

# Green 'n' Growing



SEPTEMBER 1959

## If Jesus Came to Your House

If Jesus came to your house to spend a day or two  
If He came unexpectedly, I wonder what you'd do?

Oh, I know you'd give your nicest room to such an honored guest  
And all the food you'd serve to Him would be the very best.

And you would keep assuring Him you're glad to have him there  
That serving Him in your home is joy beyond compare.

But when you saw Him coming, would you meet Him at the door  
With arms outstretched in welcome to your Heavenly Visitor?

Or would you have to change your clothes before you let Him in?  
Or hide some magazines and put the Bible where it would be seen—

Would you turn off the radio and hope he hadn't heard  
And wish you hadn't uttered that last, loud, nasty word?

Would you hide your worldly music and put some hymn books out  
Could you let Jesus walk right in, or would you rush about?

And I wonder—if the Savior spent a day or two with you,  
Would you go right on doing the things you always do?

Or would you maybe change your plans for just a day or so?  
Would you take Jesus with you everywhere you'd planned to go?

Would you be glad to have Him meet with your very closest friends  
Or would you hope they'd stay away until His visit ends?

Would you be glad to have Him stay forever, on and on—  
Or would you sigh with great relief when He at last was gone?

It might be interesting to know the things that you would do  
If Jesus Christ, in person, came to spend some time with you.

Author unknown.

Sent in by Mrs. E. A. King  
Nelson Club, Durham County

# Green 'n' Growing

## Home Demonstration News Magazine

CHARACTER

CITIZENSHIP

COURAGE

CULTURE



Vol. 6

September, 1959

No. 9

### Green 'n' Growing

### In This Issue

A magazine for women who believe that "Today's Home Builds Tomorrow's World."

To inform, inspire, develop, strengthen and correlate the work of home demonstration clubs and the Agricultural Extension Service in their efforts to assist women in promoting higher standards of living, in understanding themselves, their families and their neighbors and in promoting creative leadership.

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**CHANGE OF ADDRESS:** Please give old and new address and notify us four weeks in advance.

Printed by Ferguson Printing Co., Durham, North Carolina.

We want to express our appreciation to Charles Rose and to the Raleigh Times for the use of their pictures of Farm Home Week, and to State College for their pictures and information.

# Sewing Secrets

Mary Em. Lee, Extension Clothing Specialist

FOR THE PROFESSIONAL LOOK!

A woman who sews enjoys a creative art that is not only fun but saves her money. Friends admire and often envy the larger wardrobes a seamstress holds at her fingertips. Home sewing gives you a chance to choose the style of pattern and material best suited to you and your needs. An attractive garment, well planned, made with care and assurance, is a joy to create and a proud possession.

Home sewing can and should have a professional look. The difference between a professional and a homemade look often depends on the correct and skillful use of a few basic rules and suggestions. To make your sewing problems easier and to give you a guide to good workmanship and that professional look, apply the following hints to your home sewing:

## PLAN YOUR GARMENTS TO A "T"

### DETERMINE

### CONSIDER

Type	Garment you need for the planned occasion.
Cost	Family clothing budget; your earnings.
Color	Clothes on hand; your individual coloring; your likes, present-day fashions.
Pattern and Fabric	Style best suited to you, the occasion; present-day fashion, and your ability to sew. Select a simple pattern and material for your first garment.

Planning the right fabric and pattern makes up two-thirds the value of any garment.

## YOU NEED GOOD TOOLS

To acquire a well made garment, sewing should be done with good sewing tools. Without them, the professional look is impossible.

- Know how to . . .
- ... select them
  - ... use them
  - ... care for them

(For further study, see *Your Sewing Tools and How to Use Them*, Miscellaneous Pamphlet No. 149.)

## YOUR SEWING MACHINE

is your most important sewing tool, so learn

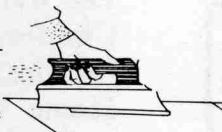
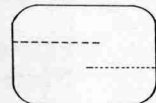
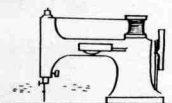
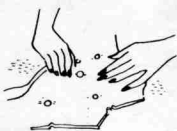
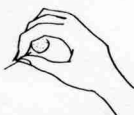
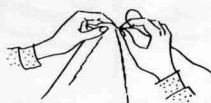
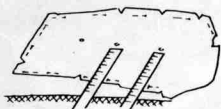
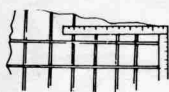
- ... to use it correctly
- ... to care for it properly
- ... to let only an experienced person clean and adjust it.

One mark for a "homemade" look is long unsightly stitches. Inside seams may be stitched with stitches measuring 10 to 15; for top stitching 15 to 20 stitches per inch is a good length for most fabrics. Heavier weight material requires longer stitches and thinner weight material shorter stitches.

## PREPARING YOUR FABRIC

Preshrink those fabrics not marked sanforized or preshrunk. This will help insure a properly fitted garment. Press wrinkles and folds from fabric and pattern.

Straighten material if it is uneven at ends as shown in diagram.



## GARMENTS MUST BE CUT OUT PROPERLY

The success of your sewing project is greatly determined by the cutting out of the garment. Remember to . . .

- ... follow the guide sheet step-by-step.
- ... compare your measurements with those of the pattern.
- ... place every piece of pattern on true grain of material whether it be true bias or straight.
- ... don't skimp; piece first.
- ... pin pattern to fabric properly.
- ... cut with long, even strokes.
- ... mark notches, plaits, darts or other markings carefully.
- ... match plaids and stripes when cutting and sewing the garment.

## FITTING THE PUZZLE TOGETHER

Whether you baste all the seams or pin and stitch will be determined by . . .

- ... your sewing experience
- ... your fitting problems
- ... your self-confidence

Remember good standards are important. So, use the method that gives you the best results. Your sewing guide found in commercial patterns will give you excellent directions as to fitting the pieces together. Follow it! Learn the sewing terms as "ease in" and "straight of goods."

## YOUR PRESSING MATTERS

Your pressing really "matters" for that smooth professional finish. Press as you sew and remember . . .

- ... to regulate heat of iron to the fabric type.
- ... to use a press cloth on those fabrics that will shine when in contact with direct heat—examples, rayons and woolens.
- ... to use a turkish towel under some textured and novelty weaves.
- ... most fabrics require light and quick movement with iron and little or no pressure (there is a difference between ironing and pressing). Avoid Overpressing.
- ... to press all open seams open after they are stitched—and back darts toward center back; front darts toward center front. You will have a sharp even edge if you press darts before you stitch them.
- ... bias pieces of the garment should be pressed with straight of material.
- ... to avoid stretching parts of garment.
- ... a piece of organdy dampened slightly makes a good pressing cloth for most materials. It is transparent and makes it possible for you to see tailor tacks or other markings.

## HELPFUL HINTS IN SEWING YOUR GARMENT

A must for good hand sewing is the proper use of the thimble and needle. For proper hand sewing, hold your thimble, needle and thread as pictured.

For best results, work with your material on a table when hand sewing.

Mark all notches, pleats and other details by using tailor tacks, carbon and tracing wheel, tailor's chalk or other means of marking.

Choose the thread you use wisely. Remember the lower the size number, the coarser the thread. For general sewing, sizes 40, 50 and 60 are used on silks, rayons, linen, cotton and light weight wool. Finer quality cotton thread is mercerized. This process adds finish and strength. For cotton, linen, dull woolen materials, use mercerized thread. Silk thread has elasticity and strength and is adaptable to sewing on silk, rayon, nylon and wool. Select a shade darker than the material.

Stay stitch armhole, neckline, underarm and curved section of hips to prevent stretching and keep fabric in true grainline. Stitch all skirt seams from hemline to waistline to assure an even hanging skirt.

Handle garment under construction as little as possible to prevent unnecessary soiling and stretching.

Apply attractive detail finishes to your garment. Sometimes facings and buttonholes in contrasting materials add interest and beauty. Covered cord applied to seam edges often add to a garment.

Trimming inside seams of collars, cuffs and pocket tabs to  $\frac{1}{8}$ " and clipping prevents the ugly bulky effect around seams of these pieces.

Clipping armhole and other curved seams prevents a drawn, tight appearance.

Apply the seam finish to the garment that is suitable to the fabric. Self stitch, overcast, or bound seams are recommended for material that has a tendency to ravel. Plain or pinked seams may be all right for firmly woven fabrics that will not ravel.

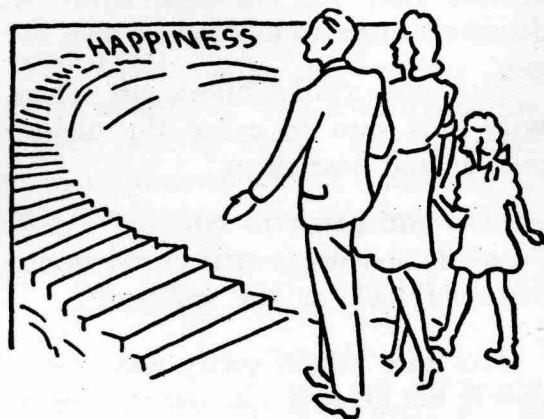
In order to properly anchor the belt at the waistline, belt loops are necessary. These may be made of matching narrow bias strips, crocheted loops, or thread made with the buttonhole stitch.

Hems that are even and put in properly are trademarks of a well made garment.

## Humorous Doin's.

\$1.00 will be paid for true, unpublished stories of "Humorous Doin's" in North Carolina printed in this magazine. Maximum length: 250 words. Address: *Green 'n' Growing*, Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham, N. C.

## A Look to the Future



What's in store for our homemakers? What new problems will be facing us tomorrow? Ten years from now? How can we solve these problems? How can Extension help?

These were some of the questions Home Demonstration club women asked themselves when they assembled at State College Aug. 3 for a Rural Womens' Symposium.

The symposium brought together one Home Demonstration club leader from each county (100) and extension home economics leaders from State College.

Together, these women tried to analyze some of the trends now taking place in North Carolina home life. They tried to detect family needs which will arise from these needs. And then they discussed ways in which the Extension Service and the club women could best fill these needs.

This was one of the best meetings (if not the best) ever held in Extension Home economics. It was stimulating and thought provoking and it certainly will have great impact on our future programs in home economics.

Mrs. Fernie Laughinghouse of Pante-go, state treasurer of Home Demonstration Clubs, presided over the four-day meeting. Assisting Mrs. Laughinghouse were Mrs. Wilbur Worthington, Ayden; Mrs. J. V. Whitfield, Wallace; Mrs. Frank Phillips, Newland; Mrs. F. A. Needham, Graham; Mrs. Melvin Mills, Marshville.

Principal addresses by off-campus speakers included: "North Carolina Home Demonstration Study," Dr. Gladys Gallup, director, Extension Research and Training, Washinton, D. C.; "Trends in Civic and Community Responsibility," Mrs. Samuel Levering, Ararat, Va.; "The Role of Public Relations in Home Economics Extension," Mrs. Mena Woodle, home economics agent in Clay County; and "A Candid Look at Leadership in Rural North Carolina," Jack Waldrep, director, Lord's Acre Plan, Agricultural Mission, Inc., Asheville.

P.S. You will be reading some of the interesting points brought out by the Symposium at a later date. See page 8 in this magazine. Editor



Blanche Spann Pease, Nebraska

There's a malady among women in our part of the country that's contagious. I call it Club Fever. You have to belong to an Extension, or a country women's Club, in order to contract this disease. At least, I'm sure our town friends never, never act like this,—or do they?

Symptoms aren't exactly the same as when you're pregnant, but similar. Because they also precede a Big Event—your turn to Entertain Club.

The victim becomes feverish, and eyes her house with dissatisfaction. She may even talk to herself. Then, first thing her husband knows, he is persuaded to sign a check for new kitchen linoleum. At this juncture he figures that the fever will break soon.

Silly man! This is only the beginning. Next he's told that the living room just must be re-papered. He says it looks all right, but she says: "No the ceiling is dirty."

He asks if the club women are going to spend their time gazing at the ceiling. She tells him he just doesn't understand. This is when he discovers that friends, who drop by in ones and twos any old time, become entirely different when they arrive in a group and call themselves "Club".

So this farmer and his wife paper the living room, and the wife immediately discovers that the new paper makes the woodwork look dingy. By now her husband is not surprised to find himself painting the woodwork, grumbling as he works.

But if he thinks that these times are trying—he ain't seen nothing yet. The last week before club is the worst.

Wife has him take down all the curtains for washing, and put them back up. She launders the slip covers, and decides that the old sofa cover won't do; she'll have to buy a new one.

Husband really blows up when his wife asks him to carry the bedsprings outside and hose them.

"Do you mean to tell me," he roars, "that those women will crawl under the bed and look at the springs?"

His wife laughs softly and says: "Of course not. But if I know they're dusty, I just won't feel right."

When the bill comes in for the slip cover, and husband rants at the high cost of having Club, again his wife gently explains that Frances Curtis got all new living room furniture when she had Club, while "I only asked for a slip cover."

Then comes *The Day*. Awake at dawn, this wife hustles her husband out of bed, so that she can remake it with her pastel Christmas gift sheets, and the company bedspread. Nobody from Club will sleep in that bed, but what if some club member gets sick and has to rest?

The rest of the morning this hostess is in a frenzy of dusting the furniture, running the vacuum, cautioning her husband not to sit down in that chair in his dirty work clothes, and for heaven's sake can't he take time to change the baby?

With wounded dignity he tells her that he might as well live in the barn for all the consideration he gets from her. Then he says he guesses he'll go to the stock sale.

He optimistically inquires about lunch. (What a dreamer!) She tells him to get something out of the refrigerator, and don't dare touch anything she's fixed for Club.

After making his meager meal, he wanders into the bathroom and inspects his face for bristles. His wife breathes a sigh of relief as he finally gets into his car and drives off the sale.

After putting on her own company face, groaning into her girdle, and slipping on her best dress, she makes it downstairs just as the ladies start to arrive.

Club goes along very well. The singing is a little rusty, maybe, but the members compensate with enthusiasm for what they lack in voice. The business session is conducted with a minimum of conflict, the leaders give the home-mak-

ing lesson to the usual accompaniment of crying babies, and the whisper of some of the members having a private discussion.

But your hostess doesn't hear any of this. She has had her perfect moment: it was when the ladies entered her door. Each had exclaimed with satisfactory enthusiasm: "My but your house looks lovely!"



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**Letters to and from-**

\*\*\*From Highclere, England, Miss Irene Burder writes, "My very good Pen-Friend, Mrs. Waldo Woody, has sent me every copy of *Green 'n' Growing*. I notice that you ask for news, ideas, etc.—so, nothing daunted I am sending several items you may like.

If your Knitting Readers have odd amounts of wool of the same thickness, why don't they combine to make a blanket of many colors (either squares or strips) for sending to some really hard-up soul. Double-knitting would be best, or 3 ply used double."

**Lazy Layer Casserole**

For 6 people you should want ½ cup uncooked dice, 1 can whole-kernel sweet corn, 2 medium size onions, 1 pound lean minced steak, 3 or 4 slices of bacon, small bottle of tomato sauce. (I used a small can of tomato paste.) Sprinkle uncooked rice in the bottom of large casserole, cover with corn, sprinkle with salt and pepper. Mix half of the tomato sauce with a teacup of water, and pour over rice and corn; next, peel and slice onions thinly and spread over the other mixture already in casserole. In a basin mix minced steak with remaining sauce and a little more water. About ½ cup should be ample. Spread

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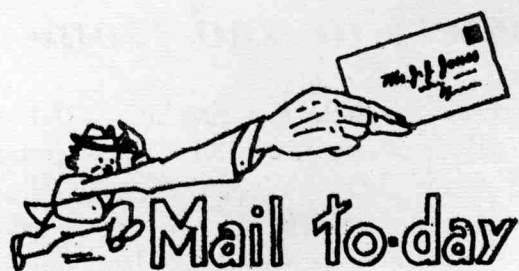
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GREEN 'n' GROWING, Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham, N. C. ( ) New ( ) Renewal



## Back to School



this over mixture in casserole. Lastly cut bacon small and put it over the entire mixture as a "final fling". Cook with cover ON for 1 hour in a medium oven. Take OFF cover and continue baking for another 30 to 45 minutes to crisp bacon. This dish can be prepared well ahead and cooked when wanted. Serve with a green vegetable.

Miss Irene Burder  
Highclere, England

Summer has come and gone! Some have rested! Some have vacationed! But most of us have been busy canning, sewing and farming. Now September is ringing school bells and calling all of us back to regular routine.

Regular routine, did I say? I was wrong. You won't have time for that. The *fairs* are upon us and you must get your entries ready.

We have the best cooks in the world right here in North Carolina. Why don't you enter some of those good things? Many of you sew and do handicraft. Anything made since the last fair can be entered and you stand a good chance of getting a prize. Don't discount your work—enter it and count your winnings. Win or lose it is fun to try.

Christmas ! !

Well almost anyway! Now is the time to start planning. You'll get many ideas at the fair. Probably there are many more tucked away in your head. Won't you send some into *ye'ol' editor* for a magazine. It is nice to share with others and fun to try new ideas.

It's back to school time across the nation! New classes, new teachers, new friends. And with cooler weather come rough-and-tumble sports, like football, that make appetites ravenous.

Full schedules give no opportunity for snacking between meals for either students or other workers. The school lunchroom manager has the double responsibility of sending youngsters back to afternoon classes well nourished and satisfied.

Nothing is so revitalizing to a school going youngster (or to Mother and Dad) as a nutritious hot lunch. It is something that shouldn't be put off until *tomorrow* or *next week*. Nutrition is a day to day responsibility.

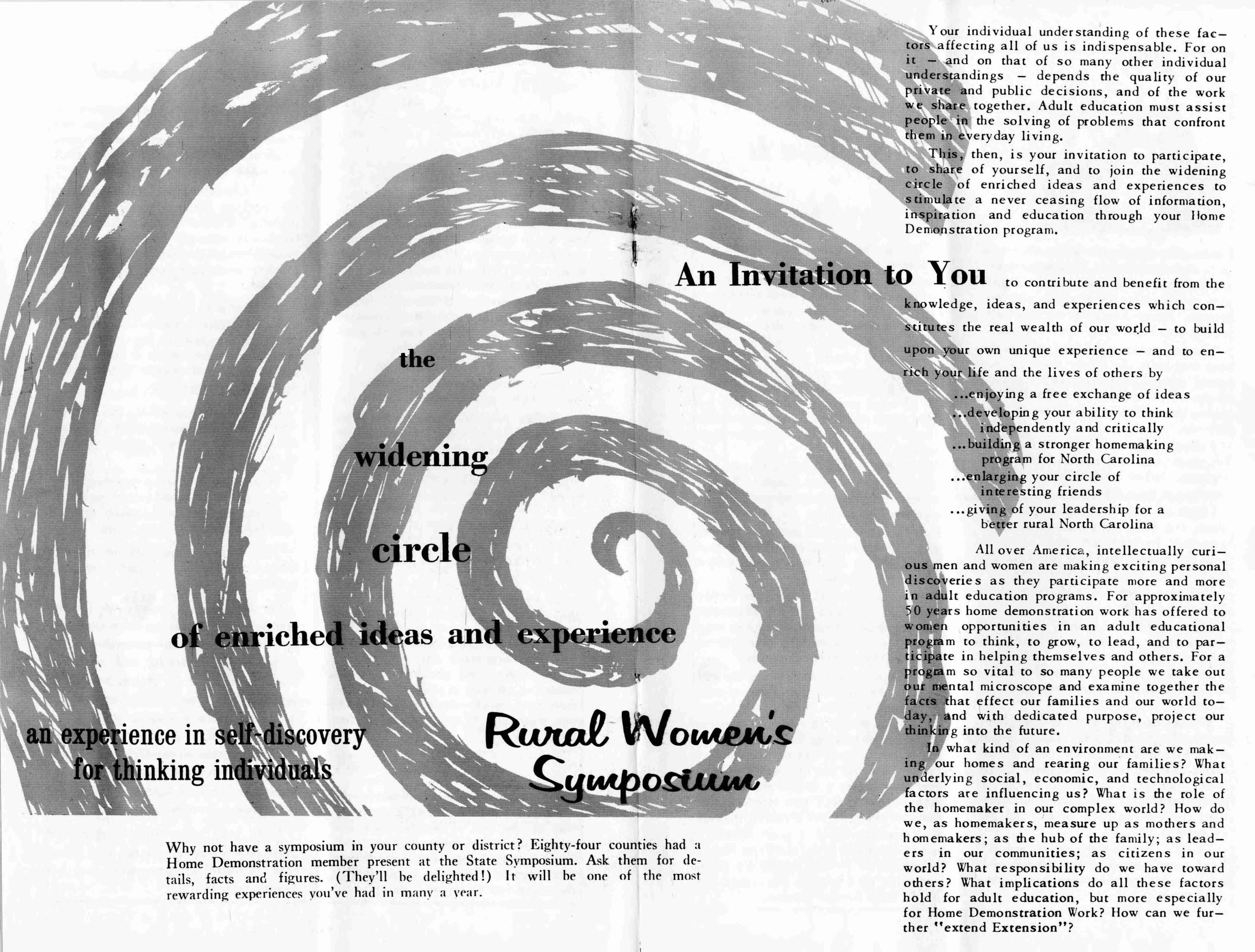
Children love rhythm and rhyme. One clever home-economics teacher made use of this fact to teach some basic rules of meal planning.

"Something cold and something hot,  
Something crisp and something not,  
Something sour and something sweet  
Makes a meal a happy treat".

This doesn't include all the rules of menu-planning, but it does give some guides.

Getting such a variety of flavors, textures, and temperatures means using a variety of foods, preferably quite simple ones. Something cold might be salad, or milk, or ice cream. Something hot is usually a main dish, but it might be rolls or biscuits, soup or cocoa. Crisp things are pickles, radishes, crackers, an apple or potato chips. Desserts provide the sweet, while pickles, cole slaw, tomatoes or Harvard beets are among the many which provide a sourness.

With food prices still climbing we must be even more careful that every meal is nutritious, economical and has appetite appeal.



Your individual understanding of these factors affecting all of us is indispensable. For on it – and on that of so many other individual understandings – depends the quality of our private and public decisions, and of the work we share together. Adult education must assist people in the solving of problems that confront them in everyday living.

This, then, is your invitation to participate, to share of yourself, and to join the widening circle of enriched ideas and experiences to stimulate a never ceasing flow of information, inspiration and education through your Home Demonstration program.

## **An Invitation to You** to contribute and benefit from the

knowledge, ideas, and experiences which constitutes the real wealth of our world – to build upon your own unique experience – and to enrich your life and the lives of others by

- ...enjoying a free exchange of ideas
- ...developing your ability to think independently and critically
- ...building a stronger homemaking program for North Carolina
- ...enlarging your circle of interesting friends
- ...giving of your leadership for a better rural North Carolina

All over America, intellectually curious men and women are making exciting personal discoveries as they participate more and more in adult education programs. For approximately 50 years home demonstration work has offered to women opportunities in an adult educational program to think, to grow, to lead, and to participate in helping themselves and others. For a program so vital to so many people we take out our mental microscope and examine together the facts that effect our families and our world today, and with dedicated purpose, project our thinking into the future.

In what kind of an environment are we making our homes and rearing our families? What underlying social, economic, and technological factors are influencing us? What is the role of the homemaker in our complex world? How do we, as homemakers, measure up as mothers and homemakers; as the hub of the family; as leaders in our communities; as citizens in our world? What responsibility do we have toward others? What implications do all these factors hold for adult education, but more especially for Home Demonstration Work? How can we further "extend Extension"?

**the  
widening  
circle  
of enriched ideas and experience**

**an experience in self-discovery  
for thinking individuals**

**Rural Women's  
Symposium**

Why not have a symposium in your county or district? Eighty-four counties had a Home Demonstration member present at the State Symposium. Ask them for details, facts and figures. (They'll be delighted!) It will be one of the most rewarding experiences you've had in many a year.



## The Ears Have It

Citizens are supposed to know what goes on in their government. Our government was designed to run that way. Public affairs should claim the attention of every woman. Never has government—state, federal and local, been more important.

Most of us have children and in the next few years the whole shape of our school system may be changed. Each of you will want to have a voice in decisions that will affect the lives of your children.

Federal, state and local decisions on education will be made. Will these decisions reflect the thinking of the members of your group?

Decisions will be made, too, upon where the roads will run, how much taxes will be paid and when, how to fight the rackets, and how much for defence. These are only a few.

Will you have had a share in these decisions? Or don't you care?

Many women and many clubs will take part in public affairs and will help to shape the future of America. Our destiny is a reflection of the life of every community and every family in America.

Women have very right as individuals and as organizations to concern themselves with, and be a part of government. Don't hesitate to ask questions. Study both sides of a question. People in government want and need your questions just as you need to ask and get an answer.

**DON'T** "go to sleep at the switch." Your questions and your answers will help keep us and the government on the right track.

During the coming club season you will take part in various programs. At one time you may be the speaker, at another (and probably more often) you will be part of the audience.

Both of these activities hold responsibilities, for clear understanding of the spoken word should be shared equally with the listener and the speaker.

How good a listener are YOU? There are no hard and fast rules to list, but there are a number of general *attitudes* which we can consider to improve our listening habits.

1. Give the speaker an even break, don't prejudge her or her subject. Such a negative attitude erects a wall against anything that is said.
2. If possible try to acquaint yourself with the speaker's topic before the meeting. You can then follow her subject with more interest.
3. Try to relate the speaker's subject matter to your own life and experience. Ask yourself, "What does all this mean to me? Is there something here that can be of help to me or to my family?"
4. Perhaps the best way to improve your listening habits is to note those of other people and then see if they apply to you.
5. It has been said that group discussions are often interrupted soliloquies, everyone wants to speak but no one wants to listen. To avoid this in your group, suggest that before a person expresses her opinion, she give a one sentence summary of the previous speaker's message.
6. Remember being a good listener is not a developed technique, but the development of sincere respect for people and what they believe. And—next time YOU may be the speaker!

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# Big Days Busy Folks!

Randolph County ladies are justly proud of their of their accomplishments and of their leaders.

One of their outstanding leaders, Mrs. Gilbert English, is now first vice president of North Carolina HDC. She will assume the presidency January 1, 1960. She is a charming and talented lady and loved by all who know her.

Rose Badgett, Home Economics Agent for Randolph says, "The spirit of cooperation among our HDC members, business organizations, and other community members is wonderful. Seeing all of these folks working and growing together makes my work more worthwhile."

An example of cooperation is here before you in this magazine.

If more proof were needed (and it isn't) you would have seen it at the President's Luncheon given for Mrs. V. I. Hockaday at Farm Home Week in June by the Randolph ladies.

Native pottery bowls filled with berries were favors for everyone and the tables were decorated with more fruit and pine needles in larger bowls. Everyone worked like the dickens to make this one of the best ever. (See pictures.)

Mrs. Murry Lohr, public relations chairman of the Trinity-Archdale Club wrote:—

"We of the Trinity-Archdale Home Demonstration Club are quite proud of our president, Mrs. I. L. Nance. Under her leadership, we have grown in numbers and have been most active. In addition to our usual work with the schools and shut-ins in our communities, we have bought a hospital bed and wheel chair which we loan (free of charge) in our communities.

Recently, Mrs. Nance entered an advertising contest sponsored by a local supply company. The winner of the contest would win a Lawson hot water heater.

Several weeks passed after Mrs. Nance mailed her entry, until one

morning a letter came from Swaim Supply Company in High Point, N. C. informing her that she had won the hot water heater. She began contacting our club members by telephone to tell them the good news! We were very pleased because Mrs. Nance was going to give the heater to the Trinity Grange Hall where we meet. All of us knew how difficult it was to heat water in kettles on the electric stove.

The Grange members were just as pleased as we were when they heard the news. They asked Mrs. Nance and some of our club members to come to a meeting where they very gratefully thanked Mrs. Nance for her generosity."

Multiply this by all the members of all clubs in Randolph and you have a great picture.



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*Owned and operated by a Randolph  
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“—go down to the potter’s house . . . and behold . . . a work wrought on the wheels—”

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“WHERE VALUES ARE  
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*Hardware, Builder's Supplies,  
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ASHEBORO, NORTH CAROLINA

## **FAIR TO FEATURE**

## **BAG SEWING**

## **CONTEST, PRIZES**

Cinderella’s Fairy Godmother may have thought she was some punkins with the carriage trade when she used her magic wand to turn mice into men and Cinderella into a princess. But North Carolina housewives, with a simple sewing machine needle and a little ingenuity, can turn a few cotton bags into a glamorous trip to Hollywood, cash prizes and other fabulous awards.

Magic? Not a bit of it. All she has to do is to enter the National Cotton Bag Sewing Contest, which is again being sponsored by the North Carolina State Fair. The contest is open to anyone who sews, except previous national winners. Items of plain or print cotton bags may be entered in eight classifications. Entries will be judged on originality, appearance, workmanship and suitability of fabric and pattern.

Cash awards totaling \$100, plus a portable sewing machine to the woman receiving the greatest number of first place ribbons, will be presented winners at State Fair. Top winner at the fair will automatically become a national finalist. North Carolina has already produced two national winners—Mrs. Fred Sowers of Winston-Salem, national champion in 1957, and Mrs. John D. Champion of Fuquay Springs, national runner-up in 1958.

Why not a third national winner from North Carolina? It Could Be You! Details concerning the contest may be secured from your county agent or from the North Carolina State Fair, Box 5565, Raleigh.

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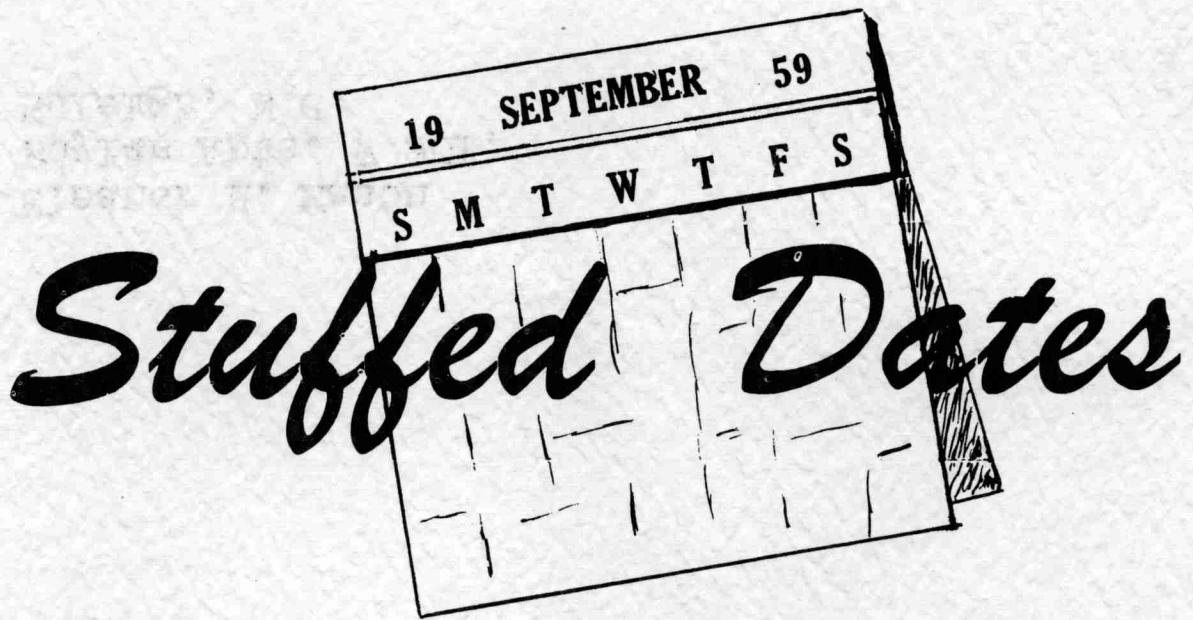
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*2403 N. Fayetteville Extn. Asheboro, N. C.*



- Sept. 7-11, Reidsville Fair
- Sept. 7-12, Center of North Carolina Fair, Asheboro  
(See Advertisement this magazine.)
- Sept. 14-19, Wayne County Fair, Goldsboro; Rutherford County Fair, Rutherfordton; Rowan County Fair, Salisbury; Cabarrus County Fair, Concord; Catawba Fair, Hickory; Burke County Fair, Morganton
- Sept. 16-19, Beth-Ware Community Fair, Kings Mountain
- Sept. 21-26, Zebulon Five County Fair, Zebulon; Warren County Fair, Warrenton; Stanly County Fair, Albemarle; Spindle-Center Fair, Charlotte; Rocky Mount Ag. Fair, Rocky Mount; High Point Ag. Fair, High Point; Durham County Fair, Durham; Caswell County Fair, Yanceyville; Caldwell County Fair, Lenoir; Carteret Fair, Beaufort
- Sept. 22-26, Davidson County Ag. and Ind. Fair, Lexington
- Sept. 29-Oct. 3, Surry County Fair, Mount Airy; Lee County Fair, Sanford; Greensboro Ag. Fair, Greensboro; Cape Fear Fair, Fayetteville; Enfield Volunteer Fireman's Ag. Fair, Enfield; Cleveland County Fair, Shelby
- Oct. 6-10 Dixie Classic Fair, Winston-Salem
- Oct. 13-17, North Carolina State Fair, Raleigh

#### PUBLIC RELATIONS WORKSHOPS

- Sept. 23, *Western District*, Asheville.
- Sept. 24, *Southwestern District*,
- Oct. 1, *Northwestern District*, Winston-Salem
- Oct. 8, *Southeastern District*, Fayetteville
- Oct. 27, *Northeastern District*, Wilson
- Oct. 28, *Eastern District*, Washington, N. C.

Meetings begin at 10 o'clock

Eleanor H. Mason  
Boylan Apts. # 201,  
Raleigh, N.C.

