



the Nubian Message

Sentinel of NC State's African American Community Since 1992.

April 1, 2003 - April 7, 2003

Volume 10, Edition 15

TODAY

Opinion

Is fear a weakness or a strength? Crystal tells the masses that there is power in fear.

News

Find out what happens when injustice affects an N.C. State student and the events that will transpire.

Culture & Arts

Express yourself with poetry and play Black history trivia.

WGO

What's Goin' On?

Ebony Harlem

awards voting will take place during Pan Afrikan Festival events. Voting locations are on the African American listserv. Get to the locations and vote!

Pow Wow

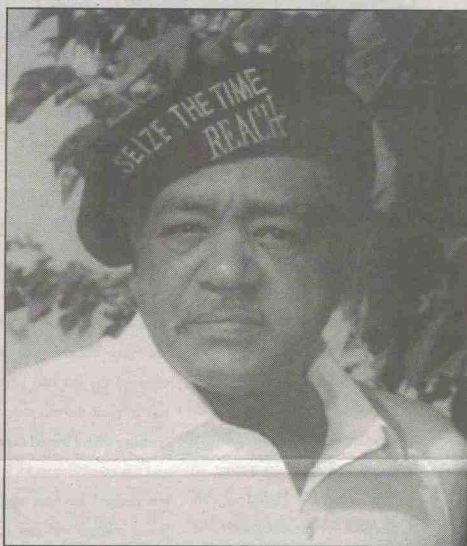
N.C. State's 13th annual Native American Pow Wow will take place on Harris Field outside the Witherspoon Student Center on April 5.

ESSENCE magazine's

former editor in chief, Monique Greenwood, will be speaking on April 8 at 3:30 p.m. in the Walnut Room (4th floor) of the Talley Student Center.

For more information check the African-American listserv: www.ncsu.edu/msa/aasa/weeklyevents.php

Black Panther Co-founder speaks to students



Co-Founder of the Black Panther Party, Bobby Seale
courtesy • December 1

Marcus Gibbs

staff writer

Yesterday, the co-founder of the Black Panther Party, Bobby Seale, spoke at Talley Student Center Ballroom. The audience listened attentively as Seale touched on various issues concerning the Black Panther Party and various methods they used to promote social as well as racial equality.

"The assassination of Malcolm X inspired me to create the Black Panther Party," said Robert George Seale, as he was called at birth. He established the Black Panther Party in October 1966 with his friend Huey P. Newton. Dr. Martin Luther King's assassination spurred a large amount of people to join the Black Panther Party in 1968.

The Black Panther Party was built on 10 principles. This foundation, called "The Ten Point Plan" set out to determine the destiny of African Americans and other oppressed peo-

ple, lower unemployment, end robbery of black communities, bring about decent housing, create education for the people, bestow free health care, end police brutality and murder of African-Americans and other oppressed people, end wars of aggression, emancipate political prisoners and foster justice, peace and community control of modern industry.

Seale told N.C. State students and faculty not to accept all of the things that we hear about him or the Black Panther Party. He said that Ronald Reagan started calling members of the organization hoodlums and thugs and the media followed what the politicians believed. Seale even chastised the movie "Panther," saying it "treats Huey Newton and I like some hoodlums with guns."

He also spoke of the common misconception that the Black Panthers were against

Bobby Seale

see page 2

First black business discount card hits the market

Anthony Quinones
www.qbenterprises.com

Philadelphia, PA - Qball Enterprises is introducing a discount card, called the Unity Card, designed to promote African-American businesses. The card will promote their business and increase their customer base by offering shoppers special discounts, of their choice, on products and services. This will generate a significant increase in their sales and profits while providing huge savings for consumers.

Unlike traditional advertising, where companies pay an expensive up front fee hoping that it delivers consumers, there is no charge for businesses to participate in the Unity Card Discount Program. The only obligation is to honor cardholders with these discounts when they make purchases at participating businesses.

When a business signs up, the business will be prominently displayed in the Our

commUNITY section of the website, www.qbenterprises.com, and it will be affiliated with other distinguished African-American businesses from across the country.

For the introductory price of \$10, consumers can purchase the Unity Card and use it for discounts of up to 50 percent off at participating African-American businesses. They will save thousands of dollars at their favorite stores and websites. Memberships are good for one year. To find out which businesses honor the Unity Card, check the Our commUNITY section of our website. Cards can be purchased by mail by check or money order or at www.qbenterprises.com.

The goals of the program are to help African-American businesses increase profits and market share, save consumers money and, most of all, unify and strengthen African-American communities. For more information call (267) 456-9608 or visit www.qbenterprises.com.

ACAAGS 21st honors banquet underway

Jennifer Chamberlain
news editor

The Association for the Concerns of African American Graduate Students will be holding its 21st annual honors banquet April 9 at 6 p.m. in the McKimmon Center. The banquet will honor African-American undergraduates, graduate students and faculty.

Our goal is to "honor and encourage African-American undergraduate and graduate students," said ACAAGS president Jamila Simpson. The organization strives to provide a network and outlet for current African-American graduate students. Another goal is to get undergraduates to attend graduate school as

well as interact with current graduate students and N.C. State faculty.

Simpson has added a new touch to the ceremony this year. Upon entrance all graduate students will receive a pin made of Kente cloth, and each guest will receive an address book and pen at their place setting. Undergraduate students will later be instructed to network with people with Kente pins, and perhaps get their contact information.

African-American undergraduates with more than 30 credits and a 3.0 or greater GPA will receive an academic certificate.

Banquet

see page 2

Youths talk first and then listen, the elderly listen and then talk. • Nilotic proverb

U.S. News Briefs

NEWS FROM THE U.S.

Tough times ahead for war

On Sunday, U.S. Defense Secretary Donald Rumsfeld, stated that he did not know when the war will be over, but he was confident about ensuring Iraqi liberation by war's end. The next few days will be even testier for the allied troops. Rumsfeld informed the nation that the war will become more challenging as the troops move in closer to Baghdad and approach Saddam Hussein's top Republican Guards.

The Iraqi vice president warned the allied troops that there will be more suicide attacks, which will make the troops' mission that much more difficult. The Iraqis have been initiating suicide attacks for a few weeks that have resulted in various deaths of allied soldiers. Rumsfeld does not see the situation as much of a threat, though making the mission more difficult, he sees the suicide attacks as no major event that will change the outcome of the war.

War cancels school trips

Schools from North Carolina to California

have cancelled trips to Europe and parts of Asia due to the risk of being entangled in possible Iraqi attacks. Also, trips within the United States have been put on hold because the major metropolitan areas that most tourists visit are the likely targets of a war attack. Most trips to Washington, D.C. have suffered the same fate as the others due to its high risk of being a target of Iraqi attacks. Since allied forces are attacking the Iraqi capital, many American citizens believe that they may want to do the same to this nation's capital.

Most parents were relieved that the trips were cancelled, but some reacted differently. The other parents wanted their children to go on the trips, so terrorists will not think they've scared Americans out of their normal lives. School administrators justify their actions by stating that they are adapting to a world that has recently seen the destruction of the World Trade Center and the sniper attacks. Many of school administrators encourage in-state trips, but also warn the schools to be cautious of possible terrorist strikes and that going on trips in high tourist areas would not be very good at this time.

Bobby Seale

from page 1

peaceful protests. Seale denied that they were against peaceful protest but sometimes had no choice. We're "not talking about a right to violence, we're talking about a right to self defense."

The Black Panther Party was not all about police shootouts and militant, violent voices. "We were grassroots community organizers." The party brought a lot of good to the 48 cities where there were chapters. They started free preventative health clinics and free sickle cell anemia testing for over one million African-Americans. Seale also started a program "Free Breakfast for Children" which fed grammar school children five days per week. Seale also talked about a benefit The Black Panthers sponsored which registered African-Americans to vote, tested for sickle cell anemia and gave away 10,000 bags of groceries all in one.

Contrary to popular belief, the Black Panther Party was not only for the advancement of African-Americans. They dealt with all oppressed races — Native American, Latino, Asian and even poor white people. Seale reminded the audience that the slogan of the party was "All power to all the people." Sometimes shortened to "Power to the people."

Seale touched on the leadership methods used by the Black Panther Party. Learning from the past, Seale recognized that a multi-leader organization would benefit his organization. Seale believed that with a number of leaders in the party, if someone were to get assassinated the organization could continue. Unlike when Dr. Martin Luther King, Jr. and Malcolm X were assassinated.

Seale has two books in print right now, "Barbeque'n with Bobby Seale" and "Seize the Time." "Barbeque'n with Bobby Seale" is a book

of recipes and ideas for barbecuing, and "Seize the Time" was written by Seale while he was imprisoned, and it explained the "Ten Points."

Questions and Answers

Q: What would you say to the youth of today if they wanted to explore ways of showing their views like you?

A: I could tell them what to do simply because we are living in different times, I couldn't tell them to go out and curse out a judge like I did, they just have to know what is right and what is wrong and work from there.

Q: What were the main goals of the Black Panther Party when it was first established?

A: We wanted to base the Black Panther Party on the Ten Point Plan.

Q: What is the talk about the New Black Panthers, are you affiliated with them?

A: I'm not affiliated with the New Black Panthers, there is no such thing. They are prejudiced people who use our name and are using our logo of the pouncing panther and we will sue them until they stop using our name.

Q: What year did the Black Panther Party Begin?

A: October of 1966.

Q: You have a few books out, what are they?

A: "Barbeque'n with Bobby Seale," "Seize the Time"

Q: The Black Panther Party had over 2,000 charges of felony arrest in a five year period and 95 percent of the cases were won by the BPP, what was the method of their success?

A: Eighty-five percent of the arrests were on bogus charges, and 15 percent were actually legitimate, and of that percentage we won 95 percent of the time.

Vote

April 7
April 8

Make sure you vote for Student Government positions.

AASAC endorses:

Tony Caravano
Jamie Pendergrass
James Reid

Voice your choice!

Banquet

from page 1

The sophomore, junior and senior with the highest GPA will also be awarded. They will honor faculty and staff who have worked to encourage students to go into or excel in graduate school. Students don't have to be African-American to be in ACAAGS.

Besides the annual honors banquet, ACAAGS' primary events include participating in "Feet for the Fight," a 5K run/walk for prostate cancer and addressing issues that concern African-American graduate students. Simpson is a Chancellor's Liaison where she informs the council on issues such as African-

American graduate retention, recruitment and bringing current African-American graduate students to recruiting fairs.

The first 19 years showcased a reception followed by the banquet, which gave recipients more time to interact and network, however because of budget restraints the last two years have had to omit the reception. The graduate school helped coordinate and fund the banquet for 19 years but decided last year against it. Some colleges will pay to have both their undergraduate and graduate students attend.

"If they stop funding us we'll have to look for outside funding like alumni, businesses and car

washes," said Simpson. She feels that the ceremony needs to be a banquet as opposed to just a reception because it's more formal and they want to make the students feel special about their achievements.

Simpson names Tracey Ray, director of multicultural student affairs, as being integral to the organization. She used to be member of ACAAGS when she was an undergraduate.

Simpson encourages graduate students of all races to join ACAAGS. To get more information visit their website www.ncsu.edu/stud_orgs/acaags.

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Only with the permission of our elders do we proudly produce each edition of The Nubian Message.

Dr. Yosef ben-Yochannan • Dr. John Henrik Clark • Dr. Leonard Jeffries • The Black Panther Party • Mumia A. Jamal • Geronimo Pratt • Tony Williamson • Dr. Lawrence Clark • Dr. Augustus McIver Witherspoon • Dr. Wanda P. Hill • Mr. Kyran Anderson • Dr. Lathan Turner • Dr. M. Iyallu Moses • Dokta Toni Thorpe and all those who walk by our side as we continue to make our journey to true consciousness.

2002-2003

Student faces possible charges after incident with public safety

Robert White
managing editor

On January 11, as long lines formed outside of Talley Student Center for a campus party, bus driver Mustapha Coulibaly made his routine stop outside the student center. Coulibaly wanted to get some water in order to take his vitamin C. Coulibaly was sick with the flu and fatigued from driving. Coulibaly was employed by Connex for almost a month, and it was his second day driving night service bus B from 6:50 p.m. - 2:48 a.m. At 10:45, Coulibaly approached the vestibule of Talley Student Center and asked Lieutenant Larry Ellis for permission to get water from the vending machines. The night of January 10 Coulibaly had asked the same officer if he could get some water, and was not denied access to the building. That night Ellis told him that it was the second time that he had come to the student center. "This is the second time in 48 hours," Coulibaly responded. Next, Coulibaly proceed to ask him why he could not let him in.

Ellis replied that there was a party going on at that time so he could not let him in. "All I want is to buy some water and go," responded Coulibaly. Then Officer Ellis asked him whether or not he wanted to go to jail. Mustapha replied no. Next Ellis reminded him if he did not leave, he would. Coulibaly responded, go ahead then, and Ellis radioed for backup. Coulibaly reminded Ellis about the agreement his company (Connex) had with N.C. State to have access to Talley Student Center for their needs for the bus drivers' needs Ellis told him he did not care about that. Next Coulibaly said he reminded Ellis that he was a student. Then Coulibaly said that Ellis asked him, "What was he going to do?" and "Do you want a piece of me?" Coulibaly responded

backing away from him that he did not want a piece of him and reminded him that patrons for the party were watching them. At that point Coulibaly says the patrons who were in a line outside of Talley Student Center laughed at Ellis. Next Sergeant Jeff Sutton and Police Officer David English arrived. One of the officers told Sutton to leave but when Coulibaly asked again about getting some water Officer Sutton handcuffed him. Coulibaly was lead to the officers' car and was searched and asked about his bottle of vitamin C. Ellis told him that his Coulibaly's boss had been contacted and told that the situation was under control. Ellis issued Coulibaly a citation for resist, obstruction and delay, which is a misdemeanor, for which he was cited for not refusing to leave the premises when ordered, according to the Campus Police report.

In the months following in the incident Coulibaly was suspended from driving.

Coulibaly also sent an email to the African-American listserv asking for witnesses to come forward.

He also talked to several administrative units on campus including Student Legal Services and Minority Engineering Programs. Coulibaly talked to Randall Colby, manager of reservations and event management for Talley Student Center. According to Coulibaly, Colby told him that the Student Center is not supposed to deny access to any student prior to 12 p.m. The only person that helped him, Coulibaly helped, Dr. Tracey Ray, director of Multicultural Student Affairs. Ray helped Coulibaly file a complaint and attempted to get him a lawyer but was ultimately not successful.

In the wake of the event, Coulibaly also talked to assistant director

of Campus Police Lieutenant Colonel John Daley about the situation. Allegedly he was told that if he wrote a letter of apology to Ellis, Ellis maybe could talk to the district attorney about getting the charges dropped against him dropped. Coulibaly decided not to write the letter.

In a separate interview with Campus Police Colonel Chief Tom Younce talked about the statements that Coulibaly made. The reason that Coulibaly could not get in the Student Center that night was because the officers thought that crowd that night was rowdier than the one from the party the night before. Officers Ellis, English and Sutton were not assigned to the party but they were doing a routine shift and asked to help. Younce went on to talk about why Coulibaly was issued a citation. Younce said that normally people are taken before a magistrate and have to post bond in that situation. Younce also noted that before Coulibaly came to the Campus Police station, Campus Police hired a private investigator Bruce Marshburn to look into the case into the case and he concluded his investigation March 30. As far as Officer Ellis asking Coulibaly if he wanted a piece of him, Chief Younce had this to say, "If the statement had been verified disciplinary action would be taken."

Regarding Mustapha Coulibaly, his court date is set for April 2. If found guilty he could face up to 60 days in jail. He currently has no witnesses and no lawyer. Coulibaly posted another statement to the listserv asking any witnesses to come forward and help him. When asked what he wants out of this case, he said, "I just want justice to be served."

Peggy McIntosh unleashes the knapsack of white privilege



Peggy McIntosh

courtesy • Digital Collegian

Mary Garrison

staff writer

Thursday, March 20, acclaimed writer and educator Peggy McIntosh spoke at Witherspoon Student Center. McIntosh is the author of "White Privilege: Unpacking the Invisible Knapsack", an essay taking a closer look at cultural advantages and disadvantages in the United States. Her discussion at Witherspoon examined privilege systems and inequalities that minorities and women are affected by in America. McIntosh took a critical look at how privilege systems undermine democratic affairs and create a society where certain groups are placed at automatic advantages; while others are placed at automatic

disadvantages. She bases her analysis of white privilege systems on the dissection of men's power systems and the privileges men have over women. Based on her women's studies background, she carefully analyzed the many ways in which whites are granted certain advantages over people of color.

Her essay begins, "Through work to bring materials from Women's Studies into the rest of the curriculum, I have often noticed men's unwillingness to grant that they are over-privileged, even though they may grant that women are disadvantaged." She expressed that just as men have many advantages over women and do not recognize those advantages, whites have advantages over blacks and many do not acknowledge them. By not recognizing these advantages, the systems of racial inequalities continue because people do not realize that those advantages exist.

"For the most part whites are unaware of their unfair advantages and therefore have no desire to change the situation because they do not see a problem," affirmed McIntosh. "It seems to me that obliviousness about white advantage, like the obliviousness about male advantage, is acculturated to maintain the myth of meritocracy; the myth that democratic choice is equally available to all."

McIntosh simplified these advantages by creating a list of personal everyday privileges she has over blacks and other minorities. The list includes shopping alone without being followed or harassed, turning

on the television or opening to the front page of the newspapers and finding people of her race widely represented and taking a job with an affirmative action employer without having coworkers on the job suspect that race was the qualification she fulfilled.

McIntosh admitted that she remained in a state of oblivion until she began to listen to the troubles and difficulties of her black counterparts. Finally, she sat down and came up with as many reasons as she could explaining how white privilege in America creates certain advantages for whites and disadvantages for blacks. She came up with those 46 reasons and recorded them in her publication "White Privilege: Unpacking the Invisible Knapsack" in 1986.

When asked why people in positions of privilege should want to change those privilege systems, she responded, "It feels so good to stop being hated and mistrusted. It is inspiring to work towards a closer community that you would want, in the future, for your children." She states that the only way to make change is to "recognize these advantages and work against them to gain equality for all people. Judge people by their own individuality, not by the blanket statements of race."

Finally, when asked what Blacks and people in positions of disadvantages can do to better themselves and their situation, she affirmed, "Thank those who are working for social change. Praise and support those who work in efforts to promote equality. You can bring about change through your support. It's empowering."

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in the African
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-Sharon Pinder

to Finney:

"I believe that we effectively provided timely
information, a wealth of business and network-
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move forward in business," he stated.

This summit represented Turning Point

Magazine's first time being involved in the annual event.

According to Pat Means, publisher of Turning

Point Magazine, "This event gave entrepreneurs
needed tools and resources that will help them
survive and succeed in this tenuous economy."

Means, who traveled cross country to be present,

added, "I was very impressed with the quality

of the event hosted by Visionary Marketing

Group and look forward to a long and prosper-

ous relationship with this very progressive com-

pany." She added, "We clearly need more sum-

mits like this if we are to move the African

American business community to the next level

such that they can capitalize on existing and new

business opportunities."

Sharon Pinder, Executive Director of

Maryland Gov. Robert Ehrlich's Office of

Minority Affairs, also attended the summit. She

said of the day-long activity, "This forum provid-

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An established entrepreneur herself, Pinder

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first, I expressed to them that I truly understand

their plight for I've actually walked in their shoes

and am very familiar with the challenges they

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Another attendee and business owner,

William Hopson, said that the event featured

some key governmental procurement officers

whom gave attendees a "real" view of the pro-

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"Too often, black business people do not have

access to people like James House," said Hopson,

CEO of Ictech (www.ictect.net).

House, procurement officer for the US

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"So, to have him present was really a blessing.

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Banks is among Mary Kay's elite top 20 sales-

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House, procurement officer for the US

Department of Agriculture, was a featured pre-

senter at one of the day's workshops.

"So, to have him present was really a blessing.

Mr. House's workshop afforded these business

people with an up-close and personal view of the

whole procurement process, something we all

need to know more about if we are to expand our

businesses."

Many who attended said that they were

incredibly inspired by the event keynote speaker,

Gloria Mayfield Banks.

Banks is among Mary Kay's elite top 20 sales-

persons in the world out of one million reps.

Further, she is the number one African American

rep.

Full of life and vigor, Banks spoke about tak-

ing control of one's own destiny and being will-

ing to do the necessary work to achieve a success-

ful end.

4th Annual African American Business Forum And Summit is a success

D. Morton Glover
www.BmoreNews.com

Baltimore, MD - Four years ago, Visionary Marketing Group president and CEO LaRian Finney (www.visionarymarketinggroup.com) implemented a vision of bringing together Baltimore-based businesses for the sake of discussing and resolving issues related to African American business.

On March 20, this vision has led to unexpected business opportunities for a number of entrepreneurs. Further, these business people hail not only from Baltimore, but from Washington, DC, Prince George's County (America's wealthiest black county), and even as far away as Los Angeles, California.

In short, this 4th Annual African American Business Summit, co-sponsored by Turning Point Magazine, was a "total success" according

...business collabora-
tion is much needed
in the African
American community
-Sharon Pinder

to Finney:

"I believe that we effectively provided timely
information, a wealth of business and network-
ing resources, as well as compelling inspiration to
move forward in business," he stated.

This summit represented Turning Point

Magazine's first time being involved in the annual event.

According to Pat Means, publisher of Turning Point Magazine, "This event gave entrepreneurs needed tools and resources that will help them survive and succeed in this tenuous economy."

Means, who traveled cross country to be present, added, "I was very impressed with the quality of the event hosted by Visionary Marketing Group and look forward to a long and prosperous relationship with this very progressive company." She added, "We clearly need more summits like this if we are to move the African American business community to the next level such that they can capitalize on existing and new business opportunities."

Sharon Pinder, Executive Director of Maryland Gov. Robert Ehrlich's Office of Minority Affairs, also attended the summit. She said of the day-long activity, "This forum provided the perfect venue for business people to network together and also reiterated that such business collaboration is much needed in the African American community."

An established entrepreneur herself, Pinder added, "My message to attendees was two-fold: first, I expressed to them that I truly understand their plight for I've actually walked in their shoes and am very familiar with the challenges they face; secondly, as head of the Governor's Office of Minority Affairs, I let them know that there is a strong push for the much-needed reform of the

state's Minority Business Enterprise program and that the Ehrlich-Steele administration is highly committed to that end."

Another attendee and business owner, William Hopson, said that the event featured some key governmental procurement officers whom gave attendees a "real" view of the procurement process and how to navigate what can be "difficult waters."

"Too often, black business people do not have access to people like James House," said Hopson, CEO of Ictech (www.ictect.net).

House, procurement officer for the US Department of Agriculture, was a featured presenter at one of the day's workshops.

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The Union Activities Board Presents
The Second Annual

April 4, 2003

"A Night On The Town" 9pm-2am

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& Events money-permissible food items
\$1 for faculty and staff with two non-permissible food items

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Women are the bomb

Evan Rogers

guest columnist

With Oprah Winfrey gracing the cover of "Forbes" magazine's annual list of billionaires this month, it has become quite clear that women are on the rise. In a year that saw overall membership shrink for a third consecutive year [from 487 to 476], Winfrey's net worth somehow managed to reach a mind-boggling figure of \$1 billion. To put that in perspective, only two of the 37 women on the list (Winfrey and The Gap co-founder Doris Fisher) are self-made. Even more telling is the fact that Winfrey's entry as a black woman has come only two years after BET founder Robert Johnson became the first black billionaire in history. In contrast, it took several decades for Fisher to join the ranks of America's first billionaire, John D. Rockefeller.

The profitability of Winfrey's huge media empire, Harpo, Inc., is just the tip of the iceberg. All across the country, women are ascending the corporate ladder, making more money and reaching unprecedented levels of financial security. Study after study has shown that women are moving into the professional and managerial class at a rate faster than men. Likewise, the ratio of women to men on our nation's campuses has become increasingly one-sided. So what does this all mean? Well, on the surface, it means that women are inching closer and closer toward economic equality. But there's a problem.

Does anyone recall a point in the history of American popular culture where women have been degraded, demeaned and disrespected on a larger scale than in the present? Think about that. In 1851, Sojourner Truth was asking, "Ain't I a woman?" If she miraculously rose from the dead, is there any reason to believe that she wouldn't be asking the same question today? A lot has changed over the past 150 years, but the tradition of what feminist scholar/intellectual Bell Hooks calls a "white supremacist capitalist patriarchy" is most certainly evident in the cultural representations of women in the year 2003.

Whether on TV, on wax or on the Internet, I would argue that the degradation of women has somehow moved into the mainstream. To varying degrees, rap videos, consumer magazines ("Teen," "Elle," "Vogue," etc.) and shows like "Joe Millionaire" could all be considered as anti-

thetical to what the women's liberation movement of the '60s and early '70s was all about. This is problematic because the more notable and less radical feminist movement (late '60s to the present), which gave rise to organizations like the National Organization for Women (NOW), has fallen short in its objective of raising mass consciousness regarding the social implications of pop culture.

I'm glad to see that women are finally starting to "get theirs," but if the feminist movement's definition of "getting theirs" simply means moving

up in a man's world instead of changing it, then I'm just not down with that. I don't believe in censorship, but when Busta Rhymes can make a song about booty clapping ("Make it Clap") and get

the same amount of airplay as Norah Jones, then we most certainly have a problem. Of course, booty clapping is an everyday aspect of life (for some), but one would expect that mainstream media would hold itself to a different standard. In the case of "Make it Clap," it was primarily distributed by Radio One, Inc., which owns and/or operates 36 stations in 14 of the top 20 black radio outlets, including Raleigh's own K97.5. What is surprising is the fact that Radio One's founder and chairperson is not a white man but a black woman by the name of Carol Hughes.

The old premise that if women just get to the top, then everything would be all right is not panning out. We all know that women are the bomb, but more emphasis should be placed upon the personal, social and cultural challenges faced by women as they relate to a male-dominated power structure, because a woman's definition of beauty is just as political as her stance on abortion and economic equality. So, there are a few more female millionaires. Big deal. I'd rather see our women celebrated for being exceptional housewives if it meant that they would be respected across the board. Most girls have not "gone wild," and very few women will have even half the entrepreneurial success of Oprah Winfrey and Carol Hughes. Women are the bomb, but it goes much deeper than their bra size and economic prosperity.



Strength of Fear

Crystal Stallings

opinions editor

Amazing to me, the stagnant and infiltrating power that fear seems to have on us as people. Fear takes hold and immobilizes our thoughts into congealed molds of indecision, doubt and apprehension. Don't get me wrong, some fears are definitely deemed acceptable. I mean like the simple fears of just dying and going to hell is one thing, and the fear of God, but the fear that hinders your progress as a purposeful and gifted creation is unhealthy. Fear keeps us from reaching our destiny and keeps us from making the next move in achieving our dreams. Being afraid keeps us from not accepting the truth and not listening completely to one another. Fear causes us to act irrationally and to think illogically. Fear makes us take things out of context and controls the moment through confusion. Why is it so?

The fear of knowing and understanding truth paralyzes us from coming face to face with ourselves. Which only allows us to keep up the charade of happiness, sanctity, and "everything is okay." The funny thing with fear is that it creeps into other areas of our lives without us even knowing. Our fear infiltrates into our relationships and seems to transform our roles

within them. We start to ignore the signs and compromise our true selves to transfer the guilt that fear brings. Fear only keeps us from not know who we are as an individual and as a people. Nobody knows what makes us afraid except a dark force and ourselves. This is only a test of courage.

When will we realize it is okay to be afraid sometimes, but to entertain fear to the point of denial and concealed truths and hidden lies is solely wrong? Fear keeps us from seeing our true identity in the reflection of someone else's perception. Fear keeps you from receiving the gifts that God had naturally and uniquely set up for you to receive. Fear keeps love from becoming reality and causing joy to be second hand fulfillment. Fear is knowing the outcome and not even daring to try or attempt. Speaking of which, then that's when the power of faith shows up. Faith can unlock some serious things, but that's a whole 'nother article. I challenge you to deal with your fear by accepting what you can do to change it and what you can do to alter the outcome. Fear starts in the corners of your mind left open for doubtful thoughts. Change comes in the process of what you tell the mind to do.



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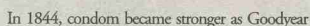
*CAMPUS RATES

STAND FOR SOMETHING!
calling all black student organizations and students
Speak out against current state of events
Join representatives of Hip Against Racists War
Let All Voices Be Heard!
April 4th
on the brickyard 4p.m
Emcees, Poets, and musicians are welcome

April 1, 2003 - April 7, 2003 Nubian Message

Delvis Ingram
health and beauty editor

Condom use is traced back around 1000 BC with the ancient Egyptians when they used a linen sheath for protection against diseases. In the 1500's in Italy, Gabrielle Fallopius claimed to have invented a sheath



The low risk of becoming infected with an HIV or STDs from fellatio can be reduced even more using unlubricated latex condoms. For cunnilingus or anilingus, plastic food wrap, a condom cut open, or a dental dam can serve as a physical barrier to prevent transmission of HIV and many other STDs.

The American Heart Association survey also revealed that African-American women are less likely to know the warning signs of a heart attack than are women from other ethnic groups.

The Nubian Message is still accepting applications for 2003-2004 positions. Application deadline has been extended to April 10th. Applications are available in room 372 of the African American Culture Center.

In order to do hammer curls, you'll need free

There are many variations which can be tried using the basic recipe above. Bananas may be dipped into the egg mixture, then in shredded coconut and baked for five minutes. Or you may use chopped peanuts instead of coconut. Or you may want to blend cracker crumbs with curry powder and cayenne pepper and proceed as above. All of these work well as accompaniments to any meat dish or may be used as dessert.

In order to do hammer curls, you'll need free

Reverse curls require the use of a straight bar or free weights. For this movement you hold the bar with your palms facing downward, and curl the bar upward, making sure to have a slow return to your starting position. Do not lean forward. The reverse curl is good to use in order to hit the biceps at a different angle, and it helps to build mass.

The jaws have nothing to chew if the feet do not walk. • Bakusu Proverb

[PAN AFRIKAN FESTIVAL 2003]

MARCH 28th - APRIL 6th



"The Essence Of The Land From Whence It Began"

uab.ncsu.edu/paf

UAB-Black Students Board
North Carolina State University

The first weekend started off great, and if you missed it you still have a chance to parttake.
Continue to come out for the rest of Pan Afrikan Festival 2003.