

NEWS LETTER

Vol. 3

Raleigh, N. C., January, 1948

No. 1

NORTH CAROLINA FEDERATION OF HOME DEMONSTRATION CLUBS HAS A SUCCESSFUL YEAR

1947 has been a successful year for the 40,186 members and officers of the North Carolina Federation of Home Demonstration Clubs.

The health program launched by the Extension Service and Health Department has had the cooperation, support and interest of the North Carolina Federation of Home Demonstration Clubs. In 1947, Extension Service began a long time program on Health as the Number One problem in North Carolina. The purpose of a coordinated program of health by the Public Health Department and Agriculture Extension Service is—to carry on educational work, which will make the people aware of the existing health problems and how they can share in solving them. Three hundred thousand (300,000) farm families have a tremendous stake in solving a program like this. The members of county and state federations realize the importance of a program that is planned for better health through better nutrition, better sanitation and better housing. 5,991 Home Demonstration Club, 4-H and Community meetings have been held by Extension Agents on these subjects during 1947; 245,686 people attended this series of meetings. While the health problems can not be solved in a year, individuals and communities are aware of existing situations and are making improvements.

The North Carolina Federation was represented at the international meeting of the Associated Country Women of the World in Amsterdam, Holland, by Mrs. George Apperson, Mocksville, North Carolina, Mrs. Eva U. Person, Route 2, Louisburg, North Carolina, Mrs. H. M. Johnson, Route 1, Kinston, North Carolina, Mrs. Walter Pike, Route 1, Henderson, North Carolina, and Mrs. J. Brooks Tucker of Grimesland, North Carolina.

The club members of North Carolina sent \$312.00 to Holland to help defray the expenses of the International Conference of the Associated Country Women of the World. Christmas packages and letter have been sent to many people in less fortunate countries during the fall months.

Thirty-five hundred people attended

the State meeting of the Federation of Home Demonstration Clubs in August. Miss Dorothy Thompson, noted author and analyst, was the guest speaker.

Three editions of the *North Carolina Federation News* was issued during 1947 by a committee, the members being Mrs. Glenn Duncan, Siler City, North Carolina, Mrs. Edison Davenport, Mackeys, North Carolina, Mrs. George Apperson, Mocksville, North Carolina, and their Advisor Mrs. Esther G. Willis, Raleigh, North Carolina. 6200 copies have been mailed to county and club leaders during the past year.

Thirty-three thousand (33,000) Year Books have been published through a committee composed of Mrs. Eva U. Person of Louisburg and Mrs. A. W. Pierce of Pikeville and their Advisor.

North Carolina sent delegates to the meeting of the National Council of Home Demonstration Clubs and Country Womans Council held in Camp Jackson, West Virginia in October. North Carolina was represented by: Mrs. A. W. Pierce, Mrs. D. H. Boney, Mrs. W. C. Pou, Mrs. Loy Howard, Mrs. Edison Davenport, Mrs. J. S. Turner, Mrs. Glenn Duncan, Mrs. Dewey Bennett, Mrs. R. E. Ward, Miss Flossie Whitley, Mrs. T. W. Lloyd, Mrs. LeRoy Clark, Mrs. George Apperson and Mrs. Esther G. Willis. This was the largest delegation from North Carolina to attend a National Meeting. They brought back many fine suggestions for the work in our State. The theme of this meeting was Harmony in the Home, Order in the Nation, and Peace in the World. The delegates were not unmindful that world peace begins at home.

The North Carolina Federation of Home Demonstration Clubs is making a contribution to the young womanhood of our State through the loan from the Jane S. McKimmon Loan Fund to enable girls to receive home economics training in standard colleges of the State. Eight girls are attending college this year through this source. Seventy-two girls have received assistance through the Jane S. McKimmon Loan Fund in the past fifteen

(Continued on Page 4)

Associated Country Women Of The World Select President From United States

At the recent meeting of the Associated Country Women of the World, Mrs. Raymond Sayre of Ackworth, Iowa was elected president. Mrs. Sayre is the first president from the United States since this organization was formed, seventeen years ago, when Lady Aberdeen of Canada and Mrs. Alford Watt of London conceived the idea of calling together the rural women of the world.

This was done and the amazing fact developed that these country women in spite of different languages and locations were interested in the same things. So in 1930 the Associated Country Women of the World was formed with headquarters in London. Its aims were (1) to promote and maintain friendly and helpful relations between the country women's and homemaker's associations of all nations and to give any possible help in their development; (2) to further the common interests of these organizations in the economics, social and cultural spheres while avoiding political, racial and sectarian questions of a controversial nature; (3) to encourage the formation of organizations working for such common interests in countries where this need has not already been met.

These rural women's organizations come together every three years for a Triennial Conference. The 1947 meeting was held in Amsterdam, Holland, and it was at this meeting that Mrs. Sayre was elected international president.

Mrs. Sayre not only attended the Amsterdam meeting, but made a special effort on her own to find out first hand what is the European situation. In France, she went directly to farm areas and talked to farmers.

Mrs. Sayre found plenty of evidence that European people were underfed and blames seven years of low caloric diet in England and the continent for many of Europe's problems. With the English, she pointed out, it has even effected their ability to be aggressive and forward looking.

In Paris, she declares, there is absolutely no milk except for babies. Even visitors, such as Mrs. Sayre, are un-

(Continued on Page 2)

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SAVE FOOD TO SAVE LIVES

Mr. Chas. Luckman who was an officer of the President's Citizens Food Committee which is now the Citizens Food Advisory Committee in a recent article brought out very forcibly the world food situation. He says:

"The other day I saw in the *New York Times* a picture of tattered old and young people rummaging through the garbage of a European disposal dump. The caption explained that they were salvaging the less-bad vegetables, peeling off the rotten parts and supplementing their meager rations with the rest.

"It is not possible to convey adequately the utter destitution of a Europe which, struggling to rise from the ruins of war, has been struck back to earth by two catastrophic crop failures in a row. We can catch only fragmentary, unbelievable glimpses—of Holland, where children eat tulip and narcissus bulbs to ease their hunger; of Greece, where eight shrunken waifs exist on less meat than is consumed daily by your Scotty dog.

"Listen: Half of the children who have been born on the European continent since the war are already dead of malnutrition. Recall the boys and girls you know who are less than three years old—Joanna and Connie and Paul and Brian, children of your relatives and friends. Take half of them at random. If they had been born in Europe, those children would now be dead.

"Americans cannot be blamed for their inability to comprehend this swelling catastrophe. More remark-

able, I think, is the willingness we have shown to save food for people abroad, despite the fact that our minds can but vaguely register their sufferings.

"In October the President's Citizens Food Committee outlined a program of voluntary food conservation to save 100,000,000 bushels of grain for Europe. At first the public was puzzled. Many persons were skeptical. But once Americans were convinced that the need existed, they rallied wholeheartedly behind the program. We know now that with continued effort we will save those 100,000,000 bushels.

"Every bushel of grain saved today will help to save a life. In addition it will help to re-establish a self-respecting and self-supporting Europe, able to throw off the lethargy that is born from physical weakness and to resist the dictatorships that feed on human hunger.

"The goal of the present emergency drive is in sight. To reach and pass it, however, will require fresh, climactic determination by each of us. I wish, therefore, to remind you once more of what you can do to save wheat and meat for the starving of Europe:

"Serve no more meat, poultry or eggs at your table than you really need.

Use the less-expensive kinds of meat and poultry. (And use every bit!)

Use bread and flour moderately; don't waste them."

"When you save meat, when you save wheat, you are saving life itself."

(Continued from Page 1)

able to get milk, butter, and sugar at their hotels in France.

"Food is the most important political weapon for peace," she is convinced. It is not a matter of giving food directly as much as it is to help them rehabilitate themselves.

They have had the worst draught since 1870 in France this year, and crops all over Western Europe have been very poor. Furthermore, crops have been good in Russian dominated area.

She explains, "The hue between the good and bad season seems to follow the border between Western Europe and the areas of Soviet influence."

Mrs. Sayre feels that the price of peace for all of us is action right now. She doesn't go along with those who argue feeding Europe this winter won't solve the problem of chaos on the continent. Assurances from the United States may not be the perfect answer, Mrs. Sayre thinks, but "we've got to take the chance. It's the only

(Continued on Page 3)

SPECIAL NOTICES

Penny For Friendship Fund

Mrs. George Apperson, President of North Carolina Federation of Home Demonstration Clubs asks that every member contribute at least one penny for the Penny for Friendship Fund, so that we may help to support the organization of Associated Country Women of the World. She asks that this fund be sent to our Treasurer, Mrs. Eva U. Person by February.

National Home Demonstration Week

National Home Demonstration Council voted to continue this year the National Home Demonstration week in May. The Council felt that it was one way of getting before the public the fine work which this organization is doing. However, the suggestion was made that a publicity committee be appointed and that good publicity be given to the accomplishment of the county and state organizations all through the year.

The Federation News Letter

Through 1948, the Federation sent the NEWS LETTER to home agents, council presidents and a sufficient number for each club president. We had hoped to make the paper of enough value that each president would subscribe; however, only about one-third of the clubs have sent in subscriptions. We wish it was possible to continue sending free copies, but because of the cost of printing this is impossible. All subscriptions will run from January 1st to January 1st because of the lack of clerical help to keep up with subscription lists. The subscription rate is twenty-five cents (25c) per year for Home Demonstration members.

Subscription-manager — Mrs. Eva U. Person, Louisburg, North Carolina, Route No. 2.

International Paper

All Council Presidents would have a better understanding of the work of the Associated Country Women of the World and conditions in other countries if they would subscribe to *The Country Woman*, published by Associated Country of the World, Flat 1-15, Collingham Road, London S. W. 5, England; subscription price \$1.00.

National Paper

The National Notes, a small paper, published by National Home Demonstration Council is a paper for all County officers. It is published quarterly and the subscription rate is twenty-five cents (25c).

The subscription manager is Mrs. Harvey Hogge, Drake Route, Loveland, Colorado.

Home Agents Cited For Service Records



Mrs. Eugenia P. Van Landingham



MRS. LILLIE L. HESTER



MRS. MAUDE P. McINNES

Three Home Agents Cited For Service Records

We congratulate the three North Carolina home demonstration agents who were honored December 4th at a luncheon in Chicago for their outstanding records of service to rural home life. They were:

Mrs. Maude P. McInnes, Wake County's home agent since 1926; Mrs. Lillie L. Hester, Bladen County's home agent since 1923; Mrs. Eugenia P. Van Landingham, Edgecombe's home agent since 1937.

Thirty-nine women agents from 26 states were singled out for this recognition. The luncheon held at the Marshal Field tea room, was one of the highlights of the 1947 national meeting of the Home Demonstration Agents Association, donors of the award.

Under Mrs. McInnes' leadership, the Wake County home demonstration organization has grown from 6 to 27 clubs for women, and from 13 to 23 4-H clubs. She was instrumental in beginning and has continued to assist the farm women's curb market in the basement of Raleigh's Municipal Auditorium. For 15 years, this outlet for farm produce has grown steadily and now provides more than \$25,000 annually in extra income.

Improved living conditions, more satisfying home life, and the higher level of living provide evidence of what Mrs. Hester has meant to the people of Bladen County. Her leadership is expressed in a quiet and unassuming way, and she has the respect and confidence not only of the people in her

(Continued on Page 4)

Greek Women Get Lessons In Homework

In the following article, Miss Helen Mamas of Athens, Greece, tells of the work of Dr. Edna N. White, who has recently gone to Greece to pioneer in Home Demonstration work:

A gray-haired American woman who has devoted 25 years of her life to teaching homemaking wants to take Greek peasant women out of the fields with a raised standard of living.

Dr. Edna N. White, former director of the Merrill-Palmer school in Detroit, is home demonstration specialist of the agricultural division of the American Mission for Aid to Greece.

For the past month she has been surveying every social problem related to child care, nutrition, and village life to "uncover all community forces that touch the homes and children of the Greek people."

One time director of home economics, extension and vocational work at Ohio State University, Dr. White hopes to set up a homemaking course to train leaders who will go into villages to teach simple home economics and family life to Greek women. The leaders will be recruited from among the estimated 25 college girls studying agriculture at the University of Athens and Salonika. She says:

"Home economics is in its infancy in Greece. I have a pioneering job. I want leaders to work through village rural centers with community women to build community life.

"The problem here is different than

(Continued on Page 4)

(Continued from Page 2)

one we have, even if it doesn't work 100%."

French farmers, whom she visited, were growing such small potatoes that they are not making the best use of seed or soil. Bigger potatoes would provide more food and increase farm family income—two vital needs recognized by the United Nations Food and Agriculture Organization, and strongly endorsed by the Associated Country Women of the World. Mrs. Sayre is anxious to see the European Nations adopt an agency similar to the Extension Service to improve the production and sanitation and nutrition habits.

The principle concern of the women of the Associated Country Women of the World is to tie in their efforts with the United Nations, particularly in the field of food and feed.

Mrs. Sayre is a graduate of Simpson College, Indianola, Iowa, and in 1942 was awarded the degree of Doctor of Law on the 25th anniversary of her graduation. She has always been active in Farm Bureau and in other community, State and national organizations.

Mrs. Sayre does her own work, and is the mother of four children. The Sayre farm, in southern Iowa, contains 600 acres; but it is a bad year in Iowa too. Early spring floods and summer draught made a drastic cut in the corn crop this year.

We hope Mrs. Sayre will come to North Carolina during this year.

Rowan County Studies People Of Other Countries

Miss Helen Mullis, Home Agent of Rowan County, tells in the following article about the interests of the Home Demonstration women in Rowan County in international affairs. In an effort to understand people of other lands, they have made a study of twelve countries. During the past year the project was started in this way:

During the summer of 1946 a county planning meeting was held, in which a world study was discussed.

It was of the opinion that since rural people have become such an integral part of world affairs, it behooves them to know how people in other countries live, the way they farm, the religion they profess, something about their music, customs, educational systems, their literature and their recreation. It was felt that a study of these people would give a better understanding of the reason for their actions and would help bring about a better relationship between country women and the people of other lands.

The women were very conscious of a need for better understanding because of the fact that they had sons, brothers, and husbands in many of these countries.

After this meeting the education leaders met to plan a special reading-study program. In this group it was decided that each club should study one country. The clubs selected countries as follows:

Cleveland, Hawaii; Cress, Alaska; Enon, India; Enochville, India; Fink & Yost, Germany; Rockwell, Germany; Franklin-Ellis, Japan; Mt. Zion, France; Mt. Ulla, France; Oak Ridge, Russia; Patterson, Italy; Rockwell, Germany; St. Paul, Finland; Lingle-Central-Salem, China; Elm Grove, China; Corriher, Australia; Liberty, Holland.

The Education Leader kept books on these countries available for the members at all times. Each woman was to read one book about her country. After reading the books the women exchanged visits making book reviews, with general discussion on the people of the country studied. The librarian worked with the home agent and county council in the choice of books which gave the truest picture of these people.

During the year the club was to have something of special interest concerning her country. War brides from Australia, and England were guests of two clubs, to tell the women about their country. Service men who returned from India, Germany, and Japan

ROWAN CLUBWOMEN STUDY JAPAN

By Mrs. Jack Fries

Following is a story written by Mrs. Jack Fries, past president of the Franklin-Ellis Club. Her son, Joe Fries, served in the U. S. Army. He spent his foreign Service in Japan.

"Japan was selected for Franklin-Ellis' first study of international relations. This country was selected for personal reasons of club members since they had, at this time, sons in Japan. By reading about Japan we were able to understand many things that our sons wrote home about Japan. We felt that this was true of many of the club members whose loved ones were in foreign countries. Other members realized just as I that when their sons came home we would be able to converse more intelligently with them about the country where they had been.

The club selected three fiction and two non-fiction books from the approved list from the Rowan Public library.

In addition to the books, many articles from various magazines and newspapers were read by the club members about Japan. One club member included many articles on Japan in her club notes book. It would be an excellent idea for the various clubs to pass on to others any additional material found in connection with their study of any given country.

Family relationship, Education, Religion, and Farming was of particular interest to the club members, however, history and politics were included in the course of study.

We completed our study of Japan by inviting Joe, my son, to talk to us informally about his experiences in Japan. He gave a delightful report on the customs of the people as he saw them, however, the misery and corruption brought about by war was too horrible to relate. Joe high-lighted his talk by showing souvenirs and pictures from Japan. There was quite a lively discussion carried on after his talk. Much interest was shown by the club members.

The study of foreign countries will give one a better understanding of the living conditions of other countries and help to promote *good will* among our fellowmen.

spoke to three clubs illustrating their talks with interesting things they brought back. Returned missionaries from China and Hawaii showed slides and talked on these countries. Several other speakers met with the clubs bringing first hand information from different countries.

I would like to suggest that club members be given credit toward their reading certificate for reading the selected books of the course of study in International Relations. There is also a need for more and better books on foreign countries in our Public Library."

(Continued from Page 1)

years. "Help youth help itself" is the thing that the Educational Loan Fund has endeavored to do for fifteen years. The Jane S. McKimmon Loan Fund has been one of the outstanding achievements of the State Federation of Home Demonstration Clubs. \$1921.88 was contributed by the 1641 clubs in the State in 1947 for this fund.

While the past year has been outstanding, Mrs. George Apperson of Mocksville, President of the North Carolina Federation, and other officers are not unmindful of the opportunities for greater service in their State and in terms of the world situation. Because of her trip to Europe during the past summer, Mrs. Apperson and other delegates who attended the meeting of the Associated Country Women of the World in Holland, and their tours through the rural sections, realize the needs of the hungry people of western Europe and insist that we can help wage peace with food.

We have the climate and soil and can produce more food and improve our diets and that this will also release food which we often purchase from other states.

Mrs. Apperson thinks that rural women throughout the world are closer together because of the international meeting in Holland, during September, and the knowledge gained of the situation in other countries.

(Continued from Page 3)

county, but also of the entire Extension organization.

With her daily personal contacts aimed at better living for the people of Edgecombe County, Mrs. Van Landingham also finds time to represent Extension in many of the county's organizations. She is a member of the Edgecombe Garden Club, U. D. C., Eastern Star, Red Cross, and Epsilon Sigma Phi.

(Continued from Page 3)

in other countries. Women use a lot of energy in the fields. They have no time for their children and even less for their homes.

Dr. White indicates she believes the standard of living of a country depends on the position of the women.