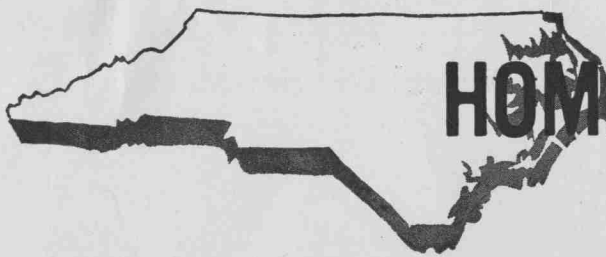


*Return to Eleanor Mason
Ricks Hall*



HOME DEMONSTRATION

News

NORTH CAROLINA FEDERATION OF HOME DEMONSTRATION CLUBS

Volume 4

N. C. State College, Raleigh, N. C., June, 1958

Number 2

All Woman Program

FARM HOME WEEK, JUNE 9 THRU 12

Storing Winter Clothes

by JULIA McIVER

Just as much time and thought should be put upon properly packing away your heavy winter clothing as upon the laundering and pressing of your lightweight spring and summer garments.

It's a good idea to air your winter clothing thoroughly before storing them. Examine hemlines to see that they are not fraying or coming unsewn. Mend any rips or tears, secure buttons and other fastenings. Brush seams, collars, and cuffs free of lint.

You can't put too much stress on the care of your clothing. One of the most important steps in successfully storing winter garments is to store cleaned garments. It is the soiled suits and dresses that the moths attack first. Carelessness is responsible for thousands of dollars of moth damage each year.

Actually it is not the moth itself that does the damage but the egg that it lays. These eggs soon develop into larvae which actually feed upon your clothing.

Annual Loss Huge

Under ideal conditions the offspring of just one female moth (one and a half million in a year) can eat as much as 90-100 pounds of wool, equivalent to what the average well stocked wardrobe contains.

Between them, it has been estimated that world-wide moth and beetle larvae yearly consume around twenty two million pounds of wool, worth about \$50 million and enough material to clothe one million people.

To help guard against moth damage, see that your woollens are thoroughly brushed, sunned, cleaned and aired before storing.

However, sunning, airing, and cleaning is not enough. Your garments will still have to be protected against months during storage. Large paper "moth-proof" bags are made for storing winter clothing. These bags won't kill moths, but they will keep the moths from getting into your clothing where they are apt to lay eggs. You can buy these bags at almost any department or five and ten cent store.

(Continued on page 3)

Education, Science, Human Relations and Speech Will Highlight Farm Home Week at North Carolina State College

The week's activity will get underway Monday evening with a reception at the Governor's mansion. Wednesday afternoon you may attend classes on Music Education, Arts and Crafts, Table Setting, or tour the State Art Gallery. Wednesday night leadership awards and honors will be given. On Thursday a tea will be given at the Governor's Mansion.

A talk on education will be given by J. Hiden Ramsey, Chairman, State Board of Higher Education, Asheville, followed by a panel moderated by Dr. Carey H. Bostian, Chancellor of N. C. State College, Raleigh. The panel will be composed of Dr. Charles F. Carroll, Superintendent of Public Instruction, Raleigh; Dr. Gordon W. Blackwell, Chancellor of the Woman's College, Greensboro; Dr. Charles T. McNary, Public Relations Director, Blue Bell, Inc., Greensboro; and Mrs. L. B. Pate, President of N. C. Federation of Home Demonstration Clubs, New Bern.

The status of education throughout our land will be discussed and ways sought to apply it to the problems that face us as citizens and leaders in education in our own state. Solutions will be sought to some of the educational problems that are found in our communities and in our state.

Science and Agriculture

A talk on "Science and the Citizen of Tomorrow" will be made by Mr. Alvis S. Proctor of E.I. duPont de Nemours and Company, Wilmington, Del. With world science changing and progressing at such a terrific pace this should be a most interesting program. Following this talk a panel discussion will be moderated by Dr. D. W. Colvard, Dean of Agriculture at N. C. State College.

Other members of the panel are Dr. William Newell, School of Textiles, N. C. State College, and Dr. Hazel Steiberling, Institute of Home Economics, Agricultural Research Service, Washington, D. C. Dr. Steiberling will present the broad scope of nutrition research as it affects the family, particularly through the homemaker as she plans for the family's welfare. Housing in the Future will be discussed by Mr. Edward Loewenstein, teacher and architect of Greensboro.

The Human Relations program will again be led by the nationally known Harry and

Bonaro Overstreet from Falls Church, Va. "Learning to Live with Ourselves," "The Home as a Place for Maturing," and "Where Personal Problems Become Social Problems," will be discussed by the Overstreets.

Tuesday afternoon will provide a class on "Effective Speech and Human Relations" led by Miss Maxeda Von Hese, of the Von Hese Studios of Effective Speech, New York City. Miss Von Hese, who was here last year, will remain for the entire week.

Federation Day

William C. Friday, President of the Consolidated University will be guest speaker on Federation Day. The three chancellors of the University will be on the program as will Mr. L. Y. Ballentine, Commissioner of Agriculture; Dr. D. S. Weaver, Director of Extension, Mr. R. W. Shoffner, and Dr. C. Brice Ratchford, Assistant Directors of Extension, and invitations have been extended to the members of the Agricultural Committee of the Board of Trustees of the Consolidated University.

WE NEED NEWS !!!

Do you have a special farm or home project you would like to tell us about? Is your club sponsoring a project to raise money or improve rural living? If so, tell us about it. We are sure that there are others around the state who would like to know what you are doing. If your project can be photographed get a picture of it and send it in. We cannot promise to use all of them but we intend to use more and more pictures in the NEWS.

Real Cool...

Are you tired of washing pots and pans? Is cooking over a hot stove during these summer days killing you? Then read about this demonstration of an electronic range before a group of home demonstration club women at the Home Agent's office at Winton May 8.

For less dish-washing you might prefer paper containers for cooking purposes. In a rush before instead of after guests arrive for dinner, then you might cook in serving pieces of your dinnerware. In either case you have eliminated the cleaning of cooking utensils.

No sir, the paper plates won't burn up and the china or glass serving dishes won't break, but either does allow microwaves to penetrate it and the food for a speedy, cool cooking process. Speedy? Yes! thirty seconds will cook a cupcake to a turn and ninety seconds is all you need for a crisp strip of bacon. Four minutes is all you need for a baked potato. That's all hard to believe but its true.

Cool? Sure! Only the food becomes heated during the cooking process. The paper or glass containers to not become heated except where the food rests on it. No more pot-holders to launder and lose. Better still the compartment does not become heated thus preventing burns and keeping cleaning to a minimum because spilled food does not burn to the interior.

This demonstration was sponsored by the Virginia Electric and Power Company and was put on by Miss Delphia Rawls, Home Economist for the power company.

NEW SUBSCRIPTIONS NEEDED

It is the sincere hope that each succeeding issue of the HOME DEMONSTRATION NEWS will be better than the last one. A better NEWS can be turned out—and more frequent too—but this can only be accomplished with a greatly increased subscription list. Presently there are less than 900 subscribers to the NEWS. We need at least 2000 in order to improve the paper with more use of pictures and other news pertaining to North Carolina Home Demonstration work. With a subscription list of 3000 we could publish once each month.

It is the hope of this editor that within the next three to four years the subscription list will be increased to at least 10,000 and that the NEWS will be a monthly publication using lots of pictures and more up-to-date news. We would be very pleased to publish a group picture of any and all clubs whose entire membership are subscribers to the NEWS.

Highlights of Annual District Meetings

District 26

Forsyth was hostess county this year on April 29 at Oak Grove Moravian Church for the annual meeting of District 26. Over 100 club women from Davidson and Stokes came for the big day. Members for Forsyth and guests made the registration reach over 250.

Special guests were Mrs. L. B. Pate, State President, who gave the main address; Mrs. Gilbert English, Second Vice-President, who brought greetings from the state executive board; Mrs. Charles Graham, Southern Regional Director; and Miss Anamerle Arant, Northwestern District Agent.

Mrs. H. D. Robertson presided. She was given special recognition by Miss Arant as one of the two leadership winners from her Northwestern District.

Mrs. C. A. Michael, Jr., Mrs. G. T. Knight and Mrs. H. E. Miller gave the district achievements in family life, home and community using the theme "What Is That In Thine Hand? — Exodus 4:2 — Opportunity, Responsibility, Achievement." Mrs. Farrell Koontz served as moderator.

The Forsyth County Home Demonstration Chorus furnished special music and the ladies of the church served lunch.

District 23

Nearly three hundred attended the annual

meeting of the Twenty Third District of the Federation of Home Demonstration Clubs at Chowan College on Wednesday, April 9, with Mrs. Howard Long of Seaboard presiding.

Highlight of the day was a speech on "The Background of Historical Fiction" by Mrs. Inglis Fletcher, famed novelist. She was introduced by Mrs. R. G. Whitley.

Rev. Rowland Pruett gave the invocation. Greetings were extended by Miss Luray Askew, president Hertford County Council and Mrs. V. I. Hockaday, State first vice president. Mrs. W. D. Burkette, district secretary read the minutes. Reports were given by Mrs. Julian Mizelle, Martin County, Mrs. Dales Edwards, Northampton, Mrs. A. S. White, Bertie, Mrs. Frank Pierce, Hertford and Mrs. Henry Early, Martin County.

A lunch of barbecue and Brunswick stew was served by the Hertford County Council.

In the afternoon session the Murfreesboro High School Glee Club gave special music. Mrs. Gilbert Whitley, past chairman, installed the following officers for next year: Mrs. Julian Mizelle, Chairman, Mrs. A. S. White, first vice chairman; Mrs. Cecil Fairless, second vice chairman; and Mrs. Fred Ricks, secretary-treasurer.

Pages for the day were Ann Lassiter, Emma Jean Futrell, Kay Slaughter and Barbara Jo O'Berry.

HOME DEMONSTRATION NEWS

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N. C. State College

Home Demonstration Week

Yadkin County Members Tour Homes

Yadkin County Home Demonstration Clubs participated in the observance of National Home Demonstration Week, May 4-10.

A committee composed of Mrs. W. E. Brooks of the Boonville Club; Mrs. E. N. Grubbs of the East Bend Club; and Miss Bessie Cook of the Windsors X Roads Club, has announced plans for the various observances throughout the county.

Chief among the plans was a tour of Yadkin County homes on May 8th. This tour was open to both club members and non-club members. The schedule of the tour was as follows:

Met at the Community Building in Yadkinville at 9:30 A.M. and proceeded from there to the home of Mrs. Howard Logans in Yadkinville. From there to Mrs. J. G. Allgood's in the Deep Creek community to visit her gardens. From there to the Grady Hunter's (demonstration house) in Boonville and then to Mrs. Herbert Flemmings, Rt. 1 Boonville, to see her well-planned utility room. At East Bend a coffee-break was taken at the home of Mrs. Ralph Poindexter and then on to Mrs. Wade Cornelius'. Lunch was served at the Windsors X Rds. community building at 1:00 P.M. The Windsors Club supplied the drinks and each person brought a covered dish.

After lunch the tour continued in the Windsors Cross Roads community with visits to Mrs. Clarence Hall's remodeled home and to Mrs. J. S. Thomasson's greenhouse.

Other plans during the week included displays in the windows of various business establishments throughout the county. Committees in charge of the window displays were as follows:

Boonville: Boonville Home Furnishings. Committee: Mrs. Arlie Steelman, Mrs. Woody Mabry and Mrs. Conrad Angell.

East Bend: Pickette and Huff. Committee: Mrs. Walter Speer, Mrs. B. F. Hoots, and Mrs. H. E. Mackie.

Jonesville: Blackwelder's Furniture Company. Committee: Mrs. Dick Bray, Mrs. Clyde Wright and Mrs. W. H. Flemming.

Yadkinville: Duke Power Company. Committee: Mrs. James Williams, Mrs. Elbert Irvin and Mrs. T. H. Poindexter.

Each window had a poster stating what was displayed. Also on the displays of trays, baskets, picture frames, flower arrangements, etc. there was a card telling who made it. The displays were put up on Saturday, May 3rd and remained through May 10th.

STORING CLOTHES

(Continued from page 1)

For further prevention of moth damage, sprinkle naphthalene in the form of flakes or "moth balls" or paradichlorobenzene among the folds of the material before sealing the garments in bags or boxes.

Use moth-preventatives in sufficient concentration to be effective.

Preventative Methods

A handful of moth flakes casually thrown in a drawer or a chest will not discourage moths. Neither will the odor of newsprint. Odors must be so highly concentrated that they are unpleasant to you.

In a trunk-size container use 1 pound of crystals, flakes, or balls. Scatter them between layers of garments or blankets.

In a closet use 1 pound to each 100 cubic feet of space. The vapors are heavier than air. The crystals, flakes, or balls should therefore be placed in a shallow container on a shelf, or suspended from a clothes rod or hook in a thin cloth bag or perforated container.

Many people have the idea that cedar chests and closets are safe for storing winter garments. Actually they won't keep the moths out unless the garments have been freed of all moth eggs and larvae before packing and unless they are kept air-tight.

Seal the container completely whenever you store garments from one season to another.

The moth grub is so small that it can pass through a hole 1/25th of an inch in diameter. Play safe by sealing cracks and crevices in cedar chests, closets and moth bags. Cellophane tape or gummed tape is quick and easy to use.

Wrap freshly cleaned articles in heavy wrapping paper.

Seal all openings with gummed tape.

Write contents on the outside to avoid opening the package needlessly. If it is necessary to remove an article, reseal the package completely for safety.

Put small woollens—sweaters, mittens, socks, scarves—in mason jars and close tightly.

Proper storage of winter garments will make your clothing last through many seasons, so take time now to condition them properly for summer storage.

Member Recalls Many Years Of Home Demonstration Work

By VIRGINIA M. NANCE

As more than 64,000 home demonstration club women begin their observance this week of the 13th National Home Demonstration Club Week there will be at least one club member in the state who well remembers 43 years of home demonstration work.

Mrs. F. E. Bristow, Rt. 2, Conway, has been a club member for 43 years and has never missed a club meeting. That's quite a record.

When Miss Mary Lucy, as she's known affectionately in her community, is asked how she managed to achieve this outstanding record, her immediate reply is, "I give the good Lord credit for that—and, of course the cooperation of my husband and the other club members."

"For instance, I remember the time a black spider bit me on my big toe on the very day the club meeting was to be held. I couldn't possibly have gone to that one, but club members arranged to have the meeting another time," Mrs. Bristow recalls.

Can't Miss

So now because of her record that she has achieved over the years, her club members and her family try to arrange things so she'll never miss a meeting. "I couldn't have done it without their help," she explained. "Even when the children were small, I took them with me. And, too, I had a lot of meetings here at my house, such as the times when my children were born."

Much of Mrs. Bristow's life has been centered around her home demonstration club work, as is evident by the record she has made.

"I planned all my housework and farm work so as not to interfere with club meetings, because I never left a club meeting without learning something new," she pointed out. This is surprising, because one would expect, in 43 years of perfect attendance at club meetings, to find a great deal of repetition.

Mrs. Bristow even recalls the time she went to one club meeting to hear the dem-

onstration when there "wasn't anyone there but me."

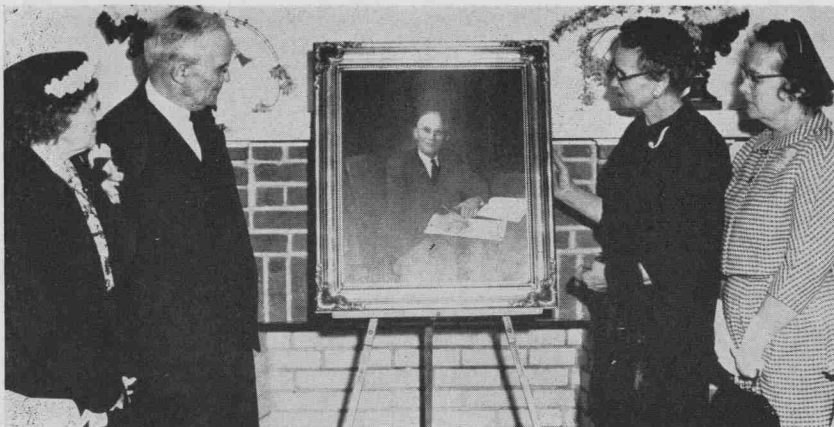
Early Work

As Mrs. Bristow talks her thoughts carry her back to the early days of club work in Northampton County. "I never was much of a story-teller," she mused, "but we had our beginnings in this county back when the tomato clubs were organized for girls. We had our own little plot at the sawmill where we grew tomatoes and then canned them. When they tried to organize a home demonstration club here, we went to find out what it was all about. Some of the men were even there. Some of them objected to it, but then they objected to a lot of things. They didn't like the home agent's Model T because the small tires made ruts in the road.

"I especially remember the time when our club tried to raise funds to buy a new stove, since we couldn't learn cooking without one. We thought of the plan to get 25 cents from each family to buy one, but the men thought the stove idea was terrible because, they said, it would make taxes so high.

"We finally got our stove, though, after we had a box supper to raise the money. A group of us got fixed up and went to Weldon with the home agent to buy the stove," Mrs. Bristow laughs. "In those days, you know, that was a right long trip and I don't think I'd ever been in a restaurant until that day, nor had I ever tasted fried oysters."

When asked what she enjoyed most about club work over the 43 years, Mrs. Bristow replied, "Well, I've enjoyed the social part that it's played in my life, because it helps just to get together with my friends and neighbors, and club work has really been my education, but it has been a great satisfaction that in loving each home agent we've had, we've found someone that we could take our problems to knowing that we can always call on her for help. It is my earnest desire that club work in Northampton County and over the State will never die."



ADMIRING PORTRAIT — Mr. and Mrs. C. S. Vinson (left) along with Mrs. Della Whitley, past president of the Halifax County Council of Home Demonstration Clubs, and Mrs. Will Pittman, current president of the County Council, admire a portrait of Vinson presented by the county's Home Demonstration clubs to the county. The portrait was unveiled at the Spring Federation meeting of the county Home Demonstration clubs held in Weldon on Tuesday.

(Photo by Ben Stewart)



Vance County Home Demonstration Clubs have been able to boast of quite a bit of talent among its club members.

In the pictures above are some of the outstanding members.

Pictured at the right is Miss Mary Em Lee, clothing specialist of the State College Extension Service, showing fine points of dressmaking to Mrs. Dennis Brummitt, of Kelly's Cross Roads club; Mrs. Thurston Pully, Floyd-town club and Mrs. E. L. Mustian, Kittrell Club.

The center picture shows Mrs. John A. Rogers, President of the Thursday Night Club, who wrote the music and lyrics to a new Home Demonstration song. The song is entitled: "Each One Reach One".

The picture to the far left shows Mrs. T. L. Fuller, Mrs. William Elliott, Mrs. Willie Robinson, and Mrs. Douglas Breedlove, helping celebrate the first anniversary of the Vance County Home Demonstration Curb Market.

Durham Observes National HD Week

Durham County Home Demonstration Club women had a most busy week in their observance of National Home Demonstration Week, May 4-11.

All club publicity chairmen and County Council officers observed the week with appropriate and effective activities designed to acquaint the public with the scope of Home Demonstration work.

Leading off the week were newspaper articles with pictures and a special edition of the Home Demonstration paper *Women Speak*. On Sunday, May 4 many club members attended their churches in groups.

Monday a "thank you" luncheon for the county commissioners and county managers was given at the agricultural building. Guests included Durham County's Farm and Home Agents and their assistants and Miss Verna Stanton and Miss Anamerle Arant from State College.

Mrs. O. R. Gallagher gave a televised demonstration of the use of kitchen tools. Eight homes, to which certain interesting features have been added, were visited by club members.

Perhaps the essence of Home Demonstration work is in the announcement of a new club formed in the Plainview Church community. While we know the clock never stops on Home Demonstration influence, be it through home agents or rural women, it is not only well but imperative that our work is made of public interest and concern. In the final determination of values, the public, the everyday man and woman hold the key.

Mrs. J. C. Dodson, Durham Co.

Hertford Celebrates National HD Week

Hertford County Home Demonstration Clubs began celebration of National Home Demonstration Week, by sponsoring a Community Sing on Sunday, May 4.

Some of the participants in the sing were: Earle Ruffin of Ahoskie, 1957 4-H talent winner, Freda Britt, Carole Ann Warren and Kay Slaughter, 1957 4-H talent winners from Murfreesboro and the Ahoskie High School Glee Club under the direction of Miss Mary Rose Rummage.

Then on May 8 club members participated in the first of two furniture refinishing workshops under the direction of Mrs. Catherine King, Housing Specialist, Extension Service, N. C. State College. Removing old finishes and preparing the furniture for re-finishing were the activities for the program. Later in the day the group, with their friends, toured the Chowan Milling Company at Como. This was one of several educational and enjoyable activities set up in observance of National Home Demonstration

Annual Dress Review Held

The Winton Home Demonstration Club was hostess at the annual home demonstration and 4-H dress revue held at the Winton School April 30.

Top products from busy sewing fingers of the club women and 4-H girls were displayed for competition in the six home demonstration categories and junior and senior 4-H categories.

Children's Clothing, Formal, Miscellaneous, House and Sports, Church and Street, and Lined Suits were among the six categories displayed by the home demonstration club women.

The Christian Harbor, West End and Como clubs split prize money for having 100 per cent participation in the annual fashion project.

Week. At the mill, the women saw just how corn meal is enriched. They are ever conscious of the "basic 7" in planning food for their families and it was with interest that they learned about adding nutritive values wherever possible.

Lisbon Club Holds Dress Review

The Lisbon Home Demonstration Club held its annual dress review and fashion show at the Lisbon Community Building at the regular monthly meeting of the club on Thursday, May 15, at 2:30 p.m.

Four types or classes of clothing were entered in the exhibits: dressy type dresses, house dresses, garments made of feed bags, and children's clothes.

Club members also were invited to exhibit any articles of needlework such as quilts, embroidery, crocheting, tatting, needlepoint, etc., which they had made during the year. Mrs. G. G. Clark, Council, N. C. was general planning chairman for the show.

Club members in Person County went all out this year to celebrate National Home Demonstration week.

We entertained at a luncheon with the County Commissioners, Roxboro City officials, bankers, newsmen and agricultural workers as our guests. We feel that this was an excellent opportunity for us to become better acquainted with them and for them to learn more about our organization.

A program and spot announcements were broadcast over radio station WRXO. Store window displays also informed the public of what we stand for.

Council officers and club presidents had news articles on "What Home Demonstration Means to Me," published in our local newspaper, *The Courier-Times*. One page was sponsored by business firms and individuals congratulating club women for their accomplishments during the past year.

The planning committee for the week's celebration asked the ministers in the county to recognize club women and to use the theme "Today's Home Builds Tomorrow's World" during Sunday church services.

We tried to enlarge our Home Demonstration work by getting new members and organizing new clubs.

Mrs. Clark Neathery
Publicity Chairman
Person County