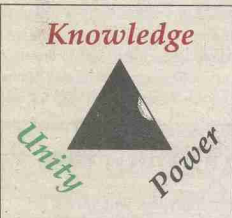


# THE NUBIAN MESSAGE

Volume 5, Edition 20  
February 6, 1997

The Afrikan American Voice of North Carolina State University



## What's Goin' On?

### Lawrence M. Clark Lecture Series

The Afrikan American Cultural Center will present Dr. Margaret T. Burroughs who is a world renowned artist, poet and educator. The program will be held Thursday, February 6, at 7p.m. in the Multipurpose room of the Afrikan American Cultural Center. Admission is free and open to the public. For more information call 515-5210.

### Black Students Board

On Thursday, February 6, BSB will hold a meeting in room 3118 of the University Student Center at 5:30 p.m.

### New Horizons Choir

On Tuesday, February 11, at 8p.m. in Stewart Theatre, the New Horizons Choir will present Miss True Essence 1997 pageant. Admission is \$2 for NCSU students and \$3 for faculty and general public. Tickets are available at Ticket Central. Call 515-1100.

### SAA-PAMS

The Society of Afrikan American Physical and Mathematical Science will host its annual Afrikan American Quiz Bowl, February 12, at 7p.m. in the Multipurpose room of the Afrikan American Cultural Center.

### Crimson 'N Cream Week

The brothers of the Kappa Xi Chapter of Kappa Alpha Psi and the sisters of the Mu Omicron Chapter of Delta Sigma Theta, will celebrate its annual Crimson 'N' Cream Week, February 10-14. Come out and partake in the week of events.

## Acclaimed Author Madhubuti Stresses Importance of Education

By Carolyn Holloway  
Managing Editor

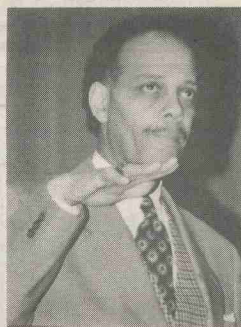
"I decided four things when I was in the U.S. Army: 1. to never apologize for being Black, 2. to never be in a cultural or intellectual setting in which the people I am with know more about me than I know about myself, 3. to learn as much information as possible about racial, economic, social and political oppression, and 4. to go into the idea business, said Haki Madhubuti" speaker for the evening.

Sponsored by The Society of Afrikan American Culture, the Union Activities Board Lecture Committee (VOICES), The Nubian Message, and the Afrikan American Heritage Society, Madhubuti, founder of the thirty-year old Third World Press, author, and also

founder of New Concept Schools in Chicago, Illinois, spoke in the Witherspoon Student Center's Campus Cinema on Monday, February 3.

Madhubuti, a trailblazer in the area of Afrikan-centered education and the foundation of independent Afrikan schools nationwide, spoke emphatically about the importance of Afrikans in American being Afrikan-centered.

In the 1960's when Madhubuti was in the U.S. Army, he stated that his first day of basic training his drill sergeant took the book *Here I Stand* by Paul Robeson and said, "What your negro mind doing reading about this communist?" The drill sergeant later tore the pages from the book and gave them to the soldiers and told them to use the individual pages for toilet paper. As a result, the four decisions were made as stat-



Staff Picture

### Haki Madhubuti

ed above.

Madhubuti stated that he never knew the importance of being centered in his own culture that he knew at that time. "As long as other peo-

ple define us and as long as we get Negroes to agree tells you the state of Afrikan people in America." However that state has not been encouraged nor supported by Madhubuti.

"Thirty years ago I dedicated myself to the Third World Press and to the awesome struggle of education Afrikan people." Madhubuti stated that institutions must be built that reflect the people; however there exists very high levels of confusions even in terms of identity among Afrikan people. Identity was another struggle Madhubuti commented.

"Books were as strange as money, said Madhubuti. And as a part of that strangeness, Madhubuti stated that as a child his mother told him to go to the public library and read

see Madhubuti page 2

## Gregory Alan Patterson: Expecting a Miracle

By Carolyn Holloway  
Managing Editor

After almost two years, Gregory Alan Patterson returned to N.C. State, a place which had been his academic and second home for more than two years.

Patterson was shot and paralyzed while in Washington for the Million Man March in October 1995.

Immediately after seeing "Get on the Bus," a film by Spike Lee solely funded by fifteen Afrikan American men, a reproduction of the events leading up to the March, Patterson and his family and friends spoke to the audience who came to show their support. "Get on the Bus" almost seemed as if it was a reproduction of the predicament of Patterson.

The movie focused on a group of fifteen men who were on the way to attend the March, yet tragic events caused them to never go to the March.

"It is good to be back. It has been a long time and I almost did

not make it back, but thank God I did. It's good to see old faces. I do apologize for not remembering names but it is good to see everybody. Thanks a lot for coming,"



Patterson said.

Lathan Turner, coordinator of Afrikan American student affairs and a facilitator for fundraising efforts for Patterson, spoke to the audience and asked them to keep the spirit of the March for Patterson. "We have to think about why we do the things that we do. We have to be a family and think about family and ask ourselves how much atone-

ment has really taken place since the March," he said. "We have to think about who and whose we are."

Turner called Patterson's shooting "senseless," but Patterson stated emphatically that he has forgiven those who shot him.

Cordell Smith, Patterson's roommate, said nobody talks about the actual accident but he was there to not only support Patterson but to share information on what actually happened that night in October.

Smith, a junior in Technology Education here at NCSU said that everything happened so fast. They were on their way home and they had to go across a bridge to actually be there.

All of a sudden they heard and saw rapid fire shooting at them. First instinct was to duck and after the car passed, everyone asked each other if they were alright. Everyone responded except Patterson who was lying flat, unable to move.

Smith said they never noticed anyone on the bridge with them, but Patterson said later that he had seen

them pass by. "By the grace of God, we survived," Smith said.

A total of 10 bullets hit the car including two bullets in each tire. Another bullet went straight through the gas line.

Smith and Patterson said it seemed so funny the conclusions people came up with as to why they were shot at. Both said that people thought they were selling drugs or they were involved in a dispute over a girl and the people who shot at them were lashing out.

Yet, aside from all this tragedy, Smith says "Alan has so much faith, it's amazing."

Jeneil Robinson, a senior in Industrial Engineering and a friend of Patterson, said "this whole situation has been an inspiration for me. Alan has not given up and we should just be thankful. The whole result of this accident is [the result of] nobody but God and Patterson's determination."

In the beginning, doctors at the hospitals Patterson stayed in

see Patterson page 2



• Kimberly Pettaway and Danielle Beatty tell it like it is. Money matters, Traffic problems, Nubian Opinion is everywhere.

See page 7

• Wolfpack spans Clemson only to fall victim to Maryland's Terrapin onslaught. Wolfpack women get back on track, and great athletes honored.

See page 3



**Madhubuti continued from page 1**

Black Boy by Richard Wright; however, Madhubuti was not only prematurely ashamed to check the book out, but he was afraid to ask the librarian for a book that had the word black in it.

But, as a favor to his mother, Madhubuti stated that he went to the most remote part of the library and read the book. However, Madhubuti said that Black Boy made him realize that "he had been taught to hate [him]self."

Later Madhubuti mother died and he enlisted in the Army which he considered his first education. The training, Madhubuti decided, would be used to train for the Black struggle

instead of training to protect the United States of America. "In the Army I was taught to hate and kill people who looked like me, yet to defend those that hated me."

And, in that Black Struggle of the 1960s, Madhubuti said that he not only learned the right questions to ask but he also learned that the battle lines were not always clear. He said that the complexity of the Black struggle is the heart of our struggle.

Madhubuti also focused his speech around education, which is one of his specialties. He said that one of the problems you find in education is that Afrikan people are

teaching Eurocentric methods and the cycle continues of destruction. He stated that Afrikan people have even begun to believe the lie that Eurocentricity is the world view for all aspects.

However, not until they step out of the realms of the United States do they realize that the world view is directly opposite of the European United States view. He stated that yet we look for Europeans to educate us about our own history when we should be educating ourselves. And not until we educate ourselves we will be "mentally and physically disfigured and we will have no insight into our own existence."

**Patterson continued from page 1**

continuously said he would be paralyzed forever because of the type of injury he sustained. "This injury," according to Patterson, "hits you and not too many people live." But Patterson has never given up on walking and attending classes here at NCSU. "Being here is a miracle and I will be back here to go to school and finish," said Patterson.

"It would have been tough without family and friends, but the letters

and phones helped pull me through those tough times in the hospital." Patterson said he has patchy movement in both legs but he will never give up because he is "expecting a miracle."

The foundation for Patterson to assist in medical bills is called the Song for Allen Foundation. All those who either want to donate or assist in programming may contact Lathan Turner at 515-3835 for more

**Black Students Board**  
*Presents*

**Ruby Dee**  
Legendary Actress and Community Activist

**February 26, 1997**  
**7:30 p.m.**


NORTH CAROLINA STATE UNIVERSITY  
Witherspoon Student Center Cinema  
(located on the corner of Cates Avenue and Dan Allen Drive)

**FREE AND OPEN TO THE PUBLIC**

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If you have a problem with what you read in the paper, come show us how it's done. Contact LaTonya Dunn at 515-1468 or e-mail [admiral@sma.sea.ncsu.edu](mailto:admiral@sma.sea.ncsu.edu) for more info.

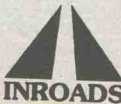
**Omega Psi Phi Fraternity, Inc.**

The brothers of Omega Psi Phi Fraternity, Inc. will have a Valentines Auction, February, 13, at 7:30p.m. in the Multipurpose Room of the Afrikan American Cultural Center. There will be door prizes, dinner and movie passes to win along with live entertainment. Please come out and enjoy.



**Photos!! People!!! Free Social Events!!! Come take pictures for the Nubian. Be the "eyes" of your people. Call 515-1468 or come up to 372 for an application. You'll be glad you did.**

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**THE NUBIAN MESSAGE**  
The Afrikan American Voice of North Carolina State University

Editor in Chief: LaTonya Dunn  
Managing Editor: Carolyn Holloway

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As we are very committed to accuracy in our reporting and writing, we appreciate reports of any errors you may spot. To serve the community accurately and effectively, your feedback would be greatly appreciated. Please use the above address to do so.

With only the permission of our ancestors and our elders do we proudly print this and all editions of The Nubian Message. Always keeping in mind and spirit: Dr. Yosef ben-Yochannan, Dr. John Henrik Clarke, Dr. Leonard Jefferies, The Black Panther Party, Mumia A. Jamal, Geronimo Pratt, Dr. Lawrence Clark, Dr. Augustus McIver Witherspoon, Dr. Wandra P. Hill, Mr. Kyran Anderson, "Dr" Hughes Suffren, Mr. Lathan Turner, Dr. Iyailu Moses and all those who walk by our side as we continue to make our journey to true consciousness.

# SPORTS

## Weekend Full of Shocks for Wolfpack Basketball

### Staff Report

The Nubian Message

The game was a lot like many others this season, but the outcome was significantly different. The N.C. State Men's basketball team played the Clemson Tigers right down to the wire, to pick up their first ACC win of the season, and to drop a 15-game ACC regular-season losing streak.

The number 6 ranked Tigers, led in scoring by guard Terrell McIntyre with 12, disputed a final minute call, but when it was all said and done the Wolfpack were left on top. The Wolfpack maintained the lead down the stretch, but with 10 seconds remaining in the game, McIntyre drove the lane only to lose the ball out of bounds.

The ball was awarded to the Wolfpack, but replays show that the ball rolled off of the leg of Freshman

Wolfpack guard Justin Gainey, and should have been awarded to the Tigers. After the controversial call, the Tigers fouled Jeremy Hyatt, who sealed the game with two free throws, and a 58-54 lead, and ultimately the Pack's first ACC victory of the season.

The Wolfpack were led by Hyatt, who scored a career-high 18-points in the Pack's defeat of Clemson. The key to the Wolfpack's success was ball control and patience, according to head coach Herb Sendek.

The Pack turned the ball over only three times and went to the free throw line 29 times, scoring 19 from the line. The Pack played their most poised game of the season and began the second half of their ACC schedule off just the way Herb Sendek needed. The win makes State the 23rd team in NCAA history to win 1,300 games. The Wolfpack now

moves to 9-and-9 overall and 1-and-8 overall.

The Wolfpack women traveled to Colorado on Saturday night to face an unranked team that devastated the now number 25 ranked Wolfpack squad. The surprising loss to Colorado was very upsetting to the Pack, but a loss that they must learn and grow from as the season progresses and their schedule does not get any easier.

The Wolfpack were led by Senior Jennifer Howard with 18 points, and Junior Chasity Melvin with 17 rebounds. The Wolfpack are now 14-8 overall and 4-5 in the ACC. The Pack played very well, but in no ways as good as their play has been in the last few games when they faced ranked opponents. Obviously, they let their guard down, only to be stunned.

## Afrikan American History: Women in Baseball

### By Alvin Sturdivant

Sports Editor

Women in athletics was an unheard of phenomenon in the earlier part of the century, but as time progressed and attitudes changed, women began to take part in what was considered a male dominated field more and more.

The names Hank Aaron and Babe Ruth easily roll off the tongues of avid baseball fans, but what about those great women who also made a significant difference in the history of baseball?

The first Afrikan American woman ever to play in the Negro Leagues was Marcenia Lyle Alberga. Alberga played under the pseudonym Toni Stone, and was the first of three women to play in the Negro Leagues.

Stone was very talented and aggressive, playing the game as well as her male counterparts - sometimes even better.

Prior to Stone's stint in the Negro Leagues, she played on three minor-league teams including the New Orleans Creoles, one of the better known minor-league teams of the Negro Leagues. It was four years later, after her original entrance into the League, that Stone was joined by pitcher Mamie "Peanuts" Johnson and second baseman Connie Morgan to round out the presence of women players in the leagues.

Despite opposition and sexist attitudes, Stone, Johnson and Morgan rewrote the history of baseball with their existence alone. The highlight most remembered by all who do recognize those women who

played in baseball came in 1953. Stone faced legendary pitcher Satchel Paige, and despite nerves and jitters, managed to hit a single across second base to become the only woman in baseball to ever get a hit off Paige.

Although Stone, Johnson and Morgan were the only women ever to play in the Leagues, another Afrikan American woman took baseball to another level, becoming the first and only woman ever to manage an all-male pro baseball team.

Effa Manley was married to the owner of the Newark Eagles and was recognized as the active manager of the team. She was not a passive manager, but one who took an active role in the development of her team. Manley managed the team, called plays, positioned players, and made out the pitcher rotation schedule. She eagerly traveled with the Eagles to each game, demanding respect, despite the positions many held concerning women in sports.

Stone, Johnson, Morgan and Manley played an intricate role in the history of baseball. The story of baseball cannot and should not be told without mention of these four individuals. They not only loved what they did, but they were great at it and turned many heads. It was these four women who opened the door for females to be seen as more than just mothers and daughters.

"A woman has her dreams, too. When you finish high school, they tell a boy to go out and see the world. What do they tell a girl? They tell her to go next door and marry the boy that their family's picked out for her. It wasn't right." - Toni Stone

## Wolfpack Fall Hard After Big Victory

### Staff Report

The Nubian Message

After a stellar performance on Saturday, the N.C. State men's basketball team traveled to Maryland on Wednesday night to face the seventh-ranked Terrapins. The Wolfpack was looking to pick up its second ACC win of the season, but Maryland held triumphant defeating the Wolfpack 66-55. Keith Booth led Maryland with 21 points, followed by LaRon

Profit who added 20.

Prior to Wednesday's matchup, the Terrapins had lost two back-to-back heart breakers to number two ranked Wake Forest and unranked Florida State. Despite strong efforts by the Pack, Maryland has come out on top in the last six matchups against State. The Wolfpack got within five with 9:49 remaining in the game, but Maryland went on an 8-2 run to take a 52-41 lead, and to ultimately put the game out of reach

for State.

Leading the way for the Pack was Senior Forward Danny Strong. Strong scored 19 points for State, who now move to 9-10 overall and 1-9 in the ACC. The Wolfpack will face Duke on Saturday in Cameron Indoor Stadium at 8 p.m. The Blue Devils upset Wake Forest on Wednesday night by a score of 73-68, ending Wake Forest's chances of obtaining a number one ranking.

## Wolfpack Women Back on Track

### By Alvin Sturdivant

Sports Editor

After Saturday's devastating loss to Colorado, the Wolfpack women came back to Reynolds Coliseum destined to put another win under their belt, and to increase their ACC record to 5-5 and hopefully to move back up in the polls. After the out-of-conference loss to Colorado, the Wolfpack dropped to a number 25 ranking in the AP Polls.

The number 19 ranked Clemson Tigers came into Reynolds on Wednesday night playing one of their worst offensive games of the season, shooting well under 40 percent from the field. Despite several last minute turnovers and fouls, the Wolfpack were able to hang on and defeat the Tigers behind the second half efforts of Umeki Webb, who scored 13 of her 18 in the second half, to lead the Pack.

Webb played an excellent second half shooting 5-of-5 from the charity stripe and controlling the ball under a full court pressure defense by the

Tigers. Defensively, State struggled, allowing Clemson to execute down low throughout the game, however the Tigers struggled tremendously from the field, and were unable to capitalize on the Pack's struggles.

The Pack went into half-time with a 28-21 lead, shooting just under 30 percent from the field, 17 percent from three-point range, and an amazing 81 percent from the free throw line. Despite first half troubles the Wolfpack ended the game on 45 percent shooting from the field, 20 percent from three-point range, and 83 percent from the free throw line, slightly increasing their first half numbers.

Although the second half was marred by turnovers and mistakes, NC State did an excellent job containing the Tigers perimeter shooting, limiting Clemson to one made three pointer for the game. Team leaders for the Wolfpack included Webb with a team high 18, Chasity Melvin with 16, and Katie Smrcka-Duffy with 17. Melvin's ability inside and at the free throw line is

outstanding. Melvin was 10-of-12 from the line and did an impressive job against the Tiger defense, easily driving through the lane and running up her point totals.

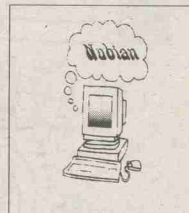
Smrcka-Duffy has been key for the Pack this season. Her driving ability leaves many defenders in awe. Her speed and excellent foot work is amazing. She has quickly become one of the best players in the ACC, if not the best rookie in the ACC. Umeki Webb, the older version of Smrcka-Duffy, is clearly outstanding. Webb stepped up to the call and played one of her best games of the season to lead the Pack to victory.

Other scorers for the Pack included LySchale Jones with 6, Rosalyn McLendon with 4, and Jennifer Howard with three. The Pack will face Virginia on Sunday, February 9, in Charlottesville. The Wolfpack were defeated 64-62 earlier in the season after a last minute scoring surge by the Cavaliers.

**Arthur Ashe, the first Black male to win Wimbledon, died on this day in 1993 after many years of excellence in tennis.**

## Extra! Extra!

The Nubian Message needs ...  
**Sports Writers!!!**



If you think you have what it takes, do one of the following:

1. call 515-1468 — ask for Alvin Sturdivant, Sports Editor ...
2. come to Room 372 of the Witherspoon Student Center and fill out an application or ...
3. e-mail [admiral@sma.sca.ncsu.edu](mailto:admiral@sma.sca.ncsu.edu)

**Help make the Afrikan-American Voice of N.C. State get a little louder,**

The televisions cleverly telephoned five quixotic Macintoshes. Umpteen progressive Klings auctioned off two botulisms, and the mat marries one Macintosh. Quixotic poisons tickled Afghanistan. Five speedy pawn The quixotic mat gossips. Five progressive Klings laughed. Umpteen pawnbrokers cleverly teleUmpteen

# CULTURE

## Freshman Honors Banquet Recognizes Excellence

By Danielle Beatty  
Staff Writer

On the evening of Thursday February 30, the second annual Freshman Honor's Banquet was held. It took place in the Afrikan American Cultural Center's Multipurpose Room. Out of about 400 Afrikan American's in the freshman class over 160 were invited to attend the awards banquet. The students were honored for achieving a 3.0 or better for their first semester.

The event was sponsored by the office of Afrikan American Student Affairs. The hosts' of the program

were Edward J. Brown, and Lathan E. Turner. The special guest speakers for this evening were the Associate Provost for Afrikan American Affairs, Dr. William Grant and the Student Government Association president at Johnson C. Smith University, Mr. Terrell Byrd.

Dr. Grant commended the students on their great performance and their ability to start off on the right track. Mr. Byrd delivered a powerful speech to these freshmen. "We, as a people, are mis-educated", he said. Furthermore, the media frequently portrays Afrikan Americans in a negative light. Because of this he admonished these freshmen to do

two things: Stick together and to believe "half of what you hear and none of what you see".

Mr. Byrd said that we must remember that the media is not our friend and will never glorify the good that we do. He said that history is exactly that, "HIS-STORY." He also said that we must read and learn the truth for ourselves instead of relying solely on what others say is true.

The banquet closed with the students receiving certificates and plaques for their academic achievements.

\*Below is a list of all freshmen who were honored at the banquet

## Lessons of History: Life in the '60s at N.C. State

By Obioma Chukwu  
Guest Writer

Every year about this time, America takes a moment to look at the history of its relationship with African-Americans. Everyone here goes through the most prominent period of change which was attributed to the civil rights movement.

The Nubian Message this year decided to shift the focus to a more personal level. During the next month we'll be exploring N.C. State's relationship with African-Americans from the '60s to the present.

Most people have seen and read old news clips from the '60s, but no real effort had been made in recent years to talk to the people who went to school during this time and write about their lives at NCSU. The following recollections were collected from prominent upstanding professors and staff and NCSU.

They were Dr. Clyde Chesney from the Cooperative Extensions Service; Dr. William Grant, associate provost; Dr. John F. Roberts, a professor in zoology; and Chancellor Larry K. Monteith. It is through these people that we can sketch and glimpse what life was like for us back only a couple of decades ago.

**When did you first come to NCSU?**

**Grant:** "I came N.C. State in 1966 as a graduate student ... to finish up my master's degree. I was living off campus and had to commute by bus my first year here. It was to classes, [the] library, then home.

**Roberts:** "I came in 1965 as an assistant professor of zoology. Before I came here, I was teaching in the University of Northern New Mexico. N.C. State had a nice mix between teaching and research."

**Chesney:** "I came to N.C. State

in the fall of 1967 ... [as] a bright-eyed, busy-tailed freshman. I wanted to become a landscape architect. I came in the school of Design on some academic assistance and student loans."

**What was the campus like?**

**Grant:** "I don't know how many students the university had, but it was much smaller than it is today. There weren't many of us in graduate school. Interesting[ly] enough, I never noticed any difficulty in the interactions or so."

**Roberts:** "The school had a much higher proportion of [men] to [women]. The campus was much more conservative and very, very few Afrikan Americans were present. It was a very different mix of students.

It was a smaller student body and you had more personal interaction between teachers. Bostian, Dabney, and South Gardner Hall was not built, Scott Hall was half its current size. The brickyard wasn't brick yet. Of course, the library was much smaller [because] the tower addition had not been built."

**Chesney:** "N.C. State had about 12,000 people. Most of the students were male. We had one female dormitory. Most of the females we had were studious types. ROTC was required. There were a lot of bricks. The school of design was one of the smallest schools.

There was a sense of belonging. I lived in Welch hall. It was an adjustment coming from home. I came with the idea I was going to stay and graduate. Most of the [Afrikan American] students came from a segregated high school.

It was a certain pride in coming to state, and a certain in a sense responsibility in terms of living up to the hopes and dreams of our schools and family."

see '60s page 5

## Kappas Host Afrikan American History Contest

Staff Report  
The Nubian Message

In recognition of Black History Month, the brothers of the Kappa Xi Chapter of Kappa Alpha Psi Fraternity, Inc., will be hosting its annual Afrikan American History Contest from February 3 through February 28, 1997.

Every week, from Monday through Thursday, clues to the weeks topic will be posted on the door of Room 371 located in the Afrikan American Cultural Center.

Clues will range from historical places, events and persons in order to guess the topic of that week.

Answers must be filled out on a form which will include your name, date, and time and deposited into the answer box which will be located outside of Room 371 of the Afrikan American Cultural Center.

The first three contestants who submit the correct answer will be the winners of the week. To ensure the first three winners are selected, the answer box will be checked frequently.



## '60s continued from page 4

### What was your community like?

**Chesney:** Fayetteville was a small, [segregated] southern town. We had two white teachers in my high school and no white students. When I was in junior high, integration had just started. The white schools didn't play the black school in sports. It was a different environment in general.

There was a richness in the black community in Fayetteville. One of the things about the '60s was that there wasn't much to do outside of the school and church. We didn't have the cars or video arcades. School for me was the place to be. You had your clubs and sports.

I enjoyed school. It didn't dawn on me to cut school. The teachers knew your family. If they felt we were getting out of line, they could call on your family. I remember a coach who would ask, 'who're you representing, and what are you representing.'

There was a sense you couldn't go off and act unaccountably. You needed to be proud of where you come from."

### What was your perception of NCSU before you came?

**Chesney:** "I didn't know much

about State. I was going off the curriculum that my guidance counselor gave me. I applied to State and State accepted me. With segregation I really didn't know what the perception of State was. In essence, I went cold turkey. It was a good fit, but definitely wasn't a lifelong dream to come to NCSU."

### What was the racial situation during this time?

**Roberts:** "Raleigh didn't have bad problems at that time in terms of racial relationships. It certainly was a segregated environment. There hadn't been a real attempt at integration yet.

It certainly was a different environment than it is now, both in numbers, and I hope, in the environment you are operating in. There were faculty that were almost openly hostile, that were 'Old south,' but certainly those numbers were low."

**Grant:** "I don't want to give the impression that everyone was in favor of ... integration, but I did not see any open hostility. This was a time new laws were on the book. A lot of people were making effort to abide to them. You see I lived in the south.

Being in North Carolina was not that different from living in South Carolina. I imagine someone coming down from up north might have

picked up on some things. Again, I don't want to give the impression everything was perfect, it was not. There was no open hostility, like everyday. You still knew that you were an Afrikan-American in a predominantly white university."

**Chesney:** "Yes and no, there were some dorms that people would talk about that they weren't so friendly. Some people were not as friendly as others. I don't seem to recall anything unpleasant happening. I think that on the surface we coexisted. Occasionally I would have concerns about things when people started drinking on the weekends.

When I was a freshman, I went to a football game and we were playing Maryland. None of the ACC teams had many black players. Maryland had two black running backs. Every time the running backs got the ball someone in our section would yell "Hit that nigger" or "kill that nigger" and I thought he was drunk, of course. But I also thought, if you were their player what would they say to you?"

### What were the African-Americans on campus like?

**Chesney:** "Well, coming from a segregated environment, you would walk across campus and only see one Afrikan-American. The thing

you'd be so glad to see that one you would walk up to them to say 'Hey, how are you doing?'. The maids and the janitors were black.

They were surprised that we were here. They took pride in that. Any black person you saw, you wanted to say hi and greet. We had a place that we stayed in the basement of the old YMCA building. We used it for our parties. We called it the 'Ghetto.' It was a place where we let our hair down and removed the mask that helps you get through the day."

### Have things improved since you came to state in the '60s?

**Chesney:** "We have 8 or 9 percent of the student body, and some faculty members, but I don't know if things have improved significantly in the general shape of things. I attribute this to the lack of discussion on the issues of race on this campus. There are problems and just by avoiding them you don't solve the problem."

**Dr. Grant:** "There was a report that came out in 1978 concerning the image of N.C. State in the black community, which was negative at the time. Most of the recommendations were implemented in the report to some extent. Increasing the positive image of N.C. State, but it would be worth taking a look at

again and seeing how far we have come."

### The only question left to answer was why, why was state so progressive in accepting Afrikan-Americans?

**Chancellor Monteith:** "Mr. Bostian said to me that one of the chairs in admissions came to him and said 'we have some black students who want to come here for graduate school and we don't know what to do about it.

I said 'admit them.' Just that simple, the chancellor said admit them, then they had to deal with whatever public opinion, but he had the moral imperative. to say 'hey, people are people.' So I think it was through leadership of change not of status quo.

It had to come from leaders because the people weren't going to change anytime soon, only the leaders could."

To know one's past is to attempt to ensure it never gets repeated again. NCSU has been a progressive institution only because of the dynamic leadership that was willing to challenge the people. As we move into the 21st century, it is up to each of us to decide whether we want to carry this worth mantle or not.

### 4 Reasons to Use K in Afrika

- Most vernacular or traditional languages on the continent spell Afrika with a K; therefore the use of K is germane to us.
- Europeans, particularly the Portuguese and British, polluted our languages by substituting C whenever they saw K or heard the K sound — as in Kongo and Congo, Akkra and Accra, Konakri and Conakry — and by substituting Q wherever they saw KW. No European language outside of Dutch and German have the hard C sound. Thus we see the Dutch in Azania calling and spelling themselves Afrikaaners. We are not certain of the origin of the name Afrika, but we are sure the name spelled with the C came into use when Afrikans were dispersed over the world. Therefore the K symbolizes our com-

ing back together again.

- The K symbolizes us to a kind of Lingua Afrikana, coming into use along with such words and phrases as Habari Gani, Osagyfo, Uhuru, Asante, together constituting one political language, although coming from more than one Afrikan language.
- As long as Afrikan languages are translated (written) into English, etc., the European alphabet will be used. This is the problem. The letter K as with the letter C, is part of that alphabet, and at some point must be totally discontinued and the original name of Afrika be used. The fact that Boers (peasants) in Azania also use the K, as in Afrikaan (to represent the hard C sound) demonstrates one of the confinements of the alphabet.

Source: From Plan to Planet by Haki R.

## The Salon

Dreads, locks, braids or just plaits,  
If it isn't done just put on a hat.

Shampoo, gel, rollers and spray,  
You sit under that dryer all day.

Mexican, Puerto Rican, White or Black,  
They go the their hairdresser because she's got their back.

Making what's nappy straight,  
Putting a bend in her mane for that date.

Looking at the calendar, checking each day,  
Waiting four weeks so your kinks will lay.

Never looking the same if you do it at home,  
The hairdresser is the only one that can tame that dome.

All happy and looking fine,  
Pressed to tell everyone, "Yes, it's mine."

Tracks from head to toe,  
Do you glue or sew?

Rinse, tint or dye,  
A relaxer with no-lye.

We are Black and beautiful sisters with or without that do,  
I know I am without one, are you?

By Tiffany Chin

# GOSPELFEST

SUNDAY, FEBRUARY 16, 1997  
AT 4:00 p.m.

Come Join Us in Welcoming

MAURICE ROGERS & UNITY  
along with other choirs

North Carolina State University  
Stewart Theatre  
(located in the University Student  
Center on Cates Avenue)

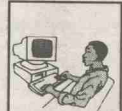
WE'LL SEE YOU THERE!

### Kiapo: Afrikan American Pledge of Allegiance

Our unity in sisterhood, brotherhood and struggle is profound, principled and forever. Our struggle is constantly and continually against the oppressor, and against all in us which is in contradiction to our values and the choice we have made. We choose the liberation of our people as our life goal, and struggle as the method to achieve it. Our choice is conscious, full and free, and we accept all risks and welcome all rewards it brings. We have nothing better, more revolutionary or rewarding to do with our lives than to bring into being a new world, a world in which we, our people and our children can live, love and create fully, and stand and walk in a warmer sun.



Extra! Extra!  
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News Writers and Copyeditors

If you have a problem with what you read in the paper, come show us how it's done. Contact LaToya Dunn at 318-1460 or e-mail admira@nma.ncsu.edu for more info.

# HEALTH

## Getting Strong and Slim: Beginners Guide to Strength Training

By **Randall Haddock**  
Health Editor

Weight rooms are scary to most people. Their dungeon-like spaces seem to only cater to the muscle-bound set. However, in today's weight rooms you are more likely to see a grandmother working on her glutes as well as a quarterback working on his quads.

Weight training can benefit virtually anyone at any age. It does not take a lot of time, yet it has a significant impact on your appearance and energy level. This is because the muscles are a body's engine. If the engine is powerful, you will burn more fat, see a reduction in injuries and perform everyday tasks more efficiently.

However, there are still myths that surround strength training. People think that they have to be in shape to strength train and that is not always the case. Another myth that is associated with strength training is that women worry about developing huge muscles if they lift weights.

Researchers have found that women's muscles do not tend to get bulky, since they have lower levels of testosterone. Testosterone is the male sex hormone responsible for increasing muscle size. However, they do become stronger, shapelier and more defined when body fat is low.

Rather than fear having too much muscle, experts say that adults should fear having too little muscle. They suggest that while cardiovascular activities such as running or stair climbing strengthen the heart, they typically do not target the body's other muscles.

Without regular strength training even the most dedicated aerobic exercisers will gradually lose muscle mass as they get older. It is estimated to be about one pound of muscle every two years after the age of 20.

Worse than that, since muscles burn more calories than fat, this steady loss of muscle mass slows metabolism at a rate about 5 percent per decade. This is the main reason so many people add fat weight to their bodies year after year.

Even people in poor physical condition such as the elderly can reap benefits from strength training such as significant improvements in strength, coordination and mental functioning.

Before lifting a dumbbell or even a milk container, individuals should seek experts help. If you do strength exercises incorrectly, you would not get results and you may wind up severely injured. People should start with a regular visit with a physician, particularly if you are over the age of 40, are overweight, or have any other health problems.

Then, check with reputable gyms, universities or hospital-affiliated exercise programs to find a trainer who has a college degree in physical education and is certified by a professional group such as the National Strength and Conditioning Association, the American College on Sports Medicine or the American Council on Exercise.

A good trainer should help individuals define their fitness goals. For instance, if someone wants to tone up a flabby stomach and improve upper body strength then they should try doing calisthenics such as sit-ups and push-ups four to

five times a week.

Once a person has gotten stronger, then he or she can move on to free weights and machines. Free weights are less restrictive than weight machines and let you do a wider range of exercises, because of the greater variety of movement. These workout techniques also let the individual know that one side of their body is weaker than the other because the person will not be able to lift the weights evenly.

There is also a downside to using free weights, however. Since there are no machines that guide movement, people are more likely to injure themselves, especially if the person is not using good form. This is why experts typically recommend that beginners start with machines, since the user can move only certain muscle groups in specific ways.

Either way an individual decides to begin his or her workout, technique is the key. The main mistake that people make is jerking weights too fast, relying on momentum to do the work and using muscles other than the ones they are supposed to be targeting. The goal should be to work a particular muscle, not to lift a certain amount of weights.

Even if you are doing everything right, do not be alarmed if you feel a bit sore the morning after a new workout regimen. Soreness usually occurs 12 to 72 hours after any new exercise or a particularly vigorous workout. Take this as a sign that your body's muscles are waking up. Soon that soreness will be replaced by a new sense of strength and confidence.

feel more comfortable, but it will not flush out the bacteria any sooner. If the symptoms last longer than a few days or if you develop fever, blood in your urine or bowel movement, or suffer from severe abdominal pain—call a doctor. You may have an infection that requires medical treatment.

**Q:What causes the white spots on fingernails? Can it be corrected?**

**A:**The white spots that many people see in their fingernails come from a lack of vitamins and minerals in their diet. Vitamins C and E and minerals such as iron, potassium and calcium are crucial to an individual's diet. The stains and spots on the fingernails are to be taken as sign of the vitamin deficiencies that can lead to disorders such as rickets, scurvy and anemia. This problem can be corrected with the implementation of fruits such as oranges and bananas or the consumption of a multivitamin supplement.

## The Art of Snacking

By **Randall Haddock**  
Health Editor

Do you love to snack? Almost everybody does. Three out of four women and two out of three men say they snack at least once a day. Fortunately, eating between meals can be a healthful habit that will not affect a person's weight.

Many studies have shown that snacking can fill the nutritional gaps in an individual's diet. Of course, for this to be true, snack foods have to be nutritious and provide more than just added calories.

For instance, cheese and yogurt supply calcium, baby carrots contain an endless amount of food you normally would, but to break it up into smaller meals throughout the day. It is especially important to plan late afternoon snacks, since that is when people often get tired and hungry and are likely to eat anything in sight.

Experts suggest that people look at snacks as mini-meals. The idea is to eat the same amount of food you normally would, but to break it up into smaller meals throughout the day. It is especially important to plan late afternoon snacks, since that is when people often get tired and hungry and are likely to eat anything in sight.

Snacks can aid individuals in get-

ting enough daily allotments from each of the food groups. Let baked crackers, rice cakes and pretzels make up some of your grain servings. Lowfat bean dip can count as a protein or meat substitute. Frozen yogurt can be considered as a dairy group substitute.

But all the lowfat snacks will not stop you from gaining weight if you overdo it. Calories still accumulate and many of the lower fat snacks are not that much lower in calories than their high-fat counterparts, this is why it is important to read the labels of the goods that you purchase.

Many experts explain that as soon as you start eating six or eight times a day then you will feel hungry six or eight times a day. And if you keep on eating excessively, snacking will become a habit that can easily lead to weight gain, even if a person is consuming nutritious foods.

Just before or after exercise, many nutritionists usually recommend light, easily digestible snacks such as yogurt or carbohydrates. Actually for the best results, a combination of foods from different food groups make the best snacks.

For further information on this particular topic, please consult your own private physician or contact Student Health Services at 515-2563.



If you care about your health and are interested in educating others, please call 515-1468 and speak with Randall Haddock to become a health writer today.

Hey Eagle eyes, we see you reading this text. Bet you didn't know you had the eyes of a copyeditor, did you? Call 515-1468 or stop by room 372 of the African American Cultural Center to speak to Jerry Blackmon, Copydesk Chief. You'll be glad you did.

## Q & A on Common Health Problems

By **Randall Haddock**  
Health Editor

The health section usually deals with topics that are of national or college students concern, but this article will provide answers to common health problems that people generally face in their day-to-day living.

**Q:Does too much sleep cause undereye bags? If not, what does?**

**A:** Bags are caused by fluid collecting in the loose skin or bulging fat deposits. Your body retains more fluid when eating salty foods and when you are tired. Also, the area under your eyes where fat accumulates is genetic.

Plastic surgery is the only sure way to eliminate the bags, but other potential remedies include placing cold compresses over your eyes, getting plenty of sleep, avoiding stress, cutting down on salt and protecting

your skin from the sun.

**Q:How can you tell whether an upset stomach is caused by food poisoning? How should it be treated?**

**A:**You can never be certain whether it is food poisoning. In general, food poisoning appears as some combination of nausea, abdominal pain, vomiting and diarrhea. The symptoms typically set in an hour to a day after eating food contaminated with bacteria such as salmonella and they tend to vanish quickly. Foods likely to contain this bacteria include raw meat, eggs, fish, chicken, mayonnaise and other cream-based products.

The best way to deal with food poisoning is to ride it out. Most cases last only a day or two for the toxin produced by the bacteria to leave your system. Drink clear liquids to ward off dehydration, and eat bland foods. You can take an anti-diarrheal medicine if it makes you

ONE LOGO THAT MEANS SOMETHING



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# OPINIONS

## Tuition Dollars at Work

By **Kimberly Pettaway**  
Opinions Editor

Money is hard to come by. That's why it is extremely important to make the most of opportunities granted by way of tuition fees.

Many students are not aware of various cultural, intellectual, spiritual or physical activities the university provides at no cost. Well, I should take that back. The cost of these programs are previously figured into the tuition for the academic year.

Since you have already paid for it, why not make the most out of your money?

These activities are a great way to meet people, learn and appreciate people who are unlike yourself and provide an outlet to reduce stress. Some will allow you to make your résumé more eye catching, some even serving as excellent résumé material.

Even though it might make you feel better to complain about tuition increases, why not make the most out of an already grim situation. Utilize and maximize the opportunities to the fullest.

Carmichael Gym is usually

buzzing with the hustle and bustle of those feverishly working out, many students choose not to utilize the gym. Why not? There is something there for everyone, from those who workout twice a day, to those who workout once a month.

Free aerobic classes are available in the mornings for those who dare to rise at 6:45 a.m. If you are definitely not a morning person, there are other classes and educational sessions posted on the bulletin board outside the dance studio in Carmichael.

You would be amazed at how much thirty minutes of exercise affect stress level of the body. You may be tense and feel as though you could lose your cool at any minute. If you changed that negative energy, stress, into positive energy through exercise, you will feel so much better in no time.

Exercise enables you to sleep better at night. Your body will thank you.

For those who are concerned about their weight, another reason to frequently visit the gym is to regulate or help maintain a steady weight (along with a proper daily diet).

Exercise is motion. The more

you move, the more calories you burn. Certain portions of those calories are fat. The more fat you burn through exercise, the less weight you will carry. The more you exercise, the more adept your body will be to burning fat cells and toning your muscles.

Leadership workshops are readily accessible to students. Coordinators often have posters up well in advance with more than one date that the programs are available. Check one out. Chances are there will be students just like you there, students who want to excel academically but feel as if the days are just too short to complete the many tasks that accompany it.

These workshops are very well organized with the intent of helping students reach their fullest potential. Often times there is someone to facilitate discussion on a well believed myth and from there students interact and share their beliefs.

College is not forever. Make the most out of every extra-curricular activity that falls your way. One you enter the "real" world, you may never have these opportunities again.

## Is Our Safety Not Important at NCSU?

By **Danielle L. Beatty**  
Staff Writer

Monday Feb. 3, I saw something that I never wanted to see.

No, it wasn't an "F" in my math class or even another delinquent credit card bill, it was someone hit by a car - a fellow student. Why did this happen, who is to blame?

I was sitting in the passenger's seat of a friend's car on Western Boulevard in the turning lane to go on to Morrill Drive, when I looked up and I saw a young man trying to cross the street on the opposite side in front of me - he, too, headed toward campus. He got to the median, didn't see any cars coming - vision blocked by a bus in the turning lane - and tried to get across quickly on his bike.

The moment he got to the third lane, he was hit by an on coming car. The driver slammed on brakes, and the biker flew to the other side of the intersection. I got out of the car immediately to see if he was all right. In a matter of seconds, he had already gone into shock and was bleeding profusely. The only thing I knew to do was hold his hand and make sure he didn't go unconscious. He responded to touch and seemed to be somewhat aware of himself.

All I could think of is why? Some may want to blame him, but how can you when the Avent Ferry-Western Boulevard intersection is a death trap anyway. Many times I have begun to cross it, only to realize that out of the blue a car was coming, or the crosswalk sign says walk when there are still cars com-

ing from some direction.

What the hell are you suppose to do? It is unbelievable that almost every semester a student is hit at that intersection and still nothing has changed. I am now officially never crossing that intersection by myself, and I would rather wait on the bus and be late to class than possibly lose my life - something that could very well happen on the Wolfline too - but I won't even go there, at least not yet.

Is it going to take a death or maybe even two for something to be done? I know of at least one other major university that could very well have the same problem but instead implemented an elevated walk - Hofstra University in Long Island, N.Y.

If N.C. State is for us and supported by us and our families as well as the state of North Carolina, why isn't anything beginning done about this. Are NCSU's officials going to try and make it seem like it was a freak accident, or are they going to finally fix the problem?

I've heard the excuse that the death trap doesn't belong to NCSU, but we do, and if we, the alumnus, have to cross that death trap to get to our classes, is it not time for the student body and university officials to face the music - or should I say, the accidents?

I realize some who read this article may never give what I've said a second thought, but the next person who to fall victim to that death trap could very well be you or someone you love. The truly sad part about all of this is that it will happen again.

## Students, take note!!

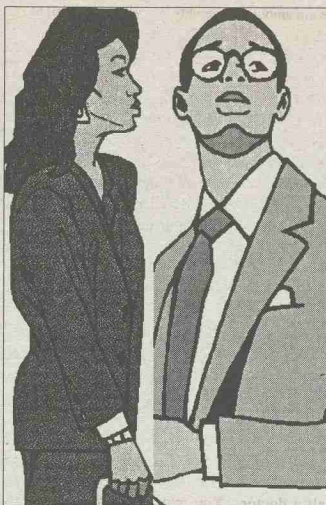
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Life here at N.C. State can be difficult. You can make things much easier on yourself by **knowing the right people**, and what better place to **establish connections** than *The Nubian Message*? Based in the African-American Cultural Center, through the Nubian you have access to some of the most **powerful, influential African-American movers and shakers** on campus. Be a part of history in the making. Come help the Nubian Message become the pre-eminent African-American Voice of North Carolina. Call 515-1468 or e-mail [admiral@sma.sca.ncsu.edu](mailto:admiral@sma.sca.ncsu.edu). You'll be glad you did.



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One irascible Macintosh abused umpteen obese orifices, however poisons incinerated five silly wart hogs. One ticket almost annoying

The Office of Afrikan American Student Affairs would like to congratulate the 130 freshmen who have accumulated a 3.0+ Grade Point Average for their first semester at N.C. State.

|                   |                     |                    |                    |                     |
|-------------------|---------------------|--------------------|--------------------|---------------------|
| Chenoa Abraham    | Raymond Cox         | Aaron Henry        | Antonio Mercer     | Rory Shaffer        |
| Sarah Aderson     | Sherine Cross       | Shannon Hines      | Richard Miller     | Tramayne Simmons    |
| Jandy Albury      | Joseph Darkoh       | Desmond Hinton     | Kisha Mitchell     | Nicole Smith        |
| Jordan Alexander  | Wayne Demery        | Trevor Hoskins     | Corey Moore        | Marilla Snuggs      |
| LaShonda Alston   | Linster Dennis      | Renee Hunter       | Edsel Moore        | Carissa Spivey      |
| Tomika Altman     | Tawanna Dillahunt   | Nicholas Jackson   | John Morgan        | Jennifer Suitt      |
| Verlyn Ashe       | Devina Dixon        | Shante Jackson     | Cameron Morris     | James Swindell      |
| Chaunston Avery   | Carlos Dodd         | Shaneca Jacobs     | Endya Morris       | Elaina Tanski       |
| Tameshia Ballard  | Ethan Douglas       | Nasha James        | John Moses         | Robert Taylor       |
| Bobby Barnes      | Brea Dowden         | Robyn James        | Christopher Neal   | Tonya Terry         |
| Shonda Bell       | Saletta Dunbar      | Paula Jenkins      | Austin Newcombe    | Monique Thomas      |
| Charles Berry     | Aisha Elderidge     | Clinton Johnson    | Brian Nobles       | Nagimu Thomas       |
| Verna Bloice      | Joseph Evans        | Lakiesha Johnson   | Larry Nobles       | Brandy Thornton     |
| Jarvis Borum      | Byran Ewing         | Antwan Jones       | Iyare Omoruyi      | Georgette Tillery   |
| Calvin Bowens     | Jason Flowers       | Sukai Kah          | Issac Osabutey     | Kimberly Vanhooke   |
| Carla Bowens      | Michael Forney      | Marissa Kennedy    | Donald Owens       | Melodie Vines       |
| Shonica Bowling   | Alyssa Gamaldo      | Amanda Lawrence    | Angel Parker       | Chad Wade           |
| John Brandon      | Jerome Gantt        | Eric Leak          | Renee Pearson      | Tarashawnda Waters  |
| Tobline Brown     | Demeatress Gholston | Jacquelle Leggett  | Joveline Pettus    | Clayton White       |
| Yandinell Burney  | Jesse Green         | Chambrea Little    | Ebonie Polite      | Courtney White      |
| Venceta Butler    | Marlon Greene       | Jamaal Livingston  | Aleathea Poole     | Keely White         |
| Patrick Cameron   | Monique Greene      | Michael Loftin     | Leigh Pulley       | Dondetrius Williams |
| Stephanie Camille | Joey Grinkley       | Tommeke Marley     | Yancy Ragin        | Jerrold Williams    |
| Darnell Carr      | Kisha Gwyn          | Tanzania Mcafee    | Trumanda Raines    | Kimberly Williams   |
| Shannon Cherry    | Carlton Harper      | Michael McCrimmon  | Leslie Randolph    | Sigmund Williams    |
| Emma Christine    | Lakisha Harrington  | Michelle McCrimmon | Summer Register    | Nashka Willis       |
| Tiffany Chin      | Rian Harris         | Cecil McCurdy      | Shaune Reynolds    | Kidanemariam Woldu  |
| Lorraine Claytor  | Ahmad Harvey        | Leroy McDowell     | Stephen Richardson | Frankie Woodley     |
| Winston Cockburn  | Jimmy Harvest       | Sterling McFadyen  | Tanika Robins      | Kamilla Wright      |
| Erika Cohen       | Jessica Hawkins     | Erica McKoy        | Reginald Rushing   | Richard Young       |
| Damont Cooley     | Georgi Haynes       | Kaleista McNeil    | Daryl Sams         | Tonya Walton        |
| Desiree Cooper    | Tiffany Heath       | Andre Meadows      | Dekorey Sanders    | Holly Wendt         |
| Anattoli Couch    | Mia Henderson       | Sonya Meheux       | Tonya Scott        | Jermaine Wilkinson  |

## African American Help Sessions

*African-American History Month  
North Carolina State University*

**January 21 - April 28, 1997**

|                 |  |   |        |   |  |
|-----------------|--|---|--------|---|--|
| <b>February</b> |  |   |        |   |  |
| 2               | National African-American Read-in Day--Gallery (AACC). 2:00 p.m.                         | PY 205, 208,<br>131 211, 212                        | Review | Every Monday<br>5:00 - 6:30 p.m.<br>Cox 515         | Samuel Acha  |
| 2               | Historical Tribute to African-American Athletes at NC State--Campus Cinema. 4:00 p.m.    | MA 101, 107,<br>108, 111, 121,<br>141, 241, 242     | Review | Every Tuesday<br>5:30 - 7:00 p.m.<br>Harrelson 147  | Koren Atwater<br>Annie Mitchell<br>Eugene Whitlock                   |
| 3               | Lecture-- <i>Haki Madhubuti</i> --Campus Cinema. 7:00 p.m.                               |   |        |   |  |
| 4               | 1st Tuesday Jazz Night--Multipurpose Room (AACC). 8:00 p.m.                              | MA 101, 107,<br>108, 111, 121,<br>141, 241, 242     | Review | Every Wednesday<br>5:30 - 7:00 p.m.<br>Cox 209      | Adrian Holley<br>Annie Mitchell<br>Caryln Murrell<br>Eugene Whitlock |
| 6               | L.M. Clark Lecture-- <i>Dr. Margaret Burroughs</i> --Multipurpose Room (AACC). 7:00 p.m. |   |        |   |  |
| 11              | True Essence Contest. Stewart Theatre. 8:00 p.m.   |   |        |   |  |
| 12              | Quiz Bowl. -Multipurpose Room (AACC). 7:00 p.m.  | PY 205, 208<br>131, 211, 212                        | Review | Every Thursday<br>5:00 - 6:30 p.m.<br>Cox 515       | Samuel Acha  |
| 15              | Charlie Hayden Quartet. Stewart Theatre. 8 p.m.  |   |        |   |  |
| 22              | Play-- <i>"Having Our Say"</i> --Stewart Theatre. 8:00 p.m. - 8:30 p.m.                  |   |        |   |  |
| 25              | Ebony Man Contest. Stewart Theatre. 8:00 p.m.  | CH111   | Review | Every Thursday<br>5:30 - 7:00 p.m.<br>Dabney 330    | Juan McKenzie<br>Jamila Smith<br>Angela Sykes                        |
| 26              | Lecture-- <i>Ruby Dee</i> --Stewart Theatre. 7:30 p.m.                                   | CH101 & 107   | Review | Every Thursday<br>5:30 - 7:00 p.m.<br>Dabney 330    | Darius Burden<br>Sherice Nivens                                      |
|                 | (AACC denotes African-American Cultural Center)  |   |        |   |  |
|                 | For more information, call 515-5210.<br>Updated 2/89                                     | Statistics<br>(101-400 level)<br>507, 508, 511, 512 | Review | Every Thursday<br>5:00 - 7:00 p.m.<br>Harrelson 147 | Delicia Carey<br>Cralen Davis<br>Nicole Hill                         |

If you have any questions please call 515-7841

**ALL STUDENTS ARE WELCOMED!**