

# HOME DEMONSTRATION *News*

NORTH CAROLINA FEDERATION OF HOME DEMONSTRATION CLUBS

Volume 2

N. C. State College, Raleigh, N. C. September, 1955

Number 2

## *Reports From The National Meetings*

### Opening Session of Council

The convention was formally opened Monday morning with the processional of the national officers and all state presidents, led by two 4-H club girls bearing the flags. The flags were placed in their Standards and the Pledge of Allegiance was led by Mrs. Ben Chenoweth of Illinois.

As Mrs. Remsberg, the National President, took her place at the speakers stand, the pianist began to play, "Maryland, My Maryland."

The convention members sang, "Take Time to be Holy."

The devotion was led by Mrs. Leonard Killey of Illinois. The theme was, "So long as we love, we serve."

Mrs. Don Auble rendered a beautiful solo which she dedicated to "All homes and homemakers around the world."—"Bless This House."

There were greetings from Mrs. Kathryn Van Aken and a welcome from Mrs. Milton Vaupel.

The response was from Mrs. Verne Alden, vice-president.

Mrs. Remsberg introduced the National Board Members and Mrs. Alice Berry of Australia, President of ACWW.

Mrs. M. M. Troublefield  
Chairman, District No. 27

### Message, Miss Frances Scudder

Leadership through progress and service was the keynote of Miss Frances Scudder's message as she brought greetings from the Federal Division of Extension Service. She congratulated us for the tremendous achievements the National Organization represents. Faith and leadership are sensed through the effort and

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### The President's Message

In presenting her message, Mrs. J. Homer Remsberg, president of the NHDC, said, "Being the official head of the National Home Demonstration Council has been a challenging experience." She told of the various meetings, letter writing, national conference planning, and other activities she had taken part in during this past year. She reviewed with us our NHDC objectives and suggested that from time to time we refresh our mind as to what these are:

1. To further strengthen, develop, coordinate and extend adult education in home economics through the Cooperative Extension Service of the U. S. Department of Agriculture and the State Land-Grant Colleges.

2. To provide opportunity for homemakers in home demonstration groups to pool their judgment and experience for the progressive improvement of the home and community life.

3. To offer a means by which homemakers may initiate, interpret, and promote extension projects of national and international importance in the protection and development of the American home.

Mrs. Remsberg told us that sometimes these objects seem to limit us, but actually they are limitless for us as individuals as set forth clearly and concisely in our theme, "As Leader—One Serves."

In closing, she said, "When you go home from this meeting, I trust you will have found help and inspiration so that every day, as you go about your task at home or in the community, you will remember the theme.

Mrs. Hugh Pake  
Chairman, District No. 20

### The World in My Home

Loa Davis Whitfield, Extension Specialist at Ohio State University, in speaking at the NHDC meeting said, "The world is in my home. Your sons and daughters have married people of other nationalities. Through National Home Demonstration Council's international program, your thinking, knowledge, and understanding have been broadened. Your Pakistan College of Home Economics library has been a part of the evidence of your breadth of understanding."

In the 19th century, there were a few industrialized nations with steadily rising standards of living, and many nations of hundreds of millions of poverty stricken people condemned to a premature death. Thus, a great gap between the "have" and the "have not" nations arose. But as knowledge of industry, agriculture, manufacturing, and transportation spread—as the "know how" was shared, this gap was lessened.

By becoming acquainted with women of other nations, I have learned that women all over the world have everything in common. They are good wives and mothers, wanting to make a better life for their children.

Burt Stiles in "Serenade to the Big Bird" concluded his book by saying, "I am an American. I was lucky enough to be born below the mountains in Colorado. But some day I would like to be able to say I live in the world and let it go at that. In the end, it is only people that count, all the people in the whole world. Any land is beautiful to someone. Any land is worth fighting for to someone. So it isn't the land. It is the people."

Mrs. Locke Tate  
Chairman, District No. 6

## HOME DEMONSTRATION NEWS

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## Highway Safety Begins at Home

That charity begins at home is no news to us, but that highway safety begins there also may be news to some of us. This was the theme of an address by Donald S. Buck, Safety Engineer, U. S. Army, delivered during the National Meeting in Chicago. He emphasized that the family car of today is the classroom for tomorrow's drivers, and that the young people of today are learning good and bad driving practices by watching their elders.

Therefore it follows that we, as mature drivers, should set good examples, both as to our actual driving practices and our mental attitudes. The question is not how well can we drive, but how well do we drive.

It is also a home responsibility to see that all safety devices are in working order, to insure a safer car. The safety belt in increasingly considered a practical device, since it increases the safety of any persons involved in accidents.

The situation is not hopeless, as there are many things we can do. Let's have action!

Mrs. Clyde Roberts  
 Chairman, District No. 14

## Illinois Night

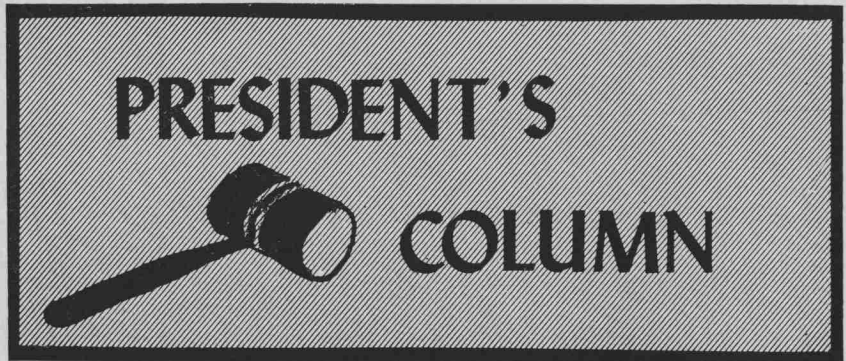
Hi! Ho! Come to the fair!

To observe "Illinois Night" the delegates were invited to come to the ballroom on Monday night for a "surprise."

Upon entering the ballroom which had been transformed into a giant carnival setting, complete with animals, we forgot our age and dignity and became "kids" at the carnival.

Under the direction of the ring-

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Dear Friends,

This letter, my last chat with you through this column, is two-fold. First, may I tell you something about the Country Women's Council at which it was again my privilege to represent you.

On August 18, Miss Verna Stanton and I took to the air and landed safely in Chicago for the CWC meeting which preceded the National Home Demonstration Council. This clearing-house is made up of 62 societies, like Home Demonstration Federations, Farm Bureaus, and Farm and Garden Clubs. Mrs. George Apperson of Mocksville, in her gracious and efficient manner, presided over this interesting two day meeting. The following items are facts I want to pass on to you from CWC:

1. National Letter Friends Chairman is Mrs. Ernest Tyler, 1919 South Hawthorne, Sioux Falls, South Dakota. CWC has 27,000 Letter Friends. North Carolina reported 1,076. Write to the North Carolina Chairman Mrs. Jack Speight, Stantonsburg, if you wish a Letter Friend blank.

2. Miss Laura Lane, Farm Journal, Washington Square, Philadelphia 5, Pennsylvania, says the "U. S. Study Folder" is revised and reduced to one dollar. Promote the use of this book.

3. Mrs. R. E. Mehl, 1080 Evergreen Avenue, Boulder, Colorado, urges greater observations of U. N. Day. Write her about a tree-planting plaque (\$5.00) to use on U. N. Day. The August 8 issue of "Look" had a good *Photo Quiz* on U. N.

4. North Carolina had 32 Exchange Programs this year. Write Mrs. C. C. Inman, Bancroft, Iowa, if you want an Exchange Program with another country (English speaking).

5. South Carolina was recognized for having sent \$1,400 to the UNESCO Gift Coupon Project. Let's finish ours in October!

6. Ceylon is calling! The more we hear about ACWW, December 5-15, 1956, the more thrilling and exciting it sounds. North Carolina hopes to have five delegates. Mrs. Sayre's Survey Committee is studying three years and will have important business to bring up in Ceylon.

7. Subscribe to "Countrywoman" and keep up with ACWW and CWC.

And now, may I thank you again for your kindness, cooperation, good work, and high ideals of this past year. It has been a rich experience working with you and our wonderful state leaders who serve our state so unselfishly. Let's all join hands with Mrs. Berryhill, our efficient new State President, and work together for greater success.

I shall ever be mindful of how much Home Demonstration work has meant to me, and if I can be of service in any little way, please call on me.

With love and appreciation.  
 Fannie Gibson

### DELEGATES TO THE NATIONAL HOME DEMONSTRATION COUNCIL



Names of persons in the picture, reading left to right: Top Row: Mrs. Worth Knox, Mrs. Locke Tate, Mrs. D. T. Harman, Mrs. Roy Davis, Mrs. Carl Stanfield, Mrs. A. M. Proctor, Mrs. J. C. Williams, Mrs. Clyde Roberts, Mrs. M. M. Troublefield, Mrs. Roy Lohr; Middle Row: Mrs. Charles Graham, Mrs. W. A. Gains, Mrs. Paul Robinson, Mrs. Cecil Eakins, Mrs. Joe Chaney, Mrs. C. T. Critcher, Mrs. Hugh Pake; Bottom Row: Mrs. C. F. McIntyre, Miss Verna Stanton, Mrs. E. P. Gibson, Mrs. J. C. Berryhill, Mrs. E. L. Murph, Mrs. C. N. Barker, and Mrs. J. H. Johnson.

## It's The Little Things That Count

When Mrs. Alice Berry, President of the Associated County Women of the World, spoke at the National Home Demonstration Council Banquet, she said, "Life is not made up of big projects but little things—like love and home and family, community life, citizenship responsibility, and justice."

Mrs. Berry has spent the last fifteen months visiting in various countries whose "societies" make up the Associated Country Women of the World. She says she found homemakers everywhere she went interested in improving the lot of their families. Throughout the world with its diversity of languages and widely differing problems, she found the life of the community revolving around the homemaker and the home.

The Associated County Women of the World is made up of 134 societies in 29 countries of the world, and Mrs. Berry gave a verbal "birds eye

view" of the homes of some of its members. There is Germany noted for the cleanliness of its homes and its bride's chests of linens. In Switzerland the busy women walk long distances in the snow to meetings to learn how to improve their kitchens. The Village Welfare Society of Lebanon is doing much to teach Lebanese women to sew and can. South African women assist with harvesting crops and still find time to be splendid housekeepers. In Uganda, a multi-racial country, European, Asian and African women have learned to work at improving their way of life in perfect harmony. Australian women in isolated regions have their club meetings by radio with each one operating her own sending and receiving set.

Getting to know each other through the Associated Country Women of the World and getting to feel responsibility for our less fortunate sisters, helps to build bridges of understanding between our different nations. Mrs. Berry closed by saying, "Coun-

try women here and everywhere are working in the hope that some day, through this better understanding, we may have a more peaceful world."

Mrs. A. M. Proctor

Chairman, District No. 22

## Vesper Services

The Sunday evening vesper service was the perfect introduction to the gentle and beautiful hearts of our Illinois sisters. Their sincerity and true regard for us were felt in the lovely music of an Illinois choir. The magnificent rendition of the "Battle Hymn of the Republic," with lighting effects on our country's flag, made us all tearful with happy and proud emotions.

The message, "To lead, one must serve," was so skillfully spoken by the minister that all were touched by its beauty. Then the lovely ending came with the candlelight service. The tiny candles of the thousand or more present gave forth a soft glow.

Mrs. Worth Knox

Chairman, District No. 11

## Proposed Program of Work For 1956

### Citizenship and Civil Defense

#### Citizenship

1. Continue to stress the importance of training leaders in citizenship through conferences and workshops.

2. Urge the study of the needs and problems of public schools—"Attack the problems, not the schools."

4. Extend and Expand library services in rural areas.

5. Promote all phases of conservation—water, soil, forest, wild life, and national parks.

#### Civil Defense

Urge states to cooperate with established organizations for Civil Defense.

#### Family Life

1. Continue to promote a strong Family Life Program through worship, work and recreation.

2. Stress family responsibility for building character and attitudes by parental example.

3. Familiarize yourselves with state and local agencies that assist families and use them when needed for counseling and guidance.

#### Health and Safety

##### Health

1. Recognize the necessity of a family doctor for every family.

2. Study and understand modern programs for mental health.

3. Continue emphasis on the importance of a thorough periodic physical examination.

4. Cooperate with existing health agencies such as—Heart, Cancer, Polio, Tuberculosis and others.

##### Safety

1. Promote and encourage—

a. Adult driver education clinics.

b. Driver education in the public schools.

c. Teen-age safety conferences.

d. Uniform traffic ordinances throughout the United States.

2. Continue to promote Farm and Home Safety practices.

#### International

Recommended by Resolutions Committee:

1. Study ACWW Survey Committee report in each state and send informed delegates to Ceylon for the ACWW Triennial in December, 1956.

2. Secure a record of all resolutions on policy and program passed at previous conferences of ACWW and study them.

#### Projects

1. Urge participation in the projects of ACWW.

2. Cooperate with other agencies in communities to carry out special programs and activities of the United Nations.

3. Encourage friendship and understanding among women of all countries.

NOTE: It is hoped that each County Council will study the program of the National Home Demonstration Council and incorporate into its program such segments that will help meet the needs of the people.

## Eastern Region

*Delaware:* Provided information for Family Life. Each month material is sent out by District Chairman to local chairman.

*Maine:* "Know your neighbor" program keynoted with study of Canada.

*Maryland, Massachusetts:* Stressed citizenship.

*New Hampshire, Rhode Island:* Co-operated in Health program.

*New Jersey:* Informed members about Extension program.

*New York:* Featured leader training and family relations program in progress.

*Vermont:* Urged young people to vote.

*West Virginia:* Established an International Student Scholarship Fund.

Mrs. Cecil Eakins

District No. 19

## Central Region

The Ifye program and 4-H work was outstanding in this report. Aid was given to 4-H boys and girls and their leaders who attended camp. \$2,000.00 had been donated to help Indian 4-H boys and girls complete projects. 1,300 girls had been contacted to interest them in Home Economics and Scholarships were offered to girls meeting requirements who were interested in this work.

The Citizenship and Education program is helping the club women in learning about other countries of the world, especially Ceylon. During National Home Demonstration Week

special study was given to State and County government and Education.

The club women are incorporating family living as a part of Balanced Living, which means they must be doers as well as joiners.

Mrs. Ray Davis

District No. 16

## Southern Region

Mrs. O. G. Rushing, Southern Regional Director of Shawnee, Oklahoma, was in charge as twelve states gave reports of their work.

*Alabama* gave a report on civil defense with 6067 clubs participating. This work is done by means of film, radio and newspaper. Some counties sent Home Demonstration women to training schools. These women in turn helped with first aid classes, Red Cross work, preparing first aid kits, and getting donors for blood banks.

*Arkansas,* the first Southern state to furnish tractor demonstration, gave material to each community. 4-H club work is being stressed. Money is raised to furnish transportation for 4-H members to attend meeting. \$25 is given to a leader to attend 4-H camp in the summer.

*Florida* stressed safety in her state. All counties and councils have Safety Chairmen who attend meetings to study driver's manual with the help of experienced officers. Home Demonstration delegations are approaching local school boards petitioning them to require all high schools to provide safe driving training in schools.

*Georgia* reported on Family Relations. With the help of Extension Service personnel, problems are selected. 31 county-wide institutes with 11,413 persons attending, shared their part. 23,224 in 104 homes in Georgia shared in this program.

*Kentucky,* because of her low national rating in education, is sponsoring a reading program. Improved education will help them to know better the business of living. The slogan: "The family reads" asks each member of a family to read at least one book a year. Books are furnished by library clubs and bookmobiles.

*Louisiana* club members contribute five cents per month for International Relations program. Exchange students from other countries are brought to their homes. Further study is promoted through use of films, books, and pictorial aids.

*Mississippi* assisted in making a farm and home survey. The homemakers exchange ideas to create more interest in Home Demonstration work. Publicity through the paper, "The Homemaker," reached 2400 Home Demonstration members.

*North Carolina* on Community Activities has 46,000 club members working so well that the community has become the focal point for the privileged and underprivileged alike. 52 new club houses with 94 remodeled is a fine record. Citizens and youth are being brought closer together.

*Oklahoma* Homemaker's Chorus appeared on Don McNeill's Breakfast Club TV program as guest singers. This state gives scholarship awards to 4-H club homemaking students.

*Puerto Rico* on home safety has shown films on safety to 72,965 people. There are 5,000 club members to 300 clubs.

*South Carolina* in her International Relations program supports five Korean orphans. They support "pennies for friendship" programs, pen friends, and the selling of UNESCO stamps.

*Texas* cooperates with established civil defense organizations placing emphasis on preparation in the home on three day food supplies, tornadoes and disasters.

*Virginia* reported that 350 members toured the U. N. and embassies in Washington. 12 Virginia boys and girls went to ten different countries, and twelve from other countries came to Virginia. An international craft shop exhibiting best crafts from the countries represented found a market for and sold \$300 worth of craft products.

Mrs. J. H. Johnson  
Chairman, District No. 18

## Message From The Dean of Agriculture

Mr. Louis B. Howard, Dean of Agriculture, University of Illinois, reported that the rural families are to be complimented for their contribution to the progress in research and education, and teaching ideals of Americanism in homemaking. We are the envy of other farmers and homemakers the world over, he said.

To show progress, there is much evidence, for we have our products

of equipment, electrical appliances, ranges, freezers and radio and television, methods of heating and cooling the home, along with other devices for our welfare.

Science gave us these things, but the homemaker helped to educate someone to the need for it.

We must show other people around us, our health standards, and lead them to adjust their ways of living to improve family health.

There is a need for more young people to go to college to study Home Economics, as well as other sound fields of education. Young people need to know more about the program of extension service.

In closing, he remarked that his firm convictions are, that real success in 4-H depends on leadership of the homemaker, and "as a leader, serves."

Mrs. Joe G. Chaney  
Chairman, District No. 9

## What Is Ahead For Women

Jennings Randolph, assistant to the president, Capital Airlines, and former member of the United States Congress said: "American women must realize before it is too late that the crusade for citizenship responsibilities rest in real measure with their affirmative action. Their positive power extends beyond the farm into public affairs everywhere."

The voice of the farm women of America is being heard. Individually and collectively they have organized themselves into groups to promote the common good. It is important that they know the economic condition and give responsible thought to the perplexing problems of the present era. They study and exchange views that they may be better informed and capable of being councilor to their family. They realize that the strongest link in our chain of democracy is the family and the home in which the family shares its common disappointments and its common hopes. As long as the family—the home structure of our country is preserved and strengthened our national heritage and our national ideals will be sound and well protected.

What is ahead for women? The finest frontiers are yet to be explored.

Mrs. J. C. Williams  
Chairman, District No. 7

## How Good A Citizen Are You?

On August 8, 1955 as I sat looking and listening to our own Governor of North Carolina, speaking to the people of our State on the top ranking subject which all citizens should be concerned about relative to the future of progressive Education in North Carolina, I had a convinced feeling that he was pouring out his own heart's passion for the highest ideals of Americanism among our people of all races. There are things worse even than war—and one of them is the surrender of our liberty. The citizens of North Carolina need to take stock of their well-being, count their blessings, and let the burden of decision have divine guidance. The individual today is blessed with a heritage of faith strong enough to overcome components which effect the security of our children, and their future.

We must take a count of the liabilities which determine the gain or loss of building good citizens.

In our club work we need to reach out in every community into the homes not touched by our program, and be of service to promote better methods of homemaking, food preservation, living with the family, good sanitation practices, and many other subjects which help to build and maintain higher standards of living.

There is no end to the line of service which we as homemakers may use to benefit all mankind, because we are in the greatest profession known in our world today.

Daniel Webster, in a speech to the Senate, more than one hundred years ago, said:

"I was born an American; I live an American; I shall die an American; and I intend to perform the duties incumbent on me in that character to the end of my career. I mean to do this with absolute disregard of personal consequences. . . . No man can suffer too much, and no man can fall too soon, if he falls, in the defense of the liberties and Constitution of his country."

Can we meet this test?

Mrs. Joe G. Chaney  
Union County

Associated Country Women of the  
World  
Ceylon, December 5-15, 1956

## The Banquet

As we entered the Grand Ballroom of the Conrad Hilton Hotel on Wednesday night, the tables were decorated with gladioli in shades of coral with variegated leaves. The appetizers were fruit cocktail topped with melon balls, which made a very beautiful setting.

Mrs. Jay Lawrence, NHDC Treasurer, very graciously presided.

After Mrs. E. E. Kilpatrick, the Western Director, gave the invocation, the delegate from Hawaii placed leis of orchids on the president, vice-president, secretary, and treasurer. Then the delegates enjoyed the delicious food and got acquainted with their tablemates.

When it was time to serve dessert, the head-waiter came through the Ballroom pushing a lighted serving wagon making music like an organ grinder. Behind him were the other waiters carrying the Swedish ice cream pie on lighted ice.

It was then a privilege for the delegates to hear our International President, Mrs. A. M. Berry of Australia.

Mrs. Carl Stanfield  
Chairman, District No. 12

## Panel on Program of Work

Each committee chairman gave a brief report:

*Resolutions:* The states had sent in resolutions and Mrs. Raymond Sayre helped the committee in selecting them. The Survey Committee gave a report on the policies of the ACWW.

*International Relations:* Report was presented from a map showing how each state had contributed to various organizations.

*Health and Safety:* This group will have a meeting each year for three years to offer practical procedures for these problems. Each County Council Chairman was asked to enter contest on Safety Program.

*Citizenship and Civil Defense:* Individuals should accept their responsibility. There is a job for every homemaker in civil defense.

*Family Relations:* An open forum for families to help them grow together in leisure time was suggested.

*Publicity:* If you have a good project, use the newspapers and the radio.

Mrs. Clyde N. Barker  
District No. 13

## Living With Our Differences in the Family

Dr. Evelyn Duvall said the 20th century presents us as never before with the challenge of living together in peace. Family harmony, prepares us for bringing our differences in the many larger circles of human contact that now indeed is one world.

Both sexes, two or three generations, all with different interests and points of view living together, sharing the same equipment, find conflicts, that only a family council can iron out. Homes where the people dare express their anxieties, fears, hurts and disappointments as well as their joys and successes are good to grow in.

In a democracy we must not only recognize our differences, but learn to channel our corrosive hostile feelings in order to keep well as persons, as a society, as a world.

How to apply the power of love to the good that we would do is yet to be learned. Peace is not the absence of conflict, but a positive, dynamic living with our differences in harmony. There is no better laboratory of this kind of dynamic peace than in our own families.

We may accomplish this only through competent leaders, effective programs, devoted application and a truly committed people.

Mrs. D. T. Harmon, Jr.  
Chairman, District No. 23

(Continued from page 2, Col. 1)  
master, Mrs. Thelma Groves, Illinois Home Bureau Federation Recreation Chairman, and her assistants, we separated into groups for each game. Such a bustle, stir and traffic jam finding our group! Donning gaily colored hats and waving balloons, we really felt the carnival spirit as each group participated in the games. Such fun watching the antics of ladies, wearing shoe boxes, trying to burst balloons. With charades and "old timey" singing even the bystanders were drawn into the fun.

The carnival really closed with a bang as each one popped their balloon before going over to the pink lemonade stand for refreshments.

Mrs. W. A. Gains  
Chairman, District No. 10

## Final Session of The Council

Miss Frances Scudder gave a summary of the meeting. She added that responsibility of leadership gives one many opportunities to serve.

Business session: Report of secretary and treasurer was given and the report of resolutions and courtesy.

Invitation to San Antonio, Texas for the 1956 meeting, September 23-27, was accepted.

Election of Western and Southern Directors. Mrs. Lewis Edmundson, Colorado, was elected Western Director and Mrs. Charles Graham, North Carolina was elected Southern Director. The delegates from North Carolina were proud that we had a woman in North Carolina that had such qualifications as Mrs. Graham. Our hearts were filled with joy when she was elected. We all love her and know she will make a wonderful leader.

There were 2,139 registered for the meeting with 44 states represented, one from Turkey and one from Australia. Wisconsin had the largest number present.

Mrs. O. G. Rushing, Southern Director, closed the 19th annual meeting of NHDC with a benediction which made us conscious of our responsibilities of leadership and the opportunity for service.

Mrs. R. T. Critcher  
Chairman, District No. 15

(Continued from page 1, Col. 1)  
generosity of people in our local communities where our constant need is for stronger leadership. Through this, needed changes for better living will be achieved. At the National Meeting as reports are given, we see needs and solutions as they happen piece by piece, place by place. Here it falls together and makes sense and we realize our influence spreads far beyond our own communities. Our standard of living has improved in the past fifteen years. This is largely due to the research program. Our problem is to decide what we want to do, set a common goal, then work together in small groups to reach it.

Mrs. C. F. McIntyre  
First Vice-Chairman  
District No. 21

**National Home Demonstration Council  
San Antonio, Texas, Sept. 23-27, 1956**