

NEWS LETTER

The 1953 National Home Demonstration Council Program

The following program was adopted at the National Council meeting in Raleigh in October. County plans of work should be correlated to include as much of this program as practical.

Family Life

1. Promote a strong family life program.

(a) Stress family responsibility for building character.

(b) Be aware of the unusual problems youth faces today.

(c) Consider the needs and interests of all age groups in planning the program of the year.

2. Urge all members of the NHDC to cooperate with local, state and national organizations carrying character building programs.

3. Encourage state and county groups to urge the television, movie, and radio industries serving their areas to maintain high standards for their programs.

Health and Safety

1. Encourage health committees to further an educational and action program through cooperation with existing state and local agencies in matters such as:

- (a) Annual physical check-up.
- (b) Immunization programs.
- (c) Health Insurance.
- (d) Enlisting young men and women in the medical and nursing professions.
- (e) Work for hospitals and doctors in areas where needed.
- (f) Giving blood to blood banks.
- (g) Permanent marking of blood type on body.
- (h) Physical and mental preparation for old age.

2. Cooperate with existing national, state, and local safety agencies in their programs by—

- (a) Stressing knowledge of traffic rules.
- (b) Building safety into the home.

International

1. Reaffirm our interest in any support of the United Nations.

2. Encourage study of the United Nations by subscription and use of the U. N. Reporter in local units.

3. Emphasize and activate the exchange of visitors and students, both adult and young people between this country and other countries.

4. Urge continued participation in A.C.W.W. programs.

Finer Carolina Contest

The members of the Maysville Home Demonstration Club, one of 14 such clubs in Jones County, voted at a special meeting in March to enter the town of Maysville in the Finer Carolina Contest sponsored by the Carolina Power and Light Company. The Maysville Rotary Club immediately pledged its support.

The following five projects were undertaken:

1. To select a park site which would be large enough for a community house in the future.

2. To bring banking facilities to Maysville for the first time in twenty years.

3. To repair and renovate churches.

4. To sponsor a general clean-up including the railroad station, the town cemetery, vacant lots and yards. The two clubs sponsored a home beautification contest and three cash prizes of \$15.00, \$10.00, and \$5.00 were offered to colored and white alike for improvements made to homes and yards of non club members.

5. To build a fire house-town hall to house the town's new fire truck. A volunteer fire department was organized known as the Fireman's Association and to date eight calls have been answered.

When the contest closed November 1, all projects were completed and the Maysville Home Demonstration Club had already voted to enter the town of Maysville in the Carolina Power and Light Companies new 1953 contest.

Mrs. Julian G. Hofman

Chairman of the 1952 Contest
Jones County

5. Develop interest in activating the work of the A.C.W.W. organizations by submitting resolutions for the Triennial Conference agenda.

Citizenship

1. Work toward interesting all women in assuming their responsibilities as informed active citizens.

(a) Promote representation on state and county civil defense boards.

(b) Participate actively in civil defense projects.

2. Encourage states to train leaders in citizenship.

3. Study the stabilization of our economy against inflation and depression.

4. Develop concern for conservation of the natural resources of our country.

News From Currituck

Currituck County was indeed proud on Tuesday, November 25th when Governor Kerr Scott presented the Green Pastures Flag to the County for its outstanding achievement in pasture improvement for the second consecutive year. A crowd which overflowed the courthouse turned out to witness the ceremony.

Representative E. R. Johnson, presented the Governor, who spoke briefly on pastures and the effects of last summer's drought on livestock prices.

Farm Agent L. A. Powell presided over the meeting and recognized special guests. S. A. Dobson, Agronomy Extension Specialist spoke to the group on the importances of pastures and Dr. W. W. Woodhouse, Agronomist with the Experiment Station at State College emphasized the need of keeping pastures producing.

Presentation of awards to the farmers was made. Honor plaques going to twenty-five farmers and tags for second year achievement were presented to twenty. Citations were presented to ninety-six. Following the program the Green Pastures Flag was raised on the flagpole in the courthouse yard.

A dinner honoring the Governor was served by the Coinjock Home Demonstration Club women under the able direction of Mrs. Elizabeth P. Sanderlin, Home Agent.

The Currituck County Club women are still very enthusiastic about their Fig Booth at the State Fair and are most pleased by the favorable comments which they have heard about it. We all feel that our long-taken-for-granted figs have really begun to come into their own since our Committee did such a fine job with the Booth.

Currituck Clubs held their Achievement Day at Coinjock on November 7th with the Poplar Branch Club as hostess. It was a very pleasant day with our Fall Flower show quite a success and the turkey luncheon most enjoyable. Everything was in keeping with the flower theme. The afternoon speaker was a well-known Garden Club member from near-by Norfolk, Virginia, Mrs. Maynard West. She gave the women of the County many interesting tips on Dried Arrangements and how to prepare the materials for them.

(Con't page 2, col. 3)

NEWS LETTER

Published quarterly by the North Carolina Federation of Home Demonstration Clubs, Raleigh, N. C. Second Class permit applied for at Post Office, Raleigh, N. C.

OFFICERS

President Mrs. R. L. Yancey
 First Vice-President Mrs. Charles Graham
 Second Vice-President Mrs. E. P. Gibson
 Recording Secretary Mrs. W. M. White
 Corresponding Secretary Mrs. George West
 Treasurer Mrs. Roberta Ray

DIRECTORS

Mrs. H. M. Johnson	Mrs. Paul Long
Mrs. William Cherry	Mrs. L. R. Harris
Mrs. L. B. Cooper	Mrs. A. H. McCall
Mrs. L. J. Cannon	Mrs. George W. Bryan
Mrs. Ralph Proffitt	Mrs. T. J. Allen, Jr.
Mrs. A. E. Vannoy	Mrs. W. A. Kopp
Mrs. J. B. Elmore	Mrs. Wilmer Mallard
Mrs. H. C. Little	Mrs. V. I. Hockaday
Mrs. Jack Fries	Mrs. Robert B. Starling
Mrs. Wade Howey	Mrs. T. J. Benthall
Mrs. John Parrish	Mrs. Charles Benson
Mrs. T. S. Moxley	Mrs. Wallace Goodwin
Mrs. R. W. McNairy	Mrs. J. Mack Smith
Mrs. Robert A. Gentry	Mrs. B. C. Clifton

Southern Director of National Home Demonstration Council

Mrs. O. G. Rushing Shawnee, Okla.

President National Home Demonstration Council

Miss Jennie Williams Banner, Wyoming

President Associated Country Women of the World

Mrs. Raymond Sayre Ackworth, Iowa

Chairman Country Women's Council (U.S.A.)

Mrs. George Apperson Mocksville, N. C.

Advisor

Verna Stanton State College

Watauga News

Home Demonstration Club Women from all parts of the County met Friday, November 14, 1952, at the First Baptist Church for their Achievement Day Program. This is always one of the high lights of their Home Demonstration work because on this day all of the clubs review their achievement for the year.

The meeting began at 10:00 A.M. with Mrs. Bill Little, Home Economists for Blue Ridge Electric Membership Corporation giving a very interesting one hour and half Foods demonstration. A covered dish luncheon was served at 12:00. The remainder of the program began at 1:15 P.M. with Mrs. A. E. Vannoy, County Council president presiding over the meeting. The theme of the program was built around Thanksgiving. The group sang together the hymn "Faith of Our Fathers" followed by the Home Demonstration Club collect. Rev. Joseph T. Shackford of the Boone Methodist Church gave a very inspirational Devotional followed by the hymn "Come, Ye Thankful People." Mrs. John Miller of Deep Gap, acting Secretary gave the roll call by clubs and asked each club to give a report on their clubs activities. Each club that reported gave excellent reports on their accomplishments this past year.

Mrs. A. E. Vannoy who is County Council and District President, and Mrs. E. L. Ray, State Treasurer for State Federation of Home Demonstration Clubs, both attended the National

Home Demonstration Council meeting which was held in Raleigh, N. C. in October. This was the first time this meeting had ever been held in North Carolina. Home Demonstration club women from 38 states were present. Mrs. Vannoy and Mrs. Ray gave a very good report on this meeting they attended in Raleigh.

All counties in the state sent gifts typical of their county to the National meeting for the visiting club women. Mrs. Vannoy was very happy to report to us that the gift from Watauga which was a hand woven bedspread, was presented to one of the most outstanding guest at the meeting the National president Mrs. Jennie Williams of Oklahoma. All of the club women of Watauga County were very proud of this honor. The group sang one of their club songs "Hail Club Women, Crowned Thru Service" followed by the awarding of the gavel to the Brushy Fork Home Demonstration Club for having the most outstanding Achievement for the year. This was a good record for Brushy Fork Club because they are one of the youngest clubs in the county and received the highest honor for their club achievements. The meeting adjourned after the club members creed and a song, "Sing Your Way Home."

Other guests present for the meeting were Mr. Alred representative for Blue Ridge Electric Corporation, also a student teacher from Appalachian State Teachers College, Miss Mary Sue Norman who is planning to begin extension work the first of the year.

Club women from various clubs in the county were also awarded book certificates for their reading program. There were two women who received Advanced book Certificates and sixteen who received Book Review Certificates.

Mrs. A. E. Vannoy
 County Council Pres.

News From Clay

An announcement from Mr. John H. Marris, Extension Horticultural Specialist on November 21, 1952, states that the Quall's Creek Home Demonstration Club in Clay County, is second place winner in the roadside or "Model Mile" contest for this year. The Quall's Creek community, as well as the Home Demonstration Club members in that area, have worked faithfully on this project for the last year, working out their road signs, mail box names, etc., in a uniform lettering plan. Each family in the community has taken a great deal of interest in this project and are very proud of the results they have obtained.

In connection with the Reading Clubs started among the Home Dem. Club members two years ago with the Regional Librarian, Miss Phyllis Snyder, a very outstanding club has been organized by Mrs. Peggy Zimmerman in the Quall's Creek Community. Mrs. Zimmerman started her Reading Club along the same lines as the other women, but she held her meetings on Sunday afternoons. Mrs. Zimmerman started the club with five members—all small children who lived close to her home—The total has now reached fifteen, and includes every child in her neighborhood who lives within walking distance. Whereas the other clubs only have meetings during the summer months, Peggy continues hers throughout the year—since having them on Sunday afternoons does not interfere with the school work of the children. Mrs. Zimmerman is to be highly commended on the fine work she is doing with the Reading Club in her community.

Mrs. Geraldine Ford
 County Council Secretary

Perquimans Federation Program

Mrs. P. P. Gregory, Past President of N. C. Home Demonstration Clubs, was guest speaker for the Fall Achievement Day Program held at Winfall Grammar School in Perquimans on Wednesday, November 5. She showed slides taken on her trip to Europe, since the war, and made a very interesting talk.

Mrs. John Hurdle, County Council President, presided over the meeting which opened with the group singing, "United Nations Hymn." The County Chorus, dressed in new capes, rendered special music. Belvidere Club gave the County Report of Achievements, in the form of a skit. Mrs. M. T. Griffin of Hopewell club presented the speaker. Perfect attendance and Reading Certificates were given to those eligible to receive them. The meeting adjourned with the collect.

Following the meeting, Ballhack, Bethel, Beach Springs, Burgess, Snow Hill-White Hat, Helen Gaither, and Hopewell Clubs were hostess to a tea in the school lunchroom.

Mrs. John Hurdle
 County Council President

(Cont. from page 1, col. 3)

Community buildings are very foremost in many Club members minds these days—with three already in use and one nearing completion, while at least two more are in the planning stage, it's no wonder!

Daphne W. Yon
 County Council President

Haywood County 1952 Home Demonstration Achievement Day And Tobacco Harvest Festival

The 1952 Home Demonstration Achievement Day and Tobacco Harvest Festival was held in the Waynesville Armory on November 18-19. This event was an excellent culmination of the year's activities for the 26 Home Demonstration Clubs in Haywood County. Each club used their allotted space of 10' x 12' to the best advantage possible to tell an educational story of their year's work, having chosen a theme early in 1952 and attempting to follow through with these plans. Judges from adjoining counties named the five top exhibits as follows:

1. Waynesville Homemakers—"Outdoor Fun." In this exhibit club members had assembled a picnic table and benches, chairs, and all the equipment needed for serving an outdoor meal. Their exhibit also included manikins with dresses suitable for the hostess and children. These garments were made by club members. The pine cone design was featured in the salad bowl, salad spoon and fork and in individual plates and wood forks for serving, as well as salt and pepper shakers. A beautiful outdoor flower arrangement of native plants, fruits and nuts centered the table with wood plates showing the type of handicrafts which had been done by this club. Place mats featured Swedish darning. An outdoor furnace was built of brick and was ready for use except for mortar being added. Gourds had been used for flower arrangements and for serving of foods. The rug covering the terrace was restored grass rug which had been water-proofed and restored to use after it had been discarded by one of the members. The entire exhibit featured all phases of work for the entire year. Mrs. Joe Cathey was chairman of the Achievement Day Committee and Mrs. H. O. Champion is president of the club.

2. Good Neighbors of Center Pigeon—"When We're Green We Grow." This exhibit featured the old and the new ways of ironing and laundering with the idea of club women gaining knowledge from their Home Demonstration lesson on improved ironing methods which leave leisure hours for some of the types of things every woman would like to do as handicrafts, Home Demonstration reading, etc. The space was divided by a low wall. The old way included a wind break of toe sacks, wash pot, out of doors, and the wash woman sweating over a scrub board in a tub of water mounted on a rickety chair at a very poor height. The flat sad irons were also heated out of doors

and ironing was done on a board resting on the backs of chairs. In the new way the electric washing machine, drier and ironer (of which this club has many) were featured. These women captivated the eye of the public by having club women in the booth at all times doing the washing and enjoying the pleasure of the automatic utility room. Mrs. Ray Haynes, Chairman, was dressed in a 1900 outfit of full skirt and bonnet, with ambeer oozing out the corner of her mouth and scrubbing on the hand wash board. She did an excellent impersonation of the old drudgery task while Mrs. R. G. Chason, President of the club, enjoyed crocheting as she watched her automatic washer and drier work in the other side of the booth.

3. Fairview—"Enriched Corn Meal." An excellent educational exhibit was prepared by the Fairview Club women in their method of presenting the enriched corn meal story. The enrichment attachment was borrowed from Clemson College and set up by the women. Featured with this was a table of corn meal products, such as rolls, cookies, breads, etc., creating much interest in the use of corn meal. The exhibit was very neatly arranged and told a good story. Mrs. Joseph Migliarini was chairman of the Achievement Day Committee and Mrs. Fred Plott is president of the club.

4. Francis Cove—"Creative Hands." Francis Cove Club women attempted to show some of the beautiful things which can be made by creative hands. A luncheon table was set with a dried flower arrangement, mats with pottery accenting the color of the dried flower arrangement and place cards done from seed pods. On the wall was a seed pod plaque. In the back of the exhibit was a shelf displaying what creative hands can do with discarded bottles and jars arranged most artistically with seed pods, dried flowers and vines. Other flower arrangements included the use of gatherings from the woods, mosses, weeds, lichens, fungus, etc. On a bamboo mat was arranged a cypress knee which gave the impression of the Madonna. A highly glazed wood plate behind it gave an excellent reflection and with an added touch of green a most impressive flower arrangement was done. Besides these articles there was displayed the many ways that Swedish darning, needle point can be used for attractive articles. Mrs. Troy Wyche was chairman and Mrs. R. C. Rickman is president of the club.

5. McKimmon—"A Good Sewing Center." This exhibit was excellent and had assembled the sewing unit which
(con't page 4, col. 3)

Marcia Albertson Club House Dedication

Tribute to Miss Marcia Albertson, first home agent of Pasquotank County who will be 96 years old this month, was paid Sunday afternoon, July 27, when the Marcia Albertson Club House was dedicated "to service of the home, the family and community," by members of the club.

Paying tribute to Miss Albertson and charter club members, in behalf of the club, Mrs. Vernon James, chairman of the club building committee, who gave a resume of the life work of Miss Marcia and described her as always having an "open mind and willing hands and good will at the center of all she has done, giving a life of service to the people of Pasquotank County."

Mrs. James explained that the Marcia Albertson Home Demonstration Club was the oldest club in the county, being an outgrowth of the Dry Ridge Club, organized in April 1917, and the Newbegun Club, organized in October 1917, and consolidated into one club in the early 1930's. She recognized as charter members of the club Mrs. John Palmer, Mrs. Maude Keaton, Mrs. Wilson Scott, Mrs. C. L. Ball, Mrs. Mae Commander, Mrs. J. W. Hobbs, Sr., Mrs. Sam Wilson, Mrs. J. M. Wilson, Mrs. W. T. Jackson, Sr., and Mrs. Heywood Morris. Two charter members of the Newbegun Club, Mrs. W. J. Meads and Mrs. H. C. Meads, were recognized.

Mrs. J. L. Shipley, niece of Miss Marcia, brought a message from the first home agent who was unable to be present, expressing happiness at the honor paid her and emphasizing that she "would rather have her name on the club house than on any great monument."

The act of dedication was conducted by Mrs. Charles Saunders, chairman of the club community service, who dedicated the building to the use of the community, family and home and pledged greater service of the club members. Called upon to receive the building as representatives of the community were George Halstead, Chairman of the County Commissioners, who responded to the dedication; W. C. Morrisette, Weekesville Principal; Mrs. Julian Saunders, PTA President; H. C. Meads, Superintendent of Newbegun Methodist Church; W. B. Saunders, Superintendent of Union Church; Lloyd Halstead, Superintendent of Salem Sunday School; William James, President of the Weekesville Lions Club; Vernon James, President of the Weekesville Vegetable Growers; Mrs. J. H. Stone, President of the Maude Hodges Home
(con't page 4, col. 3)

Demonstration Club; Mrs. W. P. Eves, President of the Salem Home Demonstration Club; Mrs. Carol Jackson, President of the County Council of Home Demonstration Clubs; Sara Melvin, County Home Agent; Eleanor Wrae Cartwright, representing 4-H Clubs, and Vernon Grant James, representing Future Farmers of America.

Prayer of dedication was given by the Rev. Ambrose Burgess, retired minister, and concluding the prayer, Mrs. Glenn Pendleton sang as a solo, Bless This House.

Preceding the dedication, Mrs. P. P. Gregory, of Shawboro, past President of the State Federation of Home Demonstration Clubs, spoke briefly and urged the club members to go forward in greater service pointing out that the real ideal for any club is "where the fatherhood of God is recognized in the brotherhood of neighbor." She urged that the community building be used for recreation for all ages with emphasis placed on providing youth with supervised play; that it be used as a reading room for increase in knowledge; that music appreciation be stimulated in the youth and adult groups and that cooperation and unity feature all the activities of the community. Mrs. Gregory presented the club with two bronze plates as a house warming gift.

Mrs. Vernon J. Langford, District Home Agent, complimented the club for its success in the building project and said that no other clubs in the States are more active than those in the Albemarle section.

The concluding address of the evening was made by Dr. F. H. Jeter, Editor of Extension Service, who also paid tribute to Miss Marcia and pointed to a greater expansion in agriculture in North Carolina. He pointed out that there is inherent in every community some spark of greatness, which can be found everywhere one goes in North Carolina. He said that throughout his travels in the State he has visited nearly every community and that he found the rural people speaking a common language and undivided by some "ism."

Dr. Jeter pointed to North Carolina's high ranking place in production of farm crops, in the value of crops and the farm population which is the highest in the nation. He said that in all phases of agriculture North Carolina is going forward, in crops, in livestock and in forest and feed crops and predicted that within a few years North Carolina will be lifted to heights never dreamed of before. He said that many goals have already been passed and pointed to newer goals of the future and urged his audience to join in the work of making North Carolina greater.

Wash Day In France

The landscape of France, like an aerial map, is made up of many small parts of countryside, all different, ranging from woods to pasture land, from quarries to villages, from flowing rivers to moors and waste land. Indeed there are so many provinces in France and so many different customs, languages and native costumes that it is difficult to generalise about any particular aspect of rural life. I will, therefore, describe washing-day in the part of France I know best—Brittany—where I was born and bred.

Contrary to well-established custom in many other parts of the world, Monday is not always the day chosen for this domestic chore. In fact, washing-day is almost a daily business in some large farms. This is, of course, due to the tremendous amount of linen still used in national costumes and women's headdresses. Children's clothes also require a lot of washing and there are so many babies born every year in Brittany that the mothers have a great deal to do in this way.

Here one thing is absolutely indispensable—clothes must at all costs be washed in running water. There are many streams in this rainswept region of France and running water is plentiful. Each farm or hamlet possesses its own "done", as the washing place is called in Gaelic. It may be a corner of a stream among the rushes, the meadow sweet and the forget-me-nots, while grazing cows look on, or it may be a crystal clear spring coming out of a big boulder, topped by heather, whichever it may be, it is *the* washing place to the farmer's wife where she will go every second day or so, with a bundle of clothes on her shoulder.

The stream or spring at the chosen spot has been enlarged and perhaps deepened by her husband. A large flat stone has been placed on the ground, slightly tilted towards the water. On this stone, the housewife will kneel, sometimes on a flat straw cushion. Soap in one hand and large, short bat in the other, she will lather the wet clothes, rub them, beat them, and finally rinse them several times in the running water. Every part of the clothing has to be washed, from the stiff, coarse shirts of the men, to the skirts she and her grown-up daughter are wearing—from the delicate lace on their headdresses to the infants' diapers. Whether it is made of wool, fine linen, coarse duck or handwoven flax, every piece goes into the river and comes out clean.

Some of the richer households possess an incredible number of bedsheets that come down as precious heirlooms,

from mothers to daughters. Before the war I have counted over 100 pairs, beautifully piled up in the large oak-carved cupboards in many a farm I have visited. These are not used, as country folks in their old-fashioned carved cupboards-beds prefer to sleep *under* feather mattresses. The sheets are, I should say, almost for display, just to show the wealth of the household. But they have to be washed every year, all the same, and at times it is quite a pretty sight to see the meadows all white around the washing place, covered with these beautifully laundered sheets. No washing powders or clean-while-you-sleep methods for them!

Starching, if required, mostly for the headdresses, is made at home, and ironing is done with a very heavy iron, a very high one filled with red-hot charcoal. Sheets, shirts and undergarments are never ironed. (Tableclothes and napkins are not used.)

Now, you may say, this is all very well for isolated dwellings near running streams, but what about the village people? They also have their running-water washing places. A "lavoir" is built by the village pond or stream and is communal washing place. The water runs through a cemented, built-in pool, all round which are placed the large flat slates where the housewives kneel, their piles of clothes nearby. Sometimes they bring a sort of flat box, with boards on three sides only and padded with all sorts of old rags: these boxes are a comfort for their knees, as washing may go on for quite a long time. The communal wash place has a roof and is often a kind of hanger where clothes can be hung to dry afterwards. Naturally it is the centre for "society gossip"! All the village news originates and is circulated from there. Comparisons are exchanged about the "ladies" underclothes and the latest fashions in trousseaux. Many little scandals are born there and many neighbours' quarrels start—or are patched up—while hands get busy with the soap and brush.

From the Countrywoman

(con't from page 3 col. 2)

had been developed by one of the club members and featured some of the work of this club for the year. Articles of clothing were on display and the story of getting more pleasure and profit from your sewing time was well told. Mrs. Logan White was chairman and Mrs. H. L. Morgan is president of the club.

Mrs. J. E. Burnett,
Haywood County

FARM AND HOME WEEK
June 8-11, 1953