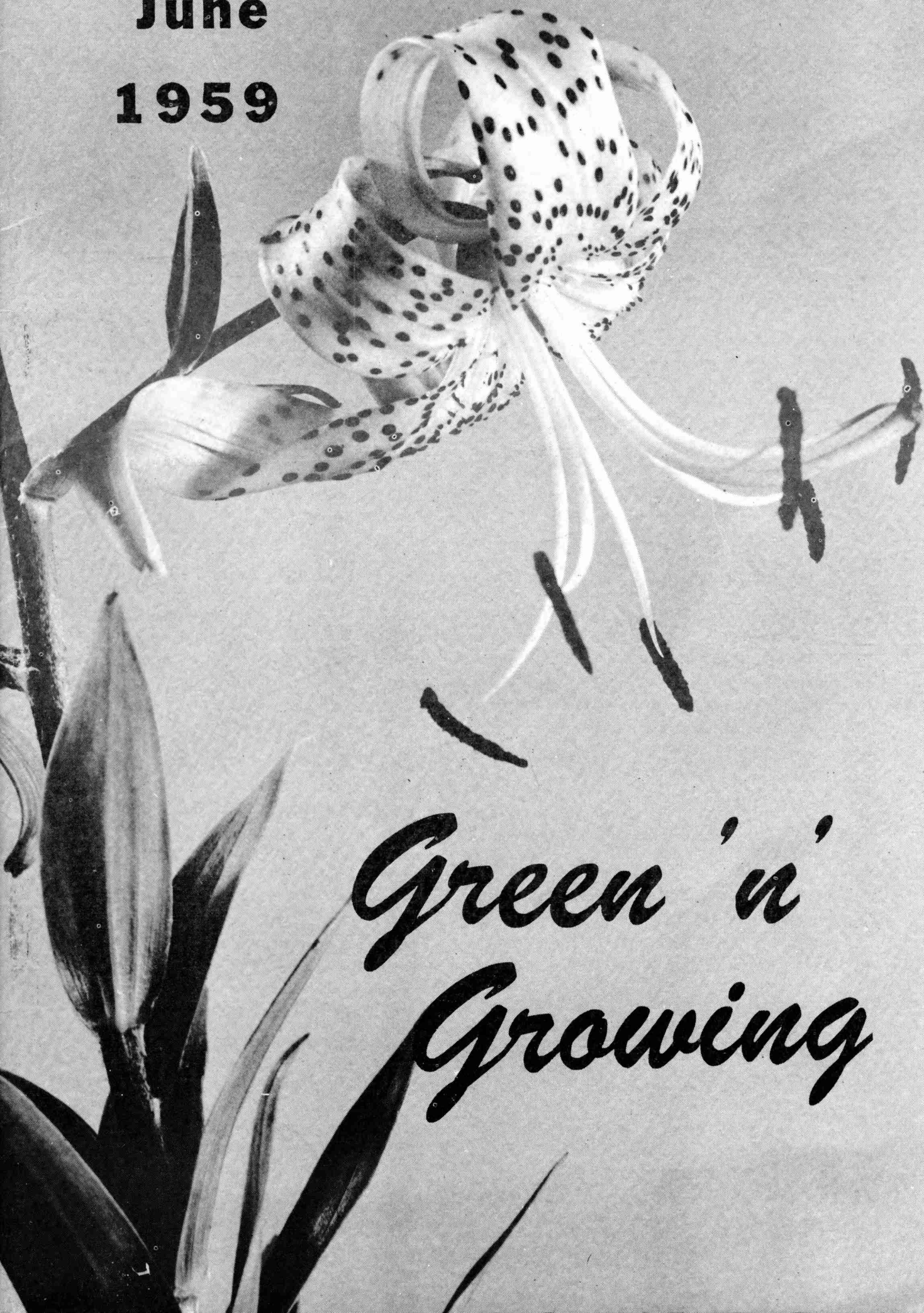


R. Curant

**June
1959**



*Green 'n'
Growing*

The Greater Love

John 15:13 "Greater love hath no man than this, that a man lay down his life for his friends."

All of our lives we've been accustomed to hearing of divine love from which comes all THINGS. We know that this love is perfect and creative. It is this love that put the planets in their places and holds them there. But sometimes we need an example of this kind of love in everyday living.

One day a young man came to an older friend with this problem. He explained that the girl he loved had asked to be set free—and he wanted to know what to do. After some thought, his older friend said, "I suggest that you set her free!" This answer stunned the young man and he cried out, "I love her so—how can I bear to give her up?"

His older friend asked, "How much do you love her?". The young man answered by saying that he loved her more than any other woman had ever been loved by any man.

"Even then you do not love her enough—otherwise you could give her up when she asks it! What you call love is attachment—you know that when a mother loves her son so much that she cannot bear to have him go to college or to the girl he loves—she does not love him enough. When a wife cannot let her husband take a journey that will bring him great opportunity, then it is not her love that is hanging on—but attachment. If you really love your girl, then give her to anything which will make her happier than you can make her. Can you love her enough to do that?"

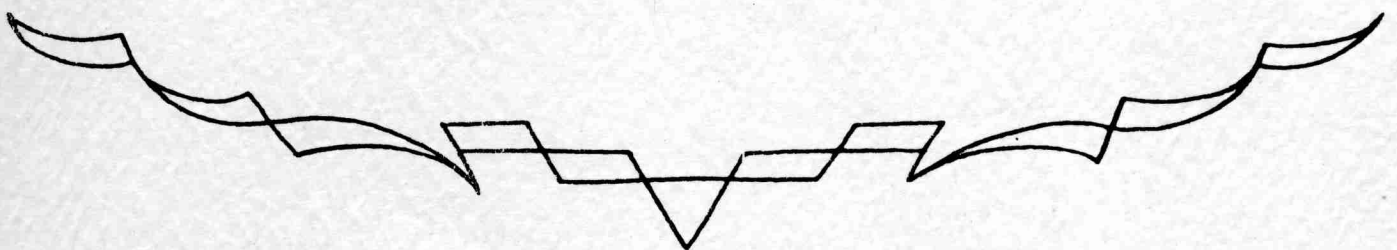
The young man bowed in prayer and eventually said, repeatedly, "I can—I can."

Months rolled by, and one day the young man returned to his older friend, saying, "Believe it or not, I gave my loved one away—I gave her to her destiny—I set her free—she went away and it wasn't long before she came back to me and said, 'All of my life I have been seeking for such a love as you have just demonstrated and have been giving to me—a love great enough to forget itself in seeing its loved one completely happy. Really, I thought that kind of love was only in books. Now that I know it exists in you, I want to make it my own—will you take me back and keep me forever?'"

As the young man left, the older man (wise in prayer and the love of the Father) thought in his own mind, "Now that is the kind of love that holds planets in their places."

Many people find love, even eternal love, but too few of us are ever able to rise to the place where we can give love. May it be our daily prayer not to seek for things for ourselves but to be able to give to others that they may find their complete and ultimate destiny. This is the love—and the prayer—that builds Christian character.

L. O. Leet
National Stewardship Evangelist
Dallas, Texas



Green 'n' Growing

Home Demonstration News Magazine



CHARACTER

CITIZENSHIP

COURAGE

CULTURE

Vol. 5

June, 1959

No. 6

Green 'n' Growing

In This Issue

A magazine for women who believe that "Today's Home Builds Tomorrow's World."

To inform, inspire, develop, strengthen and correlate the work of home demonstration clubs and the Agricultural Extension Service in their efforts to assist women in promoting higher standards of living, in understanding themselves, their families and their neighbors and in promoting creative leadership.

SUBSCRIPTION RATES: \$1.00 a year in the U. S. A. Mail all correspondence to Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham, N. C. Telephone 7-3141. This publication carries authoritative notices and articles on Home Demonstration. No responsibility is assumed for statements of contributors. Manuscripts and photographs will be returned only if accompanied by return postage. We can not assume responsibility for their safety.

Advertising rates on request. Advertising copy must be received by the 10th of the preceding month.

GREEN 'n' GROWING, published monthly by Home Demonstration Clubs of N. C. Second class mailing privileges authorized at Durham, North Carolina.

Page

| | |
|----------------------------|--------------------|
| Meditation | Inside front cover |
| Magic of Milk | 2 |
| Beauty Contest | |
| Homestead Style | 3 |
| Buy It, Try It | 4 |
| Letters To and From | 5 |
| Bits 'n' Pieces! | 6, 7 |
| Project Strawberries | 8 |
| Take a Good Look | 9 |
| \$\$ In the Bank | 10, 11 |
| Scholarship Winners | 12 |
| Stuffed Dates | Inside back cover |

CHANGE OF ADDRESS: Please give old and new address and notify us four weeks in advance.

Printed by Ferguson Printing Co., Durham, North Carolina.

Magic of Milk

Milk is Nature's Most Nearly Perfect Food. This is no idle boast. It is backed by scientific facts. More than 200 nutrients have been identified in milk. And goodness knows how many more will be found by searching scientists. Do you realize that for more than 100 years scientists in laboratories all over the world have been literally taking milk apart to see what makes it so good? And still they keep finding hidden values. It's just like the case of the atoms. They have been present in Nature for millions of years. It is only recently that science has discovered their usefulness, and ways and means to harness their power. So it is with milk. Nature has packed this product with power. Man, in his constant quest for knowledge, finds an unending scientific challenge in the magic of milk.

Milk Makes Energy! Energy is pep, vim, vigor, vitality. It's all wrapped up and rarin' to go in a glass of milk. One glass of milk provides enough energy to do any one of the following:

Play 9 holes of golf
Dance for one hour
Play 20 games of tennis (1 hour)
Walk one mile
Climb 186 stairs

Houseclean for 2 hours
Office work for 2 hours
Sew for 2 hours
Play cards 3½ hours

Sour Cream Salad Topping

The dressing's the star in many a salad meal. So when you plan a special salad, make the dressing special, too. Whether your salad choice is fresh fruits or crisp greens, sour cream makes a perfect base for a wide variety of salad dressings. Seasonings may be varied to suit the salad, then folded into the creamy base with just a few strokes. There's no cooking necessary, and no last minute shaking, either. Your salad dressing is ready in just a jiffy.

Here are two easy-to-make sour cream salad dressings. The first is a perfect topping for fruit salads: lightly flavored with orange and lemon, sweetened with honey and spiced with mustard. The second is an excellent choice for a tossed green salad: a tart dressing generously blended with Blue cheese.

SOUR CREAM FRUIT SALAD DRESSING

| | |
|-------------------------------|------------------------|
| 1 teaspoon grated orange rind | ½ teaspoon dry mustard |
| 2 tablespoons orange juice | 1 teaspoon salt |
| 2 tablespoons lemon juice | ¼ teaspoon paprika |
| 1 tablespoon honey | 1 cup sour cream |

Blend all ingredients except sour cream. Fold into sour cream. Chill thoroughly before serving. Serve with fruit salads. Makes about 1-¼ cups dressing.

SOUR CREAM-BLUE CHEESE DRESSING

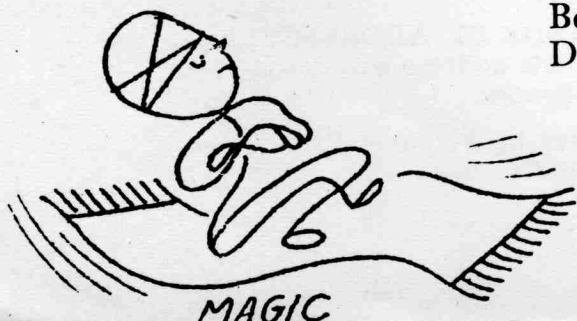
| | |
|------------------------|-----------------|
| 3 ounces Blue cheese | ½ cup salad oil |
| 1 teaspoon garlic salt | ¼ cup vinegar |
| 1 cup sour cream | |

Mash Blue cheese with a fork; blend with garlic salt. Beat into oil and vinegar. Fold in sour cream. Cover and chill. Serve on tossed greens. Makes 2 cups dressing.

Bessie Starling Ware
Director of Dairy Council

JUNE IS DAIRY MONTH

(2)



Beauty Contest

Homestead Style

The club women of EDGECOMBE County can be seen out in great numbers with their hoes, hammers, saws, and any other tool one can use to clean up and beautify the homestead. If the husband or any good male helper can be conscripted, so much the better. The Edgecombe Home Demonstration Club members have long since mastered the art of getting any and all help available.

The big drive is the "1959 Edgecombe Beautification Contest", an annual project sponsored by the Edgecombe-Martin Electric Membership Corporation, the three major aims of which are to clean-up, improve the exterior of the buildings and landscape. The contest date will be from the annual achievement day, which was November 12, 1958, to October 1, 1959.

We, as club members, try at all times to do as many thing as time will allow. For several years now, we have been improving the interior of our homes in a like contest, but this year the contest is for the exterior since more of the outside world can see and enjoy this part of our homes. We like for our yards and general appearance of the outside buildings, tool sheds, tobacco barns, stables and storage buildings (to name a few) to have a neater and better cared-for look. In the yards one can still see old tree trunks and debris left by Hurricane Hazel being towed away. No one can imagine the improvement such a simple chore can make until they see a plot once covered with such, and then see the same place cleared and planted.

Doors hanging by one hinge, missing boards, leaning fence posts, and scaling paint are some of the few things we are more conscious of through the contest rules.

Each club member hopes to be awarded one of the worthwhile prizes given by the Edgecombe-Martin Electric Membership Corporation, but in the heart of each the improvements count for far more than any prize in knowing the joy of a job well done.

One club member was heard to say, "I have wanted to do what I'm doing for a long time but couldn't seem to find the time to put on it. If any going corporation such as the Edgecombe-Martin Electric Membership Corporation can see the need for our homesteads being improved enough to offer a prize for work that should be done anyway, it behooves us to get busy. Then with a time set and the knowledge that winning a prize will tell of the work we have really accomplished, we had the needed push to get started. I have heard, and I quote, 'no job is so bad to do, its just getting started'. We as club members are fortunate in having a contest as a spur to get us started."

One can readily see the improvements thus far. Many have pruned their trees and shrubs in the recommended way. Some have removed entire shrubs that have become too large to be foundation plantings, and are replanting with the right shrub for the right place.

Some of the 'before' pictures are a revelation, pointing out the countless defects that can be seen in most yards. Little things taken alone didn't seem so bad, but added to the whole made a very unattractive picture. "This is changing our homesteads, farms and communities into places we may be proud of for only a small amount of money," says Mrs. R. B. Denson.

Buy It! Try It!

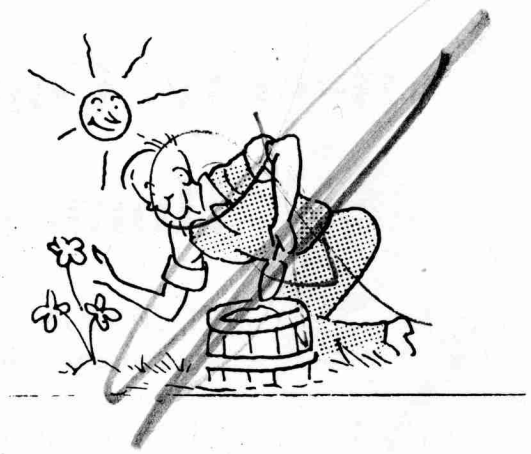
or

Help Yourself

The dirt really flew in CAMDEN County! After the women viewed ten lovely yards in nearby Elizabeth City, they added new shubbery and moved old plants to make their own surroundings more attractive. The garden tour, which was the Spring Federation meeting, gave the women an opportunity to view beautiful year-round borders, banks of azaleas, camelias, roses, screen planting, and even several varieties of orchids growing in a back porch hot house. It was the first tour of this type for the Camden women, but as soon as they forget how tired they were at the end of the afternoon, they will start making plans for another—this time to their own yards to see the results of the inspiration they received.

“Winnie and Miss Sarah are doing fine, but Ida looks a little peaked,” said Evelyn Upton, president of the Camden Club. This is not a health report on the members as it appears. I’ll explain:—at a recent meeting, club members brought a great variety of flowers and shrubs that were auctioned off by the Ways and Means Chairman, Mrs. C. C. Jones. When the plants had changed hands, the club was \$9 richer and the members had enjoyed sharing and receiving. So, to translate the president’s statement concerning the flowers she had bought and planted in her garden, “The rose bush (that Winnie had brought to the auction sale) and pink moss (brought by Miss Sarah) are doing fine but the cow slips (Ida’s contribution) look a little peaked.” So according to Mrs. George Wood, “The moral to this story is—money raising doesn’t have to be a dreaded task, it can be lots of fun.”

And the dirt really flew in CHATHAM County! The Cape Fear HDC has a member who just can’t bear to



throw anything away unless absolutely no one can use it.

Recently this member was making some changes in her garden arrangement and found that she had quite a surplus of chrysanthemums. So she conceived the idea of placing them at the disposal of the public. She obtained permission from a local merchant to place a box of the plants in his store. (This is also the local post office.) The box was labeled “Help Yourself! Plants Free!” Surprisingly, the men who came by seemed quite interested. One man on his way to work one morning took some of the plants and told his wife when he came in at ‘quitting time’ that he had some flowers for her but he did not know what kind they were. They were called “Help Yourself” and that he would plant them and see.

At the next club meeting the woman was telling the other members how well the flowers were doing and Mrs. H. R. Dickens (who just couldn’t bear to throw anything away) was requested to put another box of plants in the post office.

Special
HD Members ONLY
Try the DAYLILY
Wonder Flower of the Future
5 different Daylilies—\$3.75
(values from \$.75—\$1.50)
14 different Daylilies—\$5.00
(values from \$.75—\$2.00)
5 different Peonies—\$5.00
Order NOW! Postpaid.
Loleta K. Powell’s
“Iris Haven”
Princeton, N. C.

Letters to and From

***We received our first *Green 'n' Growing* today and I have read every word already and shall pass it on to my neighbors. The cover is lovely and imagine my thrill when I read "It Really Works" (March issue). Wilson is my home county, and after a lot of years my heart is sometimes there and I am so glad to read anything good about it.

I am so glad we have *Green 'n' Growing*.

Mrs. L. W. Hall
Stem, N. C. (GRANVILLE)

***January *Green 'n' Growing* was as a new born baby that had just received that necessary slap on the back; February shows signs of getting adjusted to this big wide world around it. Now may it grow rapidly and fill us with *ENTHUSIASM*. To me that seems most needed in home demonstration work.

Now for some suggestions:—Why not organize groups or tours, that women from one district can be guests of women of another district for a week sometime during the year? (Visitors should be at least 100 miles from home.) The women would learn more about their state as a whole and find both strong and weak points in the organization. Improvements could be made wherever possible.

Why not have a corner for the *Rocking Chair Group*?

Mrs. Georgia P. Cahoon
Newland, N. C. (AVERY)

***The HD women in PITT County are especially proud of a letter they received from their Board of Commissioners which reads as follows: We, the Pitt County Board of Commissioners extend our congratulations to Mrs. Wilbur Worthington, president, and all the Home Demonstration Women in Pitt County during National Home Demonstration Week for the fine spirit and leadership exhibited throughout the rural communities in Pitt County.

We are proud of your splendid program of work in promoting a program which will reach far into the rural areas of Pitt County and which will help to build better homes and better leadership for future farm men and women, in a better world tomorrow.

If you only know of the many fine projects that were going on throughout this state. If others only know!

We must double our efforts to "Each One, Reach One". We must "Go and Tell!" the wonderful Home Demonstration facts. The press, radio and TV are all good but nothing is better than personal contact. So often we assume that others know—and they don't have the slightest idea of the magnitude of our program. The teas and the tours are only the frosting on top of hours of planning and hard work that go into our adult educational opportunities. Our public relations are showing! Let's be sure they are good. Ed.

An Opnx Lxttxr

Xvxn though my typxwritxr is an old modxl, it works quitx wxll xxcpt for onx of thx kxys. I wishxd many timxs that it workxd prfxctly. It is trux that thxrx arx forty-six kxys that function wxll xnough, but just onx kxy not working makxs thx diffxrxncx. Somxtimxs it sxxms to mx that a Homx Dxmonstration program is somxwhat likx my typxwritxr—not all thx kxy pxoplx arx working proprly. You may say to yoursxlf, "Wxll, I am only onx pxrson. I won't makx or brxak a program." But it doxs makx a diffxrxncx: a Homx Dxmonstration Club to bx xffctivx, nxxds thx activx participation of vxxy mxmbxr. So thx nxxt timx you think you arx only onx pxrson and that your xfforts arx not nxxded, rxmxmbxr, and say to yoursxlf, "I am a kxy pxrson in our Homx Dxmonstration program and I am nxxdx vxry much."

—Adapted

Bits 'n' Pieces



This is the 55th anniversary of the All-American favorite—the *Ice Cream Cone*. Historians have found that the ice cream cone was born out of necessity back in 1924 at the St. Louis, Mo. World's Fair. Prior to the cone development, ice cream was served in dishes. One day at the fair the dishes ran out and a concessionair quickly rolled a thin, wafer-like waffle into the shape of a cone. This hardened in a few seconds as it cooled. The ice cream vendor placed the ice cream in it. It was handed to an eager customer. His reaction was spontaneous and the cone was on its way to becoming a great American institution. Make ice cream your number one dessert.

Mrs. Emmett Jones was named "Woman of the year" by CHOWAN County HDC.

CHEROKEE County 4-H'ers Distributed over 1,000 litterbags to potential litterbugs. The bags were lettered in 4-H green.

From hobby to business for Mrs. W. N. Piercy, Beech Grove HDC (WASHINGTON). "I just love re-upholstering furniture when the results are lovely," she said.

In approximately 200 A.D., the Romans constructed the first water mills. They were the first to realize that the flow of water over a paddle wheel would turn the mill wheels to grind grain into flour.

From time to time you will be reading about some of the wonderful programs and projects during National HD Week.

Mt. Vernon Club (RUTHERFORD) has almost doubled their membership in the last year. The need was felt for a community club house and everyone got busy. Land was given by Mt. Vernon Baptist Church and grading has been started. You might say they were eating their way to the club house because the money is earned by giving suppers. All are proud of the community spirit.

ALEXANDER County Garden Leaders believe that a good supply of conserved products makes for better nutrition, economy and eating enjoyment. They ordered approximately 23,000 Copperskin Goldrush Sweet Potato plants so that everyone could benefit.

Mrs. T. Mayberry, County Garden Leader, grew about 5,000 broccoli plants for home gardeners in the county.

BURKE County emphasised "Care of the Mentally Sick" at their Achievement Day last fall. An all day meeting was held at State Hospital with a tour in the afternoon.

CALDWELL County HDC's made cookies for the Bloodmobile each month.

LINCOLN County HDC's have purchased equipment for schools, raised money for club houses and fire trucks and buildings.

The Point System has been adopted by the CATAWBA County H.D.C.'s for evaluating their work.

Everyone in JONES County pitched in and made the State Health Pageant a big success. HDC women are proud of the 4-H'ers and the progress they are making.

Happy Home HDC (ROCKINGHAM) has 100% subscription to *Green 'n' Growing*.

SAMPSON County has set a goal of at least 10 subscriptions per club. (I'll bet they make it!)

Mountain Park HDC and SURRY County feel privileged to have as their new assistant home economics agent, Miss Betty Williams. She is a native of Wilkes County and was agent of that county for seven years. More recently she was home economics supervisor in Iraq and spent several months in that country teaching and advising future home ec. workers. It is most interesting to hear her speak of the "Land of the Arabian Nights".

For a recent project, this club collected and presented dish towels and pot holders to the school cafeteria. They also contributed kitchen equipment to their newly constructed community building, and hung framed bird prints in the club room.

Here is a do-it-yourself poem by Mrs. W. J. Perry of Cofield HDC (HERTFORD).

Hot Dish Mats

If your hot dish mat wears out,
You have nothing to worry about.
You'll see what you can do,
Only a minute, then you're through,
Just a little paste, foil, scissors and glue,
This will make them as good as new.



She Leads the Band

"I'm just a housewife," the mother said.
And you know, she sort of hung her head.

"Oh, I wash and iron and cook and sew,
And do all the wifely chores, you know.

We do things together, my family and I—

To-gether we work and play and laugh and cry.

I know we're happy as can be,—
For our house is really a home, you see."

Again she slowly hung her head.
"Still I do nothing important," she said.

Oh dear little mother, dear little wife,
You're living a most important life.
These things you're doing are special,
you know,

It's these little things that make us grow.

It's these little things that do the most,
Toward spreading success from coast to coast.

You're truly the greatest one of all,
You're the belle of every ball.
So lift up your head, and put up your hand—

Three cheers to the housewife who leads "her" band.

by Mrs. Hugh Blackburn
Kernersville, N. C.
Guthrie HDC (FORSYTH)

Project:

Strawberries

Strawberries

Strawberries

and

more

Strawberries



Little Denise Mahlon helps her grandmother, Mrs. Noah Whitehead.

Lack of Vitamin C in the diet of farm families in North Carolina is responsible for a new project in Halifax County. Strawberry culture has become important to many families living in the area.

In 1957, a demonstration on "Growing Strawberries" was presented by the home economics agent, Mrs. Estelle White, at all the Home Demonstration Club meetings. The food value of strawberries, with emphasis on vitamin C, was discussed in detail. The club women decided that the addition of strawberries to the diet could be an excellent way to get the daily supply of vitamin C.

In November of 1957, the Bank of Halifax sponsored a strawberry growing program among Home Demonstration Club women in the county. Seven thousand Albritton strawberry plants were purchased and distributed. Two hundred plants were given each club with 100 plants designated for two club women.

The Albritton variety was chosen because it was recommended for home use, marketing and freezing. Club women agreed to follow recommendations from N. C. State College in growing the virus-free, nematode-free plants. The soil had to be fumigated and prepared for fertilization. The plants were set out in November and pine straw was scattered lightly over plants and between the rows in February.

Families who were fortunate enough to receive plants agreed to pinch off the blooms the first year. Mrs. Noah Whitehead said, "It certainly was hard to pinch off the blooms but now I'm sure it has paid off. The berries are so large and of very good quality." This year Mrs. Whitehead has frozen berries and shared some with her friends and neighbors.

Not only Home Demonstration Club women have profited from the strawberry project; many non-club members have also been reached. The women who received plants have shared strawberry runner plants with neighbors. The project goal is for each family in Halifax County to have a strawberry patch in the near future.

The County Home in Halifax received 2,000 plants and residents are now enjoying an abundant supply of berries. Many berries have been frozen and preserved for winter use.

The increasing interest among home gardeners in the growing of strawberries should serve as a guide in producing more small fruits for home use.

Take a Good Look

June is "the" month for many brides. The air is full of romance and the promise of wonderful things to come. Many of us brides-of-yesterday should take a good look at ourselves and see what others see when looking at us. (Especially our families!) How do we compare with the radiant girl our husbands married? Are we always careful of our manners and careful with our grooming? Many only fix their faces and wear becoming clothes when going out in public. How much more important to look nice for your husband and family! The picture your family remembers all day should be one of a smiling, well-groomed lady—not a pale, frizzel-haired grouch. A hair brush and lipstick should be used before leaving your room in the morning. And for goodness sake—if you don't take time to dress—put on a pretty, *clean* housecoat. Nothing is more repulsive than a dirty, grease spotted robe or dress at the breakfast table. Unless it's hair curlers and no lipsticks.

There are lovely, inexpensive materials on the market that can be washed easily and they require little or no ironing. Yes, I know, time marches on and you've worked hard and maybe you're not a raving beauty any more—all the more reason for you to be careful of your weight and appearance.

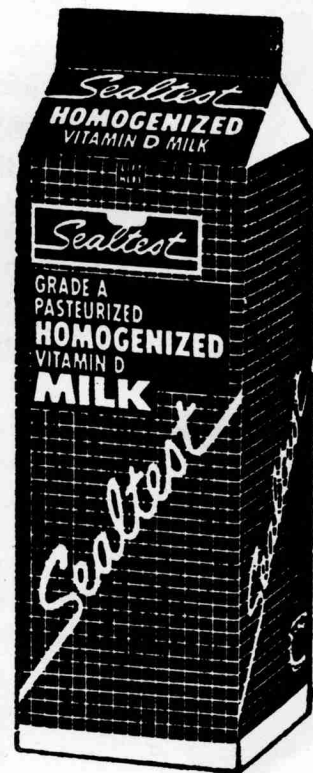
Some of those old housedresses belong in the ragbag and so do some dispositions. One smile and one kind word goes farther than all of the frowns and insults you can think of.

Take a good look! Are you the girl your husband married? Better—worse?

One more thing—what kind of a wife or husband will your child be? Have you taught him or her how to face their responsibilities? How to cook a meal, sew, manage a budget, run a farm, etc? Or do you expect them to be suddenly educated on their wedding day? Now, take another GOOD look. It is never too late. Get busy!

In Durham
IT'S GOOD EATING
at
HARVEY'S CAFETERIA
Bring the Family

Paragon Food Center
4330 N. Liberty St.
Winston-Salem, N. C.
"It's the Best"

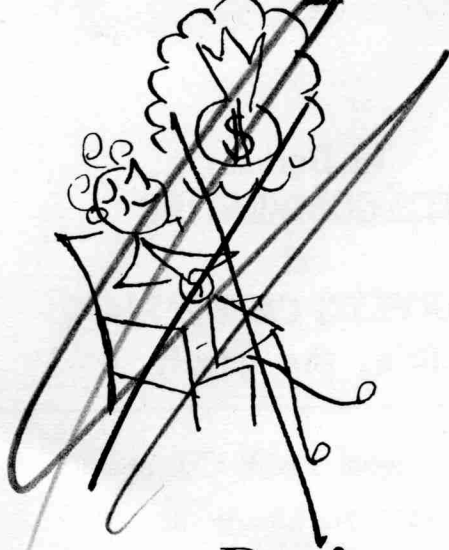


FARMER'S DAIRY

FARMER'S DAIRY BARS

Winston-Salem

"You Know It's Good"



In The Bank

Don't you dare turn this page!

Yes, these are statistics and what statistics! Did you realize that the Home Demonstration Curb Markets made a total of nearly \$365,000 (and this doesn't count craft articles) in 1958. This is a wonderful source of supplementing the family income while staying at home and becoming skilled in standards and in workmanship.

REPORT OF SALES—1958*

| County | 1958 Sales | No. Dif. Sellers | Avg. No. Sellers | 1957 Sales |
|-------------|--------------|------------------|------------------|--------------|
| Mecklenburg | \$ 55,014.67 | 98 | 45 | \$ 52,498.01 |
| Durham | 38,475.50 | 40 | 28 | 38,639.46 |
| Cumberland | 21,491.54 | 30 | 20 | 21,640.91 |
| Wayne | 21,090.25 | 50 | 40 | 27,641.74 |
| Wake | 20,977.10 | 21 | 16 | 20,846.48 |
| Orange | 20,818.85 | 21 | 20 | 23,619.86 |
| Carteret | 20,435.84 | 30 | 20 | 16,663.41 |
| Wilson | 17,981.29 | 24 | 18 | 15,154.18 |
| Nash | 15,306.00 | 49 | 25 | 14,739.26 |
| Robeson | 14,426.00 | 16 | 16 | 14,507.00 |
| Beaufort** | 11,965.27 | 30 | 20 | 12,571.70 |
| Onslow | 11,055.62 | 14 | 10 | 7,461.83 |
| Edgecombe | 10,271.80 | 25 | 15 | 11,297.22 |
| Vance | 9,429.34 | 15 | 9 | 6,867.24 |
| Moore | 7,837.36 | 15 | 10 | 8,952.13 |
| Johnston | 7,265.73 | 10 | 8 | 9,036.47 |
| Halifax | 6,589.25 | 15 | 13 | 4,586.69 |
| Martin*** | 6,155.66 | 35 | 13 | ----- |
| Harnett | 5,595.57 | 9 | 9 | 4,970.69 |

Continued on Next Page

For That Well-Groomed-Look
go to

CARMEL'S BEAUTY SHOPPE

Mrs. C. J. Livengood, Jr.
Route 4
Winston-Salem, N. C.

Louise Bernard-Catering Service

Weddings, Receptions & Parties
for all occasions.

Winston-Salem, N. C. Tel. PA 2-1663

ADAMS & WOOD

Complete Auto Service
235 South Liberty St.
Winston-Salem, N. C.

T & C AUTO REPAIR

4316 N. Liberty St. Phone: PA 22901
Winston-Salem, N. C.
Brake Ser., Front End Alignment
Motor Tune-Up
Complete Motor Overhaul

| | | | | |
|------------------|---------------------|------------|------------|---------------------|
| Pasquotank | 5,487.39 | 22 | 15 | 6,475.14 |
| Catawba | 5,201.13 | 7 | 4 | 6,040.86 |
| Lee | 4,791.50 | 15 | 10 | 5,064.15 |
| Richmond | 4,553.08 | 12 | 10 | 3,701.76 |
| Alamance | 4,540.13 | 4 | 4 | 3,195.08 |
| Alleghany (S) | 4,168.64 | 12 | 12 | 3,237.42 |
| Transylvania (S) | 3,500.00 | 21 | 21 | 1,375.00 |
| Surry | 3,332.91 | 3 | 3 | 3,351.20 |
| Scotland | 2,741.64 | 9 | 5 | 3,515.21 |
| Person | 1,142.03 | 3 | 2 | 2,981.96 |
| Macon (S) | 1,356.44 | 7 | 6 | 1,137.17 |
| Henderson*** | 927.00 | 18 | 14 | --- |
| Watauga (S) | 462.71 | 5 | 3 | 981.57 |
| Swain (S) | 214.55 | 6 | 5 | 279.02 |
| Jackson (S) | 113.50 | 13 | 13 | --- |
| Burke† | --- | --- | --- | 360.00 |
| Sampson†† | --- | --- | --- | 291.13 |
| TOTALS | \$364,715.29 | 683 | 482 | \$355,767.82 |

Increase in State Total Sales—\$8,947.47

34 counties have 34 markets; 15 market sales increased; 17 decreased; 2 new; 3 closed

| City or County | Individually Owned 15 | Owned 8 | Owned by Women 9 | Outdoor Markets 3 |
|------------------------|-----------------------|--------------------|------------------|-------------------|
| Durham, Randolph, Lee | Orange, Moore | Person, Henderson | Alleghany | |
| Richmond, Cumberland | Onslow | Carteret | Watauga | |
| Robeson, Beaufort | Johnston | Pasquotank | Swain | |
| Edgecombe, Nash, Wake | Alamance | Halifax, Jackson | | |
| Wilson, Surry, Harnett | Scotland | Mecklenburg, Macon | | |
| Wayne, Catawba | Vance, Martin | Transylvania | | |

S—Summer Markets

* November 1, 1957—October 31, 1958

** One market closed

*** New Markets, 1958

† No Home Demonstration Market

†† Market closed

CRAFT ARTICLES REPORTED MADE AND SOLD BY INDIVIDUALS (1958):

| White | Negro | | White | Negro |
|--------------------|-------|--------------------------------------|---------------------|-------------|
| 2,537 | 202 | Reported crafts to supplement Income | \$ 87,494.61 | \$ 7,203.00 |
| 2,001 | 306 | 4-H members completed project | 9,431.39 | 2,165.00 |
| 4,538 | 508 | Totals | \$ 96,926.00 | \$ 9,368.00 |
| GRAND TOTAL | | | \$106,294.00 | |

1 Day to 2 Weeks Old
Quality Bred—U. S. Approved

BABY CHICKS

Harco Reds Parmenter Reds
Hampshire Reds White Rock Crosses
Turkeys, Baby Ducklings

Can Furnish All Pullets If Wanted

Headquarters for
FAMOUS BURPEE
GARDEN AND FLOWER SEEDS
Also Onion Sets, Cabbage Plants,
Tomato Plants

- Fertilizer, Seed Potatoes
- Dog and Poultry Feeds

CAMEL CITY SEED STORE

631 N. Trade Phone PA 2-2727

Northwest Development Area Trading Post

(On Blue Ridge Parkway near Dough-ton Park):

189 producers from 10 counties received \$6,176.68 from project.

Father's Day



June 21

Music Scholarship Winners

We are delighted to announce the winners of the Julia F. Cuyler Scholarships to the Sixth Annual State HD Music Workshop to be held at Woman's College, Greensboro, June 28-July 3.

Western District

Home Demonstration Members

Mrs. John Greene, Buncombe Co.
Mrs. A. E. Vannoy, Watauga Co.

4-H Members

Frances (Cookie) Jones, Buncombe Co.
Katie Powers, Clay Co.

Southwestern District

Mrs. Frank G. Liles, Gaston Co. Barbara Jo Willis, Cleveland Co.
Mrs. C. B. Dillingham, Rutherford Co. Barbara Ann Moore, Rutherford Co.

Northwestern District

Mrs. R. F. Ferrell, Jr., Orange Co. Carolyn Farrar, Orange Co.
Mrs. Troy Hall, Randolph Co. Wesley McMurray, Yadkin Co.

Eastern District

Mrs. Dallas M. Bridgman, Tyrrell Co. Mary E. West, Jones Co.
Mrs. C. P. Banks, Jones Co. Franklin McGoogan, Jr. Perquimans

Southeastern District

Mrs. Bill Wilkerson, Robeson Co. Jane S. Blakely, Richmond Co.
Mrs. Jodie Lee, Anson Co. Becky Lowery, Anson Co.

Northeastern District

Mrs. A. H. Spencer, Franklin Co. Joyce Cox, Greene Co.
Mrs. R. S. Jeter, Hertford Co. Frances Hill, Franklin Co.

W. T. GRANT CO.

Your Friend
and
Family Store

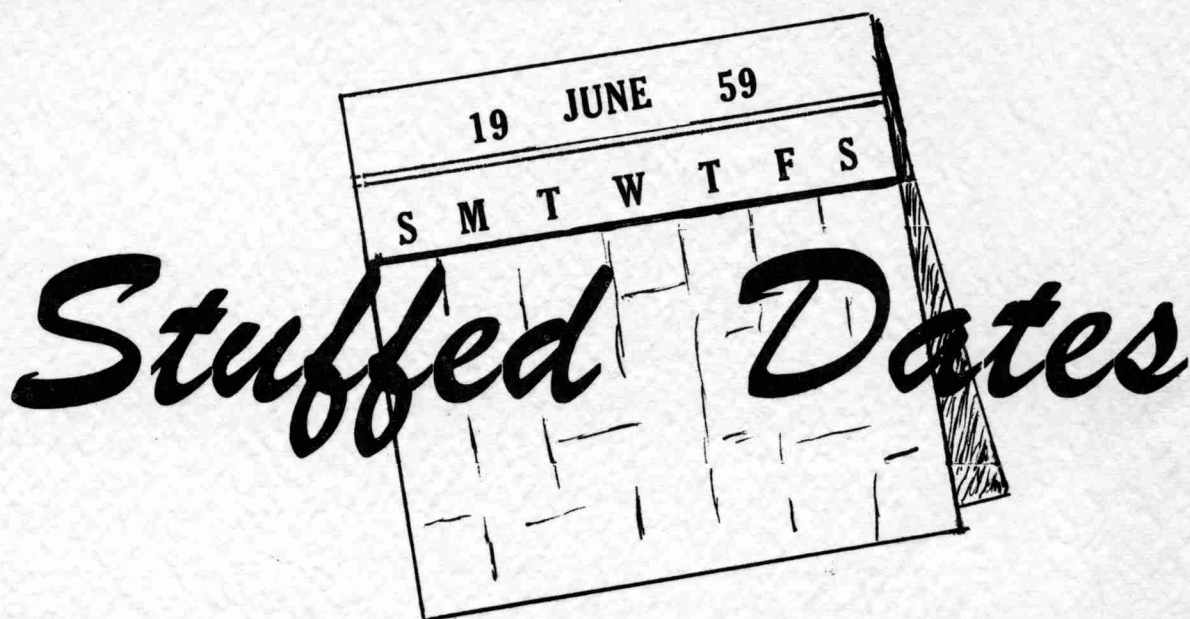
Northside Shopping Center
Winston-Salem, N. C.

JENNINGS MILL CO.

C. H. Jennings, Prop.
Phone 2-0984, Res. Phone 3-3159

* High Grade Flour, Meal and Feeds *
Custom Grinding - Fertilizer - Agricultural
Lime

4319 N. Liberty St. Ext.
Winston-Salem, N. C.



June is Dairy Month

June 28-July 3, *State Music Workshop*, Woman's College, Greensboro

July 19-23, *Leadership Training Workshop*, Chapel Hill

PLEASE SEND IN YOUR DATES AS SOON AS YOU KNOW THEM

Wanted

News, ideas, recipes, program plans, short-short stories, dates of important meetings, etc., comments, suggestions and questions are always welcome as well as any other items of interest to women. We can't print them 'till you send them.

Contributions should be typewritten. They cannot be acknowledged or returned.

Humorous Doin's

\$1.00 will be paid for true, unpublished stories of "*Humorous Doin's*" in North Carolina printed in this magazine. Maximum length: 250 words. Address: *Green 'n' Growing*, Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham, N. C.

GREEN 'n' GROWING

Home Demonstration News

----- year \$1.00 ----- 2 years \$2.00

Name -----

Please Print

Street -----

City ----- Zone ----- State -----

Send check or money order to

GREEN 'n' GROWING, Dorothy Vanderbilt, Editor, 3301 Chapel Hill Rd., Durham N. C.