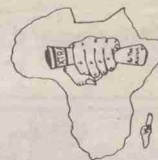


THE NUBIAN MESSAGE

The Afrikan-American Voice of North Carolina State University



Volume 3, Edition 10

Established in 1992

February 9, 1995

Inside Today

News

--Carolyn Clifford Visits NCSU

--Duke Students Protest Decision of President
cover story
-- Bobby Johnson

page 2

Sports

--Basketball Academic Statistics
--Sports History

page 3

Reviews

--Sisterhood Agenda

--Where Will I Be When I Graduate

--Abdul Malik Muhammad

-- Afrikan-American Minors Program

Health

--Nutrition
--High Blood Pressure

Opinions

-- Seize the Day
--When Will Be True to Ourselves
--The Ankh

page 10 , 11

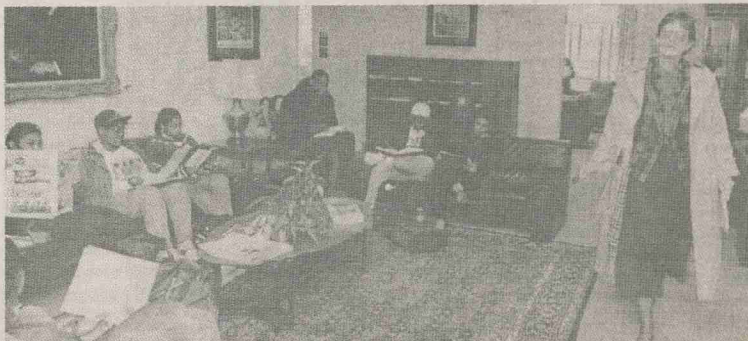
Duke Students Protest Decision

by **Shawna Daniels**
News Editor

Afrikan-American students at Duke University conducted a sit-in Tuesday at the University President's office, protesting President Nan Keohane's decision to discontinue the position of Vice President.

Held by Vice President and Vice Provost, Leonard Beckum, the position centralized around improving Duke's relationship with Afrikan-American students, staff and Durham's Afrikan-American community.

see Duke, page 2



Associated Press

Duke Students Sit in at President Keohane's Office

Carolyn Clifford Speaks to NCSU

by **Nicole White**
Reflections Editor

On Wednesday February 8, Sista 2 Sistuh and F.A.C.E.S. (Finding Answers through Culture Experiences and Sharing) hosted "Newsflash." The guest speaker was Carolyn Clifford of Fox 22.

Clifford who is originally from Detroit, Michigan, has been with the local Fox affiliate for two years. Clifford began as a weekend anchor and now anchors the nightly ten o'clock news.

Carolyn Clifford began her career in broadcasting ten years ago as an intern at a Boston newsstation. Her duties were not as exciting as most people might think. She spent most of the time serving water and coffee.

Clifford explained that in this business you start off doing the very small things. Before coming to Raleigh, she moved from Boston on to other cities such as Lansing, Michigan, and Orlando, Florida, as an intern.

Therefore, Clifford stressed the



by Nerissa Adams/Staff

Carolyn Clifford/Fox 22

significance of students participating in internships so students will not get a false impression about a life-long career they might be considering.

As a successful Afrikan-American woman, Clifford feels that she and others like herself should assume positions as role models. Clifford told the small group of students that

her mother serves as her inspiration. After leaving an abusive marriage, her mother raised nine children and opened a business independently.

As a way of giving back to the community, Clifford volunteered at a local high school in Lansing, Michigan, as a Pom-Pom coach. Although, she has not performed much community service in the Raleigh area, Clifford hopes that her schedule will soon permit.

As a mother of two, Carolyn Clifford divides most of her time between work and her family. Clifford explains that she is fortunate to have a "really good babysitter." She continued by saying that women should not let their pregnancy intimidate them. Clifford recalls that when she interviewed for the job at Fox 22, she was pregnant.

Another subject Clifford discussed was the common concern in the Afrikan-American community: the portrayal of Afrikan-Americans in the media. Clifford also shares these concerns. She understands the

see Clifford, page 2

CAMPUS BRIEFS

Sigma Gamma Rho

On February 16, 1995, Sigma Gamma Rho Sorority, Inc., will sponsor the 3rd Annual Musical Quiz Bowl. The program will include any group association wanting to participate. The place of the event is the Witherspoon Student Center--Multi-Purpose Room from 7-9 pm.

The Alpha Ball

The Kappa Omicron Chapter of Alpha Kappa Alpha Sorority Inc., and the Eta Omicron Chapter of Alpha Phi Alpha Fraternity, Inc., presents Embracing Our Culture on February 25, 1995, at the Holiday Inn on Capital Boulevard. Please contact Tyrone Hughes at 512-9434 for more information

Afrikan-American Film

The Encore Center for Lifelong Enrichment and the Afrikan-American Cultural Center presents Early Black Films. Wednesday, Feb. 15 at 3:00 pm is the presentation of the Cabin in the Sky. Wednesday, Feb. 22, from 3:00 to 5:30, Stormy Weather. Location: Multi-purpose Room

Valentine Day Auction

Omega Psi Phi Fraternity, Inc., presents a Valentine Day Auction, Monday, February 13 at 8:00 in the Student Center Ballroom. \$1.00 admission, \$3.00 minimum bidding.

Student Body President: Bobby Johnson

by Anthony Lindsay
Staff Writer

Being Student Body President is no easy task, but Bobby Johnson, Jr., is able to manage his responsibilities in office, in the classroom and extracurricular activities wisely. I recently had the chance of sitting down and interviewing a man who seems to always be on the go.

As long as Bobby can remember he was always politically active. He ran for Student Body President because he felt he could make a difference. He realized the amount of power that the students had if they used it and at a time when there was controversy facing Afrikan-Americans on this campus.

Bobby believed the best way for the positive advancements to continue was for an Afrikan-American to be elected into the presidency.

At first, Bobby felt confident of his chances of winning the election based on his previous year's experience as Student Body Treasurer and his prior experience as a Student Senator from 1992 to 1993.

However, after a negative article was printed about him in the Technician he felt that, "The election would be more challenging than anticipated, but with help from God, friends, and fraternity brothers I would be able to overcome it."

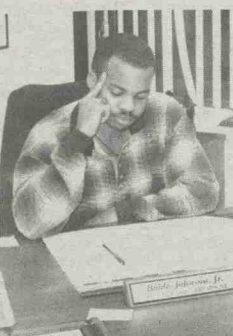
Since elected on April 13, 1994, Bobby has endured 10 months of a

busy day-to-day schedule. His duties as President include being

Chief Executive Officer of the student body by representing student interactions between students of other universities, faculty, and administration.

He also serves on the Board of Trustees. When times get rough Bobby turns to his support staff which includes his advisor, Evelyn Reinman, and

Interim Coordinator of Afrikan-American Affairs.



Bobby Johnson

Staff photo Lathan Turner, Interim Coordinator of Afrikan-American Affairs.

Bobby suggests that anyone interested in this position should do extensive research and make sure that they are running for the presidency for the right reasons before becoming involved. It is very time consuming and a big responsibility to handle.

He also adds that one thing people forget is the "student" part of the title "Student Body President" which places more demands on him and restricts him from privacy at times. People presume he is in the office from 9-to-5 and forget that he has classes to take in between.

Some of Bobby's outstanding accomplishments as President are:

1. distributing over 15,000 student discount cards to students and staff.

see President, page 4



Algiers, Algeria- Political unrest has become a catalyst of terrorism and murder. Last week Ahmed Kasmi, a chief member of the National Liberation Front, was kidnapped from his mother's home. His head was found later in a Khemis Milana train station 65 miles southwest of Algiers. Government officials speculate that a Muslim fundamentalist group committed the crime to thwart Muslim opposition gaining power.

Bend, Oregon- Myrlie Evers-Williams, ex-wife of slain civil rights leader Medgar Evers, has announced her intentions to run for the chair of the National Association for the Advancement of Colored People (NAACP). Mrs. Evers-Williams was a former corporate executive and a long time board member of the nation's oldest civil rights organization. She states that her platform is to stop infrastructure conflict and return to the organization's main priority, advocating the civil rights of the disenfranchised.

Port-au-Prince, Haiti- This past February 7th, the Haitian government celebrated the inauguration of President Jean Bertrand Aristide. Aristide was forcibly exiled in a military rebellion in September of 1991. Aristide spoke of his administration's determination to improve economic and health conditions in Haiti. He gave praise to the democratic form of government and promised to promote and renew faith, enthusiasm, and hope of Haitian citizens. Since his return, some progress has been made, but not enough according to the poor. Some even chanted Aristide must go at the present time. Aristide is inclined to stay until his term is up in February, 1996.

Duke, con't

President Keohane resolved to eliminate the position and divide the duties between two positions that will deal separately with minority affairs and community affairs.

Duke students felt that the decision was unjust, saying that they felt Keohane did not fully understand the importance of having Beckum, an Afrikan-American in a position as prestigious as Vice-President. By discontinuing the position, they felt she was sending the message that Duke University was no longer committed to improving race relations. Students are sitting steadily, not planning to leave the office

waiting room until Keohane is ready to reinstate Beckum's position.

The students sat in shifts, did homework, read and prepared to discuss the situation further with the President. Keohane met with students on Monday and requested a proposal explaining the importance of the office. The students replied with the proposal that introduced the position to the campus in 1988.

President Keohane has not further discussed any plans with the students. The students say they will not be happy until she rehires Vice President Beckum.

feelings Afrikan-Americans get when these images cross the screen.

As a Afrikan-American women in a Caucasian male dominated field, Clifford sometimes comes across stories that deeply affect her. However, she is well aware that her colleagues are looking at her as a representative of the Afrikan-American community.

Clifford and the students also discussed the fact that the media can give the impression Afrikan-American males are most likely the ones committing crimes. Clifford explained that reporters are focusing on a story. One student agreed that reporters just cannot go out looking for stories in which the perpetrators are caucasian.

Fox 22 has moved away from a format that included the most gruesome stories always leading.

Clifford stated that a former slogan was "if it bleeds, it leads." Stories now take a more community focus.

Carolyn Clifford's aspirations include going back and teaching. In her opinion, success is nothing if you do not take time to give back to the community. Clifford feels that Afrikan-Americans are not taking advantage of their educational opportunities. She also went on to say that Afrikan-Americans should become more involved with politics because they are affect by the decisions made. If you do not participate then you can not complain. In conclusion, Carolyn Clifford stated that Afrikan-American women and women in general should be self-sufficient before they enter into a partnership. In that they will always have the ability to stand own there own if things should fall apart.

Read the Nubian Classifieds

THE NUBIAN MESSAGE

The Afrikan-American Voice of North Carolina State University

Editor In Chief

Carolyn Holloway

Editorial Staff

Health Editor Tawana Myles
News Editor Shawna Daniels
Reflections Editor Nicole White
Sports Editor Dionne Williams

Business Staff

Business Manager K. Faheemud-Deen
Sales Manager Doug Edwards
Sales Director Radiah Gooding

Production Staff

Circulation Director Ray Morrison
Copyediting Director Nikki Hird
Photo Director Nerissa Adams
Ads Production Bruce Myles
Production Director Rodney Williamson

Advisory Staff

General Manager Tim Ellington
Operations Manager Stan North Martin

Mailing Address:

Rm. 372 Witherspoon Student Center
Box 7318, NCSU Mail Center,
Raleigh, NC 27695-7318
(919) 515-1468

Please call or write to let us know of any errors we need to correct, as we are very committed to accuracy in our reporting and writing.

THE MESSAGE

February

14—Susan B. Anthony Dinner, 6 to 9 p.m., University Student Center Ballroom. This annual dinner celebrates and honors the achievements of women. The featured speaker this year is Isabella Cannon, Raleigh's first and only woman year. 1995 marks the 75th year women have had right to vote, and Ms. Cannon will speak to this celebration. Students, staff and faculty are welcome to attend. Dinner is \$10 for faculty and staff; \$5 for students.

15—Gender Gap. This Free Your Mind series is an open discussion focusing on the different ways women and men communicate and

relate to one another.

—Sista 2 Sistuh Program. We are Living In Our Own Creation and Calling It Someone Else's, 7 to 8:30. This discussion will focus on the contributions of Afrikan-American women.

20—Career Networking Social. Sponsored by the NCSU Black Alumni Group. This event will provide opportunities for seniors to meet and interact with Black Alumni and corporate representatives in the Triangle area. The major participants will be the NCSU Alumni Group and corporate representatives from Wake County Public Schools, Smith Barney & Shearson, the Credit Unit Division and others.

—Gay/Lesbian/Bisexual

Awareness Week.

—Forum on Gay Culture and Homophobia. Location: Bragaw Activity Room at 7 p.m.

21—As a continuation of Gay/Lesbian/Bisexual Awareness Week, a forum on Christianity and the Gay community will occur. Time is 6:30 pm and the location is the Cloud and Fire Express in the Hillsborough Bowling Alley.

22—Blue Jean Day for Gay/Lesbian/Bisexual Awareness Week.

—Information fair in Student Center, first floor lobby 11AM-1PM for Gay/Lesbian/Bisexual Awareness Week.

—Kate Rushin, an Afrikan-American Lesbian Poet will speak. Sponsored by UAB and LGSU.

Another Repeat of the Statistics

by Dionne Williams
Sports Editor

First it was football and now it is basketball. Once again N.C. State has made the Bottom 50's list in Emerge magazine. We are number 18 on the list graduating zero blacks and 20 whites. Why is it that our black male players continue to go through the education system and leave without degrees or any kind of future?

The top six schools on the list Auburn, Chicago State, Hawaii-Honolulu, South Alabama, Southwest Louisiana and Texan at El Paso graduated 100 whites but zero Afrikan American.

"What these statistics show is that blacks are merely brought in to play ball not to get an education," says Charles S. Farrell, the national director of the Rainbow Commission For Fairness in

Athletics. Because of these failings, the National Rainbow Coalition plans to boycott, picket and file lawsuits against colleges with low graduation rates for black athletes.

"With boycotts, students-athletes will be urged to avoid those schools that are bad for Afrikan-Americans. Imagine if the top athletic prospects decline offers because the university doesn't do well by blacks and not taking any steps to correct the problems," says Farrell.

It seems that no one is taking responsibility for what has happened. Many of the head coaches at the Bottom 50 universities blamed the low graduation rates on their predecessors. However, some coaches point to the lack of commitment on the student's behalf as a pitfall.

"Every athletic department would like to be Duke and recruit the best players who are also the best students but sometimes that just can't

take place," says Joe Cravens, University of Idaho head coach. During the same six-year period studied, Duke University graduated 50% of its black men's basketball players and 100% of its white male players.

A lack of academic matriculation is causing some critics to suggest that probations now imposed for recruiting violations also should be imposed on schools with poor graduation records. "These schools must be held accountable.

The primary hit should be in the pocket book. "These schools should not be allowed on television and some scholarships should be taken away," says Farrell.

Michael J. Marcil, representative in the NCAA compliance division says, "We want the institutions to identify their problems and solve them in a suitable amount of time. If they fail the school can be placed in a restricted membership and not

be eligible for NCAA Championships."

There are two blacks school that made the list, Tennessee State(30) and Mississippi Valley State(49). "Basketball players are the poorest ranking student-athletes on campus everywhere because of their two semester playing season.

That's a circumstance," says Wayne E. Bell, NCAA compliance coordinator for Tennessee State. Even though football and women's track last one semester, Tennessee State made the Emerge Bottom lists on those, too.

It seems that everyone wants to put the blame somewhere else but where it belongs, on the athlete and the program. Wayne Bell says it is hard on basketball because they play for two semesters.

However, most of those players are on partial to full scholarships. They do not have to worry about paying for an education, their main

concern is focusing on practice and school work. Most programs have a tutorial service where the athletes are provided with a tutor in any subject that they need.

There are Afrikan-American students out there who work two jobs just to stay in school yet they still manage to graduate with a degree in their hands. Maybe NCAA and the athletic programs should reevaluate how they are doing things.

If an athlete is going to play around and waste his education then maybe there isn't any reason for him to be there. There are many other Afrikan-Americans that are itching to get an education first and play ball. Maybe we should focus in on them.

*Information taken from Emerge Magazine, February 1995

A Look at Sports History

by Dionne Williams
Sports Editor

WHO WAS THE FIRST AFRIKAN-AMERICAN TO PLAY MAJOR LEAGUE BASEBALL?

Moses Fleetwood Walker was born in 1857 in Mt. Pleasant, Ohio, one of the stops for runaway slaves along the Underground Railroad. His family moved to nearby Steubenville, where his father, one of the Afrikan-American doctors in the state, opened a practice. Fleetwood and his younger brother Welday both entered Oberlin College, and in 1881 they were the only Afrikan-Americans on the school's baseball team.

In 1882 Walker enrolled in the University of Michigan Law School, where he played ball for two seasons before leaving to enter professional baseball as a catcher for the Toledo Mud Hens. When Toledo entered the American Association, a major league, in 1884, Walker became the first Afrikan-American ball player in the majors.

WHO WAS THE FIRST AFRIKAN-AMERICAN ATHLETE TO WIN AN OLYMPIC MEDAL?

In the 1904 Olympics in St. Louis, Missouri, George Poage, a hurdler and quarter-miler, finished fourth in the 400-meter dash and third in the 400-meter hurdles, becoming the first Afrikan-American to win a medal in the Olympic Games. Poage, who represented the Milwaukee Athletic Club, had set a college record for the 440-yard dash and the low hurdles while a student at the University of Wisconsin.

WHO WAS THE FIRST AFRIKAN-AMERICAN TENNIS PLAYER TO COMPETE AT WIMBLEDON?

Althea Gibson grew up in New York City where she played several sports, including paddle tennis. A local tennis coach noticed her talent, bought her a tennis racket, and introduced her to the game. Determined to be successful, she practiced whenever and wherever she could.

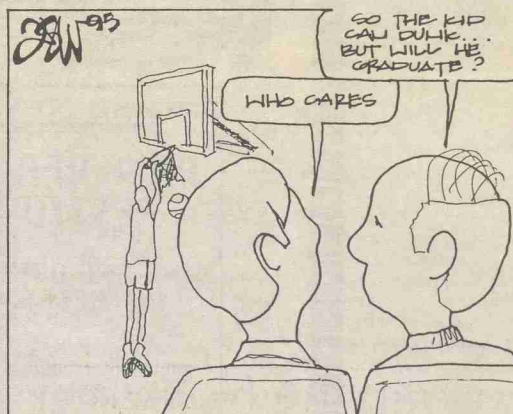
In 1950 at the age of 23, she made it to Wimbledon, England, becoming the first Afrikan-American tennis player to compete in the prestigious tournament. Seven years later she returned to Wimbledon and won the women's singles, another first for an Afrikan-American athlete.

WHO WAS THE FIRST BASKETBALL PLAYER TO SCORE 100 POINTS IN A SINGLE GAME?

He was 7'2" tall and 265 pounds. Basketball star Wilt Chamberlain was admired for his speed, grace and coordination. Chamberlain, born in Philadelphia in 1936, was an outstanding overall athlete in high school. He entered the University of Kansas but left in his third year to join the Harlem Globetrotters.

In 1959 he signed with the Philadelphia Warriors, and in the 1961-62 season he became the first player to score 100 points in a single game as the Warriors beat the New York Knickerbockers 169-147. Chamberlain, known as "Wilt the Stilt," was eventually traded to the Philadelphia 76ers, and got to play with his first NBA championship team in the 1966-67 season, leading the 76ers to victory over the Boston Celtics.

He was traded to the Los Angeles Lakers in 1968, and in February 1972 became the first player in the NBA to score 30,000 points when he reached that total in a game with the Phoenix Suns. In 1976 Chamberlain was elected to the Basketball Hall of Fame.



The importance of getting a college degree

Read the NUBIAN MESSAGE

5 on 5 Basketball Tournament

- Double elimination basketball tournament.
- The 1st 8 teams participate
- A maximum of 10 players
- \$10 per player
- Begins Feb. 11th
- For more information call Hal Pope 662-9856



The Sisterhood Agenda

by Nicole White
Reflections Editor

Angela Coleman and Sheree Rainbow shared a vision of the Afrikan-American woman. In this vision, the Afrikan-American woman was strong, proud, intelligent, and able to carry the weight of the world on her shoulders.

However, when Coleman and Rainbow looked around all they could find was women, young and old, who were mislead, unsure, and in need of some guidance. So in 1994, they came together to form the Sisterhood Agenda: A Forum for Today's African-American Women.

The Sisterhood Agenda is an organization design to address major issues concerning women of Afrikan descent. Some of these concerns are new age of conscious, health, beauty, self identity, and socio economic related.

Coleman and Rainbow acknowl-

edge the presents of organizations that benefit the Afrikan-American male, but there existed very few design especially for the woman. Through the use of workshops and seminars, the two women hoped to raise the self-esteem of women in the community.

The Sisterhood Agenda also sponsors programs for young adults. Their latest project is Becoming a Black Women. The participants in this thirteen week program range in ages twelve to eighteen.

The focus of it is to increase the self-esteem, knowledge, and cultural awareness of these pre-adults. Coleman and Rainbow realize that for whatever reason, these young ladies are not receiving this knowledge in school or at home.

Coleman explained that the Sisterhood does not necessarily target young women who are considered high risk. High risk is define as

teenagers who are more likely to drop out of school, become pregnant or get involve in crime. She did state that the organization does work with the juvenile detention center. The Sisterhood is an organization designed to work with anyone who is interested.

Coleman explained that the young women are encouraged to form network groups. These groups are used to provide support outside of the Sisterhood. Many times, Coleman, explain that a young woman may feel alienated because she does not realize that there are others in her same situation.

It is easy for them to become discourage because things they learn through the Sisterhood may not coincide or go against what they encounter in everyday life. Instead of reverting to negativity, the women can reach out to others.

As of now this Durham base



Sheree Rainbow and Angela Coleman of Sisterhood Agenda

group consist of two directors and volunteers. Most of these volunteers come from North Carolina Central University. Funding for projects come from private donations and participants who give what they can. Coleman and Rainbow stress they are careful about whom they except funding. It is important that the organization they solicit or the orga-

nization that solicits them perpetuate a positive attitude.

Upcoming events include beauty workshops, sewing classes for beginners, self-esteem seminars, and a program entitled Black Love: Male and Female Relationships. You can call (919) 493-8358 for dates and prices.

BSB News

BSB NEWS
A publication of the Black Students Board
of the Union Activities Board

**PAN-AFRICAN
FESTIVAL**

**KING AND QUEEN
INTEREST MEETING**

THURSDAY, FEBRUARY 9, 1995
6:30PM
ROOM 3118
UNIVERSITY STUDENT CENTER

ALSO STAY IN TOUCH WITH THE BSB
LINE: 24 HOURS A DAY!
55-3737, DIAL T AND THEN 790.

BSB NEWS
A publication of the Black Students Board
of the Union Activities Board

Coming Soon

to the Campus Cinema
Wednesday, February 15

7:00PM

"Back to Africa"

A VIDEO AND PICTURES ABOUT
OUR EXPERIENCES IN AFRICA

Information about how
to take your own
voyage to Africa

co-sponsored with the African-American studies club

ALSO STAY IN TOUCH WITH THE BSB
LINE: 24 HOURS A DAY!
55-3737, DIAL T AND THEN 790.

BSB NEWS
A publication of the Black Students Board
of the Union Activities Board

**Valentines
Day Balloon
Sale**

February 6-10

Free On
Campus
Delivery

Prices
Starting
at \$1.00

10:00-4:00pm
University Student
Center Lobby

ALSO STAY IN TOUCH WITH THE BSB
LINE: 24 HOURS A DAY!
55-3737, DIAL T AND THEN 790.

**PAN-AFRICAN
FESTIVAL 1995**

**TALENT SHOW!
INTEREST MEETING!**

CAN YOU SING?
CAN YOU DANCE?
ARE YOU FUNNY?

WHEN: THURSDAY, FEB. 9
WHERE: STUDENT CENTER
ROOM 3118
TIME: 6:30 pm

Where Will I Be When I Graduate?

by **Hallema Mitchell**
Staff Writer

Where will I be when I graduate? That is a question that many of us think of from time to time. On Wednesday February 8, the Kappa Omicron Chapter of Alpha Kappa Alpha Sorority, Inc., invited Beverly Marchi to discuss careers and job searching.

Upon graduation with a college degree, many of us assume there will be a job waiting. However, that is not always the case. In a time where the economic system is becoming vulnerable, many of us will be jobless. Only those of us who are assertive, hardworking and take the initiative will succeed.

Mrs. Marchi, an advisor from the Career Planning and Placement Center, advised the audience on different characteristics that employers are looking for in an employee.

Most of us probably believe companies place their entire emphasis on grade point averages. However, this is not the case. Although your grade point average plays an important role in the hiring process, it is not the only basis a company sets.

The employer also looks and see if the applicant has strong verbal and written communication skills, the ability to work on a team, career related work experience and computer skills.

Companies also seek an applicant who knows information about the company. "When going into an interview," says Mrs. Marchi "use body language to show enthusiasm for that particular field of work."

Where do you look to find a job? Beverly Marchi gave a list of job searching strategies that most of us do not think of. Networking is the most common.



Mrs. Marchi speaks to the audience.

Staff Photo

It is important to tell friends, family, neighbors and others what a company is looking for so they can recommend you to others. "Your

goal is to meet professionals in your field, learn about different career paths, to hear of unannounced job openings."

Other ways of looking for jobs is to look in the classifieds sections of the newspapers, phonebooks and directories. When you do find a position that interest, write or call that particular department and ask for the manager.

It is not a good idea to refer to Human Resources because they have limited information about particular jobs. Sources on campus include job fairs and the Career Planning and Placement Center. If you choose to use the Placement Center, it is important to attend an orientation and create a datasheet. Employment agencies and the Employment Security Commission can be additional help.

A graduating senior or someone looking for an internship, do not get distressed. There are places and people that are willing to help people find a job in a persons major.

Know Yourself and Get A Minor

Editor's Note: Because of errors last issue, the Nubian Message decided to run this article again.

by **Shawna Daniels**
News Editor

Did you know that a Minor in Afrikan-American studies is only fifteen credit hours or less away from you? Most Afrikan-American students do not know that the classes they may be taking now may credit toward a minor in Afrikan-American Studies.

Classes like MDS 240, ENG 248, and HI 373 can lead students to a minor. The Statement of Purpose for the Undergraduate minor states

that the minor in Afrikan-American Studies "allows the student to pursue a comparative and interdisciplinary study of the cultural and historical experience of Afrikan-Americans and the people of Afrika while earning credits for a major in one of the University's degree programs."

The process for gaining a minor is fairly short and simple, and is a matter of registering with the Multidisciplinary Studies Division. There are a number of classes the Department has allotted to count towards the minor.

see Minor, page 11

**Telephone
anywhere, anytime
and get 1 hour and
45 minutes of long
distance calls for
\$25. Flat rate of
.23⁹ ¢ per minute.
(Lowest in the
world). Plus,
taxes. \$10
Activation fee. NO
SERVICE CHARGES!
NO SURPRISE!
INTEREST FREE!**

CALL: 1-800-
364-6418 EXT.
8800

NEW!
NOW YOUR...
VISA MASTERCARD DISCOVER

IS A DISCOUNT CALLING CARD
NO SURCHARGES!! NO SURPRISES!!
& INTEREST FREE!!!
When you pay for calls monthly

23⁹ ¢
U.S. FLAT RATE

**CALL ANYWHERE
FROM ANY PHONE!**
Including Hotel and Pay Phones

TEAR OFF & USE NOW

CREDI-CALL
"YOUR PHONE AWAY FROM HOME"
1-800-
WRITE YOUR PIN CODE HERE

NAACP

Does Exist

Next Meeting: Feb. 21

If you have any questions, comments or concerns, contact:

Garrick Combs	512-3868
Raven Huff	512-9883
Teri Moore	851-0375
Rene Scott	851-0437

Abdul Malik Muhammad Speaks on Racial Equality

by Nakia Jones

Staff Writer

On Friday February 3, the Muslim Student Association sponsored a lecture by Imam Abdul Malik Muhammad. He spoke in commemoration and recognition of Afrikan- American history and discussed the significance of Islam on all cultures.

Muhammad stressed that Black History month, the time when we celebrate the Afrikan- American struggle for racial equality, is also the prime time to show the significance of Islamic beliefs on all cultures. This belief is that there is but one community and that is the "human community."

Mankind has always been one in the eyes of God (Allah). God's interest in creating the earth was to house human creatures and He made Adam. Adam was the "human essence", both male and female. Adam was the human identity.

"Human identity is the first identity that humans should have", said Muhammad. He also said that it is neither necessary nor right to ignore



Abdul Malik Muhammed

Nakia Jones/Staff

your racial and personal identity in order to acknowledge human identity.

We are all made different so that we will be attracted to each other, first by our human identity and then by the differences in ourselves. We are to be enriched by each other's

differences and to learn from each other.

Muhammad cited from the Qur'an that we have been made different so that we will come to know and appreciate each other. He equated racial and human identity

with the human eye. In the very center is the pupil which is black in all people.

That is our common human identity. Around the pupil is the Iris which is our racial identity. The color is the distinctive part.

When the pupil comes into contact with light, which is knowledge, it becomes small because when we have knowledge we are secure enough in our human identity to appreciate each others' racial identity. When the pupil dilates, it almost overtakes the iris and the prominence and warmth of our human identity attracts us to each other.

Muhammad also addressed the abuse and misinterpretation of scripture by people with the intent of drawing lines between races. "When you begin to associate your race with God you intend to oppress someone" he said.

Perhaps the most prominent example of this is the story of Noah and his sons and the association of Afrikans with being the cursed sons of Haam who laughed upon seeing Noah naked and drunk. Oppressors

manipulated scriptures in an attempt to prove that one race was better than another and more favorable in the eyes of God.

Muhammad and other followers of Orthodox Islamic teachings say that the only superiority is how we perform before God. We are not judged by race or religion. He said that paradise holds those who worship God no matter how they choose to worship. Jews, Muslims, and Christians alike are all believers.

From the Qur'an we know that "every child of Adam is honorable" and "we take our colors [distinctions] from God and who is better to color us."

Mankind has always been one in the eyes of God, said Muhammad, and so as humans have grown in knowledge, they have come to see that there is also common human purpose, origin, and destiny.

Live the Dream



NC STATE STUDENTS!!

YOU'VE ALL HEARD OF IT...
NOW IS THE TIME TO TRY IT...

CO-OP !

CALL NOW FOR INFORMATION ON HOW YOU CAN GET MAJOR
RELATED WORK EXPERIENCE WHILE STILL IN SCHOOL - 515-4427



**Any Afrikan Students Interested
in Submitting Articles About
Their Country, Please Call The
Nubian Message at 515-1468 and
Ask For Nicole White, Reflections
Editor**

President, con't

2. getting the grade distribution of students with grades over 50 on the Unity/InterNet system. Bobby says this was his "legacy to the University."

3. The newly revealed "Dine with a Mind" program. This program is designed for students to eat lunch or dinner (at the dining hall) with a professor and Student Government pays for the professor. He feels that this would greatly improve the interactions between students and faculty thereby breaking down walls of communication.

4. The Homecoming activities of this year, which included more events directed at Afrikan-Americans.

When asked, "What do you feel is the most important thing you've done for Afrikan-Americans while you've been at State?" Bobby responded, "I have served as a role model to show that Afrikan-American students can succeed and perform exemplary in positions of power. I also attempted to re-enfranchise Afrikan-American students into student government and leadership positions on campus by appointing them to several key posi-

tions".

When Bobby is not handling things at the office, in a meeting or in class he enjoys listening to music, model cars, "Star Trek", comic books, reading, and sports. Bobby is also a member of Alpha Phi Alpha Fraternity, Inc., and does extensive volunteer work catering to the Afrikan-American community. This senior majoring in zoology/pre-med plans to attend medical school at East Carolina University, University of North Carolina-Chapel Hill or "anywhere that I get in" in the Fall and graduate to become a general practitioner. Another thing that occupies Bobby's time is his job at the lab of Dr. Wayne Thompson at NCSU's Veterinary School. Here he does work and research on felines affected with FIV (the feline form of HIV).

I asked Bobby to leave the readers with some words of wisdom. He said, "Just remember we come from a strong race of people and any problem can be overcome with persistence and effort." It is this attitude that keeps such a busy man running.

The Last Psalmist-Vol. 1

A humble prayer
 from a humble servant
 to an Almighty God
 and his begotten son—I repent.
 For the Lord is also my shepherd;
 and I am of his blessed flock.
 He teaches me the true way of life—
 of how my sins must come to a stop.
 He promised to shine his light upon me
 as long as I obey his several commands.
 But I keep drifting into the shadowy depths
 which forces me to stand on shaky lands.
 I know not, my Lord
 what persists to keep this servant down
 and continuously forces you
 to attain a fearful and unawaited frown.
 Please Father, hear my cry.
 Do not allow by plead to go sour.
 I need you Lord to stand by me
 and to cleanse me with your purified shower.
 Only you can assist me;
 the one with the unlimited power.
 Please hear my ever-repeated prayer
 and restore my light in the next soonest hour.
 Please show me the way once more
 so that I may finally return...
 to your everlasting burn.
 O Lord, my God,
 please touch my soul;
 please search my heart
 and make me whole.

-Casper!

**To Struggle for your people's
 cultural integrity against
 overwhelming odds in itself is the
 greatest honor. Those who'll fol-
 low shall revere you for some.**

Dr. Yosef ben-Yochanan

**Shoot for the moon. Even if
 you miss, you will be among
 the stars.**

Sister

She called me sister, and I felt the warmth
 flow
 Sister
 Searched all over, tried hard to fit in
 And now, after giving up, not caring
 Moving on to new adventures,
 She called me sister

Just goes to show when you move forward
 Everything changes
 No longer feeling left out
 Finding the wholeness within,
 Others feel it and want to be a part
 Wasn't sure of what I needed
 Only knew there was a void, a longing
 And in that one word
 Matter-of-factly stated
 I had been defined
 And for the first time in a long time,
 I belonged

--Lucille Benton

Ebon Venus

Let others boast of maidens fair,
 Of eyes of blue and golden hair;
 My heart like needles ever true
 Turns to the maiden of ebon hue.

I love her form of matchless grace,
 The dark brown beauty of her face,
 Her lips that speak of love's delight,
 Her eyes that gleam as stars at
 night.

O'er marble Venus let them rage,
 Who set the fashions of the age;
 Each to his taste, but as for me,
 My Venus shall be ebony.

-Lewis Howard Latimer

(A Dedication to the
 Greats)

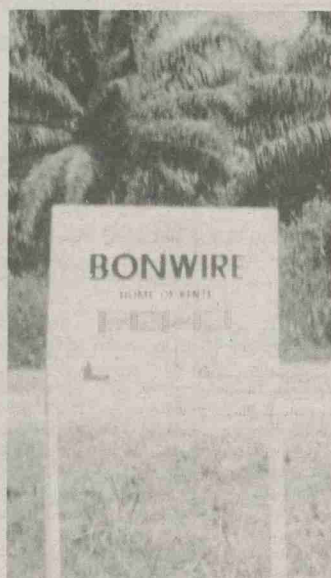
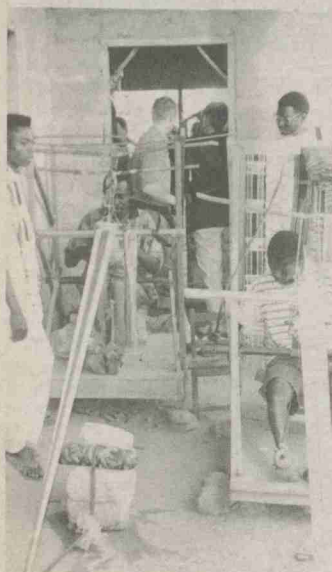
PHOTOS BY LATHAN TURNER



BACK TO



AFRIKA



The Need for Bone Marrow

by **Tawana Myles**
Health Editor

Thousands of Afrikan-Americans die from diseases such as leukemia, aplastic anemia, and other blood disorders. These diseases can be prevented from a procedure called a bone marrow transplant.

The National Marrow Donor Program (NMDP) registers volunteer unrelated donors who have agreed to donate marrow to a patient that needs a transplant. The problem comes into play when marrow is taken from a Caucasian patient and an Afrikan-American patient.

A Caucasian patient can use bone marrow from either a Caucasian donor, or an Afrikan-American donor. Unfortunately, this is not true for an Afrikan-American. An Afrikan-American can only use bone marrow from another Afrikan-American donor. This has caused a shortage in bone marrow for the Afrikan-American population.

Bone marrow is a tissue found in the large bones of the body. It produces

blood components such as white blood cells that fight infectious foreign bodies, red blood cells that deliver oxygen to various parts of the body, and platelets which prevent bruising and bleeding.

When the bone marrow is attacked, this decreases the ability of your body to protect itself and function as a whole. Usually blood diseases are cured with constant chemotherapy.

This breaks the body's defense system down even more, and as a result weakens and damages it. Providing patients with compatible bone marrow gives their body time to recuperate. More than 18,000 bone marrow transplants have been performed worldwide.

To determine if a donor's bone marrow matches with their recipient, laboratory technicians look at the human leukocyte antigens (HLA). These antigens are "markers" on the white blood cells. The closer these "markers" match up with those of the recipient, the more successful the transplant will be. A donor will go through a series of additional blood tests if their HLA

matches up with a recipient.

The compatible donors are notified of their match and are used in the transplant operation. During the transplant operation, the bone marrow is removed from the pelvic bone by a syringe. Approximately one liter of blood-like fluid is collected which is around 5-10 percent of the donor's total bone marrow.

Bone marrow transplants for Afrikan-Americans are in need because out of 1,408,032 volunteer marrow donors, only 250,317 represent minority donors. Out of that 250,317, only 86,495 are Afrikan-American donors.

Bone marrow transplants are simple procedures that do not have serious side effects. They are in desperate need by the Afrikan-American community now. If you have an interest in becoming a bone marrow transplant donor, please contact the National Marrow Donor Program at 3433 Broadway St. NE, Suite 400, Minneapolis, MN 55413, or call 1-800-526-7809.

Dedication to the Greats

by **Tawana Myles**
Health Editor

In honor of Black History Month, this is a dedication to all of the Afrikan-American scientists who have made astonishing breakthroughs in science and medicine, and have overcome all odds to achieve them.

Benjamin Banneker 1731-1806
Outstanding astronomer, mathematician, and surveyor. It was because of Banneker's remarkable talents that Washington, D.C. was finally laid out and completed.

Norbert Rilleux 1806-1894
Inventor who revolutionized the sugar industry - Rilleux invented the refined, white crystals of sugar that are taken for granted today.

Elijah McCoy 1844-1929
Father of lubrication - McCoy invented an "automatic lubricator" that provided machines with a continuous flow of oil to lubricate the gears.

Garrett A. Morgan 1877-1963
Inventor of the first breathing helmet device - Morgan also invented the first successful traffic light signal.

Charles R. Drew 1904-1950

Pioneer in blood plasma - Drew organized the first blood bank and has made it possible for blood to be stored today.

Rebecca L. Crumpler 1833-
First Afrikan-American woman to earn a medical degree - Crumpler went on to publish a book in 1833 dedicated to the medical care of women and children.

Iida Gray 1867-
First Afrikan-American woman to become a dentist. Gray established her dental practice in Cincinnati.

Dorothy Brown-- 1919-
First Afrikan-American woman to become a member of the American College of Surgeons - In 1966, Brown became the first Afrikan-American woman to serve on the Tennessee State Legislature.

Faye Wattleton-- 1943-
First woman to head planned parenthood - Wattleton was the first woman and the first Afrikan-American woman to become president of the Planned Parenthood Federation of America.

Alexa Canady 1950-
First Afrikan-American woman neurosurgeon - Canady became a clinical instructor of neurosurgery in 1983 at Wayne State University.

A Rise in Death by High Blood Pressure

by **Tawana Myles**
Health Editor

The fight against high blood pressure is becoming a losing battle. Stroke related deaths have begun to increase after a 20-year decline. Dr. Russell Luepker of the University of Minnesota has observed that since there has been a decline in the use of high blood pressure medication, there has unfortunately been a rise in high blood pressure fatalities.

Luepker reports that the decline in the use of high blood pressure medications is reflective of two

things: One is that the control of high blood pressure is no longer a major issue in the national health agenda. The other is that the price of blood pressure drugs has risen.

The price of blood pressure pills in the past were only about 1 1/2 cents per pill as oppose to today's pill costing approximately \$1.50 per pill.

Of course other factors of death by high blood pressure are evident such as poor diet and lack of exercise, but these deaths point back to high blood pressure. There was a campaign started in 1973 to encourage Americans to find out more

information about blood pressure, get tested, and seek treatment as well. As time went on, this campaign was overshadowed by another campaign against high cholesterol.

This made many Americans less aware of high blood pressure, thus leading to an incline in the number of deaths. Many doctors have been less careful about treating patients with high blood pressure believing it has been on a decline for 20 years, and it is no longer a major concern.

Tuberculosis Out of Control

by **Tawana Myles**
Health Editor

There has been a constant increase in tuberculosis patients all over the world. It was estimated on Wednesday, January 18 by the World Health Organization (WHO) and the U.S. Centers for Disease Control that at least 3 million people will die of tuberculosis this year alone. Scientists have reported that more than 10 million people will come down with tuberculosis annu-

ally by the year 2000- out of that 10 million, 3.5 million will die of the disease.

The underlying problem of the tuberculosis epidemic is the lack of financial resources to do extensive research on the disease.

Treatment is becoming more difficult because the TB bacteria are developing resistance to tested antibiotics. If financial resources become available, tuberculosis can become controllable.

A State of Confusion: The New Nutrition Labels

by **Tawana Myles**
Health Editor

Have you ever looked at the nutrition labels on the back of some of these name brand boxes and discovered how confusing they are? From percent daily value to the "ideal" serving size, the Food and Drug Administration (FDA) has made it difficult to tell if you are eating healthy food. FDA has made quite a few changes that may not be completely understood.

Some nutrition labels have more calories in them than before. The old nutrition labels reflected a certain

amount of calories that were believed to be present in the foods, such as nuts, chips, and cake. This made these foods seem somewhat low-cal. Now the nutrition labels are relying more on the actual serving size that a person eats, and calculating the calories from this measurement. The foods that seemed so low-cal before are not anymore. The serving sizes have become more uniform within product categories making it easier to compare calorie intake.

"Percent Daily Value" is a measurement that is appearing even

more on these new nutrition labels. Percent Daily value is an estimated figure of how many calories are consumed in a day.

The FDA has estimated that a person eats approximately 2,000 calories a day, 30 percent of them being fat. The problem with this estimate is that if you eat under 2,000 calories or consume a fat intake of below 30 percent, you have to do a little arithmetic.

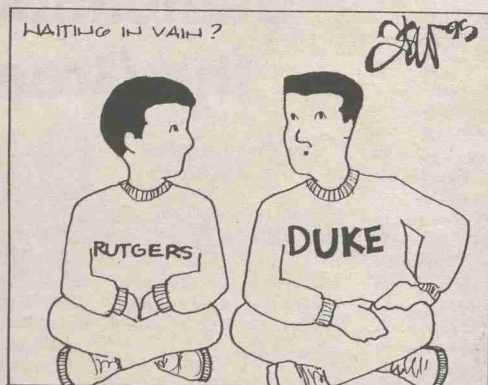
This may become frustrating and even time consuming. Percent Daily Value also becomes tricky at times because some nutrients such as fat,

saturated fat, and sodium need to be consumed at or below 100 percent. On the other hand, vitamin C and calcium should be consumed at no less than 100 percent.

There is a bright side to this issue. Some of the healthiest foods do not have nutrition labels at all. Fruits and vegetables are definitely the best sources of vitamin C and vitamin A. Most of them are fat free and contain a variety of nutrients. Lean meats and poultry are good sources of iron and other minerals and are also low in fat. These types of meats are also richer in these

nutrients than their processed meat-counterparts, such as cold cuts.

Will eating by monitoring calorie intake and scrutinizing nutrition labels inevitably make us healthier? Not necessarily. In fact, although we may take in foods labeled low-fat, sugar-free, and fat-free, we are actually getting fatter. You cannot look at just one particular part of the nutrition label instead of the whole profile. Some foods that may be labeled "low-fat" may unfortunately be high in calories. Observing the whole label is crucial to eating healthier.



When Will We Be True To Ourselves?

The recent sit-ins at Duke University and Rutgers University is another indication to Afrikan-Americans that we must not only continue to fight for our civil rights, but our human rights. Rutgers' University's President Frances Lawrence's comments were unprofessional, unethical and uncomplimentary to his position as President. The President of any university is chosen to represent all of the student body equally and fairly, and Lawrence did not do so.

If the overall theme of this nation and of its universities is diversity, Lawrence is not apart of the theme.

An apology from Lawrence is not necessary and not accepted. If Lawrence made the statement, he apparently shares the feelings of the "intellectual" readers of the Bell Curve who believe that minorities are intellectually inferior to Caucasians because of their heredity. Afrikan-Americans are exhausted from accepting apologies from people who say them while under pressure from their associates or peers. Instead of apologies, we seek action: a resignation would be appropriate.

The situation at Duke University is the second indication. Duke's President's, Nan Keohane, decision to eliminate a Vice President's post whose focus is to benefit Afrikan-American students and staff and strengthen ties with the Durham community is a decision that will take Duke University thirty-one years into the past. The purpose of the position was to bring more Afrikan-American students and faculty to Duke and Keohane's stance is sending a negative message to the benefactors of the Vice-President's post. This decision is telling current students and prospective students that they will not be represented in any form on Duke's campus.

Also, Keohane's decision not to confer with any members of the campus community is another symbol that Duke University has no wishes to communicate with the people who support and can make the university an example of a true diverse university.

Afrikan-American History Month

As we celebrate Afrikan-American history month, we must not forget our true roots: Afrikan. We must not let anyone convince us of falsities by telling us that we are just Americans. We are not just Americans, we are Afrikans always. If we were brought over here voluntarily, then we should consider calling ourselves Americans. But, we were brought over in ships from our true country involuntarily. You may say that this occurred over 400 years ago, but we still live this nightmare everyday.

Some say that Afrikans, Asians, etc., should drop their heritage from their names. Some even say that we should drop the K from Afrika. Some say that by calling ourselves Afrikan-Americans we practice separatism and segregation. Just because Afrikan-Americans choose to acknowledge and study what is truly theirs and recognize the true founder and creators of the Earth, do not make us separatists, but realists.

Published by the Student Media Authority of
North Carolina State University

Editorial Policy

The Nubian Message is written by and for the students of N.C. State University, primarily for the Afrikan-American community. All unsigned editorials are the expressed opinion of the Editorial Staff and do not represent the University in any way.

The Nubian Message is published on the 2nd and 4th Thursday of each month during the Fall and Spring Semester, except during holidays and exam periods.

Letters to the Editor

The Nubian Message encourages "Letters to the Editor", however, some basic guidelines must be followed. Letters of campus, community or public interest are given first priority. Letters must be limited to 350 words and legibly written, typed or properly formatted (in the case of e-mail.)

Letters must have the writer's signature, his/her major, year in school (if a student) and telephone for verification. Faculty and staff should include title and department. No unsigned letters will be published.

The Nubian Message will consider fairly all "Letters to the Editor" submissions, but does not guarantee publication of any. All letters become property of *The Nubian Message* and are subject to editing for space and style.

Submit all correspondence to: Letters to the Editor, *The Nubian Message*, Rm. 372 AACC, Box 7318, NCSU, Raleigh, NC 27695-7318

Will We Sit in Vain or Will Something Occur as a Result?

Seize the Day

by Lucille Benton
Guest Writer

Black History month is once again here and our children might learn about one or two Afrikan-Americans in school (so our communities don't get angry and riot!) Have you noticed that they are usually the ones everyone has always known about? Have you noticed that out of the thousands of Blacks in this country, they usually come up with the same two or three every year?

It is really about time we taught our children at home about the beauty of being Black. For even if we have never heard about our great scientists, artists, musicians, historians, writers, engineers, architects or politicians, etc., and there are many; there is a sweetness in being Black. After all, everything God created he called good.

But have you not noticed how the dominant culture tries to steal our music, fashion, men, women and even our talk? Have you not noticed them and their lack of spiritual free-

dom, using us as therapy? If this is not a sign of specialness, I do not know what is.

Down through the years, we have survived due to a spirit that refused to yield. A spirit that would not lay down and die. Now that we have attained a few tangible results, many of us have been blinded and will not see the struggle is just as fierce as it was when we were first brought here. Yet now that "we've arrived," many of us have stopped striving, stopped caring about each other.

We no longer see the child hungry for knowledge and affection, we no longer see the teenager in search of a mentor; we no longer see the scholar in need of just a smile of encouragement to catapult him/her to higher learning; and we certainly do not see our brothers and sisters at the bottom struggling. Are we losing our spirit to the dominant culture? Do we need renewal, a recommitment to our community?

Where do we start? Each person can only start from their own point of reference. When we start dictating how one should move, we become

no better than our captors. Yet I do believe each person has a calling to some task in building the community. And if not now, when? Remember, your actions may not get you a medal, they may not even get you applause. But do we not all need a noble task to live for?

When I was growing up they used to say, "the same people you meet going up, you meet going down." Yet many of us have forgotten these old sayings. One thing remains certain, though; you are accountable. In other words, you will reap what you sow.

If you do not believe it, ask some of the old warriors like your grandparents. So why not wake up and include yourself in nation building. What has brought us thus far is our abiding faith. It has kept us, even when we thought, "we just could not take it no more."

And, it is this allegiance and guidance from our divine Creator that will keep us from being annihilated. Let's get back to the Source, gain strength and direction, and carpe diem!

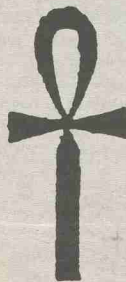
If you are interested in being an opinion writer for the Nubian Message, contact Nicole White, Reflections Editor at 515-1468.

The Ankh--The Key to the Next World

by **Danny Byers**
Senior Staff Writer

What is the meaning of the Ankh? The Ankh is the Mitsriy (Egyptian) symbol of the life after this world where EL and ELOhim become one. Gigantic pyramids, tombs of Pharaoh elaborately display the Mitsriy ideals of the after life. The Ankh can be worn to represent a connection between EL and the children of EL, the ELOhim.

In Ghana, West Afrika, the Asante tribe had their own Ankh of



The True Ankh of Ancept Egypt

2,000 years ago. Therefore, unknown to most, the Ankh was not restricted to just northeastern Afrika - Egypt. The Asante had a wooden doll called A Kuaba (pronounced Koba). This symbol of giving life and fertility was carried on the backs of the Asante women who wanted to have babies.

In northern Afrika or Egypt, the Ankh was a symbol of transition from this life to the next. Today you have many famous entertainers who do not know any better and who are seeking their original culture, wearing the wrong Ankh around their neck as a symbol of life. They are wearing the wrong Ankh. They should be wearing the Ankh called A Kuala from the Asante tribe which symbolizes life in this world. The Ankh that they are wearing is Greek.

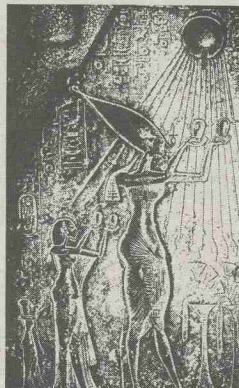
More often times than not, you will find that the Ankh gets disassociated with the Christian symbol of the cross or the Crux Ansata of the Coptic church. This Ankh is said to be a cross with a ring attached to carry it. It is considered to be "the key of life to come" and not only in life after death, but that the future

life was entered by the means of the cross. This is how Christians make the mistake of saying that the cross is used in every culture. The Crux Ansata is not the true ankh of Ancient Egypt, it is the mark of death. You see, this cross is in the form of a 'T' which represented the Greek letter Tau (meaning mark) and an 'O', which represented the Greek letter 'Omega' (meaning last doomed or dead). The Romans used the cross as a punishment of crucifixion. Crucifixion was supposed to be the most degrading way to die. Thus, you see how anything dealing with the cross represents death. The true Ankh of Mitsriym has an oval top and its sides and bottom extend which makes the symbol appear like



The Rightful Symbol of Life, it means to give birth

a key. This key is symbolic of the key of eternal life after this world.



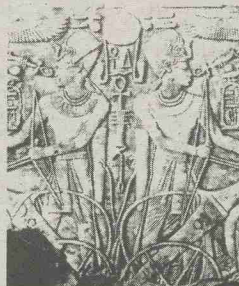
Stelle of Akhenaton, Nefertiti and their daughter making offerings to Aton.

Our Mitsriy (the original Pthahites) ancestors used the Ankh because



The Christian Crux Ansata

they had Right Knowledge if its meaning. Wear it and know you are the seed of Amon-Ra, Isis, Osiris, Geb-Nut, Ramses, Khufu, Setmose, etc. All of us are the children of the sun, original owners of the planet Earth.



If you want to become a writer, call 515-1468 and ask for Nicole.

Minor, con't

It is also strongly advised that the students in this minor program show a proficiency in a foreign language at the 200 level. At present, the following courses have been listed to receive a minor in Afrikan-American Studies.

Required Courses for an Afrikan-American Studies Minor:
ENG 248 Introduction to Afrikan-American Literature
MDS 240 Introduction to Afrikan-American Studies
either HI 372 Afrikan-American History Through the Civil War, 1619-1865 or
HI 373 Afrikan-American History Since 1865

Elective Courses for an Afrikan-American Studies Minor:

ANT 330 Peoples and Cultures of Afrika
COM 212 Interracial Communication
ENG 349 Afrikan Literature in English
ENG 448 Afrikan-American Literature
FLF 352 Francophone Culture of Afrika and the Carribean
HI 275 Introduction to History of South and East Afrika
HI 276 Introduction of West Afrika
HI 455 History of the Civil Rights Movement
HI 475 History of the Republic of South Afrika
HI 476 Leadership in Modern

Afrika
SOC 305 Racial and Ethnic Relations
SOC 311 Black Family in Its Social Environment

"At the present time, there is a proposal on the table designed to improve the content and academic quality of the minor program, but time will tell if the proposal will be accepted," Dr. Victor Okafor, Director of the Afrikan-American Studies Program. "The proposal consists of Afrikan-American courses which are essential for a well-rounded college experience. A student who graduates without learning about the historical and contemporary experiences of a major segment of American society has recieved an incomplete picture of the American Multicultural landscape. Knowledge of the experiences of people of color in this society could enable the student to achieve a broad and comprehensive understanding of what it means to be an Afrikan-American, holding the potential for minimizing stereotypical tendencies and reactions to people of color."

"The perspectives and information in the proposed mandatory courses for the minor are designed not only to give the students correct historical and cultural consciousness, but also a good understanding of the Afrikan world is the global scheme of things."

Read the Nubian Message

Join the Nubian

Classifieds

Help Wanted

HIP NEW Art Company looking for energetic, self-motivated individuals. Starting salary \$300-\$500/week. No experience necessary. Will train. Call immediately. 832-2785.

MARKET COORDINATOR National company expanding in Triangle area seeks 5 professional & creative individuals for Rep/Manager position. \$3-\$5k/month potential. Excellent training & travel opportunities. (919) 876-2995.

POSTAL JOBS. Start \$11.41/hour. For exam and application info call (219) 769-8301 Ext. NC565, 9am-9pm, Sunday thru Friday.

FUN WORK..Serious Money.. Hundreds of Companies Need Homeworkers NOW! Wide variety of jobs. 24 hours recorded message. CALL Today! (404) 215-0539 Dept. S008. GANDD USA, Atlanta.

PEOPLE NEEDED to evaluate student test items. Temporary positions Mon-Fri. Day 8:30am-3:45pm. Evening 5pm-10:15pm. \$7/hour plus incentive plan. Bachelor's degree required. We train. Apply now for projects beginning March, April, & May. Measurement Inc., 423 Morris St., Durham, NC 27701. 683-2433.

LUCKY 32 NEEDS GREAT PEOPLE! We are looking for friendly, detail oriented people to work for the most professional restaurant company in our universe.

Accepting Applications for the following Roles:
DINING SERVER,
HOST/HOSTESS
LINE COOKS
KITCHEN UTILITY
FRONT & BACK OF THE HOUSE LEADERSHIP STAFF

Apply Monday - Saturday between 2pm-4pm at Lucky 32, 832 Spring Forest Rd., just off Falls of the Neuse Rd. (919) 876-9932. Quintance-Weaver Inc. EOE/DFWG

FREE WORKPLACE. DOUBLE DOUBLE your income. Sales people wanted for the finest in the skin care. Nine ways to earn money. Call today! 1-800-403-8060..

Call Nubian Message classifieds.

SUMMER JOBS!! Raleigh Aquatics Summer Positions Available!! Lifeguards Cashiers Maintenance Swim Coaches Swim Instructors Management!!!! Over 160 positions at 8 Summer Facilities!!! Call Terri Stroupe or Jim Parker at (919) 831-6852!!!!

DOUBLE DOUBLE your income. Sales people wanted for the finest in the skin care. Nine ways to earn money. Call today! 1-800-403-8060..

One of the Triangle's up-and-coming companies!! Part-Time Electronic Assembly & Manufacturing Positions!!! Mechanical aptitude, soldering, component identification, and computer skills a plus!! Contact Steve Lund, Director of Engineering for Educated Design & Development, at (919) 821-7088.

Tutoring

If you need a tutor or want to tutor, let the Nubian's classifieds be of service to you. Call 515-1468 between 9:00 a.m. and 5:00 p.m.

WE WANT YOU! TO BE ALL YOU CAN BE. ANNOUNCING free tutoring in the following classes Monday-Thursday in Daniels 214 from 6:30 P.M.-9:00 P.M. beginning Monday, January 23rd: Chemistry 101, 107; Physics 205; Pascal :CSC110; C++: CSC114, Statics: MAE 206. Sponsored by AMES2.

AFRIKAN-AMERICAN FOSTER PARENTS WANTED

Afrikan-American children of all ages, but especially babies and pre-schoolers, need foster home. These youngsters need to live with caring foster families until they can return home to their parents or find another permanent home. A special plea is extended to the Afrikan-American community to consider foster care. You can decide the age of child you wish to parent. We help with expenses, including day care. Singles, as well as couples, are encouraged to call. Please call Tina Martin at 212-7474



Personals

Would you like that special someone to know that you are still thinking of them. If so, call the Nubian Message between 9:00 a.m. and 5:00 p.m.

I got nothing but love for you, Boo.

Miscellan.

GO OUT ON A LIMB and grab the fruits that await you. Take a look at who you really are with your personally Birth Chart & Profile. Send check or money order for \$25 along with date, time & place of birth to: Out On A Limb, PO Box 37148, Raleigh, NC 27627. Personalized Horoscopes \$15.

BE A FOSTER PARENT: If you believe children are our most valuable resource and you are the type of person who can continue with a child during difficult times and good time, then maybe you can help. Foster parents can be single and can be working outside of home. Call Tina Martin at 212-7474.

Bills Overdue? Applications for \$500-\$50,000 are now available 24 hours a day. Call 1-800-788-1141 for more information or write TCAC, 400 Century Park South #110G, Birmingham, AL 35226. We are a professional budget service, not a loan company.

ATTENTION STUDENTS:

Four outstanding minority journalism candidates for a stimulating and challenging summer internship in 1995. For more information call: Ruben Rosario at (612) 228-5454 before 5 p.m. or Robin Harris at (612) 228-5398 after 5 p.m.

HOUSEMATE WANTED. North Raleigh location. Furnished bedroom with all amenities. \$300/month plus utilities. Call Richard, 217-9470.

GET IT TYPESET, NOT JUST TYPED! Over 200 type styles available. Free Pickup & Delivery. 90 MPH Typesetting 782-5299.

Three out of four people who apply for a KeyFederal VISA or Mastercard are approved. Even those with less-than-perfect or no credit histories. Go ahead and get your hands on a "gettable" credit card from Key Federal. But, call first: 1-800-221-4700. 24 hours a day staffing.

GET IT TYPESET, NOT JUST TYPED! Over 200 type styles available. Free Pickup & Delivery. 90 MPH Typesetting 782-5299.

WESTON'S RESUME & TERM PAPER SERVICE. Will do other typing. Call Monday, Wednesday & Friday 6-8 pm. Saturday 2-7 pm. 828-5717.

Afro-Centric Unity Cruise. An historical event in December 1995. Experience the Afro-Centric Unity Cruise of a lifetime in Nassau, Bahamas. For more information call 1-800-373-5073 or Fax (708) 848-1655. A Black Diamond an CentSensational Travel Affair. Group Specials Available!!

For Sale

COMPUTER FOR SALE!!! Powermac 6100 withall software. call 827-9569.

Do you need to sale something. Call the Nubian classified. 515-1468 between 9:00 a.m. and 5:00 p.m.

VEHICLES UNDER \$200? Cars sold by DEA, FBI & GSA in your area. Trucks, Boats, Motor Homes, Computers, Furniture & More!...CALL TOLL FREE!! 1-800-436-6867 EXT. A-2957

Join the Nubian Message today

If you need place a classified ad, call 515-1468 between the hours of 9:00 a.m. and 5:00 p.m. and place your ad

Rates Information

The Nubian Message classified line items are sold by the word. Line items have a set rate of \$.020 per word, with a \$3.00 minimum charge. Display classifieds are charged by the column inch. Deadline for placement is noon, one week in advance. For more information call The Nubian Message Advertising at 515-1468.

Nubian Message is not responsible for damages or loss due to fraudulent advertising. however, we do make every effort to prevent false or misleading advertising from appearing in our publication.

Only if you join the Nubian Message, can you become part of the family

As a public service announcement for the benefit of our readers, here is a listing of where The Nubian Message can be found on the 2nd and 4th Thursdays of each month by 12:00 noon at the following locations:

Circulation Locations:

African-American Cultural Center
Avent Ferry Complex
Caldwell Hall
Dan Allen Drive
Daniels Hall
D.H. Hill Library

Dining Hall
Free Expression Tunnel
Harrelson Hall
North Hall
Poe Hall
Reynolds Coliseum
Student Development
The Quad
University Student Center
Witherspoon Student Cinema
Wood Hall