

January 22, 2003,

Vol. 10 Edition 8

News...page 3

Al Sharpton expected to run for president in next presidential election.

Opinions...page 4

We celebrate Dr. King's holiday, but are we living up to the dream?

Culture&Arts...page 5 Find out what other students are saying about the dream for the millennium.



What's Goin' On?

Black Finesse tryouts Strut your stuff on Jan. 22 at 7:30 p.m. in the Brown room of Talley Student Center.

Honors reception

First year students with a 3.0 or higher will be honored Wednesday, Jan. 28 at 6 p.m. in the African American Cultural Center.

Teach for America

Join Darryl Willie at Teach for America's information meeting on Jan. 27 at 5 p.m. in 107 Harrelson Hall

Free movie

"Sankofa" will be shown Monday, Jan. 27 at 7 p.m. in the African American Cultural Center.

Rennie Harris PureMovement

Experience hip-hop in pure motion Wednesday, Jan. 29 at 8 p.m. in Stewart Theatre. Call 515-1100

Students protest DC

Nubian staff report news coverage

On Jan. 18, demonstrators globally protested the inevitable war with Iraq. Protests were held in more than thirty countries across the world from

Egypt to Germany. Led by international civil rights activist, religious leaders, political prisoners, Congress members and many other influential peacemakers, protesters chanted and sang as they marched with the spirit of great peace leaders, such as Dr. Martin Luther King, Jr. and Mohandas K. Gandhi.

Two of the largest demonstrations were held in Washington D.C. and San

Francisco, California. Over 500,00 people gathered in D.C. and over 200,00 gathered in San Francisco while withstanding the chilly winds and freezing temperatures expressing their a.m. in the Martin Luther King Jr. concerns about the complications that Gardens parking lot to get on a bus travmay arise in various countries as a result of the war.

Students from N.C. State University,



Students protest during anti-war march Staff photo by Amir Reavis-Bey ance by British pop group

St Augustine's College, civil rights activist, and other community members from North Carolina gathered at 5:30

eling to the anti-war march in D.C. For many of the students and community members the anti-war march was their

> first national demonstration. "I came to participate in the march for more experience and show my disgust for the tainted American political system. We are fighting over oil, and many lives are stake. It's time for anti-war minded individual to come together to beat the political system," said one N.C. protestor

The rally began with speeches from political prisoners, civil activists, and a perform-

Chumbawumba. Rev. Al Sharpton and Rev. Jesse Jackson, among

Anti-war march

page 2

MLK Challenge

Robert White

Every year people choose celebrate Martin Dr. Luther King, Jr.'s birthday different in Some ways. people attend commemoration ceremonies or lecand tures. some honor

the late civil rights leader's memory by continuing to protest against social injustice. Some students at NC State will be honoring his memory by doing community service.

The second annual Dr. Martin

Luther King Service Challenge took place Tuesday, Jan. 21. The challenge, initiated by the Center

for Student Leadership, Ethics and Public Service, featured a diverse group of individuals and organizations from NC State who wereter-

ested in community service through helping the Raleigh community. More than fifty participants and various community service groups met on the brickyard at 10a.m. for breakfast donated by MLK service

KingSpeaks

Jennifer Chamberlain

"Give birth again to the dream Do not be wedded forever to fear." Yolanda King started off her address to the NC State community on January 15 - what would have been the 73rd birthday of her father, civil rights activist Dr. Martin Luther King, Jr. -with a quote from poet Dr. Maya Angelou.

Ms. King, the eldest child of Dr. King and wife Coretta, has continued her father's fight against racial injustice throughout her life. In addition to being a seasoned actress, producer and performer, she also often speaks to colleges, corporations and human rights organizations on the importance of social change.

She has the talented ability to

inspire her audiences while keeping the tone light and relaxed, as she did last Wednesday. Several times throughout her speech she had NC State students, faculty and staff laughing out loud, in spite of the important subject matter on which she spoke.

King started out her speech affirming that she is a "100% dyed-in-cotton believer in The Dream." She named her parents as "modern day architects of strategies for achieving the dream" that people of all colors could live together in harmony.

She said that Rosa Parks "chose to stand up by sitting down" which sparked the movement that helped lead the South into the 20th century. She also commented that it should come to no sur-Yolanda King

see page 6

see page 2

U.S. News Briefs

NEWS FROM THE U.S.

managing editor

Robert White

New black TV network

Comcast and Radio One Inc. will be working together to launch a television network for African-Americans. The network will be geared toward entertainment, news and sports, with programming for an adult African-American audience.

For the past 20 years Black Entertainment television founded by Robert Johnson and currently owned by Viacom has been the only network geared toward the African-American audience. Executives from both companies feel that their service will reach the currently underserved African-American population. Officials from the two companies said they will not compete directly with BET's programming, but offer programming that complements it.

Both Comcast and Radio One Inc. see huge potential in the African American community. The community showed a combined income of \$602 billion dollars in 2001. Radio One will supply \$70 million dollars and Comcast will supply \$60 million dollars over the next four years for the development of the network. Under their current contract Radio One CEO and president Alfred C. Wiggins will be chairman of the new network.

Comcast operates several cable networks and is the largest cable company in the country. Radio One is the seventh largest radio broadcasting company in the U.S. and focuses its programming on African-Americans. The company owns 66 radio stations including Raleigh Area Stations WQOK-FM and WFXC-FM. There is no set time for the new network to launch or what the network will be called

Parson takes over AOL

Current CEO of media conglomerate AOL Time Warner, Richard Parsons, will have a new job in the next couple of months. Parsons will take over for outgoing chairman Steve Case who established the merger of Time Warner and AOL two years ago. The Board of Directors for the company voted unanimously to appoint Parsons to the chairman position last Thursday.

Parsons who is originally from Brooklyn, N.Y., worked as a lawyer for Norman Rockefeller from 1971-1977. Parsons then worked on Wall Street and became president, and later CEO, of Dime Savings Bank. In 1995 he became President of Time Warner. In 2000 he helped negotiate the merger between media company Time Warner and internet company America Online. A year later Parsons became the CEO of the company. He is the highest ranking African-American in the media. Parsons will officially step into the new position on May 16

Africa News Briefs

NEWS FROM THE MOTHERLAND

Jennifer Chamberlain news editor try. He is currently facing heat from the Zimbabwe government.

Nairobi

Zimbabwe and South Africa

ZIMBABWE - Zimbabwe [J1]Information Minister, Jonathan Moyo recently commented in the country's stateowned paper that South Africans are "filthy, recklessly uncouth and barbaric." He also staed that he doesn't believe Thabo Mbeki is qualified to lead the African renaissance.

Pretoria has issued a demarche, which is the highest sanction a county can empoly aside from breaking political ties. The Zimbabwe government is trying to disassociate Moyo's remarks from the entire counNAIROBI - Nairobi may be eligible to receive funds from the International Monetary Fund after a 3-year suspension from the program after concerns on corruption.

Former Nairobi President Daniel arap Moi caused The Fund to suspend the country's budget support after he refused to implement anti-corruption laws. However, a director for The Fund said he feels confident in President Mwai Kibaki's government. The monetary loans The Fund will supply will help Nairobi get out of it's recession.

Recycle the Nublan... Read it again!

New books

from page 6 including her own story of her son's death. The last new addition to the library is by David Cecelski, Lehman Brady Joint Chair Professor in Documentary and American Studies at Duke University and UNC-Chapel Hill. His book, Waterman's Song: Slavery and Freedom in Maritime North Carolina, chronicles the world of slave and free black fishermen, pilots, river yeomen, sailors, ferrymen, and other laborers. As Cecelski explains, "Black maritime laborers played an essential role in local abolitionist activity, slave insurrections, and other antislavery activism." This also can be explained as the beginnings of black patriotism.

All of these books are now available for checkout at the African-American Cultural Center Library. Each selection is different enough that there is enough variety for anyone to enjoy.

Yolanda King

from page 1

prise that a woman accomplished this feat. King retold some of the horrifying stories that have come to be associated with the civil rights movement - stories of lynchings, men pinned against walls by fire hoses, snapping, biting dogs, and extreme police brutality - saying that looking back it seems as if these were "misty images from a horror flick." She believes that the nation has blocked these instances from our memories and we "have forgotten the struggle."

She confirmed the validity of this statement with the story of a 6-year-old boy who implied that the civil rights movement had happened eons ago by approaching her and asking, "Why aren't you dead if your Martin Luther King, Jr.'s daughter?" Yet, although Dr. Martin Luther King died over 30 years ago his dream is still not fully realized. The nation has come a long way, but there is still room for improvement.

She commented that "Dead men make such convenient heroes. It's easier to build monuments than to change." One of Ms. King's strongest messages was that we need to actively work towards eliminating poverty and injustice. She believes that anyone who truly wants to celebrate and commemorate her father should be called to service on his birthday rather than being called to rest, relax or shop. It should be a day off work and a day on for service. We all need to work together because "the dream for which he died is still a dream, the cause for which he lived is still a cause."

King doesn't believe her father was saying that we should ignore color, but rather look through it. We need to "focus on difference until difference doesn't matter." However, we shouldn't ignore our differences because our uniqueness confirms our individuality.

Ms. King described the described the ethnicity of the country as the American Mosaic, as opposed to the Melting Pot because all the different textures and colors have blended together. In this respect, she believes that educational institutions should require all students to have at least one class in diversity.

But one lone class in diversity and acceptance will not change the country. We must do as Ms. King suggested and be of service to one another and try to keep open minds towards others. As Dr. Martin Luther King, Jr. said, "We will learn to live together as brothers and sisters or perish together as fools."

Like to write? Like news? Apply to write! nubianeditor_mananging@yahoo.com

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Only with the permission of our elders do we proudly produce each edition of The Nubian Message.

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The Reverend bids for presidency

Mary Garrison

Since August 2001, murmurs of the Reverend Al Sharpton running for president have surfaced. As of now it's official - the civil-rights activist and preacher will be running in the 2004 presidential election.

"If one child in America can change their mind about themselves because they see a single-parent child out of the projects running for president, then the whole race will be worth it," stated the enthused leader.

Sharpton has been involved in public issues and controversies for many years. He became the youth director of Jesse Jackson's Operation Breadbasket in 1969. He began to receive a great deal of media attention as a community leader in 1984 when Bernhard Goetz, the "subway vigilante," a white man responsible for the shootings of four African American youths on a New York City subway, was acquitted. After his acquittal, Sharpton stirred up rallies, protests, and community actions which led to the reopening of a civil suit by one of the victims and their family.

Sharpton was instrumental in the Tawana Brawley case in 1987, an incident where a 15-year-old girl was found covered in feces and tagged with derogatory racial terms. Brawley stated that she was abducted by white law enforcement officers.

To this day, Brawley, now Maryam Muhammed, upholds her story as the truth. Nonetheless, her story was dismissed

years ago as completely false and a hoax. Sharpton was ded- body was found to be holding no guns or weapons. icated to advising Brawley and her family throughout the ordeal



More recently, Sharpton was a prominent figure in speaking out after the brutal murder of Amadou Diallo, a young West African immigrant. Diallo was murdered in his apartment on Feb. 4, 1999. He was shot 41 times by New York City police over a case of mistaken identity. Police thought Diallo was reaching into his pocket for a gun, however his

courtesy-Saint Anslem

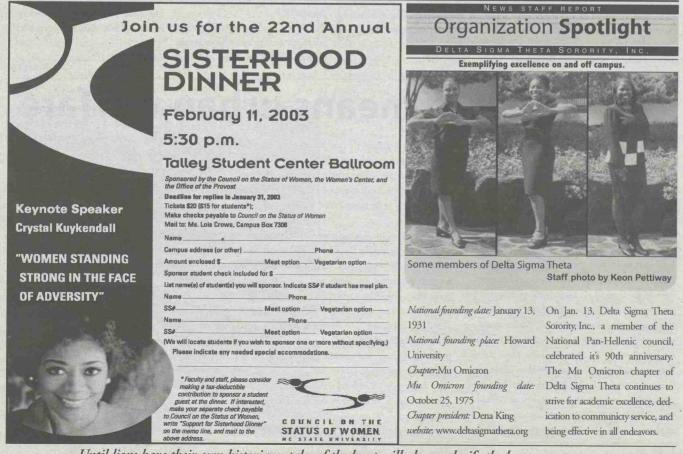
Last summer, Sharpton was jailed for 90 days for trespassing on federal property. While in jail, he went on hunger strike

News

In terms of Sharpton's run in general, William Dickerson, New York City citizen and Sharpton supporter said, "It would be a good opportunity for him to bring up some very critical issues that pertain to people who have often been disenfranchised from the mainstream of our society and economy."

Many people question Sharpton's credibility as a possible presidential candidate. They are questioning the fact that he has never held any public office, although he did run for Senate in 1994 and for Mayor of New York City in 1997. In response to such comments and opinions, Sharpton replies, "Look at the fact that now you have a lot of people who've only done things like get rich and go straight into the U.S. Senate. Clearly, someone who's spent two decades or more working on public policy issues certainly has more of background to run for the White House than that."

Undeniably, Sharpton has worked diligently to combat drug problems in the black community, from speaking out against police brutality to supporting other positive issues. Finally, Sharpton assures, "Every time I look at George Bush I know that I am qualified to at least do what he does."



Until lions have their own historians, tales of the hunt will always glorify the hunter. • Akan Proverb



Crystal Stallings opinions editor

The power of words has made the world what is today. The power in words will either create or destroy. Every day words affect the way we view our surroundings. They make us think twice and sometimes we don't think at all. Words hurt and aredemeaning. Nigger. Chink. Bitch. Wetback. Cracker. Faggot. Slut, Words are the catalyst to an emotion. I love you. I hate you. You are ugly. You are beautiful. You have pretty eyes. Words can encourage or break you. You will never be anything. You are no less than your mother/father. You are stupid. You are more than a conqueror. You can do anything through God. Didn't you know that you are so special? Words can erase pain of an bad experience or a bad day. Words invoke life and opportunity.

Every minute, words come across the mouths of people whether intentionally or unintentionally. Love is invoked with poetry or a sensuous song. Anger and hostility is created through heated arguments. Trust is no longer distant when spoken by a person you respect.

Negotiations are made through meetings. Words shape your inherent destiny from the Creator on down to the smallest child. Communication strikes your self-esteem on either a positive or negative note. You know love is proven by actions, but if the words aren't there to be spoken it never receives its true power. Lack of words can cause you to doubt yourself if you never received it from your parents. You are here because of words. Carrying you through a college career invoking all those that supported you and/or destined you to failure, words are the catalyst to change. Wars are stopped through words of formed and organized treaties.

You can save someone through words. Hope and faith are restored through faith words. The greatest justice of words is the power in truth. Truth in words set nations free. Words gave us rights; gave us freedom. Words made us promise not to give up. Truth made leaders like Dr. Martin Luther King, Jr., Sojourner Truth; poets like Nikki Giovanni, Langston Hughes, and Amiri Baraka; singers like Ella Fitzgerald, Aretha Franklin, and Sarah Vaughn. Words change through the times, but the power will always be there not far behind. Words allow us to make love completely or become victims of deceptive sex. Words made leaders. Words incited riots and change. Words empower. I challenge you, reader, to be aware of what you say and how you say it. They come back to you. Guaranteed. Remember that your word is bond.

Realizing the Dream

Dinion

Segun Olusesi staff columnist

I'll begin by asking how many of you reading this article have read the full (emphasis - full) text of Dr. Martin Luther King, Jr.'s "I Have a Dream" speech he delivered on August 28, 1963? If you fall short of a three-letter answer, you might just have lived so far, oblivious of the fundamental principles and dictates that defined the life of one the very few influential African Americans who left a lasting impact on an entire nation.

I'm in no way exempt from the above accusation in this regard, as I only just read the full text of the speech a couple of weeks ago. It is even more disheartening that even fewer of us have gone further in understanding, discerning and appreciating the Dr. King's speech. Hence to adequately recognize the crux of the article, I must remind all that with a dream comes a vision, a lasting vision births a plan, and the execution of a plan is crowned by the implementation of an action. Has there been stagnancy to the flow in the distinct order of events of the preceding sentence, or has the dream been entirely physically manifested?

Simply put, Dr. King didn't just plan to arouse our feelings and conjure up the injustices suffered by colored persons in the United States. He laid a foundation for homework yet to be done. His speech, written in an eloquently worded display of dissatisfaction and betrayal coupled with a sense of resolve and hope, is laden with symbolic intentions of deliverance and hope. I read this speech and I was amazed by numerous sentences meant for colored persons outlining their duties and expectations if enduring racial equality is to be achieved. Here are two excerpts I ruminated on:

"It would be fatal for the nation to overlook the urgency of the moment and to underestimate the determination of the Negro." - Simply put, changes come by unconditional, unrelenting and consistent pressure on the system, fueled by a pervasive sense of alacrity. News reports annually quote the staggering purchasing power of the African American community in the American market. Corporate America's current targeting of the urban consumer using hip-hop to sell everything from burgers to cars gives us the false impression that we finally have been taken seriously. This is not the time to relax and count gains. We might be in the 21st century and tolerance might be more widespread, but when the "young black

see page 6

War with Iraq means urban warfare

Evan Rogers

Based on the rhetoric of top military officials and White House insiders, a war with Iraq is all but imminent. I find it funny that we can sit down at the table with "terrorist supporters" like Yasser Arafat and Ariel Sharon (or leaders from countries like China for that matter) but are unable to do the same with Iraq. Perhaps there is some form of personal vendetta involved after all. This war will be a much larger operation than what most Americans anticipate.

guest columnist

Beyond the financial implications, the conflict with Iraq poses several other concerns. The Gulf War of the early 1990s was fought primarily in Kuwait with the objective of moving Saddam Hussein's troops back into Iraq. The terrain was essentially desert or desert-like, hence the term Desert Storm. Similarly, our current War on Terrorism, also known as Operation Enduring Freedom, has been primarily fought in the mountainous regions of Afghanistan where Taliban and Al-Quaida operatives have used caves, of all places, as safe havens. While the objectives of the latter are not nearly as defined, the main similarity is the fact that the battlegrounds in both cases have been sparsely populated, thus casualties have been kept to a minimum. (It should be noted that thousands of innocent people have died on the "other side" at the hands of our "peace keeping" military.)

A war with Iraq, whether two weeks or two months from now, will not be simple. Should Saddam Hussein fail to comply with the newly passed U.N. resolution regarding weapons inspections, his tenure will most certainly be under attack. I would not be surprised if a "dead or alive" pronouncement was made, given the history of George W. Bush, his father, and U.S. foreign policy. As a result, Hussein's troops will fight to the very end and will do so under very different circumstances.

Unlike the majority of Kuwait, Iraq is not a desert. It is likely that the city of Baghdad will fall under continuous fire. This is significant because innocent men, women, and children populate the city and will likely die in the process. Hundreds, if not thousands, of American troops will suffer

The Dream

casualities while engaged in urban warfare. It is plausible that some of our soldiers will go into environments where toddlers will be strapped with bombs and snipers will perch atop tall buildings or top floor windows along the narrow streets of the Iraqi capital. In essence, we have a war with gung ho opposition which will promote martrydom and utilize guerilla war tactics. Sound familiar? I am not some hippie pacifist, but I still question whether we as a nation are genuinely ready to sacrifice our human brothers and sisters [including the Iraqi civilians] for the sake of cheaper fuel at the gas station and a short lived feeling of security.

> Agree with Evan? Send comments. nubianinbox@hotmail.com

Two favors confuse the palate. • Ivory Coast



Pure motion meets hip-hop

Latoya Eaves C&A editor

"Harris has built a wedge that will open the doors of America's art centers, displaying hip-hop as clear cultural expression, compelling to all races and generations." - The Philadelphia Inquirer



Rennie Harris Puremovement courtesy• Center Stage

The Rennie Harris PureMovement, led by founder and choreographer Rennie Harris, will make an appearance at NC State Jan. 29. PureMovement will be the first performance of the NC State Center Stage Performing Arts Series this semester.

Founded in Philadelphia in 1992, PureMovement mixes vintage African American hip-hop and dance of the past with the ever-changing trends in the industry today. What results is an art

form in motion, rarely called such when hip-hop meets a theatrical stage. Rennie Harris has created and choreographed three main works, "Repertory," "Rome and Jewels," and "Facing Mekka."

When Rennie Harris PureMovement comes to NC State, they will perform "Repertory." "Repertory" is a series of six choreographed numbers set to music from artists such as Kool and the Gang and P-Funk, as well as some original compositions by Harris himself. Each of the numbers have been inspired by some aspect of Harris' life or the life of African Ameticans in general.

However, performance is not the only aspect of the work of PureMovement. They also sponsor a mentoring program, workshops, lecture and demonstration sessions, and an internship program. The company tours universities, theaters and other events throughout the year. More information on Rennie

Harris, his ensemble, and their work can be found at www.puremovement.net. Before coming to NC State on Jan. 29, the company will perform at UNC Chapel Hill and continue afterwards to Appalachian State University in Boone, N.C.

Showtime is at 8 p.m. in Stewart Theater. Tickets are available through Ticket Central on the second floor of Talley Student Center.

Call 919.515.1486 for more information

Your advertisment

could be here.

Talking all that jazz

staff writer

Amir Reavis-Bey

Why listen to jazz? For those of you already familiar to its sound, the reason needs no explanation. Jazz is an invigorating and inspiring music genre that is endearing to the ears. There is nothing like coming home from a long day and unwinding to the soothing, relaxing and sensual sounds of jazz music. Jazz can be used therapeutically to relieve built-up tension, allowing listeners to mentally collect themselves. Better yet, imagine setting the romantic mood with a jazzy lover's tune, as opposed to some raunchy and lustful verbal filth. Show your loved one that you have class and jazz is for lovers. Many have the misconception that jazz is only slow and relaxing; however, jazz can also liven up your spirit with its hip and upbeat styles.

The roots of jazz music were formed in the early 1900s in New Orleans, La. Derived from the early music styles of blues and ragtime, jazz music emerged into its first stage known as "Dixieland." Primarily led by a horn over a constant beat, Dixieland bands included instruments such as the coronet (trumpet), trombone, clarinet, drums, banjo and piano.

In the early 1930s, the "Swing Era" came into existence with its fast paced, hip swinging style. Usually swing bands were much larger in size than Dixieland and consisted of at least ten musicians. As a major part of city nightlife, swing could be heard in ballrooms allowing people to engage in swing dancing,

In the mid-1940s, the "Bop Era," known for its "bebop," sometimes called "rebop," jumped onto the jazz scene. Bebop is noted for its random solos and jumpy sound. Disregarding the regular melody, bebop constantly changes its rhythmic patterns, making it difficult for unaccustomed listeners to grasp.

Another jazz style which came alive in the mid-1940's was "cool jazz." The "Cool Era" was much more cool, calm and relaxing in contrast to bebop's authoritative sound. Around this time, bands usually consisted of three to eight musicians playing instruments such as the flute, French horn, oboe, cello and fugel horn.

During the 1960's, "hard bop" and "free jazz" made its way to the streets. Hard bop was a very forceful jazz style commonly described as "funky." Free jazz was a very liberal style that allowed artists to interact with one another during sessions. Very spontaneous, free jazz allowed musicians to improvise on the stage. In the 1970s, fusion emerged as an exotic jazz style generated from the combination of jazz and rock. Fusion is an electronica style comprised of electronic instruments such as the synthesizer, electric bass, electric guitar, electric woodwinds and brass instruments and heavy percussion. Moving forward but not forgetting the past, jazz transformed into a contemporary sound in the 1980s.

Contrary to the beliefs of many, jazz is a very diverse genre of music. As mentioned, it has many classical styles which include Dixieland, easygoing and chill styles like Cool and Free Jazz, jumpy, forceful and commanding jazz styles such as Bebop and Hard Bop and the electronica sound of Fusion. Within the past few years, Acid Jazz and Ambient have emerged as modern jazz styles. Acid jazz is a very new, earthy and eclectic style. On the other hand, Ambient is a very smooth, mellow style with a café or lounge type feel. If a listener is seeking vocal accompaniment, many jazz tunes have been lyrically blessed by legendary male singers and sultry songstresses. If exploring jazz on an international tip, a good jazz sub-genre is Latin jazz with its Afro-Cuban and bossa nova styles to name a few. These international sounds will definitely make listeners jump out their seats and kick their heels up.

Jazz has been an outlet for African-Americans for several years and its culture is slowly losing its reach within America's younger generations. Its classy sound has laid the foundation for the majority of today's popular music. If you have not been exposed to jazz, take some time to immerse yourself in its culture. Take your musical taste to another level, the next level. And for those of you already hip to the jazz scene, "Keep Jazz Alive!"

If you are interested in acquiring or broadening your jazz sense, a few jazz musicians include Miles Davis, John Coltrane, Cannonball Adderly, Charlie Parker, Louis Armstrong, Sonny Rollins, Max Roach, Dave Brubeck, Wynton Marsalis, Modern Jazz Quartet (MJQ), Stan Getz, Charles Mingus, Thelonius Monk, Dizzy Gillespie, Art Blakey, Ornette Coleman, Duke Ellington, Count Basie, Lester Young, Fletcher Henderson.

A few Jazz singers include Ella Fitzgerald, Billie Holiday, Nina Simone, Sarah Vaughn, Nancy Wilson, Etta Jones, Lena Horne, Dinah Washington, Frank Sinatra, Nat King Cole, Cab Calloway and Louis Armstrong. Some Latino jazz musicians include Tito Puente, Buena Vista Social Club, Arturo Sandoval and Pancho Sanchez.

The man who has bread to eat does not appreciate the severity of famine. • Yoruba Proverb

culture & arts

www.nubianmessage.com

6

Culturalawareness

Read. Learn. Grow.

The African American Heritage Society will be showing the film "Sankofa" as part of their monthly film series. Ethiopian film-maker Haile Gerima wrote, directed and produced the film. "Sankofa" is a powerful film about Maafa, the African holocaust, done from an African/African-American perspective.

This film is vastly different from the generally distorted representations of African people that Hollywood gives us. The word "Sankofa" is an Akan word that means, "We must go back and reclaim our past so we can move forward; so we understand why and how we came to be who we are today."

Visually and symbolically "Sankofa" is expressed as a mythic bird that flies forward while looking backward with an egg (symbolizing the future) in its mouth. Also, the Sankofa bird turns its head backwards to straighten its tail feathers, which symbolizes

MLK service

from page 1 several Raleigh businesses. Students dispersed into small groups and were assigned a social issue to work on for the day. Participants contacted local agencies that tackle these particular issues on a daily basis. "I learned that we have to remember the elderly, and we have to put effort into getting funds for the elderly," said participant Damien Terry. .At 4 p.m. participants gathered in the Walnut Room of Talley Student Center for a reception in which they reflected and presented what they learned form the day's experience. Shaw University's chair and associate professor of religion and philosophy, Dr. William A. Thurston delivered a speech on leadership and rebuilding the civil community. According to Adrienne

Anti-war march

other leaders, delivered speeches encouraging protesters to continue to oppose a war that will directly and indirectly affect the world and will be the cause of the demise of many communities.

from page 1

After the rally, protesters marched through the streets of Washington D.C. chanting and singing in the freezing cold. The temperature had no effect on the protesters, as the fire in their hearts encouraged them to continue marching with over 500,000 people in pursuit of changing the current war status.

The people from North Carolina were among the most enthusiastic, politically conscious, and motivated protesters in D.C. Chanting aloud,

The African American Heritage Society looking back in order to straighten out ill be showing the film "Sankofa" as part one's past.

> The African American Heritage Society program continues to embrace the development and cultural enrichment of African American students by emphasizing and encouraging the study of African heritage through mentoring, research and scholarly presentation.

As part of "Sigma Week," the Xi Zeta chapter of Phi Beta Sigma Fraternity, Inc. and the African American Heritage Society encourage all students to attend this program. "Sankofa" will be shown in the Multipurpose Room of the African American Culture Center at 7 p.m. on Monday, Jan. 27.



Jablonski, a graduate intern for the Center, the project is " to honor the life and work of Martin Luther King" by following through with his commitment to service. In order to follow King's dream Courtney Simpson notes that "first and foremost, respect for ourselves and our people is necessary, then color should be irrelevant."

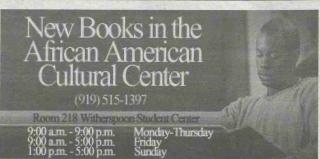
The Center for Student Leadership, Ethics and Community Service is committed to developing leadership skills, ethics and community service of students. The Center promotes these activities through the Leadership Development Series workshop, service challenges such as Service Raleigh, service applications and through providing resources to students on leadership, ethics and community service.

they sent energetic vibes to surrounding protesters causing a ripple effect.

Bryan Proffit, Langston Fuze, and others burst into powerful chants, such as "some want peace, some want war, so ask yourself what you come here for. What you come here for? what you come here?

Many protesters expressed their concerns about the longtime effects Marcia Lowe, from Kansas City, stated that if the war were to be initiated "social humanitarianism will go into a downfall. How we treat people, economy, and other countries will leave us with no friends in the end."

Police arrested 16 protesters after they marched on the White House and exceeded the 25-demonstrator mark for Lafayette during a second day of rallies.



Anthony Exum staff writer

The African American Cultural Center Library, located on the second floor of Witherspoon Cultural Center, periodically acquires new additions for students to enjoy. Recently the library obtained six books, of which three are fiction and three are nonfiction.

The first fiction book comes from the author of "For The Love of Money," Omar Tyree. The book, entitled "Leslie," follows the exploits of college student Leslie Beaudet. The New Orleans setting of the book adds unique elements to Tyree's plot including murder, voodoo, drugs, and adultery. The novel sees Leslie try to seduce her best friend's boyfriend, attempt to use voodoo to gain what she wants in life, and become involved with a drug lord that also hires her brother.

The second fiction work to be added to the library is the book "The Shirt Off His Back" by Parry Brown. This book follows the troubles of protagonist Terry Winston. Terry is the described as "the good husband, good father, good son, and good friend." This all is interrupted when the mother of Terry's twin daughter returns. She returns to gain custody of the children, but not for motherly love. She wants custody of the children for selfish reasons.

The last fiction book to be added to the library is by the author Eric Jerome Dickey. The novel, entitled "Thieves' Paradise," is the story of unemployed actor Dante Black. As a teenager, Dante

The dream

from page 4 man" stereotype is still considered the ultimate eyesore of the American society, and the prison system his eventual domain, the achievements thus far shouldn't blur our sights from crucial issues.

"We must forever conduct our struggle on your own. Li on the high plane of dignity and discipline." - Dr. King later says in the next sentence is not referring to physical violence. This excerpt is hinged on the backbone of a surviving and effective effort to pursue knowledge and a demonstration of the inherent capabilities of the Negro. The words "we," "forever," and "struggle" admonish us to show that colored persons can equally impact lives when given

killed his abusive father in self-defense. After a string of bad luck, Dante is unemployed. Dante finds himself looking for love in Pam, a waitress at a restaurant where he is a regular customer. His situation is also complicated by Scamz, a person who never does anything the legal way. However, his best friend and confidant Jackson anchor him.

First-time author Ilyasah Shabazz wrote the first nonfiction addition to the library. Her book, entitled "Growing Up X," is a chronicle of her life and family. Shabazz, the third daughter of Malcolm X (Hajj Malik El-Shabazz) and Dr. Betty Shabazz, recounts her childhood, adolescence and adulthood. Shabazz was only two when her father was gunned down at Harlem's Audubon Ballroom in 1965. She also writes of her mother's death in 1997 of injuries suffered from a house fire started by one of Ilyasah's nephews.

Duke University English professor Karla Holloway. The book, "Passed On: African-American Mourning Stories," explores death and dying among 20thcentury black Americans. Holloway combines interviews of present-day undertakers with historical research. She explains the development of rituals like open-casket services and processions, violent threats faced by black funeral parlor owners, and the influence of disproportionately violent black deaths on mourning practices. The book is also highlighted by stories of mourning by various people <u>New books</u>

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opportunities. This calls for preparation. With affirmative action policies facing intellectual assault from all sides, tested skills and readiness become imperative.

I could go on about expatiating on little known, but integral parts of Dr. King's speech, but do yourself a favor and read it on your own. Listen to the words with your hearts. Take something from it and build a definite decision around it for tomorrow and years to come.

Multinational companies might use our music beats, trends and lifestyle to chase all the dollars in this world, but a revelation from King's speech should just let you know company execs are as trustworthy as a hawk with newly hatched chicks, but don't say I said it.

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Breast cancer rises among African American women

Chika Nwankwo

While leafing through the October 2002 issue of "Essence" magazine, I came upon an article that should be of interest to every woman. Breast cancer cases are increasing in alarming numbers among young women, especially black women. The occurrence of this life-changing disease among young black women under 45 has increased by 32 percent between 1973 and 1992. These numbers show that although the cancer is more common among white women who are much older than 45, the young black woman is not invisible to the cancer-causing cells. The only way to survive breast cancer is to detect it early.

If you have any family members who have had the disease at a fairly young age, you should consider getting screened regularly. Breast cancer can result from inherited genes. This means that you are at greater risk to get breast cancer. Birth control pills, early menstruation, and delaying having children all are factors that lead to prolonged exposure to the hormone estrogen, which is believed to promote cancer cell growth.

Seventy-five percent of all breast cancer cases are caused by the environment. Elements such as pesticides, plastics, radiation and many other chemicals increase our chances of developing breast cancer.

You can do self breast exams monthly. The Health Center has many brochures on breast cancer that show you how to perform these exams. When at the doctor's office, make him or her screen you for breast cancer. Even though doctors do not recommend screening to women in their 20s and 30s; ask to get it done anyway, especially if you have concerns about your breasts.

Even though there is no known way to prevent breast cancer, the risks of getting the disease can be lowered. Exercise is not only good for our health, but it also reduces the amount of estrogen in the body. Losing weight reduces this hormone. Estrogen causes cancer cell growth and having an excess of it is unhealthy. Eating high fiber and lowfat meals also helps to reduce estrogen levels in the body.

Smoking increases the chances of developing breast cancer by four times. Alcohol raises estrogen, therefore alcoholic beverages should be limited. Use non-toxic cleaning products, stay a safe distance from the television, the microwave, and computer monitors. They all give off harmful emissions. You should also avoid microwaving food in plastic containers.

Breast cancer affects our grandmothers, mothers, aunts and sisters. Even though it can not be prevented, the only line of defense is early detection. Please do not let this cancer sneak into the lives of the women you love, including yourself.

Diabetes awareness

staff writer

staff writer

A. Michelle Mclean

Diabetes is defined as a metabolic disorder that involves a warped production of insulin and distribution of glucose. When food is digested, glucose, which is the form of sugar in the blood that serves as the main source for growth and energy for the body, is broken down from what is consumed and passes into the bloodstream. The glucose must get into the body's cells. In order for this to occur, insulin, a hormone produced by the pancreas, is essential.

In people diagnosed with diabetes, the pancreas produces too little or no insulin. It is also possible that those who are diabetic have a low response in the cells to the insulin that is produced. As a result, the build-up of glucose in the blood, the overflow of glucose in the urine, and the loss of the main source of energy for the body occur.

Within this disease are three types: Type 1, Type 2, and gestational. Type 1 diabetes accounts for an estimated five to 10 percent of those diagnosed in the United States. It develops mostly in children and young adults. The symptoms of Type 1 diabetes include constant hunger, blurred vision, increased thirst and urination, weight loss and fatigue. Type 1 diabetics have to take insulin daily in order to live healthily. If one is not diagnosed and treated with insulin, going into a life-threatening diabetic coma is highly possible. Type 1 diabetes, nevertheless, occurs equally in males and females, but develops more in whites than in minorities. The most common form of diabetes is Type 2 diabetes. According to the National Diabetes Information Clearinghouse, about 90 to 95 percent of those with diabetes have this type. Adults age 40 and older are usually diagnosed with the Type 2 form. Moreover, it is reported that about 80 percent of people with Type 2 diabetes are overweight. As what is known as a metabolic syndrome, Type 2 diabetes often consists of elevated blood pressure, obesity, and high levels of blood lipids. Symptoms include frequent urination, fatigue, unusual thirst, nausea, frequent infections and slow healing of sores and wounds.

Gestational diabetes develops during pregnancy. As with Type 2 diabetes, African Americans, Hispanic Americans, American Indians, and people with family histories of this condition are the most prone to gestational diabetes. Usually subsiding after birth, it increases the risks of the mother getting Type 2 diabetes later. When diagnosing Type 1 or 2 diabetes, the preferred procedures include testing random plasma glucose values, along with observing the presence of diabetes symptoms. It is imperative, however, to be diagnosed if you are experiencing any of the mentioned symptoms.

What is even more important is that the proper treatment and management is practiced. Healthy eating habits, proper exercise (physical, daily activity), and consistent use of medicine in addition to regular testing of blood glucose levels are very important. Overall, those living with diabetes can still lead healthy and fulfilling lifestyles.

The truth about AIDS

staff writer

Afton Dixon

As we all know AIDS (Acquired Immune Deficiency Syndrome) is a terrible diseases that millions of people around the world live with every day. Also to be taken into account are their loved ones who go through the different aspects of this disease with them.

Along with the breakdown and ultimate destruction of the immune system, there is also a social stigma that people who have HIV/AIDS have to deal with, especially in the United States. Despite the fact that this disease is one of the leading killers in the world, there are people who are making a difference in the lives of those who have AIDS. Their physical health eventually fades, but they are human beings who should be treated with respect and decency.

One organization that makes a difference in the lives of people who have HIV/AIDS every day is an organization called Being Alive. Their mission is to bring those infected with the disease together, out of isolation from the rest of the world, and to comfort them. The leaders of the organization themselves are infected with HIV/AIDS. They have various revenues for HIV/AIDS victims to help them cope with the disease, such as: outreach programs, peer counseling, support groups, monthly discussion forums, medical updates, legal clinics, social events, and a newsletter distributed worldwide.

The Being Alive organization works together with other organizations to bring the various lives of those infected with the disease closer together, so that they won't feel so alone in their battle with HIV/AIDS. Some of the organizations they work with are Bienestar, the Gay and Lesbian Center, and AIDS Healthcare Foundation, just to name a few. The Bienestar and the Gay and Lesbian Center are organizations that provide support for gay and lesbian people of color who are infected. The AIDS Healthcare Foundation provides care needed for HIV/AIDS patients.



Facts about HIV/AIDS:

- Every hour of every day, two young Americans between 13 and 24 are infected with HIV.

- HIV/AIDS is the sixth leading cause of death among 15- to 24-year-olds in the United States.

Until lions have their own historians, tales of the hunt will always glorify the hunter. • Akan Proverb

Entertainment

Gospel artist rises to the top

Kwadwo Ofori

Lamar Campbell was born on Feb. 13, 1964 in Indianapolis, Ind., and raised in the Capitol City Seventh Day Adventist Church. His three siblings enhanced his childhood, and then he graduated from Broad Ripple High School and attended Butler University. There in 1987 he formed a

group, but due to his admitted arrogance, the group disbanded.

After his academic career, he became the minister of music at the Light of the World Christian Church. Soon after he signed a record deal with Tyscot Records in 1995, but the two records recorded under them went virtually unnoticed. On his birthday in 1998, he signed Lamar Campbell with EMI Gospel and success

impact on modern gospel music with his album "Lamar Campbell and Spirit of Praise." "Can't Nobody Tell It' breaks some new ground for Spirit of Praise," Campbell says. "With each record it's been our intention to broaden the audience that we minister to. God has given me a particular burden for the young people, and we're really trying to like to make.

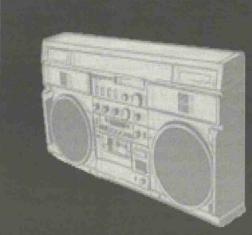
reach out to them with music they can appreciate and a message that can change their hearts." Campbell had this to say about the diversity of his latest CD entitled "The Praise Collection": "They represent all three types of music I like," he says. Longtime Spirit of Praise soloist Denise Clark brings a traditional reading to "Just For Who You Are." On the urban tip, there's "Wha' Cha Here 4?" "I wrote that with

Danny Weatherspoon," Campbell explains of the musical director for

Donald Lawrence & the Tri-City Singers. "He wrote the music, so that came first. I wrote the lyrics and choral arrangement from that. What that says is what we're here for is to give God some praise."

Campbell and Spirit of

soon followed. Lamar Campbell made a striking success in the recent years. They have toured from coast to coast, praised on national television on the David Letterman Show, and have opened for Bill Gaither's Homecoming in Indianapolis. His latest CD appeared in stores in early March and Campbell states that he wants it to be the first in a series of praise music volumes he would



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Entertainment Crossword Across Down 1. Bucs vs. Raiders 2. Jason Williams' team 4. Biggest MJ album in history 3. Beyonce's little sister 7. Julius 5. In Da' Club 8. NCSU championship team 6. National collegiate football champions

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