

THE NUBIAN MESSAGE

The Afrikan-American Voice of North Carolina State University



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Patterson Fund Gets Big Boost

By Carmita Davis and Jeneill Robinson
Guest writers

The N.C. State community has responded in a dramatic way to the tragic shooting of Gregory Alan Patterson in Washington, D.C. on Friday, October 13, 1995.

Several campus organizations, individuals, and faculty members have united to form the Gregory Alan Patterson Foundation setting a campus-wide goal of \$50,000 to defray Patterson's medical expenses.

Patterson is a 19-year old sophomore in Engineering at N.C. State.



Gregory Allan Patterson

"Alan" fell victim to random gunfire while visiting Washington, D.C. for

The Million Man March, and is now paralyzed from the neck down. He is currently receiving treatment at the Shock Trauma Department at the University of Maryland Medical Center.

Alan's mother, Catherine Patterson, immediately went to her son's side. The single mother of two sons, Ms. Patterson had to use her home mortgage to travel from her Greensboro, NC, home to Baltimore.

Lathan Turner, Coordinator of Afrikan American Student Affairs, has been approved by Ms. Patterson as the official spokesperson of the

organization responsible for funds that are being raised for her son.

Through Turner, Ms. Patterson has expressed sincere appreciation for the hard work and prayer everyone has given.

Ms. Patterson is requesting the communities help by making donations to aid the family's impending medical costs and volunteering their time and energy for projects.

Checks should be made payable to the Gregory Alan Patterson Fund and anyone wishing to volunteer can call or stop by The Office of Afrikan American Student Affairs in Harris Hall (515-3835).

Community Responds to Affirmative Action Debate

By Shawna Daniels
News Editor

In light of recent discussions on Affirmative Action and its effect on the college community, a panel of respected Afrikan Americans taken from the community at large came together at the Association for the Concerns of Afrikan American Graduate Students Symposium weeks ago.

When asked their opinion about the effectiveness of the present Affirmative Action program, the panel responded similarly.

Chris Wilson, an employee of Glaxo, stated there weren't any persons of color at any of the places he worked. Without Affirmative Action programs he probably would never have gotten in the doors.

Dr. William Grant, Associate Provost at N.C. State, added that Affirmative Action is effective to a point, but Afrikan Americans have a long way to go. He pointed out that

people have exploited the dream of Dr. Martin Luther King, Jr. and "we have not reached a point where we can say the dream is fulfilled."

He further added that the presence of national programs gives needed measurements of reassurance to minorities.

Another panelist Joy Paige, Branch Manager of Wachovia Bank, noted that the program outlines positive steps for hiring someone who is qualified without regarding color, gender, or disability, and prevents any preferential treatment.

Vickie Winston, Human Relations Director at Holiday Inn, Worldwide, made that point that without the federal government demanding Affirmative Action, most Afrikan American students wouldn't even be at North Carolina State University.

She also gave startling statistics like 80% of the Fortune 500 companies who earn more than \$200,000 are headed by white males. 77% of

Congress and 80% of tenured professors at major universities are white males 92% of Governmental workers and 90% of all Editors-In-Chief of newspapers are white males, while 67% of all Afrikan Americans are denied job opportunities and 85% are graduating from predominantly white institutions.

The panel was also asked what they would advise students to say to people who have problems with the Affirmative Action programs. Dean James Anderson, of Undergraduate Studies, simply stated that all N.C. State students were admitted by standard criteria that were not based on race, gender, or disability.

And if people highlight the outspoken Afrikan American groups, Dean Anderson suggest that the student also make known the presence of organizations across the campus that represent other students and their interests. Wilson answered that students should "be proactive, not reactive".

When asked also how Afrikan Americans could be better prepared for what could happen if Affirmative Action is lost, Joy Paige responded that there must be a mentoring cycle, that students must be better prepared for what may happen. Barry Hicks, employee of SAS Institute, added that students need to network and "find a mentor that knows the system."

Dean Anderson said that Afrikan American students need to always be one step ahead of the "isms; womanism, racism, and every other -ism you can think of" and must hold every person against Affirmative Action accountable for their opinions.

Dr. Grant closed out the discussion when he stated, "knowledge is power; that is the difference between Affirmative Action and diversity."

CAMPUS BRIEFS

Thompson Theatre

Two Trains Running, a play directed by Dr. Patricia Caple and sponsored by Black Repertory Theatre will open on Nov. 9, running through the 11th and 15-18 at 8pm and Nov. 12 at 3pm. Tickets are \$8.50 for adults; and \$7.50 for students. The Box office opens October 23.

Heritage Day

Saturday, October 28th from 8:00 a.m. until 5:00 p.m., Afrikan American Heritage Day will take place at the Afrikan American Cultural Center located on the corner of Cates Avenue and Dan Allen Drive. The Keynote Speaker will be Benny Andrew, world renowned Artist. For more information call 515-2910.

Black Students Board

BSB will be sponsoring its annual Freshman Talent Show today. For more information call 515-3777.

Annual Take Back The Night March

November 8, 1995 will be the date of the annual The Take Back The Night March. The march will begin at Harris Field and the Berry/Bagwell/Beckton Quad. Stay tuned for more information.

The Spirit of The Million Man March

By Fred Frazier
News Writer

Editor's Note: This article is the personal account of the writer on his trip to and during the Million Man March.

Monday, October 16, 1995 at 5:00 in the morning. It's cold outside, but excitement is in the air. There is a feeling that could be felt before the loud, thumping music is within earshot.

The music is so appropriate for the momentous occasion about to unfold before our eyes. Once we reach a position in the mall area of D.C., where we can no longer march forward, we notice that there are thousands of Black Men and Black Women already there.

Once this point was reached, the atmosphere became very festive and the many brothers, old and young, were rejoicing in the fact that we were coming together as a whole. With the reggae and classic Marvin Gaye songs like "What's Goin' On!", the celebration of Black Men continued. And all of this happened before dawn.

Sunrise. The array of speakers, representing all of the faiths in Black culture, were beginning to start their speeches concerning the March. While listening intently, as the temperature began to rise, everyone in the crowd could notice the stillness of a helicopter in the sky. Watching from its bird's eye

view, I do not think this particular helicopter's mission was to broadcast the March to the world. Despite the fact that there were eyes in the sky, of a non-TV type, the jubilant event pushed onward.

Midday. It's a lot hotter and the Black Men and Black Women keep coming. While each speaker comes up and says their piece, everyone is waiting for the "visionary with a vision", Minister Louis Farrakhan, to give his keynote speech to the crowd.

Reverend Ben Chavis came to the mic from time to time after making his own address, to give updates and tallies of the numbers of people at the March. I believe that after awhile, his head count was over 400,000 (the "official" number).

Afternoon. We moved out of our tight position and went to the back of the procession. I had never seen history in the making and to actually be there was an exhilarating experience. It was an amazing sight to see the hundreds of thousands of people in front of me, not to mention the hundreds of thousands of people behind us.

And then, the Reverend Jesse Jackson came to the microphone. Who would have ever even imagined it, Farrakhan and Jackson on the same stage working together. But one must remember that the March was not about religion, it was about us, Black Men. Black Men

see Spirit page 4

CLIMATE
CONTROLLED

SAT. & SUN.
9 AM - 5 PM

ANTIQUES

COLLECTIBLES

RALEIGH

FLEA MARKET
MALL

1924 Capital Blvd. Next To Bobby Murray Chev.

839-0038

839-0038

100,000 SQ. FT. OF FAMILY FUN!

100's OF VENDORS * REGISTER EACH SAT. & SUN. FOR OUR DAILY \$50 GIVE-A-WAY

TRULY "THE MOST FLEA MARKET FOR YOUR WEEKEND!

With only the permission of our ancestors and our elders do we proudly print this and all editions of The Nubian Message. Always keeping in mind and spirit: Dr. Yosef ben-Yochannan, Dr. John Henrik Clarke, Dr. Leonard Jefferies, The Black Panther Party, Mumia A. Jamal, Geronimo Pratt, Hughes Suffren, Lathan Turner, Dr. Wandra Hill, Mr. Kyran Anderson, Harriet Tubman, Sojourner Truth, and all those who walk by our side as we continue to make our journey to true consciousness.

In Order to be a
True Black
Man, You Must
First Learn to
Think and Act
Like a Real
Black Man.

In Order to be a
True Black
Woman, You
Must First Learn
to Think and Act
Like a Real
Black Woman.

THE NUBIAN MESSAGE

The African-American Voice of North Carolina State University

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Please call or write to let us know of any errors we need to correct, as we are very committed to accuracy in our reporting and writing.

The Message

October 26, 1995—Help Children Build Brighter Futures. Be a Foster Parent. Meet at the Word of God Fellowship Church, 3000 Rock Quarry Rd, Raleigh. 7 to 9:30 for more information, call Tina Martin, 212-7474.

October 26, 1995—Join North Carolina State University in honoring three alumnae at the 10th Annual Honors Convocation, 7pm in Stewart Theater.

October 26, 1995—A peace lunch forum will be held from

12:40 to 1:40 in the Brown room of the Student Center. Natalia Mirovitshaya will be the guest speaker. More info?? Call 834-5184.

October 26, 1995—Campus Crusade for Christ is sponsoring Prime Time, 7:30 pm in Carmichael Gymnasium's room 104.

October 26, 1995—The Wake County Women Democrats are meeting in Ballentine's Cafeteria in Cameron Village, 11:30 a.m.

For more information and to

reserve a seat, call 832-9650.

October 27, 1995—Join the College of Design as they welcome artist Benny Andrews, guest speaker. 6 p.m. Kamphoefner Hall. Get more information by calling 515-2078.

October 28, 1995—After enjoying yourself at Heritage Day, visit the Afrikan American Cultural Center Gallery and join in on the reception for artist, Benny Andrews at 7:30 p.m. If you have any questions, call 515-5210.

N.C. State Picks Up Second Win Against Duke Blue Devils

By Alvin Sturdivant
Sports Editor

N.C. State broke a five game losing streak with efforts from sophomore safety Brandon Davis in the final thirty seconds of Saturday's 41-38 victory over the Duke Blue Devils.

Davis intercepted a pass on State's five yard line with 26 seconds left to play in the game to clinch N.C. State's second victor of the season. Duke managed to gather 528 yards in total offense, but State's defense was the deciding factor in this Wolfpack victory.

Red-shirt freshman Hassan Shamsid-Deen, a 5-foot-8, 170 pound cornerback, proved himself to be a significant component in State's well-designed defense. Shamsid-Deen picked off a Blue Devil pass in the first half which

escalated into a Wolfpack score, but his 68 yard fumble return for a third quarter touchdown, was his biggest



Hide Terada/Technician
N.C. State's # 35 Quincy
McNeil gains extra
yardage for the Wolfpack

play of the day, but of course the biggest play was made by safety Brandon Davis.

The Wolfpack led 27-17 at half-time, and 34-24 after three quarters of play. Tremayne Stephens and Rod Brown combined for a total of 192 total yards rushing, but Terry Harvey, before his third quarter injury, managed to tie N.C. State's career record for touchdown passes by hitting Stephens and Devon Smith for first half touchdowns.

Duke managed to scare the Wolfpack with their final offensive drive, but because of the careful eye of Brandon Davis, N.C. State managed to escape with a 41-38 victory over the Blue Devils. Let's hope that the Pack's offense joins its defense next week and brings a well needed and deserved Homecoming victory back to Wolfpack Country.

A New Year, A New Era For N.C. State Basketball

By Dalila Butler
Sports Writer

Afrikan American sophomore guard Ishua Benjamin also expects a great season from the team. He hopes the team will win the NCAA tournament this year, but he will not be disappointed if the team makes it to NIT instead.

Afrikan American senior forward, Marcus Wilson, on the other hand, feels the team will do well, but he has no specific expectations for the team. He said, "I've learned not to expect anything and just go day to day." He feels that great exceptions may get in the way and may be a speed bump on State's road to success.

Will the new comers play a large role in N.C. State's success? Both Ishua and Marcus agree that Ivan Wagner and Danny Strong will tremendously help the team. Ishua stated that both Ivan and Danny will add depth to the team.

Ivan with his outside shooting, will add depth to the perimeter, and Danny, with his strength and size, will add depth to the inside. According to Marcus, with the help of Ivan and Danny "some positive things are going to happen" with State's basketball team this year.

The newcomers are not State's

only assets though. The experience of the returning players is also another strength that State's basketball team possesses this year. Ishua believes that the experience of the number of players returning will aid in the team success. Marcus stated that another asset of State's team was the strength of the team.

Sometimes, though, strengths are accompanied with weaknesses. What are the weaknesses of State's team? There was only one weakness of State's team that Ishua could think of and that would be the size of the players. According to Ishua, most players on the team are not very big. Marcus, however, could not think of any weaknesses. "I won't be able to point out any weaknesses until we play a game."

Now that there is a general idea of what may occur on the court, one may ask, what about off the court? Ishua said, "Things have changed for me as far as academics are concerned." This year Ishua has taken a more serious approach towards his studies. According to Marcus, it takes time to learn to balance basketball and academics, but he has been well adjusted and he is doing fine.

So this year State fans should be ready for what looks like a fabulous

N.C. State Football Has New Beginning

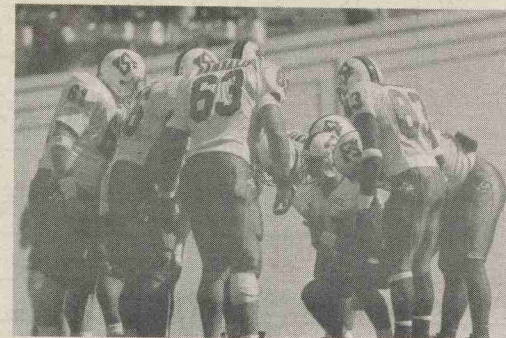
By Chanda Mason
Sports Writer

NC. State began the season with an exciting win over Marshall, but went on a five game losing streak until its recent 41-38 win over Duke in the final seconds of the game, many thought the Wolfpack could not be revitalized.

The team gave all they had but they always seem to fall short. Careless mistakes and other unpredictable mishaps contributed to their lack of success. Many people rebelled against the football team in their time of despair, but the key to a winning team is support within the team and support from its fans.

The sweet taste of victory was something that NC. State's football team and all their fans longed for Saturday's victory against the Duke Blue Devils let the entire world know that the Pack is back.

Even though State has lost its chance to participate in a bowl game, they still have the opportunity to end the season with a decent and respectable record. They have four games remaining in the season. These games are scheduled as follows:



NC State players huddle to discuss their next offensive drive

Maryland	November 4
at Georgia Tech	November 11
at Wake Forest	November 18
North Carolina	November 24

The Wolfpack are open this Saturday, but will face a determined Maryland team on November 4. The sea of red and white which fills the stands only motivates the players to play harder and plays a key role in the attitude that they carry.

Saturday's win over Duke was sparked by the return of both Duan Everett and Carlos King and an amazing spurt of adrenaline from

second stringers Hassan Shamsid-Deen and Brandon Davis.

There presence was very evident and they proved themselves to be key ingredients in Saturday's victory. Let's hope that the fans and these players along with the rest of the team keep their heads high and bring a Homecoming victory back to NC. State on November 4.

Good luck WolfPack team: The fans have faith in you.

Any Students Interested In Being A Sports Writer for The Nubian Message, please call 515-1468 and ask for Alvin Sturdivant,

WE'RE LOOKING FOR A FEW GOOD STUDENTS!

1996 SYMPOSIUM COUNSELOR
INFORMATION SESSIONS WILL BE HELD ON THE FOLLOWING DATES IN ROOM 2015 OF HARRIS HALL (STUDENT DEVELOPMENT):

TUESDAY, NOVEMBER 7 5:30 P.M. - 6:30 P.M.
WEDNESDAY, NOVEMBER 8 7 P.M. - 8 P.M.
THURSDAY, NOVEMBER 9 5 P.M. - 6 P.M.

PLAN TO ATTEND ONE OF THESE SESSIONS TO RECEIVE INFORMATION ABOUT BECOMING AN ACES COUNSELOR FOR SUMMER, 1996. APPLICATIONS WILL ALSO BE AVAILABLE.

FOR MORE INFORMATION, CONTACT AFRICAN-AMERICAN STUDENT AFFAIRS AT 515-3835 OR 515-3125

The Nubian Message would like to congratulate Joel Kress, a Tucker Hall resident on his victory in the 2 mile intramural run. Joel ran the 2 miles in ten minutes and twelve seconds. He placed first out of approximately 40 runners. We once again congratulate him on his victory, and wish him good luck in his future races.

Nubian Football Pics

Nubian Football Pics are a new feature of The Nubian Message intended to alert more Afrikan-American students about Black College Football Teams and to involve Afrikan-American students and faculty in the Afrikan-America Voice of N.C. State



Richard Burt
Financial Aid



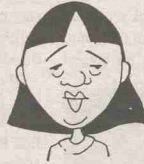
LaTonya Dunn-The
Nubian Message



Hughes Suffren
Afrikan Amer. Affairs



Shawna Daniels-The
Nubian Message



Carolyn Holloway--
The Nubian Message



Alvin Sturdivant--
The Nubian Message



Lathan Turner--
Afrikan Amer. Affairs



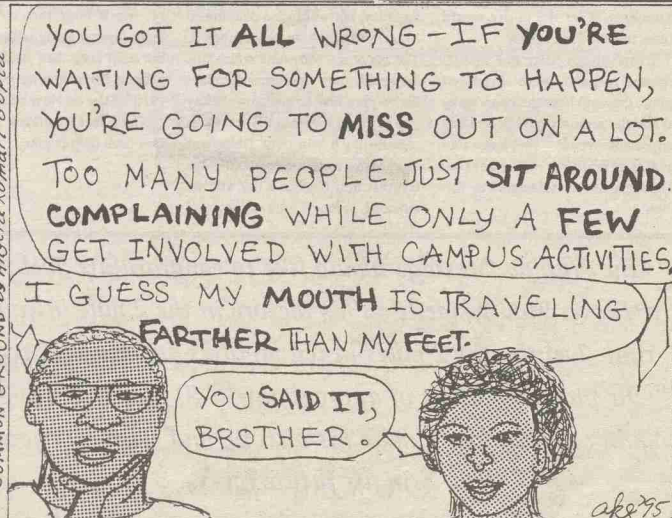
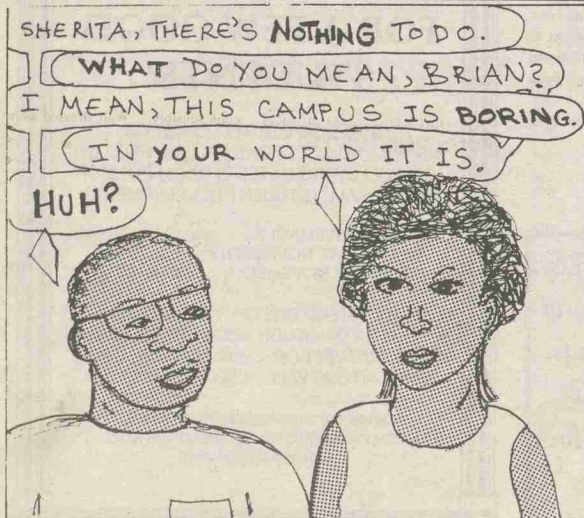
Kyran Anderson--
Imhotep Program

September 30

Hampton vs Bethune Cook.	Hampton	Hampton	Hampton	Hampton	Hampton	Hampton	Hampton	Hampton
Norfolk vs Delaware State	Del. Stat	Del. State	Del. State	Norfolk State	Norfolk State	Norfolk State	Norfolk State	Norfolk State
Fla A & M vs Howard Univ.	FAMU	FAMU	FAMU	Howard	FAMU	FAMU	Howard	FAMU
S.C. State vs Tenness. State	S.C. State	Tenness.	Tenness.	S.C. State	S.C.State	S.C. State	S.C. State	S.C. State
Clemson vs N.C. State	Clemson.	Clemson.	Clemson.	Clemson.	N.C. State	N.C. State	Clemson	N.C. State
Maryland vs Ga. Tech	Maryland.	Maryland	Maryland	Georgia Tech	Maryland	Maryland	Maryland	Geogia Tech
North Carolina vs Ohio	N.Carolina.	Ohio	N. Carolina	N. Carolina	N.Carolina	N. Carolina	N. Carolina	N.Carolina
Virginia vs Wake Forest	Virginia	Virginia	Virginia	Virginia	Virginia	Virginia	Virginia	Virginia

October 7

Bethune Cook. vs Norfok .	Norfolk	Norfolk State	Norfolk State	Norfolk State	Norfolk State	Norfolk State	Norfolk State	Norfolk State
Delaware State vs Hampton	Hampton	Del. State	Del. State	Hampton	Hampton	Hampton	Hampton	Hampton
Fla. A & M vs N.C. A & T	N.C. A & T	N.C. A & T	FAMU	N.C. A & T	N.C. A & T	FAMU	N.C. A & T	N.C. A & T
Howard vs Alcorn State	Alcorn State	Alcorn	Howard	Alcorn	Howard	Alcorn	Howard	Alcorn
Morgan State vs S.C. State	S.C. State	S.C. State	S.C. State	S.C. State	S.C State	S.C. State	S.C. State	S.C. State
Georgia vs Clemson	Clemson	Clemson	Clemson	Clemson	Clemson	Clemson	Clemson	Clemson
Florida State vs Miami	Florida State	Florida State	Florida State	Florida State	Florida State	Florida State	Florida State	Florida State
Maryland vs Wake Forest	Maryland	Maryland	Maryland	Maryland	Maryland	Maryland	Maryland	Maryland
North Carolina vs Virginia	N. Carolina	N. Carolina	N. Carolina	Virginia	N. Carolina	Virginia	Virginia	Virginia
N.C. State vs. Alabama	Alabama	Alabama	Alabama	Alabama	Alabama	Alaoama	Alabama	Alabama



COMMON GROUND BY ANGELO KUMAR GUPTA

aks/95

Delta Week: Begins With The Million Man March and Ends With the Campus Founders

By Carolyn Holloway
 Guest Writer

If the NCSU and the RDU community wanted to know what the 1.5 Million Black Men at the Million Man March were going to do when they came back to the community, they received a small but effective piece of the information on Monday, October 23, 1995.

Delta Sigma Theta Sorority, Inc. in correlation with Delta Week, sponsored an open forum with area students and leaders.

This discussion was led by Ricky Livingston, a NCSU student and the local organizer for The March on NC. State's campus; Lathan Turner, Coordinator of Afrikan American Student Affairs; Hughes Suffren, Assistant Coordinator of Afrikan American Student Affairs; Dr. Kamau Kambon, who is co-owner of Blacknificent Books and More, the Bennu Cultural Center, as well as a Professor at Saint Augustine College; and the Rev. Curtis Gatewood, director of the Durham Branch of the NAACP and one of the members of the local organizing committees for The March in Durham and NC. Central.

The program's major focus was to discuss the preconceptions of The March and to verbalize its actual events and aftermath. Members of the audience who took part in different aspects of The March spoke fluently on perceptions.

Ajuba Joy, Substance Abuse Prevention Educator and attendee of The March, asserted that the media attempted to distort The March's overall message using Minister

Farrakhan's mere presence in tandem with the issue of women being asked to not attend to throw a shadow of discord into The March. Therefore, Ms. Joy said, "We must be careful of the media and wake up and be conscious of the environment we live in."

Other attempts concerning Farrakhan was easily dispelled by the audience when reminded of the old saying "it is hard to separate the message from the messenger." Regardless of who the person is, no one can agree on every viewpoints; therefore all of Farrakhan's views are not agreeable to everyone.

Bertram G. Barco, a Senior in Mechanical Engineering and attendee of The March quoted "The March was a special time because no one had to look over the other's shoulder except when giving a hug. The atmosphere was one unlike [any] I had ever [experienced] or seen before. I had never seen as many Black Americans in one place at one time. The March was definitively a time to move forward and

with the Million Man Plan of Action, we (Black Men) are taking the first step."

One of the Million Man March's plans of action was to ask those pre-

zation of all is the Church. "Churches", said Rev. Curtis Gatewood, "are talking the talk, but not walking the walk."

Ebony Fowler, a senior in

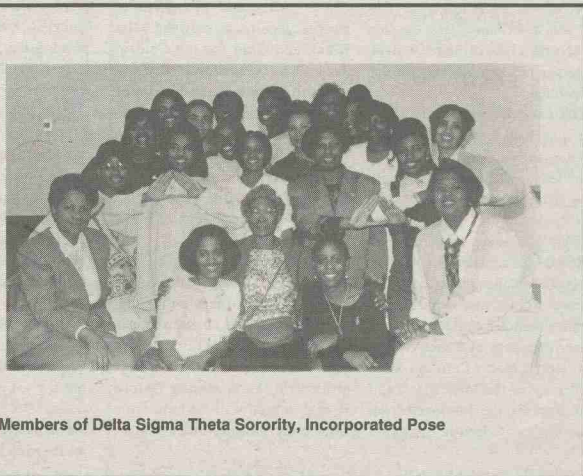
ply our own basic needs (including building our own grocery and toy stores); and last but not least, "BRING IT BACK HOME".

These necessities led to Dr. Kambon's point about our operating under other people's concepts and values. "We must develop an internal plan which includes a psychological plan, an educational plan, a health plan and any other type plan that needs to be derived to produce a better individual person."

Hughes Suffren reiterated this point even farther when he said "We must address the question 'to whom is the problem a problem?'"

Sanya King, a Junior in Business Management added, "I am very pleased that Delta Sigma Theta has the awareness of the community at heart. I found the program enlightening and responsive to the demands of the community. I had personally wondered where we were going to go after The March [but] tonight's program has given me hope that we will do something with the message."

As a member of Delta Sigma Theta with community awareness at heart, Deidra Clemons, a Senior in French Education, said "Delta Sigma Theta has always had the concerns of Afrikan American males at heart. Summit III, Preparing Our Sons for Manhood, is what we are trying to continue here at NCSU with our series of All Male Programs. We want to uplift our Afrikan American males and encourage them and ask for all other Afrikan American females to continue to support Afrikan American males in their endeavors."



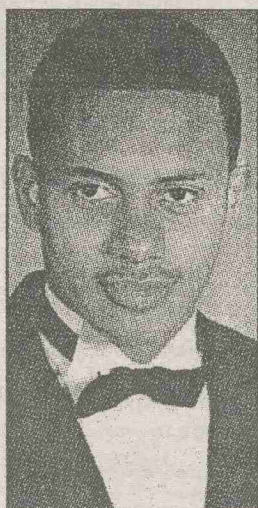
Members of Delta Sigma Theta Sorority, Incorporated Pose

sent whether they were involved enough with the community. The answer was a firm 'no' by the audience. Lathan Turner, a panel member, said that we must look at each organization and see if we are effective in the community. If we aren't, then we either need to join to make them more effective or assist them in every possible way.

These organizations can be from one or more of the many that exist on campus or out in the community. If these organizations are not willing to be effective after the infiltration, then they must be held accountable for their actions. The largest organi-

Zoology, said that her home church did not support The March because of religious differences between Christianity and The Nation of Islam, but she did not sanction her church's views on this issue. This feeling was adhered to by many of the persons in attendance.

Rev. Gatewood outlined five things we must do, not only to dispel the differences within churches, but within our communities. Those five necessities being: We must re-evaluate the Church; realize that leaders do not know everything and focus on the people who are walked on; preserve our own economics; sup-



Alan Patterson

Sweating With the Deltas

By Rochelle Carlton
 Reflections Writer

He sometimes even jumped up and down to ensure that the audience got the point.

The group was very responsive to Coach Wall's format, and seemed to find the lecture entertaining as well as informative.

"Educate your appetite. Learn to cook sensibly," Wall stressed as he tried to emphasize to everyone the importance of being prepared for the future and changing eating habits now.

Reading labels on food products, decreasing consumption of fried foods, and not adding salt to food after it has been prepared are a few simple suggestions for improving diet. However, Coach Wall warned the audience that they should not try to cut all of the fat from their diet. About 30% of one's diet should be composed of fat.

See Sweating page 6

Weight loss, lowered chances of cardiac disease, and increased self-esteem; these were just a few of the many benefits of regular exercise and good nutrition cited by Coach Gary Wall, a N.C. State physical education instructor, on October 24, 1995, at a program dealing with physical fitness sponsored by Delta Sigma Theta Sorority, Incorporated.

Over two dozen young ladies met on the 3rd Floor of the Witherspoon Student Center for "Just SWEATin' with the Deltas," one of a series of programs organized as part of Delta Week.

Coach Wall led the group in an aerobics session which was preceded by a brief lecture on exercise and nutrition. Wall was very energetic, humorous, and animated, using colorful metaphors and memorable catch phrases in his demonstrations.

Alphas Compete in Area Competition

By Anthony Lindsay
Staff Writer

The Eta Omicron chapter of Alpha Phi Alpha Fraternity, Inc. recently participated in a competition against other chapters from Duke University, UNC-Chapel Hill, North Carolina Central University, and Shaw University. The competition was hosted by the Kappa Omicron chapter at Duke University on Saturday, October 20 and Sunday, October 21, 1995.

Four competitions were held including an Oratorical Contest, Collegiate Quiz Bowl, Step-Show, and Miss Black and Gold Pageant. Demond McKenzie placed first in the oratorical where he delivered a message about fatherhood in the Afrikan-American community.

Eta's Quiz Team demonstrated their knowledge of literature, history, entertainment, science, and busi-

ness under the leadership of team captain Anthony Lindsay, Ron White, Tyrone Hughes, Charles Mann, and Percy McIntyre. They placed as first runner-ups in the contest, with the Gamma Beta chapter of North Carolina Central University taking top honors for the competition.

The Etas also ran a very close first runner-up to Gamma Beta in the step-show. Stepmaster Tony Hicks led "the infamous HO" team consisting of Andre Robinson, Blaise Mwanda, Ron White, Demond McKenzie, Edward Keys, Anthony Lindsay, Michael Barnett, and Percy McIntyre in this event.

Jeneil Robinson, a senior majoring in industrial engineering and former president of DanceVisions represented North Carolina State University in the Miss Black and Gold Pageant. Jeneil dazzled the audience and judges in the talent

competition where she gave a powerful dance performance to a jazz song entitled "Four Women." As well as receiving the Miss Congeniality and Most Talent awards, Jeneil was crowned Miss Black and Gold for the Central Area. Both Demond and Jeneil will go on to Fayetteville in November to compete for the District Title in their events.

An additional award was presented to chapter advisor Victor Coffey for being the Most Outstanding Chapter Advisor in the Area.

Next year, the competition will be held here at NC State. Eta Omicron hopes to regain the Step-Show title as well as place first in the quiz bowl competition. Until then, the chapter will still be hard at work with the upcoming "Alpha Week" which will be held from October 29 through November 4.

Delta Sigma Theta--Twenty Years Strong

By Cassandra Lester
Reflections Writer

A room full of women. A room full of sisters. If for no other reason that fact alone made the Mu Omicron Chapter of Delta Sigma Theta Sorority, Incorporated event a success. This event held on Wednesday, October 25th was a celebration in honor of their twenty-

eth anniversary. Elaine Perry, the first advisor of the NCSU chapter, and Jackie Sanders, one of the first ten Delta members, honored those present with their memories about the first Mu Omicron Chapter of North Carolina State University.

see Twenty page 7

Delta continued from page 5

One simple change that can be made in daily eating is to make lunch, as opposed to dinner, the biggest meal of the day. Then the body will have time to break the food down and use the calories as fuel throughout the remainder of the day.

Along with nutrition, regular exercise is extremely important. Wall outlined five steps to establishing a good exercise regimen: set goals, select an activity, stay motivated, measure progress, and evaluate the exercise program.

Of these five steps Wall continually reiterated: the importance of staying motivated. "We don't know how to build upon our accomplishments. We have the tendency to take two steps forward and one step back."

Wall compared commitment to maintaining physical fitness to maintaining a marriage. "You should have the same type of commitment to your temple; your body, because you can't divorce your body."



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Holy Spirit

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down, deep within;
causing your hands to tremble
and forcing your knees to bend.
Do you know what's happening?

When you start to shout
and a tear forms in your eye.
but you can't help yourself
'cause it feels good inside.
Do you know why?

When your feet starts moving;
moving in a way that's wild.
Please don't be embarrassed...
for it's the Holy style.
Do you know how?

When your head starts to jerk
and your arms stretched up high;
your mouth is opened wide
and His name you magnify.
I ask again. Do you know why?

If you haven't guessed
what all this adds up to be
it's the Holy Spirit
taking control of thee!

Casper

Thoughts on The Million Man March

Tomorrow, history will have a new chapter
The uniting of our Men,
In Peace
In Harmony
In Washington
For a cause

To dispell the myths and untruths
To awaken a social conciousness
that has been asleep for too long
My spirit is with those men
Who know the deal
They know what is real
They are the difference.

But, what about the day after tomorrow
What about those of us who are still
under a spell

What about those of us who hate our
color and deep down inside desire whiteness
What to do about those misguided souls...
Educate, help them relate, then move forward
Pray that in time they will come
But some are infinitely lost

Lost in the struggle for money, power and
glory.

They are commatose.

The awakened few have a new chapter
to write and it begins tomorrow, October 16, 1995

In Peace
In Harmony
In Washington

Sanya King

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Twenty continued from page 6

Ms. Perry's face was aglow as she reflected on her memories of establishing the Delta Sorority on NCSU's campus in 1975. Comments about the increased costs had the crowd laughing. Fees and expenses went from \$155 to \$600-\$700. Ms. Elaine Perry went on to say, "Yes, things have gone up, yet on the same token, things have gotten better." Those present learned about the community service events, such as spaghetti dinners for female prisoners and scholarship drives, that the 1975 Delta's sponsored.

More than twenty years later, the Delta's retain the strong desire to be in the forefront of community service. Programs as varied as health fairs and registering to vote are how this non-profit organization give back to the community. Ms. Perry commented that at that time, October 25, 1975, "there were only eight to ten members, which was barely enough to have a chapter." Despite these odds, the Mu Omicron Chapter of Delta Sigma Theta has thrived.

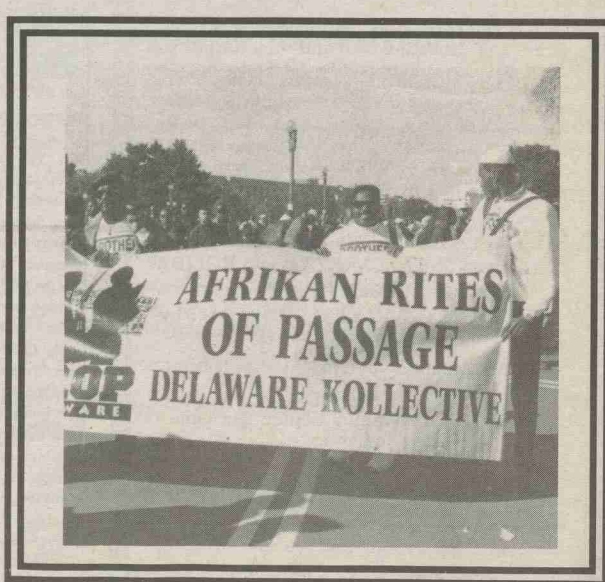
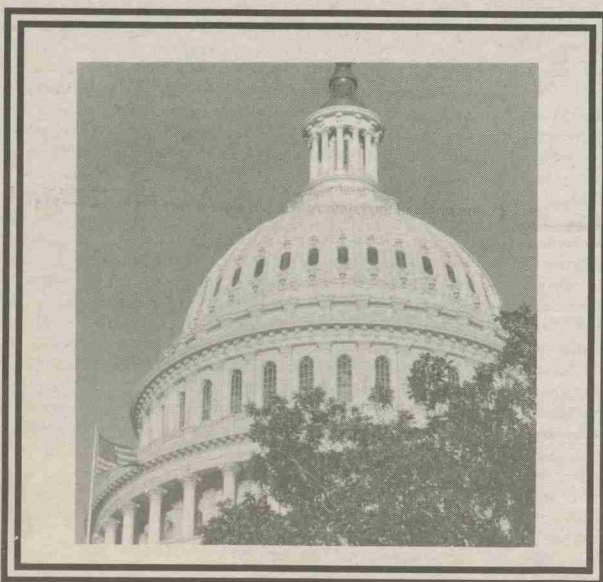
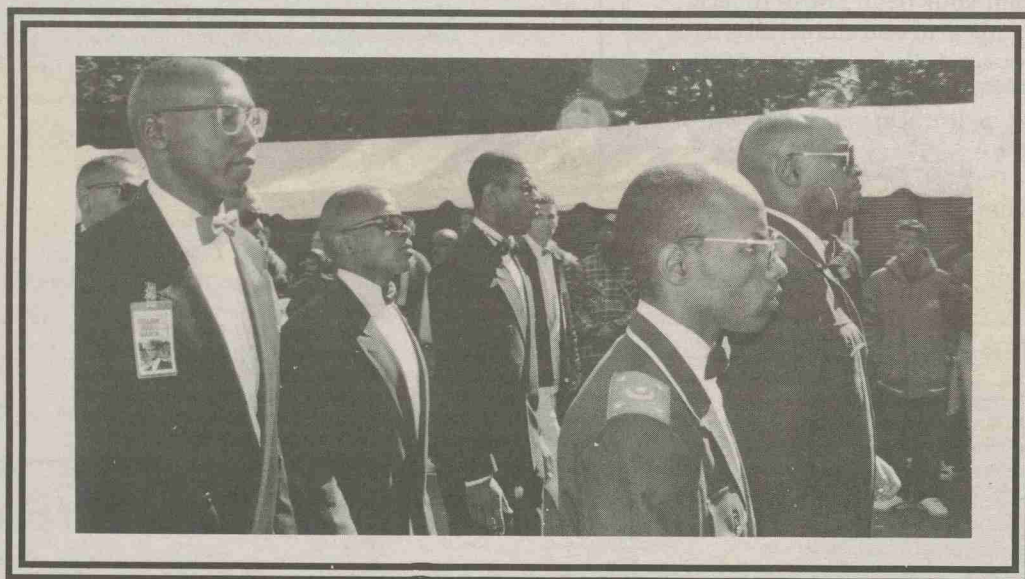
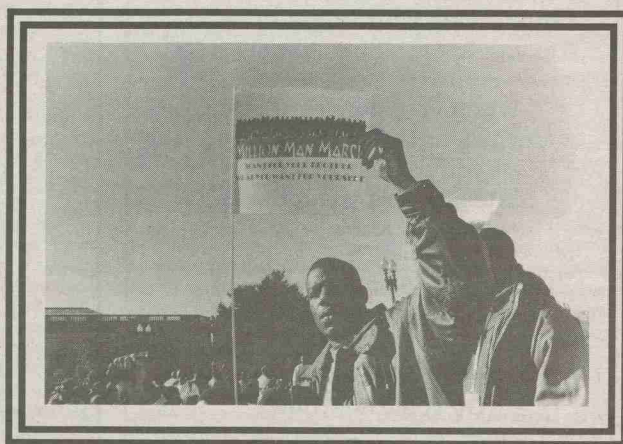
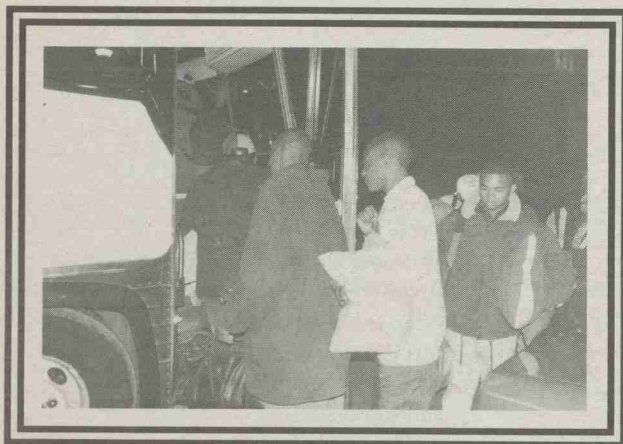
"In order to get somewhere, you have got to come from somewhere." Those were nearly the first words spoken by Jackie Sanders, a member of the 1975 Delta inductees on NCSU's campus. Mrs. Sanders took the time to reminisce on the campus climate and activities during this time. She remarked that there were only about five hundred Black students at State in 1975. She remembers the Afros, bell bottoms, late-night studying at D.H. Hill Library, and more importantly, those "...all you can eat for \$2.99 meals" at Fast Brother's Fish House. Mrs. Sanders listed the 1975 Delta members: Katrina Todd, Debbie Bell, Alder Green, Cynthia Steele, Jenetta McDonald, Shirley Lee, Lenora Davis, Marilyn Trusdale, Wanda Boykin, and herself. Debbie Bell was the first Black female civil engineer to graduate from N.C. State. This fact alone shows you that Delta Sigma Theta is an organization that has been dedicated to "academic excellence" and building leaders for the past twenty years.

Damesha Dawson, a member of Delta Sigma Theta Sorority, Inc., who entered in the Fall of 1993 had this to say, "There's a thread that keeps us together." With over 200,000 Deltas, I'd have to say that thread is very long and durable."

This sorority has spent the past twenty years focusing on public service. Someone made that the comment that "giving back to the community is the Delta way."

More than half of those present were non-Delta members. LaShaunta Lowery, an audience member, found the program to be "very enlightening." Jackie Sanders' closing words were, "Don't ever get complacent. Don't ever think that this is as good as it gets, it's not." One can only hope that the next twenty years will be as rewarding as the first twenty seems to have been.

The 1.5 Million Black Men of The Million Man March



Keeping Your Cool

By **Tawana Myles**
Health Editor

Your loved one shows up two hours late without calling. Your best friend borrows your favorite shoes and ruins them. And to top it all off, your car breaks down again after spending your whole check to get it out. There are never-ending amounts of situations we get into that can make us scream.

Unfortunately, many do not know how to deal with anger. Some people throw temper tantrums, while other go to extremes putting themselves and others in danger. Confronting people with the dilemmas that make them angry always leads up to more confusion and frustration.

However, there is a way to manage the anger experienced in situations as such. It involves dealing with three common causes of anger: stress, rejection, and worry.

Being stressed pushes a person to the edge making them ready to jump on anyone who gets in their way, while rejection hurts causing whoever was rejected to become mad.

Worry causes a person to feel powerless because they cannot change a situation. This leads to helplessness, then anger.

Research studies on anger shows that Afrikan-American men are more likely to become victims of uncontrollable anger because of the every day societal racism and pressure experienced in society.

Dwight Wilkins, the director of pastoral services at the University of Cincinnati Hospital, comments on Afrikan-American men and anger: "Black men are angry because it seems we are powerless. We are usually not able to assert ourselves in the marketplace, not able to fulfill many of our hopes and dreams. We feel endangered by other brothers in the neighborhood. We feel endangered by the powers that be. And the anger and rage are manifested in domestic violence, drugs, and alcohol, and the use of guns". Wilkins counsels men and women trying to control their anger.

Most people feel that they have no control over their anger. However, dealing with negative emotions early on can contribute to

more effective decisions on how to deal with that anger. An important first step is to put anger into a perspective. Concentrate on the reason(s) the anger is present.

Think about the consequences of dealing with the situations in different ways. Consider different positive options to deal with the anger before it gets out of control. Exercising or meditating are always positive solutions to dealing with negative emotions.

The next step is to find out the primary reason of the anger. In other words, what is it that caused the anger to arise? Knowing exactly what caused the anger helps deal with the anger itself, and prevent it from happening again. Last but not least, if the anger is uncontrollable, seek professional help before anyone gets hurt.

There are counselors, and even classes that help individuals deal with their anger in positive ways.

Anger does not always have to result in negative emotions or situations. Dealing with anger in positive ways helps decrease stress and prevent physical and mental illness.

Depression: You Are Not Alone

By **Randall Haddock**
Health Writer

As the holiday season approaches with much anticipation from most college students, there is a wide majority of students who look upon the upcoming season with little enthusiasm. These students may not be suffering from normal stress, but from a bout with depression.

Depression is often defined as a mood disturbance that caused feelings of emptiness and despair. It is common for college students to feel down or unhappy from time to time, but those who do suffer from this kind of depression face more intense troubles within their daily lives.

There is no certain length of time over which depression lasts. Victims of depression can suffer from weeks up to a number of years. Depressive illness is characterized by a combination of symptoms.

Some people may experience only a few symptoms, while others may experience a mass variety. The symptoms may include feelings of emptiness, pessimism, lack of strength or energy, loss of appetite and social activities, and chronic fatigue.

There is no single cause for depressive illness but rather a combination of environmental and psychological factors. For example, students who have low self-esteem, are self-critical, or are overwhelmed by stressful situations are invaluable to depressive illness. A student who experiences a sudden change in routine or a chronic illness is also more subject to depressive moods.

As a result of a variety of improved antidepressants medications such as valium, depression has become one of the most treatable mental disorders with a 80-90 percent recovery rate. Effective treatments relieve the symptoms which may cause depression.

If you are a student who is suffering from depressive illness, there are several steps you can take to help yourself such as talking things over with an understanding friend or avoiding stressful situations and tasks. If you know a student who may be depressed, an important way to help them is by simply lending a sympathetic ear.

If you suffer from depression, please know that there is professional help available. You can contact NCSU Student Health Services or area professional institutions such as the Holly Hill Mental Health Services at 1-800-422-1840.

Attention Women: Pelvic Examinations

By **Tawana Myles**
Health Editor

Many women show feelings of embarrassment when asked about pelvic examinations. Well, believe it or not, pelvic examinations can actually be positive experiences.

Pelvic examinations and the pap smear test (a procedure in which the cervix (mouth of the womb) is rubbed with a flat stick, then analyzed in a lab to find abnormal cells) save as many as 16,000 women from dying of cervical cancer each year.

This examination is used to make sure the reproductive organs are normal, as far as size and shape are concerned, and that they are positioned correctly. It also detects early cancer signs, or other infections that can be cured or treated in the early stages. The pelvic examinations also help a clinician to examine the best birth control methods that would be

safest for the patient.

The whole procedure lasts about two to three minutes. The clinician will examine the skin, eyes, ears, nose, throat, and breasts of the patient to make sure he/she is in good health. The vaginal area will also be examined for signs of infection which include herpes, tumors, or warts.

Examining the internal organs is accompanied by a metal (or plastic) instrument called a speculum. Shaped like a duck bill, the clinician uses this instrument to expand the vaginal walls for easier access to the cervix. Although this instrument sounds painful, it feels no different than a tampon.

At this point, the clinician will perform what is known as a pap smear test. Early treatment of abnormal pap smears can help prevent serious diseases such as cancer. The clinician will also check the size and shape of the uterus, fallopian tubes,

and ovaries. After the examination is complete, the clinician may help the patient pick out a form of birth control that is adequate for them.

The key to an easy pelvic examination is relaxation. Muscle tension only makes the examination longer and more difficult. The patient should take deep breaths while concentrating on relaxing the stomach and vaginal muscles specifically. Cooperation with the clinician will also guarantee a smooth examination.

The patient should be able to let the clinician know when something is uncomfortable or if they have a question about any part of the procedure. Remember, pelvic examinations are a crucial part of taking responsibility for your body and your sexuality.

*Information from Planned Parenthood of Atlanta, 1984.

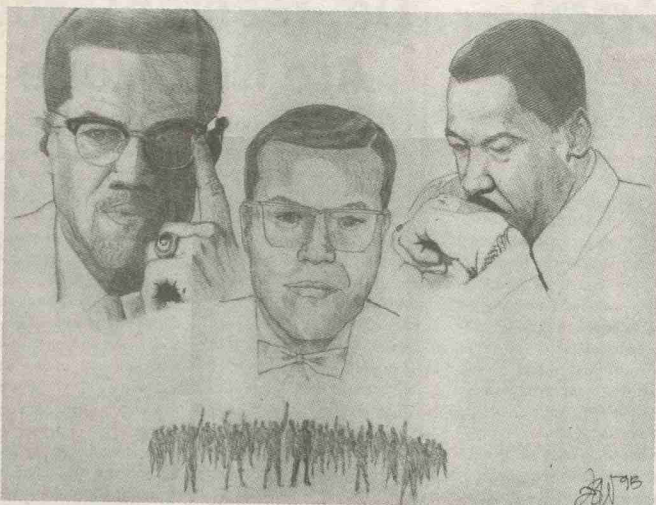
Trust no future, however pleasant, Let the dad past bury its dead; Act, act in the living present, Heart within, and God overhead.

Four Reasons for Using "K" in Afrika

- Most vernacular or traditional languages on the continent spell Afrika with a K; therefore the use of K is germane to us.
- Europeans, particularly the Portuguese and British, polluted our languages by substituting C whenever they saw K or heard the K sound—as in Kongo and Congo, Akkra and Accra, Konakri and Conakry—and by substituting Q wherever they saw KW. No European language outside of Dutch and German have the hard C sound. Thus we see the Dutch in Azania calling and spelling themselves Afrikaaners. We are not certain of the origin of the name Afrika, but we are sure the name spelled with the C came into use when Afrikans were dispersed over the world. Therefore the K symbolizes our coming back together again.
- The K symbolizes us to a kind of Lingua Afrikana, coming into use along with such words and phrases as Habari Gani, Osagyfo, Uhuru, Asante, together constituting one political language, although coming from more than one Afrikan language.
- As long as Afrikan languages are translated (written) into English, etc., the European alphabet will be used. This is the problem. The letter K as with the letter C, is part of that alphabet, and at some point must be totally discontinued and the original name of Afrika be used. The fact that Boers (peasants) in Azania also use the K, as in Afrikaan (to represent the hard C sound) demonstrates one of the confinements of the alphabet.

Source: *From Plan to Planet* by Haki R. Madhubuti, February 1992. Reprinted with the author's permission.

Any Student Interested in Being a Health Writer for The Nubian Message, please contact Tawana Myles at 515-1468.



Malcom X, Minister Louis Farrakahn, and Martin Luther King Jr.

A More Perfect Union: Step Number Nine

By Barbara Scarlette
Guest Writer

The Million Man March on October 16, 1995, was undoubtedly a day which will never be forgotten. As I heard the various speakers proclaim their charge to an audience of eager black men, I asked myself the following question: "If I were given the opportunity to address the one million men, what would I say?"

Immediately, I called to remember the speech of Minister Farrakhan. In it, he listed eight steps for a man to attain a more perfect union with God. Upon examining these steps, I saw that there was one missing....an extremely vital step, without which, steps one through eight could never be achieved. This is my heart to the one million men, an address entitled, "Step Number Nine".

Step Number Nine

"I truly count it a privilege to stand before you today, giving all honor to God and my Savior, Jesus Christ. For, before my eyes is represented not just a group of black men, but a group of history makers, and a seed into the change that God is bringing to this generation and the ones to follow.

But before I begin, I must tell you that I stand before you not as a black female, but as a Woman of God who happens to be black. And as such, as the Lord has given me eyes to see purpose and destiny, I add closure and completeness to Minister Farrakhan's eight steps to a more perfect union with God with 'Step Number Nine'.

Addressing the issue of 'atonement' and 'reconciliation', the Bible clearly states that these are things that we receive and not things that we work to achieve. The book of Romans 5:8-11 states: "

v8: But God commendeth His love toward us, in that, while we were yet sinners, Christ died for the

us.

v9: Much more then, being now justified by His blood, we shall be saved from wrath through Him.

v10: For if, when we were enemies, we were reconciled to God by the death of His Son, much more, being reconciled, we shall be saved by his life.

v11: And not only so, but we joy in God through our Lord Jesus Christ, by whom we have now received the atonement. " God has already reconciled us unto Himself through Jesus Christ and has made Him to be the atonement for our sins.

The entire idea of 'atonement' and 'reconciling oneself to God', embraces a philosophy of establishing your own righteousness with God, which is impossible. Simply put, 'We are all as an unclean thing, and our righteousnesses are as filthy rags' (Isaiah 64:4).

Secondly, out of all of the biblical quotes that Minister Farrakhan used, he forgot the one that makes this union possible. Jesus said, 'I am the way, the truth, and the life: no man comes unto the Father, but by Me' (John 14:6). It is impossible to talk about a perfect union with God, and not talk about The Unifier or The Reconciler, Jesus Christ.

Afrikan American men, as you have been exhorted to love your brother as yourself, I do the same. But, with what kind of love will you love him? One that remembers faults, or one that hides them (I Peter 4:8); a 'me first' love, or one that says, 'brother, I esteem you higher than myself' (Phillipians 2:3); a love that steps on your brother's toes, or one that washes his feet (John 13: 14 & 15) ?

It will take a supernatural love for you to love your brother as you love yourself, make no mistake about it. This type of love is not dictated by emotion, but by total obedience and dedication to God. Furthermore, the Bible clearly states that 'love is the bond of perfectness' (Colossians

3:14). Therefore, perfect unity in the black community can only be accomplished through the love of God.

African American men (and women), God is not moved by numbers ! He is looking for ONE man or ONE woman that will stand for righteousness without compromise (II Chronicles 16:9), and the kingdom of God above color.

Will one of you be the one that God can entrust with His wisdom and power to change this generation? One person with the backing of God, represents more in the earth, than one man with the backing of two million men.

Each of you are unique individuals created with purpose. The Bible states that ' it is (God) that hath made us and not we ourselves ' (Psalms 100.3). Therefore, you must see yourselves through His eyes.

When you look at yourself only through the eyes of ethnicity or Afrocentric thinking, you are cheating yourselves out of finding the purpose in your existence, and you subject yourselves to be defined by the opinions of man, rather than the calling of Almighty God.

Represented in the number of men assembled here today are fathers with renewed commitments today to family responsibilities, men who want to be in right standing with God, and the potential to change the statistics in black communities.

This 'potential' in particular, will remain potential without the empowerment of Jesus Christ. He says in John 15:5, "...for without Me ye can do nothing ". We need righteousness more than rights ! Proverbs 14: 34 says, "Righteousness exalthe a nation: but sin is a reproach to any people'.

Not a man-made-righteousness, but a God-received-righteousness through faith in Jesus Christ (Romans 3: 22 & 23). Afrikan

see Nine page 11

The Effect of The Million Man March

--The message of The Honorable Minister Louis Farrakahn definitely hit home with the tragic shooting and paralyzing of Gregory Allan Patterson. To Allan's aid has been the many not only Afrikan American Students here at N.C. State but cultures abroad. Everyone who is involved in the effort to assist in the financial contributions of Allan should be commended.

--On Monday, October 22 and 23 a tremendous effort was not only made by the males and females on this campus, but on other campuses as they prepared for the aftermath of The March. Students and advisors convened on Sunday and the NCSU community in a program sponsored by Delta Sigma Theta Sorority, Incorporated convened on Monday. Both efforts showed that students and the community are prepared to come together and better themselves and their fellow peers.

Affirmative Action

When a touchy issue such as Affirmative Action reaches the mouth of every individual, the response is usually negative and directed toward Afrikan Americans. Those who criticize Affirmative Action, Race Based Scholarships, and other "minority" benefits, do not understand the political nor economic state of America. It seems as if everybody except true Afrikan Americans are saying that Affirmative Action is not needed for Afrikan Americans. Affirmative Action is like a family with next door neighbors telling the family how to control and benefit their own.

Affirmative Action was not only needed for the past American workforce, but it is needed even more now. Racism is present, maybe more silent and hidden, but definitely more present than it was in the 1960's, when Affirmative Action was formed. The workforce is so competitive with European Americans controlling the market, that for an Afrikan American to even ask a question about the market, (s)he must be overqualified for the position that his European American counterpart is applying or holds the position for/in.

This is not to say that Affirmative Action does not have its cons, but when the pros outweigh the cons by 5 to 1, then the program must still stand. Statistics say that European American women are the major benefactors of Affirmative Action; therefore, why are Afrikan Americans being criticized as heavily as their European American counterpart. While the rate of European American women in the job force has doubled in the past thirty years, the rate of Afrikan Americans in the workforce have increased slightly.

Therefore, the criticism should be directed more towards the people who benefit from Affirmative Action the most instead of the people who receive marginal benefits from it.

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North Carolina State University

Editorial Policy

The Nubian Message is written by and for the students of N.C. State University, primarily for the Afrikan-American community. All unsigned editorials are the expressed opinion of the Editorial Staff and do not represent the University in any way.

The Nubian Message is published on the 2nd and 4th Thursday of each month during the Fall and Spring Semester, except during holidays and exam periods.

Letters to the Editor

The Nubian Message encourages "Letters to the Editor", however, some basic guidelines must be followed. Letters of campus, community or public interest are given first priority. Letters must be limited to 350 words and legibly written, typed or properly formatted (in the case of e-mail).

Letters must have the writer's signature, his/her major, year in school (if a student) and telephone for verification. Faculty and staff should include title and department. No unsigned letters will be published.

The Nubian Message will consider fairly all "Letters to the Editor" submissions, but does not guarantee publication of any. All letters become property of *The Nubian Message* and are subject to editing for space and style.

Submit all correspondence to: Letters to the Editor, *The Nubian Message*, Rm. 372 AACC, Box 7318, NCSU, Raleigh, NC 27695-7318

The Challenges We Face

Nine continued

By Derrick Coley
Guest Writer

In a country where it is easier to be murdered or incarcerated than be offered help to attend college, we as Afrikan-American college students must reevaluate our commitments.

In times of social distress and political chaos there should be a concentrated effort to pool all available resources for the benefit of the whole. As individuals, we have lived separately from one another for too long. There are too few of us here on campus to not have a viable communication network capable of contacting others when someone needs aid or ideas must be shared. Dr. Martin Luther King Jr. himself said, "Our nettlesome task is to organize or strength, into compelling power."

Through the fundraising efforts on Allan Patterson's behalf, we have exemplified this aspiration. Allan was shot on Friday, October 13, 1995, while touring Washington, DC with friends, unaware that his life was in danger. People continue to call and ask what they can do to help alleviate his medical costs. Symbolically, his unfortunate malady represents the Afrikan-American student body here at North Carolina State University.

We as Afrikan-American students have been riding the wave of perceived democratic freedom espoused in the Declaration of Independence which states, "We hold these truths be self evident that all men are created equal" therefore being "entitled to life, liberty and the

pursuit of happiness." We seem to be unaware that our very lives are at stake from bullets being used to kill educational programs, health care and economic equality.

Allan rode along with friends unaware, yet being targeted, as also we are unaware that we are being targeted by the Republican's "Contract on America". This is not to say that the changes occurring across the political landscape will affect only Afrikan-Americans, because like the bullets fired at Allan and his friends, these don't discriminate.

In a class oriented society like America's, those at the lower rungs of the proverbial ladder, positioned by other men, suffer the worst in times of hardship. Barbara Jordan stated, "For the longest time I thought I was not included in the phrase, "We the people", but through the process of amendment and adjudication I have finally been included."

Those who are adept in political science know that amendments can be changed, bills voted down and supreme court decisions overruled. We must face challenges such as these with thought, council and action.

The challenges we face entering a new decade are not new—merely more complex and diverse. In years past racism was identifiable in every manifestation—socially, politically and economically. It has changed from blatant remarks like those of former Alabama Governor George Wallace, J. Edgar Hoover's "Cointelpro" regime, designed to

disable Afrikan-American revolutionary organizations, and the White Citizens Council to newer forms ranging from the Supreme Court proceedings of Justice Clarence Thomas to House Speaker Newt Gingrich, the Good Ole' Boy Roundup and Conservative Christian Coalitions.

Many of the speakers at the Million Man March indicated that a revolution is taking place from the Halls of Congress to the corporate board rooms of America. Paul Robeson spoke, "We realize that our future lies chiefly in our own hands. We know that neither institutions nor friends can make a race stand unless it has strength in it's own foundation; that races, like individuals, must stand or fall by their own merit..."

We must advocate change and be prepared to sacrifice the time necessary to thoroughly research issues.

We must listen carefully to the words spoken by those who look like us but have their hearts and minds elsewhere.

We must stay current on recent news developments and discuss what might possibly happen to us next as a result of Congressional hearings and implement ways to mobilize locally.

We must recognize racist or discriminatory practices, point them out to each other and execute solutions.

We must come together as brothers and sisters regardless of creeds and religions.

We must meet challenges with hope for the future, faith in God and charity towards one another and all

others who seek to better mankind. Allan has chosen not to give up his hope for a better day and accordingly, we must not either. Allan has courageously clung to the faith which nourishes all life and so must we.

We must place our hands back on the plow. Our elders used to tell us, "Keep your hands on the plow!" They said this because if you let your hands slip the mule would pull the plow anywhere it wanted and your rows would be crooked. If your rows were crooked it would make harvesting the crop much more cumbersome. This means that you should pay attention to your affairs and be proactive instead of reactive to avoid problems. If we keep our hands on the plow during community events, election years and corporate decisions, the harvesting will be easier on our lives.

We must have a voice and more importantly a hand in the affairs of America. The words of Jesus the Christ in Matthew 5:13, "You are the salt of the earth: but if the salt have lost his savor, wherewith shall it be salted? It is thenceforth good for nothing, but to be cast out, and to be trodden under the foot of men" shall not be true for us. When we meet the challenges affecting us in order to contribute to our society's betterment the savor will be increased.

My brothers and sisters the time has come for us to dedicate ourselves fully to the spiritual, mental and social uplift of each other.

American men... be a leader, be a Man of God! Be a man of integrity and character, and make a difference! Step number nine is a step toward Jesus Christ, and receiving the love and the righteousness of God found only in Him. "

To my brothers and sisters in Christ, let's go for God with a new zeal and determination to demonstrate the love of Christ to all nations. In this day and hour, there is no room for racial division or denomination walls. Let us move from our seats of compromise and complacency, and take our positions in society as the true ambassadors of Christ. We have The Answer, and what God has given us does not belong to us but to the world; 'Freely as (we) have received, freely give' (Matthew 10:8).

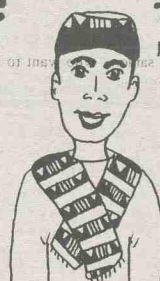
*Any Student
Interested In
Writing for The
Opinions
Department of
The Nubian
Message, please
call Carolyn
Holloway at
515-1468.*

~On The Inside~ By Tagic Tate

- Trick or
Treat!



Hey, Tyrell,
What is your
costume?



Well, this
year I wanted
to dress like
my older
brother!



Classifieds

Help Wanted

Hip-Hop DJ wanted with knowledge of Music production. For more information call Corey at 832-5997.

AGE DISCRIMINATION?

Not here. Your experience is our asset. Marketing company needs sales reps and managers to help us grow. 876-0510

EXPANDING WEST Coast environmental marketing firm seeks 3-4 quality individuals to train for management positions PT/FT pay. Call 933-8384.

NO GLASS CEILING

Rapidly growing and need several fun, energetic & motivated individuals. Opportunity to work with and environmentally-conscious company. Management positions available. Call for interview, 850-0922, ext. 101.

Students can earn **\$100** plus per day. Easy sales. PT/FT. Total Recall, A Reminder Services Company. Call Mr. Hood now at 286-2144.

THE MUSEUM Cafe, located at the NC Museum of Art, 2110 Blue Ridge Rd., is hiring **PART-TIME** and/or **FULL-TIME WAITSTAFF** & a **FULL-TIME OFFICE ASSISTANT**. Apply in person Tuesday-Friday.

Postal Jobs Start **\$12.08/hour**. For exam and application info call (219) 769-8301 Ext. NC565, 9am-9pm, Sun.-Fri.

FLY FOR FUN Interviewing individuals who enjoy excitement, travel, and interacting with people. \$3K-7K/month potential, 954-9903.

WANT TO earn extra \$\$\$ and set **your own hours**. No territories. Wide open to build in this state and more. Call now. 878-4497.

Alaska Employment - Fishing industry. Earn up to \$3,000-\$6,000+ per month. Room & Board! Transportation! No experience necessary! Male/Female. Age 18-70. For more information call: (206) 545-4155 Ext. A74013.

AN EXTRA **\$900/week** processing HUD/FHA refunds. No experience. FREE info. 1-800-484-2799/ 8311. 24 hours. Call Now!!!

\$200 Hiring Bonus* Caribou Coffee is hiring highly energetic service oriented individuals to help us become the Triangle's #1 Gathering Spot. Full and part time positions are available. We offer the highest starting wage in the industry, health benefits, employ discounts, and an exciting work environment. For employment opportunities call 899-3555 today! *Bonus applies to full time positions only.

Help Wanted

\$10,000 MONTHLY with your own 900 number! No investment! 1-800-211-3605. FREE recorded information day or night!

MAKE \$1200/WEEK from home. Call for FREE INFORMATION. 1-800-251-0004 ext 26.

Trainer Search New marketing company in environment and personal health needs individuals to help train and manage an expanding sales force in the Triangle. Public speaking experience, outgoing personality and management skills helpful. Call 969-8020 to set appointment.

G&M French Cafe All positions available. Part or full-time hours, apply in person between 2 & 5, Mon.-Fri. 957 N. Harrison Ave., North Woods Market Shopping Center, Cary.

Health Research Interviewers, Parttime evenings, weekends in Durham near RTP. Previous interviewing experience necessary. Solid knowledge of medical technology, professional phone manner. Starting **\$8.25/hour**. Send resume to: K. Catoe, CODA Inc., 1009 Slater Rd., Suite 120, Morrisville.

At Earth & Spirit- We are seeking a full-time, in-store Sales Person. Should have good communication abilities & be outgoing & friendly with people. 286-4250 Rentals and Promotions Specialist Handle rental and contracts. Work with visitor industry. Help plan special events. Specialists should have sales or promotions experience and commitment to outstanding service. Fax resume to: NC Museum of Life & Science, 220-5575. Attn: Natalie.

Rentals and Promotions Specialist Handle rental and contracts. Work with visitor industry. Help plan special events. Specialists should have sales or promotions experience and commitment to outstanding service. Fax resume to: NC Museum of Life & Science, 220-5575. Attn: Natalie.

Read The Nubian Message

Help Wanted

Lucky 32 Needs Great People! We are looking for friendly, detail oriented people to work for the most professional restaurant company in our universe. Accepting applications for the following roles:

Dining Server
Host/Hostess
Line Cooks
Kitchen Utility
Front & Back of the House
Leadership Staff
Apply in person Monday-Saturday Between 2pm-4pm Lucky 32 919-876-9932
832 Spring Forest Road Just off Falls of the Neuse Road
Quaintance-Weaver Inc.
EOE/DRUG FREE WORK PLACE

Sales Assistant Small, non-smoking Raleigh office seeks experienced person with pleasant phone personality, & computer literacy (Word & Excel) to handle multi-tasks. Must enjoy detail & proficient numbers. Duties include customer service, secretarial functions; & extensive work with numbers. Please FAX resume to (919) 859-

For Sale

Bedroom, Living Room, Dining Room Sets, Lamps, Pictures, Bedspreads, Household Items & Computer Tables offered at low cost due to apartment/hotel renovations. All items in fine condition. Cash & Carry. Call 687-4444.

Tribal Art - Folk Art New, Vintage & Antique Beads Djembe African Druma * Supplies Lost & Found Gallery * Greensboro

Get Organized! Virgo Rising Organizers... for folks who are rushed for time, stumped for ideas, or just plain disorganized. 933-9143.

Weston's Resume & Term Paper Service Will do other typing. Call Monday, Wednesday & Friday 6-8pm, Saturday 2-7pm. 828-5717.

For Sale

Lawson Sofa for Sale Classic Style, good condition & very comfortable. \$150. 829-3562, leave message.

74 MG Midget Needs a little TLC. Asking **\$900**. Please make offer. Call 781-1019.

'81 Volks Ravnit (Diesel) White/Burgundy. Needs hand work. New Michelins/shocks. Good condition. **\$500 or best offer**. 833-9617.

Toyota '83 Corolla Station wagon. Body needs repair, but it runs good. \$900, 919-596-0271.

Junk Cars & Trucks Wanted SCASH\$ waiting. **Top \$Dollar\$** paid. We pick up. Call 832-4646, days.

Looking for a **female roommate** to share a 2 bedroom, 1 and a 1/2 bath townhouse in Raleigh, located about a mile from the NC State Campus and on the WOLFLINE route. Rent: \$172 a month plus a third of the utilities. No pets are allowed. Availability: Right now. If interested, call me at 836-9880 (home), 515-5035 (work). Ask for Monalisa Bora or e-mail me at mbora@eos.ncsu.edu.

Ford Ranger Truck, 83, with canopy, 2 door maroon/gray, 4 speed, AM/FM radio & cassette, newly painted, rebuilt motor, new upholstery, very good condition, 30,358 miles. \$3500, 286-3780 after 7pm.

For Sale

Road Bike Kestrel 4000, with campy C-record components. Like new. **\$1500 OBO**. 919-837-2827.

IBM PS/I 486SX 25 Mhz, 129MB Harddisc, 10MB, with Epson Inkjet Printer. **\$1000**. 598-8247, leave message.

Gold's Gym Weight Bench with Butterfly Attachment \$60. Stamina Stairstepper \$65. Both for \$100. 361-0408.

Lawson Sofa for Sale Classic Style, good condition & very comfortable. \$150. 829-3562, leave message.

Bedroom, Living Room, Dining Room Sets, Lamps, Pictures, Bedspreads, Household Items & Computer Tables offered at low cost due to apartment/hotel renovations. All items in fine condition. Cash & Carry. Call 687-4444.

PGWM Seeks liberal roommate to share 2BR condo near Cameron Village. Close to NCSU, downtown & I-40. \$250/month. + 1/2 utilities. Available 9/1. Call Mark at (919) 832-3161.

CAR FOR SALE, \$575. 84 Mazda GLC. 133,000 miles. Runs. Air-conditioner. AM/FM radio. Paint very faded. Call Jim at 676-3244 for more information.

Thieves Market - We buy, sell or consign almost anything! Hwy 64 East, Knightdale. Look for giraffe! 217-0037.

Rates Information

The Nubian Message classified line items are sold by the word. Line items have a set rate of \$0.20 per word, with a \$3.00 minimum charge. Display classifieds are charged by the column inch. Deadline for placement is noon, one week in advance. For more information call The Nubian Message Advertising at 515-1468.

Nubian Message is not responsible for damages or loss due to fraudulent advertising. However, we do make every effort to prevent false or misleading advertising from appearing in our publication.

Help Wanted

Drivers needed immediately to make lots of money and have fun too.

836-1555
Contact James Willis,
General Manager

As a public service announcement for the benefit of our readers, here is a listing of where The Nubian Message can be found on the 2nd and 4th Thursdays of each month by 12:00 noon at the following locations:

Circulation Locations:

African-American Cultural Center
Avent Ferry Complex
Caldwell Hall
Dan Allen Drive
Daniels Hall
D.H. Hill Library

Dining Hall
Free Expression Tunnel
Harrelson Hall
North Hall
Poe Hall
Reynolds Coliseum
Student Development
The Quad
University Student Center
Witherspoon Student Cinema
Wood Hall