

JOIN the



4-H CLUB

● IN THE
**FOOD FOR FREEDOM
FIGHT**



THIS IS YOUR WAR



That you and future generations may enjoy Freedom and Justice we are fighting this war. While men give their lives on the battlefield, those of us on the farm must see to it that they have the necessary food to fight the war; to defend and preserve the America we enjoy.

During 1944 the 4-H program will stress those activities which will aid most in the war effort. Every farm boy and girl in North Carolina should join in the Feed A Fighter for Freedom program in Forty-Four.



Here's How You Can Help!

1. Join a 4-H Club.
2. Take an active part in 4-H Club meetings.
3. Consult Neighborhood Leader for help.
4. Participate in special 4-H activities, such as, Church Sunday, 4-H Achievement Day, 4-H Camp, Health Program.
5. Maintain morale on the home front. Preserve for our soldiers when they return something of the kind of an America they left to defend.



★ PRODUCE AND CONSERVE FOOD ★

1. Select a project you can and will carry through to completion.
2. Select your project early and begin work on it.
3. Increase the size of projects.
4. Conserve all the food possible.
5. Keep accurate records to determine best methods.
6. Secure new members.



CONTRIBUTE TO THE WAR EFFORT

1. Do your part in salvage collections.
2. Put all your cash profits in War Bonds and Stamps—more, if possible.
3. Cooperate with Red Cross, Civilian Defense and other war agencies.
4. Write letters to friends in the Armed Service.
5. Participate in all worthy community activities.



Here's How: Any one of the following is the equivalent of the total amount of food required to feed a man in the Armed Service for one year

Check the one you will do; tear off this sheet and mail or hand it to your farm or home agent for information and instructions as to how best to do the job.

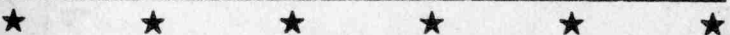
CONDUCT A MEAT ANIMAL PROJECT WHICH WILL PRODUCE 1300 LBS. OF MEAT. EITHER OF THE FOLLOWING SHOULD BE SUFFICIENT:

- Feed 2 Baby Beef Animals
- Feed 6 Pigs
- Feed 16 Lambs

- GROW 300 BROILERS TO 2½ LBS., OR A TOTAL OF 750 LBS.
- CARE FOR 50 HENS THAT WILL PRODUCE 470 DOZEN EGGS.
- FEED AND HANDLE ONE MILK COW WHICH WILL PRODUCE 5500 LBS. OF MILK.
- GROW 113 BUSHEL OF CORN.
- GROW 110 BUSHEL OF TOMATOES.
- GROW 135 BUSHEL OF SWEET POTATOES.
- GROW 135 BUSHEL OF IRISH POTATOES.
- PRODUCE 270 GALLONS OF CANE SYRUP.
- GROW ONE ACRE OF MIXED VEGETABLES.
- CAN 500 QUARTS OF VEGETABLES.

Name _____

Address _____



UNITED STATES DEPARTMENT OF AGRICULTURE
EXTENSION SERVICE
WASHINGTON

OFFICIAL BUSINESS

PENALTY FOR PRIVATE USE TO AVOID
PAYMENT OF POSTAGE, \$300

TO

Join the



4-H Club



OUR MEN IN THE ARMED SERVICES MUST HAVE



- Fresh Vegetables
- Canned Food
- Potatoes
- Poultry
- Bread
- Meat
- Milk
- Eggs



**YOU CAN HELP TO SUPPLY THESE
AND THE MANY OTHER FOODS
NECESSARY FOR VICTORY**

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