

NEWS LETTER

Let's Take Stock

It has been said, that Home Demonstration work is the most far-reaching, on-the-job, voluntary educational program in the world.

Are we as Club women voluntarily reaching rural women that need to be Club members?

At the beginning of the New Year, I would suggest that a membership chairman in the local clubs be appointed with all members taking part. The Club members could be divided into two groups, each group having a captain. They should be given a list of non-club women in the community to be contacted. This contest should continue for a two week period in which club women will visit neighbors on their list.

They will explain the Home Demonstration Program and invite these neighbors to attend the next meeting stressing the demonstration to be given and make them feel they can contribute much in making themselves and club members a better rural home maker.

Mrs. R. L. Yancey
Norlina, N. C.

Moore County Council

The County Council in Moore County resumed a plan this year used before the war, one club was responsible for the program while two were the hostesses. Interest has increased and a more informed membership has resulted. Attendance at the meetings ranged from 50 to 100 members.

The winter meeting given by the Springfield club was an original play of a family breakfast with two teenagers, a baby, a young girl and the parents. The first scene was of confusion and discord in the entire family, while the second scene showed the family at breakfast after the Mother had been to the home demonstration club and the children were members of the 4-H Clubs. The family came to breakfast all dressed and in good humor. The members were excellent actors.

The Spring Council program was given by the Mt. Holly Club on Quilts. The ladies all wore cotton dresses with those on the program wearing bonnets made of sacks. It was one of the finest of Council-get-togethers. We lived in the past for awhile and still are carrying on the traditional quilt making. One hundred attended the meeting.

Cumberland County Achievement



The name of one club is put on the Achievement Plaque each year for outstanding work in Citizenship, Education, and Community Service. Eastover Club won in 1948 and 1949, and Upchurch Club in 1950 and 1951.

Right, Mrs. Carl West, President of the Upchurch Home Demonstration Club, accepts the Achievement Plaque for her Club for outstanding achievement in home demonstration work during the year. Presenting the plaque is Mrs. J. K. Biggs. Left is Mrs. Mary L. McAllister, Southeastern District Home Demonstration Agent.

The Jackson Springs Club presented a program on Pictures which has been repeated to two other groups since the Council. Their program was

A Short History of Painting
Living Pictures and a sketch of the

Lives of the Painters

Song of the Lark
The Blue Boy
Age of Innocence
Girl with Cat
Whistler's Mother
Madonna & Child
Man With a Hoe
The Angelus
The Gleaners
Mona Lisa
The Last Supper
The Lord's Prayer

Solo

This was one of the best meetings ever held in the county.

The Council meeting time is limited to one and one-half hours.

National Home Demonstration Council, Raleigh Oct. 27-30
Country Women's Council, Raleigh Oct. 30-31

Ideas from Rockingham

The Rockingham County Council has published a cook book to raise money for their County treasury. This book contains their favorite recipes and is an attractive spiral blue book with a washable back that will lie flat when opened. The first thousand copies have been sold and the second thousand will be ready for sale before Christmas. As well as replenishing the county treasury, this book has stimulated much interest among the women in the County. Some of the money from this project will go toward financing a county choral group.

To stimulate more interest on the part of club women and to interest more women in club work a score card was adopted by the Council officers. This score card is based on percentages so that the smaller clubs have equal opportunity with the larger clubs. A prize will be offered to the club next January who has the largest score. Already members are making plans in their clubs to start every member working.

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NEWS LETTER

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News from Yadkin

The South Oak Ridge Home Demonstration Club is very proud to have this opportunity to tell of just a few of the ways the women have benefited worthwhile organization.

Collectively, we feel that we have gained much from the organization in that it not only affords a means of learning to be better homemakers, but we enjoy the fellowship and the social advantages as well.

At present there are twenty-four women on roll and eleven of this number have built new homes since the club was organized. Without a doubt the demonstrations we have had on planning the farm home have played a big part in making them the attractive, convenient homes that they are. Many homesteads have been landscaped according to Extension Service Specifications. One-half of the members' houses have running water and others are planning to add this convenience in the near future. Nine members have done extensive remodeling of their homes, and say that knowledge gained from being a Home Demonstration Club member helped in making their old style houses more modern and convenient. Several of the women take pride in the furniture they have refinished and slipcovers and draperies made. Arts and craft demonstrations have helped to add to the beauty of the interior of our homes.

Without exception, all twenty-four women save on the clothing budgets.

Ellerbe Red Cross Blood Drive

A pint of blood. That's a small thing to ask for. Surely everyone can afford that. Would you trade places with those men in Korea? Would you like to tramp through the cold snow this winter, aware that every minute could be the last one? We all have sons, brothers, husbands, sweethearts, fathers, and friends in service. They have given up good jobs and their homes and are now doing their part. Can't we do our part?

A pint of blood. Many lives have been saved in Korea because of whole blood and blood plasma. Would you refuse to buy medicine for a person who really needed it? Would you like to think that someone you loved died because of the lack of a pint or two of blood? Reports have come from Korea that the men fighting have had to give blood to their buddies that were wounded because there wasn't enough to go around. That means we're falling down on the job here at home.

A pint of blood. It only takes a few minutes of your time, and then you might feel a little tired later in the day, but the other feeling you would have; that you had done something to save a life would make up for all of your trouble.

A pint of blood. Surely there are one hundred and fifty people in our community who can and will do their part. Let's show the men in Korea we have faith in them.

Mrs. B. A. Cox, Jr.
 Ellerbe

Home Demonstration Clubs provide a means of developing leadership. Many women who haven't had the opportunity before, have developed into good leaders and officers. Project leaders do a beautiful job of giving the demonstrations four times each year.

We realize that "all work and no play makes Jill a dull girl," so we make the social hour of our meetings more enjoyable by including a game or two. Twice each year we "make" our meetings, a family affair when we have our picnic in August and the Christmas party. Much time and effort is spent in making these very enjoyable occasions.

As our Club Creed says "We believe that through working together we can enlarge the opportunities and enrich the life of rural people," and we believe too, that our lives are richer and fuller for having been a member of the Home Demonstration Club as "we strive to touch and to know the common woman's heart of us all."

Buffalo Club Believes in Recreation

Recreation is one of the main objectives of our club, as we believe all work and no play makes Jack a dull boy. One night in each month is set aside as "Family Night" when the members and their families meet and enjoy group games, singing, contests, and music. A committee is appointed for these meetings, assisted by the home agent, who is responsible for the games and other entertainment. On these occasions one of the member's husband, Mr. Henry Grothier, performs on his one-man band and sings. Light refreshments are served. Every member of the family enjoys these meetings and they are looked forward to each month.

Each fall the club observes "husband's night." This is usually a good old-fashioned chicken stew supper with plenty of pie and cake. Even after this big meal everyone enjoys playing together.

At Christmas the club has a party for their regular meeting. Gifts are exchanged and Christmas games are played.

In August this year instead of having the usual picnic, we decided to have a tour of some places of interest around Sanford. We met and went in cars to such places as a local brick plant, a furniture factory, a mill, and ended up at one of the club member's husband's hatchery. He showed us through the hatchery. By that time it was almost supper time so our husbands joined us then and we all ate the picnic supper together which we had brought. The tour was very educational. We all had fun and especially enjoyed having our husbands out for supper.

Our club does not play all the time. We have had many homes remodeled, shrubs planted; many have learned proper methods of freezing, canning, and the proper planning of meals to include the seven basic foods. We have learned to remodel clothes best suited to the individual in both style and fabric, the correct use of sewing machine attachments, the control of insects, proper planting of gardens, both winter and summer, and other yard improvements.

Mrs. W. B. Knott
 Buffalo H. D. Club Secretary
 Lee County

This issue of the News Letter is devoted to items of interest from the Northwestern and Southeastern Districts.

The Importance of Music to the Home

The Home Demonstration Clubs of North Carolina have as part of their program a music appreciation program. It is really "more than a meeting to sing and play, it is music education—a program designed to teach the appreciation of good music; to form the habit of listening to good music to become interested in music history, interpretation of songs, etc." Why this interest in music? Because music is one of man's essential needs. "Music is the fourth great material want of our nature—first food, then raiment, then shelter, then music." (Bovee) Martin Luther said, "Next to theology I give to music the highest place and honor. And we see how David and all the saints have wrought their godly thoughts into verse, rhyme and song."

Music is cultural. And where does a child acquire culture? "It is in the home where we learn to appreciate the higher things of life—the things that make life rich and full." Music habits like other habits are best formed in the early, plastic years of childhood. If a child is allowed to hear good music when he is young, his taste is formed unconsciously. He learns to listen in the most natural way. Someone said he couldn't appreciate music because he didn't understand it. The advice to him was—don't try to understand it—just listen to it as it speaks to you. Teach a child early to listen to good music.

Music helps to make the home more beautiful. Dr. R. A. Lapsley, Jr., in his book "Beside the Heartstone" tells of a minister whose ten children each had made a real mark for himself in the world. The reason for the success of this family was found to be music and how they had used it. The right kind of music lifts the moral tone of the home and will influence the children of that home as long as they live. "The music that will make our homes most beautiful will be found in the great oratorios, and in the simple gospel hymns that owe their inspiration to and find their motif in the Gospel of Jesus Christ."

Music has a unifying effect upon the family or a group. "People can't sing together and hate each other," Harry Lauder used to say. To listen to a familiar piece of music or to sing together establishes a common bond of understanding and sympathy. The great hymns of the church unite the different denominations more than anything else. We sing to God our common songs of praise.

Music is the language of worship. Almost any mood can be created by

music—gaiety, heroism, courage, reverence, sentiment, nerves can be soothed or jarred. "Music is the child of prayer, the companion of religion." "Music wakes the soul, and lifts it high and wings it with sublime desires, and fits it to bespeak the Deity." "A song will outlive all sermons in the memory." We find expression of our worship, our longings and aspirations for God in the words and music of great hymns. "Hymns not only reflect the religious thought of a generation but also mold that thought." Study the hymns of a generation and you can get a pretty good idea of the character of that generation. "Anything that has within itself the possibilities of making the deep and lasting impressions on the religious thought and attitudes of individuals and nations that music has should receive the most careful consideration."

Mrs. A. T. Taylor
Music Chairman,
Marston Home Demonstration Club
Richmond County

Club Work in Montgomery

Montgomery County Home Demonstration Club women are showing a new interest in food preservation. This is the enthusiasm they have in home freezers and freezing foods. Many new freezers have been added to kitchen equipment. A special interest meeting on freezing techniques and materials, and demonstrations in all the clubs proved quite helpful to homemakers.

Considerable interest in arts and crafts is notable in this county. One club specialized in making scatter rugs from burlap or heavy cotton and loop-er clips. Some beautiful ones were displayed at the county fair. All the clubs had demonstrations on hooked and braided rugs. Huck weaving, painting glass plates, and textile painting have created interest and comment. All the club women are enthusiastic about making beautiful corsages from old nylon hose and copper screen wire.

Ashe Plans for 1952

As a new County Council President I begin to feel a great responsibility gnawing at my heart. In the first place, we need rejuvenating and our interests need to be broadened. We are on the right track as our new agent, Miss Sarah Wise, has been pushing new ideas. Together, a new president and agent, if we work hard should think of many things that all the county will be interested in. We want a real live organization and all the clubs are making an attempt to revive all the interest of the old beginners.

News from Forsyth

Mrs. James Brewer, Sr., is a typical Farmer's wife, a mother to be envied and a woman who almost everyone has learned to love and respect. She has worked shoulder to shoulder with her husband all of the years that they have been married. She never waits until she has been asked to hoe the corn or dig the potatoes, but she just grabs her bonnet and goes right to work when she sees it needs to be done. She has a beautiful garden and that is her pride and joy, and everyone who sees it comments on the way she tends it. She has two home freezers (28 x 18 feet). These are crammed just as full as they can be and her shelves in the basement are running over with canned fruits and vegetables.

In her spare time she refinishes furniture, and nothing is too large or too small for her to tackle. She has refinished 32 pieces of furniture, including everything from guns to bedroom suites. Her most beautiful piece is the Walnut Antique Organ that everyone admires.

Mrs. Brewer has two daughters, Ila and Marie Brewer, one son, James, Junior, and two granddaughters. She is an ideal mother and grandmother. She is a perfect hostess and she entertains her family with surprise parties and suppers just as often as she does her friends.

In spite of all her work, you will always find her in her usual place at all club meetings of the Griffith Home Demonstration Club, looking so beautiful that you would think she was a lady of leisure.

Mrs. Daniel Sides,
Rt. No. 4, Winston-Salem, N. C.

Cooperative Planning

A look inside the suburban home of Mr. and Mrs. R. T. Butler, Route 1, Burlington, would fully reveal the pleasing results of planning and working together in redecorating a home.

Mr. and Mrs. Butler and their two sons, both of whom are in elementary grades, decided that their home needed an inside paint job but it wasn't as simple as that. Before they could paint they would have to plan together the colors to be used in each room, because they wanted colors that would be functional as to the lighting of the room, and pleasing to the eye.

They started with the kitchen since there was more renovating to be done there than in any other room. Purchasing a new sink, Mr. Butler, with the helpful assistance of his wife, built in all the cabinets. After the cabinets

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News from Pender

The Maple Hill Home Demonstration Club in Pender County has been busy during the past year under the direction of their able president, Mrs. L. L. Harvin.

At the beginning of the year, the club had 37 members on roll. Six new members were added, however, three members were lost by families moving from the community. The average attendance per month for the year was 26, and if it was necessary for members to miss a meeting, every effort was made by these members to make up meetings they'd missed. Eighteen members had perfect attendance during the past year.

With their many homemaking duties, these members have found time to participate in community activities of the Churches and other organizations. Maple Hill Club members have been saving money for about two years to build their club house. With all the difficulties they have encountered, sufficient money was raised this year from barbecue suppers, box parties and musical entertainments to begin their community building.

In February of this year, at the request of a group of members and their husbands, Mr. Howard M. Ellis met with them to discuss blue prints and construction plans for their club house. Since this meeting, the foundation has been laid and construction has begun. The husbands of club members are doing much of the work.

The club began the "Model Mile" project last year, but since they had not completed their plans they will not enter the contest until this year. Church buildings have been improved, the school grounds have been landscaped and are being planted, and a big store building is to be painted. The "before" pictures have been made and they hope to have the "after" pictures ready by summer.

With all their regular club work and special activities, the members of the Maple Hill Home Demonstration Club take time for reading. Nineteen members earned the Advanced Recognition in reading and 9 earned Reading Certificates. This club earned the Library Award for their record in reading and will receive a copy of Emily Post's book on "Etiquette."

The Maple Hill Club members send \$1.00 each month to the 5 boys and girls who are attending College from this community. When school was out the club had a formal reception in honor of these college students, they also included the High School graduates on the guest list.

The annual recreation picnic this club has is something to talk about. This year they all packed picnic baskets and 175 enjoyed the day at Topsail Beach.

The coveted Whitfield Achievement Cup was won by the club for the second year in succession. This cup is presented each year to the club making the most achievement in club and community activities and is presented at Achievement Day.

On February 28, 1951, 10 members of the Shelter Neck Home Demonstration Club, went to Camp Lejeune to visit Korean War Casualties at the Naval Hospital. With these women went an adequate supply of cookies, candy, cake, magazines, and books all donated and made by club members. Mrs. Julius Tatum reports, "At the hospital our group was met by a Red Cross Field worker, who instructed us in the proper hospital routine and then guided us through the various wards. At first, the ladies of the group were a bit shy, fearing to enter the wards, but they soon lost all hesitancy when the boys were heard to say 'Just like my mother makes' and 'Home Cooking!' 'Gee, thanks.' Many of the boys were badly injured but all were thankful that our group had come. The women themselves felt grateful that they had done so rewarding a deed. Each member of the Shelter Neck Home Demonstration Club left with a determination to return as soon as she could, to help 'lift' the spirit and morale of the boys. Perhaps, if other Christian spirited groups felt the need for such a worthy venture, they would contact the Red Cross and also make arrangements to visit the Naval Hospital at Camp Lejeune."

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Family Life leaders have created so much interest last year in their program on "Character Building" that they are planning to follow up with a similar program on "Prejudices and How They Grow." These programs were not just held in club meetings, but have been used for P.T.A., Grange and Community programs. These leaders have worked with the Health and Welfare departments, Ministerial association, and with school officials. These programs were given in the form of round table discussions with ministers, teachers, parents, family life leaders, county librarian and P. T. A. presidents taking part. At most of these meetings a book display of family life reading material was prepared by the County Library.

White Sulphur Springs Club

The White Sulphur Springs Home Demonstration Club in Surry County now has a community building. Several years ago the Salem Community had a school and just across the road was a house which was used for the janitor's home. With the advancement of education and the trend of times, the day came when many schools were consolidated and that is what happened to Salem; therefore, the janitor's house was no longer needed and for a number of years it was unoccupied.

Surry County officials were making plans to sell the property. A group from the Salem and White Sulphur Springs communities appeared before the County Commissioners and were granted permission to use the building.

Since 1950 the Home Demonstration Club women with the help of their husbands have been busy as bees remodeling the building. The house had to be wired for electricity, a new roof had to be put on the building, floors had to be refinished and partitions had to be removed. All of this required suppers, bake sales, Halloween Carnivals and other projects to raise money.

With the help of the 4-H Club a piano was bought. Club members donated tables and chairs and the club bought dishes, painted the walls and put up venetian blinds.

This year the main project has been improving the kitchen. The walls were painted yellow, cabinets were built and water installed. We now have a most attractive community house.

In addition to the Home Demonstration Club holding their regular monthly meetings in the building and having Husband's Night, etc., the 4-H Club and the scouts have their meetings in the building and the church holds their suppers there. Two Red Cross Home Nursing Classes have been held this year and we are very proud of our accomplishments. Our project for 1952 will be improving the grounds.

Mrs. Ella Sparger
Community Service Chairman
Route 5, Mount Airy, N. C.

(Continued from page 3, column 3) were completed, painting seemed to be the next step.

Recently when asked how they liked their new home, Mrs. Butler replied, "It certainly is a wonderful feeling to sit back and enjoy the results of hard work and cooperative planning. It was hard work but we enjoyed every minute of it. Neither of us had had any experience in painting or refinishing."