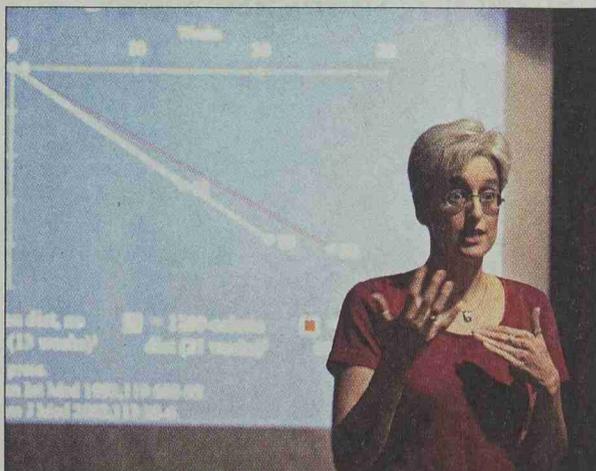


# TECHNICIAN

TUESDAY  
NOVEMBER  
23  
2004

technicianonline.com

Raleigh, North Carolina



Dr. Amy Lanou speaks on the Atkins diet Monday in the Talley Student Center Walnut Room.

## Nutritionist questions the carb-counting trend

Dr. Amy Joy Lanou explained the negative effects of removing carbohydrates from one's diet

Cynthia Marvin  
Staff Writer

Specifically addressing issues with the Atkins "miracle diet," Dr. Amy Joy Lanou spoke in the Talley Student Center Monday night.

Lanou, who is the nutrition director for the Physicians Committee for

Responsible Medicine, a non-profit organization based out of Washington D.C., shared the negative effects linked to low-carb, high protein, high fat diets and promoted healthier, plant-based alternatives.

"It shocks me to see the number of parents who indulge in this diet and encourage their kids to as well," Lanou said.

With a growing number of the U.S. population considered obese or overweight, the Atkins diet continues to be one of the most controversial, yet popular diet among celebrities and

the general public.

According to the Atkins plan, a person initially shouldn't consume more than 20 grams of carbohydrates for the first two weeks. This eliminates fruits and most vegetables from a person's diet. The ultimate goal is to get in habit of restricting both carbs and calories.

If correctly followed, the body will undergo a large initial weight loss. Most of this is water and glycogen. Glycogen is the main storage of carbohydrates within a person's liver and

ATKINS continued page 3

### DIVERSITY

## New Web site helps campus celebrate diversity

Once scattered information about diversity now consolidated on single Web site

Jenell Jackson  
Staff Writer

The office of Diversity and African-American affairs revealed their new Web site last Wednesday.

"I am glad that we were able to dedicate the time to complete the site, and its goal is to create a portal to all things diversity at N.C. State," Jose Picart, vice provost for Diversity and African-American Affairs, said.

The site has been in development for about eight months, Picart said.

The site offers a host of information on the benefits of diversity on campus as well

DIVERSITY continued page 3



PHOTO ILLUSTRATION BY JEFF REEVES/TECHNICIAN

# SEX AND THE CAMPUS

COLLEGE STUDENTS ARE FACED WITH THE EVOLUTION OF THE SEXUAL REVOLUTION IN SOCIETY

STORY BY REBECCA HESLIN

Our great-grandparents called it courting. Our grandparents called it necking. Our parents called it going steady. And we, Generation Y, join the linguistically-challenged pattern and call it hooking up.

During the collegiate years, students are fed lines about how it's a time in one's life where the traditional rules simply don't apply.

Today's college students, however, appear to be changing the rules, or lack there of.

This concept of mating sans dating on college campuses today is not a widely documented practice, but regardless of the lack of research, general consensus notes a change in the attitudes associated with college dating over generations.

Connie Eble, a college slang expert at UNC-CH, collects popular collegiate terminology and slang from students.

According to Eble, "to hook or hook up is to engage in sexual activity, usually between people who have just met."

College dating appears to have been replaced with hookups. Yet, the term hooking up tends

to carry an ambiguity of definitions with it. "When we don't define a word, such as hooking up, there can be a lot of different meanings," Chris Ousley, a human sexuality lecturer at N.C. State, said.

In fact, it might be this ambiguity that makes the term so attractive to students. For some it may mean kissing, while to others it may mean sex. The term leaves lots of room for interpretation.

"Hooking up has multiple meanings—it's a phenomenon of our generation," Alexis Pokorny, a junior in communication, said. "There are so many different outcomes—it can bring a

relationship or awkwardness."

After a hookup, those involved tend to feel emotions ranging from strong and desirable to awkward and hurt.

Hookups are satisfying biological and physical needs, but often do not meet emotional ones, Ousley said.

"It's impossible to hook up with someone and have both parties remain completely emotionless," Courtney Peterson, a senior in biology, said. "I believe there is no hooking up that doesn't lead to feelings from at least one of the partners."

According to Peterson, there are some people that hook up to fill some sort of void in life, in which they are feeding off the attention from a partner.

"They are getting this attention because of acts they are performing rather than because of who they actually are as a person, which is where it becomes unhealthy," she said.

Along with problems associated with the ambiguity of the term and the emotions after the fact, a double standard also appears to be associated with the extracurricular activity of hooking up.

SEX continued page 2

### insidetechnician



#### Going to Charlotte?

Diversions checks out the best hot spots in Charlotte to visit for the big football game against ECU this Saturday. See page 5.

|             |   |
|-------------|---|
| viewpoint   | 4 |
| diversions  | 5 |
| classifieds | 7 |
| sports      | 8 |

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BOARD OF TRUSTEES

## Chancellor house to move to Centennial

CURRENT RESIDENCE WILL NOT BE TORN DOWN, BUT RENOVATIONS NECESSARY

Ben McNeely  
Staff Writer

Chancellor-designate James L. Oblinger may be getting a new crib to crash in.

In its meeting Friday, the Board of Trustees voted to build a new chancellor's residence on Centennial Campus. Acting on the recommendation of their own buildings and property committee, the Trustees will look into finding a suitable site near the planned Park Alumni Building.

The move comes amid concerns that the existing mansion, located at 1903 Hillsborough St. near the Bell Tower, is not adequate enough to house the chancellor and his family and hold university functions at the house.

University Architect Michael Harwood has had little turn-around time to start thinking about the new house, but plans for renovating the old house have been mulled over since April. Concerns about space for university functions became apparent when then-Chancellor Marye Anne Fox left for UC-San Diego.

"We've looked at short-term renovations, such as waterproofing for the basement and installing an elevator to address some accessibility issues," Harwood said.

Those costs would total around \$330,000. For a major renovation, such as taking out the Wolfpack Room and adding onto the back of the house, a new ventilation system and updated electrical system, Harwood said it would be around \$2,000,000.

When the prospect of building a new house arose, the BOT estimated a new house would be \$3,000,000.

The house has "good bones," as Harwood said, but it is showing its age. Many of the changes made over 76 years have made the house seem disjointed.

For example, the front entrance was not meant to be the



MATTHEW ROBBINS/TECHNICIAN

The front of the chancellor's residence is actually the back, since the driveway wraps around and faces the garden. The house is 76 years old and needs major renovation.

main entrance. "The back door was actually meant to be the main entrance because the driveway wraps around the back," Harwood said. "The front door is just not a grand entrance to the chancellor's house."

Accessibility is a major concern. There is a wheelchair ramp that runs up the side of the house into the Wolfpack Room, which is full of memorabilia and is used for entertaining. There is a

bathroom on the first floor, but no way to get up to the second floor.

The kitchen, used as a staging area for functions serving food, is inadequately small, according to Harwood, with barely enough room for more than five people at a time.

As time passed and technologies like cable, high-speed internet and house intercoms, conduits and plug boxes were installed. They run across the

walls and ceilings.

"Part of the big renovation would be hiding those technology conduits behind the wall," Harwood said.

Compared to other chancellor residences, NCSU's is relatively small. Built in 1928 at the north end of Pullen Park, the mansion only has 5,539 net square feet. The new chancellor residence at Appalachian State University, built overlooking their football stadium, has 7,670 net square feet

of space, enough to entertain 50 people.

In contrast, the 76-year-old Hillsborough Street house cannot accommodate the entire 13-member Board of Trustees around the table in the main dining room. "There are more stand-up events than there are sit-down events," Harwood said. Also, the heating and plumbing systems need to be replaced, according to the University Architect's office.

Oblinger, N.C. State's incoming chief executive, will take over the chancellorship Jan. 1, but it is unclear if he will move in then. UNC system bylaws require the chancellor to live in the residence provided by the university.

Although no definite plans have been made, Harwood said that Oblinger could move into the existing house for now.

"This will be adequate until the new residence is built," Harwood said.

### POLICE BLOTTER

**NOV. 20 1:52 A.M. | NOISE DISTURBANCE**  
A Watuga Hall resident called saying there was loud music coming from a vehicle in the Watuga Lot. An officer met with a student and had him turn down the vehicle's stereo. No further problems.

**11:11 A.M. | LICENSE/REGISTRATION CHECKPOINT**  
Officers conducted a license and registration checkpoint on Morrill Drive. Eight verbal warnings were issued.

**12:34 A.M. | LARCENY**  
A student reported that two male subjects took the fish symbol from the back of her vehicle, which was parked on Dunn Avenue. The student described the subjects, but officers were unable to locate them.

**3:10 A.M. | FIRE ALARM**  
Officers and RFD responded to a fire alarm at Pi Kappa Phi Fraternity House. The panel indicated a second floor smoke detector was activated. No smoke or fire was found. The system was reset.

**4:28 A.M. | MEDICAL ASSIST**  
Officers and EMS responded to the Tucker Hall computer lab in reference to a male subject who was incoherent. The student was intoxicated. He was transported to Wake Med for treatment. He was also referred to the University.

**8:54 A.M. | FIRE ALARM**  
Officers responded to Polk Hall for a fire alarm activation. The alarm was caused by a system malfunction, and electronics was notified.

**1:50 P.M. | DAMAGE TO PROPERTY**  
A student reported someone had cut two of the tires on his vehicle sometime between Nov. 14 at 6:30 pm and 7:00 pm on Nov. 19 while parked in Sullivan Lot. No other vehicles appeared to have been damaged.

**10:10 P.M. | FIRE ALARM**  
Officers, Fire Protection, and RFD responded to Polk Hall in reference to a fire alarm. The panel indicated the 3rd floor roof top mechanical room. No problem found at this location.

Electronics was notified.

**11:17 P.M. | ALCOHOL VIOLATION/MEDICAL ASSIST**  
A staff member from Tucker Hall called to report a possible alcohol violation in a room. The resident would not come to the door. A student saw two male subjects bring in another subject, then leave the room. The student was breathing but still unconscious as he was taken from his room by medical personnel. Residence hall staff members were on the scene. Further action will be taken on a later date. A staff member keyed into the room to check on the welfare of the resident, and found the student unconscious on the floor. Efforts to bring him around failed. EMS responded and transported him to Rex Hospital for treatment.

**11:31 P.M. | LICENSE/REGISTRATION CHECKPOINT**  
Officers conducted a license/registration checkpoint on Morrill Drive at Warren Carroll Drive. Seven verbal warnings were given for violations of expired registrations, expired inspection stickers, and failure to carry license.

**11:40 P.M. | CHECK PERSONS**  
A staff member called to report several college-aged men using the soccer field at Centennial Middle School. Officers made contact with them and determined they had received permission from the school to use the field for practice.

**12:30 P.M. | SUSPICIOUS VEHICLE**  
A staff member reported a blue Geo Storm circling the Vet School parking lot. The vehicle was gone upon officer's arrival.

**7:52 P.M. | ASSIST OTHER AGENCY**  
Wilson Co. 911 requested assistance in having a student give them a call in reference to an accident they were working on. An officer gave the message to the resident.

### SEX

continued from page 1

"While hooking up is a phenomenon of our generation, one thing has remained true over time and that is how the participants are viewed after the activity," Pokorny said. "Afterward, women are often seen as sluts, while men are labeled 'the man.'"

Men and women tend to view the so-called hooking-up culture through different eyes.

"When girls hook up with a lot of guys then they are looked at as kind of dirty and easy, and it takes the fun out of hollering," Brian Goldsmith, a junior in business management, said. "Being a player is not very good either though because girls start to think you are dirty."

In a time which is being deemed the sexual revolution, sexual relations between unmarried men and women have become more socially acceptable.

Media of all forms are stripping the importance of sex and undressing the idea that casual sexual relationships are not only everywhere, but also disposable.

"A condom is the glass slipper for our generation. You slip one on when you meet a stranger. You 'dance' all night and then you throw it away. The condom I mean, not the stranger," Helena Bonham Carter proclaimed

in the 1999 David Fincher film "Fight Club."

Barbara Risman, professor of sociology, wrote in a recent article that the sexual revolution changed the way Americans look at the framework of sex in society.

"This new view of sex is no longer a revolutionary ideal or even a Liberal notion, but has become a mainstream American value," Risman said. "Teenagers are simply living in the same culture as the rest of us."

Older generations are blaming the laid-back attitudes of this sexual revolution to a fear of commitment.

They fear that young people are gaining lots of sexual experience, but not enough relationship experience. The long-term concern is that this will affect the marriages of those actively participating in this culture.

However, Ousley, disagrees with this concern and feels that marriage is still a prominent aspect of our culture.

"Even though the divorce rate is high, a lot of students still talk to me about their desire to marry in the future," he said. "There is so much cultural reinforcement of marriage and it's still such an important ritual in our culture."

According to the U.S. Census Bureau, the median age of women marrying for the first time jumped from 20.8 in 1970 to 25.1 in 2000.

A study conducted by the American Institute of Values found that 91 percent of college women agreed that "being married is a very important goal." More than half of the women surveyed who saw conflicts with marriage and their goals agreed that they would like to meet their future husbands while in college.

"I think that in general we want to be monogamous, but since we know that we have more to look forward to completing in our lives, like college and jobs, we don't want to commit to just one person right now," Laura Duke, a sophomore in business management, said. "That's why there are so many couples that having been dating 'on-and-off,' and why hookups, as we call them, tend to involve the same people - we want to have a relationship but not feel pressure too."

College-aged students engage in this hooking-up culture for a plethora of reasons. For some, it's a way to relieve stress, fill a void, cope with raging hormones and for others it's simply easier than talking their way through an actual relationship and it saves them from time-consuming relationships.

Lance Brune, a sophomore in physics, agrees with Duke.

"I think serious relationships take a lot of time and effort and with the increasing demands of college," Brune said. "Whether it be in school work, jobs or club involvement, people are

finding it harder and less convenient to make a serious relationship work."

No-strings-attached sexual behavior and one-night stands and getting it on Marvin Gaye style are definitely no new discoveries in the collegiate lifestyle, but past generations experienced the wrath of sexual restrictions placed upon them by society.

"In my college days, 'friends with benefits' didn't exist," said Ousley. "At least I didn't know anyone who did that."

Today, sex is a prevalent topic in the media and at dinner tables nationwide.

"The media play up how the college years are the best of one's life and that it's a time to live it up before entering the real world," Tatiana Austin, a senior in biology and Spanish, said. "Then, when we do just that, they shed a negative light on us."

Over time, societal restrictions lose influence and stigmas fall. Times change, and the rules of the era appear to as well.

"Not long ago, Victoria's Secret ads would have been considered soft pornography, and jokes about oral sex would not have been allowed on prime-time TV," said Risman. "While concern with teenage sexuality continues, the public does not seem willing to desexualize the greater culture that shapes teen experiences."

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## International students stay here for break

Many students have big plans for the holidays that do not include going home

Josh Harrell  
Staff Writer

When most college students hear the words Thanksgiving, they think about relaxing at home, eating good food surrounded by tons of family members. But many international students will not be able to go home this week during the Thanksgiving break. Instead, they will stay on campus or travel around the country with their friends and roommates.

Reasons for staying in the United States are many; the main ones are the distance and effort required in returning home, and the fact that a ticket home across the world is a costly one.

But that doesn't mean that every international student will be sticking around.

A number of the students residing in Alexander Hall, the international dorm, are going to the mountains to have their own Thanksgiving celebration.

"We're renting a mini-van and a cabin," Swedish student Tobias Dantoft said.

"We're just going to hang out and attempt to cook a Thanksgiving dinner," Natalie Ashcroft, a student from England, said. "But whether that will happen or not I can't be sure."

Others will travel to other places within the country. Japanese student Yuja Arrigomi will share Thanksgiving with a friend's family in Greensboro. Susanna Lee, a student from England, is going to Georgia to celebrate with a friend of the family.

Most students do not go back to their native country because of the expense involved.

"It's a big money thing," Lee said. "Plus there would be

no point because they do not celebrate Thanksgiving back home."

Most of these students have not seen their homeland since August, and some will not even see it during the Christmas holidays. Arrigomi is joining her husband in England over the holidays, and Emma Carway, another student from England, will be spending her Christmas in New York.

Because of this amount of time away from their families, some have understandably become homesick.

"I've missed my family quite a bit since I have been here," Carway said.

Fernando Hinojosa from Spain is another student joining the group celebrating Thanksgiving in the mountains. But the feeling of homesickness really hasn't hit him yet.

"I am not really homesick because I enjoy it here a lot," said Hinojosa. "I am looking forward to going home, and seeing my family and friends during Christmas, but I am still having a really good time here."

Although most international students are spending their Thanksgiving somewhere off campus, there are still some that may stick around during the break. The Asian Student Association is having a dinner on Friday in the Alexander Hall kitchen, so that the international students staying on campus can have their own dinner festivities during the break.

But there are not many people staying on-campus during the break.

"Everyone I know has something planned," Alexander Hall Vice President John Foley said. "I know some people going to San Diego, and some others going to New Orleans. But of course lots of the internationals are going to their roommates house, or houses of some friends."

Tamari Jeter, a sophomore in communications, visited the site and found it to be educational and informative.

"I just transferred to this school from the University of Richmond, and I didn't know much about the diversity department," Jeter said. "The Web site has a lot of information about things on campus that have to do with me and that interest me."

With the site being the first of its kind on campus, some students feel like they now have a place in which they can find activities and resources that relate to them.

"All of the information about diversity was spread out over campus, through different organizations. Our motivation for the site was to put all things diversity in one place so that people would be aware of what is going on and around campus," said Picart.

"Before visiting the Web site, I usually found out about diversity events on campus through word of mouth or flyers," said Phillip Washington, senior in science, technology and society. "On the site, there is a calendar of events, that list a lot of activities."

Students, faculty and staff can visit the site at [www.ncsu.edu/diversity](http://www.ncsu.edu/diversity)

## Progressive dinner to give students break from exams

Diners will make their way down Hillsborough street with a three-course meal

Kate Peters Bowra  
Staff Writer

The third Progressive Dinner, hosted by Student Government, will move down Hillsborough Street one week from today.

Carla Babb, chair of the Hillsborough Street Commission, came up with the idea of a progressive dinner during the last academic year.

As for the recent dinner held last month, Babb said she was very pleased as to how well the event went for both organizers and attendees.

"The evening ran very smoothly. We started out at East Village for appetizers and drinks, we then moved on to El Rodeo for the main course, and finished our evening at Sylvia's for cannoli,"

Babb said.

Ticket holders will be placed in three separate groups, all to begin the dinner at different time periods. Time slots are available for diners to embark on their dining journey at 6, 7, and 8 p.m.

Babb, who stayed throughout the entire evening, explained that the three groups move along to each restaurant together and then once they arrive for dessert individuals can grab their food and head home or stay around to mingle with others participating in the meal.

"The goal of the progressive dinner is to unite students, faculty and alumni and bring students to Hillsborough Street in order to help businesses and give students a place to visit as they please," Babb said.

Students are not just able to visit with their peers throughout the night, but those they see every day in campus leadership positions including members of the student government and a number of student-run or-

ganizations such as the Union Activities Board.

Next week, the \$10 meal will begin at Applebee's with appetizers and will be followed shortly after by a main course at The Farmhouse. To end the evening's festivities, dessert will be served at Sylvia's Italian Gelato Parlor where any flavor of gelato is fair game.

When tickets are purchased, meal options are given for individual food preferences at each restaurant. This is done so that the orders are preset and the businesses can have the food ready when each group arrives. Having food ordered ahead of time keeps the groups moving down Hillsborough Street and puts less stress on the restaurants to get food items out to the progressive dinner customers as well as those customers not involved in the dinner.

This formula was the key to past dinner successes.

Gene Summey, a member of the progressive dinner's organizational committee is greatly

looking forward to next week's event.

"We did very well last time with the dinner in October," Summey said. "There weren't as many tickets sold as we would have liked, but things will went very well."

The previous dinner sold 136 tickets, and the upcoming event is aiming to sell 150 by Monday — the last day of ticket sales.

Babb hopes that students will be able to take a break from dead week studying and last minute work to enjoy an evening out on the town.

"Tuesday night will be a really good time for students to hang out and just relax," Babb said. "They can get a huge meal at a cheap price and get away from the stress that is dead week."

Students interested in attending the 3rd Annual Progressive Dinner can obtain tickets for \$10 a piece. Tickets will be available for purchase in the Brickyard from 11 a.m. until 2 p.m. today and again next Monday.

## ATKINS

continued from page 1

muscle tissue.

When deprived from carbohydrates, the body will resort to the body's glycogen for energy. The glycogen levels will then deplete resulting in weight loss — one pound of glycogen holds three pounds of water.

Afterward, the body starts burning fat and protein as fuel ultimately causing the body to excrete mass amounts of ketones.

Ketosis, the loss of ketones, causes more water loss leading to even more weight loss in addition to less muscle mass.

"The loss of muscle mass is not something I can afford as an athlete," Lauren Crumpler, a sophomore in chemical engineering, said. "I found myself with no energy and leaving me not able to perform my best."

A double major in art and design and textile technology, Elizabeth Bradford said she has never tried the Atkins diet.

"I never even considered the Atkins diet when trying to lose weight," Bradford said. "As an athlete I feel that carbohydrates are essential, especially when you are working out twice a day."

Bradford said she has become a vegetarian to stay more healthy.

"I just tried to become really aware of everything I was putting into my body," Bradford said. "Without eating any meat, I've still managed to lose the pounds and feel energized."

Not everyone who uses the Atkins diet, as Lanou points out, has purely desirable results.

"This diet makes it nearly impossible for a vegan to follow and be healthy," Lanou said. "High protein diets cause permanent loss of kidney function in people with reduced kidney functions. Others have shown that meat heavy diets significantly

increase a person's risk of colon cancer and osteoporosis."

Lisa Eberhart, a university nutritionist, stated that the Atkins diet works because it makes a person not as hungry due to the high protein intake. It also makes the body feel better because of the secretion of ketones.

She also had some reservations about the diet.

"I don't like it because it is not very realistic nor is it nutritionally adequate — it doesn't provide a variety of foods, the diet doesn't even allow the consumption of vegetables for the most part," Eberhart said. "It also increases the risk of developing health side effects, like kidney stones."

Eberhart doesn't necessarily discourage the concept of the Atkins diet if a person is keen on pursuing it, but she said she would encourage them to cut out 'big carbohydrates' such as pastas and bread, but keep fruits and vegetables in daily servings.

"You have to be smart about it — if it seems stupid, then it probably is," Eberhart said. "If you think there is something wrong with the fact you can only eat tons of meat and cheese, then chances are it's not good for you."

Lanou also stressed the benefits of leading a vegan life. Vegans obtain as much as three to five times more fiber than the Atkins diet, she said.

Some common complaints of the diet, according to Lanou, have been constipation, energy loss and bad breath due the ammonia build-up from ketones and difficulty concentrating.

"The scariest issues that have been brought to my attention are the ones dealing with heart-related diseases, kidney failures and gall bladder problems," Lanou said. "One of the most serious issues I've dealt with is seeing how a low-carb diet causes serious electrolyte imbalances. The heart will stop."

Fast-food restaurants are using the low-carb marketing scheme everywhere. Subway was the first fast-food chain to embrace the Atkins diet in a partnership in December of 2003.

"It really just bothers me that these low-carb items are being

sold to the public as a healthier solution to lose weight — they're oftentimes over 1,800 calories and contain about 150 grams of fat. That's not good for you," Lanou said. "It's all just a marketing game."

Students Protecting Animals Respectfully and Compassionately hosted this function to increase awareness of alternative diets.

President and cofounder of

SPARC Jared Milrad, a junior in wildlife science, pointed out that sponsoring Lanou's speech was a great way to bring the facts to campus.

"We wanted to get people thinking of alternative views on nutrition and wanted to get a science perspective on the health craze portrayed in today's media," Milrad said. "We want to be honest, but at the same time as critical as possible."

WhatIfSports Hoops Dynasty!

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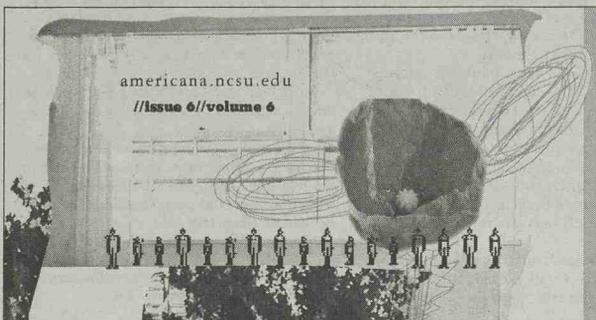
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## Sports brawls fight off fun

Christin explains why fights breaking out at sporting events detract from family environment

In this ever-changing harsh and violent world around us, there once remained a wholesome constant that gave families a way to spend quality time together: sporting events. Movies contain increasingly violent content, but at least Mom and Dad can take Junior to a baseball or basketball game for a fun-filled evening free of assault and brutality.

Or maybe they can't. The actions of four men last Friday evening showed all of America that athletic games are no longer a safe environment – for players or for fans. Indiana Pacers Ron Artest, Jermaine O'Neal and Stephen Jackson along with Ben Wallace of the Detroit Pistons took part in a brawl during the final seconds of their game on Friday that involved fans in the stands and on the court.

The fight allegedly broke out after Wallace threw a towel at Artest and a spectator tossed a cup at him. Artest jumped into the stands and hit a man named Mike Ryan. Jackson then followed suit and delivered blows to several people who were watching the appalling events unfold.

Fans were not blameless either; videos show many of them hitting the restrained Pacers' team members. The fight moved back down to the court later on as Artest and O'Neal assaulted fans that had come to confront them. People in the stands hurled trash and other objects at the players as they left for the locker rooms after the game.

This isn't the first time an incident like this has occurred. Brawls are becoming more common, not just on the basketball court, but on the football field and the baseball diamond as well.

In September, Frank Francisco, pitcher for the Texas Rangers, threw a chair into the audience at a game. It hit a woman in the face, breaking her nose. In April of 2003, a man grabbed an umpire around the legs at a White Sox game. On Sept. 19, 2002 a father and son raced onto the playing field in Comiskey Park and tackled a Kansas City Royals coach. He fell to the ground and the duo proceeded to punch and kick him.

At a Raiders game in Nov. 1999, people in the stands threw snowballs at the team members. Line-man Lincoln Kennedy chased down a man who hit him in the face with one of the snowballs and cornerback Charles Woodson hurled a snowball into the stands, striking a woman in the face.

This trend is spreading to college athletics as well. During this Saturday's game, the Clemson Tigers and the South Carolina Gamecocks also had it out on the sidelines. During the later part of the fourth quarter cornerback Justin Miller, playing for Clemson, got into an altercation with the South Carolina receiver Matthew Thomas.

Fights like these between athletes, rivals, players and their fans are not sending a good message about athletic competition to anyone.

What are we teaching children about fairness and sportsmanship when we take them to games that are supposed to be lighthearted and entertaining and they see this?

Not to mention, there is a huge loss of respect for professional athletes. Americans may still respect what they do, the effort they put into their game, their passion for a sport, etc.

However, we do not admire the people they are becoming. They're a bunch of spoiled, unappreciative, whiney babies, consumed only with their own wealth. Athletes

need to remember that as public icons they are setting an example all who watch and their actions speak volumes.

American citizens are paying the exorbitant salaries of these inconsiderate and violent players so they can pummel fellow human beings while they are on the job. In just about any other field you'd be fired for punching a coworker, even if he did represent your competitor. These players are suspended for a few games and then allowed back off the bench to make their six million dollars a year.

Growing up, everyone heard this phrase at least 20 times, "It's not whether you win or lose, it's how you play the game." We were also told that, "If someone hits you, or does something mean to you, that doesn't give you an excuse to do the same to them." Actions of professional athletes contradict everything parents try to teach their children.

Sports are an important part of American life, and I'll admit that I watch them with some frequency. However, the players that some of us still look up to are not demonstrating good values with their impetuous behavior. Spoiled celebrities are created in large part by the American public. We crave and demand the entertainment that they supply us with. To start, we should give more college sports (aside from just football) and women's teams the support and attention they deserve.

There will always be a desire for films, television and professional sports, we cannot make that go away. However, we can make it a smaller part of our lives and cut down on the attention these immoral celebrities receive.

E-mail Christin with comments at [viewpoint@technicianonline.com](mailto:viewpoint@technicianonline.com)



Christin Liverance  
Staff Columnist

**"Fights are not sending a good message about athletic competition to anyone."**

### TECHNICIAN'S VIEW

## MEANINGFUL THANKS TOWARD CAMPUS

**OUR OPINION:** THANKSGIVING IS A TIME TO DO JUST THAT – GIVE THANKS. STUDENTS AND FACULTY HAVE PLENTY TO BE THANKFUL FOR WHEN LOOKING BACK AT THE SEMESTER SO FAR.

Honor is a precious idea that is often given out too frequently to hold its true meaning.

Well, the following people deserve sincere honor because each has made a positive impact on the campus of N.C. State. The people involved in these certain aspects of university life during the past year deserve acknowledgment and to know that his or her work does not go unnoticed in this time of thanks.

#### Chancellor search committee

The committee's expediency and thoroughness allowed NCSU to get a new chancellor in a relatively short amount of time. To put an effective leader into position for the next era, members themselves led and took initiative. The committee's professionalism and listening allowed them to put the best person in the seat that will serve the University for the upcoming years.

#### James Oblinger – chancellor-designate

His credibility and commitment to the university for the last 18 years gives him unquestionable leadership capabilities that will allow him to seize opportunities for the university in the future. He knows the intricacies of the university – strengths and flaws alike – and this is a powerful tool in serving the university.

#### Homecoming

Homecoming has grown exponentially every year and this year was no different. The committee organized huge events on campus that gave students the opportunities to be involved with each other and share in things they enjoy.

Not only that, they returned the parade to Hillsborough Street and set a standard that Raleigh, not just NCSU, will capitalize on and grow around in the future. It was a massive success.

#### Wolf Village

Apartments finally exist on campus giving students a real and forwarding alternative to dorm life without sacrificing the issues that come with moving into apartments and houses off campus. Creating the apartments proved that NCSU is looking to serve students and give students what they want. Wolf Village was constructed in approximately a year – showing that students can see results quickly and effectively.

#### Basketball team

Be thankful that Julius Hodge is returning for another season. He is not only finishing his degree, but fans cannot question his commitment to this school. He is a good role model for students in following their hearts and dreams. He's a great poster boy for a likable group of guys led by a man, Herb Sendek, that now has his rightful place in this university – a coach with 100 percent support.

The list continues, but each individual can look around and find something to be thankful for in their own lives – roommates, professors, friends, colleagues and family. Because without them, you would not be where you are.

But know this – without you, they would not be where they are either. And neither would N.C. State.

That is something to be thankful for.

The unsigned editorial that appears above is the opinion of the members of Technician's editorial board and is the responsibility of the editor in chief.

THE STUDENT NEWSPAPER OF NORTH CAROLINA STATE UNIVERSITY

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Technician (USPS 455-050) is the official student-run newspaper of N.C. State University and is published every Monday through Friday throughout the academic year from August through May except during holidays and examination periods. Opinions expressed in the columns, cartoons, photo illustrations and letters that appear on Technician's pages are the views of the individual writers and cartoonists. Copyright 2004 by the North Carolina State Student Media. All rights reserved. To receive permission for reproduction, please write the editor in chief. Subscription cost is \$100 per year. Printed by The News & Observer, Raleigh, N.C.

## Betrayal does not always mean discouragement

If people try to stop you from reaching your dreams, Johnathan Brunson gives you a list of things to remember when dealing with "haters."

Judas betrayed Jesus Christ for 30 pieces of silver. He addressed where Christ would be in the wilderness with the other disciples and kissed Christ on the cheek in the moment of his betrayal.



Johnathan Brunson  
Staff Columnist

Judas was one of Christ's 12 disciples and closest friends, but used this closeness to hurt Christ the most. It will be one of your closest friends or people around you, who will betray you and in life. In this column, my intent is to give the reader characteristics of haters and inspiration to take the hate as a key to elevate success.

Here are some things to remember when dealing with haters:

- 1) Haters are all talk and don't do anything good enough to be capable for the position sought after. Why else would a hater hate unless he desired to be in the other's shoes and was not doing anything big enough to fill them?
- It is easy to get angry and put yourself in the level the hater is on, but you have to look beyond that. In the words of Martin Luther King in

Stride Toward Freedom, "You must be willing to suffer the anger of the opponent, and yet not return anger. You must not become bitter. No matter how emotional your opponents are, you must become calm."

2) "People hating on you" means that you are doing something right to succeed.

Use that hate to ignite your passion in what you do. If you do not have some-one hating on you or behaving jealous, that means you are sitting still doing nothing for yourself.

If you are striving hard, people are going to hate hard. In the words of the Professor, a member of the And 1 basketball players on Mixtape Volume 7, "For all those who want to be me, come and see me!"

3) When you doing nothing with your life, it is easy to talk negative about someone who is doing something positive with his or hers.

The problem with most haters is that they are all talk and no walk. Talk about what they can do, but never do, talk about what they could have done, but never did. Haters are the least

threatening individuals because haters are those who end up about 44 years old still talking about achievements they achieved at a young age.

4) Step up your game! Haters are those in the crowd observing your style.

For those watching, I encourage you to get in the game and stop hating. Oops, that may be the problem and direct reason for the hating:

Competition such as yourself (the one being hated on) more than likely is too much competition in the first place, therefore that is why there is all the hating from the observer.

5) Life is short, stop stressing and do something with yours.

If you are a hater reading this, do something with yourself in return of reading this column.

You have only one life: so do want to hate entirely for your whole life, or do something yourself to get hated on? Stop stressing and take a gift God gave you to be a blessing to others.

6) Stop being just a talker, and become a doer. Too many people talk the talk, but do not walk the walk. It never fails. All of the people that I

**"Stop stressing and take a gift God gave you – to be a blessing to others."**

have observed hating on others are those who are doing nothing with their lives.

Get up and stand up for something because talking so much will conclude your life with nothing.

Kanye West (now known as a major rapper/producer in the rap industry) had his trials to achieve that position. He attempted to get a record deal with Rocafella and was not signed. Capital Records claimed to give him a record deal, but pulled out on the last minute as well. Kanye kept his head up and continued striving towards his dream to make it big in the rap industry and Rocafella eventually gave him a deal later on.

Kanye West is just one of the many people who made it while other people tried to discourage and pull him down.

For those of you who have people pulling you down every chance they can, take that and run harder with your dreams and ambitions. There will always be endless people saying they could not end up where they are.

Take hater discouragement and be encouraged!

Email Johnathan your additions to the list at [viewpoint@technicianonline.com](mailto:viewpoint@technicianonline.com)

GET OUT OF TOWN

# Gaming in the Queen City

**CHARLOTTE MIGHT BE KNOWN FOR ITS SUBURBAN SPRAWL, BUT THE DOWNTOWN AREA HAS PLENTY TO OFFER STUDENTS HEADING TO THE QUEEN CITY FOR THE LAST PACK FOOTBALL SHOWDOWN SATURDAY OR THOSE LOOKING FOR A METROPOLITAN ESCAPE FROM THE TRIANGLE**

STORY BY KATE PETERS BOWRA AND ASHLEY HINK  
ILLUSTRATION BY PATRICK CLARKE AND TAYLOR TEMPLETON

**THE PITA PIT**  
214 North Tryon St.  
(704) 333-5856

Great things have come out of Canada: Hockey, Shania Twain and a plethora of late-night television joke material. Now, the Canadians have added another fine entity to the impressive list, The Pita Pit. The chain of made-to-order pita restaurants began in Canada in 1995 and since then has opened a number of franchises in the United States, including downtown Charlotte.

With walls painted in colorful giant cartoon pita's and veggies, The Pita Pit looks more like a kiddie eatery than a place offering appetite-satisfying meals. Yet, the Big Mac and Whopper need beware;

this fast food is a heck of a lot better than a smashed cheeseburger wrapped in foil and it's about the same price.

Serving huge pita's like the chicken caesar, Philly steak and B.L.T. in addition to salads, The Pita Pit is a healthy alternative to cheap and greasy fast food. For around \$5 or \$6 a pita, the prices aren't bad either.

Located in the heart of downtown, Pit serves on-the-go businessmen and women throughout the day. Yet, come Friday and Saturday, it's doors are open until 4 a.m. to serve late-night bar hoppers booted out of clubs come closing time.

For something fast, healthy and easy on the wallet, The Pita Pit is the place to be in the queen city.

**THE COMEDY ZONE**  
516 N. College St.  
(704) 348-HAHA  
<http://www.thecomedyzone.net>

A night of laughs, food, friends and fun — that's what The Comedy Zone is all about. Comedians from around the country, some seasoned and some fresh faces, make up The Comedy Zone's running list of activities from week to week.

The schedule is always subject to change, but rest assured there will never be an evening without entertainment. Have a group of friends you'd like to treat? The Comedy Zone makes it simple for large groups to attend events and usually has a special to go along with their group rates.

Get this, if you make the effort to click through their Web site, you can enter yourself or anyone you know for that matter, into a drawing for free tickets. There's nothing better than free stuff, so it's definitely worth a shot. For those unlucky people or for those that flat out don't care, tickets usually run an average of \$12 for a performance lasting between one or two hours.

The catch with this location is the same with many — 18 to enter and 21 to drink. That shouldn't deter many from having a go at the comedy club experience, but it is a fact to be aware of if planning a visit with younger friends or family members.

**THE GRADUATE FOOD & PUB**  
123 Trade St.  
(704) 358-3024

Charlotte couldn't be any less of a college town, but it is home to a string of bars that cater to crazed college crowds.

With six locations in Charlotte, The Graduate Food & Pub was originally designed to be a collegiate playground, but now serves as nighttime escape for nostalgic queen city bankers and other suited professionals as well.

Just four blocks from Bank of America Stadium, The Uptown Graduate on Trade Street is a dream for any student or alumnus that can't quite let go of those great college years. Themed after, well, college, this huge sports bar is decorated with college banners, fraternity paddle boards and other college paraphernalia. TV's showing the day's games and multiple pool tables keep bar goers entertained if cute coeds can't.

Open throughout the day, Graduate offers traditional bar food fare like pizza, sandwiches and burgers in addition to entrees for those just coming in for a bite or even a late dinner. At affordable prices and served till 2 a.m., it might just be the perfect place for a post-game day meal.

The atmosphere at this popular downtown bar is casual, but when crowds thicken after 10 p.m., well-dressed bar hoppers trickle through the doors.

Although a sports bar, The Graduate is also a college bar, which means there's plenty of crowd watching and flirting going on in addition to game watching.

The Graduate has good drink specials throughout the week, but weekend visitors will have to miss out on the best including \$1.50 Corona and Corona Lights on Monday. Come Friday night, the bar hosts live music and select domestic bottles are \$2. Otherwise, expect all other drinks to be above \$3.

While The Graduate is hardly swanky, it provides students with a great spot for college days to linger into the night.

**COSMOS CAFE**  
300 North College St.  
Corner of 6th and College  
(704) 372-3553

Ever had one of those moments where you wish you could get away from the drab places you always visit and experience something upbeat and truly metropolitan? Have no fear, Cosmos Cafe is the answer. The atmosphere and surroundings within the cafe are like being in the middle of a "Sex and the City" episode — Cosmopolitans and all.

There are two different bars to pick from, depending on the level you choose and food to accompany any drink order. Martinis are the drink of the house and range from the unique to more traditional blends. They are also priced accordingly — \$6.40-9.50 per beverage. Cosmos Cafe is not just an evening location, but opens for lunch and also includes an extensive sushi menu.

While most tend to skip a meal during evening drink time, tapas plates are in full flavor and vary from day to day. The cafe's tapas add a true international taste to menu standards.

While perusing the evening's menu, the art located throughout Cosmos Cafe is sure to catch an eye. Local artists have their work spotlighted for two-month periods for visitors to enjoy and to add a more eclectic feel to the cafe.

**THE NORTH CAROLINA BLUMENTHAL PERFORMING ARTS CENTER**  
Box Office: (704) 372-1000

The city of Charlotte is budding with theatre and cultural arts events. The Blumenthal Performing Arts Center is home to three theaters, two in the downtown area, that host a variety of performances throughout the year. From musical legends to musical theatre and in between, the Blumenthal Performing Arts Center has something for everyone.

Upcoming performances at the various theaters include: "Love You, You're Perfect, Now Change!," "Def Poetry Jam" and the musical group Rockapella. Tickets for events can range anywhere from \$20-\$45 for local productions and considerably higher for touring Broadway productions.

Ticket specials can be obtained by checking the center's Web site for reduced tickets and pre-theatre dinner specials for individuals or groups. A great secret that most theatergoers or even those new to cultural events don't know much about is that odds are high for meeting one's favorite performer.

Ask an usher or a staff member who seats you in the theatre, where the stage door is located. It's normally at the back of the theatre and it is the entrance and exit for all performers and crew.

It's always a fun experience and performers love to meet their audience. Be mindful, as always, to arrive at least 15 minutes prior to the start of any performance so that you can be seated and situated before the performance begins. This is theatre etiquette in its simplest form.

THE COFFIELD REPORT

## The radiant beauty of me

Mom mailed me this book last week, "Journey into Power: Where Transformation Begins."



**Tim Coffield**  
Senior Staff Writer

It's about how to convince yourself that you are not, in fact, the embarrassing disaster that you may appear to be, she told me over the phone.

Then dad was yelling in the background again, something about don't waste the long-distance minutes, Debbie.

Then dial tone again. I went and fetched the book from the front porch, where the other night I'd used it to smash a plump, young frog.

I stayed home from work and read the book. Or many parts of it.

It was loaded with great advice about embarking on the journey of transformation. Like: "In Order To Heal You Need To Feel" and "Growth Is The Most Important Thing There Is" and "We Are The Sum Total Of Our Reactions" and "When We Relinquish The Negative Beliefs And Thought Systems Based On Fear, Fight, And Limitation, Then We Open The Door To Spontaneous And Healing Insights Fuled By Love."

I had to admit this all sounded very good. All that loving and growing and spontaneous insight. Plus — most impor-

tantly — the book promised that if I obeyed it then in six weeks I'd finally fulfill my untapped potential.

Now, I've always been deeply conscious of my untapped potential.

In particular, my untapped potential as a brooding heart-throb on "One Tree Hill." Or as a blues guitar wonderkind. Probably both.

This is comforting knowledge to have. For years, it's helped me rise above the various difficulties of being me.

Such as my recurring unemployment, my unappreciative hangers-on and the whole tar-tar thing.

But I don't let life intimidate me. I just remind myself that I'm a tragic victim of unsupportive friends and unfortunate circumstances.

And that one day I'm going to blossom. And not to worry about the little people who try to hold me back because they are just jealous of my clearly-superior talent, beauty and ambition.

All I needed, I'd remind myself, is just one lousy break.

And now I've got it. The most helpful thing about this book is it reminds me just how special I am as a person. Or, more specifically, that "The Number One Thing Is To Accept The Unique" and "Special Sustaining Power Of My Beautiful Personal Self That Propels Me Forward Into New Territories Of Unlocked Potential."

It was good to see someone reinforce my deepest convictions like that. And to astutely

point out that if I radiate my "Beautiful Self" in all aspects of my life, all day long, then other people will recognize that, and respect me even more.

And new opportunities will present themselves to me like Taiwanese prostitutes, ready for the taking. And then, finally, "I Can Exceed Even My Biggest Dreams For Life."

As far as my specific dreams go, it's always bugged me that strumming a guitar is so very difficult.

But now I realize that I just have to "Open Up" to myself, and such petty obstacles will dissolve like salted earthworms. Then I'll gain a "Newfound Power Over My Life." And thusly, "The People With Whom I Interact Will Be Wowed By My Strong New Presence."

I've only been on my journey to transformation a few days now, but there's already a big difference.

Like yesterday, I was at Eckerd. Things were going well. "My Personal Contentment Level" had been medium-high all afternoon. I was waiting patiently in line, ruminating on the various dreams that were suddenly within my grasp, like perhaps the Senate, and looking to boost my "Contentment Level" even higher with another tube of lotion and a thick romance novel.

I was second in line, behind this woman with very nice pockets on her blue jeans. Then there was motion. Something brushed me, a shoulder. It

brushed by cheek. I had to lean back. Then I was third in line, looking at an ample woman in a Karl Malone jersey.

So, I observed, it seems I've been skipped. A move I hadn't witnesses since third grade, when they passed out the new grape fluoride. But it felt the same.

Normally, I would've become angry.

Perhaps I would have tracked down the store manager, and alerted him to the injustice that occurred on his watch, and to the fact that my cousin is an attorney.

Or spit little squirts of vengeful saliva through my teeth onto the back of her jersey.

But not now. Because I recognized the true motives behind her actions.

She'd sensed the shining powerful radiance of me, and understandably lost control. She needed to touch me, to brush my face, to include — if only for a few moments — her second-rate self in my life by inserting her body into my line of vision.

So I did nothing, I let her have that moment. Then I smiled a smile that was not smug, and I examined myself. And I saw how special I was.

Tell Tim about your own personal transformation at [tcoffie@ncsu.edu](mailto:tcoffie@ncsu.edu)

CROSS COUNTRY

## Pack men, women place in top 20 at NCAA Championships

*Bobby Mack led the men with a 16th place finish while Julia Lucas led all Pack women, securing 55th place.*

Sports Staff Report

The N.C. State women's cross country team finished 12th overall in the 6,000 meter race, and the men recorded a 16th place finish in the 10,000 meter race yesterday at the NCAA Championship in Terre Haute, Ind.

Two of the Wolfpack's men runners finished in the top 100, with sophomore Bobby Mack leading the way with a 35th-place overall finish. Mack's finish, the best of any ACC runner, earned him an All-American citation. The men's team total finish was the highest placement of any ACC squad.

2004 ACC Freshman of the Year Gavin Coombs rounded out the top-100 with a 79th place finish.

Three of the Pack's women runners finished in the top 100, with junior Julia Lucas leading the way with a 55th-place finish. Following Lucas, junior Kristina Roth finished 76th, while freshman Amy Kelly placed 95th.

Senior Andy Smith finished 123rd overall, while junior John Henderson placed 144th for the

men. Junior Wesley Smith came in 186th-place, while redshirt freshman John Crews finished 205th.

The NCAA Championship closes the season for the men's team, which won the District III Championship on Nov. 13 and collected a fourth-consecutive ACC crown on Oct. 30. Coombs, Mack and both Andy and Wesley Smith each collected all-conference honors. The race also marked the end of Andy Smith's cross country career at State.

Along the way, Smith compiled an impressive list of accomplishments, including 2000 ACC Freshman of the Year, 2003 ACC individual champion, four consecutive all-conference team selections and an All-America citation.

He was also one of 30 Pack runners named to the ACC 50th Anniversary cross country team.

Seniors Josianne Lauber and Erin Swain, competing in their final cross country events for the women, placed 118th and 155th, respectively.

The Pack women placed second at the District III Championships on Nov. 13.

State finished third at the ACC Championships on Oct. 30, with Lucas and Roth earning All-ACC honors this season.

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## FOOTBALL

continued from page 8

### WILL THE STAFF RECEIVE A MAKEOVER?

Amato doesn't believe in reading N.C. State chat rooms on the Internet, some of which have vehemently been questioning the coaching of NCSU offensive coordinator Noel Mazzone, a second-year assistant.

He does believe in the coaching staff he said put up 440 yards of total offense against Miami earlier in the season and took Ohio State to triple overtime during last season's shootout in Columbus.

"I didn't realize they were talking that much," Amato said, "I hope everyone comes back. We've got a good staff, and continuity is so important."

### DEFENSE IS KEY TO THE FUTURE

The offense had growing pains throughout the season. Breaking in a new quarterback with an of-

fensive line decimated by injury was a factor in the inept offense, according to Amato.

Despite the offensive inefficiency, the State defense has kept every game within reach. State has lost four games by eight or fewer points this year.

The Wolfpack leads the nation in total defense and yards per play, only giving up 3.61 each snap.

"I'm so excited about the future of this place," Amato said, "I feel good because we've got a team that for 10 games was the No. 1 defense in the nation."

The Pack accumulated more yards than its opponent in every game this season, but much of that has to be credited to the defense, which only gave up 121 yards in last Thursday night's loss to Florida State.

Despite the effectiveness of the defense, Amato posed a question that is difficult to answer without searching on the aforementioned World Wide Web.

"When's the last time a top-ranked defense finished the season with a losing record?" he asked.

## Wolfpack Weekend

### Men's Basketball

**Don't Miss:** Basketball vs Campbell, Friday, 6 p.m. at RBC Center

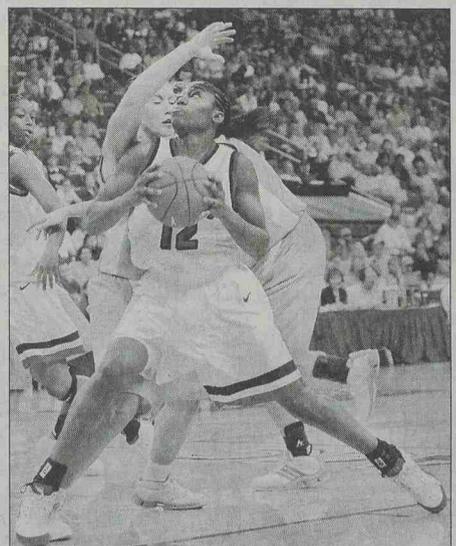
The No. 16 Wolfpack got its season started off the way it hoped, with three blowout wins in the BCA Invitational. Reigning ACC Player of the Year Julius Hodge took home tournament MVP honors and point guard Tony Bethel nabbed an all-tournament team bid. The Camels travel to Raleigh to face off with a State team that won its first three games by an average of 31 points.

### Women's Basketball

**Next Game:** Paradise Jam

Kay Yow and company will spend Thanksgiving in the Virgin Islands, taking on two opponents in the Paradise Jam tournament. The Wolfpack faces off against Nebraska to start the tournament on Friday at 6 p.m. The championship game is on Saturday at 6 p.m. State is coming off a win over UNC-Wilmington to begin the season, and a loss to No. 1 Tennessee at the Jimmy V. Classic on Sunday. Junior college-transfer Tiffany Stansbury has recorded double-doubles in her first two games with the Pack.

—COMPILED BY RYAN REYNOLDS



JEFF REEVES/TECHNICIAN

Marquetta Dickens and the Pack will travel to the Virgin Islands to play Nebraska in the opening game of the Paradise Jam tournament.

To place a classified ad, call 919.515.2029 or fax 919.515.5133

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www.clearcreekfranch.com. E-mail ccrdude@prodigy.net.

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### HELP WANTED

540 Exit 3.

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## Crossword

ACROSS  
1 Washington and  
7 Obtain  
10 Plunking sound  
14 Routinized  
15 Lion's name  
16 Stood up  
17 Locomotive  
18 Suburban Chicago college  
20 Think alike  
22 "On Golden Pond" stars  
23 Vocalized grunt  
26 "Gentle"  
27 Fruit cocktail brand  
28 Dog Star  
30 Angler's pole  
31 Altar words  
34 Polynesian island group  
35 Indescent gems  
37 Wager  
38 Numbskull  
39 Caddie's carry  
40 Nest noise  
42 Actress Ruby  
43 Ships' tillers  
45 Vast multitude  
46 Acoustic organ system  
47 Bread choice  
48 More minute  
50 Kernel  
51 Small creature  
52 Classified  
53 amptor  
56 Baleen whale food  
58 Scottish port  
60 Share a book project  
64 Dross  
65 Theater sign letters  
66 Thyroid treatment  
67 Racer Petty  
68 Put a strain on  
69 Stupefied state

DOWN  
1 Conk out  
2 Travel stop  
3 Pastor  
4 Diva's number  
5 Dangled like a sword?

6 Multi-speaker system  
7 Merriment  
8 Slippery fish  
9 Stupid person  
10 Former plum  
11 Lady's mate  
12 Greek peak  
13 Teacher's favorites  
19 Has the right to speak  
21 Honorad  
23 Positive aspect  
24 Premium quality  
25 More cozy  
27 Don Garfield, e.g.  
29 Act dovish  
31 Portugal's peninsula  
32 Transferred property  
33 Web-footed rompers  
36 Singer Tillis  
38 Skittfully  
39 Cutlet meat  
44 Driver's license requirement  
49 Bring out  
50 Worsted cloth  
53 Wine barrel  
54 Skittfully  
55 Cutlet meat  
56 Fort in Kentucky  
57 Clytemnestra's mother  
59 PITCHER'S stat  
61 Tackler  
62 Business abbr  
63 Place to drive from

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# DID YOU Know?

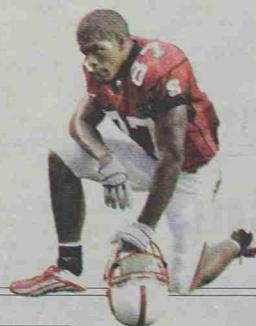
State hasn't beaten ECU away from home since 1986, losing four games outside Carter-Finley Stadium to the Pirates during that span.

Bank of America Stadium  
1 p.m. kickoff

TUESDAY, NOVEMBER 23, 2004

# FOOTBALL TUESDAY Pirates vs. WOLFPACK

TECHNICIAN



## Season results

| DATE     | OPPONENT       | RESULT   |
|----------|----------------|----------|
| Sept. 4  | West Virginia  | L, 56-23 |
| Sept. 11 | Wake Forest    | L, 31-17 |
| Sept. 25 | Cincinnati     | L, 24-19 |
| Oct. 2   | Louisville     | L, 59-7  |
| Oct. 9   | Tulane         | W, 27-25 |
| Oct. 23  | S. Mississippi | L, 51-10 |
| Oct. 30  | Army           | W, 38-28 |
| Nov. 6   | Houston        | L, 34-24 |
| Nov. 13  | S. Florida     | L, 41-17 |
| Nov. 20  | Memphis        | L, 38-35 |

| DATE | OPPONENT       |
|------|----------------|
| Sat. | vs. N.C. State |

## 2004 stat leaders

### PASSING

**QB | 7 J. PINKNEY**  
Cmp-Att Yds TD Int  
188-335 2,180 18 15

### RUSHING

**RB | 24 C. JOHNSON**  
Att Yds TD Avg.  
121 546 5 4.5

### RECEIVING

**WR | 19 B. GOOD**  
Rec Yds TD Avg.  
33 427 4 12.6

## Keys to the Game

### PLAY WITH NOTHING TO LOSE

John Thompson is a lame-duck, coaching his last game for ECU. He should throw out all the stops, using trick plays and a variety of formations to confuse an aggressive State defense.

### KEEP CLOSE BY HALFTIME

The Pirates have fallen way behind early in games this season. If ECU finds itself within a touchdown at halftime, that could be the spark it needs to pull the upset.

### WIN FIELD POSITION BATTLE

The Pack offense has difficulty sustaining long drives. ECU can't turn the ball over in its own territory and has to pin State deep in its own territory.

## Quotable



"I could not and I would not quit on these players, these families or on this coaching staff."

-John Thompson  
departing East Carolina coach



JEFF REEVES/TECHNICIAN

Senior captain Andre Maddox and N.C. State want to improve on its 1-4 record against East Carolina since 1987.

# Pack attempts to salvage pride in the Queen City

*There aren't bowl implications for N.C. State and East Carolina, but the game will restore a rivalry that hasn't been played since 1999*

Ryan Reynolds

Deputy Sports Editor

Senior captains Pat Thomas and Andre Maddox won't get the taste of a Christmas time bowl this season. After making four bowls in as many seasons as coach of N.C. State, neither will Chuck Amato, or any of the other seniors for that matter.

"I'm disappointed for the seniors," Amato said. "They've done so much for the team in the past four years." When thinking about the situation, Amato remembers his mentor, Coach Bobby Bowden, and the time his Florida State team tasted initial success. Then, he continued, the Seminoles were shut out of bowls for a couple of seasons.

Amato recalls the Seminoles getting an invite to the Tangerine Bowl in Bowden's first season, but Florida State didn't take the bid, in anticipation of receiving another bowl offer. It never received that offer and stayed at home for bowl season.

After breaking off several consecutive bowl appearances, including an Orange Bowl appearance, Florida State didn't qualify for a bowl in 1981. FSU has been to a bowl every year since.

It took a couple more seasons for State to realize the feeling of staying home over the holidays.

But before the Wolfpack (4-6) can dwell on the disappointment of this season, it will face in-state rival East Carolina (2-8) this Saturday at Bank of America Stadium in Charlotte. The game begins at 1 p.m. and will not be televised - a first for the Pack since its opening game against Richmond on Sept. 4.

While State has had coaching stability over the last half decade, the Pirates haven't been so fortunate. East Carolina fired long-time Coach Steve Logan, whom the school is still paying, in 2001 because of his inability to win crucial games.

His predecessor, John Thompson, resigned under pressure last week after winning only three games in his first two seasons Down East in Greenville.

East Carolina is 4-1 against the Pack dating back to 1987, but this will be Amato's first experience coaching against the Pirates.

So has the rivalry between the two in-state schools lost its luster because of the opposite directions the programs have headed over the past five seasons?

Not according to Amato. "Maybe this will be our bowl game," Amato said. "ECU vs. N.C. State - you have no idea how intense this game will be. Those people down there [Greenville] take this game very, very

serious.

"If each team gets 70 snaps a piece, then it's a 140-round fight," Amato said.

### WHEN RIVALS TAKE IT TOO FAR

In-state rivals South Carolina and Clemson took the word fight a little too literally last Saturday in Death Valley.

Late in the fourth quarter with the game well in hand for the Tigers, a fight erupted on the field that resulted in numerous punches and helmets thrown among players on both teams.

Clemson has reportedly turned down offers to attend postseason bowl games because of the melee.

Even though there has been an intense rivalry between State and East Carolina in the past, Amato doesn't think this game will reach the proportions of what happened last weekend.

"We had something similar when I was [a coach at] Florida State," Amato said. "We got in a fight with LSU, and it was bad. It's scary - what do you do?"

But it doesn't mean the intensity between the two schools will be sheltered, according to Amato.

"It's one of those rivals where you can forget the records and everything else," Amato said.



## Season results

| DATE     | OPPONENT      | RESULT   |
|----------|---------------|----------|
| Sept. 3  | Richmond      | W, 42-0  |
| Sept. 18 | Ohio State    | L, 22-14 |
| Sept. 25 | Va. Tech      | W, 17-16 |
| Oct. 2   | Wake Forest   | W, 27-21 |
| Oct. 9   | UNC           | L, 30-24 |
| Oct. 16  | Maryland      | W, 13-3  |
| Oct. 23  | Miami         | L, 45-31 |
| Oct. 30  | Clemson       | L, 26-20 |
| Nov. 6   | Georgia Tech  | L, 24-14 |
| Nov. 11  | Florida State | L, 17-10 |

| DATE | OPPONENT          |
|------|-------------------|
| Sat. | vs. East Carolina |

## 2004 stat leaders

### PASSING

**QB | 10 J. DAVIS**  
Cmp-Att Yds TD Int  
157-278 1,877 9 14

### RUSHING

**RB | 44 T.A. McLENDON**  
Att Yds TD Avg.  
155 701 6 4.5

### RECEIVING

**WR | 6 R. WASHINGTON**  
Rec Yds TD Avg.  
29 348 2 12.0

## Keys to the Game

### POUND THE BALL

T.A. McLendon should be able to effectively run against an overmatched ECU defensive line. A good ground game should open up play-action for receivers downfield.

### BLITZ PINKNEY

Wyatt Sexton was continually harassed by a variety of Pack blitzes last game. Getting after Pinkney can create turnovers and establish good field position for the State offense.

### START WITH A TOUCHDOWN

State is the only team in the ACC that hasn't scored a touchdown on the opening drive of any game this season. Beginning with a touchdown against the Pirates may jump-start the Pack offense in its final game.

## Quotable



"It's going to be a very intense game. If you never been around it, you have no idea how intense it's going to be."

-Chuck Amato  
N.C. State coach

FOOTBALL continued page 7

# PIGSKIN PICKS



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82-38 T-4th

82-38 T-4th

84-36 T-1st

83-37 3rd

75-45 8th

84-36 T-1st

72-48 9th

East Carolina vs NC State  
Wake Forest at Maryland  
Georgia Tech at Georgia  
Virginia at Virginia Tech  
West Virginia at Pittsburgh  
Texas A&M at Texas  
Oklahoma State at Texas Tech  
Colorado at Nebraska  
LSU at Arkansas  
Northwestern at Hawaii

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