

TECHNICIAN

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6
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Raleigh, North Carolina

EXPLORING STUDENT FEES

Carmichael gym looks to expand its waistline

With better facilities and equipment come proposed fee increases.

Kate Renner
Staff Reporter

For students looking to tone their muscles, lose excess college weight or trying to stay healthy, Carmichael Gym is hoping to become more convenient and fun for students. Facility administrators have issued a proposal to increase student fees so they can expand the gym.

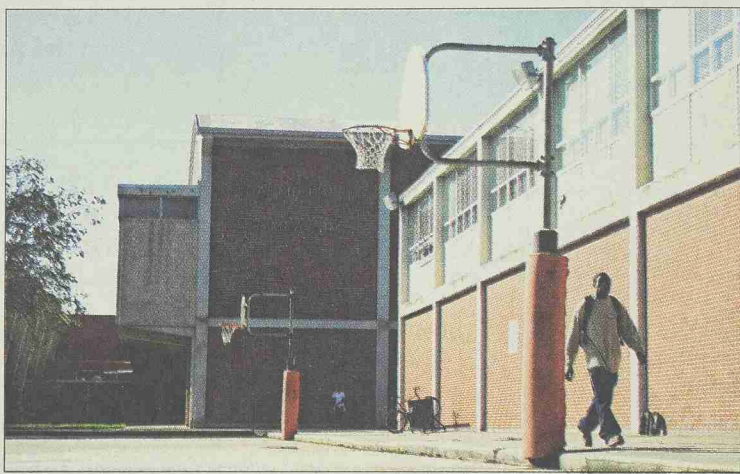
In a recent facility satisfaction survey, students rated weight room and cardio equipment "below satisfactory" in areas of quality and availability. At present only 1,663 square feet of weight training space is available for recreational use at all operating hours and 2,666 square feet for cardiovascular space.

According to Dawn Sanner, director of Carmichael Complex Facilities and Operations, there is a need for the expansion. The size and availability of facilities just do not meet the demands of the students and members using them.

The expansion will consist of over 10,000 square feet for weight training and cardiovascular equipment. The addition will also include four new Aerobics classrooms, a juice bar, a multi-purpose room for large events, altering current areas for special needs students and an outdoor adventures space for the check out of equipment for outdoor trips. The expansion also hopes to incorporate fitness testing and personal training.

Administrators hope that the project will begin construction in the fall of 2004, and they plan for the new areas to be open for service in late fall 2006.

The current gymnasium and facilities were opened in 1987. Enrollment has grown 23% since



RAY BLACK III/TECHNICIAN

The proposed expansion for Carmichael would be in the space currently occupied by the outdoor basketball courts. To compensate, school officials would like to add more outdoor courts across campus.



RAY BLACK III/TECHNICIAN

Dawn Sanner, director of the Carmichael Complex, goes over the floor plan of the proposed gymnasium expansion.

then, and facility administrators believe that the student body has outgrown Carmichael.

Students agreed there is a need for expansion. The spring 2003 survey revealed that 91% of the participants, which included students and non-students, supported an expansion.

Rocky Butman, a freshman in communication, said, "Working

out on campus is very convenient but it is kind of annoying having to wait to use the equipment."

"The majority of the weight room space is used by classes during the day, so students interested in the recreational use of weights have a small selection of equipment to use in an area of about 1700 square feet," Sanner said.

The weight rooms need to be

identical classrooms with the same types of equipment in each, according to Sanner. The recreational weight room included in the expansion will accommodate specialty equipment and will provide more varied equipment as well.

The four additional aerobic rooms will give classes more space and since classes won't be on the gym floor, the courts will be returned for basketball use.

Many survey participants showed interest in receiving feedback on their workout progress in the gym. Sanner reported that as part of the survey data, 62% were interested in personal fitness assessment and 63% were interested in personal training.

"I heard from many students that they'd be more likely to use our equipment, if they only knew how to operate it correctly," Sanner said. "Many people are hesitant to work out at Carmichael without training because they don't know where to begin."

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Nutritionist:
"Popeye was right!"

SPARC guest speaker delivered lecture on "Stopping Cancer Before it Starts: Cancer Proofing your Body with Plant Superfoods."

Brigid Ransome
Staff Reporter

Last Thursday night, Jared Milrad, a sophomore in fisheries and wildlife and president of Students Protecting Animals Responsibly and Compassionately (SPARC), introduced Michael Gregor to a little more than a dozen students in Broughton Hall. They had gathered to hear him speak on improving eating habits while making human bodies more resilient to all types of cancers through plant based diets.

Gregor, a physician, works in many areas of the social spectrum, tackling issues of public health and social injustice. He participated in the National Cattlemen's Beef Association Debate in the late '90s before the Food and Drug Administration, and served as

a witness for Oprah Winfrey's "Meat Defamation Trial." He is also an expert chef and wrote many books pertaining to his field of research, including "Heart Failure: Diary of a Third Year Medical Student." Gregor is a graduate of Cornell University School of Agriculture and of Tufts University Medical School.

In his address, Gregor opened with a humbling question to the audience: "How many people you know died of cancer?" The overwhelming response from the audience launched Gregor into an interactive and energetic discussion. He advocated an intense call for all human beings to cancer-proof their bodies.

"One out of every three women here will be diagnosed with cancer and one out of every two men here [will be diagnosed] with cancer within their lifetime," Gregor said.

He also delved into the biology of eating well and its relationship to cancer.

"The human body has ten trillion cells. When one comes

NUTRITION see page 2



RAY BLACK III/TECHNICIAN

A worker sits on WKNC's tower, which is on the roof of the library, as he makes changes that will increase the station's wattage in the coming weeks.

WKNC moving up the air waves

N.C. State's student radio station will reach an audience beyond Wake County.

News Staff Report

In 1996, a fee-funded initiative began that would eventually help WKNC increase its wattage. That plan has finally come into fruition, as WKNC 88.1 FM, the student radio station, has been in the first stage of upgrading its tower from 3,000 to 25,000 watts during the past week.

However, the change will be minimized during the next few

weeks as the station broadcasts in "program test authority," or half its wattage, while it waits for final FCC approval on the changes.

WKNC currently reaches homes and cars in the Wake County area, but its increased power will help radio listeners in Durham, Carrboro, Chapel Hill, Wake Forest, Wendell and Zebulon pick up the station.

The student-run radio station presents a wide variety of musical genres during its 24-hour airtime. The station's general manager, Jamie Proctor, a senior in communication,

WKNC see page 2

Pulitzer Prize winner to speak

News Staff Report

Monday, October 6
Stewart Theatre, Talley Student Center
2:45 PM

Pulitzer Prize winning author Rick Atkinson will visit NC State on Monday to discuss "AN ARMY AT DAWN: The War in Africa, 1942-1943" as part of the University Scholars Program's Scholars Forum series. Atkinson, who has won two Pulitzers for his work, will address students and the public at 2:45 p.m. in Stewart Theatre in Talley Student Center.

The event is free and open to the public.

"An Army at Dawn" explores World War II in North Africa, focusing on how the victory of the Allied powers was linked to events that unfolded in Africa between 1942 and 1943.

The book, itself, won the Pulitzer

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Former student donates earnings to PAMS

Local entrepreneur and N.C. State alum supports research with Web site sales.

Ana Pardo
Staff Reporter

An alumnus is donating part of the earnings from his home business to the physical and mathematical sciences college (PAMS).

Juan Chaves earned his master's degree through the department of marine, earth and atmospheric sciences in 2002.

He now owns RedHotFlies, a company that sells hand-made fishing flies on the Internet.

A fishing enthusiast and environmentalist, Chaves thought it was important to give something back to the fishing industry, and therefore decided to donate 10 percent of his company's earnings to fisheries research at NCSU.

Chaves graduated from the Florida Institute of Technology



FEBIN SKARIA/TECHNICIAN

Juan Chaves adds deer fur to the lefty's deciver fly that he ties and sells on his Web site redhotflies.com.

in 1992 and joined the Peace Corps, working for two years as a Marine Fisheries Research Officer in Tuvalu, near Fiji.

His interest in marine research did not stop there, however. After the Peace Corps, Chaves worked with fisheries in Alaska, the Bahamas, Fiji, New Zealand and Virginia.

In 2000 Chaves came to the university as a graduate student. He conducted his graduate research on the soft-shell blue crab and graduated in 2002.

After receiving his master's, Chaves worked as a technician for the NCSU Department of

PAMS see page 4

A week to help others in need

Registration will close today for students to sign up for one of four alternative spring break trips.

Rachael Rogers
Senior Staff Reporter

Some students head south to lounge on beaches and ease away memories of bad tests and pending exams. Others go west to explore the desert and have unforgettable road trips. And some students leave the country entirely to go help others. The Alternative Spring Break program will

give students just this type of opportunity.

"Alternative Spring Break is like a movement. We want people to know that there are alternative ways to spend spring break in service to others while learning and having fun," Michael Giancola, director of the Center for Student Leadership, Ethics and Public Service (CSLEPS), said.

Alternative Spring Break, through CSLEPS, has been providing unique service-learning experiences to students for six years. The program is continually growing,

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NUTRITION

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into contact with a carcinogen, be it pesticides, radiation, sunlight or pollution, that cell mutates and then rapidly multiplies." Gregor said these mutations inevitably cause cancer.

He also explained the tremendous role dioxins play in the science of eating well and staying healthy. Dioxins are toxic chemicals that are very persistent in the environment. Major sources of dioxins include meat and dairy products.

"Non-vegan nursing mothers are receiving 65 times the amount of dioxins that vegans are," Gregor said. On that note, he also said, "89 percent of meat eaters are diagnosed with colon cancer as well as 54 percent are diagnosed with prostate cancer."

A question from the audience prompted him to address the issue of red meat vs. white meat. Gregor said "switching from red to white meat has no effects on the effects of colon cancer. The answer is a plant based diet."

However, Gregor admitted that everyone is at risk. "Even if you are vegan or vegetarian, no one can ever escape step one of cancer development. Even in a perfect world there are natural carcinogens that just cannot be avoided."

He mentioned, with a healthy head of broccoli on display, "vegetables such as broccoli boost the body's activities to block the occurrence of cancer. Dark green leafy vegetables are super food number one."

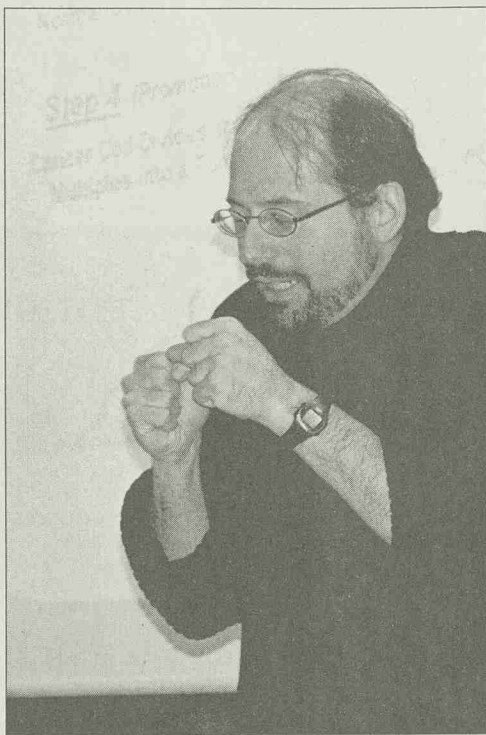
Adding to that, Gregor said, "Popeye was right! Dark green leafy vegetables should be our multi-vitamin, with the only side effect [being] that you may get a little piece of green stuck in your teeth, and it could be a little embarrassing."

He then discussed why doctors and medical health practitioners don't share this information.

"Less than a quarter of medical schools have a course on nutrition. Medical students get at least three hours of nutrition class, which pales in comparison to the thousands of hours they receive in actual training."

Gregor also stressed the importance of adequate nutrition knowledge, when asked about what oppositions he encountered in promoting this message to society.

"I criticize my fellow physicians for not knowing and not



Michael Gregor explains why eating healthy foods can help people prevent getting cancer in a lecture on Thursday.

questioning about nutrition during our training. They weren't taught it, and they didn't conduct any research about it to find out more." He said people have to be their own doctors and that the vegetable kale is "the cheapest health insurance available." He added that the "power is in the pigment. Red cabbage has 10 times the amount of antioxidants that white cabbage has."

When asked about his defining moment as a physician as well as when he realized that Popeye was right, Gregor said, "it was after medical school, I had received exactly 11 hours of nutrition and 2,000 hours of instruction and that made me question." He also applauded organizations like SPARC that are consistently and effectively promoting the message of healthy eating to such an extensive audience like N.C. State.

Milrad said that the group seeks to promote awareness regarding animal welfare, nutrition and human health. He said that the inspiration behind the organization was the extensive amount of information he read from various animal rights activ-

ist groups. It inspired him to do more on protecting animals and promoting the benefits of eating well. He said the group exists to inform people and promote open-mindedness.

In his closing, Gregor reminded the audience "Everyday the DNA of our 10 trillion cells are fighting off cancers, our body is doing so much hard work, the best thing we can do for it is feed it well. We must love ourselves enough to treat our bodies right, because we literally are what we eat." Gregor is currently working on a DVD titled "Another Hour of Vital Nutrients with Vegan Nutrition."

"It is one thing about eating plant based diets and it's another thing about how to prepare it. This DVD will show how to quickly prepare healthy meals." The DVD will debut next year.

SPARC is also coordinating events with regional group Carolina Animal Activists Together and is currently working on a nutrition campaign. SPARC will also host a vegetarian dinner on Oct. 17 in the Lee Hall basement, which Milrad says is open to both vegetarians and non-vegetarians.

The site features articles about fishing experiences and information about the flies that work best for catching certain kinds of fish, as well as photographs from fishermen who want to show off their latest catch.

Since its inception, his business has steadily increased. "I've sold them everywhere - North Carolina, California, Virginia," Chaves said.

Something that makes Chaves' business unique is the fact that he donates a portion of his proceeds to research that directly supports his industry.

Dave Eggleston, an associate professor in the department of

marine, earth and atmospheric sciences, is one of the people whose research benefits most from Chaves' contributions.

Funding from private sources such as Chaves' business "removes some of the funding constraints" that can hamper research, according to Eggleston.

Eggleston also said he hopes that other businesses will follow suit on Chaves' model.

"[Outdoor recreation industries] have a vested interest in the long-term sustainability of the resource their business involves," Eggleston said.

Chaves believes that the promotion of marine sustainability

WKNC

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feels that WKNC has a lot to offer musically to the community.

"We do our best to provide the students of N.C. State and the people of Raleigh a radio station unlike anything else available," Proctor said.

Students' fees for the Student Media Authority (SMA) paid for the upgraded tower, equipment and labor related to the wattage increase. The total bill came to more than \$100,000, and some additional funds came from the office of the vice chancellor for student affairs.

Proctor is also excited about the challenges ahead in reaching a larger audience.

"We're ecstatic about the opportunity to bring our medium to a whole new audience," Proctor said.

FORUM

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Prize for history in 2003 and is considered by many to be the definitive history of the war in North Africa. The citation of his award raves that the book is, "A monumental history of the overshadowed combat in North Africa during World War II that brings soldiers, generals, and bloody battles alive through masterful storytelling."

It is based on a series of articles in the Washington Post that won Atkinson his first Pulitzer Prize. He later won another for investigative reporting on shootings by the District of Columbia Police Department.

In addition to "An Army at Dawn," Atkinson is the author of "Crusade: The Untold Story of the Persian Gulf War" which chronicles the 1991 Gulf War and "The Long Gray Line" which takes a look at West Point's Class of 1966.

Most of his years, however, have been spent as a newspaper reporter and editor. Atkinson got his start at "The Pittsburg Morning Sun" in 1976 before working with the "Kansas City Times" and later "The Washington Post."

At the post, he worked on the national staff, as Berlin bureau chief and as an assistant managing editor. Most recently, he was embedded with the 101st Airborne in Iraq to cover Operation Iraqi Freedom.

should be a strong impetus for fishermen to choose his product over the products of others.

"If we donate money to fisheries research...fisheries management can improve and there will be more fish in the sea to be caught. The better the fishing is, the more people are going to enjoy it, the more people will get into it and the more business we'll do," Chaves said.

Kirkman
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Tuesday, October 7 th	10:30-11:00a	172 Harrelson Hall
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Herpevac
Trial for Women

PAMS

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Zoology at the Center for Marine Science and Technology.

It was then that Chaves decided to create his own business, Red-HotFlies.

"I have always wanted to own my own business. This is something that combines my hobby with my educational and career experience," Chaves said.

Through the Web site, Chaves sells dozens of different kinds of fishing flies, all of which he makes by hand.

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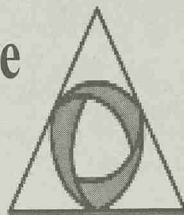
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BEST IN SHOW...

Dogs day at the vet school

The annual Dog Olympics was held at the Vet school on Saturday.

Charles Duncan
Staff Reporter

There are not many events hosted by N.C. State where the most commonly heard announcement over the loud speaker involves politely asking people to pick up poop. One such event took place

this past weekend.

It was a perfectly sunny and warm day Saturday when over 300 dogs and their owners headed out to the NCSU School of Veterinary Medicine to participate in the 12th Annual Dog Olympics.

The day long event included athletic competitions, contests, discussions and exhibits. Dogs paid a \$3 admission fee, and there was also a \$1 entry fee per competition. Owners and spectators were admitted for \$1. According

to most people in attendance, the fee was more than worth it because all money spent there went to help local organizations.

Participating dogs competed in areas ranging from races and a Frisbee toss to begging, howling and pet owner look-a-like competitions. The more notable competitions were the silly pet trick and the high jump competitions where a number of small terriers consistently and constantly did a standing jump, straight up in the air at least four feet. Participating dogs not only saw how high they could go in the high jump but also showed how low they could go in a canine version of the limbo, which would amaze even the best of human limbo masters.

The Dog Olympics were sponsored by the NCSU School of Veterinary Medicine, Nestle Purina, Bayer and a number of other businesses and local animal hospitals. The NCSU chapters of the American Veterinary Medical Association and the American Animal Hospital Association also sponsored the event.

The funds raised from admission and the competitions will go to help local humane organizations, animal shelters and participating student clubs.

Doug Vestal, a first year graduate student in the mathematics program brought his six-month-old lab and pit bull mix, Maple, to check out the activities. Maple didn't compete this year, Vestal said that as a puppy, she felt a little overwhelmed by all the dogs and people around, but "she's having a lot of fun; she hasn't seen this



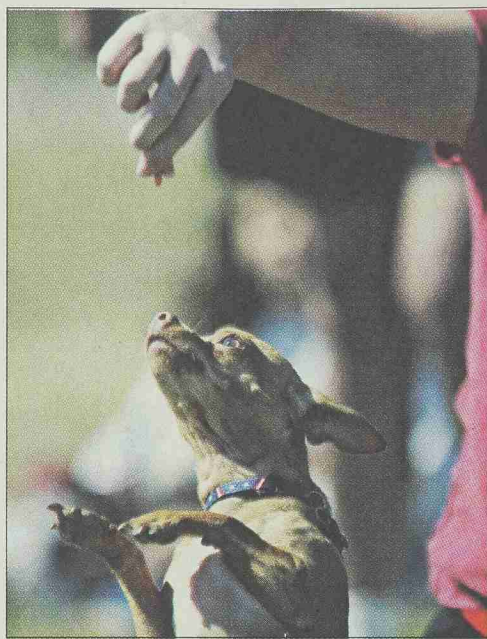
TIM LYTIVINENKO/TECHNICIAN

Carly, a 'pound puppy', catches a weiner while Carrie Edgerton, a first year student at the vet school, keeps her from crossing the disqualification line. Edgerton was one of many Vet school students helping out.

many dogs since she was in the pound." Vestal adopted Maple from the local Society for the Prevention of Cruelty to Animals (SPCA) six months earlier, and said Maple might come out to compete next year.

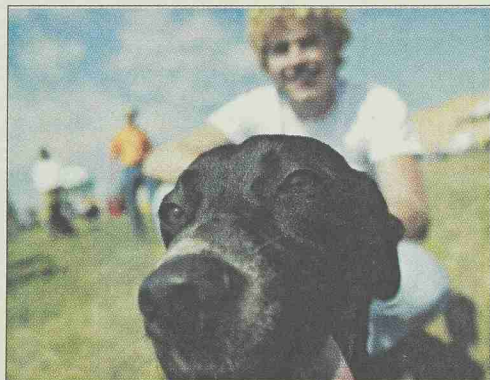
There were a number of demonstrations Saturday, including a professional show dog, a police dog, terrier races and dog massages. To start off the day, a dog trainer showed off her show dog in an agility test obstacle course. The course included tunnels, a teeter-totter and other obstacles. Other dogs still learning to become show dogs demonstrated their skills with their professional trainers on the obstacle course.

In the early afternoon, Officer H.J. Hoyle of the Raleigh Police Department demonstrated how the police department uses dogs to search for drugs as well as the obedience of a well trained police dog. Hoyle also answered questions on police dog training, everyday life and the connection between an officer and his canine partner. The local business Companion Ch'l also attended to give demonstrations and talks on giving dog massage therapy.



TIM LYTIVINENKO/TECHNICIAN

Yogi competes for the prize of best beggar. Katie Hendrickson owns the small Chihuahua and won third place in the competition.



TIM LYTIVINENKO/TECHNICIAN

Doug Vestal and his dog, Maple, "like the syrup" relax at the 12th annual Vet school Dog Olympics Saturday Oct 4.

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BREAK

continued from page 1

and each year it adds new trips. This coming spring break, ASB is offering students the opportunity to take part in four trips: the Dominican Republic, Ecuador, a Navajo reservation in Phoenix, Arizona, and San Francisco. Each trip will offer students a different opportunity.

The trips to the Dominican Republic and Ecuador are international Habitat for Humanity and Global Village trips. In Phoenix students will be tutoring in Navajo schools, and in San Francisco students will work with the Center for Student Missions and do inner-city service.

These trips are more than just an experience with a new region. During these trips, students engage in direct service to the community, while being immersed in the culture and customs of the people. During the week of spring break, students will participate in various cultural, educational, recreational and reflective activities to enhance their experiences and meet the goals of the program.

"If you ask a student who has gone on one of those cruises and has also participated in one of these trips which they would rather do, they would say they would rather do one of these programs again. That's the power of this type of experience," Giancola said.

The ultimate goals of the program are to help develop and enhance a value for public service and civic engagement within the participants, to expose students to diversity - including cultural immersion, political and economic differences and to provide an opportunity to interact with different individuals. ASB hopes to help students appreciate their privileges and provide opportunities for students to reflect on their roles in the national and global community.

"All of the trips provide a

slightly different approach to the ambiguous phrase 'helping others' - in the international trips we not only build houses through Habitat, we create positive ties with the community. In our domestic trips, we share the knowledge that we have with Navajo children or serve foods to the citizens of San Francisco," Cameron Wells, a junior in history, said.

Because this is a service-learning trip, the participants spend the coming months and their time during the trip integrating what they have learned in the classroom with what they are learning in the field.

"Alternative Spring Break gives students a chance to see what they learn about in class-- the devastating power of a hurricane, the importance of international aid or the impact of the AIDS crisis," Wells said.

Team members are expected to attend several meetings leading up to the trip to adequately prepare and to learn about the site. Speakers are brought in to talk about the history of a region, or the students might do some readings about where they are going.

Reflection is also an important part of the program. Throughout the trip, team members engage in both individual and group reflection activities to gain more insight into their personal experience and what they are learning. "The key is the way in which students' attitudes and actions are different when they come back. The hope is that they will be more reflective and also how they then connect to their local communities upon their return," Giancola said.

The trips are not all hard work and service though. The students participate in a number of cultural activities and even sightseeing. In the past students have seen the oldest cathedral in the new world, visited the Mayan ruins, hiked in the Grand Canyon and listened to a Navajo Code Talker speak.

Students who have participated agree. "My experience in the Dominican Republic was absolutely incredible. The Dominican Republic is paradise - the water, the people, the aura was unforgettable - even infec-

tious. I strongly recommend that anyone grab at the opportunity to have an experience that can cause this kind of a change in perspective," Natalie Scurry, a senior in chemical engineering, said.

The domestic trips cost around \$700 and the international trips are \$1600. These prices are all inclusive. If cost is an issue, there are resources available to help make these trips affordable. The teams participate in fundraising and will be selling free trade coffee in order to raise money for the trips. Students can also people to sponsor them. Scholarships are also offered through CSLEPS.

For those interested in participating in one of these trips, the deadline for applications is today at 5 p.m. Applications can be found on the CSLEPS Web site. Applications can also be turned in at the center at 3115 Talley Student Center.

GYM

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ner said. "Many people are hesitant to work out at Carmichael without training because they don't know where to begin."

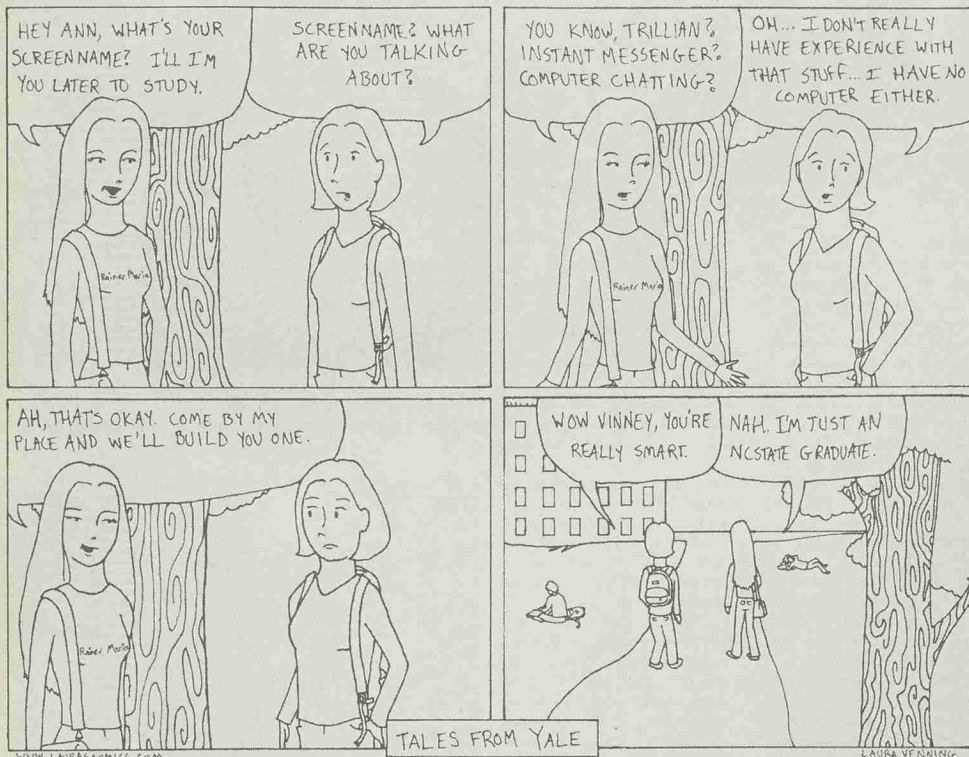
The cost of the project is \$12 million, meaning that student fees will need to increase next year to support the expansion. Students are currently paying a \$73 fee for the recreation and operation of Carmichael. Sanner and other facility administrators have proposed a fee increase of \$52 for next year. These fees will cover the physical education fee and the expansion and operation fee for the gym changes.

Student Government is holding a fee forum on Oct. 7 in the Talley Student Center Ballroom at 7 p.m., so students can discuss and ask questions about the Gym fee increase as well as other fee increases that other departments are looking to pass. This forum is free and open to the public.

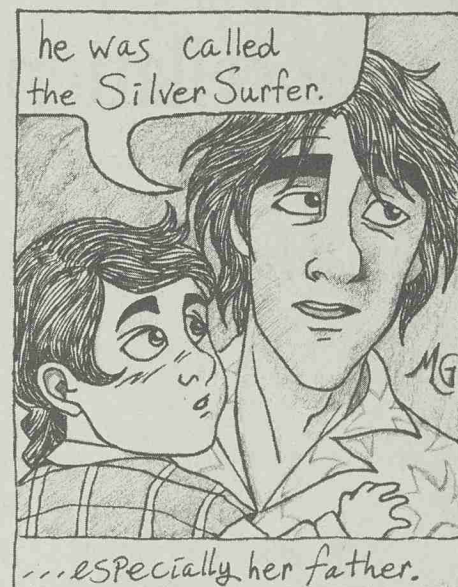
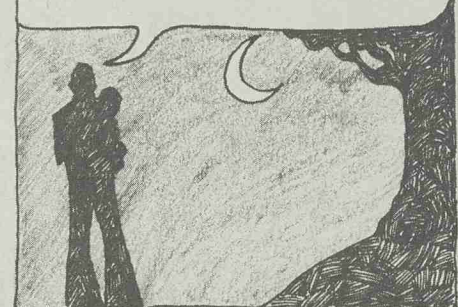
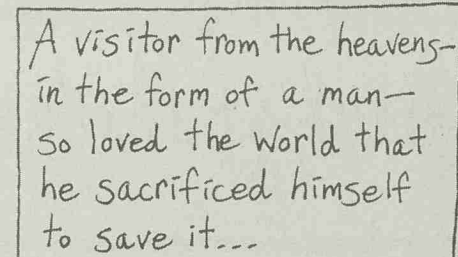
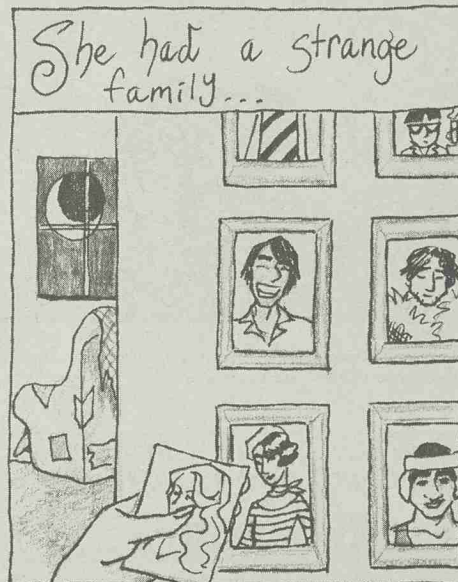
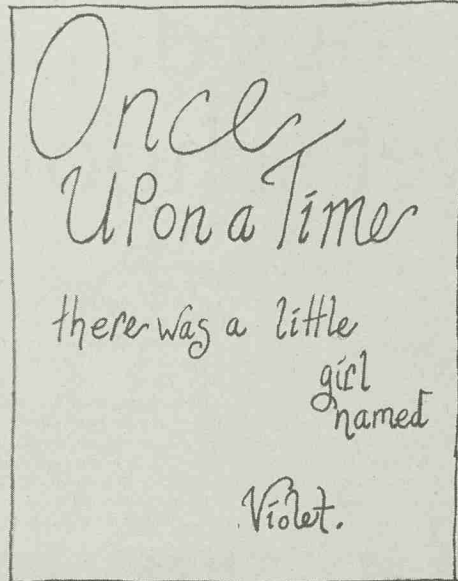
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Kirkman for City Council

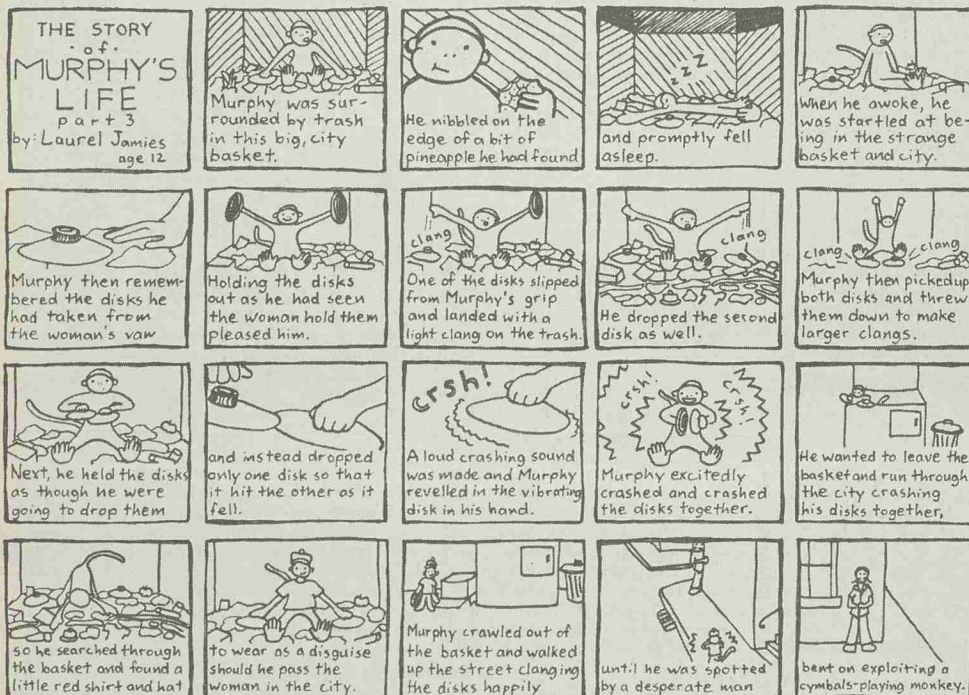
I. Q. Prerequisite by Laura Venning



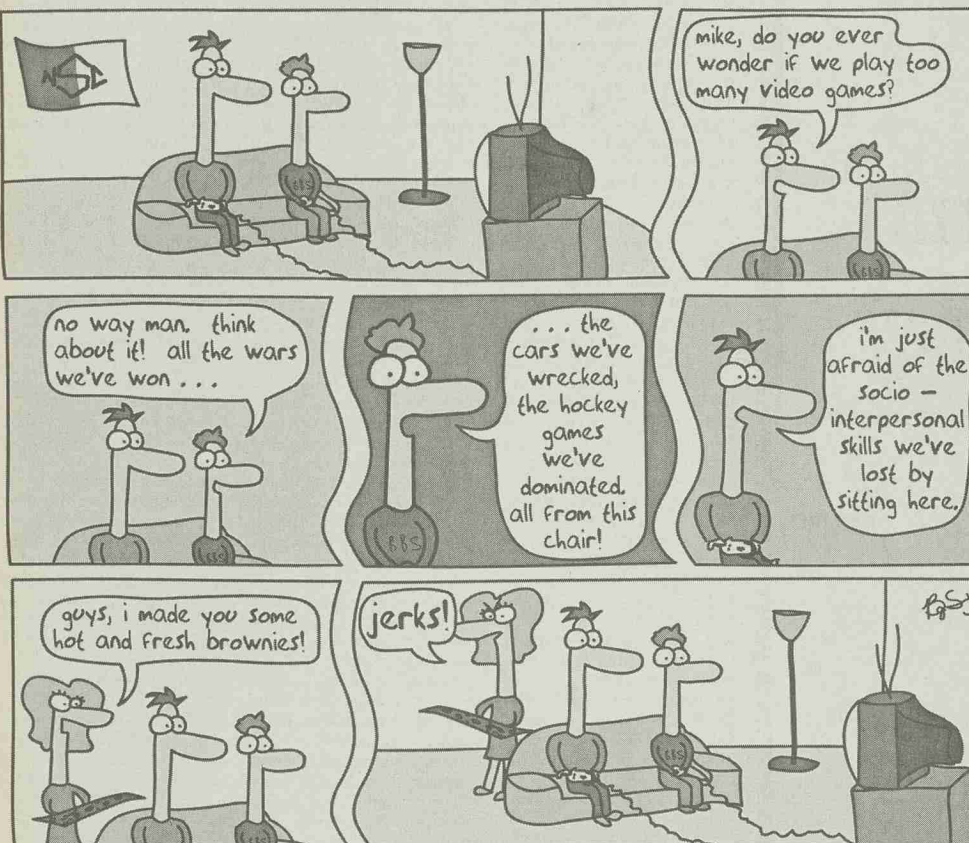
Violet by M. Grey



BAM by Sarah the Squirrel



Jake & the Munster by BJ Sintay



NEWS: It is Crowder's Boon Doggle To Limit 2 Renters per House!!

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TECHNICIAN'S VIEW

BEEF UP THE GYM

OUR OPINION: CARMICHAEL GYMNASIUM EXPANSION IS NEEDED, EVEN IF STUDENTS HAVE TO PAY MORE IN STUDENT FEES.

Colleges will stop at nothing to lure prospective students to their campus. Now they are expanding their gymnasium facilities to attract students. By turning their gyms into wellness centers, complete with Olympic-size pools, indoor batting cages, ropes courses and climbing walls, and enough weight rooms and fitness machines to train an army, universities are spending a pretty penny to upgrade their facilities.

As reported by The New York Times on Sunday, many colleges are competing with each other in a race of "one-upmanship" to see who can build the biggest and best gym around. Critics claim this is one reason why universities are strapped for cash and question whether a university that can afford a new "wellness center" can afford to keep their academic programs going.

No matter the critics, one major selling point for many students is the gym and what it has to offer. Carmichael Gymnasium has offered many amenities since its last renovation in 1987. But the student population has grown since then and Carmichael Gym is in need of an expansion.

During exam periods, Carmichael Gymnasium stays open later than usual. Its purpose is to allow over-studied students to work out their stress before taking their final exams. During the normal school year, Carmichael Gymnasium is open for any student, faculty and staff member to work out.

The Outdoor Adventures department has a storehouse that students can check out camping and outdoor supplies free of charge. There is an indoor track and many weight and fitness rooms. But it is not enough.

With the student population boom, Carmichael Gym has simply been outgrown. Many people have to wait for classes to clear out of the weight and fit-

ness rooms just to be able to work out.

With the new expansion, more weight and fitness rooms will be added, an expanded Outdoor Adventures storehouse will be built and a smoothie bar is planned. All these extras cost money though, and many students that will have to pay for it through higher student fees will never benefit from this expansion.

Then again, with the "I won't use it, why should I have to pay for it?" logic, nothing would ever be built. It is important for students to understand now why we need this expansion and to go ahead and pay a little more for a state-of-the-art facility so it is here for future students.

Talley and Witherspoon were paid for by increased student fees, and the gym should be as well.

If they take the outdoor basketball courts though, they should build another court somewhere. We need the mid-night basketball games to get through dead week.

The unsigned editorial that appears above are the opinion of the members of the Technician's editorial board except for news editors and are the responsibility of the editors in chief.

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Go vote

In any election, the student vote is one that is sought after, but the power isn't readily utilized but students.

College students are predictable. It's a social rule. They will always do the same things. They will always not do the same things.

Voting, it is believed, is on the latter list. College students, I've been told, don't care about politics on a national or a local level, and they don't mind just letting things unfold without voicing an opinion, without making an effort.

It's time for that to change. Tomorrow is Election Day for the Raleigh city council and the Raleigh mayoral race. With approximately 7,000 students registered to vote, there is no reason not to be heard as a part of this community.

I don't believe in social rules. I don't believe it when someone tells me that students don't vote and when they do, they vote a certain way. Students are not as predictable, I hope. Because if they are, then we've already established that students will not vote, that students will not be heard, that students will never be a real part of government.

We are a part of this local government, and we are doing it a disservice by not allowing ourselves to be represented. We live in a political system that is determined only by our ability to voice our opinions and our choices with a vote.

Every election, I urge N.C. State to vote. I take a time out from talking about politics or stupid news and come the closest I can come to begging, in hopes that students will take the walk to Witherspoon or some other voting center and make themselves heard.

It isn't hard to find information on the candidates. All the information needed to make a well placed, informed decision is less than an hour away with all the coverage that elections get in this country. America still

understands the importance of elections, but it seems that message is lost on its youth.

In all the time I've been here, the students of NCSU have never taken an election seriously; have never realized what an impact they could have. With tens of thousands of students, the voice of NCSU is an instrument that is being vastly underappreciated and mostly misunderstood.

In Raleigh, young men and women, aged 20 to 24, make up nearly 12 percent of the population. With that sort of population, for us not to vote, but to let the other people who live here, those who lead a completely different type of life, is purposeless.

So, here's what to do about it. Go vote. If you are registered in this voting area, tomorrow go take up a ballot and make yourself be heard. If you are not registered, then it is time to go get a voter registration card and be ready the next time elections roll around.

I can understand that some people say they don't want to vote because they don't see any candidates who represent them. I know what it feels like to stand in the ballot box and look blankly at the ballot, wondering what the difference was, wondering what difference this would make.

But it does make a difference. When I vote, I'm involved in active citizenship. I'm making sure that my voice is heard and that I'm going to get representation of some sort, which will not be taken away.

With so many countries that we involve ourselves with in hopes of bringing freedom and democracy, for us not to enjoy the freedom and democracy we are given in this country is a crime. For us not to enjoy the democracy, our ability to be a part of the government just as much as anyone else is a part of government, for us to let that slide by the wayside and wait for someone to make choices without our say or our permission...that is nearly criminal.

Ben can be reached for comment at viewpoint@technicianstaff.com.

CAMPUS FORUM

Fees demand attention

Student fees are a very important part of the university being able to provide you with services. Right now students at NC State pay \$507.50 every semester to give them the benefits that all students receive. Everything from the Health Center, Student Legal Services, the Transit system and many other departments all get help with their funding from student fees.

However, many of the departments that get student fee monies have requested an increase in the amount they get. This will be directly reflected in the bill every student gets at the beginning of every semester.

Currently the fee increase proposals total \$112.00. These fees are being proposed for student services and as such a forum has been organized to let the students hear about the proposed increases.

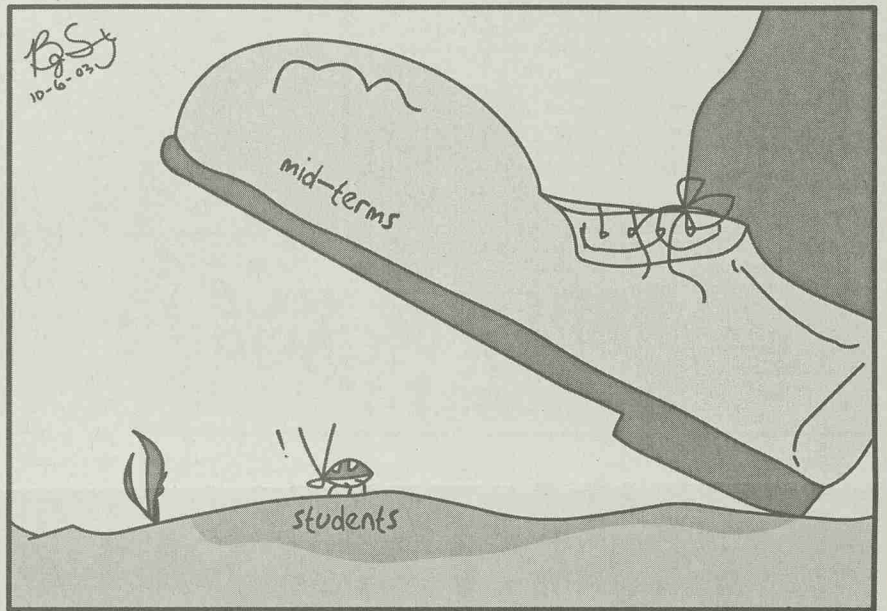
On Tuesday, October 7, from 7-9 PM in the Talley Ballroom the 2003 Fee Forum will take place. During the forum a

representative from each department requesting an increase will be given 15 minutes to present a breakdown of what the money will be used for. They will explain how the money will come back to the students.

Any student who is concerned about how their money is used should attend. Students will also be allowed to ask questions of the representatives after the presentations. There will be members of the Student Senate and the University Fee Review Committee on hand to hear what the students have to say about the various fee increases.

If students have any concern about how their money is spent, they should make their presence known on Tuesday at 7 in the Talley Ballroom. Questions about the forum can be emailed to Seth Lester at sbt@ncsu.edu.

Seth Lester
Student Body Treasurer



A life cut too short

Many come to college having never been exposed to drugs. Abbie Byrom warns about the problems of drugs.

Most of us don't think of our mortality very often. We are young, in college, and planning on years and years of work, marriage, raising a family

and anything else we'd like to do. That life we look forward to is years ahead. It is the life where we plan on doing everything right, getting to places on time and straightening ourselves out after we sow our wild oats.

Everyone does something to the effect of "sowing our wild oats," whether it be in relationships, rebellion against society or school or something more serious, like drugs.

This weekend, I started thinking about my own mortality.

Not long ago, I met a nice guy at a local club. He bartended there and was always extremely polite. He would say hello and hold a conversation no matter how busy he was. Over the summer, just as a nice gesture, the same guy brought me flowers when I was at work.

He was just a nice guy. I wouldn't say we were friends, but mere acquaintances. I had friends who knew him and advised me to stay away because he "hung with the wrong crowd." Have you ever wondered what that means? I mean, who is to say my "crowd" isn't "wrong?" I did stay away from him, other than to say hello and be nice, and now I know why he was part of the "wrong crowd."

I was reading the paper the other day and came across the obituaries. It turns out that this acquaintance of mine died of a drug overdose several days ago. On the outside you would have never guessed he did drugs, but

at 26, he is dead. He left behind sisters, parents and grandparents.

I did not know this guy very well at all, and it would not have been my place or my business to step in and suggest that he get some help if I knew he was doing drugs. However, my friends that did know him well and those who worked with him did have the responsibility to step in and try to get him some help.

Growing up, all we have heard is drugs are bad, bad, bad. They can kill, damage your brain and do any number of other horrible things. Yet, despite all the information we have about them, we smart college kids

"Everyone does something to the effect of 'sowing our wild oats,' whether it be in relationships, rebellion against society or school, or something more serious, like drugs."

come to school, and at some point, many of us try them. I cannot count the number of friends I have that have tried the different college flavors - Adderall, Ritalin, Ecstasy, Cocaine, OxyContin, the list goes on.

Although I inherently believe doing drugs is dangerous and wrong, I have never stepped up to the plate and told the people I know that their "recreational" drug isn't so recreational. Then I picture this disturbing image of the nice guy I met a while back, convulsing and seizing, possibly ly-

ing in his own vomit, as he dies of an overdose. I know that realistically most drug overdoses occur as the person is passing out, and they are not as violent and painful as the scene I just described.

However, an image like that keeps me from wanting to "experiment" or "sow some oats" with drugs.

Maybe if everyone had the violent picture of death due to drugs in their head as I do, they might not be so willing to try them. The bottom line, and the saddest part of this column, is that a 26-year-old guy just passed away for no other reason than stupidity. He could have been a great member of society with tremendous potential, but instead he's in a box six feet under, because no one could get through to him in time.

So now, as I sit around and realize the friends I have that have experimented once, or do it more frequently, I am angered. I am angry to know that I have smart friends and acquaintances that are stupid enough to make the same decision to do drugs, whether it be for fun or habit, and all of them could end up in the same situation. Students all over campus are experimenting with drugs, and it is one of the worst decisions they could ever make.

If you have friends or acquaintances that do drugs, intervene. Say something, try anything. I didn't know my acquaintance well, so I really did not have the ability. I did not even know he was on drugs, but had I known, I might have said something. But remember, because apparently I have forgotten when looking at the people I know...you only have to do it once for it to kill you, or make you addicted. It's just as dangerous every time - whether that is once for "fun," or regularly.

Email Abbie your comments at viewpoint@technicianstaff.com.

FOOTBALL

continued from page 8

rushing in 48 attempts. I'm not going to fault that defense."

Conversely, the offense didn't get it done. Rivers finished with another solid day: 31-of-46, 344 yards, two touchdowns, and Tramm Hall, Richard Washington and Cotchery led a potent receiving threesome. State's ground game, though, vanished. T.A. McLendon, still hampered by a bum hamstring, didn't play. His backup, Josh Brown played at 70 percent according to Amato and proved ineffective, gaining -7 yards on five carries. Rivers' 13-yard scramble proved the longest State run of the day, and Cotra Jackson's two yards rushing led the team.

"It does hurt," Rivers said of not having a running game. "We obviously miss [McLendon], he's a big-play guy...we can't talk about what we didn't have. We have to talk about what we have, and we had players out there fighting, trying to make plays. With the people we put on that field, we're plenty good enough to win this game."

For the third straight year, the Pack couldn't overcome a Jon Tenuta-led defense, either. Tenuta, Tech's defensive coordinator the past two seasons, also acted as defensive coordinator at North Carolina three years ago when the Tar Heels beat State 17-9.

"Coach Tenuta did a great job with understanding what they were trying to get done. We stopped them and out guys knew what they were going to do. They were very well-versed to N.C. State's offense," said Tech coach Chan Gailey.

So well-versed, the Yellow Jackets wouldn't budge a yard when it counted. State players, meanwhile, were left to ponder their chances in the minutes after their third loss. Their facial expressions - pained, weary, beaten - said more than their words.

"The little things killed us today," Cotchery said. "I'm tired of the losses now...We didn't take

Georgia Tech 29
N.C. State 21

What worked...Georgia Tech's first-half performance put N.C. State down at the break for the third time this season. Not coincidentally, State has now lost all three of those games. The Pack committed a bevy of miscues in all three facets of the game, and the woeful Yellow Jacket offense capitalized to the tune of 22 points. Tech held a commanding total yardage advantage at the break and also kept the ball over seven minutes longer than the Pack.

...and what didn't John Tenuta had N.C. State's number again. The Georgia Tech defensive coordinator held the Pack offense in check for the third straight year, this time holding it to the third-worst rushing day in school history. The negative eight yards rushing offset a 344-yard passing day from Philip Rivers and the 21 offensive points was a season low.

Player of the gameTech freshman quarterback Reggie Ball entered the game last in the ACC in passing efficiency and leading an offense also last in the league in scoring and yards per game. Nevertheless, Tech scored a season-high 29 points thanks to career day passing (283 yards, two touchdowns) from Ball.

advantage of the opportunities, and it cost us."

Now, at the midway point of the season and a .500 record to show, the Pack hopes for a renaissance. Gone is the national title talk, the conference championship talk, the swagger and aura of being a top-ranked team. Now, State has to fight for everything.

"We're not just going to lay down," Amato said. "We're going to stay positive about everything we're doing...we're going to find a way to win."

**Kirkman
for
City Council**

BOX SCORE	Tech	N.C. State
First downs	17	26
Rushes-yards	19-(-8)	41-89
Passing	344	283
Comp-Att-Int	31-47-0	24-38-0
Return Yards	0	19
Punts-Avg.	5-45	4-26
Fumbles-Lost	2-1	6-1
Penalties-Yards	10-105	4-40
Possession	24:55	35:05

First Quarter
NCSU - FG Kiker 41, 7:14; GT - Smith 42 pass from Ball (Burnett kick), 3:56.

Second Quarter
GT - FG Burnett 48, 12:34; GT - FG Burnett 26, 9:29; NCSU - Cotchery 15 pass from Rivers (Kicker kick), 6:52; GT - FG Burnett 25, 4:28; GT - Curry 5 pass from Ball (kick failed), 0:15.

Third Quarter
NCSU - FG Kiker 21, 10:33.

Fourth Quarter

GT - Ball 4 run (Burnett kick), 12:35; NCSU - Washington 11 pass from Rivers (Cotchery pass from Rivers), 0:06.

INDIVIDUAL STATISTICS

RUSHING

NCSU - Jackson 2-2, Washington 1-(minus 1), Rivers 6-(minus 1), Hall 5-(minus 1), Brown 5-(minus 7); Georgia Tech: Daniels 23-99, Team 1-(minus 1), Hatch 1-(minus 2), Ball 16-(minus 7).

PASSING

NCSU - Rivers 31-46-0-344
GT - Ball 24-37-0-283.

RECEIVING

NCSU - Hall 9-120, Washington 7-79, Cotchery 5-71, Clark 4-57, Brown 2-11, Williams 2-7, Jackson 1-1, Bertrand 1-(minus 2); GT - Smith 9-155, Curry 7-76, Daniels 6-37, Thomas 1-9, Bilbo 1-6.

Attendance - 50,113.

BALL

continued from page 8

After State took its only lead of the game on an Adam Kiker field goal, Ball drove the Jackets into State territory before finding a wide-open Smith for a 42-yard score.

The Jackets would score on all five of their next possessions, the last of which saw Ball throw a deft touch pass for a 5-yard touchdown to Nate Curry.

Ball ended the half with 210 yards of total offense.

"We knew he had the potential to be a pretty good player, we just came in and hoped to slow him down," State safety Andre Maddox said.

The defense did just that in

the second half, giving the State offense ample opportunities to score. But when State failed to convert fourth-and-three in Tech territory, Ball capped a penalty-aided 69-yard drive with a 4-yard touchdown run that gave Tech a 16-point lead with just over 10 minutes left in the game.

"You can see some Vick in him, but I don't think anyone out there could ever be a Michael Vick," Greg Golden said.

Perhaps not, but the 50,113 Bobby Dodd Stadium crowd could have been fooled.

**Kirkman
for
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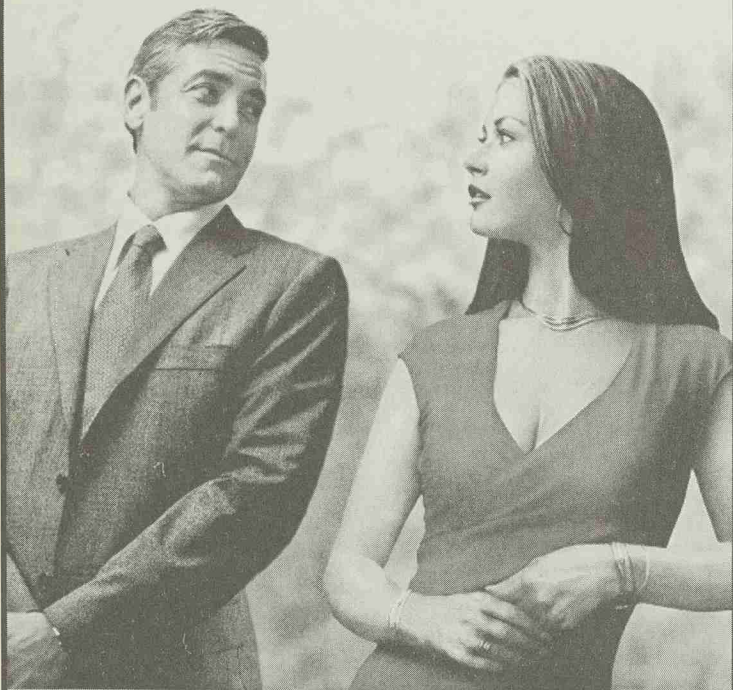
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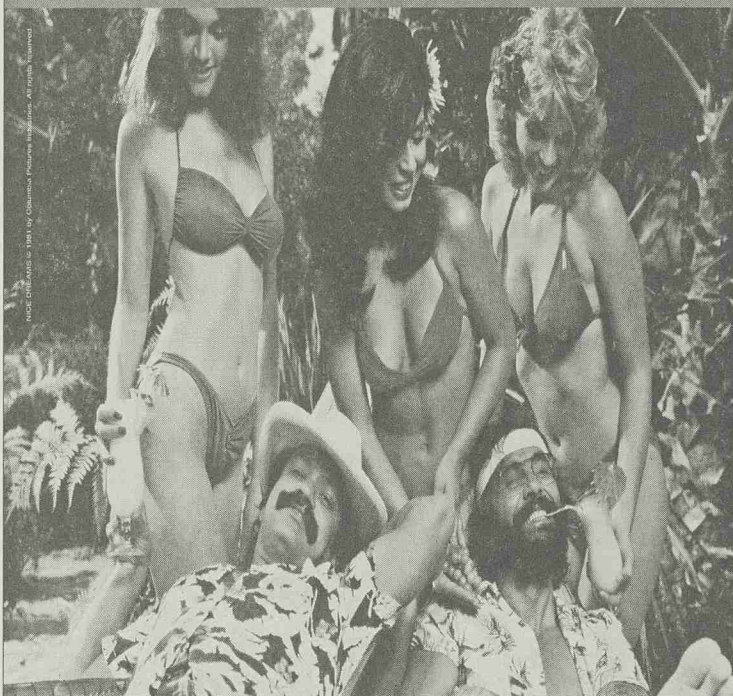
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Schedule

Football vs. Connecticut, 10/11, 1
Men's soccer at Duke, 10/10
Women's soccer vs. Navy, 10/6, 3
Volleyball at Maryland, 10/7
Cross country at Pre-Nats, 10/18

Scores

Georgia Tech 29, Football 22
Wake Forest 2, Men's soccer 0
Clemson 3, Women's soccer 0
North Carolina 3, Volleyball 0

TECHNICIAN

A stinging defeat

Wolfpack can't overcome penalties and missed scoring chances in a deflating loss to Georgia Tech.

Andrew B. Carter
Deputy Sports Editor

ATLANTA - Players wore agony on their faces, those that could be seen, and others hid under towels and helmets as they walked off the field.

They trotted - and this is ironic - through the south end zone when it was over. This is the same end zone N.C. State couldn't penetrate when it needed to most on three possessions in the third quarter, and now this end zone laid the red carpet to defeat. Georgia Tech fans hummed with delight, mocking the dejected as one after another slumped around the stands and disappeared into a locker room of disappointment.

It was a day of disappointment for State on Saturday, and in the end, the Wolfpack possessed a pile of things at which to be disappointed.

Little things: the penalties, the lack of discipline, the dropped or overthrown passes. Bigger things: the ineffectiveness to score touchdowns deep in opposing territory, the lack of a running game, the blown coverage, the inability to stop Georgia Tech quarterback Reggie Ball, a true freshman, from having a career day.

It all added up to a 29-21 Georgia Tech win, another Yellow Jacket Homecoming victory and another Wolfpack loss at Bobby Dodd Stadium, a place where State hasn't won since 1988.

With all the missed opportunity, the penalties and the season's big hopes, this one seemed to sting a bit more.

Trailing 22-10 at the half, State (3-3, 1-2 ACC) traveled deep into Tech (3-3, 1-2) territory on its first two possessions of the second half, finding itself at the 2- and 3-yard lines, and came away with just three points. On its next possession, the Pack couldn't convert a third-and-1 or a fourth-and-3, and turned the ball over on downs.

"The first two possessions of the second half, we were pretty good as far as moving the ball," Pack quarterback Philip Rivers said. "We got right down there and couldn't stick it in. Those are things that separate winning the close, tough games and not."

Another thing is discipline.

And on a key Georgia Tech possession at the beginning of the fourth quarter, the Yellow Jackets took advantage of State's wild play. The Pack, desperate for a defensive stop, gave Georgia Tech 45 yards on three miscues - including a roughing the kicker penalty that cost State possession - and enabled Tech to up its lead to 29-13 when Ball scored on a 4-yard run.

For the game, State's 10 penalties gave Georgia Tech 105 yards.

"It's discipline," State coach Chuck Amato said, concern in his voice. "It's discipline. When you do something foolish, it's discipline. There's the out-of-bounds line, when he gets over there, don't hit him. There's the punter. If you go to the block spot - which we practice as much as anyone in the country - you'll never rough the punter."

"It's discipline. The best ability is dependability."

Most dependable on Saturday were Ball and Tech receiver Jonathan Smith. That tandem burned the Wolfpack in the first half as the Yellow Jackets built a huge lead. After State went up 3-0 in the first quarter, Ball found Smith wide



Reggie Ball, elusive all day, scrambles away from Manny Lawson and the Wolfpack defense. Ball threw for a career-high 283 yards.

MIKE PITTMAN/TECHNICIAN

open for an easy 42-yard touchdown, and the receiver finished with nine catches for 155 yards. Dan Burnett added two field goals for the home team before Rivers' pass to Jericho Cotchery got State back in the game and narrowed the Georgia Tech lead to 13-10.

Georgia Tech, though, scored nine points in the final 4:30 of the second half, sending the Pack deflated into the locker room at halftime. It could have been worse, too. With the good field position it gave Tech throughout the first half, State felt fortunate at allowing three first-half field goals.

"I can't fault this defense," Amato said. "Oh, no. Not today. When [Georgia Tech gets] the ball 1st-and-goal down there and come away with three, they get the ball on the 9-yard line and come away with three, they get the ball on the 25-yard line and come away with three - no sir...Up front, you take away that one run, they got 38 yards

N.C. State hasn't won at Georgia Tech since 1988. Here are the seven games the Pack has lost since then:

1990	Ga. Tech 21, N.C. State 13
National champion Jackets would finish year 11-0-1.	
1992	Ga. Tech 16, N.C. State 13
Miracle ending culminates with Scott Sisson's game-winning field goal	
1995	Ga. Tech 27, N.C. State 19
Pack blows 19-6 lead in seventh loss of the season	
1997	Ga. Tech 27, N.C. State 17
Fourth-quarter State fumble costly in loss to No. 25 Jackets	
1999	Ga. Tech 48, N.C. State 21
No. 7 Jackets led by Joe Hamilton, who finished second in Heisman voting	
2001	Ga. Tech 27, N.C. State 17
Pack held to second-lowest point total of season	
2003	Ga. Tech 29, N.C. State 21
ACC winless Jackets hold Pack to third-worst rushing total in school history	

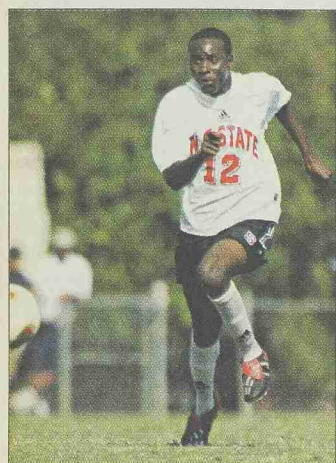
SOURCE: NCSU, GEORGIA TECH



Dawan Landry (20) takes a shot on State's Tramin Hall, stopping him for a short gain.

MIKE PITTMAN/TECHNICIAN

FOOTBALL see page 6



FILE PHOTO/TECHNICIAN

NC State's leading scorer, Aaron King, could not break the Wake Forest defense, as he was held to only three shots.

Wake out-mans Pack

Wake Forest out shoots N.C. State 28-8 and snaps the Wolfpack's four-game winning streak.

Jon Page and Austin Johnson
Staff Writers

WINSTON-SALEM - John Queeley wasn't where he wanted to be. Neither was his team.

The Wolfpack defender stood behind a gate at the far end of the visitor's side at Spry Stadium Saturday night.

He wore street clothes and listened to a CD as he watched the completion of N.C. State's contest against No. 10 Wake Forest.

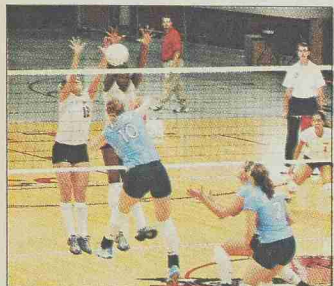
Ejected from the game in the 16th minute, it was all Queeley could do as State (6-5, 2-2 ACC) was forced to compete with only 10 players in a 2-0 loss to Wake (5-3, 1-2 ACC).

Queeley received a red card when he took down Wake's Steven Curfman for the third time in a 45-second span in the first half. On the third tackle, Queeley came from behind and Curfman plunged face first onto the turf. Curfman did not return.

Queeley will have to sit out the Pack's next game vs. Duke on Friday, as well.

SOCCER see page 7

Wolfpack goes down fighting



PETE ELLIS/TECHNICIAN

Crystal Shannon and Maya Mapp go for a block in Friday's game against UNC.

Women's volleyball suffers tough loss to rival North Carolina.

Deandra Duggans
Staff Writer

The women's volleyball team entered Reynolds Coliseum Friday night, thirsting for an ACC win. After falling to Clemson and Florida State in last week's matches, the Wolfpack did not want to exit the weekend with a 0-4 conference record and a loss to rival North Carolina.

"We didn't show up against Clemson," said coach Mary Byrne. "We had to come mentally ready to play [for this match]."

VBALL see page 7

True freshman Reggie Ball led Tech to a season-high in points against N.C. State

Matt Middleton
Sports Editor

ATLANTA - Wolfpack linebacker Pat Thomas first noted it earlier in the week.

"He reminds me a lot of Mike Vick," he said of Georgia Tech quarterback Reggie Ball.

As preposterous as it may have sounded then, Ball was every bit as elusive, exciting and effective as the professional quarterback he shares the capital city of Georgia with on Saturday in leading his team to a 29-21 Homecoming win over N.C. State.

Ball, who joined preseason camp not even on the team's two-deep chart, passed for a career-high 283 yards and added a rushing touchdown on a decisive fourth-quarter drive. The true freshman entered the game last amongst starting ACC signal-callers in passing efficiency, yet completed 24-of-37 passes for a pair of touchdowns. If it weren't for the five sacks the constantly blitzing Wolfpack notched, he would have finished with close to 50 yards rushing.

"He was really on today," Tech coach Chan Gailey said. "He threw some balls on trust today rather than seeing it. He knew where the guy was supposed to be and he took a pretty good step today on throwing some balls on trust."

His most loyal receiver, Jonathan

Smith, hauled in eight balls for 143 yards in the first half alone. The yardage was the third-most for a half in Yellow Jacket history. A majority of those catches came on the same type of play - a medium slant about 10 yards down the field Ball was able to complete with remarkable ease.

"Everybody's accurate against us," State coach Chuck Amato said of his passing defense, which came into the contest among the worst in all of Division I. "We played every coverage over there conceivable to mankind."

Still, Ball, at 18 years of age and directing the ACC's worst offense, remained unfazed by the changing defenses, leading the unit to 22 first-half points. With its defense playing so sternly, that would be all the points the Jackets would need to notch their first

ACC win of the year.

"I was talking to Chan before the game and he said 'The best thing about this game will be when it's over and I never have to face Philip Rivers again,'" Amato said after the game. "I said 'Thanks a lot. I have to see yours for four games.'"

Amato's worries proved to be 100 percent accurate beginning with the first possession of the game. Ball, who had a penchant for converting third-and-long all day, found Smith for 16 yards on the first third down of the game. Two plays later, a 23-yard, across-the-field scramble by Ball sent Tech into field goal range, but kicker Dan Burnett misfired for the only time of the game on a 38-yard try.

BALL see page 6

Super Ball shows his bounce