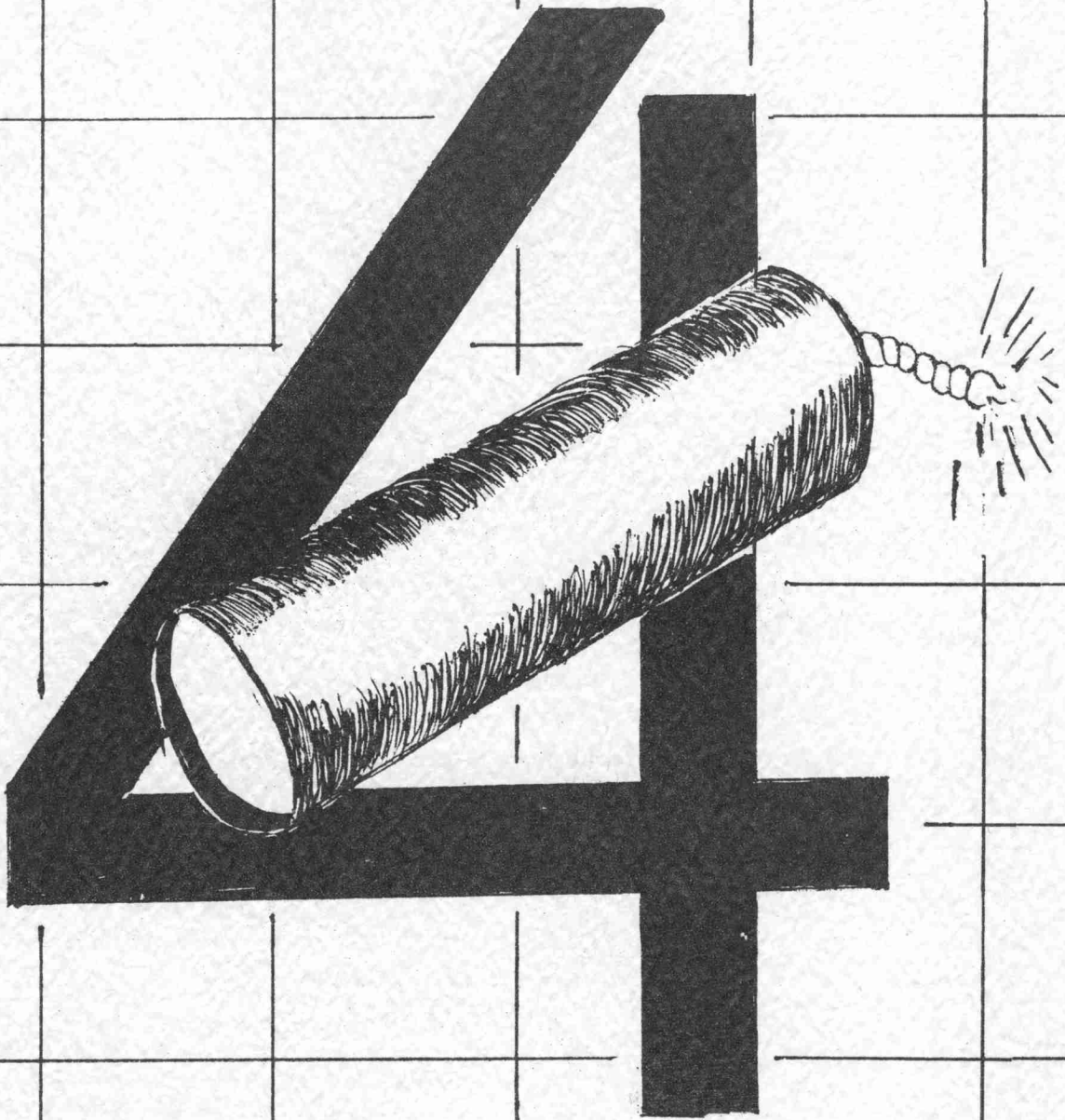


Green 'n' Growing

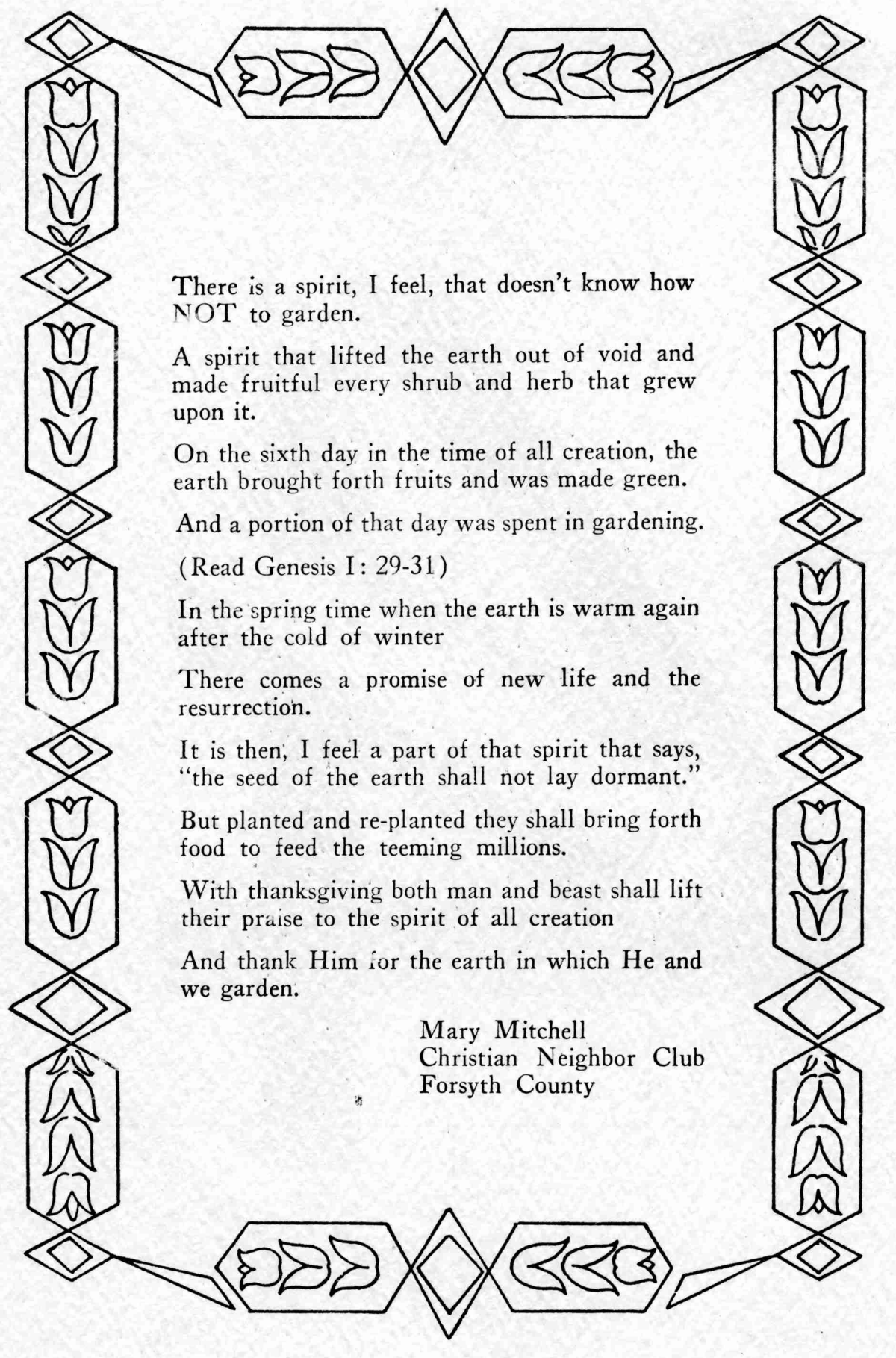


JULY

Volume 6

Number 7

1960



There is a spirit, I feel, that doesn't know how NOT to garden.

A spirit that lifted the earth out of void and made fruitful every shrub and herb that grew upon it.

On the sixth day in the time of all creation, the earth brought forth fruits and was made green.

And a portion of that day was spent in gardening.

(Read Genesis I: 29-31)

In the spring time when the earth is warm again after the cold of winter

There comes a promise of new life and the resurrection.

It is then, I feel a part of that spirit that says, "the seed of the earth shall not lay dormant."

But planted and re-planted they shall bring forth food to feed the teeming millions.

With thanksgiving both man and beast shall lift their praise to the spirit of all creation

And thank Him for the earth in which He and we garden.

Mary Mitchell
Christian Neighbor Club
Forsyth County

Green 'n' Growing

Home Demonstration News Magazine



CHARACTER

CITIZENSHIP

COURAGE

CULTURE

Vol. 6

JULY, 1960

No. 7

Green 'n' Growing

A magazine for women who believe that "Today's Home Builds Tomorrow's World."

To inform, inspire, develop, strengthen and correlate the work of home demonstration clubs and the Agricultural Extension Service in their efforts to assist women in promoting higher standards of living, in understanding themselves, their families and their neighbors and in promoting creative leadership.

SUBSCRIPTION RATES: \$1.00 a year in the U. S. A. Mail all correspondence to Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham, N. C. Telephone 7-3141. This publication carries authoritative notices and articles on Home Demonstration. No responsibility is assumed for statements of contributors. Manuscripts and photographs will be returned only if accompanied by return postage. We can not assume responsibility for their safety.

Advertising rates on request. Advertising copy must be received by the 10th of the preceding month. Write—Mrs. A. M. Snipes, Ronda, N. C. Advertising Manager.

GREEN 'n' GROWING, published monthly by Home Demonstration Clubs of N. C. Second class mailing postage paid in Durham, North Carolina.

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CHANGE OF ADDRESS: Please give old and new address and notify us four weeks in advance.

Printed by Ferguson Printing Co., Durham, North Carolina.

The Story of Table Coverings



Even the best food tastes better when it is served on an attractive table. An appetizing breakfast is a good beginning for everyone's day. Even children like to be perked up with a nourishing lunch served on a pretty tablecloth—with a special treat for dessert. They'll go back to school feeling fit enough to tackle any lesson. Quite often, evening is the only time when the whole family can sit down and enjoy a meal together. So there should be some extra effort put into making sure the dinner hour is pleasant.

One of the easiest ways to make mealtime a happy time is to be certain the table looks as nice as possible. How to accomplish this is one of the simplest and yet most important things a homemaker can learn.

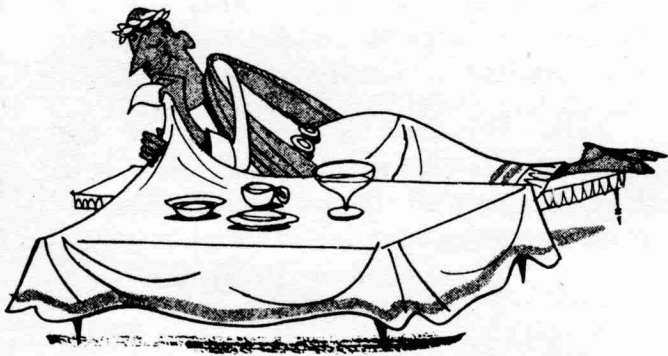
Let's consider the table and its covering.

Covers for tables have been used for thousands of years. A desire for beauty and a need for cleanliness made the use of table linen a natural custom. And it was called table "linen" because the weaving of linen from flax was one of the earliest household tasks. Table linen became an integral part of life as far back as 6000 B. C. It was beautiful in itself and could be dyed, embroidered and decorated in many ways. It was also easier to keep clean than woolen materials.

It is interesting that the word "spinster" came from the old custom that the young woman should never marry until she has "spun herself a set of body, bed and table linens".

In the days of ancient Rome, linen's place on the table had a practical aspect. The guests at banquets wiped their hands on the edges of the cloth. Extra large cloths were necessary for this double

duty because fingers and hands served as fork and spoon.



During the Middle Ages tables were arranged so that the host and honored guests sat at one end of the room on a raised platform. On either side were long tables for guests of lesser rank. The tablecloths were long and narrow. Linen of the finest quality was used for the first cloth. Then special cloths were laid one over another for those of high rank.

In the 13th century when Marco Polo, the Venetian, traveled through Asia, visiting the fabulous Eastern empires, he was amazed to find only the richest silks where linen would have been used in the Western world. This was because the development of fabrics always followed the particular materials available and the state of civilization of the people.

Cloths of silk embroidered with golden thread were spread over the banquet tables of Kublai Khan. Silk was so common that in one city, Marco Polo found "no day in the year passes that there do not enter the city 1000 cartloads of silk alone." So the women of Eastern courts had no trouble keeping their tables beautifully covered.

In primitive countries east or west, mats woven from bamboo, twigs, or grasses were the usual accompaniments to meals. One of the earliest drawings from explorations of the New World is in Thomas Hariot's 1588 account of life in Virginia. It shows two Indians sitting on a mat of twigs with their

dishes of food spread between them. The mat offered protection from the ground for the diners and also helped keep the food clean.

During the 15th, 16th and 17th centuries in England, as well as on the continent, the use of table linen was almost entirely confined to the nobility. In 1512, the Earl of Northumberland was reported as having "eight linen cloths for his personal use, while his large retinue of servants had but one." Queen Elizabeth's napery showed the royal arms. The Queen, at the time of her death, "owned over 3000 dresses, and much table napery".

George II, England's German ruler, had an interesting ornament and legend on his table linen: king on horseback and beneath, the words "George der II Konig in England". Table linen was usually embroidered and decorated with the family coat of arms.

A form of linen napkin called the doily was named for the London draper, Doyley, who first introduced them in the 1702-1714 reign of Queen Anne. It was during this period that the use of English-made linens on the table became commoner even among the less prosperous classes whose utensils were still pewter and wood.



In Colonial America, the dining table was a crude copy of the trestle type then used in England. It was a long plank of pine or maple about three feet wide,

(Continued on page 10)

Growing- \$40

Investment

A building without a tree or shrub looks lonely and bare. With an evergreen and a flower it has beauty and charm and brings pleasure to those who see it. With this in mind the Mt. Hermon Club (PASQUOTANK) chose their special project for this year—landscaping the Mt. Hermon Church grounds.

A plan was made with the help of the home and fram agents, Miss Edna Bishop and S. L. Lowery and the first bushes were set out. Nandinas already around the church were divided to make new ones and members brought and planted many flowering shrubs from their own yards. Camellias, more holly and young trees are in the plans for fall. The gnarled and broken elms now in the yard are nearly 100 years old and will soon need to be replaced.

The work represents approximately a \$40 investment but the value is much greater. The necessary money for the project was earned at a bake sale sponsored by the club.

Under the guidance of Mrs. Walter Symons, president, this project has taken root and grown much like the plants the members have set out. Every one of the 16 members has done some work to improve her yard. They have set out approximately 120 shrubs, 16 dozen small plants, 50 bulbs and have reset 45 plants.

Mr. and Mrs. Andrew Winslow have done much to improve their grounds. They have cleared unsightly areas and planted evergreens to screen the barns and work areas of their lovely two story farm house. A large section of the yard has been prepared for a young orchard, which Mr. Winslow says is for his sons, George Allen and Woody. Near

the orchard is the family garden and not too far from the back door is a big grapevine.

Mrs. Winslow says this is a big beginning to the plan they have for the beautification of their home. In the future they hope to build a barbecue pit and provide a family picnic area.

Mrs. Winslow is president of the Pasquotank County Council and is a former agent of Beaufort and Pasquotank Counties.

Mrs. Lindsey Bridgman
Elizabeth City

Miss Edna Bishop, home agent, Mrs. P. A. Bundy, Mrs. R. L. Byrum, Mrs. C. A. Banks, Mrs. Lindsey Bridgman, and Mrs. Walter Symons are busy setting shrubs.



Editor's note: The letters on page 5 are from Lee Koon Ja. She is known to many of you, but for those of you who haven't met her yet she is OURS. She was adopted by Home Demonstration Clubs of North Carolina 2 years ago thru the Foster Parents Plan. This plan provides \$9 monthly cash grant, food, clothing and the necessary medical care (\$180 total for a year—paid by you). Of equal importance to Koon Ja and her family is the heartwarming knowledge that someone cares and wants to help.

My Dear Foster Parents:

Our happy winter vacation is over and today (February first) we all have returned to school again to start the latter part of the second term. During the vacation time I did all my home works successfully and took them to school when school opened again. I read five novels during vacation time and the novel books are "Homeless angel", "Doll's house", "Tom Sawyer's Adventure", "Princess Mermaid", and "Uncle Berry Phin." They are all very interesting books.

Dear Susie! Do you like reading books? My school teacher always tells us that reading books is very important for our daily life. Warm spring is just around the corner now. Good bye!

Dear foster parents, I am always very grateful to you for your kindness, and this year I am going to keep my good grades. I think I should be more studious in school in order to repay your kindness and help.

In closing, I wish you the best of health and luck. Well, I say good bye for now. Oh! I almost forget. Last month, too, through the Plan I received your monthly Plan Grant of Hwan 8,080 and two pieces of pencil with much thanks.

There was held the graduation exercises at school on February 27th. The hall of ceremony was beautifully decorated by school teachers and pupils. The number of graduates of high and middle school was 270 in all. Among them, my sister Hwa Ja was one of them and she looked much more beautiful on the day. She would be always praised by school teachers for her good behaviors and wonderful grades. She received 10 notebooks and a dozen of pencil as her honor prize and as soon as the ceremony was over she gave her prizes to me and said many fine instructions to me. She was such a good senior especially to me and I was very sad when I had to say good bye. Keeping her good instruction in my heart tightly, I should try to be a good student. Hwa Ja and I swore to be sisters.

Please make sure to send me a picture of Little Susie, dear foster parents. Last month, too, through the Plan I received your monthly Plan Grant of Hwan 8,960 and a pair of sneakers.

Time goes by really fast! Already spring is here with us now. On the forthcoming 6th of this month I will be moved up to the second year class. Forsythias, azaleas, and cherry-blossoms are blooming out in brilliant colors and tiny green grasses are coming up from the black ground.

I am now on the spring vacation which has started since March 26 and will last until April 5th. During this vacation I review my school lessons and I am getting ready for the coming new school year. Every morning with a few friends of mine I would go up to the top of the Nam San Hill where we take proper physical exercises. We love to the rising sun very much. Sometimes we talk about the school subjects and also discuss each other. Each Sunday I go to church and I enjoy listening to the good preach spoken by our minister.

In this new spring season I have become to miss you more terribly. Please be sure to send me a photo of yourselves. Good bye! Last month, too, I received your regular money of Hwan 9,120, 6 notebooks, and a pencil case.

Lovingly yours,
Lee Koon Ja, K-2057

11th District Doings

The 11th District had a wonderful day in Elkin again this year. It was their 14th annual Spring Festival and everyone was in that "special spirit".

The event was sponsored by the Elkin Kiwanis Club and the business and professional men and women of Elkin. Nearly 800 ladies attended from Surry, Wilkes, Yadkin, Ashe and Alleghany Counties.

Mrs. Gwen Terasaki of Johnson City, Tenn., author of the best selling book, "Bridge to the Sun" was the principal speaker. She told of her many experiences as the wife of Hidenari Terasaki, diplomat and liaison officer between the Japanese Emperor and General MacArthur. Her main interests are good international relations and brotherhood.

Mrs. T. W. Ferguson of Wilkes County, chairman of the 11th District presided.

Mayor George Royall was most gracious in his welcome to the ladies and the Yadkin County Chorus inspired everyone.

The luncheon (or should we say dinner) was one of the best that your editor has ever eaten. It was most attractively served—and so quickly!

Mayor Royall, chairman of the Kiwanis Agriculture and Conservation Committee was in charge of the arrangements. He and his committee deserve "HATS OFF" from each and every person present.

Committee reports followed the luncheon, and installation of new officers was conducted by Mrs. Glenn Armfield, past 11th District chairman.

On the spot radio interviews were made by WIFM and parts of the meeting were recorded for future use. Mrs. A. M. Snipes was in charge of publicity.

Again we would like to echo the thoughts of all those present. "It was a great day and special thanks go to all of the firms and individuals who made it possible."

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in a word: Contest

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State Prizes
and the
County Chairman's Bonus Prize
will be awarded at
Farm-Home Week on AWARDS NIGHT

First Prize A Trip To New York
Second Prize A Portable TV
Third Prize . . . Drexel Blanket Chest



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Durham



STOP! then GO!

to

FARM-HOME WEEK

July 12 - 13 - 14 - 15

Specialist in Clothing is in charge of "Hats We Made, on Parade. These should be very interesting. Honors and Awards and State Prizes for the *G 'n' G* Subscription Contest will be given Wednesday evening in the Coliseum.

After lunch on Thursday there will be an optional guided tour of the North Carolina Museum of Art. Time 2:00 P.M. At 3:30 P.M. the home of Chancellor and Mrs. John T. Caldwell will be open for a tour. The Past President's Dinner will be held in the College Cafeteria at 6:00 P.M. Thursday night is Special Music Time. Singing will be directed by Dr. Hoffmann. This will be followed by more singing under the direction of Mr. J. O. Barber, President, Greensboro Chapter Chorus, Society Preservation and Encouragement of Barber Shop Quartet Singing in America, Greensboro, N. C.

The Thirty-Fourth Annual Meeting of the North Carolina Home Demonstration Clubs will be held Friday morning in the Coliseum. This is a big day and we want everyone to make plans to attend.

HIGHLIGHTS OF PROGRAM

Each morning *Devotions* in the Danforth Chapel, College Y.M.C.A.

The Annual Meeting of the State Council of Home Demonstration Clubs will be held Tuesday afternoon at 1:30 in the Auditorium of the Textile Building.

Tuesday Night, July 12, at 7:30 *Formal opening program* (we open on Tuesday as we did last year) followed by a Reception honoring Chancellor and Mrs. John T. Caldwell. Coliseum.

Wednesday morning Mrs. Jewell G. Fessenden, USDA, Washington, D. C. will discuss "A Study of Leadership Needs" in the College Union Ballroom. Classes will also be held. Wednesday afternoon from 2:30-3:30 P.M. we'll be in the Coliseum to hear Iris Davenport (Mrs. C. A. Mahan), Lexington, Ky., speak. Her topic is "It's Nice to Know How". Julia McIver, Extension

THIS A BIG WEEK!

THIS IS A FULL WEEK!

YOU can't afford to miss the classes. You don't want to miss the fun. Make your reservations early. Some of the classes that will inform and inspire you are listed on the next page.

CLASSES

"Frame Your Pictures—Frame Them Right"—Pauline E. Gordon, Extension Specialist in Housing and House Furnishings, N. C. State College, Raleigh, and A. D. Miller, Kinston.

Tour of John Harris's Garden—John H. Harris, Extension Horticulturist, N. C. State College, Raleigh.

"The Art of the Potter"—Mrs. Slater E. Newman, Raleigh.

"The Hope of Research in Cancer and What We Can Do About It"—Dr. H. Max Schiebel, Watts Hospital, Durham.

"Understanding Among Family Members"—Mrs. Corinne J. Grimsley, Extension Specialist in Family Relations, N. C. State College, Raleigh, in charge; Dr. Albert Edwards, The Pastor of the First Presbyterian Church, Raleigh, guest speaker.

"Learning to Appreciate Art"—Charles Stanford, Curator, State Museum of Art Raleigh.

"1960 Inheritance Law for North Carolina"—James C. Little, Jr., Raleigh Attorney.

"World of Good Eating"—Nancy Carter Director of Home Economics, Colonial Stores, Inc., Atlanta, Ga.

"The Nervous Woman"—Dr. Hugh A. Matthews, Canton, N. C.

"Cancer—What Is Being Done in N. C."—Ozner L. Henry, Chairman, Commission to Study Cause and Control of Cancer in N. C., Lumberton.

Write for room reservation to
Eleanor H. Mason, In Charge
Room Reservations
P. O. Box 5097
Raleigh, N. C.

Send check to cover number of nights you expect to stay. If you have to cancel at last minute, notify Miss Mason immediately and a refund will be made.

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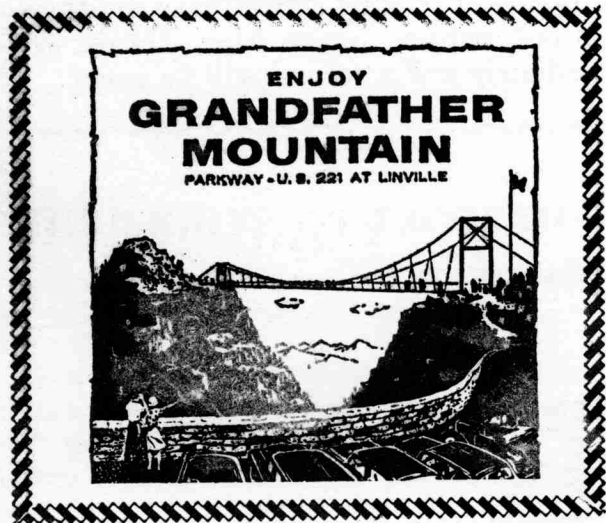


TABLE COVERINGS Cont.

laid on trestles shaped like a sawbuck, from which its name was taken. It was literally a board and was called a table board. Accordingly, the linen cover used on it at meals was called a board cloth. If the American woman in the log cabin and covered wagon days served the family on a bare scrubbed board, it was by necessity, not choice. And she remedied the situation as soon as she could weave her own cloth.

Naturally the invention of the cotton gin in 1793 had its effect on table coverings as well as every other phase of the textile industry. Flax, through the centuries, had provided everything from fine double damask to coarse sailcloth. But linen could not compete in price with the new product, cotton.



During the Victorian period in both England and America the round dining table became fashionable. A large dining room was necessary to accommodate this table and give adequate seating space for guests. It was also necessary to have especially made round cloths sometimes with inserts of lace, or decorated with embroidery and fringe. The elegant Eighties and ornate Nineties with their heavy, dust-catching laces and brocades have little relation to the simplicity of modern living.

Today we take hints from all these forms of dining and improve them with simple modern comforts. We place our picnic cloths on the ground or spread them over trestle tables in the backyards. We still have fine lace and linen but we see less and less formal living.

The emphasis today is on fun without fuss—enjoying life with a minimum of drudgery. The time a woman can save in routine work is time she can spend with her family and her friends. She takes advantage of all the easy ways to keep her home looking attractive with the least labor.

She has found that the atmosphere of kitchen, breakfast nook or dinette can be changed three times a day by using a different table covering. And she likes to do this because the varieties of color and pattern make pleasant backgrounds for dishes and food. Of course this would mean a heavy laundry load if cottons or linens were always used. But the modern woman has many coverings that are attractive, sturdy, and easy to keep clean: oil cloth, plastics of all sorts, cork or bamboo mats and rubber pads.

Probably the best known of modern table coverings is oil cloth. Developed in America, it was the outgrowth of a business devoted to making waterproof carriage covers for the horse and buggy trade. It is such a distinctively American product that it is known in the rest of the world as "American Cloth".

If you like to "do-it-yourself", our modern materials offer all sorts of possibilities, such as covering wastebaskets, place mats, picnic spreads, school book covers, aprons, beach bags, and others.

They are colorful and attractive, long-lasting and economical. And above all, they make homes brighter and house-work lighter.

Help Keep North Carolina Green!



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Canton, North Carolina

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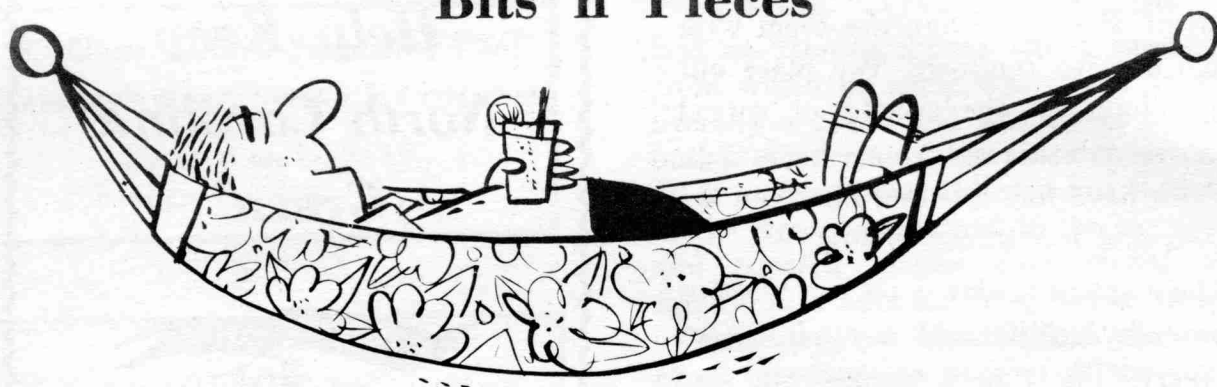
—*—

*"THE STORE THAT
HAS EVERYTHING"*

—*—

INGALLS
NORTH CAROLINA

Bits 'n' Pieces



Bahama Club (DURHAM) had members of the Rougemont Club as luncheon guests and for a special meeting on cancer given by Dr. Gordon Carver and Mrs. Gladys Bunting from the Cancer Research Center in Durham. Another highlight was a fashion show of 31 articles of clothing made by the Bahama members. Mrs. Archie Blake was narrator for the show that ended with a hilarious pillow fight among those who modeled bed-time attire. Prizes were awarded in each division.

The Buckhorn Club (WILSON) recently entertained the staff of the Home Economics Department and the officers of the County Council at a reception given at the Agricultural Center. The occasion was one of the highlights of National Home Demonstration Week. The receiving line included Mrs. Ona P. Humphrey, county home economics

Buckhorn Club entertains



agent; Miss Vivian Clapp and Miss Peggy Grady, assistant agents and Mrs. Ray Holland, secretary; Mrs. Mallie Stott, treasurer; Mrs. Guy Smith, council president; and Mrs. Charles Boykin, custodian of the educational loan fund. During the afternoon Mrs. Turner Bailey and Mrs. T. B. Winstead gave a program of piano selections, with J. W. Bailey playing the saxophone.

Visitors from Nash County included Mrs. Ann Inscoe, Miss Jane Edwards, and Miss Lottie Miller; Edgecombe County visitors were Mrs. J. W. Van Landingham, Miss Nancy Lewis and Miss Cleo Jones.

Buckhorn members taking part in the reception were Mrs. Rex Bailey, Mrs. Myrtie Neal, Mrs. James Hinnant, Mrs. R. G. Hinnant, Mrs. Charlie Barnes, Mrs. Fred Barnes, Mrs. J. E. Hinnant, Mrs. Zeb Hinnant, Mrs. Erastus Renfrow, Mrs. J. R. Wilkerson, Mrs. Bessie Williamson, Mrs. Guy Bullock, Mrs. J. D. Barnes, Mrs. Delphia Hinnant and Mrs. Dewey Simpson.

Happy Birthday to the 43 years young Nahunta Club (WAYNE). Among the 62 members on the present roll, six are faithful charter members. Wish there were space to tell of all the wonderful things done by this club and all of the other clubs throughout the state. Keep the reports coming in so that we can use them from time to time. (We keep them in *your* county file.)



Many clubs in many counties did something special in celebration of National Home Demonstration Week. The Goldsboro, H. D. C. is one of the clubs to have an attractive window display. Mrs. R. D. Merritt, Jr. sent us the picture taken by the *Goldsboro News-Argus*.

The South Westfield Club (SURRY) wanted to make the pre-school clinic a little more enjoyable for mothers and their children and so they served cookies and fruit juices to all those present. This was especially appreciated by the mothers because the children seemed much more calm.

Mrs. Junior Cook
Community Service Chairman

For the fifth consecutive year the White Plains Club (SURRY) observed National H. D. Week with a "Come and Sit" tea honoring their mothers and other mothers of the community. A special invitation was sent to all the older mothers, who seemed to enjoy this occasion so very much. During a short program the oldest mother present (81 years young!) was presented a gift. All of the mothers thought the decorations were beautiful and some were very pleased to have their pictures taken for the local paper.

Mrs. P. N. Taylor
Publicity Chairman
Surry County

Everyone enjoyed the SAMPSON County H. D. Clubs' Fair held during National H. D. Week at Clinton. Mrs. Allen Westbrook was chairman. The

home agent, Mrs. Virginia Evins, was in charge.

Each club in the county sponsored booths featuring their special interest. Hooked rugs, handmade hats, library booths, dried arrangements, pine cone exhibits, drapery making, furniture refinishing, items old and items new, table settings, Swedish darning were only a few of the many attractive booths in the fair. Prizes were given to lucky ladies each hour during the day. A fashion show ended the day with another colorful display and gave everyone added incentive to get busy with their sewing.

Mrs. Gordon Cashwell
Ingold H. D. C.

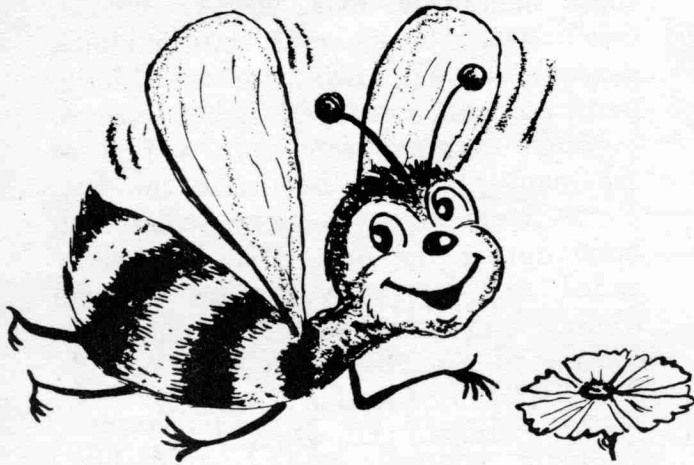
Transylvania County Home Demonstration Club members are busy with workshops as is shown in the accompanying picture. This is a group of the Little River Club members at the home of Mrs. Claude McMahan.

Left to Right—Mrs Sam Dobbins worked on braided rug; Mrs. Morris Hawkins, President of the Club, completed an angel copper foil placque; Mrs. Merimon Shuford made two frames from a large old frame. Danny McMahan is the live picture; Mrs. H. R. Jacobsen and Mrs. A. J. Chalmers are both working on braided rugs; Mrs. Ray Israel is decorating a wooden plate; Mrs. Edward Mackey is completing a copper planter and Mrs. McMahan is starting to refinish a picture frame.

These crafters learned these crafts from leaders who attended the Western North Carolina Handicraft Workshop.



a HONEY



Honeybees have had a "buzzin' business" the past few weeks when the spring honey flow has been in its peak. Did you realize that the little bee must travel the equivalent of twice around the world to collect one pound of nectar? *Just how big is the Honey bee industry in North Carolina?* North Carolina ranks seventh in the nation with respect to the number of honey bee colonies, with some 210,000 colonies and 30,000 persons with bees on their farm.

What is Honey? Honey is the condensed nectar from certain flowers that the bee has gathered, collected, and stored in honey comb. Since honey traps the aroma of flowers, just as the different flowers would vary, the color, taste and aroma of honeys vary. For instance, while on one hand the sourwood and clover blends are light and mild flavored, the tulip

BITS 'N' PIECES Cont.

In observance of National H. D. Week members of the Fink and Yost H.D.

Club (ROWAN) were guests on the Betty Freezor T.V. Program in Charlotte. After a tour of the studios the group had lunch on the patio of the studio cafeteria. Everyone really enjoyed the day and the visit with Miss Freezor who is a former Home Economics Agent from Rowan County.

Mrs. Henry Hartis
Publicity Chairman

poplar and buckwheat bloom has a darker color and stronger, richer flavor. *Forms of Honey:* Honey is marketed mainly in four different forms—extracted, comb, chunk, and cream. Of the four, the extracted honey is the most popular and makes up about three-fourths of all honey sold.

Care of Honey: To keep honey in top-notch condition: 1. keep it dry 2. keep it covered—honey loses flavor and absorbs moisture and odors when left uncovered and 3. store at room temperature, not in the refrigerator, to prevent crystallization (with the exception of creamed honey and honey butter which should be stored in the refrigerator.)

Other Honey Facts: 1. Honey is the only unmanufactured sweet available in commercial quantities. 2. Honey is composed largely of simple sugars, therefore, it is easy to digest and goes to work quickly to provide the body with energy. For this reason it has special advantages in infant feeding. 3. Cakes and cookies made with honey remain moist longer and improve with aging. This is based on the fact that honey has the ability to absorb and retain moisture and thus retard the drying out and staling of baked goods.

As someone said, "If you a happy cook would be, use honey in your recipe."

Gaynelle Hogan,
Assis. Home Ec. Agent
Consumer Marketing

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Home Demonstration Club Work

By: Mrs. Carrie T. Stevens

If each Home Demonstration Club member were asked what club work meant to her, the answer would vary with the individual, and many revealing aspects would be discussed. Many club members have never stopped to consider seriously the true value of club work as it is related to her personal needs, with accompanying possibilities for better living standards. Since this question has been asked me and a written answer is expected, I find much food for thought covering a long period of years.

In order to gain a better perspective, I must go back through the years to the time I was introduced to Home Demonstration Club work. My heart has been at all times with the rural areas and the fresh and growing freedom the open country offered. Little opportunity was available for rural activities as I was living an urban life with the restricted opportunities for active participation. Then, "as a gift from the blue sky", the way was opened to me. A young and enthusiastic Home Agent moved next door to me. I was in my early and impressionable 'teens, and she sensed my eagerness to be a part of the comparatively new and far-reaching movement to organize farm families for improved living. Our friendship led me directly into active Four-H Club work and then Home Demonstration Club work. My summers were filled with useful and constructive activities.

"Without vision we perish" was applicable to the philosophy of our pioneer leaders in the field of Home Demonstration Work. It was my cherished privilege to know personally and in a most friendly manner great leaders. Mrs.

Jane S. McKimmon, Miss Minnie Jamison, and many more whose indomitable courage prevailed in the face of many primitive hazards of those early years; no electricity, no running water, poor refrigeration, near impassable roads, insect infested gardens, to name only a few physical barriers. There were more and greater obstacles to surmount: opposing public opinion for maintenance of a new venture, "utter waste" some county commissioners branded the idea, and this political block ran the source of government from State Legislatures through to offices in Washington. However, like many other causes, the fight to exist was stimulus to living. A vision and the spirit of enthusiasm caught hold and is moving steadily forward today.

One may ask what all this has to do with "what club work means to me." It has a direct bearing on my present interest and active participation, since I have helped bring this work along the paths of progress by contributing just one faithful member, sharing the successes, weathering the reverses. This included demonstrations of food preservation from the three-hour a day to three days a week, to the few minutes now required to preserve food with better results. Clothing has made spectacular strides in the family sewing circle, home decoration methods, improved reading methods, music appreciation, child care, and better knowledge of the rapidly changing world affairs.

Not to be overlooked is the social enjoyment derived from sharing with other farm women the problems and successes that face all of us with common

interests. These include a wide variety of social activities from teas to quilting parties. What woman does not get joy from anticipating the refreshments a club hostess will serve and the decorative ideas she will use? It is during these hours that the real exchange of helpful suggestions is made.

Of major importance is the fact that our organization is undergirded by dedicated scientists who are spending countless hours in laboratories and experimental fields to bring to farm families the benefits of these findings. This information is conveyed to the State Extension personnel who bring it into our homes through our County Home Demonstration agents. The Extension Service urges farm families to visit laboratories and experimental farms, and to see first hand the work that is being done. This, too, has been a privilege I have enjoyed. The Extension Service promotes Farm and Home Week where national leaders conduct classes and give demonstrations on better methods of rural living; there are World Conferences for Rural Women and one of these I attended. Here I learned that women in India or the Netherlands are concerned with similar problems to those we face in the United States. District conferences bring women from many countries together for information and fellowship.

Remarks have been heard in regard to many civic activities, that some women refuse to participate because, quote: "I get nothing from the club work!" To those of us who find the work so stimulating, the mental reaction to these remarks is "How much have you put into club work?" There will be no cookies in the cookie jar if we have not baked and put them there—then a neighbor may bring a package of fruit to enjoy with the cookies!

To me Home Demonstration work is an integral part of the farm program and I enjoy being a part of a progressive national organization; yes, and of the world fellowship group that is striving continuously to make living conditions better, and to bring closer the peaceful fellowship of all mankind.



Let's Read!

Summertime seems a good time to read a new novel, so why not choose *The Lovely Ambition* by Mary Ellen Chase. The setting for this wise and lovely tale is England and the State of Maine.

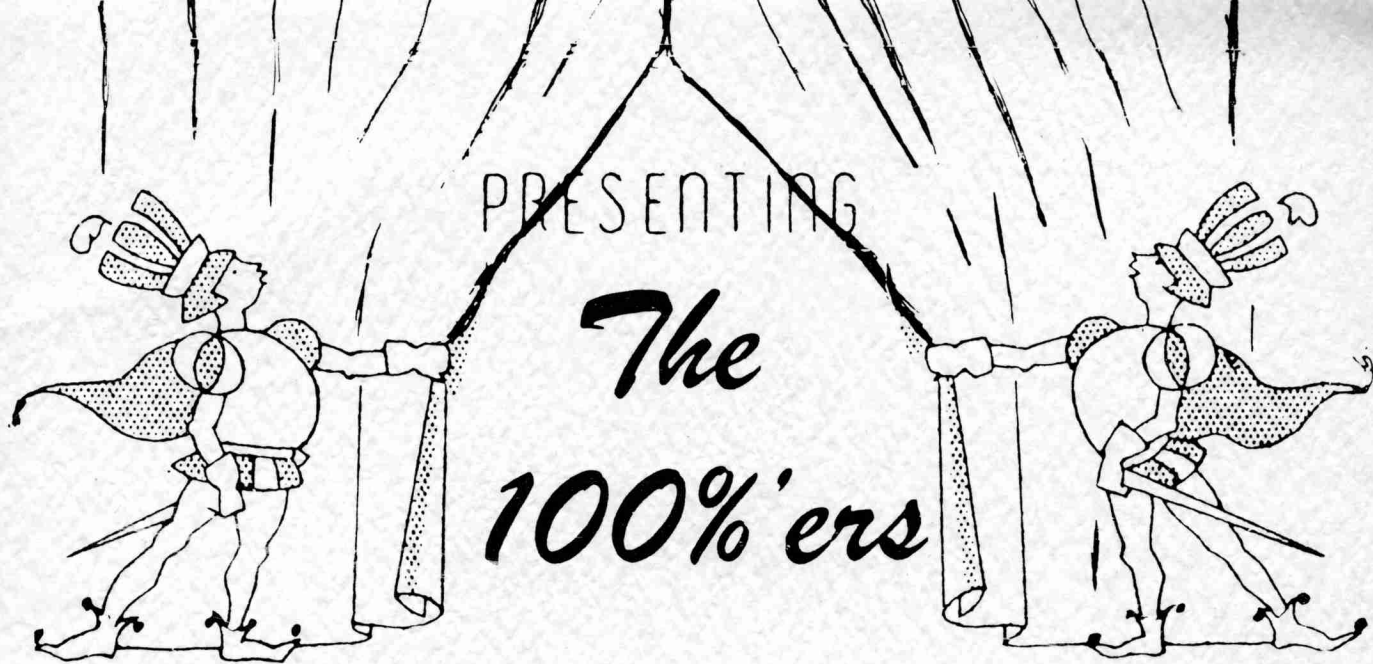
This story centers around John Tillyard, a Wesleyan parson. At the turn of the present century he brings his wife, adolescent daughter, and ten-year-old twins from England when he takes over a Methodist parish in downeast Maine.

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