

NEWS LETTER

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NO. 3

FARM AND HOME WEEK**July 30 - Aug. 2**

A program of education, inspiration and recreation is in store for all those who attend Farm and Home Week. Headquarters will be at the State College Y.M.C.A. this year. Among the featured speakers of the week are Mrs. John L. Whitehurst, Assistant to the Administrator of Federal Civil Defense Administration, Washington, D. C.; Mrs. Chase Going Woodhouse, Consultant, Office of Price Stabilization, Washington, D. C.; Governor W. Kerr Scott, and Mr. L. Y. Ballentine, Commissioner of Agriculture.

One of the highlights of the week will be the tea at the Executive Mansion for the women on Wednesday afternoon.

The theme for the week is "Better Family Living." Monday evening's program will feature the "Place of the Rural Church in a Community." Governor Scott will address the Convention on Tuesday evening. Mrs. Woodhouse is the guest speaker on Federation Day and Mrs. Whitehurst is scheduled for the address Thursday evening. This will be followed by an ice show in the Coliseum.

A joint meeting Tuesday on Planning for More Income and Better Family Living will be of interest to all. This will be followed by classes in nutrition and conservation, clothing, family relationships, home management, house furnishings, citizenship, music appreciation, news and feature story writing and other phases of better family living of interest to men and women. Choruses, group singing and other interesting features are planned for the week. Won't you join the group July 30th to August 2nd on State College campus?

A Richer Life as the Result of Home Demonstration Work

Mrs. J. C. Steppe of the Big Level Home Demonstration Club in Polk County has been a club member since 1922. Recently, she made the following statement concerning the importance of Home Demonstration work:

"It is impossible for me to put into words all that Home Demonstration work has meant to me, but I shall en-

Federation Speaker

MRS. CHASE G. WOODHOUSE

deavor to tell a few of the things that seem to have meant most to me.

"I joined our club in 1922 when we had our first Home Agent. Since then, I have learned how to use our common things in ways that serve my family better.

"Clothing has always been one of my major interests. I have been able to clothe my family on a very small budget by following plans and suggestions given by our leaders and thus save the extra money to go into a farm and conveniences for the home.

"I have learned how to plan, grow and can fruits, meats and vegetables for my family. I have learned how to plan and prepare balanced meals so that my family will have daily food requirements, thus having better health.

"The help on home furnishings cannot be valued in money. The joy and satisfaction received from the help given by our kind and efficient leaders on planning, arranging and refinishing furniture and money saved has been of untold value.

"I cannot think of any phase of home or farm that has not been made better and more livable from help received from our farm and home leaders.

"I feel that I can truly say that my life and that of my family has been made richer and better from every standpoint because I have been an

Lamps for Rutherford

Beautiful lamps are being used in the homes of 105 Rutherford County Club Women as a result of an extra project in April. The project, of course, was that of "Lamp Making."

As a result of emphasis on good lighting in the home the women decided to, at least, learn to wire lamps. The assistant agent, Miss Jeanne Ware, the agent, Mrs. Mildred Stallings and her husband journeyed to Chattanooga, Tenn., to the Ceramic Arts, Inc., factory where they selected ceramic bases in various sizes, shapes and colors. Bases, wiring and shades were purchased at a very small cost. The women then went in groups to the home agent's office where Mrs. D. C. Cole, the secretary and a member of the West End Club, taught the women how to wire the lamps. Mrs. Cole had been trained by the agent. Some of the women made lamp shades.

Mrs. Esper Brown, a member of the Cliffside Club, selected a base that her children liked because she planned to use it in their cabin at Lake Lure. It was a chartruse one and she was planning to make a shade suitable in shape for the base and cover the frame with brown wrapping twine and shellac it.

We feel this is a good lesson in art as well as having better and more attractive lamps in our homes.

Those who did not get lamps are so pleased with what other members got that they are trying to persuade Mrs. Stallings to make another trip to Chattanooga to make another selection.

MRS. JOHN TEDDER,
Pres., Rutherford County
Council.

active member of a Home Demonstration Club.

"The spirit of friendliness and cooperation from friends and neighbors and the new friends we as a family have met through club work will live on not only in my life, but in the lives of all my family.

"The inspiration that I have gotten through club work has helped me see every-day tasks on a higher level and thus makes them a pleasure instead of a drudgery."

NEWS LETTER

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COUNTY-WIDE FAMILY LIFE PROGRAM

Alexander County

ANNIE NORTON

Club women of Alexander County realizing the need for better training in Sex Education and its effect on Family Relations planned a program for 1951 for young people as well as adults.

The training school in "Answering the Questions Children Ask" and in "Helping Boys and Girls Understand Human Growth and Development," was attended by the county and Home Demonstration Club family life leaders, teachers from the seventh and eighth grades, the Home Economics teachers and athletic coaches from all schools including the colored, and the Public Health Nurses.

"Answering the Questions Children Ask" correctly was the subject used for the fourteen community meetings held over the county for mothers of teen-age and smaller children, 281 attended. The family life leaders presided, presenting the need and importance of the program. The films "Human Growth" and "Human Reproduction" were shown by the Public Health Nurse who answered any questions which the mothers asked. Every mother in the community was invited either by letter or by a personal visit from a club member. In one community the Woman's Missionary Society sponsored the program with 26 non-club members and four club mem-

bers in attendance; Mrs. L. W. Davis, County Family Life Leader, was in charge of the program.

Recommended books like "Being Born" and "The Stork Didn't Bring You" were borrowed from the State Library Commission and made available to parents and sons and daughters through lending libraries in the home demonstration clubs. The booklets like "When Children Ask About Sex," or "How to Tell Your Child About Sex," "Petting—Wise or Otherwise," and "Your Own Story" were purchased by the clubs for lending libraries in the communities.

The film "Human Growth" was shown by the teachers in every school in the county including the colored school. The film was shown to children from the seventh grade through the twelfth grades, with the boys and girls in separate groups. Teachers who had received training had charge of the question and answer period which followed the showing of the film. The film was correlated with related programs in the classroom. The District Supervisor for Negro schools had a question box for the Negro girls.

This program was well received by the teachers and principals and some plan to use it each year as a regular part of their school program.

The women of Alexander County feel that this has been an outstanding county-wide family life program.

County Recreation

Catawba County Home Demonstration Club women have for some time been seeing the need for more community recreation. During the past year most of the clubs have done something about it.

Banoak has sponsored four meetings for their 4-H club members and other teen-agers. Singing, folk games and contests have been used with the 4-H Leaders, Mrs. Carl Rudisill, Mrs. T. C. Gladden, and Miss Elizabeth Bledsoe, in charge. With the Grange the Home Demonstration Club is working on a building fund so that some day there will be a community center available at any time.

Blackburn Club has had a barbecue, a tea, two square dances and a bake sale to increase their building fund toward a community center. Mrs. Willie I. Johnson, club president, has been ably directing this group of women.

Nearby, Startown Club is collecting toward a Community Building. Just recently a "Talent Show" was pre-

sented. Mrs. R. K. Jarrett, club president, appointed Mrs. R. H. Kepley, Mrs. W. C. Lylerly, and Mrs. Caroli Barringer, in charge of the function.

Oxford Home Demonstration Club has set the pace for the other clubs. They have constructed a large center with an assembly room, kitchen, and two rest rooms. The kitchen has two double sinks, cabinets, a range and refrigerator. This group has had recreational meetings for the 4-H club and square dances for the community. Mrs. W. P. Hunsucker, president, says, "Our community is growing closer together in club work, church, and other activities as a result of our having a place to meet." "Our young people look forward to every dance."

Monogram Community has erected a center also. The Grange, the Community Organization, and the Home Demonstration Club, are in this project all together. Mr. Seth White and Mrs. Sloan Alexander, chairman of Grange and Home Demonstration Club, respectively, are the leaders. 4-h'ers and adults are enjoying their facilities. This center was opened in November and is serving a need in their community.

Duon Club has divided their members into groups to raise funds. Three have been assigned for each month. Mrs. Fred A. Sigmon is club president. She and her husband have given land for a community center. A committee from the club has met with a committee of men to draw up plans for the building. Mrs. Garland Wilson says "We need this building for our young people."

The Canslers Crossroads Community has been sponsoring recreational meetings for their 4-H Club.

The Mountain View Club has raised around \$3,000 toward their center. Mrs. Fred Huffman is president. She says, "We need a building for our club meetings as well as recreation and other community functions." Their community banquet yielded them over \$200.

Jane S. McKimmon, Killian, Allen Frye, St. Stephens with approximate \$2,000, are on the march toward community centers too.

At this time Catawba has 21 Home Demonstration Clubs with an enrollment of more than 800 women. Women throughout Catawba County realize that community recreation is a "must" and they are doing their bit toward having it.

MRS. C. T. LEONARD,
 Publicity Chairman, Catawba
 County

Community Houses

The consolidation of schools has done a great deal for the education of rural children but has taken away from the communities the small schools which meant a great deal to the interest and cooperation of the families of that community. It was the one thing which kept the families of all denominations pulling together in a common interest.

Realizing this fact, the home demonstration club women in Davie County have done a great deal to replace this need in many communities. Six home demonstration clubs have had for their project for a number of years the restoration of these one- and two-teacher school buildings which are now used for community buildings.

These buildings have not only been kept in good repair, but improved in many ways, and are now equipped for preparing and serving refreshments. Each has a piano, table, chairs and sufficient floor space for assemblies, games, and recreation.

The Dulins Home Demonstration Club did not have an old building which could be deeded to them, but realizing the great need for such a community house, they set to work to raise money for the project. The first move to make money was a barbecue sale which totaled \$95. The next was a chicken pie supper. The profit at this event totaled \$45. By this time contributions to the club house began to come in.

Davie County had not had a genuine house-raising in a quarter of a century until the Dulins club women narrated the news that such an event would be held on the grounds of Dulins Methodist Church.

The women turned out in full force; some of them actually handled the concrete blocks for the foundations and mixed the mortar. The building was completed at a cost of about \$800, but the women did not stop with the erection of the building. They painted the building inside and out, finished the floor, bought furnishings and equipment and installed a water system. This building, like the others, has already been worth more than twice its cost in money, not to mention the work that they did themselves. But the families have had so much pleasure working together, bringing their job this far toward completion, that they do not regard their work as anything.

MRS. CECIL LEAGANS,
President, Davie County Council

Iredell Council Sponsors Public Relations Meeting

Home Demonstration Club members throughout Iredell County enjoyed observing the Sixth Annual National Home Demonstration Week from April 29-May 6. There was something planned for each day—to highlight the idea that the home is the training ground for democracy and that homemakers must realize their ability and opportunity to further the appreciation and understanding of the freedoms won by our forefathers along with the responsibilities that go with these freedoms, to help families understand and cooperate with defense programs realizing that in the interest of defense the homemaker and leaders are developing ways to share their "know how" acquired in Home Demonstration Work, and to place emphasis on the special contributions that younger homemakers can make toward strengthening the nation.

The Public Relations Dinner sponsored by the Iredell County Council of Home Demonstration Clubs on Tuesday night, May 1st, was the outstanding program of the National Home Demonstration Week. This meeting indelibly impressed on the minds of those attending that "Today's Home Builds Tomorrow's World."

The planning of food for the dinner proved to be no item, as every council member and husband were to come and bring a well filled picnic basket or if they could not attend to see that some other club member and husband came in their place.

The beautiful new Oakdale Home Demonstration Club House was selected as the proper and appropriate meeting place. Invitations were sent to key people of the community and their wives or husbands such as: Presidents of all Civic Clubs, representatives of Ministerial Association, County Commissioners, Board of Education, County Superintendent of Schools, Mayors of towns, Presidents of the Women's Clubs, Manager of Chamber of Commerce, representatives from local newspapers and broadcasting stations, and others.

An interesting program and supper were enjoyed by two hundred people. Some of the highlights of the program were talks on: "What the Home Demonstration Program Has Meant to Me as a Homemaker"; "A Husband's Viewpoint of Home Demonstration"; "A Daughter's Viewpoint of Home Demonstration"; "How the Home Demonstration Program Has Bene-

fitted the Schools of Iredell County"; and "Increase of Club Membership Through the Years."

Sometimes as we mingle and associate among people we get the suggestion that there should be in every community a society of encouragers. Such a society would have no visible organization. There would be no president or treasurer or dues. All that one would have to do to belong to it would be to make a resolve in his heart that he would make it a part of his Christian duty every day to encourage some discouraged or lonely person—the broken hearted. You will find them were you least expect them. Sooner or later everybody needs encouragement. So we can truthfully say, that as we county council officers sat at this meeting and listened to what the home demonstration program has meant to a homemaker, a husband, a daughter, county schools, the plans for young mothers as club members, the publicity plans and reading program, the educational loan fund and other worthy contributions, you were aware of the fact that you were among a group of American citizens who could rightly be called a society of encouragers to make "Today's Home Build Tomorrow's World."

MRS. W. B. HARRIS, JR.,
Pres., Iredell County Council.

A Better Home for Happier Living

"Well, they'll never do it. It looks so hopeless that I even hated to try to tell them what to do—an old log house, chimneys torn down, and moved back from the road, never had any paint inside or out, wood shed and barn falling down right in the back door, yard full of old rocks, no grass. It would take miracles to fix that place."

That's what Mr. John Harris said to the home agents one day about three years ago when they had been to the home of Mr. and Mrs. Boyce Helms, Route 1, Wingate, where Mr. Harris gave a demonstration on yard planning. To be honest, they partly agreed with him. They are just waiting now for a chance to take Mr. Harris back to the Boyce Helms home—this time over a hard surface road instead of one with such big rocks that one knocked the clutch out of the home agent's car and Mr. Harris had to drive it back to town for her—no clutch either!

Well, to make a long story short, the Helms' are full of that enthusiasm and energy that few people have,
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and by hard work have made those miracles happen. They finished remodeling the house, practically made it over, did it all themselves too—new roof (with a new slope) new windows, new chimneys that are not full of holes, sheet rock over the old walls, lovely hard wood floors, a complete new bath and large back porch—a beautiful modern home that anyone would be proud to own. And then the yard that Mr. Harris was sure wouldn't be fixed even if the house was. The wood shed was torn down, in its place are flowers and grass and lawn chairs under a magnificent oak tree. The barn is repaired and a new loading fork was helping to put hay in the barn. A new grade A milk barn was beside the old barn. A herd of cows were grazing in a pasture, separated from the yard by a shining white fence. Shrubs and flowers were blooming around the house—yard leveled and clean, drive and parking space as Mr. Harris suggested and lespedeza in the yard with lawn grass to follow.

This is no fairy tale, but the story of a couple past middle age who have reared their family and now are realizing a dream they have held to through thick and thin. They have never once thought that they would not accomplish their goal though it has been hard going. Now they look forward to their children and grandchildren spending the summers with them and enjoying this home too.

The Helms' are not through—the place is not perfect from an architect's or landscape designer's viewpoint, but it's the kind of home that was an asset to a community even before it was fixed up. It has that atmosphere of serenity and hospitality that makes people love to go there and it will always be that way. The Helms' will continue to work on their improvements, but they will also take time to be good neighbors and citizens—the kind that we are proud to have in Union County.

National Home Demonstration Council, East Lansing, Michigan August 13-17, 1951

*"God is in every tomorrow
Therefore I live for today,
Certain of finding at sunrise
Guidance and strength for the way;
Power for each moment of weakness,
Hope for each moment of pain,
Comfort for every sorrow,
Sunshine and joy after rain."*

Collect of Club Women of America

"Keep us, O God, from pettiness; let us be large in thought, in word, in deed,

Let us be done with fault-finding and leave off self-seeking.

May we put away all pretense and meet each other face to face without self pity and without prejudice.

May we never be hasty in judgment and always generous.

Teach us to put into action our better impulses, straightforward and unafraid.

Let us take time for all things, make us grow calm, serene, and gentle.

Grant that we may realize it is the little things that create differences; that in the big things of life we are as one.

And may we strive to touch and to know the great common woman's heart of us all.

And, O Lord God, let us not forget to be kind."

—Miss Mary Stewart, Colo.

This, as so many women will recognize, is the Collect of Club Women of America. As members of the Turlington Home Demonstration Club we have found it to be something of an inspiration for the betterment of our homes and our ways of living. After being a club member for a while we become enthusiastic in our work and strive to put into practice in our homes what we have learned in our club.

Looking around us we find we have many things with which we can mold our ways into higher living. When we think on the terms of art and literature we not only learn how to appreciate pictures and flowers but also how to arrange them in attractive and useful ways. We know that hand painted china and hand made baskets are works of art and a great talent to be appreciated.

In these fast changing times we read many magazines in which we find helpful suggestions in making short-cuts in house work, training of our children, gardening, etc. For the realization of tired bodies and minds it is consoling to know that we can turn to an interesting book on the book shelf and forget ourselves for a while.

Whenever we think of relaxation we would also like to turn our thoughts to music and recreation. In these we find wholesome and pleasant entertainment. Not only do we have written music of all kinds and various

musical instruments but also record players. With these we can carefully choose our music and bring it into our homes to be taught to our children and loved by all.

With spring here and Easter just behind us we are turning our attention to the many flowers and shrubs around us. It is a new life, fresh and clean; how restful it makes us feel! Whenever summer comes we not only enjoy our flower and vegetable gardens but find ourselves going on picnics to help celebrate the Declaration of Independence and have family parties. In the fall whenever the trees and shrubs have strutted their every color we enjoy seeing our children off to school and participating in the many activities. We have found that this is a glorious time for friends to go together in the long evenings and make plans for parties such as Hallowe'en and special programs for Thanksgiving. We begin to enjoy our harvest.

With these things in mind we can welcome winter with a lighter heart and a brighter spirit. Here let us recall a portion of our club collect ". . . Let us take time for all things, make us grow calm, serene and gentle. . . ." It is a time for celebration, and yet a time to be calm. With Christmas here we are busied with happy family gatherings and gifts, but most of all we pause silently in remembrance of the birthday of our Saviour.

We, as club women, know that the basis for our learning and all our reading is the Bible. For a better and fuller life we can turn to our religious books and magazines for encouragement and to our church for spiritual understanding. ". . . And may we strive to touch and to know the great common woman's heart of us all. And O Lord God, let us not forget to be kind."

MRS. JOHN WOLFE,
Harnett County

Results of National Home Demonstration Week

Seventeen new Home Demonstration Clubs were organized during the week and 1,554 new members were enrolled. An attendance of 23,630 was reported as participating in the various activities of the week.

"Guard all the freedoms of democracy as you guard your life, and never forget that to abuse them is to destroy them."