

THURSDAY FEBRUARY

2004

Raleigh, North Carolina

Diabetes

younger

Awareness of the different

types of diabetes and ways

to prevent its onset could

affects

group

Judicial Board taking applications

Students can become involved on campus by joining a part of Student Govern-

James Pohlen

If you want to become a part of Student Government but find campaigning and elections in-timidating, the Student Judicial Board may be worth consider-

ing.
"Most people find Judicial
Board is the easiest way to get involved in Student Government," said Kristen Melton, a junior in microbiology who joined the board her freshman year. "Since everything is confidential, it is

hard to get the word out. Many people don't even know that we have a judicial board."

Sean Casey, the student chief justice, offered his endorsement. "Judicial Board is the most effective way to have a positive, direct and effective impact on

You have an opportunity to create and uphold a safe and more enjoyable environment on our campus for yourself and your peers," he said.

The board is composed of both students and faculty members who hear violations of the Code of Student Conduct. The board members hear from both sides of a case and are free to question the witnesses and take mitigating factors into account.

They then can apply sanctions

ranging from counseling and mediation to suspension or even expulsion.

Melton offered her take on the

"There is a punitive element to it, but we view it as trying to help someone," she said.

She added that the board usu ally has a wide range of choices when dealing with a case, and that it tries to find a solution that will help the student best in the long

Selection for the board is relatively simple when compared to many other Student Government

Prospective members must first fill out an application and turn it in at the Student Government

from the applicants and those picked will attend more selection activities on Feb. 28.
Then placed in groups, the candidates complete various tasks. A sample task is to rank various serious in the complete care the serious tasks. criminal offenses, from least to most harmful, individually, then meet to try to rank everything as

Current board members and people from the Office of Stu-dent Conduct observe these sessions to see how individuals

Individual interviews with members of the board and the Office of Student Conduct are arranged for final candidates.

The final selection of members Witherspoon 307A on March 5.

Applications

The Judicial Board is currently accepting applications until Monday. Applications can be picked up in the Student Government Office in Witherspoon 307A. To apply, you must have at least a 2.5 GPA and a clean disciplinary record.

Those selected will then attend a full day of training on March 27 and they must also sit in on two hearings (one academic and one non-academic).

After attending the training session and the hearings, the candidates become full members of the board.

> because it gives me an opportunity to share a different perspective of the gay community as

Shepard began her talk with giving a brief account of the

struggles that mi-nority groups, and the gay community in particular, face. "Many things facing the gay com-munity today have

munity today have been faced and dealt

with as best it can by other minority

groups. Even though what I will mention is GLBT issues, this

Shepard said.

Shepard said.
Shepard then read
the victim-impact
statement that she
was asked to prepare for her court
appearance following
her son's death. The

a mom.

help students. Josianne Lauber

Are you at risk? Studies are showing diabetes is increasing in younger age groups. The Center for Disease Control reports in last two decades, type-two diabetes has been type-two diabetes has been reported among U.S. children and adolescents with increasing

Lisa Eberhart, N.C. State's dietician at the health center explains the two different types of diabetes in simple

"Type-one is when the pan-creas stops producing insulin. Everyone who has type-one diabetes has to take insulin. There is no way to prevent it," she said.

"Type-two is a disease of lifestyle. The way to prevent type-two diabetes is exercise, staying at or near your ideal body weight and consume a healthy diet," Eberhart said. "Most people can prevent type-two diabetes by daily physical activity, healthy diet and staying at a good weight (not overweight or obese)."

Many students don't know

much diabetes unless they

have it.

Barrett Smith, a junior in meteorology said, "I don't have the slightest clue as to what causes diabetes, which is probably a reflection of the general population when it comes to diabetes."

Mary Candler, a Certified Diabetes Educator here at N.C. State has a passion for education.

State has a passion for educat-

State has a passion for educating students on this subject.

"Knowledge is essential to controlling blood sugars, feeling your very best and avoiding the complications of diabetes," Candler said.

The CDC reports 6.3 percent of people in the United States are diagnosed with diabetes and there are more that go undiagnosed.

undiagnosed.

There is a serious medical condition called pre-diabetes,

DIABETES see page 2

insidetechnician





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Judy Shepard, the mother of Matthew Shepard, visited Talley Student Center to spread the message of acceptance.

into activism

Rachael Rogers

The Talley Ball-room filled with students, faculty and staff Tuesday evening to hear this year's Role Model Lead-ers' Forum speaker, Judy Shepard, share her story and discuss her experiences as a her experiences as a leader in and advo-cate for hate-crimes

legislation.
Judy Shepard,
whose son Matthew was murdered as a result of a gay hate-crime in October 1998 discussed her relationship with Matthew, shared her experiences follow-ing his death and encouraged students to embrace diversity and become active citizens.

information about Wyoming's diversity,

hate language and crimes, and the learned behaviors of love and hate.

Mike Giancola, director of the Center for Student Leadership, Ethics and Public Service (CSLEPS), welcomed the crowd.

'I'm encouraged by you all being here. I'm excited because we have an excellent role model here for you to hear and to inspire us to be ethical leaders," Giancola said.

Following Giancola's introduction, Robin Siska, president of Bisexual, Gay Men, Lesbian and Allies (BGLA), introduced Judy Shepard.

"Judy Shepard is determined to use her grief over her son's death to make a difference," Siska said. Shepard travels throughout the United States speaking in front of university members, congressional members and countless other groups. Her hope is to bring about genuine change so others will not have to suffer an experience similar to hers. She also hopes to carry on her son's love for working for social justice issues.

This is very special for me to see you here. Thank you for inviting me and for the honor. I am not a professional speaker. I'm a mom. I'm here with my story and my opinions," Shepard said. "I speak



Shepard also pro-vided attendees with Ballroom on Tuesday about her son's death. information about

victim-impact state-ment painted a picture for students of the courtroom environment and the emotions Shepard and family experienced

Shepard said in her statement that Matthew was a great child, "Matthew was a constant reminder of how good life can be and, ultimately, how hurtful life can be," she said.

Shepard also shared her experiences in the hospital room with her son during his last moments

"Our most basic hope was that he could hold on until we could be with him. Our highest hope was he'd survive his injuries," she said. "When I got there, I couldn't tell he was my son and then

"I wanted to make something positive out of something so devoid of humanity," she said. "There are days when I think I can't go on, but I know Matt would be disappointed in me, in us all, if I gave up. I share my story, my life, my pain, because I don't want this to happen anymore. It's

SHEPARD see page 2

Birnettiah Killens, a junior in psychology, works on icebreakers during the President's Roundtable meeting on Wednesday afternoon.

Student leaders . mobilize against party ordinance

N.C. State hopes to change city ordinance that some say targets students.

Jade Salazar

The Nuisance Policy Ordinance (NPO) was discussed in detail at this week's president's round table discussion. Student leaders are working on compiling a list of information and complaints to present to the city of Raleigh and try to get the ordinance repealed.

When the NPO was first in-

troduced, it was used to break up large parties. People would come to Student Leagal Services for aid and present tickets for parties containing 100-200 people. Lately, however, the Le-gal Services office has been seeing tickets given for anything from a group of students on a deck to a group of four girls sitting on a front porch and talking amongst

themselves.
"It's evolved from breaking up big parties to anytime it's a student and they have somebody sitting outside, they get ticketed," said Pam Gerace, a representative from Student Legal Services. The NPO's enforcement has

increased since it was first introduced in July 2000 and has recently adopted a zero toler-ance policy. A nuisance no longer concerns neighbors or decibals of sound but instead, if an of ficer can stand on the sidewalk outside of a house and hear noise then the residents are eligible for

The wording and vagueness of the NPO, particularly the part that defines a nuisance as 'excessive, unnecessary or unusal loud noise which disturbs he repose of the neighborhood' makes many feel that it specifi-

cally targets students.
"We're seeing what we would call abuses against no one else but students and that is what concerns me," stated Gerace.

One of the concerns has been

with Officer Bowen of the Ra-leigh Police Department. This officer had been designated to patrol the Raleigh area and answer calls about nuisances. However, Bowen then started to drive around and find parties or gatherings and issue tickets with-

out first having complaints.

"We've had more (students) thrown out with Bowen than we have ever seen before," Gerace said. An announcement was re-cently made that Bowen will no longer be in charge of enforcing the NPO.

Gerace then went on to explain that many students do not see the severity involving the tickets.

To violate the NPO is a misder

meanor and if a student is found guilty it will be on their record forever. If a student chooses to fight the ticket they have to hire an attorney which could cost anywhere from \$300 to \$500.

The other solution is to plead guilty and take a first offenders program which costs less than an attorney. This puts many sudents in a tough situation and may result in a misdermeanor on their

NPO see page 2

Come back kids The Wolfpack upsets No. 16 Wake Forest in the final minutes of Wednesday's game, See page 8. got there, I couldn't tell ne was my son and then I saw one of his eyes open and I knew it was him, but the twinkle of life wasn't there."

After Matthew's death, Shepard knew she had to filter her loss in a positive direction. diversions classifieds sports weather tomorrow today Ca.

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HARD LINE ON CAUCUSES REFLECTS BROAD SUSPICION OF GOVERNING

COUNCIL

Iraq's top Shite Muslim leader now says that American plans for a caucus-based political system are illegitimate because the idea for them came from another illegitimate body, the U.S.-appointed Governing Council.

The harder line reflects the widespread Iraq'i view that the council has been an abject failure, without legitimacy beyond the American compound where its members work. Many in Iraq see the governing council as a lesson in what will happen without direct elections: rule over Iraq by outsiders who do not have the country best interest at heart. To complicate matters, many on the council are angling to have the body continue as a non-elected senate, a scenario almost certain to trigger widespread unrest.

In a statement read to thousands of worshippers on Friday, Grand Ayartullah Ali al Husselni al Sistani said of the American governance plan: 'It is illegitimate because that decision took

the American governance plan: "It i illegitimate because that decision too place between the coalition forces and the governing council, and they are an unelected body...the coalition forces are afraid to have direct elections because maybe someone will be in power that they don't agree with."

BLAIR DEFENDS IRAQ WAR DESPITE

BLAIR DEFENOS IRAQ WAR DESPITE HECKLES.

Prime Minister Tony Blair, undaunted by critics but briefly silenced by shouting protesters in the House of Commons, said Wednesday he was proud of his decision to go to war in Iraq, even though weapons inspectors have found less than he expected.

While a new Inquiry will examine the prewar intelligence, Blair said only lawmakers and the British people can pass judgment on whether he was right to join the U.S-led invasion.

"To attempt to subcontract this issue to some committee as to whether it was right or wrong to go to war is not merely wrong, ultimately, it is profoundly undemocratic," he said.

At a Commons debate interrupted by heckling, Blair said inspection teams had turned up evidence showing Saddam Hussein's 'total, unrepentant, malignant intent' and his violation of United Nations resolutions - enough to justify the U.S-led invasion. tions resolutions - enough to justify the U.S.-led invasion

-Associated Press

MASSACHUSETTS HIGH COURT RULES FOR GAY MARRIAGE

RULES FOR GAY MARRIAGE

The Massachusetts high court ruled today that only full, equal marriage rights for gay couples, rather than civil unions, are constitutional, clearing the way for the nation's first same-sex marriages in the state as early as May.

riages in the state as early as May, "The history of our nation has dem-onstrated that separate is seldom, if ever, equal," the four justices who ruled in favor of gay marriage wrote in the advisory opinion requested by the state Senate. -Associted Press

JUDGE GRANTS STAY OF EXECUTION TO TEXAS MAN

TO TEXAS MAN
A federal judge Wednesday blocked
the execution of a convicted killer
whose erratic behavior at trial included
dressing like a cowboy and trying to
subpoena Jesus Christ.
Acting a day before Scott Panetti was
set to die by injection, U.S. District Judge
Sam Sparks granted a 60-day stay so that
a state judge can reconsider whether
Panetti is mentally ill and shouldn't be
executed.

Sparks said evidence presented by Sparks said evidence presented by Panetti's attorney indicates Panetti is "delusional and misunderstands whether and why he will be executed." Panetti, 45, was sentenced to death for the 1992 slayings of his estranged

wife's parents.
-Associated Press

UNC RECRUIT ARRESTED

UNC RECRUIT ARRESTED

James On Curry, North Carolina high school basketball's all-time leading score and a University of North Carolina recruit, was arrested Wednesday on charges that he sold marijuana. The 6-foot-3 inch senior guard at Eastern Alamance High was charged with two counts of possession with intent to sell and deliver marijuana, two counts of selling and delivering marijuana and two counts of possession of a controlled substance on school grounds, according to Randy Jones, director of public information for the Alamance County sheriff's department. All the charges are felonies. Anyone convicted of a felony is ineligible to compete under N.C. High School Athletic Association rules.

-News & Observer

President Bush's proposed federa budget includes more than \$183 million for construction at Fort Bragg and adjacent Pope Air Force Base, with the largest expenditures going to improve

base housing.
Bush sent his spending plan, which covers the federal fiscal year that be-gins Oct. 1, to Congress on Monday. Fort Bragg would get \$167.9 million. Pope Air Force Base would get almost

Fort Bragg would get \$16.9 million. Pope Air Force Base would get almost \$15.2 million.

The proposal includes \$48 million for the second phase of a barracks complex for the 325th Airborne Infantry Regiment of the 82nd Airborne Division. It also includes \$49 million for the first phase of the renewal of a barracks complexifith phase of a barracks complex. -Associated Press

RESEARCH ROUNDUP

Exploring snips and bones

LaWanda Ray

Fach week "Research Roundfocuses on ongoing research at the university.

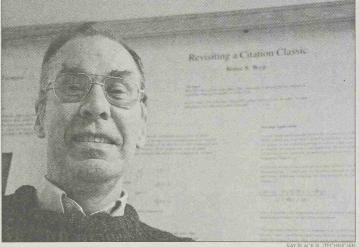
SNIPPING AWAY AT GENETICS

On Centennial Campus in the Partners II building, N.C. State, with the guidance of the Director of the Bioinformatics Research Center Bruce Weir, is playing a small role in a large international project. The Haplotype Map or HapMap is a three year project

that tries to find genetic dif-ferences in snips (elements of the genome) in the genetics codes of four populations of people: the Yoruba, European, Chinese and Japanese. Their goal is to understand why ertain groups of people react differently to medications, why certain diseases are more prevalent in certain groups of people and ultimately to try and trace diseases to specific genetic

According to Weir, NCSU and a few other groups have the re-sponsibility of Data Analysis. The analysis group receives an enormous amount of genetic data about the different ethnic groups; however, "on average people tend to only differ by about 10 million snips." The data analysis group wants to "determine and use only those snips that are relevant to the research.

"Snips exits in one of two alternative forms, and if one form is more common among people affected with a disease than among those who are un-affected, then the snip is said to



Director of the Bioinformatics Reseach Center Bruce Weir studies genetic snips for disease patterns.

be associated with the disease and it is probably close to the disease gene," says Weir, who is also a professor in genetics and

So, where does statistics come into play when working on a project like HapMap?

"The data must be crunched," says Weir, who uses familiar as

well as many unfamiliar statistical methods.

IF THESE BONES COULD TALK

A few streets and many majors away, on the second floor of the 1911 building, assistant professor Ann Ross is working to establish the identity of skel etal remains of people tortured during the 1970s and 1980s for the Panamanian Troop Com-

From bones, Ross can determine, "age, ethnicity, pathology, age at death, trauma, and whether the trauma occurred before, or after death." The hot topic in this field seems to be, "What is Hispanic?"

According to Ross, the term Hispanic is very broad in respect to ethnicity when you are looking at bones

For example, the structure for Cubans may have characteristics of African-Americans due to the ancestry, whereas Mexican or Latin structures

probably will not.
Ross can take "80 different measurements of the head using a micro-scribe and reconstruct the landmarks," of that person's

head. Since she is "doing what she loves," Ross only does probono work

One of the biggest myths that Ross has come across is people think that she is looking for or

In the past, she has also had her students watch TV shows to pick out what is wrong with the way her field is portrayed or the methods being used.

As for the future, Ross sees her field going 3-D, and said she hopes that "a standard will be developed for every popula-

However, the one thing that Ross tells all of her students is, "You will not be a forensic anthropologist when you get out

"I share my story, my life, my pain, because I don't want this to happen anymore. It's time SHEPARD

time for it to stop. Shepard discussed issues concerning crimes against the gay community and reasons why these crimes often go un-

reported.
"It's a 'Catch-22.' People are afraid to report because they are not out or they are not sure how it will be received," said

This environment of intolerance is exactly what Shepard hopes to change, and she sees several ways that this can hap-

One recurring theme in her message was that people need to take civic action, particularly by voting, and also by letting their legislators know how they feel about such issues.

"If you are unhappy with you legislators, let them know. And vote. Vote. Vote. Vote. Nothing will change until we get legisla-tors in office that will work for us, and the only way to do that is to vote," Shepard said. "It's your responsibility to live here

Shepard also discussed issues of lack of fairness and equality for the GLBT community. "This is the last historically oppressed

group," she said.

She shared facts such as the fact that in 36 states you can still get fired from your job for being GLBT. Shepard also touched on the issue of gay marriage.

"It's a civic contract that should be available to every-

for it to stop.

body. If you think gay is being a choice, that people wake up and say'I think I'll be gay today so the whole world can hate me, then you don't know. It doesn't work that way. We all want the same thing, someone to share our lives with," she said.

Shepard also spoke about the issues GLBT people confront when they decide to come out.

"Matt was 18 when he came out to me. He called me in the

middle of the night," she said. Shepard had known since Matt was 8 years old that he was gay but did not want to confront him about it until he knew himself and was ready to

"It made Matt who he was Now he was complete. The thought to reject him or to throw him out never came to mind, but countless people's homes are not opened to them and this is hate," Shepard said.

"I lost Matt to violence. I would never give him up voluntarily. After 48 hours on the street, we've lost these kids. They become someone we don't recognize. It's a horrible loss of humanity," she said.

Shepard discussed that often the hate that pushes these GLBT kids onto the street results in their loss to drugs or disease, for example. She then shifted her discussion to the learned behaviors of love and hate.

"We aren't born knowing how to hate. We learn it the same way we learn love. Why do we learn to hate, hang on to that bias and hate?" she asked. Shepard described the choice

to love or hate as being a conscious choice and encouraged listeners to let go of the hate and move on. "We're all the same. We're hu-

man beings. We should be taking care of each other instead of shooting each other in the back, literally and figuratively," she said.

Shepard discussed that people's goals in life should be to become a better person and that hate won't get anyone there. She encouraged students to embrace diversity.

'Diversity enriches everyone. What we learn from them and they from us is invaluable. Each day is a new opportunity to make a difference," she said. "Please be conscious of how important that is, Every minute action can beak someone's

She cited examples of behavior that could potentially break someone's spirit as their use of hate language.

"People use the expression "That's so gay," and it's a negative power word," she said.
"Seven year olds use this phrase and don't know why. Did they learn it from you? If so, that's

your legacy."

Shepard believes that this type of language and behavior needs to end, and the best way to do this is through legislation.

'That message of respect needs to happen in every state. The word sexual orientation needs to be included in legislation. That word includes everybody because everybody is of sexual orientation, of ethnicity,

Sexual orientation, of editional, of or religion," she said.

Shepard also encouraged people to come out and stay out all day every day.

"You need to know people are gay or you'll always have a nega-tive perception," she said. Shepard ended her talk by en-

tertaining audience questions. Questions concerned the issues of homophobia in heterosexual males, her reaction to her son's murderers, whether or not she sees hope at the federal level, parental messages about coming out, and coming out in this particular region where religion is very important. Shepard's main message is

one of unity.

"I want everyone to know that we're all the same and we need to be kind to one another," she said.

"The simplest thing people can do is watch their language. Your words hurt and they are lifelong scars. I hope for everything to be right in the world."

DIABETES

but those diagnosed with it can \bullet prevent the development of type-two diabetes by changing

their diet and exercising.
The Diabetes Prevention Program study found that 30 minutes a day of moderate physical activity coupled with a five to 10 percent reduction in body weight produced a 58 percent reduction

Eberhart explains what type of diet one should have if they have diabetes.

"If a person has type one (insulin dependent) diabetes, they should follow a diet where they look at the amount of carbohy drates they take in and match it to the insulin they take and their current blood sugar," she said.

"Many times these people do not need to lose weight, so their diet is a normal healthy diet."

Those who have type two diabetes or those who are at risk need to monitor their diet more closely.

"Diet and exercise are essential • in managing type-two diabetes," Candler said. Eberhart explains who is at risk

and what can be done specifically when it comes to diet. "People who have type-two diabetes usually need to lose weight. They need to look at all their simple carbohydrates and try to limit

them," she said.
"Things like regular soft drinks, sweet tea, juice, cookies pies, cake, white bread etc. Regular meals and snacks may be important. They usually need to limit their calories and have protein, carbo-hydrates and fat at each meal."

The American Diabetes Association notes that having typetwo diabetes increases your risk for many serious complications.

Some complications of type-two diabetes include: heart disease (cardiovascular disease), blindness (retinopathy), nerve damage (neuropathy) and kidney damage (nephropathy).

Eberhart explains why the fad diets won't work for those with type two or are at risk.
"Most of the fad diets are not

appropriate. They would especially stay away from the high protein diets," she said.

"People with type-two diabetes need to limit their fat intake because heart disease is a big risk. So, a high fat, high protein is not

ON THE INTERNET

See if you're at risk by tak-ing the Diabetes risk test at www.diabetes.org.

NPO continued from page 1

permanent record.

To repeal the NPO, leaders need a compilation of instances in which students were targeted. A Web site is being created for students to tell their stories. Also, if a student is given a ticket they are asked to contact Student Legal Services of N.C. State for aid.

Student Legal Services has three full time attorneys to help students with legal advice. The cost is included in student fees. On top of covering NPO tickets, the office also helps students with leases, traffic tickets and other le gal issues.

Also discussed was an event at UNC-Chapel Hill on Monday at middight where students will tell personal stories about tuition increases and problems they encounter. The stories will also be posted on www.persona lstories.org.

Students Day at the Board of Governors at the UNC General Administration building in Chapel Hill is on Feb. 13 at 9 a.m. Last • ear, N.C. State had a total of 10 students attend. This year they ask for more support to show that NCSU's students are concerned about tuition increases

RECYCLE

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POLICE BLOTTER

10:06 a.m. - Financial identifica-

A former student called to report A former student caned to report that someone had used his personal identification to obtain and use a credit card in his name while he was a student living in Tucker Hall in 1997. He found out when he checked his

10:11 a.m. - Traffic violation
An officer stopped a vehicle for a registration violation in the Armory lot off of Cates Avenue. A citation was issued to a student for expired tags and no insurance.

A citation was issued to a subject for a seat belt violation on Cates Avenue near Morrill Drive.

11:27 a.m. - Suspicious incident

A staff member reported being billed at Human Resources in the Administrative Services Center for magazines she had not ordered.

1:13 a.m. - Suspicious person

A caller stated that two subjects were loitering in the area of the Vet School. An officer checked the area, but subjects left prior to officer's

1:21 p.m. - Dispute

1:31 p.m. - Damage to property

to the gate arm was estimated at about \$200.

4:55 p.m. - Safety program A Sergeant presented a Crim pers program at Williams Hall.

5 p.m. - Traffic violation An officer issued a citation to a subject for driving into a construction zone on Baver Drive.

5:06 p.m.-Traffic violationAn officer issued a citation to a subject for driving into a construction zone on Baver Drive.

6:09 p.m.- LarcenyA student reported his wallet missing after he left the item unsecured

on a table in the D.H. Hill Atrium Food Court.

6:17 p.m.- Medical assistA student slipped and fell down the steps at the north end of the Coliseum tunnel. She slightly injured her ankle. The subject refused transport to the beautiful.

6:18 p.m. - Check person 6:18 p.m. - Check person A student reported a subject block-ing traffic on Cates Avenue, possibly sleeping in vehicle. An officer checked and found that the driver was just waiting to pick someone up. The driver

was advised not to block traffic 9:09 p.m. - Illegally parked ve-

A vehicle A vehicle a campus parking citation on Baver Drive for illegally parking in a construction roadway.



TIM LYTVINENKO/TECHNICIAN Students with a ticket to Wednesday's men's basketball game exploded in the final minutes of the Wolfpack's upset over No.16 Wake Forest.

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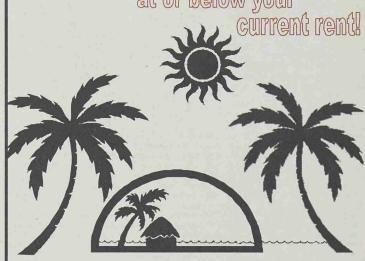
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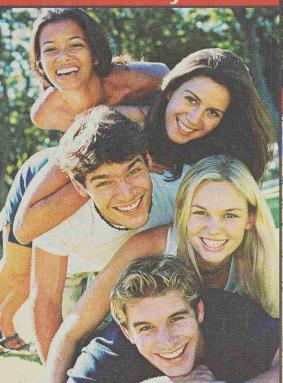
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Seven keeps things in 'Perspective'

Joel DeBerry Staff Writer

This band was born in a barn.

No, seriously, it really was. Seven, a Raleigh-based rapcore quintet, spent more than two years perfecting their own dynamic sound in a Johnston County tobacco barn before they found a small cozy home in the heart of Raleigh to further their musical endeavors

"It was my dad's barn, and we'd play in there no matter what the weather was," frontman Nick Driver, a senior in sociology, said. "We had this little kerosene heater in there and we'd all cram around that while we played."
"It was like 150 degrees in there in the summer and freezing in

the winter, but we had to play," said John Bitticks, who probably burned the most calories while flailing behind a drum set in the summer months. "That's where we got our start, and nothing's

changed since."
That same tobacco barn is where their name originated as

There was an old sign on the wall in that barn with a number seven on it and we decided to just use that," Driver said. "And it just stuck."

Seven also stuck with the same five original members since their humble beginnings in the barn in 2001. Driver mans the mic, Jason Braswell handles the guitar duties alone, Billy Hinnant is responsible for the bass tones, Kenny Dixon provides his own spin on the music behind the turntable and keyboard, while Bitticks beats

on his 6-year-old drum set.
With a unique sound laden
with elements of hardcore, metal,
rap and funk, the band manages to keep a tight sound that sounds



Seven is preparing for the release of their album "Perspective" at Berkeley Cafe on Friday.

like a well-blended mix of pre-2000 Incubus, Rage Against the Machine and an eclectic array of conscious rhymers.

"I was really influenced by 'Illmatic' by Nas and 'Ready to Die' by Biggie," Driver said. "Those two albums made me want to be

While the members of Seven influenced musically bands ranging from Tool to At the Drive-In, Bitticks had a personal influence that helped him decide

his direction.
"I met Matt Sorum, the drummer for Guns N' Roses, at one of their shows when I was younger, and I actually got to talk to him," Bitticks said proudly. "He told me to stick with it, and I did." The band's dedication to the

collective cause of music has landed them opening spots for widely acclaimed bands such as Hoobastank, Diffuser and Silverstein, while their travels have

carried them from Atlanta to Washington, D.C. However, their days of opening for other acts are numbered, and their headlining appearance this Friday at The Berkeley Cafe in Raleigh may be their most important.

"This is our biggest show to date," Driver said. "We haven't headlined a show in Raleigh in over three years and this is our

CD release party."

The release party Driver is referring to is for their upcoming full-length LP, "Perspective."

"We want this CD to get us out

there nationally, not just locally," Bitticks said. "Our first album helped us locally, but not much outside of here."

The guys hope "Perspective" will move more copies than their August 2002 release, "Truth Be-hind the Mask," which sold about 800 copies. Chris Hill of Jam Pain Society recorded the 2002 EP, and the band stayed loyal to Hill on

their full-length debut.
"Chris is a good guy; he hooked
us up with a great recording for a
good price," Driver said. "Hopefully our show Friday will some more recognition

The potential for recognition is there, too. Two major record la-bels, Immortal Records and Century Media, will attend Friday to see if Seven has what it takes to earn a major label contract. If you're not familiar with either of the two production companies Immortal has produced such acts as Incubus and Korn, while Century has produced Stuck Mojo and Shadows Fall.

These guys have come quite a long way since their non-climate controlled barn days. Be sure to check out Seven at The Berkeley Cafe this Friday, Feb. 6 for an all ages show, following opening acts Eight Foot Stride and the Five L's. Admission will be \$7

THE COFFIELD FILES

Good day ends bad, ear feels fine

ear, when viewed at a certain angle, bears an eerie semblance to Mother Teresa's face. See, the



Coffield

flaps of my outer ear canals resemble the corresponding curves and flaps of the late social worker's own fea-tures: the kind, wrin-

kled eyes; the distinctive, angular nose; the dimpled cheeks. The perimeter of my ear

does an excellent imitation of a shawl, which Mother Teresa frequently wore. My squared ear-lobe protrudes very much like her own prominent chin. The clumps of peach fuzz atop my ear could easily pass for tufts of hair wafting in a Calcuttan breeze from under the shawl.

This, of course, is a source of great pride for me. I'm thinking of setting up a booth in the brickyard and charging 50 cents a head for permission to ogle at my good fortune and, if it's desired, to take pictures. For a dollar, I will permit my ear to be touched, but only gently, for my ear is very sensitive (and

also very valuable).

But why, exactly, the impressed reader might ask, why are you telling us this? And I will answer, "No reason, really."

I just felt like bragging. It's my chim to former wall read to the proper wall. claim to fame; you know, kind of like seeing your name in the newspaper, or on the bathroom stall, or whatever. Now, speaking of newspapers and fame, I have recently become aware of a very touching human-interest story in the news. One might say that this story is extremely depressing, but at the same time irresistibly and darkly alluring. I would agree, after all, the former is the primary requisite for "news," and the latter is the intended and relied-upon reaction.

I assure the suspicious reader that this story is true, on this claim I willingly stake my hard-earned journalistic integrity. Also, I will stake my new Sugar Ray CD, which I love like my brother. And believe me, I love my brother (Ryan! I love you!

Readers, you can file this particular news item under the category *Luck*: some people have it, some people don't and some people have a little bit of it, but then it goes away really, re-ally, quick. It involves a person known by those around him as good ol' Carl D. Atwood, age 73 years. A local grocery store in Carl's hometown of Elwood, Ind., sells lottery tickets for the

chance at appearing on a TV game show called "Hoosier Millionaire."

Carl, like most Indiana citizens, wanted very much to ap pear on this show and regularly bought tickets for his chance. It took a while, but ol' Lady Luck eventually tossed the little man a bone. One of his tickets was a winner and he got to go on out to the big city of Indianapolis for the taping of the lotterytype game. And as chance would have it, Carl's newfound luck had followed him to Indianapolis. He was the big winner, netting himself a cool \$57,000. As the cameras rolled, he received with one of those "Giant Checks That They Give People on TV." Through the thick tears of joy dribbling quietly down his wrinkled cheeks, our beaming Carl said of his good for-

tune, "I am very thankful. Now I can purchase a nice car." Yes, things were looking up for our Carl. He had finally acquired the financial means to bring a bit of well-deserved luxury into his life. He rushed back to Elwood, and decided to pay another trip to that same inform its owner of the good

It was at precisely this point that Ms. Luck decided she'd had enough with Carl and his fortune, and his happiness, and with the whole deal in general. See, as our Carl, with his cheeks still sticky, his smile still shining and his giant check under arm, crossed the road to the grocery store, he was smashed head-on by a pickup truck and died.

The driver of the pickup blames the combination of the dark night and Carl's dark clothing. Says he never saw him, hobbling slowly over to his gro-cery store. But there is a greater force at work here readers, life's truest truth - very bad things usually happen to very innocent people. We could tell ourselves that Carl is now crouching contentedly in a golden celestial rocking chair with God and Jesus and Moses, etc., etc., laughing at how petty our little earth is with its petty dramas of good lives and gory deaths. That sure would make us feel better, wouldn't it!

But I'm more concerned with the flip side of life's truest truth - pretty good things usually happen to pretty bad people. Yes, I see much opportunity here, and I plan on taking full

My Mother Teresa ear booth will be going up this week. I'm confident it'll be a giant success. In fact, you can bet on it.

This is how whales talk: eeeep-eeerrrrrrppp-ooow Contact tlcoffie@ncsu.edu

SHH...IT'S ABOUT SEX

are strong enough to handle it,

but then right be-

fore you snatch it

tenses

up and

your face becomes

off your entire body

Vax On, Turn Off it will turn on their lover. The

when you tear a Band-Aid off from a recent abrasion? And you can tell yourself that you

a twisted grimace. Well imagine that

insignificant sting multiplied 1,000 times!

A hot, drippy substance melts and dries onto a patch of hair

and just when you think you have survived the heat, the wax

ferociously rips out every hair with some sort of evil ven-

geance! Oh, the suffering some

people bring upon themselves.

Of course, no pain, no gain.

Although it is a given fact that

we generally go somewhat out of our way in order to present

a comfortably appealing image

sonally or if they simply know

some people go to extremes to fulfill the supreme turn-on, whether it turns them on per-



Liesl

suffering some choose to with-stand may be worthwhile in the end. How do we know what turns on someone that we are at-tempting to attract? Once we

decide to join in the game of pursuit and attack, there are certain components that we discover to have an allure to our target. At that point, we emphasize that particular factor until the person falls into the hands of lust or subconsciously recognizes the actions, becomes weary of the game and loses

The immediate turn-on is normally physical. It could be hair: curly and red, straight, layered and dark, short, wavy and blonde. It could be body type: tall, lanky and thin, short, brawny and thick. It could be the gestures they use or how they move or something as simple as their smile.

The next turn-on (or turn-

off) is their character: Some people like a quiet, sensitive type who listens and does what they are told. Others prefer an outrageous personality, some one who is loud and confident and does whatever they want. For me, the most incredible

thing is watching someone

Someone may have a deep passion for a particular thing in life, but there is no magic with simple talk. Watching someone perform their passion is unbe-lievable, even if what they are passionate about does not interest me at all! The intense joy that they get out of what they are doing is enough for me.

Let's take turn-ons to the next step: the bed. What turns on some people may only dis-gust others - one man's trash is another man's treasure. For example, sucking on toes. For some people, there is nothing better than getting their mouth around what could have been sweating in an old sock, or touching who knows what with the rest of the bare foot (nasty!). Nevertheless, sucking toes turns on some people.

Another strange but com-monly adopted method of

attempting to seduce the vic-tim is cultivating a sensuous manner of eating. There is an art to placing your lips around something and disclosing your tongue only here and there (slight tease) However, there is always a

way to go completely overboard when aiming for magnetism, especially with food. At some

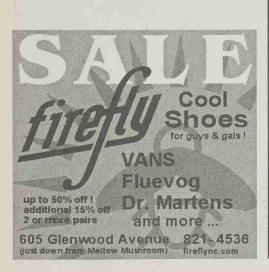
point, with some foods, things can just get sloppy. Think heavily sauced spaghetti.

The biggest turn-on that has the potential of counteracting as the biggest turn-off is wax-ing. Why proceed with much affliction in order to secure a good lay? On one hand, the cleanliness and smoothness is extraordinary and lasts for weeks, but damn! The ripping Band-Aid sensation can cause some women to worship their razors and Skintimate shave gel

If a powerful attraction exists through turn-ons, does that mean the relationship must progress directly to sex? And if so, is that where it remains? Sure, some turn-ons are only physical and the connection ends there, regardless of an intellectual link (or lack thereof). But it only seems logical that

when two people share an emo-tional turn-on, the relationship should mature past the bedroom. Perhaps we find it easier to ignore everything but the bodily attraction; things would be a lot more uncomplicated if someone were to say "I like it waxed," rather than "I like you."

Convince Liesl that sucking toes is not dirty. E-mail her at Isclouse@unity.ncsu.edu





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A LEGAL P2P FOR N.C. STAT

PROGRAM FOR N.C. STATE WOULD BENEFIT STUDENTS MORE THAN A DEAL WITH AN ONLINE MUSIC SHOP.

Pennsylvania State University introduced a new partnership with the revamped Napster to offer "free" downloading to its students. It is the first partnership of its kind: a major university with a legal online music store.

The program works as such: Students use a special Napster downloading client, which uses technology called "tethered downloading."

The actual music file does not download to the user's computer, but streams from the Penn State servers. If the student wishes to download the file for burning onto a CD, Napster still charges \$0.99.

This charge is on top of the fee added to the tuition bill.

Students get the music they want through the Internet and no one gets sued. It's a noble idea, on paper. In practice, students are "paying the piper twice," so to speak, with the fee and the \$0.99 downloading cost.

There is no reason to go through a middleman, like a university, and pay twice as much for popular music.

Just go directly to the online music store. A pilot program similar to the Penn State program is in the works for the UNC system and N.C. State will probably be a part of that pilot.

Instead of partnering with an online music store like Apple iTunes or Napster, NCSU should wait and see what happens with the legal P2P sites in the works over in Europe.

EMI Music, a major music label that has groups like The Rolling Stones and Coldplay, is partnering with a Britishrun P2P music downloading service, Wippit.

Wippit charges \$50 a year for down-loading music from their servers. Users can save the download in as many

places as they like. It is not a pay-per-song deal, rather a flat fee, for unlimited downloading and burning.

This would be a better alternative to the pilot program the UNC system is planning.

However, the scope of the program would only be limited to on-campus students. Off-campus students who use private Internet service providers would not be able to use this program.

Therefore, the fees for this program should only apply to ResNet users living in residence halls

Many music companies are weary of P2P programs, because of Kazaa and other illegal downloading programs. The RIAA cannot get rid of file sharing, but there is a way they can control it and even make money off it.

In addition, users, mainly students, can get the music they want from the Internet without the fear of lawsuits for copyright infringement.

The unsigned editorial that appears above are the opinion of the members of the Technician's editorial board except for news editors and are the responsibility of the editors in chief.



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ADMINISTRATION THURSDAY

off, Ellen and

Rosa wouldn't

spend the day sheltered from

the snow and ice that greeted

North Caro-lina residents

As cooks in N.C. State's Fountain

Dining Hall, they

knew on-campus

students depend-

ed on them. By

They braved the cold and ice...

Before dawn on Monday, January 26, Ellen Wade and Rosa Kirkland awoke and dressed for work. Although it was their well-earned day

5 a.m., they were on the job ready to greet students eager for a hot meal.

Rosa. With the cancellation of classes and the implementation of the ad-

and the implementation of the adverse weather policy on January 26 and 27, faculty e-mailed students about coursework and class schedules. Student Health Service employees,

under the direction of Dr. Jerry Barker, ensured that medical and

In the Administrative Services

staff personnel were on the job in the event of a health emergency.

building, five employees in the Payroll

Department were meeting the challenge of their mission: the "timely and

accurate payment of wages" to N.C State's nearly 10,000 monthly and

5,000 biweekly employees. Director

Brian Simet, Franki Senter, Lisa Bled-

soe, Melva Moore and Wendy Tanner Barker worked Monday and Tuesday

In the Facilities division, the sce-

nario at the "snow desk" played out this way: Within hours of the first

snowflakes on Sunday morning, the

employees worked from noon until 5:

30 p.m. shoveling snow, driving plows

snow desk was up and running. A

crew of 20 Grounds Management

and spreading salt and ice melt

Bill Beardall says the snow desk

vas open again on Monday at 6 a.m. Forty-eight employees responded to the call to clear walkways, roads and

to process the January payroll.

Workers across campus had the same determination as Ellen and



Marye Anne Fox

parking lots. Snow removal continued from daylight to dark with employees working nine-hour shifts. The crews concentrated on gaining access to all buildings, health facilities and dining halls. Tuesday and Wednesday were repeats of Monday, as the clearing continued with increasing numbers

of employees to assist. Staff throughout the Facilities division assisted with snow and ice removal: personnel in the power distribution and central plumbing shops cleared sidewalks, shoveled ice, spread ice melt and checked all power

Their colleagues in the steam plant maintained boiler operations, providing steam to campus around the

Repair and Renovation employees shoveled snow and ice from side

walks, steps, ramps and walkways.
University Housekeeping employees
started the days at 4 a.m. Managers
scheduled for a Monday shift arrived on Sunday night to begin marshaling staff early Monday to place ice melt on sidewalks. The number of House keeping employees who reported to work on Monday ensured that we could blanket the campus with ice melt. Zone managers from as far away as Rocky Mount didn't miss a beat and arrived at 4 a.m. for a long day's work. All primary and most secondary entrances and exits to buildings were cleared for the 11 a.m. restart of on January 28.

In Facilities Operations, the Cus tomer Service Center received and dispatched all incoming calls from members of the campus community who reported problems with facilities, streets or sidewalks. The buy ing group and warehouse faced the daunting task of locating, ordering and distributing 75 tons of salt and 19,800 pounds of ice melt for this storm.

Each employee's story is one that makes our community very proud. A few examples give you a sense of the dedication of our faculty and staff.

- Jim Barry, an employee in University Catering, knew that the inclement

weather would result in the cancellation of special events for the day. But, that didn't mean a day off. From 5 a.m. to 10:30 p.m., Jim provided fellow employees with transportation to and from work.

Linda Toon knows how students rely on University Dining. She worked through the night Monday and Tuesday to prepare fresh bread and rolls Esebio Guzman and Kelvin Watford walked several miles to Clark Dining Hall. Three co-workers greeted the students at the door at 5 a.m.

- Carol Schroeder, director of the University Career Center, arrived at work on Monday, then stayed over-night at the Brownstone Holiday Inn in order to keep her office open to assist students.

- Processing Assistant Tschaina Gaffney, who is nine months preg-nant, assisted customers in the lock shop on Monday and Tuesday. Luby Lane, general shop supervisor, and John Effle, plant maintenance super visor II, were good samaritans on the highway, aiding a driver whose truck

- Despite the distance to campus for Ray Gorham and Brenda Johnson, they were ready for another busy day at Case Dining Hall at 5 a.m. Twenty University Dining employees at the Atrium assisted dining areas across campus to help with the workload.

Icy roads mean that our daily food deliveries don't arrive, so University Dining had to be innovative in revising planned menus. Our students accepted the many inconveniences, and menu changes, with grace.

Resident Assistants deserve a special thank you. A large number of RAs volunteered to serve students and, in a few cases, learn the fine points of

creating the perfect omelet.

The ice storm presented many challenges for N.C. State faculty, staff and students. On behalf of the entire university community, I offer our sincere thanks for all you do for N.C. State.

Email Chancellor Fox at chancellor@ncsu.edu.

America's decline will be gradual

Just like the fall of Rome, Rob Jailall predicts the fall of America through its economy in a world market.

Since America is Rome 2.0, will America inevitably fall as its earlier version did? I used to believe that it would take a financial catastrophe or



Robert Jailall

significant act of terrorism to take the United States down because the difference in America's economic and mili-tary power from the rest of the world was so dis-

parate. I now believe that America's fall will be gradual,

and one can observe some particular trends today that will be engines for the fall tomorrow

Loss of manufacturing jobs gets the most media play today because out of all discontent laborers, their votes number the most, but the plight of low-skilled labor is not so interesting because this demographic has always been in an easily sniped position. Instead, it's the dismantling of high-skilled jobs that proves worrisome.

High-skilled American workers used to occupy a place on the front of high science, high technology and high profit endeavors, and the fruits of their works would filter to Americans first and then to foreigners.

By the time foreigners were able to benefit, either through obtaining access to American products or gaining the ability to produce them, the front had moved and foreigners continually found themselves in catch-up mode.

Now, something that is unique to our post-Cold War decade, our highest paid jobs have come into reach of mid-major powers (especially the two that count for half the world's population). The problem that still may be doubtful is that Americans can't push the competitive front quickly enough to escape

direct competition.

If one wonders how it became like this, one need not look further than N.C. State's foreign students. Before, it was a great challenge for foreign competitors to match the intellectual capital investment of American workers foreign competitors have ingeniously solved their problems by sending their workers to America to return with jobs

Programming and call centers are the best known high-skill markets that are hammered, but even the current darling of the American economy financial services, is showing that it is not immune.

A January CNN/Money article notes that accounting and data entry are now also starting their flights. It also notes that some medical services may be next. This isn't really surprising because the outsourcing trend is a reflection that a college education is no longer sufficient to stay ahead in the world, as opposed to a reflection of industry-specific problems.

America's fall can be seen by looking at how it will respond to the new com-petition, and there are several direc-tions that stakeholders want to take on this issue, but few that look promising. Businesses want to accommodate

outsourcing because it dovetails nicely with their myopic short-term focus on hitting quarterly earning targets.

For a programming job, employers can take advantage of labor that costs one-tenth what it does here while charging the same for their products.

charging the same for their products. Here's a question for outsourcers:

Doesn't getting less income but not getting an equal drop in prices sound like a losing formula for American workers that will eventually come back

to bite American businesses?

Alas, the timescale on which outsourcers think is hopelessly out of the league of foreign competitors.

Foreigners will wait years for their workers to get bachelor's or master's degrees at places like NCSU and even more years for those newly educated workers to return home and start pay

ing a return.

Do outsourcers have five-year plans or 10-year plans? Do outsourcers not think that their foreign partners will try to cut them out and become primary sourcers?

Another group of stakeholders, workers, feel the impulse toward pro-tectionism, but protectionism is often a day late and a dollar short.

America spent the last 10 years be-coming dependent on China for cheap manufacturing; American families have shaped their financial habits on assumptions of cheaper foreign manufacturing.

If those assumptions suddenly don't hold, it could spell problems for Americans' financials, and that is a situation no one wants. (How many Americans refinanced their homes and took on bigger debts on the assumption that their ability to make monthly payments would be the same?)

If there were to be protectionism to stop China today, it should have started long ago, coming out of the Cold War. The irony of today is that America

is a lot more susceptible because some of the features of the Cold War that allowed America to maintain its untouchable status are no longer around

Communism as a political and eco-nomic wet rag is no longer holding back the development of a large part of the world, and the outsourcing and financial integration of today would not be possible in the political environment of yesterday.

Opinions about the morality of the situation aside, the irony of winning the Cold War leading to the fall of Rome 2.0 will certainly make a good story for history readers centuries from

E-mail Rob at viewpoint@technicianstaff.com.

BASKETBALL

Three Eric Williams free throws brought Wake to within a point, but the Pack's suffocating defense forced a turnover with 59 seconds left after the Deacs pounded the ball inside to Williams, who battled foul trouble all night to finish with 12 points on just six field-goal attempts.

"We picked up the ball pressure and got more deflections, we just played a lot more as a team, re-bounded more and played better defense," Pack forwardIlian Evtimov said.

State's next possession yielded Melvin's 3-pointer that he let go with the shot clock winding down. State had made just 3-of-19 3s in the game leading up to Melvin's bucket.

"I haven't beat Wake Forest at home in my whole career, I was going to shoot the shot regard-less," Melvin said. "We shoot the ball all the time...so whenever we shoot no matter if we miss

LEADERS POINTS REBOUNDS **ASSISTS**

WAKE FOREST

N.C. STATE Marcus Melvin 20 Marcus Melvin 11

STORYLINE: After trailing by as much as 18 in the first half, the Wolfpack staged its biggest comeback ever under coach Herb Sendek and improved to 6-2 in the ACC for the first time since 1989.

or make the shot, we know that

whenever we're open we're going to keep shooting that shot."

State made only 2-of-10 3-pointers and turned the ball over nine times in the first half, as Wake came out right away and dictated the pace. The Deacs opened with a trio of 3-pointers on their way to 46 first-half points. Justin Gray accounted for 15 of those, including half of the team's six 3s, but scored just two

points after intermission.

Melvin and Sherrill, on the other hand, accounted for a combined 28 second-half points for the Pack.

"Scooter and Marcus made a big difference for us tonight," Sendek said. "Not just with the

3-pointers they hit, but also the effort they gave all around and the leadership they displayed."

Their efforts caused some of the 16,459 in attendance to storm the floor in celebration after the game. Melvin waded in the celebration for awhile before emerging, ball in hand.

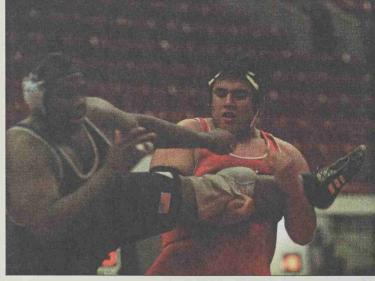
"He's going to keep that ball, he's not giving away," Sherrill

Then he reconsidered.

"I'm going to try and get it from him thought, because we need to play with that ball every game," he said with a smile.

Staff writer Memie Ezike contrib uted to this story.

Wolfpack downs ODU



ROB BRADLEY/TECHNICIAN

Jainor Palma grabs Darrell Lorthridge of Old Dominion in attempt to score

The wrestling team outlasts the Monarchs despite some kev injuries.

Brian Grossman

N.C. State used a fast start to defeat Old Dominion Wednesday night at Reynolds Coliseum. The Pack got out to a quick 18-0 lead to spur it to the 27-21 victory despite missing two starters ñ Scott Garren and Dustin Kawa to injury.

-- to injury.

Jeremy Hartrum, a redshirt freshman, started the match off in the 125-pound weight class with a 19-1 technical fall over ODU's Jared Smith to give State (7-3) a 5-0 lead.

"Coach told me I had to start

"Coach told me I had to start it off on the right foot, and I just tried going out there and handling my business," Hartrum said. "I just want to go out and do what I can. I came out a little

bit better tonight."
Garrett Cummings followed that up with a 6-2 decision, Alex Hernandez added a fall with seven seconds left in his bout and Jake Giamoni tallied a 21-9 major decision to stretch the

The Monarchs (3-9) countered at the 157- and 165-pound weight classes with two falls over the Pack's Eric Heath, who started in place of Garren, and Javon Powell, who made his debut in place of Kawa. The falls cut State's

"We knew that we had Scott Garren and Dustin Kawa in-

jured," coach Bob Guzzo said. "They're probably our two best wrestlers. Having them out of the lineup kills us because they are definitely two wins. We're putting guys in there now who have very little experience.
"We knew that we had to come

out early and get a lead because we kind of anticipated them being able to catch up in the later

With Zach Garren guaranteed a default victory because of an injury to ODU grappler John Dolida at 197, the Pack only needed one victory to put the Monarchs away.

Enter Rick Brownlee

Brownlee scored a tough 5-3 decision over Matt Ulrey at the 174-pound weight class to extend State's lead to 21-12 and clinch the victory for the Wolfpack.

"I knew we had a couple of guys who were hurt," Brownlee said. "I wanted to get the next quick fall to put the match away so they couldn't come back.'

The Monarchs wouldn't come back. ODU notched another decision and a win by injury default when Daniel Humphries tweaked his left ankle and did not continue at 184 pounds, but the Pack's lead was too much to overcome.

"We could have put [Humphries] back out there if we needed the win, but with all these matches coming up and counting down to our conference tournament we thought we'd play it safe had any further injury," Guzzo said. "I don't think it's serious; I

think he's fine."

The coach anticipated Kawa will return Saturday but the prognosis for Scott Garren is less certain.
"Scott Garren we're not real

sure about," Guzzo said. "He has a knee injury but he seems to be

a knee injury but he seems to be coming along and he could be ready to go as well."

With the win, the Pack rebounded from a bad loss to Oklahoma. Guzzo attributed his team's strong performance to the tough schedule it has faced.

"We've wrestled Oklahoma, which is one of the ton teams in

which is one of the top teams in the country," Guzzo said. "They're a perennial national power. And then we're going up to Lehigh, and then we have Iowa State so we have some pretty strong teams

coming up.
"Our kids are getting better all the time. I thought we wrestled well tonight. We had a couple of guys out of the lineup. We have some injuries we're nursing. Once we get them back in the lineup I think we'll be pretty strong."

State will need to be at full strength for this weekend for it to have a chance at the upset against Lehigh, according to Hartrum.

"It was a pretty decent win to-night," Hartrum said. "We've got Lehigh this weekend, and that's going to be really tough. We just need to go up there and take it to them."

State heads to Lehigh to take on the seventh-ranked Mountain Hawks on Saturday, and will take olds Coliseum next Wednesday.

BELL continued from page 8

Winless in the ACC, a battle on the road against FSU turned into a coming-out party for Bell, who scored 18 points, dished five assists and even pulled down six boards to lift State to victory.

Almost a week later in Raleigh, she accounted for nine points, five assists and eight rebounds in the Pack's 61-45 trouncing of Maryland. Bell again was at her best, scoring 17 points while going 2-for-2 on 3-pointers, dur-ing State's 75-51 win over Georgia

Tech on Sunday.

Perhaps no State player can appreciate Bell's influx of offense more than senior center Kaayla Chones, who often faces double and triple-teams in the lane.

"[Kendra] just makes our of-fense more effective and allows the defense not be able to stay inside in the paint because they have to guard her shot and watch out for her penetration," Chones

Bell attributes her recent scoring outbursts to the encourage-ment she receives from Yow and her teammates.

"We really needed her as a

member of our team to take charge more and to become a person who looks to score double figures for us because she does have one of the best shots on the team," Yow said. "She has a great

feel for the game."

Maybe that's because she's so close to the court.
Listed at 5 feet 5 inches in the

team's media guide, Bell admits she's a bit shorter.

"I'm actually about 5-feet-3 [without shoes]," Bell said. "But who walks around with no shoes

Bell, who has aspirations to be a CPA or a country singer (if she ever finds more time to pick up guitar lessons), can't remember being taller than any of her teammates in three seasons at State

Given the choice, she said she would take the lift of a few extra inches, but she doesn't mind be ing the short one

"Sometimes I just wish I could get in there and battle on the post, but there are advantages and disadvantages and I just try to use my quickness," Bell said.
"I've been the shortest one for so long that I don't even think about it anymore or see it as a disadvantage."

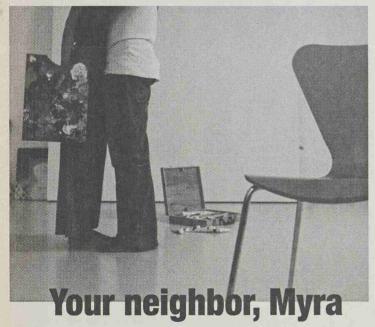
The 6-foot-3 Chones agrees

that Bell's stature is an asset.
"She's so strong and so quick

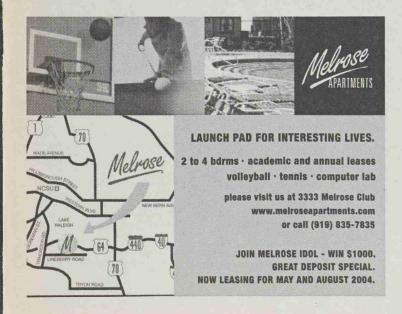
and she can get to the hole so ag-gressively," Chones said. "She really hasn't [penetrated and looked for her shot more] until this year. I think she knows that we believe in her and that's given her a lot of confidence this year."

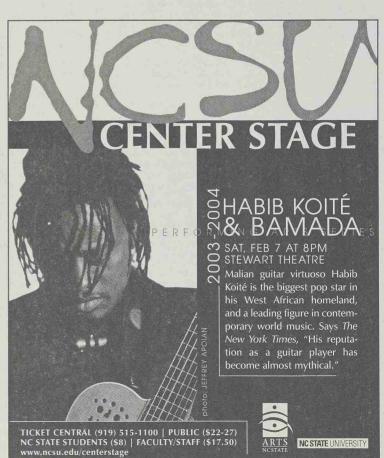
More confidence indeed, which

is something Bell isn't hiding anymore, unlike chapstick.



3rd-year art major with a 3.3 GPA . Considers Melrose apt. her sanctuary . Keeps modeling clay and Vietnamese food in the fridge • A regular at Melrose computer lab and yoga classes





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- 20 Musical composition 22 Tax letters 23 Put a on it! 24 Angry states 25 With III humor 27 Mended with

- DOWN 1 Baldwin brother 2 Prima donna 3 Grace closing 4 Multi-ethnic

6 Titled Turks 7 AFL-

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Computer-illiterate Chuck Amato knows this and doesn't pay a bit of attention to it. "I don't know how to turn

the Internet on," Amato said Wednesday. His assistant coaches, however, sure do. The last three days

Amato explained, his staff could be seen running around the Murphy Center checking on the latest recruiting developments. "They'll come and throw

something on my desk, and I'll say 'Wait a minute, you mean a computer's going to tell us what's going on about a kid we're recruiting? They're going to know more about that kid than we do?" Amato asked. Then I need to hire that guy on

the computer."

Amato's class this year includes the No. 1 defensive tackle in the nation and a pair of highly ranked running backs in Andre Brown and Darrell Blackman, but in reality, he could care less.

"Who cares what they're ranked? If we think they're good enough to help us improve our football team we're going to re-cruit them...players are players," Amato said. Which is why judg-



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SIGNING

faxes and calls. Amato, dressed in a yellow suit that featured gold sparkling pinstripes, said he felt like gold despite the stress of awaiting his most coveted prospect's deci-sion, who picked the Wolfpack over North Carolina and Florida

"DeMario is an outstanding player," Amato said. "These guys are funny nowadays. There's a don't. A lot of [disappearing] Amato said he felt confident

he'd land Pressley in the days be-fore signing day, but admitted his faith wavered in the closing mo-ments. His patience was rewarded with a player Amato compared to former Florida State All-American Corey Simon.

[Pressley has] been doing it for three years in high school at an outstanding program, and he's been a leader," Amato said. From the waist down he's very strong ... and he's quick. He's a well put together 290 pounds. He plays hard, and that's one thing always look at with linemen, How hard do they play?

The 6-foot-4 290-pound Press-ley, a two-time all-state player and the 2003 North Carolina Player of the Year, is the marquee recruit in Amato's 18-man class, but he's not the only one who had the coach smiling.

Among those joining Pressley in the red and white will be seven other linemen, two corner backs, two running backs, two tight ends, two wide receivers, a quarterback and a kicker. As usual, the class had a heavy Florida flavor, with five commit-

ments coming from the Sunshine State. The Florida recruits included Chaminade-Madonna (Hollywood, Fla.) teammates Octavius Darby and John Dunlap, Dunlap, a wide receiver, is a top-15 pros-

pect in the state. Amato and staff emphasized the homeland as well, reeling in seven players from North Carolina, including highly touted running back Andre Brown of Greenville Rose High School. Brown, listed as one of the top 10 running back prospects by several recruiting magazines, didn't cause any last minute heart problems as he chose State over Carolina and Virginia Tech weeks ago.

"He's a big back and he's tough," Amato said. "And he's mature."

Brown, who has lived away from home and with a guardian the past three years, set a state re-cord for career rushing yards and averaged more than 12 yards per carry his senior season.

"To see what he did not only during the regular season but in the playoff games," Amato said. "In the playoff games he must have had over four touchdowns every game

Joining Brown in the class is one of last year's prized high school running backs in Darrell Blackman. A State signee out of Pennsylvania, Blackman spent the past year at Hargrave Military Academy. Another repeat commitment was linebacker Raymond Brooks, who committed last spring but didn't enroll

until January.

Despite losing only starting seniors, Amato still put together a class that will rank among the nation's top 25. Unlike the coach's past recruiting efforts, during which Amato could offer playing time, this season's recruiting was made tougher due to the high amount of returnees. The Pack returns its entire starting defense. That meant Amato and his coaching staff also had to be more selective.

"We're excited about this class," Amato said. "Looking back and knowing how selective we were going to be and how selective we had to be because of the numbers, [recruiting is] not easy." It doesn't make it any easier

when players decide in the clos-

ing moments.

continued from page 8 former, the obvious pick based on the so-called "experts," get

former Wolfpack wideout Chris Murray, who caught one touchdown pass in one year with the team before leaving for good, whereabouts unknown. His loyalty to the program can perhaps be summed up by the fact that, no joke here, his Gator Bowl ring could be found for sale on eBay.

The few, if any, of you that went with the second player get Jerricho Cotchery, one of two players in ACC history to catch 200 passes and accumulate 3,000 yards receiving. His impact on the program can be best summed up by the hard work and leadership he just exuded all the time; it was no coincidence that you couldn't find a single person that had a bad thing to say about him

ple of why national signing day and the hoopla surrounding exactly who has won the re cruiting war is vastly overrated If national signing day was the battle it was built up to be Mack Brown would have a fist full of national title rings and Philip Rivers would have been a career clipboard holder.

These days, Internet sites that **MIDDLETON** are devoted to rating athletes are as ubiquitous as cell phones. It seems everyone has an opin-

This case study is just a sam-

TECHNICIAN ===



Pressley picks State

Heralded defensive lineman headlines an 18-man recruiting class.

Andrew B. Carter

Signing day might be the only day during college football sea-son on which coaches forgive players' lack of punctuality.

How else do you explain the

grin Chuck Amato wore Wednes-day afternoon when talking about DeMario Pressley?

Pressley, a defensive tackle from Dudley High School in Greens-boro, singed a national letter of intent to play football at N.C. State but didn't break any speed records in doing so. Amato didn't learn he had secured what some recruiting services rank as the top defensive lineman prospect in the country until 2 p.m. Wednesday, a time at which nerves fray and knees shake for coaches awaiting

SIGNING DAY see page 7



Greenville Rose's Andre Brown, Greenville Rose's Andre Brown, a 2004 N.C. State signee, carries the ball for the Rampants against Rocky Mount on Oct. 3, 2003. Brown finished the game with 300 yards and six touchdowns in only three quarters during the Rampants' 49-28 win over the Gruphons. over the Gryphons.

Arbitrary adventure

This is for all you armchair coaches. The people that curse Noel Mazzone's name at every third-down draw play and the



Matt Middleton

ones that have won 33 connational championships on PlayStation

Close youre eyes, and I'm

going to bring two football players in the room. After hear ing their measurables and a brief bio, pick one to join your team and help lead it to the

PLAYER 1 stands approximately

6-foot-4. He's everybody's All-American and was a firstteam all-state selection in the football-rich state of Florida, where he started for his high school team for four years. He was named to the prestigious Florida Super Elite 25, was the Tampa Tribune's Player of the Year as a senior and rated the eighth-best flanker in the naeighth-best flanker in the nation by one recruiting expert.

PLAYER 2 is generally listed at 6'2" and weighs in at 185 pounds. Playing in the state of Alabama, he couldn't even get the time of day from the two in-state powers and was on absolutely no one's All-America

list.
Those of you who chose the

MIDDLETON see page 7

The secret's out

Every time she steps on a basketball court, N.C. State point guard Kendra Bell is hiding something.

Nobody can see it - not the other team, not the fans and not even the refs. But it's there, every single game, hidden, feeding an inescapable addiction.

It's chapstick.
"I'm addicted to it," Bell said. "But I guess I could be addicted to worse things."

K.B. (as her teammates and coaches sometimes call her) started playing with a tube of the substance tucked underneath her tights and shorts during her freshman season. But until recently, Bell was hiding something else as well - her ability to light up opposing defenses with her

penetration and shooting.
During the Wolfpack's last four games (State has won three), Bell is averaging 12.6 points and four

assists per game.

Coach Kay Yow hopes Bell will be able to maintain that type of play tonight when State (11-11, 3-6 ACC) travels to Wake Forest (10-10, 3-6). The winner will vith Florida State who knocked

off Duke Wednesday night. The last time Wake played State, Bell only managed to score three points, but that was before Bell emerged as one of State's most dangerous scoring threats.

She's so hot right now that Yow said Bell is one of the main reasons for State's recent fortunes.



Kendra Bell was held to 5 points in the Wolfpack's 19 point loss to the Duke Blue Devils.

"If I had to put my finger on why we've improved over the last couple of games I'd point to K.B. and [freshman center] Sasha Reaves for really stepping up their games," Yow said. "K.B. is one of the best shooters on our team and I feel like we're going to see from this point on that she will be much more involved in

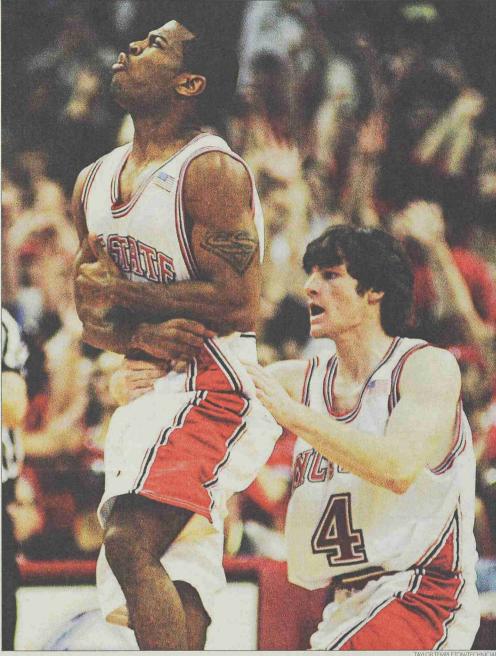
everything that we do."

Although she recorded a season-high 19 points against Indiana in December, the junior from Fayetteville only averaged 6.16 points per game for the Pack in her first 18 games. But coming off that game 18, a 66-62 State loss to Virginia in which she only scored two points, Bell erupted when her team needed it most.

BELL see page 6

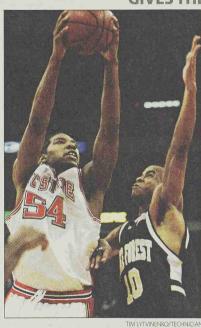
N.C. STATE 73 | WAKE FOREST 68

Comeback kids



Scooter Sherrill (left) jumps in the air to celebrate a layup that gave State a 66-63 lead with 3:00 to play. Mike O'Donnell runs to congratulate.

STATE'S BIGGEST COMEBACK WIN IN OVER A DECADE **GIVES THE TEAM A 6-2 ACC START**



Marcus Melvin goes up for two of his 20 points late in the second half of Wednesday night's win.

Matt Middleton

Marcus Melvin walked off the court Wednesday night carrying the bas-ketball, refusing to let it go. Moments later in the postgame interview room, there was Melvin, still cradling the ball against his body with his left hand.

If anybody deserved the game ball, it was certainly

Marcus Melvin. The senior nailed a 3pointer from the right corner with 31 seconds left in the game and his team clinging on to a one-point advantage. After a subsequent defensive stop, Melvin rebounded a Wake Forest miss and hit a pair of free throws, his 20th points of the night, to effectively ice the game and give N.C. State a 73-68 victory over the visiting No. 16 Demon Deacons Wednesday night at the RBC Center.

The win gives State (13-5, 6-2 ACC) its best ACC start in 15 years, equal-ing its 6-2 beginning in 1988-89, a year in which the Pack would go on to win the school's last ACC

regular-season title.
"I can't let this one get away," said Melvin, who also finished with 11 rebounds and not a single turnover.

State, which trailed 46-30 at the break, chipped away at the lead all half before eventually tying the game at 62-62 on a wide-open Scooter Sherrill 3 from the top of the key after Mike O'Donnell, who played only six min-utes off the bench, had forced a Justin Gray turnover.

"Mike is a coach's dream," State coach Herb Sendek said. "He does not skip a beatÖright away you could see the energy he brought, and he made a great hustle play.'

The hustle play from

State's second-half de-fense, which held the Demon Deacons (13-5, 4-4) to 24 percent shooting, its worst shooting half of the year, and just 22 points over the final 20 minutes

'That defensive stretch we had during the last 10 minutes of the game per-haps was our best of the year," Sendek said. "We really put it all together."

It was the largest Wolf-pack comeback since December 1992, when the Pack came back to beat Oregon State after trailing 42-25 at the break.

A minute after the Sher-rill 3, State got its first lead since 2-0 when the Mt. Ulla senior swished a pair of free throws with 3:45 left in the contest. Sherrill, who finished with 16 points, then converted a three-point play to push State's lead to four.

WIN see page 6

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