

# HOME DEMONSTRATION

# News

NORTH CAROLINA FEDERATION OF HOME DEMONSTRATION CLUBS

Volume 2

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Number 3

## A Recipe For Christmas Spirit

Have you ever, at Christmas time, heard someone complain, "It doesn't seem like Christmas this year! I just can't get the Christmas spirit!" If such there be—and I have seen plenty—they have just failed to realize that each Christmas, like each day, is a new Christmas, and that unless we carry the spirit in our hearts from the old to the new, that we will often feel that something is lacking. It is up to us to keep the flame alive, not only in our own lives, but also in the lives of those around us.

Many means are used to awaken the sometimes almost dormant spirit—one means will appeal to some, another means to others. To me there is nothing more wonderful than the approach through Christmas literature, some old, some new. First of all comes the Christmas story as told in the second chapter of Luke. Nothing can be better, or more beautiful. Next for me comes Henry Van Dyke's "The Other Wise Man," a story I have never tired of since first reading it in 1913. To me it is next to the Bible, although no other person in the world may agree. Curiously enough, I have never been particularly interested in any other work by this author.

I would follow no particular order after these two since I love them all, together with the recollections and associations that they recall. "The Little Match Girl" and the "Night Before Christmas" take me back to early childhood and bring back the most precious memories of all. Other stories and legends I like are "How Cum Christmas," "The Littlest Angel," "Why the Chimes Rang," "A Christmas Dream and How It Came True" by Alcott, "The Birds' Christmas Carol" by Wiggins, "A Christmas Carol" by Dickens, and so on.

These are just a few of the numberless stories and legends about Christmas. If you start looking, one will lead to another, and in almost no time you will find your thoughts, and then your life, revolving around this greatest of all stories, the Christmas story.

Mrs. Clyde Roberts  
District No. 14

## Tenth National Citizenship Conference

The National Conference on citizenship is unique in that it brings together the most comprehensive cross section of organizations and agencies to be found in any single national meeting. Over 1,000 delegates representing hundreds of various organizations and agencies took part in the tenth annual conference which I attended at the Statler Hotel, Washington, D. C., September 19-21. The conference was founded in 1946 when a small group of men and women met in Philadelphia to consider how the spirit of cooperation that had bound together all citizens of the United States during World War II could be conserved for the future. The conference, formerly co-sponsored by the Department of Justice and the National Education Association, now operates as an independent entity under a charter granted by the 83rd Congress. The 10th annual conference brought together around 1,200 men, women, and youth from all the 48 states and territories.

Some of the outstanding leaders of our nation were speakers for the occasion. Mr. Harry P. Cain, member of the Subversive Activities Control Board, former United States Senator from the State of Washington, delivered the key note address on the theme of the conference, "The Blessings of Liberty", at the opening session. Also Mr. Walter J. Mason, representative of American Federation

of Labor, and Mr. Boyd Campbell, president of the Chamber of Commerce of the U. S., were speakers at the conference. The 1,200 delegates were divided into 30-member groups in which every one had the opportunity to express his viewpoint. The discussions of the group session centered around the theme of the conference—such as, whether the blessings of liberty are in danger by neglect, erosion, or direct attack.

The closing session included brief reports from the discussion groups that were held during the three day conference, followed by a naturalization ceremony when 94 foreign born persons became United States citizens.

Music for the conference was furnished by the United States Army Band, Navy Band, and the Air Force Band, with the famous singing sergeants. All the sessions were opened with prayer.

Mrs. G. L. Jackson  
Chairman, District No. 6

## White Christmas

I like to see at Christmas time  
A white world all around;  
To walk amid the frosty trees  
Where rabbit tracks abound.  
I like to hear the crunch  
Of footsteps on the snow,  
To follow dainty pheasant tracks  
As in and out they go.  
I like to see the gay red squirrel  
Scamper with an ear of corn  
Up into his hollow tree,  
To eat on Christmas morn.  
I like to feel the stillness  
Of a calm, white winter's night,  
To hear the chime of bells somewhere,  
And watch the stars grow bright.  
In thought I'm with the Shepherds  
Hearing of Jesus' birth again,  
And suddenly I hear the angels'  
"Peace on earth—Good will to men."

Lynda Scholmann

## HOME DEMONSTRATION NEWS

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## Guilford County Achievement Day

Guilford County's active Home Demonstration Club women met November 3, 1955, to honor some of their members, elect new officers and show some of their achievements of the past year.

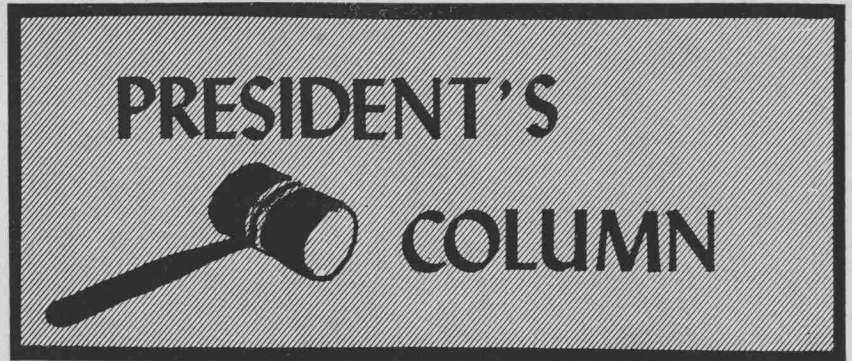
More than one hundred and fifty attended the morning session of the 26th annual achievement day at Woman's College. After lunch they and many more gathered at the Farm Building where an exhibit was held of Christmas decorations and gift items made by club members.

Election of new officers took place at the morning session. Also Mrs. E. E. Ballinger, Jr., and Mrs. C. H. Waynick of Guilford College reported on a recent United Nations Tour. Mrs. Carl Stanfield of the Monticello Club reported on the National Home Demonstration Council meeting in Chicago and Mrs. John Yow of Sedgfield outlined achievements of the year.

New Christmas decorations were shown by Mrs. Alice Whitehead, Home Economist for Duke Power Company.

One of the most popular parts of the day was the exhibit at the Farm Building. Each of the clubs in the county prepared Christmas decorations for use on tables, mantels, pianos, and other parts of the house.

A long table laden with hand-made articles created much interest. Objects ranged from needlecraft to met-



### Greetings:

Once again the blessed Christmas anniversary is with us and we shall hear the sweetest story ever told. In all Christian countries of the world,

Christmas bells and Christmas carols will ring out proclaiming the age-old but ever new message of "Peace on earth, good will to men."

Best of all, it will be Christmas in the heart and the home. In many homes the day will find families gathered around the Christmas tree, children, their faith in Santa Claus renewed, emptying their stockings.

Our country, still enjoying peace, should be very thankful and our prayers should be that peace and contentment continue.

I wish each member of our organization all the joys of the Christmas season and the happiness of the New Year.

Have you ever seen as lovely a fall as we have had? The trees have been beautiful in all their glory, teaching us that God is in His heavens and all is right with the world.

As club women, I know you have been and still are busy doing the things for which our organization stands.

It is hoped by now that you have completed the UNESCO Gift Coupon

al etching, to ceramics, to picture-painting with seeds and leaves.

The exhibit was open from 2:00 to 5:00 p.m. and from 7:00 to 9:00 p.m.

Mrs. Carl Stanfield  
Chairman, District No. 12

Project for a Training Center in Ceylon. If not, won't you please do this at once. It is such a worthwhile project.

Has your county cooperated in clean-up and beautification of highways and the preservation of our shrubs?

If you have not completed your Pictorial Aids Project, please do so at once. This is important and should have your careful attention.

As we grow older in the work of our organization, we realize what an outstanding part it plays, not only in the lives of our members, but in our communities and in the world at large. Therefore, we should be proud of our achievements in the past and strive for even greater ones in the future.

It is with deep regret that I must say a word about the passing of "Our Friend"—Dr. Frank H. Jeter, for truly he was a friend to our organization.

"Here was a friend whose heart was good;

Who walked with men and understood;

His was a voice who spoke to cheer;  
And fell like music on the ear;

His was a smile men loved to see;

His was a hand that asked no fee

For friendliness or kindness done.

And now that he has journeyed on,

His is a fame that never ends,

He leaves behind uncounted friends."

Sincerely,

Lee Berryhill

Merry Christmas And A  
Happy New Year To Everyone

## Ideas For Christmas

Here's a quick dessert: Fold 2 cups whipped milk or cream into 2 cups applesauce, season with cinnamon and top with grated chocolate.

Chill before serving.

**Snow Balls:** Cut angel food cake into inch squares. Dip in white frosting and roll in shredded cocoanut. Stick a small red candle in top of each. Light candle before serving.

**Christmas Tree Salad:** Add canned chopped fruits including diced red cherries to lime gelatin. Pour into cone-shaped paper cups. Place in glasses and chill. Unmold on salad greens.

### Orange Souffle

Juice of 2 large oranges

Juice of one lemon

1 envelope of gelatin

$\frac{2}{3}$  cup of sugar

4 eggs

Dissolve gelatin in  $\frac{1}{4}$  cup of cold water, add enough boiling water to make  $\frac{1}{2}$  cup. Beat egg yolks and sugar until light lemon color. Add juice alternately with  $\frac{1}{2}$  of gelatin. Add remaining half of gelatin to stiffly beaten egg whites and fold in yolk mixture. Pour into mold rinsed with cold water. Put in refrigerator to cool.

Serve with custard sauce and whipped cream.

### CONCEALED CRANBERRY SALAD

1 package cherry jello

1 can jellied cranberry sauce

1 small can crushed pineapple

$\frac{1}{3}$  cup thin sliced celery

$\frac{1}{3}$  cup finely chopped pecans

Dissolve jello in one cup of hot water, add one cup of cold water. Chill till mixture begins to thicken. To the jello base, add cranberry sauce finely mashed; drained crushed pineapple, celery, and pecan meats. Mix well, pour into an oblong dish or tray. Return to refrigerator to congeal.

For a very festive garnish on your turkey or other meat platters, turkey, Christmas tree, bells, or any symbol of Christmas you can find in a cookie cutter, cut these objects from the salad above, arrange on lettuce leaves around your platter. These cut-out salads add so much color, and the flavor is unexcelled for meat dishes.

Mrs. J. H. Johnson

District 18

### MINT FRUIT PUNCH

20 sprigs of mint

6 cups sugar

6 quarts water

2 cups strong tea

2 dozen oranges

2 dozen lemons

2 quarts lime juice

2 small cans crushed pineapple

4 quarts ginger ale

Crush mint, then add to sugar and water. Boil together about five minutes to make a syrup. Strain mint leaves from syrup, add the tea and chill. Squeeze oranges and lemons, add the juice to the syrup. Add lime juice and pineapple. Just before serving add ginger ale and pour a large piece of ice in a punch bowl. Float slices of orange and lemon and sprigs of mint on top. Yield about one hundred punch-cup servings.

### PAYNIE'S APPLES

Grated rind and juice of two oranges and two lemons. Add 3 cups sugar (dash of orange coloring if desired), 2 cups frozen or canned orange juice. Mix well. Put in shallow sauce pan and simmer from 30 to 40 minutes. Core 20-22 small winesap (or other tart, firm) apples. Place in pan and cook slowly until apples are tender. Turn apples several times while cooking. Syrup will be like jelly when cold. Use as a dessert with cream or use as salad. Delicious with meat.

Mrs. Roy Lohr

District No. 26

## Share Your Gifts

For years the Faithful Homemakers Home Demonstration Club in Wilson County had their Christmas party in an effort to have fun for themselves. Year after year under the Christmas tree were gifts for each other. Then last year they decided to share their Christmas fun with an unfortunate person. In the community was a girl of fifteen years who was crippled by muscular dystrophy. The club members decided to honor her at their Christmas party. When the night of the party was over, they were thoroughly convinced "it is more blessed to give than to receive."

Early in December an invitation went to the young invalid asking her to come to the party. To make her

feel more at ease, her mother and two dearest girl friends were also invited.

After talking it over with her mother, it was decided to draw on the club treasury to buy an invalid's complete commode chair for the girl. Then each club member bought a gift for her. After games, carol singing and refreshments, the invalid was wheeled to the Christmas tree and the gifts were presented.

Twenty-two club women went home with hearts filled with the true Christmas spirit as they remembered the happy smile of an unfortunate invalid under a Christmas tree. Then they recalled the words of Him whose birthday they celebrated as He said, "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me."

Mrs. Albert Proctor

Chairman, District No. 22

## Plans For Hoke

The Ashemont Home Demonstration Club members in Hoke County join the McCain, Garden and Sunshine club members to decorate Christmas trees in wards and all buildings at the hospital. They also help wrap gifts for each patient and assist with Christmas tree and party for all (up patients) and employees.

The club sponsors a Christmas tree at the Ashemont Club House for everyone in the community, each person present receiving a gift from Santa.

Games are played followed by refreshments in the Christmas motif.

Mrs. Tom Sinclair

Chairman, District No. 16

## The ACWW Essay Contest

Eight counties entered the ACWW contest on "How the Organization To Which I Belong Is Contributing To World Peace." These essays came in from the districts and were judged by a state committee. First place was won by Mrs. Floyd Cox, Route 1, Asheboro, Randolph County; second place Mrs. C. L. Wilson, Robersonville, Martin County; and third place Mrs. H. M. Guyot, Route 1, Roanoke Rapids, Halifax County.

Mrs. Cox's essay has been sent to the ACWW office in London to enter the competition with other societies.



### VINARTERTA, ICELAND'S CHRISTMAS CAKE

2 lbs. dried prunes, cooked  
 ½ cup prune liquid  
 1 cup sugar  
 1 teaspoon vanilla  
 ¼ teaspoon salt  
 1 cup sugar  
 2 eggs  
 1 teaspoon vanilla  
 4 cups sifted all purpose flour  
 2 teaspoons baking powder  
 ¼ teaspoon salt  
 1 cup butter or shortening  
 ¼ cup milk

Make prune filling first. Put prunes through food chopper, add liquid and sugar. Cook until thick as jam. Cool, add vanilla and salt. Set aside until all layers are baked.

Cream shortening until soft. Add gradually sugar, creaming thoroughly. Stir slightly beaten eggs into the creamed mixture. Sift flour, salt and baking powder together and add alternately with milk to the creamed mixture. The dough should be firm but not stiff. Chilling in the refrigerator will make handling easier.

Start oven at 350°.

When dough has chilled enough to manage, divide into 7 equal parts. Roll each portion very thin to fit an 8" cake pan. Turn pan upside down, place dough on ungreased top of pan and trim edges tidely. Bake 20 minutes or until edges turn a delicate brown. Remove from oven and slide off pan onto a wire rack to cool. Bake as many layers at a time as you have pans and oven space. When all dough has been baked and cooled, spread a generous amount of filling between layers and pat the Vinarterta with hand to make the layers blend with the filling. Wrap tightly in foil and let stand at least overnight. In this day of freezers, this cake can be made a long time ahead and frozen.

### ROSEMARY'S CANDY

6 cups sugar  
 ½ lb. butter or margarine  
 2 cups dark corn syrup  
 1 large can evaporated milk  
 3 cups chopped nuts or grated coconut (or mixture of both)

Cook sugar, butter or margarine, corn syrup and milk together over low heat for about 30 minutes. Stir frequently. Then add the nuts or coconut and cook over high heat until a few drops of candy will form

a soft ball when dropped in cold water. (230-240 on a candy thermometer). Stir constantly. Add vanilla and cool to lukewarm. Beat hard until mixture loses its gloss and starts to hold shape. Pour into a large buttered pan or spoon into little mounds on waxed paper. This makes a large amount of candy and can be stored in airtight containers for a long time, making it especially good for ahead of the season preparation for Christmas. Mrs. E. L. Murph

Chairman, District No. 8

## Achievement Day in Duplin

In observance of the 10th Anniversary of United Nations, Duplin County Federation of Home Demonstration Clubs held their Annual Achievement Day exercises on October 24, at 2:30 P.M. in the Agricultural Building at Kenansville, N. C.

The program opened with the "United Nations Hymn." Mrs. C. L. Sloan, County Citizenship Chairman gave the devotions. President Eisenhower's Proclamation was given by Mrs. Ralph Bishop and Secretary Dulles' Tribute to the United Nations was presented by Mrs. James Ward.

Mrs. A. B. Lanier, Duplin County delegate to the United Nations was the main speaker. What individuals could do to make the United Nations a stronger organization was the theme Mrs. Lanier used to tell of her interesting experiences.

A report of the National Home Demonstration meeting in Chicago, was given by the District Chairman, Mrs. M. M. Troublefield, District Chairman.

After the installing of new County Officers the group of 110 club women adjourned to the new Hospital grounds to dedicate two Magnolia Trees, as an act of faith to the United Nations. Plaques were placed near the trees stating that these trees were dedicated on the 10th Anniversary of the United Nations. Mrs. C. C. Ivey, International Relations Chairman, gave the tree planting ceremony. 10 year old boys helped plant the trees.

The meeting was adjourned with the Collect of Club Women.

Mrs. David Williams  
 Publicity chairman,  
 S. E. District

## Music Program in District Number 7

Since the inauguration of Catawba Music Work-shop in the summer of 1954, the follow-up Training Schools have been looked forward to by Home Demonstration women throughout our District. Some fifty counties of the Southwestern District met at Trinity Reformed Church, Conover, Catawba County (August 6th) to hear about this year's camp.

Mrs. Holly Lentz, Cabarrus County, District Music Chairman, presided and presented the day's program in her usual enthusiastic manner.

We are especially proud of Miss Adele Justice, Cleveland County, our District, for both this year and last, she ably accompanied the Home Demonstration Chorus at Catawba under Dr. Arnold Huffman. At this Training School she led the group singing, presented piano selections, and at the business session was unanimously elected Southwestern District Music Chairman. We like Miss Justice!

Others appearing on the program were Messrs. Cleo Finger, Lincoln County; Claude Stamey, Cleveland County; and Frank Henley, Burke County; each presenting in a pleasing and enthusiastic manner some phase of the work done at Catawba.

Now, were the ladies tired? Oh no! Mrs. R. L. Timmons, Rutherford County, took the group to the recreation hall and these women sat on the floor, one shoe on and one shoe off, to play "You must pass this shoe" and other rhythm games, bringing to a close a happy School day around Music.

Mrs. George P. Smith  
 Music Leader Catawba County

## A Recipe For Peace

Take the *fruit* of international friendship, sweeten it with *unselfish love*.

Add *seeds* of sharing that have been *battered* with tact.

Mix these thoroughly with *knowledge*, and *understanding*.

Then *cover* all with the pure white icing of *God's love* and *protection*.

Serve generous helpings to everyone, because it can be beautiful to look at and delightfully delicious.

This will stop hunger and give eternal peace.

Mrs. Robert B. Starling

## A Gift To Ceylon

The Indian poet Tagore said, "Villages are like women—in their keeping is the cradle of the race." Ceylon is a country of village dwellers. 85% of its population of 7 million live in rural areas, where the average head of the family earns as little as \$5.50 per month. The Lanka Mahila Samiti (Ceylon Women's Institutes), a voluntary organization, was founded 25 years ago to assist rural women in working for their own educational, economic and cultural progress. One of these aims is to prevent the migration of villagers to towns, where they are lured by the illusion of finding better and more glamorous lives.

Home Demonstration club women in many states are working on a UNESCO stamp project which will be a great assistance in the number one problem in Ceylon, which is health. If each of the 1840 clubs in the state will buy or sell just three UNESCO stamps at 25c each, there will be enough funds to establish a Village Training Center. To this center would come the leaders to be trained in the fundamental laws of health and hygiene, food production, preparation and conservation, serving, handicraft, and nursery school education. These leaders will return home and train others to understand and meet the problems of their immediate environment.

Results of this training is shown in the village of Morakelle, in the northwestern province of Ceylon. It was an unclean, backward community, but today, the visitor is welcomed into model homes by happy and energetic villagers. Flowers and vegetables grow in profusion. The jungle that once overran the homes and Morakelle has been swept away and in its stead have been sprung up neat little paths that lead to 170 homesteads, each with its home garden.

Morakelle began coming to life in 1946, when an anti-crime society was formed in the village, and a branch of the Lanka Mahila Samiti established. The villagers drew up a plan of action. The 170 homes were divided into 17 groups of 10 each, and a leader appointed for each group. Each group designed its own flag, and the group which, each week, improved its living conditions the most, flew its flag from a pole in the center of the village.

Morakelle is only one of some 700 Ceylon villages in which the Associated Women's Institutes is working today. Nursery schools have been established in 25 selected villages, each of which, it is hoped, will develop into a demonstration community.

These 25 model villages would then serve as incentives to surrounding communities, and give valuable experience to village workers.

In each model village, the nursery school must be equipped to a minimum standard and the other basic home economics activities provided with implements and materials.

The cost of establishing a Village Training Center is \$1,300.00 and this provides:

### Model Nursery School

Basic nursery school furniture  
Minimum outdoor play equipment  
Minimum indoor play equipment  
Basic supply of handicraft materials

### Demonstration Home Garden

Set of hand tools  
**Food Preparation and Preservation**  
Electric range      Cooking utensils  
Pressure cooker for home canning demonstration, community size  
Community canning equipment

### Sewing and Handicraft

Treadle-operated sewing machine  
Kit of simple sewing necessities

### Rural Library

Essential text and reference books  
Fifty-five counties in the state have sent contributions to the treasurer of the project, Mrs. R. L. Yancey, Norlina, N. C. It is hoped that every club will send in their contributions and share in this valuable investment in the development of rural Ceylon. Delegates to the ACWW meeting at Peradeniya University, near Kandy, Ceylon, in December, 1956, will have an opportunity to see results of their efforts.

## Do You Want?

*Letter Friends*—Write Mrs. Jack Speight, Co-Chairman International Relations, Statesburg, North Carolina, for blanks.

*National Notes* — Send subscriptions to Mrs. Marguerite Lindsey, 925 Luna Circle N. W., Albuquerque, New Mexico. Price \$.50 per year—published quarterly.

*The Countrywoman* — Send subscriptions to Mrs. Ethel Lathrop, Route 1, Box 595, Central Point, Oregon. Price \$1.00—published monthly.

## What Do You Do With Your Gifts?

Home Demonstration Clubs are like Christmas gifts. They are being offered to people all over the United States. Some ignore these club presents completely. Many enjoy looking at the different ways Home Demonstration Clubs are wrapped, then go away with out knowing what is on the inside. Active club members enjoy opening their presents and putting them into use. Home Demonstration gifts help make cooking, sewing, gardening and other work of the home easier. Delightful books are also received and enjoyed. Recreation and friendship bring a lot of happiness. May more people open their Home Demonstration gifts, and use them in a way that will give them a happier New Year!

Mrs. Robert B. Starling  
Chairman Publicity,  
Northeastern District

## There'll Always Be A Christmas

There'll always be a Christmas  
To bring us hope and peace,  
And nothing can destroy it . . .  
The joy will never cease.  
Whatever are our problems,  
Whatever we must face,  
We gain a new perspective  
Within this time of grace.  
There'll always be a Christmas  
Though every dream may fail;  
It's something we can count on  
Through each December trail.  
The twinkling trees, and Santa;  
As carols flood the air,  
The church bells ringing gaily—  
While people kneel in prayer.  
There'll always be a Christmas  
Because upon this day  
Was born the blessed Jesus  
Who came to light our way.

Hilda Butler Farr

The Swiss Countrywomen's Magazine carried an advertisement — "What a Young Girl Should Know Before Marriage." A group of "flappers" applied for copies and were sent—100 cookery recipes—quite a good suggestion for advertising the ACWW Cookery Book.

## Christmas At Our House

As the first brisk mornings of fall arrive, we are reminded that the Christmas season is not far away. We begin to get ready for that great Holiday Season early.

The cards are bought and the list made ready for mailing. We then buy our ribbon, wrapping paper, seals and other things necessary for packaging gifts. Buying in quantity before the rush assures you a better selection and at the same time you feel you aren't actually spending your Christmas money.

Through the year we make and purchase things we know will make suitable gifts. These are put away and the names checked from our list.

About the first of November we begin to do some of our kitchen preparation. Now, with home freezers, it is possible to do a big portion of our baking ahead. Cakes and pies can be baked and stored, along with cookies both baked and unbaked. This early preparation saves a lot of time as well as temper as the rush gets on. Baked foods, cakes, cookies, candy, etc., make very welcome gifts. They can be put in any kind of container from a pie tin to a silver bowl. I use pieces of glassware, china, bakeware, baskets, anything that might be useful in itself. This year with the popularity of copper, why not a copper mold filled with your favorite candy?

We get our leftover decoration, (which we store carefully each year), about the first of December. After checking the things we have on hand we decide on one new addition to be made to our permanent supply. We try to add one nice item each year.

We favor the traditional rather than the modern in our decoration. We like the smell of pine and cedar, we like the holly and mistletoe, the green tree with its multi-colored lights, and the angelic choir descending our stairway.

In order that Christmas belong to every member of the family each has a part in the preparation. We all cook, pull candy, address cards, wrap packages, choose the tree and decorate. These things draw us very close as a family.

We like to have our friends visit with us.

We like all the eagerness on the

faces of those we meet on the street. We like the way our small daughter works secretly behind closed doors, knowing that great things are being wrought in a small one's mind.

We like to worship God who gave to us the Spirit of Christmas therefore we attend the Christmas services in His House.

We like going to bed on Christmas Eve with the satisfaction of knowing that all is in readiness for the morning. We like getting up early on Christmas Morning to find the small one already awake with stars in her eyes. We like the love and kisses that go with each gift as the small family celebrates Christmas.

We like to sit down at the table to breakfast with our own, and as we bow in humble gratitude for His goodness in granting to us Joy, and Peace, and Love, we pray "Please God, let Thy Peace dwell in the hearts of all men everywhere."

Mrs. E. L. Murph  
Chairman, District No. 8

## For The Holidays

Try these recipes during the Christmas holidays.

### MACARONI CASSEROLE

1 cup uncooked macaroni  
4 cups boiling water (salted to taste)  
1 cup chopped onions (not too fine)  
2 tablespoons butter or fat  
1 cup hamburger (½ lb.)  
2 cups canned tomatoes  
1 cup diced *strong* American cheese  
salt and pepper to taste

Cook macaroni in boiling water, salted to taste, until tender (12 minutes). Pour in a colander to drain.

Cook the chopped onions in the fat until yellow and tender. Add hamburger and stir until it loses its red color. To this mixture add the canned tomatoes, salt and pepper to taste and simmer until tomatoes go to pieces.

Put macaroni in casserole dish, stir in the diced cheese and tomato mixture until well mixed. Bake in a moderate oven (400°) thirty minutes to melt the cheese and to brown the top. (6-8 servings).

Try this casserole dish to give a change from the usual turkey menu during the Christmas holidays. This recipe has been "developed" through years of cookery in our family, and has provided that "something different" asked for more than any other

one dish. It has no seasoning and is requested at least once every two weeks in our family. With a raw vegetable salad, egg bread, and a fruit dessert, this casserole provides an enjoyable meal.

Mrs. W. W. Watson  
Chairman, District No. 24

## Club Visits Bring Results

In Wayne County this year, our county council president, Mrs. R. H. Cox, suggested that the clubs have visitors day. February was set aside as the month to do this. Over 75% of the clubs in the county carried this out in February. The others participated in other months. As a result of the visitors day, 12 people joined the clubs during the month. There were 49 visitors in February. In addition to this, a good many club members came back to the club that had not been attending regularly.

The Grantham Club with Mrs. Carl Settlemyer as president had the largest number of visitors. Mrs. Harold Grantham, club vice-president, was chairman of visitors day. She had on exhibit some of the different things the members had learned to do as a result of being a club member last year. Visitors were made to feel free to join the club, but were not made to feel they were not welcomed again if they did not join.

As a result of visitors days in the clubs this year, Wayne County has felt a definite increase in new members, and a renewed interest on the part of the older club members.

### UNESCO

Two years ago, club women bought and sold UNESCO stamps to provide some needed equipment for home demonstration club members in the Philippine Islands. After much planning and correspondence back and forth, Miss Aida Fabiero, Specialist, Bureau of Agriculture Extension, reports that a Bendix washing machine, a General Electric refrigerator and a stepdown transformer have been shipped to the Rural Improvement Club at Pagsanjan, Laguan, Philippine Islands. After transportation charges were paid, there was a small amount of money left. Miss Fabiero says the women are in need of canning equipment.