

the Nubian Message

Sentinel of NC State's African American Community Since 1992.

November 5, 2002

www.nubianmessage.com

Vol. X Edition 6

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Bush has all his ducks in a row; find out how our strength of schedule controversy figures into his plans.

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What's Goin' On?

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Dr. Kenneth Vickery discusses the reality of progressive development in South Africa. Lecture scheduled for Nov. 11.

Jitney

Black Repertory Theatre's Fall 2002 Production "Jitney" opens this Thursday, Nov. 7 in Tompkins Theatre. Student Admission: \$6. Information about the play scattered throughout this edition.

Pan-Afrikan ideas

BSB is looking for input about this year's Pan-Afrikan festival. Submit your thoughts to: Chad Minter, chair of UAB's BSB committee via e-mail at: ccmlinter@unity.ncsu.edu.

VOTE TODAY

No matter who you're supporting, don't forget to get out and vote today. Don't forget what happened in 2000 when you didn't.

Building Coalitions Through The ABCC

Turqueya Williams

staff writer

The Association of Black Culture Centers hosted its 12th Annual Conference this week in Springdale, Ohio. This event, lasting from Oct. 31 to Nov. 2, 2002, was co-sponsored by Miami University. The ABCC's session topics were centered on its theme: Black Culture Centers and Coalition Building.

The Association of Black Culture Centers is a national organization composed of college and university Black and Multicultural centers with more than 700 members and affiliates in 49 states.

Dr. Fred Lee Hord founded ABCC in the year 1987. The same year he served as the first director of the Black Culture Center at West Virginia University and is the executive Director of the ABCC. ABCC's founding institution is Knox College located in Galesburg, Ill.

The purpose of the ABCC is to "reclaim, commit and perpetuate the culture of the people of African descent through a network of culture centers." The Executive Board of the ABCC includes: President Dr. Francis Dorsey, Vice President Paul James, Secretary Dr. Iyailu Moses, Treasurer Dr. Lonnie Williams, Administrative Assistant Terry Duffy, and other student board members.

The conference was enlightening and powerful. Board members, keynote speakers and leaders alike were all motivated through the teachings and unity of the conference. "You don't know the power of your influence until someone lets you know," said ABCC President, Dr. Fran Dorsey at his President Luncheon on Friday, Nov. 1, 2002. "You [conference attendants] remind and challenge us elders to continue to better our minds in order to better our community. We can't do it without you leaders following us."

The conference had three keynote speakers: Dr. Beverly Guy-Sheftall, an Educator, Feminist, Writer and Founder of Women's Research at Spellman College, Dr. Ron Daniels, a social and political activist, and Piri Thomas, author of "Down These Mean Streets." Each speaker spoke on the theme of Coalition Building while providing solutions to issues in the black community. Topics included: Terrorism and Patriotism, Racism and Language, Black Studies and Black Culture Centers, Culture Centers and Greek Organizations, and many more.

This conference was truly a walk through our past, present and future in Black America. The ABCC was vivacious, powerful, interactive, enlightening and, most importantly, beneficial. The

information exchanged at this conference is imperative to the success of people of African descent in America. Not only was it an opportunity to meet various African American Scholars, but also to learn how they became successful and build networks so that we can be productive as a people.

I encourage all those who are able to attend in the future to do so. It is definitely a worthwhile and empowering experience.

Heritage Day Winner



Winner of 2002 Heritage Day Poster Contest.

staff photo

COD Names Freelon Distinguished Alumnus

Catherine Lazorko
special to Nubian

The North Carolina State University College of Design has selected Philip Freelon of Durham as its 2002 Distinguished

Alumnus. Freelon is the principal architect and president of the Freelon Group, an architecture firm responsible for numerous buildings of note, including several on NC State's campus. Last year, the Freelon Group was awarded the North Carolina Chapter of the American Institute of Architects' Firm Award, the highest honor presented to an architectural business by the state chapter.

"Phil is a practitioner of exceptional merit," said Dean Marvin J. Malecha. "His model of practice as a collaborative endeavor has resulted in a number of distinguished projects recognized with design



Phillip Freelon
courtesy • College of Design

awards. Phil continues his leadership by devoting himself as an advisor to African-American students and interns, encouraging much needed diversity within the architecture profession."

Freelon's professional accomplishments have been matched by his commitment to public service. For more than eight years, the Freelon

Freelon

NC's Clayton Markets Black Supermarket Biz

Dwight Hobbes
special to Nubian

Minneapolis, Minn. — The Insight/KMOJ Public Policy Forum spanned the country from Lucille's Kitchen in the heart of North Minneapolis to include the participation of U.S. Congressional Representative Eva M. Clayton (D-NC) member of the Congressional Black Caucus.

Focusing on ways to rectify the lack of educational and business opportunities for minorities, panelists included, on-site, Minnesota State Colleges and Universities (MSCU) Chancellor James McCormick; Associate Vice Chancellor Delores Fridge; Public Affairs Officer Linda Cole and Minneapolis Community and Technical College President Phil Davis. Also participating in the discussion were Francis N. Onwuah, president of the National Association of Minority Contractors - Upper Midwest, and Richard Copeland, president, Thor Construction.

Clayton is distinguished by unprecedented advocacy of strategies aimed at continuing to strengthen the economy of African American communities. She is widely recognized as an official who leverages her position, working to empower her constituents by enfranchising Black business. Clayton convened a Sept. 17 roundtable at the House of Representatives, inviting supermarket and grocery chief executives to identify business opportunities for African Americans in the food industry. At the roundtable, she addressed critical issues that would enable to Black companies to transcend the inertia of "business-as-usual" to rectify the equation by which African Americans who spend billions of consumer dollars, remain under-represented in the marketplace as suppliers of farm products, manufactured goods, and professional and technical services.

Lucille's Kitchen, a soul food restaurant

Clayton

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Until lions have their own historians, tales of the hunt will always glorify the hunter. • Akan Proverb

Students Honored At Dinner

NEWS STAFF REPORT

staffreport

NEWS STAFF REPORT

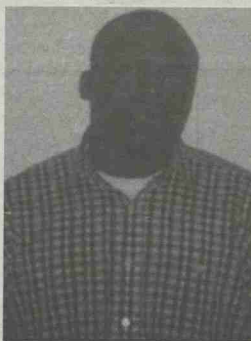
On December 6, 2002, the annual University-Community Brotherhood Dinner will feature outstanding males and females from NC State, Shaw University, and St. Augustine's University. This year's honoree will be Senator Eva Clayton. This year, Wilson White and Natalie Scurry will be honored as the outstanding

African American male and female of NC State.

White is a senior in Computer Engineering, a Park Scholar, a member of Phi Kappa Phi Honor

Society, and the Undergraduate Representative to the Supreme Council of Omega Psi Phi Fraternity, Inc. White plans to attend law school and study Law of Intellectual Property or Patent Law. Scurry, a dynamic African American female at NC State, will also be honored at the Dinner.

Scurry is junior in Chemical Engineering, Chair of the Diversity Commission in Student Government, and she is being inducted into Phi Kappa Phi Honor Society tonight. Scurry plans to pursue graduate or law school or obtain a MBA. The community congratulates Wilson White



Wilson White



Natalie Scurry

and Natalie Scurry on their tremendous accomplishments.

Africa News Briefs

NEWS AND INFORMATION FROM THE CONTINENT

• Men Clubbed, Dead

An escape plan from a Nairobi prison ended in tragic deaths. Eight men were involved in an arrangement to break out of jail. On Oct. 16, two robbery suspects suffered violent deaths after trying to escape. Prison warders bludgeoned to death Reuben Wamalwa Kenge and Morris Otieno Omondi.

An anonymous senior officer at the

prison, said, "The warders brought [in] the two - one already dead and the other in critical condition - at night." They reasoned that the men had sustained injuries after falling off a moving vehicle. However, it was apparent to autopsy investigators and medical professionals that the two had been clubbed to death.

Four of the men successfully escaped, but were later apprehended. Two more were placed in the hospital

in serious condition. An anonymous source commented, "The prison warders came out in full force and using clubs, rungs, metal bars and other crude weapons, bludgeoned the remandees, leaving them for dead." The two dead men were facing violent robbery charges. Both men continued to deny all charges; even to the fatal night of their deaths.

• AIDS Crisis Continues

To date, 900,000 Ugandans have died of AIDS. More than one million Ugandans now live with HIV and 120,000 are suffering from AIDS. Ugandan Vice President Isatou Njije-Saidy is starting programs to mark the beginning of "a long and bitter struggle against the life-threatening disease." As the numbers of AIDS cases rise around the world, more and more educational programs are being launched in the hopes of decreasing infection rates. The worldwide number of reported AIDS cases, as of Oct. 24, is 49,115,775.

Freelon

from page 1

Group has mentored high school students from Durham and Wake counties. Freelon has served as a past director of the Greater Durham Chamber of Commerce, as a member of the Durham Historic Properties Commission and the NC Capital Preservation Commission, and as a member of the I-40 Land Use Advisory Commission.

Freelon is an active member of

Clayton

from page 1

rant in North Minneapolis, for five years has hosted the weekly public policy forum, which has conducted unique videoconference connections with South Africa, Berlin, Germany, and other points around the nation and within the state of Minnesota. Clayton's presentation inaugurated the live-to-the web feature, a capability that allows CBC members to speak to their own districts and to the Black world simultaneously via internet. Forum host, Insight News, posts its feature story about the Forum at the home page of the Black Press of America, (www.blackpressusa.com), the website of National Newspaper Publishers Association, making the feature available to Black newspapers nationwide.

Clayton joined the forum via videoconference from the U.S. House of Representatives in Washington, D.C. Of the September roundtable, Clayton said: "We had more people wanting to come [to the discussion] than we could accommodate. Apparently there is sincere interest on the part of the industry to let us know what they are doing, the techniques of how minorities, particularly African Americans, can do business, not only in selling products and services in-store but in the creation and construction of the businesses."

"All participants were very responsive," she continued. "Some may not be doing as much as we want. Some are doing more than others, but at least they want to talk about it. This is an important step."

Clayton said the initiative stands to significantly benefit a company like Glory Foods, which is attempting to expand its national distribution to reach an annual sales goal of \$100 million. The Ohio-based company has a frozen food product manufacturing plant in North Minneapolis. Clayton also emphasized the need for minority consumers to educate themselves and not undervalue their power of choice so that they experience greater cash-flow instead of seeing vast capital go one-way from their pockets to mainstream coffers. "[We need to] organize and rethink how we spend our dollars so it helps us. The Urban League is an excellent organization to begin that process, to

bring forums where we can see the impact of our dollars."

She lauded the Insight/KMOJ Forum for utilizing technology that improves vital discourse of important issues, seeing it as a model she hopes to incorporate in upcoming outreach to her home base of North Carolina as well as her colleague Dan Davis' [D-IL] efforts in Chicago. "This is a unique opportunity for me to be here in Washington and communicate [across the nation]. You're ahead of the game. Thank you for showing us the way to do it."

In the ensuing segment, host Al McFarlane, CEO/President of Insight News Group, cited suspect conduct by corporations, referring to construction in Minneapolis of headquarters for the multi-national company, Best Buy. The National Association of Minority Contractors was promised in the planning stages that their members would be employed on the project but, in the end, were left out. Copeland responded, "We need to hold corporate America accountable to the community. Best Buy gave lip service. In the final analysis, we received less than one-half percent of \$200 million spent. It happens everywhere, all around us. We don't get our fair share in any area."

Delores Fridge spoke to the comparable arena of education, where MSCU has achieved inroads to facilitate minority enrollment. She said: "What [equal opportunity] means in the MSCU system is that we are working to ensure that anyone who comes to our campus is welcome. Equal opportunity and diversity mean just that. We do a lot of community outreach; anytime that we're invited or [learn] that something is going on, and bring our booth."

Linda Cole announced a major campaign by MSCU to reach communities of color through the ethnic media. "The purpose is to get the word out that college is affordable, that there's help if you need help. [Many] people have an unrealistic idea of how much it [ultimately] costs."

Chancellor James McCormick attested that a primary MSCU imperative is "to increase access [for] more people from different backgrounds to experience the benefit of higher education."

In addition to teaching, Freelon has donated many hours to NC State through service as a member of the Design Guild Board, including a term as board president. He is currently a member of the NC State Board of Visitors, the African-American Community Advisory Committee and the Chancellor's Circle. He has also served on the Design Foundation Board.

The Nubian Message

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Only with the permission of our elders do we proudly produce each edition of The Nubian Message.

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What If ...

Crystal Stallings

opinion editor

Sitting in my big mansion that I paid for with my rich daddy's money, I watch television. Guess what is happening in the world? Well, my girl Lakeisha Gray is president now. Yeah she is just running things from the White House. Prince, her dog, has just got the biggest yard. Anyway, my neighbor Shirae' was telling me that some white folks were coming into the neighborhood. They would be among the elite few who worked to get a spot on the Everglade Heights suburbs. I declare it makes me appreciate them more to see them come here when I know they earned their way here and not on some predisposed psychological study on greater intellect because they are supposedly the better race.

Anyway, as far as the average world goes...my people, they're doing great. The children, they got mad skills in the classroom. They are so creative, but of course I knew that already. It took Lakeisha to get into office so that she could release funds from the government retirement fund into the public school system. They're in the best schools - even got money to get the white urban public schools money for new books. Yeah, my husband has a steady job running this big computer company. His employees are mainly black and they all have degrees from prestigious schools. Their families are so blessed to have that kind of money to send their kids to school. I know the minority, I mean Caucasian people, work mighty, mighty hard to send their kids to school. Some of those kids are first generation students most of the time. I've seen some of their mothers and fathers work two or three jobs to send them to school. I didn't know those kids were that smart to even get accepted. I'm sure it's some quota that has to be filled. I'm glad my son got some scholarships. It was so easy because somebody told me about them and I just made sure he knew.

Leadership in the Caucasian community is scarce but it's getting better. They're finally learning how to become more literate and

use their minds instead of their mouths so much. I was getting tired of them talking all the time and not having any action to put behind it. You would think that if they knew the struggle of a person they would grow up and take charge of their own actions and destinies, but they just sit there and do nothing. I declare I get so tired of them always demanding this and that. Granted, they deserve it sometimes, but what about us? Don't I deserve a lasting line with my generation and family? And on that note, what is really going on with the interracial thing? This son of mine comes in and had this white girl over and I was like, "What? Aren't there any nice girls in the school who look like you that you would want?" I mean really, and why does she live on the other side of town? I don't know where her family is from or what they do to survive but I can tell you this, I don't like her just because. But I'm not a racist or anything.

Yeah, but on the flip side, I just love their music. It is so radical and vibrant. It's so easy to see why the younger kids like imitating them. It makes you feel good, but sometimes I can't understand the lyrics and the suffering lifestyle behind it. But see that isn't my problem. I figure as long as I listen and buy the music, I'm contributing to their livelihood. I don't mind as long as my son doesn't begin to act like them. I figure let him have his fun now and then he can get it out his system. I think all white people really act like that sometimes except for the few that have actually had the chance to be around us. Who could blame them, if that's what it takes for them to actually get some money then I understand. I understand that they always seek the lower jobs and, hey, someone has to do it.

Final word, I don't know what it is that makes living in this life so unfair, but must I be held accountable simply because my ancestors did them a wrong that I had no control over? Why can't we just be happy in the roles that this land was established and founded upon? It's not my fault that the world is this way. I can't do a thing about it.

Maturing Beyond The Four Walls

Segun Olusesi

staff writer

As they both returned from chemistry class, Ada* suddenly blurted out, "What does Pan-Africanism mean to you as an African person?"

Obviously stunned by the question, "Was that all you picked out in a 50-minute class about molecular structures and chemical formulas?" Dibe questioned.

"No, Dibe, it's just that I've always wondered if the Pan-African week we celebrate annually on campus actually achieves its purpose."

"No!" Dibe declared, "Pan Africanism used to be somewhat of a movement supposed to unite Blacks and colored people around the world, but which we have sabotaged for our own individual interests."

"So you mean all the time and energy put towards planning the annual event is a waste of time?" Ada accused.

"Now don't get me into trouble Ada," Dibe replied, "I'm only saying the original ideology behind the Pan-Africanism movement has been eroded as time has gone past. Look at it from this perspective: where is the unique relationship that Pan-Africanists like Marcus Garvey and W.E.B. DuBois celebrated with humanists like Gandhi in our generation? You talk of Pan-African week, supposedly meant for all colored folks, but do you see Indians, Native Americans or Arabs planning events. Aren't they colored people, Ada? Tell me, aren't they?"

"Don't say that Dibe," she replied. "No one is stopping them from participating, they simply choose not to join us."

"Says who?" Dibe interrupted. "All they have to do is look around and see the true situations of things."

After a brief period of silence Dibe continued, "You think they aren't wiser when they see that it is a White man, and Rock icon, Bono who has been campaigning for debt relief and poverty alleviation for African countries, even bringing the U.S. Secretary of Finance to tour these exploited continent with him. They look and expect such ideas from men like Jesse Jackson and Al

Sharpton, not a rock band leader. When last did you hear of a collaboration between the NAACP and the newly formed African Union?"

Feeling the need to add a twist to this interesting argument, Ada asked, "Why is it that there are more African men married to Caucasian women than there are married to African American women?"

Hesitant for a couple of seconds, he replied, "Why are you asking me? I'm not married to one!"

Unsatisfied, she prods further, "Well, you know someone who is, and you've probably talked."

"I guess they live more fulfilling and promising lives with Caucasian women, simple," he cuts her off.

Now the battle line is drawn, and down-to-earth sista is not about to give up. "You betray us - Black men," Ada declares. "The low down brothas cheat on us, and the successful ones don't reckon with us as partners. African men aren't any different, how can Pan-Africanism ever be sustained if we refuse to date and marry ourselves."

Amused by the connection she's made between a man's personal taste and an ideological movement, Dibe asks, "Have you read Frank Fanon's 'Black Skin, White Mask'?"

"Yes."

"What do you think of the chapter in the book that accuses the Black man of redeeming his dignity by sleeping with a White woman? Do you think it gives a glimpse of interracial relationships?"

"Not necessarily, but in most cases, theses men are just damn insecure of themselves and I'd rather not be with a man like that," she said.

"Well said," he agrees. "Now to the issue of Pan-Africanism, how much of Africa do you know?"

"Well, you Africans come over to the United States and keep to yourselves."

"And that's because we have never felt welcomed by African Americans!" Dibe screams...

To Be Continued...

*Name has been changed

Strength Of Schedule

Evan Rogers

staff writer

Believe it or not, George W. Bush has been telling the truth lately. America is not at war with the entire Islamic world. In fact, our troops will eventually have their time, energy, and lives invested in a region quite far from the Middle East.

You see, after we "liberate" Iraq, good ol' G-Dub is gonna send our troops to North Korea. Why? It's all about strength of schedule. Like Steve Spurrier or Bobby Bowden, our president realizes that it is much wiser to begin your season with a few "tune up" games. There are two main reasons why our current administration has yet to target North Korea, a communist state and 1/3 of the axis-of-evil. The

first and most important reason is location.

North Korea is in close proximity to China, and, as a result of our current relations with China, it is very unlikely that we would be able to unilaterally enter the region without being perceived as a threat. Secondly, the American public does not want war. Most of us oppose a war with even Iraq, which would make a war with North Korea that much more difficult to justify. Hence, we go after Iraqi dictator Saddam Hussein, a figure for which the American public has a sufficient amount of contempt.

Despite the fact that North Korea has been in violation of the Nuclear Nonproliferation Treaty since 1994, our current administration has made

very little reference to "rogue state" since the State of the Union address (January 2002). In fact, a recent news release by the Associated Press (AP) reports that North Korea not only possesses a uranium-enrichment program, but has also confirmed it. And how has our administration responded? It hasn't.

You see, issues like the economy, rising crime, and more viable threats like Iran and North Korea are like a mid-season stretch against a few top 25 college football teams, you simply cannot focus on them too far in advance. So for now at least, we'll go ahead and "run up the score" on Iraq, but do not be surprised if George W. Bush discusses his "game plan" regarding North Korea and others after he gets re-elected.

Myth 2: Apathetic Blacks

Portia Overton

staff writer

Some say, "The only way black people can achieve anything is to seek white guilt, and special privileges like quotas, handouts, and lately reparations and apologies for slavery." On the contrary, people like Sanisha Bailey, sophomore, say, "It insults me to think that there are people out there who might think that I need to constantly leech off of someone else, white or black, to simply survive and get by from day-to-day, simply because of the color of my own skin."

The myths that Blacks are the predominant race amongst welfare recipients and federal aid, and that we continue to reap the benefits of affirmative action and other programs like it, has led to that hasty generalization that we are simply incapable of taking care of our own responsibilities. But that is just not truth, what is fact is that Whites are the largest percentage of welfare recipients in America (Liberal Resurgent, 2000). However, it is still questionable, why yet, so many Blacks are on welfare, and even more are currently living in poverty.

Some would say that the precedence of apathy, and even intellectual inferiority (if you recall the big Bell Curve debate), in our community is to blame. I would say that years of centuries of slavery, led to segregation, which now breeds our current state of discrimination and racism. All over the world, it's been proven that in any given society, the discriminated group, will typically work at lower-paying jobs, receive a lower quality education, and experience an overall less successful lifestyle than the "better-off" majority. In America, I think that the hierarchy is so

unequal that not even programs like affirmative action alone can repair the divide. This by no means negates the fact that we cannot surpass the path laid out before us, and become productive, over-achieving citizens in this society. I am merely attempting to devise a method to the madness.

I agree with some of the statements that many blacks basically just need to get with the program. I think, however, that everything takes a considerable amount of time to recover. Every group of people must go through a process of development that can only gradually occur in stages. I am no Sociology expert, but I think that right now, Black America is in the stage that takes a great amount of effort and self-motivation, in a stage that perpetuates reunification.

In this stage, there is a deeper level of self-awareness and empowerment coming to par. Continuous efforts are put forth in order to honor and accredit our current status as Black Americans and strive for even better ways of living. For example, there are Black magazines, television networks, Black-owned businesses. The level of poverty is dropping, while the gap between the household incomes of Blacks and Whites only lessens (LBO Overview, 2000), very minutely, but it is still decreasing. Also, many more Blacks are attending and graduating from college, and so on. The next stage, I believe, will be the most difficult stage, as blacks will have to maintain the success they have attained. It's going to be a challenge, but no longer do we have to pose as victims of this intricate system discrimination, whether it is in the workplace, or in our own school.

Morehouse

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agricultural skills.

During his era, Atlanta Baptist College was named Morehouse College in honor of Henry L. Morehouse, the corresponding secretary of the Atlanta Baptist Home Mission Society.

Dr. Samuel H. Archer became President of the College in 1931 and headed the institution during the Great Depression. He gave the school its colors, maroon and white, the same as those of his alma mater, Colgate University. Archer retired for health reasons in 1937. Dr. Charles D. Hubert served as acting president until 1940, when Dr. Benjamin E. Mays became the sixth president of Morehouse College.

In 1967, Dr. Hugh M. Gloster, class of 1931, became the first alumnus to serve as president of the College. With his help, Morehouse strengthened its board of trustees, enriched doctorates, conducted a successful \$20 million fundraising campaign, expanded the endowment to more than \$29 million, and added 12 buildings to the campus, including the Martin Luther King Jr. International Chapel.

Morehouse established a dual-

degree program in engineering with the Georgia Institute of Technology and founded the Morehouse School of Medicine, which became an independent institution in 1981.

In 1987, Dr. Leroy Keith, class of 1961, was named president of Morehouse.

In October 1994, Dr. Wiley A. Perdue, a member of the class of 1957 and vice president for business affairs, was appointed acting president of Morehouse. Through his efforts, national memorials were erected to honor Dr. Benjamin E. Mays and theologian Dr. Howard W. Thurman, class of 1923.

On June 1, 1995, Dr. Walter E. Massey, class of 1958, was named ninth president of Morehouse. Under his leadership, Morehouse has embraced the challenge of preparing for the 21st century and the goal of becoming one of the nation's best liberal arts colleges.

Morehouse College is the alma mater of numerous prominent and well-known people. Martin Luther King Jr., civil rights leader, '48, Spike Lee, director, '79, Edwin Moses, Olympic gold medalist, '78, David Satcher, U.S. Surgeon General, '63, Samuel L. Jackson, Academy Award nominated actor, '72.

The Real Story Behind "Bills" and "Scrubs"

Lakesha Parker

staff writer

I don't know what the problem is with the songs of today. Okay, I'm lying, because I am ready right now to launch a mile-long list of complaints about today's singers and songs.

First of all, there is a lot more entertaining going on and a lot less singing. And fewer singers too. I jokingly like to state that everyone can sing, but some of them can do so better than others.

But in my parent choice of definition, a singer would be someone who can sing "well". Don't let that shock you. I am sure that there are plenty of people out there who you feel should have done what Milli Vanilli did years ago: LIP SYNC.

There's nothing that I hate more than to see "or hear, rather", my favorite "singer" performing, and when he or she opens his or her mouth, they sound like Donald Duck on crack.

I don't feel a pressing need right now to name those faces, but there are enough of them out there to have me placing their album right back on the shelf.

Of course, there are those who can't sing but have excellent songwriters who help them appeal to their audience. In this case the message or song has outshone the actual singer, making us forget that they can't sing. One prime example is Mary J.

A singer has to be able to "feel" out their audience. They must pry out those emotions which the listener didn't know they had. These emotions may come in the form of laughter and smiles, shame and embarrassment, or melancholy and tears. This is the intent, the wanted effect. This is why they are singing.

An effective song or singer should be able to

release this in us. It can even bring out anger and hurt in many cases and a sense where a person may feel the need to defend themselves. (Keep this thought in mind.)

As we all know - gone are the songs of yesteryear where the singer "knew" and "felt" what she was singing about. It was evident in her motions, her stance, her voice - and yes, we called, this soul singing.

We are now in the day where people choose their songs to cater to their audience. That's what you call entertainment, trying to please the mass. With soul singing, you just tried to reach that one person, and hoped that someone else felt it too.

With those words, I'll leave you to decide who is ripping us off and giving us our money's worth.

But, let's get down to the real reason why I chose this topic. There seems to be a number of complaints lodged by "good" brothers about the "messages" that sisters "seem" to be sending in their songs.

The two apparent groups currently under trial by fire: TLC for "No Scrubs", and Destiny Child for "Bills, Bills, Bills".

"No Scrubs" has a lot of brothers retaliating. The hardest blow was thrown by Sporty Thieves with their song "No Pigeons". I don't know if everybody has ever seen a pigeon before, but when you do, you will see that the brothers came down much harder on the sisters.

I found it amusing myself.

It was rather clear to me that the underlying message was that these sisters did not want anyone who would cause them upset, but rather someone who would be an asset.

For those who got offended I say, "If the shoe doesn't fit, then celebrate! And go find and help

the brothers who have convinced sisters that all men can cram their foot into that "one size fits all" shoe.

Yes, TLC used a stereotype. The stereotype being that the brother sitting on the passenger side is not the one who initiated a carpool, but that he has no job and is leeching off of his friend. Remember the key word here: Asset, and not upset.

Yes, this was a generalization. I am not defending their generalization, nor their stereotype, nor their usage. I am saying that, as a woman, this is what I think they meant. Don't get all upset if it doesn't suit you - laugh at it, turn the station, or borrow another CD from a friend.

The second song receiving the fire is Destiny Child's "Bills, Bills, Bills". (I am going to grab a brother's hand and walk him through so he can understand this one.) I really don't understand why people have misinterpreted this one to mean something materialistic.

Here you have sisters who are working. (Keep in mind that a hair styling position, could or could not pay well... it depends on whether you're established and good at what you do.) It is rather obvious to me that these sisters do not need another job - they in turn need to rid themselves of a no good man. They are not asking the brother for money without a just cause; they are stating their frustration because he is running up her bills. They clearly state in the video (if my memory serves me correctly), that they need another man.

The one that they have is a leech and a parasite. He's running up her bills and not helping her pay them. No contributions makes a sorry man, especially when you're the reason for the bill, or increase in bills.

I don't recall (or maybe I have short memory

again) the sister saying that she needed her "immediate bills" taken care of. She had problems with the extra stuff, or the excess; the cell phone bill, the credit card bill and the car note.

While she was working, he was leeching so that she had to work as if she was supporting a child whom she did not give birth to.

Which brings me to songs in the past, like, for instance, R. Kelly and

Sparkle's song. Both of them were rushing to present their problems without really acknowledging the other and that they needed to work to get their relationship back where they needed it to go. They were too busy saying, "... wait a minute..." to notice that they needed counseling. (Although counseling does help, it always amazes me how they too can counsel me and be in worse situations than me. But, hey, they are only human.)

Need more artists who are talked about? Apparently Whitney Houston got in trouble for trying to analyze her partner's behavior for singing, "... it's not right, but it's okay..."

However, songs such as Kelly Price's "Friend of Mine" remix are okay whenever there are two sides to give their side of the story. Jay Z's (with Amil and Ja Rule off the Rush Hour Soundtrack) "Can I Get a ****" is okay, because it presented two sides of the story. You heard the sister's side. Don't you believe that she said just what TLC or Destiny's Child said, but just in a different manner?

Let the sisters vent and shut up, because that's what it is all about, freedom of expression. In the past sisters weren't allowed to express themselves so freely, and men encouraged keeping it quiet.

"That might not seem alright to you, but it may be okay," because as someone else coined, "if the shoe fits wear it boy."

5

Culture & Arts

BRT Runs \$6 Jitneys Out Of Thompson Theatre Thursday

Anthony Exum
staff writer

Before "Barbershop," before "Do The Right Thing," there was August Wilson's "Jitney." Set in Pittsburgh's Hill District in 1977, "Jitney" explores relationships and interactions between a group of characters. In the words of Ron Foreman, the play also exhibits one key fact, "Ultimately, life is our own decision."

The title refers to the jitney station owned by one of the characters. Due to urban renewal that is uprooting the community, the need for jitney cabs arises. Jitney cabs are the non-licensed cabs that will go into areas where the licensed cabs will not go. During the course of the play, there are many concurrent plotlines held together with two themes: abandon-

ment and hope.

There is the story of Youngblood and Rena. Rena becomes suspicious of Youngblood because of his absence from home. Unbeknownst to her, he has good reasons for those absences. There is also the story of Becker and Booster, father and son. Becker claims to have given up many opportunities and have sacrificed many things so that Booster could have certain things.

The play, directed by Dr. Patricia Caple and produced by University Theatre, is the first in a series of 10 plays written by Wilson to reflect each decade in 20th century America. These plays include "The Piano Lesson," "Fences," and "Two Trains Running." Caple has directed nearly all of August Wilson's plays,

including "Ma Rainey's Black Bottom," which was her directorial debut at NC State.

The play, put on by NC State's Black Repertory Theatre, will run November 7-10 and November 13-17.

Sedrick Dickens, who plays Becker in the play, brings up another fact, "We as a people have been dealt many hands, but we, together, can handle anything and come out strong."

"Jitney" promises to be a grand production. Filled with a greatly talented cast, written by a remarkably gifted playwright, and directed by an extraordinarily brilliant director, the play may be the shining star of the 2002-2003 University Theatre lineup.



Jitney Drivers (l-r): Turnbo (Ron Foreman), Fielding (Raymond Cox), Becker (Sedrick Dickens), Doub, Youngblood (C.J. McBath)

University Theatre

From Stumphole to Stardom

Marsheda Barnett
staff writer

So you have a poet, an arts educator, and a musician. These three people have their own ways of expressing themselves, giving the whole world food for thought. But there are some special cases where you have a combination of these three types of people wrapped into one. Yet this is still not the case when you speak of Shirlette Ammons. An NC State, Shirlette Ammons will be coming back on Thursday, Nov. 7, 2002 to share with us her art. Ammons will be promoting and signing her new book, "Stumphole: Aunthology of Bakwoods Blood."

"Stumphole: Aunthology of Bakwoods Blood" is Ammons' first collection of poetry. Dr. Haki R. Madhubuti, who is the editor and founder of Third World Press - the oldest operating Black press in the world, provides the introduction for the book. Ammons is such a renowned artist that she has received praise from

the likes of Nikki Giovanni and Jaki Shelton Green.

Born and raised in N.C., Ammons describes her new book as "the biography" of things that she witnessed, experienced, and observed while making the transition to womanhood. Everyone has the opportunity to get a taste of Ammons' work. Copies of the book will be available at the signing. The time of the signing is yet to be announced. More information is available on the Web at http://www.ncsu.edu/womens_center/. Here you will find a description of the events that are to take place and links to Ammons' page. Below is a piece of Ammons' work that should give all food for thought:

*the sky blinds me as I nightwalk through the dark
knowing the stars take part in my seeing except the stage
is the limelight tonight,
so even I, coveting the number of poems twinkling in
dusty anthologies,
am not looking up, am not counting,
the holes they leave.*

The Truth Behind Morehouse

The Truth Behind Morehouse
By Anthony Exum

Out of the over 90 historically black colleges and universities (HBCU), the most well known all-male HBCU is Morehouse College in Atlanta, Ga.

In 1867, Augusta Institute was established in the basement of Springfield Baptist Church in Augusta, Ga. Springfield Baptist is the oldest independent African-American church in the United States. The school's initial purpose was to prepare black men for the

ministry and teaching. Today, Augusta Institute is known as Morehouse College.

In 1879, Augusta Institute moved to the basement of Friendship Baptist Church in Atlanta and changed its name to Atlanta Baptist Seminary. Later, the Seminary moved to a four-acre lot near the site on which the Richard B. Russell Federal Building now stands in downtown Atlanta. In 1884, David Foster Estes, a professor at the Seminary, served as the institution's first acting president.

In 1897, Atlanta Baptist

Seminary became Atlanta Baptist College, during the administration of Dr. George Sale, who served as president from 1890-1906.

Change came with the appointment of Dr. John Hope as president in 1906. He was the College's first African-American president. Hope encouraged an intellectual climate comparable to what he had known at his alma mater and openly challenged Booker T. Washington's view that education for African Americans should emphasize vocational and

Morehouse

Greeks With God

LaToya Eaves
staff writer

Will joining a Greek Letter Organization interfere with your spiritual life? Can you remain faithful to your religious doctrine? Do being Greek and being spiritual?

The Mu Omicron chapter of Delta Sigma Theta Sorority, Inc. and the Kappa Lambda chapter of Omega Psi Phi Fraternity, Inc. sponsored a dialogue entitled, "Greeks and Religion: Do They Mix?" as part of Coleman Love Week. The program featured three guest panelists from North Carolina. Shammah Daniels is an educator in Greenville and a member of Delta Sigma Theta. Paul Anderson is a pastor and a member of Omega Psi Phi. Patricia Lester does not belong to a Greek Letter Organization, but chose to research why it is biblically wrong to join one.

After a welcome and introduction by Dena King, each of the panelists were given an opportunity to present their viewpoints on whether or not being a member of a Greek Letter Organization and spirituality can be mixed. Daniels stated that the symbols of her organization and who she was as a God-fearing woman were separate. She did not believe that her spiritual walk was inhibited but rather enhanced. She did not feel her organization as a whole had committed acts against the will of God but did not deny that there were individ-

uals who did not uphold some of the Christian principles. Lester argued that in her Biblical research she found ten violations of God's Word based on the actions and representations of Greek Letter Organizations but only outlined four to the group because of time limitations. Two of her chief arguments were that joining a Greek Letter Organization could cause eternal relationship with unequally yoked persons (II Corinthians 6:14) and that Greek Letter Organizations practice the works of the flesh through their activities (Galatians 5:16-21). Rev. Anderson said he was raised around Omegas who were practicing in the will of God. He did not join Omega Psi Phi during his college years at North Carolina Central University because of his time commitments, but he worked with Greek Letter Organizations while there. He became a member of the organization while living in Charlotte, NC. He stated, "I pledged my heart to God. I joined my fraternity."

After the panelists presented their arguments, many questions were raised from the audience about several different viewpoints on both sides. The majority of the conversation was based on Christianity because of the backgrounds and faiths of the people in attendance and the panelists. A number of ques-

Greeks

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Soothing Music : Good

HEALTH STAFF REPORT
staffreport

Music therapy is the skillful use of music and musical elements by an accredited music therapist to promote, maintain, and restore mental, physical, emotional, and spiritual health. Music has nonverbal, creative, structural, and emotional qualities. These are used in the therapeutic relationship to facilitate contact, interaction, self-awareness, learning, self-expression, communication, and personal development.

Music therapy involves the use of predominantly improvised music in a structured or non-structured way, according to the needs of the client. The client is gradually introduced to a comprehensive range of percussion and other instruments, and encouraged to use the different sounds as a way of expressing themselves. The therapist usually improvises with the client, providing a 'container' for the client's self-expression.

The sessions can be mostly non-verbal, where the client finds talking difficult, or they can be a mixture of counseling and music improvisation where, for example, the client is able to talk about problems very well, but

gets 'stuck' when talking about, or trying to get in touch with, feelings that are deeper down. Music Therapy can take the form of individual or group sessions.

Music therapy is used with a wide variety of individuals regardless of age, disability, or musical background. Children who benefit from music therapy include those with mental and/or physical handicaps, learning disabilities, sensory impairments, behavioral problems, emotional disturbances, and pervasive developmental disorders. Adults who benefit from music therapy include those with mental illnesses, mental and/or physical handicaps, neurological disorders, problems of substance abuse, acute or chronic physical illnesses, and those incarcerated in correctional facilities. Music therapists also work with elderly adults in nursing homes, geriatric units, veteran's hospitals, and in senior citizen's clubs.

Music therapy has positive applications in childbirth, pain management, and stress reduction. Its effectiveness has been demonstrated with children and adults who are victims of physical, sexual and/or emotional abuse. As well, music therapy has an important role in the care of the terminally ill, both in palliative care and

hospice settings.

Music therapists work with individuals and groups in institutional, community, and private practice settings.

The music therapist establishes an environment of trust and creativity. Trust and rapport between the client and therapist is essential to the therapeutic process in which emphasis is placed on development of a person's inner resources.

Music therapy sessions include a variety of planned musical activities including singing, playing instruments, rhythmic movement, improvising, composing, and listening to music. Techniques utilized within the sessions are creative-expressive, educational, physiological, or behavioral in nature. Sometimes related therapeutic activities and methods from the disciplines of art, dance, drama, poetry, and psychology are used. During the initial sessions, a music therapy assessment is completed and specific therapeutic goals are established. The therapist then develops a treatment plan with short-term objectives as steps to achieve the long-term goals. Evaluation of the treatment effectiveness is an ongoing part of the treatment plan.

Inside The Student Health Center

Renee Johnson

staff writer

On January 1999, NC State's new Health Center officially opened their doors to State students in their new location and building on the corner of Cates Avenue and Dan Allen Drive. Headed by Director Jerry Barker, the center is well on its way into the next millennium, as it is home to several key divisions of health services.

The Counseling Center and Disability Services, formerly located in Pullen Hall, are now located in the left wing of the new center along with the regular Medical Unit and Urgent Care. The lab/x-ray and pharmacy are located on the first floor along with Immunizations. Gynecology, Administration, and Health Promotions are located on the second floor along with the Counseling Center.

There is also an Allergy and Travel Clinic to provide pertinent information about immunizations and precautions for traveling and a Physical Therapy division. All of the previous services still apply. Doctor and nurse visits are free to all students, but charges may apply for certain services and prescriptions. There is also HIV testing sponsored by the Wake County Health Department. Operating hours are still from 8:00am-10:00pm Monday-Friday and 8:00am-12:00pm Saturday and Sunday.

There are many new improvements in the new building. When asked what she thought was the best new aspect of the center, Marianne Turnbull, Director of Health Promotions, replied, "Efficiency and Confidentiality." Students can set appointment and be seen more efficiently and privately. In the former building the crowded waiting area was really impersonal. At the new Health Center students are able to move about, be seen, and receive necessary attention more efficiently.

Spotlight on Health Promotions

Health Promotions is located on the second floor of the new Health Center. This area of Health Services is staffed by Director, Marianne Turnbull, Health Educator, Stephanie Geiger, Alcohol/Substance Abuse Educator, Chris Austin, a secretary, and two interns. In this department focuses on promoting healthy decisions and lifestyles. It's all about choices. Here they mainly focus on educating students about healthful living and the effects and how to deal with the choices made. There are all kinds of services offered by this division such as, Stress Management seminars, Contraceptive workshops, Substance Abuse clinics, Health Improv, and Nutrition and Wellness programs. Most of the services encourage peer education. It has been shown that people learn well from their peers.

As the director of Health Promotions for 22 years, Marianne Turnbull has seen a lot of improvement in this field over the years. There are so many services available for students to learn. For instance, there was a nutritional class sponsored by Health Promotions, available free to students for six weeks last fall.

In this class the students learned current, up-to date health information how to lose weight and keep it off, how to properly gain weight, and how to limit risks for chronic illnesses through nutrition. The students were able to keep all the information given to them after the class and many have learned the proper tools for a healthy lifestyle.

There is also Health Improv. This service is offered as a 3-credit hour class each semester. Focusing on health issues and concerns of college students, this improv group performs around campus and to other outside organizations and areas. Issues such as date rape, STD's, contraceptives, stress management, conflict resolution, and many more are performed to various groups and discussed about the implications of decisions made.

All these services and more are offered by Health Promotions. Health Promotions is making new waves on N.C. State's campus.

Emergency Contraceptives

April Land

staff writer

What is emergency contraception? Contraception is defined as the prevention of becoming pregnant. With a new drug called "Preven," approved by the FDA last September, people can now prevent a pregnancy within 72 hours of the last sexual encounter. Emergency contraception can be used when a condom breaks, after a sexual assault, or any time unprotected sexual intercourse occurs. The new drug, commonly called the "morning-after" pill does not abort a pregnancy, but it prevents ovulation and fertilization.

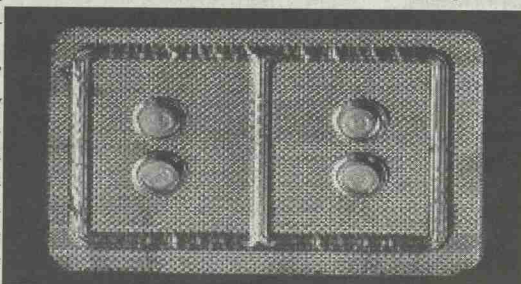
What does this "morning-after" pill do? The kit runs about twenty dollars and comes with four pills. Two pills have to be taken within the first 72 hours of the last sexual encounter and the last two within the next 12 hours. This kit also comes with a pregnancy test to take prior to taking the morning after pills. This type of contraception will NOT terminate a pregnancy.

Use of ECPs (emergency contraceptive pills) reduces the risk of pregnancy by about 75%. This does not mean that 25 percent of women will become pregnant. Rather, if 100 women have unprotected intercourse once during the second or third week of their menstrual cycle, about 8 will become pregnant. If those same women had used emergency contraceptive pills or minipills, only two would have become pregnant (a 75 percent reduc-

tion).

About 50% of women who use ECPs experience nausea and 20% vomit. If vomiting occurs within two hours after taking a dose, the dose may need to be repeated. The long-acting non-prescription anti-nausea medicine meclizine (sold as a generic or under the brand names Dramamine II and Bonine) can reduce the risk of nausea when taken an hour before ECPs.

Almost all women can safely use ECPs. Women who are at risk of stroke, heart disease, blood clots, or other cardiovascular problems



Preven, an FDA-approved emergency contraceptive.

File Photo

should not use birth control pills on a regular basis. In addition, medical experts believe that one-time emergency use of birth control pills by active women (women who are not bed-ridden) does not carry the same risks.

A lot of people believe that this type of contraception will serve as an easy route out for sexually active individuals. These individuals may irresponsibly overlook contraceptive use prior to sexual intercourse. This kind of irresponsibility could lead

to the further spread of STD's and unwanted pregnancies. Emergency contraceptives should not be used as the only protection against pregnancy for sexually active people, because these pills are not nearly as effective as any ongoing contraceptive method.

7 Health & Beauty

Preserve Skin By Reading Labels

Afton C. Dixon

staff writer

Ladies, whenever you are putting on your makeup to look good for your man, head off to the club, or just to look good, have you ever stopped to think that the ingredients in various products are harmful to the skin? Research has been done and there are certain ingredients in some cosmetics and various other toiletries for women that can indeed damage the skin. That's not to assume that all makeup and other toiletries are bad, but there are things that you as the consumer need to be aware of that the advertisers will not tell you.

According to the Federal Food, Drug, and Cosmetic (FD&C) Act, cosmetics are defined as "articles to be applied to the human body for cleansing, beautifying, promoting attractiveness, or altering the appearance, without affecting the body's structure or functions." Examples would be skin care products, cosmetics, hair color, and everything else ladies use to compliment features of the face and skin. Labels like "natural" and "alcohol free" can be misleading to consumers since they are common and general terms.

"Natural" refers to the ingredients being taken from plants or animals instead of being artificially made. There is no scientific proof that natural products are helpful for the skin. Hypoallergenic refers to the products not likely causing allergic reactions. However there is no guarantee that it will not. "Alcohol free" refers to the product

not containing ethyl alcohol. However, they may contain fatty alcohols like cetyl and lanolin. "Fragrance free" refers to a small amount of fragrance, too small to have a noticeable effect on our sense of smell.

There are concerns in applying makeup and other products to the skin. Here are some tips to prevent bacteria from spreading from makeup or other skin products:

- Never apply makeup or anything else and drive. If you have to come to a screeching halt or drive over a speed bump, there is a chance for the applicator to jab you in the eye and cause bacteria to enter, which could lead to blindness.
- If and odor or color change occurs with the product, throw it away. Discontinue use of the product if an allergic reaction occurs.
- If you get an eye infection, throw away the products you were using when the infection was first discovered.
- Avoid exposing makeup to sunlight. The sun can destroy the preservatives in the product and defeat its purpose.

There are some ingredients in various cosmetics and skin care products to avoid. Liquid foundations that include mineral oil, petroleum, or isopropyl myristate clog the pores. Powder foundations that include talc or zinc stearate are carcinogenic. Mascara that includes lacquer or a type of gloss can eventually cause the eyelashes to fall out. Store brand lipsticks, the less expensive ones, can cause the lips to dry.

Ever Thought About Running?

Chika Nwankwo

staff writer

Even though many people are not very fond of running, it is an exercise with many benefits. Just because it's getting cold outside, it does not mean that you do not need to work out. In fact, this is the best time of the year to focus on building up your body for the sunny days that are ahead. If you want to be able to show off some killer legs on the brickyard in the upcoming spring, the time to work toward that is now.

Running is a quick and simple way to get rid of unsightly body fat. It also tones and tightens legs. Start by getting a good pair of running shoes then decide on a great location where you can run. Most people like the gym and its indoor track. This facility

is great if you like to stay indoors and run with the flow. But if you become bored running indoors, entertain yourself during your laps by wearing an armband radio.

The other alternative to running in the gym is running outside. Outside can seem a little outrageous but in the long run it has some big advantages. There is the least possibility of boredom. There is always something to look at and help you pass the time. Make sure you cover up in the cold weather.

If you do not want to do the track and are not interested in running outside, then the other option is the treadmill. These machines will help you get the workout you need, keep you inside, and provide a greater possibility of entertainment.

A way to put some fun into your

running routine is to include your friends in the exercise with you. It's a great opportunity for all of you to run, work out, and have a great conversation at the same time. You would be surprised at how quickly the laps will pass you by because you will be so busy laughing, moaning or complaining to your friends.

Like any other exercise, running is a gradual process. Do not step on that track expecting to do 3 laps the first time. Start small. Do one lap, rest on the sidelines, stretch, then go back out and do another. Repeat the process and finish your workout. Running can be the best thing you can do for your body this winter. You can entertain yourself and indulge in a healthy exercise. So grab a bunch of friends and your armband radio and head out for a great workout.

Self-Esteem: A Major Facet Of Beauty

A. Michelle Mclean

staff writer

In the world, we are taught that beauty or being beautiful makes the person. Our society has set certain standards and stereotypes that many cannot live up to. Society considers being tall, thin, and blond as the standards of beauty. When we do not measure up to those standards we are put over in the sidelines. To avoid being ignored and put out of competition, we try our hard to seek physical perfection, in turn to become a part of the in-crowd of society. We cut, pluck, stitch, tuck, and alter our natural selves to make others happy.

Unfortunately enough, the female body image has increasingly become one of the largest issues facing young women. The way in which we perceive our bodies and ourselves is a crucial factor in the difference between a satisfying and confident lifestyle and a life spent disliking and resenting a body image that does not conform to someone else's standards of beauty. Body image, moreover, could become the cause of some extreme personal problems both psychologically and emotionally, even leading to trauma.

As the American standard of beauty becomes stricter and more demanding, countless women develop distorted images of themselves and the frustration that it creates results because the ideal "figure" or image is not accomplished. So many women, however, are so dissatisfied with their body size and shape that they perceive they are pushed to go through great lengths to maintain a body that they desire.

Extreme dieting, for instance, has

become a vehicle for female self-esteem, self-worth, and self-control. This type of dieting may reflect America's cultural norms that imply that women who eat and weigh less are more feminine and attractive. Societal influences and expectations, especially the media, are constantly and consistently reinforcing those norms.

In the media the personas of the super-thin models, the phenomenon of multimillion-dollar diet industry, and the plethora of women's magazines are continuously being shoved in the faces of our society's females. Those things play a key role in perpetuating female anxiety, putting a damper on the female self-esteem. The influences and expectations greatly and negatively affect the female body image, our perception, and feelings about us.

Women should remember that it is not society's happiness and approval that they should be striving for. It is the woman's approval. What makes each woman personally happy is the priority. Stress that beauty is being you and loving it no matter what shape or size that it may happen to come in. It's essential to keep in mind that not only is beauty seen on the outside, but on the inside, too.

For those dealing with self-esteem problems concerning body image, it is important to keep these things in mind:

- Take care of your health; it is part of loving your body.
- Be your own cheerleader.
- Stop obsessing over things that possibly can't be changed. You Are Beautiful.
- Pamper yourself.
- Realize that your body is yours for life.

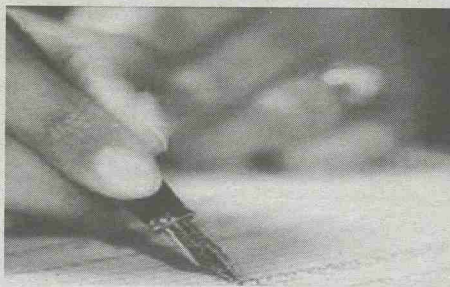
Health. Write. 515.1468 It's Good For U

Greeks

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tions remained unanswered by the end of the program, but it definitely brought a clearer perspective to many people. When asked how the subject became a program, King, who is the president of Delta Sigma Theta at NC State, said that it was some-

thing she had struggled with before deciding to join the organization. She said she did not want to be a part of something if it interfered with her walk with God and her faith. In the end, you have to let faith be your guide when deciding whether or not to join a Greek Letter Organization.



Have Something
to Say About the
Nubian?

Send your comment to
the Editor-in-Chief at:
Nubian_EIC@yahoo.com

Until lions have their own historians, tales of the hunt will always glorify the hunter. • Akan Proverb

"Beyoncé And Them" On Top

Keymia Sharpe

s&e editor

Destiny's Child, aka, "Beyoncé and Them," appears to be making big moves as solo artists. Kelly Rowland has released her solo album project, "Simply Deep," and has a role in the upcoming movie "Freddy vs. Jason." Rowland has also worked on numerous other projects, one of which includes the hit song with Nelly, "Dilemma." "It's been such a blessing to go out and do solo projects and all of them be number one. Beyoncé had the number one movie, Michelle had the number one gospel album, and I had the number one single. You couldn't ask for anything more. God is bless-

ing us in wonderful ways, and the bond is still strong." Beyoncé Knowles, the lead singer of Destiny's Child is also making moves of her own. Rumored to be on the arms of rapper Jay-Z, the two of them collaborated on the single, "Me and My Girlfriend" also known as "Bonnie and Clyde." The two were reportedly seen overseas together and chasing each other in New York. The third member of the trio, Michelle Williams, has experienced the joys of having a number one gospel album, "From My Heart to Yours." A new Destiny's Child CD will be released next fall, and watch out for "Freddy vs. Jason" in theaters next summer.

Eminem Takes Silver Screen

Keymia Sharpe

s&e editor

Rapper Eminem takes the big screen in the new movie "8 Mile." Although the movie seems to be based on the rapper's own life story, it is actually fictional. It's ironic how much the storyline matches Mathers' own life. It is based in 1995 Detroit where Eminem's character, Jimmy Smith, Jr., has to rise above hardships to find his own personal courage. Jimmy Smith, Jr., a young white rapper from Detroit, deals with his anger through music and eventually makes it big. The film was originally titled "Fight Song," but was changed to "8 Mile" at the last minute. It was named this because of Detroit's 8 Mile Road,

which used to separate the city's black and white populations. It is also a mental divider that separates Smith from where he is and who he truly wants to be. You may come into it thinking that it's a waste of money, that Eminem couldn't possibly be able to act, but you'll leave a believer in Eminem. The film appears to be worth your time. USA Today reports, "The audience broke into applause after several rounds of insult-laced street poetry and gasped with laughter when Kim Basinger, as Eminem's bingo-playing mama, shares a raunchy revelation." The film should give the viewers a better appreciation for rap and what today's youth has to endure.

Rastas Bring Reggae to Raleigh

Marsheda Barnette

staff writer

Okay, it is time for everyone to take a hip-hop break. Yours truly has done so for the past two weeks. My ventures lead me to my true love, reggae. So, what is reggae? Reggae is a combination of traditional African rhythms, American rhythm and blues and indigenous Jamaican folk conventions. Many performers are Rastafarians.

Rastafarians [rah-stuh-far'-ee-uhnz] are members of a Jamaican messianic movement dating back to the 1930s. According to Rastafarian belief, the only true God is the late Ethiopian emperor Haile Selassie (originally known as Ras Tafari), and Ethiopia is the true Zion. Rastafarians claim that white Christian preachers and missionaries have perverted the Scriptures to conceal the fact that Adam and Jesus were black. Their rituals include the use of marijuana and the chanting of revivalist hymns. Reggae music is the popular music of the movement.

Rastafarians, who stress black separatism, have exercised some political influence in Jamaica.

When reggae music is mentioned, most think of Bob Marley and the Wailers or his son, Ziggy Marley. Even though they are the most well known artists, and some would say the best, there is so much more to entertain you. Today's scene included some of the "old school reggae" with Buju Banton, and almost everyone is familiar with Sean Paul.

However, if you search, you can find reggae music right here in Raleigh. Live Roots is a local group who does traditional reggae and they invite many artists to perform with them. Live Roots performed live on October 26, 2002 at Berkeley Café in downtown Raleigh. They played a variety of songs that showed true evidence of Rastafarianism, but no one tries to force their opinions on anyone else. This was truly a laid back atmosphere. Live Roots is going to be doing various events in the near future, including the Beanie Man tour. These men are Jamaican so you will get the real thing and not Raleigh natives who are good actors. So, instead of doing the same old thing and listening to the same old music, venture out, and try something new.

Movie Gallery Student Video Competition

Deadline for entries is February 17, 2003

For more information contact Festival Director Dr. Emmett Winn at 334-844-2761 or

http://www.auburn.edu/student_info/film/contest.htm

Felix Morley Journalism Competition

Scholarship Amount: \$2500.00

Deadline for entries is November 29, 2002

For information log on to www.thehs.org/morley

Humane Studies Fellowships

Scholarship amount up to \$12,000

Deadline for entries is December 31, 2002

For information log on to www.thehs.org/hsf

Sports

Football, in Brief

• What a Rush: Smith Breaks Payton's Record

Emmitt Smith has broken the NFL career rushing record. The Dallas Cowboys running back rushed for 24 yards Sunday, beating Walter Payton's record of 16,726 yards by 17, with a career total of 16,743 yards.

• Wolfpack Remains Atop the Pack

On the college level, the Pack has done it again with a 38-6 victory over the Clemson Tigers Thursday. Once again, T.A. McLendon showed his prowess on the field with two touchdowns and 178 yards rushing. Jericho Cotchery also played a major part in the game with an untouched 44-yard run.

Alan Halloway commented, "I certainly feel that me coming from a junior college it's a major accomplishment. We're doing something that no NC State team has done before and I hope that we can continue it throughout the season. It feels good, it feels real good." Halloway had a tackle for a loss in the game and an assisted tackle during the first half of the game.

"We don't feel pressure [when we play]," states Sheldon Lewin, Defensive Tackle/Defensive End for the Pack. "We know what we're going to do when we go out there for the game and we do it. They're a good team, but we play like we can. Florida State is probably our biggest challenge, but we have high hopes of performing well in the game." The team's next game is against Georgia Tech this Saturday.



Jitney Cast Members (l-r): Rena (Jalisha Gatling), Turnbo (Ron Foreman), Youngblood (C.J. McBath)

University Theatre