NORTH CAROLINA FEDERATION OF HOME DEMONSTRATION CLUBS

NEWS LETTER

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NO. 3

FARM AND HOME WEEK August 18-21, 1952

Club members throughout the state may look forward to a program of education, inspiration, and recreation at Farm and Home Week. The week will be filled with interesting classes, demonstrations, lectures, singing, contests, and other worthwhile activities. Some of the featured speakers are Governor W. Kerr Scott; Mr. L. Y. Ballentine, Commissioner of Agriculture; Dr. Gordon Gray, President, The Greater University of North Carolina, Chapel Hill.

The Rural Church Institute will again have a definite place on the program.

The Annual meeting of the North Carolina Federation of Home Demonstration Clubs will be held in Memorial Auditorium, Thursday A.M., August 21, with Miss Margery Wilson, of New York City, as Guest Speaker. Miss Wilson is an author, lecturer, writer, and an internationally known authority on "Gracious Living." She will have a message of interest to every club member.

It is hoped that more club members than ever before will attend Farm and Home Week, and that a great number will bring their husbands to participate in the program which is being planned for them.

Music Festival

Old King Cole was a merry old soul, And a merry old soul was he;

He called for his pipe

And he called for his bowl, And he called for his fiddlers three!

This old ditty was much more than a nursery rhyme on the night of March 14, when the Buckhorn Home Demonstration Club in Wilson County used it as the theme of their first Music Festival.

Mrs. J. Roy Wilkerson, the club president, had felt for a long time that clubs in Wilson County were selecting community projects that called for too much emphasis on money raising. She felt that a project could be selected that would touch and benefit the whole community and yet not require the expenditure of much money. After a great deal of thought and discussion the Buckhorn club hit upon the idea of sponsoring



MARGERY WILSON

a county-wide music festival as their community project.

Under the capable leadership of the club's music chairman, Mrs. Charlie Barnes, the members went to work to plan their festival. They asked all twenty-four Wilson County Home Demonstration clubs to provide one musical number. They decided that any talent available in the community could be used. All entries were to be submitted about a week before the time for the festival in order for the Buckhorn women to arrange the program and have it printed.

With these plans made they had to wait for the other clubs to respond. But their wait was not long. Entries began to pour in until a week ahead of time every club in the county had promised to provide a number.

On the night of March 14 the large auditorium of the Rock Ridge High School was filled with people from all over the county. After a welcome by the club president the curtain was drawn to disclose Old King Cole, seated on a throne, surrounded by heralds and his fiddlers. After getting comfortable with his bowl and pipe the King demanded to be entertained, and the Master of Ceremonies called on the Toisnot Club which presented the Griffin sisters doing a vocal selection. From then on both the audience and the fabulous King were amused by a variety of musical talent. All kinds of

(Continued on Page 3, col. 1)

Leaders Are On The Job

Collectively and in separate groups, the members of Stanly County home demonstration clubs harmoniously work with their home agent, Miss Edith Hinshaw, in carrying out constructive programs which lead to a higher level of rural and community living.

During the past year keen interest has been actively expressed in such diversified subjects as Citizenship, Family relations, home viewing tours, highway beautification, reading courses, mail box improvement, making aluminum trays and fashioning nylon flowers. Interspaced with all this, we have had training in the latest methods of canning, preparation of frozen foods, sewing, home improvement, both inside the house and planting the grounds.

While engaged in the different phases of club work mentioned, many of our women have developed a quality of leadership which we believe to be the salient point of our advancement. Appointed leaders from each of the 22 home demonstration clubs attended leader training schools in Albemarle. Each local leader gave the planned demonstration in her own club that month.

One of the older members, who has been in club work for more than a quarter of a century, remarked, "It is simply amazing the way these women perform. With all the ease, poise and efficiency of college trained experts, they stand up and talk or do anything else they are expected to do. Why, when our club was first organized back in 1924," she continued. "we elected a president but more often than not she refused to preside because she just couldn't stand on her feet and talk in public."

While home demonstration club work has helped the rural women of Stanly County to be more efficient home makers, it also has, through leadership training, opened wider avenues of service in school and church organizations and all activities pertaining to the betterment of rural life.

> Mrs. Loula C. Hartsell Stanly County, Locust Club

It would be better to be able to enjoy the things you cannot have than to have things you are not able to appreciate. -ELBERT HUBBARD.

NEWS LETTER

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Pitt County's Progress in Music

The value of the Home Demonstration work in Pitt County is beyond estimation. There are many phases of the program that raises the standard of living in our rural areas. One of the most outstanding projects, however, has been the music program.

The program was begun during the summer of 1951. A few music leaders from the different clubs met in a music room at East Carolina College with the Music Chairman, Mrs. J. Paul Davenport, to study music appreciation so that one song and one recording could be presented to each club at monthly meetings. This group was the nucleus from which a county chorus was formed. Miss Current requested that each county have a chorus to participate at Farm and Home Week, so music for our chorus was selected and 35 women participated.

The Pitt County Chorus sang 2 numbers with Mrs. J. Paul Davenport, Director and Mr. Leon B. Fleming, accompanist. Mrs. Edgar Denton sang an obligato. Too much praise cannot be given these women for their regular attendance and loyal efforts at busiest season of the year. Some of them worked in tobacco fields until dark, fixed supper, and drove to Greenville to practice.

In the fall of 1951 the Pitt County Chorus was officially organized with Mrs. Fenner Allen, President; Mrs. Lucy Allen, Vice President; and Mrs. Ola Kittrell, Treasurer.

Mrs. William May joined the chorus first as soloist and later as director with Mrs. Davenport continuing as County Music Leader and accompanist.

In keeping with our State Music Program Rural Church music has been emphasized in Pitt County. A county leaders' church music school was held in February with 11 clubs participating.

Our Chorus sang at a District Church Music School in December and at the 22nd District Federation meeting in April.

Since men are so important in producing good Church music and add to enjoyment of Choral Club practice it was decided to invite men to join our group. Men attended our meeting first in December and from then on our bi-monthly meetings have been most profitable, being held in churches of the various communities. Enjoyable social hours follow the rehearsals. Members and spectators present have numbered approximately 100. In April our group participated in the WPTF Awards Contest. Now the women are working on choruses for Farm and Home Week.

Space does not permit to tell of the good fellowship and understanding to say nothing of the joy of expression through singing and the knowledge and instruction gained which has been carried into our churches and communities. Music has meant much to us in Pitt County and we believe it will continue to be a vital part of our Home Demonstration program.

Mrs. J. Paul Davenport State Chairman **Music Education**

Gaston's Community Project

The YMW Club in Gaston County consider their community project most worthwhile and the student nurses from Gaston Memorial Hospital would readily agree with them on this subject. The Gastonia Altrusa Club, for many years has sponsored 4-H Club work in Gaston County. As another project for their club, they have taken the student nurses of Gaston Memorial Hospital. Since these girls do not have many facilities for learning recreation, the Vocational Guidance Committee approached the YMW Leader and a committee with this question: "Would the YMW boys be interested in teaching recreation and square dancing to the nurses?" The boys were contacted and agreed to take this as a community project for a year. The Altrusa Committee arranged with the American Legion for the group to meet in the Memorial Hall one night each month. As many of the girls were on duty at night, the supervisor of nurses always contacted the YMW Leader before the meeting and reported the number of girls to expect so that partners could be secured for dancing. The girls' primary interest was square dancing; therefore, most of the time was spent on this type recreation. Since the YMW Club has recreational equipment plus several members who are adept in calling figures, it was no problem to get this project underway. The Vocational Guidance Committee is present at every meeting and serves refreshment between dances. Each fourth Thursday night each month, anyone could drop into the Memorial Hall and would vouch for the good times had by all.

The supervisor of nurses, Louise Taylor, told the Altrusa Club that these dances had opened up a new source of dates to the nurses. These were boys she was glad for them to associate with. As always you have the same group of boys dating the nurses just as you have town boys dating college girls. Miss Taylor complimented our rural boys. She considers them the finest group she has been associated with.

Hertford Club Women Plan and Do in '52

The Home Demonstration Club members of Hertford County have been very active in their club and community activities for 1952. Each club has set a special project for this year's work.

The Sunshine Club led by Mrs. Frank Pierce has recently moved into their new club house. All of the members have cooperated in the project. Mrs. Della Evans and Mrs. A. C. Holloman visited all of the farmer members of the Woodman of The World and bargained for their unused plot of land in the center of their community and received the deed free of charge. They sold ads for the tables, collected coupons and purchased silver, sold chickens and cards, and served suppers for the civic clubs and asked for contributions to raise needed funds. The husbands donated the labor and had a wonderful time while working on the building in between farm chores and at night. The wives gave them their favorite foods at a picnic held during National Home Demonstration Week as a way of saying "Thanks."

The Woodrow Club president Mrs. T. J. Benthall appointed the play-

ground committee and they are very busy making plans and soliciting help to provide community picnic and playground equipment at their club house. A sand box is the first item on the list. The members are collecting old spoons and other articles and painting tin cans in bright colors, for use in and around the sand box. They want to build picnic tables this summer and later they plan to add an outdoor fireplace, see-saws, swings and other equipment that will make the picnic grounds and the playground more inviting to local people and for tourist.

In the interest of Music Appreciation Mr. Johnny Palmer, radio announcer, is donating the time and preparing a program of good music to be broadcast over Station WRCS in Ahoskie. The program is arranged in this manner—a community sing recording is played. "This is an Orchestra" is discussed and a different instrument is used each week. Another recording is played using that instrument in a solo or a leading part. The flute and harp are the instruments that have been discussed.

There are 30 or more club women who have entered the Kitchen Contest. One club member and her husband are remodeling their home according to State Extension plans. When it is completed the public will be invited to visit it.

National Home Demonstration Club Week was observed in many and various ways. Church grounds and club houses were cleaned, fish frys were held, the prize winning garments in the 1952 dress revue were displayed in a store window. One club planned to make a United Nations Flag in observance of the week. Several members tried to do something especially nice for someone.

(Continued from Page 1, col. 2) music were on the program, classical, light classical, jazz, hillbilly, and religious. As a finale all entertainers went on the stage and the festival closed with Miss Polly Wilkerson singing the Benediction.

Members of the Buckhorn Club went home feeling their project had made definite accomplishments such as providing an evening of recreation for a community in need of more planned recreation, demonstrating how badly musical training is needed in Wilson County and proving what musical talent can mean to a community.

Mrs. Albert H. Proctor Wilson County Council President

News From McDowell

McDowell County Home Demonstration work has noted a large increase in membership during the past year, with two new clubs. There are now 17 clubs with a total membership of 558. At the beginning of this year, all clubs revised their rolls and agreed that a member absent three months in succession would automatically place her name on an inactive list. Records show that only 10 have been lost, with a gain of 228.

Topics emphasized during the year have been Nutrition, Family Relations, Music, and Home Beautification.

Demonstrations were given on frozen foods, economical, but complete meals, as well as a number of special demonstrations by trained workers. In connection with nutrition physical examinations were encouraged, and a large number of McDowell women attended the Cancer Clinic at Mission Hospital in Asheville.

Family Relations programs drew much interest, as the subject was discussed from various angles. Conferences on Citizenship were held in Marion and Rutherfordton where leaders in this field attended and reported at their individual clubs.

Music, which has played only a minor part in Home Demonstration Clubs here in former years has come into the lime light. Under the direction of the County Music Leader, Mrs. Guy Little, a period of practice is held 30 minutes prior to each County Council Meeting. A piano to be used in the club office is being purchased with members of all clubs donating.

A major project now in effect is the improvement of our roadsides and more attractive mailboxes.

Another new and valuable addition to our work is a county publicity chairman. Mrs. Harlow Noblitt visits different clubs and writes in an interesting manner the history and outstanding achievements of the clubs. These articles are published in the county newspaper, thus informing the public of the work being done.

A county wide dress revue was held June 3 in the evening. An interesting program was given with the various clubs modeling their dresses and other articles of clothing in clever ways. At the same time the 4-H club girls modeled the clothes they had made and prizes were given the winners in the latter. Mrs. Marion Morgan, County Clothing Chairman, introduced the clubs as they participated.

Mrs. Locke Tate

County Council President

Mecklenburg Home Demonstration Club Women Build Curb Market

One of the outstanding accomplishments of the twenty-three Home Demonstration Clubs in Mecklenburg County is the building of the Home Demonstration Curb Market which is housed in a brick building on Harding Place.

This building was purchased in 1940 by the Federation of Home Demonstration Clubs in this county for \$75,000.

The sellers have increased from around fifteen to sixty-five. These sellers come from almost every section of the county and they bring their surplus products which are enjoyed by the city people. The city people like to have these products because they know they are tops in quality and the freshness contributes much to the health of our city people.

These people who bring their surplus products to the market not only realize profit from their products, but also establish friendships with many of the city people and get acquainted with people from all sections of the county and they find out what's happening in the different communities and Home Demonstration Clubs.

Through this project, many farm boys and girls have had the opportunity of continuing their education by going to college. Many homes have been remodeled and new homes have been built by the money realized from market sales.

This year Mecklenburg Home Demonstration Curb Market topped sales in the whole state. The total sales amounted to approximately \$60,000.

At present we are planning to enlarge the building which is now owned by the Mecklenburg Federation of Home Demonstration Clubs. The new part will be approximately the same size of the present building. This new section will have a complete heating system and a demonstration kitchen and seating capacity for around 500 people.

If this plan is carried out as we now have it, a dream of years ago will have come true.

Knowledge cannot be stolen from us. It cannot be bought and sold. We may be poor, and the sheriff may come and sell our furniture, or drive away the cow, or take our pet lamb and leave: us homeless and penniless, but he cannot lay the law's hand upon the jewelry of our minds.

-ELIHU BURRITT.

Citizenship and Music Stressed in Northampton

Since leaders and members in Northampton have increasingly shown interest from the beginning of this year in both Citizenship and Music, I would like to write briefly of these two "Special Interests."

The Home Agent provided the impetus for Citizenship interest when she presented a most thought provoking program in January on Local Government.

During January, Mrs. P. G. Reid, County Citizenship Chairman, Mrs. C. G. Matthews, County Education Chairman and the Agent attended a Citizenship Workshop in Greenville. Enthusiasm was keen after hearing the outstanding speakers there. As a further step toward developing countywide interest, Mrs. Reid, Mrs. Matthews, and M. B. Stephenson, County Community Service Chairman, accompanied the County Council President to the Second Annual Conference on International Problems at Chapel Hill in February.

A Citizenship Program for the County was outlined by Mrs. Reid at the April County Council using the information gained at these two meetings as a basis. The Council voted to invite Dr. B. Tartt Bell, American Friends Service Committee Executive, to speak at the Fall Achievement Day Program. Dr. Bell accepted the invitation to speak to the Federation on Nov. 6th.

Citizenship Leaders will be trained in December to give Club Programs early in 1953.

Club members in Northampton realize more than ever that in the happiest homes there must be music. Leaders throughout the County have been trained to carry the Music Program into their respective clubs.

In January, Rev. F. B. Robinson, Pastor of Galatia Baptist Church, Mrs. J. B. Stephenson, former County Music Chairman, and Mrs. F. L. Johnson, Milwaukee Club Music Chairman attended a Rural Church Music Workshop at E.C.C. in Greenville. A similar workshop was held in the Jackson Baptist Church in February with the above leaders conducting it. They were assisted by Mrs. E. S. Morgan, Choir Director of Seaboard Baptist Church, and Miss Dorothy Ballinger, Music Director at Chowan College. Fortythree leaders attended, representing sixteen County churches.

Much interest has been noted throughout the County as a result of this program. A survey is being currently conducted to determine just what results have been accomplished from this phase of the Music Program. Only seven of the forty-three survey blanks have been returned to date. From these, we note the following results:

Four Junior Choirs and three Senior Choirs have been organized; Seven report that the quality of church music has been definitely improved; Three reported that twelve new hymns have been taught the congregation by the choir using the same hymn on consecutive Sundays; Every one reported that the choir members are much more interested in choir practice since the program was given.

State Song Books have been issued to each club member, and during May, four Community Sings were organized. Plans are underway to organize a County Chorus in the Summer.

These two interests have meant much to make happier families, more pleasant homes and better communities through the education of its members for better citizens, and through arousing a deeper appreciation of the finer spiritual values.

Estelle Daniel, Pres. Northampton County Council

Improvement of Home and Community Grounds

Martin County Home Demonstration Club Women began a special project in 1951, to beautify roadside, Home, School, Church, and Manse grounds.

Dogwood, being our State Flower, was the first consideration, and a total of 319 young trees were carefully dug up and transplanted in February of last year. Mrs. Helen Andrews of the Hamilton Club was personally responsible for 50 trees of the above number, being set in various places in the town of Hamilton.

In March of this year, members of the Cross Roads Club planted 78 Dogwoods. Thirty-six of this number were planted on the Christian Chapel Church yard.

Two Manse grounds were completely landscaped by the Bear Grass and Fairview Club women, using trees and shrubbery of approved varieties. A total of 200 Dogwoods have been reported set out by all other clubs.

In connection with the Roadside Development Program, and sponsored by the club women, mailboxes throughout the county have been improved by the use of new and attractive standards, paint and lettering.

Mrs. Walter Wynne

County Council President

A SUMMER CREED

- I believe in the flowers, and their glorious indifference to the changes of the morrow.
- I believe in the birds, and their implicit trust in the loving Providence that feeds them.
- I believe in the prayer-chanting brooks, as they murmur a sweet hope of finding the far-distant sea to which they patiently run.
- I believe in the whispering winds, for they teach me to listen to the still small voice within my feverish soul.
- I believe in the vagrant clouds, as they remind me that life, like a summer day, must have some darkness to reveal its hidden meaning.
- I believe in the soft-speaking rains, accented with warm tears, telling me that nothing will grow save it be fertilized with tears.
- I believe in the golden hush of the sunsets, reflecting a momentary glory of that great world beyond my little horizon.
- I believe in the soft-falling dew, revealing the infinite spring of living waters for everything parched and withered.
- I believe in the holiness of twilight, as it gives me sense of the presence of God, and I know I am not alone. And whatever else I believe is enshrined in those abiding feelings that lie too deep for words.

A. A. Argow.

PROMISE YOURSELF

To be strong that nothing can disturb your peace of mind.

- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and to give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

-CHRISTIAN D. LARSON.

July, 1952

Eventful Year in Nash County

This past year has been most eventful, and it is a great pleasure to see the way that we in Nash County continue to grow, to see the inspiration which comes from our meetings, and the enthusiasm of those participating in them.

One cannot think of Home Demonstration work without being mindful of the hundreds of women in our county who faithfully and eagerly responded to their opportunities. Take away our opportunities and our life would be impoverished.

In Nash County we have grown in numbers as well as in influence. We have made great strides in health improvement, cooperating with our agencies interested in better health; we have assumed our responsibility as informed and active citizens striving to make this a better place in which to live; we have promoted a strong family life program, bringing about a richer, fuller community living; our leaders have done a splendid work, showing the qualities of real leadership, ability and special interest in these projects; we have remodeled, refinished, equipped and built many new homes; we have stressed appreciation of good music encouraging our local talent; we have coordinated our efforts in solving our community problems, making more effective the institutions of our community life, such as libraries and facilities for recreation, and emphasized the opportunities afforded by club work in the development of our young people assisting as 4-H leaders in the expansion of this program.

Emerson said "The reward of a thing well done is to have done it," and as we think of our accomplishments for the past year we feel amply rewarded for our efforts for taking advantage of our opportunities.

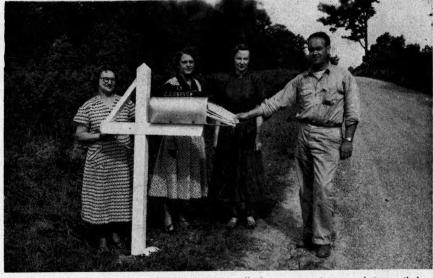
And one of the best things about this life is that each of us has opportunities to do work that is worthwhile, that is worthy of our full energy and best efforts.

May we always bring a high motive to even the little tasks, not only enabling us to render our best service, but developing and enlarging our better selves.

Let's cultivate the habit of doing our very best, for we have just one life to live, and we want to prove ourselves workmen that need not be ashamed.

Mrs. Clyde King Nash County Council President

Make the most of yourself for that is all there is to you. -EMERSON.



Home Demonstration Club members in McDowell County are interested in mail box improvement. Shown above is an example of what they are doing in the Nebo Community. Left to Right are Mrs. J. J. Crouch, Mrs. Watson Wilson, Chairman of the Project, Mrs. James Parks, and Mr. Ned McGimpsey, Rural Mail Carrier.

Johnston County's Two Outstanding Features—County Council and Leaders

County Councils in Johnston County have averaged better than 150 club members for each of the 4 meetings this year. These meetings are held in the community buildings throughout the county with the club that entertains also serving lunch for a dollar, per plate. The funds from the lunch are divided and $\frac{1}{3}$ goes back to County Council and the other $\frac{2}{3}$ goes to the local club.

Programs have varied this year from Civil defense discussions by State Director E. Z. Jones, to dress revues by local County Clothing leader, Mrs. Robert Reed, to training schools for 8 of the club leaders, to presentation of the N. C. Accepts the Challenge Program by farm and home agent.

Sidelines on the programs other than the regular business meetings that consume one half of the days program have been 4-H activities. On one occasion Mrs. Kirby Langdon, Hannah's Creek 4-H neighborhood leader, Harold Langdon, 4-H County Council president and Shirley Puckett, 4-H Vice-President gave a round table discussion on Working Together-4-H and Home Demonstration. Another occasion the 4-H Individual Dairy Foods winner, Mary Lou Lee and the 4-H Dairy Foods Team Winners, Melba Warrick and Patsy Williams presented their demonstrations to the County Council.

In appreciation and for encouragement in this activity Mrs. R. Y. Stephenson, County dairy foods leader, presented the girls five dollars each from the County Council.

At all meetings the officers of the County Council have been present. Mrs. Charles Kirby, presiding with much ease, Mrs. D. C. Shaw, treasurer is most gracious in presenting the club's financial status. The club's secretary, Mrs. Luther Bevins, rides the bus some 10 miles to the meetings. Our vicepresident, Mrs. Vic Hill, keeps the Council on its toes for publicity from each of the clubs.

Johnston County is very proud of the work being done by the project leaders, who have had special training to do a better job. The Citizenship leader, Mrs. Aaron Penny, is keeping the clubs reminded that a good citizen is an informed citizen, locally, nationally and internationally. Mrs. Cleon Woodard, the county leader is keeping all the local health leaders participating in the Health Program to minimize the spread of contagious diseases and cancer.

The Clothing leaders, led by Mrs. Robert Reed, has done a fine job of presenting to the local clubs ways by which our club women may be better dressed, at a lower cost. The County Clothing leader had charge of the dress review at Spring County Council.

Dairy Foods Leaders, under the direction of Mrs. R. Y. Stephenson are assisting 4-H club leaders and members in their dairy foods demonstrations which is very helpful, from a stand point of achievement and understanding.

> Mrs. Vic Hill County Publicity Chairman

Rowan Makes Extensive Use of Radio

We have found that radio broadcasts have been useful in creating intensive interest not only among our club members, but of the general public as well, in special projects of our Home Demonstration Club Work.

The two broadcasting stations in our county, WSTP and WSAT, have been most cooperative in extending to us the use of their facilities. WSTP along with the Salisbury Evening Post were co-sponsors of a Community Improvement Contest conducted by the various clubs in the county last year. A survey was made by the members of improvements made in the individual homes and on individual farms and of any special community project undertaken (such as club houses, recreational centers, mail box improvement, etc.). Prizes were awarded to the three winning clubs. We feel that the great success of the project was due to a great extent to the interest created by, and the publicity given through radio programs.

When it was thought that our reading program was lagging last spring a series of weekly, twenty-five minute broadcasts, was arranged. Through the months of March, April, and May approved books were reviewed by two club members along with the professional assistance of Dr. Mary Catheryn Park, of the English Department of Catawba College. As a result, the number of reading certificates issued at the end of the year showed a great increase over previous years. This project was so well received by the public as a whole that we have been urged to do a similar series of book reviews.

The first resolution passed by the Eighth District at its meeting April 29th of this year concerned itself with the duties of our members as voting citizens. The next day our County Council president was on the air making an urgent appeal to our members and others to register, if they had not already, do so—and then to be sure to vote their convictions. A statement to this effect was tape recorded by the council president and then used as a spot announcement off and on for the next month.

We of Rowan County feel strongly that radio is a great means in promoting home demonstration club work.

> Mrs. Clayton Davis Rowan County Council President

The doors of wisdom are never shut. -BENJAMIN FRANKLIN.

Center of Activities In Wake

When any of you are in Raleigh we would like to invite you to go by our new County Office Building which is one block behind the Sir Walter Hotel. It is a \$400,000 glass and brick building which houses the Extension, Health and Welfare Departments of the County. The Wake County Farm Women's Market is held in the first floor auditorium on Saturday mornings. Our County Council and leaders meetings are held there on the 4th Thursdays. The Home and Farm Agents offices are on third floor with a beautiful laboratory all done in yellow in room 238.

On the second floor you will find the Wake County Health Department. Also on that floor is the new T.B. X-ray unit with a full time secretary and X-ray technician where a chest X-ray may be taken within 10 minutes at any time during the day from 8:30 to 4:30 week days or till 12:30 Saturdays. Home Demonstration Club leaders met with Mrs. Lois Durham, County T.B. Secretary, and Mrs. Ruth Thompson Jobe, Health Educator for training in helping see that people in their communities took advantage of the service. Following the meeting the 28 leaders present had X-rays made of their own chests.

Home Demonstration women have helped popularize the use of Warferin for rat control in the County as recommended by the Health Department. It is sold at cost and is available at the Farm Women's Market on Saturday mornings at .20 cents per lb. mixed. Many communities report complete disappearance of rats.

Mrs. R. T. Bartholemew, who is Home Demonstration Health Chairman for the County has organized a Blue Cross-Blue Shield Hospitalization group in her community and acts as Secretary for the group.

Ten or more members from 24 home demonstration clubs in the county have completed the Home Nursing Course.

We are very proud of the fact that our County Home Demonstration Library Chairman, Mrs. Irvin Jackson, of the Bayleaf Club was asked to serve on the Board of the Olivia Raney Library, Our County Library, such people as Ex-Governor Broughton and Mrs. Jane S. McKimmon are her predecessors on this board.

Mrs. Jackson also represented the N. C. Federation of Home Demonstration clubs at a national meeting called by Director Wilson last September. Under her leadership 96 Home Demonstration women read the required number of books and gave reviews of them following an outline Mrs. Jackson suggested. One Home Demonstration Club, St. Mary's, has organized a separate book group meeting at a different time from the regular club meeting. In response to a request from this group Professor Richard Walser will give an Extension course in North Carolina Literature next fall in Raleigh.

Mrs. C. H. Pritchard President Wake County Council

Results of National Home Demonstration Week

Club women throughout the state held open house to friends, visitors and club members during National Home Demonstration Week. Some of the activities included club and community meetings, teas, luncheons, radio and television programs, and church services. An attendance of 14,-543 was reported at 321 meetings. Twenty-three church services were held on "Today's Home Builds Tomorrow's World" with 4,560 attending. Seven hundred and fifty-one new members were enrolled as a result of the week's activities. Three districts held their annual meeting during the week with an attendance of 2,050.

State Home Demonstration Staff Member Honored

Home demonstration club members throughout North Carolina are happy that Miss Rose Ellwood Bryan, Extension Economist in Food Conservation and Marketing, has received a Superior Service Award from the United States Department of Agriculture in Washington. This award carries a certificate and a silver medal.

Miss Bryan was cited "for exceptional planning, organization and leadership in bringing better living to rural families; establishing home demonstration curb markets, and for her efforts in the field of food preservation and craft work."

Earlier in the year, Miss Bryan was awarded a certificate for meritorious service to North Carolina Agriculture by the North Carolina Farm Bureau Federation. This award was presented for distinguished leadership in the department of home demonstration work. For more than 23 years she has been a most successful worker in three distinct fields of service with the North Carolina Agriculture Extension Service.

— Federation Day — August 21 —