it's not like we couldn't use the other 364 days to prepare for it so it shouldn't be that big of a deal.

But people get an adrenaline rush from cramming many things together in a short period of time and that's more important than Dec. 25.

Besides, Dec. 25 is a day where everyone gets a day off of something. Regardless, it is still unfair since not everyone observes Christmas. If we make such a big deal about this then why don't we pile all the mayhem surrounding Christmas onto April 20, 2005 to celebrate the birth of the Prophet Mohammed? We could give everyone that day off as well.

Why not? The total Islamic population is approximated to be 1.48 billion – the Christian one is about 2 billion. Islamic people in this world, almost equally in total count to Christians, believe in celebrating Mohammed's birthday just as wholeheartedly as Christians believe in celebrating Jesus's birthday. How come they don't have all the hooplah and antics surrounding that holiday as the Western world does?

Dumb Westerners. They watch too much Brit-

ney Spears and Dan Rather, anyway.

In fact, there is no accurate historical account of when Jesus was born, no matter what calendar is used (there's all kinds of dispute surrounding the dates and aligning the Egyptian calendar, the Jewish calendar, the Roman one, etc. – but this is only a 900-word column, and we won't go there).

Telephorus, the second bishop of Rome, in the beginning days of the Western church just announced one day that Christmas would be held on Dec. 25. The problem with this is that there is a theory that supports Jesus's birthday actually being on Jan. 6, 1 B.C., and another theory supports April 20, 4 B.C. and still another for some date probably along the lines of Aquarius 32, 45 A.D. (this is arbitrary, don't stress out over it).

The point of this is that Dec. 25 is just as randomly chosen date as is a contestant on "The Fifth Wheel" – besides, it's not like any historical scholars actually support the theory that was used to find that date. This means that Christmas could actually occur at any point during the year. This also means that all the stuff that is often associated with Christmas is completely irrelevant to the date and to the purpose of that date – to celebrate Jesus's birthday. And, since no one really knows when Jesus was born, Dec. 25 is just as good a day as any to celebrate it.

All of this "stuff" around Christmas is getting downright stupid. I saw a woman steal a sweater

out of another woman's stack of clothes at the cash register at a retail store – then she bought it herself (it was the last one so, in this case, it was permissible). There were lines outside of Belk's at 5:30 in the morning last Friday. Five thirty! Screw that, I was just getting to bed. There is not a single sale price or piece of clothing that is worth that kind of behavior – it makes me think of primitive apes looking for bananas in the middle of the ice age.

So the truth is, all of these arbitrary symbols of Christmas are not here to celebrate Jesus's birth but to celebrate our egos. Yes, the self-centerdom of society has finally reached its max! We might say that we put meaning into all of our buying of gifts and visiting our relatives – but the truth is that Christmas is an excuse for us to go shopping and an excuse to see our family. We might say "I'm buying you a gift because I love you," but what we really mean is, "If I don't get you something you'll get pissed off, think I'm a good-for-nothing-poor-excuse-for-a-lay-in-bed and then leave me."

My point is Christmas has deteriorated into a bleak state of mediocrity. What would Jesus say if He saw what the month of December looked like in honor of His birth?

I don't think He'd be too proud.

Eat, drink and be merry this Christmas – and e-mail Jason at viewpoint@technicianonline.com

BARNHARDT

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There were days where it was difficult to get up and get going, he said, but once he got to the office, he was energized.

"Isn't this an exciting day," he would often tell himself.

His wife, Shirley, knew taking the job would be challenging, but she had confidence in him.

"He was in Hong Kong when I got the call from the President's Office. I suspected what it was, so I had time to assure myself about it," Shirley Barnhardt said. "I had confidence in him. He's always enjoyed a challenge and has stepped up."

She attended many events with her husband and enjoyed the chancellor's receptions before football games. She admits, however, that basketball is her first love.

"I'll be there on Sunday with bells on," she said, in regards to the Wolfpack's game against Manhattan.

She continued to volunteer at Wake Technical Community College and will be honored by the Wake Tech Board of Trustees for her work. Tuesdays were "date night" according to Barnhardt, where they would have dinner together and attend university events.

Barnhardt was pleasantly surprised at the many activities students participate in.

"I've had a ball sampling for the many exciting things students are doing," Barnhardt said. From basketball games to student productions, Barnhardt, as chancellor, has experienced them all.

On Jan. 1, he'll go back to the College of Textiles and begin his last semester as a professor here at N.C. State.

"Come Jan. 1, I'll have no affiliation with this office [chancellor's office]. That may be harsh, but that is how it has



to be, and I've been prepared for can't think of a better place to Barnhardt and his wife, Shirley, in front of Holladay Hall. The couple plans to keep busy when Barnhardt retires in May.

that," Barnhardt said.

He'll keep busy though, teaching a senior capstone course and working with three graduate students as they work on their thesis.

Then, come May, he'll retire.

"I knew when it was time to step down as dean, when there was a huge upheaval in the industry. The traditional textiles were my forte. You have to know when to leave and get out of the way," he said.

Barnhardt has a hidden talent, though: music.

"One thing I haven't done in about 20 years is sing. I used to sing in church choirs and barbershop quartets and groups. I played the vibes, but I learned to play the marimba," Barnhardt said. "I would like to get a marimba, but I am not sure where I would put it."

Barnhardt also is an avid skier. He's been skiing all over the world — from the Swiss Alps to Canada to Colorado. Behind his desk is a picture of him standing in front of the Matterhorn on skis.

He and his wife also enjoy steamboat trips and traveling by train.

While he will stay in the Raleigh area — "This is home. I

live," he said — Barnhardt will miss the people at NCSU.

"I've met a whole lot of great people, the nicest people in the world, and I appreciate the opportunity to do that," he said.

Barnhardt said he really enjoyed the chancellor's receptions before every home football game.

"I would make little speeches. The informality of it made them ideal. I would get to know people that came again and again, and then I would meet new people," Barnhardt said.

Not sure if he has a legacy, Barnhardt said, though, he is pleased with the progress NCSU has made in the past two years.

"When I was interim provost, it was a stressful time because morale was low. Part of that was regaining the confidence in all the functions the provost's office did," he said.

"In the last six months, though, it has been a joy to see, in many ways, how the University has grown tremendously. Jim Oblinger is an effective leader. The colleges have a cohesiveness that was lacking."

Shirley said that Barnhardt doesn't know the meaning of the word "retire."

lished in 2001, Alexander Robbins and Abby Wilner wrote that "After graduation, the pathways blur. In that crazy, wild nexus that people like to call the 'real world,' there is no definitive way to get from point A to point B, regardless of whether the points are related to a career, financial situation, home or social life."

Robbins and Wilner write about the angst that comes along with the post-college territory in an effort to prove to those affected by this type of crisis that it is real. It's a good idea for students to start to plan early, or else they may find themselves caught in the whirlwind of reality after graduation.

"When you're in college you're looking three or four years down the road and not seeing the light at the end of the tunnel," Gourdine said. "Then all of the sudden you're thrown into the real world to fend for yourself — it can definitely be very overwhelming."

Essentially the quarter-life crisis

graduation today," psychology Professor Chris Mayhorn said.

Many students have heard the age-old cliché come out of their parents' mouth about life when they were in college — "You just don't know how good you've got it today."

Gourdine heard those words from his parents' mouths and has come to accept that they don't feel much sympathy toward quarter-lifers.

"However, they are both very valid problems that are just part of the aging process," he said. "They just come at two totally different points in a person's life."

Just like any other aspect of the aging process, this one doesn't affect everyone.

"It's on a continuum — some graduates will really freak out while others won't at all," Mayhorn said. "It's a possibility that there will be more of a culture shock for those living in dorms versus apartments, because those in apartments have already

In essence, graduation symbolizes a turning point in one's life. Only this time around, they are on their own to structure their lives.

sis is not all that different from that of the one mid-lifers claim to experience.

"The mid-life crisis is about feeling that one's life is not meaningful and the fear of facing the inevitabilities of growing older," Gourdine said. "The quarter-life crisis is associated with the same type of feelings."

While the quarter-life crisis is not all that different from that of the one mid-lifers claim to experience, mid-lifers sometimes scoff at the notion of a quarter-life crisis.

They strike up their violins at the idea that graduates, who have so much ahead of them, are complaining about this tough time in their lives, when they haven't lived that long.

"Just like everything else, older generations are so far removed from the college generation that they are unable to understand the stresses associated with

experienced a preview of life on their own while those in dorms are more sheltered."

From a psychological standpoint, this type of crisis is just like any other. The root of the problem is based in the fact that there is some type of change occurring. Any type of change — good or bad — causes stress, according to Mayhorn.

As with all stress, preparation and taking proactive steps can lessen the effects. Planning ahead is crucial in assuring that the pieces fall completely into place one day.

"As students embark upon graduation, there is stress because they are leaving behind what has been described to them as the best years of their life," Gourdine said. "The more prepared students are at this time in their life, the smoother the transition will be for them."



The Christmas story rests on more than straw.

When it comes to the historical facts about Christmas, some people feel Christianity rests its claims on straw, that it is merely wishful thinking. Some would even question whether Jesus actually ever existed. Other than the Bible, did anyone else write about Jesus? Yes. The Jewish historian Flavius Josephus, who lived soon after Jesus, mentions in his Jewish Antiquities that Jesus was a wise man who did surprising feats, taught many, won over followers from Jews and Greeks, was believed to be the Messiah, was crucified under Pontius Pilate, and was considered to be resurrected. Roman historians, such as Cornelius Tacitus (considered the greatest historian of ancient Rome), also wrote of Jesus.

Then there are the eyewitness accounts of the gospels. Even the broadest scholarly consensus finds the gospels to be historically reliable, describing the life and works of an actual person—Jesus. He taught, healed, and lived such an extraordinary life that by the end of the first century nearly a million Jews had come to believe he was the Messiah.

The question is not whether Jesus lived. The only real question is a personal one. As Jesus asked his disciple Peter, "Who do you say that I am?" A good place to begin investigating is by asking God to reveal the truth to you—He will. God promises in the Bible, "You will seek me and find me when you seek me with all your heart." Then open to the section of the Bible called "John" and begin reading. If you have questions, contact us at EveryStudent.com.

EveryStudent.com

THE UNDERSIGNED FACULTY AND STAFF OF NC STATE UNIVERSITY WISH YOU THE VERY BEST DURING THIS CHRISTMAS, SPECIALLY THAT YOU WILL COME TO KNOW JESUS CHRIST IN A PERSONAL WAY. IF WE CAN BE OF HELP TO YOU, PLEASE DO NOT HESITATE TO CONTACT US.

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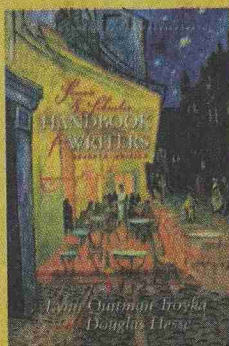
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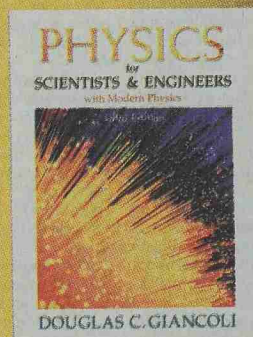
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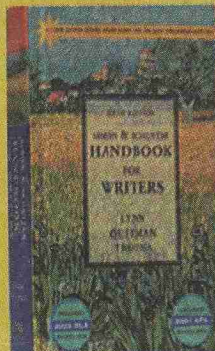
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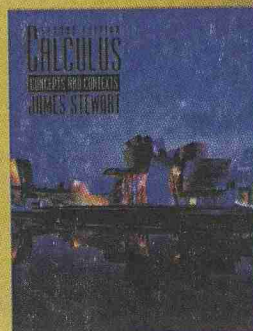
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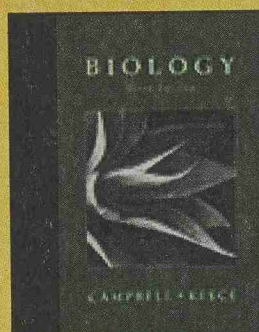
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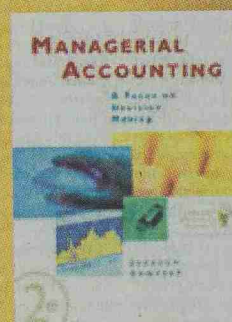
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N. ROCKWELL/TECHNICIAN STAFF

Gossip!

Tiffany Key
Staff Writer

With Polo shirts, Rainbow brand flip-flops and their trusty quilt bags, two college students chat about the social scandal of last week's party.

"Hey Becky, did you hear about Chris and Melinda?"

"Yeah!"

"I'm already trying to spread some rumors."

"Me too!"

"Hehehehe."

Who talks like this? To some extent, everyone.

Gossip, the silent killer next in line after heart disease, can be found in every high school hall, locker room, bathroom and in notes passed between friends while the teacher isn't looking. Most often the scandalous rumor one heard in third period about Billy Bob's sex change, the rest of the senior class has heard about too.

But the art of gossiping in high school is merely a stepping stone. In the adult world there is celebrity

gossip, "E! Gossip," gossip in the work place and tabloids with bold, underlined and italicized letters claiming "Nick cheats on Jessica Simpson with sister Ashlee!"

Although gossip is entertainment for most, for the people being gossiped about, it can have negative effects and in some cases it can even ruin their lives.

Surely people discuss current events, and sometimes even the vivid details of their lives with friends. But a friendly discussion can easily cross the border into gos-

sip territory.

Antonio Moses, a sophomore in English, doesn't gossip. Telling a friend, "Oh I heard such and such," or asking them "Did you see that?" doesn't count as gossip to Moses.

"Gossiping is something that you spread about someone else for whatever reason, and it's usually bad," Moses said.

While some students try their best to only worry about themselves, others throw in the towel.

GOSSIP continued page 8

PAGE TURNERS

'V&Me' latest in line of Jimmy Valvano books

Matt Middleton
Staff Writer

During a recent conversation with a colleague who I felt was fairly well-versed in sports, I told him I was in the process of reviewing the latest book about former NCSU basketball coach Jim Valvano.

His response: "Yeah, what was the deal with him again?"

It surprised me. Then again, a great chunk of this campus was born after 1983, the year that made "V" famous. Today, most know him for that memorable speech he once made on ESPN or some golf tournament that comes around every August.

Before all that, Jim Valvano was the basketball coach at NCSU, leading the

"V&Me: Everyone's Favorite Jim Valvano Story"

Bob Cairns
Alexander Books

★★★★☆

Wolfpack to the national title in 1983 in one of the greatest sports stories of all time. Less than seven years later, the University forced him out pending an NCAA investigation and media attack that came on the heels of the publication of the 1989 book "Personal Foul" by Peter Golenbock, which cried that the program was running amuck under the lack of control by Valvano. He died of cancer in 1993, before inspiring many with his fight against the disease. That's the Cliff Notes version, and I

would highly suggest delving further into it; it's an important slice of your University's history.

You certainly have your choice of sources. There have been five books written primarily about Valvano other than "Personal Foul." I'd certainly recommend the latest one by longtime NCSU employee Bob Cairns—"V&Me: Everybody's Favorite Jim Valvano Story"—for its interesting presentation and fresh perspectives it presents more than 10 years after Valvano's death.

A free-lance writer specializing in baseball, Cairns worked for the University's news bureau during the Valvano era and also wrote sports-related pieces for the alumni magazine. He claims to have written the first feature story about Valvano, shortly after the coach was

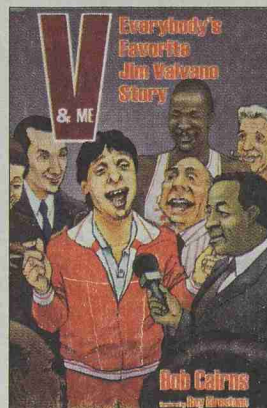
hired away from Iona College in 1980. He now works part-time in marketing with the College of Agriculture and Life Sciences.

Cairns' work distinguishes itself from the previous books, because he was privy to a lot of information from those who knew Valvano best.

"I had access—I knew the people that really knew him," Cairns told me in an interview this week.

Indeed, the best and most poignant parts of the book come not from former players or coaches, rather the managers, secretaries, loquacious NCSU soccer coach and close friend George Tarantini and especially former basketball trainer Jim Rehbok. Cairns said Rehbok was his

V&ME continued page 8



Diversions

TECHNICIAN

RAISING THE BAR

The classic neighborhood stoop

Resembling a turn-of-the-century billiard room, Churchill's is a classic neighborhood bar that remains a popular fix in the trendy Five Points area.

Ashley Hink
Features Editor

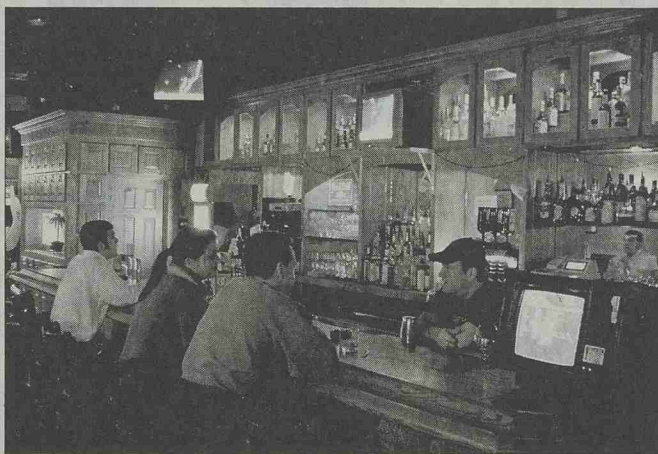
It might be in old Raleigh territory, but thanks to its trendy appeal to younger, hip crowds, the Five Points area is an ever-evolving neighborhood. Restaurants, boutiques and bars have come and gone, but certain staple spots remain untouched, unchanged and extremely popular.

Hardly hip and unwilling to give into the metamorphosis taking place around it, Churchill's is authentic by design, which might be the reason crowds keep coming.

In a long, narrow room with original crown molding ceiling and worn wooden floors, the bar resembles a turn of the century billiard room and is a far cry from trendy lounges that have located in Raleigh in years past.

The wooden bar is classic, backed by mirrored images of liquor bottles and an antique cash register. Seating is plentiful thanks to bar stools, a long leopard-print bench and groupings of soft, brown leather chairs. Accented by a bookshelf, black-and-white prints including one autographed by George Burns, dim lighting and classic beer signs, Churchill's is warm and inviting.

While it is known as a cigar bar, there's far more drinking going on here than puffing. Surprisingly, the room is no smokier



Churchill's, located at Five Points near the Rialto, is a quaint neighborhood bar.

CHRIS REYNOLDS/TECHNICIAN

than any other bar thanks to an efficient ventilation system.

No old-school, billiard-like bar would be complete without a pool table. Standing proudly in the back of the bar, the single pool table often gathers a crowd

as groups of friends battle each other throughout the night. For those not able to get into the action, a solo dart board hangs in the front and a couple electronic bar games keep other patrons occupied. Yet no modern hang would go without TV's, so Churchill's has six to satisfy crowds that go to relax and watch games.

For most, watching a basketball game, playing pool and simply socializing, is what they go to Churchill's for. It lacks loud rap music, noisy crowds and an overstimulating atmosphere. Patrons ranging in age from mid-20's to 50's go to this favorite neighborhood bar to escape that scene. When the TV volume goes mute, alternative rock from the likes of Moby, Modest Mouse, Radiohead and The Velvet Underground takes over while allowing the bar goers enjoy their conversations.

Not particularly frequented by a steady college crowd in search of cheap drink prices, Churchill's has decently priced drinks comparable to other bars like it. Beers on tap and other domestic bottles are about \$3,

while the stiff cocktails start at \$4.

Even with its classic, sophisticated atmosphere and upscale neighborhood location, Churchill's is hardly pretentious and stuffy. The bartenders are quick and friendly, often saying hello to regulars and making small talk with lonely patrons sitting around the bar.

While not being incredibly close to campus, Churchill's is worth the drive down Glenwood for students looking for a relaxing environment and a break from the typical bar craze.

The scenery around it might be ever-changing, but this bar is bound to keep neighborhood people coming back for more. Trends come and go, but class is bound to remain.

V&ME

continued from page 7

books as extended newspaper articles that work along the same premise of interweaving quotes with transition paragraphs. I was a bit remiss the author would just essentially transcribe his tape and interlaced them with one-paragraph teasers.

The thing is, I was won over about five pages in. The stories told in first person by the eclectic group add more life to the book - they make it more personable, which is exactly what Cairns was going for.

"I wanted it to be more anecdotal than reactionary - like snapshots of his life," Cairns said.

The next step was organizing the stories.

"The original premise was to throw them at you in no order and tie them into the speech he made at the end of his life," he said.

Cairns is referring to Valvano's speech at the 1993 ESPY Awards in March, during which he said that to truly live, you must laugh, think and cry each day. He died a month later.

The parts that could be construed as tear-jerking don't come until the final quarter of the book, however, beginning with the story of "Black Monday" - when results of Valvano's cancer test came back positive.

There's also some insight into the investigation that led to the job termination of both Valvano and Chancellor Bruce Poulton, with a piece from Dave Didion, the NCAA representative that presided over the investigation of the program.

"When the case came out and the findings were announced ev-

eryone thinks that Jim Valvano is the worst cheat that ever came down the pike," Didion says in his account. "But the truth is he was never named in a violation because there weren't any that he could be charged with. The worst thing you could say about him was that he was the director of athletics and that he was supposed to exercise oversight over the whole program and he didn't do that."

That falls under V's "think" category. The "thinks" are probably only outweighed by the "laughs." And, of course, the final part of the book - the "crying" - is touching.

Sports Illustrated's Gary Smith, easily the world's finest profile writer, told Cairns one story that really struck home with me: "I can't forget sitting at a hotel in Sarasota at poolside, a gorgeous day. He [Valvano] cried openly, not even making any attempt to hide it as he talked about the love of his wife. Everything had been built upon the proposition of his having his run and then paying her back; paycheck time was vanishing in front of him."

Before stories that deal with the premature death of Valvano, the laughs are aplenty. One highlight I enjoyed was when Valvano attempted to play a prank on former baseball coach Sam Esposito. Without ruining the story, let's just say it involves Esposito's office, a life-size cutout of legendary Notre Dame football coach Ara Parseghian and an untimely appearance by a maid.

Anecdotes like that are what distinguish this read from the previous works.

Bob Cairns will be signing copies of his book "V&Me" today at the campus bookstore from 4 until 8 p.m.

GOSSIP

continued from page 7

"There should be a better way for people to socialize without making up lies," the student said.

According to Richard C. Michael, Ph.D., founder and director of Professional Holistic Healthcare in Central Florida and author of the book "I Am, What I Am," "The world's favorite pastime is not football, soccer or baseball but gossip."

Michael believes that people love to gossip about each other and that the world is quickly becoming addicted to gossiping. Michael contributes the reasons behind gossiping to the notion that those whom gossip and listen to gossip do not view themselves as being important, but they do view others as being important.

Brent Folks, a sophomore in chemical engineering, agrees with Michael's views.

"Gossip is a way for people to try to better themselves by lowering another's self-esteem," Folks said.

Some NCSU girls know this first-hand. When attending the first summer session at NCSU this past June, a group of girls who lived in Tucker Hall became friends. Throughout the summer session they would go to parties, study, eat and shop together. One of the girls, Tashya Fields, a sophomore in zoology, even thought it would be cool to make a Web page on NCSU's Unity server to show how glad she was to have met such nice friends.

"It just all went wrong," Fields said. "People started vicious rumors about us for no reason. I guess they were just jealous."

Apparently, these rumors got way out of hand. Fields went on in detail about the dirty rumors that floated around the

campus this summer.

"People I didn't even know would come up to me and ask me if I was in a sorority, or they would leave us notes on my door or dry erase board. At a house party, people from another school even asked about our alleged sorority."

Crystal Kelly, a junior in environmental science, thinks gossiping is stupid. Kelly was at NCSU this summer when the rumors of the fake sorority ran rampant.

"We are all adults here, and our main purpose for being here is to learn while making lasting friendships along the way. No one should judge someone else based on what another person says, because usually the people talking have something as equal or far worse in their closet," Kelly said.

It seems as though many college students believe that gossip is negative and that it should be avoided at all costs.

"From an early age I was told that if you don't have something nice to say, then don't say anything at all," Evan Dixon, a sophomore in mathematics education, said.

Even the Bible warns people about gossip. Ecclesiastes 7: 23 reads, "Do not give heed to all the things that men say, lest you hear your servant cursing you; your heart knows that many times you have yourself cursed others."

Most people know first-hand how hurtful the weapon of an unbridled tongue can be. Whether one is on the giving end or the receiving end, it's evident how slanderous comments cannot only hurt a person's reputation, but can also hurt their feelings.

Yet, there is a way to silence gossip and all the pain it may bring.

"As far as gossip is concerned, if you don't talk about it, it will probably go away," Fields said.

ALL YOUR BASE

Christmas Magic explodes into your own living room

Jason Moore
Staff Writer

So there's this boy, right? And he's sleeping on Christmas Eve when a train pulls up outside his window. But not just any train: it's a magic train. En route to, get ready for this, the North Pole. How sweet is that?

Now, speaking from experience, on many of my own sleepless nights where I lay musing over the prospect of a magic train storming through the parking lot of my apartment complex to whisk me away to destinations unknown (Italy would be nice), I picture someone truly magical as the conductor. You know, like Alf. Or a Fraggles. Or Chewbacca. Or a strange amalgamated creature composed of one third Alf, Fraggles and Chewbacca. And he would have gold teeth and wear Chuck Taylors and a big, baggy Brooklyn jersey like the one my roommate Nick has. He probably wouldn't wear pants either, what with being an otherworldly creature and all.

But what you get, dear reader, is a lowly Tom Hanks. I guess he's magical in his own. Even though he thinks there's no crying in baseball and as I understand, one of his good buddies is a volleyball.

This is probably the point in the review where you say, "Jason, did you actually play this game?" And after I tell you I wasn't aware we were on a first name basis and acknowledge that you have antagonistically deflated my ballooning aura of Christmas cheer I say, "Hey pal, this isn't a game. You don't ever say that about magic Christmas trains."

So anyway, I just got done playing this game about this magic Christmas train, called "The

The Polar Express

(THQ)
Game Cube, Game Boy Advance, PlayStation 2, PC

★★★★★

Polar Express," and my life hasn't been the same since. You, brave hero, are Generic Boy A, and your initial quest consists of retrieving all of the lost tickets on board the Polar Express so Tom Hanks doesn't boot your posse into the sub-arctic night. He'll do it too. And he'll take them up to the roof to throw you off. He tried it with this one girl, but with the help of this loving and conveniently-placed stowaway hobo, you can foil Tom Hanks' plans and boy oh boy will he rue the day he crossed paths with Generic Boy A.

On your way through your heroic quest, you must fend your way, via a series of mini-games, through an army of evil jack in the boxes, with your arsenal of adorable squeaky-poo stuffed animals and eventually, if you're butch enough to make it to Scrooge, the king of evil toys, your firepower is amplified righteously as you get to wield the snowballs of justice.

You'll have yourself a merry little Christmas after you experience the joy of the coal-shoveling, rhythm-dancing section, or the final grizzly mission where you pilot a zeppelin to get Santa's bag of Christmas materialism to him on time to make the Dec. 24 rounds.

But, sadly, I must stop there. For some things must be discovered on one's own. Now make haste, my friends! Don't let Christmas be botched! It is imperative that you rent this now and save the children!

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James Madison at Furman (Div-IAA)
Green Hope at Hope Mills (NCHSAA)

85-55
7th

Miami
Auburn
Oklahoma
Navy
Miami (OH)
Michigan State
California
William & Mary
Furman
Hope Mills

87-53
6th

Miami
Auburn
Oklahoma
Navy
Toledo
Hawaii
California
William & Mary
Furman
Hope Mills

90-40
5th

Miami
Auburn
Oklahoma
Navy
Miami (OH)
Michigan State
California
William & Mary
Furman
Hope Mills

91-39
T-2nd

Miami
Auburn
Oklahoma
Navy
Miami (OH)
Michigan State
California
William & Mary
Furman
Hope Mills

92-38
1st

Virginia Tech
Auburn
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Navy
Miami (OH)
Michigan State
California
William & Mary
James Madison
Hope Mills

91-39
T-2nd

Miami
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Navy
Miami (OH)
Hawaii
California
William & Mary
Furman
Green Hope

83-47
8th

Virginia Tech
Tennessee
Colorado
Navy
Toledo
Michigan State
California
Delaware
James Madison
Green Hope

91-39
T-2nd

Miami
Auburn
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Miami (OH)
Hawaii
California
William & Mary
Furman
Hope Mills

79-51
9th

Miami
Auburn
Oklahoma
Navy
Miami (OH)
Michigan State
California
William & Mary
Furman
Hope Mills

Men's basketball

While students head home for the holiday break, Herb Sendek will be trying to get his team in shape for the conference season. That means road games in December, an area that has always brought its share of problems to the Wolfpack during the early season.

In the last two years, State is 0-3 on the road in the month. This year State will play a whopping four road contests in the month -- BYU, Washington and two games at the ECAC Holiday Festival in Madison Square Garden. Here is a look at what's in store for the team while the students are away.

TOUGHEST TEST: Washington, Dec. 19

The Huskies and star guard Nate Robinson lost to the Wolfpack at the RBC Center last season, but Robinson left his mark in the form of a gravity-defying, highlight-reel dunk.

Now Washington will try to use its speed and athleticism to protect its home court against the Wolfpack. The Huskies have received a lot of early press after a stellar appearance in the Great Alaskan Shootout, and this will surely be the toughest non-conference game State will play this season.

EASIEST WIN: Liberty at Reynolds Coliseum, Dec. 11

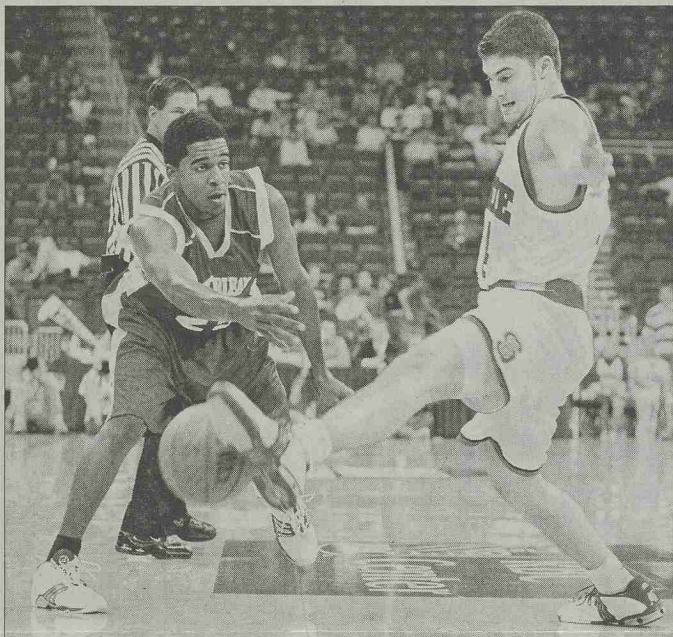
Now an annual December tradition, the Reynolds game has never been much of a contest in the past. This year will be no exception, with another hapless opponent invited into the Old Barn. The game could be the biggest blowout the Pack enjoys all season.

THE BIG QUESTIONS:

Can the team avoid prolonged shooting slumps that cost the Pack wins?

Will Jordan Collins, Andrew Brackman and Cedric Simmons provide a consistent low-post threat?

How good can Tony Bethel and Cameron Bennerman be?



JEFF REEVES/TECHNICIAN

Sophomore guard Engin Atsur tries to play defense with his feet in the Wolfpack's season opener against New Orleans at the BCA Invitational. Atsur and the Pack will look to reverse its December road misfortune when it travels away from Raleigh for four games this month.

Winter Break Schedule

DATE	OPPONENT	LOCATION	TV	TIME
Sunday	Manhattan	Raleigh	Fox Sports Net	5:30 p.m.
Dec. 11	Liberty	Raleigh	---	2 p.m.
Dec. 15	La-Lafayette	Raleigh	Fox South	9 p.m.
Dec. 19	Washington	Seattle	Fox Sports Net	8 p.m.
Dec. 21	BYU	Provo, Utah	Fox South	9 p.m.
Dec. 28	Columbia	New York	MSG	6:30 p.m.
Dec. 30	TBA	New York	MSG	TBA
Jan. 2	West Virginia	Raleigh	Fox South	3 p.m.
Jan. 9	Miami	Coral Gables, Fla.	RJ	4 p.m.

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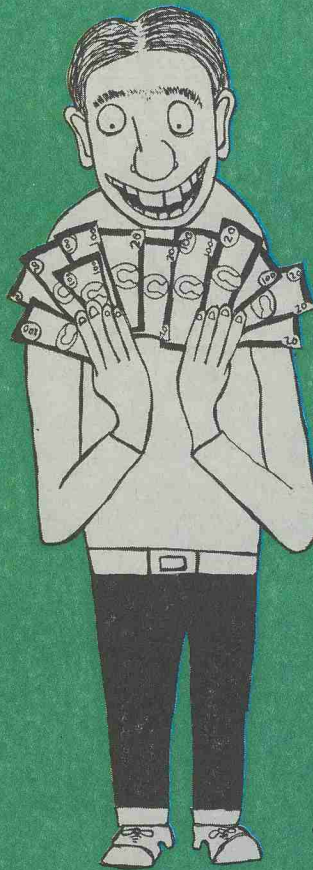
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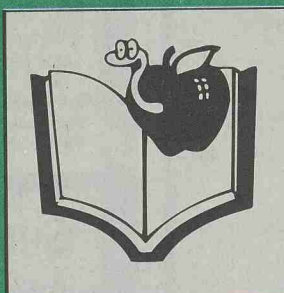
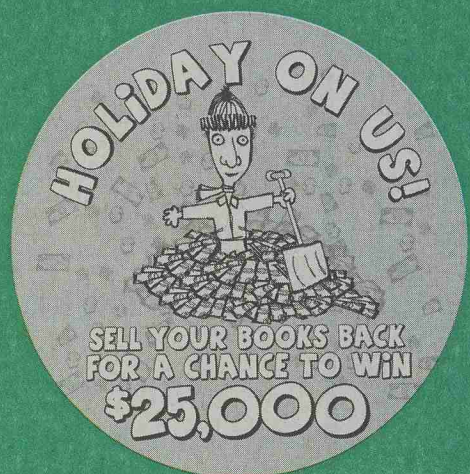
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Crossword

ACROSS

1 Whale groups
5 On (as a gamble)
9 Out-of-date
14 "The Virginian" writer Wister
15 Grotto
16 Some chair members
17 Napoleon's first title of exile
18 Baharian
19 Checks horses
20 Stove-top whistlers
23 Press for
24 Mason's Della
25 Do ushering
27 Fewer
30 Fly
34 Flows out
38 Struck back
40 AAA suggestion
42 Angeles
43 Sleep soundly?
44 Unsure of how to act
47 Type of doctor?
48 Snare
49 Sound of a small bell
51 Off one's rocker
53 Contrivance
58 Earth orbiter
61 Rock master
64 Lil man
66 Neighborhood
67 Crow's-nest site
68 The March King
69 Den
70 Meat paste
71 German state
72 Girding additions
73 Cicatrix

DOWN

1 Barbs
2 Nocturnal raptor-to-be
3 Forbid
4 Plumber's pet?
5 Disperse
6 Split hairs?
8 Relinquishes
9 Excellence
10 Alaskan chain
11 Roil
12 Dance partner?
13 Latin being
21 Snigger's prey
22 Prepare for posting
26 Hertz rival
28 Act like a bear
29 Nero Wolfe's creator
31 At the peak of
32 Garp or Hatchery
33 Utopia
34 Pennsylvania city
35 Brought into existence
36 Lancastor of "Trapeze"
37 Severity
39 Italian wine region
41 Jacob's twin
45 Makes a pick
46 Makes beloved
50 Turmaline or amethyst
52 Old hat

Solutions

4 Across: 1. Baleen, 2. Whale, 3. Humpback, 4. Minke, 5. Orca, 6. Beluga, 7. Narwhal, 8. Humpback, 9. Minke, 10. Baleen, 11. Baleen, 12. Dance, 13. Latin, 14. The Virginian, 15. Grotto, 16. Some, 17. Napoleon's, 18. Baharian, 19. Checks, 20. Stove-top, 21. Snigger's, 22. Prepare, 23. Press, 24. Mason's, 25. Do, 26. Hertz, 27. Fewer, 28. Act, 29. Nero, 30. Fly, 31. At, 32. Garp, 33. Utopia, 34. Pennsylvania, 35. Brought, 36. Lancastor, 37. Severity, 38. Struck, 39. Italian, 40. AAA, 41. Jacob, 42. Angeles, 43. Sleep, 44. Unsure, 45. Makes, 46. Makes, 47. Relinquishes, 48. Snare, 49. Sound, 50. Turmaline, 51. Off, 52. Old, 53. Contrivance, 54. Plumber, 55. Disperse, 56. Split, 57. Split, 58. Relinquishes, 59. Excellence, 60. Burden, 61. Rock, 62. Like, 63. Playwright, 64. Lil, 65. Makes, 66. Makes, 67. Crow's, 68. The, 69. Den, 70. Meat, 71. German, 72. Girding, 73. Cicatrix.

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MELIH ONURAL/TECHNICIAN

Kay Yow, now in her 30th year with N.C. State, speaks to the crowd after knotching her 600th career victory with the Wolfpack on Thursday night at Reynolds Coliseum, a 65-36 blowout win over Seton Hall.

Pack sinks Pirates in historic win

COACH KAY YOW NOTCHED HER 600TH WIN AS COACH AT STATE AND THE THIRD STRAIGHT WIN FOR THE PACK FOLLOWING THE TEAM'S ONLY LOSS AT THE HANDS OF THEN-NO. 1 TENNESSEE

Ian Jester
Senior Staff Writer

A moment of tears and another milestone for a loved and experienced coach.

It was Coach Kay Yow that earned her 600th victory at the helm of the N.C. State, courtesy of a 65-36 win over visiting Seton Hall.

But the teary moment was shared by all in Reynolds Coliseum on Thursday night, a moment that witnessed Yow give a touching post-game speech to the crowd and the presentation of an 15-foot long honorary cake to be enjoyed by all in attendance.

With the magical victory coming in her first attempt, Yow was at a loss for words following the game. She could only share the spotlight with the people that have been by her side during the past 30 years.

"There were a number of former players here tonight, and what matters to me is that they all feel a part of it, that they contributed to this," Yow said.

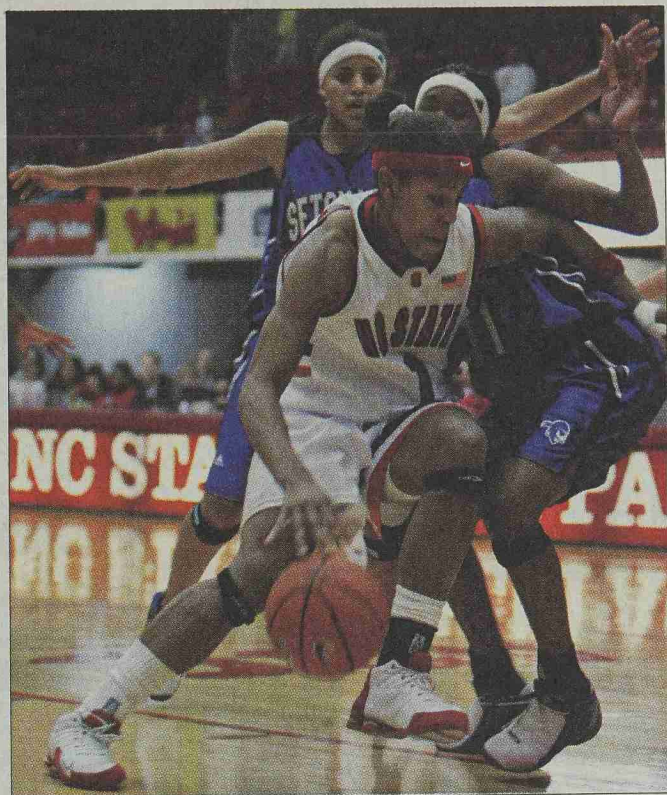
With the victory well in hand towards the end of the second half, cheerleaders and event staff distributed signs all throughout the crowd that read, "Coach Kay Yow 600 Wins at N.C. State."

"I really hope we got some pictures of that," Yow said about the fans waving signs of her 600th win. "It was a really nice crowd that turned out on a Thursday night, and that's special because many close wins that we have pulled out in this building have been because of the fans that we had at the game."

The Pirates (2-3) conjured their own memory of the night by game's end, amazing themselves with 30 turnovers in 40 minutes of play, and effectively sinking any hope of leaving Reynolds Coliseum as the victor.

State (5-1) meanwhile capitalized on a night that featured 11 of the 13 active players on the roster place their mark in the scoring column.

Leading the scoring for the Pack was junior guard Billie



MELIH ONURAL/TECHNICIAN

Freshman forward Khadijah Whittington wraps around a Seton Hall defender on a drive into the lane.

YOW TIMELINE

JAN. 10, 1976 — Wins first game with N.C. State, 68-64 over Charleston

FEB. 10, 1980 — Captures first ACC Championship with an 85-75 win against Maryland

JAN. 2, 1986 — Yow defeats Georgia Tech, 77-69, for her 250th win at State

1988 — Named Coach of the Year by the United States Sports Academy

DEC. 8, 1993 — Won her 400th game at State with a

92-91 victory over NC A&T
MARCH 22, 1998 — State defeats Connecticut 60-52 to send the Wolfpack to its first ever Final Four, where the team fell in the national semifinal game.

2000 — Named the National Coach of the Year

by Sports Illustrated and also named the John and Nellie Wooden National Coach of the Year

SEPT. 27, 2002 — Inducted into the Naismith Basketball Hall of Fame

SOURCE: NCSU MEDIA RELATIONS

McDowell with 13 points, nine of which coming on three shots in a series of five 3-point daggers for State in a span of four minutes.

"It was a welcome sight for 3-pointers," Yow said. "We've hit 3-pointers great in practice, but in our games we haven't been

able to put down the 3s. I think we all know that we need that inside-outside game and the 3s help us a lot."

Seton Hall led the game from the start on the strength of sophomore forward Monique Blake, who drained 12 of her team's first 14 points to gain

the early momentum.

Holding on to 18-15 lead with just over seven minutes left to play, the Pirates decided to holster their scoring weapon in Blake and return to brewing an awful first half medley of 18 turnovers. The Pack took full advantage, beginning a 16-2

run and closing the first half with an 11 point lead.

Sparkling the offensive firepower was sophomore guard Marquetta Dickens, who scored eight straight points to give the Pack their first lead of the game, a 19-18 advantage with 6:45 left to play.

"They were in a zone and what we run is a zone offense," Dickens said. "We were moving the ball pretty well against them. It gave us a lot of opportunities and we made the open shots."

Dickens finished with an efficient ten points on 4-of-7 shooting from the field, but was most emotional after the game when asked about being a part of No. 600.

"We talked about what this game meant before we played; we had to focus on the game but it was also a motivation for us," Dickens said. "For somebody to have 600 wins as a head coach, that's just a great thing, and only a few coaches in the whole world have done that. And for Coach Yow, who never talks about herself. I just admire Coach Yow."

Even after closing the first half with an 11-point lead, State was out-rebounded by a margin of 23-9, and looked to change that dreadful statistic heading into the second half.

"When we were in the locker room, I said that we really need to focus on rebounding, so that we'll be ready when we play the ACC," McDowell said. "I just said, 'Let's be beasts on the boards.'"

The response was almost prophetic, as the Pack grabbed eight more rebounds than the Pirates in the second half and continued turning up the heat on defense, forcing 12 more turnovers on a multitude of traps. Yow said she was impressed with how her defense played in the game, especially the trap plays they run to generate the multitude of Seton Hall mistakes.

"We just turned up the pressure on defense," Yow said. "We started the game trapped in ourselves just as they did, and then we went to a few simple traps and surprised them."

30 YEARS OF YOW'S ACCOMPLISHMENTS

- 17 NCAA Appearances in 23 years
- 1998 Final Four
- 19, 20-win seasons
- Sweet 16, 10 Times
- 1998 Elite Eight
- Five ACC Championships
- Four ACC Tournament Titles
- One of 20 teams with more than 600 wins in the NCAA
- Second-highest winning percentage in ACC history
- N.C. State has the seventh-most players to play in the WNBA in all of college basketball.
- In 2004-05, the honorable Coach Yow will begin her 30th season at the helm of the Wolfpack.
- She has more wins than any other coach in N.C. State history.
- She has been the head coach all but one season of the Wolfpack's 31 years of existence.
- Yow is the only current ACC coach to have lead the USA to a Gold Medal in the Olympics.
- N.C. State's head coach has worked with two USA Olympic teams and seven other U.S. select teams.
- She is the fifth winningest active coach in NCAA history with 653 career wins.
- Yow was the first female head women's basketball coach in the state of North Carolina.
- She is a member of six Hall of Fames, including the Elon College Hall of Fame, Women's Sports Hall of Fame, North Carolina Sports Hall of Fame, Fellowship of Christian Athletes Hall of Fame, Women's Basketball Hall of Fame and Naismith Basketball Hall of Fame.
- Yow has been named national Coach of the Year eight times by various organizations, including the John and Nellie Wooden Association, USA Today, Sports Illustrated and the WBCA.
- In the 2003-04 season, Yow became the first ACC women's coach to eclipse the 650 career-win mark after 33 years as a collegiate head coach.
- Yow is the second winningest coach in ACC women's basketball history with an overall record of 653-299 and 246-135 in ACC games only.
- She has won more games than any current ACC head coach, 596 total.

SOURCE: NCSU MEDIA RELATIONS

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