

# NEWS LETTER

## NATIONAL HOME DEMONSTRATION WEEK MAY 3-9

### TODAY'S HOME BUILDS TOMORROW'S WORLD



Home Demonstration Club members will observe the Eighth National Home Demonstration Week, May 3-9, by holding open house across the Nation. Alaska, Puerto Rico, and Hawaii will join with us in acquainting the public with our home demonstration program, what it is and what it does.

The following objectives have been suggested for the week:

1. To emphasize the importance of the home in the development of those values that are basic to our democratic society.
2. To strengthen the concept of local planning that underlies all extension programs.
3. To acquaint more young homemakers with the Extension Service and the many avenues through which the home demonstration program may serve their needs.
4. To pay tribute to local leaders whose contribution to improved home and community living is an integral part of home demonstration work.

In North Carolina, more than 47,000 club members will have an opportunity not only to let the public know about home demonstration organization and its program, but also to carry on a project which will benefit every person in the community. This project should feature every home demonstration club member as a good citizen in the home and in the community participating in a state-wide clean-up campaign. At this season of the year, when yards are being cleaned, and flowers, shrubs, and trees are planted, why not secure the cooperation of everyone in the community in cleaning up the roadsides, store and filling station grounds.

#### News From Rutherford County

Rutherford County's outstanding achievement came to a climax on Friday night, January 23rd, when winners in the Rural Development Contest were announced. The meeting was held in Central High School auditorium in Rutherfordton.

The Gilkey Community not only won first prize in the county contest, but also first prize in the Western North Carolina Rural Community Improvement Contest, and won the \$500 prize in cash. The county prize was \$250 made available by the Kiwanis Club of Rutherfordton and the Rutherfordton merchants.

The Green Hill Community was second place winner with a \$150 prize with the Washburn Community winning third place and \$100. Sandy Mush

Community was given honorable mention.

In the Western North Carolina contest, Green Hill Community was among the five clubs given honorable mention.

Miss Ruth Current, state home agent, was one of the judges and also the principal speaker on the program awarding night. She praised every community that participated in the contest and cited in particular their attitude: "Everyone in each community worked together, striving to provide better living conditions and standards for themselves and the county."

A challenge is left to the non-winners of the other communities in the contest to keep on striving to make our communities equals of the winners.

The association of our rural people at the community meetings has meant

#### Mental Health Week

May 3-9, 1953, has been designated as National Mental Health Week. This is being sponsored in North Carolina by the North Carolina Mental Hygiene Society.

The aim of Mental Health Week is to make every American aware of his stake in mental health, and to tell him how he and his neighbor can work together to raise the level of mental health in their communities.

Mental health is a family affair, and although Mental Health Week is observed at a specific time, the program is a year-round one—and one in which the women as homemakers have an important role. Happy family relationships result in well adjusted personalities who enjoy good mental and emotional health. The climate of the home is an important factor in personality development, and this climate depends on the attitudes within the home among family members.

#### ACWW Meeting

The Seventh Triennial Conference of the Associated Country Women of the World will be held at the Royal York Hotel, Toronto, Canada, August 12-23. Six delegates from North Carolina will meet there with women from 103 organizations in 22 countries to discuss problems facing rural people of all nations.

After ten days of meetings, and visiting with each other, the women will have an opportunity to take a cross-Canada tour and visit in some of the homes of the Women's Institute members. Women from other countries will tour through some of the states and visit in the homes of home demonstration club members.

more than we realize to the individual toward making him conscious of the need for self development as well as the community.

Community life is not nearly so simple as we sometimes assume. The fact that our population is increasing and life is becoming more complex means that we should give more attention to defining community life and the development of it.

Mrs. W. Allen Harris

County Council President

## NEWS LETTER

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## News From Granville

Mrs. Rudolph Cheatham of the Dickerson Home Demonstration Club of Granville County has much originality when it comes to home planning. She recently moved into a larger home where there were no wall cabinets and no sink in the kitchen. She also needed an extra table. So she and her son took an old kitchen cabinet and literally "took it apart." The upper shelf space was raised and attached to the wall. The porcelain enamel top was taken off and was used as a top for a work table which the son made.

The base was made into a sink cabinet with linoleum top. The open space between the legs at the bottom was enclosed to make more storage.

From an old useless piece of furniture Mrs. Cheatham has made three items to make her kitchen convenient.

Mrs. Jack Dickerson of the Dickerson Club has also moved into a farm home which they have recently purchased. The first thing they did to improve the looks of the farm and for everyday use was the placing of a nice mail box painted white and name plate.

Miss Hallie Dickerson, a faithful and loyal member of the Dickerson Club, has also recently moved into her new home. She has everything arranged conveniently and while she has not yet been able to add all the modern conveniences she has a most attractive home.

Mrs. W. R. Kittrell is a busy homemaker and grandmother. Although

there seemed to be little time for any extra beautifications around home, she decided that with the help of her husband she could redecorate her entire home. She did just that, without having had very much previous experience. She studied the color charts and the furnishing which she had in her home and then began the work of painting each room. Each room is painted a different color but each color blends, making a beautiful whole. The curtains were washed and ironed and some were stretched. Chairs were painted in some instances. New linoleum was put on her kitchen floor, and the old was used in the pantry. Her son took an old wooden oak bed and cut it down making a much more modern looking bed for his room. The entire job was done at a cost far below that which would have been charged by any experienced person.

The Granville County Clubs are publicizing their activities through a 15 minute weekly radio program on the local station. The clubs take turns giving the program. It serves as a way to exchange ideas between the clubs and has helped to stimulate the interest of the public.

Mrs. Richard W. Harris  
 Co-Publicity Chairman

## Vance County Women Served By Bookmobile

The blue International Metro, with its lettering "Vance County Bookmobile," is fast becoming a familiar and welcome sight to Home Demonstration women all over Vance County. Begun in January 1953, this service is quite new and fills a long-felt need.

Secured through the initiative of the Henderson Junior Woman's Club, aided by the Home Demonstration Clubs, and with the financial assistance of the County Commissioners, this bookmobile is truly a dream come true. Until now, busy county women seeking to read for certificates or for pleasure had to come to the central library in Henderson to borrow their books. The present plan of service is a half-hour visit from the bookmobile preceding the monthly meetings of the 14 clubs. Club women arrive early and check out books during this time.

Not only books on the reading lists are borrowed, but also general books including home decoration, landscaping, party and game books, books on hobbies, etc. Many women check out books for other members of their families. Requests for special books can be made and the books are brought to the next meeting. Comments from some of the readers lead others to borrow and enjoy the same books. A pro-

## A Club Corner Can Substitute For A Club House

Many Home Demonstration Clubs, having a large membership, and located in communities not having a club house, are faced with the problem of locating suitable meeting places. Wayside Club in Iredell County, from the time of its organization five years ago, has been too large to meet in the homes of members. Since the school lunchroom was completed about the time the club was organized, that seemed to be the logical meeting place.

In order to give club members a corner of their own, a nook has been set aside for our use, and is known as the "HOME DEMONSTRATION CLUB CORNER." On a table we place copies of pamphlets used as a basis for monthly demonstrations. Members, not present for the regular meeting, can pick up copies at their convenience. Members bring magazines to exchange with each other, or to leave on the table for a member who may stop by before the next meeting.

A bulletin board hangs over the table. Here one finds many items of interest to club members. On another wall we have, printed on a large chart, club objectives for the year. These objectives were set up on a county-wide basis. Having these before us at club meetings, makes us more aware of the ones not fully met, and encourages us to put forth additional effort.

Our club corner serves as a distribution center for books used in the state-wide reading program. To encourage more of our members to participate in this program, our club started a library of its own to supplement the books available from the county bookmobile. Having a central place for our reading materials has done much to stimulate interest. The number of reading certificates awarded members of our club last year was three times that of the preceding year.

We know that we will never need to feel the lack of a club house as long as we can have our "HOME DEMONSTRATION CLUB CORNER" in the lunchroom.

Mrs. C. E. Reitzel  
 Education Chairman  
 Iredell County

essional librarian is on the bookmobile to aid in book selection.

The library staff is very pleased with the response of the clubs and predicts that the availability of the books will cause increased interest in the reading and greater number of certificates. For the past several years, the library has presented a gift book to the club having the highest percentage of certificates.

Mrs. Reuben Fleming  
 Co-Publicity Chairman

### An Interesting Project in Stanly

One of the most satisfying projects which Stanly County Home Demonstration clubs have carried out recently was the preparation of Red Cross Christmas boxes for servicemen. The twenty-two gift boxes which were prepared and wrapped by club women contained such items as stationery, toilet soap, tooth brush, toothpaste, razor blades, playing cards, pipe and tobacco.

The Red Cross distributed Christmas boxes like these to servicemen on board ship and on duty in many parts of the world.

A number of letters have been received by club women from the servicemen who received the gifts which they prepared. The Misenheimer club which sent two boxes received letters from each of the recipients. One of them was a 20 year old Negro from Monroe who wrote, "I was very happy to receive a present from my home state. It makes us feel good to know that people back home are thinking about us, and also gives us courage and faith in God." The other was a serviceman from Morristown, New Jersey, who was on board a troop ship on his way to Korea. He said that the Red Cross box was the one gift he received on Christmas day.

The mother of one serviceman wrote that her son was so happy to get the gift that he wrote home about it, and she wanted to thank the women who sent it.

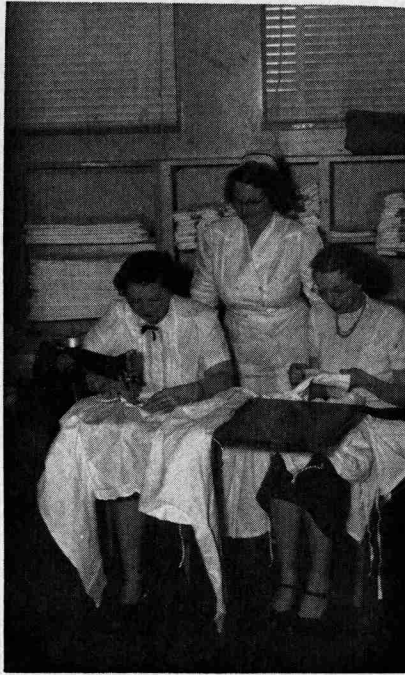
Another serviceman wrote, "Thank you for the nice present. It made Christmas seem a lot brighter even though we are far, far away from home and our loved ones."

Mrs. N. C. Lefko  
Council President

### News from Bertie

The Wakelon Home Demonstration Club of Bertie County, accompanied by their home demonstration agent, made a trip to the Ledo Nursery at Hamilton, North Carolina, on March 9. The women became familiar with some of the good shrubs for foundation planting and screen planting. They purchased some plants to use in landscaping their yards and made plans for doing more work in the fall on their yards.

The Bertie Home Demonstration Council at the regular meeting in March planned for a county wide dress revue at the June County Council Meeting. Another project that the Council decided to participate in is the planting of the Bertie County Hospital grounds. Mrs. Richard Harris Windsor, N. C.



The picture shows Mrs. Frank Barlow, Warren County Health Chairman, and Nurse at the Warren General Hospital, supervising Mrs. Gilbert Reid (left) and Mrs. John Curl (right) with the mending.

A.C.W.W. MEETING—  
TORONTO, CANADA, AUGUST 12-23.

### News From Warren

The women of the twenty home demonstration clubs of Warren County took as one of their projects for the year, mending at the Warren General Hospital. This was started over a year ago. The clubs were scheduled in alphabetical order so each would know just when to go and if not convenient would trade with their neighbor club.

On Thursday of each week two or three ladies from a club meet at the hospital and do the necessary mending. There is a nice and comfortable little room equipped with an electric sewing machine, table and three comfortable chairs. All around the room are shelves and placed on these shelves are the articles to be mended. Sometimes there are new things to make such as dresser covers, sheets, towels, covers for operating use, operating pockets and dish towels for the kitchen. The mending is mostly of sewing on tape for strings and sewing splits in sheets and bedspreads, etc.

The work of the clubs has proven to be an immense help in cutting down household expense since these clubs do the work voluntarily.

Mrs. W. L. Fuller  
Publicity Chairman

### Activities in Union

The activities of the twenty-two clubs of Union County, with 750 members, have been so varied that it's hard to pick any one club or project, as the most outstanding. Community improvement, leader participation, and the organization of a countywide home demonstration choral group, stand out as highlights of the 1952 program.

The Model Mile Contest of '51 was followed by a more complete community improvement program in '52. The Union County Fair Association contributed \$100.00 in prize money to help stimulate interest. Much improvement in individual homes, farms and yards was shown as well as interest in community projects.

Four hundred and twenty-four leaders held 104 meetings with 9,167 people attending. In addition to holding meetings, leaders have assisted with many special activities, such as community improvement, County Fair, the Challenge Program which will soon be launched in the communities of the county.

The Union County Home Demonstration Choral Group was organized in February, 1952, under the direction of Miss Mildred Simpson, music teacher of Unionville School. Under her direction, 30 members sang at the Spring Federation meeting and made a recording which was used for two programs over local station WMAP. After Miss Simpson returned to school for her MS degree, Mrs. E. E. Hatly, director, and Miss Betty Lathan, accompanist, have assisted the group, contributing their time and talent most graciously. Thirty-five active members, representing 12 clubs, are now planning to participate in the WPTF and WBT radio programs and to give a local program in the near future. It's a real inspiration to hear this group sing.

Mrs. C. W. Walton  
Co-Publicity Chairman

Finish every day and be done with it. You have done what you could. Some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day; begin it well and serenely with too high a spirit to be cumbered with your old nonsense. This day is all that is good and fair. It is too dear, with its hopes and invitations, to waste a moment on yesterday.

—Ralph Waldo Emerson.

FARM AND HOME WEEK  
State College, Raleigh  
June 8-11

## SOME FACTS ABOUT THE "PENNIES FOR FRIENDSHIP" SCHEME

### What are they?

A gift from countrywomen to A.C.W.W.

### Why are they important to A.C.W.W.?

A.C.W.W. could not carry on its work without them.

In 1951 A.C.W.W.'s income was £7,500.

£5,300 of this came from "Pennies for Friendship."

### When are the Pennies given?

When countrywomen meet:—

At an International Meeting.

At any regular Meetings.

### How are the Pennies given?

By displaying a "Penny for Friendship" gift box.

By voluntary collections.

By organising a gift stall.

By other money-raising effort.

### How are they used?

To finance the Triennial Conferences.

To run the Central Office.

To find letter friends for members.

To link Institutes and groups in different countries.

To arrange "Exchange Programmes" between groups in different countries.

To publish the A.C.W.W. news sheet "The Countrywoman."

To send representatives of country women to meetings of the United Nations.

It was Mrs. Godfrey Drage, A.C.W.W. Member of Honour, who thought of this plan to raise funds for A.C.W.W. It enables thousands of country women to make a personal contribution to A.C.W.W., their international organisation. It is a voluntary scheme and some Constituent Societies do not take part in it. They prefer to make their additional contributions to A.C.W.W. in other ways.

THE ASSOCIATED COUNTRY WOMEN OF THE WORLD is the world organisation of country women. The members of its Constituent Societies, scattered all over the world, are united by friendship and the aims they hold in common.

Every third year, their representatives meet at the Triennial Conferences to lay down the policy to be carried out by the Executive Committee and the Central Office. A.C.W.W. is striving to build international friendship and understanding and to improve rural conditions. It is playing its part in international affairs and speaking for country women at meetings of the United Nations.

The annual subscriptions are not sufficient to finance all the important work. Every member of a Constituent Society can help to further the work of A.C.W.W. by giving a penny for friendship.

### There are Constituent Societies in:-

AUSTRALIA	FRANCE	NYASALAND
BRITISH WEST	GERMANY	SOUTHERN RHODESIA
INDIES	INDIA	SWEDEN
CANADA	KENYA	SWITZERLAND
CEYLON	THE NETHERLANDS	UNION OF SOUTH AFRICA
DENMARK	NEW ZEALAND	UNITED KINGDOM
EIRE	NORTHERN RHODESIA	UNITED STATES OF AMERICA
FINLAND	NORWAY	

## Leadership Training Schools in Franklin

Home Demonstration Club work aims to develop leadership along with providing up-to-date information. With this in mind, a series of leader training schools were held in Franklin County in late January and early February.

Meeting places were established, plans formulated and notices sent out well in advance to all club officers, project leaders and committee chairmen. The meetings were scheduled to begin at 10:00 A.M. and each woman was asked to bring a covered dish for lunch, except in one instance. Pearce Home Demonstration Club volunteered to serve as hostess club to the other two club groups who were to attend the school held in their community. This club served to the entire group a delicious meal of brunswick stew, salad, pickles, sandwiches, home-made pie and hot coffee.

On the dates set, the women came in numbers with anticipation, enthusiasm and helpful ideas. The meeting opened with a general assembly in the auditorium. Each leader took three or four projects to discuss. The women were divided into four groups according to their office or project activity. Each group, with a leader, went into a different room or different section of the auditorium for discussions.

The county program of work had been considered and leaflets had been prepared for each officer and project leader with suggestions and ideas for that officer or leader for each month of the year. General announcements too, were included for each month. In the group meetings these were gone over carefully, plans were discussed for carrying out the suggestions given, additional ideas to suit the individual clubs added, local goals for the year were set up and suggestions were made for next year's program of work.

After lunch, which was an enjoyable affair, the groups reassembled to complete their work. Another general assembly was held in the P.M. and the summary reports of the projects were given. These reports and the ways they were given were excellent examples that leaders were being developed. Announcements and a few summary remarks were given by Mrs. Shaw. The meetings adjourned with the groups repeating the Collect of the Club Women of America.

There were many sincere expressions of enjoyment of the fellowship, and a general feeling that, "We want to go home and get started doing something about the things we've discussed."