

NORTH CAROLINA FEDERATION OF HOME DEMONSTRATION CLUBS

Volume 1

N. C. State College, Raleigh, N. C., December 1954

Number 3

REPORTS FROM NATIONAL HOME DEMONSTRATION COUNCIL "SECURITY-TODAY'S CHALLENGE"

President's Messaae

Miss Jennie Williams, president of the National Home Demonstration Council, presided in a most gracious manner over the Eighteenth Annual meeting of Home Demonstration Clubs which was held in Washington. D. C. at the Statler Hotel during the week of November 1-5.

Miss Jennie, as she is known by millions of club women, received many gifts which showed the love which the women felt for her.

She first welcomed the representatives in such a warm way that all were made to feel at home. She spoke on the importance of home life and the fact that homemakers may truly say that no matter how humble, the best place on earth is still home, sweet home. She urged all present to strive to make their homes places to be proud of and to boast of.

Miss Jennie informed the group that the N. H. D. C. is the largest member group now affiliated with the Associated Country Women of the World.

Her very brief but inspirational message will long be remembered and her charming personality captured the hearts of thousands of Home Demonstration women.

> Mrs. W. C. Curlee, Chairman, District No. 16

Message For 1954

Mr. C. M. Ferguson, Administrator of the Federal Extension Service made it clear, what he thought of Extension work.

He began by saying that Home Demonstration is the most dynamic organization of all. It is a part of

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Recipe For Living

"Feed your family joy and serenity with their breakfasts," said Dr. Norman Vincent Peale at the Banquet of the National Home Demonstration Council, where over two thousand homemakers were assembled. I don't know of any one that our hostess state, Maryland, could have chosen that could have given us a more wonderful philosophy of practical religion than Dr. Peale and how we had the priviledge of making our homes the source of security by filling it with joy and happiness.

Dr. Peale reminds us that the Bible is full of joy and we can be well if we have happy thoughts. He is very convincing in his statements that most of our sicknesses are caused by our mental attitude, and that if we get worry thoughts out of our head and put faith thoughts in we can overcome one of our greatest plagues. He stated that most countries have a patron Saint: St. Patrick, St. Mary, St. Francis, etc., but that America's patron saint is St. Vitis.

"Gloomy thoughts and worry can poison the body as well as the mind." he continued. Pointing out that it now takes 22 million sleeping tablets every night to put Americans to sleep, he gave a recipe for stopping worry.

"Worry is in your head only because you put worry thoughts there. Take out the worry thoughts and put in faith thoughts," he advised. "Wake up gradually in the mornings, not with an alarm clock. Take 15 minutes to empty your mind, then fill it with God so there will be no room for worry. At night refill those thoughts of God that have leaked out during the day.

"If you go home with joy and serenity in your minds, and the worry all gone, your family will say 'What happened to Mama in Washington?""

Mrs. B. E. Warner Chairman District No. 1

Vesper Service

The Reverend L. Ralph Tabor, D. D., Pastor, First English Lutheran Church, Baltimore, Maryland.

The Scripture Lesson-Psalm 121

As we lift up our eyes unto the hills-May we focus our eyes upon the Lord, who is much higher and much stronger than any visible mountain top. Be sure, you mothers and homemakers-that you do not spend all your time and energy pursuing the wrong thing.

Pray for a faith that will not shrink when it is washed in the waters of affiiction. For our help cometh from the Lord, which made heaven and earth.

What have we got to be thankful for? Take a pencil and a sheet of paper and jot down all the things that you have to thank God for at this particular time.

Count your blessings.

I am thankful for the Assurance that we and our loved ones are in His keeping, that God whom we love neither slumbers nor sleeps. With this assurance we can still sing "Peace, perfect peace, with loved ones far away. In Jesus keeping we are safe, and they."

The spirit of gratitude should permeate the life of every Christian.

We are thankful that our country is a land of liberty. Somehow we have always taken our freedom for

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HOME DEMONSTRATION NEWS

Two

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Officers

President....Mrs. Charles Graham First Vice-Pres...Mrs. E. P. Gibson Second Vice-President

Mrs. J. C. Berryhill Recording Secretary

Mrs. Charles Benson Corresponding Secretary

Mrs. L. J. Cannon Treasurer.....Mrs. J. B. Wooten Verna Stanton Editor, State College

(Continued from page 1, Col. 3) granted and have not realized how precious it is or at what price it was purchased.

Let us thank God for all the comforts, privileges and opportunities of life, and at the same time let us pray that He may teach us how to use all those for His glory, for the good of His children, and for the advancement of His Kingdom.

All prayed together this prayer.

O God, who by Thy Providence didst lead our fore-fathers to this land wherein they found refuge from oppression and freedom to worship Thee: graciously regard the President of the United States, our Governors, Judges, Legislators and all those to whom the citizens of our Nation given authority, that they may truly serve Thy Holy Will. We beseech Thee ever to guide our Nation in the way of thy truth, Thy strength, and Thy peace. Have mercy upon us and forgive our sinful pride; let our trust be in Thee, O God of our salvation. Amen.

Music was by University of Maryland Chapel Choir, directed by Fague Springmann and accompanied by Glenn Carow.

> Mrs. W. B. Harris, Jr. Chairman District No. 8

Embassy Teas

Home demonstration club women had an opportunity to visit some of the Embassies in Washington when they had "open house" for the delegates.

PRESIDENT'S

Dear Friends,

How I wish that each of you could have travelled on that special bus from North Carolina with 26 club women and our own Miss Verna Stanton to Washington, D. C. to attend the 18th Annual Meeting of the NA-TIONAL HOME DEMONSTRATION COUNCIL. The Maryland Homemaker's Clubs were gracious hostess from October 31st through November 4th to over 2,100 club women representing 38 states, Hawaii, and Puerto Rica.

The entire meeting was well-planned, with reports from the states interspersed with excellent speeches all concerned with some phase of the theme of the meeting which was, "Security: Today's Challenge."

On the morning of November 2 the reports of the Southern States were heard. When I stood up to tell the story of our accomplishments during the past year, I had more of which to be proud than just the beautiful orchid on my shoulder. (My deep appreciation to the Federation for such a lovely thought) After the North Carolina delegation was recognized, I told the audience they had just seen a sample of our club women and that we had left behind 46,325 just as grand as the ones they had seen. 1 also told them, as you have heard me say so many times in the past year. that it has been a proud honor and a

Egypt

Egyptian Ambassador and wife, en-

tertained about 200 guests, many

from North Carolina from four to

five o'clock Monday. A tour through

the museum to see pottery, vases and

statues that date back to the first

century was an enjoyable feature

Mrs. Dallas Cecil Kirby

Vice-Chm. District No. 26

during the tea and coffee hour.

Dr. and Mrs. Ahmed Hussein,

happy privelege to serve as your president and I am constantly amazed at the unbelievably wonderful accomplishments of our women from the mountains to the sea.

In closing this my last letter to you as your president, I should like to quote the last paragraph of our State Report for 1954.

The list of 1953 achievements is long; it is impressive. It reflects the evolution of club work through the past 40 years, it breathes of organization, of leadership, of interest and cooperation built upon firm foundations. The foundation of home demonstration work, "the country woman's college," has been laid firmly, carefully, and beautifully.

What will the next 40 years bring, and the 40 after that? It will depend upon you—the home demonstration club leaders and members of North Carolina. You are the builders. Will you raise a building to the sky as beautiful and strong as the foundation you have laid during the past 40 years? The challenge is your! "Coming together is the beginning, staying together is progress, but working together is success." Herein lies the blueprint for the future—for the building years. Together, let's build! Yours in Service.

Cornelia Graham

Pakistan

A large group of delegates visited the Pakistan Embassy, where for an hour or more we were transplanted into an atmosphere of beauty. Arriving at the front entrance, we were met at the door by a doorman wearing the native headdress, who invited us into a large hall with cloak rooms at either end.

Leaving these we were ushered up (Continued on page 5, Col. 1)

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(Continued from page 1, Col. 1) the largest adult educational system in the world. It covers so many phases of rural living.

They are studying what is going on in the world, and striving to make a better and stronger America through the modern and scientific way of rural life.

He encouraged the people to take advantage of every opportunity to use extension service, so, they might keep up with the latest, most modern, and improved methods of farming, and know best how to market their products.

These methods have changed the attitudes of the people. Family relations are better. The homemaker today has a richer, fuller life than her grandmother had forty years ago.

Mr. Ferguson's philosophy of life was most interesting. He loves people, and believes in helping them help themselves and make the best of what they have.

He said, "what has happened in the past forty years is just a part, we must go on. What becomes of the people in our job."

"Use the extension service to guide and direct the rural families in promoting a better community spirit through our rural areas."

His last words were: "Go home and continue the good work."

Mrs. Charles Talley

Chairman District No. 12

Interesting Places In Washington

Tuesday night was free so the North Carolina delegates along with Mrs. Charles Graham, our president, Mrs. E. P. Gibson our incoming president and Miss Stanton, decided to have dinner together. We ate at the "Iron Gate Inn." This was a very unique and quaint place. There are many spots in the nation's capitol that bring back memories of famous men. None has more significance than the Iron Gate Inn. Remember that famous and popular General of the Spanish and Indian Wars fame-General Nelson A. Miles? Here, the stables on his estate have been transformed into an Inn that has become nationally famous for "just real good food." The hay racks, feed boxes, harness hooks and saddle trees

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"Progress In 1954"

A panel composed of national committee chairmen and moderated by Mrs. Vern Alden, N.H.D.C. Vice President, discussed "Progress in 1954" during the Wednesday afternoon session. From their recommendations the N.H.D.C. program of work will be developed for 1955.

The following is a brief report of chairmen's reports:

Mrs. Fred L. Bull, Citizenship, suggests; strive to overcome propaganda. She said, "The best way to overcome this is by homemakers councils. They have been very effective." The panel proposes these new objectives:

1. The importance of conferences for training leaders.

2. The needs and problems of public schools. (buildings, teachers and libraries)

3. Curbing juvenile delinquency.

Mrs. J. Wayne Reiner, Civil Defense chairman, stressed the following:

1. Plan for emergency feeding.

2. For each individual to be blood typed and carry their cards at all times.

3. Civil Defense is good citizenship, safety and protection.

Health and Safety was discussed by Mrs. Vern Sageser. She said, "We can help ourselves to better health by supporting health drives, weight cor trol, diabetic camps, studying new medicines and drugs, and knowing how to avoid accidents."

The Family Relations chairman, Mrs. F. F. Carr gave these ideas:

1. Good family life is real security.

2. We must preserve home life, therefore consider the family as a unit. Understand ourselves and others and make each feel he has a place.

The International Relations chairman, Mrs. Everett Spangler, talked of the interest that has been shown toward foreign nations. She said that we now think of them as neighbors rather than foreigners. Mrs. Spangler stated that \$44,985.13 had been contributed to "Pennies for Friendship" since 1951. A large sum was given for UNESCO.

Mrs. Marguerite Lindsey, Publicity chairman, told of great progress in publicity due to television, radio and newspapers. She urged everyone to subscribe to National Notes.

The Resolutions chairman, Mrs. James Potter urged the states to send in their resolutions for the next A.C.W.W. conference by April.

Mrs. George C. White, Sr. Chairman, District No. 9

Farmers In Today's World

"We never underestimate the power of a woman," said Dr. R. L. Beukenkamp, Agricultural attache of the Netherlands Embassy and an international food supply authority, who spoke to the delegates of the National Home Demonstration Council on, "Farmers in Today's World."

Dr. Beukenkamp, said that the world needs to be shakened up occasionally, that the farmer must defend his right in the government, that the government gave farmers new ideas as early as 1600.

He brought out the fact that women have a large part to play in the field of Agriculture. That we as nations should work together, so that we will not perish. In his opinion, no farmer can be isolated by his own will. In a democracy he has a strong political voice and responsibility.

The United States is the leading military power of the western world. She did stand aloft from world affairs, but now she can not.

Food is the most powerful weapon, more than the A-Bomb. We must show ther countries how to become self-supporting, so that they can band together against evil forces of communism.

Communism challenges us in today's world. Do not forget inspiring examples of Pilgrims who pioneered for freedom against all manner of evil, and hardships. We must not forget undeveloped countries will have to undergo revolution to emerge as democracies, We did, they must, and they need us. We are responsible for our neighbors, regardless of race, color, or creed. We need a revival of that strong and vital faith in our cause.

> Mrs. R. C. Brown Chairman District No. 21

Visit To Monticello

The group of North Carolina women returning from the National Home Demonstration Club meeting in Washington, D. C. on November 6 stopped at Monticello, the home of

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around the Inn were in actual service as stable accessories. We had a wonderful time together.

During the course of the evening, we were especially thrilled to be able to visit the church in which President Eisenhower worships and even to sit in the pew which he occupies on Sunday mornings.

Thursday the group decided to go on a tour of the interior of Public Buildings. This was a personally conducted tour which afforded us a delightful and interesting trip to the downtown area and government buildings. We made complete tours of the interiors of the following:

Bureau of Engraving and Printing where we had a fascinating view of our paper money, government bonds, postage, and revenue stamps being produced and printed.

Pan American Union Building— The unofficial capitol of the twentyone republics of Central and South America.

The White House on Pennsylvania Avenue where we visited the East wing including the main dining room, Blue, Room, Green Room, Red Room and the main foyer.

The Smithsonian Institute the storehouse of early inventions and their modern Counterparts, including Linderbergs' "Spirit of St. Louis." On display were the inaugural gowns of first ladies and the lace and net wedding dress of Mrs. Eisenhower.

The United States Capitol where we visited the Supreme Court room, Senate Chamber, Presidents Room, former Lower Corridors, Statuary Hall, House Chamber, works of Art and the Rotunda.

Our last stop was at the *National Gallery of Art* where we saw paintings, sculpture, prints and drawings, and items of decorative art.

Mrs. Arlie Steelman

2nd Vice Pres. District No. 11

The Challenge To America

Mr. Edgar C. Kemper, Special Agent, F. B. I. stressed the fact that we should be greatly concerned about crime in the United States. He gave some startling figures to make us realize just how great were our prob-

Freedom For All

When the women of the Maryland Home Demonstration Council entertained the delegates to the National Council on Monday night with a pageant, Mrs. William F. Robie, Maryland State Council President, called it a "Mail Order Production." She said the various scenes were produced by different Maryland County Councils and then brought together for a dress rehearsal at Farm and Home Week in June. They called the production, "Freedom for All," and it depicted the history of Maryland from the time an English King granted the land to Lord Baltimore until about 1900.

Beginning with an Indian scene the pageant was made interesting by such presentations as the arrival of the first settlers who claimed the land and named it for their Queen Mary and one portraying the signing of the Declaration of Independence.

The school day episode in which a teacher taught children of about 1700 to sing the letters of the alphabet and one in which Negro dancers entertained the planters during a plantation party added a bit of comedy to the production.

Scenes showing the first Maryland recruits leaving for the Revolutionary War and Maryland men fighting for opposing armies during the Civil War reminded the audience of the grim realities that have had a part in making this great country what it is today.

It's colorful costumes, it's historical accuracy, and it's artistic perfection made, "Freedom for All," one of the highlights of the 1954 National Home Demonstration Council meeting.

Mrs. Albert Proctor

Vice-Chm. District No. 22

lems. Also some suggestions for solving them were given by him.

He stated that "In Crime we are Champions." In 1953 two million two hundred and fifty-nine major crimes were committed. Seven thousand one hundred and twenty were killed. Over five thousand cases of manslaughter were tried, and many others too numerous to mention were committed. The cost is also tremendous. It costs fifteen dollars for crime for every one dollar given for the church.

Mr. Kemper gave suggestions for help as: Working in the schools,

"To Be Or Not To Be" Prepared for Disaster

This question or problem is given too little thought by most of our carefree, fun-loving Americans.

There are however, a few schools in our country that are giving much time and work to preparation for any disaster or emergency.

One such school is located only twenty miles from the heart of our nation. It is the Federal Civil Defense Rescue Instructor School, Olney, Maryland.

The Tarheel Homemakers had a one day session there recently. We were given a preview of what can happen in case of war, floods, fires, or hurricane disasters. Then we were told and shown (by film) how to meet such emergencies by being organized with trained leaders.

The School at Olney is well equipped and staffed with excellent teachers for instructions in Rescue work, and Civil Defense organization. A two weeks course here will qualify students to use specialized equipment, and special techniques for working at extreme heights and depths, and under all types of hazards in rescue of trapped victims.

This Civil Defense training is a kind of insurance we should certainly have plenty of and pray daily that we'll never need it.

> Mrs. C. M. Foster Secretary District No. 19

churches and public recreation centers. The home comes first because in the home the children receive their basic citizenship training at an early age. By setting a good example we are helping to build a better world.

In making the statement, "Never Underestimate a Woman," he told us of many occasions where girls and women had helped in identifying criminals and many other ways by which they have helped the F. B. I. solve cases.

> Mrs. C. B. Strickland Chairman District No. 17

(Continued from page 3, Col. 3) Thomas Jefferson, near Charlottesville, Virginia, for a short while. For most of the women it was their first opportunity to visit the historical old home.

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(Continued from page 2, Col. 3) a beautiful stairway with brass railings and were met by a Maryland Home Demonstration member and she presented us to two Pakistan ladies who were wearing the native dresses. These ladies greeted us most cordially and directed us to the large living room which ran all the way across the front of the building and was so richly furnished. A young Pakistan girl received in here telling about the customs and habits of her people.

We were then invited into the dining room where, from the ends of a beautifully appointed table, tea and coffee with delicious sandwiches, cakes and a hot delicacy made from an old Pakistan recipe, were served.

We came away wishing that we might know more of the people of Pakistan.

> Mrs. M. M. Person Chairman District No. 15

Chili

A bus load of Home Demonstration women left the Statler Hotel to attend a tea at the Chilean Embassy. We were ushered into a huge entrance hall and in the absence of the Ambassador, his wife welcomed us.

Senora de Jara is a very charming lady indeed who answered enumerable questions and told us all about her native Chile, the climate, people, their customs and religion.

The mansion which houses the Embassy was purchased in 1923 by the Chilean government. The almost priceless antique furnishings came from French Chateau.

Senora de Jara led the way into the dining room where a long lace covered table was laden with plates of sandwiches, tea cakes and cookies, and a marvelous silver tea service. She very graciously sat at the head of the table and poured tea or coffee as we desired. We had an enjoyable social visit as she autographed napkins and papers for us.

Mrs. Dean Reese

Vice-Chm. District No. 5

Peru

It was hard to believe that some work of magic had not been performed to suddenly take a group of National Home Demonstration Council delegates to Peru. It all happened in an hour and surely seemed like mag-



NORTH CAROLINA DELEGATES TO THE NATIONAL HOME DEMONSTRATION COUNCIL MEETING

Names of persons in the picture reading left to right: Top row: Mrs. Mack Rogers; Mrs. Dean Reese; Mrs. C. W. Lutterloh; Mrs. L. E. Barnes; Mrs. C. H. Martin; Mrs. D. V. Andrew; Mrs. Arlie Steelman; Mrs. Albert Proctor; Mrs. C. P. Armstrong; Mrs. W. C. Curlee; Middle row: Mrs. Charlie Talley; Mrs. C. B. Strickland; Mrs. Walter Dellinger; Mrs. M. T. Griffin; Mrs. M. M. Person; Mrs. G. C. White; Mrs. Walter Wynne; Mrs. Walter Shaw; Mrs. C. M. Foster; Bottom row: Miss Verna Stanton; Mrs. D. C. Kirby; Mrs. Annie Fountain; Mrs. E. P. Gibson; Mrs. Charles Graham; Mrs. Ben E. Warner; Mrs. W. B. Harris; Mrs. R. C. Brown; Mrs. David Williams.

ic; but what actually happened was, we were guest at a tea in the Peruvian Embassy. It seemed that we had suddenly stepped out of the United States into Peru, leaving a typical American scene of colorful trees in the fall to enter a building with people, furniture, pictures and other decoration portraying many customs and practices of life in Peru.

Our hour in this other land began with a tour of the lower floor of the building. A guide explained how all the things we were seeing were connected to Peru itself. After the tour we enjoyed a lovely tea at which Peruvian food was served. This completed our trip and I actually felt as if I had taken a quick tour of the land of Peru.

Mrs. David W. Williams Chairman District No. 27

Israel

When we arrived one of the hostesses came out to the bus and invited us to come in. Another hostess greeted us at the door. While some were registering in the entrance hall, others in small groups were guided on a tour of the building.

On the second and third floors were many offices where, in each was seen, through the open door, a secretary busy at her desk. The military room, on the third floor seemed the most interesting to our guide, Mr. Mordelai Shaler, second secretary, and offices of the press. He pointed out photographs of noted generals and other military leaders. In glass cases were to be seen trophies, specimen of small arms, etc.

The first floor was the social center. In the hall, in a wall show case, were interesting pieces of bronze jewelry, vases, samples of weaving, and other articles depicting the arts of the native country.

The serving was in a large dining hall, with ladies of Israel pouring, one at each end of the long table. Coffee or tea with cookies (very much American since we get them at any of our grocery stores) were served.

> Mrs. Morris T. Griffin Chairman District No. 15

You Are A Statistic -What Kind?

Dr. Aubrey D. Gates, for years on the extension staff of the State of Arkansas, and whose home is still at Little Rock, brought greetings from the American Medical Association.

On the theme of the National meeting. "Security-Today's Challenge," Dr. Gates stated his belief that security comes only as a part of productive work when we assume our responsibility of citizenship. There is no such thing as absolute security for health, happiness, or beauty, he continued, for it takes personal effort. There is no security against death and sickness, but death can be postponed and sickness reduced. During the last 40 years, 22 years have been added to the life expectancy in the United States. Someone has said we must not only add years to life, but add life to years.

Farmers live longer than urban people, Dr. Gates said, but accidents, which rank high among the ten killers of our people, are in second place among farmers and accidents in homes are running a close third. They are the biggest killers of young children.

Dr. Gates distinguished between health and medical care by saying that medical care is an important part of health. It is the service of a highly skilled, highly trained physician and his staff, who can only administer his services upon request. All the medical care in the world cannot prevent illness, however, unless people know what to do and how to do it.

Everyone needs a personal or family physician, Dr. Gates told us. This helps a doctor to make a quicker and more accurate diagnosis. There was a record number of doctors last year and the largest enrollment ever in the schools now with emphasis being placed on family type doctors. He suggested that Home Demonstration Clubs join with others to get a doctor for their community if one is needed and for everyone to support him when he is obtained.

> Mrs. C. W. Lutterloh Chairman District No. 14

May each one of you have a happy holiday season filled with Love, Happiness, and Joy.

Business Meeting of N.H.D.C.

The Eighteenth Annual Meeting of the National Home Demonstration Council closed on Thursday morning, November 4 in the Ball Room of the Hotel Statler, with an address by Miss Madge J. Reese, "The Home Demonstration Council Fulfills Its Objectives."

Miss Jennie Williams, president, presided over the business session.

Reports were heard from the different committees.

The treasurer, Mrs. Homer Greene gave her report and presented the budget for next year 1955.

It was voted to change the Publicity Chairman to Publicity Director, so she would have a vote on the Executive Board.

The following officers were elected. President, Mrs. J. Homer Remsberg, Maryland; Vice-President, Mrs. Verne Alden, Kansas; Secretary, Mrs. E. L. Survant, Colorado; Treasurer, Mrs. J. Lawrence, Ohio.

An invitation to meet next year in Chicago, Illinois was accepted. The date of the meeting will be August 21.

Mrs. O. G. Rushing, of Oklahoma was in charge of the closing ceremony. She closed the meeting with an appropriate prayer.

> Mrs. Walter Dellinger Chairman District No. 7

Mrs. Sayre's Message

Mrs. Raymond Sayre, Ackworth, Iowa, past president of the Associated Countrywomen of the World, addressed the state Home Demonstration Council presidents at a luncheon Saturday.

Mrs. Sayre is a member of President Eisenhower's 18-member Agricultural Advisory Committee and outlined to the Council projects she felt that home demonstration work could do to assist in bettering the national farm picture. She stressed:

- 1. Reaching farm families of extremely low income with modern home economic and agricultural information.
- 2. Assisting to provide agricultural home economics and industrial training in rural high schools.
- 3. Helping young people find jobs without going too far from home.
- 4. Stressing need for welfare services, especially for children.

Country Women's Council, U. S. A., A. C. W. W.

On October 29-30 it was indeed a pleasure to attend the CWC meeting in the Statler Hotel. Mrs. Charles Graham, of course, was the official delegate from North Carolina, and we were proud of having our own Mrs. Apperson serving in the very responsible capacity of President of this CWC.

Business sessions dealt with topics like: (1) Pennies for Friendship, which have increased 59 times in 10 years. Ten per cent of this money is used in the United States and 90% goes to Headquarters in London (2) Exchange Programs, which Mrs. Haven Smith, Nebraska explained entail many problems. She hopes to have copies made of good exchange programs and have them available soon (3) Subscriptions to "Countrywoman," with North Carolina having only 113, "U. N. Reporter," and "National Notes." (4) International visitors (5) A request and discussion of an assistant for Mrs. George Roberts, consultant for U. N. (6) Friendship Gifts. Mrs. Sayre spoke about UNESCO coupons too.

Mrs. Dorothy Lewis, Coordinator for U. N. Radio was THE outstanding speaker—a very dynamic speaker. One could not doubt the greatness of the UN after her address. Mrs. De-Shazo's talk and slides of her trip to Germany were quite interesting. And Ceylon entertained us Friday afternoon with dances and songs and two films pertaining to their beautiful country.

> Mrs. E. P. Gibson, Pres.-Elect. N. C. Fed. of H. D. C.

(Continued from page 4, Col. 3) The beauty of the mansion, which stands on top of a mountain 857 feet above sea level, made a lasting impression upon us as we came to the great eastern portico, the main entrance to the building.

The portico opens into a large square hall where we were met by a guide who led us through the bedrooms, library, drawing room and dining room.

Every room with its beautiful furnishings was most interesting. It would take a book to describe the things we saw and enjoyed, so we cannot go into that in detail.

Mrs. C. H. Martin Chairman, District No. 10