

*Green 'n'  
Growing*

**NOVEMBER - 1959**



Thou crownest the year  
with thy goodness.

*Psalm 65:11*

## Thanksgiving

For summer rain, and winter's sun,  
For autumn breezes crisp and sweet;  
For labors doing, to be done,

And labors all complete;  
For April, May, and lovely June,  
For bud, and bird, and berried vine;  
For joys of morning, night, and noon,

My thanks, dear Lord, are Thine!  
For loving friends on every side;  
For children full of joyous glee;  
For all the blessed Heavens wide,

And for the sounding sea;  
For mountains, valley, forests deep;

For maple, oak, and lofty pine;  
For rivers on their seaward sweep,

My thanks, dear Lord, are Thine!  
For light and air, for sun and shade,  
For merry laughter and for cheer;  
For music and the glad parade

Of blessings through the year;  
For all the fruitful earth's increase,  
For home, and life, and love divine,  
For hope, and faith, and perfect peace,

My thanks, dear Lord, are Thine!

J. K. Bangs

# Green 'n' Growing

## Home Demonstration News Magazine

CHARACTER

CITIZENSHIP

COURAGE

CULTURE



Vol. 5

November, 1959

No. 11

Green 'n' Growing

In This Issue

A magazine for women who believe that "Today's Home Builds Tomorrow's World."

To inform, inspire, develop, strengthen and correlate the work of home demonstration clubs and the Agricultural Extension Service in their efforts to assist women in promoting higher standards of living, in understanding themselves, their families and their neighbors and in promoting creative leadership.

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**CHANGE OF ADDRESS:** Please give old and new address and notify us four weeks in advance.

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# North Carolinas' Literacy Movement

## 1,000 learned to read and write in six months!

The Literacy Movement in the Southeast is an outgrowth of the successful experiment staged last winter over WBTW in Charlotte by the Carolinas' Literacy Movement. In six months, 1,000 persons in 20 counties learned to read and write.

The general administration of the movement is handled by the John C. Campbell Folk School, Brasstown, North Carolina. Mr. Mayes Behram who lives in Brasstown is director of the movement.

The movement offers illiterates an opportunity to learn to read and write up to the high third grade level. The only cost to the student is \$4.00 for reading and writing books, which become his property. If an individual cannot afford to buy the books, you will want to investigate ways by which the books may be purchased for him.

The teaching is done by a combination of television and informal classroom instruction. Hence, it is necessary to provide rooms for the classes to meet in, chairs and writing tables, TV sets (15 people can look at one set) and VOLUNTEER teachers who meet each morning with an assembled group of students to help them execute properly what the television teacher tells them to say, read, or write. The lessons are taught by television each Monday, Tuesday, Thursday and Friday mornings from 6:30 a.m. to 7:00 a.m. for 25 weeks. The teachers and pupils should be in the classrooms at 6:15 a.m. and remain until 7:15 a.m.

This is a volunteer movement so the teachers, television stations, and all others who cooperate receive no pay. A teacher should be provided for each group of pupils. The teachers may be a High School graduate, a retired or former

teacher, or a college graduate—man or woman. The teachers will be trained in a one-day training school in December 1959, for the work they are to do as volunteer teachers.

You may find that a person cannot join a group of students for the lessons. He or she may have a television set at home and someone in the home or a close neighbor who would be his teacher. These volunteer teachers who will be working with only one person should also attend the teachers' training school.

Names of non-readers and writers in your county can be secured from county welfare office, ASC office, SCS office, County School Superintendents' office and the Automobile License Examiners' office.

The Negro Home Demonstration Organization in your county will be responsible for the program with the Negro groups.

The Literacy Movement Organization in the state will have three basic sections: rural, urban, and industrial. Our work will be in the rural section of the organization with the exception of a few counties that are highly urbanized.

The exact date in January 1960 on which the lessons will begin to be televised will be announced by the TV stations and by Mr. Behram.

The lessons will be given over 10 commercial television stations in the Carolinas and Tennessee beginning in January. These stations are:

### North Carolina

Asheville—WLOS-TV  
Charlotte—WBTW  
Durham—WTVD  
Greensboro—WFMY-TV  
Greenville—WNCT  
Wilmington—WECT

### South Carolina

Charleston—WCSC-TV  
Columbia—WIS-TV  
Florence—WBTW-TV

### Tennessee

Chattanooga—WRGP-TV

You will know which of these stations will serve your county best.

### Specific Procedure

1. Have a meeting of County Council Officers, County Education Chairman, Club Education Chairmen. Explain program and set up the Carolinas' Literacy Movement Organization for the rural area in your county.
2. Secure names and addresses of non-readers and writers. Visits should be made to these people to explain the program and enroll them in a group. If they cannot join a group and wish to be taught in their home (if a television set is available) make a note of this.
3. Secure one or two teachers for each group.
4. Locate and make arrangements for use of rooms for groups to meet in for their class. Equipment needed for each room: chairs, writing tables, blackboard, and television set. One television set will be needed for each 15 people in a group. Contact tele-

vision dealers and see if they will loan the sets for the classes and keep them in good working condition for the 25 weeks.

5. Secure the volunteer teachers and be sure they attend the teachers training school.

Very

Important

6. Send names and addresses of volunteer teachers to Mrs. Mayes Behram, Brasstown, N. C., and a copy to your agent immediately.

Very

Important

7. Have all rooms for groups to meet in plus needed equipment by December 1, 1959.

Very

Important

8. Have enrollment of pupils (their names and addresses) completed by December 1, 1959 and send one copy to Mr. Mayes Behram and one copy to your District Agent.

Give Green 'n' Growing  
for Christmas

# Home Economics Agents



MRS. DARDEN



HILDA CLONTZ



MARIE SCOTT

## Win Service Citations

By Maidred Morris

Three North Carolina home economics agents received the coveted distinguished service citation at the National Home Demonstration Agents Assn. meeting in New Orleans, Oct. 18-24.

The North Carolina agents honored were: Mrs. Frances Darden, Plymouth; Miss Hilda Louise Clontz, Newton; and Miss Marie Scott, Newland.

The Recognition Service for the agents was the highlight of the annual meeting of the Home Demonstration Agents' Association.

This special recognition comes to an agent only after 10 years of distinguished service to the people with whom she works and because of her devotion to the aims and ideals of the Agricultural Extension Service.

Mrs. Darden has been home economics agent in Washington County for 24 years. She is appreciated and loved by the people with whom she works. For her birthday last year she was given a birthday party and was presented 100 one-dollar bills in appreciation of her leadership.

Her program is a well-rounded, workable, sound program due to her highly developed emotional maturity, her professional attitude, cooperative spirit and genuine understanding of people. With no assistant agent, she works with 18 home demonstration clubs, nine 4-H Clubs and one older youth group.

Miss Clontz was recognized for outstanding leadership in Robeson County. This county has the largest rural population in the state. She worked with 41 adult clubs and 43 4-H Clubs. Miss Clontz has recently become home agent in Catawba County.

For 15 years, outstanding accomplishments have been made in foods and nutrition, clothing, housing, and landscaping projects. She has been active in planning and directing fair exhibits, organizing curb markets, directing poultry and home gardening projects and is skilled in clothing, hat making and handicrafts.

Miss Scott has worked in the mountains for 14 years. Working in Avery County with no assistant agent, she has 11 Home Demonstration Clubs and 16 4-H Clubs.

She is a leader in promoting handicrafts as a big source of income for people in the mountain counties, and has served as chairman of the Western District Handicraft Workshop. With her skill in handicraft, she has served as instructor in many crafts and her teachings have played a tremendous part in this phase of the economy of her area. Clothing has been a large part of her work also.

Other home economics agents attending the meeting were: Mrs. Rita Preston, Washington, N. C.; Mrs. Elizabeth Sanderlin, Currituck; Mrs. Martha B. Adams, Rockingham; Miss Fleta Harrelson, Elizabethtown; Miss Josephine Hall, Raeford; Mrs. Lillie Mae Dean, Louisburg; Mrs. Frances Fuller, Louisburg; Mrs. Estelle White, Halifax; Mrs. Kathleen Hodges, Hendersonville; Miss Mary Cornwell, Waynesville; Miss Isabelle Buckley, Reidsville; Mrs. Betty Friddle, Winston-Salem; Miss Irene Johnson, Greensboro; Miss Elizabeth Watson, Albemarle; and Miss Jeanne Ware, Rutherfordton.

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## Fun to Give

Fun to get! Purchase an inexpensive garbage pail and spray it gold. Decorate it with gold rickrack, sequins, pearls and other beads. (Use good glue.) Oilcloth can be used for designs. It's a handy "extra" for icing soft drinks when there is a party—be they 6 or 60. You can store all sorts of things in it when not in use otherwise.

\* \* \* \*

Fun to get! A handsome twineholder made from a peanut can. Punch a hole in the lid with an icepick to put the string through. Decorate it any way your heart desires. The fancier—the better!

\* \* \* \*

Fun to get! An old-fashioned pomander that smells yummy for years. Stick cloves very thickly into a good firm orange. Then roll in a mixture of equal parts of powdered orris root and cinnamon. Let dry on paper towels for several hours. Wrap in paper and store about 2 weeks to ripen. Decorate by putting it in the center of a net square or circle and gather the edges, tie with ribbon close to orange. The edges form a pom or rosette. Sequins, beads etc. can be added to make a most glamorous gift. U—m—m!

# Christmas Desserts

When the prospect of crowded stores and Christmas buying gets you down, bring back the holiday spirit with Christmas baking! Yeast breads and cakes are gifts that aren't measured in terms of money, but in terms much more personal—of thought and time and the real giving of yourself. Even a beginner can make professional looking products by following the easy directions for these European specialties. Try a Swedish Stollen with gaily decorated frosting, or an apricot filled Danish Kringle, or a French Baba Au Rhum—its light and airy texture flavored with apricot-rum syrup. They're good, they're easy, and they're *almost* as much fun to make as they are to receive.

## Swedish Stollen



- ½ cup milk
- ½ cup sugar
- 4 tablespoons shortening
- 1 ½ teaspoons salt
- ½ cup warm water (not hot-105° to 115°F.)
- 2 packages or cakes yeast, active dry or compressed
- 2 eggs, beaten
- 5 cups enriched flour
- ¾ cup ground raisins
- ¼ cup ground pecans
- ¼ cup ground mixed glacéed fruits
- ½ cup sifted confectioners' sugar
- Egg white

Scald milk; stir in sugar, shortening and salt. Cool to lukewarm. Measure water into a large mixing bowl (warm, not hot, for active dry yeast; lukewarm for compressed yeast). Sprinkle or crumble in yeast; stir until dissolved. Blend in lukewarm milk mixture. Add eggs and half the flour. Beat until smooth. Stir in remaining flour. Turn dough out on lightly floured board. Knead until smooth and elastic, about 5 minutes. Place in greased bowl; brush the top with butter. Cover; let rise in a warm place, free from draft, about 1 hour 15 minutes, or until doubled in bulk. Punch down and turn out on lightly floured board. Roll dough into a rectangle 1/3-inch thick. Spread dough with fruit filling made by combining the ground raisins, pecans and glacéed fruits. Roll dough jelly-roll fashion. Cut in half lengthwise. Twist the two strips of dough together, cut edge up; form into a ring. Place on a greased baking sheet. Cover and let rise in warm place (85°) free from draft until doubled in bulk, about 1 hour. Bake at 375°F. 35 to 40 minutes. When cool, combine confectioners' sugar with enough slightly beaten egg white to make a spreading consistency, and decorate as desired.

## French Baba Au Rhum

- 1/4 cup milk
- 1/4 cup margarine or butter
- 1/4 cup warm water (not hot - 105° to 115°F.)
- 1 package of cake yeast, active dry or compressed
- 2 eggs yolks
- 1/4 cup sugar
- 1 egg
- 1/2 teaspoon grated lemon peel
- 1 3/4 cups flour



- 2 tablespoons dried currants
- 1/2 cup sugar
- 3/4 cup apricot juice
- 1 teaspoon lemon juice
- Rum flavoring (optional)

Scald milk; add margarine or butter and blend. Cool to lukewarm. Measure water into small cup (warm, not hot, water for active dry yeast; lukewarm for compressed yeast). Sprinkle or crumble in yeast. Stir until dissolved. Beat egg yolks in a large mixing bowl. Gradually add 1/4 cup sugar. Beat in egg, add milk mixture, dissolved yeast and grated lemon peel. Stir in flour and beat until smooth. Cover and let batter rise for about 3 1/2 hours in a warm place (85°) free from draft. Stir down; mix in currants. Spoon into a large well-greased ring mold. Let rise in warm place, uncovered, until doubled in bulk. Bake at 350°F. 40 to 45 minutes, or until a straw comes out clean. Remove from pan and cool on a rack, free from draft. Prepare apricot syrup by combining 1/2 cup sugar and apricot juice in a saucepan. Simmer for 10 minutes. Remove from heat and stir in lemon juice and, if you like, some rum flavoring. (Apricot jam or preserves may be used instead of the syrup. Add lemon juice and flavoring.)

## Danish Kringle

- 1/4 cup milk
- 1/4 cup sugar
- 1/2 teaspoon salt
- 2 1/4 cups sifted enriched flour
- 1/4 cup shortening
- 1/4 cup warm water (not hot - 105° to 115°F.)
- 1 package or cake yeast, active dry or compressed
- 1 egg, beaten
- 1/2 teaspoon grated lemon peel
- 1 1/2 cups chopped stewed apricots
- 4 tablespoons honey
- Dash cinnamon

(Continued on page 8)





# There've Been Some Changes!

Davidson County Home Demonstration Clubs helped observe the 50th anniversary of home economics by depicting fifty years of progress in homemaking with their eleven booths at the Davidson County Fair in late September.

Using the theme "There've Been Some Changes Made" 1909—1959, each booth showed the progress in a field of homemaking. The newest club, West Lexington, won first place with "There've Been Some Changes Made—In Cooking Dinner." The exhibit compared the time required in 1909 as compared to 1959 in preparing the same menu. The 1959 homemaker used pressure pans, frozen and canned foods, homemade mixes and labor saving tools to save two-thirds the time in preparation.

"There've Been Some Changes Made—In Lighting" won second place for Fair Grove Club with comparison of a 1909 study area on a kitchen table to 1959 with a study unit equipped with proper lighting. The modern unit demonstrated the selection and use of a good lamp for study.

"There've Been Some Changes Made—In Child Feeding; In Fabrics for Clothing; In Laundering; In Canning; In Cooking Equipment; In the Way

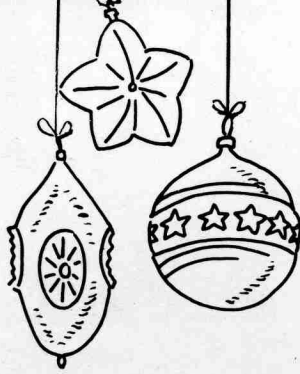
a Homemaker Spends Her Day; In Floors and Floor Care; In Ironing; and In Dishwashing" were subjects of the other booths.

Everyone had a grand time preparing the booths, and apparently the fair visitors enjoyed the remembering of things past. Heard all week were "Mama had one just like that", "Do you remember when we used to iron, or wash, or cook on that kind of equipment?" In addition to having nostalgic appeal, the booths demonstrated how complex homemaking has become, and that today's homemaker has to have a knowledge of science, the arts, and above all else, must be a good manager.



(Continued from page 7)

Scald milk. Cool to lukewarm. Combine sugar, salt and flour. Cut in shortening. Measure water into mixing bowl (warm, not hot, water for active dry yeast; lukewarm for compressed yeast). Sprinkle or crumble in yeast. Stir until dissolved. Stir in lukewarm milk. Add egg, lemon peel and flour mixture. Stir until well blended, about 2 minutes. Place in greased bowl; brush top with shortening. Cover; let rise in a warm place, free from draft, until doubled in bulk, about 1 ½ hours. Punch down. Turn out on lightly floured board. Roll out into an oblong about 15" x 6". Place on a greased baking sheet. Cover and let rise in a warm place (85°) free from draft, about 1 hour. Prepare filling by combining apricots, honey and cinnamon. Make a slight depression in the center of the oblong of dough, to within 1 inch of the edge; fill with apricot filling. Bake at 350°F. about 25 minutes. When cool, decorate as desired.



# Felt - Felt - More Felt

Yes, we know that every year you have seen something about felt but it is so very usable. Lovely colors make it gay and since it isn't a woven material it can just be cut and pasted. It has a desirable stiffness, is non porous so it will hold stuffing and needs no edge-finishing. Felt is usually 72" wide so you get more than you first think. Several stores have small packages of various colors that you can purchase or you can trade scraps with a friend. (All of these can be used year around.)

\* \* \* \*

Place mats, toys, beanbags, tree decorations, aprons, skirts and bookmarks are only a few of the many things that you can make.

\* \* \* \*

For placemats use pieces of felt 14 x 20 inches in size. Edges can be cut in scallops, left plain or cut with pinking shears. Gold gift cord or yarn can be used with a large needle to make blanket stitching around edge of mat and around appliqued pieces. Between stitches, sew on sequins. Sequins can be sewed almost anywhere if you center each with a small bead.

\* \* \* \*

Cut trimming shapes out of contrasting colors of felt. Glue or sew each piece of trim in place. Also rick-rack may be used.

\* \* \* \*

You might like to cut a fringe on one end or across the corners. Maybe you have some odds and ends of bought fringe you could add.

Table runners are made like mats, as are some book marks and aprons. Once you get started you will have more ideas than you know what to do with.

\* \* \* \*

"Lapkins" are a combination place mat and napkin, wonderful for a friend who likes to serve buffet style. Make a place mat and then stitch a pocket in the lower left-hand corner. Sew divisions in pocket for knife, fork and spoon and napkin.

\* \* \* \*

Unbleached linen toweling (by the yard), burlap, organdy, pella, terry cloth, Indian head and plastic are other materials that can be used for mats or runners.

\* \* \* \*

Unusual designs can be created by combining circles, triangles, squares, and rectangles.

\* \* \* \*

## FELT CAN BE STENCILED.

Use textile paint and any stencil you like. There are several packets or kits of stencils on the market now that have the Christmas patterns. White or pastel felt shows up best stenciled with darker paint.

\* \* \* \*

## NEVER THROW AWAY SCRAPS

The littlest piece may be just right for an angel's mouth. Other small pieces can be put together with a variety of stitches and shapes and then stuffed to be hung on the tree. They will not break—a wonderful idea if you have small fry on the floor.



This little felt angel is held to the glass with a small piece of florists clay. The bean bag can be stenciled or stitched on your sewing machine. (Zig-zig)





**NORTH CAROLINA**  
*Crafts*

Throughout North Carolina for the past several years we have heard about "Craft Workshops". Just what is a "Craft Workshop", and why is it important? Who goes? Probably you have many more questions and answers, but for now we'll take a "bird's eye view".

A workshop, according to Webster, is a shop where any handiwork or manufacturing is carried on. Our District HD Craft Workshops are three or four days of intensive study and practice of a craft under the guidance of an expert craftsman in that field. Those who participate are expected to learn and to be prepared to teach. Usually the classes are limited in number (and to club members) so that the teachers can give individual attention.

Workshops such as these take careful planning. The planning is done by a committee composed of agents from the district having the workshop, and their district agent. Specialists from State College serve as advisors, and/or instructors.

Some of the many, many details to be worked out are instructors, dormitories, meals, registration, equipment, and of course some recreation. "All work and no play makes Jill a dull girl", as you well know. (And this IS a workshop!)

Before we go into the work let's take a good look at the purpose.

1. To train leaders and home economics agents in techniques and appreciation of quality crafts.
2. Encourage marketing of quality crafts.



An exhibit of articles made at one of craft workshops held in the Eastern District.



Below: Mrs. J. P. Robinson, Madison County, Western District, is putting a few finishing touches on a graceful duck carved from wood.

3. Teach the appropriate use and appreciation of crafts in the home.

Yes, the workshop does just that. The club women (over 600 this year) learn to master a particular handicraft in order that they may return to their communities and teach others. Many women supplement their family income by selling quality craft articles in roadside markets and in craft shops throughout the state. They are encouraged in the creative use of the many native materials, such as corn shuck, pine needles, etc. (mats and baskets).

Crafts taught are: chair caning and bottoming, reed basketry, copper enameling, copper tooling, wood carving, corn shuck and pine needle mats, aluminum chasing and embossing, lapidary, fabric stenciling, dried arrangements, feather hats, hooked or braided rugs, Italian hemstitching, Swedish darning, weaving, mosaics, pine cone wreaths, driftwood and cypress knee and tin-can craft.

"Quickie" crafts are: decorating Christmas cards, plastic covered coat hangers, lanyards, and glass etching.

Space won't allow us to mention all of the interesting stories, figures and

facts, but some are necessary for that "bird's eye view".

The Western District (Miss Mary Harris, Agent) has the honor of being the oldest. This year they held their tenth annual workshop. These ladies are real craftsmen as you can tell if you visit the many shops in the Western part of the state. Their work is also seen and sold in other parts of North Carolina.

The Northwest Development Area Trading Post, located on the Blue Ridge Parkway near Doughton Park, last year had 189 producers from ten counties, who received a total of \$6,176.68 from their project.

In the Southeastern District (Mrs. Mary McAllister, Agent) the enrollment jumped from 88 in 1958 to 126 in 1959. (This is their second year.) In 1958, 33 leader-training workshops had an attendance of 500. To train the local club women there were 86 workshops with an attendance of over 1,000. Non-club members numbered 367, trained in 38 work sessions. Craft articles made were estimated to have a value of about \$12,000.

(Continued on page 16)



Mrs. J. R. Chisholm, Manly, N. C. (Moore County) is an expert with long leaf pine needles. The articles she makes are lovely and varied. She has taught her craft at Farm and Home Week and in many workshops throughout the state and in her own Northeastern District.

# National Meeting

Eleven delegates from North Carolina attended the National Home Demonstration Council meeting held in Portland, Oregon.

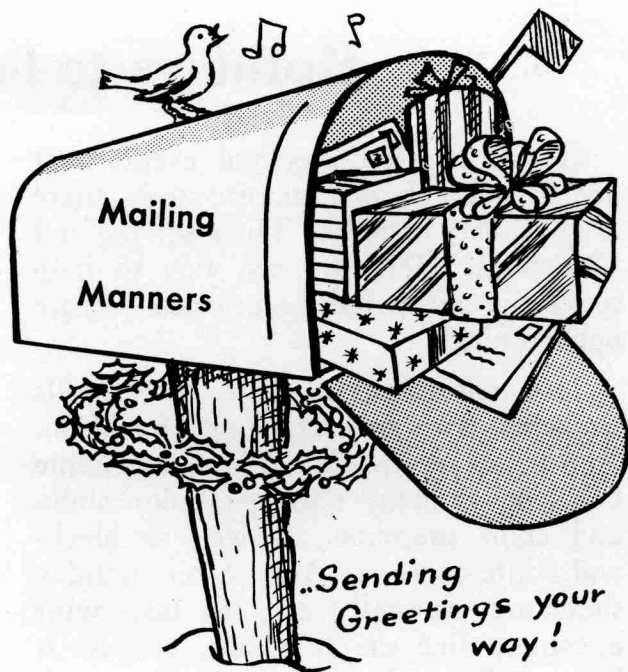
Announcement of outstanding extension programs in traffic safety brought North Carolina's president, Mrs. V. I. Hockaday, to the Civic Auditorium stage to receive the award of \$100 for Surry County in the first general session Monday morning. NCHD members were next commended when C. M. Ferguson, Federal Extension Service Administration, mentioned the "Rural Woman's Symposium" in his address to the convention.

Other highlights of the sessions included an address by the Honorable Edith Green, Oregon representative to Congress; talks on Civil Defense; vespers on Sunday evening; panel discussion on "Achieve Through Education, Communication, Action"; and special interest luncheons, followed by informative discussions on health, family life, citizenship and civil defense, international relations, publicity and safety.

All was not work for those attending the meeting in Portland. A tour of the Columbia River Gorge, shopping in downtown Portland, dances by the delegation from Hawaii, fellowship with those from other states—and our own—and the Oregon Night special with the "Bohemians"—these added spice and enjoyment to the convention.

Those attending the meeting in addition to President Hockaday were incoming president Mrs. Gilbert English of Trinity; Mrs. George B. Shupe of Walnut, Dist. 4; Mrs. Foy Goodin of Catawba, Dist. 7; Mrs. George Oehler of Concord, Dist. 8; Mrs. Roy Williams, Eagle Springs, Dist. 10; Mrs. C. W. Gregson of Pleasant Garden, Dist. 12; Mrs. Taylor Long of Blanch, Dist. 13; Mrs. Cecil McCall of Ellerbe, Dist. 16; Mrs. John Griffin, Jr., of Rocky Mount, Dist. 21; and Mrs. Baxter Hall of King, Dist. 26.

(Continued on page 19)



## MANNERS FOR MAILING

A Christmas card is a symbol of good will. Be sure you carry out that intent in ordering, signing and sending your cards with care and thoughtfulness. Here are some hints from Jerlyn Madison, of the Scheaffer Pen Company:

Address envelopes by hand. Re-check address. Use postal zone numbers. Be sure your return address is on the envelope. Above all, write legibly.

Buy or make your cards before Dec. 1. If you want them printed or engraved, before Nov. 15.

If you use printed or engraved cards, add a handwritten message on the ones you send to close friends and relatives.

Sign your complete name—there are millions of Johns and Marys.

Husband-wife cards can be signed John and Mary Smith, Mary and John Smith, the John Smiths, or Mr. and Mrs. John Smith.

When the complete family is listed, the father's name should be first, followed by the mother's, and then the children according to age.

Send a card to husband and wife even if you know only one of them, unless it is a semi-business card. In that case, send it to the office address.

Red and green inks, now growing more popular, are acceptable and attractive, for signing and addressing Christmas cards.

# Holidays to be remembered

Of all the holidays and events that ask to tell a family picture-story, there are probably none like Thanksgiving and Christmas. Here are ten tips to help make the most of these priceless picture opportunities.

1. Catch them in color. Color tells the story with an extra dash of realism. And it's so easy to take. There are simple box-type cameras that get color slides and color snapshots, as well as black-and-white pictures. And indoor holiday shots are especially easy to take with a camera like the Starflash, because it has a built-in flashholder.

2. As far in advance as you can, list the situations you'd like to cover. Assure a complete holiday story by being ready to record as many story-telling scenes as possible. Start before your Thanksgiving dinner and continue with the wrapping and mailing of gifts, the decorating of the tree, the first toy

tryouts, the holiday dinner—right on through Christmas night.

3. Make certain beforehand that you have plenty of film, flashbulbs and picture-taking equipment, so you don't miss any opportunities. You'll wait another full year to record holiday happenings.

4. Check to be certain your camera and equipment are all in good working order. Be sure your flash batteries are fresh.

5. The flurry and excitement of the holidays makes flash the simple, safe, lighting solution. And flash captures action without spoiling spontaneity.

6. In the main, shun camera-conscious poses. Shutter secret that works well on both youngster and adults is to click when they're too absorbed in what they're doing to notice you. This is an easy matter, with all the natural interest and excitement.

7. For good snapshots of the youngsters, get as close as you can without cutting out any important part of the picture. But never come in closer than your camera will allow. With the average box camera, this means about six feet. And remember to take that picture of the little tot down at his level, rather than at yours.

8. A clean camera lens is always important, but it becomes doubly so if you're using color film. Dust lens *lightly* with lens cleaning paper, the kind that's made especially for cameras. And if you don't happen to have any, a soft, clean, lintless cloth makes a good substitute.

9. Avoid camera motion. Don't "jab" the shutter button. Steady does it. Stand with feet planted firmly apart, camera against your body. Hold your breath and squeeze the shutter gently. If the camera has a neckstrap, use it.

10. Take plenty of pictures. The more pictures you take, the more holiday fun you save.



## Bits 'n' Pieces

Cedar Mountain Club (TRANSYLVANIA) sponsored a Dahlia Show this fall. It was a lovely affair with both local and summer visitors participating. (This community has sixty-five summer homes; the owners are from South Carolina and have been coming to this area for years.) Arrangements for mantel, piano, church, etc. were displayed along with many beautiful specimens. Mrs. Earl Crosswell was chairman. A silver collection of \$125 was given. These busy ladies have also had two suppers recently to help pay for a large stove.

No muddy feet this winter for the Fallston HDC members in CLEVELAND County. They have a new cement walk at the club house and it greatly improves the looks of the building as well as making it more convenient.

Evelyn Griffin (CURRITUCK) brought a clever idea for marking your shrubs to her club meeting. She used a piece of wire coat hanger and a strip from a foil pie plate. The name of the shrub was written on the foil and would last through any weather.

EVERY County Achievement Day was held at the Linville Falls Community Church. Mrs. Sam Cartner, Council President, presided. Mrs. Lewie Aldridge gave a summary of the year's work. Special music was provided by a boys'



choir from Riverside Elementary School, accompanied by Mrs. Waitstill Avery. Reverend Jack Waldrop of Asheville, director of the Lord's Acre project, gave an interesting talk on "Leadership". Exhibits of crafts were displayed. Pot-luck dinner was enjoyed by all. Miss Mary Harris, district agent, was a special guest.

Mrs. O. G. Lonon, North Cove Club (McDOWELL) is devoting time to perfecting the tin can craft she learned at Craft Camp. Mrs. Lonon taught it in Bible School, using aluminum freezing pans and scissors for the younger children. She has also held several workshops showing how to make attractive Christmas decorations out of tin cans.

HOKE County HDC members have taken several large boxes of clothing scraps to the Tubercular Sanatorium at McCain. These materials will be used by the patients in making quilts and other saleable articles.

Halls Chapel HDC, YANCEY County, has taken church improvement as its club project this year. The women are in the process of putting up church signs, refinishing church pews, and finishing floors.

What a pleasure to do something which is hard work but well worth the effort. The North Elkin HDC women demonstrated this recently when they prepared a meal for the Elkin Kiwanis Club, their wives, HD husbands and agents. The food was delicious and in great abundance!

Mrs. S. A. Nichols, secretary of the club said, "We loved doing this because the Kiwanis Club has been host to the 11th District Meeting of Home Demonstration Clubs for a number of years. They entertain 800 women from five counties and we are so glad that we can thank them in this small way. We want them to know we appreciate everything they have done."

## CRAFTS

(Continued from page 12)

We should say here that workshops at the local level may be several all-day or part-day periods. The groups are small and often meet in homes, club houses, Ag. buildings, etc.

The Northeastern District (Miss Lorna Langley, Agent) had their workshop in June at East Carolina College in Greenville, North Carolina. The 100 ladies attending were most enthusiastic. They are making plans and working hard. It won't be long before they have many expert craftsmen and craft shops in that section.

Women in Eastern Carolina attended the Fourth Annual Workshop this summer. They had instruction in many of the crafts we've mentioned. Miss Florence Cox, District Agent, feels that they have made much progress during the four years. Many ladies have added to the family income by making lovely feather hats. Others are making gifts to be sold to the ever-increasing tourist market.

Last year the craft articles reported made and sold in North Carolina by individuals (both white and colored) to supplement income totaled \$106,294. This year's total will be higher. Most of this work is possible because of the complete spirit of cooperation existing between the Agricultural Extension Staff and Home Demonstration Club members.

Part of the 73 HDC members from Haywood County who visited the Penland School of Handicrafts prior to planning for classes in their own county.



## Q for Problems

Broken Christmas tree balls? Dampen a piece of cotton or cleaning tissue. Pat broken slivers. Saves fingers and tempers, too.

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Wax! Now is the time to protect table tops! Do it well before the holidays.

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Drips! Candle—that is! Scrape off the drippings with a dull-edged knife. Place a clean, white blotter *over* and *under* the spot. Press with a warm iron for several minutes. Change blotters as they become soiled. Launder as usual. Same for rugs—except brush nap after removing spot.

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Don't ruin your mantel! Tacking the children's stockings to the mantel may mar it. Use a purse holder. (A gadget to hang a purse on the edge of the table.)

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Is your vacuum cleaner working? It's more important than ever at this season to be certain the vacuum cleaner is working perfectly. Use a magnet to pick up small metal objects from the carpets before vacuuming. Sharp objects might cut the cleaner's belt or puncture the dust bag.

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Want to give a big lift for pennies? Give a years subscription to *Green 'n' Growing*.

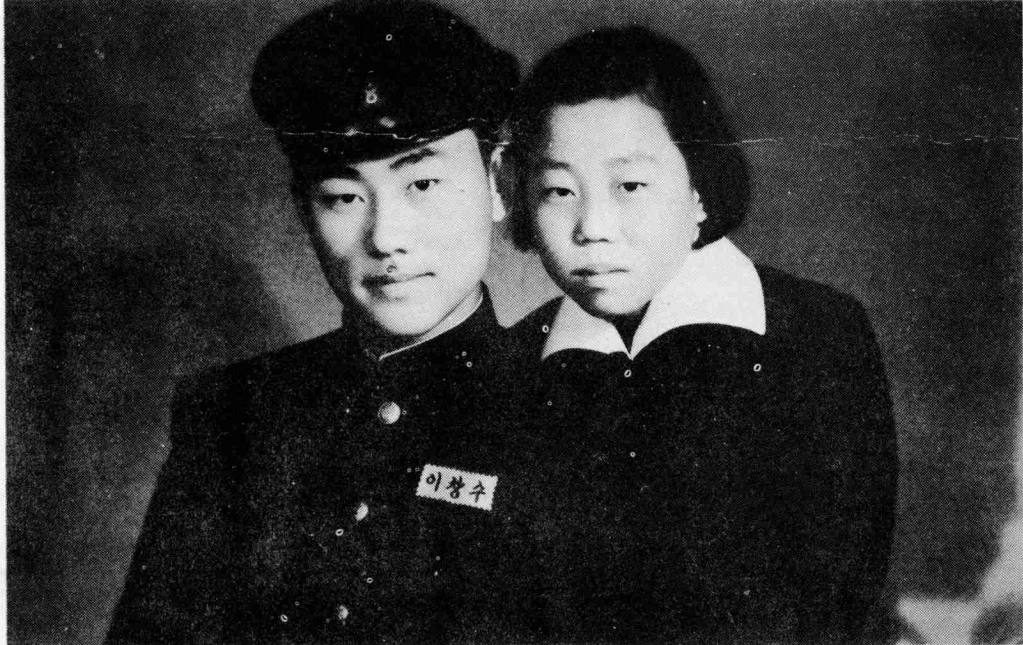
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For a hungry family—use the recipes in your North Carolina Home Demonstration Cookbook *from North Carolina Kitchens*. Give the cookbook to friends! Ask your Home Economics Agent about a copy or send \$1.10 to the Home Economics Office, 101 Ricks Hall, State College Station, Raleigh, N. C.

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For dusty ornaments—dip Q-Tips in a solution of detergent and water, carefully clean all crevices.





## Dear Foster Parents:

I received your affectionate letter in April. Susie is such a fine looking girl that I proudly show her snapshot to my friends. They also agree with.

Along with this letter I am sending you a photo of me taken with my brother. I hope you will enjoy it.

Yes. I love to read books very much. I've read the life story of Abraham Lincoln, a famous American president, and now I am reading fairy stories written by Anderson. I usually borrow books from the school's library and the national library. After school is over I also have a piano lesson. I like music.

At home I try to help with my mother's work and also clean up our house. I would like to see what you look like, dear foster parents.

My aunty who lives in countryside brought a cute puppy to our house. We have named him "Happy".

At school I am much interested in learning English, and I have already learnt English alphabet. Right now we are having the mid-term exams in all of our subjects so everyone is studying real hard for it.

Korean people pay their respect to American people. We were all grieved at the death of Mr. Dulles. Our president, Dr. S. Rhee offered his condolence to

his people through the radio. He added that we have lost a great friend and a hero.

I received your monthly cash grant, a pair of jeans, and t-shirts with a million thanks.

It has been terribly hot this summer. I am glad Susie is doing so well in school. Of course, I do well in middle school, and I am much interested in learning the English.

My joy was doubled when I received supplies such as 5 notebooks, 5 pencils, 2 boxes of crayon, one bottle of insect repellent lotion and 2 bars of laundry soap from the Plan. My gratitude for your cash grant.

Your loving foster child,  
Lee Koon Ja

Editor's note: Lee Koon Ja was adopted by Home Demonstration Clubs of North Carolina nearly two years ago thru the Foster Parents Plan. This plan provides a monthly cash grant, food, clothing and necessary medical care. These are excerpts from her letters. See March issue of this magazine for more about Lee Koon Ja. (Susie is the daughter of Mrs. Frank Phillips, member of the International Relations Committee.)

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## NATIONAL MEETING

(Continued from page 13)

Mrs. J. N. Moore of Lenoir also attended the meeting, going with the Maryland delegates on a special bus tour. Two brave men, Mr. V. I. Hockaday and Mr. John Griffin, Jr., took their wives by car to the Convention.

Special tours of Oregon were planned for them by the Oregon HD club women.

Forty-one states, including Hawaii and Alaska, and representatives from Puerto Rico and Jamaica were in attendance at the national meeting.

Mrs. George B. Shupe

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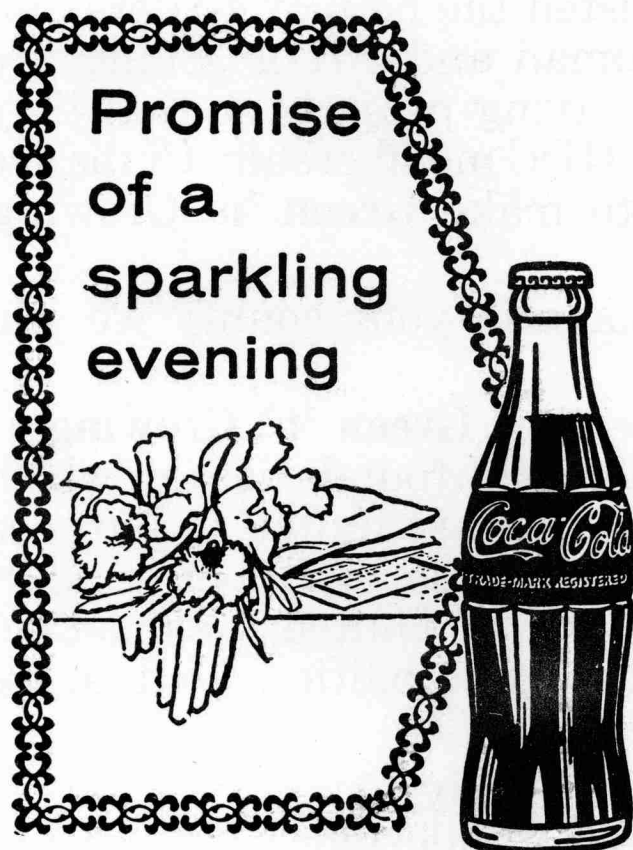
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*Bottling Co.*  
*of*  
*Asheboro N. C.*

Hello,

And how are you this snappy morning? Everyone is busy at this time of year. Many of you have been busy making plans for your winter programs. Some of you have helped conduct or have participated in State and County Public Relations Workshops.

Did you know that 95 of our 100 counties were represented at the State PD Workshops this fall? Nearly 450 studied and discussed the aims and objectives of the program and how we could have more and better public relations.

It was agreed that our own magazine, **Green 'n' Growing**, is a wonderful tool to use to help carry out this program at a time when we need it most.

As a result, many counties have had similar workshops and are sponsoring contests to get 100% subscriptions for **Green 'n' Growing**. Other counties have set a 200% goal. (Every member a subscriber and each one reach one.) Many have enlisted the help of 4-H'ers and are giving prizes to the woman and 4-H'er selling the most. Several counties are having projects so that they can subscribe for the entire HDC membership. Clubs are also working on projects to make **Green 'n' Growing** really theirs.

If you haven't made plans in your county we sincerely hope you will soon.

All of us should realize that **Green 'n' Growing** is our voice — uniting us into a solid foundation on which to build a better way of life. We are united in purpose and goals; united in our desire for more and better adult education for ourselves and others. United, we must accept our opportunities and responsibilities. United, we **can** lift our voice and be heard.

Sincerely,  
Dot Vanderbilt

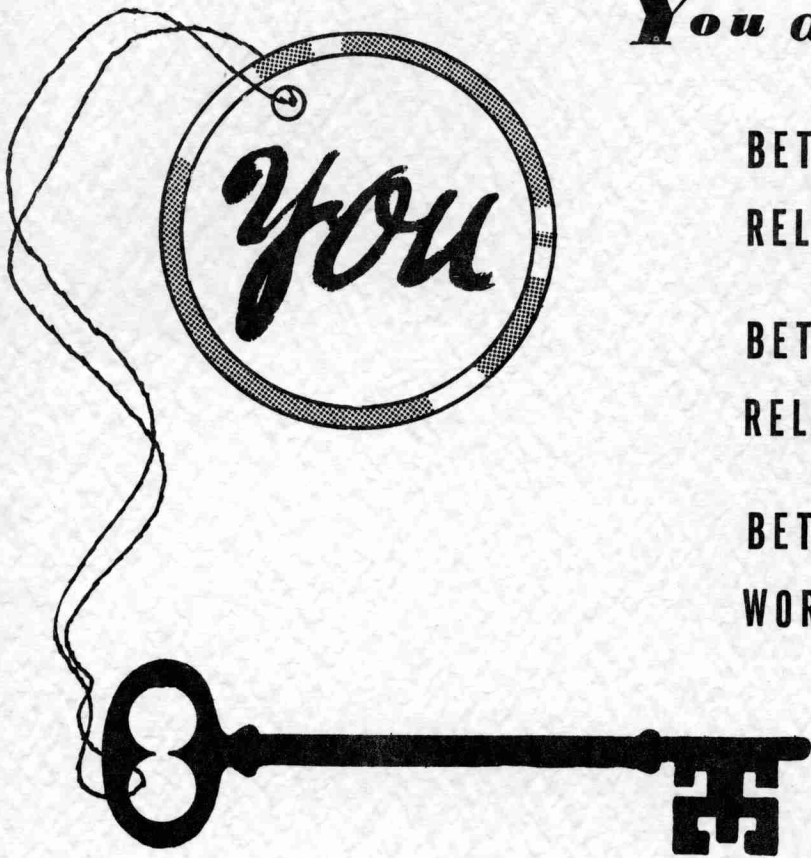
P.S. Will the lady who sent in a subscription for Mrs. Grover Rhodes please send in her address.

***You are the key to***

**BETTER PERSONAL  
RELATIONS**

**BETTER PUBLIC  
RELATIONS**

**BETTER RELATIONS IN THE  
WORLD COMMUNITY**



***The Home Demonstration program will***

**INSPIRE**

**INFORM**

**STIMULATE**

***Through your participation***