

Mr. David Murray

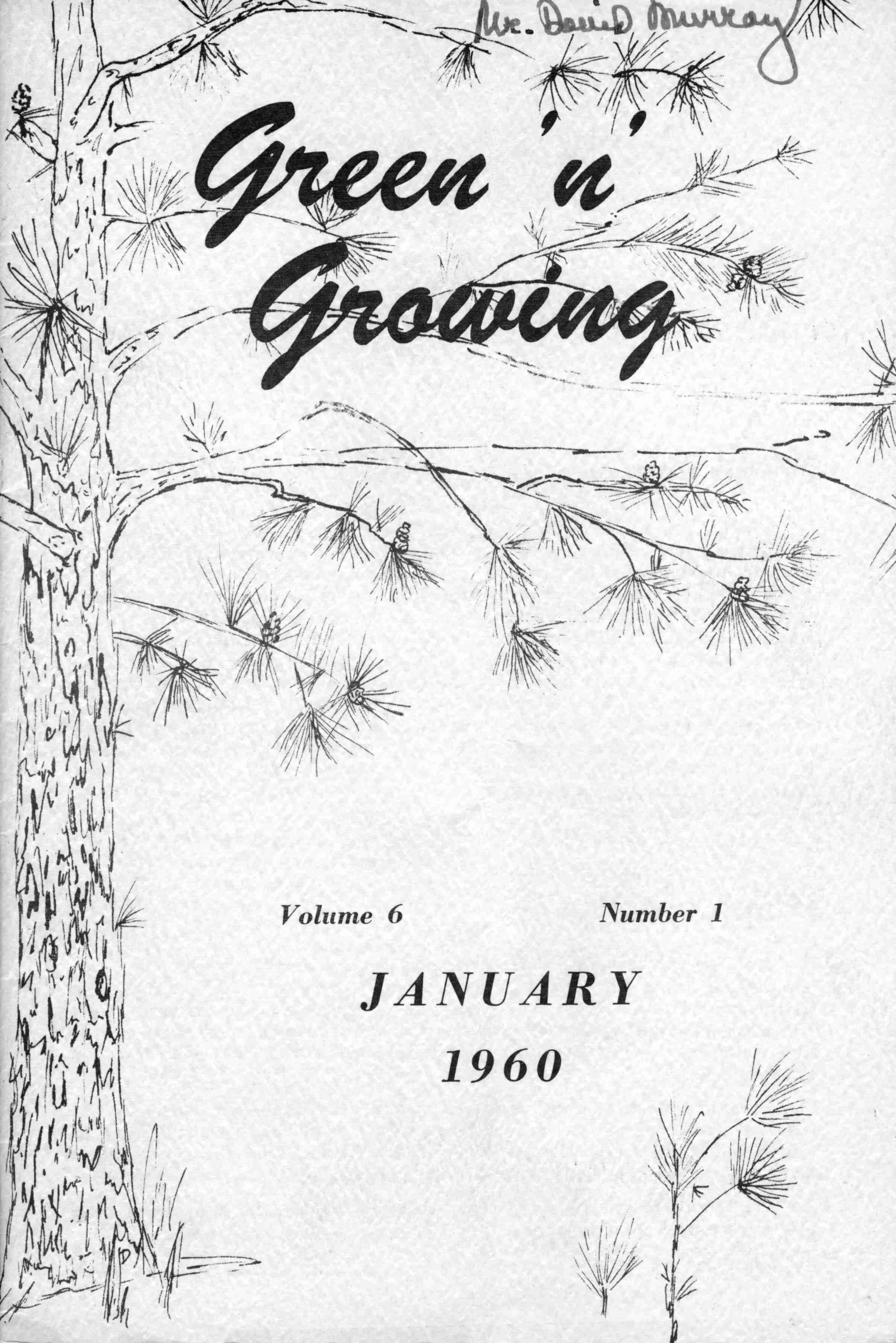
Green n Growing

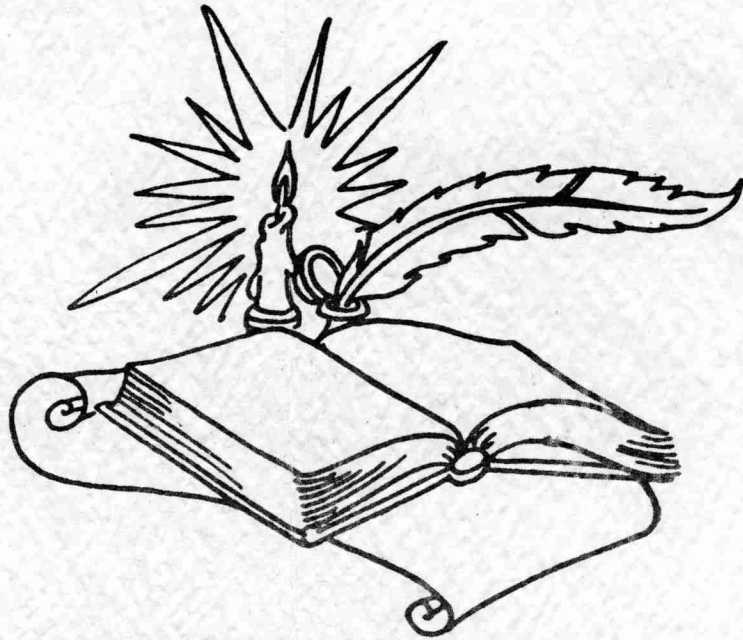
Volume 6

Number 1

JANUARY

1960





Prayer for a new year

I would bring unto thee, O Lord and Master, the mistakes and follies of the year that has gone. I bring into thy sight the words that wounded, the thoughts that befouled, the deeds that degraded, the purposes that centered in myself, and all the unholy brood of jealousies, envies, malice, spites, and hates. In shame and penitence I look upon them for the last time and turn from them to the promise of a year that is new and clean. I thank thee for the splendor of the unstained future. I thank thee for the opportunity to do what I have failed to do. I rejoice in the work of new tasks. I am grateful for the hope of the unturned page. I would, O God, dedicate myself anew to the clean life; to the loving and unselfish spirit; to the cheer and good will that are needed by other hearts; to the love of good books; the choosing and holding of genuine friends; to thy will, and to the establishment of thy Kingdom in this, thy world. Hold me steady when these purposes prove difficult to retain. Grant me the grace of thy presence along the way. And save me from despair in the hour of my defeat. Amen.

Happy birthday

How the year has rolled by! But we said that last year! And—the year before and the year before that! This year has been an *extra special* year for many of us. Extra special because *Green 'n' Growing* has brought us closer together. People everywhere are learning that we work together, plan, play and pray together. We have a growing sense of oneness in aspirations, purposes and goals which bind us together.

All of us have strengthened ourselves, our homes and family, our community, our state and nation and our world by more knowledge, better understanding, right attitudes, and a spirit of cooperation. We are laying a firmer foundation for confident living, and gaining courage to grasp each day's opportunity and make the best of it.

We are indeed grateful to all those wonderful friends who have helped make these opportunities available to us.

Long may we continue to grow!

Green 'n' Growing

Home Demonstration News Magazine



CHARACTER

CITIZENSHIP

COURAGE

CULTURE

Vol. 6

January, 1960

No. 1

Green 'n' Growing

In This Issue

A magazine for women who believe that "Today's Home Builds Tomorrow's World."

To inform, inspire, develop, strengthen and correlate the work of home demonstration clubs and the Agricultural Extension Service in their efforts to assist women in promoting higher standards of living, in understanding themselves, their families and their neighbors and in promoting creative leadership.

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CHANGE OF ADDRESS: Please give old and new address and notify us four weeks in advance.

Printed by Ferguson Printing Co., Durham, North Carolina.

Dear

Club

Women:



Already the season's greetings, like grace notes in the immortal Christmas story, have been sounded. Now the New Year is with us.

At the year's beginning may I extend to each and all the best of wishes in the sincerest, friendliest sort of way.

It is with humble thanks and even a deep sense of joy mingled with wonder that your president faces the coming days. Days I'll not face alone because you will be there—members, co-workers, all who realize that our work in Home Demonstration means service to people, adult education in woman's realm that points the way to better standards of living, of understanding, of leadership.

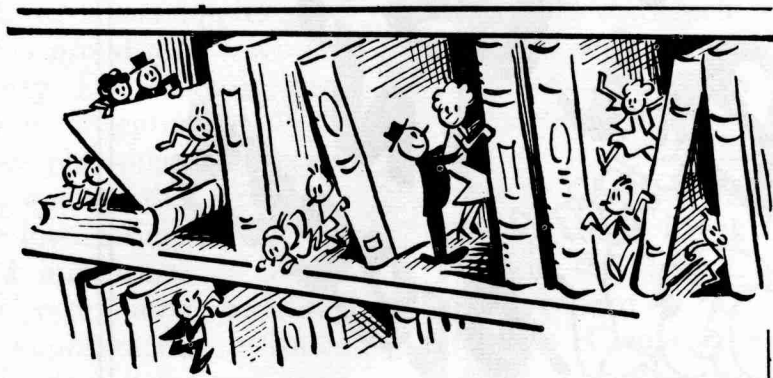
We are challenged to realize that our organization can rise as high as its members will build with their presence, service, co-operation; their fields of opportunity as varied as communities served. Our presence at meetings can be the barometer of our interest; our service the hands that lift and build; our co-operation the binding agent for useful, meaningful clubs and total organization. May we determine to build well in 1960. May our efforts stand as sentinel and anchor for the years that follow.

Many are the interests and projects we know; among them the newest, Green 'N' Growing. It is with us to nurture. Subscriptions need to go above 10,000. Can you be counted in the number to make it a banner of service and information across the state? I hope so.

Together as we go singing, striving, persevering may we forget not:

“He who, from zone to zone
Guides . . .
Will lead (our) steps aright.”

Sincerely,
Mrs. Gilbert R. English, President
N. C. Home Demonstration Clubs



Books on the Move

You never know what will happen to an idea. It was in the early spring of 1938 when State Librarian Marjorie Beal (now retired) and the Home Demonstration staff at State College, upon the request of a few home demonstration club women, offered a suggested reading program to every club woman throughout the state.

The books they could read would be carried on the County Book Mobile that came into their community on a regular schedule. Book stations were the country stores, farm homes; sometimes families met at rural churches to pick up their books. We were well on the way to getting home demonstration club women interested in reading because of this excellent service that counties and the state were providing. Today, the idea of twenty years ago has grown into one of the most valuable and most appreciated home demonstration programs in North Carolina. It has been gratifying to observe the steady growth of the program which has brought about not only an increased number of readers but also a definite trend toward improved quality of reading.

Mrs. Elizabeth Hughey, state librarian, recently made this statement:

“Applications for reading certificates submitted by HDC women during the past year indicate that they have not stopped learning. On the contrary, their reading interests have deepened and broadened. Librarians of the public libraries and book mobiles confirm the fact that rural women are reading more each year and there is a growing demand for more books to live by—books to inform and to inspire the whole family to a better way of life.”

The reading program is another good example of cooperation with a state agency working toward a common goal. This working together has enabled the state and county librarian and Agriculture Extension Service to reach more rural families. Our public relations have been strengthened and extended. The total Extension education program is better known by thousands of farm people.

A story was told of one old man in Haywood who walked time after time three miles down a mountain to meet the book mobile. He came down the mountain in spite of weather and health. And in another county, a tenant farm

Continued on page 14



For a good new year

Knowing the philosophy of Home Demonstration, I wonder if you know the motto of the "Man in Green Restaurant—Birney's" of Jacksonville, Florida? He carries out the green theme throughout his restaurant. When we were there he had on a green suit, green and white shoes, and even his dog was dyed green. In the window he had a green and a red tomato with this motto—

When we are green, we grow
 When we think we are ripe
 We begin to get rotten!
 (A Raleigh friend)

CURRITUCK County has a new club of young married women. They have named themselves the Crawford HDC after their township.

We wonder how many HDC members are Amateur Radio Operators? E. M. Holt HDC (ALAMANCE) dates back to the Jane McKimmon originals but its members are as up-to-date as today. One member, Bertha Millaway, operates radio K4ZSS, Burlington, N. C. 6. Call her sometime!

Take twelve fine, full-grown months; see that these are thoroughly free from all the old memories of bitterness, rancor, and jealousy. Cleanse them completely from every clinging spite, pick off all specks of pettiness and littleness; in short, see that these months are free from all the past. Have them as fresh and clean as when they first came out of the storehouse of time. Cut these months into thirty or thirty-one parts. This batch will keep for just one year. Do not attempt to make up the whole batch at one time as so many persons spoil it in this way, but prepare one day at a time as follows:

Into each day put twelve parts of faith, eleven parts of patience, ten of courage, nine of work (some people omit this ingredient and spoil the rest) eight of hope, seven of fidelity, six of liberty, five of kindness, four of rest (leaving this out is like leaving oil out of the salad—don't do it) three of prayer, two of meditation, and one, well-selected resolution. Put in one tablespoon of good spirits, a dash of fun, a sprinkling of play, and a whole heaping cupful of good humor. Pour into the whole a liberal amount of love, and mix with a vim. Cook thoroughly in a fervent heat, garnish with a few smiles, and a sprig of joy. Then serve with quietness, unselfishness, and cheerfulness, and a happy New Year is a certainty.

The Brown's Cross Roads Home Demonstration Club (Randolph) and Eastern Grange are proud to be a winner in the Community Development program which had its inception in 1959, and they are busy planning their work for 1960. First, among the jobs they plan to do, is the installation of cabinets and other needed improvements in the kitchen of their community building. Last year's accomplishments included such items as individual home and farm improvements, community welcome sign, as well as the installation of a pump and pump house, shrubbery and equipment for the community building. Possibly the greatest accomplishment was the "we spirit", which was quite evident.

Indian Trail HDC members and guests were entertained by the Brownie Girl Scout Troop (which they sponsor) at the club's annual Christmas banquet. Mrs. Melvin Mills, president of the County Council, said, "It was most inspiring for my husband and for me, and it was my happy privilege to install their new officers."

For favorite Tar Heel recipes, get the Home Demonstration cook book, *from North Carolina Kitchens FAVORITE RECIPES*, today! Ask your Agent for them or send \$1.00 plus .10 postage to the Home Economics Office, 101 Ricks Hall, State College Station, Raleigh, N. C.

Many other recipes from North Carolina can be found in *North Carolina and Old Salem Cookery* by Elizabeth H. Sparks. This book is in your book store.

North Carolina's third largest industry—travel—is summarized in a 20 page pamphlet just issued by the Travel Council of N. C. The digest reveals that the cash value of travel in and to N. C. in 1958 was 360 million dollars, and that the total revenue of the travel-serving industry (including non-transient business) was 723 million. Copies of the digest are free on request to the Travel Council of North Carolina, P. O. Box 2719, Raleigh.

Rosman HDC (Transylvania) had a workshop in which they made tiered plates of wood or china. Every member could put these to use during the Christmas season.

Ennice Club (Alleghany) with the help of Glade Creek Grange won first place in the New Communities at the Northwestern N. C. Development Association Competition in Elkin. Mrs. Larrie Cooper, president of Ennice Club, said, "The club is especially proud of the response to the new road and mail box signs."

Mrs. Page Shoffner from Friedens Club (Guilford) headed a list of 84 HDC women with perfect attendance this year with a record of 29 years. Friedens Club was awarded a loving cup for its selection as the most outstanding club in the county. (Third consecutive year! Congratulations!)

(Continued on page 12)

Mrs. G. P. Shoffner, below, is to be congratulated on 29 years of perfect attendance.





These young ladies from Halifax County are modeling dresses that their mothers made and smocked.

The Roseneath HDC women, in the Scotland Neck area, had an idea some time ago that has grown to be quite a big thing in Halifax County and surrounding areas.

Smocking, an almost lost art, has been revived in today's children fashions through workshops held in several sections of the county by Estalle E. White, county home agent. Other counties saw and heard of the idea and since then she has trained 25 Home Agents in North Carolina how to do this work, in order that they might work with the women in their counties.

The art of smocking today is different from the way it was done years ago. It is a very decorative way of trimming children's clothes and makes for a very expensive and exclusive looking garment. It appeals to all age homemakers, and especially to those with small children and grandchildren.

Workshops have been held in many communities and others will be given where there is an interest. Before each meeting patterns are bought and

dresses are cut out. At the workshop, smocking patterns are stamped and work is begun on learning the art. Several women have made the remark that they thought it would be too complicated for them, but they learned quickly.

Mrs. E. M. DeBerry of Halifax says that "By smocking, I feel that I am using my time in a profitable way. Although I do not have small children, I smock for my family and friends and the finished garments make wonderful gifts."

Many non-club members have been taught and even high school girls have found it easy. An exhibit of these dresses was made at their County Achievement Day and again at the State Fair. (See picture.)

Cold weather is just the thing to give us time to toast our toes and sit back and save those hard earned dollars. The children will feel wonderful in the pretty dresses and mothers will have gained valuable experience and satisfaction in a job well done in an art she helped to revive.

Needlework Revived

Home Demonstration Club women make their spare time profitable. Shown (left to right) Mrs. J. J. Johnson, Dawson Club; Mrs. E. R. Shealey, Enfield Club; Mrs. A. K. Hines, Ringwood Club; Mrs. Maylon Whitehead, Roseneath Club; Mrs. W. R. Staton, Roseneath Club; Mrs. E. M. DeBerry, Haywood Club; and Mrs. Owen Vaughan, Scotland Neck Club.

Below: Halifax County Booth at the State Fair, Raleigh, N. C.



Smocking

“AN OLD ART IN TODAY'S FASHIONS”



Understanding

Guilford County HDC members decided to do something special for U. N. Week this year. Plans were made and carried out for three phases of activities as follows:

1. "United Nations Family Meal"

Home Demonstration Club members agreed to serve in their home for the family evening meal on Saturday, October 24 a menu or at least one dish of the meal from a foreign country. It was suggested that table decorations, appropriate of the country selected, be used. Perhaps different members of the family, probably the children of school age who had studied the country in geography or history, tell the family something of the people of the country—their customs, traditions and way of living.

To assist Home Demonstration Club members in preparing the "United Nations Family Meal" in the home, a mimeographed page of recipes (of which ingredients may be easily procured) was prepared and mailed to the Foods and Nutrition Leaders of each Home Demonstration Club for distribution to the members at the October club meeting.

2. Television Programs—WFMY-TV, Greensboro, N. C.

Four Home Demonstration Club women and the Home Economics Agent cooperated with the celebration of United Nations Week given over the local television station on two of their regular programs.

(a) "What's Cooking Today?" Cordelia Kelly featured International Foods on her program for the entire week and invited representatives of the Home Demonstration Clubs to be her guest on four of her programs, with

each preparing a food from a different foreign country.

Miss Betty Williams, Agent, prepared "Dolmas"—meat and vegetable rolls from Iraq. Mrs. Lewis Vernon, Stokesdale Club, prepared an Egyptian "Casserole of Eggplant and Ground Beef." "Meat Balls in Brown Sauce", Sweden, were prepared by Mrs. S. S. Clark, Jr. of Sumner Club and Mrs. Franklin Teague, Friedens Club made "Brioche", a sweet roll from France.

The recipe for each of these, except the Meat Balls, was selected from the booklet, *The World's Favorite Recipes* from the United Nations, edited by the American Home Economics Asso.

(b) "R. F. D. Piedmont". George Perry had as his guest Mrs. B. T. Clanton, president of the Union Hill HDC and County Chairman of International Relations. She told of her United Nations tour last year. Home Agent, Betty Williams, also participated in the program.

3. Tour to United Nations Headquarters, New York.

Two members of the Deep River HDC, Mrs. T. A. Farlow, County Chairman of Family Relations and Mrs. E. F. Williams, Jr., represented Guilford County on the tour to the UN.

(Guilford County has been represented each of the six years that Home Demonstration Club women of North Carolina have made the tour to the United Nations.)

Of interest to the North Carolina delegation were the words of Dr. Clark Eichelberger, director of the American Association for the United Nations.

"The United Nations can be successful if the people of the world under-

Citizenship

stand it," said Dr. Eichelberger. He urged the HD women to continue their educational program in helping other people understand the U. N. policies.

All the delegates agreed with Mrs. Eleanor Roosevelt when she said that the U.N. building has a distinct personality and it can only be appreciated and understood after visiting it.

* * * *

"Christian Citizenship, Believe It, Cherish It, and Live It" was the theme of the Little Western North Carolina Citizenship Conference that attracted 150 club members from 9 Western Counties of Haywood, Henderson, Transylvania, Jackson, Macon, Swain, Cherokee, Clay, and Graham Counties in November.

The conference was held in the newly constructed Rural Life Center in Clay County with Mrs. W. D. Ketner, State Citizenship Chairman and Western District Citizenship Chairman presiding. Featured speakers for the day included a report on the United Nations Tour for club members by Mrs. T. E. Robinett of Haywood County, an address by Reverend Jack Waldroup of Henderson County, and a panel discussion on Temperance and Christian Citizenship by the Reverend A. Rufus Morgan, Dr. Hilton Searls, and Layman Mac Franks.

Sybil Bell, Clay County 4-H Citizenship Winner gave her declamation on "Why I Know Youth Desires a Christian Citizenship".

Mrs. Carl West, Cherokee County, gave the devotions.

The 1960 Conference will be in Henderson County.

Each of the internationally known speakers emphasized the strength of the

participating citizen, and congratulated the Home Demonstration Club women on the role they are assuming in international relations and citizenship.

From the comments heard, each of these programs met with popular approval. And why should'nt they? We all want to know more about the U. N. and how it functions. And good food and fellowship often leads to better understanding.



UNITED NATIONS TOUR—Mrs. Harold Walker, Cedar Grove, Rt. 2, is shown presenting a cake to Mrs. Eleanor Roosevelt from the Home Demonstration Club women of North Carolina. Mrs. Roosevelt spoke to the women on their recent tour to the United Nations Headquarters

ITALIAN PIZZA MADE EASY

Italians eat with gusto because they truly enjoy their fine dishes. Perhaps you'd like to learn the secret of the Italian dish that probably appeals to Americans more than any other—the pizza, which combines many of the wonderful flavors that have long made Italian cuisine famous. The true pizza, of course, is a crisp tender yeast-raised

crust filled with tomatoes, two kinds of cheese and seasoned with garlic and oregano, plus a choice of mushrooms, sausage, salami or anchovies. Even though you've made pizza before, you'll want to try this new easier-to-make crust. You'll always remember the crust recipe because it contains just three ingredients.



Crust

3/4 cup warm water (not hot—105° to 115°F.)

1 package active dry yeast

2 1/2 cups prepared biscuit mix

Filling

2 6-ounce packages sliced Mozzarella cheese

3/4 cup chopped onion

1 clove garlic chopped

2 cups tomato sauce

About 1 cup chopped salami

or cooked Italian sausage

or 2 cans anchovies, chopped

or 2 3 1/4-ounce cans sliced mushrooms

Salt and pepper to taste

1/3 cup grated Parmesan cheese

Oregano

Dissolve yeast in warm, not hot, water. Add biscuit mix; beat vigorously. Turn dough onto surface well dusted with biscuit mix. Knead until smooth, about 20 times. Divide dough into 4 pieces. Roll each piece paper-thin into a circle, about 10" in diameter. Place on ungreased baking sheets or in shallow pie pans. If you use baking sheets make a standing rim by pinching the edge of the dough with your fingers. To

make filling: Arrange slices of Mozzarella cheese in crusts. Mix together onion, garlic, tomato sauce, meat, anchovies, or mushrooms, salt, pepper and spread on dough. Sprinkle with Parmesan cheese over all. Sprinkle with oregano to desired taste. Bake at 425°F. for 15 to 20 minutes, until crust is brown and filling hot and bubbly. Serve in wedges.

DOLMAS-Meat and Vegetable Rolls

from IRAQ

1 1/2 cups raw rice	1 large head of cabbage
1 1/2 pounds minced lamb	2 green peppers
1/2 cup butter or margarine	1 large Spanish onion
1 teaspoon salt	1/2 teaspoon salt
1/4 teaspoon pepper	1/2 cup tomato juice
1/2 cup water	1 tablespoon lemon juice
1 teaspoon sugar	

Mix uncooked rice with meat and butter. Add salt, pepper, and 1/2 cup water. Mix well. Remove cabbage leaves carefully. Wilt leaves in boiling water for five minutes. Remove center stem of each leaf and cut leaf in two. Place 1 tablespoon of meat mixture on each half leaf and roll into shape of cigar.

Cut tops off green peppers and remove seeds. Fill peppers 3/4 full of meat and rice. Cut off top of onion and slit one side. Wilt onion in boiling water sufficiently to remove each layer without breaking. Roll 1 teaspoon meat and rice mixture in each large onion leaf.

Place rolled cabbage and onion leaves in alternate layers in deep skillet with green peppers in center. Add salt, tomato juice and water to cover. Press a plate on the Dolmas to keep them from bursting while boiling. Cover with skillet lid. Boil 15 minutes. Remove plate and sprinkle with lemon juice and sugar. Replace lid and simmer 45 minutes. Yield: 6 to 8 servings.

Eggplant and Ground Beef Casserole

1 large onion	1/2 cup tomato sauce
1/4 to 1/2 cup butter or drippings	1/2 cup water
1 pound ground beef	1 teaspoon salt
1 medium eggplant	1/8 teaspoon pepper

Cut onion in small pieces and sauté in 2 tablespoons of the fat until yellow. Add ground beef and cook until brown. Combine tomato sauce and water, salt, and pepper, and pour over meat mixture. Bring to boil and cook for 5 minutes. Remove from fire, lift meat from sauce with a perforated spoon. Slice the eggplant and brown lightly in remaining butter or drippings. Place a layer of eggplant in 1 1/2-quart casserole, then a layer of meat, another of eggplant, and another of meat. Pour the sauce over all. Bake uncovered in a moderate oven (350° F) for 20 to 30 minutes or until eggplant is done. Yield: 5 to 6 servings.

Eastwood

"Let's Go South-Eastward"

All over North Carolina our Home Demonstration Clubs are going forward. Many counties elected a "Woman of the Year" and "The Club of the Year" and we would like to mention all of them. It would be wonderful reading and take until next Christmas. *Hat's Off, Girls and Clubs! Continue Growing!*

One club, Eastwood in New Hanover County, has been going "great guns" since the ground breaking day for a club house in 1956. With nearly 50 members working this year, they have really piled up the number of "mosts". Some of the "mosts" were for perfect attendance, Farm Home Week attendance and scoring points for club activities.

Club members are active in the county also. Mrs. J. A. Smith, club treasurer, is also County Council president. Mrs. John Leeuwenburg is vice-president of the 19th District.

Mrs. C. B. Morris, current president of Eastwood, said that by serving as caterers for wedding receptions, preparing and serving luncheons and suppers for various groups etc., the club has been able to pay \$1,400 on the building debt, keep up with usual maintenance expenses and complete projects of beautification both inside and out.

Eastwood HDC is just one of 15 in New Hanover County, (Miss Verna Lowery, Home Economics Agent). There are more than 1,800 clubs in North Carolina. Each is as successful as the time and energy expended by their members. Each does achieve with determination, co-operation and a willingness to work for specific goals and projects.

(Continued from page 5)

"Aycock Community (JOHNSTON) is justly proud of their HD Club members because they are always working to better their community", writes Mrs. Andy Dudac, Community Service Chairman.

One of their special projects was a course in Red Cross Home Nursing. Twelve members finished the course through the combined efforts of Mrs. Louise Grimmes of the Red Cross, Mrs. John Prenette, teacher, and Mr. Lloyd Gilbert, who gave permission for use of Johnston Memorial Hospital equipment.

All of these energetic ladies declared, "We are sure we can better serve our families and our communities as a result of this training." (Several have already put their training into practice.)

P.S. Some other projects of this club are the preparing and serving of meals to bereaved families and a yearly Easter egg hunt for the children in the community.

JONES County ladies enjoyed a picnic lunch and a home tour recently. The tour was sponsored by the HDC. Mrs. Faytie Gray, agent, said much planning has been done this year to help meet the family needs in housing. A new Scheirick kitchen was featured in the home of Mr. and Mrs. Jack Mallard, Pollocksville. The U-shaped kitchen is paneled in birch with a built-in oven. Mr. and Mrs. Bill DuVal, Pollocksville, built their home of cinder blocks. Various types of blocks are used throughout the home. He did most of the work himself. The Tobe Heath's of Trenton added a utility room, more storage space and two bathrooms. Mr. and Mrs. Horace Phillips, Trenton, have a new home. Special emphasis was on organized space which provided an opportunity for gracious and unhampered living. How a tenant house can be converted into a convenient, livable home was shown by the Delmas Brown's of Dover. Mr. Brown did most of the planning himself.

Pull

four...

Leave

seven...



Carteret County is beginning to blossom out again—not only with spring flowers, but with Italian Hemstitching. Pillow cases, table linens, linen skirts and blouses have been made with this decorative hand work enhancing their value as well as their beauty. The Home Demonstration Club women learned to do Italian Hemstitching in a workshop conducted by Mrs. C. R. Wheatly, Sr. of Russells Creek Home Demonstration Club, with Mrs. W. J. Kirby and Mrs. Ed Potter serving as her assistants.

The women find this to be a satisfying and fascinating craft. They also have learned that it doesn't interfere with television or visiting, and it was especially good for cold days when they didn't want to go out. There may be a few household chores which are not done on schedule or with their usual degree of thoroughness, but the hemstitching goes on. The quality is improving and the results are gratifying. Many of the women have already realized a profit on their work. Hemstitched articles have been sold on the Home Demonstration Curb Market and in stores. Other club women have taken orders for pillow cases to be made for wedding gifts.

Mrs. Guy Styron of North River Club has completed and sold a number of articles since the workshop, and has worked up some original designs. She also has taught the women in her club and community and several Curb

The ladies in the picture from right to left are: Mrs. W. J. Kirby, Mrs. Atlee McCabe, Mrs. Milton Pines, Mrs. C. R. Wheatly, Sr., Mrs. Floy G. Garner, Mrs. Ed Potter and Mrs. Jim Miller.

Market sellers. Since the workshop, club women have given instruction to other women, both club and non-club members, who were unable to attend.

Mrs. Wheatly, in giving her instructions, stressed over and over the importance of quality materials, proportion in pulling threads, and in the hemstitching itself. The result is quality work. She taught the basic steps in Italian Hemstitching and then explained how these could be used in working up other designs.

The basic steps used in the Workshop were (1) To pull 4 threads; (2) Leave 4 threads; (3) Pull 7 threads; (4) Leave 4 threads; (5) Pull 4 threads. Mrs. Wheatly says that for good proportion one should always for Step 3, pull twice the number, less one, pulled in Step One and left in Step 2. Also the number of threads picked up in hemstitching should be the same number as pulled in Step One. The pulling of the threads is an important part of the work, and the women in the workshop started with pulling the threads.



GARDEN HINTS

DO save those valuable leaves so many people burn thoughtlessly every year—add them to your compost heap. If you wait until March when they have become soggy, they are easier to pack down. And if you don't have a compost heap (horrors!), build one. Select and enclose a rectangular area in some corner easily accessible to your gardening needs. (Chicken wire works well.) Pack in 36" of leaves, top with about 2" of soil mixed with fertilizer and limestone, repeat as necessary and pack it so the center is slightly "cupped" to retain rain water. This hastens the rotting process. By next season you will have valuable compost to work into the soil. Normal rotting takes about a year. But if you still insist on burning leaves, just be careful that you do it well away from trees or other plants that would be harmed by the excess heat.

DO provide a mulch for plants that would be damaged by "heaving"—the thaw that follows a heavy freeze and is so likely to push plant crowns and even roots too close to the surface—and the next freeze kills them. Straw, leaves (especially oak), pine needles and wood shavings are only a few of the materials favorable for winter use, with wheat straw heading the list—it mellows to such a pretty color! The two favorite summer mulches, peatmoss and sawdust, both mat too closely in winter and tend to smother out some of the perennials.

DO protect young plants and valuable evergreens with a windbreak. It needn't be a burlap tent—pine branches stuck in the ground are just as effective and much more attractive!

These are only a few of the many valuable suggestions sent in by Mrs. W. O. Sheets of Rockingham County. We love her chatty garden letters and wish we might include them "as is", but space does not permit.

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Continued from page 3

mother refused to sign a farm lease until she knew that book mobile service would be available to her growing children. Many women are doing research work for programs they are to have, etc.

"It is widening our horizons and making us broadminded". Mrs. H. E. Carter, education leader for Stokes County. "We realize that 'me, my wife, my son John and his wife—us four and no more' is not a satisfactory philosophy of life. My club sponsors a library which brings more books within our reach."

Because of the rural reading program people are learning to use the book mobile service provided and it is paying dividends far greater than dollars and cents. It is increasing knowledge, inspiring and broadening horizons. They are learning that there is an answer for nearly every problem and they can find that answer by reading.

Dear Foster Parents:

Last month, again, through the Plan I received your monthly Plan Grant of Hwan 8,080 and a pair of blue jeans with much thanks.

Our school closed again for the autumn vacation on Sept. 29th. Availing myself of the short vacation, I took a trip to the countryside where it is about 28km. far from Seoul City. It was a calm and peaceful valley. The farmers there were very busy reaping the rice plants. At the woods there were many, many chestnuts, persimmon fruits, acorns, nuts, and other fruits, and the young children had fun fishing in the streams.

Korean farmers raise rice as the main agricultural product. Besides rice, they produce barley, bean, wheat, hemp and etc. Four fifth of the population are engaged in farming business.

I had a really nice trip.

Lovingly yours,

My Dear Foster Parents:

It won't be too long before Christmas will be here with its white snow. I am now looking forward so much to the holiday with my fingers crossed. I hope you will be richly bless by God at Christmas time.

These days I am entirely absorbed in reading books. At present, I am reading a novel named "Alps' Girl" written by a Swiss novelist. Through the book I know and enjoy the beautiful Alps Mountain and it's rather poem than a novel. The heroine girl, Heidi, is such a beautiful minded girl and she lives merrily under her grandfather. While reading it, I suddenly thought of you and what you are doing for me.

Dearest foster parents, please be sure to send me some pictures of you and your country.

Last month, too, I got your monthly Plan Grant of Hwan 7,800 and supplies—a pair of sneakers, one blanket and 2 underwears—from the Plan.

With the fondest wishes,
Your loving foster child,
Lee Koon Ja

Editor's note: On the last letter Lee Koon Ja had a lovely little crayon sketch. (It probably is a Christmas greeting.) Snow is falling on blue-green mountains in the background and on a church with a steeple. In the foreground are a boy and a girl with a little black and white dog. They are both smiling and the boy is waving his arm as if in greeting. We think this is Lee, her brother and her dog "Happy" that she told us about in her letters. She must be quite talented.

Maybe some girls her own age would like to write to Lee Koon Ja and send her some pictures. Mrs. Frank Phillips, Rt. 2, Spruce Pine, N. C. will be glad to send any correspondence on to the Plan.

**Remember some subscriptions
expire with this January issue.
They should be renewed immedi-
ately-you don't want to miss a
single issue.**

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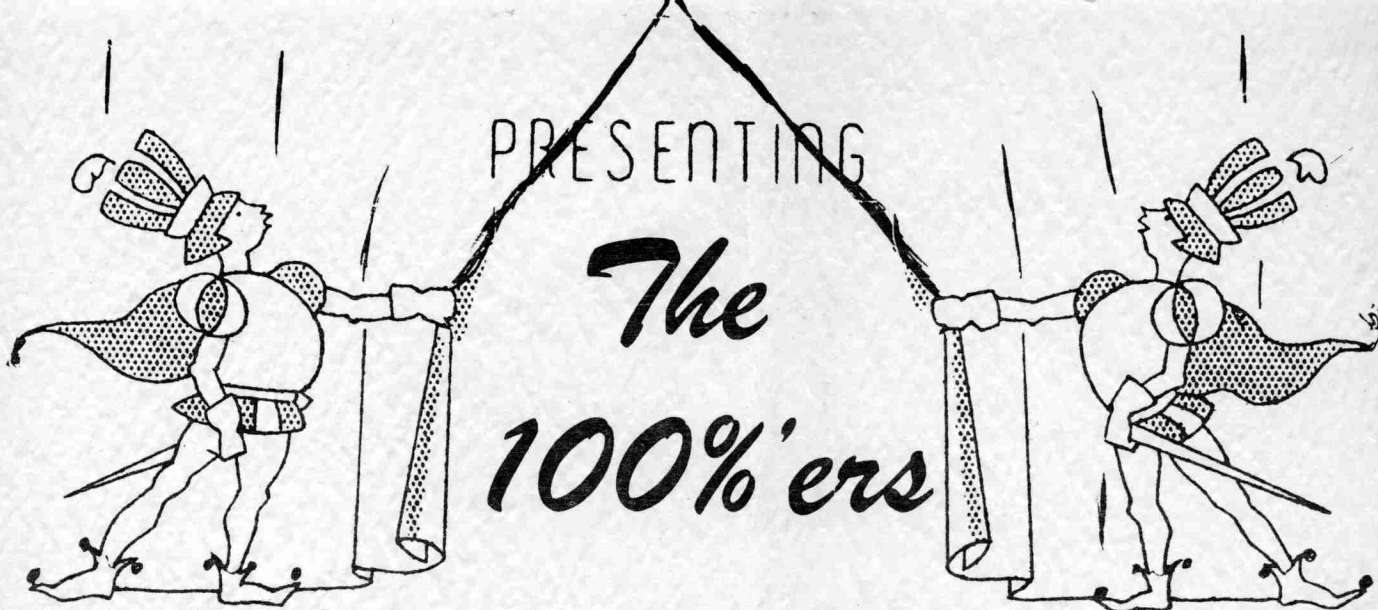
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These clubs are subscribing to **Green 'n' Growing.**

When will your club name be here?

Stokesdale Club, Guilford
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 Hughes' Branch Club, Swain
 Dale Road Club, Mitchell

Hope Valley Club, Durham

Rock Creek Club, Wilkes
 Long Hill Club, Cumberland
 Centre Club, Guilford
 Good Neighbor Club, Forsyth
 Westover Club, Forsyth

Lynn's Crossroads Club, Durham
 Boonville Club, Yadkin
 Clingman Club, Wilkes
 West Lexington Club, Davidson
 Danbury Club, Stokes

Christian Neighbor Club, Forsyth

ALAMANCE COUNTY

There have been 18 clubs which have reported 100% or more subscriptions but Alamance County is the first county to have subscriptions that total their active membership. These 19 clubs have done a wonderful job!

Green Hill
 Pleasant Hill
 Highland
 Friendly Community
 Hebron
 Eureka
 Meadow Creek Daughter
 Meadow Creek
 Whitney-Sutphin

Bethany
 Homemakers
 Altamahaw Ossipee
 Boone Community
 Hawfields
 Bethel Sylvan
 Pleasant Grove
 Stoney Creek-Union Ridge
 Woodlawn

Homemakers

The 300%ers

Clingman Club, Wilkes Co. (350%)

When you send in your club subscriptions, *be sure to give the club name, county and if it is 100%.* These clubs listed have sent in either new or renewal subscriptions (or both) to make the listing. Or they have friends and neighbors to make up the difference.

P. S. Even tho subscriptions have been sent in individually, your club can qualify if the new and renewed have been received since Sept. 15, 1959.