

NORTH CAROLINA FEDERATION OF HOME DEMONSTRATION CLUBS

Volume 2

N. C. State College, Raleigh, N. C., June, 1956

Twenty Years of Progress

One of the most enjoyable occasions of the year was the meeting of the second district of the North Carolina Federation of Home Demonstration Clubs which met in Franklin, on Tuesday, April 24. With some fourhundred club members from Swain. Jackson, and Macon Counties attending.

The theme of the meeting was "Twenty Years of Progress." It being twenty years since the first Federation meeting was held in Franklin.

Dean I. E. Schaub, pioneer and retired director of the extension service, told of the growth and accomplishments of the Home Demonstration Clubs during the past twenty years. Other state extension service speakers were Miss Ruth Current, State Home Demonstration Agent, and Fred S. Sloan, extension program planning specialist.

Mrs. J. S. Gray, of Macon County told of the first Home Demonstration Clubs and of the progress that had been made throughout these years of service. Mrs. H. T. Hunter, of Jackson County, Mrs. Tom Ferguson, of Swain County and Mrs. Carl Slagle, of Macon County gave reports on the clubs twenty years ago, which were very interesting. Mrs. John Farley, of Jackson County, Miss Louise Brendle, of Swain County, and Mrs. Paul Ammons, of Macon County gave reports of their 4-H Clubs twenty years ago, when they were members. Mrs. J. T. O'Neal, Macon County's first Home Agent, gave the roll call of members twenty years ago and each member that was present at that first meeting was given a beautiful vellow corsage.

Miss Harris installed the new officers for the coming year: Mrs. Frand I. Murray, Macon County, President;

Mrs. Mack Hall, Jackson County, Vice President; Mrs. Cowan Wikle, Swain County, Secretary-Treasurer; and Mrs. Carl S. Slagle, Macon County. Historian.

> Zenie R. Pevton Swain County

Wilson County Lois Rainwater Loan Fund

Wilson County Home Demonstration clubs are very proud of the Lois Rainwater Educational Loan Fund which they sponsor so that rural boys and girls may attend college.

This year for the first time a boy is using this fund. The young man is attending North Carolina State College, Raleigh, N. C. The fund is now helping four girls and the one boy. Three of the girls are attending East Carolina College, Greenville, N. C. and the other girl is attending Atlantic Christian College, Wilson, N. C.

The fund has already assisted four girls with their education. All four have repaid their loans. One of these girls owed the fund \$768.00 and repaid this in less than two years. The fund has a total of \$2,130.00 loaned out at present.

The clubs are doing a wonderful job of contributing to the fund. Last year all 25 clubs contributed \$10.00 per club. This year twelve clubs have already given their \$10.00, and Bullock's club has given \$50.00 as one of their community projects. Other clubs plan to contribute more than \$10.00 to the fund as one of their projects.

> Mrs. Charles Boykin Treasurer Loan Fund

Value of the Score Card

Since the Moore County Council adopted a score card to be used in the

clubs in 1953, the home demonstration women have become more interested in every phase of club work. The Carolina Bank of Carthage offers cash prizes every year to the four clubs with the greatest number of points. Points are given for different things such as attendance in clubs, county council meetings. leaders' training schools, etc.; parliamentary procedure at meetings, special club activities, publicity, leaders' reports given at meetings, recreation at each meeting and others. This competition in club work creates more interest and keeps the club women happy. At the same time the women are learning and doing more, they are adding points for their individual clubs. Each club secretary keeps a score card for her club and the points are turned in at each meeting.

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The score card has greatly influenced the women in attending the leaders' training schools and the county council meeting, as each counts points for them. If the leader who is supposed to attend is unable to do so, she scurries out and makes sure a substitute goes. There is more publicity now from each club every month than ever before. The publicity leader sends in a news article from her club after each monthly meeting, telling about the various activities of her club in the past month. These news items are sent to the county papers and create wonderful reading material for all the club women. By reading the news from the clubs all over the county, the women know what their sister club members are doing. This also provides the non-club women with ideas and probably helps to get them to become home demonstration members. All in all the score card is a wonderful idea for our clubs.

> Mrs. Emory Brown, Jr. President Moore County Council

HOME DEMONSTRATION NEWS

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 VERNA STANTON, Editor
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Where Did You Go, Little Year?

You came to us so bright and new, We never thought you'd scurry through:

We planned to work and then to play, To entertain you each new day. We don't know why you hastened on, We turned around and you were gone.

We thought we'd take a nice long trip, See friends who lived away, And bake a nice big apple pie For those we see each day. We planned to read the Bible more And spend more time in prayer, And church school lessons to prepare With much more time and care.

But as we'd see each day arrive, We'd see it pass us by; And we would watch it go away, And then we'd heave a sigh, So many, many things to do, Why did you hurry so? Oh, won't you tell us where you went And why you had to go?

Another year is coming now; It too is bright and new. Pray won't you spend more time with us.

And not just hurry through? We've still so many things to do; We'd like for you to stay A little longer with us, please, And not just flit away.

> Mrs. Powell White Catawba County

PRESIDENT'S

Greetings:



Now that our District Meetings are behind us-and w h at wonderful meetings they were - let's turn our thoughts to Farm and Home Week which is rful program has

June 4-7. A wonderful program has been planned for us and I hope to see you there to take advantage of it.

Home Demonstration Work in North Carolina has gone forward in "leaps and bounds" and you wonder what can be done NOW. We are still going forward and the reports for next year, I am sure, will be even greater than they were this year. Keep up the good work club women - we are fast taking our place among the GREAT.

Club members you have my love and respect for your untiring efforts in all that you have done to advance Home Demonstration Work. Your reward is the satisfaction of a task well done. I am quoting below a poem which I hope every club member will read:

News from Hoke

The county board of commissioners held their regular monthly meeting on Monday, and in addition to transacting a large amount of county business they were guests for dinner of the Hoke County Federation of Home Demonstration clubs at the newlyenlarged Wayside Community house.

At noon the board went to Wayside where the county federation of Home Demonstration clubs entertained them at a delicious covered dish dinner in the nature of an informal cele**One Talent**

"I have no voice for singing, I cannot make a speech;

I have no gift for music, I know I cannot teach;

I am no good at leading, I cannot "organize",

And anything I write, Would never win a prize;

But at roll call in meetings I always answer "here!"

When others are performing, I lend a listening ear.

After the program's over

I praise its every part. My words are not flatter.

I mean them from my heart. It seems my only talent

Is neither big nor rare -Just to listen and encourage

And to fill a vacant chair.

But all the gifted people

Could not so brightly shine Were it not for those who use A talent such as mine.

Thank you, and will see you in Raleigh, June 4 - 7.

Lee Redden Berryhill

bration of the recent completion of the enlarging and remodeling of the community house. Most of the home demonstration clubs of the county were represented at the affair, and Mrs. R. M. Hooper of the Ashemont Club, county council president, welcomed the guests.

Mrs. Joe Lovette, of the Wayside Club, introduced the guests and expressed the appreciation of the Wayside community for the help given by the county in fixing the house. Some of the history of the work done was given by Mrs. Marshall Newton, who also told that its repair and enlargement had been a project of the Wayside Grange.

Community 4-H Clubs

Many home demonstration club members in Columbus County realize the importance of community 4-H clubs and the many accomplishments to be made in these clubs. In our county we have nineteen community clubs, each having one or more leaders to help and guide the boys and girls in their projects. These leaders attend training schools conducted by the county farm and home agents. In their respective clubs the leaders give demonstrations they have learned at the training schools. They also help the boys and girls with their projects and recreation and see that the meetings are well conducted.

Almost all the winners in the county and district contests are members of a community 4-H club. In the community club the leaders can give an individual more attention than is possible in the school clubs since the time is limited there and there are so many boys and girls to work with.

A greater recreational program can be carried on in the community clubs, especially, if the meetings are held in a club house. One of our community clubs won county and state recognition in recreation and rural arts this year. Several boys and girls haves learned to be leaders in various recreation programs in our county.

A number of our girls who belong to community clubs have won county and district honors in the Dairy Foods and Vegetable Use Demonstrations. We are also very proud of the boys who have won prizes in the livestock shows. This year some of the boys have entered the Dairy Demonstration and we hope to hear good news from them.

The 4-H Clubs are playing a great part in the lives of our boys and girls. They are learning to be leaders in their community, speak in public without timidity, and lose the feeling of self-conscientiousness which is a draw back to the success of any boy and girl regardless of what he plans to do.

The county farm and home agents have done a wonderful work in the 4-H Clubs in our county. Besides working in the clubs in the school they have helped organize community clubs and have given the clubs their loyal support. To every community 4-H leader I urge and encourage you to keep up the great work in the community clubs and I am sure that, with the help of the leaders, county agents and home agents, great accomplishments will be made in the future years.

> Mrs. Eugene M. Smith Columbus County

Developments Come To Mecklenburg

Last year, three communities were selected to begin a long-time program of community improvement. The three communities were selected by a group of agricultural workers representing the Agricultural Workers' Council of Mecklenburg County. These three communities were selected because they were different and were situated in three different directions from Charlotte. These three communities were: Ramah, Providence, and Steele Creek.

In the Ramah Community, a young minister was selected to lead the group in this program. In Steele Creek, a former 4-H Club member was elected chairman, while in Providence, one of the leading citizens was chosen chairman.

In each community, committees were set up to take charge of the various projects; such as, home beautification, roadside development, farm and home records, foods and nutrition, mail-box improvement, community and civic improvement, farm crops, the establishment of new industries—broiler projects and caged layers, dairy barns and milking parlors—and marketing.

One woman in the Ramah Community who had carried water from a well in her back yard for 35 years said that a dream really came true when her husband modernized her kitchen and brought water inside. She said that she could hardly stay out of the kitchen for days and days.

Another civic improvement in this community was the beautification of the church grounds by planting shrubbery and erecting a lamp post. The cemetery across from the church was also improved.

In all three communities a mailbox improvement campaign was started using specially designed posts.

Roads were named and signs erected as to the boundaries of the three communities. One community selected natural finished wood with burned lettering giving a rustic appearance to the community. The other two communities used a white background with black lettering on their signs.

Other improvements such as the remodeling of kitchens and living rooms, installation of central heating systems, and outside cleaning of the homes and grounds were carried out.

This year, five other communities have joined the original three in spreading such a program to other sections of Mecklenburg County.

In summarizing, one might say that Mecklenburg has become more beautiful and a better place in which to live. Mrs. George L. Davenport Chairman of Publicity

Handicrafts at Camp School

One of the main interests of Home Demonstration Club Women in the western part of our state is handicrafts. Each year we find the handicraft school held at Camp Schaub, Waynesville, overflowing with interested women eager to create beauty in a pleasurable manner.

We make lovely bowls, trays, and candle holders of copper and aluminum to add color to our homes. Baskets of willow, wisteria, and honey suckle are woven. Corn shucks are twisted into long wearing chair bottoms. Table linens are decorated with favorite flowers and designs with textile paints. Looms are busy weaving hand bags. Glass ware is etched with designs. Shells are fashioned into dogwood flowers, pansies, and roses for ear-rings and pins. Our women make these for their own pleasure and find a ready sale for any surplus they may have.

One of our Madison County Club members, Mrs. S. B. Mace, is a familar figure at craft camps and State Fair. She is an artist in shuck bottoming chairs. Her husband is a craftsman whose ladder back chairs with shuck bottoms are shipped all over the United States.

We consider handicrafts one of the most enjoyable and profitable pastimes. The demand for handicrafts always exceed the supply; so we are looking forward to substantially supplementing our incomes this summer. Mrs. H. C. Edwards Madison County Mrs. E. F. Williams, Jr., of the Deep River Home Demonstration Club became the grand winner yesterday in the Guilford County finals of the annual dress revue sponsored by the Singer Sewing Center. Winners from 24 county clubs participated in the finals which took place at 2 o'clock Wednesday, May 16, in the Alumnae House of the Woman's College in Greensboro.

The Deep River Club had charge of decorations for the occasion, and Mrs. Eugene Ward, past president and clothing leader of the Deep River Club was the narrator for the contest. Contestants were divided into three classes: dress, sport and house dresses, in the "dressy dress" category, Miss Jessie Wagoner of Friedens Club received first place. Second went to Mrs. R. K. Turner of the Pinecroft Club, and third went to Mrs. Wilbur Jarvis of the Vandalia Club. Mrs. E. F. Williams, Jr., was first in the sportswear category. Mrs. W. D. Comstock of the Monticello Club was judged second, and Mrs. W. W. Albert of the Gethsemane Club was judged third.

Mrs. J. C. Walker of the Gethsemane Club received first mention for her house dress. In this category Mrs. D. A. Greene of the Alamance Club received second place, and third place went to Mrs. Dwight Bowman of the Nathanael Greene Club.

Mrs. Williams was awarded the grand prize in run-offs between the winners of first place in the three categories. Judges for the dress revue were Mrs. James Jackson, former home agent, Miss Kay Beaty, Dairy Council member and Mrs. Nancy Ginnings, former home economics teacher. At the conclusion of judging, tea was served in the Alumnae House.

> Mrs. Carl Stanfield 12th Dist. Chairman

Health in District 8 Community

The club women of the eighth district have taken part in Cancer Control. Twenty seven women attended Cancer Control meeting held in Charlotte. Club members attended the cancer classes at Farm and Home Week. Fifteen club women attended Cancer Society panel discussion by local doctors. 181 members went to Cancer Detection Clinics in Greensboro. A special drive for cancer was held in Cabarrus with \$961.00 being collected.

Home agents and health leaders attended Rural Health Conference in Raleigh.

A number of club women have had physical examinations. A number of home demonstration club families have bought health insurance.

Two first aid classes were sponsored with fifty people attending. Chest X-rays were given by mobile units and health department. Tours were made of mobile units, health department and the work of the Rowan Rescue Squad was explained. 224 first aid kits were placed in the homes by Central Home Demonstration Club women and community development organizations in Iredell County.

Demonstrations have been given on home care of the sick, *salads for health* and *heart of the home* to all clubs.

The club members cooperated with Health Departments with pre-school clinics. Also club members work with education program of the Salk vaccine and help with the injections.

We are very fortunate in Cabarrus County in having the vaccine given to us for all the school children. A total of 17,068 received the first injection and 15,285 received second injection and now have started on third injections.

Davie County furnished a room in their new hospital which cost \$750.00. They also bought a desk and a chair. This was placed in the lobby of the hospital. They cleaned up the hospital for dedication service, pressed linens, hemmed sheets and have sixteen club women who are charter members of the hospital auxillary.

We feel that health is a very important part of home demonstration club work, and we try to stress it in as many ways as possible.

> Mrs. Fred Harkey Carbarrus County

The Armenia Home Demonstration Club

In February of 1953, the first Armenia teenage party, sponsored by the Armenia Home Demonstration Club, was held. This party was only the forerunner of many parties and activities enjoyed by the teenagers through the courtesy of the Home Demonstration Club. The Teenage Club was at first planned to provide supervised recreation for the young people of the community only during the summer months. However, after a few parties, which were very successful, it was extended through the winter.

In 1954, the Home Demonstration Club decided not only to continue sponsoring the teenage parties each month, but to also purchase a record player for use at these parties.

In 1955, the same planned supervised recreation was still going strong. On the 3rd Saturday night of each month, the Armenia teenagers between the ages of 13 and 17 gathered in the recreation hall of the Armenia Church for an evening of fun. Square and round dancing - quiet and active games - folk dancing - and refreshments, provided and served by two ladies of the Home Demonstration Club always made the affair an enjoyable one.

Twice a year, family parties are held for the teenagers, their guests and Home Demonstration Club women and their families. As teenagers are enjoying the planned recreation program, they are also taught many helpful hints on party etiquette, courtesy, and all-around good manners by Mrs. H. R. King, a member of the club recreation committee.

This year finds our community recreation as active as ever. The Christmas party which included the teenagers and their families and Home Demonstration Club members was a great success. There was a separate party planned for the little folks. Another party that will long be remembered was one centered around the theme of "Old Father Time." These parties are filled with variety.

The Armenia Home Demonstration Club made arrangements for the recreation leader, Mrs. V. J. Bruffey, to attend the Social Recreation Institute held in Kinston in February by Mrs. Ann Livingston. She taught the leaders how to plan and carry out recreation for school, church, club, and community. Since then, Mrs. Bruffey has used her knowledge to teach the 6th grade children of Southwood School square dancing. She has also taught the teenagers new folk dances and games which she learned at the institute. It is also an everyday occurrence for Mrs. Bruffey to be asked to plan and teach recreation for various parties held in the community.

The Armenia Home Demonstration Club is proud of its investment in the social health of our young people and our community. The teenage party has become a very special occasion for the teenagers in the Armenia community. Mrs. V. J. Bruffey

Lenoir County

Ideas for the Education Chairman

The major objective of Extension Work is to help farm families develop useful and satisfying lives. There are so many things that can be done to accomplish this objective through the Education committee of the home demonstration clubs.

There is a school in every rural community with a P.T.A. or some other organization, which seeks to have a good school library as well as other needed equipment. The books should be there not only for the required reading assignments but for those pupils who have the ability and desire for additional reading.

The women of most churches are making a study of Family Life in their meetings this year. The recommended books will do much to enlighten families, as well as the women; if those books are read in addition to the study classes. Excellent books and materials are now available in all denominations.

A church library should be started with books and pamphlets. The club leaders can do much to encourage such a library.

Homemaking is so much more than just providing for the physical needs of a family. How many families take the time to read or discuss a good book or magazine together?

As children are taught the social graces their minds should also have the great masterpieces of books, music and art.

Mrs. W. E. Graham

Chairman Education Committee

News From District 26

It was a real eye-opener when Mrs. Elizabeth McCubbin took her audience on an imaginary tour of the Women's Division of State Prison, Raleigh. Everyone was visibly moved as they entered the main building first as a guest and then as a first offender inmate.

The occasion was the Home Demonstration Spring Federation meeting of the 22nd District to which Pitt County was hostess, April 5, 1956, in Greenville on the East Carolina College campus.

Mrs. Albert Proctor, 22nd District Chairman, presided most charmingly. After the welcome, response, a lovely devotional thought and recognition of guests, Mrs. McCubbin was introduced. She very forcibly said if her women (inmates of the prison) had known the privilege and joy of Home Demonstration work she felt sure that most of them would not now be there.

After a delicious lunch served by the college cafeteria, Mrs. Proctor called the afternoon session to order. A very talented young 4-H Club girl, Joyce Lee Jackson, sang a number of selections, illustrating them with chalk drawings.

Miss Ruth Current brought greetings from the Raleigh office and challenged the group to go out and bring others into the great organization of Home Demonstration work.

Miss Lorna Langley, after a few stirring and challenging remarks, installed the new officers for the year 1957.

Rosalind P. Britt

Pitt County Council President

Citizenship

What does it mean to you to be a citizen of the United States of America? Do you suppose it means more to the hundreds of foreigners who become Naturalized American Citizens each year? Those who have labored long hours learning a new language, new customs, new government, etc. You will stop to meditate as you see more than one hundred foreigners representing more than thirty countries, all ages, some with an arm missing, some on crutches, as they join in giving the oath of allegiance and saluting the American flag, as they adopt our flag and our America for their flag and their America.

This is just one of the many thrilling experiences which you as Citizenship Chairmen have the opportunity to witness as you attend the Citizenship Conference in Washington each September. Again you have the privilege of sharing in a round table in some discussion of interest to you with representatives from other organizations all over America. In a group of twenty-five to thirty members you may share your own ideas and beliefs. An interesting fact about the Conference is that all age groups are represented from Boy Scouts to lawyers. The high school student in our group had good ideas well expressed.

My trip to the Citizenship Conference in Washington is one of the most interesting I have ever experienced. If you can go, you will never cease to think about the joy you have shared.

Another great opportunity I have experienced as Citizenship Chairman is that of attending the Leadership Conference in Chapel Hill. It was a week of training and quite a privilege to be in classes of Dr. Guion Johnson, Dr. Monroe, Mr. Grumman, Professor Mattis, Dean Kemble and others.

Each year in February a conference on World Affairs is held in Chapel Hill. I have attended two of these and hope to go again. We heard a speaker from the United Nations each time. Dr. Graham and Dr. Branscombe. Another opportunity is to join in panel discussions with people from all walks of life. This year I shared in a group in which more than twenty-five foreign students representing fifteen foreign countries participated. One of our Hertford County Chairmen shared this experience with me. Her pleasure was expressed by a desire to attend again next year.

This is a day of opportunities. Wake up Citizenship Chairmen! May we use every opportunity which we have for making our country a better America because we have lived.

> Mrs. T. J. Benthall State Chairman Citizenship

Interlude

Today my heart forgot its misery— A yellow buttercup smiled up at me. Today my soul unburdened all its care—

care-

The breath of violets was in the air. Today my faltering faith once more grew strong—

I heard a thrush pour out its vesper song.

__Gertrude Hanson.

The Women Ask

WHERE ARE YOUR QUES-TIONS YOU WOULD LIKE TO HAVE ANSWERED THROUGH THIS COLUMN?

WE ARE WAITING FOR THEM! Here are a few examples but let's have yours for the next issue of the NEWS.

- Q. What is the difference between spices and herbs?
- A. Spices are roots, stems, leaves, bark, buds or fruit of tropical plants. Herbs are leaves of plants. which grow only in temperate zones.
- Q. What will clean stained bottles and vases?
- A. A solution of ammonia and water will usually clean them. Add a little fine sand to the water for stubborn stains.
- Q. Why should one dust a waxed floor with a dry mop?
- A. Because an oiled or chemically treated one will soften the wax and dull the shine.

Accomplishments Through Leadership

Developing Leadership has been one of the outstanding objectives in the Home Demonstration work in the Twentieth District and the results exemplify themselves.

The Craven County Club women have been active and led in many projects to improve rural living. They have achieved through their leadership one new club house and remodeled three others, landscaped three church yards, improved mail boxes and roadsides, sought and helped the sick and needy families. Women were appointed and attended State, District and County Training and Planning meetings. These women lead in developing the work and also other leaders. From the copper planter workshops, approximately one hundred and fifty copper planters were made for the homes. Four of the club women attended World Affairs Conference. Two adults and three 4-H leaders attended the Home Demonstration Workshop at Catawba College.

The Music Leaders trained a 4-H Chorus which won first place in the District and trained three high school Glee Clubs.

Their Health goal was "Take Off

Pounds Safely," which proved very effective. Gowns and bandages were sent to hospitals and other Institutes.

Because of the effective development of Leadership through the work of the Home Demonstration Clubs in Craven County, many of the women participated in the TV Program "Over the Top" at WNCT, Greenville. - Discouraged, No! Although Pamlico County suffered great loss from the hurricanes, the Home Demonstration Club Women are leading in the fight against discouragement by getting the men to help replace trees, soil, shrubs, and buildings. Leaders developed from the landscaping workshop held in the county last year have helped to landscape home, church, and school grounds much better than before. Buildings have been re-established more beautiful than before through courage and leadership.

"Where Is Their Treasure?"-To visit the rural churches in Jones County, one may quickly see that the Home Demonstration Club Women's treasure is their church for their work shows their heart is there. Their outstanding project is beautifying their churches and cemeteries. The Wyse Fork Club renovated the inside of the Pilgrim's Home Free Will Baptist Church. They varnished four pine panelled rooms, painted two rooms, applied wall paper to the walls of the nursery and beginners room. Old floors were painted, linoleum laid in nursery and beginners room. Their husbands sanded the new floors, the women applied varnish and wax. Church grounds and cemeteries have been beautified and shrubs and flowers planted. Their works show where their treasure is. The Leadership Training has helped club women to use their ability to improve their church activities as Sunday School and Study Course teachers and working with youth groups more than any other phase.

The delegate to the National Citizenship meeting was Mrs. E. V. Scott of Jones County.

Carteret County Home Demonstration Women reap many benefits from the emphasis they have stressed in the Leader Training Program. The Home Agent held many training schools on different subjects. At least one woman from each club attended to receive the information and see the demonstration. This representative returned and gave the demonstration in her community club meeting. Their effective leadership influenced other women to lead. Because of the Leader Training Program, club women have discovered their talents and abilities they never knew they possessed. From this training the home, church, and all community activities are reaping effective benefits.

Progress is realized by the Onslow County Club Women as developed from the Leadership program. Few years ago very few rural women would participate as leaders. Now a large majority of club women are active leaders in church, school, youth, and all community problems. Growing interest is predominate in old and new members.

Annually for the past four years, in observance of "National Home Demonstration Week," the club women have served dinner to the County Commissioners, Agriculture Extension Workers and many other County Officials. This is one of several activities the club women enter into that developes leadership.

> Mrs. J. H. Gillette Chairman Publicity 20th District

A THOUGHT FOR EVERY ONE

One of these days I must go shopping. I am completely out of selfrespect. I want to exchange selfrighteousness I picked up the other day for some humility which they say is less expensive and wears longer. I want to look at some tolerance which is being used for wraps this season. Someone showed me some pretty samples of peace. We are a little low on that and one can never have too much of it. And, by the way, I must try to match some patience that my neighbor wears. It is very becoming to her and I think it might look well on me. I might try on that little garment of long-suffering they are displaying. I never thought I wanted to wear it, but I feel myself coming to it. Also I must not forget to have my sense of appreciation mended and look around for some inexpensive everyday goodness. It is surprising how quickly one's stock is depleted!